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THE LOG BOOK

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PUBLISHED SEMI-MONTHLY BY THE DES MOINES STILL COLLEGE OF OSTEOPATHY

VOLUME 4

JULY 15th, 1926

NUMBER 1

Committee Plan Adopted for School Management

One of the first official acts of the Board of Trustees under President Johnson's regime was the adoption of the Committee Plan of management of the college's affairs.

In the past it has been the plan to assign the various phases of the work to individuals which proved more or less of a handicap to the individual as well as to the college. The affairs of the institution are of such importance and the personal work of the individuals of like value that one man could not well afford to devote to necessary time to the work assigned outside of his class room duties.

Under the arrangement, the division of the work will be made on the committee basis. This method will enable the Committee chairmen to sub-divide their task and each committee-member will have a greater opportunity to efficiently accomplish his or her share of the work.

The establishment of this plan should enable the authorities to eliminate a great amount of the present detail and it will ultimately bring about a more efficient ministration of the college affairs.

D.M.S.C.O. Passes Iowa Board 100%

The college has been notified by Dr. H. J. Marshall, Secretary of the Iowa State Board of Osteopathic examiners that all members of the May graduating class, examined at the recent session of the Board, passed with exceptionally good averages. He especially commented upon the showing made in Chemistry, a subject that in the past has given several quite a bit of trouble.

Summer Dissection Completed

The regular class in summer dissection have completed their prescribed course, wiped their knives, and departed for a well-earned vacation.

The section this year was one of the largest on record and did some exceptionally fine work. Under the direction of Dr. Halliday, the work progressed rapidly and the requirements were met in record time.

Some of the students that were taking this summer work are remaining in the city to attend clinic.

D. M. S. C. O.'s NEW DEAN



DR. J. P. SCHWARTZ

Everyone connected in any capacity with the Des Moines Still College of Osteopathy will be delighted to learn, that at the last meeting of the Board of Trustees, Dr. J. P. Schwartz was unanimously elected Dean of the College.

"Pinky," as the Doctor is known by the student body, enjoys the full confidence and unswerving loyalty of every student of the college which is builded upon the years of service the Doctor has rendered the college and the profession. Class room contact, individual personality and unselfish devotion to duty have engendered this feeling which is akin to devotion.

Dr. Schwartz graduated from the American School of Osteopathy and served his internship at the Des Moines General Hospital. He has been intimately connected with the college since coming to Des Moines and has served in the capacity of professor of Urology, Proctology and Embryology with great success. He is also a member of the Corporate Board and of the Board of Trustees of the College.

In addition to his class room work the Doctor has been the Manager of Athletics for a number of years and the excellent reputation enjoyed by the college's athletic teams is the result of his work. The schedules played by our teams include some of the foremost teams of this section of the country. The Stillonian, the college year book was revived after many years by Doctor Schwartz and now stands as a representative publication. Homecoming and numerous other college activities bear the mark of "Pinky" Schwartz's activity.

In professional light, the Doctor is the president and surgeon-in-chief of the Des Moines General Hospital, one of the finest Osteopathic institutions in the state, and is also the head of the Taylor Clinic, having taken over that organization upon the retirement of Dr. S. L. Taylor.

The college is indeed to be congratulated upon having been able to secure a man of this calibre as Dean. With Dr. Schwartz functioning in this new capacity and with Dr. Johnson as President, the future holds unlimited possibilities for the development of the college.

D.M.S.C.O. at Louisville

Enthusiasm and progressiveness were the keynotes of the thirtieth annual convention of the American Osteopathic Association held in Louisville, Kentucky, June 28th to July 3rd.

An amiable crowd of a thousand or more Osteopaths, drawn from all corners of the United States and Canada, participated in the events that will constitute a mile-stone in the progress of Osteopathy. Wives and families accompanied many, attracted by the numerous interesting side-trips that had been planned by the committee in charge.

D.M.S.C.O. was adequately represented, both on the exhibit floor and upon the program proper. Booth "D," presided over by President Johnson and Dr. Halladay, was the center of college activity. The numerous students, attending the convention, made it their "hang-out"; and it soon developed into a meeting place for the alumni where they might gather and reminisce to their hearts content. Needless to say, the alumni registration broke all previous records. Only the conflicting arrangements on the convention prohibiting the possibility of the contemplated Alumni luncheon.

Everyone stopping at the booth spoke in the highest terms of the progress the college has made during the past year or so. Optimism for the future predominated the conversations relative to the coming activities of the institution.

The college was well represented upon the convent on program by Drs. Robert Bachman, F. J. Trennery and H. V. Halladay. All occupied prominent positions upon the program and their work was well received.

The activities of the Associated Colleges was probably the most interesting from the D.M.S.C.O. standpoint. The most important phase of the work of this group was the elimination of the five year requirement held by the state or New York for admission to examination for license. Under the present status, any graduate from a recognized Osteopathic college, whose entrance requirements include graduation from an accredited high school in which he shall have taken one year each of Chemistry, Physics and Biology, shall be eligible for examination for license to practice Osteopathy in the state of New York. As a result of this action, the Chicago College is reverting to the four-year plan, beginning

(Continued from page 2)

FORMER FACULTY MEMBER RETURNS



DR. B. L. CASH
D. O.

The college has indeed been fortunate in securing Dr. B. L. Cash as instructor in Laboratory Diagnosis and X-Rays.

Dr. Cash is well known in college circles and has held this same position in the past. The doctor resigned to take charge of the Laboratory and X-Ray department of the Mercy Hospital of St. Joseph, Missouri, and remained with that institution until the first of June when he was recalled to Des Moines following the resignation of Dr. F. J. Trennery at the Des Moines General Hospital.

It is mighty good to have Dr. Cash back at the college and hospital again and we are confident that those of the student body who do not know him will entertain the same high opinion after having made his acquaintance.

WEDDINGS



Dr. James Paul Leonard, class of May, 1925, was married to Miss Dortha May Salisbury, on Saturday, June the fifth, at Albion, Pa. Congratulations, Doctor!

Clarence Wayne Donaldson, of the Sophomore class, was married to Miss Ruth McMillin of Meridan, Pennsylvania, at the home of the bride's parents, Friday afternoon, June the eighteenth. Congratulations, Donaldson, bring her back next fall!

Who's next?

Proved Integrity

"Yes, I can give you a job. You can gather the eggs for me if you are sure you won't steal any."

"Youse can trust me wid anything, lady. I was manager of a bath-house for fifteen years an' never took a bath."

PERSONALS

Dr. Joseph Koschalk, class of May, '25, spent a few days in the city while en route to Denver, Colorado, where he expects to practice, having successfully passed the Colorado board last summer. Joe is looking as prosperous as ever and as thoroughly "sold" on Osteopathy as on the day he graduated.

We have learned by round-about sources that Ross Richardson and Harold Belf had quite an eventful trip home. While in the big Windy City, Harold lost his transportation and Ross went on and left him at the mercies of the metropolis. Harold finally found his pass and ultimately arrived safely in the realm of the Tin Lizzies. Ross is aiding Mr. Chrysler in his pasttime of building gasoline buggies this summer.

Clark Hovis, also of Henry Ford's town, has a job working nights. There is some little mystery surrounding this particular night work, and as yet no one has succeeded in solving it. He said in a recent letter that Sherwood Nye's wedding was beautiful up to the point where he had to leave and go to work on this night job.

Dr. Lloyd Woofenden, of the May '26 class, has located in Detroit and is enjoying fine success in his work. While in his senior year "Woof" was assistant in the Obstetrical clinic and is specializing in this branch of the work now. Good luck, Woof, let us hear from you again soon.

Dr. J. C. Bishop, honor student of the May class, has located at Salem, South Dakota, and reports a very favorable outlook.

Olie Olsen and Jack Voss who are interning at the Detroit Osteopathic Hospital are highly enthused with their work and are loud in their praise of the institution. They report that they get their workouts and meals regular, if not their sleep. Atta-boy!

Tiny Benien, Punk Marlow and A. E. Smith are safely ensconced at Liberty Hospital in St. Louis. Their first assignments were, Smith, Orthopedics, Benien, Surgery and Marlow, Laboratory. All are well pleased with the work they are receiving.

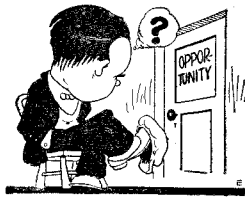
L. E. Schaeffer, after escorting C. A. Ward to Toronto, has safely arrived in Grove City, Pa., and is busily engaged in picking currents, (off the telephone wires). Schaf reports that the rest of the Grove City boys are hard at work and are anxious of the time to get back to the old grind. One item in his letter caused considerable thought. He spoke of working exceptionally hard, and then stated that he had gained over ten pounds already. Screw loose somewhere, "One Round"!

Lloyd and Opal Robinson recently took a week off and gave the old Home Town, Albia, Iowa, a thrill. Lloyd is back on the job again, none the worse for the experience, but Opal has not made her appearance as yet.

Van Ness is dividing his time this summer between the apoth-

(Continued on page 3)

Are You Looking for a Location



An excellent location is available in the practice of Dr. Mary M. Marshall at Albany, Oregon. Albany is a town of about eight thousand and is well educated to Osteopathy, as Dr. Marshall has practiced in that location for twenty-one years prior to her death. She had a well equipped office and an excellent library. Also a large home that was used for Obstetrical and Ospeopathic cases. Any one interested in this opportunity may obtain further information by addressing the Doctor's daughter, Winifred Walker, 331 Calapooia St., Albany, Oregon.

Dr. Nellie Shorb is giving up her practice at Beloit, Wis., and is desirous of disposing of her practice and equipment as soon as possible, preferably to a woman. Any one wishing further information may write the Doctor direct at 221 Goodwin Block, Beloit.

Arkansas City, Kansas, located in the heart of the oil fields, presents an excellent location for a good woman Osteopath in the practice of Dr. Martha Pattie, who is leaving to practice abroad. The town has a population of over fifteen thousand and has good churches, schools and also a Junior College. Personal and office expenses are very reasonable. There are already three D. O.'s located in Arkansas City but there is adequate room for a woman, and she is badly needed, says Dr. Fattie. The Doctor's equipment and furniture are less than a year old and in the best of condition and are priced to sell. Write the Doctor direct for complete details.

Los Angeles, Calif., offers an opportunity in the practice of Dr. Axel Emil Gibson, who is leaving because of other interests that demand his attention. The Doctor is located at 528 Bradbury Building, and anyone interested may address him there.

Dr. C. L. T. Herbert, president of the North Dakota State Board of Osteopathic Examiners, is forced to give up his practice at Dickinson, because of illness. Dr. Herbert is the only Osteopath in this town of five thousand inhabitants. Dickinson is a railroad terminal, the site of the State Normal school and is surrounded by good ranching and farming country. He states that he has practiced in this location for the past twelve years and that last year was the best he has ever had. The Doctor will be able to hold the place until October 1st, if desired.

Clinics Busy

The recently inaugurated feature of holding regular clinic sessions on Mondays and Thursdays is meeting with great success. There are a sufficient number of students remaining through the summer to make the work worthwhile and the benefit derived from this practical work is invaluable.

As usual, there is no dirth of material and everyone is kept quite busy. General clinic is well supplied and the students are making rapid inroads upon the required "500."

The O. B. clinic under the guidance of Conn and Jamison is doing a thriving business and is providing plenty of work for those on call.

Surgical clinic is being held at the Des Moines General Hospital every Tuesday, Thursday and Saturday morning and is well attended by the students. On these days two tables are run in the operating room and the students gain invaluable experience in sterile technic and anaesthesia. The college is indeed fortunate in having this opportunity to offer the students as the training they receive in doing the actual work could not be paralleled in any amount of classroom instruction.

Dizzy Doings on K. M.'s Desk

The pencil has made quite a number of pointed remarks about the sponge being soaked all day, and the waste basket being full. The scissors are cutting up and the paper weight is trying to hold them down, while the paste is sticking around to see the stamps get a good licking. The ink's well but appears to be blue, while bill is stuck on the file and the calendar is looking fresher after having had a month off. The blotter is lying around taking it all in.

D.M.S.C.O. at Louisville

(Continued from page 1)

next fall. Further, it will attract many graduates to the Empire State who would have gone elsewhere.

Iowa was signally honored by the election of Dr. R. B. Gilmour of Sioux City to the presidency of the national association. Dr. Gilmour has been active in association work since graduation and merits this honor as a reward for the years of service he has rendered the science of Osteopathy.

A more complete report of the convention proper and of the college's participation will be given in the next issue of the Log Book which will be off the press August first. Watch for it!

Teaching Willie Manners

Little Willie—"Pass me the butter."

Mather (reproachfully) — "If what, Willie?"

Little Willie—"If you can reach it."

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY

President.....C. W. Johnson
Editor.....Don Baylor

Osteopathy Without Limitation

A Tap On the Jaw

He had fought a hundred and twenty-five battles and was champion of the world. So he retired to take life easy on his farm.

But the promoters lured him forth to fight another man, offering him the salary of the president of the United States. I was one of the several thousand who paid their money at the gate.

The betting was two to one on the champion. He stepped into the ring with a jaunty smile, and why not? He had longer experience and a longer reach and was fighting before a friendly crowd. Surely, we thought, this will be easy for him; and we were still thinking it, when all of a sudden he was down on his knees.

There was nothing brutal about it. He seemed to have slipped. We could not believe, as the referee began his slow, measured count, that he would not jump to his feet again. Could such a little blow put a man out? Why, it was hardly more than a tap on the jaw!

I said as much to my neighbor. (Fate is always kind to me at such affairs, setting me beside some stranger who is wise in records and inside stuff.)

"He seemed in perfect condition," I exclaimed, "and he's been leading a clean, healthy life down there on his farm!"

"Clean life, sure," my neighbor answered. "But it takes a lot more than that. A man can't go away from the ring for a couple of years and expect to stand up under punishment when he comes back. You can't take them taps on the jaw, my friend, unless you're taking 'em every day."

I have been something of a listener to speeches and something of a reader of book; but nowhere have I encountered a more profound observation on life than fell from the lips of my untutored friend.

You can have just about so much from the grab bag of life, but you can't put BOTH hands in. You can say to yourself: "I will run away from worry. I will retire and enjoy myself." And Fate answers, "Retire if you like, but the worries that are small today, because you are in the thick of the fight, will loom very much larger when you have nothing else to think about. The price of ease is softness; make no mistake about that."

And the prayer of the wise man, I take it, is, "Lord, keep me supple," not, "Lord, keep me

(Continued Column 4)

SCHEDULE OF CLASSES

FIRST YEAR—First Semester

Anatomy, Descriptive.....	Dr. H. V. Halladay
Chemistry, Inorganic.....	Prof. Frank Sutton
Histology.....	Ava L. Johnson
Biology.....	Dr. L. L. Facto
Bacteriology-Embryology.....	Ava L. Johnson

Second Semester

Anatomy, Descriptive.....	Dr. H. V. Halladay
Physiology I.....	Ava L. Johnson
Chemistry, Organic.....	Prof. Frank Sutton
Histology.....	Ava L. Johnson
Bacteriology-Embryology.....	Dr. A. B. Taylor

SECOND YEAR—First Semester

Anatomy, Descriptive.....	Dr. H. V. Halladay
Physiology II.....	Ava L. Johnson
Theory of Osteopathy.....	Dr. C. F. Spring
Pathology I.....	Dr. E. E. Steffen
Chemistry, Physiological.....	Prof. Frank Sutton

Second Semester

Anatomy, Descriptive.....	Dr. J. M. Woods
Pathology II.....	Dr. E. E. Steffen
Principles of Osteopathy.....	Dr. C. F. Spring
Physiology III.....	Dr. C. W. Johnson

THIRD YEAR—First Semester

Anatomy, Applied.....	Dr. H. V. Halladay
Symptomatology (Infectious Diseases).....	Dr. C. F. Spring
Laboratory Diagnosis.....	Dr. B. L. Cash
Pathology III.....	Dr. E. E. Steffen
Osteopathic Technic.....	Dr. J. M. Woods

Second Semester

Obstetrics.....	Dr. R. B. Bachman
Nervous Diseases.....	Dr. C. W. Johnson
Osteopathic Therapeutics.....	Dr. E. E. Steffen
Gynecology.....	Dr. C. W. Johnson
Physical Diagnosis-Orthopedics.....	Dr. H. V. Halladay
Junior Clinics.....	Dr. H. V. Halladay

FOURTH YEAR—First Semester

Surgery I, Principles.....	Dr. J. P. Schwartz
Nervous and Mental Diseases.....	Dr. C. W. Johnson
Eye, Ear, Nose and Throat.....	Dr. A. B. Taylor
Obstetrics.....	Dr. R. B. Bachman
Osteopathic Therapeutics.....	Dr. E. E. Steffen
Dietetics-Pediatrics.....	Dr. Mary Golden
Physical Diagnosis-Orthopedics.....	Dr. H. V. Halladay
Senior Clinics.....	Dr. C. W. Johnson

Second Semester

Surgery, Operative.....	Dr. J. P. Schwartz
Psychiatry.....	Dr. C. W. Johnson
Urology and Proctology.....	Dr. J. P. Schwartz
Medical Jurisprudence.....	Judge Utterback
Applied Osteopathy.....	Dr. J. M. Woods
Dietetics-Pediatrics.....	Ava L. Johnson
Eye, Ear, Nose and Throat.....	Dr. A. B. Taylor
X-Ray and Electro-Therapy.....	Dr. B. L. Cash
Senior Clinics.....	Dr. C. W. Johnson

Laboratory Technician.....Edmund Appleyard
Laboratories under the direction of the head of each department are conducted in the afternoons in the following subjects: Biology, Histology, Chemistry, Bacteriology, Embryology, Physiology, Pathology, Anatomy, Technic, Gynecology and Clinical Diagnosis.

CALENDAR FOR SCHOOL YEAR

1926-1927

Registration.....	September 7-8, 1926
Fall Term Begins.....	September 9, 1926
Commencement.....	January 20, 1927
Second Term Begins.....	January 24, 1927
Commencement.....	May 26, 1927

TUITION

The tuition charge for the year will not exceed two hundred and twenty-five dollars. This is to include all fees usually considered as special fees. There are no extra fees at the Des Moines Still College.

NOTICE!

When sending in a request for the Log Book, a change of address, or information of that nature, always address your communication to the Secretary of the College, Mrs. K. M. Robinson, and assure prompt attention to your request.

In the past a number of misunderstandings have occurred where the information was written to a student or faculty member who neglected to notify the office. So in the future, when you change your address or wish to have the Log Book sent to some prospective student, address your communication to the Secretary.

A Tap on the Jaw

(Continued from Col. 1, page 3)
safe. Put some disappointments in, along with my fair share of good luck—some losses, some hard nuts to crack."

For these are taps on the jaw, which a man can't take unless he is "taking 'em every day."

Bruee Barton.

The above "Common-sense Editorial" by Mr. Barton bears a close analogy to the modern student at Still College who slights some subject that does not apparently provide sufficient interest maintaining features with the mental excuse that "I'll come back and get that after I'm out. I won't need it right away, anyhow."

Every subject on the curriculum is of major importance or time would not have been devoted to it. Putting it off until a later date will in the end prove the "Tap on the Jaw" that puts him out of the race for success.

Personals

(Continued from page 2)
ecary shop at 35th and Ingersoll, and the backyard wherein his Ford is parked. Van says he'll make it run if he breaks a leg trying. Atta ol' fight!

Minnie Buckalew is enjoying a brief vacation in Chicago.

Mildred Trimble is garnering much experience in Dad's office this summer while brother Roy is slinging a mean paint brush out on the farm.

Deke Jones is also wielding the brush this summer.

Rosemary is planning on leaving for a well earned vacation the tenth.

Tom Mann, Wilson, Warthman, Park, Robinson, Elsea are busily engaged in relieving the pains and aches of suffering humanity in clinic.

Earl Shaw is blowing his way to riches with his trusty saxophone again this summer.

Big Moco Elsea is spending the week end in Chicago with his father who is en route west.

Red Ball of the May class is holding down a Doctor's practice in Boone, Iowa, for the summer.

Walt Damm visited the gang for a couple of days. Walt reported "Alls Well," in Swedeland.

Field Men!---

RIGHT NOW!

THERE is no better time to approach prospective students of Osteopathy than *Now!* Thousands of High School graduates all over the country are giving serious thought to their future. . . .

They Should Be Told About Osteopathy!

The Des Moines Still College of Osteopathy, with its peerless faculty and unlimited clinical facilities, is the logical place to recommend to the prospective student. Located in a thriving city of over one hundred and fifty thousand inhabitants, the college offers every attraction for work, recreation and practice.

[*The Secretary's office will gladly furnish any information relative to the college or the city, send catalogs, or co-operate in any manner with the Field Men sending in the names of Prospective Students. . . .*]

***Send in the Names of the Prospective Students
from Your Locality Now!***

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VOLUME 4

AUGUST 1, 1926

NUMBER 2

D.M.S.C.O.'s Stork Quite Active

The assistant of "Old Man Stork" who has been working the territory served by the college O. B. clinic has certainly been on the job during the past few weeks.

As is customary, the work is the heaviest when the help is the lightest. During the summer months our number of students on call in this particular department is naturally quite low, but to reduce that number further by the exodus to the convention and the "over the Fourth" celebrations make the work quite plentiful for the remainder.

Evidently working on "inside informatnon" regarding the number of students available, the aforementioned assistant "stork" started things off with a rush and as a result, the clinic has been averaging a little better than a case a day. Another peculiar quirk that has come to our attention is that this season's "mode" is to double up on things. Two cases are "on" invariably at the same time and naturally in opposite sections of the city. This condition has been attributed to "nature endeavoring to impress the student with a little excitement to while away the dull hours of the summer days."

In a more serious vein, the O. B. clinic has never been more active than this summer. The cases are well diversified and afford invaluable experience to the students that are in attendance. A number of the cases, attended by the clinic, come under the heading of "Emergency," not having been previously registered in the clinic and not having called the college until labor was well advanced. It is these "hurry-up" cases that tax the students ability and often his ingenuity in coping with the problems presented.

From indications the clinic will maintain the same degree of activity during the entire summer and well into the fall. It is difficult to predict beyond that time as the individuals usually wait until the last two or three months of their term before registering.

Scorn and sneers are positive proof of littleness.

Mental alertness is the advance agent of wisdom.

Humility is the badge of wisdom.

Think You Are Old?

A voice booms out through the Senate chamber. It is ringing, scathing, bitter, heaping the fire of ripe criticism on the day's disorder. That is Elihu Root, at 81, the Senate patriarch. The scene changes to an athletic field. A man in a Norfolk jacket steps out, and with a long graceful stride distances his competitors. That is Edward Payson Weston, at 87, ready for a 100-mile jaunt. Fourteen directors sit around a table. Their ages are added up—954 years, and they average 63. Over them all presides the dean of steel, Judge Elbert H. Gary, soon to observe his eightieth birthday. Gary has withstood the storms because he was aggressive and kept up with the times. A judge sits on the supreme bench of the United States at 85, Oliver Wendell Holmes; a distinguished attorney at 92 can still hold a crowd of diners spellbound, Chauncey Depew, and a physician at 82 is regarded among the foremost medical scientists of his day, Dr. Harvey Wiley. A college professor caused a mild sensation recently when he said that men should quit after they have passed 45. But these six men are physical and mental refutations of his proposed "deadline." All beyond four-score, and still fighting, still working and hoping, living in the present rather than the past, younger than men half their years who refuse to bury their yesterdays. Compare your age to theirs and look ahead.

More Weddings

Dr. Milton Conn, of the class of May, '25, and Miss Dorothy Peters, of Stuart, Iowa, were married June 29th, at Tacoma, Washington.

Dr. Lonnie L. Facto, of the class of May '26, endeavored to put something over on the gang at the college when he snuck down to Kansas City and married Miss Bess Johnson. However word trickled back to the city of Certainties and congratulations were sent. Rev. Fred Condit of Eldorado, Kansas, who delivered the commencement address, officiated. The newlyweds are summering in Colorado.

The Treasure of the Humble
"My wife gave me a two-tube set for my birthday."
"Regenerative?"
"Naw. Shaving and tooth."

Graduate Work in Obstetrics

An excellent opportunity is available to field men and women who desire post graduate work in Obstetrics at D.M.S.C.O. during the vacation months.

A few of twenty-five dollars a month is charged for the work and the P. G.'s are registered for the cases the same as the students. The vast amount of clinical cases registered each summer and the small number of students that remain in the city during the vacation months, enables the college to offer this graduate work without enhancing the regular students work.

The work is entirely practical and in sufficient quantity to make it very attractive to the D. O. who is especially interested in this branch of our work.

For definite information address the Secretary of the College.

Are You Looking for a Location?

Grand Rapids, Michigan, offers an excellent opportunity in the practice of the late Dr. M. D. Siler. Dr. Siler practiced in this city for over twelve years and enjoyed exceptional success. Further information may be had by writing Mrs. M. D. Siler, Powers Theater Building, Grand Rapids.

The hardest thing in the world for people to do is to think for themselves.

NOTICE

Heretofore the college has been put to the expense of filling out application blanks and making transcripts of grades in complying with the requests for Board Applications. The amount is not much in any single case, but when it occurs from five to ten times a month, it means that the funds are being dispersed at the rate of from ten to twenty dollars a month, which in the course of a year amounts to considerable and it can be easily seen that it does not go to the advancement of the college. Therefore, no application for Transcript will be sent out unless it is accompanied by a fee of \$2.50, payable to the college.

PROSPECTS BRIGHT FOR FALL CLASS

Judging from the daily correspondence, the incoming freshman class, this fall will be a recordbreaker. Inquiries from all sections of the country have been pouring in and the office force have been doing double duty answering the numerous requests for information.

Our own students are more active this summer than usual, quite a few of them have written in that they have new students "for sure," or asking that catalogs and information be sent to their prospects.

The progressive changes and improvements that have been made in the college during the past year or so, are rapidly proving their worth. At the present time, all departments on the faculty are filled with first class men, the various laboratories are fully equipped with the most modern and up-to-date equipment. The clinical features of the work as given at the college is probably the greatest advantage D.M.S.C.O. has to offer the prospective student.

Several prominent high school athletes have signified their intention of entering D.M.S.C.O. this fall and with the number of men returning from last year's aggregation, we should have a championship football team this season. The grid schedule is all complete and is one of the hardest the Purple and White have ever played.

Old students are urged to be on the job early so that the usual congestion with registration the first few days of school may be to a degree relieved. Students may also aid the office considerably with the new students that they bring back with them by being sure that they have the proper transcripts of their entrance grades and such necessary papers.

1926 and 1927 is going to be the greatest year in the history of the college. Be on the job early—bring at least one new student with you—prepare for a full year of work, experience and the leavening amount of fun.

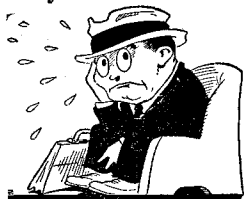
Get a gossip wound up and she will run somebody down.

Some people become grouches from talking to themselves.

Most careers are made — or marred—in the hours after supper.

A Symptom—Not a Habit

Let those unfortunates who are grouchy and irritable take courage. Hitherto they have been cruelly held up to scorn and contumely by their more cheerful and placid fellows and assured that their unlovely temperament was merely the outcropping of a naturally brutish and depraved nature. Now a learned medical authority comes to their defense, and declares that irritability and even chronic grouchiness is a physical disorder and not a mental habit at all. Nothing could be more delusory, he asserts, than the belief commonly entertained that irritability can be permanently cured by merely exercising the will. The oil of sweet and lovely thoughts, it seems, is not sufficient to restore a tempestuous temper to its normal state of tranquility.



To be irritable is to be afflicted with some degree of ill-health. Those who are physically sound and vigorous are seldom irritable, and never grouchy. Persistent ill-temper should be regarded as a signal that the brain-centers or nervous system are becoming fatigued by improper habits of living, or poisoned by accumulating toxins. Most everyone has had the experience of feeling "crusty" after a sleepless night, an attack of indigestion, or prolonged work without a suitable period of rest and recreation.

In like manner, chronic ill-humor has its origin in over-eating, lack of sleep, lack of healthful exercise, or some abnormal bodily condition which is permitting an over-dose of excreted poisons to enter the circulation and irritate and exhaust the delicately balanced nervous system.

Persistently grouchy workers have been known to be entirely cured and their business prospects visibly brightened by having an obstreperous tooth extracted or bolsheviki tonsils removed, while others could probably attain the same desirable results by much less painful methods, such as exercising in the fresh open air instead of a stuffy dance hall, eating less and sleeping more.

One lady confesses that life with her husband was becoming intolerable, and she was on the verge of getting a divorce, because of his crabbed disposition. She had tried everything on him, from allopathy to x-rays, without noticeable improvement. In a moment of despair she called in a chiropodist and had his corns removed. And from that day on he has been a changed man—a model husband.

PERSONALS

The boys are all back from their convention jaunt and are regaling the stay-at-homes with eye-opening tales of wonders seen and of the various conven-



tions. All reported an excellent time and spoke in glowing terms of the meeting and of their reception and entertainment while in the Blue Grass country.

No one has been reported as married or exposed to that dread state during the past two weeks, but something is expected to happen during the next few days.

J. Maxwell Jennings is back in the city after a brief vacation. He saw Beebe and Spencer while in Michigan and both are anxious to be back on the job again.

W. LeRoy Skidmore, the Book-Store Bandit, writes that he never saw so many race horses in his life as he did at Louisville. He also reports that Man-O-War is some pony.

The two Johnnies, Wadkins and Nowlin, have been whiling away the summer hours, selling shoes to the unsuspecting natives in the rural districts of Iowa and Minnesota.

Rosemary is having a very enjoyable vacation and is planning on being back in harness by the first of the month. Mrs. Robinson leaves at that time for a very attractive trip to the west, where she plans to "cover" the entire U. S. Pacific coast line.

LeRoy Doyle has been doing some good work in the laboratories and now has them open for work by the students in summer clinic.

Van Ness is having some difficulty with a recalcitrant flivver again this summer, but is making some headway with the critter.

Sherwood Nye is back in the

village, plus one wife, and may be seen careening around the boulevards in a big black coupe.

A. E. Smith of the May class, sent in a fine open letter which is printed in this issue and it is hoped that others will follow in Smithy's footsteps. We are all interested in hearing from our graduates, how they are getting along and where they are located, and your classmates want to hear from or about you too. Through the columns of the Log Book, is the easiest way to write a letter to every member of your class.

The students that are staying in town this summer have been gaining some invaluable experience in the surgical clinic. One day last week there were four majors in addition to the regular amount of minor work. The availability of such clinical facilities is one of the great advantages of our college.

Oh boys! Surprise! Surprise! You won't know the old place when you get back this fall! Many and numerous are the changes that are taking place. It might be well to bring a pair of colored glasses to wear the first two or three days you are back.

Bobby Ross is keeping the wheels of industry turning in the city this summer.

Assistantship Wanted

One of the recent graduates of the college has written in desiring an assistantship with some D. O. The applicant is licensed in Missouri and Iowa and had charge of summer O. B. while with the college. Any Doctor interested may address the Log Book.

"Well, dearie, what do you thing of Niagara Falls? Isn't it wonderful?"

"Yes, mamma," answered little Helen, thoughtfully. "But don't you know, I believe our little creek at home could do that if it had a place like this to jump on."



Around Our Merry Campus

Promotion

"Of course," said the bachelor girl, "I am lonely, but I am afraid marriage would be out of the frying-pan into the fire."

"It is more likely," answered Miss Cayenne, "to be out of the chafing-dish into the gas-stove."

A Hero's Symptoms

Lady—"I think there is something so romantic about a night watchman."

Watchman—"Yer right, ma'am, it settles in me pore ol' legs sometimes till I can't 'ardly walk."

A Chills-and-Fever Job

Foreman—"Now, Murphy, what about carrying some more bricks?"

Murphy—"I ain't feeling well, guv'nor; I'm trembling all over." "Well, then, get busy with the sieve."

Here It Is Again

A nervous passenger on the first day of the voyage asked the captain what would be the result if the steamer should strike an iceberg while it was plunging through the fog. "The iceberg would move right along, madam," the captain replied courteously, "just as if nothing had happened." And the old lady was greatly relieved.

Crisp Curlycues

1st Cat—"He cleaned up a big fortune in crooked dough.

2d Cat—"He was a counterfeiter?"

1st Cat—"No, a pretzel manufacturer."

Johnnie on the Spot

"I beg your pardon," said the charity solicitor, as she came into the store, "but would you care to help the Working Girls Home?"

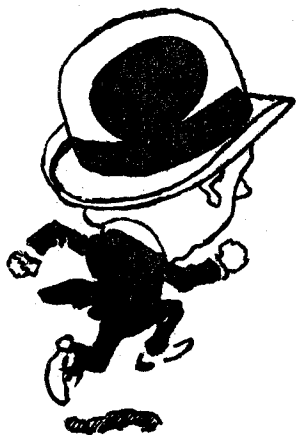
"Certainly," said the unmarried clerk. "Where are they?"

A Deadhead

Ruth came home from her first visit to Sunday-school eating a bar of chocolate.

"Why, Ruth, where did you get the chocolate?" asked her mother.

"I bought it with the nickel you gave me," she said. "The minister met me at the door and got me in for nothing."



HURRY!

Only 1 More
month to cinch
that Prospective Student!

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY

President.....C. W. Johnson
Editor.....Don Baylor

Osteopathy Without Limitation

I WILL

I WILL and I CAN'T had a session one day and they argued the points in their favor. I WILL stood for work and I CAN'T just for play, and their chat had a sensible flavor.

"Why I," said I CAN'T "am the easiest way for men to get by without working. Whatever tasks come, they can merrily say, 'I CAN'T' and then turn unto shirking."

"Just think of the people who worry and fret when the thought waves of work start to chant. And then just imagine the thrill they can get when they dodge it by saying 'I CAN'T.'"

"So that is your story," I WILL snapped reply. "Well, maybe you're right in a measure. But who are the people who merely slide by, and what is the worth of their pleasure?"

"I think you will find that the happiest folk and those who get the real thrill, are those who can never take work as a joke, but tackle their tasks with 'I WILL.'"

Now, who wins the argument? Think as you may. It rather depends on your style. "I CAN'T" you will say, if your thoughts run that way, but for me, it's "I WILL" by a mile.—Hal Cochram.

Requisites That Spell Success

Hard work, persistence, honesty of purpose and enthusiasm for your calling, will get the business. It's a "cinch" that you will not get anywhere if you do not give the best that is in you, and go down or up fighting, but don't back up.

There is business right next door, and all you have to do is to call and write it. There is no end of good "live prospects," so don't try and excuse yourself for the lack of them. Lack of success is largely the result of wasted opportunity. When everything else fails, and you have tried all the routes that you can think of, then it is time to quit and that time will never come so long as you have "hustle" and some "sitck-to-it-iveness." Don't listen to the fellows who bemoan their hard luck; it is laziness nine times out of ten. Luck doesn't enter into the game of success, it's just plain labor and push, mostly push. If you set your aim high, a certain objective you will attain your desired goal sooner or later.

SCHEDULE OF CLASSES

FIRST YEAR—First Semester

Anatomy, Descriptive.....	Dr. H. V. Halladay
Chemistry, Inorganic.....	Prof. Frank Sutton
Histology.....	Ava L. Johnson
Biology.....	Dr. L. L. Facto
Bacteriology-Embryology.....	Ava L. Johnson

Second Semester

Anatomy, Descriptive.....	Dr. H. V. Halladay
Physiology I.....	Ava L. Johnson
Chemistry, Organic.....	Prof. Frank Sutton
Histology.....	Ava L. Johnson
Bacteriology-Embryology.....	Dr. A. B. Taylor

SECOND YEAR—First Semester

Anatomy, Descriptive.....	Dr. H. V. Halladay
Physiology II.....	Ava L. Johnson
Theory of Osteopathy.....	Dr. C. F. Spring
Pathology I.....	Dr. E. E. Steffen
Chemistry, Physiological.....	Prof. Frank Sutton

Second Semester

Anatomy, Descriptive.....	Dr. J. M. Woods
Pathology II.....	Dr. E. E. Steffen
Principles of Osteopathy.....	Dr. C. F. Spring
Physiology III.....	Dr. C. W. Johnson

THIRD YEAR—First Semester

Anatomy, Applied.....	Dr. H. V. Halladay
Symptomatology (Infectious Diseases).....	Dr. C. F. Spring
Laboratory Diagnosis.....	Dr. B. L. Cash
Pathology III.....	Dr. E. E. Steffen
Osteopathic Technic.....	Dr. J. M. Woods

Second Semester

Obstetrics.....	Dr. R. B. Bachman
Nervous Diseases.....	Dr. C. W. Johnson
Osteopathic Therapeutics.....	Dr. E. E. Steffen
Gynecology.....	Dr. C. W. Johnson
Physical Diagnosis-Orthopedics.....	Dr. H. V. Halladay
Junior Clinics.....	Dr. H. V. Halladay

FOURTH YEAR—First Semester

Surgery I, Principles.....	Dr. J. P. Schwartz
Nervous and Mental Diseases.....	Dr. C. W. Johnson
Eye, Ear, Nose and Throat.....	Dr. A. B. Taylor
Obstetrics.....	Dr. R. B. Bachman
Osteopathic Therapeutics.....	Dr. E. E. Steffen
Dietetics-Pediatrics.....	Dr. Mary Golden
Physical Diagnosis-Orthopedics.....	Dr. H. V. Halladay
Senior Clinics.....	Dr. C. W. Johnson

Second Semester

Surgery, Operative.....	Dr. J. P. Schwartz
Psychiatry.....	Dr. C. W. Johnson
Urology and Proctology.....	Dr. J. P. Schwartz
Medical Jurisprudence.....	Judge Utterback
Applied Osteopathy.....	Dr. J. M. Woods
Dietetics-Pediatrics.....	Ava L. Johnson
Eye, Ear, Nose and Throat.....	Dr. A. B. Taylor
X-Ray and Electro-Therapy.....	Dr. B. L. Cash
Senior Clinics.....	Dr. C. W. Johnson

Laboratory Technician.....Edmund Appleyard

Laboratories under the direction of the head of each department are conducted in the afternoons in the following subjects: Biology, Histology, Chemistry, Bacteriology, Embryology, Physiology, Pathology, Anatomy, Technic, Gynecology and Clinical Diagnosis.

CALENDAR FOR SCHOOL YEAR

1926-1927

Registration.....	September 7-8, 1926
Fall Term Begins.....	September 9, 1926
Commencement.....	January 20, 1927
Second Term Begins.....	January 24, 1927
Commencement.....	May 26, 1927

TUITION

The tuition charge for the year will not exceed two hundred and twenty-five dollars. This is to include all fees usually considered as special fees. There are no extra fees at the Des Moines Still College.

FROM THE FIELD

Liberty Hospital,
St. Louis, Mo.
July 10, 1926.

Hello Everybody:

Promises to keep in touch with those we knew in college, especially the class, continually reminds me of those good days in D.M.S.C.O. I am taking this means to keep my promise, occasionally.

We have been here at Liberty Hospital (now the Crenshaw General Hospital) now, a little more than a month, and have been interested every minute of the time.

The work is so divided as to give us a maximum of variety of experience. The Hospital, one of the finest, and the attitude of the management, from Surgeon-in-Chief all the way down the line, calls for our earnest endeavor and our association here should be of mutual help and up-lift.

The Hospital, on last Wednesday evening was the scene of a reception for the Internes, planned by the Superintendent of Nurses and her assistants. Fifty of the prominent physicians and surgeons of St. Louis and ladies attended. The reception was held in the second floor Sun Room, and was complete in every detail from decorations to eats.

Of the interns, D. M. S. C. O. has the balance of power, Dr. Benien, Marlow and the writer—Dr. Gorman from Boston and Dr. Campbell from Kirksville.



Dr. Marlow sleeps nearest the telephone and has answered same several times when my Big Ben went off at six A. M.

The hospital is used extensively by M. D.'s as well as the D.O.'s and all we have met with have accorded us the finest kind of consideration.

Of course we would like to have a line occasionally from those back in D. M. or any place you may now be located. Tell us how things are going and where there will be a fine location a year hence.

Thanks in anticipation,
A. E. SMITH.

The Reward of Toil

"Yes," said the tall man, "I have had many disappointments, but none stands out like the one that came to me when I was a boy."

"Some terrible shock that fixt itself indelibly in your memory, I suppose."

"Exactly," said the tall man. "I had crawled under a tent to see the circus and I discovered it was a revival meeting."

The **Profession's College**

FOR a number of years the Des Moines Still College of Osteopathy has been the Profession's College—an eleemosynary institution, owned and managed by the Osteopathic Profession and has since inception been dedicated to the Profession—the teaching and training of Osteopathic students.

* * *

The College is governed by a Corporate Board composed of approximately seventy-five Osteopaths, a majority of whom are practicing in the State of Iowa, who annually elect from their constituency, a Board of seven Trustees, upon whom falls the active management of the college.

* * *

No one individual, or group of individuals, realizes a financial gain from the management of the institution. All funds are utilized for the maintenance and development of the College.

* * *

When selecting an Osteopathic College for your prospective students, recommend—

The “PROFESSION'S COLLEGE”

Des Moines Still College of Osteopathy

Address the Secretary for Complete Information

Entered as second class matter, February 3, 1923, at the post office at Des Moines, Iowa, under the act of August 24th, 1912.

THE LOG BOOK

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VOLUME 4

AUGUST 15, 1926

NUMBER 3

The Louisville Tour

A la Halladay

As usual we left home in plenty of time to see the cook tent put up and the attractions unpacked. The trip from Des Moines was without event as far as the unusual was concerned. The roads were fine, the weather good and we had nothing to complain of, a fact that makes a written account very brief. Having written ahead for an apartment we were fixed on arrival and did not have to take what we could get and did not have to hunt around to find a suitable place. Next year when you tour to Denver unless you are camping, know where you are going to sleep and eat. We heard several complaining about these last two and we had no cause to loose our sweet disposition at all. In the city we secured an apartment in the Cross School, conducted by Mrs. L. B. Cross, where we had private bath and light housekeeping privileges, a big yard and all within two blocks of the Brown Hotel. This was considerably better than having a wife and two children cooped up in a room in a hotel.

It is needless to say that we enjoyed the convention as we enjoy all of them. It was a pleasure indeed to meet new ones and to renew old friendships. We were highly gratified this year with the consideration shown the colleges by the association in furnishing them with booth space. Taken as a whole we think everything went off about as planned and aside from the fact that a few got overheated a couple of days, heard no great complaint. I do think that we could be a little more generous with signs. It seems that we do not believe in signs and since that must be true, some had difficulty in finding the various special clinics. May I suggest that there be placed somewhere, easily accessible and seen, a floor plan or plans plainly marked with the rooms we are using and to what use they are put. Even the hours of use could be added. Those of us who spend a great deal of time in a booth would appreciate something of the sort reduced convenient pocket form, small enough to be carried conveniently.

From the comment the majority were pleased with the convention and everything about it. We are quite sure it was a good week from every standpoint.

(Continued on page 3)

ADDITIONS TO D.M.S.C.O.'s FACULTY



EDMUND APPELYARD
B. S., M. Sc.



MISS AVA L. JOHNSON
B. S., M. Sc., B. Sc., H. Ec.

The Board of Trustees have recently secured two new individuals to augment the already highly efficient faculty of the college.

Miss Ava L. Johnson, B. S., M. S., B. Sc. H. Ec., has been engaged to teach the subjects, Physiology, Histology, Bacteriology, and Embryology. Miss Johnson enjoys an enviable reputation in her chosen field and the college is indeed fortunate in securing her services. She has studied and received degrees from the Iowa State College and from Columbia University.

Mr. Edmund Appleyard, B. S., M. Sc., is the other new member of D.M.S.C.O.'s faculty. Mr. Appleyard comes to us highly recommended from Brown University. He will be in charge of all the laboratory work this year.

With the exception of the return of Dr. B. L. Cash, the "All Star" faculty remains intact. Dr. Bachman has just returned from a trip to the north woods and is on the go as strong as ever. Dr. Spring and Dr. Steffen have been in the city practically all the summer and are ready for the bell to ring. Virge Halladay has been on the job all summer at the college, conducting dissection and clinics. Dr. John Woods, Mary Golden, A. B. Taylor, and Prof. Frank Sutton are back in the city and are anxious for the semester to begin. The Dean, Dr. J. P. Schwartz and the President, Dr. C. W. Johnson have both been rushed throughout the summer. The additional work at the college in addition to their private practices has kept the two doctors on the jump most of the hot weather. However, both look as though they could stand a little more.

D.M.S.C.O. is justly proud of it's faculty and is sincere in its belief that they are without peer in the Osteopathic profession. Each individual is an expert, a specialist, in his or her particular department and all have the solid foundation of years of practical experience under their theoretical work. The addition of the two new members to the faculty this year will tend to strengthen rather than to weaken this power of the college. From their previous records it is quite evident that Miss Johnson and Mr. Appleyard will soon take their places on the same level with the older members of the college staff.

More Weddings

Dr. Howard M. Sechrist, graduate of the class of January, '25, was married July 23, to Miss Marguerite L. Anderson at Detroit, Michigan.

J. Maxwell Jennings, of the senior class, returned to the City of Certainties the other day, plus one Chevrolet sedan and one

wife. Max tells us that the wife was acquired last November. We were rather surprised that he would hold out on us this long but he could not resist and had to bring the Mrs. back with him.

Last minute advice informs us that Sammy Springer and Leighton Long have taken unto themselves a wife apiece.

Don't despise the ideas of privates in the civil walks of life.

Two D.M.S.C.O. Grads to Foreign Shores

Two recent graduates of the college have sailed for foreign countries during the past two weeks according to letters received at the college.

Dr. Milton Conn, of the May class, 1925, and his bride have sailed for Melbourne, Australia, where the doctor plans on opening an office. During the interval since graduation, Dr. Conn has been located in Tacoma, Washington, where he enjoyed excellent success.

Dr. Lonnie L. Facto, graduate of the May '26 class, and his bride have sailed for London, England where the doctor is to take an assistantship with one of the foremost practitioners of that city. Lonnie was recently married in Kansas City and was enjoying a honeymoon trip through the west when called to London.

This recent exodus to foreign shores of two of our graduates is indicative of the advance the osteopathic profession is making. In the near future Osteopathy will be as well known and recognized in Europe and South America as on our own continent and the credit will be due to those who have had the foresight and ambition to undertake the strenuous pioneering necessary to growth and development of the science.

The good will and wishes of the college goes to these two young men and their wives who are embarking upon this enterprise.

New Students Arriving

New students are already beginning to arrive for the coming semester's work. Prospects for the year are brighter than they have ever been before.

Correspondence has been heavier and judging from the tone of the communications received, the freshman class will be the largest on record. D.M.S.C.O. is also to make an appreciable gain in the upper classes through transfers of students from the other osteopathic colleges. The clinical advantages of the college being the attracting feature.

Former students are coming back strong and are anxious for the work to begin. To date, D.M.S.C.O. has not lost one of last year's enrollment through transfer.

New Hospital Building Program Announced

Dr. J. P. Schwartz, president and Surgeon-in-Chief of the Des Moines General Hospital, recently announced through the press of Des Moines, that construction on the first wing of the new three-wing plant will begin early next spring.

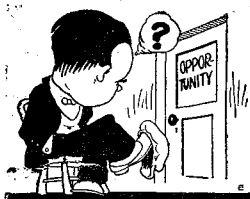
The present building is inadequate in all respects for the amount of work that is being done, and the increase in volume experienced this summer has made it imperative that the hospital board take this action.

The new plant will be constructed on the unit basis. Plans calling for three complete units, each in itself complete in every department, have been submitted and approved. When completed the institution will be one of the finest and most modern Osteopathic hospitals in the United States.

Although there is no direct connection between the hospital and the college, the students have free access to the various departments of the institution. Surgical clinics are maintained three days a week, at which the students are permitted to witness and assist in all the different operations. X-Ray and various other modalities are available for use on clinic patients.

The erection of the new building will mark the beginning of a new era for the profession of this state. Inadequate hospital facilities have been the one drawback for the last few years, and when this new structure is opened, the Osteopaths of the State of Iowa will have at their disposal a modern 100% Osteopathic institution.

Are You Looking For a Location?



An excellent location is available at West Point, Nebraska. Dr. G. E. Hampton has practiced in that locality for the past twelve years, is leaving to take Post Graduate work. West Point is a county seat town of over two thousands inhabitants and is located in the heart of a rich agricultural district. Anyone desiring further information, write the Doctor direct.

Idle brains far outnumber idle hands.

You can't depend entirely upon your own imperfect knowledge.

It never was true that one man is as good as another.

All men are not created equal.

PERSONALS

Drs. Augur and Augur, Farmers National Bank Bldg., Colfax, Washington, would like to hear from any student who graduated in the January or May, 1924, classes.

In a recent letter, Dr. C. B. Gephart, graduate of the May, '26 class, highly commends the management of the Delaware Springs Sanatorium where he is interning. Dr. Dave Skidmore is also there with Gep and they both have all the work they can take care of. Gep reports that he and Lon Scatterday were successful in passing the Ohio board.

Reg Platt, who was out of school last semester will be back again this fall. From word received, Reg has put on considerable weight and is endeavoring to reduce a little by painting barns in northern Ohio.

Mildred Trimble is back at the college after a summer spent in assisting her father, Dr. Guy Trimble at Montezuma, Iowa. In honor of her return, Mildred was immediately called out on an O. B. case and as an additional mark of recognition, the mother named the baby Mildred. (The baby was slightly sun-burned).

Wally Walker and Mitchell are back after a brief visit to the convention, and back to the old home town. Both are wearing a good coat of tan and are rarin' to go.

Paul Marquand of the senior class is back in town after a visit to the home folks.

Opal Robinson, also of the senior class is back in the halls of larnin'. Opal enjoyed a motor trip through the eastern states while gone and has many interesting tales of wonders seen, to relate.

The recent heat wave worked wonders for the O. B. clinic. Three cases were in progress at one time, and as usual, in different parts of the city. The students on call this summer are certainly getting a world of experience.

Dr. Joe Rader of the May class was in the city a few days recently. Joe internes at Liberty Hospital in St. Louis this coming January. On his way to Des Moines he visited the boys at the hospitals and reports that all are highly enthused with their work.

Bernard Jones and A. P. Warthman are leaving for a brief visit to their home before beginning the fall semester.

Mrs. K. M. Robinson, secretary of the college, has left on a well-earned vacation. In the course of her tour she will traverse the entire Pacific coast line.

"Chawley" Johnson, who is working with the Maytag Washing Machine Company at Newton, Iowa, this summer, was in town over the week-end.

"Cab" Cummings was forced to buy a new shirt as the result of an O. B. case the other night.

Between clinic patients and selling metal polish, Moco Elsea

has worn out three pairs of shoes since school let out.

"Pinky" Schwartz, Dean of the College, has blossomed out in a new shiny Reo sedan. Dr. C. F. Spring motors in a new Flint sedan. From the cars now in evidence, the college will have to enlarge its parking space this fall.

Ira DeWalt, who has ben out of school for the past semester, will be with us again this fall.

Dr. "Red" Ball, of the May, '26 class, who has been practicing at Boone, Iowa, was in the city for a few days recently.

Dr. Matt Thill, also of the class of '26, has embarked upon a tour around the world. Attaboy, Matt!

Lard Lashlee has been knocking them cold in Nashville, Tenn., so he writes, "Two died last week."

Heinlen and Ausson have been making money faster than the U. S. mint with the International Magazine company.

Dr. Homer Sprague of the May class is located with Dr. Field at Lakewood, Ohio.

1926 GRID CARD STIFFEST IN YEARS

The schedule that confronts the 1926 Purple and White is the hardest that has been arranged in years. Coach Sutton, who has recently returned from the East, says that it will take considerable hard work and punch to come through the season with the long end of the scores.

The coach is already outlining work for the opening weeks of the season and the preparation for the first two games on the card. Spring training will assist greatly in putting a fairly co-ordinated machine into the field on September 25th, when the Bonesetters meet the strong Parsons aggregation in the season's opener. Immediately following this battle, the squad journeys to Lawrence, Kansas to battle the Haskell Indians, and anyone familiar with sport news, recognizes the fact that the Indians have a reputation of being one of the strongest football teams in the middle west. In the two games that Still has played the Indians in the past they made a very creditable showing, and this year the Purple and White have orders to "Bring Home the Scalp!"

Captain "Ab" Graham is expected any day, and as soon as a sufficient number return, active practice will commence. Several very promising high school stars from different parts of the country will be in the freshman class this fall and competition for regular berths on the Varsity is going to be keen.

All men from last year's squad are urged to get back early. There are eleven games on the schedule for this year—and every one of them a hard one.

As a matter of fact, no two men are exactly equal.

Safety Begins at Home

The dangers of the factory and the street are well advertised, but even home is by no means a safe place. It is estimated that half of the 75,000 accidental deaths in the United States last year occurred at home, and there are no figures to show the number of slight and serious accidents, most of them to children.

Falls are responsible for a large proportion of industrial casualties and equally large percentage of household casualties. Conditions which would not be tolerated in an up-to-date factory are overlooked at home. Every household needs a safety inspector. Check over these points in your home.

Have you a safe ladder? Don't depend on substitutes such as piano stools, rocking chairs and the like.

What do you keep in your cellar? Better see that all stairways are well lighted and that there are no defective steps nor missing hand rails.

Is there ample light in the basement and are all objects there placed where no one will trip over them?

Are there any protruding nails?

Are the matches placed where Junior can't reach them if he should be left alone for five minutes?

Are all poisons kept out of his way? This includes lye, disinfectants and bug destroyers.

Are firearms and ammunition kept under lock and key?

Are there any tin cans or broken bottles lying around the back yard?

This list is by no means exhaustive. It will probably suggest many other conditions that need to be looked into and remedied. Yours is an exceptional home if it passes all these tests for safety. Some of these details may seem trifling but prompt attention to them may avert a tragedy or a near tragedy in your household.

NOTICE

Heretofore the college has been put to the expense of filling out application blanks and making transcripts of grades in complying with the requests for Board Applications. The amount is not much in any single case, but when it occurs from five to ten times a month, it means that the funds are being dispersed at the rate of from ten to twenty dollars a month, which in the course of a year amounts to considerable and it can be easily seen that it does not go to the advancement of the college. Therefore, no application for Transcript will be sent out unless it is accompanied by a fee of \$2.50, payable to the college.

The Log Book

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Osteopathy Without Limitation

How's This?

The following unsolicited letter from Dr. Richardson is so unique in its subject matter that we could not resist the temptation to print it. It is rather out of the ordinary to receive such complimentary remarks — they are usually of the opposite nature.

Norfolk, Va.,
July 16, 1926.

Editor Log Book:

I beg your pardon for intruding—I hope you are not busy—or not too busy to have a word with me.

I always enter the sanctum sanctorum of the Editor with these platitudes, hoping thereby to lubricate my entrance and to ease the way for my humble mission.

I sometimes wonder whether the Editors ever have a kind word of appreciation come in to them. Possibly my experience is novel, possibly it is my fault, but as I enter they all assume a defensive attitude, seem to anticipate some unpleasantness, a physical attack for some of their editorial utterances, a psychopathic clinic—or inquest—over some of their literary issues, or something of the sort.

The path of the Editor is stony, I am sure, but my mission this time is peaceable. I come to strew roses on this stony path. I desire to compliment you on the very creditable job you make of the Log Book and to thank you for sending it to me regularly.

One who has been in practice eighteen years gets a great deal of mail whether he deserves it or not. Most of this is just so much perfectly good paper inked over and spoiled, and comes to an early inevitable fate.

The Log Book impresses me as a combination of papyrus, lamp black, brains and vitamin, compounded with skill and dispensed in such dosage as ought to be good for Osteopathic growing pains. Looks like it ought to hold down on the radicals a bit, and push along the conservatives a little.

I am greatly pleased with it: glad to receive and read it each issue, and many times I pass it along to some one who is, or should be, interested. I am certain that its influence is good at home and abroad.

Congratulations.

Sincerely,

M. L. RICHARDSON.

SCHEDULE OF CLASSES

FIRST YEAR—First Semester

Anatomy, Descriptive.....	Dr. H. V. Halladay
Chemistry, Inorganic.....	Prof. Frank Sutton
Histology.....	Ava L. Johnson
Biology.....	Dr. L. L. Facto
Bacteriology-Embryology.....	Ava L. Johnson

Second Semester

Anatomy, Descriptive.....	Dr. H. V. Halladay
Physiology I.....	Ava L. Johnson
Chemistry, Organic.....	Prof. Frank Sutton
Histology.....	Ava L. Johnson
Bacteriology-Embryology.....	Dr. A. B. Taylor

SECOND YEAR—First Semester

Anatomy, Descriptive.....	Dr. H. V. Halladay
Physiology II.....	Ava L. Johnson
Theory of Osteopathy.....	Dr. C. F. Spring
Pathology I.....	Dr. E. E. Steffen
Chemistry, Physiological.....	Prof. Frank Sutton

Second Semester

Anatomy, Descriptive.....	Dr. J. M. Woods
Pathology II.....	Dr. E. E. Steffen
Principles of Osteopathy.....	Dr. C. F. Spring
Physiology III.....	Dr. C. W. Johnson

THIRD YEAR—First Semester

Anatomy, Applied.....	Dr. H. V. Halladay
Symptomatology (Infectious Diseases).....	Dr. C. F. Spring
Laboratory Diagnosis.....	Dr. B. L. Cash
Pathology III.....	Dr. E. E. Steffen
Osteopathic Technic.....	Dr. J. M. Woods

Second Semester

Obstetrics.....	Dr. R. B. Bachman
Nervous Diseases.....	Dr. C. W. Johnson
Osteopathic Therapeutics.....	Dr. E. E. Steffen
Gynecology.....	Dr. C. W. Johnson
Physical Diagnosis-Orthopedics.....	Dr. H. V. Halladay
Junior Clinics.....	Dr. H. V. Halladay

FOURTH YEAR—First Semester

Surgery I, Principles.....	Dr. J. P. Schwartz
Nervous and Mental Diseases.....	Dr. C. W. Johnson
Eye, Ear, Nose and Throat.....	Dr. A. B. Taylor
Obstetrics.....	Dr. R. B. Bachman
Osteopathic Therapeutics.....	Dr. E. E. Steffen
Dietetics-Pediatrics.....	Dr. Mary Golden
Physical Diagnosis-Orthopedics.....	Dr. H. V. Halladay
Senior Clinics.....	Dr. C. W. Johnson

Second Semester

Surgery, Operative.....	Dr. J. P. Schwartz
Psychiatry.....	Dr. C. W. Johnson
Urology and Proctology.....	Dr. J. P. Schwartz
Medical Jurisprudence.....	Judge Utterback
Applied Osteopathy.....	Dr. J. M. Woods
Dietetics-Pediatrics.....	Ava L. Johnson
Eye, Ear, Nose and Throat.....	Dr. A. B. Taylor
X-Ray and Electro-Therapy.....	Dr. B. L. Cash
Senior Clinics.....	Dr. C. W. Johnson

Laboratory Technician.....Edmund Appleyard

Laboratories under the direction of the head of each department are conducted in the afternoons in the following subjects: Biology, Histology, Chemistry, Bacteriology, Embryology, Physiology, Pathology, Anatomy, Technic, Gynecology and Clinical Diagnosis.

CALENDAR FOR SCHOOL YEAR

1926-1927

Registration.....	September 7-8, 1926
Fall Term Begins.....	September 9, 1926
Commencement.....	January 20, 1927
Second Term Begins.....	January 24, 1927
Commencement.....	May 26, 1927

TUITION

The tuition charge for the year will not exceed two hundred and twenty-five dollars. This is to include all fees usually considered as special fees. There are no extra fees at the Des Moines Still College.

The Louisville Tour

(Continued from page 1)

Following the convention we made the trip in our car to the cave district visiting the Great Onyx Cave and Mammoth. This was accomplished by the use of much gas and profanity for the roads were the worst in the country. It has been our pleasure to tour around a little and while part of the road to the cave district was good you would think that the roads to such a famous region would be wide, well marked and of concrete. With a five cent gas tax the next generation should have gold plated roads to ride on. Our conclusion is that we will tour Kentucky next in about thirty years. "My Old Kentucky Home, GOOD NIGHT!"

The return trip was made without accident but with an incident or two. We met the newly elected president, Dr. Ray Gilmore in southern Indiana, just as he was finishing his half of a fried chicken. It is useless to say that he was in an excellent humor. "Going right home and go to work. Have a lot of things to do" he told us.

We took a glimpse only of the fine hotels at French Lick and West Baden hurried across to Scott Field and saw several of the big balloons and took a trip through Armour & Co., at East St. Louis, Ill. You ought to see them make weinies there at the rate of about a mile a minute.

If you ever drive in Missouri between Clayton and St. Charles get out and take your car by the reins and lead it these several miles. We speak from experience. Going not faster than 32 a contributory constable gave us the thumb and after a few minutes conversation finally admitted that he was working on a commission and didn't care who paid the commission. We believe that it pays to let the law have its way in such matters. But to have this happen in our own native state, O, dear. What is Missouri coming to? By limping along at about 45 per the rest of the journey we finally got home and glad of it. But we are already planning to drive through to the convention in Denver next year.

Sunshine Before Schooling

Vegetables and fruits, especially if eaten raw, are most valuable because of their rich vitamin value. Raw cabbage, raw lettuce, celery, watercress and tomatoes are among those most edible for old and young. But even these are not sufficient alone. There must be sunshine, the open air, exercise, play—this is more important to the child than even the three R's. Let him build a good physical basis; then all of these other things may be added.

How D.M.S.C.O. Meets **The Student's Needs!**

Lectures---

The lecture work at the Des Moines Still College of Osteopathy is unsurpassed. The faculty is composed of men who have years of study and practical experience as a background for their work. Modern equipment in sufficient quantity augments the class room lectures.

Practice---

The college enjoys the reputation of having the best clinics in the profession. An abundance of clinical material enables the student to secure the invaluable practical experience that is so essential to success after graduation. Clinics are maintained in all the departments of the college. The working out in the treating room of the theories propounded in the lecture room is one of the greatest advantages the college has to offer.

Work---

The opportunities of part time work during the school year are unlimited in Des Moines. In this city, of over 150,000 inhabitants, the students experience no difficulty in securing as much work as they desire. Last year over 90% of our student body were working to help pay their expenses.

Recreation---

All work and No Play is not the theory behind the student administration at D.M.S.C.O. In addition to the social life of the college, the city affords all forms of amusement. D.M.S.C.O. students are never known to complain of the lack of "something to do." To your prospective students—

RECOMMEND

"THE PROFESSION'S COLLEGE"

Des Moines Still College of Osteopathy

Write the Secretary for Further Information

Entered as second class matter, February 3rd, 1923, at the post office at Des Moines, Iowa, under the act of August 24th, 1912.

THE LOG BOOK

Acceptance for mailing at special rates of postage provided for in section 1103 act of October 3rd, 1917, authorized Feb. 3rd, 1923.

PUBLISHED SEMI-MONTHLY BY THE DES MOINES STILL COLLEGE OF OSTEOPATHY

Volume 4

SEPTEMBER 1st, 1926

Number 4

VACATION DAYS ARE OVER----



Studes Returning

Vacation days are over and the time has come to pack away the playthings and dig out the old working clothes again. The populace of the City of Certainities has had to put up with some terrible service at the local "eat emporiums" during the past three months and will no doubt meet all in-coming trains with the gilded chariots and brass bands during the next week.

The studes are already beginning to drift back from their summer's rest and are all ready to go. Jerry Lauck, who was forced to drop out for a year on account of the serious illness of his wife is already back and anxious to make up for the lost time. Mrs. Louck and the baby are with him so Jerry will have to toe the line. The Casey's are back on the job plus a big powerful motor. V. V. states that he worked half the time and spent the other half trying to collect his earnings. Wallace is back on the job again looking after Paul Marquand.

Several new freshmen are already in the city and are busy lining up Meal Jobs, etc., before the big rush next week. From correspondence, this years Freshman class will be the largest on record. Adequate arrangements

(Continued on page 3)

Fieldmen—Important!

When changing your location please notify the college of the change of address and aid us in eliminating the expense accrued on returned copies. When you leave a forwarding address, the paper is returned to us and the college has to pay return postage and the original a second time to get the issue in your hands. Field men can aid materially in the reduction of the expense of publishing the Log Book by mailing their changes of address directly to the secretary of the college.

The Log Book goes, gratis, to every member of the profession, and if you are not receiving your copy regularly, notify us at once.

Red Grange Lauds Osteopathy

On their return trip to Des Moines, Jack Cavanaugh and Frank Ronge, a student of the Chicago College, stopped off in Wheaton, Ill., and interviewed the famous "Red" Grange. When asked what he thought of Osteopathy, he stated that only once in his life had he required a physician and that time was last year in Seattle, Washington, where he injured his neck playing football. A local Osteo fixed "Red" up in fine shape. He thinks

Osteopathy is the coming science and is especially adapted to athletic injuries and training.

New Osteopath

Dr. and Mrs. W. A. Bone of Buckhannon, West Virginia, are the proud parents of a son, William Alfred Jr., born August 17th. Dr. Bone graduated in the class of June '25.

NOTICE

Heretofore the college has been put to the expense of filling out application blanks and making transcripts of grades in complying with the requests for Board Applications. The amount is not much in any single case, but when it occurs from five to ten times a month, it means that the funds are being dispersed at the rate of from ten to twenty dollars a month, which in the course of a year amounts to considerable and it can be easily seen that it does not go to the advancement of the college. Therefore, no application for Transcript will be sent out unless it is accompanied by a fee of \$2.50, payable to the college.

Kind Words

The following letter from Dr. W. R. Gregg of Oberlin, Ohio, and former member of D.M.S.C. O's faculty, is indeed gratifying. Dr. Gregg has been taking some special work in general surgery under Dr. J. P. Schwartz at the Des Moines General Hospital for the past two weeks and also has been brushing up a bit on O. B.

Oberlin, Ohio.

To the Editor of the Log Book:

It is a great pleasure to me to be able to write you in appreciation of the great experience gained in your clinics this August.

I was amazed at the increase in the amount of clinical material at the college. I was greatly pleased to see the amount of interesting work that is coming to the college clinics. The work in the general clinic is of such value to the future practitioner that I trust that all of your students will appreciate the fact and take full advantage of it.

The Obstetrical clinic is splendid. To see a student do a manual curettement, a delivery of a frank breech as well as one normal case within the space of three days is wonderful, and the value derived therefrom cannot be estimated, until one has been in the field for some time and

(Continued on page 3)

Are You Looking For a Location?

The Log Book wishes to call the attention of the profession to Estherville, Iowa, as one of the most promising locations now available. Osteopathy is well known in this vicinity and this particular town has had an Osteopath for the past twelve or thirteen years. Only recently, he was forced to retire from active practice on account of ill health. Estherville is located in the heart of a prosperous farming community.

Drs. B. C. and D. A. Currence recommend Tiffin, Ohio, as a most desirable location and also Fostoria. They would be glad to secure an assistant for their practice at Tiffin. For further information write the Doctors direct.

Dr. J. W. McNeil of Colorado Springs, Colorado, writes that his office furniture, equipment and practice is for sale. Particulars and price will be given on application.

Dr. A. M. Lewis, a dentist and osteopathic booster, of Austin, Minnesota has written the college requesting that we call the attention of the profession to Austin as a most desirable location. The city has a population of 13,000 and there are five cities within a radius of 20 miles having populations of from 600 to 1,000 that have no resident Osteopath. There are already three Osteopaths practicing in Austin—and all are enjoying excellent success,—however, there is ample work to keep a young man busy. Any one interested in this opportunity may secure further information by writing directly to Dr. Lewis.

Dr. O. C. Hudson, of Albion, Nebraska, writes that he is taking over the practice of another doctor at Plattsmouth soon after the first of September and would like to see some one take over his growing practice at Albion. This town is the county seat of Boone county and has a population of over 2,000. He is the only D. O. in the county and draws from a territory of from 20 to 40 miles. Write the Doctor for further information.

From the Field

The recent letter from Dr. A. E. Smith has evidently born fruit as this issue we are fortunate in having letters from two of our recent graduates. Let's hear from some more of you fellows.

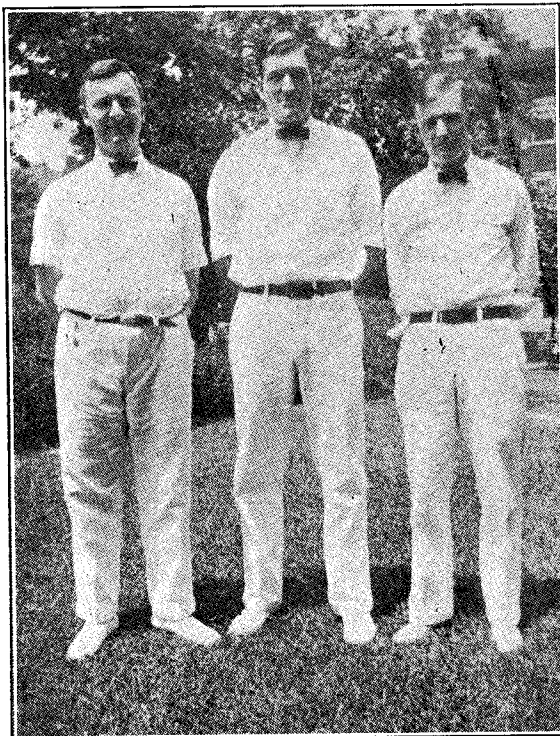
Weston, W. Va.,
Aug. 10, 1926.

Well how goes everything back in old Des Moines? Suppose you spent a very enjoyable vacation, I hope so at least. You know I would like to heed the call of the wild and return to D. M. this fall, but I guess my school days are ended.

Things are progressing nicely here in Weston and the practice gets better day by day. This is the darndest (pardon) place for fracture cases. Just fixed one up

(Continued on page 3, Col. 1)

D. M. S. C. O. INTERNES



DRS. SMITH — BENIEN — MARLOW

Crenshaw General Hospital,
St. Louis, Mo. August 19, 1926.

Dear Folks:

Well here we are well on to the third month of our stay here at the hospital, now changed in name to the Crenshaw General Hospital. All three of us most thoroughly enjoying the work and something new every day to add to our already vast store of knowledge.

We have been pretty busy despite the hot weather and take it from me we thought that we had some hot times in Des Moines, but St. Louis, O. Gee, but it has been a stinger here in the day time and not much relief in the night time. We do manage to get out the Municipal Opera occasionally and to the Garden Theater, both of the our door affairs, the former seating 12,000 and the best of it is that there are free seats, while the latter is much more exclusive, but none less attractive, so we get out to both.

We are glad to get the Log Book, and there is not a day goes by that one of the three of us don't have something to say about the good old days. We hear a line once every now and then from some of the class, but not nearly all of them. The Log Book should be used by all the Alumni to keep the others wised up as to where they are and how things are going. It is sure gratifying to hear that the most of the gang are sitting pretty and having things coming their way.

Tell Don Baylor that we had some snaps taken, one of which he has but the good ones we are holding to be sent later, one of

which we hope to merit a place in the Stillonian for the next year.

I will thank you to kindly pass on to me the present address of G. Tracey Akens, I would like to get in touch with him.

Yours gratefully,

A. E. SMITH.

Personals

Jack Cavanaugh is back in the big city from the land of the Beans plus one big black powerful touring car of popular make and questionable vintage.

Lloyd Mitchell is developing some excellent technique on the taking of blood pressures. Mitch is exceedingly proficient in this particular field.

Moco Elsea walked out the other day on a brief journey to the home village in Ohio.

Donaldson has returned from the Pennsylvania intact and plus one wife.

J. Maxwell Jennings has gone back to Michigan for a brief visit before school starts.

Mrs. Robinson is back from her vacation, looking better than ever. She reports an excellent trip, but states that the time available was inadequate to see everything there was to be seen.

Ray McFarland has been playing soldier the past two weeks with the Iowa National Guard at the annual encampment at Camp Dodge.

Thomas Lee Wilson is developing quite an Obstetrical Clinette. What's the formula, Tommy?

Drs. Doyle and Lois Richardson of the May class were in the city for a brief visit.



Around Our Merry Campus

Father: "I don't approve of your acquaintance with that telephone girl."

"Why, she's connected with the best families in town."—Film Fun.

Newrich: "I don't suppose you're used to driving men like are you?"

New Chauffeur: "Oh, yes, I drove the police patrol for three years."

"Does your man work, Mrs. Waggs?"

"Oh, yes; he peddles balloons whenever there's a parade in town. What does your husband do?"

"He sells smoked glasses during eclipses of the sun."

Forward: "Don't you think that the violinist's obligato is beautiful?"

March: "I can't say yet; wait 'till she turns around."

Willis: "What kind of a dog is that one of yours?"

Gillis: "Police dog, I guess. He's always hanging around our cook."

We'll Say Reckless!

Judge: "Ten and costs for reckless driving."

Bill: "But, Judge, I was hurrying to give my girl an engagement ring."

Judge: "Fifteen and costs! You're a darn sight more reckless than I thought."—The Exhaust.

Mrs. Robinson (to neighbor): "That lodger of mine wasn't 'alf potted last night, Mrs. Green; 'e come 'ome with a lid of one of them coal 'oles and tried to play it on the victrola."

"I hear you have been operated on again."

"Yes."

"How many times does this make?"

"Four. They're going to put a swinging door on next time."

Give Her Time!

Rastus: "Ah wants a divorce. Dat woman jes' talk, talk, talk, night an' day. Ah cain't get no rest and dat talk am drivin' me crazy."

Young Lawyer: "What does she talk about?"

Rastus: "She doan' say."—Life.

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY

President.....C. W. Johnson
Editor.....Don Baylor

Osteopathy Without Limitation

One reason why scores of men fail in business is because they depend altogether upon their little personal experience. They do not learn from books and lectures. In these days, business knowledge has grown too large to be learned in this way. Life is too short to learn by personal experience.

The final thought in all work is that we work, not to have more—but to be more.

Wise people are humble people.

From the Field

(Continued from page 2)
a few minutes ago. You see they have so many hills in this county and about every day some fellow falls out of his corn field or potato patch. That is the only way in which I can account for the number of cases. Have not done any O. B. yet but have a case which is due any day, or perhaps I should say, any night.

What are the indications for a "bumper crop" of freshmen this fall? Here is hoping that the halls of learning are filled to over-flowing.

Please say "Hello" to all my friends for me when you can spare a few seconds from your strenuous duties.

W. E. Montgomery.

Mansfield, Ohio.
August 5, 1926.

Dear Folks:

Have been considering writing you since June, '25, but something or other has always interfered. Was reading the Log Book yesterday and upon seeing Smith's letter, resolved to do and am doing.

Since leaving school in June '25, I have spent a year at Delaware Springs Sanatorium and have established myself in general practice here in Mansfield, a town of 38,000, seventy miles south of Cleveland.

My year at the sanatorium was probably the most profitable twelve months I have ever experienced. The work in general Osteopathy, surgery, obstetrics, ear, nose and throat and diagnosis was most practical and instructive. Book learning in the light of practical work became more interesting and certainly fell on a more fertile field. Internships are well worth the time spent in them and it is my opinion that they should be the finishing touch in every man's course. It made my ninth year after High School and was worth every moment of it's time. No man can assume the task of an internship without being greatly benefited. More than that, he

(Continued Col. 4, this page)

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Chemistry, Inorganic.....	Prof. Frank Sutton
Histology.....	Ava L. Johnson
Biology.....	Dr. L. L. Facto
Bacteriology-Embryology.....	Ava L. Johnson

Second Semester

Anatomy, Descriptive.....	Dr. H. V. Halladay
Physiology I.....	Ava L. Johnson
Chemistry, Organic.....	Prof. Frank Sutton
Histology.....	Ava L. Johnson
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Anatomy, Descriptive.....	Dr. H. V. Halladay
Physiology II.....	Ava L. Johnson
Theory of Osteopathy.....	Dr. C. F. Spring
Pathology I.....	Dr. E. E. Steffen
Chemistry, Physiological.....	Prof. Frank Sutton

Second Semester

Anatomy, Descriptive.....	Dr. J. M. Woods
Pathology II.....	Dr. E. E. Steffen
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Symptomatology (Infectious Diseases).....	Dr. C. F. Spring
Laboratory Diagnosis.....	Dr. B. L. Cash
Pathology III.....	Dr. E. E. Steffen
Osteopathic Technic.....	Dr. J. M. Woods

Second Semester

Obstetrics.....	Dr. R. B. Bachman
Nervous Diseases.....	Dr. C. W. Johnson
Osteopathic Therapeutics.....	Dr. E. E. Steffen
Gynecology.....	Dr. C. W. Johnson
Physical Diagnosis-Orthopedics.....	Dr. H. V. Halladay
Junior Clinics.....	Dr. H. V. Halladay

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Surgery I, Principles.....	Dr. J. P. Schwartz
Nervous and Mental Diseases.....	Dr. C. W. Johnson
Eye, Ear, Nose and Throat.....	Dr. A. B. Taylor
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Osteopathic Therapeutics.....	Dr. E. E. Steffen
Dietetics-Pediatrics.....	Dr. Mary Golden
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Senior Clinics.....	Dr. C. W. Johnson

Second Semester

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Studes Returning

(Continued from page 1)

are being made for the coming of the new students. Plans are formulated for assisting them in the finding of work and desirable rooms.

The various fraternity houses are already beginning to undergo the annual metamorphosis following the summer's vacancy. Paul Parks, who is in charge of the furnishing of the new Atlas Club home at 2141 Grand avenue, is surely confronted with a gigantic task. The house is an excellent old residence and will make the club a wonderful home. Bobby Ross, McFarland, Nye and Drabbing are getting things ready at the Iota Tau Sigma house and Cavanaugh, Cummings and Elsea are pushing the broom at the Phi Sigma Gamma abode.

The college is resplendent in a new coat of paint and lineoleum and the doors are open for the return of the students. The faculty awaits your coming with great anticipation. In fact they're "rarin' to go."

Kind Words

(Continued from page 1)

realizes the experience that is so desirable in the conduct of a general practice.

I an see nothing but a bright year ahead for Des Moines Still College. You have my very best wishes for all good things.

Faternally,
W. R. Gregg, '23.

From the Field

raises his profession's standard just that much. Some time I hope the profession will insist upon an internship as the school of medicine does.

Last June I came to Mansfield and have had quite a nice vacation here in my office. However, practice has greatly picked up in the past two weeks. I am centrally located in a new office building and immediately across from a nine story hotel building that is being erected. Have been insisting upon taking complete case histories and doing complete physical examinations. Both of which are paramount in making a correct diagnosis and consequently in prescribing the treatment indicated.

Have seen few Des Moines people since leaving school. However, Skidmore and Gephart are doing fine and Cecil Jones and Platt were in to see me some time ago. They've been out in the "tall and uncut" where the "Hill Billies grow" slinging paint. It's funny but so many college men are gifted in the art of "slinging," not only paint and hash but the male cow. Ah, Yea, Verily.

Well it certainly would be good to see everyone. If any of you folks ever come to Mansfield, drop in and visit with me. You'll be more than welcome.

Greetings and regards to all.
Sincerely and fraternally yours,
Frank (Jazz) A. Hoffman.

Last Year---

45,000—Osteopathic treatments were given by the students in the General Clinic of D.M.S.C.O. This figure does not include bedside cases nor athletic treatments.

6,000—Athletic cases were cared for at the colleges, universities and high schools of the city. D.M.S.C.O. students were the official trainers at the nationally known Drake Relays last spring.

3,000—Bedside Treatments were given. Plans are now being formulated for the organization of our "Out Department" to specialize in this form of acute work.

1850—Cases were operated in the Major and Minor Surgical Clinics at the Des Moines General Hospital.

162—Obstetrical cases were delivered by D.M.S.C.O. students. Each senior is required to be in attendance on seven cases for graduation.

FOR YOUR PROSPECTIVE STUDENTS—RECOMMEND

"THE PROFESSION'S COLLEGE"

Des Moines Still College of Osteopathy

Write the Secretary for Further Information

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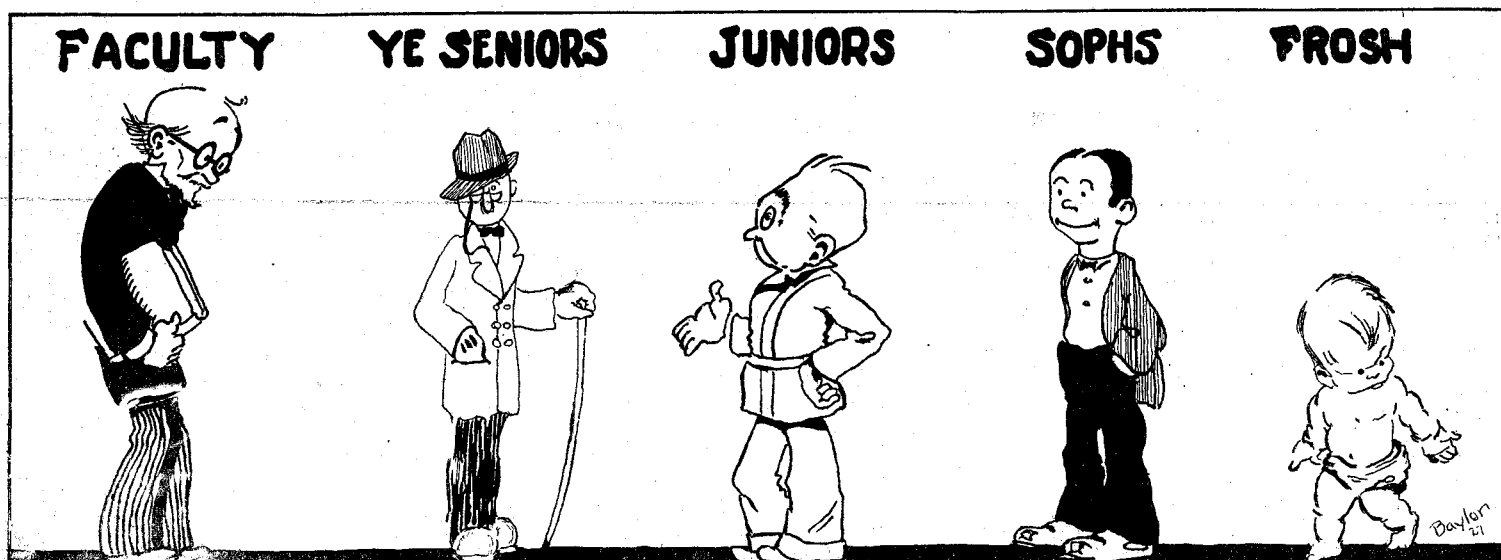
PUBLISHED SEMI-MONTHLY BY THE DES MOINES STILL COLLEGE OF OSTEOPATHY

Volume 4

SEPTEMBER 15, 1926

Number 5

WE HAVE WITH US



College Represented at Iowa State Fair

At the Iowa State Fair of 1926, the Des Moines Still College booth was an accepted and welcomed "regular feature."

Although only its second appearance, there was nothing in any way to indicate that the Osteopathic exhibit was not as established a feature as any of those which have been on hand ever since the educational department was opened.

A number of visitors to the booth pointed out to companions, features of the exhibit which they had seen last year; the interest in literature seemed to be more general, which might indicate a familiarity with the subject; and at all times the Osteopathic booth was accorded as much interest as, and very frequently more interest than that shown in the Academies Colleges and Universities which flanked it.

Whether or not the ten days' exhibit at the Fair will result in a marked increase in collegiate attendance or a swelling of the date cards for practicing physicians, it was the consensus of opinion of those who watched the passers by that from now on many hundreds will have Des Moines Still College of Osteopathy mentally placed with other important schools of the state.

The questions and inquiries in-

(Continued on page 3)

Coach Call For Football Men

Incident to the beginning of registration for the fall semester, Coach Frank Sutton issued the call for football candidates for the 1926 varsity.

From the number of last year's squad that are already back on the job and high grade freshman material that has registered, the squad should number about forty that greets the coach the first night. A number of high school stars have already signed up and are expected to work into the vacancies created by graduation last spring. With the first game of the season, with the strong Parsons aggregation only two weeks distant, it behooves the Purple and White to get in some hard licks before he whistle blows for the opening battle.

As in all other schools, the ultimate success of the football team depends largely upon the number of men the coach has available. Every student who possibly can is urged to get out and help Coach Sutton and Captain Ab Graham develop the best team that has ever represented the college. Confronted as we are by the stiffest schedule on record, we can win out if every one helps. Get out in uniform and do your bit.

(Continued on page 3)

Fraternities, Notice!

At your first meeting this fall, do not fail to appoint a member to report your activities during the year. Heretofore the material for the "Fraternity Notes" column has been the "thorn in our proverbial crown of roses" so get your man selected and charge him with getting his stuff in on time and in a legible manner. Definite dates will be announced in the next issue.

NOTICE

Heretofore the college has been put to the expense of filling out application blanks and making transcripts of grades in complying with the requests for Board Applications. The amount is not much in any single case, but when it occurs from five to ten times a month, it means that the funds are being dispersed at the rate of from ten to twenty dollars a month, which in the course of a year amounts to considerable and it can be easily seen that it does not go to the advancement of the college. Therefore, no application for Transcript will be sent out unless it is accompanied by a fee of \$2.50, payable to the college.

Recordbreaking Freshman Class Registering

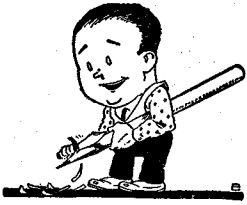
At the time this issue goes to press, registration has not been completed, but indications are that the incoming freshman class will break all precedent as to numbers.

Coming from all corners of the United States they make an imposing addition to the student body. Individually they are all thoroughly "sold" on the science of Osteopathy and on D.M.S.C.O. The period of adjustment is rapidly being gone through and the new comers are getting settled in their new quarters and are ready for the work to begin. Many of the new students have had previous college work and others are just out of high school.

The class is to be congratulated upon its personell and must be informed that the college and the student body expects big things from them during the coming year. Many of the Frosh will no doubt win berths on the Varsity squads in both football and basketball if they continue to live up to their former athletic reputations. Others will shine in other departments of our college work.

Frosh, you're welcome! The college is glad to have you and the student body is glad you're here.

Student Contributions



Again we make the annual appeal for student contributions for the Log Book. This publication is primarily a student affair and should be filled with student contributions, so don't be backward about handing in the articles that come to your attention.

Every class should have its reporter who should be held responsible for the publicity on the activities of that particular group. The class functions, personal activities of the members of the class and the jokes and boners pulled by classmates. It is such items as these that make our paper interesting and truly representative of the student body. Your ideas on subjects akin to our work are worthy of publication.

Don't sit back and wait for some one else to break the ice. When you get ahold of something you think should be in the Log Book, hand it in! This is your paper—help make it the best in the field!

Are You Looking For a Location?



Dr. F. E. Hird, 708 Garfield Avenue, Kansas City, Mo., writes that his "extra nice residence office and property, with a good growing practice is for sale very reasonable. The property is located only twenty-one blocks from the heart of the city. Turkish baths are available in the same building."

Anyone interested may obtain further information by writing the doctor at the above address.

The college has been informed that there is an exceptionally good location available at Lennox, Iowa. Several of the townspeople have requested that the college endeavor to secure an Osteopath for their community and have stated that in the past they have had such service but that at the present time there is no resident practitioner.

Twins having arrived, the father told little Peter that he needn't go to school that day.

Little Peter:—"But wouldn't it be just as good to tell teacher tomorrow I've got one new little brother, and next week stay at home again and tell her I've got one more?"

1926—FOOTBALL SCHEDULE—1926

Sept. 25.....	Parsons College	There
Oct. 1.....	Haskell Indians	There
Oct. 8.....	St. Ambrose College.....	There
Oct. 16.....	Central College	There
Oct. 23.....	Trinity College	Here
Oct. 30.....	Buena Vista College.....	There
Nov. 5.....	Kirksville Osteopathic College.....	Here
Nov. 11.....	Iowa Business College.....	There
Nov. 13.....	St. Thomas	There
Nov. 20.....	Jackson University	There
Nov. 25.....	Tabor College	Tentative

PERSONALS



With the rush of registration and the first few days of classes in the air, it is rather difficult to find many "Personals" running around the halls. The sudden influx of the angry mob plus a record breaking gang of question-asking freshmen it is impossible to remember what Tom, Dick and Mary have been doing all summer. However, we'll attempt to give you the low-down on the few that we remember.

Red Smith, Associate Editor of the 1927 Stillonian, ambled in plus one of those familiar big black tourings.

Walt Damm has safely returned from the land of the Swedes and the Snouseeaters none the worse for the experience.

Pete Rorick and Mark Sluss waded Iowa mud to get back on time.

Walt Hagemann is back again with the same old smile and mustache.

Flynn is also sporting one of those upper lip awnings. They

New Faculty Member

The college has been fortunate in securing the services of Dr. W. E. Butcher, graduate of the class of May '26, to teach the subject of Biology.

Dr. Butcher is well qualified for this work and will be quite popular with the students. The upper-classmen who are already acquainted with "Butch" will be more than glad to have him back at the college once more.

seem to be the vogue this fall.

Moco Elsea may be seen promenading the lower hall in a dignified manner at the hours of nine and eleven each morning impressing the freshmen with the proper technique in kit carrying.

Charles Lamb is back in our midst again.

Skidmore, more commonly known as the "Bookstore Bandit" has been on the job a week or more getting the new 1926-27 prices on the tags.

The Dean, Dr. J. P. Schwartz, has been enjoying a few days vacation prior to the opening of school. The Doctor visited his folks in New York state.

L. E. Schaeffer has safely conducted Cam Ward back to the Hall of Larnin'.

(Continued on page 3)

ASSEMBLY SCHEDULE

September 17, 1926	Faculty Introduction
September 24, 1926	Freshman Introduction
October 1, 1926	Music Directors
October 8, 1926	Dr. J. M. Woods
October 15, 1926	Dr. H. V. Halladay
October 22, 1926	Coach Sutton
October 29, 1926	Dr. E. E. Steffen
November 5, 1926	Dr. C. F. Spring
November 12, 1926	Dr. R. B. Bachman
November 19, 1926	Ava L. Johnson
December 3, 1926	Dr. J. P. Schwartz
December 10, 1926	Dr. A. B. Taylor
December 17, 1926	Pan-hellenic (Men)
January 7, 1927	Pan-hellenic (Women)
January 14, 1927	Senior A. Class Day

MUSIC

Thomas Mann,

Ross Richardson,

Mildred Trimble.



Around Our Merry Campus

NO SUCH PLACE

"Where did the car hit this man?" asked Lawyer Garner when questioning the attending physician at the trial.

"At the junction of the dorsal and cervical vertebrae," responded the doctor.

The foreman of the jury rose in his seat and remarked: "I lived in this country for upwards of fifty years and I know every crossroad, but I never heard of any such place; I believe it's a made-up case."

WHAT A SLAM!

She lived with her husband fifty years, and died in confident hope of a better life.

THE BEST COMES HIGH

Patient (nervously)—"And will the operation be dangerous, Doctor?"

Doctor — "Nonsense. You couldn't buy a dangerous operation for forty dollars."—Life.

THE LOSING STROKE

A Scotchman and a Hebrew were playing a golf match. Each had 100 strokes after 17 holes had been played. On the 18th, the Hebrew had a paralytic stroke and the Scotchman made him count it!

FREEZING

Slick: "They certainly must get it cold in the Middle West."

Slow: "What makes you think so?"

Slick: "Only the other day I read that they had to close a bank on account of frozen assets."

Slow: "Yeah?"

What a Plant Manager Does

When two hard workers got together, one asked the other: "What you doing now, Bill?"

"Plant manager for old Skid-rox."

"Plant manager! What do you have to do?"

"Water the geraniums."

OFF AND ON

"You give your clerks two weeks' vacation every year, don't you, Mr. Tintack?" asked the friend.

"A month," grunter the eminent hardware dealer.

"A month?"

"Yes. The two weeks when I go on my vacation and two weeks when they go on theirs."

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY

President.....C. W. Johnson
Editor.....Don Baylor

Osteopathy Without Limitation

Riches Do Not Endure

By John Carlyle

"Who was the richest man in Greece when Homer was reciting his poetry? So asks Bishop Edwin Holt Hughes of Chicago.

The bishop seeks to prove that man cannot provide for his immortality by means of money. Not unless he turns that money into a great service which shall endure.

Who was the richest man in the Roman empire when St. Paul was preaching?

Who was the richest man in France when Joan of Arc led the troops at Orleans?

Who was the richest man in Italy when Savonarola was burned at the stake for his righteousness and his preaching?

Who was the richest man in England when Shakespeare was writing Lear and Hamlet?

Who was the richest man in the city of Washington when Abraham Lincoln entered that city as President of the United States?

I cannot give the answer of these questions. I do not remember. Do you?

A hundred years from now every one of you who may be reading these lines will be dead. Almost every one of you will be forgotten.

What can we do about it? Facing this cold fact, what shall we give our time and effort to?

The banker can go back to his bank and make some more money. The lawyer can return to his office and take up new business.

And when death comes, all the money and all the new business and all the new cases will have to be dropped.

But go into the towns and cities of America. On every place there are a few names that live and are cherished. These are the few men and women who, having lived and served, have not been forgotten.

They provided for their own immortality by attaching themselves to a great cause.

The cause lives and they live with it."

PERSONALS

(Continued from page 2)

Ross Richardson has succeeded in escaping from the land of the Tin Lizzies and is back for the last lap.

Stonewall Jackson Montgomery is back in our midst again.

Judging from appearances, the Sophs will have a pretty tuff time in the annual class battle that will come off in the near future.

SCHEDULE OF CLASSES

FIRST YEAR—First Semester

Anatomy, Descriptive.....	Dr. H. V. Halladay
Chemistry, Inorganic.....	Prof. Frank Sutton
Histology.....	Ava L. Johnson
Biology.....	Dr. L. L. Facto
Bacteriology-Embryology.....	Ava L. Johnson

Second Semester

Anatomy, Descriptive.....	Dr. H. V. Halladay
Physiology I.....	Ava L. Johnson
Chemistry, Organic.....	Prof. Frank Sutton
Histology.....	Ava L. Johnson
Bacteriology-Embryology.....	Dr. A. B. Taylor

SECOND YEAR—First Semester

Anatomy, Descriptive.....	Dr. H. V. Halladay
Physiology II.....	Ava L. Johnson
Theory of Osteopathy.....	Dr. C. F. Spring
Pathology I.....	Dr. E. E. Steffen
Chemistry, Physiological.....	Prof. Frank Sutton

Second Semester

Anatomy, Descriptive.....	Dr. J. M. Woods
Pathology II.....	Dr. E. E. Steffen
Principles of Osteopathy.....	Dr. C. F. Spring
Physiology III.....	Dr. C. W. Johnson

THIRD YEAR—First Semester

Anatomy, Applied.....	Dr. H. V. Halladay
Symptomatology (Infectious Diseases).....	Dr. C. F. Spring
Laboratory Diagnosis.....	Dr. B. L. Cash
Pathology III.....	Dr. E. E. Steffen
Osteopathic Technic.....	Dr. J. M. Woods

Second Semester

Obstetrics.....	Dr. R. B. Bachman
Nervous Diseases.....	Dr. C. W. Johnson
Osteopathic Therapeutics.....	Dr. E. E. Steffen
Gynecology.....	Dr. C. W. Johnson
Physical Diagnosis-Orthopedics.....	Dr. H. V. Halladay
Junior Clinics.....	Dr. H. V. Halladay

FOURTH YEAR—First Semester

Surgery I, Principles.....	Dr. J. P. Schwartz
Nervous and Mental Diseases.....	Dr. C. W. Johnson
Eye, Ear, Nose and Throat.....	Dr. A. B. Taylor
Obstetrics.....	Dr. R. B. Bachman
Osteopathic Therapeutics.....	Dr. E. E. Steffen
Dietetics-Pediatrics.....	Dr. Mary Golden
Physical Diagnosis-Orthopedics.....	Dr. H. V. Halladay
Senior Clinics.....	Dr. C. W. Johnson

Second Semester

Surgery, Operative.....	Dr. J. P. Schwartz
Psychiatry.....	Dr. C. W. Johnson
Urology and Proctology.....	Dr. J. P. Schwartz
Medical Jurisprudence.....	Judge Utterback
Applied Osteopathy.....	Dr. J. M. Woods
Dietetics-Pediatrics.....	Ava L. Johnson
Eye, Ear, Nose and Throat.....	Dr. A. B. Taylor
X-Ray and Electro-Therapy.....	Dr. B. L. Cash
Senior Clinics.....	Dr. C. W. Johnson

Laboratory Technician.....Edmund Appleyard

Laboratories under the direction of the head of each department are conducted in the afternoons in the following subjects: Biology, Histology, Chemistry, Bacteriology, Embryology, Physiology, Pathology, Anatomy, Technic, Gynecology and Clinical Diagnosis.

CALENDAR FOR SCHOOL YEAR

1926-1927

Registration.....	September 7-8, 1926
Fall Term Begins.....	September 9, 1926
Commencement.....	January 20, 1927
Second Term Begins.....	January 24, 1927
Commencement.....	May 26, 1927

TUITION

The tuition charge for the year will not exceed two hundred and twenty-five dollars. This is to include all fees usually considered as special fees. There are no extra fees at the Des Moines Still College.

College Represented at Iowa State Fair

(Continued from page 1)

cluded information on the school, its requirements, tuition, courses, the clinics, what they cost, what they offer and what they accomplish; the customary comparison between Osteopathy and similar forms of therapeutics and to a considerably greater number than last year, a request for all the types of available literature from people who have become interested in Osteopathy through treatment given themselves or someone near, and want to know what the profession means and is.

The booth showed development over last year in a number of features of attractive decoration and informative material and the plans being made already for next year include further progress in the effective presentation of Osteopathy and its Iowa school to the public.

Coach Calls For Football Men

(Continued from page 1)

Wallie Walker, Paul Park, Don Sheets, Bill Russell, Mike Hanon, Capt. Graham, and Bobby Ross are a few of the veterans who will be out in suits the first night.

Everybody get behind the team this year and help the varsity twist the "Wildcats" tail on September 25th.

The Ten Commandments of Success

1. Work hard. Hard work is the best investment a man can make.

2. Study hard. Knowledge enables a man to work more intelligently and effectively.

3. Have initiative. Ruts often deepen into graves.

4. Love your work. Then you will find pleasure in mastering it.

5. Be exact. Slipshod methods bring slipshod results.

6. Have the spirit of conquest. Thus you can successfully battle and overcome difficulties.

7. Cultivate personality. Personality is to a man what perfume is to the flower.

8. Help and share with others. The real test of business greatness lies in giving opportunity to others.

9. Be democratic. Unless you feel right toward your fellowmen you can never be a successful leader of men.

10. In all things do your best. The man who has done his best has done everything. The man who has done less than his best has done nothing.

—Charles M. Schwab.

HARD LUCK

"What are you crying for, my lad?"

"Cause father's invented a new soap substitute an' every time a customer comes in I get washed as an advertisement."

A FACULTY OF SPECIALISTS--

A "FACULTY OF SPECIALISTS" IS INDEED AN APPROPRIATE TITLE FOR THE TEACHING STAFF OF THE DES MOINES STILL COLLEGE OF OSTEOPATHY. EVERY INDIVIDUAL OF THE CORPS OF TEACHERS IS THOROUGHLY GROUNDED IN HIS SUBJECT FROM A DIDACTIC STANDPOINT AND IN ADDITION HAS HAD YEARS OF PRACTICAL EXPERIENCE IN THE FIELD. AS A RESULT, THE STUDENT IN THE CLASS-ROOM GETS NOT ONLY UNEXCELLED LECTURE WORK BUT ALSO THE EXPERT ADVICE ON THE PRACTICAL PHASE OF THE WORK THAT COMES FROM YEARS OF ACTUAL PRACTICE.

THE TITLE, "A FACULTY OF SPECIALISTS," IS UNQUALIFIED. D.M.S.C.O. IS JUSTLY PROUD OF THIS GROUP OF MEN AND WOMEN WHO ARE PLACING THE REPUTATION OF THE INSTITUTION ON SUCH A HIGH PLANE—THEIR ABILITY AS INSTRUCTORS IS RECOGNIZED.

OSTEOPATHY, AS TAUGHT BY ITS FOUNDER, DR. ANDREW TAYLOR STILL, IS THE KEY-NOTE OF D.M.S.C.O. — THE PROFESSION'S COLLEGE —AND OSTEOPATHY IS THE SCIENCE PROMULGATED BY OUR "FACULTY OF SPECIALISTS"

FOR YOUR PROSPECTIVE STUDENTS—RECOMMEND

"THE PROFESSION'S COLLEGE"

Des Moines Still College of Osteopathy

Write the Secretary for Further Information

Entered as second class matter, February 3rd, 1923, at the post office at Des Moines, Iowa, under the act of August 24th, 1912.

THE LOG BOOK

Acceptance for mailing at special rates of postage provided for in section 1103 act of October 3rd, 1917, authorized Feb. 3rd, 1923.

PUBLISHED SEMI-MONTHLY BY THE DES MOINES STILL COLLEGE OF OSTEOPATHY

Volume 4

OCTOBER 1st, 1926

Number 6

Faculty Introduced at First Assembly

The feature of the first assembly of the 1926 schedule was the introduction of the faculty to the new students.

Dr. C. W. Johnson, former Dean and now President of the college, functioned as interlocutor and in a very impressive manner introduced the various members of the faculty.

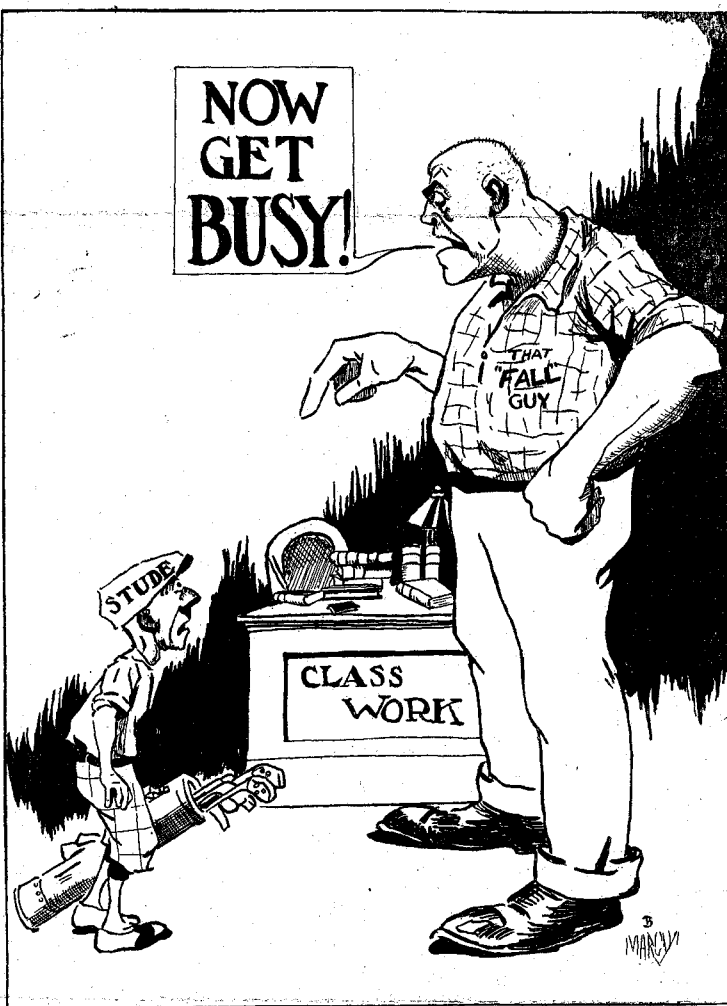
Dr. R. B. Bachman headed the list and urged the students to keep Service paramount and not to permit the almighty dollar to interfere with the dispensing of their services. Whereupon the northeast corner emitted a groan and the Doctor said amen and sat down. Dr. E. E. Steffen, guardian of the exchequer, followed and extended a hearty welcome to the new students, complimenting them on their selection of D.M.S.C.O. as their alma mater.

Miss Ava Johnson, one of the new members on the faculty was next introduced, and being the daughter of the president, threw the proverbial monkey wrench in the "Prexy's" wheels of dignity by telling the student body of the rules for a successful college career as were laid down by her father on the event of her leaving home for college. Dr. Johnson's admonitions, according to Miss Johnson, were something like the following: "Always sit on the front row, for almost invariably the instructor looks over the front row and you will be able to regain lost sleep without detection. Always take at least one letter and one newspaper to class for reading material, because it has a tendency to make the instructor jealous and such is to your advantage. Appear to be taking notes. Never fail to inform your instructor the day before examinations, that you are crazy about his course, especially the way he gives the work. This routine is always good for an 'A' grade. And lastly, if you must sleep openly in class, be sure to snore, as that will impress the instructor with your proficiency in all things, regardless of importance." We might add that if Miss Johnson followed the laws of her father, they certainly worked to perfection.

Dr. John Woods, the handsomest man on the faculty, was next introduced and received quite an ovation from the students body. He congratulated the frosh upon their selection of Osteopathy as their profession and welcomed them to our midst. Dr. Virge Halladay was next on the list,

(Continued on page 2)

Now that we're here



Sophs Lay Down Law

Getting off to an early start for the year's interclass activities, the sophomore class laid down the traditional law for the freshmen during the first week of school. The following day a majority of the class of newcomers blossomed out in the most approved fashion with black ties and hose, green caps, etc. As is usual there were and still are a few of a more reluctant nature and it is up to the Sophs to see that they are "shown the light" and brought to time.

In the past some rather novel and unique methods have been introduced for the enforcement of the Sophomore rules and it is expected that this year will be no exception. It will be remembered that last year both the Freshmen and the Sophomores

(Continued on page 3)

Cupid Gets Two More

Paul Marquand, of the Senior B class, and Miss Hazel Garland of Des Moines, were married at Indianola, Iowa, August 28th. Attaboy, Pauly, congratulations.

J. H. (Mac) Friend of the Junior class was the second victim of the poisoned darts of the little undressed god. Mac married Miss Mildred Deel of Spirit Lake, Iowa. The customary handshaking and passing of cigars is in order.

Question in Chem Lab during experiment of replacing water in a bottle with inspired air:—

"What gasses are now in the bottle?"

Answer by Freshman (also inspired)—"There ain't no gasses. Just air."

"STILLETTO" SCOOPS ENTIRE PROFESSION ON COLLEGE RATING

The K.O.C. "Stiletto" secured one of the greatest "scoops" or "beats" in the history of the profession when they published the article "Osteopath Schools Rated", in their issue of September 17th.

The story opens, "At a meeting of the Association of Osteopathic Colleges held in Louisville at the time of the national convention, a rating was given the various colleges"; and continues, "Two colleges were placed on the Class B rating. These schools, Kansas City and Des Moines, are doing creditable work but do not conform to the high requirements maintained by Class A schools, and they will be given one year in which to raise their standards."

The most amazing part of the story is the fact that Dr. L. Van H. Gerdine, President of the Association of Osteopathic Colleges, wires us that "The Associated Colleges did not discuss status of any school." Dr. R. B. Gilmour, President of the American Osteopathic Association also wired us that "Stiletto has no authority for statement. Have full and complete recognition. No provision exists for A and B classification in A.O.A." In view of this enlightenment from the two men who are at the head of the profession, it would appear that the fact had been scooped as well as the substance.

The whole incident arouses the question in our mind as to the reason for such an unfounded statement. Was it probably the result of mis-information or was it the futile, puerile, acrimonious attempt to regain a rapidly dwindling prestige in the Osteopathic profession? It is indeed difficult to fathom the circumstances under which such a gross mis-understanding could occur.

College Visitors

Dr. Auger, class of January, '24, who has been practicing in Colfax, Washington, has been visiting at the college.

Dr. Ross Robertson, honor student of the class of May, '26, was in the city over the week-end. Ross has located at Worthington, Minnesota.

Dr. Frank Heibel, of the class of January, '26, stopped at the college a few days while en route to Iowa Falls, Iowa, where he is planning on opening an office.

Faculty Introduced at First Assembly

(Continued from page 1)

and in addition to his words of welcome, announced that in the near future the band would be organized and stated that when the call went out he wanted each man in the college who ever attempted to play an instrument to be on the job. He also intimated that an orchestra to live up the weekly assemblies would be forthcoming. Mrs. Innis, another newcomer to our midst, stated that she was here to answer questions and to help.

Dr. J. P. Schwartz, the new Dean, wound up the morning's festivities. The uproar started when the new Dean stood up and continued for some minutes. At its subsidence the Dean remarked that the more the students applauded the shakier he became. After the customary welcoming remarks to both the new and old students the Dean launched into a review of the new rules regulating attendance and the workings of the demerit system which is a new feature in the college.

The freshmen were all notified that they were expected to appear the following week and that they should be thoroughly versed in the college songs and cheers.

\$2,500.00 For New Microscopes

During the past week the college authorities have placed the order for a number of the best grade, latest model, high powered microscopes, which will total over twenty-five hundred dollars.

This is the second such order in the past year and is but a part of the program the Trustees of the college are pursuing which will ultimately place D.M.S.C.O. at the head of the list as the best equipped Osteopathic college.

The progressive attitude of the institution is manifest, not only in the constant purchasing of new and modern equipment, but in every possible manner. Each department is maintained in "up-to-the-minute" manner. This is most evident in the laboratories of the college, which are complete in every detail.

From the Field

We had a letter the other day from Drs. Doyle and Lois Richardson, of the class of May, '26, who have located at Forest City, Iowa. They are well pleased with their new home and are enthusiastic over the prospects for their new practice. Both, however, miss the college and its associations.

PREPARED

Cotillion Regular to man just introduced—Where've you been so long, big man?

Hap Nowlin—I been warned about you women and i ain't gonna tellyu nothing!

Fraternity Notes

PHI SIGMA GAMMA

All the boys are back that will be in school this semester, except "Granberg the Red", Johnny Thellman, Roy Stevens and Vernon Schwab.

The Smoker for the Freshmen was held Wednesday, the 15th. Brother R. W. Johnson was the speaker of the evening and gave us a talk concerning "Our Reason for Embarking on Our Four Years Voyage," and his own. Given in the Doctor's own inimitable style, it struck home.

We have two members of the "Ball and Chain" gang. Dr. J. Hayward Friend (Mac) and Miss Mildred Deel decided to pool their fortunes. While Clarence Steingrabe was at Miss Marjorie Ibsen's house so much he began to wonder what was the use of going back and forth. We extend to them our heartiest congratulations and wish them the best of everything.

We have pledged five men up to the present time, namely and to-wit: Roy Dorwart and Joe Morgan of McCook, Nebr., Kenneth Smith of Ottumwa, Iowa, Harold Davis of Des Moines and Claudie Tucke of Niles, Ohio.

After today Little Moco Elsea will get right down to work. Yes, she's going to Chicago to school.

It is rumor that "Stew" Greiner has called in all of his fraternity pins. He is going to start on a brand new bunch this year.

Brother Walter Cuff is back with the gang. The little fellow was kidnapped last year. The kidnappers did no bodily harm, but they ripped my Norfolk jacket, the poor boy told us between sobs this morning.

Since Charley Johnson visited back home we hardly know him. He will start to studying diligently but in an hour or so you will see him, with a wiersome mouth slightly ajar, under his cute moustache, gazing with unseeing eyes at a fly on the wall-paper and his mind in Providence. Who is she, Charley?

Brother E. B. Hotelling of Auburn, New York, stopped off and made us a visit.

ATLAS CLUB NOTES

The Club entertained the Freshmen to a smoker on Tuesday evening, Sept. 12. Doctors Halladay and Schwartz were the speakers.

Brother Brown has informed us that he is representative of the A.O.A. and Houston Brothers Supply Co.

Brother Van Ness has decided after calling all Ford owners of the Club into consultation over his Limousine, that his bus will stand the winter.

The Atlas Club takes great pleasure in announcing the following pledges: Stingley, Munger, Skinner, Fedson, Hydeman, Hughes, Faus and Stave of the Freshman B class, and Dornbush of the Sophomore B class.

Brother Schaeffer has been employing all tactics to have Brother Ward clean his upper lip.

We notice that the fair sex

are all glad for the return of Brother Meyer. Brother Doyle must have a share in the Cotillion, the way he is boosting for it this year.

The Club is honored by having as its guests Dr. Auger of Colfax, Wash., of January '24 class and Dr. Ross Robertson of Worthington, Minn.

Brother Russell Wright says you won't need fire insurance on a Shaeffer Fountain Pen. All that is necessary is to keep all lights away. He has a new "two-day" Parker for sale. See him for particulars.

It is rumored around that when two certain young ladies see Ole Nicholas they are going to burn the flagella from his upper lip. Dave McKeon says—"Flagella means hair like processes."

Rusty Wright says a spring leaf is the best mode of protection. Ask him.

We are going to present Johnson with a teaspoon to serve cider.

Brother Wise has returned—having escaped the painters' colic.

Stanley Evans has yet to convert his brother to play golf.

The Iowa flood and wedding bells brought Brother Dutt from the Pacific coast. Congratulations, Gord.

Richard Romane of Grinnell College was the week-end guest of the Bryson Brothers.

We are glad to see the Kansas boys, Reed and Montgomery, safely back from the wheat fields.

Brother Ross Richardson has planted an apple tree to furnish red apples for Miss Johnson.

Brothers Bob Bryson and Eddie Grove have a liking for Brother Musselman's company, as they try to keep them from rolling away.

Some of the members are rather curious as to who the fair damsel is that calls Bro. Smith and asks for the boy with the curly hair.

Bro. Ghost has gone into the auto top repair business. Oil cloth coverings for all cars. Prices on request.

Bro. Sifling has a new way of turning his old neck ties into cash.

Dr. M. E. Bachman spoke on "Osteopathy and Its Possibilities" at the first Practical Week meeting of the year on Sept. 23.

The Club cordially invites all field members to be their guests while in the city.

IOTA TAU SIGMA

Now that all the hand clasping and "How are you, old fellow?" is over with the boys are gradually getting organized for the big seige ahead.

We're all here except Brothers Steninger and Herrick. Brother Herrick was sick a good deal of the summer, while Brother Steninger was called home on account of sickness in his family. Both boys, however, expect to be back for the second semester.

The last of the late arrivals was Brother "Ike" Cudden. He was "washed in" the 19th, after

(Continued on page 3)

HOW TO REMOVE THINGS FROM THE EYE

First, blink the eye rapidly. When this fails, pull the lid down over the eye, roll the eye upwards and wait for a minute or so. Then remove fingers from eyelid. Repeat.

When this fails, hold the nose and cough. After three coughs, sneeze, still holding the nose.

If this fails, close the other eye—not the one which hurts—and rub the lid gently toward the nose. This will set up a sympathetic motion in the other eye and automatically remove the offending cinder or horseshoe or whatever is in the eye.

When this fails, try rolling the eye rapidly in circles, saying "Ah" at the same time. This is very interesting to all who may happen to be watching you.

If this fails, and it will, try tapping the forehead—with a small tack hammer.

As a last resort, go to the hospital.

When this fails, try suicide.

RUBBER HOSE

Clinic Patient—What's good for my wife's fallen arches, Student—Rubber heels.

Clinic Patient—What shall I rub 'em with?

A specialist is one who has his patients trained to become ill only in his office hours. A general practitioner is likely to be called off the golf course at any time.

CEMETERY SONNETS

Little Paul swat the mule with a maul, While stealing with stealth past his stall;

The mule put his heels Where Paul puts his meals— And so far as we know, that's all.

"What makes your daughter so talkative?"

Old Gent:—"I think she and her mother were both vaccinated with a phonograph needle."

Are You Looking For a Location?

An excellent location is available at Sheldon, Nebraska, we are advised by B. O. Hosetler, Judge of the District Court of that county. The Judge states that there has been an Osteopath in that city for a number of years, but that he has moved to California, and the community is now without such service. Sheldon has a population of 1200 and is located in the heart of a splendid agricultural district. Anyone interested may obtain detailed information by writing the Judge at Kearney, Nebr.

Drs. L. G. and C. O. Thompson of Breckenridge, Missouri, are in search of an Osteopath to take their practice in the above city. The Doctors are moving to Illinois and desire to sell their office furniture to the newcomer. They state that the practice is mostly acute work and that they also handle confinement cases. Anyone interested may obtain full information by writing the Doctors.

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY

President.....C. W. Johnson
Editor.....Don Baylor

Osteopathy Without Limitation

BRANCHING INTO ATHLETICS

So many inquiries have come to the writer, relative to the work of our Seniors with the athletic departments of the various schools, that we are unable to answer these by letter. It seems that more of the profession are getting interested in this type of service and it is with considerable pleasure that we attempt to put down for those of you who are interested, a few of the things we have found out.

In the beginning, let us say that we consider this type of work an essential in the practice of Osteopathy. Those doing athletic work are merely so many machines provided with a brain, but subject to physical damage the same as if the brain were absent. The presence of the brain enables the machine to avoid some damage, but not all.

The necessity for a doctor in athletic training is because the body has responded to external mechanical irritation in excess. The boys go into the game physically fit. They come out damaged, due to trauma. It certainly is logical to conclude that the physician who is educated along mechanical lines is much better fitted to care for such injuries than one who in the practice of his profession has given little or no thought to the mechanical cause of disease. It is for this reason that we have been so successful in the care of these cases and this year as in the past, have been requested to take over the care of teams in our five high schools.

At the writing of this article our Senior students are taking care of over three hundred football boys, and have every opportunity to observe the variety and quantity of injuries received. We venture to predict that in the future you will see every college team using, during its training season, one or more capable Osteopaths. Work with them one season and they are spoiled. They want Osteopathy from then on.

If you are just getting into this work there are some things to be considered on both sides. The coach must be sold on the idea, and we are happy to state that in our experience we have not found a coach that we had to convince. The rule is that they seek our services.

With the coach with you, the next thing is the necessary equipment at the gym. You cannot take care of the boys on one of the low benches usually seen

in the gym. Have two tables made, like the old straight Osteopathic table, but without padding. Use an old blanket over the plain wood top. Two good portable lamps are needed. These may be secured from several firms. Aloe puts out a dandy at about \$15.00. These are needed to throw a concentrated dry heat on most of the cases of "Charley-horse".

See that you are provided with plenty of adhesive. You need moleskin and the ordinary light type. Ankles, knees and wrists are provided with ligaments sufficient for ordinary use, but need to be reinforced when subjected to the severe strains in most athletic work. Better to use a little too much tape and save an ankle, than too little and see the boy go out for the season in the early part of the game. Gauze bandages in 1, 2 and 4-in. widths must be handy. Used sometimes to put on under strips of adhesive. Some of the boys will acquire skin injuries and will need dressings every day. Keep plenty of bandage and both dry and liquid germicides. Use the dry during the game. No boy wants to go back into the game with a wet dressing.

Your own emergency bag should contain the following:— Gauze bandage, cotton, adhesive, dry and liquid dressings, two plaster bandages. Material from which you can make a splint, a minor surgical kit, new skin, scissors, of course, and your stethoscope and thermometer.

Do not rely on your sense of touch to determine temperature. We have seen boys report for a game with a temperature of 101. So anxious to play that they would go in when they should be in bed.

We are supposing that the gym is equipped with plenty of towels, hot and cold water.

Now take off your shirt and call loudly for the squad. You are ready to go to work.

Sophs Lay Down Law

(Continued from page 1)
vied in seeing which could do the most for the other fellow. If the Sophomores treated the Frosh to a buggy ride, the yearlings could not wait, but had to return the compliment before sunrise. The ingenuity displayed by the individual members of the classes was remarkable and the festivities lasted until Homecoming, when the annual Push-ball game decided the victors.

From what we know of the sophomores, they are a resourceful bunch and should be able to put over some good ones, but at the same time, the freshmen do not impress one as being asleep at the switch. Strut your stuff, fellows! What's next on your program?

Rules for the Class of 1930

1. All Freshmen must wear the regulation Freshman cap at all times, Sundays national holidays and formal social functions excepted, until the end of the first semester. Freshmen are not permitted to write upon or to deface them in any manner. The

caps are to be worn in military style, i. e., set straight upon the head with the visor down over the eyes.

2. Freshmen are not permitted to smoke on the south side of the street, between 14th and 15th, at any time.

3. Freshmen may not hold any class function without first securing permission of the President, Dean or Secretary.

4. Freshmen must wear black Sox and black ties.

5. Freshmen must be present, if at all possible, at all athletic contests and must obey orders of the cheer leader at all times.

6. Freshmen must speak respectfully to all upper classmen.

7. Freshmen must learn the "Freshman Speech" and repeat the same at the request of an upper classman: "Des Moines Still College of Osteopathy was founded in 1898 in a reconstructed building just opposite the present location. The fall of the following year they located in the building that is now known to the world as Des Moines Still College of Osteopathh. The college was founded by Dr. S. S. Still, Dr. Ella Still, Col. and Mrs. A. L. Conger, Dr. W. L. Riggs, and Dr. Helm. It was first known as the D. S. S. Still College of Osteopathy but was later changed the Des Moines Still College of Osteopathy. A phenomenal growth and a faculty of the best in the Osteopathic world has placed D.M.S.C.O. among the first of the Osteopathic institutions. I have chosen D.M.S.C.O. as my Alma Mater, believing that this college meets all the requirements that an institution of its kind should, and will ever work for the advancement of the science. I will strive constantly to carry on the work, and to uphold its traditions and honor."

8. Freshmen shall hold open the door of the school building and allow the upper classman to enter the building first.

9. Freshmen must assume a statuete position, with the index finger pointing to the button on cap, when any upper classman calls, "Button. Freshman!"

10. No freshman shall wear a mustache of any kind.

11. All Freshmen shall learn school song, "We're Osteopaths."

12. Freshmen shall sit in the front seats on the right side of chapel.

13. All rules will be strictly enforced until the last of the semester, and any violation of same will be dealt with by the Sophomore Council and enforced by the Sophomore class.

Senior Wins Swim Event

A. P. Warthman, a member of the senior class, brought addition honors to the college when he won second in the two mile swim in the Y. M. C. A. Aquatic Meet held at Brooks Lake, Sept. 11th.

The meet was open to anyone in the city and some of the best local talent was entered in the various events. Warthman was presented with a silver medal for his efforts.

Fraternity Notes

(Continued from page 2)

an extended water trip through Iowa. "Ike" was running competition to "Red" Grange, having peddled ice all summer.

Bro. Shaw, the tent dweller, preceded Bro. Cudden by just a few hours. After touring for twenty weeks his improvement in the game of billiards is very remarkable.

Quite a few of the boys seem to enjoy a good, sociable game of billiards of late!

Brothers Jones and Platt arrived in a canary colored "gallop," freely bespattered with Iowa gumbo mud. Platt is still blowing away on his big bass horn. As yet he hasn't lost any teeth.

The accumulation of big, high powered cars has so congested our driveway that it became necessary to put traffic and parking rules into effect.

The two Canary Birds in the Crows Nest refinished last year's roost in an alluring grey. Now they have the nerve to call themselves Interior Decorators.

Brother Belf need have no fear of starving after getting in the field. He should always be able to get a job as a paper-hanger. He can paper a whole room in three days!

Old 4. Q. gave us a "lute" warm reception. The squirrels used it for summer quarters and so we found plenty of nuts lying around. The interior decorations were unmolested and still hold their place, with a few additions here and there. A strong trio from Indiana and Mishigan now occupy the room.

Beta Chapter wishes to announce the pledging of the following men: Ralph Lang, John Wigal from Dayton Ohio; Lester Nowlin, Decatur, Ill.; Harold Cudden, Sycamore, Ill.; Robert DeVries, Capitol of the World; Hollis Morrow, Saginaw, Mich.; Orlando Smith and Alfred Newton, Marietta, Ohio and Taylor, McCook, Nebraska.

On Wednesday evening, Sept. 22nd, the Freshmen enjoyed a smoker at the Chapter House. Dean Schwartz gave a splendid talk on a subject of vital interest to all the men present. After the evening's program a delightful buffet luncheon was served. Every one went home reeking from tobacco smoke.

Beta Chapter feels highly honored in having one of the first men of the Chapter on the faculty, Dr. B. L. Cash, who is in charge of X-Radiance and laboratories.

The annual Pledge Dance was held at the Chapter House on Saturday night, Sept. 25th. The program of dances began at 8:30 o'clock and lasted until 11:30. Dr. and Mrs. B. L. Cash were the chaperones. The best of times.

Brother Rohde has two live owls to sell. They are from pedigreed stock. Information cheerfully furnished.—(Adv.)

Sleeping sickness afflicts the minds of most people.

FIELD MEN---

The increasing number of Log Books that are being returned each issue for want of correct address makes it imperative, from a financial standpoint, that drastic measures be employed to eliminate this unnecessary expense.

The Log Book is published and mailed gratis to the members of the profession and to those interested in the work of the profession, and all the college asks is your co-operation to the extent of promptly notifying the Secretary of your change of address.

Please notify the college direct as there is no postal provision for the forwarding of mail of this classification. Help us cut down the expense by filling in and mailing the coupon below.

THANK YOU!

CHANGE OF ADDRESS

Name _____

Old Address _____

Town _____ State _____

My New Address is _____

Check Here If You Wish The Log Book Discontinued ☐

Entered as second class matter, February 3rd, 1923, at the post office at Des Moines, Iowa, under the act of August 24th, 1912.

THE LOG BOOK

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VOLUME 4

OCTOBER 15, 1926

NUMBER 7

D.M.S.C.O. Band a Reality



In assembly, the 8th, Dr. Virge Halladay announced that the band of D.M.S.C.O. was to be a reality and not a mere possibility.

A list had been circulated during the week preceding the meeting and a representative number had already signed up. Several added their musical ability then and there. So that in the very near future we expect to witness the first appearance of "Sousa's Rivals."

There is no reason available why D.M.S.C.O. should not have an excellent band. With a student body the size of ours there are surely enough tooters of sufficient experience to qualify. Last year's organization was quite creditable. The only criticism being that it didn't last long enough. Let's make it a permanent organization this time. Every one of you fellows who ever thought about playing anything from dinner bell to a steel saw or comb, come "out for the band." We might be able to raise the roof sufficiently to necessitate a new building.

Food With a Kick

At a reception at the Royal College of Surgeons in London the president gave a light and humorous discourse on The Psychology of Animals Swallowed Alive. He said the subject occurred to him when wondering whether animals which swallowed their prey alive endured discomfort from the efforts of the prey to get out again. He found that a fish provided with powerful teeth for the crunching of coral upon which it lived, when swallowed alive by sharks often gnawed its way out and escaped.

Mr. Kipling told him that on seeing a grass snake in his garden swallow a frog he had the snake killed and opened, when out came the frog still alive, though covered with slime and showing some marks of the snake's teeth.—Dayton News.

Diner — How do they make hash here?

Waiter—They don't make it—it accumulates!

General Clinic Rushed

Since the opening of school the General clinic has been kept busy with a steady influx of new patients.

A new plan has been inaugurated in this department and is proving quite successful during the brief time it has been in operation. The three classes that are taking the work have been divided into two sections, thereby enabling the individual student to come in closer contact with the cases that are examined before his section.

Another 1926 innovation is in the method of examining the patients. When a new patient registers in the clinic, he is assigned to the student who is to treat him. The student then takes a complete case history and makes his examination and all necessary and indicated laboratory tests. When this has been completed, the patient is taken before the clinic and examined. Following this, the Clinician or his assistant goes over the student's examination in the treating room, makes such corrections of diagnosis as are indicated and demonstrates personally just where and why the student has fallen down. The student is then graded accordingly. In this manner it is intended to train the students in the taking of thorough case histories and to make the proper deductions from their physical and laboratory examinations. The new system is proving quite successful.

The cases coming before the clinic this semester have been exceptionally good and above all, varied. The customary "perennials" being a marked minority so far.

Grad Marries



Dr. R. B. Gordon of the class of May '26, was recently married to Miss Louisa Peterson at Madison, Wisconsin. Congratulations, n'everything, Dick!

"Here's my bill," said the surgeon. "Wish you would pay down \$100 and then \$25 per week."

"Sounds like buying an automobile," said the patient.

"I am," said the surgeon.

Atlas Club Formally Opens New Home



ATLAS CLUB HOUSE

2141 West Grand Avenue

The new home of the local chapter of the Atlas Club was formally opened at a reception given Sunday afternoon, Oct 3rd.

The club is to be congratulated upon the securing of the new chapter house, which will prove a real home for them. Furnished in a very tasteful manner, the intangible atmosphere of a "frat" house is first that greets the visitor. A large entry hall with a homey fireplace and spacious lounging rooms take up the entire first floor. The second is devoted to study rooms, and the third to dormitory sleeping accommodations.

The afternoon hours were devoted to informal entertainment of the guests and inspection of the house. The wives of the married members served tea. The Music Masters Orchestra provided the musical diversion. Faculty members, local field men and the student body attended.

O. B. Assistants Named

At a recent meeting of the Board of Trustees of the college the following students were appointed Assistants in the Obstetrical department under the direction of Dr. R. B. Bachman:—L. W. Jameison, Sen. A.; Lloyd Mitchell, Sen. A. and Thomas Lee Wilson, Sen. B.

The Clinic has been doing excellent work so far this year and the amount of work that is available to the student is unequaled in the profession.

ALL RIGHT

Patron—I say, waiter, isn't this an incubator chicken?

Waiter—I dunno, boss; why?

Patron — Well anything that ever had a mother could never grow up to be as tough a bird as this!

Neal—I hear you have a new boarder.

Vera—No; it's just a little rumor.

Still Drops Season's Openers

Although the grid warriors of Still college have dropped the first two games of the schedule to strong and worthy opponents, Coach Frank Sutton feels that his men will yet come thru and round out a successful season. The first game of the year was lost 12 to 0 to parsons at Fairfield, while the following Friday a powerful Haskell Indian eleven swamped them to the tune of 55 to 0.

The contest with Parsons began with both teams resorting to frequent punts and the visitors having the best of the kicking game. However, an end run and a short pass back of the goal line by Parsons scored the first touchdown and the Osteopaths could not overcome this advantage of the first quarter, even though they fought gamely to the finish.

The home team added another touchdown and goal in the third quarter when they recovered a short punt and dashed through guard on a cut back play twenty-five yards to the line. With the score 12-0 against them the Suttonmen made a strong bid for a touchdown by recovering a fumbled punt on the fifteen yard line of their opponents. But the Parsons line turned back four straight plays and the opportunity was lost.

The following week our squad journeyed to Lawrence, Kansas, and engaged the powerful Haskell Indian eleven. The Indians have one of the greatest teams in the country, and smothered the Stillonians under a slashing running attack led by McGrane, an All-American candidate this season.

Coach Sutton believes that the Indians have their greatest team this year and predicts that they will make a wonderful showing. The Osteopaths did their best and were highly complimented by the winning mentor for putting up such a battle against odds.

The Still backfield has been quite a problem this year but it looks like a fast combination has been developed with Russell and Shaw at halves, McIntosh at quarter and Devine at full. Plude, a local high school star, is also making a fine impression with his line plunging. The open field running of Cassis, a Marietta high school boy, will very likely land him a regular berth before the end of the season.

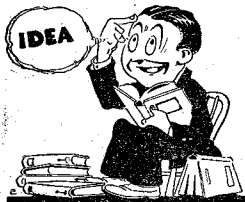
The old stonewall line of the Stillonians did not function in

(Continued on page 4)

Name Wanted For D. M. S. C. O. Teams

What'll we call the team? That's the hue and cry around the Halls of Larnin' since the Dean announced in assembly that a prize would be given the student turning in the winning cognomen.

During the past years, the college athletic teams have been forced to fight their battles without the support of an appropri-

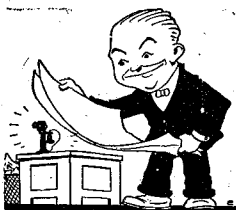


ate title. One of the local sports editors, realizing the need, dubbed the football team the "Bone-setters" but this name did not meet with unanimous approval. As a result, the present method of finding a suitable title was evolved. The prize will more than likely consist of a trip with expenses paid to one of the out-of-town games this fall.

To date several highly appropriate names have been handed in to the committee, and everyone is looking forward with great anticipation to next Friday, when the winner will be announced.

What'll we call 'em.

Homecoming Plans Forming



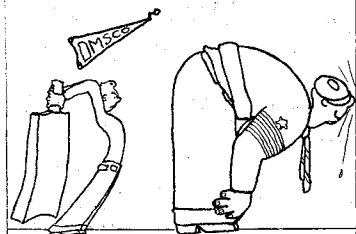
Plans are already being formulated for the third annual Homecoming of D.M.S.C.O. alumni, to be celebrated November 5.

The outstanding feature of this year's gathering will be the gridiron battle between the Purple and White and the Kirkville Rams. In addition to this super-spectacle, the Freshmen and the Sophomores will worry the push ball around between halves. A monster banquet and dance are planned for the evening.

All field men within traveling distance, whether alumni of Des Moines or Kirkville, are expected to be here. Plans are being made for your entertainment and care. This will be your opportunity to get back into that old college spirit again — renew acquaintances of your student days—see a real football battle—enjoy a hearty banquet and spend a delightful evening at the Homecoming Ball.

Alumni, plan your appointments now to enable you to be in Des Moines on November 5th. Write the Log Book or the Dean or the Secretary of the college, or anyone you wish to, that you are coming! Make it emphatic!

FRATERNITY NOTES



Sigma Sigma Phi

Beta Chapter of Sigma Sigma Phi takes pleasure in announcing the pledging of L. W. Jameison, Harry McNaughton and Harold Devine.

IOTA TAU SIGMA

Brother Jones, who received a broken wrist in football practice, is well on the road to recovery, although as yet he has considerable difficulty on a date.

Brother Shaw has completely recovered from the effects of his tonsillectomy. We enjoyed a few quiet days.

Brother Brenner, after making a fortune in corn salve, is seriously thinking of going into the "taxi" business. Anyone wishing to rent one of his high-powered cars can obtain full information from him.

On the evening of October 4th, Dr. E. E. Steffen, honored us with his presence at dinner and afterwards gave an interesting extemporaneous speech on "Democracy."

Through the kindness of Bro. Cudden, we are able to get the daily quotation of butter and eggs. He is not from Peoria, however.

One of the Health Cars in our yard was given a new coat of ten cent store enamel. It is quite a "Doggie" affair now.

Those looking for advice may have the following: It is well to play billiards only with familiar friends and recite poetry with a poet.

All great men have their hobby. Bro. Russell's is picnicking. He is some little picnic-her, "We'll inform the universe."

From all indications Bro. Baylor is taking a correspondence course from Still University this year.

The Kelly Club is making plans for a Mammoth Parade on Oct. 23rd. All members are requested to be present at this time. New members will be christened into the Order.

P. S. G. NOTES

Jack Cavanaugh says that as it is beginning to get cooler, his about town car "What Price Glory" will soon burst forth with a new top.

The "Mighty" Widmer is sure going big selling "Limb Encasements." We don't know what the Real Silk people would do without him. "If they don't buy, I just draw myself up to my full height and bully them into it," he said in a sales talk article in the Register and Tribune last week.

Peelee Lee and Otey Lashlee

of St. Louis, will be able to get some sleep now that the world series are over and the Cardinals won. The games were quite a big strain on them, but the little fellows are recovering rapidly.

Moco Elsea is having a terrible time. He got himself a pair of glasses — and still his patients think he is just a kid. "When I get my growth and can arise a mustache, maybe you folks will take me seriously," he tearfully told a benevolent old lady who tried to give him a lollypop.

Dusty Dorwart says that he disagrees with a recent article he read in regard to "The Effect of Sympathectomy on Spastic Paralysis of the Extremities." He says that no one could possibly, in a brief paper, do the subject full justice. He states that he and Dr. Joe Morgan are compiling a work on this that will be a veritable "Bombshell" in the scientific world.

Ronald Francis Cummins has sent in his dime to the Register and Tribune to join the "Bluebirds." We hope he gets his pin because he has promised to let us all have a turn at wearing it.

A card was received from Bro. "Lon" Scatterday announcing the opening of an office at Worthington, Ohio. Everyone that knows Lon wishes him the best. "Malred Milk" Morgan, who works at Browns Drug after midnight, wants to find a job working for his meals. There's three hours of the twenty-four he don't have a darn thing to do but sleep.

Adv.—WANTED: Students with ailments; anything from dandruff to fallen arches. Any Senior. Announcement was received of the opening of an office at Baltimore, Md. by Bro. Russell Gladieux. You can write Russ at 204-205 Professional Bldg. Russ is going to John Hopkins, now.

Harold—Get rid of that new blue blazer. Every since Jennings started wearing that sport coat, he has had to hide to keep away from the girls. What's happened to our boy?

There is a rumor around that Ralph Davis has changed his views on paddling. Heretofore, Dutch has always been strong for the shingle. "It's a good rule," he said, "but I'd like to be the exception that proves it."

"It only shows to what length some people will go" says Fred Stewart (the piano-thumpin' pledge) while looking at M. D. Cramer go down the street.

ATLAS CLUB

Three smiling Sophomores, — Bros. Smith, Nicholsen and Rickenbacker, have cleared their misplaced eyebrows. Congratulations, boys. But then, there is a sad thing about the Sophomores, Bros. Ted Evans and Musleman have entered the contest.

Skinner and Doyle have a few keen dates left. Place—Waterbury Circle. For particulars, see Skinner.

Dr. Frank Heibel of Jan. '26, class, who is practicing at Iowa Falls, was a guest of the House when in Des Moines.

Thursday evening, Oct. 7th, the club held its practical work. Dr. (Continued on page 4)



Around Our Merry Campus

YEA, BO!!

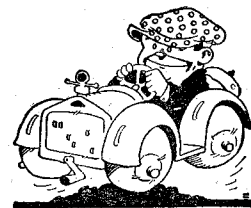
A Scotch wife nagged and nagged her husband until the poor fellow died. Then she was sorry, very sorry, so she erected a fine stone over his grave on which she had carved the following inscription:

"Rest in peace until I join you."

Did It Ever Occur to You

She sat on the steps in the eventide
Enjoying the balmy air;
Said the Frosh "May I sit down beside you?"
And she gave him a vacant stare!

OH! HO!



Jack C.—Say Mike. I bought a set of balloon tires the other day. Mike Hannon—"Sat so, Jack? I didn't know you owned a balloon."

Billy—Are you going to the dance Friday night?

Betty—I don't know. You see, I have only one dress which is fit to wear and Mother says that I must wear that or nothing, and I positively refuse to wear it.

Billy—Will you go with me?

The tourist from the East had stopped to change tires in a desolate region of the far South. "I suppose," he remarked to a native onlooker, "that even in these isolated parts the bare necessities of life have risen tremendously in price."

"Yer right, stranger," replied the native, gloomily, "an' ain't worth drinking when you get it."

BABE IN ARMS

Inquisitive Suitor — Johnnie, why do you call your sister Babe? Johnnie—Well, ev'ry time I look in the parlor she's in somebody's arms an' talkin' like a baby.

The Log Book

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President C. W. Johnson

Editor Don Baylor

Osteopathy Without Limitation

Thanks, Doctor!

Seattle, Washington
D.M.S.C.O. Log Book:

I just received the September Log Book. I must express my appreciation of the wit shown in the "Around our Merry Campus." It does an old fellow good to laugh once in awhile. May all the departments of your paper prosper.

R. S. Shepherd, D. O.
P. S.—I have one your school's diplomas.

A GREAT MEDICAL DISCOVERY

Diseases May Be Traced to Obscure Subluxation of Joint

After summing up the stories that appeared in numbers of papers about the findings made by the staff of research workers of the Cornell Medical College, that diseases affecting the vital organs may be traced to an obscure subluxation of a single joint, the Philadelphia Record in an editorial says:

"Apart from its message of hope for countless sufferers, there are two aspects of this announcement which are of the highest interest. First, the research has been supported by a 'whole-hearted co-operation of the staff of Cornell Medical College, by dissection, study of the human skeleton, experiment upon patients and x-ray examinations; hence the discovery is backed by important medical authority. Second, the theory described as new has been widely applied outside the profession for fifty years, and until recently was denounced by regular physicians as a preposterous fallacy.

"As everybody knows, osteopathy is a system of treatment based upon the theory that structural derangement of the body is the predisposing cause of disease; that such derangement produces nerve irritation and local congestion which disturbs the blood supply and the nutritional and functional processes, thereby weakening resistance and promoting the inroads of countless maladies; and that by proper structural readjustment the natural processes are restored and enabled to rebuild a healthy organism.

"This is precisely the principle which the Cornell scientists have successfully applied. They have traced the cause of a score of ailments affecting vital organs

(Continued on page 4)

BRANCHING INTO ATHLETICS

(The following is the second installment of a series of articles prepared by Dr. H. V. Halladay in reply to the numerous requests for information relative to this type of work. Save each installment and have the complete story when finished.)

Chapter II.

We left you with your shirt off ready to go to work. Your first job is to go over each boy and give him a thoro physical examination. Why? You know as well as anyone that there are many boys whose greatest desire is to play football or take part in athletics, regardless of being physically fit for the game. They are running on pep and nothing else. They will hang on longer than one who is not in quite as good shape, but they will come out of the game completely exhausted and are really doing themselves a grave injustice, regardless of their enthusiasm. Also for your own information you want to know something in advance about these boys. If you do discover any conditions that may influence their work, report it to the coach and warn the boy, himself. Watch the boys in scrimmage. Try to figure why some always lag. Your business is to watch them, physically.

Your greatest number of injuries will be of the muscular type and these will occur mostly in the first ten days of practice. The most of the boys have had very little, if any, summer training, and here they come into strenuous physical training—straining every muscle beyond its power of endurance. The result is a series of "Charley Horse" cases. These will make up twenty-five percent of your total injuries, so you must be prepared to properly take care of them.

This chapter will be devoted entirely to the care of this type of injury; the remaining seventy-five percent will have to wait.

When we think of the pathology of this muscle injury, we picture a bruise of soft tissue. There will be the usual resultant infiltration of blood around the part and consequent swelling. Nature has started the repair immediately. But in the process Nature takes her time, and that means considerable loss of playing time to the boy. He resents this and uses the limb and aggravates the condition. Suppose we have a case here. A boy has suffered a strain or trauma affecting the heavy muscle of the front of the thigh. Get him to the gym as soon as possible. The sooner the better. If you can get this case within twenty minutes, you will save hours of suffering. DO NOT start in by manipulating over the injury. This will cause more contractions to start up. Leave the swelling alone as far as manipulation is concerned. Apply immediately alternate hot and cold packs. Two minutes hot—and we mean hot—followed by one minute cold, and keep this up for about thirty minutes.

(Continued on page 4)

The True Dietetics

A woman may be able to put her foot on the starter and steer the wheels when they get going, but that does not make her a mechanic. And there is many a general practitioner with an itemized list of food for this, that and the other complaint, who is not a dietitian.

Dietetics in a true sense is much less an empirical compilation of food lists and much more a scientific application of chemistry and physiology than seems to be widely recognized by the general practitioner. Often a notebook full of hastily jotted "menus" collected under various heads of specific diseases constitutes a training in dietetics. But it is emphatically true that a real training in dietetics as a science of bodily care and repair is not based on food lists.

The student of organic functioning, who knows the physical and chemical changes during digestion; the locale of digestion and absorption for each kind of food; the specific value each type of food has in the body; something of the relative proportions of foods in a mixed diet and a definite notion of comparative "digestibility" and "availability," is well on the way to being a practical and scientific dietitian without a menu card in his file.

Except in the instances of definitely and specifically metabolic abnormality, dietetic treatment can be correctly developed on the basis of the above items. The extent to which a general practitioner may be successful in this kind of food therapy depends only upon the extent and accuracy of his knowledge of foods, chemistry and physiology, and his ability to apply and correlate that information.

The use of previously devised, stereotyped food lists is a superficial way of dealing with an important treatment. It cramps prescriptions into the limits of one's memory for minute food details. It is likely to lead to a monotony which results in partial loss of the very food value that is being counted on.

Prepared menus are too frequently taken from booklets advertising a proprietary or commercial food and biased accordingly. The true dietitian is one who builds upon a fundamental knowledge. He proves and justifies himself at every step. He is in no danger of being lead into by-paths of food fadisms by somebody's hear-say. The man who knows body laws knows food laws. He need search no further for information.

Oleo — It's terrible, terrible. Tom's got amnesia.

Margarine — Why should you worry?

Oleo—He owes me five bucks!

"Hiram, why didn't you tell me this here Ford didn't run afore I bought it?"

"Wal, the feller thet sold her to me didn't say nothin' about it so I thought it was a secret."

Frosh Warble Corn Song

The Freshmen class recently demonstrated their ability as songsters in response to an edict of the Sophomores by appearing in assembly and rendering the Iowa Corn Song and also the D.M.S.C.O. version of the classic. Under the able tutelage of Ralph Davis of the Senior class they also proved efficient at the art of yelling. Pep will not be lacking at the football games this fall.

The assemblies so far this year have been marked in their tendency towards music and it is hoped that the Big Brass Band will soon materialize and save our tonsils and "larynxes."

Dr. John Woods procured an excellent speaker in the person of the Rev. Mr. Brooks, pastor of the Grace M. E. church of the city, who addressed the student body on the subject of "This Marvelous Age of Adventures," referring to the unprecedented progress that had been made, comparatively recently, in the world of science. In connection with the old saying, "Knowledge is Power, Power is Knowledge" that Power is indeed a wonderful thing if only the energy is directed along the right line.

His address was intensely interesting from beginning to end and the student body is looking forward with anticipation to his return at an early date.

From the Field

Dr. L. C. Scatterday of the class of May, '26, has opened offices at Worthington, Ohio.

Dr. Garry Brown also of the class of '26 is planning on locating in California.

Dr. Amorette Bledsoe, May, '26 announces the opening of offices in Raleigh, North Carolina. Dr. Bledsoe is specializing in diseases of Women and Children.

The following excerpts from a letter from Dr. O. H. Olsen, Jan. '26, who is interning at the Detroit Osteopathic Hospital.

"We have been awfully busy here—and trying to absorb as much knowledge, as patients of all kinds are admitted here. We (internes) have our various departments to take care of—plus daily routine—as anaesthetist, as sistant anaesthetist, assisting in surgery, laboratory technician and House Physician. There being five internes, we are kept busy—and we have a wonderful library and we try to spend as much time as possible reading on various cases, etc.

"Since being in Detroit I have seen several from D.M.S.C.O. Drs. Laird, Woofenden, Sechrist, Huddle, Brady, Herzfeld, Aikens, Leonard—and we have a 'chat' when time permits.

"How is the enrollment this year? Here's hoping for the biggest and best year Still has ever had."

ON A DIET

I'd like to see some shirts for my husband. Soft ones, please, the doctor has forbidden anything starchy."

BRANCHING INTO ATHLETICS

(Continued from page 2)

These thirty minutes now will save you hours later and will in some cases get the case up the next day without much pain or suffering. Following the packs, manipulate the muscle around the point of injury to within about one inch of its margin. DO NOT start chopping the muscle with the edges of your hands like an old fashioned butcher chopping a piece of round steak. That is not considered good practice now. Normalize the part of the spine that has to do with controlling the involuntary impulses to the arteries that in turn supply the injured muscles.

Try this once and you will be surprised at the results. The response is in proportion to the extent of the injury. The slight injuries naturally respond much quicker, but let one go for a few hours without treatment and note the results.

If you have an understanding with the coach in the beginning and you say a boy will have to lay off three days, the coach knows you mean it and that it is best in the end. Don't let them out too quick, and keep them on light practice until you feel that they can go in without being carried off the field in a few minutes. Repeats should be rare unless acquired accidentally. If you are getting repeats there is something wrong with the way that boy handles himself.

Also look for chronic lesions in the area of the spine associated with the origin of the motor nerves to those sensitive muscles. Find it, fix it and let it alone. Watch for injuries to the abdominal muscles. A strain here, not always mentioned by the boy, may lead to hernia later on. Study the leg muscles. They may contract, and while not completely disable the boy, may lead to foot trouble.

So far you have needed nothing but your head, hands, towels, hot and cold water.

A GREAT MEDICAL DISCOVERY

(Continued From Page 3)

and remote parts of the body to nerve irritation due to an obscure dislocation of a single joint; and instead of trying to reduce the symptoms by drugs they erase them by eliminating the cause through a mechanical correction of the misplacement which is the seat of the whole trouble.

"The physicians, says the dispatch are still mystified by their success. 'We know we have done it,' the say, 'but the question is, how did we do it?' They are seeking 'the connecting link which they are certain exists between the sympathetic nervous system and the sacro-iliac joint.' Yet this very link was one of the initial discoveries of Dr. A. T. Still, who founded osteopathy in 1874. Far from being a new revelation, it is described in the

Encyclopedia Britannica in these terms:

"A gross, frequent, palpable and easily distinguishable lesion is that of the sacro-iliac articulation. It is highly productive of functional perversions of the sciatic nerve, pelvic viscera and the body equilibrium. Before Dr. Still's founding of osteopathy in 1874 anatomists described this as an immovable joint. He demonstrated the opposite by recognizing it as a moveable joint and correcting its derangements. This disturbance was among his first citations and teachings as an example of osteopathic lesion. Only within the last few decades have other schools of medical practice recognized that this articulation is subject to this lesion and its resulting pathological disturbances."

"No one will withhold from the Cornell scientists the tribute due to their devoted work, the success of which brings new hope of relief to countless sufferers. Yet is it a matter of incontestable record that the theory they have now demonstrated has been fundamental in osteopathic practice for half a century, and that its application, now indorsed, has been persistently decried by the medical profession as a species of charlatanism.

"It would be presumptuous for lay opinion to pass judgment upon the merits of any rational system of treating human ills. But surely the Cornell demonstration should create between medical science and osteopathy a more friendly spirit and a more fruitful co-operation in the service of the afflicted." — (Kingston, Ont., British Whig).

Are You Looking For a Location?

Dr. Chas. F. Frazer of Escondido, Calif., writes that he still has the best practice in California. Twenty-six years and never lost a patient. He states further that his work is strictly cash and that on account of his age he is ready to retire but does not want to leave his patients without someone to treat them. Anyone wishing further information relative to Dr. Frazer's practice may write him direct.

emptys cuming back
have you ever sat by the r. r.
track
& watched the emptys coming
back?
lumbering along with a groan
and a whine—
smoke strung out in a long gray
line
belched from the panting injun's
stack
... just emptys cuming back.
i have ... and to me the emptys
seam
like dreams i sumtimes dream—
of a girl ... or munney ...
or maybe fame ...
my dreams have all returned
the same,
swinging along the homebound
track
... just emptys cuming back.

—Annapolis Log.

Fraternity Notes

(Continued from page 2)

Soule instructed the Brothers in First Aid, especially in Artificial Respiration and Bandaging.

Last week Pledge Fedson received his passport from "Little Sweden" and spent the week-end with his folks at Austin, Minn.

We advise Bro. Brinkman not to write his girl's telephone number on the back of his calling cards and leave them around the house.

Bro. Van Ness says our boys were making a fair showing against the "Redskins" till the squaws paraded along the sidelines into the bleachers. Then the "Braves" spirit burst into bloom. He asks the support of Still's fair oc-eds at the next game.

The club announces the pledging of Norman Weir, Ames, Io., Forrest Schaeffer, Grove City, Penn., Wm. Jones, Martins Ferry, Ohio, Laverne Utterback and Maurice Gann of Perry, Iowa.

The Atlas Orchestra got together for the first time. What cultured noise! Skinner and Gann, sax; Utterback and Damm, clarinet. Ole and Rick, trombone, Fedson, cornet; Sifling, violin; Richy, piano.

On Friday evening, Oct. 8th, the wives of the married Bros. gave a pot-luck supper at the House. It was sponsored by Mrs. Woods, Mrs. H. V. Halladay, Mrs. Robt. Bachman, Mrs. Fred Campbell, Mrs. Wm. Ghost, Mrs. P. Wartham, Mrs. G. Knowlton, Mrs. Roy Lypps, Mrs. G. Dutt, and Miss Mildred Trimble. It was the first dinner of this type, thanks to the cheerful homemakers.

Later in the evening the actives opened the season by giving a dance for the Pledges. The music was furnished by a snappy orchestra. The decorations were in "Freshman Green." Balloons were hung throughout the house, bearing the name and state of the Pledges. The ability of the Pledges as "Hoppers" was demonstrated in a special number, after which they were introduced to the guests of the House.

The Sophs in 202 expect to have their Yellow and Green Racer in good physical condition by another week. It is rumored that they intend to travel to Pella in it, but it is a question among the Brothers—whether its "Mechanical Condition" warrants the trial.

Eddie Grove is still following up the Orpheum circuit, EXTRA! Brothers Park and Rockhill spent an evening at home.

It's about time for Bro. Sifling to be stepping out with another fire sale tie.

To generate Hydrogen, — ask Doyle for technique.

In the general clinic of the House, Bro. Brown successfully demonstrated his instruments in a heart and proctology examination and was capably assisted by Bros. Damm and Schaeffer. All patients reported as doing well.

DELTA OMEGA

The Deltas have enjoyed two delightful parties this rush season. The first was a pot-luck supper given at the home of Jessie Leftwich on Friday night, Oct. first. Several field and honorary members, with the junior members of the Wood and Halladay families, were present.

The other party was in the form of a progressive dinner. The three courses were given at the homes of Mrs. C. F. Spring, Mrs. Arthur Kenworthy and Mrs. H. V. Halladay. Two of the cars in the rush and anticipation of arriving first at the next course narrowly escaped colliding. Miss Johnson—with no great effort, either—was refrained from tabulating either total or individual (especially fudge) caloric intake for the evening.

Still Drops Season's Openers

(Continued from page 1)

the first two games but the local coach has put in a lot of time on this department and feels that he now has the weak points strengthened. Dornbush has been snapping the ball from center and is flanked on either side by Captain Graham and Parks. Jones and McIntosh have also worked well at guard. At the tackles Lillard and Walker look to be the best. Sheets and Ross take care of the wings, with Loghry and Van Ness also doing well.

"What does 'Sic transit' mean?"

"Ambulance service."

HORRORS!

The night was dark, and the hour late, when the lone merry-maker advanced unsteadily toward the concrete lamp-post. Gingerly touching the rough surface he felt about until assured of solid support and then leaned back, resting. After a few minutes, deciding again to pursue his alcoholic path, he turned and felt carefully about the surface of the post. Round and round he walked, never taking hand off the concrete.

Amazement gave way to despair and at last, sinking down on the pavement, he gasped:

"My God, I'm walled in!"

NOW YOU TELL ONE

One Farmer—Out where I come from the squashes grow so big we have to haul them in with a team of horses.

Another One — That's nothing; out where I live the corn grows so fast that we have to keep two men at the base of each stalk to chop the ears off as they go by, and one day one of the fellows missed the ear and it caught under his belt. By heck, you may not believe it, but it carried him up so far that we had to shoot dog biscuits up to him with a shotgun to keep his from starving.

This is a nervous existence; even in the grave we go to pieces.

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THE LOG BOOK

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VOLUME 4

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NUMBER 8

Gridders in Their First Victory of Season

Pirates! Daring, dashing Buccaneers of the gridiron swept down upon little Central College at Pella in the fourth game of the season and fittingly carried their new moniker, Pirates, to a well deserved victory, 14-13. It was a fighting Osteopathic eleven that came back in the second half after a listless first period to tear through the Dutchmen and snatch a belated victory.

A line plunge by Shaw from the two-yard line and a place kick by Myers gave the Stillionians seven points in the first quarter. This lead was soon overcome by Central when two touchdowns were scored in rapid succession. The first resulted from a 25-yard enemy march after a blocked kick. The second was a gift by the Still backfield who fumbled in a mixup and allowed Rowland, alert wingman of the Pella team, to scoop up the oval and race fifty yards to the goal. Only one point after touchdown was scored in the two tries.

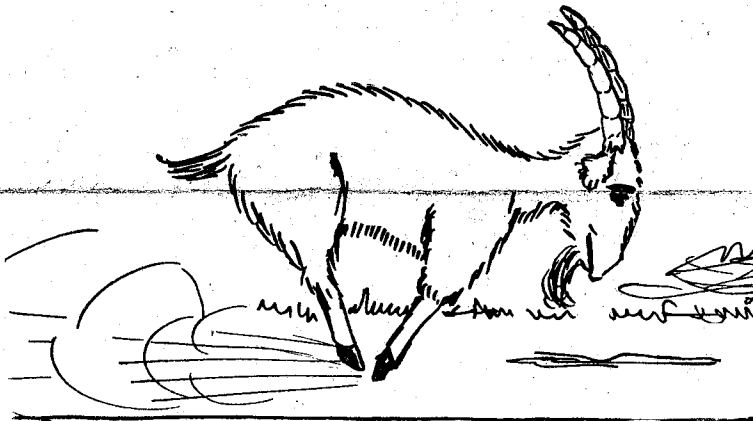
The Centralites grew careless in the last quarter and heaved a pass into the territory of "Flash" Loghry. The fleet Pirate wingman leaped high to snatch the spiral and dashed fifty yards to the goal line outrunning a hoard of Dutchmen. "Race" Myers crowned the victory with a place kick for point straight through the bars.

Flying high the Skull and Cross bones, Coach Sutton fighting eleven met a strong Simpson team at Indianola the following Tuesday and staged one of the greatest battles in Still's gridiron history. Practically the whole contest was played in Simpson territory and it was only in the third quarter that a long runback of one of Platt's accurate punts placed the Indianola lads in position to boot the winning place kick from the 20-yard marker and win 3-0.

Perhaps the Stillionians will never drop a contest in which they were more deserving of victory than this one. In the second quarter a perfect place kick from the forty-eight yard line by Myers was ruled out because an official called a Stillonian off-side. In the final minutes of the fray, Platt hurled a 30-yard pass to the fleet Loghry who barely

(Continued on page 3)

The Rams are Coming--



K. O. C. Headed for D. M. Homecoming Plans Are Completed

Word has been received by the college that the K. O. C. gang is coming up for the homecoming battle between the Rams and Pirates one hundred per cent strong. Special railroad accommodations have been secured for those not riding puddle jumpers.

The student body of D.M.S.C.O. are planning several social features in honor of the visitors. Fraternities and sororities will attend the wants of visiting brothers and sisters.

This will be D.M.S.C.O.s' first opportunity to reciprocate for the excellent times had in Kville at the last two games. All K. O. C. is urged to come. The more the merrier!

College Honors Frosh

The annual College Reception and dance in honor of the Freshman class was held Friday evening, October 15, at the Hoyt Sherman place. Music for the evening was furnished by Al Levich's Serenaders.

The Faculty turned out in full and the student body attended en masse. A very enjoyable evening was had by all.

RIGHTO!

Wally: "If a fairy should appear to you and offer you three wishes, what would you do?"
Sam L. "I'd sign the pledge."

Deeds speak louder than words.

The stage is all set and we are now ready to go for the third annual D.M.S.C.O. Homecoming.

The morning will be devoted to assemblies and pep meetings at the college. The noon hour will be given over to various fraternity and sorority luncheons.

The feature attraction of the day will be the gridiron battle with the Kirksville Rams who have been pointing for this melee throughout the entire season.

Coming up to the City of Certainties for the fray they are more than anxious to annex the Pirates flag. In the last three games that have been played, Kirksville has succeeded in taking the long end of the score in two of the contests and last year's "snow fight" was a tie. The Pirates are somewhat crippled at this time, but Coach Sutton hopes to have all the regulars on the line for this game.

Between halves the annual Frosh-Soph pushball battle will take place. Some lively fun is expected at this event as the feeling has been running high between the two classes since the opening of the term.

(Continued on page 3)

Official from Canada Inspects Our College

The college was recently honored by a visit and inspection by Dr. R. B. Henderson, chairman of the Board of Regents of the Province of Ontario.

Dr. Henderson is on a tour of inspection of the States, visiting all the colleges, hospitals and institutions connected with the various forms of therapy that come under the jurisdiction of Board of Regents.

Speaking before the student body, the Doctor outlined the short history of Osteopathic affairs in the Dominion, particularly in his home province of Ontario. The greatest draw-back to progress, he stated, was politics. In urging the "first-class" students to come to Canada, Dr. Henderson stressed the necessity for thorough ground work in Diagnosis and Technique. He further stated that he was looking forward to the time when real Osteopathic surgeons are turned out. "They must be qualified for the work—they must be born to it."

At noon Dr. Henderson was the guest of honor at a luncheon given by the faculty at Younkers Crystal room.

In the afternoon Dr. Henderson motored to Indianola with President Johnson to witness the Pirates bow in defeat to Simpson college.

On completion of his inspection of the college the Doctor complimented the authorities upon the management of the institution. "You have a live organization," he said. All schools look good, but there is more college activity here. You have men at the head of your organization with vision and heart."

Athletic Work Worth While

Since the Log Book started publishing the articles by Dr. H. V. Halladay, "Branching Into Athletics," several letters of commendation have been received from the field.

An excerpt from one letter from a practitioner in Kansas is as follows: "The experience I got while on the athletic work at Des Moines Still is serving me well. I am taking care of the High School football team and

(Continued on page 4)



Dud Smith Wins Free Trip to Central

Dud Smith was the lucky individual who won the free trip to the Central game for suggesting the winning name for our athletic organizations.

Smith's entry "The Pirates," was considered by the judges to be the most appropriate moniker of the hundreds handed in to the committee. The selection was made by vote after the field had been cut down to three possible titles, "The Storks," "The Bonesetters," and "The Pirates."

Practically the entire zoo was represented in the contest and some new specimens were announced that should cause considerable excitement in zoological circles. In addition to the animal kingdom, the insect world was equally well represented, and the humorous element of the student body came in for their share of the glory. One wise crack entry being:—"Sutton's Cervicals—They're Always in Lesion."

After all is said and done, we now have an excellent title for our athletic teams, Dud Smith was the recipient of the free trip, and the football team scored the first win of the season on their initial appearance under the new cognomen.

More Weddings

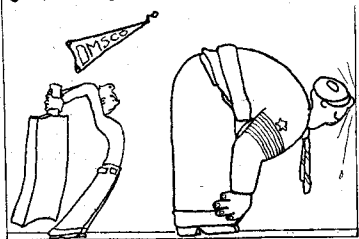


Mr. and Mrs. W. S. Erwin of Craig, Nebr., announce the marriage of their daughter, Vivian Fern to Dr. John R. Devereaux of Detroit, Michigan. The ceremony took place Wednesday, Oct. 20th, at the St. Ambrose cathedral rectory. A wedding dinner followed for twelve guests. After a short trip to the home of the bride's parents, the couple will go to Detroit, where they will make their home. "Devvy" graduated in the May, '26, class.

The marriage of Miss Minnie Mabel McBride, daughter of Mr. and Mrs. J. H. McBride of Polk City, Iowa, and Dr. Joseph Rader of Lorain, Ohio, took place Saturday, Oct. 23rd, at the home of the bride's parents. Dr. and Mrs. Rader left immediately for Cleveland, Ohio to visit the groom's mother. They will make their home in St. Louis, Mo. Joe was a May, '26, graduate and is to intern at the Crenshaw General Hospital in St. Louis.

Minister—Do you ever attend a place of worship on Sunday? Gerald BB—Sure, I'm on my way to her house now.

FRATERNITY NOTES



Sigma Sigma Phi

Beta Chapter of Sigma Sigma Phi announces the initiation of L. W. Jameison, Harold Devine and Harry McNaughton. Following the initiation the customary feed was enjoyed at the "Chinks."

IOTA TAU SIGMA

Brothers Platt and Loghry have incorporated a new club. The name of it is the Stay-at-Home Batchelor's Society. Both boys have turned down some of the best co-eds in the city and all for the girl back home.

Dr. Robert Bachman was our guest at dinner on Monday, October 18th. After dinner he gave an interesting talk on O. B. work.

We were Wright about the Red Lights!

There has been some high finance going on around the house of late. The firm of Nowlin & Wadkins has dissolved partnership and in its place is the firm of Wadkins & Brenner Inc. Brother Nowlin has mounted a rung in the ladder of success. He now drives a car of his own, one of those "tin types."

We have two representatives of John D's in the house now. We think they are "oil" right.

The two Cudden boys were out the other night. They both seem to have the same weakness, namely: Pooling.

Kold Kash Kale, the Kandy King.

Brother Loghry remarked the other day that he had two touch-downs in his system. We hope he has an opportunity to get them out on November 5th.

Brother "Runt" Russell is still in hopes of receiving his pin.

On October 23rd, Al Levich and Gang played for our annual Ice Men's ball. An innovation of the evening's festivities was the Kelly Club parade led by "Spider" Kelly himself. The ball was kept rolling all the time.

Extra! Brothers Wadkins and Russell surprised every one the other evening and studied.

Brothers Hovis and Kale are doing an Olson and Green up in the Crow's Nest.

Brother Gephart still puts in one hour nightly writing to the girl he left behind him.

Brothers Davis and Routan from Alpha chapter spent sev-

eral days with us last week. We are always glad to have men from the field and other chapters drop in and pay us a visit.

ATLAS NOTES

The boys were glad to hear from Brothers Woofenden and Voss, Detroit, Nelson, Belmont, Iowa.

Arden Nicolson of Austin, Minn., was a week end visitor.

Pledges Casey Jones, Ernest Fauss, and Donald Hughes have now moved into the house.

Wonder why Pledge Gann didn't go home over the week end.

Anyone wishing curtains hung consult Pledge Dornbush.

Our new Victrola has added much to the leisure time of the seniors.

Since the football picture has been taken Brother Van Ness does not know whether he will continue going out to practice as he missed being in it.

Brother Brown is now taking lessons in checkers from Pledge Stingley.

We are wondering where Bro. Finney got the new name for Bro. Phil Bryson.

Atta boy Eddie.

The club wishes to announce the pledging of Wm. Welch, Grove City, Iowa.

We are wondering if Bros. Musselman and Rockhill have acquired the Trypanosoma Gambiense. Objective symptoms point that way.

Pledge Monger interested the Brothers with a classic oration.

Mr. C. W. Jones of Estherville, Iowa, was the guest of Bro. Bernard Jones over the week end of Oct. 23.

The mystery. Who owns the unclaimed alarm clock that rings any time after midnight?

Can you inform us? Is the Co-tillion still doing business? Bro. Doyle has not given his weekly report.

Cam Ward is giving Ole Nicholson a course in letter writing.

The question around the house has been, "Who is the best salesman?" Bro. Heed or Bro. Brown. The question has been settled who represents the best instrument house. For information ask Pledges Utterbach, Gann, Hughes, Fauss and Hydeman.

Where did Musselman acquire the Collegiate sweater?

Football games have added much to the seniors throat clinic.

The boys are singing, "We have the team, we have the steam, but oh the assistant coach."

We have made a discovery. Damm and Ward are historians, but from a different national standpoint.

AXIS CLUB

We are very glad to announce that Dr. Brock, who is taking post graduate work, has affiliated with our organization. Dr. Brock was previously a member

(Continued on page 4)



Around Our Merry Campus

STUNNING RETORT

When the woman motorist was called upon to stop, she asked indignantly, "What do you want with me?"

"You were traveling at forty miles an hour," replied the officer.

"Forty miles an hour? Why, I haven't been out an hour," said A. L. J.

"Go ahead," said the officer. "That's a new one to me."

THIS ONE'S ENGLISH

"My dear," said the husband, going through his wife's household accounts, "why bills from four grocers? What's the good of running four different accounts?"

"Well, you see, dear," said the wife, "it makes the bills so much smaller."

3 IN 1 (HAIR) OIL

"I don't know whether to accept this testimonial or not," mused the hair restorer man.

"What's the matter with it?" demanded the advertising manager.

"Well," explained the boss, "the man writes: 'I used to have three bald spots on the top of my head, but since using a bottle of your hair restorer I have only one.'"

Elderly doctor (with his hand on the door knob): "Let me know if that prescription does any good. I'm troubled now and then with rheumatism, myself."

CAUSE FOR COMPLAINT

"I wish to complain," said Mrs. "Mac" Friend haughtily, "about the flour you sold me. It was tough."

"Tough, ma'am?" asked the grocer.

"Yes, tough. I made pie with it, and my husband could hardly eat it."

A STORY

Six-year-old Mary awoke at 2 o'clock in the morning.

"Tell me a story, mama," she pleaded.

"Hush dear," said the mother, "daddy will be in soon and tell us both one."

Beat the Rams! -- Homecoming Nov. 5

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY

President C. W. Johnson

Editor Don Baylor

Osteopathy Without Limitation

LOCAL MEDIC RAPS —AND IS RAPPED

The following articles recently appeared in the local daily papers. The reply is from the pen of Dr. R. B. Gilmour of Sioux City, Iowa, president of our national association.

DR. GLOMSET RAPS FORMS OF QUAKERY

What he termed the four major forms of quackery that exist today and are directly opposed to the scientific practice of medicine were scored in an address by Dr. D. J. Glomset who spoke at the Service club luncheon at Hotel Savery this noon. Faith healers, whom Dr. Glomset termed "highbrow quacks"; patent medicine advocates; osteopathy and chiropractic schools and teachers; and members of the medical profession who disregard all medical ethics, were listed as dangerous to humanity at large by the speaker.

"Osteopathy is doomed because the principles of the practice cannot stand up against the tests that the thirst for knowledge that characterizes the progress of scientific medical research requires," the speaker said.

NOT DOOMED

Sioux City, Ia.—To the Editor: The utterances of one who is patently prejudiced have no great effect upon his hearers but if that same statement is printed as news by a great newspaper it does influence many people. For that reason and because I am sure that The Tribune does not want to be a party to the spread of falsity I am calling your attention to an item printed in the issue of Oct. 19 reporting the address of Dr. Glomset before the Service club of your city.

The last paragraph is particularly obnoxious to the osteopathic profession and its great body of supporters. The doctor's statement as to our impending doom does not seem well supported by the facts in the case.

Less than forty years ago but one small school of osteopathy existed, today seven colleges are teaching a curriculum that compares favorably with that taught in the class A medical colleges and have an attendance of something more than 2,000 students.

BRANCHING INTO ATHLETICS

CHAP. III

We are not quite thru with the Charley Horse cases. So far we have not mentioned the use of rolling, ironing, diathermy, quartz or other type of light, mud packs, taping, etc. Each of these will be taken up now with the stress on results rather than popularity. There are some coaches and trainers who will not change their old methods and while each of these have a place in the care of muscle injuries they should be made to keep their place and not try to do their turn when the curtain has been rung down on them.

Rolling is a method employed by some to aid in the relief of congestion following muscle strain. The method usually employed is to secure a medium size ordinary rolling pin, the type that is so popular with Mrs. Mutt. The injured part is placed upward on the table and the rolling begins. Back and forth over the area parallel to the fibres of the muscle. Rolling done properly will do no harm and usually helps as it is intended to do. The bad feature is that an inexperienced hand is usually given the job and the rolling process continues for too long a time or there is too much pressure applied and the end result is added irritation. Rolling should not be done first. If used at all, it should be done the following day when most of the acute swelling has disappeared.

Ironing is just as the title implies. An ordinary electric iron of about five pounds is used. Use over several thicknesses of cloth so that the patient will not be burned. This dry heat applied over the part with pressure is very beneficial in some cases. Be sure that the pressure is not too great and not continued too long. This treatment is good in cases where the injury is no larger than the iron and if used following the packs will be very beneficial.

Our reports from stubborn cases submitted to diathermy are to the effect that the case won and the diathermy lost out. So far we have had much better success with other types of treatment regardless of all the fine testimonials we have read and heard on the subject. We are not saying that diathermy is no good. Merely this. Other

Less than thirty years ago there was no such thing as an osteopathic hospital, today there are at least 100 of them scattered all over the United States and operated by osteopathic surgeons. In fifty years the profession has grown from one man to a personnel of 10,000 and still increasing every year.

R. B. Gilmour.

methods of treatment are better in this type of injury.

Dry heat from any type of light is good. You will be disappointed in the results you get for you will expect more. This treatment will have to be used a good deal as a substitute for personal attention. Every boy should have access to dry heat from an electric light and told how and when to use it himself. If he has nothing else, see that he has a 100 watt lamp fitted with a bright tin reflector and instruct him to use it at night just before he turns in and not to use the muscle after about twenty to thirty minutes treatment. We have seen cases keep up thru the season by using such an ordinary lamp and the effects seem to be as good as others that were treated with an expensive lamp outfit. Every gym should have two of the portable type for your use. They are an essential part of your equipment.

Mud packs are messy, take time to put on and take off and produce no better results than the more simple methods of using heat.

Tape used judiciously is another essential. Remember that tape is used to provide the player with a support that Nature has not furnished or that has been weakened. Tape has an almost unlimited number of uses along these lines. In these cases of injured muscle we many times want to reinforce the area, protect it or limit its use. To apply tape properly with the idea of doing something for the muscles, the muscles involved have to be studied. Briefly our experience has been this. For protection, where the player has been injured and is still subject to a return of the condition, a lattice taping is best. Strips about an inch wide are put over the part as if woven. A small space should be left between the strips so that small squares of skin are visible. For reinforcing run the strips parallel to the long axis of the muscle, and extend the tape across the joint and below for a short distance. Tape is attached to the skin and cannot aid a muscle much unless it goes beyond the normal attachments of that muscle. Use the opposite plan for limiting a muscle's action. Put the strips crossways of the long axis and completely encircle the area if possible. Put the strips on about an inch apart using care not to compress any arteries or veins.

Putting the strips on at right angles to the long axis will prevent the muscle from contracting to its fullest extent. Remember that when a muscle contracts it becomes shorter and bulges in the center. Our idea here is to keep the bulge down. The tape should be put on with some compression but as stated above use care in crossing areas

(Continued on page 4)

Gridders in Their First Victory of Season

(Continued from page 1)

stepped out of bounds on his way to the final line. The ball was placed on the ten yard marker and on the first play Simpson was penalized five yards for being offside. Three tries at the line placed the ball one foot from victory. It was then the officials decided that the Osteopaths had been given their four downs. Captain Graham did his best to get the fighting Pirates their rightful last try for a touchdown but to no avail and a great opportunity was lost.

Previous to the last two contests the Suttonmen sustained a defeat at the hands of St. Ambrose at Davenport, 7-0. Four times the Des Moines eleven marched to scoring territory but failed to pack the winning punch.

Every man on the squad is proud of the new moniker and the fighting Pirates are rounding into a smooth working combination. The backfield is growing stronger with each contest and the only worry for the local mentor is to keep his veteran line from injury.

Homecoming Plans Are Completed

(Continued from page 1)

In the evening, the Homecoming ball will be held at the Co-tillion ball room. The best orchestra in the city has been engaged for the evening.

All field men in traveling distance are expected to attend whether a D.M.S.C.O. grad or not. This will afford you A.S.O. grads an excellent opportunity to see the gang from your alma mater and to see the Rams strut their stuff on the football field.

Come early and stay late. Adequate accommodations are available for everyone.

New Piano for Chapel

The college has procured a new piano for the assembly room, to replace the rather antiquated specimen that has been in service for a number of years. The new instrument has an excellent tone and functioned perfectly in its initial appearance.

To derive some revenue from the old "Stand-by" it was decided to raffle it off one morning in assembly. Every student in the room put his name, together with a dime, in the "hat" and the lucky name was drawn. Harold Devine found himself the proud possessor of the notable instrument, and the music fund was automatically enriched to the extent of about twenty-three dollars.



Fraternity Notes

(Continued from page 2)

of the Odontoid chapter at Kirkville.

Dr. Bertha Messerschmidt entertained us at a rush party the evening of Oct 2nd. The evening was spent in talking and with the Doctor's "Atwater Kent." Later, waffles with marmalade and coffee were served. We certainly had a fine time.

The Axis Sorority entertained Mrs. Innes and Miss Brudder at a theatre party Oct. 9th. After the matinee, Mrs. DeWalt invited the girls to her home for oyster stew. We were very glad Miss Stoddard was able to be with us during the evening.

The Axis Sorority announces the pledging of Miss Susan Brudder.

PHI SIGMA GAMMA

A P.S.G. named Jack
Took a girl for a ride in his hack,
He said "Ain't this class"
As he ran out of gas
And the poor girl is still walking back.

Friendly Tourist — (Offering Charlie Johnson a ride)—Who're you and where yu goin'.

Charlie—Sir, I'm a peregrinating pedestrian castigating his way from the classic Athens of America.

F.T.—I see; another bum beating his way from Boston.

The gang were pleasantly surprised a few days ago when Joe Rader stopped off for a short visit on his way to Cleveland. Joe passed the Iowa Board and is going to tackle the Ohio Board in December. It seems mighty good to have our last year's President around the house again.

Voice on Phone—Hello, Hello, Is this you, Mott?

Baldy—You Bet.

V.O.P.—HOWARD Mott?

Baldy—Yes Sir!

V.O.P.—Well, say Baldy; I wanted to borrow ten bucks till—

Baldy—I'll tell him when he comes in.

Millie—Meet me at the library at 7 o'clock tonight.

Mack—All right; what time will you be there?

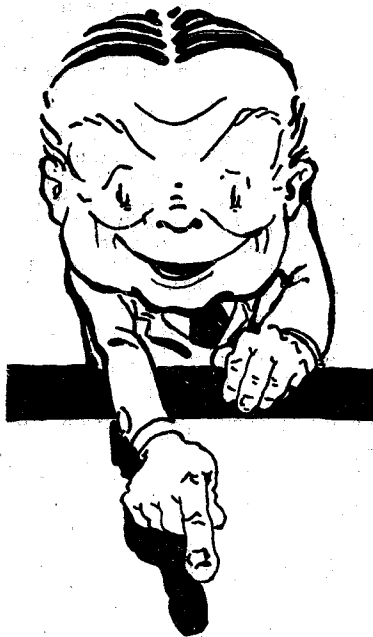
Tom Clark—Isn't a shoulder strap an important little article?

Jennings—Yes; it's the only thing that keeps an attraction from being a sensation.

Hot Pack Hienlen—He says hot packs are the only thing for a "Charleyhorse."

We hated to see Peelee move out of the house, but we are glad that his wife can be with him. It will give him two more hours a day to study—that he used to spend composing letters to her.

Why-- Students Choose D. M. S. C. O. "The Professions College"



A FACULTY OF SPECIALISTS— UNEXCELLED CLINICAL FACILITIES

Departmental Groups.
General Clinic Graduation Requirement of 500 Treatments.
Obstetrical Clinic Graduation Requirement of 2 Deliveries and Attendance on 5 Additional Cases.
Surgical Clinic—Major and Minor.

UNLIMITED OPPORTUNITY FOR WORK

Recreation — Social Activities — Real Student Spirit!

PERSONALS

Drs. Joe Rader and Deveraux visited the college while in the city, saying their "I Do's."

Dr. J. S. Roderick of Mason City sends in the following item: "Dr. A. W. Leard has left Spencer, Iowa, after twenty-five years of practice in the same office rooms. He sold his fine residence property there, and with his family drove to Port Blakely, Washington, on account of his son's health. He will not engage in active practice this winter. Dr. Leard has built up a fine practice in Spencer."

Dr. A. B. Taylor is becoming quite proficient in the gentle art of "motor appropriation." The other evening the Doctor left his down town office rather hurriedly to meet a special five o'clock class at the college. Dashing up to where he had parked his new Pontiac coupe, the Doctor jumped in and drove off. After traveling about three blocks, Dr. A. B. made the startling discovery that the bright

and shiny motor he was devouring distance with, was not his own. After a breath taking trip through traffic, the Doctor was able to return the car to its former parking space before the owner returned. He recovered his own coupe and met the class. Dr. Taylor states that in the future he will check all numbers on his car, walk around it three times and count ten before driving off.

Wally Walker, star tackle on the grid squad, startled the campus the other afternoon by appearing in "plus fours."

Several of the alumni have already signified their intentions to be in the city next week-end for the homecoming festivities.

After a brief spurt, a month or so ago, the letters from the field have been decidedly conspicuous by their absence. Let's hear from some of you fellows.

When the K.O.C. bunch start for Des Moines, they should be warned of the pitfalls of Albia.

Athletic Work Worth While

(Continued from page 1)

getting in a lot of work. There are an unusual amount of injuries due to the fact that high water and wet fields have prevented the boys from conditioning themselves. To date I have had a fractured clavicle and many bad bruises, charlie-horses, sprained ankles, bad knees, etc. I am getting along fine with this work and I owe it all to the training I received under you at Still. The Athletic Association now owes me—and my bill will no doubt be double the amount when the season is over. I'm getting good advertising out of this work."

From another state comes the following: "I am wondering if you have any back numbers of the October, 1926, Log Book? The article on athletics interested me and I would like to have the coaches here and the faculty of the high school read same."

The foregoing are typical of a number that have been received during the past few weeks. The work as outlined was first organized at D.M.S.C.O. by Dr. Halladay and each year since its inauguration students from the college have been attending the athletic organizations of the various high schools and colleges of the city. After the first season, without exception, the coaches and principals of the different institutions have called the college wanting to know when the "boys" would be out.

The success of this particular work does not only benefit the student from the standpoint of experience in caring for this type of injury, but also serves as an excellent ethical medium through which we may broadcast the story of Osteopathy.

Branching Into Athletics

(Continued from page 3)

where blood vessels may be compressed. If you use a taping system for muscles be sure that it is a system and not a hit and miss proposition. Keep this in mind, that when you take the tape off there will be the tendency to overdo. This can be guarded against by a gradual cutting down of the number of strips used or the size. The muscle must be brought back to normal gradually. Do not subject it to a secondary strain by a too sudden removal of tape or any other protective device.

Rest is absolutely indicated in these cases. They must stay off of the use of injured muscles for a sufficient time to get a good start back to normal. The recurrence is often harder to handle than the original injury.

Some stretching must be done too. See that this is passive. Do it yourself rather than instruct the patient. His tendency is to overdo thinking that if a little is good, more is better. Do not stretch across the fibres of an injured muscle. Stretch it the long way or parallel with the general run of fibres. Use discretion in having the patient oppose your passive movements. Ankle and foot next.

—Copyright, 1926

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THE LOG BOOK

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VOLUME 4

NOVEMBER 15, 1926

NUMBER 9

PIRATES WALLOP RAMS 21-0

THIRD HOMECOMING HUGE SUCCESS

The Third Annual Homecoming of D.M.S.C.O. was a great success from all standpoints.

For three days previous, pep sessions were held at ten fifteen each morning. Enthusiasm reached the high point Friday morning when the student body gathered at the college before meeting the Kirksville train. Impromptu rehearsals of the college song and yells occurred every time ten or more students arrived at one point simultaneously. The building rocked on its foundation—the windows rattled—the walls echoed back the "Osiki Wow Wow's," "Bones and Ligaments"—the band functioned miraculously and the riot squad were held in readiness. Is it any wonder that we beat Kirksville?

The K.C.O.S. contingent arrived at eleven thirty and were duly met and welcomed by the gang. The bands blared forth and everyone exercised their lungs. Fraternity and Sorority luncheons were the order of the hour and everyone reassembled at two o'clock at the Western League ball park to witness the feature event of the program. The Pirates in true bucaneeing form forced the Rams to walk the plank to the tune of twenty-one to nothing.

Between halves, the annual Frosh-Sophomore pushball battle was fought to a finish before a highly appreciative audience. The fight was even until the last few seconds of play when the power of youth asserted itself and the Freshmen were able to push over the lone marker of the contest.

Following the football game, food was again in order, and the various organizations on the campus were hosts to their visiting brothers and sisters. Then ensued the well known rush for the shower, the mirror and ultimately the best girl and the whirl of the evening was on at the Co-tillion ball room.

The ball room was filled to capacity and the program of specialties, Ladies and Gentlemen's choice, Tag and Senior's Only followed in too rapid succession for those enjoying the party. Al Levich's Serenaders supplied the "toe tickling" noise. During intermission the President of the college, Dr. C. W. Johnson, ad-

(Continued on page 4)

D.M.S.C.O. NIGHT AT LOCAL THEATRE

Co-incident with the showing of the photoplay starring "Red" Grange, "One Minute to Play," the management of the Des Moines theatre designated one evening performance in honor of each of the educational institutions in the city.

Tuesday evening, November 9th was "Still College Night." The student body turned out in representative numbers and were seated in a reserved section. Following the showing of the feature picture, the saxophone sextette appeared on the stage and under the direction of Dr. Halladay, the student body sang the College Song. Yells were given and the Iowa Corn Song and our Osteopathic version followed.

The members of the football squad were seated in the boxes and each was introduced to the audience with the aid of the spotlight.

The sax sextette was composed of Dr. Halladay, Warthman, Garton, Steckler, Taylor and Utterback.

Trinity Swamps Purple and White

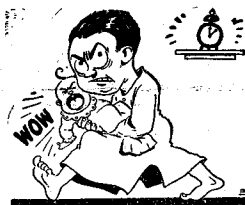
Playing their third contest in eight days, the Suttonmen went down to a 20-0 defeat before the fast and shifty Trinity eleven. The Sioux City outfit proved one of the best drilled teams seen in this section for some time.

Bruised and battered from their game with Simpson three days before, the Pirates were no match for the openfield running of the visiting backs, who twisted their way for long gains thru the secondary. After the first quarter, when two touchdowns were scored against the locals, the game was played on even terms, with the exception of the last quarter, when another six points were registered.

In the third period the heady Sheets led his men in a sixty yard drive to the enemy's fifteen yard marker, where the ball was lost on downs in a backfield mix-up. The Suttonmen never again threatened.

"Buzz" Brown gave the Osteopaths plenty of trouble whenever he chose to carry the oval, while Sheets, Russell, Graham and Lillard played well for the Purple and White.

DEAN SCHWARTZ IS PROUD FATHER



Dr. J. P. "Pinky" Schwartz, Dean of the college and President and Surgeon in Chief of the Des Moines General Hospital, is the proud father of a son born Saturday night, October 30th.

Contrary to the time honored natal accoutrement of the Golden Spoon, young John P. Jr., arrived fully equipped with rubber gloves, a Bard-Parker knife and a can of ether. Father, naturally, was inordinately proud and appeared at the college the following Monday morning laden with copious quantities of candy and smokes.

Mrs. Schwartz is rapidly recovering.

Beakis Rubro Discovered at D.M.S.C.O.

One of the prominent students of the college recently appeared in classes suffering from a dread malady known amongst select circles as Beakis Rubro. J. H. "Mac" Friend, cheer leader, was the unfortunate victim.

In checking the history of the case it was discovered that Mac had entered into a betting contract with one M. W. "Red" Maxfield, also a member of our august student body, based upon the outcome of the Iowa-Minnesota game.

As every one knows, Iowa dropped the game like it was hot, and as a result Mac had to submit to having his proboscis redecorated with rosy red mercurochrome at three thirty in the afternoon in the middle of the street at one of the busiest down town intersections.

In addition to the artistic phase of the bet, the loser had to remain in situ for one hour and repeat every thirty seconds in a loud and manly voice, "I bet on Iowa; what a fool I was."

It has been rumored that as a result of the Michigan-Ohio game, some one is going to be on the receiving end of a nice long wheel barrow ride.

GRAHAM AND LILLARD STAR

The smoke of battle cleared before the shadows of a setting sun on the Western horizon revealing—at the top of a Pirate ship the skull and cross-bones of a black flag floating calm and victorious in the November breeze. While the Buccaneer ensignia waved proudly from the top mast, the Rams, equally courageous but defeated, sailed their battered hulk southward.

Never before had victory perched on Stillonian shoulders and this was perhaps largely responsible for the eagerness with which each man entered the fray. Also inspired by the fighting spirit of Captain "Ab," the Purple and White turned back practically every attack and at the same time sent fierce broadsides to tear holes in the Rams defense.

The followers of Coach Frank Sutton's stalwarts had long awaited this day, but they were well repayed by seeing twenty-one points scored against the enemy without an adverse counter. A great defensive line, charging in perfect precision crashed through the visitors forward wall to smother the ball carrier in his first steps. The K.C.O.'s aerial attempts were also crushed before the fast charging Pirates with not a yard gained in eight tries.

Besides the splendid work of Captain Graham the playing of Sam Lillard was an outstanding feature of the contest. The veteran, Gerald "Race" Myers roamed from his center position on defense to hurl himself into every skirmish and play the greatest game of his long career.

The local Osteopathic machine found themselves in a position to score three times in the first half, but errors spoiled each chance. At one time the ball was carried over the goal line only to be fumbled when the Pirate back was hard hit by the opposition. Kirksville recovered the oval for a touchback, and the opportunity was lost.

It was really the injection of the elusive "Bennie" Devine into a faltering Pirate lineup late in the third quarter that put the scoring punch into the Sutton men when they seemed doomed by errors to a scoreless tie. The former Des Moines high school

(Continued on page 4)

NATIONAL AND STATE OFFICIALS AT HOMECOMING

The presence of the National and State Presidents and a member of the State Examining Board lent additional interest to the recent Homecoming celebration.

Dr. R. B. Gilmour, President of A. O. A. of Sioux City, attended the pep meeting at the college Thursday. Dr. Gilmour complimented the college on the spirit manifested and stated that the occasion was rather embarrassing to him as D.M.S.C.O. was his home school but that K.C.O.S. was his alma mater. However, the embarrassment did not last as he was evidently thoroughly enjoying the game the next afternoon.

Dr. C. N. Stryker, President of the State Association, of Iowa City, was also in the city for the game, but was unable to appear at the college as was Dr. D. E. Hannan, member of the Board of Examiners from Perry.

Football Star Married



The old adage of "Truth Will Out" has again proven its worth. Our star reporter was recently wandering through our stately Halls of Larnin' and stumbled over this astonishing piece of news.

Gerald "Race" Myers, star tackle on the football team was married to Miss Roma Rose, of Columbus, Ohio on August 9th. When confronted with the evidence "Race" broke down and confessed that he had been holding out on us. Congratulations, Race, may your troubles

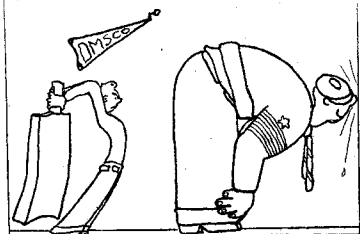
Are You Looking For a Location

Dr. Paul J. Dodge, Concord, N. H., writes that he has "One of the best practices in the state of New Hampshire, in what is probably the State's best location, for sale. The reason for selling is the taking up of Post Graduate work to specialize and relocate in a larger center. This practice should bring the purchaser at least \$8,000.00 the first year."

The tenderness and affection of a woman, her mild prophetic eye, her finer instincts, exert an influence on man from which he is never weaned.

Should not every apartment in which man dwells be lofty enough to create some obscurity overhead, where flickering shadows may play at evening about the rafters?

ERATERNITY NOTES



ATLAS CLUB

The Pledges entertained the Actives at a Hard Time Party, October 26th. The rope which led the way through the back door, and the yell "Watch your step" added much to the evening. The hardest customers were Miss Kay Dykster and Bro. B. Jones, who received appropriate prizes.

Walt Damm has been chosen official keeper of the bees.

The Brothers of the Axis chapter of Kirksville were the guests of the chapter during Homecoming. Dr. Tingley stayed over the week end as he had his own Leap-ling Lena.

When it comes to "statue dancing," Cam Ward takes the prize.

The latest fixture to the house is a Machlin table. On Nov. 2, Dr. Machlin lectured on the advantages and possibilities of the table.

For the "specificity" of muscle cells see Bro. Harmon.

Ole proved a great aid to the Freshmen in the annual Push Ball contest.

For particulars as to how to get away from tobacco, see Rusty Wright.

Pledge Hydeman is head of the Atlas Iowa Pumpkin Gathering Committee.

We learned that girls do not always prefer blondes. Ask Pledge Munger.

Thursday evening, Nov. 3, President Johnson had charge of the Practice Work. He demonstrated his technic on Physiological Movements. At the close of the work the committee surprised the brothers with a lunch.

Harmony Choruses are quite in vogue around the house at the present time.

No doubt about it Dorney is a good man to "stand up" with.

The Brothers are wondering when the Austin Trio is going to sign up with the Keith circuit.

Pledges hobbies: Stingly—Studying; Skinner—Women; Munger—Cosmetics; Utterback—Perry; Gann—Sleeping; Fedson—Dates; Hughes—Paddles; Faus—Printing; Hyleman—Visiting; Weir—Gas; Welch—Pushball; Schaeffer—Books.

The Assistant Coach feels better.

Van's Dutch pipe still feels the effects of the war.

Brother Brown may hang his socks up at Christmas.

The "Halls of Fairman" entertained over the week end.

PHI SIGMA GAMMA

Homecoming was a great success, many of the boys from the Kirksville chapter were visitors at the house during that time.

"Wopp" Chambers, a graduate of Kirksville from last year was

also a guest at this time. The boys are always glad to see Wop. He is a good entertainer.

Ottie and Jake aren't sure whether they are taking O. B. or home economics. They were out on a case all last week. Ottie learned to make fudge, while Jake found out how to play a new kind of solitaire.

The new McManis table at the house comes in handy for Press Howe to take his afternoon siesta. As comfortable as an old shoe, says Press.

Hot shot Jennings has opened up the candy store again. Another Shylock to come around after his pound of flesh at the first of every month.

Walter Cuff says when he gets out of school he is going to live at Hot Springs. I can shave then any time I want to, even if I am the last one down in the morning, he told a pledge recently.

Cab Cummings is anxiously watching the mail these days, he has a set of No. 2D336 store teeth ordered from Montgomery Ward. I will be glad when I can eat hard candy again he told the boys this morning while removing a large piece of spruce gum from around the offending molar.

Dusty Dorwart has a mouth organ on which he imitates a Nebraska wiffen poofer, mewing for it's colt, while Dale Weldon (the boy from Grand Rapids) makes a noise like a pot of boiling furniture glue.

Walt Heinlen, Harold Jennings, Louis Donaldson and L. W. Spencer came in the other day with the front of their vests wet, when asked if it was raining, they said, "No, we have just been to see 'The Goose Hangs High.'" It's a pity that the little fellows are so emotional.

Four Eyes Auseon says, that by the end of this semester he will be able to adjust cervical segments of an Ohio mosquito.

"Triple threat" Clark threatens to study, threatens to work, and threatens to stay in, but you all know the adage about the barking dog.

Piston Ring Cavanaugh says that it will not be long until he will leave the Commodore hotel to shift for it's self. If it goes on the rocks it won't be my fault, he said yesterday, while greasing the hinges of his "about town" car.

Mr. and Mrs. J. A. McBride announce the marriage of their daughter, Minnie Mabel to Dr. Joseph Frederick Rader, on Saturday, the 23rd of October. They will be at home after November 15th at Lorain, Ohio.

IOTA TAU SIGMA

Correction: In our last issue we said that Bro. Wadkins and Russel stayed at home one night and studied. Bro. Wadkins is the only one that studied.

Brother Gephart has only thirty-two more letters to write to his girl before Christmas vacation starts.

Drs. Marlow and Benein came up from Saint Louis for the Homecoming game and dance. All the boys were sure glad to see "Pinky" and "Tiny."

(Continued on page 4)



Around Our Merry Campus

COLLEGE BRED

"Papa," said the small son, "what do they mean by college bred? Is it any different from any other kind of loaf?"

"My son," said the father, "college bred is a four years' loaf."

FRESHMAN TECHNIQUE

"Let me kiss those tears away, sweetheart," he begged tenderly. She fell into his arms and he was very busy for a few minutes. But the tears flowed on.

"Can nothing stop them?" he asked breathlessly.

"No," she murmured, "it's my hay fever, but go on with the treatment."

CROWD ASSURED



The new musical comedy came to town. The bill boards read: "Fifty Beautiful Girls; 45 Gorgeous costumes."

Three students were killed and several dozen horribly mangled in the rush at the opening performance.

OH, DOCTOR!

When Bliggers had a cough he Was told to drink no coffee

And now he's sued

For he is rude,
And won't cough up his cough fee.

Spick-and-Span

Visitor: "And how old is your baby, dear?"

Small Sister: "He isn't old at all. He's a this year's model."

—Christian Register.

HEARD IN GYN CLASS

Dr. Johnson: "What is a cystocele?"

S. Nye: "A cyst full of water."

Dr. Johnson: "What is thrombophlebitis?"

R. W. Morgan: "An artery with an air bubble in it."

S. Nye: "Dr. Johnson is sterility hereditary?"

Dr. Johnson: "Not as anyone knows of."

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY

President C. W. Johnson

Editor Don Baylor

Osteopathy Without Limitation

APPLAUSE

The applause or, perhaps better, the noise, that fills the assembly room, and emanates into the hall during our Friday morning get-together, seems to be a little out of keeping with the refinement of most of the talent that appears on the stage. As one of our recent entertainers remarked, she did not know whether she was being applauded or booed off the stage.

It seems as though the student body as a whole caters to the baser, rather than the more refined side of life. Anyone who has ever attended a University knows that the applause accorded any entertainer there is not of the yelping, hilarious type. Consequently, as a rule, it is somewhat misunderstood, by our neighboring college people, when they appear before us.

Rightfully, there is no place in the world for loud, unorganized, yelping, bellowing, and otherwise mob-like applause that is usually demonstrated at most of our Friday morning assemblies. Not even in a pep meeting. If we are going to have cheering at our football games let us get together, and give some organized, sane yells. During assembly confine our appreciation to a reasonable amount of hand clapping, and leave out imitating voices of the animals of the jungle.

SMOKING

It will be remembered that, about a year ago, it was decided by the faculty and students, smoking should be confined to the basement. It appears now as though there might have been some misunderstanding, or somebody slickered us.

The casual observer will note that at the present time the above misunderstanding has not been carried out by a large number of the students. Between most every period we have a congregation on the landing leading to the basement—so large that it is almost impossible to pass—taking their bit of nicotine. Also, it is becoming a common practice to smoke in the windows of the assembly room, leaving them wide open, giving no consideration at all for the comfort of those who are in their seats.

If a man doesn't have enough will power to go at least two periods without smoking, let him either go to the basement for his stimulation, or, if he must smoke upstairs, go out on the fire

BRANCHING INTO ATHLETICS

CHAPTER IV

In looking over our notes on the foot and ankle it seems that we have almost enough to write a fair sized book. There is this much about it. The foot and ankle are just as important in athletics as the brain at the other end of the body. Many a game or record has been lost because of discomfort in the region of the foot or ankle. Ofttimes the athlete is not conscious of the condition, his enthusiasm making him temporarily forget it. These are the cases that we always expect to come under the wire first and when we wake up we find that a dark horse has taken the honors. The loser has to fall back on the "not-up-to-form" excuse, the real reason being that there was some slight foot or ankle trouble that held him back just enough to lose. We must give detailed attention to our athletes feet. They use them almost continuously.

Let us first look over the conditions we have to meet in this type of work. Many lessons occur that seem of little importance yet they put a brake on a quick get-a-way. We refer to skin lesions and toe nail conditions. Corns are troublesome, painful and often stubborn. Callouses come in the same class. Only last week I saw a callous as big as a dollar and fully a quarter of an inch thick on a player's foot. He told me he couldn't make a quick start on that foot at all. He is a high school boy, seventeen years old. Unless he gets rid of the callous he will have trouble with that foot all the rest of his life. Blisters belong in the same class with other mentioned skin conditions. These are easily handled if done right. Watch for small pustules appearing on the dorsum of the foot where there are hair follicles. See that the boys take proper care of their nails. An ingrown nail can easily lose the game. Bunions are not so common in the young players, but they are not difficult to acquire and you will be surprised if you closely examine the feet of a group. I have seen quite a few cases of "hammer toe" in the young players. These sometimes cause trouble. They should be operated upon at least six weeks before the season begins.

The main cause for these superficial lesions is improperly fitted shoes. There is no use for us to go into a long argument as to the best type of last. The main thing is to see that the shoe fits well. Not too loose nor tight. In either case we know that a damage will be done. Last years shoes may still be fairly good and will perhaps do for practice or for some of the subs. Beware of last years shoes. The

escape, and close the window. Keeping the windows closed during these cold mornings, would, no doubt, be as much appreciated by the faculty, as by the students who must stay in this room for their classes.

insoles are warped and the counters are broken. They are the big cause of blisters, corns, callouses and bunions. Better give them to your opponents.

Now let us look under the skin and see what we are up against. Foot and ankle injuries of the more violent type can be classified into three groups. Sprains first because in every injury there will be some sprain. Fractures next. Not so common, but present often when least suspected. Dislocations last. It is unusual to find a dislocation. They occur, but they are rare now, when we usually go into a game prepared, so that they are almost unknown. Minor dislocations occur in the form of fallen arches or deviations of the tarsals and occasionally of the inferior tibio-fibular articulation.

We must give considerable thought to sprains. If we picture the sprained ankle we may not have a very definite idea of what is wrong. We will have to consider first what has been injured. Eliminating bone, for that would be a fracture, we have left ligaments and muscles with their tendons. Ligaments come first because of greater frequency. What has happened when we say a ligament is sprained? We have very few elastic ligaments in the body. They are placed where a certain amount of rebound is necessary. The ligaments around the ankle and foot region are not elastic. The elastic step we like to refer to is due to perfect response of muscles. The ligaments in this region are for the purpose of holding the bones together. Remember that the astragalus, the largest of the tarsal bones has no muscles attached to it. These ligaments also prevent movement beyond the normal range. As soon as you try to force a joint beyond its normal range of motion something has to give. Ligaments stand first in line.

Ligaments receive their blood supply from the lymph. When injured, Nature's reaction is to force quantities of lymph into the tissue so that repair may be hastened. Examination of a sprained ligament under the microscope shows separated fibers floating in lymph. The lymph incites the growth of new fibers which splice the torn ones, become shortened by absorption and leave us a thick short ligament. Our first responsibility is to get the proper idea as to what has gone on around the joint and then to prevent if possible any marked abnormality in the healing process.

(Treatment next.)

When you see an old man amiable, mild, equable, content, and good humored, be sure that in his youth he has been just, generous and forbearing. In his end he does not lament the past, nor dread the future; he is like the evening of a fine day.

Books may be read as deliberately and reservedly as they were written.

First of all give judgment against your own faults.

D.M.U. Students Give Entertaining Program

The program of the most entertaining assembly of the year was recently given by three young ladies from the Des Moines University, Fine Arts department.

Miss King, a very talented reader, gave several excellent numbers which immediately secured the approval of the student body.

Miss Carlson, accompanied at the piano by Miss Rockholtz, broke all precedent and sang several real "hot" popular numbers that struck the responsive chord of her audience. Miss Rockholtz was prevailed upon to exhibit her talent en solo, and also stuck to the popular theme.

The student body sincerely appreciate the interest manifested by the young ladies in appearing in chapel and sincerely hope that they will "play a return engagement" in the very near future.

Homecoming Highlights

We haven't been able to decide whether it was college spirit or what, that prompted Dr. "Pinky" Marlow, May '26, to hike to Homecoming from St. Louis. Dr. Tiny Benien rode the cushions.

* * *

Ole Nickelson, Sophomore, was the busiest individual attending the football game. In addition to watching the game, Ole played trombone in the band, directed the band, lead impromptu cheers, fought on the Sophomore side in the pushball battle by pushing on the freshman side and kept the pep bubbling throughout the afternoon. He also thoroughly enjoyed the dance in the evening.

* * *

"Hair Oil" was most conspicuous by it's total absence throughout the entire day.

* * *

K.C.O.S. can indeed be proud of their student body. The sample we had the pleasure of meeting were all A No. 1 "good sports."

* * *

"Chevy," in his football uniform, certainly entertained the crowd during the last quarter.

* * *

Morris and Frances Halladay made very appropriate mascots for the team at the game. Frances impersonated the "Pirate" and appeared as tho' she might have been just fresh from the Spanish Main while Morry was prepared to dash upon the field and take up the battle for Still College in case all the regulars were injured.

* * *

The intermittent outbursts from the band certainly had the "Old Pep."

* * *

No casualties resulted from the Frosh-Soph battle.

* * *

Every man on the team was an individual star in this game.

* * *

What'll we do next year?

Pirates Wallop Rams

(Continued from page 1)
star then took the ball on his own 30-yard line and in his first try swept around the Kirksville left end to zig-zag his way 50 yards in the most sensational run of the afternoon.

The fleet Pirate was finally downed from behind on the enemy 20-yard marker, but he had put new life in his wavering mates. Fighting their way to the two-yard line by plunges, the ball was carried over by the hard hitting Shaw who shot through guard for the first touchdown.

Soon after the fourth quarter began Platt ran a short punt back to the Ram's 30-yard line. From here Harold Plude, also a former Des Moines high athlete, circled his right end and out sprinted the secondary to the goal line. It was a beautiful piece of work and the little back foiled the whole Kirksville eleven when he slanted toward guard, then angled out to sweep wide for the score.

The final touchdown ended a continuous drive from mid field in which off tackle thrusts and passes to Myers played important roles. Platt, whose punting had featured the afternoons play, then took the oval from the 1-foot line.

The accurate toe of Gerald Myers accounted for the three extra points from placement.

The Rams seemingly had not expected such tough opposition and were not able to offset the effects of the Pirates' deadly tackling. However, "Hennie" Frew looked the part of a fast back on a number of occasions while Captain Norton and Downing played stellar ball in the line.

For the Des Moines college every man deserves his share of credit for a well earned victory in which each Pirate played his part.

THIRD HOMECOMING HUGE SUCCESS

(Continued from page 1)
dressed the crowd, welcoming the Kville students.

The inevitable "Good Night Waltz" rolled round—Goodbyes and Good Lucks were said—the old Wabash tooted her whistle and headed south, and the third and most successful Homecoming of D.M.S.C.O. was over.

An enthusiast is a man that is cock sure of a lot of things that he knows nothing about.

What do we live for if it is not to make the world less difficult for each other?

Duty is with us always, inflexible as fate, exacting as necessity, imperative as destiny.

Even a fool may have heard a wise man speak, and may speak

Many a true word is spoken by mistake.

Lack of knowledge is the beginning of wisdom.



However flowerless the ways
Of grim November,
However dull and drear her days,
We should remember
One happy time she sets apart
For royal living,
A gift to cheer and bless each heart—
It is Thanksgiving!

—Emma C. Dowd.

APPRECIATION

One of the strange and rough truths of life is the fact that men are willing to accept the services of their fellows without proper appreciation and due consideration of that service.

Men of intellectual worth, of mental courage and vigorous thought give freely of their time, efforts and even finances to carry on and their fellows accept it all as a matter of course, assuming, if they be among the beneficiaries that it is due them.

However, even though there be many bearers of burden the kindly word of appreciation should not be withheld. "They also serve who only stand and wait," said Milton and probably with a thought for those who go about doing good and serving without thought of self.

Today, we enjoy what Henry James described as the "comfortable animation of the sidewalks." A friendly and encouraging word, a smile with a firm grip of the hand and a slap on the back have little value unless brought into action and as a result the world is brighter because a heart is lighter.

There is so much of the artificial in human life that a sense of appreciation when it finds expression is like a rippling candenza that washes away from the soul the dust of our every day existence.

It is not worldly goods, the attainment of fame, nor the possession of power that make for greatness among men. It is these and a proper appreciation for the service of men and a willingness to give credit not only where it is justified but when it is due.

The Love Song of a Germ

Come, Bacillus, let us wander,
Wander ever hand in hand—
Down that Capillary yonder—
Down that yonder shady gland.
Countless cousins will not miss
you,
Happy in their own disease;
Tripping through the tender tissue
We shall work what ills we
please.

Myriad microbe relations
Have no claim upon you dear;
Leave them to their occupations,
You deserve your own career.
Does the wanderlust possess you?
I'll indulge it, dearest germ,
We shall roam to regions, bless
you,
Named by no research's term.

Camping in the mountain Muscles—
Bathing in a quiet Vein,
Dodging vicious White Corpuscles
Summering at Aches-Le-Brain;
Gliding in a light gondola
On Abdominal Canals,
Only fancy shall control a
Pair of perfect poison pals.

Slipping past the Epiglottis—
By the Tonsils and the Tongue—
Traveling till the days have
caught us.

When we are no longer young,
When our tastes become domestic,

We shall search a quiet home,
Snug and safe from Antiseptic
There to live and not to roam.

Come Bacillus, my Infection
Grows too potent to suppress.
Quick! Here comes your Auntie
Toxin—
Fly with me and tell me, "Yes."

Fraternity Notes

(Continued from page 2)

On November 6th we held our Homecoming dance at the chapter house in honor of the Alumni and Kirksville boys. They all went home talking about the dance.

The squirrels are running wild again in 4 Q. Bro. Rohde is trying to tame them and intends to add them to his menagerie, which so far consists of a pair of owls.

The "Crows Nest" is now open to the public.

Bro. P. D. Rorick is a mean rider of the range. He knows how to keep his seat. Get hot "P. D."

Only thirty-two more days until Christmas vacation begins. Let's go, everybody.

Dr. R. E. Curry will inform any one that jelly glasses make good ammunition.

Bro. Loghry fell the other day—stumbled over a gallon oil can. Something was the matter with Bro. Shaw the other day. He helped clean us the yard.

According to some of the boys there is no place like home, but we don't know about that.

Brother Wadkins—our studious little boy claims glasses are the only things for hard studying.

AXIS CLUB NOTES

On Thursday, Oct. 14th, the members of the Axis Sorority were received by Miss Gladys Cowen at St. Catherine's Hall. After various items of business had been discussed, Dr. Gertrude Casey-Jones gave an exhibition of technique, aided by President Grace DeWalt and Sister Gladys Cowen, who heroically offered themselves as victims. Both however appeared at school the following day apparently none the worse.

The evening was brought to a close with some impromptu dancing in the recreation hall where our president brought to light some hitherto hidden talent as a pianist. Miss Charlotte McDougall gave some valuable hints on the execution of the "Valencia."

The reluctance with which hats and coats were donned was surely a proof that a very pleasant and profitable time had been spent and we are looking forward to many more evenings of the same order.

On Thursday, November 4th, at the Y. W. C. A., Miss Susan Brudder was initiated into the Axis Sorority. After the ceremony, a very merry little party assembled at the Shops building for lunch. We extend our hearty welcome to Miss Brudder.

The Axis girls who came from Kirksville to witness the great football game were met by several members of our chapter and taken to lunch at Younkers.

We were glad that Dr. Nellie Davis of Oskaloosa was able to be with us for Homecoming. It was with great regret that Dr. Lois Irwin-Richardson decided at the last moment that she would be unable to come this year though we had looked forward to seeing her.

Entered as second class matter, February 3rd, 1923, at the post office at Des Moines, Iowa, under the act of August 24th, 1912.

THE LOG BOOK

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VOLUME 4

DECEMBER 1, 1926

NUMBER 10

Log of the Annual Cruise of the Good Ship Buick

Friday, Nov. 19th.

At four seventeen and a half, central standard time, five hardy rooters for the Sons of Norway by the names of Halladay, Maxfield, Drabing, Russell and Lyndon, heaved anchor and headed the good ship Buick northward towards the Land O' Lakes. Huge signs fore and aft proclaimed the fact that they hailed from the port of Des Moines Still College of Osteopathy.

The occasion of the voyage was the battle between the Badgers and the Gophers for the possession of the "Little Brown Jug."

Maxfield was the pilot and Halladay the helmsman and they discharged their duties in a remarkably proficient manner.

The first thrill of the journey came when an overambitious offspring of Henry Ford got kitchin and tried to sideswipe the Buick. But Lady Luck smiled upon the voyagers and they were saved from an untimely demise by the width of a blond eyelash. Then she punished the overambitious one by sending it into a tailspin and a nose dive which culminated in it assuming the L. S. I. D. (left side in ditch) position. The crew went to the rescue but the occupant of the ill-fated vessel escaped without so much as a slip of the Atlas. And of course, when the flivver was righted she was able to "Ramble Right Along."

Albert Lea, Minnesota was the night stop. There the gang did an early to bed and early to rise and were on their way again toward the home town of Lena and Tillie, the beautiful blondes, at the unholy hour of seven A. M.

On the arrival the gang went their several ways after agreeing to meet Sunday A. M. at 8th and Hennepin. All the small town boys know where they are when they get on Hennipin, but Drabing and Russell did manage to get lost before they got there.

About the game there's not much to say. It was a heart-breaker. No team ever received as undeserved a victory as Michigan, when they won that game seven to six and took the Little Brown Jug back to Ann Arbor. But, so goes life—and football games. Anyway, sixty thousand wide-eyed fans in that beautiful new stadium basked in sure 'nuf Minnesota sunshine and had a thrill a minute during the whole game.

(Continued on page 4)

Research Worker To Be Here

Dr. Louisa Burns of California, noted for her research work will be the guest of the local chapter of the Osteopathic Women's National Association at a dinner given in her honor at Harris-Emery's, Monday evening, December 6th. All Field Doctors are urged to be present at the dinner and to hear Dr. Burns' address.

During her stay in Des Moines, Dr. Burns will spend two days at the college.

Girls Practical Work

On Tuesday evening, Nov. 23rd the girls of the school assembled for one of their periodical work meetings. Dr. Virge Halladay presided and gave a very interesting and instructive talk on the history of Osteopathy, which made us realize more forcibly than ever how much we owe to the "Old Doctor."

The last but not the least part of the proceedings was the serving of refreshments by the Axis girls.

We are indebted to the Delta girls for providing the speaker.

Turkey Day Appropriately Observed

Annual Turkey day festivities were thoroughly enjoyed by the D.M.S.C.O. student body. School was declared dismissed Wednesday until Monday and those within traveling distance were enabled to get their feet under Mother's table once more. The less fortunate no doubt had friends in the city who provided the necessary edibles for a proper observance of the occasion.

The following Monday, some of the gang appeared in a somewhat comatose state resulting from over exertion on the part of the digestive tract, but this uncomfortable symptom passed off in the course of a few days with no casualties.

Several of the students acted as host to classmates from more distant states at impromptu house parties at their homes. Minnesota, Michigan, Missouri, Illinois and more "distant" points in the wilds of Iowa were invaded by the hungry mob.

After the brief respite from their arduous duties at the college, everyone is "hitting the ball" in preparation for the coming Christmas rest.

Stillionian Ground Work Completed

Practically all the preliminary ground work for the 1927 Stillionian has been completed and within the next few weeks actual work on various class photographs, etc., will begin.

The business department, under the direction of Dean Elsea, business manager, is conducting an active campaign for foreign advertising with encouraging results. Response from the field in manner of subscriptions and professional cards is expected to surpass all previous records.

During Christmas vacation, all students are urged to keep the Snap Shot division of the book in mind and bring back some good material for this part of our publication.

Student subscriptions have been exceptionally good. Individual workers in each class, under the direction of L. E. Schaeffer, circulation manager, are hard at work endeavoring to bring their class in as the first in the 100 per cent class.

Pan Hellenic Officers Chosen

The following students were elected to guide the ship of state of the Pan Hellenic Council for the coming term. L. E. Schaeffer, Atlas Club, Chairman; Leroy Skidmore, Iota Tau Sigma, Secretary; and John P. Jones, Phi Sigma Gamma, Treasurer.

On November 17th., the Pan Hellenic meeting was held at the Atlas Club and was addressed by Dr. Atkins. The next meeting will be held at the Iota Tau Sigma house and Dr. C. F. Spring will be the speaker of the evening.

Since organization, the Council has done much to better the inter-fraternity relations in the college and, already have outlined many interesting and instructive features for the coming year.

ONLY 13 SCHOOL DAYS TILL XMAS VACATION



Do your vacation planning now!

Pirates End Season With 58-0 Triumph

The Pirate galley lies peacefully at rest in its harbor after ending the season of combat in a blaze of glory greater perhaps than any finale they have ever experienced.

Although the lions share of the credit must be served to eleven sturdy Buccaneers, lead by Captain Graham, the younger Pirates closely followed the example of fight and aggressiveness set by the veterans.

It was doubtless Coach Frank R. Sutton's idea of allowing his eleven trusty seniors to start their last game together that accounted for the spirited way in which the Purple and White triumphed over Jackson University here by a 58-0 score.

The Old Timers dented the enemy goal line three times while they held sway during the first half and scored one extra point. The first two touchdowns were the results of plunges by Gene McIntosh after sustained marches. The third score was made by "Race" Myers when he snared a thirty yard heave by Platt behind the safety man and galloped the remaining twenty to the final marker. It was easily the most spectacular play of the afternoon.

The "Four Black Pirates," Sheets, McIntosh, Russell and Platt whose ground gaining activities during the first half had completely crushed the Missourians, were replaced at the rest period by the "Ponys," Devine, Plude, Cassis and Shaw.

This new combination quickly got to functioning and David N. O. Shaw on the first play, cut back from an inside tackle slant to out sprint the secondary defense forty yards for the score.

A fake play gave Plude the ball and he sped unmolested twenty yards to the goal post for the next six points. This scrappy back soon afterwards counted again with a plunge through guard.

Jack Stafford celebrated his entry into the fray by taking the oval on the first play of the final quarter and twisted his way forty yards through the Jacksonites. He was seemingly stopped several times by would be tacklers, but managed to squirm to freedom from enemy arms.

It was Devine's turn to take the spot light and he speared an attempted lateral pass on the kickoff and raced on to the goal line without missing a stride.

During eleven years of football, Frank Dornbush, the reli-

(Continued on page 4)

Another Bet Paid

Any one passing one of the busy intersections of the downtown business district, late in the afternoon of Nov. 20, would have noticed a peculiarly dressed gentleman wearing a straw hat, colored glasses, and supporting himself with a cane. Wearing a sign, and extending a tin cup to the passersby for charity.

Upon close observation, it was noticed that the above described personage was none other than Stanley Evans, Junior A, paying a football bet. Being a graduate of Ohio State, and, an ardent supporter of his Alma Mater, was foolish enough to bet with Roy Trimble that the O. S. U. would come out on the long end of the score against Michigan. Agreeing that the loser stand on said corner, and beg for one hour. Wearing an appropriate sign explaining his cause.

In spite of the cold weather, it is understood that forty-two cents in money was collected. The main actor in the scene still remains loyal to the home state school, and has already posted a wager that Ohio State will defeat Michigan, Oct. 29, 1927, when they journey to the Ray State, to dedicate the new stadium.

Pirates Down the Bookkeepers

The Buccaneers journeyed to Centerville and followed their scoring activities of the Kirksville contest with an equally impressive exhibition against the Iowa Business College whom they smothered under a 19-0 count.

Although the Osteopathic champs were minus their scrappy leader, Ab Graham, they displayed a true scoring power and at the same time held the opposition to three first downs. The score would likely have been considerably greater had not Coach Sutton sent frequent substitutions into the struggle in an effort to get a line on next years' prospects.

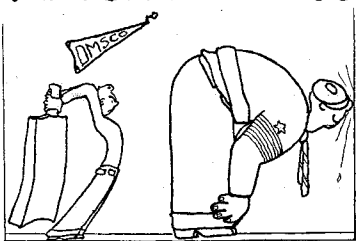
The Pirates wasted no time and a line plunging attack from the initial kickoff lead to the enemy 5-yard line from whence the battering Shaw slanted over Parks to the goal. The attempted place kick failed.

The Purple and White line displayed their aggressive spirit in the second quarter and crashed through to block a punt which was recovered on the Centerville eleven's 5-yard marker. Here Sam Lillard, one of the best tackles in the state, opened up a hole for Plude and the little back registered. Myers again missed the place kick.

Stafford, who has been one of Coach Sutton's most dependable open field ponys, ended a long drive in the final minutes of the game to carry the ball over from the 1-yard line. Myers made the extra point.

Acting Captain, Sam Lillard, Nelson, Gene McIntosh, Stafford and "Runt" Russell were the shining lights for the Des Moines eleven.

FRATERNITY NOTES



Sigma Sigma Phi

Beta Chapter takes pleasure in announcing the pledging of Don Sheetz and Lloyd Robinson of the Senior B class.

At the last regular meeting, Dr. H. V. Halladay gave the chapter some very interesting and practical work on his famous Spine.

PHI SIGMA GAMMA

"Clap Hands" Johnson announces that it won't be long now before he and his worthy colleague of the "Atlas Club" namely and to wit: One Sheriff Reed (a goodly picker and true) will reveal the names of the "All American." This contest has been as heated as a prairie fire at a Hula Dance.

Full often do the rafters resound to a hearty round of laughter as "Cowboy Cuff" goes through his vocal exercises. Here sure is a wit.

"Stump 'Em Stone" pulled a little whizzer on the boys the other day when he grabbed a suit case and told the boys he was going home but the little rascal was only taking his laundry down.

"Wipe 'Em Up" Widmer who held a coat for Young Stribling and Babe Ruth, says that he will challenge either one in any kind of a contest that involves physical prowess.

Johnny Jones says that his ribs are much better and that he will start breathing again after next Wednesday.

"Honk" Lashlee says that even if they do look up the chimney to see the cows come home, Tennessee would be bigger than Texas if it was ironed out.

"Gen. Utility" Heinlen says the reason the heating system has a boiler is so you can make the pledges "tender."

"Cross Country" Clark has again flitted away into the whenceness without leaving a whyfor. Come back and all will be forgiven but get some toothpaste as Auseon and Spencer have used all that you left.

Jim Schaffer says that he is getting tired of selecting pieces of air suitable for building donuts around, which is his present job at Kurtz Cafeteria.

Mature Minded Moco, the silver-tongued orator and experienced "railroad man" accompanied by his able assistant, "Honk" Lashlee, will give a series of lectures on the subject of "Maybe we know we can better conditions, I think."

Audacious Auseon says that there is nothing that cheapens a girl so much, in his opinion, as to find out she don't like him.

Gerald Beebe guarantees to take either side of any argument and win it. He will take either side in the recent Minnesota-Michigan encounter and tell why either side didn't or did do what they did or failed to do and why they didn't do otherwise, if they didn't.

IOTA TAU SIGMA

Dr. B. L. Cash was our guest at dinner on Monday evening, Nov. 22nd. After the vegetarian repast he gave an interesting talk on Laboratory Diagnosis. Come around any time Doctor, you're always welcome.

The apartment, 4Q, on the third floor has been closed for the season due the lack of heat and the boldness of the squirrels.

On the eve of Thanksgiving we gave a little impromptu dance at the chapter house in recognition of the things we have to be thankful for. The three-piece orchestra was plenty hot and gave us some music that fairly made our toes burn.

Brother Wadkins has a dirty lip. We think he is trying to raise a mustache, if so it should be in all its glory by the time he is ready to graduate. How about a little of my patent salve, John?

Pledge Wigal, the pugnacious pug from Dayton, Ohio, is quite addicted to women. At least he has a string of 'em.

Brother Nowlin has a rival in one Pledge Lang. We'll let them fight it out between themselves, although we insist that at least three judges be present at the time of the conflict.

Brother Kale has organized a class in salesmanship the object being to sell high grade peanut brittle. The samples sure are good.

Amiee Rhode is back once more.

ATLAS NOTES

Nov. 17, the Pan Hellenic Council held its first meeting of the year. Dr. Atkins was the speaker of the evening. In a very capable and humorous manner he brought many important thoughts to us.

Brother Doyle "is in the navy now."

"The Mystery Man"

Who's the mystery man at the house that called Dr. Halladay and said, "Hello, Virge, this is 'Doctor' speaking."

Pledge Casey Jones wants the boys to know that his name is William E., not that he cares, but just wants people to know it.

Brother Brinkman has moved into the house. He showed the latest technique of handling oysters.

Pledge Fedson underwent an operation at the Des Moines General Hospital during Thanksgiving vacation. Mr. Fedson of Lyle, Minnesota, was with his son.

As appeared in the "Perry Daily Chief:" Dr. T. C. Musselman of Zanesville, Ohio, who is studying medicine in Des Moines visited in the city over the week end at the home of Miss

(Continued on page 4)



Around Our Merry Campus

MERRY JINGLES OF AN OSTEOPATH

Bill G. of Junior B.

Scene: Doctor's office.

Time: The present.

Actors: Doctor, Patient.

The Phone Call

Oh Doctor please, come to me quick,

I feel so awful, awful, sick, My tummy hurts, and aches, and pains,

Oh Doctor please, can you explain

The cause of this commotion.

I'm sure my tummy will explode,

No longer can I stand it.

Oh Doctor please, come to me quick,

Drive way this pain, that makes me sick.

I oft have heard of the wondrous cures,

That the OSTEOPATH, so quick secures,

Now Doctor please, make haste to me,

For I am in great miserie.

The Arrival

Well, here is the doctor, how de doo,

I'm mighty glad to see its you, The pain is here, the ache is there,

The blame thing hurts me everywhere.

The Departure

Well Doctor, now sure I feel fine,

The pain is gone, oh joy divine, Loud shall be my song of praise,

For the OSTEOPATH and his wondrous ways.

ONE FINGER

"What's the idea of washing only one finger?"

"Jimmy Smith has asked me over to his home to feel his baby brother's new tooth."

FLATTERY

Judge: "Prisoner, the jury finds you guilty."

Prisoner: "That's all right judge, I know you're too intelligent to be influenced by what they say."

NEVER OUT OF SIGHT

Fat Lady: "Officer, can you see me safely across the street?"

Officer: "Begorra, lady, Oi can see you a mile away."—West Point Pointer.

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY

President C. W. Johnson

Editor Don Baylor

Osteopathy Without Limitation

The Fable of the Plumber Who Quit to Become a "Doctor"

The following "Fable" was sent in by one of our Field men with the following comment attached: "These said plumbers create business for us once in a while by putting patients out of fix to such an extent that they must come to the Osteopath to get straightened up. More power to 'em—while it lasts, which won't be long."

Back in the days of the red tablecloth, oil lamps and stuffed birds a fat young man with a hard face was wiping joints for his father, a plumber.

Each night, wiping the honest sweat from his receding brow, he would stack away the tools, eat a quadrangular meal and toss himself onto the Ostermoor for a well deserved rest.

When his father passed on to the Region of the Boilers, the son inherited the Business. To the Tricks of the Trade that he had inherited from the Old Man by Precept and Example, he added others that would have excited the Envy of Jesse James and his Brother. He always, of course, forgot the Important Tool and had to hie himself back to the Shop to get it; but he never forgot to Add to the Bill the Time required in the trip Both Ways. He knew how to Thread a Pipe so that the Burr was left inside to Accumulate Slag the first year and Guarantee him another Call from the Excited Housewife who could not wash her Dishes because the Water would not Run.

He accumulated Plenty of the Filthy Lucre—and was Satisfied with Life.

But One Fine Day he received a Glowing Circular from The Fountain Head of Chirosmashem, claiming that Plumbers were Flocking to the New Profession in Doves, and were Cleaning Up—in more ways than One.

He read that Strong Hands, and an Ability to Look Hard and Get the Gold were Inborn in Plumbers, and that Only One Plumber had Failed to make a Success of It, and he Died.

So, again wiping the Honest Sweat from His Receding Brow, he put on a White Collar and spent a week in Davenport, learn the New Science of Chirosmashem.

A few Golden Oak Treatment Tables and a Wicked Looking Chart furnished by the Fountain Head, started him off in Business. He found that Barnum had Severely Underestimated the numbers of the Sucker Family.

(Continued on page 4)

Iowa Osteopath Reports Case of Tuleraemia

The following case of Tuleraemia, a comparatively recent discovery, is reported by Dr. G. C. Trimble of Montezuma, Iowa. It was impossible to obtain the historical data relative to the condition in time for this issue, but will appear in the December 15th Log Book. Doctors interested are urged to save this case report for comparison with the article which will be published as announced.

On the morning of July 31st, 1926, patient was bitten by a sow on the left great toe and the right middle finger. Iodine was applied in a very few minutes, then patient visited Dr. Trimble of Montezuma, Iowa, within a few hours. The doctor dressed the injury with sterile dressings and antiseptics, though they were slight, scarcely deep enough to produce bleeding.

Patient was not seen again until August 5th, at which time he reported injury O. K. and when looked at seemed to be well and the dressing had been left off the finger for a day or two, but patient had been working in the harvest field thrashing August 5th and had been overheated, causing some vomiting and not feeling well but resumed his work the next day until about noon when he became chilly and some headache and swelling in the infected finger, but the toe gave no further trouble.

Patient called at Dr. Trimble's office about noon, August 6th with temperature 102, pulse 100. A moist dressing of alcohol and boracic acid was applied and patient sent home. The doctor was called about 6:30 the same evening and found the patient delirious and with a temperature of 105 and pulse, 130. On examining the finger found the swelling reduced but stiffness in the joint and soreness along the arm to the shoulder, but no redness. Hot fomentations of epsom salts and water were applied and body bathed with alcohol frequently until delirium subsided and temperature dropped to 104 about midnight. Morphine ¼ gr. was given and patient was not seen again until seven a. m. next morning and then found temperature 104, pulse 120, but patient said he felt better. An incision was made in the finger, but no pus was present. There was stiffness and soreness developing in the neck and shoulders. Hot fomentations to the hand and frequent bathing of the body was continued until 12:30, when the doctor called again and found patient no better, temperature 104, pulse 120. Morphine ½ gr. was given and patient was taken to the Des Moines General hospital.

Report from the Hospital

The patient was admitted to the hospital August 7th, with a temperature of 105 and a pulse rate of 120 and was immediately put into hot packs. The arm and shoulder gave considerable pain and hot compresses were applied to the area. Liquid diet

was ordered and the hot packs continued with a gradual reduction of the temperature. Morphine, 1/6 gr. was given hypodermically twice for pain during the week spent in the hospital. Blood count on admission disclosed a practically normal erythrocyte count and an increase of the leucocyte count to a little better than 13,000. Hemoglobin was 90. Urine analysis showed a slight trace of albumin, an occasional granular cast and an occasional round cell. Specific gravity was 1030.

In view of the gradual reduction in temperature and pulse rate, the diet was slowly increased and the patient was discharged from the hospital on the 13th.

Patient returned to his home August 13th and was not seen by Dr. Trimble until Aug. 15th when he found patient able to be up but little, but eating well. The finger showed a little discharge of pus, some swelling and a stiffness of the neck and shoulder also enlarged axillary gland the size of a walnut, temperature 99.3/5, pulse 80. Patient was seen again the 17th and found about the same. On the 18th he was found complaining of his stomach, some headache and not able to sleep, so gave hypnotic and ordered fruit juice diet for a few days. Patient gradually grew weaker and more nervous during the next week, always complaining of the stomach and bowels, bloating, headache, stiff neck and shoulders, and sore axillary gland. Temperature during this time ranging from normal to 102.6. The diet was changed but done no good.

On August 25th, some blood was sent to Dr. Edward Francis, Health Department, Washington, D. C., and his report is as follows:

Serum was found to agglutinate Bacterum Tulareuse in dilutions of 1:10, 20, 40, 160, 320, 640, but not in higher dilution, thus confirming diagnosis of Tuleraemia.

Dr. Francis says hogs are not susceptible to tuleraemia, yet the sow could infect a person by biting, providing she had been feeding on an infected rabbit.

The patient continued to have a little fever every day until about September 7th when the abdominal symptoms and stiff neck and shoulders subsided and he began to eat and be up and around the house. About Sept. 15th, he began to be about the farm and take short rides out in the auto, but complained of being tired on exertion. The swelling about the finger had disappeared but there was still a raw sore and continued so for a week or two before it entirely healed over. Patient gained every day from this time on. October 15th patient still improving, but some weak and complains about soreness and a little swelling of the axillary gland.

Worthwhile Goals Are Not Easily Reached.

Drones Never Get the Desirable Rewards.

Winter Dissection

The regular winter dissection for seniors has started off with a burst of enthusiasm and approximately twenty-five of the embryonic osteos are reporting daily for the odoriferous task.

Classes were held during the recent vacation daily with the exception of Turkey Day proper. Some exceedingly valuable knowledge is being gleaned from the daily quiz sections conducted by Doctor Halladay. Also some of the newest discoveries of anatomical structures and nomenclature have been brought to light. It is rumored that Messrs. Gray, Cunningham, etc., will be forced to make some drastic revisions in their classics in view of the more recent facts that have been disclosed.

To date nothing has disappeared which is really quite remarkable considering the zeal with which the majority of the class are entering into the work. Ab Graham has been elected as "Authority" for the course.

Pre Season

After weighing the merits of each player, an early season all-American football team was picked by a few enthusiastic football fans at the "town pump" located at Seventh and Locust streets, the other night around the hour when Paul Revere, heroic eastern athlete, made his famous ride.

Two corn state athletes were placed on the team. Muddy Rhodes of Iowa was given left guard position for his undying spirit and regularity, and Al K. Hall of Still was awarded left tackle for his predominating nature and influence on opponents.

The remainder of the team is as follows:

Tiny Lakes of Minnesota, captain and quarterback; Mule of Missouri, prominent kicker, right half; A. Auto, speedy player from Detroit, left half; Coal Fields of Pennsylvania, fullback; Lock of Yale, center; Steel Mills of Pittsburgh, right guard; Mighty Woods of Maine, right tackle; Stick of Colgate, right end; Stock Yards of Chicago, the left flank position.

From the Field

Dr. J. H. Voss, May '26, who is interning at the Detroit Osteopathic Hospital has been visiting in the city over the Thanksgiving holidays. Jack is intensely interested in the work he is getting at the above institution and is loud in the praise of the management and their methods.

The Skin You Like to Touch

"How does it feel to be marrying an heiress?"
"Great! Every time I kiss her I feel as if I were clipping the coupon off a government bond."
—Pitt Panther.

Convert Every Defeat Into a Spur to Victory.

Hot Air Never Filled a Pay Envelope.

Log of the Annual Cruise of the Good Ship Buick

(Continued from page 1)

On the trip back the crew put on the nosebag at Owatona the hometown of Joesting, Minnesota's All-American fullback. Was it a meal? Ask Drabbing.

When the trip was resumed, the gang was in good spirits and it being the "Lord's Day," a five hour song service was held. Every song in the little green book from "Onward Christian Soldiers" to the one on page 333 about Maggies Little Old Red Ones was rendered most melodiously.

Doctor Halladay is now having a watch chain braided from the feathers the Buick bumper collected from coming in violent contact with the "Old Gray Mare" with whom there was a dispute over the right of way. That little dispute furnished the last real thrill of the trip.

Anchor was dropped in the home port at seven P. M.

Reservations are now being accepted for the 1927 voyage. Get your passports early and brush up on your Swede lingo and let's go see the team that will lead the Big Ten in 1927.

A. L.

Pirates End Season With 50-0 Triumph

(Continued from page 1)

able Pirate center had waited for an opportunity to talley a touchdown. At last Fate came his way. A substitute entered and took the wrong place on the line. "Dorny" found his regular birth occupied and slipped out on end. The visiting backs attempted pass was knocked out of his hand by a charging linesman and the ball bounded in to the waiting hands of Dornbush, who had an open path to the last marker.

Devine and Myers were successful in adding most of the extra points.

The charging Stillonian line-men never allowed the opposition to pass far beyond the line of scrimmage and held them to a single first down.

The local mentor, not to be outdone by Rockne and his "Silk-panted" warriors, clothed his men in "red flannels" before the contest to protect them from the chilling cold.

CORRECT CONCLUSION

"Black chile, does you all know what deceit am?"

"Suttingly I does, Beelzebub."

"Den what is it?"

"Well, when I leans ovah an' heahs somethin' rip. I knows dat's de seat."—Vanderbilt Masquerader.

Freedom Is Your Opportunity to Give the World Your Best.

If You Do Your Best You Are a Success.

A Stubborn Will Is No Sign of Superior Ability.

The Fable

(Continued from page 3)

and he laughed Gleefully, with a Hoarse Chuckle. The only Fly in his Ointment was that he had wasted so many Years at the relatively unprofitable Game of Plumbing.

It did not take him long to Establish a Reputation by following the Rules of the Fountain Head. He learned that, while Open Plumbing was Visible and it was More or Less Difficult to Play the Tricks that used to be His Favorites in the old Plumbing Days, that the Rabble knew almost Nothing about their Anatomies. He found it Easy to Explain Subluxation to the Saps who thronged and darkened His Doorway, but he had a Hard Time learning to Pronounce it.

A few Twists of the Neck using the same Motions that he formerly Used in Screwing a Tee onto an Ell, produced a Violent Crack in the Patient's Neck that Scared Him into Believing that There was something In It after all.

He Thumped and Pushed and Pounded and Kept a Straight Face.

And after a Few Years, He reduced his Office Hours to Six Days a Week and Four Hours a Day, with Two Hours off for Lunch.

As He rolled about the Streets in His Rolls-Royce, he used to Chuckle at How Easy it All Was and What Fools the Regular Docs were that They Sat still and let him and the Other Plumbers get away with Murder. But he was Told that the Physicians of the Country were Ethical and would not raise much of A Rumpus, and that This was His Protection.

MORAL—Verily, the way of the proletariat passeth understanding.

Hearts

Fearfully and wonderfully constructed are these physical hearts of ours. No frail affairs, but made of the finest quality of muscles, crossing each other with interlacing tissue, running in all directions—a veritable power house—a little engine that has never been duplicated.

It will work and fight and struggle to its last beat for you. Its ready adjustment under all situations and calls, all speeds and elevations with happy endurance is the marvel of scientists.

But the heart does not take kindly to abuse. Some of those early infections may have left their mark and must have consideration, but even then what has often been called a "rickety" heart has sometimes surprised doctors and friends by serving its master far, far into the years.

Hearts are not organs to worry about unless we abuse them. When we do, then look out. Overwork, without sufficient rest, excesses of any sort, whether in play or food or drugs or drinks or smokes, emotion or worries—these in excess hurt the heart.—Dr. C. J. Gaddis in Osteopathic Magazine.

The Spleen a Germ-Killer

Modern medical science is at last unraveling that physiological mystery of the ages, the purpose of the spleen in the human system. It has been known since classical times, says Science Service's Daily Science News Bulletin (Washington), that the spleen could be removed without any apparent ill-effects on the patient. Various conjectures as to its purpose in the human anatomy, all more or less erroneous, have come down to us. By the last half of the nineteenth century it was definitely established that it had something to do with the purification of the blood as well as the formation of some of the blood cells, and though it was not necessary for life, these functions after removal were taken over by the bone marrow and other organs. To quote:

"In a resume of the more recent work done on this mysterious organ, by Dr. E. B. Krumhaar of Philadelphia, we find that the spleen is an important source of anti-bodies, those little understood elements in the blood that help kill off bacteria. Laboratory experiments seem to show that the spleen plays a considerable part in resistance to such infections as tuberculosis and also to the growth of tumors. It has been found that tumor grafts make much less growth in the spleen than in any other organ, and that its removal definitely cuts down the resistance to tumor inoculation. Some experimenters believe that it contains a substance actually destructive to tumor cells, but this has not yet been conclusively proved. Two doctors of New York City, Dr. S. Shapiro and Dr. F. H. Frankel, have tried to ascertain the effects of feeding extracts of spleen and bone marrow upon the formation of red corpuscles. Their patients showed an increase in the number of red cells while being fed the extract, but the count went down as soon as the dose was stopt. The definite establishment of the fact that such extracts contain a substance which will increase the production of red corpuscles would be of inestimable value in the treatment of many diseases, particularly anemia."—Literary Digest.

The Wisest Man Needs Teaching.

A Hundred Failures Prove Nothing.

Buy in Haste and You'll Repent at Leisure.

Seek the Truth and Pursue It Diligently.

Work is the World's Richest Gold Mine.

Incompetence and Impudence Are Twin Companions.

Stupidity Is Usually the Result of Laziness.

Fraternity Notes

(Continued from page 2)

Kathryn Diesner on West Willis avenue.

At last Pledge Skinner sent the B. V. D's to wash.

Rusty Wright wants to know who Major Hoople is? He was told to call the information bureau of the Register and Tribune.

Some of the boys are wondering if they will be elected in the coming election of the A. A. H. A.

By the way Paul P. are you serving your internship this year?

Wonder if Pledge Dornbush knows he's to be in five nights per week. Of course we didn't mind him celebrating the week of his touchdown.

From the looks of the bandage, Dan McKeon must have a broken wrist.

Brother Rockhill has joined the Perry Week End club—Tough Rocky.

P. Monger would like some one to explain the terms for flusher and floor flusher.

Dr. J. H. Voss, intern at the Detroit Osteopathic hospital was a welcomed visitor during the week of Nov. 21st.

Ohio Title Goes to Minnesota.

Pledge Stingley, the uncrowned checker king, dropped his title to Mr. N. E. Fedson, of Lyle, Minnesota Nov. 23, at 9 P. M.

Brother L. C. Schaeffer, T. Rickenbacher and Rusty Wright are now full fledged members of the "Sons of Norway." They spent Thanksgiving in Austin, Minnesota. Bro. Walt Damm and Aloe Nicholson conferred the degree.

Brother Bernard Jones spent Thanksgiving with his parents and friends in Estherville, Iowa.

Brother Doyle and Pledge Stingley spent the vacation season at Doyle's home at Clear Lake, Iowa.

Pledge Gann, Utterback and Brothers Muselman and McKeon spent Turkey Day in Perry. Bro. Johnson also spent the vacation at home.

We are always glad to hear from the alumni.

Fares! — What's That?

Prairie Du Chien, Wis., Sept. 8.—When Mrs. Scott, of Jewell, Iowa, presented one ticket to a railroad train conductor today for herself and thirteen children, all less than five years old, the conductor gasped but took the ticket.

Mrs. Scott carried the family Bible to prove that all the children are her own. She is the mother of nineteen. There are five sets of triplets and two sets of twins.

The children occupied five double seats. They were on their way to Regina, Canada.

Every Great Leader Is a Diligent Reader.

A Thick Skin Is a Wonderful Asset in This World.

Adversity Is Frequently the Advance Agent of Success.

Entered as second class matter, February 3rd, 1923, at the post office at Des Moines, Iowa, under the act of August 24th, 1912.

THE LOG BOOK

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NUMBER 11

Buccaneers Close Successful Season

The cleaners have taken the mud stains out of the orange football jerseys of Still College and they now rest peacefully among the moth balls. A successful season on the gridiron has been completed.

Coach Frank Sutton's warriors returned victorious from four of their nine contests in one of the hardest schedules ever attempted by an Osteopathic eleven.

Parsons and the Haskell Indians came first and they overcame the Pirates by 13-0 and 55-0 scores respectively. As usual the practice sessions before the first contest were so few that it was impossible to present our full strength.

The local mentor was faced in the beginning with developing a backfield combination principally from the new material. This he did with telling results in all games after the first two. The veteran line rounded into shape easily and played consistently throughout the season.

A complete reversal of form was shown in the Central game and by springing a crashing offense they nosed out the Dutchmen 14-13. Loghry was the hero of this fray when he snagged an enemy pass and sprinted 50 yards for the winning score.

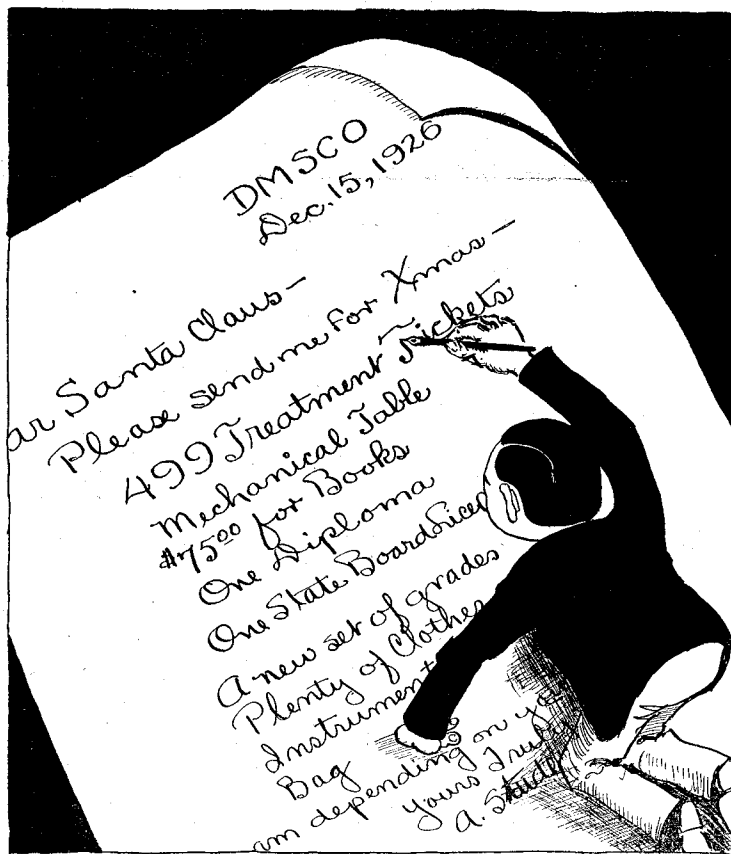
Simpson was next met for the first time in the history of the local school and a decided moral victory was chalked up to the credit of the fighting Buccaneers although the score was 3-0 in favor of the Methodists. This contest was especially noteworthy because the Osteopaths had only three days rest following the game at Pella.

Trinity had little difficulty in trouncing our boys under a 20-0 score in a onesided battle characterized by the sluggish work of the locals due wholly to the fact that they were staging their third game in eight days.

After two weeks rest the peak of form was reached by the Suttonites and they met their ancient rivals, the Kirksville Rams, whom they had never in the history of the two institutions defeated. An inspired Pirate eleven completely outplayed the Missourians and the final score was 20-0 in favor of the Purple and White. Captain Ab Graham, sturdy veteran of many Stillonian battles, led his linemen in one of the greatest defensive exhibitions ever witnessed on any gridiron.

The offensive work continued
(Continued on page 3)

An Annual Event



Frosh Hoop Artists In Conference

The Frosh hoop squad found the going too tough in their first contest of the season and fell before the rangy University of Commerce hoopsters 20-8. It was the young Pirates first contest in the Hawkeye conference in which they will compete twelve times.

The pass work of the yearlings was fairly good considering the fact that it was the first time they had functioned together but they could not find the hoop with any regularity whatever. They took exactly 46 heaves basketward and connected for four counters.

With the short end of a 7-3 score facing them at half time they staged a temporary spurt at the beginning of the third quarter but ineffective team work soon lost them the advantages gained.

O'Connor, Lang and Monger put up a scrappy exhibition on the defense while Hamilton, Cassis and Devine showed well.

Teachers Cut K.C.O.S.

The college and studentbody were quite surprised recently to note in a Kville daily wheeze that the Teachers college in that city had cut all athletic relations with the osteopathic school. The article made several charges against the Rams, of rough and dirty playing, etc., and also charged that the studentbody were not "all that they should be."

Such a state of affairs is rather difficult for the D.M.S.C. O. gang to apprehend, for in our own battle this last season, the Rams played first class football and conducted themselves as "good sportmen" throughout their entire stay in the city. Also the students who accompanied the team to our homecoming celebration, conducted themselves in a manner above criticism.

The Des Moines school is confident that the difficulty will be adjusted in the near future.

Louisa Burns at College Two Days

Louisa Burns, one of the foremost figures in the Osteopathic Research field was at the college December 6th and 7th.

The first day of her visit, the Doctor lectured to the four classes, individually, upon the organization of the Research institute in California and told of the work that was being done there. In the evening she was the guest of honor at a banquet given by the local chapter of the O. W. N. A., at Harris-Emery's tea room. A number of the field doctors from the surrounding towns were in the city for the event. Following the dinner, Dr. Burns was introduced by Dr. Caldwell, president of the O. W. N. A. She gave a highly interesting and instructive lecture on Osteopathic research and the Bony Lesion.

The following day, the Doctor was again at the college and lectured to the classes on the Bony Lesion. The work was greatly augmented by numerous X-ray photographs and by specially prepared spines.

Santa Claus Planning Special Trip Here

Under the management of the Pan Hellenic Council, Santa Claus will make a pre-season personal appearance at D.M.S.C.O. on Friday, December 17th.

This will be the first time in history that this famous celebrity has been induced to appear before the student body and an "opening night crowd" is expected to crash the gates. An appropriate stage setting will be provided replete with Christmas tree and all the fixings.

Everyone will get a present. The class rolls have been drawn and each student is to buy an appropriate gift for the individual whose name he drew. All gifts shall be first class "Woolworth" quality, and the donors name is to be omitted.

The committee has been approached by several who are especially desirous of securing the names of "certain parties" which would tend to indicate that there will be much fun indulged in at the coming "Yuletide Festival."

You Miss Opportunities While Berating the Shortcomings of Others.

Above All, Hold on When Others Would Let Loose.

Schedule Confronts Purple and White Cagers

A shrill whistle of the basketball court is sounding for the Pirate hoop squad in daily workouts at the Jewish Community Center where they are preparing for a hard season against some of the best teams in the Iowa conference.

Coach Frank Sutton, after sending his squad through their first weeks practice sessions, expressed the opinion that he would undoubtedly have one of the best fives he has ever coached barring possible injuries.

Although the squad is the smallest in history as far as the varsity is concerned there are ten members of the Freshman class who are also in active work with the veterans. The yearlings are members of the Hawkeye conference and play every Monday night.

The forwards have shown amazing scoring power against the Frosh with Captain Friend, Davis and Springer caging the pill almost at will.

Mike Hannon has been rounding into shape at center and is expected to be a power on the defense.

"Red" Smith, Myers and Van Ness are taking care of the guard births in excellent style. Weldon, Watkins, Kendall and Nicholson are all likely candidates.

The Osteopathic tutor has arranged an exceptionally strong schedule and will have to keep his dribblers on their toes throughout the season.

The schedule:

Dec. 10—At Grandview.
Dec. 13—At Central.
Dec. 17—At Simpson.
Jan. 7—At Iowa Business College.
Jan. 8—At Parsons.
Jan. 15—At Penn.
Jan. 21—Parsons here.
Jan. 22—Iowa Wesleyan here.
Jan. 25—At Graceland.
Jan. 31—At Western Union.
Feb. 1—At Beuna Vista.
Feb. 2—At Trinity.
Feb. 3—At Dana.
Feb. 4—At Tabor.
Feb. 7—Ellsworth here.
Feb. 12—Penn here.
Feb. 15—Graceland here.
Feb. 16—Western Union here.
Mar. 11—Dana here.
There will also be contests with Kirksville, Jackson University, St. Joseph and St. Thomas.

Technicians Here

Drs. Taplin and Pearl has recently been at the college giving special instruction in the technique for their individual tables.

Dr. Taplin demonstrated the use of his own table and also gave some very valuable foot work. Dr. Pearl, representing Dr. McManus, gave the McManus Table technique.

Both men are highly efficient in their work and the students always have a hearty welcome for them.

Fraternity Notes

PHI SIGMA GAMMA

"Happy" Jack Cavanaugh has deserted the Commodore to take care of his practice. As soon as I left my job, my patient left town" he told the boys this morning.

If anyone wants to know the time of day, see little Gerald Beebe.

"Snap" is wearing his sleeves short now.

Greiner has broken all records. The glue in the back of his watch don't have time to dry for he no sooner gets one picture scratched out than he gets a "special" and pastes hers right back in again.

Charley Johnson's razors slipped last week and the dainty lip adornment was mutilated so that it was necessary to amputate. "I'm going to grow it right back on," he states, "as I feel positively naked without it."

Mott and Davis announce there will be a meeting of the "Royal Order of Avemen" next Tuesday night. Everyone bring their own "chips."

Lowell Morgan finally got out on that case the other afternoon. He says "storking" around isn't always as easy as it sounds.

Ralph Davis disagrees with what the present day advertising would make us believe. Instead of one out of five being safe, Ralph's figures show that five out of six are.

Walt Heinlen is taking such good care of the furnace now days, that he "scrubs up" and puts on rubber gloves before taking out the ashes.

"Four Eyes" Ausseon, who has more females, says that he wishes the girls would stop wearing 'em so short this slippery weather as he can't keep his mind on where he's walking.

The pledges are said to have lost considerable sleep during "hell week." But as for as we have been able to ascertain, the rumor is unfounded.

"Pay or Jail" Jennings has a new "nickel grabber." He runs a candy punch board and arouses enthusiasm by getting the boys to bet against one another.

Walter Cuff now defies the laws of gravity, his bed fell down so often he simply left it right on the floor. He forgot it was down there night before last and slept two feet above it all night.

IOTA TAU SIGMA

Our last activity of the year was a formal dance, held on Dec. 10th at the Hoyt-Sherman Place. Dancing was from 8:30 o'clock until 11:30 o'clock. A program of twelve dances was played by Al Levich and his orchestra. Chaperones and guests included Dr. and Mrs. Prather, Dr. Green and Miss Woodall, Miss Ava Johnson and Mr. Homer Huntton, G. Beebe and Mr. W. Damm. After the last dance was played everyone meandered to the chapter house, where a Midnight Frolic was held and refreshments.

No doubt it will be a close race. The past week every one has been bustling with pep and ac-

tivity, getting ready for the grand "pull out" on December 17th. No one intends to leave early; it isn't due to lack of longing for the home folks though, but demerits.

Brother Brenner has his big black touring car in fine shape for the long jaunt home. His cargo will be Brothers Loghry, Cudden, Rhode and Pledge Cudden. Here's to a successful journey, men.

Every one is going home except Brothers Russell, Ross, Rorick, Nowlin, Jones, Platt, Kale and Pledge Smith. To these men we extend our sympathy. They'll need it.

Merry Christmas everybody and a Happy New Years.

Pan-Hellenic meeting was held at the chapter house on December 7th. Dr. Spring spoke on "Marriage and Divorce." His lecture fell on attentive ears. It was hard to see him at times though because of the dense tobacco smoke.

So long, see you next year.

ATLAS CLUB

Casey Jones is giving Pledge Faus a course in pin setting and soda jerking.

Pledge Fedson is recovering from his operation in good shape. What would happen if—

1. Ole slept at night?
 2. Fedson could not find his hot water bottle?
 3. The side walk was swept before breakfast?
 4. Johnson was late for first class?
 5. Rockhill did not talk athletics?
 6. Mussleman and Utterback did not go to Perry?
 7. Van Ness did not renew the House Rules?
 8. Grown quit selling instruments?
 9. Schaeffer was not a book keeper?
 10. Dave McKeon were an anatomist?
 11. Dud Smith forgot to comb his hair?
 12. Walt Damm did not advise Freshmen?
 13. Doyle did not attend dances?
 14. Gann was jabbed with a pin?
 15. Paul Park did not attend the hospital daily?
 16. Skinner ran out of "Peachy Scrap"?
- The loss of a tree, part of the porch, and nearly an Osteopath was the outcome of a Ford being cranked in gear. BEWARE Oscar.

Doyle is victor and Damm goes down to defeat in a thrilling checker game played on the family board. Doyle was spotted two kings.

Rocky has a germ killer. Look it over fellows.

Again Eddie Grove has changed his point of view, but yet we cannot find the picture.

Plans are rapidly rounding into shape for the Eastern Christmas trip. The "Never Miss Touring" is well bandaged about the wings and ready to fly to Michigan, Ohio and Pennsylvania. The crew includes Master Mechanic Schaeffer, Engineer Mus-

(Continued on page 3)



Around Our Merry Campus

WHEN MEN WERE FREE

The dull boy in the class unexpectedly distinguished himself in a history examination. The question was: "How and when was slavery introduced into America?" To this he replied:

"No woman had come over to the early Virginia colony. The planters wanted wives to help with the work. In 1619 the London company sent over a shipload of girls. The planters gladly married them, and thus was slavery instituted in America." —Los Angeles Times.

THE EFFECT

Coroner: "You say you had several drinks with the deceased in his room?"

Witness: "Yes, sir."

Coroner: "Did you notice any bad after effects?"

Witness: "Yes."

Coroner: Explain in your own words just what they were."

Witness (pointing to corpse): "Him!"

THIRTY YEARS AGO

We put our shirts on over our heads.

Nobody wore a wrist watch.

Women didn't vote.

Anybody could hitch up a horse.

A 5-cent cigar was a cigar.—Capper's weekly.

JUST RIGHT

Jack had been looking over the cards of greeting on the counter for some time when the saleslady suggested: "Here's a lovely sentiment: 'To the Only Girl I Ever Loved.'"

"That's fine," said Jack, brightening. "I'll take five—no, six of those."—Selected.

THE BARREN DOME

Freddy — Grandpa, did you once have hair like snow?

Grandpa—Yes, my boy.

Freddy—Well, who shoveled it off —(The Pathfinder).

A HOPELESS QUEST

Intruded—The police are after me! Quick, where can I hide?

Stenographer — Get into the filing cabinet—nobody can find anything there!

"Too bad about our clubhouse burning down."

"Terrible, simply terrible! I had a dozen new balls in my locker!"

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY

President C. W. Johnson

Editor Don Baylor

Osteopathy Without Limitation

Osteopathic Requisites

The students in one of the Iowa high schools were instructed to write to three successful individuals in the professions or trades that they intended to follow upon graduation, asking them for their idea of the personal requirements necessary to success in that line of endeavor.

The following paragraphs are excerpts from a letter written by C. W. Johnson to an Iowa youth who is headed towards the D.M.S.C.O. mid-year class:

In my judgment, after 27 years of watching men and women in my profession both in the student-professor relation and the fraternal relationship of co-workers in a common cause, you are quite correct in assuming that certain characteristics are requisite for success in Osteopathy.

The qualifications are pretty definitely set down by law. Every student entering an osteopathic school must be a graduate from an accredited high school. Experience is fast showing us that from two to four years in general collegiate work before the professional work is entered upon is of very great value to the student.

The characteristics of makeup which give the advantage for success to an osteopath may be listed as they come to mind. I do not mean to indicate any precedence of value by priority of position.

(1) An osteopath must have strength, physical fitness and stability of health upon which he can depend.

(2) His interest must be humanitarian; he must be interested in people, well or sick, rich or poor; it is not their standing which counts, but their condition and what can be done for it.

(3) He will need to find himself, without thought or forcing, inately interested in anything related to the causation and eradication of disease and the building for and maintenance of health.

(4) A scientifically inquiring frame of mind is another vital factor in success. This is actually sheer curiosity which gets itself easily directed into questioning the whys and wherefores of conditions and results. A true Osteopathic physician never makes a movement in treatment unless he knows just why he is using that technique and what may be expected from it. A psychologic curiosity is important too. Though this may to a degree, come into the humani-

(Continued in column four)

Branching Into Athletics

Chapter V

In taking care of ankles in athletic work we have two kinds of treatment to consider. First, protective and second, curative. In enlarging on the first let me call your attention to the fact that while you have perhaps not noted it, there is as much variation in ankles of the male of the species as there is in the female. Some boys or young men have ankles built to withstand the extra strain put upon them in vigorous contests. Others can take part in one type of athletics and no other, the reason being in their physical makeup. Babe Ruth recently visited Des Moines and went out to Drake and took a light workout with the Drake football squad. Ossie Solem, the coach, said afterward that Babe as a backfield man was a fine batter. Babe's ankles couldn't stand the strain. There are many Babe Ruths playing football when they should not be. Now when we look over the gang that has responded to the call for football men we look them over. With half an eye you can pick out the ones that will suffer from ankle sprains through the whole season. These men may be necessary on the team and if so we have to meet the condition with an outside aid of some sort. Don't pass over this ankle inspection lightly. Your pregame work will save you a lot of post-game worry. Two years of carefully kept statistics prove that fifteen percent of football injuries are to the ankle and foot and that they keep the player either out of the game entirely or prevent him from doing his best at the time when it is needed. He is useless until the ankle has recovered.

The greatest aid in preventing ankle injuries is adhesive. Just as has been mentioned before, the tissue that is most often torn is ligamentous. If Nature has not provided the athlete with strong ligaments and tendons around the ankle we will have to provide a substitute. The more you spend for adhesive the less you spend for treatment, but like everything else it must be used properly or it had better be left off. Coaches often disagree on the type of taping for the ankle but all agree on the point that tape applied properly prevents injuries.

If you study the movement in the ankle region you will find that flexion and extension are present at the joint between the tibia and the talus or astragalus. Side bending and rotation are not present here but at the joint anterior to the talus. When the foot is "turned" it is usually in inversion and the ligaments that suffer are the ones extending from the fibula to the talus and calcaneus. There are three small ligaments here that while strong enough under ordinary circumstances are not sufficiently heavy to stand the violence of sudden stops and twists that come in football. We must pro-

tect the outer part of the ankle joint more on this account. Another thing to think of is that there is only one muscle that crosses the ankle externally that adds strength to this side of the ankle. It is the peroneus longus. The joints between the talus, calcaneus, navicular and cuboid are secured by strong ligaments that need very little aid and this small amount of protection they do need is taken care of in the proper application of tape primarily intended to strengthen the ankle joint. Write to Johnson and Johnson at New Brunswick, N. J., and ask for a copy of "Adhesive plaster bandaging in Athletics," and turn to page thirteen. This type of bandage is used a great deal but with a modification that makes it better. Do not let the ends of the tape overlap along the dorsum of the ankle. Leave an open space to prevent the compression of the blood vessels along the dorsum. This is an excellent bandage to use in the care of an injured ankle. There is another bandage illustrated on page fifteen that is best in the cases where the lateral ligaments are weak.

We do not like the use of the third strap put on in the figure eight style. This binds the ends down, but prevents free circulation. If used it should be put on with the idea of holding number one in place and not for the purpose of binding the ankle. The double bandage as shown on page sixteen is used in the thin ligament and muscle cases. It is stronger by one more band. Gauze may be used under these bandages but they do not have the intended effect if they can slip around. A protecting bandage must be as close to the bone as possible.

Fraternity Notes

(Continued from page 2)

sleman, Water Boy Dornbush, Look Out Man Skinner and Flag Man Wright. Pledge Munger is out with his "Always First There" for another blue ribbon. No doubt it will be a close race as the Assistant Coach will be in the game, Rickenbacker with the tools and Pledge Stingley ready to give the drug for the finishing lap.

Friday at 12—

Go—Ford Go,
Go—Ford Go,
Pile mud, pile snow,
Go—Ford Go.

Most of the boys are planning to go home for Christmas, but Pledge Hughes of Oregon and Brothers Harmon of Maine, Ward of Ontario, Van Ness of Ohio, MacNaughton of New Brunswick, Duke Wire of Montana are going to keep the home fires burning.

Brothers Damm, Meyers, Brinkman, Nichol森 and Pledge Fedson are spending Christmas in the "State they lov" so vel." While the motor industry three, Skinner, Richardson and Brown are going back to the State that beat Minnesota.

Most Big Jobs Are Held by Men Past Fifty.

Buccaneers Close Successful Season

(Continued from page 1)

to function and the Iowa Business College and Jackson University fell on successive Fridays by 19-0 and 58-0 scores respectively.

Besides the fighting example of Captain Ab Graham, Race Myers played in his usual sensational style at defensive center and offensive end.

Ross and Loghry also played well on the wings while Parks, J. Jones, F. McIntosh, Van Ness, B. Jones and Skidmore skillfully handled the guard positions.

Lillard, probably Coach Sutton's greatest tackle, was never outplayed in a single contest. His offensive play was exceptional. Much was expected of Walker, but injuries kept him handicapped throughout the season.

Sheets, G. McIntosh, Shaw, Platt and Russell were the veterans who did the ball carrying. They all performed well as did the newer men, Devine, Plude, Cassis and Stafford.

There will be sixteen letter men who will be lost to the squad through graduation in the spring. They are Graham, Myers, Walker, Parks, Brown, B. Jones, G. McIntosh, Skidmore, O'Connor, Sheets, Russell, Lillard, Platt, Van Ness, Bice and Hannon.

Osteopathic Requisites

(Continued from column one) tarian heading. It means the physician is not content with knowing only the bodily derangement. He must know the mental condition accompanying the condition, and probably to a degree causing it.

(5) Keen observation, a characteristic inborn, but can be easily developed, is the characteristic that determines which of two men with equal training and mentality will be the successful diagnostician and which the mediocre and undependable one.

I have taken for granted in these items that no one would consider following a technical course such as ours who is not determined to be a thorough student of every subject in the curriculum.

It has been a pleasure to offer you my ideas on this question and I hope they may prove of some value to you. We are glad to know you are contemplating the osteopathic profession. It is an open field which offers satisfactions in impelling interest of work, opportunities for service, recognition in your community and remunerative returns. As the time approaches for your entrance into our training, we shall welcome an opportunity to answer questions or give suggestions which may aid in the solution of your own individual problems.

To protect yourself, always take the best hat and coat on the rack; the owner won't care until you have gone.

Work for Others as if Working for Yourself.

FIELD MEN---

*Now is the Time to Line-up
Your Mid-Year Students!*



*The Des Moines Still
College of Osteopathy*

"The Profession's College"

—OFFERS—

A Faculty of Specialists
Unlimited Clinical Facilities
Adequate Opportunity for Work
A Representative Student Body

➔ For Further Information Address the Secretary

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SANTA CLAUS MAKES US PRE-SEASON VISIT

As a fitting send-off for their Christmas vacation, Santa Claus made a special pre-season visit to D.M.S.C.O. on Friday morning the 17th.

The morning's festivities started off with violin solos by Harold Stiffing of the senior A class. Earl Shaw with his melodious saxophone tickled the tympanic membranes of the audience while the last minute preparations were being made for the triumphal entry of Mr. S. Claus. Tooter was accompanied on the music box by "Lute" Drabing. Walt Hagman, also a Senior A, added to the pleasures of the morning by singing several popular numbers to his own accompaniment on a small instrument which looked as though it might be a cross between a Hungarian Gazook (very rare) and a bass viol. However the numbers were "hot stuff" and thoroughly enjoyed by the vast and appreciative audience.

At this point the merry gingle of the sleigh bells of that famous old charactar who persists in riding in an antiquated sleigh, were heard tinkling through the halls of learning. The double doors to the assembly room burst open and there he was! Red suit, white trimming, long beard and everything! Followed by a horde of "Brownies" Santa made his way to the platform where a beautifully decorated tree stood in stately splendor. Immediately entering upon his task of passing out the dirt, Santa got out the Faculty gifts first and E. Dean Elsea received the first remembrance of the morning in the form of a beautiful and useful little water gun. Dr. J. P. Schwartz, of surgical fame, also Dean of the college, was presented with an excellent fourteen inch scapel of which he was quite proud and promised to use on the morrow provided his wife did not take it to cut the morning bread. Dr. C. W. Johnson, our president, received an exquisitely wrapped and padded brick. Several of you old grads will appreciate the appropriateness of this token of our esteem.

No one was forgotten. Each student was responsible for a fellow student's gift and the remembrances ran the gamut from back scratchers to nursing bottles for the freshmen (and some upper classmen). The entire morning's program was a success and everyone thoroughly enjoyed the event. Arrangements were made by the Pan Hellenic Council and they merit a vote of thanks for their efforts.

New Year's Greeting 1927

The old year is dead, the new year is born. Humbly, fearfully, we sink on our knees, and slowly, in answer to our prayers comes back something of the old faith of our childhood, and we rejoice that we are granted one more New Year's day on which to "begin again"—not in our childish way, with utter disregard of the past, but trustingly patiently, knowing that we must ever carry with us our past, and rejoicing that, with God's help, we may make the future better because of the past. Then, as we rise from our knees, we look bravely forward to the veiled figure that stands at our threshold; we know nothing of what it brings, we know only that it is God's new year. May He bless it to us all. Golden Rule.

Special Clinic Sessions Held

Special clinic sessions are being held during the Christmas vacation on Monday and Thursday afternoons.

The number of new patients that are constantly registering made this action imperative and the students that are foregoing the pleasures of a visit home are reaping the benefits of this opportunity for additional clinical work.

Regular time credit is being given for the work and will be applied upon the clinic attendance.

This is the first time that this plan has been in effect during the holidays and the number of students that are attending the meetings more than warrant its inauguration.

Short Tempers and Long Heads
Rarely Dwell Together.

Words of Cheer Throw Workers
Into High Gear.

Seniors Preparing For Commencement

With only a scant three weeks intervening between their return from vacation and the mid-year graduation exercises, the Senior A class are burning the midnight oil in preparation for the coming event.

Of the seventeen members of the January class, a majority have remained in the city over the holidays and have been busy making the arrangements for the commencement program and getting the balance of their clinical work. Practically all have their required "500" in and are hard at work studying for coming state boards.

None of the details of the program have been announced as yet, but the committee in charge say that it will be the best on record. Several members of the class have filed applications for internship, but none have received definite notification of appointment to date.

The commencement exercises will be held January 20th.

Around the College

The customary Christmas exodus leaves the old college appearing rather deserted and quiet after the hub-bub of the past four months. It seems odd not to hear the old bell clang out its release from a dry lecture and the subsequent rush and banging as the gang come tearing down for their morning dash across the street for coffee or downstairs for a smoke.

However, those that remain will be able to live through it and the office force no doubt are enjoying this brief lull in the excitement of the year's work.

The first two or three days of vacation there was a goodly number of students around, but the closer it came to Christmas the stronger became those seductive thoughts of how good Mother's cooking was until the number of "stay-heres" has dwindled to less than half its original magnitude.

O. B., clinic and treating are the features which are helping the students while away the hours. Several went home for Christmas day and have returned resplendant in new scarfs, ties, hose, etc., which people always give other unsuspecting people at this time of year.

Several new watches, with varying types of second hands (absolutely necessary for pulse counting) have put in their appearance and so far predominate the field of presents. As above stated, every once in awhile, there will be a flash of blinding light and blazing color, and there before you will appear one of the boys with his new Christmas tie undimmed. Startling reports of meals ingested make us wonder if the things we have been taught regarding the physiology of digestion and capacity of the human are not at fault. However we are rapidly returning to normal and by the time the gang is back on the job, will be rarin' to go.

EARNEST WORKER

Field-Worker in Sociology 103 —"But have you no religious convictions, my good man?"

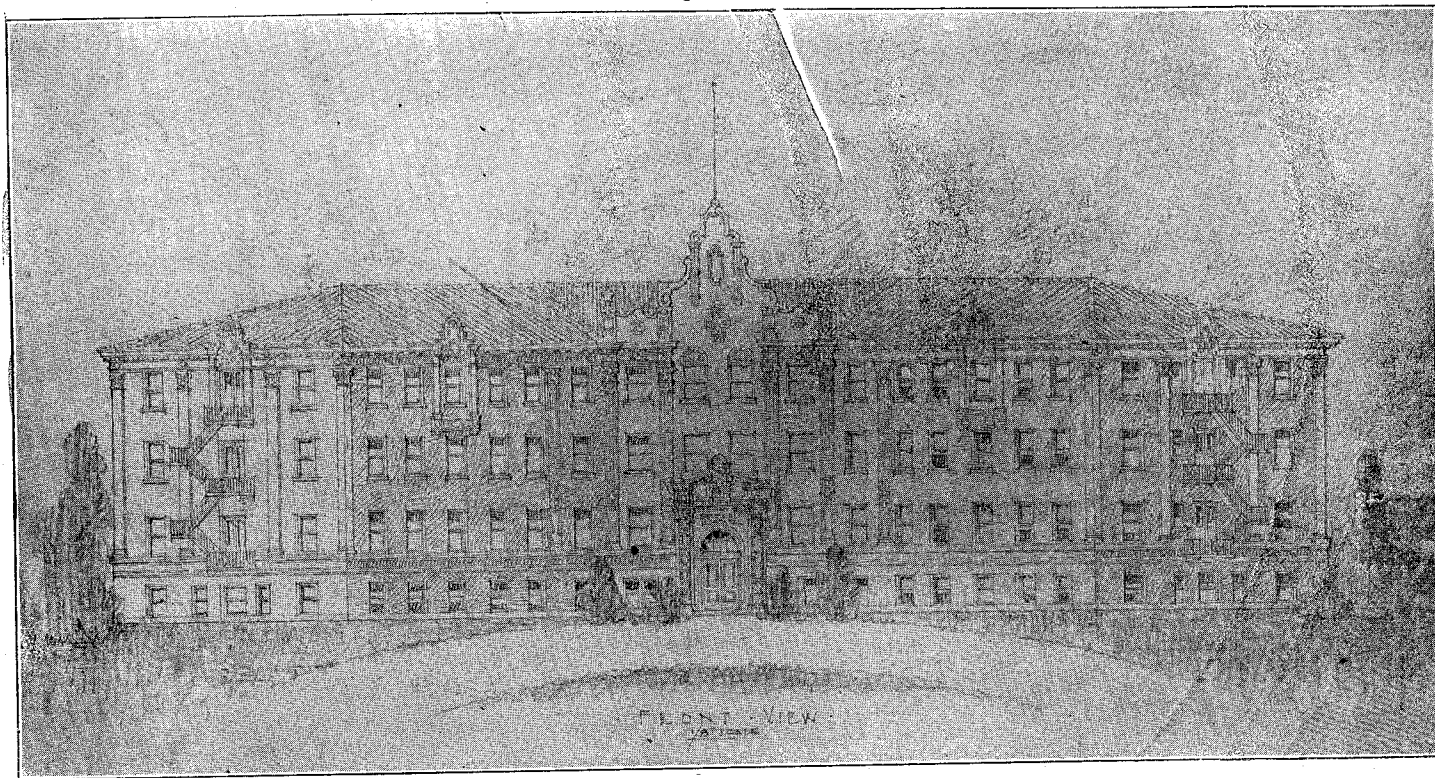
Convict—"Yes mum; I wuz caught breaking into a church collection box."—Jester.

Q. E. D.

"And how have you been getting on, Mrs. Mumble?"

"Ah, miss, not too well. My poor 'usband 'ad a parallel stroke, and we've 'ad a 'ard time to make both ends meet."—Christian Register.

Local Osteopaths to Have New \$400,000.00 Hospital



SKETCH OF PROPOSED NEW DES MOINES GENERAL HOSPITAL

Student Body Subscribes Over \$1,200.00

A campaign has been launched which will ultimately result in the erection of a new Des Moines General Hospital, valued at \$400,000.

The new osteopathic institution is to be of the most modern type and the specifications that have already been made by one of the foremost Chicago hospital architects, calls for a main building of the Spanish type. The campaign is statewide and the districts already completed demonstrate that the profession and public are firmly behind Dr. J. P. Schwartz, president and surgeon-in-chief of the hospital and his board.

Following an address in assembly recently, the student body pledged over twelve hundred dollars in less than fifteen minutes. The institution is receiving the same type of support from the field.

The inadequacy of the present structure makes the present campaign imperative. For the past several months, the institution has been filled to the limit of its capacity and in a number of instances patients have been refused admittance because of lack of room.

EARNEST PEDESTRIAN

Fortune Teller: "I see a tall, stout woman between you and your husband; she follows him about wherever he goes."

Client: "I'm sorry for her then—he's a postman."—Passing Show.

Fraternity Notes

The various fraternity houses around our spacious campus have been rather quiet during the rest period. At the P. S. G. house up on Center Street, little Moco Elsea, Lashlee, Jacobs and others are keeping the fires burning and the doormat clean.

Elsea reports that Lashlee stayed up all night Christmas eve watching for Santa Claus, but the old boy fooled him and slipped in unnoticed. No burglars have been reported recently.

Jack Cavanaugh's big black open job is running around in spite of the present cold weather.

Several of the brothers are warming the sheets nightly at the Atlas house. Paul Park is spending considerable time at the house this vacation. He went down home for Christmas day. Skinner, Ward, Van Ness and Welsh are also on the job. Phil Bryson puts in with the boys now and then between trips to the southern part of the state.

The I. T. S. house is being guarded by Russell, Smith, Nowlin, Ross, Jones, Rorick and Kale. The water pipes have not frozen as yet, but more cold weather is expected in the near future.

Russell and Smith have been exceedingly busy during the vacation time delivering candy.

A NEGATIVE HIT

"Mr. Jiggers," asked the professor in the freshman class, "what three words are used most among college students?"

"I don't know," said the student.

"Correct," replied the professor.

Compassion's Loving

When you're feeling sort o' blue like

And you think you're out o' luck,

Did you ever stop to ponder
On some other fellow's pluck?

There were heaps o' folks around you

Who have found the way up hill,

Who have kissed the cross of failure

And come up a-smiling still.

There are those who toil and suffer

That another's hope may live,
Who have buried self forever
In the effort just to give.

Yours are not the only troubles;
Count the other fellow's up,
And you'll drown that germ o' blueness

In compassion's loving cup.

TAKING THEIR TURN

Eloise: "Just think of it! A few turns of a knob and you get Cuba."

Aloysius: "Yes, just think of it! A few turns of a knob and you get twenty years."—Annapolis Log.

YES AND NO

"I don't suppose you won't know of nobody who don't want to hire nobody to do nothing, don't you?"

"Yes, I don't."—Brown Jug.

"Nigger, what lodge is you gwine to joint when you gits 21?"

"I think I'll join dis hear Henry Cabot Lodge."—Ranger.

Help! Help!

Doctors in the Field! The old Purple and White will need plenty of fresh football material when the call for gridiron candidates is issued next fall.

Now is the time to get in touch with those high school stars in your locality who have made exceptional showings during their prep careers. Of course they must be interested in Osteopathy primarily but they will be doubly welcome at Still if they are skillful followers of the pig-skin.

Coach Frank Sutton is graduating sixteen lettermen in the spring and it will be a difficult proposition to fill their places. Therefore the Osteopathic mentor will be very grateful to those physicians in the field who will give a little of their time to future Pirate successes on the football field by interviewing a few likely prospects.

If you will write to Coach Sutton concerning these high school gridders he will be glad to explain the situation in Stillonian athletics.

Their meeting, it was sudden;

Their meeting, it was sad;
She gave her sweet young life,
Most gracious thing she had.
She sleeps beneath the willows,
In peace she's resting now;
There's always something doing,

When a freight train meets a cow.

Better Be Short of Cash than of Character.

The Log Book

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Osteopathy Without Limitation

Measuring Up To the Average

On the train from Chicago the other day, rode one of those pompous persons who always loves to impress people.

As we approached our destination, the porter started to brush this man down and he opened conversation at once.

"My man," said he, "do you make pretty good tips on this train?"

"Yessuh, yes indeed!" replied the wielder of the whisk broom. "I sure does!"

"Well, that's fine," continued the interlocutor. "Now on the whole what would you say your average was from each person?"

"Boss," replied Mr. Bones, "I reckon it just about averages up a dollar per each."

"I'm glad to hear that," continued the pompous party. "Here's my dollar and don't forget to put off my three bags!"

"No suh, no indeed!" replied the porter. "An' I want to thank you very kindly for the dollar suh, 'cause you're the fust man what's come up to the average this trip!"

Now how do we know as we travel through life, whether we are batting up to the average or not? We can't really figure it out by comparing our results with those of other people. It isn't fair to them and it isn't fair to us.

The only criterion we can have is to sit down at the year's end and try to take an accounting of ourselves, physically, financially and spiritually, making some comparisons, if we can, with the years that have gone before.

Are we working as hard as we used to work? Are we getting bigger and better results? Are we holding our friends and making more? Or do we feel in our secret soul that we are falling just a little bit behind in one way or another?

That's a mighty hard thing to do because the human memory is such a fallacious factor when you try to focus it upon your own record.

Maybe after all it is a mistake to look back and worry about the things that are past.

Far better, I believe, to sit down and determine what ought to be accomplished during the year that has just begun. Suppose we concentrated every effort upon achieving one of them per month.

Couldn't we then profitably charge all the worries and disappointments of the past year to

profit and loss and forget about them?

All we need to go ahead on is courage and faith and determination. We have had the experience and paid for it.

Will we capitalize that fact during 1926?

Let the averages go, if we have the will and the spirit to work the best we know how from day to day. The future can be shaped to suit us.

The past—that book is closed. Why open it?

W. W. Mack.

LIFE'S AIM

Eldon L. Carlson

It has been said that the ultimate aim of humanity in all ages of civilization has been for the search of happiness. If such were true, why has there been such a diversified conception of the word? It lies in the difference of men's ideas of happiness. Some men's happiness is to secure fame, others wealth, to others, knowledge, and to others various things. It is the ideal that is the compelling force of life which unfolds the character of the individual.

The noble ideals which men have cherished, have mastered them and we have received our Shakespeares, our Newtons, and our Handels. Ideals of men have pushed them into unexpected regions, have harnessed the forces of nature, have bridged the streams, tunneled the mountains. Dr. A. T. Still saw but dimly at first, "as through a glass, darkly," but his visions proved to be realities, and then he saw the truth as, "face to face."

An ideal must be high. As a writer has said, "Hitch your cart to a star." It must ever be in advance of our upward struggling climb, and even though we may never attain it, our bettered lives have been worth the effort. I am reminded of the incident of an artist. He had cherished the ideal of some day being competent enough to paint a particular picture. One day in later life, as he gazed upon his finished masterpiece, with an expression of content, he realized that his ideal had been attained; his goal of life had been reached; his art held nothing new to revive his interest. No ideal has ever been so high as that possessed by the Jesus of Nazareth, but it was an ideal that could be comprehended then and can be comprehended today, if we will but discover, or rediscover Him.

Man can be happy in his activities of life but they can only be utilized by arranging them according to a principle or plan. As an architect plans an edifice and from the plans, each part in its proper shape and order brings about the completion of the structure in all symmetry and beauty, so likewise we must build; our ideal must be followed and all our activities should give form and shape to our life work in order that the completion of the structure will be in symmetry and according to the ideal.

Happiness can be found in the ministry of rendering service to

mankind. There is no better law than the Golden Rule. That which adds brightness and cheer in the smallest way to the world is worth while. One encouraging word to a disheartened neighbor which gives joy, comfort, and strength, does something worthwhile. We never know however small a deed of kindness may be, its richest harvest it may reap. As a brother of mine has said: "I have sometimes felt that a measure of the real value and success of many men and women, is to be found in the touch of their lives upon those souls that are destined to something great. Years ago in Springfield, Mass., a mechanic stepped up to a drunken man, tapped him on the shoulder and spoke a few kind words. The name of that obscure mechanic will never be known; but the drunkard became one of the greatest orators of the day and a contributing power toward the making of a saloonless nation. His name was John B. Gough, and his mighty influence was kindled by the touch of the hand and the kind words of that obscure mechanic. Theo. Cuyler, in relating the incident, said, 'When I heard the thunders of applause that greeted Gough's oratory, I said, 'That is but the echo of the tapping of that mechanic's friendly hand upon the drunkard's shoulder.' Who would not say that the value of that mechanics life was in no small measure to be judged by just that touch of his hand and his kind word?"

About a century ago a scientist was startling the world with his discoveries. One invention after another came out of his laboratory. One day he received a letter from an unknown, self-educated boy, the son of a blacksmith. The boy confided to the learned scientist his ambition to become an inventor. And he received a reply. It was immediately kind and favorable. The boy was given an opportunity to meet the learned man, and later became an assistant in his laboratory. The scientist was Sir Humphrey Davy, to whom the world owes a debt for the miners' safety lamp and a long list of discoveries in Physics and Chemistry. But an even larger debt is due him for the touch of his life on the unknown son of a blacksmith, whose later work outshone his own. Sir Humphrey Davy's greatest discovery was that boy, Michael Faraday. And this because he made glad a young heart, doing him good by kindling faith in him in his purpose of life.

If life is worth living, it is worth living honorably, nobly, victoriously, ever endeavoring to do the right, even if but in the little things, for—

"He who does the best

His circumstances allowss.
Does well, acts nobly—angels
Could do no more."

Our happiness depends upon our being in harmony with the Divine. As Orison Sweet Marden has penned: "In our union with the Omnipotent God, we can do what we believe we can. We can make our life something better,



Around Our Merry Campus

POOR OPINION OF LIFE

The doctor had just been visiting an Irish patient, and as the man's wife was showing him out he said to her. "Your husband's not so well today, Mrs. Maloney. Is he sticking to the simple diet I prescribed?"

"He is not, sorr," came the reply. "He says he'll not be after starvin' himself to death just for the sake of livin' a few years longer."—Epworth Herald.

POWER OF IMAGINATION

Mrs. Bridley (at 1 A. M.): "Oh. Jack, wake up! I can just feel there's a mouse in the room."

Husband (drowsily): "Well, just feel there's a cat, too, and go to sleep."—Boston Transcript.

"Whah you-all goin' in such a rage, man?"

"Ah's a goin' to git that doc-tah what sewed up my appendixes with white thread."—Columbia Jester.

NOT GUILTY

Soph: "Did you take a bath?"
Frosh: "No, is there one missing?"—Red Cat.

When Wifey Takes the Wheel

Doctor (to patient who claims to be a nervous wreck): "What are your symptoms?"

Patient: "I jump when I hear a telephone, the door-bell sends me into hysterics. Any stranger coming to the house frightens me out of my life, and I'm afraid to pick up a newspaper. Do you know what's wrong with me?"

Doctor: "Yes. My wife drives a car, too."—Passing Show.

Scotch Gent: "My lad are you to be my caddie?"

Caddie: "Yes sir."

Scotch G.: "And how are you at finding lost balls?"

Caddie: "Very good sir."

S. Gent: "Well look around and find one and we'll start the game."—Yellow Jacket.

larger, grander than it has ever been before." We must develop ourselves as best we can, bodily, mentally and spiritually. This is not the most successful life which brings the greatest pleasure, wealth, name or honor—but in that which renders the most service to the world—and which is the most honorable in the sight of the Omnipotent God.

FIELD MEN---

REGISTRATION DATES

FOR THE SECOND SEMESTER ARE

JANUARY 21st and 22nd

CLASSES BEGIN JANUARY 24th



THE "PROFESSIONS COLLEGE" IS LOOKING FORWARD to a record breaking mid-year enrollment. The students you send to D.M.S.C.O. will receive a thorough, scientific, Osteopathic education. Our Faculty of Specialists is unexcelled.

THE LIFE OF YOUR PROFESSION IS THE CONSTANT flow of new students to our institutions. Are you doing your share towards increasing the enrollment in the colleges?

IN ADDITION TO OUR FACULTY AND CLINICS, AN added inducement may be found in the fact that the college is located in a city large enough to afford ample opportunity for part time work for the student who needs this assistance.

RECOMMEND THE PROFESSION'S COLLEGE TO YOUR PROSPECTIVES

Address the Secretary for detailed information

Entered as second class matter, February 3rd, 1923, at the post office at Des Moines, Iowa, under the act of August 24th, 1912.

THE LOG BOOK

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PUBLISHED SEMI-MONTHLY BY THE DES MOINES STILL COLLEGE OF OSTEOPATHY

VOLUME 4

JANUARY 15, 1927

NUMBER 13

PIRATE BASKET TOSSERS Open Season

The Pirate basket ball squad has been slowly rounding into shape and gives promise of developing into a smooth working combination. Early games point to the quintet as being a home-floor five, as they have won both their contests on local surfaces.

In the initial game with Grandview College the whole team played excellent ball and turned in a rather easy 50-28 victory. Captain Friend and Davis had little difficulty in locating the hoop, while the dependable "Race" Myers kept the opposition from any close-in shots.

The Purple and White five met Central College there in the next contest, and after being in the lead practically the whole second half, were nosed out in the final minutes of play by a 32-22 score. It was a hard game to lose, as the team put up a hard fight throughout. Harold Davis, flashy forward, played a whirlwind game, as did Springer, who has since found it necessary to give up basket ball because of his heavy scholastic schedule.

Just before the Christmas holidays the team journeyed to Indianola, where they again lost in the final minutes of play, this time to the speedy Simpson College dribblers, 36-24. Mike Hannon, veteran center, hit his stride in this game and rang up baskets in old-time form. Captain Friend and Davis also did well.

At the opening of the Drake field house the Pirates played their best game of the year, so far, when they completely smothered the Buena Vista five under a 49 to 22 score. The sensational dribbling attack of Davis and Downs, who was playing his first contest for the Osteopaths, completely baffled the visitors. The combination of Davis and Friend worked the ball under the hoop for easy set-ups, while Downs not only made his share of the counters but also played a sterling game at guard. Coach Sutton sent in almost a whole new team in the final quarter and was pleased with the showing made by his second stringers.

The trip to Parsons was disastrous to the Buccaneers and they fell before the Devinemen to the tune of 36-16. Neither Downs or Davis could register with any regularity and continual fumbles lost valuable opportunities at the hoop. The Pirates were in anything but top form and were probably a little too

(Continued on page 3)



CAPT. MAC FRIEND

Rev. Rash to Address Seniors

The Rev. Clifton Rash, of the Urbandale Federated Church, has been secured by the Senior A class to deliver the commencement address at the exercises to be held in the college auditorium Thursday evening, Jan. 20th. Rev. Rash has appeared before the student body on several occasions and will prove ideal in this capacity. He is an eloquent speaker and is intensely interesting.

The program for the evening is as follows:

March..... Mildred Trimble
Invocation..... Dr. R. B. Bachman
Selection..... Thos. Mann
Address..... Rev. Clifton Rash
Selection..... H. A. Sifling
Presentation of Class.....
..... Dr. J. P. Schwartz
Conferring of Degrees.....
..... President C. W. Johnson
Conferring of Honors.....
..... Dr. J. P. Schwartz
March..... Mildred Trimble
Accompanist—Gladys Monroe
Stribling

The members of the graduating class are: W. G. Hagmann, W. C. Walker, Lloyd Mitchell, Jean McIntosh, R. M. Swanson, N. E. Chevalier, L. E. Bice, W. J. O'Connor, Minnie F. Buckallew, Marion G. Caldwell, Harriett E. Yates, A. H. Lee, L. W. McK. Jamieson, and Earl F. Pearsons.

Honor Faculty Member



MISS AVA JOHNSON

Miss Ava Johnson, member of our "Faculty of Specialists," recently received a signal honor when an abstract of her thesis for Masters Degree was published in the Proceeding of the Iowa Academy of Science.

The subject of the thesis was: "Certain relationships between physical conditions and physiological vigor," and in its development demonstrated the effect of the student's physical condition upon grades, extracurricular activities and personality.

O. B. Assistants Named

The Board of Trustees have recently appointed Paul Park and T. L. Wilson as assistants in the obstetrical clinic to fill vacancies created by the graduation of Mitchell and Jamieson.

In the report on the activities of the clinic, recently filed by Jamieson, it is reported that 98 cases were handled during the period May 22 to Dec. 25, inclusive. Of that number, seven were attended in the Hospital, ninety-one in the home. Of the variations from normal, three were forceps, three breeches, one podalic, one brow, two sets of twins.

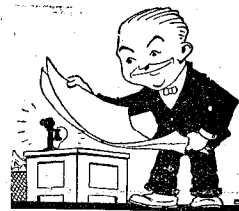
The outlook for the coming semester does not indicate that there will be any lack of material in this department.

Pres. Johnson Addresses Co-eds

The girls of the school held monthly work meeting Thursday evening, January 6, at the home of Mrs. Robinson. Dr. Johnson gave a very helpful talk. It is noticeable since then that the front seats in the class rooms are at a premium.

The Axis girls served refreshments, and all agree that Gladys is a "good provider."

1927 Stillonian Staff Announced



The Staff for the 1927 Stillonian is complete and the work on the book is progressing very rapidly. The various department heads have their particular phase of this year's publication well outlined and in many instances completed.

Under the direction of Business Manager Dean Elsea, a campaign has been in progress for foreign advertising, which has been quite successful. Circulation Manager Schaeffer has recently been concentrating upon the collection of subscriptions pledged by the student body last fall and has been meeting with good success.

The contract for the photography has been let to the Townsend Studio of this city and the mid-year graduating class have already been "shot". Townsend's enjoy a reputation of being the best photographers in the city, and the staff are positive that they will live up to their reputation and supply us with the best pictures we have ever had. Pictures of the under classes will be taken immediately after the beginning of the second semester.

The following are the Staff for this year's Book:

Editor in Chief..... Don Baylor
Associate Editor..... G. O. Smith
Business Manager..... Dean Elsea
Asst. Bus. Manager..... J. P. Jones
Circulation Mgr. L. E. Schaeffer
Advertising Mgr. J. H. Friend, Jr.
Photographic Editor I. J. Nowlin
Snapshot Editor..... Phil Bryson
Athletic Editor..... Rockhill
Organization Editor..... Nye
Classes..... Mildred Trimble
Humor..... Spencer
Calendar..... Gerald Beebe
Activities..... Stanley Evans
Hospital..... Paul Park
Art..... Reginald Platt

Students!

Pay Your Stillonian Subscriptions to the Following:

Senior A..... Jamieson
Senior B..... Elsea - Schaeffer
Junior A..... J. P. Jones
Junior B..... Hovis
Soph A..... McFarland
Soph B..... Nicholzen
Fresh A..... Johnson
Fresh B..... Skinner

Large Mid-Year Class Expected

One of the largest mid-year classes to be enrolled in the college is expected this year. Correspondence from prospective students and from field men constitutes the basis for this statement.

Registration for the second semester is placed at January 21st and 22nd and the class work will begin the 24th.

The field men have been sending in increasing numbers of students each term and the interest they have manifested in the college is more than appreciated by the Board. The benefit is not only derived by the college but by the profession as a whole.

Weddings



Mr. and Mrs. G. R. Pittenger announce the marriage of their daughter, Iona H., to Dr. Gerhard J. Howland, on January 10, at Clear Lake, Iowa. Congratulations, Howland!

Are You Looking For a Location?



Dr. Genevra E. Leader of Topeka, Kansas, desires an assistant in her office. Any woman graduate who is interested in such a position, please write for further details.

A fine practice for sale in the best growing city in Michigan. Established twenty-five years. Full retails upon request. Best reasons for selling.

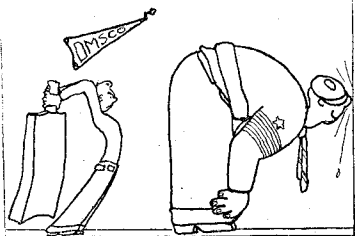
Coffee Topers Club Augmented

The local chapter of the national "Coffee Topers Club" was greatly augmented the other afternoon when our stately secretary was seen to trip across the avenue to the local dispensary for her caffeine. A Faculty Member to recently fall a victim of the dread habit was Miss Johnson. Three cups and a cheer for the new members!

A Cinch Tastes Sweet at First But Turns Sour Later.

Triumphs Are Always Preceded by Difficulties.

FRATERNITY NOTES



Sigma Sigma Phi

Beta Chapter takes pleasure in announcing the initiation of Charles Johnson, W. E. Hopkins, Donald Sheetz and Lloyd Robinson. DeLong and Kenneth Howes have recently been pledged.

IOTA TAU SIGMA

Everybody seemed to survive the holidays in fine style and came back in good health, except pledge Smith. However, he is now battling 1000 and is his own sweet self again.

"Strangler" Nowlin or "Zbysco" Gephart will give "wrestling" lessons to any one wishing them, free of charge. They are both past masters in the art.

Can anyone diagnose these symptoms:

1. Unmerciful headaches.
2. Inability to rise before 2 P. M.
3. Severe bachaches.
- 4 "Weak" end trips to Sigournay.
5. Sunday school and religion.

These are the symptoms of "Runt" Russell's strange malady.

Brother Nowlin pulled an "Olson" and disappeared for four days. All we can say is: People who live in glass houses shouldn't.

Pledge Nowlin came back from his vacation very homesick and pining for the girl left behind him. We could hand him an awful jolt, but he is slowly recovering.

It is rumored that Brother P. D. Rorick lost a considerable sum of money in the recent bank failure. He is not expected to recover.

Brother Shaw is the new detective in the house. We do not think so much of his sleuthing, however. He just has a good ear for gossip.



Brother Platt has a novel idea. If osteopathy fails to cure he intends to do a little clog dance or do his famous imitation for the benefit of his patients.

Congratulations, Brother Rhode—how about some cigars?

With this we'll make our exit and let the chips fall where they may.

PHI SIGMA GAMMA

Now that the new year has drifted in on a tide of questionable "origin," and the old year

and several of the citizens have passed out, it is time to flip a page and scratch a few resolutions on its unblotted escutcheon. The boys have made some noble "resolves," and this glorious year bids fair to be the most profitable one in the annals of the organization. No one could possibly in a brief paper do the subject of "New Years' Resolutions" full justice. It is a matter of great importance to our lost and undone race. It lies next to every human heart and has much to do with our ultimate success or failure. But we will here set down a few of the sacrifices our honorable members are making.

RESOLVED:

That I will not get up at five o'clock and disturb the rest of the boys by studying aloud—Gerard Beebe.

That I will never neglect my mustache and let noxious weeds choke it out—"Stinky" Davis.

That I will smoke a pipe in preference to any other form of tobacco and will play "Whispering" on the piano every day.—Len Jacobs.

That I will have a date occasionally and will not hate women as I have heretofore.—Brigham "Red" Stewart.

That I will throw a newspaper through every front window on my route in order that I may get on more intimate terms with my customers.—Walt Heinlen.

That I will be true to my girl at home if I break every girl's heart in Des Moines—for a while.—Stew Greiner.

That I will not curl my hair during nineteen hundred twenty-seven.—Rocky Stone.

As the tramp said while climbing over the picket fence, "I have just one more point to touch upon."

Everyone lived through the holidays—RAY.

ATLAS NOTES

Monday morning, Jan 3, found the brothers back, ready for work again. All report very enjoyable vacations.

The cowboys, Tam and Hughes, are arranging for their spring rodeo. Tam got many new ideas from the mountains of Eastern Oregon during the recess.

Dave McKeon is making plans for his new anatomy. He is being ably assisted by Ole Nick.

The latest addition to the house is at times a little annoying, but rather amusing to the barefoot boy.

Brother Skinner will probably shock the tobacco companies when he announces his new method of conservation.

Brother Damm has ordered a new thermometer thru Brown, to be paid for by Doyle.

The pledges seemed to enjoy their second degree. Those taking it were: Tam, Stengley, Monger, Hughes, Skinner, Tedson, Hydeman, Gann, Utterback, F. Schaeffer and Dornbush.

Brother Sheetz surely looks professional with his new 2-oz. boarded leather bag.

Brother Ghost missed a meeting. It was unusually short.

(Continued on page 3)



Around Our Merry Campus

Two little boys were slamming each other.

1st Boy: "I know what kind of a lawyer your old man is. A bird just told me."

2nd Boy: "What did the bird say?"

"Cheep, cheep, cheep."

"Well, a duck just told me what kind of a doctor your old man is."

"How is your son getting along at college?"

"He must be doing pretty well in languages. I have just paid for three courses—\$10 for Latin, \$10 for Greek and \$100 for Scotch."

Poet: "My wife said this last poem of mine caused her heart to miss a beat."

Editor: "Rejected. We don't want anything that will interfere with our circulation."

Doctor: "Put out your tongue—more than that—all of it."

Child: "But, doctor, I can't. It's fastened at the other end."

An officer was showing an old lady over the battleship.

"This," said he, pointing to an inscribed plate on the deck, "is where our gallant captain fell."

"No wonder," replied the old lady, "I nearly slipped on it myself."

She—I was just introduced to your wife.

He—What did she say?

She—Nothing.

He—Then you're mistaken.

Mrs. Newlywed—Tom, my dear, tip your hat. Don't you know enough to decapitate when you meet a lady?

M. D.—Your system is poisoned—you must get rid of your teeth.

Patient—All right, Doctor, Throw 'em away; you'll find 'em under the pillow.

"Jim is a hypochondriac."

"What is a hypochondriac?"

"A person that feels better when he feels worse."

The Willing Horse Gets the Heaviest Load and the Most Oats.

Depend More Upon Yourself and Less Upon Others.

A Light Heart Makes Heavy Work Light.

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY

President C. W. Johnson

Editor Don Baylor

Osteopathy Without Limitation

Boost, Don't Knock

Don't go through life tearing down. Don't go around with a hammer knocking people, conditions, things, everything in sight—instead of knocking, learn to praise. Get a reputation of being a booster, a lifter, a helper, an encourager. Just think what a difference it will make to others, and, above all, to yourself, to go through the world as a booster, instead of a knocker! If you are a booster people will like you, will be glad to see you, will always have a good word for you. But no one has any use for the knocker, the chap who is always hitting somebody, passing along unfortunate gossip, making insinuating remarks about others, being jealous of others' success, who is always grumbling about hard luck and unfortunate conditions. He casts a shadow no matter where he goes. The booster makes the sun shine a little brighter. The knocker draws a cloud over it.

Whatever you try to do in life, try with all your heart to do well; whatever you devote yourself to, devote yourself completely; in even the smallest, as well as in great undertakings, be thoroughly in earnest.

Never believe it possible that any natural or improved ability will gain in the end, unless associated with the qualities of steady, plain, hard work.

Sometimes talent and fortunate opportunity form the two sides of the ladder on which men mount, but the rungs of the ladder must be made of stuff to stand the wear and tear, and for this there is no substitute for thorough going, ardent, and sincere earnestness.

Never put your hand to anything into which you can not throw yourself, body, soul and mind; and having chosen your work to do, never affect depreciation of it.

The World Does Move

A well-known New York physician writes us in this fashion: "Tempora mutantur, nos et mutamur in illis."

"When I started in practice 35 years ago, homeopathic and eclectic physicians were not regarded as 'to the manner born', some allopathic physicians did not care to consult with them. Now, very few know who is allopathic, who is homeopathic or eclectic.

"Today I referred a case to an osteopathic physician, because I

know he can give the type of treatment necessary for the betterment of that case.

"A few years ago regular, old-school physicians derided osteopathy. Today many thinking physicians regard the competent osteopath as a man well qualified to carry out certain definite lines of treatment. I predict that in a few years, osteopathic physicians, who are now taking the same State Board examinations in many states with allopathic, homeopathic and eclectic physicians, will be accepted by our medical societies, and the lines of demarcation will gradually, but entirely, fade away. Verily, the world do move."—Medical Pocket Quarterly.

The Optimist's Creed

Promise yourself to be so strong that nothing can disturb your peace of mind.

To talk health, happiness and prosperity to every person you meet; to make all your friends feel that there is something in them. To look at the sunny side of everything and make your optimism come true. To think only of the best, to work only for the best, and to expect only the best. To be just as enthusiastic about the success of others as you are about your own. To forget the mistakes of the past and press on to the greater achievements of the future. To wear a cheerful countenance at all times and give every living creature you meet a smile. To give so much time to the improvement of yourself that you have no time to criticize others. To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.

THE DESIRABLE MARGIN

The passengers in the big car speeding toward the railroad crossing began arguing whether or not they could beat the train.

"Don't get excited," said the driver, "I can easily make it."

"And I say you can't," shouted the front-seat passenger. "The train will beat us by twenty seconds."

"Gwan!" said the driver, who kept increasing his speed while the argument continued.

Finally a passenger in the rear seat, who had said nothing so far, remarked as he clutched the sides of the rushing car. "For my part, I don't care a hang who wins this race, but I hope it won't be a tie."—Boston Transcript.

Woman on Boat: "Oh, Captain, I'm getting so sea-sick I don't know what to do."

Captain: "Don't worry ma'am, you'll do it."—Pitt Panther.

"Fadder, you told me you would gif me a dollar efry time I got an A in collitch. Fadder, I made two last week."

"Vell, Son, here's two dollars. Now you quit studying so much, it's bad for you."—Whirlwind.

Great Happiness Inheres in Well Directed Effort.

From the Field

Dec. 27, '26

D. M. S. C. O.:

Let me wish you a Merry Christmas and a Happy New Year, both for yourselves and for D. M. S. C. O.

Perhaps you thought I'd forgotten the school, but I haven't. I watch the Journal and the Log Book for all the news and still get a thrill when I read of college activities and progress.

I've been in Belgrade (Montana) nearly two years and am well pleased with professional and financial results. Will be here for some time, then want to take up more work—probably surgery.

Best wishes for the New Year.

Yours truly,
L. A. CREW, D. O.

Music Entertains at First Assembly

Music that quells the savage beast, was the feature of the first assembly following Christmas vacation. A masculine "blues singer" self accompanied on the banjo-uke, was first on the program and sang several very pleasing numbers.

He was followed by two girls from the conservatory of Des Moines University who entertained the "gang" with a group of vocal and instrumental numbers of semi-classical and popular nature.

Of the wide variety of programs that have been presented, it is evident that those of a musical nature are most popular.

A Definition

DOCTOR, n. 1. A night rider. 2. One who is permitted to sign Dr. before his name because he has so many debtors (Drs.). 3. One who makes a three-mile trip for less than a taxicab would charge, and throws in the medical service free. A clinic-hound who, to prove that his services are valueless, donates them eagerly to the bargain-hunters. 5. An attender of sad rites who never insists upon his rights. 6. A pill-juggler whose patients juggle his bills. 7. A hater of telephone bells. 8. One who does not obey the Biblical edict, "Physician, heal thyself!"

EFFEMINATE

Farmer Gray: "You know that boy of mine's got to be a golding tea hound since he went off to college."

Farmer Brown: "How's that?"

Farmer Gray: "Why, every morning he combs his head and brushes his teeth."—Georgia Cracker.

The person who cannot bear to be alone pays a doubtful compliment to the quality of his own society.

The modern girl does not want a chaperone; she wants the chap alone.

Pirate Basket Tossers Open Season

(Continued from page 1)

confident after their easy victory over Beuna Vista.

However, Coach Sutton feels that he will have his crew back in a winning stride for the heavy schedule that is to follow. It is likely that practice from now on will be of a light nature, so as to avoid any sign of staleness.

The Frosh quintet, under a minimum of practice, has fared equally as bad as the varsity. The yearlings have yet to register their first win in the Hawk-eye conference. Nevertheless, they displayed greatly improved team work in their last game with the crack American Institute five, although the contest was lost in the last minute of play, 20-19. Cassis and Lang kept the young Osteopaths in the lead the whole time, until a long loop from the middle of the floor turned the tide as the whistle blew.

Fraternity Notes

(Continued from page 2)

Eddie has spent his usual half-hour each night at home since vacation.

Brother Musselman made a rush trip to Perry.

The semi-annual banquet was held at Younkers Tearoom at 6:30 o'clock on Wednesday evening, Jan. 12. Brother Swanson, our graduating member was the guest of honor. Dr. Halliday acted as toastmaster, while Dr. Johnson, Woods and Schwartz gave addresses. The field members took an active part.

Delta Omega

The following officers have been elected for the coming semester: Mildred Trimble, President; Ruth Tiberghien, Vice Pres.; Grace Abolt, Treasurer; Alice Paulsen, Secretary; Jessie Leftwich, Escort; Genevieve Goddard, Guard. Helen and Mabelle Moore write that they are enjoying their work at the Los Angeles school.

"Susan" has graciously consented to spend a couple of weeks at 679 18th Street, tutoring the inmates.

SKIPT THE HANDCUFFS

First: "Have any of your family connections ever been traced?"

Second: "Yes, they traced an uncle of mine as far as Canada once."—Gargoyle.

AN APPRAISEMENT

"How much are you worth?" "Five thousand dollars in Canada."

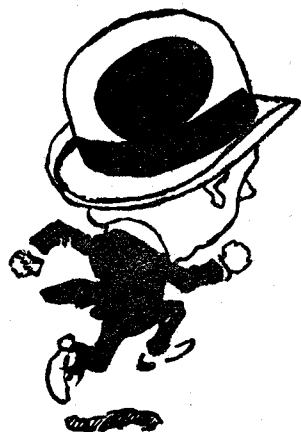
"How so?" "That's what the Government offers for my return."—Bobcat.

DO YOU GET THIS?

John R.: "Why does an Indian wear feathers on his head?"

Mary C.: "Why, I guess to keep his wigwam."—Witt.

Your Last Chance--



REGISTRATION DATES

FOR THE SECOND SEMESTER ARE

JANUARY 21st and 22nd

MATRICULATIONS WILL BE ACCEPTED UP TO

FEBRUARY 5th

FIELD MEN--See that your prospective Students are enrolled on the regular days for that purpose. No registrations accepted after February Fifth.

ACT NOW--Insure your Student the opportunity to receive a scientific and thorough Osteopathic Education at

"THE PROFESSION'S COLLEGE"

Des Moines Still College of Osteopathy

Address Secretary For Catalog and Information

Entered as second class matter, February 3rd, 1923, at the post office at Des Moines, Iowa, under the act of August 24th, 1912.

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Volume 4

February 1st, 1927

Number 14

Pirates Break Even

The Pirate basketball team of Still College broke even in their last three starts, with a win, a loss and a tie, and had they had a slightly tighter defense, a clean slate would have resulted. Coach Frank Sutton had his proteges breaking into a smashing offense that carried the ball to the hoop with regularity.

The scoring aces were the dependable Downs and the flashy Davis. These men were able to penetrate the enemy's guarding practically at will, for both close in set-ups and short loops from about the foul line.

However, the inability of the front line of defense to co-operate effectively with the guards, allowed one contest to be tied and another to fall in the final moments of play.

Captain Friend lead his men to a rather easy victory at Graceland by a 45 to 28 count. It was Graceland's first reverse of the current season, and every Pirate played a bang-up game, both defensively and on the scoring end.

It was Henry Downs' "hot" night, and he caged the pill no less than nine times in the evening's entertainment. At the half-way mark the Osteopaths lead 19 to 7, and they continued to pile up the points with equal facility in the final period.

One of the greatest battles ever staged by a Stillonian athletic team, was the contest with the strong Parsons quintet here which ended in a tie with the count 28 to 28, at the mutual agreement of both mentors, whose men were fast reaching the exhaustion point from the killing pace, after two overtime periods had failed to show a winner.

The visitors had all the best of the initial minutes of play, running up thirteen points, while the bewildered Osteopaths not only rarely even found a chance to shoot, but failed utterly to solve the enemy's short pass attack, which carried the ball to the hoop with ease.

Just when it seemed that the Pirates were due for one of the worst trimmings in their history, Cassis was sent into the fray at guard. This former Marrietta high school star, although he is exceedingly small, showed such an aggressive spirit that even the front line of defense caught it, and from that time on the Parson scoring machine was completely out-fought and out-played. "Red" Smith, also a Marri-

THE A. T. STILL RESEARCH INSTITUTE

Los Angeles, Cal., January 21, 1927.

Dr. C. W. Johnson,
Des Moines, Iowa.

Dear Dr. Johnson:—

Please let me tell you again how greatly I enjoyed meeting your classes, and how greatly I do appreciate the memory of your kindly hospitality. It was a surprise to me to find D. M. S. C. O. with such large and splendid classes, but as I visited college after college I found that nearly every one has larger classes of better educated young men and women than ever before. It speaks well for the future that the Osteopathic colleges attract such fine young people, and our future is safe if our schools continue in such good work.

I hope that your hospital plans are being carried out in a way that pleases all of you, and that it will be a very successful and useful institution.

Sincerely yours,

LOUISA BURNS.

Record Enrollment For Second Term

The Secretary's office has been a scene of great activity during the past two weeks with the work of registering old and new students for the coming term. Comparatively few upper-class students dropped out, and the number of new students surpasses previous years.

To date the number of freshmen entering the mid-year class is close to twenty, and it is expected that that mark will be passed by the expiration of the time limit for matriculation.

The newcomers are an excellent looking group of students, and the student body extends to them a most hearty welcome. They hail from all parts of the country, and one from Canada. At present they are wandering around the halls in somewhat of a daze, but are beginning to "come to" and learn that it is not so difficult as it may sound.

etta man, played a sterling contest at the other guard.

With the stiffening of the guarding, the Suttonmen began to send the ball thru the ring for consistent counters. Yet, when two minutes were left to play, the locals were four whole points in the rear. Davis and Downs came through with beautiful buckets at this crucial time to knot the count 24 all. It was a great finish of which only a fighting team can boast.

Both quintets were over anx-

(Continued on page 3)

Faculty Banquet Seniors

The annual Faculty Banquet in honor of the graduating class was held at Harris-Emery's on Wednesday evening, January 19. Dr. John Woods acted as toastmaster, and toasts were given by Coach Sutton, Miss Johnson and Dr. Bachman.

The excellent dinner and witty after-dinner speeches proved a fitting climax for the termination of the four years' association.

Award Football Letters

Twenty-one members of the 1926 football squad were awarded the coveted "S" following the Senior Class Day assembly.

After a brief resume of the activities of the various players by Coach Frank Sutton, Dr. H. V. Halladay, representing the Board of Trustees Committee on Athletics, presented the letters to Park, Dornbush, Myers, Lillard, Platt, F. McIntosh, J. P. Jones, Plude, Devine, Shaw, B. Jones, Van Ness, Stafford, Russell, Walker, J. McIntosh, Cassis, Graham, Loghry, Sheets, and Ross.

Of the above group of letter men, nine will be lost this year by graduation.

A man's faithfulness or unfaithfulness to the call is revealed in the motives that prompt him to choose his field.

Imitation is true flattery.

Mid-Year Commencement Impressive

The commencement exercises for the mid-year class were held at the college auditorium on Thursday evening, January 20th.

The hall was tastefully decorated with palms and ferns. The class entered preceded by the Faculty, and took their place on the platform. Dr. Robert Bachman gave the invocation, which was followed by a tenor solo by Thomas Mann.

The address of the evening was given by the Rev. Clifton Rash, and was one of the best ever heard at a Still College commencement. Tempered with a slight degree of subtle humor, the speaker's words held the attention of the audience and the class continuously. Sage advice to the outgoing physicians was given in such a manner that it could not be mistaken nor overlooked.

The degrees were conferred by the President, Dr. C. W. Johnson, after which the honors were conferred by the Dean, Dr. J. P. Schwartz. Dr. J. R. Swanson won the Sigma Sigma Phi medal for Proficiency in the Science of Osteopathy, and Dr. Lloyd Mitchell won the Service to the College and Profession medal.

A violin solo by Harold Sifling was followed by the Recessional and the customary reception.

Members of the graduating class were: W. G. Hagmann, W. C. Walker, Lloyd Mitchell, Jean McIntosh, R. M. J. Swanson, N. E. Chevalier, L. E. Bice, W. J. O'Connor, Minnie F. Buckallew, Marion G. Caldwell, Harriet E. Yates, A. H. Lee, L. W. McK. Jamieson, and Earl F. Pearsons.

Senior Class Day

The mid-year class wound up their four year's work in D. M. S. C. O. with the traditional Class Day assembly, Friday morning, the 14th.

The morning's program was of a musical nature and was conducted by L. W. Jamieson, president of the class. The artists appearing were: Mr. Howard Johnson, Baritone, accompanied by Miss Rockholz from Des Moines University; Ada Roper Harris, Pianist; Mrs. Herbert, Contralto, accompanied by Miss Buckallew. Mr. W. D. Baldwin, County Clerk, gave a brief but highly entertaining address.

Every one cannot dwell on easy street, but all can live on the square.

From the Field

Editor Log Book,
D.M.S.C.O.,
Des Moines, Iowa.

Dear Mr. Editor:—

Glad something arrests my attention in a professional way, that **MAKES** me stop in midst of a busy day and say "Hello" to you.

First, let me get the Biz out of my stem, viz: inclosed ad in current issue of Log Book.

Georgia finally got over her Recipros law last summer. The door is open. We, the old timers who want all the good A-1 D.O.'s that desire, to come right in, "the water's fine," are happy to welcome those honest-to-goodness Osteopathic Physicians who can "show the goods." Georgia is the Empire State of the South and the most conspicuous battle ground of the Civil War days, and all who are of that old fighting stock, that practice here, are still good fighters for a cause they believe worthwhile, Osteopathy being one of their chosen Causes. But they are the loyalest and royalest of friends, and true to style and form of their proud ancestors of the '60's and revolution days, their genuine Southern hospitality is as warm as it is famous.

In other words, there is a hearty, fraternal welcome to any first class D. O. who wants to come to a rich field and help **TILL IT** for a 100% Osteopathy.

The capitol, Atlanta, is a hustling cosmopolitan city of nearly three hundred thousand, with that many in neighboring towns and villages. Best of schools and churches, clubs and all else that make up a progressive city. "Come and see for yourself," is the only way to get an idea. A half-dozen or more small cities and towns, very attractive and needing Osteopath Doctors.

If interested, write Pres. Exam. Board, Dr. Walter Elliott, Wynn-Claughton Bldg., Atlanta, Ga., or the Chairman of the Education and Publicity Committee, Ga. O. A.

ELIZABETH L. BROACH,
Publicity Chairman, Ga. O.A.
938 N. Highland N. E.
Atlanta, Ga.

P. S. Your Log Book is "rich, rare and racy." I enjoy it thoroughly. Fraternally, E. B.

San Bernardino, Cal., Jan. 13.
Editor Log Book,
Des Moines, Iowa.

Dear Sir:

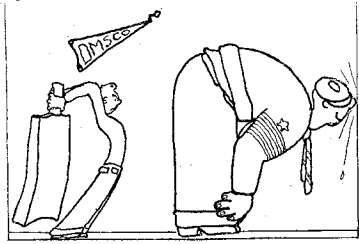
Your Log Book comes to me regularly and I must say I enjoy it hugely. I get a great kick out of each issue.

Altho I did not graduate from your school, I always have had a warm spot in my heart for such a worthy institution. Well do I remember back in 1901, '02, and '03, when we use to take our Kirksville football bunch and walloped the tar out of you. "How I wish they would do it now."

I am well acquainted with one of your instructors, Dr. E. E. Steffen, having known him for

(Continued on page 3)

FRATERNITY NOTES



Sigma Sigma Phi

The annual banquet in honor of the graduating members of Beta Chapter was held Monday evening, January 17th, at the Grant Club. Doctors Woods and Halladay addressed the chapter and gave some sound and appropriate advice to the graduating brothers, Doctors Jamieson and Swanson.

The chapter wishes to announce the pledging of G. O. Smith, Hubbell, of the Junior A class.

PHI SIGMA GAMMA

The mid-year Formal was a stupendous success.

The mid-year Stag Banquet was a howling success.

The mid-year Examinations were a miserable failure.

We are sorry to lose through graduation our former president and popular brother A. H. Lee. Dr. and Mrs. Lee left for Paw Paw, Michigan, the home of the former's parents, soon after graduation.

Brother Clarence "Two-Gun Red" Granberg is back with us this term. He has been attending the U. of Denver the past semester. While there he helped build the Colorado Canyon. He brings back several souvenirs of his trip, among which is a pair of trained T. B. germs.

Gerald Beebe and Jack Cavanaugh are both determined to win their contest to see who will stay in the most nights this semester. So far she's a draw, with two nights apiece.

Brother Westburg took another trek up into the wilds of Minnesota during the two or three days of vacation between terms. "Any time I can get away from school I like to get up into the virgin forests, where the hand of man has never set foot and I can commune with nature unmolested, Westy told a "cub reporter" from the "Log Book."

Pledge Tucke was called home to Niles, Ohio. We hope he can be back with us next semester.

"Rachmaninoff" Stewart's new song, "I'll Be Back in Marietta in Honeybee Time and Have the Hives With You," has turned out to be the most popular tune on the campus.

Roy Dorwart and Dale Weldon, our famous "Harmoniacs," have been quiet so long, we have hopes that they have permanently misplaced their mouth organs.

IOTA TAU SIGMA

By close observation at the "Pan-Hel" dance, it appears that brothers Jones and Nowlin have enacted a little pin-planting act. Brother Peel Loghry was tak-

en an enforced vacation at the "Pest House." Best o' luck Peel, and hurry back.

Several of the brothers are happy to know that they didn't find it necessary to join Brother Loghry.

Ask Brother Rorick about Diphtheria Bacillis.

Brothers Ross and Rorick evidently have some "good stuff" somewhere, for they have been traveling together.

The pledges have been engaged in various activities during the past week.

Brothers Herrick and Steninger are back with us again. Glad to see you, boys. Which is the noisiest, Herrick or the drums?

Brother Brenner decided that he could not remain away from the "frau" any longer. He will be back next semester.

Some of the boys seem to have cold feet at night, but the Nowlin brothers seem to have cold heads—or why the night caps?

Brother Rohde will be in St. Louis this next semester, instead of the "center of the world." They tell us St. Louis is the center of industry.

"Dumb Dora" Smith makes a good leader of "Coxy's Army," but he sure is hump-backed.

Brother Wadkins retains his indisputable lead in sleeping.

DELTA OMEGA

The Deltas held their Senior Banquet at the Woodland, Monday evening, January 17th, Marion Caldwell being the honored guest. There were fourteen present. Genevieve Stoddard acted as toastmistress, and Mother Halladay and Mildred Trimble made toasts to which Marion responded. The girls presented Marion with a desk lamp.

Friday evening, January 21st, Mrs. H. V. Halladay gave a surprise party for Marion Caldwell. At the close of a gala evening, she served a delightful chop suey supper, and Marion was given a handkerchief shower.

AXIS CLUB

The following officers have been elected for the coming semester:

President.....Gertrude Casey
Vice President.....

.....Dr. Catherine Brock
Financial and Corresponding

Secretary.....Lilian Tracey
Recording Secretary.....

.....Gladys Cowen
Treasurer.....

.....Charlotte MacDougall

Mid-Year Grad Interns

Dr. Lloyd Mitchell, a member of the mid-year class, has received his appointment as intern at the Southwestern Osteopathic Sanitarium, and left immediately after commencement to enter upon his duties at that institution.

"Mitch" is, to date, the only member of his class to intern.

AT THE ZOO

"That's a new one on me," said the monkey as he scratched his back.—Widow.

Around Our Merry Campus



PICCADILLY BUSY

"This talk about getting London is a — lie!" shouted Amos Q. Pipp as he broke out of a telephone booth at the Battery, an exasperated wreck, this morning. "I KNOW! I've been trying for two hours to get Brooklyn!"—H. I. Phillips in The New York Sun.

A FLIER IN METEOROLOGY

Hardware Clerk (to lucky stockbroker)—"I suppose you've pulled off any amount of good things lately?"

The Stockbroker—"I picked up a good thing recently. It stood at 44 when I discovered it, and last week it touched 78."

"Good Heavens! What was it?"

"A Thermometer."
—Good Hardware.

A TAIL MATCH

Heshe—"Did you hear about the wooden wedding?"

Shehe—"I'll bite."

Heshe—"Two Poles were married."—Blue Jay.

ANTI-FREEZE EXCESSES

The association went on record as being in favor of a law providing for taking away the license from drivers of motor-vehicles found drunk for a period of one year.—So. Dakota paper.

THE PSYCHOLOGICAL SPOT

'Tis done beneath the mistletoe,
'Tis done "beneath the rose,"
But the proper place to kiss, you know,

Is just beneath the nose.
—Boston Transcript.

THE WHOLE HOG (So to Speak)

"Statistics show," declared the bespectacled woman lecturer, "that the modern, common-sense styles of woman's dress has reduced accidents on the street cars by 50 per cent."

"Why not do away with accidents altogether?" piped a masculine voice from the rear of the hall.—Life.

WISE VIRGIN

Hostess—"What's the idea of bringing two boy friends with you?"

Guest—"Oh, I always carry a spare."—Life.

FRAT HOUSE PROBLEM

"Is this dance formal, or can I wear my own clothes?"—Carnegie Puppet.

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY

PresidentC. W. Johnson

Editor Don Baylor

Osteopathy Without Limitation

Assemblies

The casual observer will note that our Friday morning assemblies are not very orderly, on coming in and getting settled. Weekly, you will find the usual gang hanging around outside, peeping in at the door, much like you would find the inmates peeping at you were you to visit an institution for the weak-minded. Then, too, you will find just inside the door, a bunch standing with one foot out, ready to run. Recently, it was observed, that some of the entertainers could hardly get into the room, on this account.

Again, it will be noticed that no sooner does the program get started, than several get up and leave the room, only to return in a few minutes, if they hear an unusually loud encore, to again leave in the middle of the next number.

Observe also, the array of wall flowers, hanging in the windows, draped against the wall, and banked in the corner, carrying on a monotone conversation,—when half the seats are vacant.

Then too, the entertainers get the "raspberries" if, by chance, any of their numbers should smatter of the word "love," or should they accidentally expose any of their anatomy above the calcaneus.

Now, would it not be more encouraging if everybody would come in, get seated on time, and remain throughout the entire program? Let the ones, whose large and lucrative practice, will permit them to spend but a few minutes, stay out in the hall, and not disturb those who want to be courteous and appreciative.

An Iowa doctor is under fire because of his alleged healing with "radio waves." That method of healing sounds absurd, but maybe it isn't. The point is, that any conscientious, sincere person, seeking to alleviate human woes and misery should be permitted the opportunity to experiment.

We don't mean that the state should give every person who thinks he has a healing art, a license to experiment with human life. Certainly not. But we do believe they should be encouraged to make their experiments in laboratories with lower forms of life, until their methods are substantiated or rejected—without too much censure and criticism.

* * *

Medical science has come a long way in relieving human woe

and misery—but it has a long way yet to come.

Osteopathy dawned upon the horizon a few years ago and all of the ethical men cried "Quack! Quack!!" But osteopathy is winning its way by the thousands and thousands of suffering humans to whom it has given relief.

Chiropractic is in its infancy as a healing power, yet thousands will attest its merit, and its leaders are fighting the same fight for recognition that the leaders of osteopathy fought.

Yet even as recently as a month ago a physician of the old order calmly termed both sciences as "quacks and frauds," through the daily press.

* * *

We venture a prediction that medical science in the next one hundred years will change as greatly as it has in the last one hundred years.

Barely more than a generation ago the medical man who ADMINISTERED AN ANESTHETIC TO AN OPERATIVE PATIENT was disgraced and dishonored by his medical associates and fraternity for so doing. NOW A SURGEON WHO PERFORMED A MAJOR OPERATION WITHOUT THE USE OF ANESTHETICS WOULD BE SO CENSURED.

* * *

We hold no brief for the medical man at Oskaloosa. We don't remember even having heard his name before.

We merely suggest that in such things, even the professionals have a long way yet to go.

Demerit Plan Functions

To the joy of some and the sorrow of others, the demerit plan instituted by the Dean last fall functioned in a one hundred per cent manner at the close of the recent semester.

The outline of the plan was as follows: all students whose monthly exam and daily grades averaged 85 per cent and whose attendance for the semester was 95 per cent would be exempt from semester finals. Tardiness, inattention and such discrepancies were to cause demerits to be marked against the offender, four of which demerits were to count as one absence.

As a result, several of the students who were lax on attendance or whose appetite for the between-class "cupscoffee" overcame their desire to answer first rollcall found themselves confronted with the final in that subject.

The entire faculty adhered closely to the Dean's orders, and the ultimate result will be a decided improvement in the students' attendance records.

It is rumored around the halls that fewer students will be taking the spring exams as a result of this system.

Power Imposes More Obligations Than It Confers Privileges.

Good Character Is Acceptable Currency in All Countries.

Pirates Break Even

(Continued from page 1)

ious in the first overtime period and blew several opportunities to put the contest on ice. The guarding was of a do-or-die nature at this time. Two points were scored by each team in each of the overtime periods, to end the deadlock unbroken.

In the last contest the Pirates fell before their own lax defensive play and the deadly accuracy of the St. Thomas aces, here, by a 37 to 31 count. The two fives battled on even terms with the honors see-sawing back and forth.

The Purple and White held a 15 to 14 lead at the half-way rest period, but they continued to handle the ball loosely on their offensive drive, and to lack the all-important fight in guarding the territory under the basket.

With three minutes to go and the score tied, the long range artists from St. Paul swung into action and looped the sphere to counters no less than five times. It was a sensational bit of shooting, and completely sunk the Pirate ship.

The consistent work of "Red" Smith and Downs stood out for the Lesion Fixers.

The Buccaneers are just reaching the crowded part of a very heavy schedule, and Coach Frack Sutton feels that his dribblers will hit their stride and play the ball of which they are capable. The Osteopathic mentor has gone to a great deal of effort to arrange the best hard surface schedule in Stillonian history, and it is hoped that the athletes will rise to the opportunity afforded them in such strong competition.

The Frosh continued to fight away all contenders for the dug-out championship of the Hawk-eye league. So far, they have a perfect record, without a win, but they are hopeful that Dame Fortune may smile on their efforts before the season ends.

The lack of practice has shown in practically every game, and after leading in the first half, they have fallen before the better condition of rival fives. Three of the contests were lost by a total of seven points. The yearling pass work has been the best in the league, and now that the forwards have their eye on the hoop, a change of results is expected.

The work of Cassis was so favorable to Coach Sutton, that the speedy Ohioan was transferred to the Varsity. Cassis has been a flashy floorman and consistent scorer for the youngsters. Lang has also been out standing because of his ability to handle the team's offensive play.

It is likely that Hamilton will be lost to the squad because of an old football injury that has given him trouble. The little fellow has been a great worker, but could not show to best advantage because of this handicap.

Hydemann has given a good account of himself when sent into the fray.

Are You Looking For a Location?

Dr. Geo. R. Caldwell of Rock Rapids, Iowa, writes that his practice and equipment in that city are for sale. Anyone desiring further information regarding this opportunity may secure same by writing the Doctor.

From the Field

(Continued from page 2)

many years. I am going to tell you of an incident that happened in his office years ago. Dr. Steffen, as you know, is very dignified and reserved. Well, one day when his office was well filled with patients, in came an old German lady and at once commenced to pull up her dress and said: "Doctor, I want you to look at my leg."

The Doctor, somewhat embarrassed, got the old lady into his treating room and proceeded to examine her leg. The old lady said: "Doctor, the M. D.'s tell me I have milk leg, but I don't believe it, as I haven't given milk for 40 years."

The Doctor disagreed with the M. D.'s and got the case.

Give my kindest regards to E. E., and please keep right on sending me the Log Book.

Fraternally,

P. Y. GASS, D. O.

Alumni Notes

Dr. James O. Humbert, Class of May, '26, who has been practicing in Minneapolis, Minnesota, was seriously injured the other day when struck by a taxicab. The notice received by the college stated that the Doctor was probably suffering from a fracture of the skull.

Dr. "Gussie" Weimers, former captain of the Pirates basket ball team, is still running true to form, we learn from a press clipping from Marietta, Ohio, where "Gussie" is practicing. During a recent game in the Municipal League the Doctor's Legion team defeated the Orioles by a score of 29-28, of which Weimers was responsible for 22 of the points. The paper stated that "Gussie" "outdid the world in general, and was hotter than anything that had struck the city league yet this season."

Hundred-Point men may vary much in ability, but this is always true—they are safe men to deal with, whether drivers of drays, motormen, clerks, cashiers, engineers, or president of railroads.

Insist on being next, even tho the shop be filled when you enter; if you don't, someone else will.

Lay your hat and coat on the chair; the next man will hang them up for you.

As I go up the hill of prosperity, may I never meet a friend.

ALUMNI!

The 1927 Stillonian---

will be the most attractive book on your reception room table! Your patients will be interested in this intimate resume of the past year's activities of your College! It will assist you in convincing prospective students that *D. M. S. C. O.* is the College for them!



Fill in and mail the subscription blank, now! Only a specified number of books have been ordered - - First come - - First served.

Be at the Head of the Line!

Circulation Manager,
1927 Stillonian:

Please enter my subscription for _____ copy of The 1927 Stillonian.

CHECK PLAN DESIRED

- ☐ Ship Collect, \$5.00 plus postage.
- ☐ Cash, \$5.00 with subscription.

Name _____

Address _____

Entered as second class matter, February 3rd, 1923, at the post office at Des Moines, Iowa, under the act of August 24th, 1912.

THE LOG BOOK

Acceptance for mailing at special rates of postage provided for in section 1103 act of October 3rd, 1917, authorized Feb. 3rd, 1923.

PUBLISHED SEMI-MONTHLY BY THE DES MOINES STILL COLLEGE OF OSTEOPATHY

Volume 4

February 15, 1927

Number 15

Pirates Hit Winning Stride

The fighting Pirate hoop squad just complete one of the most successful periods of competition that any Purple and White team has ever enjoyed. During the ten days in which Coach Frank Sutton sent his men against six of the best quintets in this section, five wins and one defeat was registered.

The Osteopathic mentor has developed a fast breaking offense, composed of Captain Friend, Davis and Hannon, which averaged 35 points per contest in this period of play. The passing combination of Friend and Davis has shown brilliant scoring power, while Mike Hannon looped the ball through the hoop consistently from his favorite position behind the foul line.

Defensively, the Stillonians have improved considerably over their early season efforts. "Red" Smith and Van Ness have reached top form and held the opposition to an average of 26 points per game.

The opening contest with Platt college, which was lost 26 to 24, seemed to serve as a stimulus for later victories. The locals played indifferently in the first half, but came back strong in the second period to pull up from behind and come within two points of a tie. Van Ness played a stellar game at guard.

In the first contest of a three-day trip, the Buccaneers met Buena Vista and successfully downed them to the tune of 31 to 24. The Osteopaths led 18 to 9 at half time and let down enough in the final period to save themselves for the rest of the games. Captain Friend was the individual star and counted no less than nine buckets.

The following night the combination of Friend, Davis and Hannon ran wild against Western Union and rolled up the high score of 51 to 28. The half ended 25 to 14 and the outcome was never in doubt. The counting from the floor was led by Davis, while "Red" Smith put up a splendid exhibition on defense.

The final game of the trip was played at Trinity, where the Pirates emerged victorious, 37-28, only after one of the hardest battles of the seasons' play. During the initial period, the lead see-sawed back and forth, with the end finding Still on top 17-15. The Suttonmen then proceeded to jump into a temporary lead which was soon cut down to a 25-all count. At this crucial point "Two-Gun" Cassis was in-

(Continued on page 4)

OPERA STARS AID NEW YORK CLINIC

A Sunday afternoon benefit concert recently given at the Metropolitan Opera House, earned over ten thousand dollars for the New York Osteopathic Clinic.

The artists who volunteered their services for the concert were: Florence Astral, soprano; Joseph Hofmann, pianist, and Albert Spalding, violins, who were assisted by a symphony orchestra under Mr. Bamboschek of the Metropolitan Opera Company.

According to press dispatch The Herald-Tribune mentions the affair as "one of the most successful benefits of the season, judging by size and enthusiasm of the public and the quality of entertainment offered."

The New York Osteopathic Clinic is chartered by the State and licensed by the State Board of Charities and has been in existence since 1914. Patients are received without discrimination as to race, creed or color. Those who can afford a small fee are charged for diagnosis and treatment, and thus help defray expenses. These fees average thirty-two cents.

The Osteopathic Society of the City of New York, anticipating the sale of the building then occupied by the clinic, raised \$200,000 in cash and pledges for the purchase and erection of the new building which is now nearing completion. The laying of the corner stone exercise at the Clinic Building will be held during the latter part of February or the first of March.

W. Strothers Jones is the president of the Clinic and Dr. Geo. W. Riley was chairman of the committee that arranged for and conducted the concert.

Assembly Schedule

Second Semester

February 4—Freshman B Class
February 11—Dr. A. B. Taylor
February 18—Coach F. R. Sutton
February 25—Dr. H. V. Halladay
March 4—Dr. W. E. Butcher
March 11—Dr. E. E. Steffen
March 18—Dr. C. F. Spring
March 25—Dr. Mary Golden
April 1—Miss Ava L. Johnson
April 8—Mrs. Z. A. Innes
April 15—Dr. John Woods
April 22—Dr. R. B. Bachman
April 29—Men's Pan-Hellenic
May 6—Dr. J. P. Schwartz
May 13—Women's Pan-Hellenic
May 20—Senior Class Day

Better be short of cash than of character.

You Carry Your Own Key to Success.

Honor Faculty Member



DR. MARY GOLDEN

The D. M. S. C. O. Faculty and the Osteopathic profession were again signally honored when one of their number, Dr. Mary Golden, was elected President of the Women's Chamber of Commerce of this city.

Dr. Golden has been active in the work of the Chamber of Commerce organization for some time, and this honor is a fitting reward for her years of loyal and efficient service. Dr. Golden is the first Osteopath to be so recognized.

Oregon Student Recruiting Committee Active

The Log Book recently received a copy of the letter sent out by Dr. G. E. Holt, Chairman of the Student Recruiting Committee of the Oregon Osteopathic Association, to the men in that field, reporting the activities of his committee, and endeavoring to stimulate more interest in this phase of association work.

From his survey of the colleges, he found that fourteen students are matriculated from the state of Oregon and that of this number, eight are at present in the Freshman Class and three in the Sophomore, which is evidence that Oregon is started on the right track and is getting down to work.

If all state associations would have as well organized a student recruiting committee, the various colleges throughout the country would be filled to capacity. New students are the life's blood of the profession, and the surest source of this vital element is the field men themselves.

Good luck to you, Oregon. D. M. S. C. O. hopes you succeed in your campaign one per man per year.

Frosh Spring Surprise

The new Freshman B class sprung one of the best surprises on record at the recent assembly in their honor. Customarily it is necessary to employ considerable urging to get the boys to "do their stuff," but not so with this bunch. They are by far the best organized Freshman class that has enrolled for some time.

At the beginning of the assembly the new students were called to the platform and much to the astonishment of the student body they responded to a man, without the need of a second invitation. Next they informed the conductor that they could conduct their own show, and proceeded to do so in a highly efficient manner. Bennie Devine, president of the class, assumed the interlocutor's chair, and each member of the class introduced himself and told the students how glad he was to be there. Almost to a man they commented upon the impression the spirit existent among the students had made upon them. Following their introductions, they rendered the school songs with much gusto, also the various yells of the college and some of their own origination.

As a motto, the class has adopted the title, "The No-final Class," each individual pledging that he will keep his grades above the point that will excuse him from final examinations. Such spirit is conclusive evidence that the boys are here for business. An additional innovation to be chalked down to their credit was their selection of a Class Father who will watch over their destinies throughout the four years of their college life. Dr. Virge Halladay was chosen for this responsible position, which selection is another instance of the "Frosh's" good judgment.

It is sincerely hoped that future classes will pattern after the Class of January, 1931, and also that some of the present classes would adopt the "No Final" slogan. Power to you, Freshman!

"Where ya going?"

"To the chapter house."

"I didn't know you were a fraternity man."

"I'm not, I'm going to the Library."

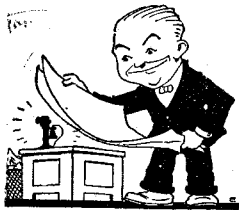
The sun always shines, but we do not always have the sunshine.

There is no fool like an old fool—but a young fool gets more out of his foolishness.

1927 Stillonian Staff Introduced

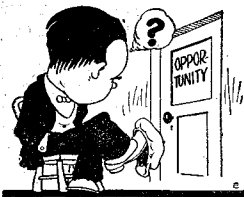
The full staff of the 1927 Stillonian made their initial bow before the student body in chapel Friday, February 11th.

The Editor, Don Baylor, briefly reviewed the progress that had been made so far, on this year's publication, and introduced the various members of the staff, who told of their particular phase of the work. The Business staff, under Dean Elsea, reviewed their activities in securing subscriptions and foreign advertising, and announced that the dead-line for subscriptions had been set for March 1st.



All students who have not signed a subscription card must do so by the first of March, if they want a book. At that time the record will be closed and only the number of actual subscriptions will be ordered from the publisher. Boost your college publication and make your class 100 per cent subscribers for the 1927 Stillonian.

Are You Looking For a Location?



Dr. Geo. M. Glassco, of Warren, Ohio, writes that his practice and office furniture in that city are for sale. Doctor Glassco has been established in Warren, a town of 42,000, for the past thirteen years. For particulars, write the Doctor, at 811 U. S. & T. Bldg., Warren.

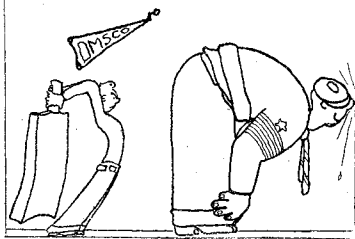
Another excellent location is available at Laporte, Indiana, a city of 18,000 inhabitants. Drs. J. P. and Julia Fogarty are desirous of disposing of their practice in that city and would be glad to hear from anyone who might be interested.

Iowa offers a good opportunity in the practice of Dr. Geo. K. Meyer at Monticello. This practice has been established for twenty-five years and is located in the heart of a rich farming community. Address the Doctor for detailed information.

A practice of twelve years' standing, in an eastern Nebraska town of 2000 population is now available. House and office equipment are available with the practice.

All Things Do Not Come to Him Who Waits.

FRATERNITY NOTES



ATLAS NOTES

Rev. B. A. Gann of Perry, Ia., was our guest the evening of February 2d. He was officially received by Brother Doyle.

Dr. and Mrs. Trimble of Montezuma, Iowa, were visitors at the House Sunday, January 30.

Since meals are now being served at the House, our "Maximeter" is being overtaxed. We are sorry to report that during one meal we had to be without its services, as Bro. Rockhill used indiscretion in one of his daily orations; as a result the little bell failed to ring. Upon recommendation of Bro. Stingley a larger bell has been installed, which we hope will be able to carry the load.

We are pleased to announce that Bro. Thornburg of the Axis Chapter, Kirksville, is with us.

The O. W. A. of Des Moines held their regular meeting on January 26 at the Atlas House.

The Freshmen were entertained at the House on January 28 to a Smoker. Dr. Halladay was the speaker of the evening. His subject was "The History of Osteopathy."

Brothers Bob Bryson and Duke Wire are now living at the House.

Brothers Brown, McKeon and Dornbush are now interning in the Culinary Department.

We are wondering who is the Freshman that is such a skilled technician that he is called at all hours of the night.

Xiphoid chapter announces the pledging of Holton and J. K. Ward.

P. S. G. NOTES

C. (Heaven Helpus) Auseon and "Terrible Red" drove "Granberg's Gallopin' Ghost of the Gravel" to Oshkosh, Wisconsin last week end. Besides breaking all "Edison" records they also broke the steering ear and dalled in a few ditches. Outside of this and the time when Red went to sleep and drove into the corn field, the trip was practically uneventful. Chuck says that Red can drive better in his sleep than any sonnambulist he ever was with. They stopped a few moments in their mad flight to see Brother "Hummer" Thomas, who is practicing in Independence. Dr. Thomas is doing nicely, and we are all anxious for the time when he can tear himself away long enough to pay us a visit. When they reached Oshkosh, the home of Granberg's parents, they visited the office of Brother John E. Rogers, who has probably the second or third largest practice in Wisconsin. Besides taking care of his extensive practice, Dr. Rogers is the

National Representative of this fraternity, President of the Kiwanis Club of Oshkosh, Member of the Chamber of Commerce in that city, a teacher in the Nurses' Training School, and on the staff of one of the foremost hospitals. Dr. Rogers was formerly a student and teacher in Still College.

Jack Cavanaugh says that he doesn't know anything he has done to get his name in the Log Book except to stay in three nights out of the four so far this week. This was so startling we could not help but put it in.

"Rocky" Stone has the Valley Junction Blues. "Most any night you can see him stepping forth toward the neighbor city."

Pledge Kenett Smith claims he heard a robin on the corner of Eighteenth Street and Keo Way the other night, but Cab and Snap, who were with him, said they thought it was just an ordinary Pewee.

Brothers Weldon, Cuff, Jacobs and Westburg have organized a new club. We understand there are at least a hundred requirements before you can join. No one else in the house seems to come up to these specifications, although Jimmie claims to have about eighty-six of them.

The Valentine party was a huge success and we hope we can have another before long.

Sigma Sigma Phi

Beta Chapter wishes to announce the initiation of Bros. G. Smith, Delong, Hubbell and Howes. The boys stood the ordeal in an excellent manner and from their appetites as exhibited at the "aftermath" celebrated at the Chinaman's, they will all survive.

Brother Thornburg, of Alpha Chapter, was a welcome guest at the ceremony.

Following the recent commencement exercises, there has been some question as to the basis for the awarding of the Sigma Sigma Phi honor medals. So that all students may have a clear understanding of the subject, the rules governing the awards are published below:

1. To qualify for the Sigma Sigma Phi Gold Medal for Proficiency in the Science of Osteopathy the student must have spent the entire four years of his course at the Des Moines Still College of Osteopathy.

2. The student to be selected for this award must have the unanimous approval of the Committee on Awards.

3. The aforesaid Committee on Awards shall consist of Dr. J. P. Schwartz, representing the Board of Trustees of the College, Dr. H. V. Halladay, as Clinician of the College, Dr. John M. Woods representing the Faculty of the college, and a Junior member of the fraternity to be elected by the chapter. This representation shall be maintained, and in the event of the resignation of any of the above named individuals, their offices will be filled by the vote of the chapter, maintaining, however, the (Continued on page 4)



Around Our Merry Campus

Culled from the Chemistry Note-Books

Simplified spelling.

Precipitate: — precipate, perspate, persitate, presipitate. Soluble: — solble, salable, soluable.

Permanganate: — permanate, premagate, permangate.

New use for an old reagent. "Fehlings solution is used in medicine for sweetening pills."

Startling discovery in regard to H₂S.

"It smells something awful." Asked to describe the odor of an aldehyde. "Apple sauce! !"

A CHICAGO ROMANCE

Papa loves mamma.

Mamma loves men.

Mamma's in the graveyard,

Papa's in the pen.

The cab driver was puzzled. He had found a dead cat in his cab. He was about to fling it in the gutter when he caught sight of a policeman.

"I found this in my cab," he said, when the guardian of the law came up to him. "What am I to do with it?"

"Well, you ought to know," answered the policeman. "Take it to the nearest police station, and if it is not claimed within three months it becomes your property."

"Why does Archibald sleep with his window open in all kinds of weather?"

"He heard there was a girl burglar at work on the campus."

Ah, poetry, what crimes are committed in thy name!

H. V. H.—"Have you any organic trouble?"

Frosh—"No, sir. I can't even carry a tune."

A doctor named Rufus Duquesne Was approached by a man with a puesne,

But his lack of technique Made his patient so sique That remedies all proved in vuesne!

Fresh—How can I cure a sleep-walking habit?

Dok Johnson—Sprinkle tacks on the floor.

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY

President C. W. Johnson

Editor Don Baylor

Osteopathy Without Limitation

Canadian Osteopathic Problems



Throughout the profession, considerable comment was aroused in 1925 when the provincial government of the Province of Ontario passed the bill taking away the title of "Doctor" from the Osteopaths. Evidence of the fact that the members of the profession in that territory have been on the job and that public sentiment is on their side is apparent in the following two articles from the Toronto Globe:

Rights of Osteopaths

Considerable discussion has again developed in the press of the Province around the right of osteopaths to the title of "Doctor." This right is at present denied them by an amendment to the Ontario Medical Act in 1925, which restricts the use of the term to medical doctors, dentists and registered chemists. Many people are of the opinion that such a restriction is unfair to the public at large by the imposition of an unnecessary hardship, technical though it may be, on those who have rendered splendid service to suffering humanity.

To such restriction as the amendment to the Medical Act now imposes osteopaths have steadily objected. They have based their claims for a recognized standing on the course of training they have taken to fit themselves for their profession, and on the healing ministrations they practice. This training is thorough, comprehensive and inclusive on all sides, the osteopathic course lasting four years, and in some cases longer.

That the science of healing should be surrounded with every safeguard to keep it from exploitation by quacks and charlatans, no one would for a moment deny. There are professed schools and "colleges" that claim to teach the healing art in a few weeks, or that will even present to their students a diploma taken by correspondence. From all such, the profession may well seek to be delivered. But where any curative system has stood the test of human experience as has

osteopathy; where the training in that system can be shown to be thorough and adequate in all its technical and cultural requirements, its intrinsic worth should be acknowledged and due recognition given.

The large debt of gratitude that the world owes the medical profession for what it has done for humanity is readily admitted. But doctors are fallible human creatures, remarkably like their fellow-men. They well know that throughout the ages the practice of medicine and the healing of human ills have been subject to constant change and modification and that to no branch of curative science has been committed all truth that concerns the treatment of the ills of the flesh. Ailments that will not yield to one method of treatment may do so to another method, as most people have proved again and again. It is now too late in the day to close the eyes and refuse to recognize the benefits that have been conferred upon thousands, through the science of osteopathy.

That there should be any conflict between the members of the medical profession and osteopaths is regrettable. Are not both engaged in the same healing ministry? The osteopath has not the slightest desire to usurp the place of the medical man or to sail under false colors through the use of the title "Doctor," but he thinks the discrimination is unjust. In no State of the Union does such restriction exist. And yet we have not heard that the general public of the United States has suffered in its health in any way because of this liberty and fair treatment.

The present amendment to the Ontario Medical Act works a hardship—a decided hardship—on a body of men who have proved their right to the title of "Doctor." It is a matter in which the public at large is interested, and has no desire, The Globe believes, to see this injustice perpetuated. The amendment should receive the reconsideration of the Ontario Legislature at the earliest possible moment and this obvious defect remedied.—(Toronto Ont. Globe).

Osteopaths' Views Clearly Set Forth by Dr. G. A. De Jardine

Deals With Demand That Practitioners Give Up Title of Doctor

"FIGHT JUST BEGINNING"

"In 1914 the German military machine demanded that Belgium should give up her birthright. Belgium refused, with the results known. Today the medicopolitical machine is demanding that osteopathy give up its birthright or be persecuted. The only answer that can be given by any self-respecting osteopathic physician is: Persecute."

This emphatic assertion came from Dr. G. A. De Jardine, President of the Association of Osteopathic Physicians, in the course of an interview with the

Globe yesterday on the question of the occupational designation of the word "Doctor," and the right of the osteopathic profession to its use.

Dr. De Jardine's Views

"The question raised by the College of Physicians and Surgeons regarding their profession being the only one entitled to use the word 'Doctor' is an interesting one, and is once again brought to the fore by their prosecution of an osteopathic physician," said Dr. De Jardine.

"The same fight was waged some years ago against the homeopaths, and also the dentists. Now it is the osteopaths' turn, and the fight is just commencing.

"Just what constitutes a 'doctor' is the question. There are three schools of 'medicine,' using the term in a broad sense. The Allopathic, the Homeopathic and the Osteopathic, and it should be clearly grasped that the difference between these three schools is not in quantity or quality of education, but in their individual viewpoint as to the cause of disease and suffering, and their methods of combating and curing it.

"The education given by these three schools of thought is practically identical. In many of the States of the United States the graduates of these schools take the same examination for license to practice.

"The first two of these schools, the Allopathic and the Homeopathic, use drugs mainly, in an effort to cure disease. The Osteopathic school contends that if the mechanism of the body is as it ought to be, the body will produce within itself all substances necessary to cure. Because of this viewpoint, manipulative, corrective treatment, is substituted for whatever we consider unscientific and often harmful internal drug medication.

Surgery Taught

"Osteopathic physicians, however, are by no means drugless practitioners, although classified under this group in Ontario. Since the inception of osteopathy, fifty years ago, surgery has always been taught in osteopathic colleges, and this, of course, necessitates the complete knowledge of certain drugs. Indeed, osteopathy has produced many noted surgeons.

Dr. George Still, nephew of the founder of osteopathy, was recognized as one of the greatest surgeons on this continent, and was the first surgeon to operate successfully on the living heart, when he removed a bullet from the heart of a young man, repaired the heart, and the patient lived.

"Dr. M. A. Lane, one of the foremost scientists, whose discoveries made possible the discovery of insulin later, was Professor of Immunology at the Kirksville College.

"Are these men doctors?

"In Los Angeles, the most modern and best equipped hospital is operated exclusively by osteopathic physicians and surgeons, who attend to every type of sickness and suffering.

"Then at the present time, the
(Continued on page 4)

Drop Charges Against Illinois Osteopath

Amended information against Dr. Will O. Medaris, osteopathic physician, charging him with violation of the medical practice act in that he performed a tonsil operation, was squashed by Judge Fred E. Carpenter in county court Saturday afternoon.

The court's decision was based on several state supreme court rulings, showing that osteopathic physicians have training and education in the practice of surgery and obstetrics, equal to that of graduates of the regular medical colleges, and that osteopaths are taught in their schools to administer certain drugs or medicines, especially those used as incident to surgery and obstetrics such as antiseptics, anaesthetics and narcotics. From these supreme court rulings the judge held that an osteopath licensed previous to 1923 could perform surgical operations.

The Illinois state board of health issued a license to practice to Dr. Medaris in October, 1916, on basis of examination. In forming his opinion on the action of the supreme court, Judge Carpenter said it gave the osteopath the right to do things which he had previously supposed it could not do. Rockford osteopaths, greatly interested in the decision, charge that the act of 1923 discriminating against osteopaths, was the result of conspiracy of the medical profession.

ACQUAINTANCES

By Tessa Sweazy Webb
Have you ever met "Mis-Fortune"?

If you have, you know her quest.
She holds grief and tears and sorrow
That leave furrows of unrest.
She has frowns as dark as midnight,
And rebukes as cold as ice,
Grim adversity and heart-aches
Does Miss-Fortune sacrifice.

Why not try to lose this lady
In her device to beguile
Take her darkest frown, and
puncture
With the searchlight of a
smile,
Laugh at her intrigues and hatred,
Weave her sighs into a song.
Then we'll find that sweet "Miss
Laughter"

In her joys will trip along.

Fairy queen is Lady Laughter,
Rose-lipped goddess of all glee;
Bands of grief she tears asunder
And dispels all misery.
With her winsome smile of sunshine
She will hold our thoughts supreme,
And the memory of "Miss-Fortune"
Will then vanish like a dream.

Always Do a Little Better than
Seems Necessary.

Pirates Hit Winning Stride

(Continued from page 1)

jected into the lineup of the faltering Pirate and he immediately flashed through with three field goals, which sent the visitors into a lead that was never again in danger. Mike Hannon and Smith were defensive stars.

Against Omaha university here, the Buccaneers displayed a wonderful finish which sent them ahead to win by one point, 28-27, in the last minute of play. It was a sensational finish, led by Harold Davis, perhaps the flashiest forward ever to wear the Purple and White.

After piling up a ten point lead in the opening minutes, the Osteopaths eased up, but soon found themselves in a 17-17 tie at half time. Omaha's short pass defense completely baffled the local guards and with five minutes to play, the visitors held a four point lead. Here, Davis re-entered the fray and his three counters from close-in positions proved the margin of victory.

The Pirates presented a practically perfect passing combination against Ellsworth, here, and had no difficulty in coming out on the long end of a 37 to 25 count. Davis, Hannon and Friend penetrated the enemy defense with their fast break and skillfully out-manuevered the opponents' guards for set-ups. "Red" Lang and Van Ness played well in the back court.

In the next two weeks the Swashbucklers will continue to meet fast combinations at home and abroad, and Coach Sutton is confident that he has his men ready to add more scalps to their already heavily laden belts.

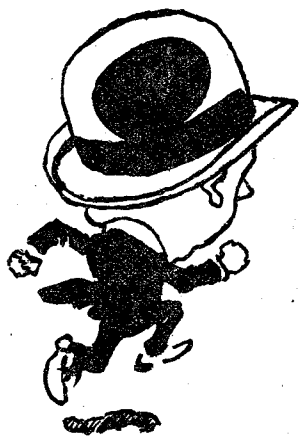
It is agreed that the squad has lost the services of Vernon Springer, who has been one of the Pirates most dependable scoring aces since his entrance here last year. Springer was one of Kirksville's best dribblers before coming here. He found his scholastic work too heavy to allow his continuance with the hoop artists.

The Freshmen basketballers are still occupying the cellar berth in the Hawkeye league, with little indication of rising from the lowly depths. In their last contest against the University of Commerce, they were decisively beaten 32-11. However, they presented a lineup which was made up of a new combination. The star yearlings, Cassis and Lang, were absent and took part in the Varsity contest. Lindbloom, in his first Frosh appearance, played well and will likely prove to be Varsity material. Purdue did all of the young Stillionians scoring with three field goals.

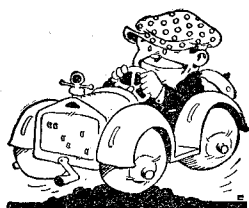
Monger has played an aggressive defensive game with the Frosh, and has also been a reliable pivot man in the passing. Faus also has done well at guard.

Frosh—You guys don't know how to get along with the Dean, that's all. Now, you want to go in and humor him, the way I do.

Soph: Huh; you don't humor him—you amuse him.

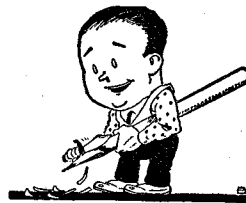


Hurry!



Show Your S-P-E-E-D

Sharpen Your Pencil



--And Mark March 1st on Your Calendar

Last Day for Stillonian Subscriptions!

Rights of Osteopaths

(Continued from page 3)

General Hospital at Los Angeles, which is about the size of the Toronto General Hospital, is building a large osteopathic unit, when completed, will have some 500 beds and will be manned exclusively by osteopathic physicians and surgeons.

Aided by Great Artists

"Would those people be 'doctors'?"

"Only last week at the Metropolitan Opera House in New York a concert was given by the Symphony Orchestra, with Florence Austral, Josef Hoffmann and Albert Spauling. All of these great artists gave their services free in order that the New York Osteopathic Clinic might get the money to increase its wonderful work among New York's poor. On two occasions

previously, Mme. Galli-Curci had given similar concerts for the same purpose. Are these efforts being misdirected?

"It is useless to attempt to mislead the public longer as to the real status and work osteopathic physicians are doing. The object of this persecution is evident—on attempt to belittle osteopathy of public favor. The tide toward osteopathy is gaining in strength daily, and these attempts are as futile as was old King Chanut's attempt to stem the tides of the ocean.

"It is surely a pity when a great and noble profession permits a few of its members to degrade it by such puerile acts.

"Would it not be much better, in the fact of so much sickness and suffering, to co-operate in friendly rivalry in an honest endeavor to lessen the burden on suffering mankind, Dr. DeJardine concluded.—(Toronto Ont. Globe)

Fraternity Notes

(Continued from page 2)

above connection with the plan of representation.

4. The basis on which this medal shall be awarded shall be the individual's high degree of proficiency from all standpoints, such as: general attitude, personality, attentiveness, adaptability, courtesy, osteopathic technical efficiency, and loyalty.

5. This medal will be presented to one student, either male or female, as selected by the Committee on Awards from each graduating class, and shall be presented by Dr. J. P. Schwartz at the regular graduating exercises, immediately following the presentation of the diplomas.

The following rules will apply to the awarding of the Sigma Sigma Phi Gold Medal for Service:

1. To qualify for the Sigma Sigma Phi Gold Medal for Service to the College and to the Profession, the student must have spent the entire four years of his course at the Des Moines Still College of Osteopathy.

2. The student to be selected for this award must have the unanimous approval of the Committee on Awards.

3. The Committee shall have the same consistency as that for the awarding of the Medal for Proficiency in the Science of Osteopathy.

4. The basis on which this medal shall be awarded shall be the individual's outstanding loyalty to the college and to the profession from all standpoints, such as participation in college activities, leadership, initiative, constant striving for the betterment of the college and the Science, interest in the work of the American Osteopathic Association, must have exerted himself in the development of a harmonious atmosphere between the powers of the institution and the student body.

5. This medal shall be presented to one student, either male or female, as selected by the Committee on awards from each graduating class, and shall be presented by Dr. J. P. Schwartz at the regular graduating exercises, immediately following the presentation of diplomas.

HUH?

Was it my fault because I stepped into a Doorway to light a Cigarette, and because In that same doorway A very pretty miss Wast standing in a Quite becoming pose Removing a piece of Chewing gum which had Become engaged on one Of her rubber heels, and Because she looked up With a frown when she Saw me and then said, "Rubber!" (just like that) I assumed a haughty air And answered, "So are mine." Was it my fault?

Entered as second class matter, February 3rd, 1923, at the post office at Des Moines, Iowa, under the act of August 24th, 1912.

THE LOG BOOK

Acceptance for mailing at special rates of postage provided for in section 1103 act of October 3rd, 1917, authorized Feb. 3rd, 1923.

PUBLISHED SEMI-MONTHLY BY THE DES MOINES STILL COLLEGE OF OSTEOPATHY

Volume 4

March 1st, 1927

Number 16

Cardinals Defeated Again By Osteopaths

Still Comes Here and Makes Quite a Noise Achieving Victory.

Osteopathy, so Mr. Webster tells us, seeks to adjust correctly the misplaced parts of the anatomy without the use of drugs and by the manipulation of certain bones.

Five hustling lads from the Des Moines Still College of Osteopathy held a sociable clinic for benefit of several hundred interster spectators at the University of Omaha gymnasium on Tuesday night and at the end of their session had administered a rather painful basket ball drubbing to the Cardinals, 45-30.

Harold Davis, the chief bone-setter of the traveling osteopaths, seemed destined to succeed in his chosen profession. However, Harold was rather painful at times, Tuesday night. At least, he was painful to the Cardinals, for at the end of the contest, Harold had collected an even dozen goals from the field and five free throws for a grand total of 29 points.

But Harold was very considerate. After every goal he smiled broadly for the fans and the affable young fellow, who recently made 36 goals in a single game, converted the gallery to osteopathy through his kindly ministrations.

Davis had an insistent rival in Benny Prather, Omaha center, who still takes his castor oil with a good old fashioned teaspoon. Benny dogged the shifty Davis and at the final gun has amassed 20 points for himself, accrued through the medium of seven field goals and six gift tosses.

STILL COLLEGE (45)

	FG.	FT.	F.	Pts.
Friend (C) rf.....	4	0-5	3	8
Cassus, rf.....	1	0-2	0	2
Davis, lf.....	12	5-8	3	29
Hannon, c.....	3	0-1	2	6
G. Smith, rg.....	0	0-0	3	0
Lang, rg.....	0	0-0	0	0
Van Ness, lg.....	0	0-0	1	0
Weldon, lg.....	0	0-0	1	0

Totals.....20 5-17 15 45

OMAHA UNIVERSITY (30)

	FG.	FT.	F.	Pts.
Steele, rf.....	1	0-0	3	2
Mallison, rf. rg.....	0	0-0	1	0
A. Smith, lf.....	1	1-2	2	3
Wright, lf. rf.....	0	0-0	1	0
Prather, c.....	7	6-9	1	20
Temple, rg.....	0	0-2	4	0
Schneider, (C) lg.....	2	1-3	3	5

Totals11 8-16 15 30

OUR COLLEGE!

Oh Still; thou college of our pride,
Arise, and in thy might decree,
That all pay homage to thy majesty.
Able men thy footsteps guide,
Who walk the path to greatness by your side.
The greatest wealth of all is yours to hold,
Not paltry grandeur, nor less honest gold,
nor blinded worship of a dying creed,
But men of newer thot, and greater deed,
Contented that with you they may abide.
Though darkness sometime hold you in its sway,
It's stay is short—it rules you but a day.
May peace forever reign in your domain,
As great thou art—so great thou must remain.

—B. E. SCOTT.

Band Practicing



The far-famed "Silver Cornet" band of D.M.S.C.O. is at it again. After a brief rest since their strenuous days during the last Homecoming celebration, the musically inclined members of the student body are back on the job regularly tooting away under the able direction of Dr. Virge Halladay.

Their first appearance will be made in assembly the Friday morning preceding the basketball game with Kirksville. The organization has been somewhat augmented this semester and the student body are looking forward to its initial appearance with great interest. Dr. Halladay, Sousa's greatest rival, states that they have added several intricate overtures to their already large repertoire, and have one that they are so adept in playing that they can start at either end of the music and the audience will not know the difference. Anyhow, we'll all be glad to see the band out again, and only wish that they could appear more often at the weekly assemblies. Say, for instance, once every month.

There is nothing that will se-

(Continued on page 3)

Thirteen Frosh Shot

Thirteen members of Freshmen B. Class were shot in unison last Thursday, but the latest bulletin states that all will recover. These men faced the guns in the interests of the 1927 Stillonian.

To date, nearly all the pictures of the different classes have been taken, and only a few of the dignified seniors have been unable to tear themselves away from their practices long enough to face the camera. It is expected to have all the necessary photographs taken by the middle of the coming week.

The various departments of the book are rapidly nearing completion, and the co-operation that is being given the staff by the student body is in a large way responsible for the prompt manner in which the material is being received. The Snap-shot Editor is on the look-out for pictures taken during Homecoming celebration, various fraternity "Hell-weeks," last spring's baseball tournament, and Stillonian Day track meet. Snapshots of students and of subjects associated with the college, are always acceptable. The staff does not promise to reproduce all snapshots handed in, but will select the best and most appropriate for the book. The larger the groups to choose from, the better the selection for publication. So, don't feel slighted if you turn in pictures that are not used. Get your pictures in as soon as possible.

The Humor department, under the able direction of Leland

(Continued on page 3)

Faculty of Specialists



DR. C. W. JOHNSON

In Charles W. Johnson, B. S. D. O., Des Moines Still College of Osteopathy has as its president a happy combination of scientist, experienced educator and practical osteopath. His initial training in fundamental science was taken at Iowa State College, where he received the degree Bachelor of Science, at the completion of four years of major study in the natural sciences.

From his collegiate training C. W. Johnson went immediately into executive educational work. For six years he served as superintendent and teacher in the public school system of a southwestern Iowa town. During that period he attained marked recognition in the various educational "institutes" over the state, because of his direct methods in presentation of science and his organizing abilities.

It was early in the history of Des Moines Still College, at that time the S. S. Still College, that its present head entered the then new science of osteopathy. He was a member of the third class to be graduated from the school. For five years Dr. Johnson conducted a successful general practice in northern Iowa, and then was recalled to the Des Moines school to become a member of the faculty. He has served in various capacities; director of clinics, director of obstetrics, instructor of general science, instructor of the specific nervous sciences, and was for fourteen years Dean, prior to his having become acting President last May. During all these years he has conducted a general practice, so that he comes to his classes and clinics with twenty-seven years of experience in the field of practice and twenty-two years

(Continued on page 3)

From the Field

The following are excerpts from a letter from Dr. Lloyd Mitchell, a member of the recent mid-year class, who is interning at the Southwestern Osteopathic Sanitarium:

"We are in a brand new building, just a year old and it is very modern in all respects. They do a good deal of work here. At present we are somewhat low but before this week, were plenty busy. They average three majors a week and plenty tonsils and casts. The surgeon here is a dandy and one of us get to scrub and assist in every op. At present I'm not on that service, but I get to see every one and scrub for the tonsils and minors. Our tonsil man uses the Ruddy technique, which is the real way.

"We have to run a routine test on every op patient which is urinalysis, coagulation, blood pressure and heart, then after the op we treat the patient each morning and night. And believe me, it sure is a help to the patients. I never knew that it was possible to do some of the things I have been doing here in post operative treatment."

LET 'EM RIP

"How do you tune these jazz instruments?"
"You don't."—Louisville Courier-Journal.

Are You Looking For a Location?



An excellent opportunity presents itself in the practice of Dr. A. N. Zuspan, of Tyndall, So. Dakota. The Doctor has purchased a city practice and wishes to dispose of his practice and equipment for the price of the equipment.

Tyndall is a county seat and is also centrally located in the county. The population of the city is 1500 and the county about 13,000. Nearest D. O. is located at Yankton, which is about 30 miles east. The Doctor states that the practice of Osteopathy is unlimited there.

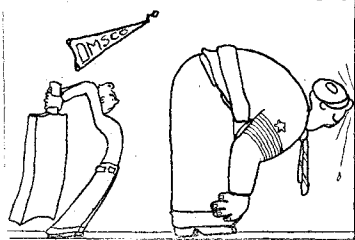
Anyone interested in the above opportunity may secure complete details by communicating with the Doctor at the above address.

* * *

Dr. F. O. Woodard, of Iowa City, Iowa, writes that he has a Taplin table in excellent condition that he wishes to dispose of. Also a \$150.00 Burdick Deep Therapy lamp. Anyone interested in the above items may obtain the prices by writing the Doctor at the above address.

Self-Regulation Is the Best Form of Regulation.

FRATERNITY NOTES



ATLAS CLUB

Miss Johnson was a guest of honor at the club for dinner Feb. 14, after which she delivered a most instructive address to the members on Psychology and its relation to disease. We appreciated having her with us, and thoroughly enjoyed her lecture.

Bros. Gann and Utterbach spent the week-end at home in Perry, Iowa.

Our Bi-annual Pledge Dance was held at the house on Friday evening, Feb. 18. Everyone reports a good time. Xiphoid Chapter takes pleasure in announcing the pledging of W. E. Bankes of Akron, Ohio.

Readings of the MAXIMETER as follows: Brothers Damm and Doyle each scoring 90. Brother Rockhill scoring 13, which is considerable below normal — what's the matter, Rockie,

Brother Warthman requests that the brothers kindly refrain from flirting with his wife as she strolls by the Frat house. He also sincerely hopes the alarm clock wasn't broken in the rush to open the window. Apologies will be received by Brother Musselman.

IOTA TAU SIGMA

A temporary quarantine was again a visitor at the house, at least such was the case if one believes in signs. There certainly was no return visit wished for, even if they do say that the third time is a charm. It has been suggested that we have a big red sign with purple letters next time.

Brothers Wigal and Morrow decided they would also take a little trip, but it seems they were not enthused about their trip, so after a short sojourn, returned to the house. No doubt, Wigal had a "pressing engagement."

Brother Herrick has not decided to stay a while yet and it is so quiet around the house that it is almost oppressing, but no—Brother Shaw still toots and Brother Steininger can still blow—their musical instruments—to say nothing of our suffering under the piano pounding of Bros. Jones and Ross.

Brother Platt not only believes in a dirty upper lip, but it looks like he forgot to wash his chin, also. I'll guess what it is.

Brother "Cousin Ambrose" Rorick doesn't even ride the caboose—he walks.

The "Crows Nest" is undergoing a little interior decorating. More like home every day.

The "Three Horsemen" are now in the sand and gravel business. Offices are now open and salesmen are wanted. They report a fine business.

From all reports it looks like Brothers Hovis and Russell tried to "string" someone.

The Chapter enjoyed a Valentine Dance on Feb 11 and everyone had a ripping good time.

Beta Chapter takes pleasure in announcing the pledging of Llewellyn S. Hughes.

P. S. G. NOTES

Preston Howe says there is nothing that makes him so mad as to have to stay in bed 'till seven o'clock on these nice mornings. "The only trouble is, if I get up before that, I'll invariably go to sleep before the afternoon is well under way," he told us this A. M., while looking up the meaning of Leptotrombidium Akamushi, to spring on the boys.

Walter Cuff, who rooms with Davis, has become jealous of the latter's exterior decoration, and has forgotten to shave his upper lip for the past two or three days. Spence, who sleeps with Cuff, was awakened last night to hear the little fellow repeating the following poem:

I wish I had a mustache
As long and black as Davey's
I'd clip it off and sell it
To help the "near east"
babies.

Just received a fresh shipment of Newton Mineral Water. Get in your orders.—Gerald Beebe.—(Adv.)

Hear Ye! Hear Ye! Wuxtrad!! Chuck Auseon, having proven his worthiness and having all the credentials, was seen to be wearing the pledge pin of the new mystic order at the house. Congrats, Chuck!

Ray Perdue only received two "specials" yesterday. What's the matter, Ray? Perdy can be seen at most any hour of the day with fountain pen between clenched teeth, and a far-away look in his eyes, mumbling: "Oh, for the words," and tearing his hair, for he writes so many letters he can't remember what he has and what he has not written.

Stage Door Stone is running hither and yon so much this week he's beginning to look like "Rip Van Winkle". Better get some rest, Rocky.

Now that spring has shown a few edges and the poetic instinct is beginning to get the upper hand, Stew, Tom, Red Stewart, Westy, Weldon, Perdue and Lowell, have chipped in and bought a two-gallon jug of Sanford's Ink and are hard at it.

Walt Heinlen, while getting out of his upper the other A. M., inadvertently placed one foot upon Otey's cherubic, up-turned visage. "He looked so innocent and sweet as he slept there with the winsome mouth slightly ajar, that I wouldn't have touched him for anything, but my foot slipped," said Walt.

A PUN, YES, BUT NOT SO BAD!

We heard last week a sharper extolling the merits of an old-fashioned anti-fat remedy. He went too far, however, when he declared it was the original stuff that made the Tower of Pisa lean!



Around Our Merry Campus

THIS WEEK'S FAIRY STORY

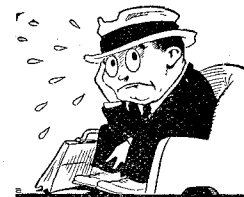


Once upon a time there was a charming and beautiful actress who adopted the stage name of Lizzie Jones. —(The End).

A recent graduate dropped in to see his professor one day and during the visit the professor solicitously inquired how his practice was coming along.

"Well," replied the young man, "in the mornings, practically no one comes, and in the afternoon, the rush falls off a bit."

HELP WANTED: FEMALE



I got a dog; I got a cat;
I got a five-room, furnished flat.
The place is fine; the place is mine;

I signed right on the dotted line.
I got the ring and everything,
Yet I am sad and cannot sing;
The reason seems, oh, so absurd—
I got the cage but not the bird.

MADDENING

A farmer was told by his doctor to count sheep jumping over a fence, in an effort to cure insomnia.

The next day the farmer came back and said:

"It don't work, doctor. I counted enough to pay off the mortgage, and got so mad because they were not real that I stayed awake all night."

Chic Young Lady (shyly)—Do you know why flappers kiss so promiscuously?

Musselman—I don't know; I bite.

Chic Y. L. (gushingly)—Oh! You great big adorable cannibal.

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY

PresidentC. W. Johnson

Editor Don Baylor

Osteopathy Without Limitation

Titus Latinus was apparently very much of a Roman scholar, Plutarch only made occasional reference to him, but sufficiently so to determine that Philosophy and Latinus lived in the same house. "Hoc age" was one of the concise Roman headlines Latinus used when he wanted to crowd a number of words into two. Just what it actually means, a real student of ancient Romanese must tell. As it is interpreted in one of The Lives, however, it reads—"Do what you are about" or "do it now." It seems that, according to Latinus, when the magistrates wished to attract the attention of the populace, a herald would go forth and proclaim with a loud voice, "hoc age." This was a notification to the people to not forget what they had decided to do, and to do it now.

There are some osteopathic students, perhaps, who are missing this cue. The time to learn Osteopathy is now. "Do it now" ought to make a good slogan for every D. M. S. C. O. student.

A Word to the Wise

On Feb. 9, Luther Drabing, Senior "B", missed O. B. for the first time this year. At the beginning of the semester, the members of the class decreed, that anyone deliberately cutting a class would be dealt with accordingly. Since Drabing's absence fell in the unexcusable class, it was deemed wise to make an example of him. When he appeared for the second period, a reception was held, in the men's waiting room, for him.

The Sergeant-at-arms held him on the table, while the members of the class marched by, each one laying on a gentle reminder that the recipient did not soon forget. It is needless to say, that to date, no other member of the class has been the honored guest on such an occasion.

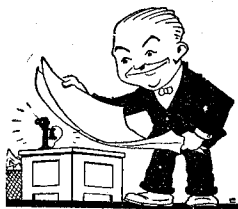
Practical Work Meeting

The girls of the college met at Dr. Catherine A. Brock's on Thursday evening, February 24, for the first work meeting of the semester.

Dr. John M. Woods gave a most instructive talk on Physical Diagnosis, and we hope we may have the privilege of hearing him again in the near future.

Refreshments still form an attractive feature of these occasions, and Jessie Leftwich proved herself an efficient caterer.

Campus Politics Thrive



During the past two weeks the air around our dignified halls of learning has reeked of politics. Class meetings and elections have been in vogue and the task of selecting the "best man" for the coming semester, has rested heavily on the shoulders of some.

However, the atmosphere has cleared somewhat by now and the various factions are again on speaking terms for the balance of the year. Those lucky (?) individuals chosen to guide the ships of state for the various classes for the coming semester are as follows:

Senior A

President..... "Sheriff" Reed
Vice President..... Leonard Jacobs
Sec'y-Treas..... Mildred Trimble

Senior B

President..... Earl Shaw
Vice President..... H. H. Kramer
Sec'y-Treas..... A. W. Lyddon

Junior A

President..... Oscar DuBois
Vice President..... Not Reported
Sec'y-Treas..... Gail Smith

Junior B

President..... R. Gauger
Vice President..... Lilian Tracey
Sec'y Treas..... Ray McFarland

Sophomore A

President..... Frank Dornbush
Vice President..... John Harvey
Sec'y-Treas..... P. Thistlewaite

Sophomore B

None Reported

Freshmen A

None Reported

Freshmen B

President..... Bennie Devine
Vice President..... Ken Ward
Sec'y-Treas..... B. E. Scott

West Virginia

The semi-annual meeting of the West Virginia State Board of Osteopathy was held at Huntington, Feb. 14 and 15, 1927. The following Doctors were successful in their test before the Board: Dr. Geo. Clayton Eoff of Maryville, Mo.; Dr. Irving P. Tuttle of Rockland, Maine; and Dr. Wallace C. Walker of New Concord, Ohio. Drs. Tuttle and Eoff are from the Kirksville School and Dr. Walker from Des Moines.

Dr. Tuttle has already opened an office at Parkersburg. Dr. Eoff is expecting to open his office in a few days, at Fairmont.

The next meeting of the Board will be held in July. The exact time and place will be announced in the Journals, later. Several, who will be graduated in June, have signified their intentions of appearing before our Board at the July meeting.

For application blanks, write the Secretary at 542 Empire Bldg., Clarksburg, West Virginia. G. E. MORRIS, D. O., Sec'y.

Band Practicing

(Continued from page 1)

cure attention or create interest as quickly as will good band or orchestral music. With a student body the size of ours and with the experienced talent available to the extent that it is in D. M. S. C. O., there is no reason why we cannot have an orchestra to open every Friday assembly. Two or three "hot numbers" will get students in the room and seated quicker than anything else. It is out of the question to expect Dr. Halladay to devote more time to school activities than he is already putting in, so it will be up to the student body to get an orchestra started. Why not? Some of you enterprising young musicians pick out a gang and run over a few numbers for next Friday, and after the ice is broken, you will have all the help you need.

And while we are on the subject of music, why can't Still College have a Quartet and a Glee Club? No reason on the face of the earth. This would be another feature that would not only "pep up" the weekly assemblies, but would also improve the spirit around the school to some extent. There are at least twenty or thirty fellows around school that you can think of on the spur of the moment, that enjoy gathering around in the "Gent's Smoking Room" and harmonizing a little during the noon hour, or before football practice. Why can't these men act as a nucleus for a group to start things off with in assembly? Three years ago we all got quite a "kick" out of expanding our lungs to the tune of "Annie Laurie," and some of the other old stand-bys, and we would now, if we would get started again. This is another thing the students will have to initiate themselves. Get a gang together, sit together in assembly, and put some of the old time "pep" into the song-fest. Call it a Glee Club—or a Barber Shop Chorus, or don't call it at all—just have it. Then out of the group, select the four that have the greatest variation in their voices, and have the required amount of nerve, and designate them as the Quartet, and have them appear occasionally on the platform.

How-Bout-'Er, Gang?

Thirteen Frosh Shot

(Continued from page 1)

Spencer, is progressing nicely, and promises some new features that will score a decided hit with the student body. It is the desire of this department to make this section of the book purely local. There are sufficient funny happenings in the classrooms and around the college, wisecracks of students and faculty, to fill twice the available space, if only you would give Spencer the dope. He cannot "sit in" on every class and get the jokes first-hand, so it's up to you to see that he gets them. Write out the hot-shots you hear

Faculty of Specialists

(Continued from page 1)

of connection with the school and its problems. He combines with these external qualifications a wealth of human interest and human understanding, which are of great value in the regulation of both student and clinic activities.

Thru this combination of qualities we see the new President of Des Moines Still College, developing his work as director of the school, along definite lines and principles. The directing of various departments must be divided and each man at the head must be responsible. All efforts in the school point to one goal—the best we can give the student.

A faculty which is trained, sincere, able, and working for the interests of the student and school. The continued development of a clinic organization which will be of greatest benefit to the public and greatest value to the student; a clinic, the greatest which the profession knows. At all times organization, co-operation and the needs of the students foremost in mind.

and hand them to "Spence" and if you have a good idea for a cartoon and are unable to draw it yourself, set Reg Platt. Help the staff make the Humor section a purely Still College affair this year.

The Athletic department is planning some new features this year that will make this section one of the most attractive in the entire book. Pictures are being secured of nearly every football game on last fall's schedule to live-up the pages.

The Business department, under the supervision of Dean Elsea, is on the job day and night, figuring how to save pennies here, so as to be able to supply an additional feature there. The Circulation Manager, L. E. Schaffer reports that slightly better than fifty per cent of the student body have already signed their subscription cards, which is hardly the true "Still" manner of doing things. When the student body get behind something they are usually "in on it" one hundred per cent. This year book, The 1927 Stillonian, will be the complete review of the entire college activities for the past year. Every student will want one in the years to come. It will prove an investment of increasing value. Get your name on the dotted line today, before the time allotted for subscriptions expires! Boost your college annual—make the student subscription one hundred per cent.

COMING!

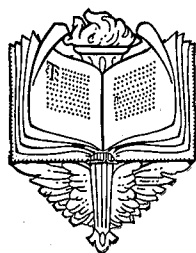
In the next issue we will publish an account of Dr. Spring's recent Buffalo Hunt. Watch for it!

WANTED!

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Entered as second class matter, February 3rd, 1923, at the post office at Des Moines, Iowa, under the act of August 24th, 1912.

THE LOG BOOK

Acceptance for mailing at special rates of postage provided for in section 1103 act of October 3rd, 1917, authorized Feb. 3rd, 1923.

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Volume 4

March 15, 1927

Number 17

Mother Halladay Dies

Mary Elizabeth Halladay, better known to many of the students of the A. S. O. and Still College as Mother Halladay, died March 1, 1927, at the home of her son, Dr. H. V. Halladay in Des Moines, Iowa.

Mother Halladay will be remembered as early as 1899 by some of the students as managing a rooming and boarding house at 803 W. Pierce St. in Kirksville. Later she moved to 506 S. Stanford and then to 316 S. Franklin. At all these addresses she rented rooms to students and enjoyed greatly their association. For a time she was with her sister, Miss Lyda Brennenman, at 310 E. Jefferson St., assisting with the affairs of the boarding house, and made many more friends among those studying Osteopathy.

Since coming to Des Moines, Iowa, with her son, she has been made an honorary member of the Delta Omega Sorority for her close association with the development of Osteopathy, and has delighted in the friendship of the girls of the college.

Her death was due to Aortic Regurgitation complicated with cancer of the bladder. Fortunately for her, the period of suffering with the cancer condition was greatly shortened by the already present heart lesion.

Memorial services were conducted by Dr. C. W. Johnson, at fifth period on Thursday. Tributes to the memory of this remarkable woman were made by the various members of the Faculty and also from the student body. Everyone stood with heads bowed for one minute at the close of the service.

Mid-Year Grads Locate

Several members of the January class have been heard from and to date all have been successful in passing their respective State Boards.

Drs. Jack Bice and Lloyd Mitchell "took" the Kansas Board and passed in good shape. Dr. Bice has opened his office in the McCurdy Bldg., Lawrence, Kans. and writes that "I had three patients in my first two days. Not so bad, I guess, but, Gee! I get lonesome sitting around when I'm used to so many around."

"Mitch" is interning in the Southwestern Osteopathic Sanitarium.

Drs. Jack Swanson and L. W. Jamieson were successful in passing the Nebraska Board, and Jamieson has located at Wayne,

(Continued on page 4)

In Memory of Mother Halladay

A friend has died—a friend who loved
The gentle ways of truth and right,
Now stands upon the shores of time,
And beckons us toward the light.
Let they who stay be better men
Because of her who lived for them.

Ideals to her were sacred things,
She made of them a simple creed,
Which glorified each spoken thot
And sanctified each gentle deed.
Yet linger with us, noble soul,
To light us to our distant goal.

—B. E. Scott

OBITUARY

Mary Elizabeth Halladay, daughter of Mary Jane and Isaac Brennenman, was born in Lancaster, Fairfield Co., Ohio, April 15th, 1856. At an early age she moved with her parents to Kirksville, Mo., where her father engaged in the making of wagons. In November, 1873, she was married to Matthew Halladay, who died in 1897. Following her husband's death she engaged in the rooming and boarding business, and will be remembered by many of the graduates of the A. S. O. In August, 1924, she moved with her son, Dr. H. V. Halladay and family, to Des Moines, Iowa, passing away at their home March 1st, 1927. At an early age she became a member of the First Methodist Church and all thru her life was an active worker, being a member of the Woman's Foreign Missionary Society, the Ladies Aid Society, the Official Board, and a teacher in the Sunday School. Since her removal to Des Moines she affiliated with Grace Methodist Church of that city and up until the first of the year has taken an active part in the work there.

In passing she leaves one brother, George Brennenman of Toledo, Ohio, one sister, Mrs. W. L. Shank of DeKalb, Ill., a son, Dr. H. V. Halladay and his family, together with a host of friends and distant relatives in all parts of the country. During her stay in Des Moines she was made an honorary member of the Delta Omega Sorority, in recognition of her close association with the development of Osteopathy, and delighted in the friendship of the girls of the College.

Orchestra in Premier

The D.M.S.C.O. orchestra made its premier appearance before the student body in assembly on last Friday morning. The gang fill a long felt need in our school life, especially to get things started in our weekly "get-togethers."

The musicians offered two peppy numbers while the student body were finding their seats. Their efforts were well received. Earl Shaw was instrumental in getting the organization started, but was unable to be present at their first appearance because of an inopportune O. B. case.

The students are for the or-

Alumnus Presents Stethoscope

Dr. Bertha Messerschmidt, of 1925 Class, recently presented the Physical Diagnosis department with a multiple Bowles type of stethoscope.

This new instrument enables six students to listen to the same patient at the same time and with the instructor tuning in with the class, the student will be sure he is "listening to the right noise." Thanks, "Messer."

chestra, strong. Keep at it fellows—let's see you every Friday morning!

Faculty of Specialists



DR. J. P. SCHWARTZ

The title "Dean" has come thru the traditions of education to carry a connotation of affection. The Dean, of all members of an educational force, if he be a true dean in the fullest meaning of the word, is beloved of the students. He stands as a buffer state between them and their faculty; them and their president; and when need be, between them and the public.

There is no other position in a collegiate organization so essentially a personal matter, and none requiring so definitely a specific personality. The Dean of Des Moines Still College, is an example of the perfect Dean. Amiable known as "J. P." to nearly all, and affectionately known as "Pinkie" to many, Dr. John P. Schwartz came to the deanship this year in an aura of student devotion which would justify his position, were there no other qualifications—but Dr. Schwartz has many.

If close association with a school in many capacities is a qualification, the present dean scores there. Coming to Des Moines Still College eight years ago last fall, he has been an active member of the faculty ever since. Having received his degree of D. O. from the American School of Osteopathy at Kirksville, Mo., he came to Des Moines for post graduate work, and while completing it, took the position of instructor in bacteriology. Upon finishing his post graduate course, he entered Des Moines General Hospital for two years of internship, continuing at the same time his instructing at the college. At the close of his intern service, Dr. Schwartz, in recognition of his marked ability, was made assistant surgeon on the hospital staff under Dr. S. L. Taylor, and has since that time been a regu-

(Continued on page 3)

Pirates Split With Tabor

The Osteopathic banner carried by Coach Frank Sutton and his able hoopsters continued its triumphant march by scoring two victories and being nosed out in the third by an eyelash. The quintet led by the dependable Captain Friend and the brilliant work of Harold Davis is setting a wonderful record, and the team play as a whole, ranks with the best in the state.

For some unknown reason, in the engagement with the flashy Tabor five, the Pirates could not find the basket in the first half. Davis, in particular, was missing his loops by the barest margins, while the defense could not halt the continued assault of the visitors, who sank the pill from all positions.

The half-time score was 21-5 in favor of the Taborites and it looked like a walk-away. But the Osteopathic mentor talked things over with his athletes in between halves and when the Stillonians appeared they were back in their old form.

Davis and Hannon counted with regularity, while Van Ness kept the defense on its toes. The score pulled closed and closer to the enemy's total, and it looked like the margin of victory might be seached before the final whistle. However, the gun barked with the Pirates two counters in the rear, due to Tabor's making good on three technical fouls, one of which was caused by the crowd.

After downing Omaha University on a two-day trip, the Suttonites invaded Tabor college and secured ample revenge for the reverse handed them in Des Moines, by taking the long end of a 38 to 24 score.

Davis played one of the most remarkable games of his career when he registered two points on each of his first attempts from the field. The rest of the scoring machine sensed that the rangy forward was plenty "hot" so they fed him at every opportunity. Harold, as usual, took care of advancing the ball down the floor by means of his skillful dribble.

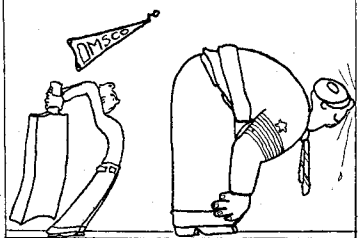
The half ended 31-11 in favor of the visitors, and the last period was only a pastime, in which the boys eased up to save their strength for the hard week-end with Kirksville.

Mike Hannon was in excellent form, and besides passing well, sent three loops thru the ring. Smithat guard was the strongest man, defensively.

Yellow Dogs Visit Here

The Royal Order of the Yellow Dogs visited the college the other afternoon, and now Reg Platt and Chris Fedson are full fledged members of the pack. Congratulations, boys! The leader said the national officers would no doubt return in the near future, as there is a vast amount of good material available at D. M. S. C. O.

FRATERNITY NOTES



ATLAS CLUB

Since the advent of our new pledge, Bill Bankes, the club has been afforded a new form of pleasure. Bill brought with him a \$1.50 radio. If the program comes in rather faint, we call in Fedson. With this additional wave length, we are always assured better music.

What we would like to know is, if that is a moustache under Wards nose, or does he just need a handkerchief.

At last we have found a name for that peculiar growth behind Musselman's nose—Cec, himself, told us that it was his face—but after all, what's in a name?

So many bells have been broken on the Maximeter lately that the boys have been seriously thinking of borrowing the Liberty Bell to see if it will survive the oratorical attempts of Bros. Damm and Doyle.

Our Drs. (TO BE) Hughs and Faus from the far away O. state, have traded their heavy horses for two light ponies, and are planning to ride home in the spring. Faus says they can also use a good sheep dog.

Damm closed the trapping season and saved Rusty Wright (alias Major Hoople), from Earl Hoyt Reed's nickel-plated Reindeer traps.

Nicholson broke down for the second time. (Three times and out, Ole).

"Dorney" got himself a laundry-bag.

Reading of the Maximeter as follows: Bros. Damm, high as usual, scoring 90. Bro. Doyle, a decided weakness in score, only 75. Bro. Brown finally gets in scoring column, pulling a perfect 36. Bro. Rockhill showed a decided gain over previous reading. Indicator resting at 32. A high score is indicative of arguments won.

Dr. (?) Skinner spent a week-end in Kirksville.

Bro. Stingley has many stations to purchase his supply of gasoline.

PHI SIGMA GAMMA

"Honk" Lashlee reports that baseball practice will open soon, providing this weather keeps up. He urges that each player try to find a complete uniform for this season's work and not appear in the heterogeneous mass of adornment that was in evidence last Spring.

"Cab" Cummins says if he can't pitch this year he won't play at all, and furthermore, the boys can't use any of his equipment.

"Red" Granberg has been putting some new "viscera" in his "Galloping Ghost of the Gravel." "I'll fix her so she'll climb the

Fifteenth Street hill without pushing, if I spend a fortune," he said.

Dr. Montgomery and Dr. Patterson dropped in at the house for a friendly little session of "Chess" but the game broke up when "Pat" accused Spencer of playing with marked Chessmen. Monty said he didn't care, as he learned enough down here to enable him to go home and whip "Sheriff" Reed in a terrible manner. Dr. Reed has heretofore claimed the championship, and because of his badge, no one has dared to dispute him.

"Pres" Howe has been reciting poetry ever since the first signs of Spring. His latest one, called "Sweetheart," has been avowed by the boys to be by far superior to anything he had previously put out.

It has been rumored that "Chuck" Auseon has had his pledge pin, from the new mystic order at the house, lifted for getting cocky with the head cheese, Dr. Jacobs.

Have you read Dr. Jennings' paper on the "Pinochles of the Brain."—(Adv).

A letter was received from Jack Stafford, who is going to school at Western State of Colorado. He reports that he is in good health and getting on fine.

IOTA TAU SIGMA

Out again and this we hope to be the last. The boys enjoyed the vacation but are mighty glad to be back in school. Enough is enough!

L. Hughes is the only one confined in the "pest house" and all the fellows, especially those that have spent time within its walls, send best wishes.

Bro. Herrick returned to his home in Sycamore, due to the fact that he missed so much school. It's tough, but stay in there and fight, Bob, and be back next year.

It sure seems like "Cousin Ambrose" Rorick is in love, for he bought a new ring for one of the fairer sex, and it wasn't from Montgomery and Ward's catalogue, either.

"Gene Tunney" Loghry struts a mean left, straight from the shoulder. This local pug will bear watching in his future bouts.

Signs of Spring are more frequent every day. The "Crows Nest" the first robin of the season. The baseball stars are warming up for a great season—and we can't forget that the front porch was scrubbed.

Bros. Steninger and Shaw do their practicing at the Polyclinic now, so peace reigns at the house once more.

What we want to know is this: Why is Bro. Ross ordering a new pin so soon after his trip home during the past week. Strange how these pins can be lost.

Bro. Belf is afflicted with cold feet it seems, for every nite he may be seen filling the hot water bottle before he goes to bed.

Bro. Hollis Morrow is now running the night shift at the West End Coffee Shop.

Anybody having an old 1927



Around Our Merry Campus

The best one we've heard of lately concerns the Senior "A" who rides a taxi to his meal job every day.

Who's this bird "Tommy Rot" Dr. Johnson talks about so often?

Old Grad—(meeting his old prof on the campus after many years): "Professor, I have made some money, and I want to do something for my old college. I don't remember what studies I excelled in, if any,

Prof.—In my classes you slept most of the time.

Old Grad—Good! I'll endow a dormitory.

Tramp:—Will you give me a dime for a cup of coffee?

Gent:—I don't drink coffee.

Hubby (arriving home late)—Can't you guess where I've been?

Wife—I can; but go ahead and tell your story, anyway.

A Story for Ex-Londoners

Two men left a banquet together: they had dined exceptionally well.

"When you get home," said one, "if you don't want to disturb your family, undress at the foot of the stairs, fold your clothes neatly, and creep up to your room."

They met the next day at lunch.

"How did you get on," asked the adviser.

"Rottenly," replied the other. "I took off all my clothes at the foot of the stairs, as you told me, and folded them neatly. I didn't make a sound. But when I reached the top of the stairs—it was the Baker Street Station!

Some men have a hard time getting along with their wives. Others have a hard time getting along without them.

Grandpa in a motor car
Pushed the lever back too far
Twinkle, twinkle, little star—
Music by the G. A. R.

automobile license please see Bro. Smith.

Bro. Wigal's favorite song is: "I won't be Home until Morning."

We have heard of unusual hobbies, but Bro. "Hap" Nowlin has the very latest—trying on ladies pajamas.

Bro. Russell visited the house several times this week.

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY

President C. W. Johnson

Editor Don Baylor

Osteopathy Without Limitation

Are You Just a Wheel Tapper?

A recent issue of "Inklings" carried the following story:

"A railroad once offered a bonus to its employ who had the longest creditable record. An old man approached the president of the company, believing that he had a good chance to get the bonus.

"How long have you worked for the railroad?" asked the president.

"Thirty-five years."

"And you never had a complaint lodged against you?"

"Never," was the confident answer.

"What do you do?" he was asked.

"Well, when the train pulls in the station here, I go down the cars, and tap each wheel with a hammer."

"What do you do that for?" asked the president.

Scratching his head the old man said, "Damned if I know."

Tapping car-wheels is, perhaps, an unromantic job. But like every job, it has a purpose. If the old man had possessed imagination, he would have seen, in his work, the service he was rendering to others. The safety of scores of passengers depended upon his doing that work well.

But he failed in his vision.

Are you just "tapping wheels," or are you rendering real service? Does the practice of Osteopathy mean just more money in your pockets, or have you the vision of service to humanity—the saving of lives and the alleviation of human suffering?

Are You Interested In Your Work?

Did you ever stop to think how much time would be saved in this world, if none had to be told any certain thing more than once?

Can you figure in your imagination what the effect would be all around, if everybody was so alert and in earnest that they could, and did, take everything which they were told, or demonstrated to them, into their mind in such a way that the same thing need never be said to them again?

What a relief to the patient, painstaking teacher to have such a pupil.

What a relief to the child who is constantly nagged by parent or teacher to get results and get them quicker.

How much faster a workman could get to the top of his line, if he gained the reputation for taking and assimilating the ideas of the boss so that the one interview would be enough on any one issue.

"Utopia!" you say, but it is quite within the possibilities of the human mind to make this condition universal.

Are you interested enough to pay attention to the next command or suggestion which is given to you, so that you make the thought your own as soon as you hear it? Try it out today.

Keep Straight Ahead

Pay no attention to slanders or gossip mongers. Keep straight on in your course and let their backbitings die the death of neglect. What is the use of lying awake nights, brooding over the remark of some false friend, the thoughts of which run through your mind like forked lightning! What's the use of getting into a worry and fret over gossip that has been set afloat to your disadvantage, by some meddlesome busybody who has more time than character? These things can't possibly injure you, unless indeed, you take notice of them, and in combating them, give them character and standing.

If what is said about you is true, set yourself right at once; if it is false, let it go for what it will fetch. If a bee should sting you would you go to the hive and destroy it? Would not a thousand or more come upon you and cause you more suffering than you had already received.

We are generally losers in the end, if we stop to fight all the backbitings and gossipings we may hear from time to time. They are annoying, it is true, but not dangerous, so long as we do not stop to expostulate and scold. Our characters are formed and sustained by ourselves and by our own actions and purposes, ideals and thoughts, not by others.

If she wears white shoes, she's black.

If she wears black shoes, she's white.

If she wears cotton stockings, she's green.

If she looks young, she's old.

If she looks old, she's young.

If she looks back, follow her.

The fortunate circumstances of our lives are generally found, at last, to be of our own making. —(Goldsmith).

Adversity is the trial of principle. Without it a man hardly knows whether he is honest or not. —(Fielding).

Doing something for someone will bring you more happiness than doing someone for something.

Some people are happy only when they are getting a lot of enjoyment out of being miserable.

Freshman "B" Notes

It is seldom that a group of men, strangers to each other, immediately whip themselves into an efficient organization, and who continue to co-operate and harmonize for success, collectively as well as individually—and yet that is what the Freshman B class has accomplished.

At the first of the semester, we decided on a slogan of "No Final Exams," and we have already put in motion a plan with which we hope to accomplish this feat. The plan, in brief, is this: one member of the class has charge of one course. This member reads up on his subject and one evening a week delivers a lecture to the rest of the class. By this method we hope to bring out and solve problems that we haven't time to consider during the regular class period.

Thursday evening, March 3, the gang collected at the home of Francis Watson, who has charge of the chemistry class. Strange as it may seem, there was no "horseing around," and a good night's work was accomplished. After the lecture, Mrs. Watson gave us a very pleasant surprise by serving cocoa and cake. Was it time wasted? We'll tell the world it wasn't!

Next Wednesday, Bill Bankes has charge of the anatomy class, which will meet at the Atlas Club—and we'll all be there.

Already we have developed a high-powered class spirit and we are all out to win.

From the Field

Edwardsville, Ill., Mar. 1, 1927.
Dear Friends:

Not having received a "Log Book" since I opened my office here last October 1st, altho I left a forwarding address in St. Louis, I am just going to write a few lines at this time and give my new address of 206-A N. Main St., Edwardsville, Ill. I hope to receive future copies to sort of keep in touch with the happenings around the old stamping grounds. As soon as I find more time I will write about things in general.

Things are going as good as expected and after more "Missionary work" I hope to have them going still better. I often think of all my instructors and would like to write each a letter telling them of my appreciation of their efforts. Guess Dr. Johnson is still "tweeking the atlas" and Dr. Woods describing the Temporal bone.

With best wishes to all,
C. L. BROCKMEIER, D. O.

Voice Over Phone—Is Mike Howe there?

At the Other End of Wire—What do you think this is—the stockyards?

Guest—Waiter, there's a fly in my ice cream.

Waiter—Let him freeze and teach him a lesson, the little rascal was in the soup last night.

Others may fix your salary but you determine your own worth.

Faculty of Specialists

(Continued from page 1)

lar member of the college faculty. He has taught embryology, proctology, urology and with the enforced resignation of Dr. Taylor last May, became head of the surgery department.

Urology, proctology and surgery are the specializations of our dean in the professional capacity, and he has made specific graduate study in those lines at Chicago and Cleveland. At the time that Dr. Schwartz became head of surgery at Des Moines Still College, he was formally made chief surgeon at the Des Moines General Hospital, thereby receiving the title he had earned thru his work during the rather prolonged period of Dr. Taylor's illness. Later, in the reorganization of the hospital, Dr. Schwartz received signal recognition in his election to the presidency of the Des Moines General Hospital board.

But listing his titles—Chief surgeon and President of the hospital, head of the department of surgery at the college, imposing as these distinctions are, does not express Dr. Schwartz' paramount fitness for deanship. It is his close relationship with the students which wins there. His interest and his time has always been given to student activities. For seven years he was faculty manager of student athletics. They have never found him too busy to listen to their troubles, real and fancied, major and minor, and are assured of his help. Added responsibilities have not crowded them out. Dr. Schwartz is still giving the students a great deal of his personal time and energy. And they in return acclaim him the perfect dean.

Still Men Form New Club

After several meetings stretching out over a number of weeks of extemporaneous exercises, a group of non-frat men desired to have a banquet and form a "Non-Frat Club."

Wednesday night, March 9th, about 40 of these men gathered at the Y. M. C. A. for their banquet. Dr. Johnson was the speaker of the evening, speaking on the subject of "Eugenics." His talk was very interesting.

In addition to Dr. Johnson's lecture, the boys were entertained by the Harlan quartet, Miss Helen DeRuls, soloist, Harold Bales, whistler, and Harry Ellenwood and Miss Daphene Stevens of Drake, who gave several readings.

The officers for the new club are as follows:

Fred Martin, president; Fred Nazarene, vice president; Wm. Hensch, secretary; Frank Wilson, treasurer.

The object of the club is to promote professional training, sociability, good fellowship and general college spirit. Anyone interested in belonging may see the president or secretary.

Halladay Offers Trophy

All ardent followers of the national pastime, "Cow-Pasture Pool," are going to have a goal to strive for this spring, according to an announcement made by Clark Hovis in assembly last Friday.

Dr. H. V. Halladay has signified his intention of offering a silver loving cup for student competition this spring. The aspirants met immediately following the assembly and discussed rules and regulations for the coming tournament. The skeleton of the plan calls for a qualification round to be followed with the pairings for the championship elimination rounds. The winner will have permanent possession of the trophy. Any student is eligible to enter.

Many of the pill chasers have already dug out the sticks and have been busily engaged in polishing off the winter's rust in anticipation of a good score in the qualifying round. The announcement was given an enthusiastic reception and a highly exciting tournament is expected.

It has been rumored that a similar trophy is to be offered by another member of the faculty for Tennis.

Mid-Year Grads Locate

(Continued from page 1)
and Swanson at Wahoo, for the present. Both are getting off "on the right foot." Jack writes that "it sure seems funny not to be getting up for an eight o'clock class."

Dr. Marion Caldwell is planning on taking the New Hampshire examination at the next meeting of the Board. Dr. Wallie Walker passed the West Virginia Board with good averages, but we have not heard where he is planning on locating to date.

Dr. "Bill" O'Connor has overcome all Michigan obstacles and has opened his office in the O'Hearne Bldg., Port Huron, Michigan, and is enthusiastic about his prospects in that locality.

Dr. Walter Hagman is practicing in St. Paul, Minnesota.

Your Mental Attitude

Your mental attitude is a great determining influence in your daily life. Begin the day with an expectant and energetic mental attitude toward your work, plans and purposes, and it will elevate and enhance all your activities. The spirit in which you regard your fellow men and the world about you will be reflected back to you. When you are in the right mental attitude, many things will seem to conspire and co-operate to advance your work and interests. Primarily it is your mental attitude which makes the day happy and productive, or the contrary. You can demonstrate the truth of this today by resolving to look only for the best, to be intelligently optimistic, and to have confidence in the eternal supremacy of good. — Glenville Kleiser.

Future Doctor to Act Before People Are Ill

Chicago, Feb. 14 (A. P.)—The physician of the future was pictured as a family adviser in hygiene and preventive medicine, more than a man called in when disease has stricken and a cure is needed, in an address here today before the annual congress of the American Medical association's council on medical education and hospitals.

Dr. Walter S. Leather, professor of preventive medicine, Vanderbilt university, school of medicine, Nashville, Tenn., was the speaker. In a plea for more emphasis in medical schools on the teaching of preventive medicines and control of disease, Dr. Leather said:

"There has been remarkable improvement of the standards of medical education, in laboratory teaching, the personnel of faculties, hospital facilities for clinical instruction, and so forth during the last twenty years. Insufficient emphasis, however, has been placed upon the teaching of prevention and control of disease."

Health Rules

Eat a variety of food, including lots of fresh vegetables, both raw and cooked.

Drink lots of water.

Do not eat fast.

Do not eat too much.

Regulate your bowels through your diet.

Have regular habits with your meals, work and sleep.

Have lots of fresh air at all times.

Walk more.

Bathe frequently.

Stand, sit and walk erect.

Don't work all the time; play and rest some.

Go to your doctor for a general physical examination at least once a year.

Asked to pray for warm weather so that her grandma's rheumatism might pass away, a five-year-old girl knelt and said:

"Oh, Lord, make it hot for grandma."

Once the victim tried to remember the number of the car that hit him—now he tries to remember the number of cars.

Anemia and Its Dangers

The healing art owes a great debt to the laboratory work and research of those who, in the not so distant past, discovered the enormous value of the blood as a carrier of oxygen to the tissues, an office which is performed by the hemoglobin contained in the red blood corpuscles. The cells must have oxygen in order to carry on their function, and the gravity of anemia, which simply means a decrease in the number of red blood corpuscles and the percentage of hemoglobin, therefore, cannot be easily overestimated.

Modern research has also revealed the fact that anemia is a much more prevalent condition than is generally supposed, and even in cases where it is not the primary cause of disease, an anemia frequently exists which must be corrected before the system can be restored to perfect health.

In convalescence from pneumonia, la grippe, typhoid fever, and other acute diseases, anemia is always present, and is frequently the cause of most puzzling relapses in regaining lost strength and weight.

In tuberculosis anemia is found in every stage, from the slight blood abnormality existing in the beginning of "The White Plague" to the profound cachexia developed late in the disease.

The aged, especially in the spring season, show unmistakably the effects of anemia. Feeble circulation, cold hands and feet, loss of strength and vigor, all indicate the necessity of a change in the blood condition.

Expectant mothers and those who are nursing, are subjected to an enormous strain by the double demand upon their organisms, and their blood is practically always below par.

Rachitic children who, are not developing properly, and whose food does not assimilate, are invariably anemic, and their blood must be improved if they are ever to show healthy, normal growth.

Skin affections, such as boils, abscesses, and carbuncles, have frequently a basic cause in anemia, and a return of the blood to normal is needed to prevent the recurrence of these troublesome maladies.

The tired, languid condition known among the laity as Spring Fever, and experienced by so many people during the spring season, has anemia as a basic cause, as a microscopic examination will readily show.

A microscopic blood examination is absolute in determining anemic conditions. It is also a positive check on the progress of your treatment.

"What's the fuss in the school yard, sonny?" asked a gentleman passing a ward school.

"Why, the doctor's just been around examin' us, an' one of the deficient boys is knockin' hell out of a perfect kid."

Above all, hold on when others would let loose.

We Need Snapshots--

Of Baseball

Interclass Track Meet

Homecoming Pushball Game--



--Besides Individuals and Groups of Students, Let's Have a Picture of your "Collegiate Ford"

All Snapshots Must be in by March 25th. . . Give them to Phil Bryson or Hand in at the Stillonian Room.

Snapshots are One of the Most Important Factors in the Success of an Annual. Do Your Share!

Entered as second class matter, February 3rd, 1923, at the post office at Des Moines, Iowa, under the act of August 24th, 1912.

THE LOG BOOK

Acceptance for mailing at special rates of postage provided for in section 1103 act of October 3rd, 1917. authorized Feb. 3rd, 1923.

PUBLISHED SEMI-MONTHLY BY THE DES MOINES STILL COLLEGE OF OSTEOPATHY

Volume 4

April 1, 1927

Number 18

PIRATES SPLIT WITH RAMS

Davis, Hannon, Friend Are Stars

The Pirate basket ball season reached its peak in the four hard-fought battles with the rival Ram five from Kirksville, Missouri. Two games were played here and a similar number at the other Osteopathic institution, each hoop squad winning its home-floor contests.

In the first meeting at Des Moines the game was played on the Catholic Academy surface, which is rather small for college play, and both teams were handicapped by these cramped conditions. However, Captain Friend, scoring repeatedly with close-in shots, led his warriors to a 28 to 20 victory.

During the first half the lead see-sawed back and forth, and the visitors seemed to have a distinct advantage in their ability to stop the scoring efforts of the flashy Davis. The Rams' defense was hard to penetrate, and they fought desperately to smother the pirate dribblers.

Better shooting in the last ten minutes of play sewed up the contest for Coach Sutton's men in one of the most aggressive battles of the season. Van Ness, stellar guard from Lebanon, Ohio, brought the large crowd to its feet with a beautiful bucket from back of the center of the floor. The big boy also did well in defending the basket territory. Friend and Davis carried the brunt of the Purple and White attack.

August and Kenaga played best for the invaders.

The following night's entertainment at the Drake field house gave both teams a chance to show their ability unhampered, and the spectacular Davis flashed his way to the basket at will, leading the Pirates in a 47 to 23 walkaway.

The star forward registered nine times from the field besides counting eleven points at the foul line. He was responsible for every personal foul called on the rams. It was one of the greatest exhibitions of individual play seen in Des Moines.

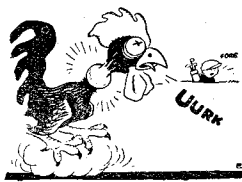
Play was on even terms during the first session, which ended 20-15, but following the rest period the Stillionians uncorked an attack that had the visitors completely at sea. Mike Hannon got hot in the final minutes to loop in five two-counters.

Smith was in rare form and
(Continued on page 2)

A.O.A. Secretary Coming

According to the schedule recently published in the Journal of the A. O. A., the Secretary of the national association will be in Des Moines shortly after the first of the month, and will visit the college. On last year's trip, Dr. Gaddis gave a highly interesting talk in assembly.

Golf Tournament Opens



Competition for the Halladay Cup for Golf is ready to begin with the pairing as posted on the first of the month. Several students have signed up, and more are expected to enter the competition when the actual play begins.

The cup is to be an annual affair, and the winner each year will become the permanent owner of the trophy. Who's the "Sarazen" of D.M.S.C.O.?

Pan Hellenic Election

The following officers have been chosen to guide the destinies of the Pan Hellenic Council during the balance of this semester: Chairman, L. E. Schaeffer; Secretary, Tom Clark; and Treasurer, LeRoy Skidmore.

The fraternity representatives for this semester are as follows: Iota Tau Sigma, Skidmore and Sluss;

Atlas Club, Dud Smith and Schaeffer;

Phi Sigma Gamma, Jacobs and Clark.

Several entertaining meetings have been held this year, and the next meeting will be held at the Atlas Club on April 5th. This meeting will be the best attended gathering of the year, as the Dean has condescended to address the combined membership of the three organizations on that occasion.

Life started from a cell and if justice is done a lot of it is going to end there.

Fate chases the cowards and fortune pursues the brave.

Local Retail Merchants Blackball Stillionian Advertising

Faculty of Specialists



DR. C. F. SPRING.
B. S., D. O.

Important as is the place spring parties hold in collegiate schedules the world over, one ventures a guess there are none more looked forward to, nor more often and happily referred to, than the "Spring" parties at Des Moines Still College. They form one of the traditions. Freshmen are told of them when they arrive, and practicing physicians talk about them years later, when they meet. However, our Spring parties are not named for the season, but with thanks to the successful host who sponsors them.

Every year, as Dr. Claude E. Spring finishes all work he will have with any one class, he invites them to his home for the Annual Spring Party, which is equally a perennial success. He is famous for them, as he is famous for his sense of humor, his splendid assembly programs, his sympathy and understanding, and whatever it is that makes class after class affectionately dub him, "Daddy" Spring.

Nor can humor, sympathy and parties be all that he has to offer. For Dr. Claude Spring has been teaching Theory, Principles and Symptomatology in the Des Moines Still College for twenty-two years. That is a record of success and satisfaction which must have roots in rich preparation, a wealth of experience and definite ability in presenting a subject.

The foundation of Dr. Spring's preparation is scientific. He received training leading to the degree Bachelor of Science at Iowa State College. He was in his senior year when the Spanish-
(Continued on page 3)

The advertising staff of the 1927 Stillionian received a 10,000 volt jolt recently when the local Retail Merchants Association emphatically refused to recommend the student publication to the participating firms as an advertising medium.

This rather serious blow, at the very beginning of the campaign, somewhat dampened the ardor of the embryo salesmen, but they staged a comeback with true "Still" spirit and are hitting the ball for all they are worth.

However, in spite of the rather empirical ruling of Mr. Nielsen, the local head of the association, a few of the more loyal supporters of the college among the business firms of the city have responded nobly. Now it is up to us to demonstrate to these business men that the student body of D.M.S.C.O. sincerely appreciates their attitude towards the college.

A complete list of all advertisers and their line of business is being prepared, and will be hung in the corridor. Read that list! When you have purchases to make, patronize the firms that help us—and above all, let them know that you are from Still College and that you know they are Stillionian advertisers!

The campaign that has been conducted for foreign advertising has met with success, and the staff are elated over the returns on their efforts. To date ads have been received from: The McManus Table Co., Sodiphene Co., Cantilever Shoes, American Osteopathic Association, and according to correspondence received, several others will be in before the book goes to press.

From an editorial standpoint, the 1927 publication is "put away." All photographs are in and all copy is written and approved by the Faculty Advisor. The actual work of printing and composing has begun, so there will be no doubt of the book being ready for distribution on Stillionian Day, which comes the first Friday in May.

The support given the annual by the student body has made possible the addition of several new and attractive features which will greatly improve the book. With due respect to the staffs of previous years, the 1927 Stillionian will stand alone in quality and appearance. It will be chuck full of the happenings of the school year, and items of personal doings and achievements of the student body. Did you order a copy?

"S" Club Elects 1927-28 Leaders

At a recent meeting of the "S" Club, captains were elected for the 1927 Pirate football and basketball teams.

G. O. "Red" Smith was unanimously chosen to lead the Purple and White basket tossers through the '27-28 schedule, which, according to Coach Sutton, will be the hardest on record. However, as a nucleus, Captain Smith will have such seasoned veterans as Harold Davis, who has won a state-wide reputation as a high scorer, Red Lang from the freshman squad, also "Sure-shot" Cassis, another yearling, from Marietta, and Dale Weldon. With this organization to start with and with the men who will come up from the freshman team, the Pirates should make even a better record next season than they have in the season just closed.

The squad is to be congratulated upon having a leader of the caliber of Smith. A fast, rangy player who is as expert on the defense as on the offense and who has an excellent eye when it comes to looping the ball for the counters.

The leadership of the Pirates on the gridiron has been divided between Bobby Ross, veteran end, and Johnny Jones, one of our stellar guards. Both men merit the honor and confidence bestowed upon them by their teammates, having amply demonstrated their abilities during the past three seasons.

Jones has proved one of the most dependable men Coach Sutton has ever developed for the guard position. On the offense, he always opens the hole for the backs to drive their wagon through, and on the opposite type of play it was the rare occasion when the opponents were successful in piercing Johnny's side of the line.

Ross was equally adept at the art of defense. When it came to sifting through enemy interference to nail the runner before he reached the line of scrimmage, Bobby was there with a capital "T". On the offense, his long suit was "turning in" the opposing tackle in such a manner that the backs would have little or no difficulty in invading the enemy territory as far as the secondary defense at least.

The two captains are confronted with a serious problem in next year's varsity, due to the number of first string men that will be lost by graduation this spring. However, banking upon the traditional "Still Spirit," Coach Sutton has already arranged for next fall, one of the toughest schedules on record.

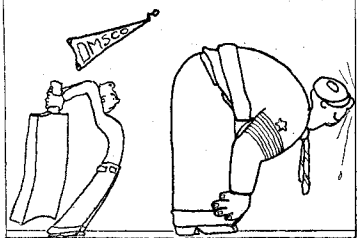
It takes courage to be afraid to do wrong.

Better be short of cash than of character.

Live and help live—no longer "live and let live."

The exchange of health for wealth is a poor bargain.

FRATERNITY NOTES



IOTA TAU SIGMA

"Oh, didn't it rain; oh, didn't it pour?" but regardless of that, Brother Morrow was all wet.

Dr. Johnson gave the boys a very instructive talk on starting of a practice after graduation. His advice was well received and the chapter wants to thank Dr. Johnson.

On the evening of March 18th the Chapter House was the scene of one of the best dances ever given at the house. Dr. and Mrs. Halladay, faculty chaperons, Dr. Green and Dr. Cash of the Des Moines General Hospital, were guests.

Brother "Hap" Nowlin was confined, temporarily, but is on his feet again.

Brother Sluss is now managing the "Health Farm."

"Pug" Wigal thinks that it is still "time out."

Dr. "Enormous" Potter is back again. He is going to take a P. G. in surgery.

Some of the boys that are musically inclined, are now organizing the "Bath-room Quartette."

Brother Cudden, the big butter and egg man, reports a drop in the price of eggs.

It looks like Brother Belf lost his equilibrium, for he sure did fall hard.

Pledge Hughes is at liberty again. Well, how goes it?

ATLAS CLUB NOTES

The following Brothers have received appointments to the Detroit Osteopathic Hospital: — Campbell Ward, Howard Brown, and Ross Richardson. Word has also been received that Bro. Dr. Robt. Lustig of Grand Rapids, Mich., has also been appointed.

Dr. Woods very graciously gave us of his time for practical work, Monday evening, March 14. Always glad to have you with us, Doctor.

Ross King was a guest at the house for dinner one evening last week, after which he gave the boys some very valuable information.

We are short one sheet and one chair. Bring 'em back, Rockie.

Ralph Taylor is recovering rapidly from his extensive tour due to the fact, his night calls are keeping him out in the open.

Brother Harry Johnson sits hopes for the next "Y" dance.

Brother McKeon seems to have quite an affinity for keys, "these days."

Brother Harvey is mighty strong for the ORIGINAL cars, but Brothers Smith and Nicholson prefer the open job.

We wish to make the following correction in the last issue of The Log Book. Brother Reed's name is E. Hoyt and not Earl Hoyt, DRUMMER.

Brother Hydeman spent the week-end in Perry, as the guest of Brother Gann. Says Hydeman, "that's part of my education."

Pledge Bankes and Brother Mussleman gave the old Maximeter a thrill, each scoring 95 out of a possible 100, by defeating the Outside Boys—none of them making a single point. Otherwise the readings show no variations over last week.

Brother Doyle has his summer home almost furnished.

Pirates Split With Rams

(Continued from page 1)

took the defensive honors for Still.

The tables were completely turned on the locals when they attempted to repeat their two victories in the little Missouri town. The fighting spirit of the Rams on their home floor and the inspiration of their enthusiastic followers was a little too much for the Iowa five, and they fell by the closest of margins in each game.

Kirksville registered a 29-27 victory over the Suttonites in the first night's play only after the most desperate of battles had been fought through an overtime period. The regular duration of play ended in a 25-all deadlock.

In the extra session the Purple and White counted the first goal, but their lead was short-lived, and the Rams tied it up almost immediately. Then in the last half minute of furious battling the winning bucket went through for Kirksville.

The first half was marked by the loose basket work of the invaders, who passed well but could not make their efforts count. The score was 15-12 at the breathing spell.

The whole second half was a nip-and-tuck affair to the final gun. Davis was closely watched but managed to get away on several occasions to loop them through. Cassis and Hannon also starred.

There was no stopping the Rams on the second night's play, and they again nosed our boys out by the close score of 35-32. Overconfidence on the part of the Pirates played an important role in their downfall. After being on even terms during the intermission, the speedy Davis hit his stride and sent his mates into a 29-17 lead which looked like sufficient advantage to insure victory.

However the Buccaneers made the fatal mistake of easing up in their play and attempting the "stall" which resulted in the opponents coming down and taking the ball for several baskets. Van Ness, the sturdy back guard, was removed from the fray on personals, and this also tended to weaken the crumbling defense.

The count finally mounted to 31 all, and here the Rams came through with two buckets to the Stillonians' one for the winning margin.

Davis, Hannon and Friend were the best for the Purple and White, while Bigsby and Kenaga played brilliantly for the home team.



Around Our Merry Campus

YES, PERHAPS

Nurse (announcing the arrival) — Quite a bonny son, sir, but very small.

Agitated Husband (a keen angler) — Er-er—then perhaps you'd better throw it back!

FOUR OUT OF FIVE

Do the Charleston.

Carry flasks.

Have pyorrhea.

Drive flivvers.

Have colds.

Stand in street cars.

Say, "So's your old man."

Have radios.

Won't laugh at this.

And can make a better list.

A GAMBLIN' FOOL

The teacher of a juvenile class had been reading about a shepherd who went after a lost lamb during a blinding snowstorm and eventually found the creature, half-frozen. Taking off his coat the shepherd wrapped it around the lamb and carried it back to the fold, where it soon revived.

"Now," said the teacher, "any similar acts of kindness?"

"Yes, miss," piped a small voice. "I've often heard father say he's going to put his shirt on a horse."

Not a Typographical Error

"I had a pleasant evening," she remarked, as he bit her good-night.

KNEW WHAT HE WANTED

The country lad had just deposited a nickel in the station phone.

Operator—Number, please?

Country Lad—Number! Hey, you had better give me my chewing gum!

UNDOUBTEDLY!

An undertaker was bitten by a mad dog and died.

"He didn't make an awful lot on that funeral, did he?"

"No. In fact, people say he went in the hole."

AN OLD ONE REHASHED!

An easterner trying to be funny came to the west and picked up a pumpkin from the vegetable patch, remarking, "Is that as large as you grow apples in these parts?"

The Texan replied: "Hey, drop that grape."

Nobody loves a flat man.

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY

President C. W. Johnson

Editor Don Baylor

Osteopathy Without Limitation

Sigma Sigma Phi Gets Official Recognition

As a result of two years' hard and consistent work, Sigma Sigma Phi has received the official recognition and endorsement of the American Osteopathic Association.

Excerpts from the letter of Dr. Ray B. Gilmour, President of the A. O. A., follow:

"I have carefully considered the sample of your constitution sent me some time ago and am now ready to report, officially, the findings of our committee on that subject.

"I am glad to inform you that the constitution covers, in all respects, the requirements that the committee considered best for such a fraternity as yours, and that we take pleasure in assuring you that you have the endorsement of the American Osteopathic Association.

"We expect, of course, that the fraternity will observe the spirit of the endorsement, in that we conceive this fraternity to be an honorary fraternity designed to properly recognize meritorious educational achievements and unusual service to the profession.

"I can see that this fraternity can be a valuable aid to the attainment of a higher standard of osteopathic education, and I urge you that every endeavor be made to maintain such a standard.

"With my regards and best wishes for the continued success of the fraternity, I am,

Yours truly,

Signed R. B. GILMOUR."

Since the organization has been incorporated, the goal they have been striving for has been this official endorsement. Active work will now be inaugurated towards the installation of subordinate chapters in the other osteopathic colleges.

McManus Technicians Coming

Representatives of the McManis Table Co. will be at the College April 8th and 9th, for the purpose of conducting classes in the McManis Table technic.

In view of the large number of tables of this type in the clinic treating rooms, these special sessions have become regular semester occasions, and students look forward to the meetings with considerable interest.

Spring Training Starts in D.M.S.C.O. League



The annual training season for the various baseball teams in the D.M.S.C.O. intramural league has begun, and around the various fraternity houses may be seen the "athletes" getting their daily work-out on the "mound."

Immediately after the first of the month the series will open for Sigma Sigma Phi trophy, which will ultimately be presented as a feature of the Stillonian Day Ball.

Last season the Non-Frat team succeeded in vanquishing all contestants, and were the first to have their name engraved upon the beautiful silver cup. This year the competition will be much keener and the Non-Frat aggregation has lost a majority of their stellar performers by graduation. Three successive victories gives a permanent possession of the cup. Whose name goes on this year?



The relay teams of the various organizations are also beginning their daily work-outs for the interclass track meet, which is the afternoon attraction of Stillonian Day. The inter-fraternity medley relay is the feature of the afternoon. The silver cup put up two years ago by Sigma Sigma Phi has been won both years by Iota Tau Sigma, and if they win again this year, according to the rules of the presentation, they will gain permanent possession of the trophy. The other organizations have sworn to break this record, but—time will tell!

There is now a car for every five people, which should limit each hit-and-run driver to four pedestrians.

The most violent exercise many people do is done with a knife and fork.

The man who says he can marry any girl he pleases is seldom able to please one.

About the only thing left that will make a flapper blush is—rouge.

Think success, dream success, work for success.

Self-pity is a toboggan that speeds one downward.

Travelogues, Movies and Music Feature Recent Assemblies

The last three of our weekly get-togethers have been as diversified in nature as could be wished. Only two things were in common at all three of the sessions. They were the excellent brand of harmonious noise produced by our own orchestra and the highly improved attitude of the student body. No more is the doorway crowded and the rear wall supported by anxious studes. (Anxious to get out, the entertainer thinks.)

Rev. Mr. Lincoln of this city gave an excellent description of a trip he once took through Egypt. The construction marvels of that ancient land were brought home to us in a manner both interesting and instructive. His method of address held the attention of his listeners, and all regretted the sounding of the closing gong. We sincerely hope that the Rev. Mr. Lincoln will be able to return soon and tell us more about his travels.

The following week we were treated to an educational film produced by the Standard Oil Co. One reel was confined to foot conditions and their correction—another to exercise, and the third to elimination. The graphic presentation of the latter reel was exceptionally fine, and brought home the physiology of passage of material through the alimentary tract to all classes. It was exceptionally interesting. Dr. Spring was responsible for the film being shown.

Very appropriate at this particular time in world events was the address the following Friday on the subject of the "Physician's Life in China." Having just returned from that turbulent country, the speaker was well qualified to talk on the above subject. Various problems confronting the medical missionary in China and his solution of the difficulty proved highly interesting to the students. The present rumpus was touched upon and the attitude of the native and the foreigner were unfolded in a manner that is not gleaned from the daily newspaper reports on the question.

The diversity of the programs that have been given at these weekly meetings is responsible for the interest the student body have in the events. The orchestra in the brief time they have been organized have won their place in the esteem of the gang. They deserve a vote of thanks for their efforts to "keep the ball rolling."

Faculty of Specialists

(Continued from page 1)

American war broke out, and enlisted as a representative from the cadet training given in the military department of his school. Following the close of the war and recovery from a severe attack of typhoid fever, he returned to Ames and finished his academic collegiate work.

He almost immediately took

Dissection Room Scraps

The spring frolic in the dissection laboratory has begun, and is progressing nicely under the able direction of Dr. Halladay. The scarcity of material necessitated the delay in starting the section, and now on the warm balmy spring days the afternoon get-together is an event looked forward to with great relish(?)

As the entire twenty-seven students are fully aware of the important place held by "organization" in the success of any venture, the section is already well arranged. "Jo" Bowman has been unanimously elected to the high and exalted position of "Queen of the Cut-ups," and rules her strong domain from the lofty realms of a three-foot stool. Stanley Evans has been designated as "Chief Carrier of the Plug," and Edgar Hubbell was officially appointed as guardian of the outer gate. Pres Howe and Ray Houghton are running an even race for first honors as the fastest cutter, both having lost so many cartons of cigarettes to "Virge" that he has given up all hope of ever getting them, as they would be so many he would never live to smoke all of them.

Harry MacNaughton has disclosed a very interesting and startling fact. It has been heretofore taken for granted that Mac was all Scotch, but from watching his activity and technic in removing a scalp, it is evident that there is some mistake in genealogy. "He's no more Scotch than I am," quoth Red Smith. "He's full-blooded Indian, aren't you, Geronimo?" Whereupon Mac broke down and confessed.

Table No. 3 is the seat of many fierce and heated arguments between Evans, Lawyer, Hubbell, and Johnny Jones, with H. H. Kramer acting as referee. No casualties to report as yet.

The ancient custom of giving all visitors a souvenir of the occasion is still in vogue, as several of the unsuspecting frosh have discovered.

up the Osteopathic course as his specific graduate line of specialization, and has been in active practice since completing it. Following a few years of practice in Boone, Iowa, Dr. Spring returned to Des Moines and has since shared his time as practitioner with being a faculty member at his professional Alma Mater.

When the class of January, 1927, was graduated, it presented a portrait to the school, to be hung in the assembly room with those of the founder of the science, the founder of the school, a past and the present presidents. It was presented as a portrait of a man whom they held "in affection, esteem and regard, as a man and as a scientist." The portrait was of "Daddy" Spring.

"No one knows a great deal, and when he realizes how little he knows, he begins to know a little."—(Webster).



MAX FRIEND
Captain

Basket Ball

Season 1926-1927

Dec. 10 at Grandview.....	Still 50.....	Grandview	28
Dec. 13 at Pella.....	Still 22.....	Central College	32
Dec. 17 at Indianola.....	Still 34.....	Simpson College	36
Jan. 4 at Fairfield.....	Still 16.....	Parsons College	36
Jan. 8 at Des Moines.....	Still 49.....	Buena Vista College.....	22
Jan. 16 at Des Moines.....	Still 28.....	Parsons College	28
Jan. 24 at Lamoni.....	Still 44.....	Graceland College	27
Jan. 26 at Des Moines.....	Still 31.....	St. Thomas College.....	38
Jan. 29 at Des Moines.....	Still 24.....	Platt College	26
Jan. 31 at Storm Lake.....	Still 30.....	Buena Vista College.....	24
Feb. 1 at Le Mars.....	Still 51.....	Western Union College.....	28
Feb. 2 at Sioux City.....	Still 37.....	Trinity College	28
Feb. 5 at Des Moines.....	Still 28.....	Omaha University	27
Feb. 7 at Des Moines.....	Still 37.....	Ellsworth College	25
Feb. 15 at Des Moines.....	Still 49.....	Graceland College	17
Feb. 16 at Des Moines.....	Still 46.....	Western Union College.....	41
Feb. 18 at Des Moines.....	Still 29.....	Tabor College	31
Feb. 22 at Omaha, Neb.....	Still 45.....	Omaha University	30
Feb. 23 at Tabor.....	Still 38.....	Tabor College	24
Feb. 25 at Des Moines.....	Still 28.....	Kirkville Osteopaths	20
Feb. 26 at Des Moines.....	Still 47.....	Kirkville Osteopaths	23
Feb. 28 at Iowa Falls.....	Still 23.....	Ellsworth College	20
Mch. 1 at St. Paul, Minn.....	Still 23.....	St. Thomas College.....	34
Mch. 2 at Hopkinton.....	Still 27.....	Lenox College	22
Mch. 5 at Des Moines.....	Still 40.....	Simpson College	18
Mch. 8 at Kirksville, Mo.....	Still 27.....	Kirkville Osteopaths	29
Mch. 9 at Kirksville, Mo.....	Still 32.....	Kirkville Osteopaths	35
Mch. 10 at St. Joseph, Mo.....	Still 38.....	Platt College	34

979

783

Still won 18 games, lost 9 and tied one.

	Field Goals	Foul Goals	Total Points
Davis.....	161.....	93.....	415
Friend.....	80.....	35.....	195
Hannan.....	71.....	9.....	151
Smith.....	29.....	15.....	73
Van Ness.....	1.....	6.....	7
Cassis.....	18.....	6.....	42
Lang			

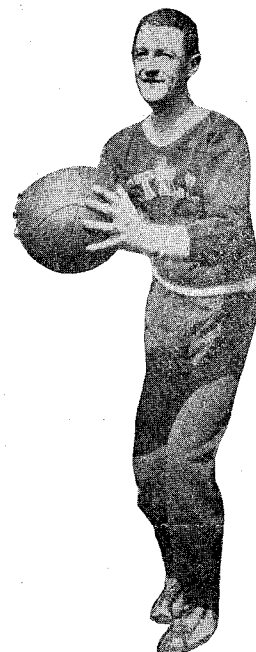
Davis averaged 14.8 points per game.

PIRATE LEADERS

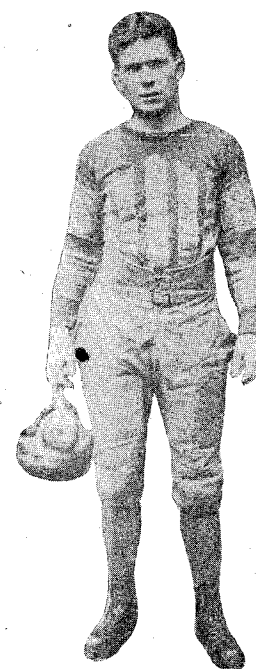
1927-1928



BOB ROSS
Captain-elect



"RED" SMITH
Captain-elect



JOHNNY JONES
Captain-elect

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THE LOG BOOK

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Volume 4

April 15, 1927

Number 17

Inter-Frat Baseball Season Opens



The young Babe Ruths of Osteopathy have successfully completed a strenuous season of intensive training, most of which has been done under the watchful eye of the various fraternity mentors. Each leader has pronounced his men ready for the opening battle, and if the Old Sunshine supply holds out, some lively tussels will be staged.

"Tennessee" Lashlee, besides being in his familiar home-run form, will guide the destinies of the nine from Phi Sigma Gamma. Frank Dornbush, former college star and championship high school coach, has taken over the reins of the Atlas tossers and developed them into a speedy machine. Havis, whose backstopping was a feature last year, has charge of the Iota Tau Sigma squad and has hopes for their first flag. Halladay has been working faithfully with the Barbs and hopes to repeat last year's victorious march.

The schedule is as follows:—
Barbs vs Atlas; I.T.S. vs P.S.G.;
Barbs vs I.T.S.; Atlas vs P.S.G.
Barbs vs P.S.G.; Atlas vs I.T.S.

This is the order of the first round and the games will be played on Mondays, Wednesdays and Fridays, until each team has played every other one twice. The contests will be of five innings duration and begin at 3:45 p. m. promptly, at the Still Bowl.

The league is under the supervision of Coach Frank Sutton and it is expected that he will announce capable umpires, if they can be found, prior to the opening game. He states that the supply of men is very limited.

Faculty Member Speaks at Eastern Convention

The Eastern Osteopathic Convention was extremely fortunate in being able to secure Dr. H. V. Halladay, of our Faculty of Specialists, as one of the principal speakers for their program. The convention was held at the Waldorf-Astoria, in New York City, and enjoyed a good attendance.

Dr. Halladay's subject was:—"The Involuntary Nervous System" and was very well received.

Home Talent Assembly

One of the best assembly programs of the year was given recently under the supervision of Mrs. Z. A. Innes, director of laboratories. The entire personell of the program was taken from the student body and aptly demonstrated the wealth and variance of material and talent that is existant in our midst.

As per usual, the morning opened with a few hot numbers from the orchestra, which is rapidly becoming one of the outstanding features of our Friday meetings. The program proper consisted of musical numbers and dramatic readings. Earl Shaw, with his saxophone, was probably the most popular among the entertainers, but it would be hard to say just which one was really the best.

In this variegated gang of ours, one can find an individual adapt at most anything that you might desire. Why go outside for our entertainment? "Boost Home Industry." The program follows:

Junior B Class—
Dramatic Reading Carlson
Sophomore B—
Piano Solo.....Jessie Leftwich
Senior A—
Violin SoloSifling
Freshman A—
Trombone SoloHydeman
Senior B—
Saxophone SoloShaw
Junior A—
Banjo and Tenor.....
.....Dubois and Trimble

The Frosh Spring Hop

Our promising Frosh class startled Still College in general by proving to the upperclassmen that they were capable, indeed, of staging a social function, at which the diversion was a test of the ability of each one present to strut the light fantastic in the latest style. Time, according to those present, went faster than free lunches, and the closing hour arrived only too soon. The affair was chaperoned by Coach and Mrs. Sutton, and Miss Johnson. The music was furnished by that peppy orchestra, Steining's Happy Five.

The Frosh were pleased by the success of their initial dance, and rumor has it that there may be another before long.

Stillonian on the Press

The 1927 Stillonian is now on the press and barring all accidents will be ready for delivery on the first Friday in May, which is the established "Stillonian Day."

Plans are under way for the

A.O.A. Secretary Speaks Here

On Tuesday, April 5, a special assembly was called for the reception of Dr. C. J. Gaddis, of Chicago, Secretary of the A.O.A.

He gave us a very interesting and instructive talk, featuring the various phases of the Osteopathic profession. Having an inspiring personality, and a wide range of professional experience, Dr. Gaddis left us many things to talk about.

His visit at this time was a good-will mission to the school, as well as a location for the 1928 Convention.

In the evening a banquet was given in his honor at the Younker Tearoom, and all who attended were fortunate, in that they heard another very able address.

Golfer's Active

Struggling along the narrow fairways and tricky bunkers of Waveland Country Club's difficult course, the eight surviving golfers of first round competition for the Halladay Trophy, battled their way to impressive victories, which in practically every case were won by superior ability to avoid the hazards.

The feature match was that staged between Ab Graham, former captain and powerful line-man of Stillonian football, and the diminutive Phil Bryson. Both men had on their best knickers and showed about equal ability in digging the rough, up to the final holes. However, the superior condition of Bryson gave him the margin of victory when Ab weakened and took an abnormal number of "licks" from the last tee.

The other men to come through with wins, were Trimble, DuBois, Lindbloom, Hydeman, Maxfield, Wadkins and J. P. Jones.

Those who claim to be on the inside are confident that the second round event between Hydeman and Maxfield will go a long way toward pointing out the first Pirate Golf Champion.

Lindbloom, a big mid-iron man from Nevada, has also been given an outside chance with the rest of the darkhorses.

various features that always mark this date in red, such as the championship game in the baseball league, the Interclass Track Meet and the evening wind-up—the Stillonian Day Ball.

Last year's day was a success from start to finish and the committee in charge this year are promising even a more lavish occasion.

Faculty of Specialists



Dr. E. E. Steffen

Definitely, year by year, and almost month by month, as research in the physiological therapeutic science progresses, bio-chemistry is taking its place as the foundation of all natural sciences. And step by step, as the truths are revetted in the world's laboratories, the students of Des Moines Still College receive them thru the lectures given by Dr. E. E. Steffen.

With a mind that delights in cutting its way clearly thru a maze of detail, Dr. Steffen, more than any other on the staff, is recognizing the rich value of fundamental science to a practicing physician. His field of pathology offers an especially fortunate opportunity to bring bio-chemistry in its normal and abnormal workings to the students, and day by day Dr. Steffen is answering the challenge in a scholarly manner.

When recalled to his professional Alma Mater in 1918, as Pathologist, Dr. E. E. Steffen was remembered as a student of the highest caliber. When he had entered Still College some twelve years previous, he had completed three years attendance at the University of Nebraska. During his osteopathic course he carried, in addition, those subjects required to complete a Bachelor of Arts degree, which was granted him from Highland Park University, now known as Des Moines University, the same spring he received his D. O. Following the completion of his course, Dr. Steffen settled in Beatrice, Nebraska, where he carried on a successful practice and continued in diligent research reading along the lines of his specialization, pathology and bio-chemistry.

Since 1918 altho he has, as he says, "taught everything but theology," he has continued in that

(Continued on page 3)

Don't Blame It All On "Glands"

If you are gloomy or grouchy, depressed or irritable, inclined to be disgusted with life, something is wrong, of course, but don't blame it all on "glands." "The gland is innocent," three hundred osteopaths are told by Dr. S. V. Halladay of Des Moines at the Waldorf-Astoria. "All the trouble comes from too stiff a backbone."

Now The Eagle holds no brief for osteopathy. But here we are convinced the cult is half right. The glands—and science has a lot to find out about them—have been convenient scapegoats. It is quite likely that the backbone is the guilty party.

But why say it should be indicted for being too stiff? In this age of mechanization the individual backbone is more often deficient in stiffness than otherwise. And most unhappiness, most irritability springs from a lack of stiffness. This carries with it an exaggerated fear of our neighbors' opinions, a swelled anxiety to do and say and think what is conventional and will not arouse criticism. The stiff-backed man pursues his own path with earnest purpose and energy. He has no time for gloomy broodings, no time for grouches, and he is happy.

We are not denying that exceptions may be found. Once in a while we meet the fellow whose backbone is too stiff. He is commonly an obsessed inventor or an equally obsessed civic reformer. He needs special treatment. But he should always be noted as an exception. The main thing to be remembered is that the mysterious glands need not be considered and that backbone-normality is greatly to be desired.—Brooklyn Eagle, April 9.

Honor Faculty Member

Another of our Faculty of Specialists was signally honored recently when Miss Ava L. Johnson was initiated into the Iowa State College chapter of Sigma Delta Epsilon, an honorary sorority for Women in Science.

Miss Johnson holds a Bachelors Degree in Home Economics and also in Science, and a Master's degree in Science. Her special training for this work was taken at Chicago University, Columbia University and Physicians and Surgeons College. The degrees were granted by the Iowa State College.

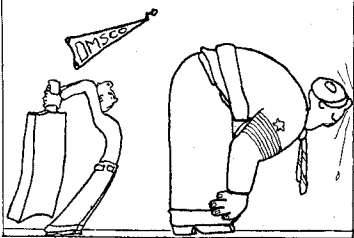
Two More Osteopaths

Dr. and Mrs. Frank Irwin are the proud parents of a baby girl. Dr. Irwin was a member of the class of May, '26.

Dr. and Mrs. Chas. Potter are also quite proud of a fine young man who recently took up his abode with them. Charley was a member of the class of May, '25.

It is getting hard to tell whether it is opportunity at the door or another demonstrator.

FRATERNITY NOTES



ATLAS CLUB

The last Pan-Hellenic meeting, which was held at the Atlas house was very well attended. Dr. Schwartz gave a very able talk on professional ethics.

Dr. Halladay and Bro. Parks were the speakers for our last practical work night. Dr. Halladay spoke on anatomy, and Bro. Parks spoke on O. B.

Bro. Schaeffer moved into the house, and registered on the maximeter the first day.

Spring has come, the base ball season opens, and Skinner makes a "homerun."

The frats do all the work and Van Ness gets all the gravy.

Bros. DeWalt, G. Groves and B. Jones made mud pies for entertainment during their recent week-end sojourn to Nebraska.

Bro. Doyle has his summer home furnished.

Our house ferret has rid the barn of rats, so we have moved his sleeping quarters into the house.

"Sheriff" and "Monty" expect to tour Ohio this summer in the O-H-10.

Bro. Dornbush has been elected as captain, and Bro. Rockhill as manager of our base ball team.

Bro. Brinkman won by a nose in being elected as captain of the track team.

"Quiet" Harry Johnson has a two cent drag coming. Remember, Harry, no refund.

We have long ones and short ones dining with us occasionally. Ain't love grand!

Extra! Extra! Soft soap for sale—100%. Pledge Bankes, salesman.

Maximeter readings — Bros. Doyle and Rockhill tied, scoring 90 each; Bro. Schaeffer, a slight majority, 51; Bros. Wire and B. Bryson doing well at 45; Bros. Damm and Stingley froze out at zero.

Many, many thanks to "Rocky," our Irving Berlin.

The ferret hibernates until next issue.

IOTA TAU SIGMA

The letter contest is an open event now, until the wire is crossed. Bro. Gephart is leading in the daily letters, but Bro. Loghry has a slight margin in Specials.

Some of the Brothers are trying to decide whether to call Bro. Rorick "Izzy" or "Scotty."

The question now is, why is Bro. Ross always hungry in the wee small hours of the morning? Don't you get your menu's worth, Bob?

We will soon have another big butter and egg man. Bro. Ike Cudden is instructing his brother in the secrets of the game.

Wanted: Some coloring for a few stray hairs. Any one who can supply same, please see Bro. Steninger.

Bro. Sluss has moved his office to temporary quarters across the river.

According to Wadkins, Smith sure has a "barbareous way" of waking one in the morning.

Bro. Wadkins is planning on taking a special course in Dentistry as soon as he graduates.

Bro. Lang can be seen most any day visiting all the tire stores for seconds for the new "Rolls-Rough."

PHI SIGMA GAMMA

The fraternity has moved into its new home at 3029 Grand avenue. The new house is a great improvement and we are all enjoying it to the utmost. Altho it is quite a little farther from school, its many other advantages more than make up for this.

Bros. Beebe, Granberg and Heinlen took a little side trip to Colfax last week-end. Though the weather was rather damp, they reported a very enjoyable time.

The base ball season is in full swing and outside of a few broken fingers, nobody seems to be much the worse. Dr. Lashlee, whose performance on the diamond is worth watching, will lead the Phisigites again this year.

Preston Howe, who was the first one to fall victim to the Senior "B" whipping post, spent a quiet week-end at home playing checkers with Bro. Westberg.

Bro. Stone is boosting the organization by placing a fraternity pin in a conspicuous spot in Valley Junction. He says that comparatively few of the people in that thriving little city knew of our existence until recently. Congratulations, Rocky.

Jimmy Schaffer is always a jump behind the rest of the boys. Now that the mystic order at the house has disbanded, he comes clamoring for admission.

The newly initiated members Brothers Stewart, Morgan, Smith, and Dorwart, are doing nicely and will soon be able to take up their duties. We are proud to call them Brothers.

Bro. Auseon has been incapacitated for the past few days with an infection in his left hand, but under the care of Dr. Schwartz, is improving rapidly.

Bro. Weldon has been laid up with a touch of Urticaria. You have seen the pictures of the Wart Hog in story books? Well, that has nothing to do with it.

Jack Cavanaugh has been asked what kind he chewed several times lately, and has had to open his mouth and prove it was the toothache, and point out the offending molar. The little fellow loses his nerve every time he goes to have it pulled.

Gerald Beebe imparted the startling bit of information that all American League ball players had either played College base ball, or some other kind before.

Put your trust in pluck rather than in luck.



Around Our Merry Campus

"And do you really love me?" "Yes," said the young doctor. "The mere sight of you, Isabella, sets up violent cardiac disturbances, superinduces dryness of the palate, epiglottis, and larynx, and brings on symptoms of vertigo." —(Tid-Bits.)

Doctor (to patient)—My dear madam, you'll never get better if you don't go to bed for a week.

Patient — Impossible, doctor! Why, I bought a new hat and costume only yesterday, and I can't afford to let them get old fashioned." —(Pearson's.)

At a recent wedding reception the best man remarked to the maid of honor: "Wasn't it annoying the way that baby cried all during the ceremony?"

"It was simply dreadful," she replied, "and when I get married I'm going to have engraved on the corner of the invitations: 'No babies expected.'"

The patter of tiny feet was heard from the head of the stairs. Mrs. Kinderby raised her hand, warning her visitors to silence.

"Hush," she said softly. "The children are going to deliver their good-night message. It always gives me a feeling of reverence to hear them—they are so much nearer the Creator than we are, and they speak the love that is in their little hearts, never so fully as when the dark has come. Listen!"

There was a moment of tense silence. Then—"Mama!" came the message in a shrill whisper, "Willie found a bed bug!"

Central States Ass'n. Plan Big Convention

One of the greatest conventions in the history of the Central States Osteopathic Association will be held in Wichita, Kansas, May 4th, 5th and 6th.

Outstanding members of the profession, such as Dr. George Laughlin, C. J. Gaddis, R. B. Bachman, R. B. Gilmour, J. D. Edwards, A. G. Hildreth, George J. Conley, Dain L. Tasker, and Rollo Hook, will appear on the program. Clinics will be held each day at the new Southwestern Osteopathic Sanitarium, under the able direction of Dr. H. C. Wallace, Surgeon-in-Chief of the institution.

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY

PresidentC. W. Johnson

Editor Don Baylor

Osteopathy Without Limitation

Sleeping in Class

It has been truthfully said that in the spring a young man's fancy lightly turns to thoughts of love. This may be true for some of the students at Still College, but the casual observer will note, in casting his scanning eye about, that in others it has turned to the arms of Morpheus.

It is, we might say, almost disgraceful to see a number of students soundly sleeping in every class room you enter. They seem to arouse themselves from their earthly slumbers just long enough to pass into the next class. As soon as they are comfortably seated, they again pass out, only to be awakened by the next bell, ignorant of anything instructive that has been given during the period.

This is the type of student that condemns the school, and the profession, when, after a few years in the field, he is obliged to sell his practice for reasons of his health. When the truth is known, it is because of his own ignorance.

A Puzzle — Can You Figure It Out

Figuring the tuition, expenses, and loss of earning capacity for the average man, it is found that the cost of attending college is more than \$2.00 per hour.

Now it would be interesting to know why some men pay \$2.00 per hour just to sleep in classes, always be a little late for anything and everything, and to disturb those that are trying to get something for their money.

If you are in a profession, in heaven's name work for it! If it pays you wages that supply you your bread and butter, work for it—speak well of it, think well of it, and by it—and boost the institution that represents it. If you are a professional man, work for your profession. Do not work for it part of the time, and the rest of the time against it. Give undivided service, or none.

Keep the atmosphere of your school charged with the master sentiments of love, hope and duty. Keep out fear and selfishness.

He who bears in mind what man is, will never be troubled at anything which happens.

There are people who make no mistakes because they never wish to do anything worth doing.

Definite Diagnosis By Laboratory Methods

(Byron L. Cash)

There is urgent need of more laboratory analysis. The doctor sleeps better at night to know that a correct diagnosis has been made.

A definite routine of laboratory examinations should be followed in all cases coming for complete diagnosis, as follows: Urine analysis, complete blood count and blood Wassermann test. Other examinations that should not be overlooked when indicated are as follows: Urine chemical, blood chemical, sputum, feces, throat cultures, smears of discharges, and tissue examination. A careful record should be kept of these examinations for ready reference.

If you are just treating the cases as they come to you, you will not need to use the laboratories. You cannot expect either professional or financial success.

Too much emphasis cannot be placed on the routine urine examination on every patient, and on suspected cases to re-examine the urine frequently. Every individual should have one to four complete urine examinations yearly. If there is beginning nephritis, diabetes or other disorders, they can easily be detected and remedied before extreme damage has been done. To often we have patients come in for examination who have not had a urine analysis, and we have found anything from diabetes to severe nephritis that has been overlooked.

The urine for a single examination is best collected in the afternoon three to four hours after a meal. The first specimen of urine in the morning is least apt to show pathological substances.

The most reliable examination of urine to determine the efficiency of kidney function is one which will give all of the information as to whether the patient's kidneys are doing their proper function from day to day, under ordinary circumstances, with the patient at work and on a regular diet. This kind of test can be performed without much trouble to the patient. It is not necessary for the patient to go to the doctor's office or to the hospital for a regulated diet or medication of any sort. This test is of particular importance, due to the fact that we want to de-

termine the excretion of urea, total nitrogen, NaCl. (sodium chloride), and the quantity of the day excretion of liquids in proportion to the night amount.

For a careful survey of the kidney function the urine is best collected as follows: Have patient void first urine in the morning; throw this away. Save all urine during the day (12) hours, in one container; the second, or night specimen, in another container. Measure carefully the amount of day and night output. For examination four (4) ounces of each specimen should be sent to the laboratory.

With nephritis, the night amount is much greater than the day. This is one of the early signs of insufficiency of kidney function. With a few exceptions, these conditions can be easily taken care of if recognized soon enough and the proper diet prescribed before there is permanent damage done to the kidneys. The amount of night urine can be greatly reduced and in this way give the kidneys a chance to rest at night as they should normally.

The Red Test or the phenolsulphonethalein test is recognized as one of the best tests for immediate results and far easier of application than some of the tests which do not give all of the desired information.

The Red Test depends upon the ability of the kidney to excrete the Phenol-Sulphone-Phthalein which has been injected into the back, or for more rapid excretion, injected into patient's veins. This is of particular value where one kidney is involved and operation is indicated upon one kidney or removal of one kidney.

For the technique of performing this test follow the description in any good laboratory manual. I have found Todd's "Clinical Diagnosis" to be the best for the physician and student. N.B.—This conclusion was reached after very carefully examining a large number of laboratory books. A large number of case records and laboratory reports would be of value to emphasize the value of more laboratory examinations, but space will not permit. I will give two cases in brief.

Blood examination — To say that a patient is anaemic is not a good practice. Find out if the patient is suffering from maemoglobin anaemia or secondary (Continued on page 4)

The Doctor in Court

Mr. R. B. Newcomb, a Cleveland attorney, sums up what the attitude of the physician should be in court procedure, as follows:

"First: No doctor should enter the courtroom as a professional witness unless he leaves behind all prejudice and bias and takes the stand with a judicial mind to render evenhanded justice to both sides, in exactly the same way he would do if the trial judge had called him to court to testify.

"Second: The doctor in court should avoid technical medical terms as far as possible, and, when using them, should explain to the jury in simple language what they mean. Otherwise, the value of his testimony is almost wholly lost.

"Third: No doctor should be called to court to give his time from his practice without the assurance from the lawyer calling him that he will be paid for the time that he gives from his practice, that amount which he would have received had he remained at his office or in his own professional work.

"Fourth: The doctor in court is able to contribute very substantially on the administration of justice; and when his demeanor is fair and just, he need have no fear whatever that the lawyer who cross-examines will undertake to trap him or humiliate him in any way. It would injure the lawyer's case to the jury far more than it could possibly help him.

"Fifth: If more doctors would be more willing to attend court and give testimony, the expert medical service would not fall into so few hands as at present.

"And last, but not least: The doctor should always keep in mind that his appearance on the stand makes him the representative of a high and noble calling and it befits him to maintain that standard throughout his testimony.

"If these few simple suggestions are followed, the prevailing distaste for court service on the part of medical men will largely disappear." — (Pharmaceutical Advance.)

Faculty of Specialists

(Continued from page 1)
specialization as a member of the Still College staff. Physiology, anatomy, and therapeutics are other subjects which have come under his jurisdiction from time to time. And that the thoroughness of his presentation is appreciated by the student body is attested by such comments as, "Dr. Steffen is the widest read, most thoroughly informed man on our faculty," from an underclassman; and "If I didn't appreciate what he was giving us, it was because I hadn't the wit to know what a scholar he is," from a senior.

During his period of nine years with the college, Dr. Steffen has been conducting a practice in Des Moines, and thus brings, as do others on the faculty, the practical, as well as the theoretical, to the student.

1927 FOOTBALL SCHEDULE

Waldorf Lutheran	September 30	Here
Open	October 8	
Tabor College	October 14	Here
Trinity College	October 21	There
Western Union	October 28	Here
Open	November 4	
Buena Vista College	November 11	There
Simpson College	November 18	There
Kirksville	Thanksgiving Day	There

Osteopathy Asks For Your Support

A campaign is on to raise \$400.-000.00 by public subscription for an Osteopathic hospital and nurses' home in Des Moines. It will be a successor to the Des Moines General Hospital at 12th and Des Moines streets.

We have no doubt that some Journal readers will subscribe to this worthy enterprise. Many of them have learned in personal experience of the merits of osteopathy as a science of healing. Many by personal contact have come to admire osteopathic physicians, and, withal, to esteem highly the science of osteopathy and its practical application.

The present osteopathic hospital in Des Moines has been outgrown as the science has increased in public favor. The new institution is necessary for the increased usefulness of osteopathy.

It is necessary that osteopathy have its own hospitals. That extraordinary compound of prejudices, dogmatic rules, and unkind narrowness, called "medical ethics," prohibits an osteopathic physician from taking his patients to medical institutions. (The "ethics" apparently compels the patient, needful of hospital attention, to die or to recant.)

The osteopathic hospital in Des Moines will be open wide and cordially to medical men.

The new building will include a nurses' training school. This, too, is a necessity, as medical training schools for nurses apparently inculcate the superstition that all the healing science in the world is embraced within the medical profession and that any who are on the outside are and should be treated as heretics.

The course of study for osteopathic physicians is four years. It runs parallel to that given by grade "A" medical colleges, with the exception that the principles of osteopathy are substituted for materia medica.

Let no reader imagine the Journal editor is an enemy of the medical profession. We are not. We esteem very highly individual members of that profession, and we are not unmindful of nor ungrateful for the splendid achievements of medicine and surgery by medical men. Our point is that the time has now arrived when the medical profession is belittling itself to continue the preposterous claim that it has a monopoly of the wisdom of healing. And it is high time that the unkind and disgracefully narrow attitude of medical men to other doctors should be exchanged for an attitude more charitable and more in conformity with the theory that a medical man is an educated man.

Let some of the most intellectual and most Christian of the medical men send contributions to the new osteopathic hospital. Who will be the first M. D. to come forward?—The Decorah Journal, Decorah, Iowa.

Our companions are partners who make or unmake us.

Definite Diagnosis By Laboratory Methods

(Continued from page 3)

anaemia, and then find the cause. If it is pernicious anaemia, the prognosis is not good. One may save "several good reputations" by being sure of his diagnosis.

We have had patients come in for examination saying: "My doctor says I am anaemic." But the blood examination showed a good haemoglobin and red count. Do you think she was anaemic or just one with a fair complexion? A complete blood examination consisting of the blood count, haemoglobin, erythrocyte, leucocyte, differential and a Wassermann should be a part of the routine examination. We all know of the necessity of making a blood count to differentiate the type and degree of infection with pus production; also to differentiate between typhoid, or T. B. of intestines, T. B. and pneumonia or lung abscess. But what I want to call your attention to, is the necessity of the routine blood examination of all cases for examination. Just two cases for illustration of my point:

Man past middle age with severe pain in one knee wants treat-

ment for relief of pain. The doctor made a blood count and found a marked decrease in the red blood count and haemoglobin. His first thought was that there was more wrong than just the knee, so proceeded to make further investigation, and found a prostatic carcinoma that was referring all of the symptoms to the knee and was also producing the marked blood changes.

A woman living in Des Moines had quite an irregular high fever. A blood count showed a marked increase of eosinophiles and pigmentation of the cells. Further careful examination revealed malarial plasmodium. Then the further history proved that the patient had been in a malarial zone and had developed malaria which was late in showing up.

The true malignancies of the blood forming organs are not so frequent but you do not care to miss a diagnosis in a beginning or fairly well advanced case.

Blood chemical specimens should be examined as fresh as possible. They can not be mailed and in most instances it is necessary to have this work done. That is the reason so much of the blood chemical work has been overlooked.—(Iowa Bulletin.)

Important Points in Diagnosis

(D. E. Hannan, D. O.)

Best results in Actinic Ray Therapy are obtained only after thoroughly heating the skin surface first.

Routine procedure in diagnosis should always invoke the use of X-Ray for differential between acute appendicitis and renal and ureteral calculi.

A rapidly growing tumor in the kidney region in a young child is highly suspicious of sarcoma. Operation to be successful must follow early diagnosis.

Mortality from organic heart disease, cerebral hemorrhage, and chronic nephritis is low when the temperature is high and high when it is low. Persons who are exposed to the effects of these conditions should be warned of the danger attendant to exposure in cold weather.

Be careful to consider the possibility of tuberculosis in an apparently simple impetigenous lesion of more than three months' standing about the face.

Pain and temperature are not always criteria of the condition in mastoiditis. Do not wait to see the ear standing out from the head and a big boggy mass behind the ear. A high leucocytosis, bacteremia, and twitching of the facial muscles (due to irritation of the seventh nerve), are indications for prompt mastoidectomy. It is better to open a mastoid unnecessarily than to wait too long.

In the vomiting of pregnancy, as in hysteria, it is better as soon as the emesis is controlled to feed the patient solid food.

The sting of the tarantula has been proved upon scientific investigation to be little or no worse than a bee sting.

If the blood pressure is above 200, always investigate the kidneys thoroughly. The condition is probably due to nephrosclerosis.

In making a diagnosis between tuberculosis and hyperthyroidism, remember that tubercular patients generally have a poor appetite, and the thyroid patient an exceptionally good one.

Neglect to make use of the X-rays in the examination of the chest in patients complaining of pain in that region has been the cause of failure to recognize several cases of aortic aneurism. When so simple a method of correct diagnosis exists it is sad to know so many cases of this condition still await discovery in the post-mortem room.—(Iowa Bulletin.)

Doctor—Put out your tongue—more than that—all of it.

Child—But, doctor, I can't. It's fastened at the other end.—(Onward.)

You don't have to know anything about grammar to tell the truth.

When a man is his own worst enemy he should make friends with himself.

PROGRAM

Iowa State Convention

THURSDAY, MAY 26, 1927

Morning

10:00—Invocation

—Address of Welcome

—Response

—President's Address

10:40—Dr. W. C. Chappel, "The Osteopath a Specialist"

11:00—Dr. J. W. Styles, Kansas City, Mo., "Technique"

12:00—Group Luncheon

Afternoon

1:45—Dr. R. B. Bachman, "Obstetrics"

2:30—Dr. R. W. Shultz, "Clinics and Newspaper Publicity"

2:55—Dr. W. C. Gordon, "Heart Diseases"

3:30—Dr. R. B. Gilmour, Iowa's National President

4:00—O. W. N. A.

6:30—BANQUET

FRIDAY, MAY 27, 1927

Morning

9:00—Dr. C. W. Johnson

9:20—Hon. Henry E. Sampson

10:00—Business Session

12:00—Luncheon

Afternoon

1:45—Dr. J. P. Schwartz

2:05—Dr. C. J. Manby, "Orificial Consideration in Chronic Conditions"

2:45—Dr. Curtis Brigham, Los Angeles, Cal., "Nerve Reflexes as a Diagnostic Aid"

3:30—Dr. S. D. Zaph, Chicago, Ill., "The Acute Abdomen"

4:10—Dr. C. P. McConnell, Chicago, Ill., "Technique"

SATURDAY, MAY 28, 1927

Clinic Day at Des Moines General Hospital

ATLAS CLUB WINS SEASON'S OPENER



A fine group of would-be Frank Merriwells blossomed forth to feature the opening contest in the Osteopathic Baseball League, when the Atlas nine barely nosed out the Barbs by a 3 to 2 score. Each team produced its share of heroes, but the Fraternity squad had a little the better of the argument, when two Babe Ruths came to the front with circuit drives that drove in the necessary tallies.

The Non-Frat boys started out in the first inning and placed two of their men on the paths before Dornbush could get sufficiently warmed up to check the drive. A shoestring catch by left-fielder Knowlton ended the rally.

In the second frame the Barbs called on their heavy artillery and "Bunk" Plude drove deep to the weeds in right field, sending in a runner ahead of him and making the circuit complete — when the ball was lost. However, Captain Dornbush lead his men in a successful counter attack during their time at bat in this inning. Parks, leading off, drew a pass. "Dorny" then clouted the first pitch far over the center field fence, for the longest drive ever seen in the Still Bowl. Both men tagged the plate and the score was tied.

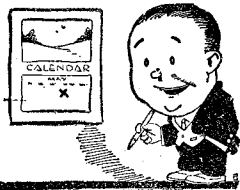
The next two innings failed to break the deadlock, as both Johnson and Dornbush were breezing them past opposing batters with little difficulty. In the Barbs half of the last inning, they threw a real scare into the Fraternity team by placing men on second and third with none down. But Nicholson was on his toes at third to make a beautiful catch of Cassis' short fly, and double the man going home, thereby pulling his mates out of a tight hole.

Two were out in the Atlas half of the fifth, when "Mighty Casey" Damm strode to the plate and slammed a screaming two-bagger over the right fielder's head. The throw from the outfield was wide and went into a nearby ditch, allowing the speedy Atlas short-stop to go all the way home with the winning run.

The Barbs made five hits to

(Continued on page 2)

Stillonian Delayed



Owing to delay in receiving the embossing die from Chicago for the new covers, the delivery of the 1927 Stillonian has been postponed a week. Annual Stillonian Day will be observed Friday, May 13th.



Extensive plans are being made for the observance of this annual event, that will outdo previous programs. The various track teams are "in training" for the Interclass Field Meet, which is one of the feature events of the afternoon. The Faculty Baseball Nine, which does annual battle with the winners of the Sigma Sigma Phi cup, are also hard at work grooming a couple of Dark Horses for the afternoon's fray. Dr. A. B. Taylor will undoubtedly occupy the mound for the pedagogues.

LINDBLOOM SLATED FOR GOLF FINALS

At the culmination of the second round of play for the Halladay Golf Trophy on the Waveland Country club's difficult course, only the cream and sugar of Stillonian followers of the old Scotch game were left. The driving of the winners was a deciding factor, while each of the four semi-finalists showed rare form on the greens.

Trimble and Lindbloom took the honors in the upper bracket, the former by eliminating DuBois 2 up, the latter by turning in a victory over Phil Bryson, 3 and 2. Trimble fought hard all the way to overcome a tendency to keep in the rough, but finally hit his stride on the final holes. Although Lindbloom was erratic with the irons, his long drives were too big a handicap for the steady Bryson to overcome.

In the lower half of the bracket, Maxfield forfeited to Hyeman, and Wadkins defeated "Johnnie" Walker.

(Continued on page 3)

Commencement Plans Completed

Plans for the annual May commencement exercises are practically complete, according to information given by the secretary.

The auditorium of the Hoyt Sherman Place, the Home of the Des Moines Women's Club, has been reserved for the exercises, which are to be held May 26th. Dr. C. J. Gaddis, national secretary of the American Osteopathic Association, of Chicago, will give the address of the evening. Dr. V. A. Englund will sing.

This will be the first time for a number of years that the commencement will be held outside of the college building. The present auditorium in the college is hardly large enough to accommodate the class of seventy-two and the guests of the evening.

The customary social functions attendant to this season of the year have been announced and the balance of the school year will indeed be replete with activities for the graduates. The annual College Dinner for the graduating class will be held on the evening of May 19th. Senior Class Day will be Friday, May 20th. A special committee is now at work formulating a suitable program for this yearly event. The various fraternities and sororities are planning their annual senior banquets in honor of the departing members.

As the Iowa State Osteopathic Association's annual convention opens in this city on commencement day, the entire field attendance will be present at the exercises in the evening. National president, Dr. R. B. Gilmour of Sioux City and State President, C. N. Stryker of Iowa City, will also be present.

Internships Announced

Five students from the graduating class of D.M.S.C.O. were selected for internships at the Detroit Osteopathic Hospital, according to an announcement recently received at the college. W. L. Skidmore, R. B. Richardson, H. J. Brown, C. A. Ward and Dr. Robt. Lustig were the chosen ones.

A. P. Warthman has received the appointment to Mercy Hospital in St. Joseph, Mo.

Competitive examination for one internship in the D. M. General Hospital will be given Saturday morning, April 30th.

Father—How is it young man, that I find you kissing my daughter? How is it?

Lizard—Great! Simply great!

Faculty of Specialists

For ten years, Dr. Robert B. Bachman has been the obstetrics specialist of the Des Moines Still College staff. Consistently and persistently the work in this field, which is so signally of importance to the Osteopathic physician, has developed and grown under his direction. The obstetrical clinic of Still College has ranged from 100 to 180 cases a year, and is the wonder and envy of many of the sister schools of our science. This has been under the personal direction of Dr. Bachman during the full ten years of his membership on the faculty. It represents the culmination of years of interest and devotion to one science, and is one of the features of attainment to which the school may point with just pride.

Following two years of liberal arts work in Des Moines College, Robert Bachman entered Des Moines Still at a time when his father, himself a graduate of the school, was a member of the faculty. Later when Dr. Robert joined the staff, his sister, Irene, was on the class role. After graduation, Dr. Robert had been in general practice with his father in Des Moines for just one year, when his marked success in the line of his specialty justified the Still College board in making him a member of their instructing staff. Altho technique for 4½ years and general clinic for 2½ years have been included in his schedule, it is as school obstetrician that Dr. Bachman has been known since his advent to the faculty. He has brought to his classes during this time, results from the extensive experience the ten years of practice have offered, and the latest work that obstetrical literature can give. For Dr. Bachman owns one of the most complete obstetrical libraries in this part of the country.

That his specialization is appreciated outside the confines of the school is attested by the public appearance he is being called upon to make continually. Within the next few weeks he will appear as a speaker on obstetrics and gynecology at the Central States Osteopathic Convention at Wichita, Kansas. This convention is to be followed by a week of post graduate work, at which Dr. Bachman is to be the lecturer on obstetrics. He has also been secured to represent his specialty on the program of the National Osteopathic Convention at Denver, Colorado.

ATLAS CLUB WINS SEASON'S OPENER

(Continued from page 1)

the Altas men's three. Captain Nesheim's tossers played stellar ball throughout the contest, but failed to solve Dornbush's delivery in the pinches. The Frat men took advantage of every break while "Dorny" twirled a masterful game.

With a splendid rehearsal of the Big Parade, in the very first inning, Phi Sigma Gamma ball tossers ran wild on the paths to score 9 runs in their 13 to 2 victory over the Iota Tau Sigma nine. Lang, who started on the mound for the losers, had great difficulty in finding the plate, issuing no less than 6 free tickets to the initial bag. This walking contest, coupled with four safe hits, gave the winners an advantage which was easily held thru-out.

Loghry, who replaced Lang on the hill, twirled effectively thru-out the remainder of the game, but received only mediocre support from his team-mates, who showed a tendency to fumble grounders. The I. T. S. men made only one successful offensive effort, that being when two tallies were driven in with a timely single by "Red" Smith.

Captain Lashlee lead the Phi Sigs with the willow, while each member of his team played a stellar game in the field, behind the splendid twirling of Dale Weldon who let the enemy down with three long safetys. Weldon took things easy thru-out, and had no difficulty in making his opponents pop up easy flies into the waiting mits of his fellow players.

The victorious nine showed itself to be powerful with the big stick, and will likely be a close contender for the Stillonian pennant. Capt. Havis played a bang-up game behind the bat for Iota Tau Sigma, besides clouting his team's only extra base hit.

West Virginia Board Dates

The West Virginia State Board of Osteopathy will meet in the offices of the Secretary, at Clarksburg, W. Va., July 11, 12, 1927, to examine applicants and consider reciprocity applications. Applications should be in one week prior to this date.

For application blanks, write the Secretary, G. E. Morris, D. O. 542 Empire Bldg., Clarksburg, West Virginia.

He was being examined osteopathically, preparatory to taking out an insurance policy:

"Ever have a serious illness?" asked the doctor.

"No," was the reply.

"Ever have an accident?"

"No."

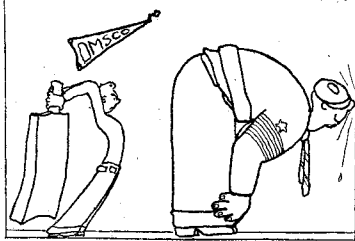
"Never had a single accident in your life?"

"Never, except last spring a bull tossed me over the fence."

"Don't you call that an accident?"

"No, sir! He did it on purpose."

FRATERNITY NOTES



IOTA TAU SIGMA

Bro. M. D. Cramer came up to the house April 18th and gave a practical demonstration on athletic bandaging. Thanks Doctor, and come again.

Bro. "Mike" Prather dropped in to pay us a visit and we were mighty glad to have him with us. We are always glad to welcome any of the field men, for it is their home, as well as ours.

It was six a. m. Saturday morning when all hit the deck for Spring housecleaning. Everybody, with the exception of the married Brothers, was on hand and—well, it's over, and the house is clean.

It has been suggested that, perhaps, the married Brothers get enough housecleaning at home.

A few more plays and Brother Platt will be able to entertain his patients, as well as treat them.

Bro. Gephart still holds the lead in letters. An average of two a day. He has made a slight gain on Bro. Loghery in receiving Specials. Only three more weeks, Gephart.

New records are set every year but the latest is one set by Bro. Morrow—a new girl every week.

Brother Smith spends his odd hours riding motorcycles and tractors.

Brother "Hap" Nowlin has charge of the first shift and Bro. Loghery of the last shift at the "Merry J."

When the Cudden brothers tire of their jobs they just exchange.

SIGMA CHI OMEGA

Brother Frank Wilson is recovering from his rough treatment in good shape. He will be able to get out of bed in a few days.

Dr. Spring gave the boys a nice talk last week. We thank you, Dr.

Judge Hubert Utterback spoke to the Club some time ago on "Ethics of a Doctor."

The boys are looking forward to their apartment for Club rooms next year.

We send Miss Johnson our thanks for her course in Practical Psychology. We will send you a red apple—next Christmas.

Brother Thistlewaite has been worked-up—due to the loud sweater and to his excitement when Massachusetts is mentioned.

Brother Jack Martin has made a new resolution to keep his pen out of his mouth.

Speaking of having hobbies without a pony—Bro. Gilman has us all beaten.

ATLAS CLUB NOTES

Dr. Klein, at our last practical work meeting, very ably and successfully presented his sub-

ject: "Getting Results with Osteopathy." Many thanks, Dr.

Bro. Richardson has proven that it is impossible to get blood out of a turnip—even with Osteopathy.

Bro. Warthman has received an appointment as intern at St. Joseph, Mo., in Mercy hospital.

Our Englishman—"Hump" Ward—is now laughing at a joke he heard two years ago.

Damm and Doyle, "the little Japs," are busily engaged in their Spring Jiu-Jitsu. Damm has one fall to his credit, so far.

We have sold our ferret and now have the monkey in the cage. Bye, Bye, Rockhill—Hello, Sec.

Bro. Parks recently moved into the house. Glad to have you with us, Paul.

P. S. G. NOTES

Ralph Davis shaved off his handsome mustache the other day. He said that he only wanted the satisfaction of knowing that he could grow one, but the truth of the matter is, if he goes home with it on, his folks won't let him put his feet under the paternal mahogany.

Beebe, Granberg, and Shaffer went to Colfax again this past week-end. This Colfax mineral water must be great.

"You can't keep a good man down," says little Walter. Altho Cuff has been ill for the past week, he is now feeling much improved and is once more the ablest toreador in the college smoking room.

Capt. "Windy" Lashlee of the P. S. G. Nine, has applied for an internship at the Methodist hospital "Nures' Home."

While all of the newspapers are running their daily question and answer column to find out how much people know, Ye Editor of this column thought it a wise plan to find the extent of the average student's knowledge of affairs around school.

How Much Do You Know Today?

1. How can Beebe tell a story any number of times without once digressing from the original tale?
2. How do you know that Otey Lashlee's trousers are tighter than his skin?
3. What is the capital of the United States?
4. What is the slipperiest place this side of the North Pole?
5. Why are Dale Weldon's feet like a Bee Farm?
6. Why is Pledge Scott's head like Dorwart sitting on 2000 lbs. of coal?
7. Why is Dwight Stone like a Number 1 Des Moines street car?
8. Why is a State Board like castor oil?
9. How do you know that the editor of this column is crazy?

Answers

1. Because he remembers 'em by the Foman method.
2. He can sit down without ripping his skin.
3. Lawton, Michigan.
4. Howard Mott's head.
5. Because they are covered with Hives.

(Continued on page 3)



Around Our Merry Campus

Stuttering Blacksmith (at the forge)—"S-S-strike that h-horse sh-shoe q-q-quick!"

Nervous Assistant—"W-w-w-where sh-sh-shall I s-s-strike it?"

Stuttering Blacksmith—"N-n-n-never m-m-mind n-n-now—it's c-c-c-cold!"

A man went into Cohen's book store and asked: "Have you a copy of Who's Who and What's What, by Jerome K. Jerome?"

Cohen replied: "No, sir, but ve got Who's He and Vat's He Got, by Bradstreet."

She—New dance?

He—No, new flannels.

Little Girl—Mama, there is something running on the bathroom floor, without legs.

Mamma—What is it, dear?

Little Girl—Water!

"I hear you have accepted Jack," she said acidly. "I suppose that he never told you that he once proposed to me."

"No," retorted Jack's new affinity, "not exactly. He merely said that he had done lots of silly things before meeting me; but I didn't ask him what they were."

It's easy enough to be pleasant When life's going merrily round,

But the guy worth his chaff Is the man who can laugh— When his garter's coming down!

Lady—Officer, can you see me across the street?

Officer—Begorra, lady, Oi can see you a mile away!

Ragamn—Any old clothes? Any old shoes?

Voice—Hey, Hey; beat it. This is a fraternity house.

Rag Man—Any old bottles?

Mrs. Hicks—I don't take any stock in these faith cures brot about by the laying on of hands.

Mrs. Wicks—Well, I do; I sure cured my little boy of the cigarette habit that way.

A man in a hospital for mental cases sat fishing over a flower bed.

A visitor approached and, wishing to be affable, remarked:

"How many have you caught?"

"You're the ninth," was the reply.

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY

PresidentC. W. Johnson

Editor Don Baylor

Osteopathy Without Limitation

Spring Tonic

"Throw physic to the dogs." But the dog doesn't need it. He knows enough to quit eating when sick, and when necessary, he picks off a few extra blades of grass.

Eat your tonic with a fork—fresh green things from the garden. Buy your tonic by the pound, not by the bottle. Go to the greengrocer's for it.

When through Winter days folk have been indoors, living on a generous diet, with little sun or exercise and slight chance for oxidation, livers become torpid and congested, elimination slows down and the blood gets laden with toxins.

"Everybody talks about the weather," said Mark Twain, "but nobody does anything about it." If the body is in a static state, do something about it. Too many do nothing; or worse, they do the wrong thing and so tax their bodies with toxins, causing illness.

Fast a few days, with plenty of water and deep breathing, and sun and exercise, also a little series of bowel flushing; and then the right food. All this helps. Why depend upon purges—tonics so-called—to whip up burdened organs, when the body mechanism can be overhauled; getting liver, spleen, lungs, kidneys and all other parts cleared for better action, and of course not overlooking the spinal segments which control all these parts. Just good mechanical sense, is it not?

That's the spring tonic or house cleaning everybody, old or young, needs at least once or twice a year.—(April O. M.)

LINDBLOOM SLATED FOR GOLF FINALS

(Continued from page 1)

Lee Lindbloom had little difficulty in disposing of Trimble, 4 up, to gain a place in the finals. The former Des Moines high football star clipped his shots off with deadly accuracy and kept clear of the hazards, which were a constant source of irritation to his opponent.

Wadkins and Hydeman seem to be about evenly matched, and it is a toss-up which of these men will tee off in the finals.

The two most plentiful things are trouble and advice to Iowa farmers.

"Drawing Out" Disease

Does a mustard plaster or a blister really do any good? If so, what is the theory of their operation? In an interesting article on "The Technic of Medication," contributed to The Journal of the American Medical Association (Chicago) by Dr. Bernard Fantus, assistant professor in Rush Medical College, this matter is discussed, among others. Counter-irritation of this sort is of undoubted benefit, he concludes, though how it works is still something of a mystery. The popular theories are not of much value, and in particular, the prevalent idea that a counter-irritant "draws out the disease" is absurd, he tells us. He says:

"The disrepute and neglect of topical treatment in modern medical circles is, to a certain false theories that were formerly resorted to for explaining the clinical benefit derived from these measures, used by humanity from time immemorial. In the days of humoral pathology, the benefit derived from topical applications was ascribed to a drawing of morbid juices away from the affected part and into and through the surface. This led to the heroic forms of counter-irritation that were so popular during the dark ages of medicine. Large blisters were applied quite generally; and, when these did not suffice to 'draw out' the disease, strong irritants were rubbed into the raw surface to make it 'discharge hugely.' Though, with the advent of cellular pathology and a better knowledge of the facts of the circulation, it became obvious that it was impossible to 'draw out' disease by these means, many of the laity—a considerable proportion of which always is centuries behind the medical profession in point of view—still believe in the 'drawing-out' process.

"No sooner had the ancient theory been thrown into the discard than a new theory was advanced to explain the indubitable benefit of counter-irritation, i. e., the setting up of irritation in a healthy part for the benefit of morbid processes going on elsewhere. It was taught that the excess of blood in the diseased part was harmful, and that this was diminished in the deep tissues when superficial hyperemia (blood excess) was induced.

"The fallacy of this theory was exposed chiefly by the surgeon, August Bier, who proved that localized hyperemia of the surface induces hyperemia of the depth even down to the bone, thus disproving the validity of the law of antagonism for local applications, though this law holds for extensive applications to the surface of the body. Bier also showed that hyperemia is not detrimental, but remedial. Blood brings to the part materials for repair, which are obviously needed in greater quantities by diseased than by normal tissues; and it brings antibacterial forces to bear on a focus of infection. Bier believes and shows not only that the pain of

inflammation is not due to hyperemia, but that hyperemia actually has an analgesic action.

"We must admit, however, that the production of hyperemia does not entirely explain the benefit obtained by counter-irritation. Thus, mustard plasters applied to the epigastrium sometimes stop vomiting. To obtain such effects it is necessary that the application be made over certain particular areas, which in every case are found to have innervational relation with the affected part by being supplied from the same segment of the central nervous system. In consequence, deep irritation often produces an increased irritability of superficial nerve endings; sometimes it benumbs them, so that a very hot application may feel too hot elsewhere while just comfortable over the area connected by segmental innervation with the seat of disease. In the same manner, a severe irritation in the superficial expansion of a spinal cord segment may lessen the irritability of the deep part, or an analgesic application may relieve a deep pain. Of late, the additional theory has been advanced that the tissue disintegration products given off in increased quantity from the irritated tissue exert a general tissue activating effect similar to the one assumed to be produced by nonspecific proteotherapy.

"Finally, we must not lose sight of the fact that people have faith in local treatment, that it appeals to their imagination and that—just to this extent—it carries with it psychotherapeutic potency. From all these considerations may be coined the therapeutic maxim: Use appropriate topical treatment in all conditions in which it is justifiable."

—Literary Digest.

"Did you open the windows wide?" asked the doctor of a newly hired nurse.

"You bet I did!" she proudly answered, "pulled the top half all the way down and pushed the bottom half all the way up!"

Doctor—I suppose, Mrs. Jackson, that you have given the medicine according to directions.

Mrs. Jackson—Well, doctah, I done mah bes. You said give him one o' dose pills three times a day until gone, but I done run out of pills yistadday an' he hain't gone yit.

The young medico coughed rather gravely.

"I am sorry to tell you," he said slowly, looking down at the sick man in the bed, "that there is no doubt you are suffering from scarlet fever, and, as you know, it is very contagious."

The patient slowly turned his head upon the pillow and looked toward his wife.

"Dearie," he said in a faint but distinct voice, "if any of my creditors call, you can tell them at last: I am in a position to give them something."

It is better to swat a pill than to swallow one, hence the great number and increase of golf balls.

Boob Legislation

During the early days of the session a bill was introduced on behalf of the Osteopaths of the state, granting to certain members of that fraternity the right to practice surgery. The bill provided that only such members of that fraternity as could prove their fitness were to be accorded this privilege, and did not apply to all those who are practicing at this time.

The Osteopathic schools are graduating some of the finest surgeons in the land, and the really best surgeons of the "regular" schools are not opposed to their practicing, but the rank and file are an overwhelming majority in the medical association and strenuously oppose anything and everything outside the confines of their narrow creed.

In Idaho an Osteopath may not take a patient to a hospital, and the nurse who cares for such patient is blacklisted by the regulars. This arbitrary bigotry not only affects the Osteopathic practitioner, but says to the people of the state, "You shall not have what you want; you'll take what we give you, or nothing!"

How long will the people of Idaho tolerate such dictation? This is one of a very few states which have not yet officially recognized Osteopathic surgery.

The summary action of the legislature in denying a hearing on this measure approaches dangerously near the line of what may be termed "boob" legislation, but is in keeping with that otherwise intelligent class of people who take pills and physics, instead of "throwing them to the dogs", and those others who wear copper rings and hang bags of asafetida about their necks.—(Editorial in Owyhee Avalanche, May 11, 1927.)

Fraternity Notes

(Continued from page 2)

6. Nothing over a ton.
7. Always running to Valley Junction.
8. Hard to take but such a relief.
9. Adv.—Read the Log Book.

Another Osteopath

Born to Dr. and Mrs. G. W. Loeke, Ottumwa, Iowa, a son, Gerald Robert, on April 22, 1927.

"Eat a raw onion every day and you'll be happy and healthy," advises a doctor. "And you'll find there will be more seats in the subways and busses, too."

"Uncle Robert, when does your football team play?"

"Football team? What do you mean, my boy?"

"Why, I heard father say that when you kicked off we'd be able to afford a big automobile."

Hubby—It seems, my dear, that there is something wrong with this cake.

Wifey—That shows what you know about it—the cook book says it's perfectly delicious.

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Patronize the Stillonian

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Faculty of Specialists

Prominent as is the place women hold in the field of the Osteopathic profession, Dr. Mary Golden is the only feminine D. O. who holds a position upon the faculty of Des Moines Still College. A graduate from this school, she has practiced in Des Moines for fourteen years and has for twelve years been a member of its faculty. Altho dietetics and hygiene have appeared on her schedule, pediatrics and women's diseases are her specialization, and the children's clinic is under her supervision.

In addition to time and energy expended upon the school and general practice, Dr. Mary Golden is outstanding in a group of osteopathic women who are active in civic and organization enterprises. She was signally honored this year in being elected to the Chairmanship of the Women's Chamber of Commerce, which honor came as a climax to her many and varied activities. During the war Dr. Golden was active with the local chapter of the American Red Cross; for years she has been a tireless worker in various phases of the Y. W. C. A. projects. She is a past president of the Iowa Chapter of the Osteopathic Women's National Association and is at present a most successful chairman for their committee on program arrangement. Yearly calls for her health talks before various organizations are becoming more numerous, and she has several times this spring appeared in vocational conferences, speaking in behalf of osteopathy. Only recently, she addressed a group of over 100 girls at the Woodrow Wilson high school, upon her profession. And a short time later, presented the movie, "Science of Life," at one of the largest churches in the city, under the auspices of its Educational Council. The city chapters of P. T. A. and several women's organizations, are others who have recognized Dr. Golden's ability to present her important message and called upon her for it.

Upon Friday, May 13, under the direction of Dr. Golden, Still College was honored at the noon meeting of the Chamber of Commerce, where Mr. Sherman C. Kingsley, of Philadelphia, National Vice President of the National Conference of Social Workers, was the chief speaker. Dr. Mary Golden presided at the meeting, members of the Still College student body appeared upon the musical program, and the faculty and trustees of the school were given seats at a table of honor.

HYDEMAN WINS GOLF TOURNEY

The honor of winning the first Halladay Golf Trophy went to Millard Hydeman, youthful Frosh after he had decisively conquered the hard-driving Lee Lindbloom, 5 up at the fourteenth hole. Although "Hyde" is very slight in build and does not get near the distance attained by heavier opponents, his accurate work with the irons carried him to the top of Stillonian artists of the old Scotch pastime.

At first, both players were bothered by the chilling wind that swept over the Waveland Country Club course from the north, but after Hydeman gained the first hole on a beautiful mashie shot and Lee sunk a ten-foot put to win the second, the winner began to stack up a lead that was never thereafter endangered. In quick succession, the 3rd, 5th, 7th, 8th and 9th holes were taken by the accurate Hydeman, whose mid-iron was sending the ball close to the cup with regularity. Lindbloom was able to tie things up on the 4th and 6th by fine work with his driver.

The rest of the match was played on even terms and both men were at the height of their game on the greens. It was only by dropping the ball on the green with his educated mashie in the last few holes that the winner was able to hold his advantage.

Both men were in the rough on numerous occasions, but "Hyde" dug up the least turf and thereby held quite an advantage.

The local Osteopathic champion played consistently throughout the whole succession of matches and won his way to the top by hitting his stride early and never relinquishing his advantage. Millard is one of the best of Des Moines' youthful golfers and will, no doubt, be among the winners in the tournament play this summer.

Graduates Register for Summer P. G. Work

Several former graduates and some from other colleges have already registered for the post-graduate work that is available at the college in surgery and obstetrics during the summer months.

The extensive clinics that are maintained in these two departments enables the college to give the field men the actual clinical experience that is so essential to the success of the individual in either of the two fields.

1928 Stillonian Staff Elected

The editorship of the 1928 volume of the Stillonian rests in the hands of G. O. Smith of the class of '28, as a result of an election recently held. "Red" has held down the office of Associate Editor on this year's volume and has discharged his duties in a one hundred per cent manner and is the best qualified man of his class to handle the job next year.

For the task of Business Manager, the class chose Edgar M. Hubbell. Although not having had the advantage of previous experience, Hubbell should have little difficulty in this important department of the book. The class is to be congratulated upon their selections, and if they live up to the expectations, the 1928 Stillonian will be the best edition published.

The Sophomores also had their elections, and chose J. L. Kendall as Associate Editor and Frank Dornbush as Assistant Business Manager.

Pre-Commencement Social Events

The outgoing Seniors are being overwhelmed with the numerous social activities that are being given in their honor.

All the social fraternities are planning farewell banquets and Spring Formals in honor of their outgoing brothers. The Annual College Banquet for the Senior class is to be held at the new Younker Tea Room on the evening of the 19th.

Many of the parents and "chosen-ones" of the members of the class are planning on attending the exercises on the 26th. Coming from all parts of the country, D.M.S.C.O. will be the host to the greatest commencement guest list in the history of the school.

Exercises, which will be held at Hoyt Sherman Place, will also be attended by the physicians who will be in the city at that time for the annual convention of the Iowa State Osteopathic Society.

Judging from the program that has been arranged for that evening, it will be one of the most impressive occasions ever conducted by the institution.

The pastor who was fond of figures of speech was making a funeral oration. He began his address: "Friends, we have here only the shell of the man—the nut is gone."

Atlas - Non-Frats Slated for Finals

With the completion of the first round's play in the Inter-Fraternity Baseball League, the Atlas and Barb nines are a tie for first place honors, with two victories and one defeat chalked up against each team. These bitter rivals are scheduled to settle their little argument over the trophy, as a part of the Stillonian Day program. The Iota Tau Sigma and Phi Sigma Gamma tossers divided honors for the cellar birth, with one win and two losses each.

The Atlas sluggers failed to solve the speedy delivery of "Bob" Ross, and bowed before the I. T. S. nine, 5 to 3, after a hard-fought contest. The losers had numerous opportunities to clinch the game, but the lack of hits in the pinches, kept them away from the home platter.

Holton, former star twirler for old Syracuse, had plenty of stuff on the pill, but found the going difficult because of a tendency toward wildness. With two outs in the first, a brace of wild heaves sent in the first tallies for Capt. Hovis' men. Dornbush tied things up with a fierce three bagger in the Atlas session.

Base on balls accounted for each nine registering one run in the second frame, and from then on, till the last inning, it was a draw. Dorny filled the bases in the fifth and a clean single by Lang sent in the winning tally. The Atlas boys tried hard to pull the contest out of the fire, and filled the sacks in their half, but a would-be homer by Dornbush was foul by inches, and the battle was over.

The Non-Frats had the better of a pitching duel between Lashlee and Clark, and took the affair, 7-3. "Tennessee" got off to a bad start in the very first inning, when he issued the first two men who faced him, free passage to the initial sack. Three straight safeties accounted for a like number of tallies, and the winners were away to a neat lead.

Clark had difficulty in the second, when he freely sent opponents to first over the four ball route, but his mates came back strong in their half to fill the bases, and the little pitcher put his own game on ice with a roaring two-ply drive that sent in three runners.

Cassis, who hit safely on each trip to the plate, featured the contest with the longest drive ever made on the local field. It was a tremendous sock which cleared the distant left field fence easily and allowed the

(Continued on page 3)

Tennis Tournament Opens

The wielders of the racket have swung into action with sixteen followers of the net game bent on winning the Sigma Sigma Phi Trophy, which is to denote the first Pirate tennis champ. Most of the players are very evenly matched and it is expected that there will be lively competition in the coming rounds of play.

In the upper bracket, "Baldy" Mott, former star of the New England clay courts, is looked upon as the likely survivor for final play, while the lower bracket claims the name of "Cam" Ward, who probably has the best chance to meet the boy from Boston in the title tilt. The Easterner has been practicing regularly for this tournament, and although Ward claims he is completely out of condition, it is rumored that the Canadian has been holding secret practice behind closed doors for several weeks.

The honor of being the first to advance to the second round of play went to L. E. Schaeffer when his spinning serve and sizzling forhand drives overcome the youthful stamina of "Speedy" Gann, 6-3 and 6-4.

There are several dark horses who may upset the sport dope and most prominent among them seems to be Cassis of basket ball fame, Hydemann the golf champ and Ken Ward the Canadian.

Recent Assemblies Are Interesting

Some excellent programs have been presented recently at the weekly assemblies.

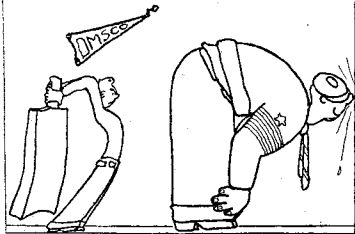
C. H. Devine was the outstanding entertainer of the semester, with his Italian impersonations. By working some of the members of the faculty and student body into the personnel of his jokes, he won the instant approval of the gang. Several have been desirous of finding out just who "posted" him so efficiently, and it is even rumored that one or two have gone so far as to offer a reward for the information.

Dr. McHatton and the Rev. Mr. Rash both gave excellent addresses, which were duly appreciated by the student body. Rev. Mr. Rash, having appeared before, was given a hearty welcome, which should have impressed him with the fact that the student body are "strong" for him and appreciate the time that he gives the college every semester.

The Senior Class Day is to be held on the twentieth, and from the rumors that are floating around the halls, will be the hit of the year. The program committee under the direction of Reg. Platt have been putting in some hard work, and the result should be well worth the student's attendance. Everybody be there!

Riches have wings but they won't carry you to heaven.

FRATERNITY NOTES



ATLAS CLUB

Dr. M. E. Bachman spoke at our last practical work meeting, giving us some very capable demonstrations in technique.

Brother L. E. Schaeffer made a record time on his last O. B. case.

Brothers Wright, F. Schaeffer and W. Jones will live at the house this summer. Bro. Wright will superintend playground activities, Bro. Schaeffer will act as Still College stork, and Bro. Jones will hold down the usual position.

Brother "Red" Grove has a very acute sense of hearing. He can hear thru walls.

Our titled Brother Skinner—D. O., D. D. D., S. H. S.

Brother Wire is having his boots polished.

Brother "Humphy" Ward says he is Scotch, not English.

Brother Richardson is quite a golfer. Tired out on the ninth hole—we thought he would on the first.

Brother Walt Damm says: "My only regret is—if I had the FIFTY."

Brother Doyle has been in suspension for the past few days.

Brother "Optomistic" Rockhill enjoys things 100%.

Brother Leon Nicholson spent the week-end in Perry, Iowa, with Bros. Gann and Utterback.

Brothers Hughes and Faus hope to hit the Oregon Trail soon.

Circus season's near. "It won't be long, now," voiced Brother "Casey" Jones and Pledge Bankes.

Brother "Dorney" is wondering why Bro. "Thorny" leaves him on the week-ends.

Brother Parks is the busiest man around the house.

In spring Bro. Mongers' fancy lightly turns to thoughts of other things.

Brother Van Ness urges that our boys donate thick and furious to the Gravey Bowl fund, as he hopes to buy a large one.

Brother Brown was highly honored at the "Y" dance. His mustache did it all.

Brother Weir will exercise more precaution in parking in the future.

Brother "Procto" Welch says his vineyard is doing nicely.

Our semi-annual banquet, given in honor of our seniors, was held at Younkers Tearoom on May 10. A very enjoyable evening was had by all.

IOTA TAU SIGMA

Brother Earl Shaw is to be our "wandering minstrel" this summer, touring the State of Iowa. Anybody that desires to send a telegram, can do so, and send it C. O. D.

They say you cannot learn an old dog new tricks—ask Wadkins.

Most of the Brothers have their trunks partly packed.

Brother Belf might be down, after his fall, but he isn't out.

Sixteen more letters to go, is the report of Gep. Loghery doesn't have a chance now, with an average of three a day to overcome.

The members of the Ohio Wesleyan Track Team were guests of Iota Tau Sigma at the annual Relay Dance held at the house after the Drake Relays.

With the base ball season over, as far as I. T. S. is concerned, the boys now turn their attention to the inter-fraternity relays.

Some of the Seniors are beginning to insist that they be called "DOCTOR."

Brother Cudden reports that he will do his "Red Grange" act again this summer. Any Ice, today, lady?

The Ford looks very "Collegiate" now. All aboard for good old U. S. A.

The annual Senior banquet and dance will be held at the house on the evening of May 20.

SIGMA CHI OMEGA

At each meeting we have been fortunate in having some one of the college faculty present, and from them, we have received much valuable information, along various lines. Dr. J. P. Schwartz was our last speaker and gave us a highly interesting talk on "Professional Ethics."

The attendance record at the meetings has been very high, showing the fellows are highly interested in the new Osteopathic organization, which has as its ideals, the promotion of Professional Training, Good Fellowship and School Spirit.

Since Weldon Loerke has again been designated as "Uncle," by the hand of Fate, he is keeping the tailor busy, sewing the buttons back on his coat.

The organization decided to have a Hard Time Party in place of the next regular meeting. A suggestion was made to hire a hay-rack, as the mode of transportation to the spot chosen for the picnic, but after much deliberation, it was decided that too many of the fellows, especially those from the "Sunflower" State, might suffer homesickness, so the gang will take a chance on the street-car service.

D.M.S.C.O. Visitors

Dr. Lois Irwin Richardson, May, '26, recently stopped in at the college to give the gang "Hello" and tell how successful she and Dayle were. The Doctors are located at Forest City, Iowa, and state that things are coming along in fine shape. Practice is on the increase, according to "Slim."

Dr. Anna Dayle also visited the college recently while en route to St. Paul, where she expects to locate.

Dr. and Mrs. F. O. Harrold and son Jimmy were looking things over the other day. The Doctor is located at Brooklyn, Iowa, and is quite enthusiastic about the osteopathic outlook in that territory.



Around Our Merry Campus

Three shades of lip rouge, two bottles of perfume, some wine glasses, and the print of a dancing figure were found in a Punic sarcophagus the other day. Now if they dig up a padlock . . .

Roadside Tinker

Brown—I hear Jones is letting the rest of the world go by.

Greene—Retired, eh?

Brown—No, bought a used car!

Lawyer (helping pedestrian to his feet)—Come with me, my man. You can get damages.

Pedestrian (groggy)—H'v'ens, man, I got all the damages I want. Get me some repairs.

Foreman—Murphy, how about carrying some more bricks?

Murphy—I ain't feeling well, guv'nor. I'm tremblin' all over.

Foreman—Well, then, get busy with the sieve.

An apparently bold physician challenges us to print this one:

Dottie—Come in and see our new baby.

Teacher—Thank you, but I will wait until your mother is better.

Dottie—You needn't be afraid. It's not catching, teacher.

"Is it true, doctor," asked the gushing young lady, "that you are a lady-killer?"

"Madam," replied the doctor, "I make no distinction between the sexes."—(Continent.)

He—What makes you girls always keep your money in your stocking, instead of a bank?

She—It draws more interest, you boob!

Two little boys were slamming each other.

1st Boy: "I know what kind of a lawyer your old man is. A bird just told me."

2nd Boy: "What did the bird say?"

"Cheep, cheep, cheep."

"Well, a duck just told me what kind of a doctor your old man is."

"How is your son getting along at college?"

"He must be doing pretty well in languages. I have just paid for three courses—\$10 for Latin, \$10 for Greek and \$100 for Scotch."

Fraternity House Problem

"Is this dance formal, or can I wear my own clothes?"

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY

President C. W. Johnson

Editor Don Baylor

Osteopathy Without Limitation

Solitude for Soul Growth

You have noticed the calm that precedes a storm, the quiet that tokens the first sharp, deafening thunder claps ushering in the summer thunder storm. Rest precedes activity, calm antedates tumult, the zero hour is a moment of time separating nauseous, blundering, effervescing crushing stagnation and stillness and grimy, mutinous, crunching, effacing pandemonium and death.

In the center of the cyclonic swirl and devastation is a sickening, deadly, clammy stillness, a drawing, lifting, upward suction as of God Pulling one toward Him. If you would be drawn upward, toward God, toward Omniscience, you will seek the place of quiet and isolation.

Moses spent forty years in the wilderness before he was fitted to the task of ushering the children of Israel out of Egyptian bondage. And it took forty more years in the wilderness on short rations and forty entirely rationless days on Mount Sinai to produce the foundation of universal law in the Ten Commandments.

Lincoln spent his boyhood peering into the ceiling rafters of a log hut before an open fireplace with but a book for company. Washington, during the dark winter gloom of Valley Forge, could be seen daily in isolated woodland solitude in communion with his God. Christ spent thirty years in a quiet carpenter shop, tutoring His mind and soul, schooling Himself in the depths of human suffering He was to endure. Even then he spent forty days in the mountain fastnesses conquering the devil that tempted Him and yet required frequent retirement to solitude when dire suffering tortured and wrenched the clearness and serenity of His vision.

There is physical strength in multitudes, but no soul strength. There is mutinous, devastating strength but no persistence or tenacity of purpose. You will see the thousands, millions, ruled by the command of the one strong man. Or one man may stand up and face a whole angry mob and with the tranquility of his purpose and the calmness of his conviction send them skulking to cover or espousing the cause of him they would have destroyed. And the strength of him was grown in the quiet corridors of aloof days and candied nights beyond the communicable reaches of the rabble.

Would you wax strong? If you are a religionist, spend much time

in your closet praying. Otherwise have hours by day and your watches at night communing with kindred souls a-gone, in their biographies and writings, and seek isolation and soul tranquility through individual study and research and through thought and reflection. Muffle your tympanums with cotton to the lure of family, friends, and the jaundiced acclaim of puppet parasites. Stifle the shouts of sycophants and self-appointed asolites to genius that they neither tempt nor distract you. To listen is dissipation, with intoxication and delirium tremens as its concomitants. At best you are distressed, distraught and comatose.

Greatness is solitary, not because it is selfish or prudish but because it is insular and abstracted. It feeds on thought and isolation. To give it the circumstance of babel and small talk for food is to starve it through inanition. It cannot subsist on the emaciating diet of the marasmus whoopees among whom it lives. It needs must stand tall, gaunt, isolated, solitary, tranquil, serene. It can stand alone without prop or cane, or even on a single foot. It knows nor use for nor abuse of the halting assistance of a cork leg.

The closet, the garret, the forest the plain, the mountain, are harrowers to the trite but bosom companion to the noble visaged. The viking sits an unaccompanied throne or strides a path in solitary grandeur unattended. Wouldst emulate his magnitude, tryst the crags and fastnesses of isolated solitude and boon your thoughts attuned to the celerity of the Universe.

Stage Set for Iowa State Convention

The curtain is ready to rise on the 1927 annual convention of the Iowa State Osteopathic Association, which will convene in this city on the 26th of May for a three days' session.

The program that has been arranged is one of the most diversified that has ever been presented the body, and includes some of the foremost men of the country. One of the outstanding features of the first day's schedule is the attendance of the body at the Commencement Exercises of the Class of May, 1927, which are to be held that evening.

Everyone is anxious to bring the 1928 national convention to Des Moines, and it is expected that some action relative to the State Association's part in this matter will be taken at this meeting.

Doctor: "Put out your tongue more than that—all of it."
Child: "But, doctor, I can't. It's fastened at the other end."

Adversity is frequently the advance agent of success.

Good Executives Draw Out the Best There Is in Others.

Ended is the School Year

Ended is the school year,
Ended are the classes,
There in old Still College,
Where they teach the Osteo-path.

There we sat respectful,
At the feet of our professors,
Listening to the pearls of wisdom
From their lips to us descending.

Keen our minds were, to absorb this,
Mighty knowledge of the ailments,
Ailments that befall the body,
Cause such anguish and such pain.

Much anatomy have we studied,
Pathology to us is nothing new,
Of nerves we've learned,

With some misgivings,
Things that would seem quite,
Quite strange to you.

Therapeutics now I'll tell you
We've absorbed a lot of it.
Technic with us is a by-word,

For 'tis there we make a hit.
Much we've studied,
Much we've practiced,

Of this gentle art of healing,
Healing of the ailing,
Pain-racked bodies that we see.

Now the halls they all are silent,
Stilled the voices of professors,
Gone the shuffle of our foot-steps,

As the many steps we climbed.
For 'tis summer, time of flowers,
Chirping birds flit thru the trees

Warm winds blowing from the southland,
Bringing fragrance, life and hope
Memories of the home folks

waiting
To receive us in their midst.
This has hastened our departure,

To our homes both far and near.
Many of our cheery comrades
Now are doctors filled with

knowledge,
Knowledge of the human structure,
And ailments to which it's heir.

Gone are they to help the ailing,
Help the suffering—cure the sick
May their mission be of gladness,

Bringing health and bringing cheer.
But let us not, in all our journeys
O'er the country, far and near,

Forget dear old STILL College
Where we studied through the years.

—(Wm. L. Gilman.)

Weddings

At this time of year the wedding bug bites several of the student body, and also ravages the Alumni of D.M.S.C.O.

Dr. Neva Moss was recently married to E. B. Westfall at Webster City.

There are several rumors of approaching nuptials which are to take place soon after commencement, but we don't want to hurry the victims to their doom by premature announcements.

There can be no big success without big effort.

Atlas - Non-Frats Slated For Finals

(Continued from page 1)

Marrietta boy to do the Babe Ruth trot.

The only shut-out of the season was registered against the Iota Tau Sigma, when they succumbed to the effective twirling of Johnson by a 4-0 score. Ross was in top form for the first three frames and kept the enemy away from the rubber, but he wavered in the fourth and was dented for two circuit drives by Johnson and Clark. These two drives were beautiful circuit drives and sent the Barbs into enough of a lead to cinch the game.

Johnson had his curve whizzing over the plate under perfect control and only allowed his opponents three safe blows. His mates added two more counters in the final inning on a trio of hits.

Captain Nesheim had his men on their toes and won out by superior batting punch against the speedy Hovismen.

In the best track meet of the series the Atlas nine returned victorious from their running efforts to score a 11-9 win over Phi Sigma Gamma and earn the right to play a final game for the trophy. After the first two innings, which were without importance, the contest took on a most hectic nature and each nine endeavored to see how far they could lambast the offerings of enemy twirlers. Mott started the fireworks in the third when he cleaned the sacks with a ripping two-bagger to right. The following batters kept up the bombardment and when the clouds rolled away no less than seven men had trod the home plate.

Dorny's men staged a partial comeback in their half of the frame but could only pound out four runs. Damm and Ward did noble stick work in this rally.

Montgomery was sent to the rescue of the wilting Dornbush, whose sore arm could not stand the pace. Capt. Lashlee kept his men pounding out the safeties and added two more runs in the fourth.

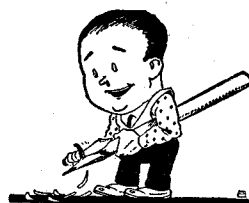
The Atlas sluggers held a terrific session in their half of the inning and completely smothered Weldon's floaters before a flood of safe blows. Led by the timely extra-base clouts of Sheets, Montgomery and Ward, seven men counted runs.

The Phi Sigs could not solve Montgomery's twisters and were easily set down without a score in the final inning.

Juniors Elect Officers

The present Junior A class have already elected their officers for the fall term of their Senior year. Walter Cuff was chosen to guide their ship of state through the troubled waters of the first half of the last lap, and Harry McNaughton, in the capacity of Vice President, will assist. Gail Smith was chosen as Secretary and Treasurer.

Log Book Readers ATTENTION!



IF you have changed your address during the past three months, please help the college "keep down expenses" by filling in the coupon and returning it at once. It costs us one and one-half cents for every Log Book that is returned for incorrect address.

If you want your name removed from the Log Book mailing list, fill in the coupon below and write "Discontinue" across the face of it.

We Will Appreciate Your Prompt Compliance
With This Request.

My New Address Is--

Name _____

Address _____

Town _____ State _____

THANK YOU!

THE LOG BOOK

PUBLISHED SEMI-MONTHLY BY THE DES MOINES STILL COLLEGE OF OSTEOPATHY

Volume 4

JUNE 1, 1927

Number 22

May Graduation

The evening of May 26, closed a series of events in the lives of 72 embryo osteopaths, with a graduation that has not been equalled in the history of Still College. The exercises were held in the auditorium of the Hoyt Sherman Place and when the long line of graduates entered, the room was filled to capacity. The impressive processional march was played by Mrs. Ralph McGinnis and was followed by an invocation by the Rev. Crewdson. In order to make the ceremony Osteopathic thruout, Dr. V. A. Englund, a graduate of the College, furnished the music, which consisted of four tenor solos, all of which delighted the audience and graduates.

The address of the evening was given by Dr. C. J. Gaddis of Chicago, who is Secretary of the A. O. A. and editor of the Journal of the Association. Dr. Gaddis' address included, among many other excellent points, a very applicable simile between the newly famous Lindberg and the young Osteopath starting out blindly, but with a definite goal in mind. It was his wish, and the wish of all, that each member of the Class would meet with equal success. The school and the Class appreciate the honor of having such a representative man from our profession with us on such a day.

Following the address, Dr. J. P. Schwartz, Dean of the College, presented the Class to Dr. C. W. Johnson, President, who conferred the degrees and awarded the diplomas. Dr. Schwartz then awarded the Honor Medals for the school. Dr. F. Don Baylor receiving the medal for Service and Dr. Campbell Ward the medal for Proficiency in Osteopathy.

An informal reception was held on the mezzanine immediately after the exercises. The Log Book extends to these new members of our profession, its very best wishes for their success.

Class of May 26, 1927

Francis Donald Baylor, Paul Theodore Barton, Gerald Beebe, Harold C. Belf, A. Josephena Brinkman, Catherine Bammert Brock, Harold James Brown, Jas. P. Brown, Phillip W. Bryson, Gertrude Jones Casey, Vernon Victor Casey, John Edward Cavanaugh, Joseph W. Clark, Ronald F. Cummings, Walter Bernard Damm, Ralph E. Davis, Grace Wagner DeWalt, LeRoy A. Doyle, E. Deane Elsea, Theodore R. Finney, Edward L. Flynn, Jesse Glenn Garton, George F. Gauger, R. W.

Gehman, Wm. Allen Ghost, Albert Graham, Edwin Thomas Groves, George Burrell Groves, Harry E. Hannan, Wade C. Holloway, Raymond F. Houghton, Walter Oliver Hopkins, William Kenneth Howes, James Arthur Humphrey, Leonard R. Jacobs, Charles E. Johnson, Bernard W. Jones, Frank J. Kronner, Turman O. Lashlee, Edward Richard Lamb, Sam J. Lillard, Thomas C. Mann, Paul C. Marquand, S. Jackson Montgomery, Jr., Howard VanSlyck Mott, Oscar H. Meyer, Roscoe W. Morgan, Irvin John Nowlin, Paul L. Park, Alton B. Patterson, Reginald Platt, Jr., Mary Jane Porter, Earl Hoyt Reed, Ross Buchanan Richardson, E. Lloyd Robinson, Lester Earle Schaeffer, Don Burton Sheets, Harold A. Sifling, W. LeRoy Skidmore, Leland W. Spencer, Vernon L. Springer, Ruth Jeanne Tiberghien, Mildred Juanita Trimble, Ralph VanNess, John Aaron Wadkins, Campbell A. Ward, Adalyah P. Warthman, Thomas L. Wilson, and George S. Wallace.

States Represented

Ohio	15
Iowa	12
Michigan	8
Illinois	5
Pennsylvania	5
Minnesota	3
Nebraska	3
Massachusetts	3
Washington	2
Connecticut	2
New York	2
Canada	2
Kansas	2
Missouri	1
Tennessee	1
Georgia	1
District of Columbia	1
Texas	1
Indiana	1
Rhode Island	1
Total	72

Missouri State Board Examinations

The following graduating members of Still College have taken the State Board Exams at Kirksville, May 23, 24 and 25th:

Lloyd and Opal Robinson, R. S. Houghton, T. O. Lashless, W. K. Howes, Ruth Tiberghien, W. C. Holloway, A. P. Warthman, J. P. Brown, Howard H. V. Mott, L. R. Jacobs, E. T. Grove, S. J. Lillard, John Wadkins, John Nowlin and W. O. Hopkins.

John Harvey, of the Sophomore class, took the partial exams there, at the same time.

Senior Day

Friday, May 20th, was designated as Senior Day, and as is the custom, the Senior Class had charge of the Assembly.

The first number on the program was a violin solo, rendered by Dr. Harold Sefling, accompanied by Mrs. Gladys Stribling. This offering was so well received that two encores were necessary. Dr. Thomas Mann next rendered two tenor solos.

When the well-deserved applause was silenced, the "Last Will and Testament" of the Class of 1927 was read by Dr. Walter Damm. Time was taken out for the presentation of a silver gravy bowl to Dr. Ralph Van Ness, by the Atlas Club.

After the completion of the Will, Dr. "Sheriff" Earl Reed, as chairman, introduced "Dr. Chester White" from "somewhere in Canada," who gave us some high points of Technique and Diagnosis. He had three patients, a native Hebrew, a high-low-brow, and a very beautiful female exponent of physical culture.

The part of Dr. Chester White was played by Reg Platte, the Hebrew by Charles Johnson, the brown boy by Ab Graham, and that of the beautiful female by Leland Spencer.

In the many take-offs, none of the instructor's favorite expressions were forgotten. Even Dr. Foman, who was giving a Review Course at the time, was remembered by "Ab" Graham, when he stated that "It's nasea—until I tell you otherwise."

This ended, not only assembly, but classes for the day.

Sigma Sigma Phi Banquet at Younkers

Sigma Sigma Phi held its annual semester banquet at Younkers Tearoom on Wednesday, May 18, 1927. All present had a wonderful time. Johnny Jones could not attend because he had been out the night before and got his best suit wet. We also were disappointed in not having our own Dr. Wood with us, because of convalescence at Des Moines General Hospital.

Dr. H. V. Halladay, Dr. Johnson and Dr. Butcher were honor guests, and speeches of deep thought were laid before the graduating members. President Lyddon was toastmaster and held the members agog when he limited Dr. Halladay to a five minutes speech and Don Baylor to three minutes. Both had to be stopped.

Visitors

The following parents and relatives of graduating members were here for commencement exercises:

Mr. and Mrs. Thomas Damm, Austin, Minn.
Mr. H. H. Finney, Meadville, Pa.

Mrs. Phillip Bryson, Albia, Ia.
Mr. and Mrs. C. A. Bryson, Iowa Falls, Ia.

Mr. and Mrs. O. D. Park, Cantril, Ia.

Mrs. R. S. Reesman, Farmington, Ia.

Dr. E. M. Schaeffer, Detroit, Mich.

Mrs. Rosa Schaeffer and son, K. P. Schaeffer, Grove City, Pa.

Mr. O. O. Schaeffer, Blairsville, Pa.

Mr. and Mrs. J. D. Ghost, Grove City, Pa.

Mr. and Mrs. G. D. Garton, Cambria, Ia.

Mr. Dwight Garton, Cambria, Ia.

Mr. James Humphrey, Montreal, Que.

Mrs. L. D. Tandy, Detroit, Mich.

Mrs. Mary Sheppard, Waverly, Ia.

Mrs. Ira E. Robinson, Albia, Ia.

Dr. and Mrs. G. C. Trimble, Montezuma, Ia.

Mr. and Mrs. G. E. Marquand, Grove City, Pa.

Mrs. N. Doyle and Beatrice, Clear Lake, Ia.

Mrs. S. R. Nowlin, Decatur, Ill.

Mrs. W. P. Wadkins, Aurora, Ill.

Dr. and Mrs. Eugene Tiberghien, Kansas City, Mo.

Dr. LeRoy Doyle had also as his guest, a friend, Elmer Luscum, of Clear Lake, Ia.

Miss Charlene Mowry, Dr. Belf's fiancée, of Detroit, Mich., was here for the exercises.

Dr. Mary J. Porter had as her guest, her sister, Mrs. J. W. Rankin, of Muscatine, Ia.

Osteopathy Holds These Advantages

It is a young and progressive profession and needful of more practitioners.

It is the first and foremost school of drugless therapy in the world today.

It is founded upon sound and scientifically proven theories and concepts.

It offers an honorable and well paying livelihood to the young man who is ambitious and desires a professional career.

The student graduating from an osteopathic college is scientifically trained and thoroughly capable of coping with every type of human ailment.

Summer O. B. Clinic

The Summer Obstetrical Clinic offers a varied field of experience to the student who wishes to make the most of his school work, and is willing to spend a summer at Still College to take advantage of this opportunity.

This also applies to the Doctor in the field, who wishes to take Post-Graduate work, and improve his obstetrical knowledge and technic. A month in the Summer Clinic gives the most experience in the least time, and under the greatest variation of circumstances.

The Clinic comprises all planes of living, from the lowest in the "slum districts," to the best families of the city, and all are accorded the same painstaking care and courteous treatment, before, during and after confinement.

In June, July and August of 1926, there were 12, 16 and 16 deliveries, respectively, or a total of 44. There were usually five students on each case, which allowed 220 observed deliveries.

The credits on each case are, 6 for delivery, 3 for attendance, and 3 for each after-call. Therefore, on the 44 cases there were 264 points for delivery, 528 for attendance, and 1188 for after-calls, or a total of 1980 points credit.

Except for emergency cases, all patients are treated for two or three months before confinement, and a urinalysis is run about every ten days, for which additional credits are granted.

At the present time there are registered in the Clinic, eleven cases for June, seven for July and six for August, with new registrations coming in each week.

The summer of 1927 offers a great experience for those who are fortunate enough to take advantage of it, due to the fact that there are enrolled only one-third as many students as there were in 1926.

P.S.G. Stag Banquet

On Wednesday evening, May 11th, the semi-annual Stag Banquet, in honor of the graduating members, was held at the chapter house, 3029 Grand Avenue.

After an excellent dinner, the speaker, Bro. Dr. Chas. McCutcheon, gave the farewell message, stressing professional ethics. Each of the graduating Brothers was given an opportunity to leave his final message with the remaining Brothers.

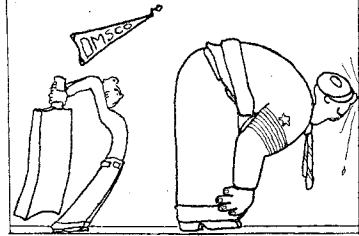
The graduating members are as follows:

Gerald Beebe, Ralph E. Davis, E. Deane Elsea, John E. Cavanaugh, Ronald F. Cummings, Howard V. Mott, Leonard R. Jacobs, Turman O. Lashlee, Leland W. Spencer, and Charles E. Johnson.

The annual Spring Formal Dinner Dance was held at 6:30 Friday evening, May 13th, at the Commodore Hotel. Favors in the form of silk scarves were found at each ladies place.

Forty-five couples attended, and dined and danced to the music of Craven's Orchestra of Cambridge, Iowa. As usual, the party was a great success.

FRATERNITY NOTES



MASONIC CLUB

The Masonic Club on Thursday, May 12th, held a banquet, followed by a business meeting, at the Grant Club.

"Doc" Fellows of Pioneer Lodge and Dr. E. G. Williams, pastor of Westminster Presbyterian Church, were the guests for the occasion.

After the various courses and splendid talks, the meeting was turned over to business affairs.

Harry McNaughton was elected President, David N. Shaw, vice-president and Scribe to the Log Book, and Joe Thornburg, secretary and treasurer.

This was the last meeting of the season for the club, which has had a very successful year, under the guidance of Bro. L. E. Schaeffer of Grove City, Pa., whom we lose by graduation.

The best wishes of the club go to all graduating members, for success in the field, as in their struggles at our Alma Mater.

SIGMA CHI OMEGA

Have your mitts extended, gang, because it is rumored, that Frank Wilson is going to walk the plank and plunge into the sea of matrimony, sometime this summer.

Several of our members attended the Osteopathic Convention, for the purpose of gaining knowledge and also to receive samples of Petrologar, etc. It was noticeable that Oscar Myers, an Atlas man, spent most of his time in the vicinity of the Standard Chemical Company's display. We know not why, for the beautiful young lady in charge, wasn't giving anything away.

"Tommy" Wilson is going to practice in Mason City, Iowa. Lots of luck to you, Tommy.

Don't forget, gang, — line up new students for next year, for we are planning on a larger organization and it's up to you to put it across.

ATLAS CLUB

Brother Ole Nicholson's nine months' hibernation is now at an end and he now has three months in which to work off his tired feeling.

Brother "Rabbit" Musselman is now ready to hop to Ohio.

Brother Skinner spent a quiet week-end "down on the farm."

Pledge Ward and Brother Wire blazed a midnight trail through the graveyard.

Brothers Hughes and Faus are now burning the Oregon Trail. They took a goodly supply of snake bite medicine along.

The following Brothers are well on their homeward journey: Gann, Monger, Utterback, Harmon and Welch.

Lost and Found—Bro. Doyle,

one suspensory; Bro. Weir, one flat tire; Bro. Fedson, one fraternity pin. Bro. Skinner, a place to spend the evening; Bro. Stingley, a place to board; Bro. McKeon, ability to talk in his sleep; Bro. Smith, one ear phone; Bro. Richardson, one cherry tree. Bro. Schaffer, one slender form; Bro. Ward, three room mates.

The Brothers of the club take this opportunity to congratulate Brother Hydeman on his ability to execute the art of "cow pasture pool."

Brothers Rockhill, Monger and Van Ness wish to announce their safe arrival in Turtle Creek Twp. Bro. Rockhill may be seen at any minute leading the turtles to water. Bro. Van Ness wishes to thank the members of the gravy bowl.

Brother John D. Harvey is wondering who I am.

Brother Dornbush hopes to be back in Stuberville and listed among the firing squad.

Brother Brown says: It won't be long, now," until he'll be saving his daily two cents postage.

Extract from the Turtle Creek Gazette:

We take great pleasure in announcing the engagement of Dr. Ralph Taylor Van Ness to Miss Florence Hill, of Lebanon, Ohio, to be an early event in June.

Iowa State Osteopathic Convention

The State Osteopathic Convention was held at the Fort Des Moines Hotel on May 26, 27 and 28, and was voted very successful and worthwhile.

Doctors C. W. Johnson, J. P. Schwartz and Robert Bachman from the College, each talked on subjects of great interest to the profession. Their subjects were, respectively: — "Our School"; "Acute Treatment" and "Obstetrics." Miss Ava L. Johnson also spoke, her subject being "Mental Hygiene."

The Hon. Fred Hunter, Mayor of Des Moines, gave the address of Welcome to the Association. He was followed by Dr. C. N. Stryker, President of the Iowa Association. Dr. R. B. Gilmour, President of the American Osteopathic Association, had the floor for part of the afternoon.

On Thursday evening, the majority of the delegates attended the Commencement Exercises at Hoyt Sherman Place.

The last day of the Convention was designated Clinic Day at the Des Moines General Hospital, where several clinic operations were made.

Are You Looking For a Location?

A wonderful location and practice is offered in Minnesota, in a city of 20,000 population. Write Dr. A. J. Schneider, Winona, Minnesota, for particulars.

The fellow who is always telling of the faults of others, reminds me of the man with a pock-marked face who laughs at another's freckles.



Around Our Merry Campus

Shoeless, he climbed the stairs, opened the door of the room, entered, and closed it after him without being detected. Just as he was about to get into bed his wife, half-aroused from slumber, turned and sleepily said: "Is that you, Fido?"

The husband, telling the rest of the story, said: "For once in my life I had real presence of mind. I licked her hand."

Doctor—Your wife suffers from insomnia? Are there any serious consequences?

Visitor—Yes. When I come home late she is always awake.

Knowledge is an accumulation of facts; wisdom is an accumulation of sore spots.

AT LAST

"When I was a little boy," the sergeant addressed his men, "I had a set of wooden soldiers. One day I lost those soldiers and I cried very much. But my mother said, 'Never mind, Tom, someday you will get your wooden soldiers back.' And believe me, you bunch of wooden-headed dumb-bells — that day has come!"

HOW SHE DID IT

A negro mammy had a family of well behaved boys. One day her mistress asked: "Sally, how do you raise your boys so well?" "Ah raises 'em wid a barrel stave and ah raises 'em frequent, Missy."

Rastus—Dat baby of yours am de perfect image of his daddy.

Rasta—He suah am. He am a regular carbon copy!

Scotch Lady (to porter) — I understand that under the rules, tips are forbidden on this car.

George (himself)—Yassum. So was dem apples in de Garden ob Eden.

PRIVATE AFFAIRS

The teacher was giving a lesson on the Creation.

John interrupted with the remark: "My father says we are descended from the apes."

Teacher—"Your private family matters have no interest for the class."

Teacher—"The sentence 'My father had money,' is in the past tense. Now, Mary, what tense would you be speaking in if you said, 'My father has money?'"

Mary—"Tretense."

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY

PresidentC. W. Johnson

Editor.....L. J. Grinnell

Osteopathy Without Limitation

A Tribute for Service

Of Dr. F. Don Baylor it can be said, to know him was to appreciate him. A man of sterling character and outstanding ability. His unassuming attitude and jovial disposition won him many friends, who will regret his departure.

During his course at Still College, besides carrying on his regular school work, he edited the Log Book for three years, and was editor-in-chief of the Stillonian during his Senior year.

The honor medal for Service was awarded him upon graduation.

A man of his ability will be greatly missed by Still College, but its loss will be the gain of the Des Moines General Hospital, where he takes up his duties as interne on June 1.

As a Man Thinketh

If a man thinks everyone is against him, he will soon begin to treat them so they will be. If he thinks everyone is his friend, he will treat them right, unconsciously, and they soon will be his friends. The man who lives his daily life according to this formula has in his make-up a spark of sound and true philosophy that will make his life brighter. If we put into all the relations with our fellows a full measure of friendliness and good will, we are pretty sure to get it back full and overflowing. On the other hand, if a man is suspicious of everybody, everyone will be suspicious of him. The man who goes about looking for a fight is sure to get licked some day, good and plenty.

True friendliness is founded on sincerity. And sincerity is about the only thing in this world that can't be counterfeited. The impulse toward friendliness springs from the very soul of a man.

The world needs friendliness, and kindness, and good will. Not Sundays only, but every day in the week, and every hour of every day. Think friendly thoughts. If you've got a soul, don't be ashamed of it. Bring it into the office with you. For the soul is the source and fountain-head of every good and worthy impulse.

Put your faith in men. Believe they are your friends, and they will be. — (Earnshaw Press of Boston.)

"Go to a friend for advice, a stranger for charity, and a relative for nothing" is a piece of advice an "old timer" gave me years ago.



Inter-Fraternity Relay

For the third consecutive time, four speed artists representing Iota Tau Sigma stepped their way over the medley relay course to win the Iota Tau Sigma Inter-Fraternity Trophy by a goodly margin. This victory gives them permanent possession of the first cup to be presented.

Captain Watkins got off to a good start in the hundred, and although he was closely pressed by Plude, of the Barbs, he gave the fleet Loghry a yard advantage at the passing of the baton. The 220 yard flash took advantage of a smooth exchange of the stick and held a three yard lead when he handed the baton to "Red" Lang. Phi Sigma Gamma and Atlas runners were bunched close behind the leader, in the order named.

Lang fought his way every step of the 440 and never relinquished the terrific pace with which he started, while Phi Sig and Atlas speedsters were at his heels.

When the veteran Kale started the half-mile he was expected to soon leave the rest of the field, but Heinlan of the P.S.G.'s had different ideas and stuck right to the leader until the last turn, where he wearied and the former Ohio Wesleyan star sprinted to victory. Fourth place went to the Atlas quartet, while the Barbs finished last.

The winning of the trophy rewards the earnest efforts of Capt. "Birdie" Wadkins and "Peal" Loghry, who have lead the opposition at their distances three straight years. Wadkins is a former Illinois high school star, while Loghry ran for West Minister and Hobart colleges in the Penn Relays.

Too much credit can not be given to Ray Kale, Ohio Wesleyan star and three times Big Six mile champion of the Buckeye state. "Rev" took care of the half mile stretch for the last two years and has never had an equal at his distance in the Osteopathic institution.

"Red" Lang was a newcomer this year but he showed himself to be a capable quarter-miler who can stand the pace he sets and was without doubt, a worthy member of the winning combination.

Although the Iota Tau Sigma runners have all been men of outstanding ability to traverse their distance in fast time, the most prominent thing has been the speed and accuracy with which they passed the baton. This factor has given them an early lead each year, and they have never failed to hold it thru-out.

Laughter—not sighs—scares troubles away.

Tennis Tournament

A veteran of many hard-fought court battles thruout New England, Howard "Baldy" Mott, handily won the initial Dean's Trophy which has been donated by Dr. Schwartz. The champion swept thru each round and had little difficulty disposing of his opponents, after Ken Ward succumbed in a spirited battle of the first round.

It was rather unfortunate that the feature match of the tournament should occur in the first round's play, but this is a common happening where the draws are not seeded. Ward was the dark-horse and it was wholly unexpected that he would give Mott any difficulty. The first set was a nip and tuck battle all the way and it was the winner's deadly accuracy with his forehand drive that finally settled the margin of victory. The score was 8-6 and after "Baldy" was in top form to make the next set 6-1.

The others who survived the first rounds competition were Cassis, Van Ness, Schaeffer, L. E. Dornbush, Harvey Mac Dougal and Cam Ward. Practically every match was close and the condition of the winner was the deciding factor. There was a noticeable lack of steady serving ability while a number of the contestants displayed surprising accuracy with the back hand stroke.

In the upper bracket of the semi-finals Van Ness and Mott advanced to their positions by rather easy victories, while in the lower half, Dornbush won by forfeit and Harvey was extended to the limit to take a 6-4, 8-6 duel from Cam Ward.

Van Ness could not get his ground strokes to working and consequently Mott disposed of him in short order 6-0, 6-3 to go to the finals. "Baldy" hit a fast pace all the way and was in trouble but once, when he dropped three in a row by driving out of bounds.

John Harvey kept up his great serving and chop strokes to completely smother the aggressive Dornbush, 6-3, 6-2. This was Harvey's second match of the afternoon and during the last set he began to show the effects of the heat.

In the final session between Mott and Harvey, the former displayed deadly driving power and sent his back-hand chops deep into back court territory. It was not long before the loser began to weary under the stress of Mott's accuracy and the strain of three matches in one afternoon. Harvey's serve lacked the speed and deception that had gained him numerous points against other opponents. "Baldy" played steadily to win each point, finally sweeping to the championship by a 6-3, 6-1 score.



Barbs Win Baseball Trophy Again

For the second time in as many years, the Barb ball tossers have climbed to the top in the Inter-Fraternity league and pulled down the Sigma Sigma Phi Trophy. This time they were victorious in the Stillonian Day play-off of the tie for first place, by letting down the Atlas nine 3-2.

The contest was one of the best ever to be staged in the Osteopath league, and both teams played heads-up ball thruout. However, the Non-Frats got a little the best of the twirling and played every break for what it was worth, while the Atlas boys failed to come thru with the bingles when they could have counted runs.

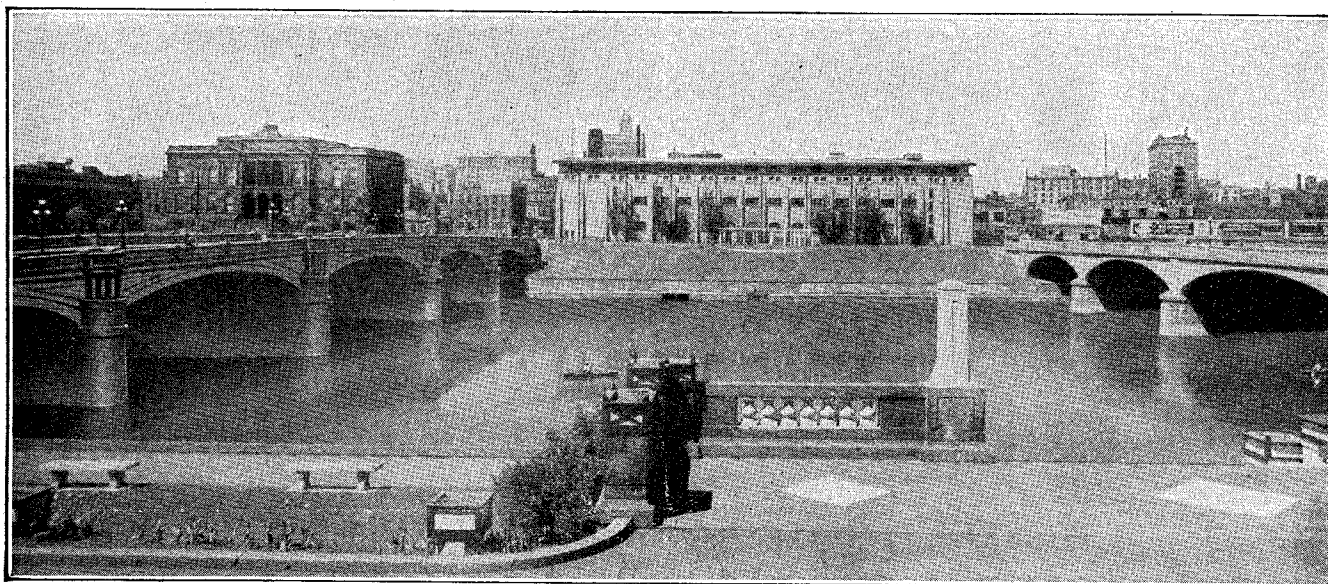
In the very first inning the Frat lads crossed the platter, when Parks counted on an error after he had walked. Following this, Johnson tightened down and had the opposition whiffing the air. He allowed just one bingle up to the last stanza. Errors placed two Atlas runners on the paths in the fourth and it looked like the game would be put on ice there, but the next three batters were sent back to the bench via the strike-out route, and the clouds had rolled by.

The Barbs threatened in the first when they put two men on bases with one down, but the next man fanned and the runner from second was hit by a batted ball, ending the session. Dornbush was slipping them by with ease, up to the fourth, when Clark singled, stole second and third, and romped home on an infield out. This tied the score. Two hits and an error sent over another counter in the fifth, when Capt. Nesheim dented the plate.

The Atlas men made a grand effort in the final inning to pull the contest out of the fire, and threw quite a scare into the winners. Parks started the fireworks with a single and went to third when Sheets sent a line single to right. Don stole second. Johnson decided it would be best to walk the slugging Dornbush, and passed the twirler with four wide ones. However, the Barb flinger could not find the plate when faced him and issued another free ticket. This forced in Parks with a run.

L. E. Schaeffer tried hard to save the day and bring glory to his name, but his smash was barely knocked down by the Non-Frat pitcher, who threw to first and nipped the runner by a hair. Had Johnson not gotten his glove in front of the blow, at least two runs would have counted and sent the Barbs down to defeat.

It was a fitting climax for a close and well played contest. Dornbush pitched wonderful ball, considering that he was suffering from a painful sore arm. Only three hits were obtained off the speedy delivery of Johnson, while the Non-Frates nicked Dorny for seven safeties. Sheets and Parks starred at the bat for the Frat men, while Clark, Springer and Capt. Nesheim were the Barb sluggers.



CLINICAL OSTEOPATHY

MAY BE purchased in book form. An excellent treatise has been published on this subject. Here in Des Moines, we not only read it but see it demonstrated.

THE 1928 A. O. A. CONVENTION

Should meet in Des Moines for this reason: A city large enough to take care of all necessities for an ideal Osteopathic meeting. A city of interest to practitioners for the reason that a large percent of the public takes advantage of the facilities offered by the School and Hospital in their clinical departments. *Osteopathy is appreciated in Des Moines!*

FOR THE STUDENTS

The ideal school is one that combines the theoretical with the practical. Des Moines offers both, with the added advantage of part time employment to aid the student in meeting expenses.

Boost for ~~_____~~

The Des Moines Still College of Osteopathy
and
Des Moines, the 1928 Convention City

Entered as second class matter, February 3rd, 1923, at the post office at Des Moines, Iowa, under the act of August 24th, 1912.

THE LOG BOOK

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Volume 4

JUNE 15, 1927

Number 23

Extra!--A Dream Realized--Extra!

Still College To Be Housed In A New Building!

Education Versus Propaganda

The difference between the two is often this: when your side of the case is given publicity, that is education; when your opponent publishes his side, that is propaganda.

To the propagandist "learning" is passively accepting something, to the educator learning comes by examining. The former is more concerned with the force of his arguments than the accuracy of his statements. But the educator strives for the open mind. Harvey, the man who discovered the circulation of the blood, declared that there was no use trying to tell his theory to any doctor over forty, as a new idea would have no chance with folks of fixed notions.

Last year, when New York papers reported that medical workers had discovered that correcting pelvic twists cured, not merely head and back aches, but lumbago, sciatica and neuralgias, Arthur Brisbane stated the next day that osteopaths declared these facts five decades ago and the other doctors only laughed at them.

Facts are what folks want. The well-being of humans is too serious a matter to play with.

If osteopathy had been a delusion of some zealot's brain, there would not be, after fifty years, thousands of well educated, trained physicians practicing its tenets. There would not now be an increasing number of osteopathic colleges, hospitals, sanitariums and public clinics, nor would there be postgraduate schools and research institutes, nor a million who depend on the services of these physicians to keep them fit and restore them to health.

If osteopathy is a safer, quicker and more natural way of restoration and keeping well, should not the world know about it? When pneumonia remains a disease unconquered by other methods, and if osteopathy seldom loses a case, should not friends and neighbors have these facts brought before them? If scores of other acute and chronic conditions receive ready relief, if the spines of growing children

can be kept straight and their bones and organs from the feet up can be brought to normal, if a large percentage of nervous and mental cases can be restored, would those who know and understand these facts be guiltless if they did not try to let the world around them know?

Osteopathic physicians and surgeons can hardly be accused of trying to find an easier and shorter course to practice the healing art, for our graduates must have a high school or college certificate before they start on the four-year course, our surgeons taking extra years of work before practicing.

Why Wisconsin?

1. Because there are comparatively few osteopathic physicians in the state—78 to be exact.
 2. Because there are many places, too numerous to mention, where those who have become acquainted with the merits of Osteopathy are very anxious to have a D. O. in their town.
 3. Because there is a strong organization in Wisconsin—87% of the practitioners being members of the state association.
 4. Because there are also three active District Societies, each of them meeting monthly—all easily accessible to all localities, thus permitting close contact and better development.
 5. Because the state publishes a map—an osteopathic map—showing all available locations and prospective opportunities.
 6. Because Wisconsin will do everything possible to assist any one to decide upon a location.
- Address Dr. E. J. Elton, 123 Wisconsin Ave., Milwaukee, Wis.

THE REPLY DISCOURTEOUS

While on the subject of the quiz, we are reminded that in colonial Massachusetts, the board of four medical examiners for military doctors was known for the severity of its examinations.

In reply to the question: "What would you do to sweat rheumatic fever?" one impetuous candidate replied: "Turn the patient over to the examining board."

The fewer favors you accept, the less obligations you'll have to meet.

Just as the present issue of the Log Book is on the press, the announcement that we have been waiting for has come. Note the official word from our President, Dr. C. W. Johnson, who has been the leader and the driving force for the last several weeks, in bringing this dream of the Board and Trustees to a gratifying end.

This issue of the Log Book cannot carry the detail for your complete information. We have stopped the press and made up this issue again for just this much. More will follow in the next issue and you will be shown the floor plans and general arrangements of our new home.

For the past two months the Trustees have been working on this proposition. Our temperature has gone up and down as its completion approached and then receded as various annoying

matters came out. However, the worry is all over. We can now go ahead and assure you that when you are in Des Moines next, that you will see the college in new quarters, away from the honk of auto and the scream of loud speakers.

The new building that the college is taking over is located on Sixth Avenue, about three minutes walk from the business district. Sixth Avenue is the main traffic artery from the business district to the North Side. Many thousands of people pass this location, on street car, in auto, or walking. From an advertising standpoint, the location could not be better. It is close enough to the business district so that students who are doing part-time work will be able to continue. It is on a car line that gives excellent service and makes convenient connections with the entire system. Sixth Avenue is wide and newly paved and naturally is used extensively by automobiles. The new location is ideal for the student and for the clinic.

Only slight alterations will be necessary to make the building perfectly appointed for our uses. These plans have been gone over carefully, and at an early date the remodeling will begin, so that students returning for work next fall will not go out to the old place on Locust, but to our new address on Sixth Avenue.

Plans at present are that the offices and treating rooms will be moved first so that there will be no interruption of the clinic work this summer. By the middle of August the old original building, that has done its part in the education of so many of our profession, will have passed into a memory. But our elation knows no bounds! This is another advance for Osteopathy! Watch our next issue for detail.

June 10, 1927.

To the Editor of
The LogBook:

It is gratifying to be able to announce to you, officially, that the deal for a new college building is consummated. This is the fruition of a number of months' planning, on the part of the officials and the Board of Trustees. Therefore, we are in a frame of mind that promises well for the future of the school.

C. W. JOHNSON,
President

More Osteopathic Hospitals Needed

The powers that rule the hospitals, sanatoriums and like institutions of our country, decree that practitioners of one school alone shall have access to these hospitals with their patients. In every center, osteopathic physicians have been forced to establish their own separate hospitals and sanatoriums, in order to care for their patients under all sorts of conditions.

Nearly one hundred of these institutions are already in operation; institutions equal to the best, that serve rich and poor alike. This has been made possible by the generosity of our friends, who have provided a large measure of the funds and helped in their management—hostelries for folks who are sick or in need of rest.

Will you help start one of those needed institutions in your center?

It isn't what you start that counts—it's what you finish!

New Locations

As the Log Book goes to press, the following information of locations of the Class of 1927, has been turned in:

Dr. F. Don Baylor is interning at the Des Moines General Hospital, while Drs. Harold Brown, Ross Richardson, LeRoy Skidmore and Campbell Ward have all received internships at the Detroit Osteopathic Hospital.

Dr. Thomas Mann will be at the Liberty Hospital at St. Louis, Mo., and Dr. Adalyah P. Warthman, after taking the Nebraska State Board, will intern at Mercy Hospital, St. Joseph, Mo.

Drs. Beebe, Belf, Kronner, Schaeffer and Spencer will take the Michigan Board, and expect to open their offices in that state.

Dr. Paul Barton is caring for the practice of Dr. Runyon of Correctionville, Iowa, for about a month, after which he will go to Illinois. Drs. E. T. Grove, Hopkins, Nowlin and Wadkins, also expect to practice in Illinois.

Dr. Josephena Bowman will take the Ohio and Nebraska Boards, while Dr. Herman Brinkman will take both the Iowa and Nebraska Boards. Drs. Gertrude and Vernon Casey, Grace DeWalt, George Groves and Oscar Meyer will also take the Nebraska examinations.

Ohio, as usual, claims several of our graduates, as Drs. J. P. Brown, Harold Sifling and Ralph Van Ness are going there, as is Vernon Springer.

This year, Iowa claims Drs. Phillip Bryson, LeRoy Doyle, Theo. R. Finney, J. G. Garton, H. E. Hannan, M. J. Porter and Mildred Trimble.

Drs. Walter Damm and Ralph E. Davis are expecting to locate in Wisconsin.

Dr. Earl Reed will enter a practice at Wray, Colorado, and Dr. Ira DeWalt will go to Denver, Colorado.

Dr. H. V. S. Mott has gone to Providence, R. I., and Dr. T. O. Lashlee to Camden, Tenn.

The Log Book will be glad to publish the addresses as soon as they are definitely decided upon.

What This Country Needs

What this country needs is not a new birth of freedom, but the old-fashioned \$2.00 lower berth.

It isn't more liberty, but less people who take liberties with our liberty.

It is not a job for every man, but a real man for every job.

It isn't to get more taxes from the people, but for the people to get more from the taxes.

It is not more miles of territory, but more miles to the gallon.

It isn't more young men making speed, but more young men planting spuds.

It is more paint on the old place and less paint on the young face.

It is to follow the footprints of the fathers instead of the foot-steps of the dancing master.—(St. Paul Crescent.)

Last Will and Testament of Class of 1927

We, the members of the Senior Class of Des Moines Still College of Osteopathy, being of unsound mind, do hereby make and declare this to be our first and last Will and Testament, hereby revoking any and all wills by us at any time heretofore made:

Item 1. We request that all funeral expenses and any unjust debts be first paid out of our estate.

Subject to the foregoing, we, the individual members of the Class, bequeath all property and idiosyncrasies possessed, as follows:

1. I, Herman Brinkman, bequeath one elongated equine nose to Sam Bloom. May he carefully guard same and keep it outstanding before all students of Still College.

2. I, R. W. Gehman, bequeath my sunny disposition and front right seat of the left lateral half of this assembly room to Walter Cuff.

3. I, Ralph Taylor Van Ness, bequeath to Scotchman Harry Skinner, one worn-out Tuxedo and my ability to associate with the "Upper 400."

4. I, Mildred Juanita Trimble, bequeath and assign my one and only plaything, "Slim Jim" Fedson, to Lillion Tracy.

5. I, Ted Finney, bequeath to any ardent lover, my secret on "How to Clear Out of a Park."

7. I, Leland W. Spencer, bequeath my repertoire of bum humor, classy readings, and "racy" stories, to one Duroc Bull, commonly known as Lew Stingly.

8. I, Aulton B. Patterson, bequeath to Wayne Meyers, one bottle of Lemon Extract and my Bootleggers Directory.

9. We, Ruth Jeanne Tippergean and Ken Howes, bequeath our formula on "How to be Happy Alone", to Jack Steckler and Grace Abolt.

10. I, Paul C. Marquand, bequeath my superior knowledge and wealth of hair to Baldy Gillman.

11. I, Wade C. Halloway, bequeath to Still College students, one bag of Georgia Salted Nuts.

12. I, Leonard R. Jacobs, will to "Red" Stuart, my wiles with the fair sex.

13. I, Katherine Bramert Brock bequeath to Grace Abolt, otherwise known as "Perfect 36," my ability to diagnose and understand children.

14. I, Oscar H. Meyer, bequeath my ability of tolerance to be "kidded", to Cowboy Hughes of Oregon, known as "Rarin' to go, and nothin' to ride."

15. I, Phil Bryson, bequeath my golf clubs and kodak to Dr. Bachman.

16. I, Paul L. Park, bequeath to John Harvey, one nurses' internship to the Des Moines General Hospital.

17. I, Jesse Glenn Garton, bequeath to Bill Johnson, my contract to pitch ball for the New York Yankees.

18. I, Gerald Beebe, a resident of Lawton, Michigan, a suburb of Paw Paw Lake, bequeath to one

constipated patient, my refillable bottle of Colfax water.

19. I, Gertrude Jones Casey, bequeath my maiden name "Murphy", to Miss MacDougall.

20. I, Vernon Victor Casey, bequeath my middle name and favorite "tale", or story, to Reeter.

21. I, Harold A. Syphling, bequeath to Jack Steckler, all of my earthly possessions, except violin and bow.

22. I, Thos. C. Mann, bequeath to my successor, one Irish tenor voice and one pair of lacerated pants.

23. I, Edward Richard Lamb, bequeath to Ole Nicholson, one stuporous state of mind, which I was in on my trip to Kirksville.

24. I, Harry E. Hannon, will my endurance record at D.M. S. C. O. to Russell Wright.

25. I, Edward L. Flynn, bequeath to Fred Nazarene, my annual ticket to the Cotillion and one dozen slides and cover slips to Durwood Wire.

26. I, Adalyah P. Worthman, bequeath to Jack Nichols, my wife's jobs and a "mess" of knowledge.

27. I, Ross B. Richardson, bequeath to John Jones, one pair of rubber gloves and one tube of K. Y. jelly.

28. I, Francis Donald Baylor, bequeath to "Red" Smith, my commissions on contracts with The Homestead, and other Stillonian deals.

29. I, Lester E. Shaffer, bequeath to Fred Dunlap, one Irreparable Lesion.

30. I, Stonewall Jackson Montgomery, Jr., bequeath to Karl Harmon, one acre of Kansas oil land.

31. I, George B. Grooves, bequeath to Stan Evans, one hypodermic syringe, one pile driver.

32. I, James Arthur Humphrey, bequeath to any competent personage, one Dodge coupe.

33. I, Campbell A. Ward, bequeath one little Norwegian to Art Lytton of Sweden.

34. I, Thos. L. Wilson, bequeath to Lawyer, one Red Flag and one ticket of admission to the next Socialist Convention.

35. I, Don Burton Sheets, bequeath one extra set of false teeth and my ability to execute the Cuban Grind, to M. Widmer.

36. I, Irvin John Nowlin, bequeath my social reputation, to "Red" Maxfield.

37. I, G. S. Wallace, bequeath and assign to John Martin, my vast host of friends.

38. I, Howard Van Slyck Mott, bequeath to one Harry MacNaughton, one moth-eaten penny and one free ticket to watch the new signal system, recently installed.

39. I, Ronald F. Cummings, will and bequeath one membership card in the Spiked Country Club, to Weldon Loerke.

40. I, Sam J. Lillard, sometimes known as "Rugged Sam", bequeath to MacIntosh, one chocolate colored patient for experimental purposes.

41. I, John Edward Cavanaugh, leave to the original owners, all neckties which I have used during the last three years.

42. I, Ralph E. Davis, sometimes known as "Stinky" Davis,

(Continued on page 3)



Around Our Merry Campus

SAFETY FIRST

Tony was having his second son christened and, being very anxious to have his name recorded correctly on the birth certificate, remarked to the clergyman:

"Will you please name my baby same as I give ya?"

"Tony, why do you make such a request?"

"Well ya see—it's lika dis: My first boy I tella ya I wanta heem chris'nd 'Tom' and ya putta on heesa paper 'Thomass.' Now I wanta dis boy name 'Jack' and no wanta heem name 'Jackass.'"

Doctor—Have you taken every precaution to prevent the spread of contagion in your family?

Lady—Absolutely, doctor. We have bought a sanitary drinking cup and we all are drinking from it, now.

Doctor—Lady, your son has the measles in the worst form.

Wealthy Mrs. Green—Why, we are rich enough to afford the very best, Doctor.

THE INNER COG

I'm but a cog in life's vast wheel That daily makes the same old trip,

Yet what a joy it is to feel, That but for me the wheel would slip.

'Tis something after all to jog Along, and be a first class cog.

If you have anything to say, say it, and with as few words as possible. That is what Abraham Lincoln did, and the world still remembers and repeats what he said.

Fighting Chance

Mother—I wouldn't spank baby this time, Robert. Wait 'till he does it again.

Father—But suppose he doesn't do it again?

Opportunity

Seek not for fresher fonts afar, Just drop your bucket where you are;

And while the ship right onward leaps, Uplift it from exhaustless depths.

Parch not your life with dry despair;

The stream of hope flows everywhere—

So under every sky and star, Just drop your bucket where you are!

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY

President C. W. Johnson

Editor L. J. Grinnell

Osteopathy Without Limitation

The Age We Live In

Talk about the "good old days" as we like, the fact remains that we live in a wonderful age, perhaps the most wonderful in human history. It would take columns just to enumerate the improvements we enjoy, improvements which would have seemed miracles to our forefathers and which are everyday affairs to us.

Science has wrought wondrous changes in the conditions of living, and osteopathy is one of its most beneficial developments. Just as other pathfinders of science discovered undreamed of powers in earth and air, so Andrew Taylor Still, the founder of osteopathy, discovered undreamed of powers in the living human body, powers which are as much at our service as the powers around and above us.

Are we helping or hindering these powers within us, in their work of maintaining and restoring health? We cannot ask a more practical question.

The Pessimist

The Pessimist of today is a modern mud-slinger.

He is the critical, hair splitting member of the human race, that goes about belittling the efforts of the fellows that are builders—some in a large way and others in a small way.

The Pessimist is a habitual and confirmed kicker. He rises up in the morning and goes about handing down critical decisions on every conceivable issue. Sceldom is he constructive, because a pessimistic mind is invariably the father of destructive thots.

It doesn't require skill on the part of any mortal to be a Pessimist. He is a sort of parasitic barnacle on the body social and is anti in thot and deed.

Scorn the Pessimist.

Success and failure are, first of all and above all, states of mind. Like the cocoon, we spin our web out of ourselves. Everything comes from within; nothing merely happens. The world is a mirror which gives us back scowl for scowl, pessimism for pessimism, success for courage—and faith in the thing we are trying to do.—(Ruby Cross.)

Should not every apartment in which man dwells be lofty enough to create some obscurity overhead, where flickering shadows may play at evening about the rafters?

Newer Things in Science

The Situation in the Radium Industry

Although radium has been found in many other countries, the United States has been the principal producer, about 150 grams (worth \$20,000,000) are here in use, of which 90 per cent has come from Colorado and Utah.

Ten companies have been in operation. Five are now operating and approximately \$10,000,000 has been expended by them in mines and plants.

The American deposits are spotty and difficult to locate and contain only about 2 per cent uranium oxide, which is handsorted into bags and carried by mule-back several miles to motor trucks, then to a narrow gauge railroad, and later by standard gauge railroad to Denver. It will be noted that 98 per cent of these freight charges are a total loss, yet because one pound of acid is required for each pound of ore, it is still not profitable to treat the ore at the mines.

Besides these physical difficulties, 200 to 400 tons must be treated to produce one gram of radium.

Rich ores were discovered in 1913 in the Belgian Congo, but the war stopped their development. The Belgians kept this discovery secret, because they could not foresee the victorious outcome of the war. Even since then, nothing was published until their plants were completed.

The result then was considerable concern on the part of American producers, for notwithstanding a 2000-mile trip down the Congo River, rail to the coast and thence by ship to Antwerp, this company can undersell the American product by a large margin.

A conference between American and Belgian Companies has resulted in a joint selling organization to market radium throught the world.

To convince the physician of the value of radium, is only the first step in its use. Radium is a dangerous element and the companies have had to create post-graduate schools.

Besides its medical and phosphorescent uses, the companies would not be surprised to find many new commercial activities depending upon radium, for it has possibilities as a catalyzer and ionizer.—(Science.)

Are You Looking For a Location?

Dr. Chas. F. Frazer writes, saying he still has the best practice in California, at Escondido. He wishes to turn it over to some good osteopath because of advancing age, and will sell it, with furniture and fixtures, for a nominal sum.

If interested, write to Dr. Chas. F. Frazer, Box 543, 250 Indiana Avenue, Escondido, California.

In poetry, as in all things, quantity is generally achieved at the expense of quality.

Cycles in Antisepsis

The wise men of old, long ago recognized the cycles of human life, of the world we live in, and of the universe.

Even the progress of human thought and development moves in cycles.

The seasons of the year, the coming of day and night, the visitations and other phenomena of the heavenly bodies, are all reminders of the cycles through which we live and die.

Medical progress, although at times appearing to be swift, is really a step forward and a step backward and a turn in a cycle.

The French have a very expressive proverb: Si jeunesse savait! Si vieillesse pouvait! If youth had the knowledge! If age had the power!

Youth scoffs at and casts aside the experience of age, only to come back to it at some later time, modifying, changing, adding its own bitter-sweet findings. Youth is now age. Again the cycle.

Take the matter of antisepsis. In Lister's time, everything was carbolicized. Then came bichloride. Then iodoform. Then the cresols. Later peroxide. Iodine startled the world, followed by various iodine compounds and derivatives.

Then Physiology dictated the new mode—Use no antiseptics; use sterile saline solution or water.

The War soon proved that mere asepsis is not enough, and brot forth the hypochlorites, also meritorious. The vuzins and the acriflavines are among the most recent newcomers.

With all this slow progress, bichloride, carbolic and cresol are again finding favor with many who have been "thru the mill", or rather around the cycle, and have found them more than satisfactory—when judiciously used, and judiciousness in use comes only by experience, by at least one complete trip around the cycle.

K. C. O. S. Handed Over to the Profession

Tuesday, May 17, 1927, was a red letter day in osteopathic history, for it marked the beginning of a new era in the development of osteopathy's largest educational institution. With befitting ceremony and celebration, in which representatives of many departments of professional activity took part, the Kirksville College of Osteopathy and Surgery was given to the osteopathic profession and deeded to a board of trustees who will act as the profession's representatives.

The close of the Kirksville college's days as a profit-making institution was marked by the burning of mortgage stocks and bonds to the value of half a million dollars. The burning act was performed by Dr. George M. Laughlin, who was the central figure in the day's proceedings.

A detailed report will be given in the June issue of the A. O. A. Journal.

Last Will and Testament of Class of 1927

(Continued from page 2)

leave my body for experimental purposes in technique.

44. We, Harold James Brown and Mary Jane Porter, leave to the members of the Junior Class, our newly patented pneumonia jacket.

45. I, George Gauger, bequeath to Dusty Durwood and Ken Ward, my breezy harmonica.

46. I, Raymond S. Houghton, leave my Sophomore nickname—"Argie"—to Raymond Kale.

47. I, Harold C. Belf, bequeath to Frank Wilson, my pill bag and marvelous command of the English language.

48. I, Chas. E. Johnson, bequeath to Joe Flasco, my book on elocution and my ability as a reader, especially in reciting of poetry.

49. I, Leroy Skidmore, alias Jesse James, bequeath my Scotch ancestry and printed knowledge to Sandy Wright.

50. I, Windy Turman Lashlee, bequeath to Chester Tout, my slightly battered horn.

51. I, Ira M. DeWault, bequeath to the Still College Osteopathic Association, one \$85,000 hospital, located at Wayne, Neb.

52. I, Grace Wagner DeWault, leave my husband.

53. I, William Allen Ghost, otherwise known as "Booh", bequeath my microscopic penmanship to Dr. Steffen.

54. I, Leroy A. Doyle, bequeath to Dud Smith, my summer home, barn, and string of horses.

55. I, E. Dean Elsea, sometimes posing as Dr. J. P. Schwartz, bequeath to Clarence Leibum, my professional atmosphere, large clientele, lucrative practice, and meal job.

56. I, Reginald Platt, Jr., bequeath to Dr. Johnson, my agility and ease to interpret difficult manifestations of Tabes Dorsalis.

57. I, Opal L. Robinson, bequeath to Cecil Musselman, one bottle H2O2.

58. I, Earl Hoyt Reed, bequeath to Bob Ross, one pain pill, one bottle of cough syrup, and one plug remover.

59. I, Theodore Paul Barton, bequeath to Lee Lindbloom, my ability to be inconspicuous.

60. I, John Aaron Wadkins, bequeath to "Hap" Nowlen, my position as chambermaid to one canary bird and a German police dog.

61. I, Edwin Thomas Groves, bequeath to the American Osteopathic Association, my cure for paralysis agitans.

62. I, Joseph W. Clark, bequeath to Still College, one K. K. sheet to be used for a kimona.

63. I, Lloyd Robinson, bequeath to Bob Bryson, my position at Stocker's cafe.

64. I, James P. Brown, leave to Still College, one quart of C2 H5-OH, otherwise known as Alcohol, and fifty million women. "How about her?"

It was the employers of the country, and not the medical fraternity, who first discovered the symptoms of "hookworm" and "sleeping sickness."

REELECTED!!! - - WHY???



DR. BERTHA CRUM

MRS. K. M. ROBINSON
Secretary

DR. E. E. STEFFEN
Treasurer

DR. C. W. JOHNSON
President

DR. J. P. SCHWARTZ
Dean

DR. R. B. BACHMAN

DR. H. V. HALLADY

At the last meeting of the corporate board of the Des Moines Still College of Osteopathy, this group, having served the college in the capacity of trustees, for the past year, was elected to repeat their work of the past. As a result of complete cooperation among the various members, the school progressed students were better satisfied, the faculty has given better service, and all departments have shown improvement.

Ask our students, then send your students to the school that satisfies. The professions college for over fourteen years!

We will see you in Denver this year.

You see us in Des Moines in 1928.

Des Moines Still College of Osteopathy

DES MOINES, IOWA

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THE LOG BOOK

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Volume 4

JULY 1st, 1927

Number 24

ANENT, The New Still College

Osteopathy in Iowa is on the boom! We anticipate the coming of the A.O.A. Convention to Iowa in 1928. And now we are informed that the Des Moines Still College has definitely completed the deal for new college quarters. We rejoice with them. This will mean a material stimulus to Still College. It will give them an opportunity to broaden their activities and scope of usefulness. It will give them better facilities to function in their capacity of making capable Doctors of Osteopathy. It will enhance public interest in our profession. It will boost Osteopathy in Iowa. We congratulate the Still College on successfully negotiating this proposition.

C. N. STRYKER, D. O., Pres.
Iowa Osteopathic Society.

After living there for nearly thirty years, Des Moines Still College of Osteopathy is leaving the old home place on Locust St., having outgrown her quarters, and is moving into new and more commodious quarters on Sixth Ave., the main north and south thoroughfare of Des Moines.

The new home, locally known as the Western Life Bldg., is of concrete-steel-brick construction, fire-proof thruout, including the doors, windows, elevator shafts, and staircasings, and on the front elevation is faced with white pressed brick. The construction is such that it will carry seven stories, five of which are finished, with a sixth floor already laid. A roof has been placed immediately over this floor, so the cost of finishing a sixth story would not be great. Light in perpetuity is provided in the form of wide alleys running on three sides, with Sixth Avenue in front.

The building is within a block of Keosauqua Way, destined to be the greatest artery of the city, with Fifth Avenue just a block away, and it virtually faces the architecturally imposing Consistory across the street. The new college building is approximately 66 feet high, runs from the sidewalk to the back alley and has about 28,000 square feet of utilizable floor space. In other words, were it to be used for commercial tenancy, there would be available 28,000 feet, as the building is located on the fringe of the central downtown business section. There, monthly rentals are over a dollar and many are well over two and a half dollars

per square feet. It should be easy for anyone with a borrowed lead pencil to calculate the probable income—always allowing for vacancies. If you take the initial rental, allow 20% for vacancies—subtract all essential overhead, including taxes, insurance and the like—what remains will represent an income of 6% on a capital of well over a quarter million of dollars. This in ordinary times represents the investment value of the building. In appraising it for college purposes, different factors enter in, but at least, it shows to what use such a building may be put, should there ever arise an occasion to use it for other than college purposes.

To finance such a project, without burdening the school, thus depriving it of revenue which must go into the making of a great educational institution, is not so easy, as those who have tried, may know. By using the equity in the old property and by a very favorable arrangement with the Royal Union Life whose officers have long been impressed with the worth and standing of Osteopathy, we have been able to assume this new and larger obligation without in any way hazarding the future of the school. Briefly stated, the business arrangements calls for—

(a)—Amortization of the unpaid balance thru a period of years.

(b)—Interest on the unpaid balance at a rate lower than that paid by any but the wealthiest Iowa corporations.

(c)—A voluntary undertaking by the Royal Union Life to create an endowment for the college thru the sale of insurance to the profession, (and at no additional cost to the profession beyond that of any equal risk and coverage.)

Prudent business management requires that the new college venture be safe, workable and profitable without the aid which the last (c) provision may yield. That is so, is the firm belief of the finance department of the college. Thus D.M.S.C.O. comes into possession of a great property and embarks upon a great future without calling upon her loyal alumni, the osteopathic profession, or the public at large, for contributions.

E. E. STEFFEN, D. O.,
Treasurer.

It is difficult for me to express my delight and satisfaction, now that our dream of a new school building, long looked forward to, is about to be realized.

Hitherto, we have worked hard and planned and schemed, only to find that as each new semester has presented itself, we have had to welcome the incoming students to a building that seemed unworthy of the good work that is being carried on. Now it will be our great pleasure to extend that same hearty welcome to that same old Still College, but in its new dress.

I feel that this will be an incentive to still greater efforts at success in the future, on the part of both faculty and student body. I look forward with keen anticipation to the opening of the fall term in our new home.

K. M. ROBINSON, Sec'y.
D. M. S. C. O.

The purchase of a new spacious building for our college, marks another milestone in the advancement of Osteopathy. I feel that we will all be able to put more work, more enthusiasm, and more of our heart into Osteopathy than ever before. Inadequate facilities have hindered our efforts for a long time—now, with every facility for teaching, large new quarters, more up-to-date equipment and a large student body, Des Moines Still College of Osteopathy has literally hitched its wagon to a star and can only go on, and on, and always upward.

The love that we have borne for our college, ever fired on by the smothered flame of a new institution, has now been repaid. The light has burst forth with dazzling brilliancy and the new college is ours. We have waited long, the prize is therefore much greater, and we pledge to our founder, old Daddy Still, a renewed spirited endeavor to teach Osteopathy, to promulgate its principals and advance its standards in every possible way. Des Moines Still College of Osteopathy fortified by a well-grounded faculty, working with modern equipment and inspired by a new building, will fulfil these pledges.

JOHN P. SCHWARTZ, Dean
D. M. S. C. O.

Still College is to have a new building! That is precisely what was said to me just twenty years ago, when I was making my plans to enter Still College. Oh, yes.

And the picture of the "new" building was produced. It was to be an elaborate extension of the present structure.

That was 'way back in 1907. And when I reached Des Moines, I found a total enrollment of a scant fifty students, including my own freshman class of eighteen. Those were the good old days! BUT—we didn't hear anything more about a new building.

Gradually the student body grew, and the faculty built up in quantity and quality. The students of today have very little idea of the "tough sledding" of those "good old days."

Then came the disaster of 1911, when poor old Still College nearly succumbed. But, no; the School was re-organized, and, like any other healthy American project, soon scrambled to its feet, and was on its way.

Again the student body grew sturdily in numbers. Again the faculty grew in strength. Again the laboratories were replenished and the walls refinished. BUT never a word about a new building.

Later, in 1917 and 1918, that little controversy across the pond bid fair to disorganize our College completely. For our students in great numbers, heard Uncle Sam calling and hesitated not a minute, to help in the work of "making the world safe for democracy." The handful left, struggled on. A new building seemed far away indeed, in those days!

But once the war was over, the boys and girls came back, and many more came with them. The student body grew apace. The faculty was re-inforced with each succeeding year. New equipment was bought, and the old was improved. The old building was made as presentable as possible. So the years went on. The more recent history of Still College reads like a fairy story.

And now we come to the summer of 1927, when Still College is ready to announce to its many friends, and the world at large, the purchase of a new college building. Not the building talked about twenty years ago, but a much more commodious building, for we have grown beyond our fondest expectations. And the building is much better suited for our needs, much better located for our needs, present and future.

Hurrah for our new Still College building!

BERTHA R. CRUM.

Exhibit "C"

In editing Dr. Steffan's well-written article on the business side of the deal for our new home, a recent incident that occurred under the writer's observation illustrates better than anything else just what this item means to all of us.

The other day we had occasion to park across from where an old building was being torn down to make way for a stately new structure. Backed up to the curb and as near as possible to a monstrous pile of old bricks we observed a wagon drawn by a single horse and attended by a single working man. The man was making repeated trips from the pile of bricks to the wagon and succeeding even in his slow way in loading the wagon. He was not strong, but plainly showed that he was determined and would eventually finish the task. Coming up the street we noticed a troop of Boy Scouts headed by their Scout Master. The boys were evidently just starting on a hike. They were full of life, and their captain had no little trouble in keeping the lines straight. As he came up to the man loading the wagon he halted the troop, gave a command, and the pent-up energy went to work. The boys formed themselves into two lines leading from the brick pile to the wagon and began immediately to pass the bricks from one to another along the line until the wagon was heaped high with a load that looked as if more than sufficient. The whole time occupied was less than five minutes, the man stood smiling and grateful. The boys smiled back, saluted and passed on. Without cost to themselves but for the small bit of time, the boys had each chalked up more than one more good deed. They had helped where help was needed and at a time when it was needed most. A perfect example of mutual benefit for all parties concerned.

This incident typifies exactly what you can do. You can immediately enlist as a member of the Osteopathic Scouts of Still College and perform your good deed for the college without loss, but with great benefit to your-

Are You Looking For A Location?

Practice For Sale

Dr. C. F. Frazer, 250 Indiana Avenue, Escondido, California.

Dr. S. A. Helebrandt, Kasson, Minnesota.

Dr. A. L. Balck, Guthrie, Okla. Write these men if you are interested in a new location.

self, your family and the college. You should be interested in this remarkable endowment plan initiated by the Royal Union Life Insurance Co. for our special benefit. Space does not permit us to give you the details of the plan. We can only cite you the bare facts and if you are anxious to know more about it write the above named company in Des Moines and they will be glad to furnish you with the detail. Permit us to point out the essentials.

Any one of the three common types of policies may be taken out, viz., term insurance, twenty year pay, or life. Each will carry an endowment clause for the benefit of the college.

Policies sold only to Osteopaths in units of \$500.00 and not more than five units to one individual.

Eliminating the agent's commission in favor of the insured, the rate will be lowered to a point where mere comparison with other rates for the same amount will sell this policy. This means a big saving for you.

If you can save money on your insurance, and at the same time, without any additional cost to you, contribute to an endowment fund for Still College, surely you should take advantage of the offer.

In its entire existence, Still College has never sought an endowment fund. Like the one man making up his load, it has worked slowly and successfully. With this new venture Still College is not asking for contributions from your pocket without just compensation and mutual benefit. Will you be one of our Osteopathic Scouts? Find out more about it by writing to the Royal Union Life Insurance Company, Des Moines, Iowa, or to the college, and tell them you are interested. Do this now by signing the coupon below and mailing today.



Dr. Ella D. Still, wife of the first president of the college, heard the good news and immediately hurried down town from her daughter's home, where she was visiting, in order to be one of the first to congratulate President C. W. Johnson. We were fortunate in getting a picture of them in front of the old building.

On to the Convention

Dr. M. E. Bachman expects to leave Des Moines about July 19, driving thru to the Convention, where he is on the program. For his vacation, he will visit in Boulder, and Colorado Springs.

Dr. Robert Bachman plans to drive thru to Denver, camping out as usual, and may make the trip to Yellowstone before returning.

Dr. H. J. Marshall will leave early, driving thru for the week of the Eye, Ear, Nose and Throat Convention. Harry says he has a date with a certain well known personage in the Black Hills, on the way out.

Dr. H. V. Halladay will drive thru with his family, making the Black Hills on the way out. Following the convention they will visit with relatives in Boulder and Pueblo. He expects to visit Mesa Verde Park before returning.

Dr. Mary Golden underwent an operation at the Des Moines General Hospital, for appendicitis, which breaks up her convention plans, to a certain extent. At present she is getting along very nicely and expects to visit in California before the summer is over.

Dr. C. W. Johnson and family will drive thru and expect to spend some time in the mountain parks before their return.

Dr. John Woods has returned from a two weeks' trip to Nebraska and says he will carry on and keep the home fires burning while the others are away.

Dr. S. H. Klein will drive thru to Denver, but has not made any definite plans relative to the weeks following.

Around Our Merry Campus

He—Who made the first cotton gin?

Young Thing—Heavens! Are they making it from that, too?

Physician—I must insist on this—that you quit smoking, drinking, billiard playing and staying out late.

Patient—I see—my wife has consulted you already.

Farmer—Doc, I am working like an ox, eat like a wolf, am tired like a dog, and sleep like a bear.

Doctor—In such a case you would better consult a veterinarian.

Water, according to a medical writer, is the only drink of which one never gets tired. This is corroborated by a Scotchman we know of, who has made a life-long practice of putting a drop or two of it in his whiskey.

A young doctor sat with a friend at the window. A lady passed. "There is the lady I love best," said the doctor.

"Why don't you marry her?" asked the friend.

"Not likely! She is my best patient."

Customer—What did you put in this prescription?

Druggist—That I can tell only to the Doctor.

Customer—The doctor wants to know. Seems I gave you a Chinese laundry ticket and you filled it.

Judge—But what evidence have you that these men are insane?

Officer—Well, your honor, the Scotchman was standing on the curb throwing handfuls of money into the street and the Hebrew was picking it up and giving it back to him.

Jellybean—Old man, I understand you are courting a widow. Has she given you any encouragement?

Shiek—I'll say that she has! Last night she asked me if I snored.

A perfume and soap manufacturing concern advertised a contest for slogans. Here is a slogan that came in, which they could not use: "If you don't use our soap—for heaven's sake use our perfume!"

You can boast your selfish pleasures and may glory in your fame; You may think that there is gladness in the many joys you claim; But you're never really certain that you're doing things worth while, Till you've smoothed another's pathway, and you know it by your smile. When you've done some deed of kindness under friendship's bond and seal, It's surprising at that minute just how good it makes you feel!

Some men never read the Bible—because they didn't write it.

INFORMATIVE COUPON

Des Moines Still College of Osteopathy,
Des Moines, Iowa,

Gentlemen:

Please send me complete information relative to the Policies offered in the Still College Group Endowment Insurance Plan.

Name..... Age

Street Address

City..... State

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY

President C. W. Johnson

Editor..... L. J. Grinnell

Osteopathy Without Limitation

Structural Twists Cause Personality Twists

"Creative chemistry will soon be able to supply us with 'personality.' It will beautify unattractive features, supplant lethargy with vivaciousness, coldness with sympathy, stupidity with wit. The very stature and temperament of a man some day may be altered and improved by creative chemistry. Character may be altered from the 'outside.'"

It's a big order Dr. E. S. Slosson, director of Science Service, gives. However, here are a few things we already know: A pelvic twist, a fallen arch, a subluxated rib or vertebra will change one's disposition and develop a nervous condition with a "personality" askew. These little deviations alone will cause enough internal trouble to disturb the functions of the whole body machine.

Whatever this "creative chemistry" will do, osteopathy has proven in her own and other laboratories that the internal secretions can be normalized, the red cells of the blood multiplied, the digestive workings corrected, the mental processes brought back to normal and consequently increased, by osteopathic care.

Knowledge and Wisdom

There is a wide difference between them. Knowledge is acquaintance with fact. Wisdom is knowledge, plus the ability to interpret and make right use of fact. We may accumulate vast stores of knowledge and gain little wisdom. Hence the poet said, "Knowledge comes but wisdom lingers."

Dr. Andrew Taylor Still, the founder of osteopathy, was essentially a contributor of scientific wisdom. For centuries the practitioners of healing had been doing splendid work by discovering and amassing facts about the human body. But to find the correct interpretation and application of these facts, to transform all this knowledge into wisdom, takes a long time.

Dr. Still discovered many facts about the living body, but perhaps his greatest work was in giving us a better interpretation and application of the facts already known. He traversed the existing field of medical knowledge like his brother doctors, but he was not satisfied with the practical results. He sought more wisdom in the supremely important work of healing. He studied and thought and worked until he found it, in osteopathy as we know it today.—(A.O.A.)

1928—Des Moines—1928

Our National Conventions prove valuable to the profession in proportion to the number of our practitioners attending. A centralized location for these gatherings, therefore, is always advantageous. For this reason, and many others, Des Moines has become famous as "The Nation's Convention City." Their Chamber of Commerce and the people of Des Moines and the Osteopathic profession in Iowa, want the A. O. A. Convention next year. We are confidently expecting to get it, and are making adequate preparations to handle it.

The Des Moines Still College and Des Moines General Hospital are supporting this movement, and with their accessibility and co-operation, nowhere could a more ideal layout be found. We invite the assistance of the Alumni and friends of the Still College and General Hospital to bring the 1928 A.O.A. Convention to Des Moines.

C. N. STRYKER, D. O., Pres.
Iowa Division Society.

Still College Alumni

As in previous years, we are going to try to get together, and for a very good reason, this time. You all want to know first hand about the new home for the school. Register at Still College booth and inquire about plans for a luncheon. This will probably be on Thursday noon, so make your appointments accordingly. If you want to hear some news that will give you a chance to exercise your vocal chords, get in line with the rest of the bunch. B. Y. O. B. (bouquets—not bricks.)

C. W. JOHNSON, Pres.

Sigma Sigma Phi

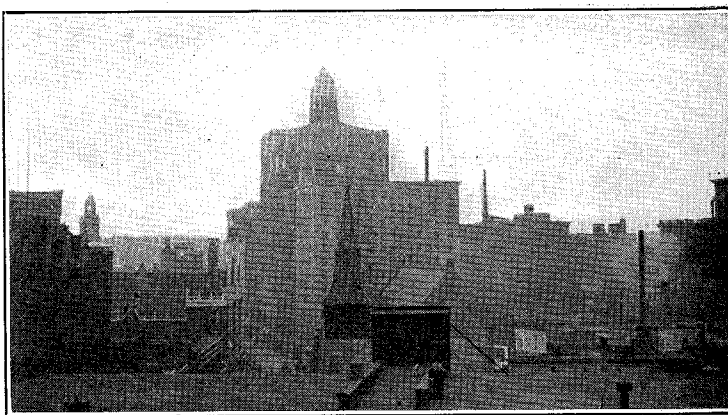
Attention, members of the Sigma Sigma Phi. Be sure to see the undersigned at the Denver convention. A luncheon is being planned, possibly for Wednesday noon, and every member attending the convention must be there. Important matters must be disposed of at this meeting of the Grand Chapter. If you don't know me, come to the Still College booth and get acquainted. Report by Tuesday sure.

VIRG HALLADAY,
Chm. Board of Trustees.

Another Won

Just before going to press, we are advised in the usual formal way, that Moko Elsea, the dwarf of D. M. S. C. O. was tied to a ball and chain the 30th of last November. We congratulate Moko and extend our most sincere sympathy to Jencie. Another score for Indianola. If we remember right, Red Maxfield had no such luck there last fall.

The tenderness and affection of a woman, her mild prophetic eye, her finer instincts, exert an influence on man from which he is never weaned.—Thoreau.



A scene from the top of the new Still College, looking south. Victoria Hotel to the left. The highest tower is that of the Equitable Life building. The radio towers are those of W-H-O, the Bankers Life station, located on the Liberty building.

From the O. B. Department

A million now and Osteopathy forever! D.M.S.C.O. has enlisted in the crusade and has started with one-fifth that amount in a new building, as her part. The long talked of building is now a realization. This realization—which would be a credit to any institution—is the outgrowth of years of hard work on the part of the faculty, and careful management on the part of the board; a glorious reward for untiring efforts.

As a student, I heard talk of the new building; as a professor, I discussed a new building; as a board member, helped to plan a new building, and now a new building is ours, the result of a growing profession, a milestone in the development of science, a memorial to Osteopathy. I, as instructor in the new building, consider it an honor to teach in an osteopathic college that is second to none!

With added interest, increased assets, and renewed enthusiasm, I feel that my department can take part in making more radical changes in the population of Des Moines than ever before.

This institution, that has stood the pressure of opposition and depression during and following the late war, has progressed and with flying colors now stands as a beacon on the horizon of a greatest profession ever established for suffering mankind.

We who are intimately connected with the college, have an opportunity to measure the value, appreciate the sacrifices, and enjoy the prestige of the new building, as no other can, until they have given to Osteopathy to make it as prominent a factor to the healing science as the new building will in the life of our student body.

ROBERT B. BACHMAN,
Professor of Obstetrics.

Mrs. Carney rushed into her living room. "Oh, Walter," she cried, as she panted for breath, "I dropped my diamond ring off my finger and I can't find it."

"It's all right, Olive," said her hubby; "I found it in my trousers pocket."

The Convention Log Book

As has been our custom for the last few years, we have under preparation a special number of The Log Book and Little Stillonian, which will be put out just before the Convention. As usual, we will have a booth at the National Convention, and will want to see all our old friends there.

Summer O. B.

As usual, quite a number have made arrangements for Summer O. B. work at the school. During the month of June, Drs. H. I. Slocum of Middlebury, Vt. and Myron Runions of Correctionville, Iowa, have taken advantage of the clinic. Not only have these Doctors been out on the work, but have taken in the clinic offered several times a week at the hospital.

At the Hospital

Mrs. Innis, our efficient laboratory directress, is making the usual rapid and uneventful recovery from an operation at the Des Moines General Hospital.

Atlas Club Members

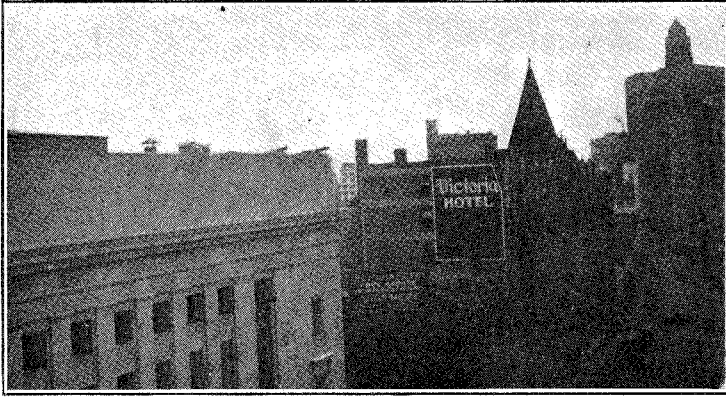
Your program for your annual reunion to be held in Denver this summer, has been completed and full information will be published in the next issue of the Forum. When you get this number, tear out this page and put it away for reference and follow directions.

H. V. HALLADAY, G. N. S.

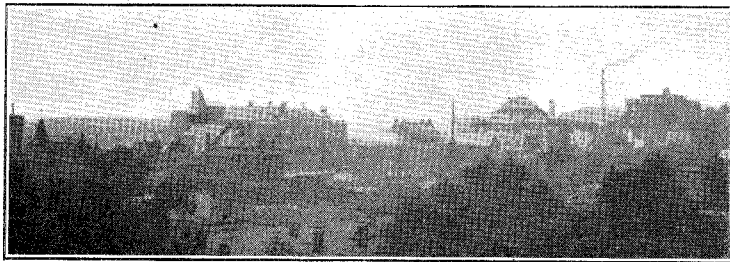
A young man with a pretty, notoriously flirtatious fiancée, wrote to a supposed rival—"I've been told that you were seen kissing my girl. Come to my office at 11 a. m. Friday, and be prepared to give an explanation of your conduct."

The rival answered: "I have received a copy of your circular letter, and will be present at the meeting."

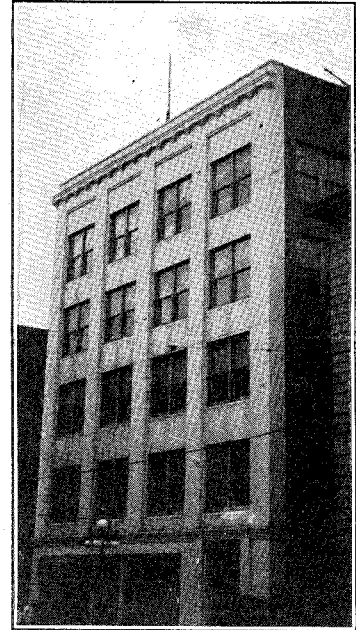
Do what you have to do and do it now. Spell "now" backwards and you have the answer.



Looking Southeast. One corner of the new Masonic building may be seen and the view down Sixth Avenue.



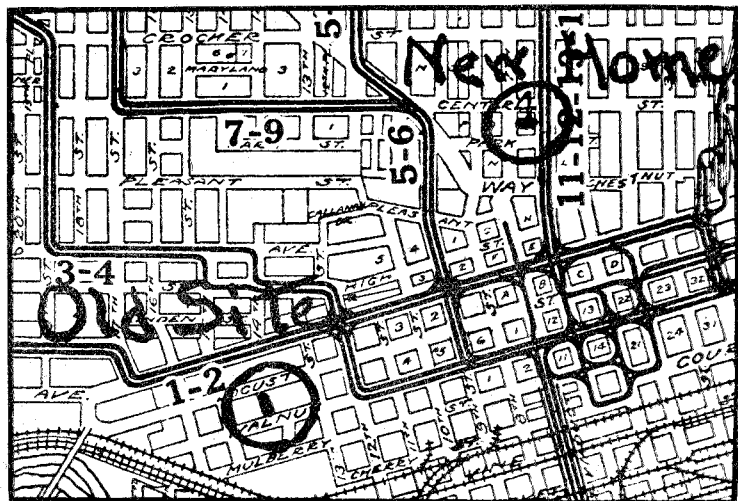
This view from the top of the new building, towards the Southwest, shows the Shrine Temple, Nurses Home, First Methodist Church and the Iowa Methodist Hospital.



The new building. It faces east and is across from the new Masonic Temple, which is nearly completed. The building is faced with white enameled brick and easily stands out as the most imposing structure in the neighborhood.

We have every right to brag about our new location. Notice on the map that the new home is more to the center of the business district and yet, away from the extreme noise. It is only a short walk from the New Still College to any one of the big Des Moines stores.

Keep the little map for your reference when you visit us.



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