

**Des Moines University Alumni Reunion
Continuing Medical Education Session
August 13, 2010
1:00 – 3:00 pm
Des Moines University, Des Moines, IA**

Purpose

The purpose of this program is to address ethical dilemmas and identify patients at risk to enhance the quality care provided by practitioners, while also encouraging safety for the patients.

Agenda

1:00 pm Assessment of Risk in Primary Care Patients: A Focus on Self Harm and Abuse

J. Jeffrey Means, MDiv, Ph.D.

Chair of the Behavioral Medicine Department, Des Moines University, Des Moines, IA

Upon conclusion of this presentation, participants will be able to:

- State the key components of a thorough risk assessment protocol.
- Explain two motivations behind self-harming behavior exhibited by patients.
- Describe key elements in an effective intervention strategy with self-harming behavior in patients.
- List three critical factors in facilitating an effective referral to a mental health professional.

2:00 pm Ethical Dilemmas in Emergency Medicine and Acute Primary Care

Robert E. Suter, D.O., MHA, FACOEP, FIFEM

*Professor of Emergency Medicine, University of Texas at Southwestern, Dallas, TX;
Uniformed Services University of the Health Sciences, Bethesda, MD; Clinical Professor,
Des Moines University, College of Osteopathic Medicine, Des Moines, IA*

Upon conclusion of this presentation, participants will be able to:

- List some of the top ten general ethical issues in primary clinical health care.
- Given an actual case scenario involving informed consent or expressed refusal, formulate an ethically based clinical decision plan.
- Describe some of the concerns surrounding the implementation of DNR orders.
- Discuss the concepts of duty, privacy, confidentiality, and truth-telling as they apply to specific case based scenarios.

Commercial Support

Educational grants were not accepted for this program.

Registration

There was not a fee to attend this educational program.

CME Credit

AOA: Des Moines University Continuing Education and the AOA Council on Continuing Medical Education approve this program for a maximum of 2.0 hours of AOA Category 1-A CME credits.

Other: Certificates of attendance will be given to attendees not requesting AOA or CPME credit.

Disclosure Statement

Everyone in a position to control the content of this educational activity will disclose to the CME provider and to attendees all relevant financial relationships with any commercial interest. They will also disclose if any pharmaceuticals or medical procedures and devices discussed are investigational or unapproved for use by the U.S. Food and Drug Administration (FDA). Determination of educational content for this program and the selection of speakers are responsibilities of the program director. Firms providing financial support did not have input in these areas.

Contact

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J. Jeffrey Means, MDiv, Ph.D.

J. Jeffrey Means, M.Div., Ph.D. is Chair of the Behavioral Medicine Department in the College of Osteopathic Medicine at Des Moines University where he oversees the Behavioral Medicine and Psychiatry curricula for first and second year DO students, and the Psychiatry clerkship for third year students. Over the past two years, he has served as Project Director for a research study funded by the Mid-Iowa Health Foundation related to end-of-life issues, and conducted in cooperation with Hospice of Central Iowa and the Iowa Caregivers Association.

For the past 30 years, Dr. Means has had a psychotherapy practice at Des Moines Pastoral Counseling Center where he has worked extensively with patients suffering from dissociative disorders, as well as traumatic abuse in childhood. For many years, he directed the Center's psychotherapy training program, and currently serves as Director of the Institute for the Practice of Ministry.

Dr. Means is a graduate of Purdue University, Christian Theological Seminary and Northwestern University, and is an ordained minister in the Presbyterian Church (USA). He is a Licensed Clinical Psychologist, Diplomate in the American Association of Pastoral Counselors and a Clinical Member of the American Association of Marriage and Family Therapists. Dr. Means has special interests in teaching, clinical supervision and consultation, professional education and formation, and a process view of evil within human relationships. He is author of *Trauma & Evil: Healing the Wounded Soul*, Fortress Press, 2000.

Robert E. Suter, D.O., MHA, FACOEP, FIFEM

Robert E. Suter, D.O., MHA, FACOEP, FIFEM graduated from Washington University in St. Louis, and received his D.O. and MHA degrees from the College of Osteopathic Medicine and Surgery of Des Moines University. He did his residency training in emergency medicine at Brooke Army-Wilford Hall USAF Medical Centers in San Antonio, Texas and is board certified by the American Board of Osteopathic Emergency Medicine and the American Board of Emergency Medicine.

Dr. Suter has a long history of service to osteopathic and emergency medicine on a state, national, and international level. As a student and resident he was involved as a founding member of the Student and Resident Chapters of ACOEP. During residency he also was the Treasurer of the precursor to the Resident Bureau of the AOA, the American Association of Osteopathic Postgraduate Physicians, and was the first DO president of the Emergency Medicine Residents Association in 1991 – 1992.

Subsequently he was elected to the Board of the ACEP Government Services Chapter, participated in numerous state and national committees of ACEP and ACOEP, served as the official ACEP liaison to several organizations and was the physician co-chair of the federal project EMS Agenda for the Future

In 1998 Dr. Suter was given the Wackerle Founders Award, EMRA's highest recognition of service to emergency medicine and emergency medicine residents. He served as a member of the ACEP Council from 1991 through 1999 when he was elected to ACEP Board of Directors for the first of two terms. He served as secretary-treasurer, and President in 2004-05, and on the Board of the International Federation for Emergency Medicine from 2003-2006, serving as President in 2006. He continues to serve on or chair a number of important committees and task forces for both organizations, and was awarded the Order of the IFEM, and in 2008, and ACEP's highest honor, the John G. Wiegenstien Leadership Award, the in 2009.

Dr. Suter is a full-time Professor of Emergency Medicine at the University of Texas-Southwestern where he leads efforts in Academic Development, Practice Management, Health Policy, and International Emergency Medicine Education. He also holds appointments as a Professor at the Medical College of Georgia, Des Moines University, and the Uniformed Services University of the Health Sciences. In addition to his decades of academic service, he has had experience practicing emergency medicine in nearly every imaginable practice setting, including the U.S. Military, where he serves as a Colonel in the U.S. Army Reserve, and recently returned from Iraq.

Dr. Suter has a long-term commitment to clinical excellence, teaching, and research in emergency medicine and a passion for sharing the specialty with physician colleagues around the world. Dr. Suter is the author of numerous studies, papers, and textbook chapters in emergency medicine, and has given hundreds of presentations worldwide. He is particularly recognized as an integrative scholar, especially in the areas of Evidenced-Based Practice, EMS, Practice Management, and Health Policy and is currently working on a text entitled "The Global History of Emergency Medicine."