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THE LOG BOOK

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PUBLISHED MONTHLY BY THE DES MOINES STILL COLLEGE OF OSTEOPATHY

Volume 14

JANUARY 15, 1937

Number 1

Bon Voyage!

The time has arrived for the listing of another graduating class. As with others this group looks back over the four short years that at the beginning seemed too long. This next week we will be adding a few well trained Osteopaths to the growing list. We are proud of this small class. They have made a good record for themselves in college and we predict that they will soon find their place and fill it well. We know that there are many opportunities for them and we know, best of all, that their field is not crowded. Selecting a location is like looking over a forest of a thousand acres and trying to pick the most satisfactory tree. We take pleasure in presenting to you the following with a listing of the first State Board they will take:

Myron Bos—Iowa Board. Intends to practice in this state.

W. F. Moore—Iowa Board. Undecided.

B. A. Story—Iowa Board. Will practice in Iowa.

J. J. Herrin—Iowa and Kansas Boards. Undecided.

James Dunham—Iowa, Ohio and Texas. Undecided.

Willis Crews—Iowa Board. Undecided.

Dick Phillips—Iowa Board. Undecided.

Helen Butcher—Iowa Board. Undecided.

Chester Wyman—Iowa and Oklahoma Boards.

O. E. Owen—Iowa Board. Will remain on faculty.

Charles Gnau—No. Carolina and Florida Boards.

Again we want to call your attention to the high percentage taking the Iowa Board, the majority of whom will remain in the state. Those of you who keep writing to us to send someone to your state, keep this in mind.

May we repeat what is said nearly every semester at this time: "If you want more Osteopaths in your community, send us students who will return to you and please don't expect boys and girls who were raised in and know the state of their birth, to migrate."

The week beginning January 11th will be filled with farewell banquets and parties honoring this group. Friday, January 15th will be Class Day. The class will arrange their part of the pro-

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Know the Nose!

(By H. J. Marshall, D. O.)

There is a good deal of the osteopathic concept in the surgical treatment of chronic sinus disease. Recurring attacks of acute sinusitis of the persistence of a chronic condition are usually due to anatomic abnormalities of the nose that illustrate perfectly the doctrine that normal function and normal structure are inextricably associated and mutually interdependent.

Deflections of the nasal septum, irregularities of this structure other than deflection, such as spurs, and malformations or malposition of the turbinates, are the common causes, predisposing causes, of chronic sinus infection. Any treatment that does not include the correction of these anatomic defects is more likely to be unsuccessful.

The straightening of a deflected nasal septum, the removal of a spur, or the outward fracture of a middle turbinate are procedures just as osteopathic in their essence as the correction of a vertebral lesion. No class of operation is productive of more satisfaction than these intranasal manipulations for the relief of chronic sinusitis.

The frequency of sinusitis is underestimated. The general practitioner has been taught to examine the teeth and the tonsils; he consistently neglects the accessory sinuses, although it is probable that they are more often the site of focal infection than either of the other structures. And the diagnosis of chronic sinusitis is made with relative ease in the average case.

Frequent or unduly prolonged colds, postnasal dropping with posterior pharyngitis, morning headache spontaneously disappearing in the mid-afternoon, abnormal nasal discharge, and abnormal opacity on transillumina-

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"It's the Little Things That Count"

(By Mary E. Golden, D. O.)

A successful practice must be made up all types and ages of people. There will be the rich and poor, young, and old, high-strung and plethoric. The winning and successful care of children has a very essential part in a general practice.

The common everyday little habits or interests of a child will make or break its development into a strong or healthy woman. One vicious practice among a certain group of kind, yet misguided, mothers is having a profound influence on the welfare of children and adding materially to the volume of the pediatrician's business. This is the exposure of the limbs of a child from the ankle to near the trunk of the body during the cold weather months. The argument given is the child wears heavy snow leggings when out doors, but his house clothing should be very light to harden his system.

The mother forgets that practically every house and school room has a draft across the floor, so whether sitting on the floor, a chair, or playing about, the limbs are cold and chilled. Again the mother does not realize the blood circulation of the legs reaches close to the surface behind the knee and all along the limb, thus on exposure pulling down the normal blood temperature and cooling the circulation. This demands added effort on the part of the body to maintain normal blood heat. Cold air striking the exposed surface will cause contraction of skin and limbs, lessening normal circulation volume which will cause circulatory congestion in some other part of the body, perhaps the tonsils, rhinopharynx, and possibly sensitive ears. If the

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Help!! Help!!

About this time of year we ask each department to make a check of the work done and give us a little item about what has happened during the past year. Dr. Fred Hecker of the Obstetrical department, has been doing this little thing for us and today handed us this startling list of FACTS that you will find down a bit farther.

There is more significance in his report that will be credited by the majority of you. To many of you it looks like just another list of statistics, and figures were never interesting. There is one FACT that we want you to get out of this report. **THE STUDENTS AT STILL COLLEGE HAVE THE OPPORTUNITY THAT YOU WISHED FOR.**

This report is from one department only. The college clinic is covering EVERY type of case that may be found in practice and with like results. Each of the twelve listed items on this report is a sermon in itself. Each could be taken as the subject for a long article that would be intensely interesting. We can give you a resume only and we hope you will **Stop, Look and Think** after each statement. This information looks and sounds a little fishy. We would be glad to have you stop at the office and examine the records, or better still, come and stay a while and see for yourself what goes on day after day in the clinic of the Des Moines Still College of Osteopathy.

DO YOU KNOW THIS?

In the Des Moines Still College of Osteopathy Obstetrical Clinic

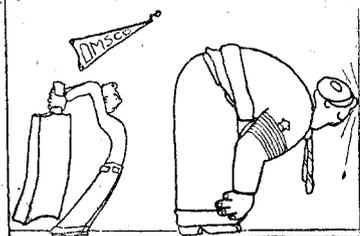
A Study of 500 Cases.

- 85.22% are spontaneous cephalic deliveries.
- 4.06% are breech.
- 6.27% are forceps.
- 4.45% are podalic versions.
- 49.6% are boys.
- 50.4% are girls.
- .6% are twins.

- 1—That a mother has not been lost in 2½ years.
- 2—That the foetal death rate is less than half that quoted in Government statistics.
- 3—That under student care we do not lose any full term babies in the first month.
- 4—That morning sickness is readily amenable to osteopathic normalization. The clinic never uses endocrine extracts, etc.

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FRATERNITY NOTES



ITΣ

(H. E. D.)

Now that we have settled down once more to learn the technique for correcting an eighth cervical lesion, and the way to use a thoracic pump, after Dad paid so much money for it, we have forgotten our Christmas holidays and have settled down to this business of learning how to be an Osteopath. However, Brothers Jerensen and Daniels are still recalling how their good old car took them home and then had a flat tire.

We are still looking forward with anticipation to the coming final exams. There's hoping we all hit them with flying colors.

A meeting was held last Tuesday and we are making plans for a big program this year in order to widen our views on Osteopathy. All pledges as well as actives will be in on these discussions.

Brotheers Hurd and McIntire will leave for Oklahoma the end of this month for a year's internship. We wish you the best of luck "Johnnie" and "Mac."

Brother Beghtol is still trying to learn the proper way to catheterize a patient.

Brother McGill was a visitor here last month. He gave us a number of viewpoints on our fraternity and Osteopathy.

Well here's hoping that we have a very successful year in Osteopathy, and Iota Tau Sigma and the pledges may be assured of a most successful year by attending our gatherings and allowing our actives to help them to the best of their ability in Osteopathy.

ATLAS CLUB

(E. M. I.)

With happy thoughts of the holidays still fresh in their memory, all returned safely for school on Monday morning. It seems that Brothers Evans and Shiffer lost their bearings near Iowa City and were delayed for one day. We hope that everyone had an enjoyable vacation and are ready to start the New Year with determination to do better work.

Dr. Bayard Twadell of Kansas was a visitor to the house during the holidays.

Maurie Sherman not only played this season's hit tunes, but assisted greatly in making our Christmas Dance of December 16 a decided hit with all who attended. We hope to score even

a greater success with the dance planned for the future.

To Jim Farley and the Democratic party we nominate to their Hall of Fame and elected to the Presidency of our organization, Jack Eddy. Whereas F. D. lost two states, Jack didn't drop a vote. Congratulations to our new Noble Skull. To Finland we present Harry Stimson, our treasurer, whose Finnish instincts leads him to spend money, not abroad, but on one. To Vatican State we send Ed Callahan as ambassador at large. Ed was just elected Sacrum (chaplain). To France, the land of literary geniuses and champagne drinkers, we give Speed Iverson, who as secretary and author holds the office of Stylus. To Mussolini we offer Art Haight, who as Occipital, has charge of recruiting members as Italy attempts to enlarge its military powers, should prove of value. Off to the land of cheese and peace conferences we send our trustees. All aboard Dr. H. V. Halladay, Dr. Paul Park, and Henry Ketman. With tears in his eyes, John Hagy remains to play porter and polish the cups. As Receptaculum he has the duties of auditor.

We wonder why: Munroe frequents the Pet hospital; Dawe is so poetic; Wicke is puffing cigarettes; Hagy has that tired look since the holidays; Young is looking for wallpaper.

ΦΣΓ

(Cliff Millard)

The fraternity Senior banquet will be given on Saturday, Jan. 16th in Younkers. Brothers Dunham, Owen, Moore, Storey, Bos, and Herrin bid farewell to Delta Chapter, Phi Sigma Gamma. Best of luck, fellows.

Last week our pledges became somewhat unruly and so a "cool" bath was prescribed by attending physicians as a probable cure for what was diagnosed as "Halluncinations."

Following the recovery of said patients, the members, further wishing to humble the unruly ones, challenged them to a basketball game.

The stage was set for Saturday night, January 9. We now have in our midst a group of sadly dejected pledges, dragging sore and weary bodies around the house. The members won a close battle, the score being 39 to 30. A stag party followed the game with plenty of refreshments. It was all in fun and everyone had a good time.

Now that winter seems to be here to stay, another sleigh-ride party is being planned. The first being postponed due to rain instead of snow. We hope that the snow doesn't do another disappearing act.

REMEMBER: "Experience is a useful sort of knowledge that generally begins where book-learning leaves off." — NUGGETS.

ΣΣΦ

After the Christmas holidays the fraternity settled down to serious business with a meeting on January 5, at which time the following officers were elected: W. E. Ryan, President; J. R. McNearney, Vice President; H. Stimson, Treasurer; J. B. Miller, Secretary; H. Dresser and G. Beghtol, Trustees; and Dr. J. Woods as Faculty Advisor.

At the semi-annual Senior banquet to be held the week previous to graduation, Dick Phillips, Charles Gnau, James Dunham and Chester Wyman will receive life certificates. We are sorry to lose them but extend every good wish to them with the best of luck and hopes that they write once in awhile.

We are proud to have a small part in making it possible for the Grand Chapter to contribute to the A. O. A. Student Loan Fund. At the January 8 assembly, Dr. Halladay, Grand Sec'y-Treas. of Sigma Sigma Phi, presented to Dr. R. C. McCaughan, Executive Secretary of the A.O. A. a check for \$100.00. We hope we can continue to contribute to such a worthy cause.

ΔΩ

(B. M.)

Everyone came back to school after vacation ready to get down to serious studying, but with influenza and colds keeping many in bed, final exams are looming ominously on next week's program. Ruth came back on Monday after vacation then spent the rest of the week in bed. She is back in school again though, spry as ever.

Delta Omega is both proud and sad to have the oldest active member graduate this month. We are sorry to lose our very efficient treasurer, but we are happy with Helen that she has completed her four years of school and will now be able to go out as a member of a worthwhile profession. Delta Omega extends best wishes and great hopes for a successful career.

Helen, Dorothea, and Mary Beth have been official physicians for the A. I. B. basketball team. The girls have had some invaluable experience during this season.

A business meeting has been scheduled for Saturday, January 16, at Evelyn Ketman's. Everyone is expected to attend, as the meeting is very important.

ΨΣΑ

The regular banquet meeting was held at Canfield's Cafe on December 18. The speaker of the evening was Dr. Raymond Kale, whose discussion of "Diet" was most enjoyable and very instructive.

Plans are being made for our Senior banquet to be held January 19. We regret the loss of four valuable members, namely Myron Bos, B. A. Storey, Wil-

"It's the Little Things That Count"

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child is adolescent, pelvic congestion may occur, leading to chronic inflammation and producing a "complainer" for many years in later life.

Quoting from "Diseases of Infancy and Childhood" by Holt and Howland, 9th Edition: "The custom of allowing young children to go with legs bare has many enthusiastic advocates; while it may not be objectionable during the heat of summer, its advantages at other seasons are very questionable. Many a delicate child is certainly injured by such ill-advised attempts at hardening."

Many a chronic sinus infection has been started in this way, and the early development of tuberculosis has been aided by this exposure. Granted, the child should not be smothered in too many clothes, but surely there is a happy medium.

Another great moulder of poor health and faulty development in a growing child is the vast amount of extra curriculum interest of youngsters in the lower school grades. After the confinement and nerve strain of several hours in the school room the little tots are rushed to a dancing lesson or lessons in music, or other forms of development. During these precious hours of daylight they should be out in the open air enjoying games of recreation and relaxation.

Of course, there is the same age-old problem of the child's diet. Many a mother remarks that she can't get her youngster to eat his meat, his vegetables, milk and fruit; all he cares for is ice cream, cakes, and candy. She forgets that she is the God-given guardian to this youngster and that it is her responsibility to select the proper diet, teaching with reason why these articles of food are essential for the growth and well-being, and the coveted piece of candy or pastry is only to be had as a reward of merit after the proper meal has been consumed.

Three items have been briefly noted which have a profound influence upon the development of a young, healthy, human animal. Proper dress, controlled extra curriculum activities, and a balanced diet. Any or all of these will add to or detract from the up-building of the strong young man or woman.

liam Moore, and O. E. Owen. However we want to wish them the best of luck in their professional work.

At the business meeting held January 12, election of officers for the new semester was the order of business.

We are pleased to announce the initiation of E. K. Corey to the membership of Psi Sigma Alpha.

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY

PresidentArthur D. Becker

Faculty Advisor, H. V. Halladay

Editor..... E. Harwood

Osteopathy Without Limitation

Forward in 1937

Osteopathy is not static. It is moving, growing, developing. Conditions change and those who are alert take advantage of such changes. Progress is brought by vigilance, by understanding, by daring. Methods of yesterday belong to yesterday. Methods of today prepare the way for tomorrow. Osteopathic principles are sound, are scientific, are workable. They have a wide scope of application. Our greatest lack today is that we know too little about them. We need to learn more. We need more research along lines of osteopathic fundamentals both from the laboratory and from clinical angles.

Osteopathic education is not static. More effective methods are being discovered and are being put into practice. All educational fields are receiving closest scrutiny and new ideas, new plans for the presentation of subject matter, are being developed. Visual education is moving forward in a significant manner. Practical applications of theories and principles are the order of the day. To learn by doing, under wise guidance and skilled supervision is essential to the proper preparation of the modern osteopathic physician. Adequate and diversified clinical opportunities are of paramount importance today. Education is rapidly becoming practical.

Individuals in osteopathic practice cannot remain static. They must be closely in touch with the moving trend of events. They must read widely and with fine discrimination. They must recognize the need of continued growth. The individual who rests on his oars falls behind. One must, by post graduate study, by attending conventions and by careful study of our publications keep abreast of what others are thinking and doing. We must move forward in a straight line, clear across the field, education, organization, research and practice. What an inspiration it is to be identified with something really big and worthwhile that is moving into bigger responsibilities and greater opportunities. Osteopathy is not static.

—Arthur D. Becker, D. O.

Dr. DeWitt V. Goode—
recently moved his office from Bloomfield to Runnells, Iowa.

Board and Faculty

The last two meetings of the Board and Faculty have been held on nights that were trying to make a record with a low temperature. The December meeting was held on the 7th, one of the few really cold days during the month. In January the meeting fell on the 7th also and the weather man repeated his act. However, at both meetings the attendance was excellent and the programs as planned. The last two meetings of the board have been mainly for the consideration of the graduating class and the academic standing of the students as a whole. Very few complaints are coming in from members of the faculty, so we feel that the work is progressing in an orderly manner and that the various classes are keeping up a standard of class-work that is above the average.

At the last meeting of the faculty Dr. James Shaffer explained a new chart made from the records of the obstetrical department for the year just ended. An article will be found in this issue enumerating some very interesting facts brought out by this compilation. The records here at the college prove, without any doubt, that Osteopathy and Osteopathic care are paramount in the management of cases of this type.

The Atlas Dance

It deserves an item. It was a decided success and due to the hard work by every member of the club. It was really quite some job to contract for an orchestra like Maurie Sherman's, arrange for a suitable place, then to get out and sell tickets enough to take care of the expense of such an affair. The boys earned a big hand and when they repeat this Spring they should have the support of the college, 100%. We are not often given the privilege of attending a function that was thoroughly fine from the first number to the last.

The orchestra was tops, the floor was ideal and with a good looking girl in our arms—well, you take the wording from there on.

We vote for another soon.

Christmas Visitors

During the holidays a number of the Alumni of the college dropped in to say "Merry Christmas." Oklahoma seems to lead with Jay Halladay of Afton, Paul Benien of Tulsa, Maurice Schwartz of Muskogee, and Art Montgomery of Edmund. Bayard Twaddell of Iola, Kansas, Jack Ennis of Kewanee, Illinois, and Cal Haupt of Raleigh, N. C. complete our list. Others may have been through but we did not get to see them. Each of the above had good reports on practice and seemed to be enjoying life. Drop in again, fellows.

As Maine Goes . . .

"Go West, etc." is often quoted from the pen of Horace Greely. Part of Maine did. Dresser and Russell returning from their Christmas vacation brought part of the state along with them in the form of a White Pine tree, a sprout of Checker-berry and about fifteen pounds of genuine Maine earth. So what? So, we have a campus. For the present the campus is carefully guarded in the office of our secretary, Mrs. Robinson, to whom the tree was presented. We are seriously thinking of having this campus photographed so copies can be sent out to some few who think that trees and grass are more essential in the teaching of Osteopathy than equipment, a real faculty and a clinic unsurpassed in variety and quantity of patients.

Know the Nose!

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tion characterize the majority of cases and furnish sufficient data on which to base diagnosis. The existence of the anatomical abnormalities mentioned before, together with turgescence of the nasal mucosa with hypertrophy and hyperplasia of the turbinates, and the detection of pathologic discharge issuing from a sinus orifice after shrinkage of the mucus membrane with adrenalin clinch the diagnosis.

Treatment, then, in nine out of ten cases, is puncture and irrigation of the infected sinuses plus the correction or removal of structural perversions.

Help! Help!

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- 5—That multipara labors are being so shortened by frequent osteopathic pre-care treatments that trouble is being experienced in getting out crews in time.
- 6—That ergot is not used routinely after delivery any more. Osteopathic pre-care stimulates involution of uterus after delivery.
- 7—That there has not been a case of puerperal infection in the clinic in 500 cases.
- 8—That our students are aborting many cases of suspected pneumonia in babies by straight osteopathic treatment.
- 9—That the heaviest baby in the last 2 years weighed 11½ pounds.
- 10—That the smallest baby in the last 2 years was 1 pound 14 ounces.
- 11—That the January graduating class with only eleven members delivered 125 cases.
- 12—That three men in that class delivered 56 cases between them.

Chicago

It is the first of the year and with the turn of the calendar our thoughts turn to the coming national convention. Already the many committees are on the job and each month you will be informed of what is going on in the way of plans for your instruction and entertainment.

The coming Chicago meeting is not for the physician alone. His family is to be considered also. Our convention city has a multitude of attractive features that are of international interest. Those of you who were too busy to see much outside the hotel while in New York will want to know of Chicago's Zoo, Planetarium, Museum of Natural History and Aquarium and many other features for which Chicago is world famous.

Plan your budget now to include the family and make it a family affair. Some of these features are within easy walking distance of our headquarters hotel, the Stevens.

From Emmetsburg

The regular monthly meeting of the Algona General Hospital Staff group was held in the form of a dinner and bridge at the Kermore Hotel recently. Dr. and Mrs. R. K. Richardson being host and hostess for the event.

After a delightful banquet dinner the ladies played bridge while a short clinic session was held in the office of Dr. Richardson. Dr. Meyer of Algona presented a paper on "The Ambulant Treatment of Hernia." Dr. Andrews of Algona spoke on "The Osteopathic Care of Sinus Infection and the Common Cold." Dr. Tindall of Woden talked on "Osteopathic Management of Pregnancy."

These meetings are held each month in the offices of the various Osteopathic physicians.

Doctor Frozen

A recent issue of the Des Moines Register carried an AP release stating that the body of Dr. L. H. McCartney of Hoxie, Kansas was found three miles from his car. He was on a call in the country and was caught in a blizzard. Evidently he struggled through the storm, finally finding a windmill tower and sought refuge there. He died not knowing that a short distance away on the opposite side of the tower there was a home where a light had burned all night. He graduated in 1898 from the A.S.O.

Dr. McCartney's efforts resulting in his death put him in the martyr class. To die with one's boots on is certainly a noble death but we are sure that Dr. McCartney will be remembered for his work during his active years in the practice of Osteopathy.

Assemblies

December 11

An excellent film showing the Montgomery - Simpson Suspension of the Uterus, from the library of Davis and Geck, was the main feature of the assembly on this date. The orchestra, as usual, opened and closed the meeting.

December 18

Under the sponsorship of the Sigma Sigma Phi the annual Christmas Assembly became one assuming almost dignified proportions. The band opened the hour with a stirring march putting everyone on their toes for what was to come. The boys had secured the services of an excellent quartette from Drake, which followed with appropriate music that was greatly appreciated. The true Christmas touch was given next by Jackie Woods, son of Dr. John Woods of the faculty, who read "The Night Before Christmas" in a style that brought back memories of similar occasions back in the 8th grade.

Miss Gertrude Ganfield of the freshman class favored the assembly with a vocal number exceptionally done.

The music of "Jingle Bells" by the orchestra brought in the person of Santa himself and his aide. We have not yet been able to decide in our own mind just what sort of an animal it was; we know it was not a reindeer, for it did not have a hat-rack on its head. Santa and his faithful servant distributed sarcasm and gifts to the faculty, each quip and present bringing forth ample applause. The gifts were certainly selected with great care and expense.

Dr. J. P. Schwartz, Dean of the College, next addressed the student body, stressing the need for care in driving home. He closed with "A Merry Christmas to all and that included your folks and our friends in your home town."

Dr. Arthur D. Becker, President of the College, expressed his appreciation for the conduct of the student body all through the semester and especially during the past week, when everyone wanted to be on the road home. His "Merry Christmas and Happy New Year, and school is out right now" was met with universal acclamation.

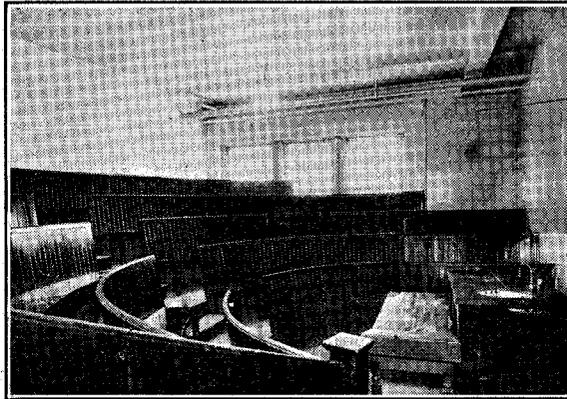
Dr. Halladay encountered considerable difficulty in trying to get the crowd quieted down to sing with the orchestra the finale of "Auld Lang Syne."

All during the week preceding the Christmas assembly a beautiful lighted tree stood in the waiting room of the college. This was moved to the assembly for the morning. We have the Freshman class to thank for this appropriate decoration, complete with tinsel and ornaments.

January 8

Dr. R. C. McCaughan of the Central Office, who is universally known and admired in the profession, was a visitor in the city

The Pit



The present Pit is on the first floor and is used whenever a demonstration is made that needs the close visual attention of the entire class. The Trustees plans in improving the facilities of the College include the removal of the Pit to the fourth floor, enlarging it, providing for additional seating capacity and more desk room for demonstrative lecture work.

on this date. It was quite natural that he would be drafted to address the student body. Following an introductory number by the orchestra, Dr. Becker introduced Dr. McCaughan. For the past several years these two men have been in close association in the conduct of the affairs of the national association and Dr. Becker's introduction indicated that the affairs of the profession were in good hands with Dr. McCaughan at the head of the Central Office.

Dr. McCaughan spoke to the student body only. His advice was along a line not usually taken up by speakers within our own group and related principally to the unnoticed things that go to make up a successful doctor. The bell rang entirely too soon for all of us. We do sincerely appreciate his excellent address and hope that he will make frequent visits to the college.

Dr. Halladay followed, presenting eight members of the Freshman class who had recently passed the final in Osteology with a grade of 95 or over. The following were each awarded a key indicating his induction into the Osteopathic Osteological Fraternity: Borchart, Jackson, Walker, Blackwood, Huff, Iosbaker, McKay, and Wing.

In the name of the Grand Chapter of Sigma Sigma Phi, Dr. Halladay presented Dr. McCaughan with a check for \$100 to add to the A.O.A. Student Loan Fund. The fraternity voted this sum at the meeting of the Grand Chapter in New York last summer.

The orchestra closed one of the most enjoyable of our assemblies for the term just ending. We thank the Sigma Sigma Phi, Beta Chapter, for the aid they have given us in making these meetings this year interesting and instructive.

Married



Dr. Bennie H. Devine and Miss Celeste Pierce, December 24. Bennie has opened a fine suite of offices in the Equitable Bldg. in Des Moines.

Robert O. Fagen and Miss Jane Kent, December 12. Bob is a member of the January '38 class at the college.

Dr. John I. Royer and Miss Bessie Thomas, November 12. John has been practicing in Woodward, Iowa for some time.

Dr. Joseph C. Bartram and Miss Cathryn Cravens, December 13. The wedding took place in Des Moines and after a short honeymoon the couple will be at home in Tanner, West Virginia.

Chester Wyman and Mildred Borg, January 1, 1937. Chet is a member of the graduating class.

Bon Voyage!

(Continued from Page 1)

gram which will be followed by the awarding of the honor certificates and appointments.

Thursday, January 21st the Trustees of the College will entertain the graduating class with a banquet at Younkers Tea Room. Friday evening at the college auditorium this class will receive its papers of honorable discharge from the college. State Boards follow too quickly, some say.

Bon Voyage!

Polk County Association

The Des Moines General Hospital was host to the county association on the evening of January 8. Although the weather was severe and many cases of flu and other infections kept some away, about thirty-five members of the association were present.

Dr. J. P. Schwartz, acting for the hospital group, called the members to dinner and the line formed on the right. First a plate. Then a fish, a special baked potato, Brussels sprouts, your choice of relish, etc. On to the dining room. It is needless to say that no appetites were lost until after the second helping of the plate. A generous wedge of coconut cream pie topped the repast. Coffee, hot rolls and marmalade were served at the table.

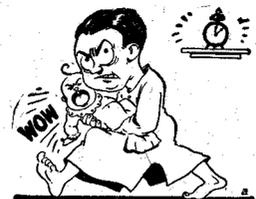
For this special occasion Dr. Schwartz had imported a speaker that we all enjoy hearing. He introduced Dr. R. C. McCaughan of Chicago, our national Executive Secretary. Dr. McCaughan addressed the association on "Straws," bringing into his talk the many things going on now that show what is to be done in the near future. His fund of information is appalling and with physical man too well filled with food, mental indigestion threatened. It was a real pleasure and privilege to hear Dr. McCaughan and to know that we have men at the head of our association who are constantly on the job doing everything that can be done for us with the limited means they have to enable them to carry on.

Following his address Dr. McCaughan answered a number of questions and talked informally until train time.

The Polk County Association thanks Dr. Schwartz for his excellent choice of both mental and physical food and sincerely appreciates the effort he made to make this meeting the outstanding one of the year. We would like to keep in closer touch with men of the calibre of Dr. McCaughan.

Dr. J. Robert Forbes—of Fort Dodge, Iowa, took office the first of January as County Coroner. Is Bob in a class by himself, or do we have others of the profession filling this elective office

Births



To Dr. and Mrs. L. W. Spaulding of Windham, Maine, December 26, a boy, William Edward.
To Dr. and Mrs. S. C. Pettit of Cleveland, Tenn., December 25, a boy, Francis Stanley.

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Number 2

January 1941 Class

Time continues to plod its path thru the years. Just now its footsteps seem too slow, but to those who will graduate in May, Time is breaking all speed records. This new class that just came in looks forward to four long years that have already been shortened by several weeks.

They are a fine group. We are happy to have them and are proud of their numbers. Not large as compared to some other classes but we are happy to state that their number is nearly double that of the class entering a year ago. We think that is something to tell. We know it reflects the confidence that the profession has in Des Moines Still College as an institution capable of educating trained osteopathic physicians.

Friday, February 12th, the college will honor this new group with a reception and dance at the Hoyt Sherman Place. We are just trying to show how glad we are to have them with us.

Freshmen, we welcome you and assure you that we are all here at your service!

Senior Class Day

The last assembly of the semester is always given over to the out-going class to dispose of as they wish, with the one reservation that the last few minutes be returned to the college for the presentation of Senior Honors. This class, detouring from the regular marked path, offered in its program entertainment and instruction, so the program was a real success.

The college band for the day was turned over to Charles Gnau, one of the graduates, who has been a faithful member of the musical organization for his four years in college. Charlie started out as a trombone artist but finished up punishing the strings of a tenor guitar. His complex was leaving out introductions and his happiness knew no bounds when he found out he could start the numbers after the first double bar. The several selections rendered under his baton were loudly cheered, not due to the lack of the first 8 measures but more to the specialty act put on by the various members of the orchestra. Tex Sharp contorted all over the dog house, Spoon Hutson, Oboe Wicke and Spine Halladay took turns at the piano, and Les Herick blew all sorts of cadenzas

(Continued on Page 4)

An Intensive Week of Graduate Review of Clinic

May 31st to June 5th, Inclusive

Open to Osteopathic Physicians

NO TUITION FEE

* * *

Plan Now to Take Advantage of This Opportunity

at the

DES MOINES STILL COLLEGE OF OSTEOPATHY
DES MOINES, IOWA

The above is a small edition of the half page notice that is in the current issue of the Forum. It is not too early for you to be thinking about a week of review work this Spring. Notice the dates. Put these down right now and be here. Over 100 physicians came to Des Moines last year and all requested that the review be repeated. Watch for more detail and resume of the program in next edition of the Log Book.

Senior Banquet

Younkers Tea Room was again the scene where the feast was prepared in honor of the graduating class. Forty-six attended, consisting of the class, the faculty and friends of the graduates. All were seated at one long table decorated with roses and Chinese lillies.

Dr. Arthur D. Becker, president of the college, called the group to order following the unusually fine dinner and congratulating the class and expressing the pleasure of the faculty, read a telegram from Dr. Facto, who at the time was touring Ohio, making a series of speaking engagements. Dr. Becker then called upon Dr. J. P. Schwartz, Dean of the college.

His talk to the new physicians consisted mostly of advice that could well be applied not only to those just entering the profession but to many who are already in practice. Dr. Schwartz intimate relation with physicians in the hospital gives him an opportunity to study the needs of the active practitioner.

He closed with a wish that we might institute Alma Mater Day and celebrate by sending a student to the college to take the place of the one graduating.

Dr. Becker followed with the announcement that Dr. O. E. Owen of the class had been awarded the honor of having his name engraved on the Psi Sigma Alpha shield, having the highest scholastic standing with an average of 94.106. This looks like it was carrying the decimals out rather far, but Myron Bos and Helen Butcher were such close seconds that the small fractions were necessary to make a final decision. Dr. Myron Bos was announced as the intern selected from the graduating class to serve at the Des Moines General Hospital.

Dr. B. A. Storey, president of the class, responded to Dr. Becker's invitation and expressed the regret of the class that their time had come. "The four years look much shorter from this end and while the traveling has been rough in places, it has been entirely too speedy most of the time," he said.

Dr. Becker closed the program with announcements, one of which was that they should not forget to attend the graduation the following evening.

Graduation

We doubt if you could match the final program of the January, 1937 class anywhere in the United States during the last 50 years. Have you ever attended a graduation by candle light? We did!

Remember that Des Moines' streets at this time were, and still are, covered with some inches of ice.

The class collected as usual in the library for the fitting of the gowns. The faculty and the speaker were herded in the office for the same purpose. The hour came. All were present.

The processional march started and the slowly moving line of faculty and graduates filed to their respective seats. Dr. Bachman gave the invocation, Mr. Glenn Morning sang, and Dr. Becker introduced the speaker, Rev. Stoddard Lane, who started with his usual fine flow of oratory on the subject, "Life Is a Gamble."

The lights went out.

Dr. Lane, thinking that they would soon return, kept on for a short time in total darkness. He hesitated and then speaking to Dr. Becker, asked if he should continue. Confusion was noted at the door.

Word had been sent to the auditorium that a car skidded against the pole on which was perched the transformer controlling the lights, not only in our building, but some others near, shorting the line, and candles had been sent for as a substitute.

During the next half hour the audience, led by Mr. Morning, sang nearly everything in the little red song book, still in total darkness. Came the candles.

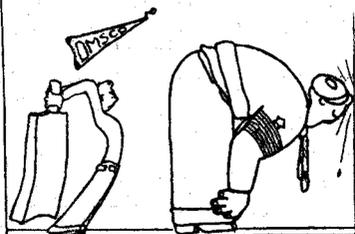
Dr. Lane flashlight in hand, and surrounded on the speaker's platform by footlights of candles, continued and finished, adding that even a lighting system is a gamble.

Mr. Morning rose to render his second musical number and found that the strenuous singing during the intermission had exhausted his voice and concluded that a voice is a gamble also.

Dr. Schwartz presented the class and Dr. Becker conferred the degrees. The recessional was made by candle light and the reception which followed continued under the same picturesque effects. It was thoroughly enjoyed by all and while it may happen again, we doubt it. Things like that seldom repeat.

The graduation of this class will be remembered longer.

FRATERNITY NOTES



ATLAS CLUB

(E. M. I.)

With the beginning of the new semester we find most everyone happy to be rid of finals and eager to start on something new and different.

The semi-annual senior banquet was held January 15th at Younkers Tea Room. Only one member was lost by graduation and to brother Chester Wyman we extend congratulations and best wishes for the future.

We are happy to have back with us this semester Wilson P. Simmons and brother William F. Costello. Both return to us after a year and a half of absence.

It is our pleasure to announce the pledging of James (Gang) Watt from Springfield, Missouri. Congratulations, Jimmie.

The Xiphoid chapter is to be the guest of the Axis chapter of Kirksville, Mo., on the week-end of February 19th. A basketball game and dance are to be the highlights of the affair. A few "bull" sessions may also be on hand.

With high hopes of coming out on top, the bowlers have been practicing very diligently and we believe a first-class team will be on hand when the league swings into action.

Dancing to the tunes of America's greatest swing-time bands was the highlight of the evening of February 6th, when a most enjoyable open house was held. Yes, the radio is a wonderful machine!

Can you imagine: Schiffer shoveling coal at 3 a. m.? Bridenstine getting to school without sliding half way? Callahan in love?

For sale: Technique by Simmons.



(B. M.)

We are pleased to announce that Rebecca Richardson of Iola, Kansas; Gertrude Ganfield of Des Moines; Dorothy Hollen of Dayton, Ohio; and Lavonne Overton of Des Moines, will be pledged at the home of Beryl Freeman on Monday, February 15th, following a 6:30 dinner.

February first, a business meeting was held at Ruth Paul's home. Beryl Freeman was elected treasurer and immediately took over the duties of Dr. Helen Butcher, who graduated in January, '37. Every two weeks business meetings are held in the school library during the noon hour, which makes it eas-

ier for all the members to be present.

Things look rather bright right now for our Bridge Tournament teams. The first team won Sunday at the Phi Sig house on rubbers and points, but the second team won only by points and there is still a controversy as to whether they have lost or won. We are all hoping it will be settled soon and the decision will favor our team.

Dr. Helen Butcher is going to Sibley, Iowa, February 15th to take care of Dr. Miller's practice while she is in Florida taking the State Board.

Delta Omega and the girls of Still College wish to welcome Georgiana Harris of Dayton, O., into our midst. We need many more women students at D.M.S.C.O. and we are expecting the alumni of Delta Omega and of Still College or recruit more women for our profession.



(Cliff Millard)

Phi Sigma Gamma announces the pledging of four new freshmen: Jack Miller, hailing from Dayton, Ohio; Harry Williamson, Tulsa, Oklahoma; Bruce McLean, Westerville, Ohio; and John Hardy, from Seattle, Wash.

Semester over—relaxation for a week—semi-annual vows to "keep up on the books"—Ho, Hum—more relaxation.

There's an exceptional amount of enthusiasm concerning the tryouts for the bowling team. Many members and pledges have been practicing on the sly but sore muscles and stiff joints are "dead give-aways."

A smoker was held for the incoming freshmen on Feb. 1st at the fraternity house. Dr. Callison graciously accepted our invitation to be guest-speaker. Food and cards followed, with a grand time being had by all.

The fraternity was honored by having the first round of the Sigma Sigma Phi bridge tournament players as their guests. Four tables being formed by two teams from each fraternity and sorority.

We were happy to see the familiar features of one of our graduating members of last June, in the last issue of "Life." Dr. Walter Smith Irvin, who seems to be having the unusual experience of doctoring flood sufferers, through the streets of Marietta, Ohio, in a boat.

REMEMBER: "We believe that our therapeutic house is just large enough for osteopathy and that when other methods are brought in, just that much osteopathy must move out."—(Andrew Taylor Still.)

Dr. Delmar R. Steininger—of Keota, Iowa, and Miss Ruth Coon of Cedar Rapids, were married October 17, 1936.

Dr. W. O. Hopkins—of London, England, recently sent us some of the Edward VIII stamps. Thanks, Hoppe!

Assemblies

January 29

With the beginning of a new term the first two Fridays are devoted to set programs for two specific purposes. The one may fail but the other always succeeds. Friday the 29th of January was Faculty Day.

It is a difficult task to get the full corps of our faculty group together at one time. Not that they are scattered over too wide a territory, but they are a busy group and with time at a premium, fifty percent of the total is considered a good showing at that time of day.

Following a number by the orchestra, Dr. Halladay transferred the honors to Dr. Arthur D. Becker, president of the college, who introduced the faculty members present. Some were new to the upper classmen, for as the work advances, the instructors change with each class but the Freshmen needed to be warned and advised as is the usual custom.

Dr. Becker saved the president's address until the last and expressed his pleasure also for the new and larger class. The assembly closed with a number by the orchestra.

February 5th being the second Friday of the semester, was devoted to introductions from the student body. The new class held the spotlight for the first part of the meeting and those of you who have gone thru with this ritual know just what the boos and cheers stood for. May we, sotto voice, state that Ohio was away out in front this semester, over their old rival, Michigan. (Michigan boys, N. B.)

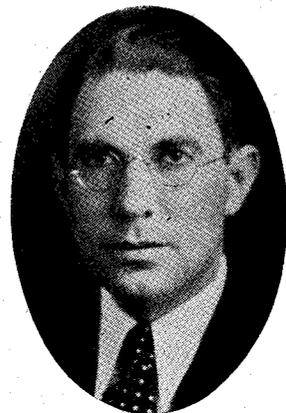
Several students having been out one or more semesters have returned and these were also introduced. This makes our total registration for the year a decided increase over the total for the previous year.

Loan Fund Stamps

In addition to the annual contributions by members of the faculty of the college to the A. O.A. Student Loan Fund, the students of the college pitched in pennies and other small change to add nearly \$35 to the fund from this district. President Wing of the Freshman Class must have worked harder than the others for he turned in over \$10. We thank the class officers for their cooperation in helping to put this over in such a generous way.

Dr. E. E. Detwiler

of London, Ontario, Canada, spent all day on Feb. 4th inspecting the college and hospital in the interest of the osteopathic profession of Ontario. It was a genuine pleasure to have an osteopathic physician of Dr. Detwiler's prominence and ability as a guest and we made everything available that could be covered in one busy day's work.



Dr. Owen Retained

Dr. O. E. Owen, member of the recent graduating class, has been added to the permanent teaching staff of the college. For the past three years Dr. Owen has been an able assistant on the faculty, having been in several laboratories and responsible for the didactic instruction in Embryology and Biology. This semester he is doing additional work in the department of Pathology, and will have charge of the exhibit being prepared for the coming Chicago convention.

Dr. Owen has been majoring in science for several years. His B.S. degree was earned at Penn College in 1929. From there he went to the University of Missouri as assistant in the department of Zoology. Here he received his M.A. and transferred to Berea College in Kentucky as head of the department of Biology, teaching the several subjects related to the course. Since his matriculation at Still College he has been kept busy and has proved an able instructor in the several subjects that have been assigned to him.

Dr. Owen is a member of Gamma Alpha, national graduate science fraternity, and was active in Phi Sigma Gamma and Psi Sigma Alpha in osteopathy.

As an example of his interest in pathology he has contributed an article to this issue of the Log Book, which will warrant your concentrated attention. This is condensed into too small a space, for the subject is one that is attracting greater interest each month.

The college is proud to add Dr. Owen to its list of able faculty members and we know your students here at Still College will have the opportunity of associating with one more authority in their osteopathic education.

Dr. W. S. Irvin—

of Marietta, Ohio, D.M.S.C.O. '36, is standing up in a hospital boat on page 19 of the Feb. 8th issue of "Life." See center picture on right half of the page. We would like to have some stories of what our profession has been doing down in the flood district. We congratulate Dr. Irvin and hope that others noticed this picture.

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY

President Arthur D. Becker
Faculty Advisor, H. V. Halladay
Editor..... E. Harwood

Osteopathy Without Limitation

Threshing

Down on the farm where I spent my summers as a little boy, we always looked forward with eager anticipation to the threshing season. I well remember the fine appearance of the well-filled sacks of grain. I liked to stand where I could see the grain as it came out of the grain spout. It seemed to me at that time that this particular part of the threshing activities was the most important part.

I now realize that there would have been no grain with which to fill the sacks, if some one had not attended to putting bundles into the front end of the machine, where the feeder is placed. I also realize that there must have been much of planning and preparation before the grain was gathered into bundles. The preparation of the soil, the sowing of the grain and the harvesting of the crop, all required much time and energy.

Quite similar in many ways is the situation in the osteopathic profession. We need more osteopathic physicians and surgeons skillfully trained and well informed. May we say they represent the grain. We have the colleges and the hospitals well equipped and carefully staffed. May they be likened to the machine. To continue the simile, we must have bundles which may be said to represent prospective students. Much planning and preparation are necessary before the grain is gathered into bundles. Only good bundles should come to our machines.

Comes now the crux of the whole matter. How will we get the good bundles to the machine in sufficient numbers to furnish an adequate supply of grain to meet our needs? We need the help and direction and interest of many intelligent assistants. It is your problem as well as it is our problem. The new grain will be the asset of the whole profession.

We are constantly planning to do good work at the machine, seeking to turn out a superior product with the least possible waste motion. It requires much attention and many fine adjustments.

Enough of similes. Help us to make the September class of 1937, a banner class to date. Let us help you to interest prospective students. Send for our new catalog and literature. Help the osteopathic profession to grow bigger and better. Build for tomorrow.

—Arthur D. Becker, D. O.

Professional Fees and Collections

(Some time ago we wondered just how much you folks in the field might be interested in short articles dealing with this important subject. We asked Mr. Sampson, our professor of Medical Jurisprudence, to write the article below, as a sort of a feeler. Do you want more information on this subject?—Editor.)

(By Henry E. Sampson, Professor of Malpractice and Jurisprudence.)

It is to the credit of the osteopathic profession that its members give first consideration to the welfare of its patients. That being done, they owe it to themselves not only to charge but to collect reasonable fees for their services. There are worthy cases where charity service should be given, and, if so understood by patient and public, it will renew to your credit. That is an entirely different matter than the making of a charge and then, because of a misunderstanding of your legal rights or through your neglect, you fail to make such collections. It is evidence of the fact that you are a poor business man, and the failure to make these just collections will deprive you of many things you need in your profession and which will help you to give better service and insure you greater success in your practice. To put charges on the books is really to your disadvantage unless you collect them. Therefore, to insure professional and financial success, you should give more serious thought to the business and legal phases of your practice.

To suggest the important and far-reaching effect of these matters, permit me, in the limited space available, to ask you the following questions:

Suppose that a person, accidentally injured, was rendered unconscious and incapable of making a request for your professional services. Would you encounter any legal difficulty in attempting to collect for such services? Would you look to the stranger who called your attention to the case? Would the fact that the injury was not such as to require immediate attention effect your rights to collect?

Can you recover your fee from one who calls upon you to render services to another, if the party calling you is not legally bound to furnish such services to the patient? If you can so recover, what preliminary arrangements must be made in order to insure recovery?

If you are summoned by another physician to assist him under what arrangements will you be able to recover your fee, and who is responsible for paying same, the physician who called you in or the patient who was being treated?

Can you recover your fee for attending an aged parent from a child who is under no legal obligation to support such aged

parent? Would the fact that such parent was, at the time, living with the child or that the child called you, make any difference in your right to recover?

Does the relationship of father-in-law impose on him a liability to pay you for professional services rendered his daughter-in-law?

Could you recover your fee from a husband if you provided his wife with professional services after you knew that the husband had selected another physician for his wife and objected to you?

Under the laws of your state, can you recover from a well-to-do mother for the fee which you charged for services rendered her minor children, notwithstanding her husband might be living and also able to pay?

Can you recover from an employer if called by his manager, during his absence, to attend one of his employees who was injured in an accident in the course of his employment?

Is a transportation company liable to you for services rendered by you to an injured passenger if you were called by a bystander; and would it make any difference if the accident was not due to the fault of the company?

From whom could you collect your fee if someone handed you a business card on which was written a request that you call on a certain sick person at a certain address, requesting you to go at once?

How must you keep your books of account in such cases as the above in order to legally collect your fees, and what facts must you establish in court in order to recover if the person whom you charged refused to pay?

Athletic Clinic

We will not be outdone by the OB department. True, we in the athletic work did not attend all the births listed in another article but we have a berth of our own that we think is just as important. In 17 or 18 years we will be taking care of these boys and some of the girls, so there must be an OB department to furnish us with material later on. That is the kind of co-operation we have here in Still College. Our OB group several years ago started this passing game and we are in the job to do our part to keep the youngsters osteopathic.

The football season has closed and the basketball season is on in full swing. The Seniors covered completely the local schools, the Catholic Academy, (now known as Dowling High), and a couple of professional teams. Altogether about 500 athletes were contacted. Not all of these needed constant attention. With the studies being made in training and coaching many of the injuries are being reduced in number and extent. Under osteopathic care the boys make a much

quicker recovery and none this year have suffered any injury that might be classified as serious.

We do notice one thing that has changed to a very marked degree. The percentage of muscle injuries has been reduced, making the total percentage of injuries less also than in previous years. This we think is due to careful and planned osteopathic treatment in the early cases, which aids in bringing the boy up to the peak of training earlier than in previous years. The high percentage of ankle and knee injuries is not really high but merely at the top due to the reduction in muscle injuries.

In the listing of nearly 2000 contacts we have a pretty good idea of what is going on and can judge at each school the type of coaching and training that the boys receive. Boys in high school are still in the awkward age and in many cases the training and coaching gets no farther than the brain. Some find it difficult to change habits of running, dodging and stopping and until they do acquire a more complete control over the muscles we will continue to have injuries to these joints that were not originally built for football.

We are not going into a lot of detail but want to get at a few facts that mean something to osteopaths who expect to do this type of work.

Ankle injuries led this year with 14%. Knees came next with 13%. Skin abrasions followed with 12%, and muscle injuries took fourth place, being 8%. These figures mean that when we go out to take care of a football team we have to be prepared to treat plenty of injuries in the above four classes. By keeping statistics from year to year as we do here in Des Moines, we know what to teach, what to plan in the way of prophylactic treatment and what to think about in the way of research to improve our work.

The year's work is not over. Following basketball the Seniors get into track work and baseball and all look forward to the big Drake Relays, where we contact nearly every large college in the country and many of the smaller ones.

The work of the athletic clinic can be summed in one statement. We took care of 500 athletes during football season and not one serious injury occurred!

Sigma, Sigma Phi, Grand Chapter

in addition to its gift of \$100 to the A.O.A. Student Loan Fund, made a contribution of \$50 to the Red Cross for the flood sufferers. Dr. H. V. Halladay, who has been Sec'y-Treas. of the Grand Chapter, recently resigned this office, due to other obligations.

Dr. R. H. Gibson—

of Worthington, Ohio, announces the arrival of Robert William Gibson, January 22, 1937.

Heredity Pathology

(By O. Edwin Owen, B. S.,
M. A., D. O.)

Illness or disease is due to two factors, operating either alone or in a composite manner; environmental influences and heredity predispositions. Environmental causes of disease are commonly understood. When we say that a disease is hereditary we have by no means discovered its cause. In fact we have used the word "heredity" to clothe our ignorance, but with the rapid advances in this field at the present time, we are no longer able to use it as a guise.

The causes of hereditary diseases arise out of the innate hereditary equipment of the individual which has been bestowed upon him by his parents. Clausen, who is famous for his researches in heredity, is of a firm belief that the pathology of heredity should rank equally as a topic of research beside the study of environmental causes of disease.

The present status of our knowledge in regard to morbid heredity is such that we are able to make a few definite statements. Morbid equipments are transmitted in accordance with the same laws as normal ones. The same Mendelian Laws hold good for human beings as hold for other plants and animals. The same factors operate in the production of normal factors as of pathological. In the main, normal structural and functional aspects of the body are brought about by the operation of many hereditary factors, while morbid characters are instigated by single factors which have replaced the normal.

The study of hereditary diseases has made enormous advances of late years. We are now able to say definitely how certain conditions are inherited, even in the human body. Albinism, myopia and feeble-mindedness are simple recessive; cataract and night-blindness are dominant; red-green color blindness and hemophilia are sex-linked recessive.

There is increasing belief that neoplasms are hereditary. A malignant tumor supposedly originates from a single, morbidly modified cell. The growth of a cancer cell is distinguished from the growth of normal cells inasmuch as it is not adapted to the structural plan of the body as a whole and proceeds regardless of the body's need for self-preservation. The present status of our knowledge seems to be this: certain factors operating from within or without the body induce certain latent cells within the body to enter into "cell anarchy." It is suggested that these factors may operate upon an hereditary predisposition. We are rapidly gaining information in regard to the method of inheritance of malignancy. The accurate case-histories which are now on record, indicate that it is a simple recessive. Numerous

genealogical trees have been published, tracing cancer of the stomach through at least four generations. In Austria, fifteen families have been reported. In some of these, six, seven and nine brothers and sisters have died of cancer. In the Bonaparte family, Napoleon I, three of his brothers and sisters, and their father, all died of cancer of the stomach. Other records show retinal glioma and xeroderma pigmentosum to be definitely hereditary as recessive diatheses.

Certain investigators are now willing to make a statement in regard to the origin of malignancy. Namely, by its nature, cancer is an idiokinesis of somatic cells. By idiokinesis they mean the physical and chemical changes which occur in the hereditary equipment of cells. We know that changes occur in germ cells and are transmitted to the next generation, resulting in the emergence of new characters. In like manner, a human somatic cell which has been modified to become a cancer cell, retains its peculiarities and transmits them by inheritance for countless generations during the growth of a malignant tumor.

Here is where extrinsic factors such as chronic irritation, X-rays over a period of time, as well as other physical and chemical factors play a part in the etiology of tumors, in that they are assumed to be at least partly responsible for idiokinesis. It is generally believed by men who are authorities in heredity that, "malignant tumors are the result of a disturbance in the normal chromosome constitution of cells." This concept is not new but rather an attempt to correlate known facts. From this it would follow that there is no use in attempting to find a single, specific cause or cure for cancer. There are however, certain points which may be a guide in the prevention of cancer, namely—avoid idiokinetic injuries and establish racial-hygienic measures.

In this brief article, only a very few phases of the increasingly dominant field of hereditary pathology have been touched upon. It is my opinion that hereditary pathology will soon demand as much consideration as environmental pathology, if we are to have a more complete understanding of human disorders.

**Drs. Mary Golden and
Rachel Woods—**

national president and secretary of the O.W.N.A. flew Sunday, January 24, to Chicago, attended a conference with the Advisory Committee of the O.W.N.A. and were back home that night. There is a decided advantage in having these national officers in the same city and contiguous to our modern methods of transportation. Drs. Golden and Woods are doing things this year in their O.W.N.A. work.

The Ohio Circuit

(By L. L. Facto, D. O.)

On my recent trip to Ohio, I lectured on "Reflexes and their Diagnostic Significance", at five of the district meetings. The first meeting was held at Bowling Green, about twenty miles from Toledo, on Monday evening January 18. Twenty-five members were present most of whom I did not know. I enjoyed very much talking with Vern Lechner, whom I had not seen for about thirteen or fourteen years, and who was my first prosector in dissection. He and Paul Black, a classmate of mine, drove down from Toledo. Bowling Green is a beautiful town. The Heinz Company has the largest tomato ketchup factory in the world there, but when I went to the restaurant for lunch I was unable to get any tomato ketchup. Maybe the reason was that the factory is not running at this season of the year.

On Tuesday night I talked to the group at Cleveland, the meeting being held in the Hotel Cleveland. There were between forty and forty-five at the meeting. Here I met a former teacher of mine, Dr. Keesecker, who told one of the doctors that knows me quite well, that he taught me most of what I knew. After I finished my lecture, he did not say whether he was proud or disappointed in his former student. Others present that I knew were Homer Sprague, a classmate of mine, Grossman, Charbonneau, Thompson, Vorhees, and West, all of whom I had not seen for a long time.

Wednesday morning I went with Dr. Sprague out to the Osteopathic hospital and spent the morning with Dr. Sheppard. Had a pleasant time seeing patients examined, for it happened to be clinic day at the hospital and several doctors from out of the city had brought patients in for examination. Left the hospital at twelve o'clock and hurried to the offices of Grossman, Charbonneau, and Rensch. Dr. Rensch showed me around their offices, then we all went out to lunch.

Enjoyed talking over some of the interesting cases with them. Grossman looks as young as ever except that his hair is almost white. When he reads this he may decide to change the color of his hair. After sigh-seeing for two or three hours, took a train for Ravenna, where I was to lecture in the evening.

Arrived in Ravenna at five-thirty and located the hotel where the meeting was to be held. Here I met Charley Naylor, who graduated from Des Moines Still College a few years ago. The meeting was called promptly at six forty-five. There were thirty-three present at the meeting. Joe Rader, a classmate of mine, was there and he, Elston, and myself had a good visit after the meeting was over. Here was where I had hoped to see Dr. Smith, of Youngstown, a

classmate of mine, and Bill Rankin, who graduated in June '35, but it was such a rainy afternoon and evening that they could not make the trip. I came to Ravenna in the dark and left the next morning in the dark—and am still in the dark, so far as knowing very much about the town.

Thursday morning I left for Columbus, where I talked to the district meeting that evening. About forty members were present. Just after dinner and before my part of the program, Dr. Clybourne and I wrote out the telegram that I sent to the Graduating Class who were having their banquet at Younkers Tea Room. I met more doctors here that I knew than at any of the other meetings. Lon and Henry Scatterday, Strittmatter, Lang, Van Ness, and Gibson, a recent graduate. Gibson told me he was expecting to be called to the hospital at any time on an important case. Imagine my surprise the next morning when I learned that Dr. and Mrs. Gibson were the proud parents of a baby boy.

(Continued Next Issue)

Senior Class Day

(Continued from Page 1)

and musical sky-rockets out of his trumpet.

B. A. Storey, president of the class spoke in behalf of the class and its program and asked Helen Butcher to review the history. This proved to be of unusual interest, for this class has been buffeted around from pillar to post and succeeded in graduating in spite of the apparent attempts on the part of the faculty to keep them in school.

Don Leigh offered a new bag of tricks and after fooling all of us, exposed the simplicity of one or two, just to show us how dumb we really are.

President Story of the class called President Becker of the college to the platform and presented the school with a fine adjustable lamp to be used in the E.E.N.&T. department.

Senior Honors were then announced by Dr. Becker, the following members being recipients as indicated:

- Myron N. Bos—Clinic and Anatomy.
- Helen M. Butcher—Clinic and Anatomy.
- Willis L. Crews—Anatomy.
- James E. Dunham—Obstetrics.
- Charles U. Gnau—Band.
- John J. Herrin—Obstetrics and Clinic.
- William F. Moore—Obstetrics and Clinic.
- Chester W. Wyman—Sigma Sigma Phi award in Osteopathy, and Dr. Marshall's award in Eye, Ear, Nose and Throat.
- O. E. Owen—Sigma Sigma Phi award in Service to the College.

The assembly closed with two tunes in the popular Jamb style and left everyone in a good humor.

Entered as second class matter, February 3rd, 1923 at the post office at Des Moines, Iowa, under the act of August 24th, 1912.

THE LOG BOOK

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Number 3



* * * * *

Do We Start Equal?

To know whether we start equal or not is a subject that no doubt has been widely discussed and before that is decided, one may ask questions bearing a direct influence on any answer that may be given, if we are not, why and if we are, why are we so different as we develop? What is the influencing factor that makes the difference, or what is absent that permits these variations?

So far science has been unable to isolate any one single factor or entity in the half cells that reveals a cause for the variation in the physical and mental capabilities of an individual. The environmental influences of nutrition, climate and social life have been unable to produce physical or mental giants and the various artists at will. It is obvious that these factors, if of an unfavorable nature in themselves, have been no potent factor in keeping an individual from developing into a personality rating mention in "Who's Who."

In the Declaration of Independence so masterly compiled by our forefathers the statement is made in the first sentence of the second paragraph "that all men are created equal." This, I feel, refers to the equal right of liberty. In a writing older than the Declaration of Independence and spoken by Christ in his parable of the talents, as recorded in the fifteenth verse of the twenty-fifth chapter of St. Matthew, it states, "And unto one he gave five talents to another two, and to another one; to every man according to his several ability." There is the acknowledgement of difference in men. These inequalities are more

(Continued on Page 4)

An Intensive Week of Graduate Review and Clinic

May 31st to June 5th, Inclusive

Open to Osteopathic Physicians

NO TUITION FEE

* * *

Plan Now to Take Advantage of This Opportunity at the

DES MOINES STILL COLLEGE OF OSTEOPATHY
DES MOINES, IOWA



* * * * *

Seeing Through You

When the X-Ray was first discovered the newspapers contained several articles about the possibility of fluoroscopes becoming quite a common thing. This aroused considerable consternation among the ladies of the nineties. They soon learned, however, that lead shields would protect their modesty from this new danger.

The use of the fluoroscope has not become so general in its use; however, it is too frequently used when a picture should be taken. I frequently have requests for such examination for diagnosis of fractures. The errors made in fracture diagnosis are numerous even when the best films possible are obtained. Line fractures without separation or dislocation may be overlooked. Impacted fractures of the surgical neck of the femur are possibly the most difficult to diagnose, unless a good picture is obtained. If any irregularity of contour of the cortex of the bone is shown, more pictures at different angles or even stereoscopic pictures should be obtained. Very frequently the patient with an injury of the surgical neck of the femur complains of pain down the thigh and knee and often insists that a picture of the knee be taken. Several cases of fracture have had such pictures taken and the actual pathology overlooked too long for perfect union to take place.

Artifacts in the films from numerous causes may be mistaken for fractures. Silk or rayon underclothing and overlapping adhesive tape may give line shadows. The most ridiculous error I know of is to diagnose fracture of the femur where a line is present, caused by the folds of the buttocks. The great-

(Continued on Page 3)

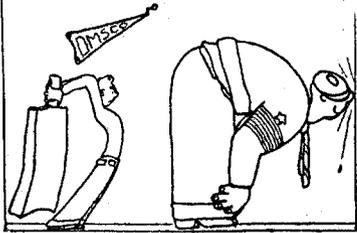
THE FACULTY

Believing that you want to hear each of the talented members of the faculty of the college, the schedule is being arranged so that during the week of Graduate Review you will hear the following. These experienced speakers, teachers and practicing physicians will give you the latest in their specialty. You have enjoyed hearing them at many national and state meetings and you will enjoy hearing them and meeting them in a week of intensive osteopathic review. This is their gift to you at the close of another successful year at our college.

- DR. ARTHUR D. BECKER—
President of the college and well known to all.
- DR. J. P. SCHWARTZ—
Dean of the college. A surgeon of national renown.
- DR. R. B. BACHMAN—
Treasurer. Nationally known as an Obstetrician.
- DR. H. V. HALLADAY—
Trustee of the college and of national repute.
- DR. H. J. MARSHALL—
Trustee of the college and our E.E.N.&T. Surgeon.
- DR. G. E. FISHER—
Trustee of the college and a great Lab. man.
- DR. J. M. WOODS—
President of the Iowa State Assn. and a noted speaker.
- DR. MARY E. GOLDEN—
President of O.W.N.A. and our Pediatrician.
- DR. L. L. FACTO—
You know him in Technic and other subjects.
- DR. C. I. GORDON—
He knows biochemistry both ways from the middle.
- DR. BYRON CASH—
An X-Ray artist who sees all.
- DR. C. P. CALLISON—
He knows Physiology and many other things.
- DR. J. L. SCHWARTZ—
He can tell you about Proctology.
- DR. H. A. GRANNEY—
First assistant at the hospital.
- DR. O. E. OWEN—
Outstanding biologist and pathologist.
- DR. H. E. CLYBOURNE—
Our Alumni President, of Columbus, Ohio.
- H. E. SAMPSON—
He will tell you how to keep out of trouble.

(More detail next month.)

FRATERNITY NOTES



ATLAS CLUB

(E. M. I)

With the passing of winter we find Spring at our doorstep and everyone just a little bit touched by the old Spring Fever bug. Brother Dawe has discarded his flannel longies, so we can be readily assured that warmer weather is at hand.

Our bridge team seems to be holding its own, having won more games than they've lost. With a little more luck we may be able to finesse through to the top.

With hopes for the championship pushing them strongly, the bowling team is still knocking them over, although competition is becoming keener all the time.

The chapter was honored by having Mrs. K. M. Robinson and Miss Bagen as dinner guests during the past month.

Visitors to the house the past month included Drs. Craig and Barton, from Illinois, and Brothers Konrad and Underwood from the Kirksville college.

Returning with tales of black widdy spiders and "Goodyear" gas caps, the members who journeyed to Kirksville on Friday, Feb. 19, assured everyone that a most enjoyable time was had by all. Our boys were victorious in the basketball game, 26-18, but "Tubbie" Evans was loser by about seven pounds. The recent Iowa blizzard was encountered on the return trip and some delay was made but everyone returned safe and sound.

WHATCHAMACALLITS:

Hagy is stuck on the "Iowa fog." . . . Dawe has a new girl (sure sign of Spring). . . Schiffrer has a new "abbreviated" sedan. . . Pledge Engelman dreams about redheads.

ΨΣΑ

(E. O. S.)

Psi Sigma Alpha is sponsoring its second annual Freshman Essay Contest. The subject of the essay is "Why I Chose Osteopathy As A Career." Prizes will be awarded the writers of the three best essays.

O. Edwin Owen received the highest scholastic marks in the January graduating class. His name has been engraved on the "Honor Roll" plaque of Psi Sigma Alpha.

William Moore, O. Edwin Owen, Myron Bos, and Bennett Storey were honored as a senior banquet at Younkers Tea Room. Each was presented a Life Membership Certificate.

Myron Bos is serving an Internship at the Des Moines General Hospital.

William Moore has succeeded Frederick Hecker as assistant in the Obstetrical Department.

Dr. John Woods was a guest at the last banquet, which was held Feb. 23rd at Boyce's Uptown. He honored us with a very interesting talk on Skin Diseases.

ITZ

News Flash: There has been added to our midst another sorority, the Delter Omerger; in case there is any doubt in your minds you may ask Dresser.

Iota Tau Sigma is happy to announce the pledging of the following: Howard Sporck, Homer Hutson, and Kenneth Wooliscroft.

The following officers were elected at the last meeting:

- President, Gene Beghtol.
- Vice President, Ed Jeranson.
- Secretary, George Boston.
- Treasurer, Harold Dresser.

On Feb 9th we had a banquet at Davis' Grill. We had as our guest Dr. Halladay, who gave us a very splendid speech on how the various fraternities organized and what the standards of the fraternities were. Also, Dr. Pohl, who is an interne at Des Moines General, gave us a nice talk on the advantages of having an internship.

Things I would like to see—Sporck dancing with Ginger Rogers. . . "Swampy" on a colored O. B. case. . . Jeranson run the hundred yard dash in 10 flat. . . Boston in a number 5 shoe. . . Yukl without that smile—just once. . . Dresser find that Cab Driver.

Tempus Fugit—It seems as we just got through taking our finals, and here we are taking our six weeks.

ΦΣΓ

With only eleven more weeks of school left this year, the boys have decided to study a little harder and finish the year with a "bang."

On Feb. 19th the fraternity had charge of the assembly program. Mr. James, state Osteopathic attorney, spoke to the group about the present legislation for and against Osteopathy as to its prospective outlook for the coming year. The information was much needed and appreciated by all.

Sunday, Feb. 30th, Mrs. K. M. Robinson and Miss Bagen honored us with their presence at dinner.

At this time Phi Sigma Gamma wishes to announce the following new men who receive their final initiation Sunday, March 7th. They are: Paul Calvird of Dearborn, Mich., Alfred Ferris of Highland Park, Mich., Glen Munger of Milwaukee, Wis., Glasier Pease of Detroit, Mich., Stephen Russell of South Paris, Maine, and Neil Woodruff of Flint, Mich. Following the cere-

mony a banquet was held at the Davis Grill. Drs. O. E. Owen and J. R. Shaffer, both alumni of this chapter, were guest speakers. Open house was maintained after the banquet.

Also we wish to announce the pledging of Hollis Jemison from Keosauqua, Iowa.

The bowling team, of which we are very proud, is at the present time, in a tie for first place, having won twelve and lost none. On Wednesday night, March 10th they clash with the tying team. The team is composed of Ferris, LeRoque, Robertson, J. B. Miller and Jack Miller. . . Flash! The team has just returned home with the glad tidings of having won their match. This puts them in the undisputed lead of the tournament with a record of fourteen wins and one defeat.

The bridge team is also in first place.

On the evening of March 8th Dr. Homer Friend of Clinton, Iowa, was dinner and all night guest of the fraternity.

Remember: "Nothing is so false as facts; except people."—(Dr. D. W. Morehouse.)

ΣΣΦ

This spring the fraternity is sponsoring two activities in the college, namely, bowling and bridge. So far the teams have made fairly good records for amateurs and with three weeks to go, there may be some surprises in store. Atlas and Phi Sig are tied for first place, each having won twelve games.

Iota Tau Sigma is in second place. Non-frats and Delta Omega have each won five games and lost seven, and Sigma Sigma Phi and Psi Sigma Alpha have each won four and lost eight. The Freshman team has not been quite as consistent as is possible and are at the bottom of the list with one game won and eleven lost.

The fun is watching these teams on Wednesday night and the excitement runs high at times. It is hoped that at the close of the tournament the funds will be augmented some and that the participants can enjoy a banquet as a reward for their strenuous weeks of toil.

The bridge tournament is in progress but figures on the standing are not ready. The report will be made next month.

ΔΩ

(B. M.)

Dr. Lillian Peterson entertained the sorority at her home Monday, Feb. 22. During the evening she gave a fine demonstration of soft tissue technic. Delightful refreshments were served.

Dr. Mary Golden served a delicious six-thirty dinner to the girls of Still College at her home Saturday, March 6. Mrs. Becker was the honored guest of the evening. After inspirational

Well!! Well!!

Last week one of my students called my attention to the astounding fact that four of my brain children were listed in the last edition of Dorland's Dictionary. I could not believe it but when I opened the book to the proper page, there they were in just as big type as any other words and with the same definitions I had given them at birth, sixteen years ago.

At that time we were trying to clarify the situation in regard to lesions and making an attempt to establish a nomenclature that would be adequate, not too lengthy and easy to understand. After considerable thought on the matter, taking the definitions and working backward, I figured out the following:

- Antexion—Anterior flexion or forward bending.
- Postexion—Posterior flexion or backward bending.
- Latexion—Lateral flexion or side bending.
- Rotexion—Rotation and flexion.

If I remember correctly, these words were first announced in the old Pit on the third floor of the A. S. O., to the class that graduated in June, 1922. The words with definitions were published in the Journal of Osteopathy and in the Osteopathic Physician, and since then I have several times offered them to the nomenclature committee. They were turned down because they were not in general use. Now they are in the latest edition of one of our standard dictionaries and what will we do about that? I think I will write to the publisher and find out how he came to make such a mistake.

—Virg Halladay.

Dr. Rollin E. Becker—

announces his location at 506 Pontiac Bank Bldg., Pontiac, Mich. He is the older son of our President, Dr. Arthur D. Becker, and was, until recently, associated with the Central Office in Chicago, as managing director of the Research Institute.

Dr. Paul V. Wynn

—of Albuquerque, New Mexico, is doing some red hot broadcasting over station K O B. We are all glad to know that Paul is not only doing this good work but is also boosting Osteopathy in that territory.

(We have this item on ice for two issues and failed to get it in. A letter recently from Paul incites us to offer this in answer with an apology.)

talks on organization, given by Dr. Golden and Mrs. Becker, the evening was spent playing Monopoly, anagrams, and bridge.

The sorority has been faring rather badly in a tournament way, both in bridge and bowling. The girls need more spinach, or maybe more encouragement and less advice.

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY

President Arthur D. Becker
Faculty Advisor, H. V. Halladay
Editor E. Harwood

Osteopathy Without Limitation

Enthusiasm

"Nothing great was ever achieved without enthusiasm."

—(Ralph Waldo Emerson.)

There is, perhaps, no attribute of personality that is more stimulating than enthusiasm. To be enthusiastic over a project kindles a fire that sheds a warm glow of light over and around that project and gives it added luster and increased worth. It is difficult to wax enthusiastic about any subject in which one's knowledge is fragmentary or hazy. When one loses their interest or does not give sufficient time or energy or thought to a given subject, enthusiasm dwindles and is lost and the subject becomes cold and drab.

There is nothing more contagious than enthusiasm. The salesman that is enthusiastic over the materials with which he is dealing, the real estate agent who is enthusiastic regarding the property he has for sale, the golf player who is enthusiastic about his game—all put something in the way of an over plus into their activities that inspires their customers or associates with favorable reactions.

Inspiration and enthusiasm are twin sisters in many ways. The instructor that inspires his class, the politician that sways his electorate, or the statesman that becomes a real leader, are gifted as inspirational because of their sincerity and understanding and enthusiasm.

If osteopathy is as valuable, and as sane, and as scientifically sound as we think it is, if it stands up under exhaustive clinical tests, if it bears explanation—why not show our enthusiasm about it? It would be difficult to find any subject more worthy of enthusiastic acclaim. If we have sufficient knowledge about it, we will be enthusiastic and our associates, patients and friends will sense the fact and in turn will become increasingly interested.

"Enthusiasm is the genius of sincerity, and truth accomplishes no victories without it."—(Edward Bulwer-Lytton.)

—Arthur D. Becker, D. O.

Dr. Judd L. Koch—was recently married to Miss Mary Grove of Pataskala, Ohio. Dr. Koch graduated from Still in 1932 and has since then been located in Mount Vernon, Ohio. Congratulations, Judd!

Freshman Reception

The Hoyt Sherman Place was again the scene of our second Freshman reception of the year. This affair was in honor of the class entering in January, 1937, and the entire college personnel was present to meet the new members of the student body. The reception was held the same evening as the Polk County Association program at which Dr. Becker extended an invitation to the group to attend the reception following their dinner and program. Many took advantage of this offer and it was a pleasure to see these with the group of students.

Cards, dancing and refreshments were the order of the evening, all being enjoyed. During the intermission the new classmen were presented with nigger dolls, emblematic of the day—it being Lincoln's birthday.

Board and Faculty

The regular meeting of the Board of Trustees and the Faculty of the college was held on March 5th. Reports at the meeting of the board were encouraging as all departments were running at full speed and no serious complaints were on the list. Plans for the Review Course to be given at the close of the college year were discussed and the good word given out that many letters had already been received asking for information about reservations near the college building. A list of nearby hotels will soon be published in the Log Book.

The Faculty meeting was of special interest. President Becker, seeking more and better information on the subject of teaching, called on each member of the faculty to air his pet methods. The group learned that a teacher is more than a walking dictionary and when it comes to a crisis, can really do some thinking and planning without his notes. Many excellent ideas were brought out and will be taken up for discussion at a later date.

Seeing Through You

(Continued from Page 1)

est errors that have been made in diagnosis of fractures have been caused by poor films, insufficient number of films and by incomplete study of the films.

Skull Fractures

Due to the marked variation of blood vessel spaces in the inner plate of the cranial vault and irregular ossification of the suture lines, stereoscopic films should be made for accurate diagnosis of fractures or abnormalities of the skull.

—Byron L. Cash, D. O.

Dr. Raymond Perdue—of Flint, Mich., was recently elected president of the Genesee County Osteopathic Association.

P. C. O. A.

The regular monthly meeting of the Polk County Osteopathic Association was held Friday, Feb. 12, 1937, at the Hotel Chamberlain, Des Moines, Iowa.

The speaker for the evening was Dr. Ira C. Gordon, practicing physician of the city and a member of the faculty of the college. A very interesting and instructive lecture as to the use, indications and dangers of high frequency therapy in the treatment of diseases was presented by him. Following the lecture, a round-table discussion was carried on in which Dr. Gordon answered all questions to the satisfaction of the members.

Dr. Arthur D. Becker, president of the college, personally invited all the members to the college Freshman reception that was then in progress at Hoyt Sherman Place.

Dr. Paul Parks, chairman of the committee on entertainment, announced that the next monthly meeting of the association, which is to be Friday, March 12, at the Chamberlain Hotel in this city, would be in charge of the Becker family.

Glenn E. Fisher, D. O., Secy.

Our Ladies

The Osteopathic Women's College Club, the club composed largely of students' wives of the college, have been meeting regularly and enjoying some interesting programs. New officers of the organization are: Mrs. Harry Wing, President; Mrs. Glenn Walker, Vice President; and Mrs. John Boysko, Secretary-Treasurer.

* * *

A worthwhile organization among our osteopathic women of the city is the Auxilliary composed of the wives of practicing osteopathic physicians. The college is indebted to them for many practical evidences of their interest in its activities. One of this group, Mrs. H. J. Marshall, wife of a Still College faculty member, has been honored with the National Chairmanship of the Osteopathic Auxilliaries. The Auxilliary will meet on Friday, March 12th, with dinner at the home of Mrs. C. Ira Gordon, with Mrs. E. E. Steffen as assisting hostess.

Dr. Mary E. Golden—delightfully entertained the women students of the college at a dinner at her beautiful home on Saturday, March 6th. A social evening followed the dinner.

Dr. Charles Gnau—of the recent graduating class, sent us a card from Miami, Fla. We can't see the beautiful palms and flowers on the card for the snow and ice in Des Moines. And...

Dr. Warren W. Custis—of Dayton, Ohio, sent us a card from Florida. We wish both of you fellows something that we can't print.

State Fair Clinic Expands

Beginning this year, any person over five years of age will be accepted for examination at the State Fair Clinic. That great formative period of life between babyhood and adult life is filled to the brim with possibilities for good health, good morals, strong characters, and a well balanced adult life. So far, no organized effort to safeguard its resources has been made at any State Fair Clinic. Again Iowa leads in this as she did in the Adult field.

It is not necessary to tell you of the importance of this addition to our clinic service. That has been recognized for some time. But it is important that your co-operation is 100% in letting your community know about it. Let them know that their children can have this thorough examination just prior to entering the school year; that they will have the advice and counsel of some of the best physicians in the state, many of them of national reputation. You can make this examination appealing and attractive to them, and by so doing, render them a service that may lay the foundation for adult health and a more abundant adult life.

Improvement in our quarters will be necessary to meet this increased service. Rearranging, painting, some added equipment, and new signs mean expense, but it also means better service and better appearance—two things we should always strive for. The committee will do the work of rearranging and painting without expense and as in the past we will make all arrangements for opening the clinic as well as bearing our share of financing it.

These are our plans, and what your committee will do to put them across. It is your opportunity and great privilege to cooperate with them. Prices are going up. Paint costs money to buy and time to put on. Your check is needed NOW to buy the paint and to provide funds for the other usual clinic expenses. Mail it today to Dr. Rachel Woods, 702 Equitable Building, Des Moines, Iowa, Sec-Treas. of this clinic committee. We are asking you to consider this a personal letter to save the expense of individual letters—which we hope it will not be necessary to write.

It is easy to travel a level road. It is easier to go down hill. But to climb the hill of progress takes real effort and sacrifice. This is as true for our profession as for us as individuals. The hill is before us. We must climb it together if we reach the top.

—Della B. Caldwell, Chmn.
Osteopathic Health Clinic
Committee

Dr. and Mrs. Arthur D. Becker—held open house on Sunday, March 7th, for members of the freshman class and their families.

I. O. A. Bulletin

The last long mile is ahead of us. Less than three months and another State Convention will be history. Dr. Laura Miller of Adel, chairman of the Program Committee, has been hard at work and we are certain to have another of those conventions where we all have a good time and a good program.

Ere the Log Book reaches you the Circuit will have been made. Drs. John Woods, W. M. Pearson and H. A. Graney making the circuit in part. Dr. Woods making the entire circuit, lecturing not only on Society Matters, but as well on two highly interesting professional subjects, "The New Patient's First Visit" and "Therapeutic Planning." Dr. Pearson of Kirksville, covering the Sixth, Third and First Districts on the 10, 11 and 12 of March, speaking on "Diagnosis of Osteopathic Lesions by Palpation and Associated Pathology" as well as "The X-Ray As An Aid to Osteopathic Diagnosis." Dr. Graney of Des Moines General Hospital covering with Dr. Woods the Fourth, Fifth and Second Districts on the 16, 17 and 18 of March, covering the subject of "Minor Surgery in Office Practice."

Local speakers in each of the various districts also were to appear on the program. The writer has not been informed as to their identity. The Sixth District met at the Des Moines Still College, the Third meeting at Burlington, the First with Dr. J. J. Henderson at Toledo, the Fourth at Mason City, the Fifth with Dr. John Hirschman at Cherokee, and the Second at Council Bluffs, where they invited in the Omaha profession as guests.

The Iowa Society is always anxious to welcome new men in the field and to those of the recent graduating classes of all colleges, we say "Come and look us over." Iowa is a good state in which to live and make your home. To those new men and women already located, we say "Welcome!" If the State Society can serve you in any manner, we will try and do so, I am certain. Likewise we have tried to help you in the matter of dues, which for the recent graduate are five dollars a year for the first three years in practice. Then they revert to the usual fee of ten dollars.

To old practitioners as well as new, we would urge your joining the Society. Dues paid at this time pay until June 1, 1938. Pay them now and they are out of the way. One member in good standing sent in his ten dollar check for the next year. That was Dr. H. J. Marshall of Des Moines. A good deed like that deserves a little publicity—how about it, Harry?

Paul O. French, D. O.,
410-11 C. R. Sav. Bk.,
Cedar Rapids, Iowa.

Assemblies

February 12

Following music by the college band the students enjoyed a movie recently issued by the Central Office. This is a composite of the several films sent in by some of our colleges. The film is not complete but is being edited and when finished will certainly give any prospective student an excellent idea of the variety and quantity of equipment necessary for the proper education of an Osteopathic Physician. Announcements and music closed the assembly.

February 19

The Phi Sigma Gamma fraternity in charge of the assembly secured the services of Mr. Dwight James, attorney for the osteopathic association in the state of Iowa. Mr. James is well acquainted with the trials of the profession, and touched on several subjects that aroused considerable interest in the legislative situation. The old adage of "Do or die" might well be applied to much of Mr. James' address. We hope to hear from him again in the future.

February 26

Following the usual opening number by the band the auditorium was darkened and the student body witnessed an interesting movie of an operation for suspension of the kidney. These educational films are secured through the courtesy of Davis & Geck, of Brooklyn, and are exceptionally well done.

March 5

In the spring a young man's fancy turns to a certain well-known subject. Old man Halladay turns his fancy to what he calls God's Country, which is the great Southwest. Dr. Halladay's travels have been largely in this territory, and with the possibility of summer finally arriving, he gave us a taste of what we might see in the great state of Arizona. This enjoyable travel film was fully appreciated, especially the shots of olives growing during the Christmas season.

Girls Basketball

Just as we go to press, the State Girls' Basketball Tournament is in progress at the Drake Fieldhouse. Dr. Halladay has assigned Clarise Keift, Dorothea Failing, and Evelyn Ketman to the sixteen teams who are playing. These Senior girls will spend the entire day in relays at the fieldhouse, working with the coaches and players from all over the state of Iowa. The tournament, starting March 10th, will run thru finishing Saturday, March 13th.

Mrs. J. Hayward Friend—wife of Dr. J. H. Friend of Milwaukee, Wisc., died Feb. 24th. Sympathy is extended to the bereaved husband and children. Dr. Friend graduated from Still in 1928.

Do We Start Equal?

(Continued from Page 1)

preceptable in adult than in child life.

The only preceptable differences in prenatal life are the size and variations of amounts of movement which has no physical or mental evaluation. At birth, or shortly after, individual characteristics are present. Occasionally a child is born without the instinct to suckle, an abbreviation of normal intellectual traits. Uncommon noises of a given intensity will startle some babies, as evidenced by an entire body jerking, while others of the same age show no reaction, an indication of different degrees of sensitivity of the nervous system. Children of the same ages do not have the same tolerance for food, an evidence of the variation of body function.

The different impressions and actions of children, in the presence of strangers, in the same family and reared under the same conditions and influences, reveal different interpretations of the occasion, a variation in the state of a child's mind. If the various children are observed when given a toy, or at play, the destructive instincts of some are immediately obvious, while others are able to preserve toys for years—a conception of value. Those under supervision for direction in proper diet vary in weight, height and resistance to disease, an indication of difference in physical development. The choice of the various vocations and professions reveals a difference in aspirations, and the instinctive choices of associates and romance portray vividly the inequalities of the human attributes and propensities. Reports of the social reform workers have proved beyond the shadow of a doubt the existing physical and mental state of various families through three or four generations; and that the family characteristics seldom vary in mentality and self-support.

These traits call for the acceptance of the theory that these characteristics are transmitted from generation to generation by or through genes. Until a gene is proved an unvarying or uniform entity, this invisible rudiment of transmitted germ of character appears to be an active factor and the contributing principle in forming the theory that we do not start equal.

—Robt. B. Bachman, D. O.

Dr. J. E. Freeland—

of Coffeyville, Kans., has recently replaced Dr. F. M. Godfrey as secretary of the Osteopathic State Board. Dr. Godfrey has served in this capacity for thirty-two years and it will be hard to think of any one else in this office. We wish for Dr. Freeland an equal number of years of fine service such as we have had from the retiring officer.

The Ohio Circuit

(Continued from Last Issue)

(By L. L. Facto, D. O.)

I also saw Ralph Licklider, whom I had not seen since he graduated fourteen or fifteen years ago. Had the pleasure of meeting and talking with Dr. Watson, the legislative chairman and who has done, and is doing some fine work for the Osteopathic profession in Ohio.

Friday morning Dr. Lang took me for a sight-seeing trip around and thru the State University campus, after which, we went up to the office, where I watched Dr. Licklider do a sub-mucous operation. I went from here to see Dr. Clybourne and Dr. Watson at their offices. Dr. Clybourne let me see two or three of his patients that he had operated on for the relief of bunions. Dr. Hall, whom I met at the meeting, gave me a treatment for which I was very grateful. Friday afternoon, left for Dayton.

When I arrived in Dayton it was snowing very hard, so thought I had better make reservations for my trip back home before leaving the station. After this was done, went to the Dayton-Biltmore Hotel, where the meeting was held. Owing to the stormy night I did not expect very many to come to the meeting but twenty or more were there.

Drs. Elmer and Mary Yinger of St. Marys, drove about sixty miles to the meeting. They really deserved a medal of some sort for coming such a long way on a bad night. I always enjoy seeing Warren Wood Custis, who introduced me to his secretary and office assistant, Miss Harris. He informed me that she was coming out to our college to begin her four-year course in the study of Osteopathy. I now can say that she arrived safely and is getting along fine in school.

Had a nice visit with Vern Hoefler and Milton Zimmerman after the meeting and they saw to it that I did not miss my train, which left at 11:25 for Chicago, Des Moines, and home.

Would like to comment a little on the weather in Ohio during my trip. When I arrived in Ohio on Monday morning, it was rather foggy—a little like a London fog; when I got to Cleveland it started raining and by the time I reached Ravenna it was really pouring down; in Columbus the rain turned to a sleet and as I have already mentioned, at Dayton it was snowing. Good thing I didn't try to make Cincinnati and Marietta.

It was a tiresome trip but I did enjoy it and appreciated the opportunity of talking to the doctors in the different districts. Hope they were not disappointed in the talks I gave. I expect to see some of them again at our Post-Graduate Course in June.

Entered as second class matter, February 3rd, 1923 at the post office at Des Moines, Iowa, under the act of August 24th, 1912.

THE LOG BOOK

Accepted for mailing at special rates of postage provided for in Section 1103, Act of Oct. 3rd, 1917, authorized Feb. 3rd, 1923.

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APRIL 15, 1937

Number 4

Contact

That Des Moines offers special advantages to the student of Osteopathy was proved again this past month in the Athletic Clinic. Three girls, members of the graduating class, took care of sixteen girls' high school basketball teams during the state tournament held at the Drake Fieldhouse.

The following week five Senior young men made the same contribution at the meet for boys taking care of the sixteen teams entered.

During the first week of April eight members of the Junior A Class worked from 2 p. m. until midnight for three days, introducing osteopathic care to over 400 wrestlers who came to the Y.M.C.A. at Des Moines to compete in the state tournament.

Drake Relays are just ahead and our Seniors will be out there giving osteopathic aid to contestants from all over the United States, and from some of our largest colleges and universities. We think this is a contact that is worth a great deal to the student who is assigned to do this work and it is of considerable benefit to osteopathy where ever these students may go. Des Moines Still College, through these contacts, introduces its students to both coaches and players, many of whom have a national reputation.

We cannot help but brag a little. No other college of osteopathy is located so that all of these contacts can be made. Students at Still College work, not only with state and national athletic tournaments but are constantly on the job from the beginning of the school year until the last bell rings, taking care of football, basketball, swimming, wrestling, track and baseball in our local high schools and the Catholic Academy. Each graduate of this college for the past twelve years has had this advantage. Read what one of the girls reports:

Osteopathic Care of Athletes

Osteopathic care is recognized as par excellence in the best care and training of athletes. This fact is accepted by most coaches and trainers, especially when their teams are under the added physical and nervous strain of tournament play. For this reason the coaches of the champion girls' basketball teams of the districts request osteopathic care while their teams are playing off

(Continued on Page 4)

An Intensive Week of Graduate Review and Clinic

May 31st to June 5th, Inclusive

Open to Osteopathic Physicians

NO TUITION FEE

* * *

Plan Now to Take Advantage of This Opportunity

at the

DES MOINES STILL COLLEGE OF OSTEOPATHY
DES MOINES, IOWA

The Primary Objective .

of the

Intensive Post Graduate Week

Will Be to Serve the Immediate, Every-Day Needs of the Osteopathic Physician in General Practice.

* * *

Review those things that you may have forgotten. Get in step with the newer developments in the various fields of practice. Get more closely acquainted with the progress of the college. Enjoy the meeting and mingling of many alert minds. Take an active part in the round table discussions. Examine the available clinics.

* * *

In Osteopathic Practice and Technic,

in Surgery, in Obstetrics, in Pediatrics, in Gynecology, in Dietetics, in Eye, Ear, Nose and Throat, in Proctology, in Diagnosis, in Neurology, in Athletic Injuries, in Foot Work, in Physio-Therapy—the Useful, the Practical and the New will be discussed, demonstrated and applied.

* * *

Share With Us the Good to be Gained
in a Full Week of Work and
Pleasant Associations.

Review Week

For accommodations near the college during the week of review, write to either the Victoria or Brown Hotels. These are a short distance away and will be most convenient for you. Those of you who belong to either the Phi Sigma Gamma or the Atlas Club should write to the House here and perhaps the boys will be able to take care of you for the time you expect to be in the city.

Numerous calls have come in for a demonstration of the anatomy of the Inguinal region, due to the interest in the injection method for hernia. A cadaver will be available and may also be used for other surgical demonstrations. Dr. Halladay will dissect the Inguinal Canal and show you the relations of all the structures there.

The detailed program with hours and time of each instructor will appear next month. Be here for the first bell and you will stay through until the last word is spoken.

The General Clinic

Not only have we been too busy with the quantity of outside work for our Seniors but the clinic held each Monday, Wednesday and Friday at the college, has been making records.

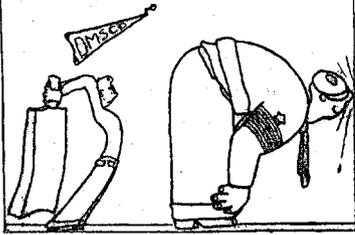
One hundred twenty-two New patients entered the clinic, were examined and assigned for treatment during the past four weeks. 2636 treatments were given at the college this past month. Add to this the outside work done in the O.E., Bed-fast cases and Athletics and you should realize that Des Moines students have little time for anything else but Osteopathy. One member of the faculty said last week that it had been six months since he had been able to get a treatment. Everyone was too busy!

Patients — the variety and quantity. The training you wished for.

Beware!!!

The profession is again being solicited for membership in an insurance exchange directory and other so-called preferred lists which would seem to promise desirable appointments. Before you send any of these companies any money, write to the A.O.A. and get the latest information on the company. Do not deal with these solicitors unless you know exactly how reliable they are.

FRATERNITY NOTES



ΨΣΑ

(E. O. S.)

Freshmen! Psi Sigma Alpha still wants to know, Why You Chose Osteopathy As A Career? Give us your answer sure by April 30, as the Freshman Essay Contest closes at midnight of that date.

We are proud to welcome the following men as pledges to our organization: Joe Gurka, Joe Robertson, Lowell Augustine, Neal Kitchen, Paul Kimberly, and Ernest Light.

Dr. Arthur Eastman, a local dentist, was guest speaker at our most recent banquet. He gave a very interesting and educational talk on "The Teeth in Relation to Oral Focci of Infection." He aided his talk with the use of a projector to show X-Rays on a screen.

Senior speeches were given at a recent meeting by Robert Campbell, on "Vitamins" and by Jack Eddy, on "Diabetes."

ΔΩ

(B. M.)

The pledges of Delta Omega have been a cative the last few weeks complying with imposed pledge duties. If you haven't noticed Oscar the pet Anatomy mannekin has been scrubbed and washed, you should go have a look at him, because he is so clean and shining he is quite handsome.

Pledges Dorothy Hollen, Lavonne Overton, Rebecca Richardson and Lilly McClure, as a part of their duties prepared a six-thirty dinner for the active members of the Sorority, at the home of Evelyn Ketman, Monday evening, March 22. The dinner was exceptionally good—those girls really can cook, boys! After the dishes were all washed the girls furnished entertainment for the rest of the evening with Lavonne playing the piano and the others singing.

Dr. Rachel Woods graciously opened her home to the Sorority, Monday evening, April 5th. Everyone enjoyed her very practical talk on "The Osteopathic Woman Physician in Business."

The next business meeting will be held in the school library, Monday noon, April 12.

ΦΣΓ

(C. M.)

Easter Vacation seems in many cases to be harder than school. We noted many tired and weary fellows dragging them-

selves around school for days after returning to Des Moines.

Hell-Week again! The sadly neglected pledges have suddenly found themselves the center of interest, not however, in a way that they too, thoroughly enjoy. Ask Jack Miller where Valley Junction is . . . McLean about cigarette butts, or Hardy where the ball park is.

We congratulate Joe Robertson, who was pledged to Psi Sigma Alpha, and Gordon Fischer, who was taken under the wings of Sigma Sigmi Phi.

Six Weeks' Exams are about in our laps and again the dust is blown off books and the review is on!

Dr. Macklin, blind Des Moines osteopath and inventor of the Macklin Osteopathic Table, is going to give us a talk and demonstration in the very near future.

Things to worry about—Seniors: Graduation and State Boards; Juniors: O. B. and general clinic; Sophomores: Everything; Freshmen: Nothing????

REMEMBER: "An Osteopath should always feel he is the judge who presides over the court of inquiry."—A. T. Still.

ATLAS CLUB

(E. M. I)

Our last article stated that Spring was here, but Mother Nature fooled us again and reverted back to snow and cold for almost another month. However, it can be safely said that Spring is here to stay—or is it?

With an indoor steak-fry as a climax, a most successful "Hell Week" ended on the evening of March 24. Life-long impressions and memories were made and all the pledges emerged unscathed, although "Hen Fruit" Engemann was a wee bit tired out.

Formal initiation was held on Sunday, April 5th, and we feel honored to announce the installation of two honorary members whom we believe to be outstanding men on our own faculty. They are Dr. S. P. Callison and Dr. C. Ira Gordon.

Final degrees were conferred upon ten new men, whom we are proud to announce as active members of our chapter. They are as follows: George Bunge, of Detroit, Michigan; John P. Engemann, of Belding, Mich.; Harold Heideman, of Kewanee, Ill.; Ernie Johnson, of St. Paul, Minn.; Howard Johnston, of Detroit, Mich.; Danny McKinley, of Detroit, Mich.; Robert MacKay, of Detroit, Mich.; Wilson Simmons, of Detroit, Mich.; Don Wicke, of Cincinnati, Ohio; and Dale Widmer of Bloomfield, Ia. Congratulations to all of them!

Two very successful practical work nights have been held during the past month and a great deal of benefit has been derived from them. Dr. Arthur D. Becker was guest speaker on March 22 and gave an interesting discussion on "Percussion in Relation to the Heart and Lungs." On April 5th, Dr. Fred Campbell

gave a very enlightening talk on "Pneumonia in Practice."

Visitors to the house during the past month included Dr. W. C. Andreen, of Wyandotte, Mich., Dr. V. H. Dierdorff, of River Rouge, Mich., and Dr. D. V. Goode, of Runnells, Iowa.

Extra!! The Atlas Diamond-ball team is in the making—so beware!

ITS

(H. D.)

On Friday, April 9th, we enjoyed a chicken dinner with Drs. Goodfellow, Cash, Larimore and Pohl as our guests. We heard a delightful talk by each and some interesting sidelights of their private practice. We also had the pleasure of hearing Dr. Goodfellow as our guest speaker at our Friday morning assembly.

It seems as though we have in our school a member of the Salvation Army. Is that right, Bill?

For Sale—One cheap Buick, very good O. B. car. See Dresser—also one Gyn book, never been used.

It must be Spring again—at least we've seen a Red Breast—not a bird, but Daniels has his shirt open, disclosing a scarlet red flannel. Guess he thinks it's time to come out of hibernation.

And speaking of red, there's the red-head who along with his partner, worked hard all one morning to collect bottles to sell—only to lose all the money in a machine in the afternoon.

Lucky Yuki — or maybe we should say unlucky—made a hit for five dollars the other night, only to have a bunch of moochers there to spend it for him.

Dr. Mary Golden—

President of the O.W.N.A. and member of the faculty of the college, recently made an extensive plane trip east. She attended meetings in Grove City, Pittsburghs, Harrisburg, and Philadelphia, Pa., Washington, D. C. and New York City. While in Washington she attended the dedication of several trees in Potomac Park by the O.W.N.A., celebrating the Sesquicentennial of the Constitution and honoring the memory of Dr. A. T. Still. The Grove City Reporter-Herald and other papers along the route, carried numerous items about the trip and the speakers.

Miss Frances Halladay—

daughter of Dr. H. V. Halladay, was married Easter Sunday to Mr. Harry C. Grigsby, Jr., in Tucson, Ariona. Miss Halladay will be remembered by many of the profession as registrar for the Interfraternity Council for the past several years.

Peter SanFilippo—

brother of Dr. M. L. SanFilippo of Milwaukee, Wisc., died February 24th. Dr. SanFilippo is a recent graduate of Still College.

Dr. and Mrs. Carl Blech—

of Milwaukee, Wisc., announce the birth of Terry, April 3, 1937. Weight 7-6.

We Are Going Farther

The recent appointment of a counselor in the Public Relations department of the A.O.A. is a marked advancement and will fill a need that has been staring at us for some time. We have always thought that this job needed some one on it who could devote all of his time to its very necessary part of our existence. Dr. Ray Hulburt has done exceptionally well with it, considering that he has had about ten other things to do at the same time. Now he can be relieved to carry on with other important duties that he is so well trained to assume. We sincerely hope that this is not all on paper and that those appointed to assist in this work will feel deeply the obligation and will take the time and put the thought into it that it needs.

Public Relations is a broad field. A watchful eye must be kept on what the other fellow is doing. A watchful eye must be kept on our own profession to see that they hew to the line and a watchful eye must be kept on the whole country to take advantage of every opportunity to present Osteopathy in a favorable way.

There is a very definite place for our science. The majority of the people in our country know too little about therapy. The millions being spent each year for patent medicines prove that. The people are not only being poisoned by stuff that comes in bottles but they are also having their minds poisoned by literature, radio talks and other contacts deliberately made to degrade the osteopath in the mind of the country.

We have a letter on our desk from the assistant superintendent of a medical hospital. He intends to study Osteopathy some day, for he sees in his institution a need for it. He favors the use of all of the hospitals by qualified members of our profession. He refused to sign a recent protest sent to him that was intended to be used to influence legislators against Osteopathy. We have many more of this type of man but we have few who have the will power to oppose the wishes of organized medicine. This is just one phase of Public Relations that we are interested in.

Support this new venture!

Board Meeting

At the recent meeting of the Board, items for discussion centered around the student body. The Seniors who will shortly graduate were taken through the usual examination of their records and the extremely few found wanting were taken care of.

Plans for Graduation, the Review Week, and the A.O.A. meeting in Chicago were also discussed.

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY

President Arthur D. Becker
Faculty Advisor, H. V. Halladay
Editor E. Harwood

Osteopathy Without Limitation

Professional Idealism

If you measure your success in practice in dollars and cents, you are a commercialist. If you measure your success in practice by the service you are able to render, you are a professional individual.

I am not setting up any argument against the commercial world. All honor to the great industrialists, who have made this a better and more pleasant world in which to live. We owe an everlasting debt of gratitude to those great minds that have made the luxuries of yesterday the necessities and the common properties of today. They have a big and important place in the world of affairs and they occupy it. They have their idealisms and they reach them.

When I meet a physician and I ask him, "How are things going and how is the practice?" and he answers, "Just fine, I did \$400.00 last month," I know his mind and I know his interest. If he says, "I have lots of business, but collections are not so good and I am much discouraged," I do not feel critical or censorious, but I know what his ideal of success is.

When I meet a physician and I ask, "How are things going and how is the practice?" and he answers, "My practice is most interesting. I saved a six-year-old child with broncho pneumonia by osteopathic treatment and care, after it had been given up to die by other physicians," I know what he considers matters of first importance. If he says, "I had splendid results in conservative osteopathic treatment of a bad case of peptic ulcer after it had resisted other types of treatment for many years," I know where his ambitions lie. If he says, "I begin to feel new confidence in osteopathic measures, because I can better evaluate bad body mechanics and can more surely solve associated problems," I am made aware of the trend of his thinking.

If we give first place to service to our fellows and the growth and continued development of osteopathy, the greatest contribution ever made to the healing arts, the financial side takes care of itself. I heartily agree that the business side of one's practice should be conducted in a business-like manner and that sound business principles should be used.

As educators, our first thought

Assemblies

March 19

The occasional Friday morning when President Becker takes the platform is always one to remember. About the middle of each semester it is time to hesitate and take stock of ourselves, to see what has been accomplished and what is to come and no one can take up the facts of college life and weave them with the fancies any better than Dr. Becker. This "renewal" talk was presented March 19 and we left the assembly that morning with our shoulders a little straighter and our step firmer.

The intervening Easter Vacation erased an assembly for us but from reports, the time was well spent and enjoyed, as many took advantage of the short vacation to journey home for a day or two.

April 2

On April 2 the Delta Omega Sorority provided the student group with a speaker of great talent, who painted a realistic word picture of foreign lands. Rev. F. J. Weert, pastor of St. John's Lutheran Church, near the college, recently made a trip to Europe. In his own delightful way he reviewed some of the high lights of this trip and all want to hear more of this journey. The assembly time on that morning was far too short for everyone present, including the speaker.

April 9

The Iota Tau Sigma Fraternity through a prearranged coincidence presented to us two of their grand officers on April 9. Dr. L. S. Larrimore, of Kansas City, Mo., spoke briefly. We are sure that he could have taken more time. Dr. W. V. Goodfellow, of Hollywood, California, was then introduced and took as his theme, "The Practice of Osteopathy." Dr. Goodfellow is not unknown to our student body. This is the second time he has visited us and we should have that honor, for he is an alumnus of our college. It is needless to add that he is thoroughly osteopathic and his talk was all too short. Dr. Goodfellow stressed the need for more of our profession in the smaller communities to carry on a general practice. His trip, which extended to the east coast, was in the interest of the fraternity largely but our entire student body benefited greatly by his visit.

Dr. and Mrs. T. O. Lashlee—of Jackson, Tenn., announce the arrival of a son, Junior, March 24th.

must be: how good a college may we build and how much may we contribute to assure the best results in making competent osteopathic physicians. As physicians, our first thought must be: how valuable can I make my services to my patients, to my community and to my profession.

—Arthur D. Becker, D. O.

Chicago

Dr. Fred Still, general program chairman, gives the following information in regard to some of the important features to be found on the program of the Forty-first Osteopathic Convention:

The roster of speakers will constitute by and large one of the most representative groups ever to appear before a national assembly. Diversification has been sought; Practical demonstrations and discussions will be emphasized.

A man's hobby will be a focal point of interest on the program of the Forty-first Annual Convention next July in Chicago.

This hobby is the Convocation of Education. The man is President John E. Rogers of the American Osteopathic Association.

Inaugurated by Dr. Rogers and his associates three years ago, the Convocation has a four-fold purpose: to correlate teaching principles and methods in the six approved colleges; to determine new and more effective teaching methods; to keep the colleges apace with clinical and laboratory research in general; and to inform the profession-at-large, through the medium of the national convention, of academic and practical developments in the colleges.

"It is difficult, especially for older members of the profession to keep informed of progress in our academic program," Dr. Rogers stated in a recent interview, "and unwarranted criticism is sometimes leveled at the colleges and their ability to instill in the minds of students a sound conception of the osteopathic philosophy. The Convocation of Education was established, as a part of the program of national conventions, to open the colleges to the scrutiny of the profession as a whole; to show, primarily, that osteopathy not only IS being taught in our colleges but that it is being taught more effectively and more thoroughly every year."

The Convocation is composed of representatives appointed by their respective state association presidents. Members meet at each national convention to discuss and correlate findings and to report, through selected Convocation speakers, to the profession.

Four nationally-known physicians will present the group on the speakers' platform at the Chicago Convention next July.

Much interest is being manifested by exhibitors all over the country in this convention and I believe it will be the finest exhibit we have ever held.

The exhibits will take up approximately 15,000 square feet of space and the distance from one end of the exhibit floor to the other is approximately one city block. With the exception of the grand ballroom, the entire second floor will be occupied by

Thanks ODD

I always read O. O. McIntyre. He has such an easy non-excitable way of writing about things. But—I jumped from my chair when I read the following, which appeared in the Chicago Herald-Examiner, March 14th. I like to read such things for they reflect my own thoughts—especially since I have had two uncles who were medical doctors.—H.V.H.

* * *

From a letter: "I have been a practising physician for 47 years, practising in the hospitals of two large cities, on the battle fields, in the Brazil jungles and for 19 years in a smaller Western city. Surgery has made progress but medicine has stood still since it was first launched as a science. Sanitation lessened yellow fever, not drugs. Tuberculosis, if lessened, and I'm not certain it has been, was so affected by a change in living and diet. I have seen a hundred panaceas hailed for this plague and that, and soon forgotten. When man is healed every doctor of five years' practice, if honest, knows it is done by nature. Drugs alleviate at times and doctors' words offer rare comfort, but they do not cure. When we learn the mysteries of Nature we will have mastered the science of healing, and not before."

Dr. H. V. Halladay—

drove to Springfield, Ill., to talk at the State Convention there on Wednesday, April 7. His subject was "The Care of Athletes." In the afternoon he met with 15 coaches and talked to them in regard to the newer methods of examination and care of members of their various teams. A taping demonstration proved to be of exceptional interest to the coaches. Dr. Halladay will appear on the program of the state meeting at Sioux Falls, S. Dak. on May 24 with a similar subject.

this elaborate display of interesting products.

The sectional program this year will bring some of the profession's finest talent to the platform. Subjects have been selected in line with the general policy of offering material of common interest and a practical nature; the practitioner may be assured that his attendance will be well rewarded.

A parlor in the Stevens Hotel has been assigned to be used as Hospitality headquarters for the Entertainment Committee. The Chicago women will be hostesses and information about entertainment, sight-seeing, where to go and how to get there, will be dispensed from this center. Regular scheduled sight-seeing bus tours will be started from this point. The Entertainment Committee will be glad to arrange special sight-seeing trips upon request.

The formal ball in honor of the President of the American Osteopathic Association is scheduled for Monday evening.

I. O. A. Bulletin

IOWA STATE OSTEOPATHIC PROGRAM

May 5th

- 9:30—Call to Order by Program Chairman.
- 9:30—Devotions—Dr. Lester P. Fagan.
- 9:40—Address of Welcome—Mayor Joseph Allen.
- 10:10—Response, and President's Address—Dr. John Woods.
- 10:40—Bites and Stings of Insects and Snakebites—Dr. J. L. Jones.
- 11:30—Business Meeting.
- 12:30—Luncheon.
- 1:30—Electro Cardiograph—Dr. Arthur D. Becker.
- 2:15—Legislation—Dwight James.
- 3:00—Prominent Laymen Who Have Been Osteopathic Boosters—Dr. C. E. Still.
- 4:00—Heart Facts Worth Knowing—Dr. J. L. Jones.
- 6:30—Banquet—Dr. Mary Golden, Chairman; Dr. J. P. Schwartz, Toastmaster.
- 8:00—President's Ball.

May 6th

- 9:00—Diagnosis and Treatment of Prostate Enlargement—Dr. Byron Cash.
- 9:45—O B Technic—Dr. Gertrude Collard.
- 10:00—Osteopathic Technic—Dr. Arthur Allen.
- 11:00—How to Make Friends and Influence People—Rev. C. N. Bigelow.
- 11:30—Business Meeting.
- 12:30—Luncheon—O.W.N.A. Business Meeting; O.W.N.A. Auxiliary Business Meeting.
- 1:30—Proctology—Dr. J. P. Schwartz.
- 2:00—Osteopathic Emergencies—Dr. Rolla Hook.
- 2:45—The Value of O.W.N.A. to Osteopathy Through the Federation of Women's Clubs—Dr. Mary Golden.
- 3:00—Case Histories—Dr. J. P. Schwart.
- 4:00—Osteopathic Technic—Dr. Arthur Allen.

Oklahoma

The 34th annual state convention will be held at the Skirvin Hotel in Oklahoma City, on May 12-13. An excellent program is planned with plenty of entertainment for all.

Dr. W. J. Morrison—

of Anita, Iowa, sent us an interesting item about the care of one of the basketball players during the recent district tournament. Dr. Morrison, being on the job, corrected a lesion in the boy's neck, which was acquired during the play, and enabled him to continue through the game, even to shooting the final basket which won for his team. Good work, and timely!

Contact

(Continued from Page 1)
the Iowa State Basketball Tournament.

Every year the Des Moines Still College of Osteopathy sends out senior students, especially trained under Dr. H. V. Halladay. This year, Dorothea Failing, Evelyn Ketman, and Clarise Kieft have well merited the trust and confidence of Osteopathy and the various coaches in their care of the girl athletes.

Mrs. Franklin P. Johnson, hostess to the visiting teams, at the Drake Fieldhouse, offered the use of her private office to the student osteopathic physicians and there they were kept busy treating floor burns, blisters, taping ankles and knees, working out the Charlie horses, and meeting, to the best of their ability, any emergency which might arise. Their services were greatly appreciated by the coaches and gratefully accepted by the basketball girls.

Space limits us to this one report. The others were nearly the same. These Senior girls know what it means to make actual contacts with athletes of their own sex and they know what to do when they are injured.

The report from the eight Juniors who took care of the boys entered in the state wrestling tournament are all about the same. We quote one of these in his own words so you can see just what a student really gets out of this type of clinical practice:

Wrestling Tournament

The tournament, to me, was very beneficial in many ways. First of all, along educational lines. It was my first experience with the care of athletes. Many types of men, boys and youths were encountered. Also shapes, sizes and weights.

Working over the boys I found that they responded very readily to the treatment. By this I mean that when our soft tissue work was done, I could detect to my satisfaction the relaxation of muscles more so than ever before.

Our duties were to administer first aid to injuries, which were many. The most common of these were floor burns and mat burns involving the knees and elbows. Cleaning the area thoroughly and placing on collodion made the part quite comfortable after the stinging sensation of the application left.

I found that the taping of the knee, shoulder, elbows and ankles, taught to us by Dr. Halladay, came in extremely handy. I had one boy from Ottumwa, in the 115 lb. class, with a very tender deltoid. Previous injuries made it quite a handicap. The triangular deltoid taping reinforced on each side enabled him to carry on with success the rest of the evening.

There were many minor cuts,

bruises and old infections, especially on the shin bones. Bandage and tape and they were not aware of their presence.

The amusing side of the experience was when the announcer over the public address apparatus gave us the remarkable publicity of being able to give medical aid and rubdowns. I wondered how many M. D.'s could give a so-called "rubdown." Well, it wasn't long before we had him saying a lot of different things, among which was included "Des Moines Still College of Osteopathy."

Northup, O'Berski, Theilking, Frank, Dawe, Anderson, Corey and Russell all came back from the tournament ready to start with another. This work is not only proving Osteopathy to our own students but to the boys and others associated with the teams.

We have space to quote only part of some of the reports handed in from those who took care of the boys playing in the State Basketball Tournament. These speak for themselves.

Basketball Tournament

As the student in charge of the Marshalltown High School basketball team in the state tournament, I was gratified with the results of the osteopathic treatment and care that I was able to carry out. Coach R. E. Dickenson of the team, said: "I am sure that we can give credit to Osteopathy for keeping the muscles of the boys in good shape and for successfully battling of impending colds."

The result of treatment and care enabled one player, especially, to be fit for the final games. The evening following the second game I had to go to the hotel and administer treatment to one of the regular players. A temperature of 101, pulse 90, respiration increased, aching feeling throughout the body and congestion in the nasal passages. Osteopathic treatment, including lymphatic pump supplemented with adjuncts as painting of the throat, cleaning of nasal passages, a hot steaming bath and a good night's sleep. The following morning he was feeling fine and was able to play the last two games in fine style.

Another reports: Melrose, the Class B team which won the state tournament, was under my care during the entire series of games. All of the players were treated at the hotel between games and many Charlie horses and floor burns were taken care of. The Melrose coach and all of the players were very much pleased with the effects of the care I gave and were very pleasant to work with.

To show what another student did we quote: Friday I was down there before the game and gave each member of the team a treatment. Cornwall's ankle was bad, so I treated it especially and also Budolfson's eye. He also had a slight Charlie horse which

From Scotland

We have on our desk copies of The Weekly Scotsman, published in Edinburgh. Under the date of January 3, we found a lengthy article which takes up the cause of Osteopathy. It was written by an M. D. It is quite fair. The writer would like to see the dirt cleaned from the Osteopathic profession for he believes there is a great deal of truth in the osteopathic concept. It is well written and if read with attention should have helped where help was needed in England and Scotland.

The following week, Dr. W. Kelman Macdonald, president of the British Osteopathic Association, replied, congratulating the author, who is unknown. Both the original article and the reply were dignified and showed the writers to be gentlemen and scholars as well as physicians.

"Vette Kell"

The Atlas Club has the social spotlight focused on them as they prepare to present their annual spring dance at Iowa's newest and most modern ballroom, the Tromar, Friday April 23rd.

Arrangements have been completed whereby "Vette Kell and His Orchestra" will make a trip from Iowa City to provide the music. The personality of "Vette" and his exceptionally skilled arrangements of present and past favorites are sure to make him many new friends as has his radio presentations and many personal appearances throughout this part of the country.

Present indications tend to assure a grand success for this enterprize, with dancing from nine to one, and an admission price of only one dollar per couple. The boys rightfully look forward to support from the student body as well as members of the profession.

I took care of. Smith had a stiff neck, so I corrected the cervical lesion which was present. I treated the first six fellows at the half and after the game I treated all ten men. While they were in the shower room someone turned the hot water on Kennedy and his back was scalded. I covered it with unguentine, and took care of Cornwall's ankle. They seemed pleased with the care I had given them and took me out to dinner after the game. They said they would want someone next year when they come back. They are sure they will, as they are only losing one man.

Maybe you are not a fan but some of you would have liked this job, we are sure. These senior students are learning by actual contact just what happens in a game and they are prepared to give the care that is appreciated by the players and the coach.

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THE LOG BOOK

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Volume 14

MAY 15, 1937

Number 5

GRADUATE REVIEW and CLINIC

The Des Moines Still College of Osteopathy cordially invites members of the OSTEOPATHIC PROFESSION to join with us in Six Days of Intensive Study and Demonstration.

NO TUITION CHARGE

Your only expense will be your usual expenses, which should not be much more than if you were staying at home.

GRADUATE OSTEOPATHIC PHYSICIANS ONLY

The course is not open to the public nor to any physician other than a graduate of our own science.

REGISTER AT THE COLLEGE OFFICE

The office is on the second floor of the college building, which is located at 722 Sixth Avenue.

CLASSES BEGIN AT 8:00 A. M. MONDAY

If you arrive late you miss something.

MAY 31 TO JUNE 5 INCLUSIVE

From Monday through to and including Saturday. Every day for the week and the whole week crowded. Evening sessions also.

CERTIFICATE OF ATTENDANCE GIVEN

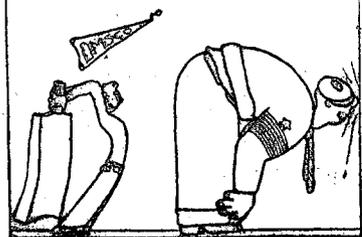
Many wish a record of Post-Graduate work. You will be given an official certificate for your full attendance. No extra charge.

HRS.	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:00 A. M.	Dr. A. D. Becker Osteopathic Principles	Dr. A. D. Becker Chest Diagnosis	Dr. R. B. Bachman Gynecology	Dr. R. B. Bachman Gynecology	Dr. R. B. Bachman Obstetrics	Dr. R. B. Bachman Obstetrics
9:00 A. M.	Dr. J. M. Woods Osteopathic Therapeutics	Dr. J. M. Woods Osteopathic Therapeutics	Dr. J. M. Woods Osteopathic Therapeutics	Dr. C. I. Gordon Physio Therapy	Dr. C. I. Gordon Physio Therapy	Dr. C. P. Callison Dietetics
10:00 A. M.	Dr. J. L. Schwartz Proctology	Dr. J. L. Schwartz Proctology	Dr. J. L. Schwartz Proctology	Dr. J. L. Schwartz Proctology	Dr. M. E. Golden Pediatrics	Dr. M. E. Golden Pediatrics
11:00 A. M.	Dr. J. P. Schwartz Surgical Diagnosis	Dr. J. P. Schwartz Surgical Diagnosis	Dr. H. A. Graney Surgical Diagnosis	Dr. H. A. Graney Surgical Diagnosis	Dr. J. P. Schwartz Surgical Diagnosis	Dr. J. P. Schwartz Surgical Diagnosis
1:30 P. M.	Dr. C. P. Callison Dietetics	Dr. L. L. Facto Acute Infectious Diseases	Dr. C. P. Callison Dietetics	Dr. H. J. Marshall Eye-Ear-Nose and Throat	Dr. H. J. Marshall Eye-Ear-Nose and Throat	Dr. H. J. Marshall Eye-Ear-Nose and Throat
2:30 P. M.	Dr. H. E. Clybourne Foot Technic	Dr. H. E. Clybourne Foot Technic	Dr. A. D. Becker Heart Diagnosis	Dr. L. L. Facto Acute Infectious Diseases	Dr. L. L. Facto Neurology	Dr. L. L. Facto Physical Diagnosis
3:30 P. M.	Dr. B. L. Cash X-Ray	Dr. B. L. Cash X-Ray	Dr. O. E. Owen Pathology	Dr. G. E. Fisher Clinical Pathology	Dr. O. E. Owen Cancer and Heredity	Dr. G. E. Fisher Clinical Pathology
4:30 P. M.	Dr. H. V. Halladay Taping	Dr. H. V. Halladay Athletic Contacts	Dr. H. V. Halladay Muscle and Ligamentous Injuries	Dr. H. V. Halladay Anatomy Demonstration	Dr. G. E. Fisher Clinical Pathology	Dr. O. E. Owen Endocrinology
7:00 to 8:30 P. M.	Round Table on Osteopathic Technic Dr. R. B. Bachman in Charge	Round Table on Osteopathic Technic Dr. L. L. Facto in Charge	Round Table on Osteopathic Technic Dr. J. M. Woods in Charge	6:30 P. M. Class Dinner	Round Table on Osteopathic Technic Dr. C. I. Gordon in Charge	

Clinic Presentations As Available in Various Classes.

Program Subject to Change as Necessity Might Indicate.

FRATERNITY NOTES



ATLAS CLUB

(E. M. I.)

With another year just about over, we find the boys eager to get through their finals and back home for three more months. With heavy hearts we look forward to this year's graduation, for we will lose four good men from our active chapter. Brothers Eddy, Evans, Ketman and Stimson are soon to get their sheepskins and may their success and happiness be unlimited.

Election of officers for the coming year was held at our last regular meeting. Officers for the coming year are: Noble Skull, Henry Leslie; Occipital, Marcus Gerlach; Pylorus, William Costello; Stylus, Howard Johnston; Sacrum, George Bunge; Receptaculum, Jon Hagy; Styloid, John Engeman.

Entertaining the Queen of the Drake Relays was the high light of the evening at our annual Spring dance, held Friday evening, April 23, at the Tromar Ballroom. The dance was a huge success and we are looking forward to this event next year.

Dr. Arthur P. Wheelock, local optometrist, was guest speaker for us on Monday evening, April 19. "Eyes and the General Practitioner" was his subject and we all learned a great deal from this very interesting talk.

Dr. Glenn Bigsby of Macksburg, Iowa, was a visitor at the house during the past month.

This being our last publication of notes until next fall, we wish everyone a happy vacation and may we all return ready for work in September.

ΦΣΓ

Yes Sir! "Believe It or Not" Spring is evidently here and Summer must be just around the next corner. As a gesture of confidence in the weather man we cleaned house and removed those good looking storm windows. Our final and most important gesture of confidence was the announcement of the date for our annual Spring Dance.

It seems that the only thing you can hear now days is "How many more days?" It almost seems too good to be true and we are all looking forward to finals and then home and the folks. Summer always looks good but when we have been away from home for a full semester—then when Summer comes—Whoops! It looks extra good!!

At this time we would like to extend an invitation to Alumni

members of Phi Sigma Gamma who plan to attend the Review Week at the college, to stay at the fraternity house during that time. Plenty of room.

As the time grows less and the school term is about over, may we extend our sincere wishes to the student body and faculty for a successful and pleasant Summer.

"Be seein' you in Chicago!"

ITS

(G. H. B.)

Four years have passed since our Seniors, now graduating, entered Still College. Now after having been together, we will scatter to different parts of the country. We may have had some difficulties in our subjects and in the clinic, but our real trial is yet to come.

Beta Chapter is happy to announce the conferring of the first degree on the following men—Blackwood, Sporck, Barnes, Wooliscroft and Daniels.

The chapter wishes to extend to the college its best wishes for next Fall. Here's hoping that 100 new freshmen will be here in September.

Brother Dresser certainly is versatile—notice that the only thing lacking is the femur. Waza matter—can't you find one?

To the entire Senior Class we offer our best wishes. The remaining students we hope will have a very enjoyable vacation and that they will return with a Freshman tucked under each arm.

ΣΣΦ

(H. D.)

The past year, under the leadership of Brothers Ryan and Dunham, we feel has been very successful. Eleven men have been initiated into the fraternity and we feel that our objective has been carried out as successful, if not more so, than in previous years. The ensuing year's programs have already been outlined and the future looks very bright.

The fraternity awarded two cups to the January graduating class, one for Service to Osteopathy, and one for Service to the College. These awards went to O. E. Owens and Chester Wyman, respectively. Two cups for duplication of these awards will be presented to members of the May graduating class.

A bowling tournament was sponsored this year and managed by Jolley and Dresser. This is the first of this kind the college has enjoyed for many years. Phi Sigma Gamma won with a total of nineteen games, nosing the Atlas Club out by one game. A cup will also be awarded for this activity.

Bridge was another activity sponsored by Sigma Sigma Phi and we all enjoyed many interesting Sunday afternoons at the various houses. Phi Sigma Gamma once more came out on top.

Next Sunday a round robin will be held at the West High Stadium, in soft ball, to determine the champions of the various classes. No one should miss this good time.

We shall again hold a Senior Banquet this year, where we will bid farewell to our Seniors and wish them the best of luck in their chosen profession.

At this time the graduating Seniors of Sigma Sigma Phi fraternity wish the undergraduates of Still College good will and best wishes in their coming years, and to the members of the fraternity we leave, may they do their best to carry out the work of Sigma Sigma Phi to better their school, as we will try to help better our profession in the field.

And to everyone . . . farewell.



The sorority girls went on a weiner roast out to Greenwood Park, April 26th. Georgiana Harris and Carol Ketman were guests; also Bobby Slocum and Bobby Paul, small sons of Ruth Paul and Anna Slocum. Every one had a good time but they all claimed they ate too much and felt terrible the next day.

Dorothy Hollen, Rebecca Richardson, Lavonne Overton and Lilly McClure were formally initiated after a banquet at Grace Ransom's Tea Room on May 8. The girls were presented with shoulder corsages of yellow pansies.

The sorority wishes to extend congratulations to Mary Beth Zeigler, Dorothea Failing, and Clarise Keift, who will graduate on May 28th.

Election of officers for the fall semester will be held Monday noon, May 17, in the school library. All members are requested to attend.

May Calendar

Keep these dates in mind. The next three weeks will be busy ones here at the college. We have our dates circled in red and we hope you check some of these and plan to be with us:

- Week of May 17th—Fraternity and Sorority banquets.
- May 21st—Senior Class Day.
- May 26-27—Final Exams.
- May 27—Senior Banquet.
- May 28—Graduation.
- May 31 to June 5—Review Week.

Dr. E. L. Robinson— of Palestine, Texas, sends us a news clipping of a very interesting case of Hiccoughs which was cured by osteopathy administered by Dr. Robinson, after all the M. D.'s for miles around had failed to give any relief.

South Dakota— is having its state convention on May 24th and 25th. Dr. J. P. Schwartz and Dr. H. V. Halladay, of the faculty, will attend and take part in the program.

Assemblies

April 23rd

Another interesting and instructive film furnished by the Davis and Geck Company was the feature of the assembly on April 16th. Due to the illness of Dr. Halladay, Dr. Owens skillfully operated the projector and carried the assembly through in the usual manner. This marks the final surgical film for the year and we again thank Davis and Geck for their excellent service.

The wide open spaces are of interest at this time of year, due to the approaching vacation period. A film showing a trip from Seattle to Des Moines was shown taking the student body to points of interest around Seattle, Puget Sound and Victoria. The scene shifted to Glacier Park and south into Yellowstone. From Yellowstone east the trip made a stop at Hell's Half Acre, The Black Hills and The Bad Lands, so that nearly every type of scenery in the west was covered. Several students plan to spend part of their Summer vacation in this section of the country. This program was given on April 23rd.

April 30th

On April 30th the Sigma Sigma Phi had planned a very interesting movie prepared by the A.O.A. The transportation facilities failed the fraternity and the film didn't arrive in time for the regular Friday meeting. The time was taken by Drs. Becker and Halladay, who reviewed the plans for the next four weeks, in closing the college year.

May 7th

With the college band scoured and polished after its appearance at the state convention, the assembly needed no other attraction. However, we were shown a film taken at the last several conventions and scenes in Detroit and Milwaukee caused many involuntary outbursts. Quite a group of the student body is made up of residents of the two well known cities. A few odds and ends taken at the college and the Fair in Chicago, brought forth laughs. The band closed with a new number and proved that Still College has just as good a musical organization, if not better, than some that we hear over the radio.

We are looking ahead to that Senior Assembly the 21st.

Board and Faculty

A final check on students and faculty was the major reason for the Board and Faculty meeting held May 7th. Everything is set for the graduation of the May, 1937 Class and final plans have been made for the week of review. At the meeting of the faculty, hours and subjects were assigned and we call your attention to the front page again with a complete detailed program. We of the Board and Faculty of the College will be looking for you!

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY

President Arthur D. Becker

Faculty Adviser, H. V. Halladay

Editor E. Harwood

Osteopathy Without Limitation

Publicity

At the risk of boring the reader with repetition, I would like again to remind you of this significant fact: The best booster for osteopathy and for osteopathic activities in and out of season, with the best sustained interest, is the father and the mother of the young man or young woman who is studying osteopathy. Any osteopathic physician who has six or eight such families in his community has a background of interest and good will that is well nigh priceless.

Des Moines Still College is ambitious. We are well prepared to take these selected, well qualified young men and young women and assist them in their determination to become capable and useful osteopathic physicians and surgeons. Here is the place where your publicity and our publicity join hands and pull together, in the same direction and at the same time. If I know what team work means, that should be a good example of it.

This brief item is also a plea for your alert, active and continued interest in the new publicity movement being sponsored by the A.O.A. The officers and trustees of your national association are determined to tell aloud to the world the story of osteopathy, what it is, what it will accomplish, what it means in the establishment and maintenance of good health for a constantly increasing number of our citizens. By press and magazine, by radio and feature story, by public speakers and illustrated lectures, the plan in already started to let the public know more of osteopathic service and osteopathic capacities.

The responsibility for the growth and development of our great profession rests squarely upon the shoulders of each one of us. The opportunity to assist comes to the door of each one of us. Be quick to take your fair share of the opportunity as it presents itself, now.

Send a worthwhile representative as your contribution to osteopathic growth, for the September Class. Join with us in our determination to build an osteopathic educational institution of which the whole osteopathic profession may well be proud.

—Arthur D. Becker, D. O.

The May '37 Class

The college year is rapidly drawing to a close. By the time you receive this issue of the Log Book most of the actual work of the semester will be over and final reviews will be in order. When we approach the end of a semester there is one event that stands out above all others. It is the graduation of a class.

Those of you in the field do not get this thrill. You do not see these young men and women go through four years of deep study but you can recall the day when you received your official discharge from your Alma Mater. Those of us here on the job of teaching and conducting a college see this ceremony from another standpoint.

We have been working with these students for four years. We think we know them quite well. To us it is not just another class for in every class there are those who stand out and in whom we put our trust to keep the science of Osteopathy alive and progressing. We have this material in this May '37 Class and the percentage of superior students is high. We as a faculty and board are proud to introduce you to these new members of your profession.

We warn you that they are well educated in Osteopathy. They have had every opportunity to practice it and prove it during the last three semesters of their work. They have had the variety and quantity and they know what to do when they see a case. They will add to the prestige of Osteopathy where ever they locate and that means new strength added to your association if they select your state or community as their field of practice.

We are proud of their record in the college and we are sending them out expecting them to maintain a high standard. They are capable and will prove it to us and to you.

Our congratulations and best wishes to this fine class!
—E. H.

Commencement

The final exercises completing four years of study for the May 1937 Class, will be of special interest to the many friends of the class. Dr. John E. Rogers, president of the A.O.A. will give the address. Dr. Rogers is an alumnus of the college, having graduated in 1924. Since then his career has been one of gradual ascension to the highest office that our Association offers. We of the college consider it an honor to have him with us and we look forward to this event as one of true import.

The beautiful new St. John's Lutheran Church, a short distance from the college, will be the setting for this important ceremony.

We Introduce . . .

Alan Becker of Des Moines, who will finish the Mo. Board and also take the Michigan exam.

Emil Braunschweig of Peterson, Iowa, will take the Iowa Board.

Harlan Bobenhouse of Des Moines, will take the Iowa Board.

Gene Beghtol of DeKalb, Ill., will take the Iowa Board.

Austin Brill of Des Moines, will take the Iowa Board.

Robert Cook of Des Moines, will take the Florida and Iowa Boards.

Robert Campbell, Des Moines, will take the Iowa Board.

Hal Dresser of Kennebunk, Maine, will take the Maine and Iowa Boards.

Don Evans of Detroit, Mich., will take the Michigan Board.

Jack Eddy of Highland Park, Mich., will take the Michigan Board.

Dorothea Failing of Oxford, Mich., will take the Michigan and Florida Boards.

Irwin Gantz of Detroit, Mich., will take the Michigan Board.

Joe Guerrero of Lawrence, Mass., will take the Massachusetts and Rhode Island Boards.

C. W. Hammond, Jr. of Bartlesville, Okla., will take the Iowa and Texas Boards.

Bernard Howland of Story City, Iowa, will take the Iowa Board.

W. W. Jolly of Ottumwa, Ia., will take the Iowa Board.

Earl Jurgenson of Truman, Minn., will take the Minnesota Board.

Clarise Keift of Muskegon, Mich., will take the Iowa and Michigan Boards.

Henry Ketman of Des Moines, will take the Iowa Board.

Don Littlefield of Des Moines will take the Iowa and California Boards.

Hal Morgan of Des Moines, will take the Iowa and Colorado Boards.

J. R. McNerney of Des Moines, will take the Iowa Board.

John Patterson of Los Angeles, will take the California and Iowa Boards.

Ivan Penquite of Des Moines, will take the Iowa Board.

Joe Peterson of Muskegon, Mich., will take the Iowa Board.

D. E. Ryan of Springfield, O., will take the Ohio Board.

Graham Stewart of Brussels, Ontario, will take the Iowa Board.

Harry Stimson of Detroit, Mich., will take the Michigan Board.

Al Wolfe of Detroit, Mich., will take the Michigan Board.

Ralph Young of Lebanon, O., will take the Ohio Board.

Francis Yuki of Riverside, Mass., will take the Massachusetts Board.

Marybeth Ziegler of Cincinnati, Ohio, will take the Ohio Board.

We have said this nearly every time we have made a list like this: Note where they are

from and where they are going. Those of you who want more osteopaths in your own community must work a little harder to get the young folks interested in Osteopathy as a vocation. We have recently had letters from osteopaths in practice asking how they can interest the young man or woman in our science. Direct contacts we think are the best. Get into the preparatory schools and give vocational talks—and keep at it. One is not enough.

This class leaves a place to be filled. We are depending on you to replace them with students of equal calibre so that four years from now we can repeat the nice things we have said about this group.

At Boston

Dr. R. B. Bachman of the faculty, returned May 2nd, from a trip to Boston and vicinity, meeting with the New England Osteopathic Association. He appeared twice on the program, discussing subjects within his speciality, the practice and teaching of Obstetrics.

He reports a fine meeting of about 150 among whom were many old friends. Two highlights of the trip seem to stand out in his memory when quizzed as to the main events. Dr. Gorman took him for a ride. This was of the informatory type however and he enjoyed the opportunity of a visit to the Osteopathic Hospital and School. On Sunday he was the guest of Dr. P. T. Wilson of Cambridge and Dr. Wilson was not to be outdone by Dr. Gorman. Dr. Bachman enjoyed the famous ride taken by Paul Revere and to go him one better had lunch at the Wayside Inn.

Many other historic spots were visited and these special entertainment features together with the pleasure of meeting with the New England group, made the trip an outstanding one with the speaker.

To Detroit

On Wednesday, April 21st, Dr. Arthur D. Becker, President of the college, addressed the City Osteopathic Association of Detroit, Michigan, at the Book-Cadillac Hotel on the subject of Classification of Cardiac Diseases.

On Thursday, April 22nd, he assisted with the Highland Park Osteopathic Clinic Day, presenting clinic cases and giving a talk on Cardiac Diagnosis.

More than 125 osteopathic physicians were present at these meetings. They were an interested and interesting group. Dr. Becker says, "It is a real inspiration to meet with such a fine, enthusiastic gathering of worth while osteopathic physicians and surgeons, and I shall look forward to a return engagement."

J. O. A. Bulletin

Iowa State Meeting

The osteopathic profession of the State of Iowa met in annual session at the Savery Hotel, Des Moines, May 5 and 6. It was a fine meeting. From what we can gather from reports of the program, it was a success from every standpoint and the speakers were worked overtime at every opportunity. Our duties at the college prevented us from attending every item on the program but we know the attendance was large and the group went home happy, which is something to write about.

Dr. John M. Woods of the faculty of the college was re-elected president and Dr. W. C. Chappell of Mason City was re-elected vice-president. Dr. F. A. Gordon of Marshalltown succeeded Dr. Paul O. French as secretary-treasurer. Drs. Woods, Chappell and Miller will be delegates to the national meeting in Chicago.

In his address to the association Dr. Woods stressed the need for more united effort on the part of the members of the Association in several matters. Legislation in the state, while not satisfactory, has been taken care of this year but needs to have the support of the group as a whole. The membership has increased but can and should show a larger percentage. Student recruiting has taken on an added interest and must be pushed this coming year, as preliminary requirements will soon be raised in our recognized colleges. There are plenty of opportunities for osteopaths in the state and some communities are too sparsely dotted with our profession.

He brought out many other points which as a whole gave confidence to the members of the Association and as evidence of their faith in his leadership they re-elected him for another year as state president.

The banquet on Wednesday night was the kind that clicks, largely due to the talents of the toastmaster, Dr. J. P. Schwartz. The original plan called for an address by the Governor of the State, the Hon. N. G. Kraschel. Due to the illness of the Governor, Dr. Schwartz drafted the guest list and few knew that this was not the original plan for the evening.

Following the dinner a series of dances were offered by the students of the Rose Lorenz Studio and all present agreed that the youngsters put on a show that would credit professionals of more experience. Dr. C. C. Jackson of Keokuk accompanied by Mrs. Raymond Kale, sang several well chosen solos. During the serving of the several courses, Miss Enid Bachman, daughter of Dr. and Mrs. R. B. Bachman, entertained the as-

semblage with numbers on the harp.

Following the introduction of the several who had contributed to the arrangements for the meeting and banquet, Dr. Schwartz called upon his list of speakers. Drs. Hildreth, Arthur D. Becker, Laura Miller, Woods, Chappell, French, Gordon, and Hannon, all responded with short talks, each having a message of interest to the group. Mr. Dwight James, legislative counselor, also spoke briefly and inspired a greater confidence in the membership present. The introduction of wives on the speakers dais, concluded the banquet. Before dismissal, Dr. Schwartz announced that the Auxiliary had planned a dance, which would begin immediately. This was attended by many present and augmented by students from the college.

Thursday noon a luncheon was held in the Annex of the Savery, at which Dr. H. V. Halladay presided. This was attended by about one hundred and was thoroughly enjoyed, for the entertainment was not a series of talks, but music by the college band, a vocal trio and legerdemain by Don Leigh, a student at the college. The luncheon and time disappeared altogether too quickly.

The several exhibitors expressed themselves as well satisfied with the attendance and interest, so it must have been a good state meeting.

State Boards

West Virginia

The next meeting of the West Virginia Board of Osteopathy will be held June 14 and 15, 1937 at the offices of Dr. Guy E. Morris, Secretary, 542 Empire Bank Bldg., Clarksbury, W. Va. Application blanks may be secured by writing the Secretary at the above address.

Applications should be filed not later than June 1, 1937.

South Dakota

South Dakota State Board of Osteopathic Examiners will hold its next examination on June 2 and 3, 1937. Anyone wishing to take this examination should write to the Secretary for an application blank and for further information.

C. Rebekka Strom, D. O., Secy.
321 So. Phillips Avenue,
Sioux Falls, S. Dak.

Iowa

The Iowa State Osteopathic Board will meet at the State House, Des Moines, on May 31, June 1 and 2.

Dr. E. M. Schaeffer—of Grand Rapids, Mich., recently delivered a hydatidiform mole. He says that Dr. Bachman's excellent instruction enabled him to carry the case through without serious complications.

Dr. and Mrs. Raymond Perdue

of Flint, Mich., announce the arrival of Jacqueline Diane, April 27th.

Fraternity and Sorority Reunions

Except for delayed replies to a few letters, the work of the Interfraternity Council has proceeded at a satisfactory pace. Arrangements for the convenience of all members of the Council have been completed. Those of you who expect to attend the national meeting and will meet with your organization, please note the following items that are of special interest to you.

When you register at the A.O. A. desk and follow with your registration with the local committee, the next step is to register with the Council. Here at the end of the line you can complete the signing on the dotted line and you will be free to find a quiet nook and take stock of what has happened.

The Interfraternity Council provides a common registration desk for ten of our fraternities and sororities. You sign a card giving the information as to your organization, chapter, year of graduation, college, and local address.

You will purchase a ticket to your Annual Reunion Banquet and business meeting. All information relative to what your fraternity or sorority is doing at the convention will be available at this desk. This is for your convenience and you cannot miss it. You will be looking for it anyway for you want to attend your own fraternity or sorority meeting.

The Acacia Club will have its banquet Tuesday evening, July 6th, at 7:00 p. m. This will be held at the Stevens Hotel, in room 505A, which is on the fifth floor.

The Alpha Tau Sigma Fraternity will meet Tuesday evening, July 6th, at 6:30 p. m. at the Stevens Hotel, in room 522 on the fifth floor.

The Atlas Club will hold its banquet and business meeting on Tuesday evening, July 6th, at 7:00 p. m. and has reserved the Tower Ball Room at the Stevens Hotel. Several special entertainment features will be presented.

The Axis Club will meet Tuesday evening, July 6th, at 6:30 p. m. and has reserved room 412 on the fourth floor of the Stevens Hotel for its business meeting, banquet and entertainment.

The Delta Omega Sorority meets Tuesday evening, July 6th, at 6:30 p. m. and has reserved the Medinah Club at 505 North Michigan Avenue for its banquet and entertainment. Special preparations have been made to make this meeting especially attractive to the membership.

The Iota Tau Sigma Fraternity will hold its annual reunion Tuesday evening, July 6th, at 7:00 p. m. The West Ball Room on the third floor of the Stevens Hotel has been reserved for them. Entertainment will feature the meeting.

The Phi Sigma Gamma Fra-

ternity meets Tuesday evening, July 6th, in room 421A, on the fourth floor of the Stevens Hotel. A fine banquet and entertainment is promised.

The Psi Sigma Alpha Fraternity will meet Tuesday, July 6th at 12:00 M. Note that this is a noon luncheon and will not interfere with any member meeting also with his social fraternity.

The Sigma Sigma Phi Fraternity will hold its annual meeting Monday evening, July 5th, at 6:00 p. m. Members of this fraternity please note this time and day. This is on the first day of the convention and the officials have promised that the meeting will be dismissed in plenty of time for you to dress for the President's Ball, the same evening. This is to be held at the Stevens Hotel in room 412, which is on the fourth floor.

The Theta Psi Fraternity will meet Tuesday evening, July 6th, at 7:00 p. m. at the Chicago Athletic Association. The committee in charge is making extensive plans for a fine banquet and entertainment. Note this is not at the official hotel.

The Interfraternity Council will hold its annual business meeting Monday, July 5th, at 12:00 Noon in room 412 at the Stevens Hotel. Members of the Council please note this date and time and be there to attend to important business affecting your fraternity or sorority. The meeting will not be long but it is very important.

Look this list over again. If you belong to a social fraternity and also to one of the honorary fraternities, see that you know where and when each meets and be there to help keep your organization up to the standard we are trying to maintain. The several local members are and have been working hard to get things ready for you. The Council has been on the job constantly checking with these members of your organization. This is all being done for you—to make it convenient for you to register and meet with your old friends. Don't read this and forget it. Clip it out and keep the items that apply to your own membership in a fraternity or sorority. Let's make this the largest reunion group ever to register at an A.O.A. convention!

Yours fraternally,

H. V. Halladay, D. O.,
Executive Chairman of
Interfraternity Council.

Dr. A. L. Montgomery—

of Edmond, Okla., died May 3rd. This news came as a distinct shock to the college, as Dr. Montgomery had recently visited us and seemed to be in perfect health. He graduated from Still College in January '36, having been awarded honors in Obstetrics and Service to the college. In the year since his graduation he had built a successful practice and had planned to be married the day following his death.

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THE LOG BOOK

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You'll Be Seeing Us!

At least ten members of the faculty of the Des Moines Still College of Osteopathy will be at the Chicago convention and will appear on the program. Aside from their appearance many of them are acting in official capacities. We know you will want to meet and talk with one or more of them and you will want to hear what they have to say on the program. Look thru this list and jot down a memo to help you. Look the official program over carefully and mark in red the talks you "must" hear.

Dr. Arthur D. Becker—

President of the college, is on the general program and will also appear in the technic section. He will also be busy as a member of the official family, being one of the A.O.A. Trustees and will attend the meetings of the Associated Colleges. The Bureau of Professional Development will take some of his time and he may be called upon to do some radio broadcasting.

Dr. Robert B. Bachman—

Professor of Obstetrics and Gynecology at the college, is to talk on the general program and the Obsterical Section. Being also President of the American College of Osteopathic Obstetricians, he will attend their meeting, which takes place before the regular A.O.A. Convention. He speaks before this special group.

Dr. L. L. Facto—

Superintendent of the clinics of the college, is chairman of the Technic Section of the Convention. Aside from his special duties with the Technic Section he will talk before the section on Nervous and Mental Diseases.

Dr. Glen E. Fisher—

Professor of Chemistry at the college, will appear on the program with a paper on Comparative Therapeutics and will also attend the meetings of the Associated Colleges.

Dr. Mary E. Golden—

Professor of Pediatrics at the college, will speak before the Foot Section on Metatarsal Arch Technic. Dr. Golden is President of the O.W.N.A. and will give a report of the activities of the association before the general assembly. Her duties as an official will take much of her time.

(Continued on Page 3)

D.M.S.C.O. At Chicago

THE BREAKFAST—
This year the official Still College Breakfast should be attended by the largest crowd ever assembled. With the convention centrally located we should have a much better representation than at any meeting held in the last several years. Put these items down in your note book—
Day—Wednesday.
Time—7:30 a. m.
Place—Exhibition Hall.

Dr. Arthur D. Becker, our president, has some very important things to say to you. We have some reports to make that will send you home with a better feeling toward all. The faculty will be there and many of our students.

Time is limited at these meetings. We must meet promptly and not delay the program. Find out where Exhibition Hall is before you start for this breakfast and then you will save time. Alumni of Still College — **Be THERE!**

* * * * *



Mrs. K. M. Robinson

THE BOOTH

As usual the college will have booth space at the convention. At the present writing we do not know the exact spot but Mrs. K. M. Robinson, secretary of the college, will be there to greet you and give you the latest news of our activities. Catalogs and other literature will be available and a fine picture of the college with several views around the institution will be displayed. You may have one for the asking. Make it a point to visit the booth at least once and register. We want to see just as many of our friends as is possible in the few days of the convention.

Graduation

With the new St. John's Lutheran Church as the setting for the graduation, a fine warm evening, a large, enthusiastic class and the president of the American Osteopathic Association as speaker, one could not ask for a combination more ideal in every respect.

The processional was led by Drs. Rogers, Becker, Schwartz, and Bachman; the faculty and class following.

Dr. Rogers' address covered everything that a graduate should be reminded of. His several themes were blended together into a talk that was strong in every statement. He urged especially the use of intelligence in taking advantage of the many opportunities offered now in the assumption of leadership; in building character; in increasing knowledge and in developing high standards of morality.

Dr. J. P. Schwartz, Dean of the College, presented the class to Dr. Arthur D. Becker, President, who conferred the degrees. Dr. Robert Bachman offered the benediction. Mr. H. Cleveland, accompanied by Mrs. Arthur Neumann, furnished appropriate music for the occasion. The class roll of thirty-four was given in our last issue.

General Clinic

(By Lonnie L. Facto, D. O.)

The general clinic is one of the most important departments in our Osteopathic Colleges. It is through the clinical work that students really appreciate the practical application of the Principles and Technique of Osteopathy.

It seems to me that most students are too anxious to begin treating in the clinic. I mean by this that often times they fail to understand, or do not appreciate, the importance given the nervous system in the diagnosing and evaluation of osteopathic lesions, the action of different groups of muscles along the spine, and the effects of lesions upon the nerves, muscles and ligaments.

Students begin treating the second semester of their Junior year and continue treating thru their Senior year.

Sometime during their course in physical diagnosis they are given several lectures in case history taking. This is necessary

(Continued on Page 3)

Review Week

The Des Moines Still College of Osteopathy has finished its second annual Review Week and it is with a considerable degree of satisfaction that we look back over the short six days. With the national convention so close both in time and distance, it was not expected that the attendance would be as high as last year, but to our surprise it reached to within seven of the last year's record. Eighty-nine were present from fifteen states. Drs. Wright, Mills and Robinson from Texas, traveled the greatest distance. Iowa led with the highest percentage of members in the class. It was a busy week for all, classes beginning at 8:00 in the morning and lasting thru until 9:00 p. m., or later, with just enough time off for lunch and dinner.

The crowning event of the week was the banquet Thursday evening, at which time the group relaxed. Dr. T. R. Wright of Dallas, Texas, president of the class, acted as toastmaster, and following the meal called upon representatives of the fifteen states to speak for their section. These remarks were interspersed with short talks by members of the faculty. Dr. C. C. Jackson of Keokuk, Ia., sang at intervals thruout the program and was accompanied by Mrs. Raymond Kale of Des Moines.

Dr. F. J. Meyer of Clayton, Mo., offered the following resolutions which were read and accepted by the class:

"To the Faculty of the Des Moines Still College of Osteopathy, Dr. Arthur D. Becker and his assistants:

"The committee on resolutions are not gifted with the ability to put into words the praise high enough to thank you all for your efforts in our behalf. May you all receive the success you all so richly deserve. Believe us sincerely,

"The Post-Graduate Class of 1937, F. J. Meyer, D. O."

The officers elected for the week were:

Dr. T. R. Wright of Dallas, Texas, President.

Dr. L. B. Montgomery of Winchester, Ky., Vice-President.

Dr. A. M. Hackleman of Minneapolis, Minn., Secretary.

Dr. F. J. Meyer of Clayton, Mo., Treasurer.

At the close of the banquet the officers presented to Dr. Becker in behalf of the class, a most generous contribution to

(Continued on Page 2)

Band Banquet

There is an old custom that comes up for recognition each May. Virg has to take his animals out and feed them once a year even if they do not deserve it. This year the date fell on May 14th and Friday, which was a little hard on the fish eaters who anticipated steak. With the exception of a couple of members of the TBC (Toot-Bang-Club) all were present, not having eaten anything for three days. The repast was held at the Chamberlain and was a special order of pork chops and scalloped potatoes en casserole. No special ceremony ever follows this dignified meeting, as it seems to naturally blend into a bull session which is broken up only by OB calls or previous engagements to play for some dance or social function. The remarkable item noted at this banquet was that the same bunch would be back next year with the same appetite. Not a member of the orchestra graduated. Maybe that is telling something. Here is the roll:

Violins—Kelsey and Simpson.
Banjo—Jeranson.
Saxophones—O'Berski, Templeton and Young.
Trumpets—Herrick and LeRoque.
Trombones—Russell and Calvird.
Piano—Wicke
Bass—Hutson.
Percussion—Gerlach.

Assembly, May 14

Following a number by the orchestra the Psi Sigma Alpha fraternity took charge of the meeting. Judge Ralph L. Powers was introduced as the speaker and filled the time with an address that would have been applicable to any graduation. This was not the first appearance of Judge Powers at the college and we hope he will be able to speak to us again each year, or more often.

Before closing the assembly Alan Becker announced for the fraternity the results of the contest sponsored by Psi Sigma Alpha, which was an essay to be written on the subject, "Why I Chose Osteopathy As A Profession." Glen Walker of the June '40 Class, won first place and received a copy of Downing's Principles. Lloyd Jackson of the same class received the second prize, a stethoscope. Georgiana Harris of the January '41 Class placed third, being awarded a set of twin thermometers.

Dr. Becker took occasion to announce another winner among the student body. The recent contest sponsored through the A. O. A. for an essay on Angina Pectoris was won by William Daniels. Mr. Daniels in making his response to the presentation of the check said that he had learned something that he never would have gotten by any other method. The knowledge gained was in itself sufficient reward.

Senior Assembly, May 21

There are two good reasons for excitement at the last assembly of the year. We have a chance to see a display of Senior talent that is not discovered until the last minute and it is the LAST assembly. The surprise element and the realization of weeks of anticipation make it a crowning event.

The orchestra, under the direction of Dr. Halladay, rendered the opening number. The assembly was then turned over to H. Stimson, emcee for the nonce, who in turn asked for the baton. This historic stick was given into the hands of Alan Becker, who was dubbed the name of a popular band leader heard frequently over the air.

Don announced our sudden transportation to a night club with an unpronounceable name.

Surprise! — To the accompaniment of appropriate music, six graceful (?) sylph-like (?) members of the class appeared in ballet costume and proceeded to do their stuff. They weighed in at from 160 to 210 pounds, and without straining the eyes too much, they could be named, if not by face, by form. A couple of bums drinking at tables on the stage added to the scenery, but not much. It is not necessary to add that the act brought plenty of applause and abdominal cachinnation.

The remainder of the program consisted of the Will, the History, an Apache Dance by two talented members of the class, two special numbers from Miss Zimmerman's school of dancing and an encore by the ballet. To close part one of the program, Les Herrick accompanied by Spoon Hutson, put Tiger Rag away for the season, the tiger being whirled thru the trumpet so fast that he went up in smoke at the end.

With the baton again in the hands of Dr. Halladay, the orchestra opened the second part of the program and turned the stage over to Dr. Arthur D. Becker. The awarding of honor certificates was the next order of business and the following were named:

Anatomy—Gene Beghtol, Harlan Bobenhouse, Harold Dresser, Irwin Gantz, Jo. Guerrero, Earl Jurgenson, Don Littlefield, Harold Morgan, Jo Peterson, Fran Yukl, and Marybeth Ziegler.

General Clinic—Bob Cook, Irwin Gantz, Jo McNerney, Ivan Penquite, Jo Peterson, and Harold Walters.

Obstetrics — Harlan Bobenhouse, Irwin Gantz, and Harold Morgan.

Chemistry—Alan Becker, Emil Braunschweig, Bob Campbell, and Harold Morgan.

Sigma Sigma Phi award for service to the college, to Jo McNerney.

Sigma Sigma Phi award for superiority in Osteopathy, to Harold Morgan.

Internes at the Des Moines

General Hospital, C. W. Hammond and Jo McNerney.

Admonitions as to Summer conduct and announcements relative to the Senior program for the following week, finished part two. The band played its final chaser and the assembly was closed.

Not a tear was shed.

Convention Outing, July 7th, Afternoon, Evening

Through the co-operation of the Chicago Park District the local executive committee has been able to arrange an afternoon and evening of recreation that is without precedent in osteopathic circles. Chicago's parks and boulevards are the envy of metropolitan centers throughout the world. The organized activities of the Chicago Park District are used as models almost everywhere. In particular the recreational program is outstanding.

In most communities osteopathic physicians and their wives are interested and are leaders in their local recreational and community activities. Our program will enable you to obtain some new and helpful ideas to take back home.

The outing will start with a motor coach ride through a part of the Chicago Park system. Leaving the hotel at 1 o'clock the coaches will proceed with motor cycle police escort north to Lincoln Park, then west on connecting boulevards to Garfield Park, where one of the world's largest and finest conservatories is located. Then south and east through connecting boulevards through Washington and Jackson Park to Calumet Park, where the recreational activities of the Chicago Park District will be on display.

The recreation classes conducted regularly throughout the Park District will give gymnastic drills and folk dancing on a specially erected outdoor stage. Exhibits will include activities such as quilting, clay modeling, yacht and airplane models, musical instruments made as well as played by the children who regularly attend the recreation centers conducted by the Chicago Park District.

Calumet Park is on the lake and there are facilities for bathing. Bathing will be free if you use your own suit but you may rent a suit for 25c. The beach is protected by life guards. There are courts for tennis, soft ball, quoits, etc., and the necessary equipment will be furnished for those who wish to play these games. The archery range will be available for you to try your skill.

In fact there will be a diversification of activity that will have some appeal for everyone. You may participate in the sports, watch the exhibits and dancing, or relax under the shade of a tree or on the beach.

If the weather should be un-

Review Week

(Continued from Page 1)

the library fund of the college. In addition to the personal thanks offered by the various members of the faculty, Dr. Arthur D. Becker, speaking for the college, expressed the happiness of the college and all those associated with it in being able to offer the group the course as outlined in previous editions of the Log Book. It was a fine, sincere class and we hope that they will be able to return next year, bringing with them additional members from their communities. Before dismissal, blanks were passed around, asking for suggestions for the week next year, many of which were returned with excellent ideas.

We renewed acquaintance with some old friends. We hope we made some new ones and all of us had a week that was as exciting as a national convention but much more intimate. Welcome again!

The Sacro-Iliac Group

The International Society of Sacro-Iliac Technicians, a post-graduate Section of Special Research in Osteopathy, of which Dr. George W. Goode of Boston, Mass., is president; Dr. F. P. Millard of Toronto, Canada, is vice-president; and Dr. Helen G. Sheehan is secretary-treasurer, will have its annual meeting at the Congress Hotel, July 4, 1937 at 9:00 a. m.

Delegates will be present from Canada, Ireland, Scotland, England, France, and several other foreign countries, and the United States. All members of the Society are urged to be present.

favorable there is a field house sufficiently large to conduct an inside program.

Before returning to the hotel a picnic lunch will be served.

In the evening the Chicago Park District will give a special major display of beautiful Buckingham Fountain, which is located opposite the Stevens Hotel. It can be seen very advantageously from the roof garden of the hotel. Buckingham Fountain is finished of red Georgia marble set in the center of Grant Park and surrounded by formal gardens. It is 280 feet at its greatest diameter. The center column of water rising practically to a height of 90 feet, is surrounded by a series of smaller fountains which play into and against its base. A 45 million candle light makes the fountain a most remarkable an nocturnal sight on the summer lake front. The fountain was dedicated in August, 1927, having cost approximately one-half million dollars.

Following the fountain display there will be a dance with entertainment in the Grand Ball Room of the hotel. (Dress optional.)

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY

PresidentArthur D. Becker

Faculty Adviser, H. V. Halladay

Editor E. Harwood

Osteopathy Without Limitation

A Matter of Policy

"A stream rises no higher than its source." I've forgotten who said that, but it is true and beyond controversy. Your practice will not be more osteopathic than you are. It is good policy as well as best practice for an osteopathic physician to try osteopathy first. If you want your clientele to incline toward osteopathy, you must give them an opportunity to judge of the merits of osteopathic methods and of osteopathic treatment to the exclusion of mind confusing adjuncts.

I recently had the pleasure of listening to a sermon in which the speaker said, "No nation knows whether Christianity will work or not, because no nation has ever tried it." Osteopathic diagnosis and osteopathic treatment plus rest and proper nourishment will solve most problems of human disability, if given a fair opportunity to do so.

It is impossible to determine the fine flavor of a cup of coffee, if you put a spoonful of vinegar in it. You will never know the full value of osteopathic treatment if you always mix it with other types of treatment. The way to find out how strong a staff is would be to insert one end of it firmly into a crevice in a rock wall and then hang your full weight upon the other end.

A prominent osteopathic physician attending our recent week of "Post Graduate Review and Clinic" said, "We do not begin to know the full value of osteopathic therapeutics when used to the exclusion of all things else and the great problem today is to sell osteopathy to the osteopaths."

A conscientious young minister consulted his bishop, saying, "My sermons seem to lack force and effectiveness and I am thoroughly discouraged." The bishop said, "I'll come and hear you preach." The following day the young preacher called to hear the bishop's conclusion. The bishop said, "Just put one shot in your gun."

—Arthur D. Becker, D. O.

"Mr." Pocock—

better known to us as Dr. Hubert Pocock of Toronto, Canada, was quoted for over half a column in a recent issue of the Toronto Daily Star. Dr. Pocock "told 'em" about the osteopathic situation in the Province of Ontario.

You'll Be Seeing Us!

(Continued from Page 1)

Dr. H. V. Halladay—

Professor of Anatomy at the college, will talk before the Athletic Section, and as Executive Chairman of the Interfraternity Council, will have charge of registration of all fraternities and sororities.

* * *

Dr. H. J. Marshall—

Professor of E. E. N. & T. at the college, fills the office of Secretary-Treasurer and is a member of the board of examiners of the International Society of O. & O.-L. He will appear on the program and will assist in clinical examinations.

* * *

Dr. O. E. Owen—

Professor of Biology and Embryology at the college, will talk before the Internists Section and will have charge of the scientific exhibit of the college.

* * *

Mrs. K. M. Robinson—

Secretary of the college, will be at the convention in her usual place in charge of the college booth.

* * *

Dr. John P. Schwartz—

Dean of the college and Professor of Surgery, is Chairman of the Surgery Section. In addition to his official duties he will appear on the general program with the subject, "Fractures of the Elbow." He will also attend the meeting of the Associated Colleges.

* * *

Dr. John M. Woods—

Professor of Therapeutics at the college, goes to the convention as an official delegate from the State of Iowa, being President of the State Association. He will also appear on the general program, the Technic Section, and will assist in examinations in the Gastro-Intestinal Section.

* * *

The members of the faculty that are associated with the several special meetings before the regular convention will stay over and take part in the convention of the profession as a whole and attend not only the general sessions but also fraternity and sorority reunions.

General Clinic

(Continued from Page 1)

to acquaint them with the general routine of inquiring about the present complaint and the things in the past history that are important or have some bearing on the present condition. Someone has said that "Case history taking is the most important part of the examination." It may not be the most important, but certainly it is a very important part of every examination and the physician who is adept at taking case histories has a distinct advantage over the physician who is not good at taking case histories. Several times in clinic I have

found that the patient has not given the student enough information as to the cause of a certain condition and only after close questioning are we able to get the history of a disease that has a direct relation to the presenting symptoms.

The last three years we have been doing a great deal along the lines of better case histories. After a patient is examined the case history is given to one of the assistants in the clinic room who files it with the other case histories. The student keeps his case histories up-to-date by writing on the case record, from time to time, the amount of improvement made by the patient. When the patient is discharged the number of treatments given and the amount of relief obtained by the patient is entered on the case record.

At the end of the semester the student writes up case reports on the cases he has treated during the semester. This part of the work is of great value to the student, not only because it is one of the requirements of insurance companies that handles malpractice insurance, but it is developing a general routine in the handling of patients that the student is going to carry with him when he goes into practice.

In the clinic room the records are filed in alphabetical order and at the end of each semester the records are gone over and the different diseases listed. By doing this we are able to get some statistics on the number of different diseases treated during the semester and the average number of treatments given to each patient.

These records should be of value in the future to give us statistics on many conditions and diseases treated Osteopathically. How valuable it would be to us to have complete case records of all cases treated in the Osteopathic Colleges during the last fifteen or twenty years.

* * *

Presentation Clinics.

The presentation clinics are held on Monday, Wednesday and Friday afternoon of each week. The classes are divided into two groups and is so arranged that each clinic day a different clinician is in charge. This gives the students an opportunity to observe the different clinicians in the making of routine examinations.

The students are required to have a clinic note book arranged in such a manner that it makes it easy for them to take down the important things that are given by the clinician as he makes the examination. The most important are symptoms and etiology, diagnosis, prognosis, treatment, laboratory, and special examinations.

The presenting symptoms are given and discussed and then the examining physician makes a general physical examination explaining to the students the most likely causes of the presenting

symptoms and always stressing the importance of the Osteopathic lesions in the production of local and remote changes which may become pathological. In most cases the examining physician will be able to give a diagnosis unless the presenting symptoms are confined to those structures that require a special examination. Prognosis is discussed briefly and then treatment is given with emphasis on the correction of the Osteopathic lesions.

If special examinations are indicated the patient is referred to the special clinics for such examinations and the findings reported back to the class as soon as possible.

* * *

Special Clinics.

All cases must first be examined in the general clinic before they are admitted to any of the special clinics. These special clinics: eye, ear, nose and throat, gynecologic, proctologic, surgical, pediatrics, are held at different times, and are so arranged that they do not interfere with the general clinic. The blood and urine examinations are considered a part of the general examination, so do not come under special clinics.

In the special clinics the examining physician goes over the case, explaining to the students the abnormal conditions he finds and the type of treatment that is indicated in this case, but regardless of what special treatment is to be given, the examiner explains the importance of the general systemic condition upon localized function. Therefore, the general osteopathic treatment, as well as the specific correction of lesions, is indicated before and after the surgical removal of local pathology. If there is some special treatment that the student is to do along with his general treatment, he is instructed how to give that particular treatment. This is training the student to incorporate the special treatment with his general treatment.

We have an extramural clinic for the purpose of treating acute conditions where patients are confined to bed or to the home. Here the student gets the opportunity he has long awaited—that of caring for a sick patient in the home. He soon learns just what kind of treatment is necessary and how often and how long to treat the patient, which varies a great deal in different diseases. He must convince the patient and relatives that he understands the condition and is master of the situation.

When you consider the great amount of clinical experience the student gets in the handling of all types of cases, you understand why we say that we graduate practical physicians.

Dr. Joseph P. Conti—

of Akron, Ohio, announces the birth of a daughter, Jacquelyn, on May 12th, 1937.

I. O. A. Bulletin

President's Letter

Dear Doctor:

As a member of the osteopathic profession you are interested in knowing just what is happening in osteopathic circles of this state. Also, as president of the Iowa Society of Osteopathic Physicians and Surgeons, I am eager to have you know and be interested in the things we are doing. So I am beginning a series of letters to every osteopathic physician in the state in an effort to do this. Help me to make these letters interesting by sending in every item of interest you can.

Get out your records for the past year and add up the amount you have received from insurance companies for services to injured employees. Did you know that if the Legislative Committee and attorney of our state society had not been right on the job this source of income would have been taken away from us at the last legislative session?

Have you ever tried placing an applicator stick in the test tube while boiling a solution—as a Benedict's sugar test? It keeps the solution from boiling over.

Doesn't it seem good to have practice and collections improving as they have? Here is hoping we get more rain and fewer grasshoppers in the southern and western parts of the state next July.

Do you know of any good locations in the state? Send in the names of the towns with all possible details to me and I will see that they are available to men entering practice in the state next month. Remember when you were hunting a location?

The "Log Book" has been most courteous in giving space to our society. They would appreciate items of interest from over the state in an effort to make this page of even greater value. So if you have an unusual case, get married, or have an addition to your family, let them know.

Is there anything that warms a person's heart more than visiting with other doctors at convention? You swap ideas and technic, tell a few, shall we say, experiences, and go home feeling that the world is a rather good place after all.

Do you receive the weekly letter and listing of contagious diseases put out by the State Department of Health? They list the number of these diseases in the various counties for the week, with a comparison for last year. If you note a marked increase in any disease you are prepared for its appearance in your community. Write the State Department of Health, using your D. O. degree, and ask for their weekly letter.

Have you ever tried axillary

traction, in addition to your other osteopathic treatment, in bronchial asthma? I learned this from Dr. Arthur D. Becker, on a case of four days duration where EVERYTHING else had failed. Patient seated on a low stool or chair, operator seated on a higher chair or treating table places knee, covered with pillow, against patient's upper dorsal area, hooks middle finger under patient's anterior axillary fold and exerts steady traction upward and backward. Remember how the Old Doctor talked and wrote about the fascias of the body?

The Polk County Osteopathic Society at their last meeting voted to place, each month, 100 copies of the Osteopathic Magazine; mainly in the various public libraries, school libraries and club reading rooms throughout the city of Des Moines. The remaining copies are to be sent to local legislators and other influential persons. Come on Mason City, Davenport, Sioux City, Cedar Rapids, and the other city and county groups; give Des Moines some competition along this line. We hope some day soon to make this a statewide effort.

What is your favorite scheme, besides conducting a good osteopathic practice, for boosting osteopathy? Send them in. Remember that the nearer we are to the 100% state membership mark, the more effectively we can do this boosting. If you have not joined, send in your application and help us go places and do things.

Sincerely,

John M. Woods, D. O.

* * *

Vice-President, Dr. W. C. Chappell of Mason City, was appointed by Dr. H. E. Litton, Zone Chairman, as Iowa Chairman of the A.O.A. Public and Professional Welfare Committee. It is hoped that all A.O.A. members in Iowa will react promptly to the plans of that committee for Iowa's fullest participation in the activities and benefits of this timely project.

* * *

The Iowa Society of Osteopathic Physicians and Surgeons will be represented by three delegates in the deliberations of the House of Delegates in Chicago this year. Iowa seats one more delegate this year, than was ever possible before, by virtue of there being over 175 A.O.A. members in the state. In fact the official count is now 202. The Board of Trustees selected Dr. John M. Woods, Dr. W. C. Chappell, and Dr. Laura E. Miller to serve the Iowa Society as delegates.

* * *

Mrs. F. A. Gordon returned recently from Richmond, Va., where she represented the sixth Iowa district of Parents and Teachers Association at the National Convention. Mrs. Gordon is just completing the year as President of the Marshalltown

Council of Parents and Teachers and is serving as State Publicity Director of the Iowa Congress of Parent and Teacher Association. She spent two very pleasant week-ends with relatives in Washington, D. C., and reports exceptional travel comfort and accommodations via the new "Mainliner" airplane service. "Meals and bridge games at 10,000 feet while slipping from Des Moines to Washington in six hours and ten minutes, is a thrilling experience."

* * *

Dr. J. H. Hansel and family of Ames, have located in California. We will miss Jack, and Iowa's loss is California's gain.

* * *

Membership cards will be issued to the following applicants, subject to provisions of the Iowa Society By-Laws, within thirty days: Mabel Andrews, Perry; B. E. Atkinson, Boone; A. C. Brown, Council Bluffs; Gladys W. Burke, Harlan; L. H. Carleton, Brooklyn; E. V. Chance, Winfield; V. A. England, Des Moines; D. V. Goode, Runnells; W. C. Gordon, Sioux City; H. V. Halladay, Des Moines; H. L. Hinton, Cedar Rapids; Phil McQuirk, Audubon; Martha Morrison, Clarinda; E. H. Phillips, Garner; A. G. Shook, Seymour; H. B. Stillwell, Elkhart; Nina D. Thompson, Des Moines; L. A. Utterback, Perry.

Do You Love Music?

If so, you will want to avail yourself of the opportunity which is offered for a "Feast of the Soul." Symphony concerts can be heard in Grant Park, opposite the Stevens Hotel, convention headquarters, July 5-9, 1937.

These programs are of the very best in music and are conducted by Dr. Frederick Stock of the Chicago Symphony Orchestra. These are open-air concerts, free to the public.

If you have an eye for the beautiful you will want to see the Buckingham Fountain, also in Grant Park. This is one of the outstanding attractions in Chicago and is visited by thousands, especially in the evening when the wonderful color display is operating. There you can enjoy an hour and at the same time rest your body and spirit. The fountain in action can be seen from the windows of the Stevens Hotel.

Dr. H. R. Bynum—

of Memphis, Tenn., sent us an announcement of his P. G. Course of Applied Foot Technic. The date of the first course is not given but from the prospectus, Dr. Bynum expects to conduct a class each month. Special preparation for the teaching and experimental work includes a new clinic building, completely equipped.

Polk County

The regular monthly meeting of the Polk County Osteopathic Association was held at the Hotel Chamberlain, Des Moines, Iowa, Friday, May 14th. There were nineteen present. After a very enjoyable dinner, Dr. Paul Parks, chairman of program committee, introduced the speaker of the evening, Dr. Rachel Woods.

Dr. Rachel Woods gave a very interesting discussion on the subject of Allergy. Following the discussion, Dr. Paul Parks, acting as a patient, was given a series of tests, to demonstrate to the Society the technique and appearance of the tests in actual practice. A round-table discussion followed the demonstration.

The business meeting of the Association took the form of closing all committee reports and electing new officers for the next year. Reports of all the committees showed a very satisfactory and successful year. The entertainment chairman gave a summary of the interesting and educational talks that were enjoyed by the association. The treasurer's report showed more money on hand at the close of the past year than for several years previous. The membership committee reports an increase in new members.

The new officers for the next year are as follows:

Dr. Harry Barquist, President.
Dr. Bruce Farmer, Vice-Pres.
Dr. Carl Seastrand, Treasurer.
Dr. Jack L. Burk, Secretary.

Dr. J. Schaffer, the retiring President, handed the gavel over to the new President. Dr. Harry Barquist accepted it in the same good faith that Dr. J. Schaffer gave it. Dr. Harry Barquist then briefly outlined his plans for the next year, and with the help of the members of the association, would endeavor to carry them out.

Motion for adjournment followed and the meeting closed till the next meeting, which will be in the Fall.

—Dr. Glenn E. Fisher,
Secretary.

Dr. Edward Leininger—

member of the staff of the hospital and college, and Miss Ann Valin, were married June 3 in Des Moines. Following the ceremony, which took place at St. Ambrose Church, the couple started on a short wedding trip. They will be at home in Des Moines at 1336 27th street.

Mrs. R. T. Van Ness Dies

We extend our sincere sympathy to Dr. R. T. VanNess of Columbus, Ohio, who suffered the loss of his wife on May 13. Mrs. VanNess had been suffering for some time with cancer and operative procedures had not been able to eliminate completely the deeply seated pathology.

Entered as second class matter, February 3rd, 1923 at the post office at Des Moines, Iowa, under the act of August 24th, 1912.

THE LOG BOOK

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Volume 14

JULY 15, 1937

Number 7

Successful

Another A. O. A. convention will have passed into history when this edition of the Log Book is off the press. This is being written on Thursday of the convention week and with one more strong day to go, Chicago can chalk up another victory for we have heard a lot of nice things said about the meeting as a whole and also its separate divisions. We took a little time this morning and interviewed some of those interested and do have a little dope to report.

The new officers elected for the next year are:

Dr. E. A. Ward of Saginaw, Mich., President.

Dr. A. E. Allen of Minneapolis, Minn., President elect.

Dr. Gertrud Helmecke of Cincinnati, Ohio, 1st Vice President.

Dr. W. Kelman Macdonald of Edinburg, Scotland, 2nd Vice President.

Dr. Josephine Morelock of Honolulu, H. I., 3rd Vice President.

These newly elected officers are in no sense of the word new officials. They have been acting in official capacities for years and have earned the title they hold for the year. We expect from them the same sincere effort and the many hours of hard work that they have given in the past. We feel that the A. O. A. is in good hands and will show another year of progress. We congratulate these officers and as in the past we offer our services in any way. We are at their command.

The convention for 1938 goes to Cincinnati. With another convention centrally located it looks like we must prepare for another big meeting. It is a wise procedure on the part of those voting for the convention city to keep in mind that the center of osteopathic population is very near this city. We predict a big convention next year if Cincinnati can temper the wind to the shorn lamb. We are starting right now to get ready for the A. O. A. meeting of 1938 and we will be there again.

We stopped at the registration booth and got a few figures about this Chicago convention. The total registration was well over two thousand but at the time of writing was not quite up to the total of the New York meeting of 1936. It looked to us that the crowd at the hotel was more consistent in its attendance. Maybe the halls were a little narrower but to us they seemed to be crowded more and for greater lengths of time.

(Continued on page 4)

"I Think"

The 41st Annual Convention of the American Osteopathic Association, held in Chicago the week of July 4th, goes into history as one of the biggest and most constructive meetings in the history of our great profession.

Never were the problems of a rapidly growing and developing profession more clearly visualized or more squarely faced. Never were our obligations and responsibilities to the public in all programs of health and welfare more keenly appreciated or more courageously undertaken.

New ideals for higher standards in osteopathic education have been determined. New duties have been assigned. New foundations of initiative and capacity have been discovered. New and wider horizons brings with them new inspirations. It was a great convention. It will stand as a milestone in Osteopathic Progress.—Arthur D. Becker, D. O.

Conventions come and conventions go but the National Osteopathic Convention that met at Chicago, aside from passing, will be remembered as one of the unusual kind and worthy of note for its large attendance, the varied and extensive exhibits and the high standard of papers presented. It was evident that hours of work and study were spent in preparing the subject material for presentation. The most spectacular informative and convincing proof of the value of osteopathic therapy was the report, including illustrations, of changes in tissue as a result of bony lesions, presented by the research laboratory of the English Osteopathic Society.—Robt. B. Bachman, D. O.

Each convention is bigger and better, longer and more intensive.

In eagerness to get special features over before the big event many clinics and special programs are featured the week before which makes almost a two weeks grind for the earnest interested physician.

Saturday, pre-convention, was spent at a very fine "foot" program. Sunday was a hard day putting over the business meeting of the O. W. N. A.—9 a. m. until the finish—but what freedom to have the balance of the week for the main convention. Everyone—men and women—seemed glad to be at Chicago. The spirit was cooperation and fellowship. The Chicago group surely "put over" any big event.

How the Still College youngsters do grow up! !—And, what a fine looking bunch.—Mary E. Golden, D. O.

O. W. N. A.

The Osteopathic Women's National Association met in regular session at the Stevens Hotel in Chicago, Ill., Sunday, July 4, 1937. It is customary to have this business meeting on Sunday so that the attention of our members may not be detracted from the sessions during the week.

Tuesday noon it was our privilege to have as luncheon speaker the Educational Director of N. B. C., Miss Judith Waller. She told us quite plainly that in the field of publicity we set up our own hurdles; that people were much more ready to listen about "osteopathy" than we realized, and consequently because of our own timidity we were not going places we could and should.

Tuesday afternoon at the Women's Conference our speaker was Dr. Amy Cochran of California. Her specialty is Physio-synthesis, education of the short muscles, to make them do their share of weight bearing. This develops good posture which is very essential to good body mechanics.

The officers for the coming year are:

Dr. Mary E. Golden, Des Moines—President.

Dr. Georgina Smith, Los Angeles—1st Vice President.

Dr. Marie E. Baur, Philadelphia—2nd Vice President.

Dr. Rachel Woods, Des Moines—Secretary-Treasurer.

(It is quite natural that we take considerable pride in making this report and listing the officers for the year for the O. W. N. A. Drs. Golden and Woods who have so efficiently handled the affairs of the organization for the past year have been put back in office to carry on for another year. Still College, Des Moines and Iowa should feel very proud indeed of this honor again coming to us, well deserved, as a result of doing something.—Ed.)

The majority of you go to our annual national meeting without having spent much time in preparation. You decide to be there for certain days and so you pack up and go and expect everything to be in readiness for your arrival. I think you found it so in Chicago.

You found a convenient information booth, yet some of you could not see it and did not seem to know what it was for. You found the line of registration desks almost under your nose, one flight up from the lobby and with plenty of readable signs directing you. You found the exhibits—a maze of them—right at your elbow and very advantageously placed. You found courteous officials who did not bother you if you complied with

(Continued on page 3)

The Interfraternity Council

At the ripe old age of four years the Council stands up on its hind legs and declares it has done things and is going places. This year when the officials of ten fraternities and sororities in our profession met to decide their future, certain definite steps were taken to insure the perpetuation of the organization and to define its field of endeavor.

At Wichita it consisted largely of a desk disjoined from the regular registration. At Cleveland the desk was moved up at the end of the line the second day. At New York it joined the main show and functioned as an old timer. At Chicago it was considered an institution of ancient lineage and we hope in the future that it will continue to serve with added convenience to those of you attending.

You who attended a fraternity or sorority banquet and reunion noticed the last division of the line of workers taking your life history and money. This year at Chicago this registration covered ten such affairs, sold 519 tickets and handled \$1,337.25 without an error and talked to a good many of you in between and during sales of these tickets. We are proud of the record this year and hope you were convinced of the practicability of the plan. This is not all that this group plans.

We seek bigger and better recognition of osteopathic organizations in the official register of such groups, Baird's Manual. We already have a special listing and we want every one listed there.

We want the power to regulate our osteopathic organizations gradually adding to the restrictions of membership so that to belong to a fraternity or a sorority listed with the council will really mean something more than the possession of a pin. It will be a mark of distinction.

We are urging and insisting that our members join the state and national societies. Association work should begin with cooperative ideas instilled during student days.

We think that fraternities and sororities should be useful as well as ornamental and unless they prove themselves so they have no place on our roster. We will see you in Cincinnati.—H. V. Halladay, Executive Chairman.

D. M. S. C. O. Faculty

Dr. Arthur Becker



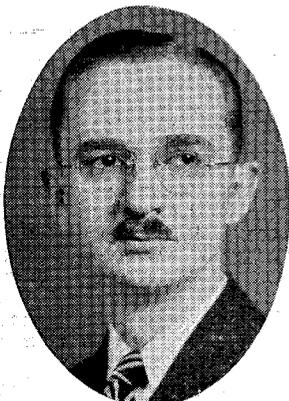
For the past two years Dr. Becker has filled the chair of president of the college in a very able manner. Coming to Des Moines with an exceptional osteopathic background, it was expected that his initiative and integrity would institute changes, the benefits of which would be felt throughout the entire profession. The college has improved and with Dr. Becker at the helm and the continued services of a board of trustees and faculty held over intact from the past, the institution will continue to advance.

Dr. Becker graduated from the original S. S. Still College of Osteopathy in 1903. This was the first name assumed by the college in Des Moines. In 1909 and 1910 he completed his third and fourth years of training at the American School of Osteopathy and later attended post graduate courses in Chicago and Boston.

For over 30 years he has been active in intense osteopathic work. He has filled every major office offered by state and national associations. He was elected president of the national association in 1931 and before and since has served as a member of the board of trustees of the national association. His teaching has brought him fame also and his writings may be found in the several publications of the profession. Dr. Becker is deeply interested in civic affairs and is a regular attendant at the weekly meetings of the Kiwanis Club. Golf and touring provide him with outdoor recreation.

Dr. Becker's family reflect the osteopathic influence also. Mrs. Becker is active in local auxiliary affairs and their two sons are graduate osteopaths. Dr. Rollin Becker is practicing in Pontiac, Michigan, and Dr. Alan Becker, a graduate of the May '37 class of Still College, has an internship in one of our osteopathic hospitals.

Dr. J. P. Schwartz



Dr. Schwartz' talents and ability keep him constantly at high speed. He is Dean of the college, chief surgeon at the hospital and president of the institution. His services are in demand as an expert diagnostician and speaker on the subject of his specialty. He has served as president of the American College of Osteopathic Surgeons and for the past year has been chairman of the program for this section of the association.

Dr. Schwartz graduated from the American School of Osteopathy in 1919 and immediately began his internship and post graduate work at the Des Moines Still College of Osteopathy. At the same time he devoted some time to the teaching of related subjects in the college and was soon elected to the board of trustees. For the past ten years he has been surgeon-in-chief of the Des Moines General Hospital and Dean of the college.

He takes a very active interest in all association work, especially of the legal and legislative type. Locally he takes part in many club and civic affairs, enjoying a wide acquaintance in the city along both professional and social lines.

Dr. Schwartz has a beautiful summer home at Lake Okoboji, to which he drives with his family for frequent week-end rests.

Dr. Robt. Bachman



Dr. Bachman fills two very important positions at the college. As a member of the board of trustees and its treasurer he is entrusted with the funds of the college. He is also head of the department of Obstetrics, the personnel of which attends approximately 400 births each year. With an experience of over 20 years in the teaching and practice of this specialty he is considered, and properly so, one of the foremost authorities on this subject.

Dr. Bachman graduated from the Des Moines Still College of Osteopathy in 1916. He completed his post graduate work and served an internship at the Des Moines General Hospital and is a licensed surgeon in the state. He is active in state and national affairs and for the past year has been president of the American College of Osteopathic Obstetricians. He is in constant demand as a speaker at meetings of the profession and before lay groups.

Locally he represents the profession in the Rotary Club and other civic interests. Touring and camping with a luxurious trailer keep him in the open and his summer home in Minnesota demands part of his time during the vacation period.

Dr. H. J. Marshall



Dr. Marshall is another very busy member of the college staff. He is head of the Eye, Ear, Nose and Throat department of the college, lecturing on the subject and superintending the clinics in this specialty. He is also a member of the board of trustees of the institution. At the Des Moines General Hospital he is one of the staff of surgeons and a member of the board.

He graduated from the Los Angeles College of Osteopathic Physicians and Surgeons in 1914 and continued with the study of his specialty with post graduate work and special courses. Since 1926 he has been a member of the faculty of the college and for the past two years a trustee. Active in all association work he has been a member of the state board of examiners and served all

elective offices in the national association of his specialty. At present he is secretary-treasurer of the International Society of Ophthalmology and Oto-Laryngology.

He is a member of the Kiwanis Club and is interested in many civic groups. Mrs. Marshall is president of the National Osteopathic Auxiliary.

For recreation Dr. Marshall and family tour and in the late fall he takes time off for a big game hunting trip.

Dr. H. V. Halladay



Dr. Halladay is known as the dean of osteopathic anatomists. For over 20 years his work in Anatomy has kept him constantly before the profession. His original research work on the spine and the text book which followed has given him an international reputation. His more recent activities in connection with the care of athletes have made him a demand speaker at many associations.

Dr. Halladay graduated from the American School of Osteopathy in 1916 and was immediately made a member of the faculty of the college. He also holds an interne certificate, having served two years at the A. S. O. Hospital.

During the past 20 years he has appeared on numerous state and district programs and is a consistent speaker at the national meeting of the association. His work with athletes brings him into contact with nationally known coaches and teams with whom he often meets in conference on the subject of injuries.

Dr. Halladay has for his hobbies music, photography and touring. His favorite recreational spot is Mesa Verde National Park where he is not only interested in scenery but also in archaeology and from here he extends his interest throughout the southwest.

At the national convention you will find him helping to keep the osteopathic fraternities and sororities lined up with their several business and social meetings, his office being Executive Chairman.

A New Class Matriculates September 7th

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE OF
OSTEOPATHY

President ARTHUR D. BECKER

Faculty Adviser . . . H. V. HALLADAY

Editor E. HARWOOD

Osteopathy Without Limitation

Duty

It is the solemn duty, as well as the opportunity of every osteopathic physician to affiliate with the American Osteopathic Association as an active member. This affiliation should be made and maintained for several important reasons. First, it is only through organized osteopathy that the big things in federal legislation and in national publicity can be accomplished. There are constantly problems arising in the osteopathic profession, as in every other profession, which require mass movement, mass influence and mass weight. Again such affiliation is vital, because it keeps the osteopathic physician in intimate touch with problems as presented in the profession and with measures suggested and advised for the solution of such problems. It keeps the osteopathic physician supplied with the latest thoughts and developments professionally and from the scientific angle through the A. O. A. Journal and other osteopathic publications. It secures listing in the A. O. A. Directory, which listing is becoming increasingly valuable as the years go on. Such affiliation tells the public and your patients, as well as your colleagues in practice, of the fact that you are alert and an active unit in the great profession which you have chosen as your life's work. It frequently works out that such affiliation is worth many times its actual cost through the reference of patients. It gives you standing with the insurance companies. It gives you the many detailed personal services through that marvelous organization which we familiarly call Central Office. Certainly no one can afford for a minute to miss the opportunity of affiliation with the American Osteopathic Association. If you are not now a member, may I take the liberty of urging you to make it your first duty to apply for such membership.

It is equally a duty and a privilege to become affiliated with your state organization. Here again activities of major importance to your divisional society must have the vision, influence and weight of mass movement. The state legislative programs must be handled through state organization. The state association is the divisional society unit of the national organization and furnishes the mechanism whereby national activities become matters of vital

interest in state affairs. The state society, when well and completely organized, is the contacting medium for its individual members.

It becomes a real privilege and an added opportunity to every osteopathic physician to become affiliated with their local group organizations, such as district, county and city associations. Publicity may be obtained locally for osteopathy through local associations—their meetings, their programs and other activities.

May I repeat, "Become an active member in your national, state and local osteopathic organizations." Where humanly possible, attend their meetings, take an active part, contribute something of your own ability, put your interest and energy to work for the benefit of your profession. The osteopathic profession is doing things and going places. Certainly no osteopathic physician can afford to stay out of the organizations of their own profession. Contribute freely of your time, your effort, your energy, your ability, your thinking capacity, as well as your money, to the great profession of which each individual is an important unit.

ARTHUR D. BECKER, D. O.

The Corporate Board

The annual meeting of the Corporate Board of the college was held June 15th at 8:00 p. m. at the college building. Those who are familiar with the management of the college know that this corporate board of over 60 members meets once a year and elects at that time a board of trustees who conduct the affairs of the college throughout the year.

Dr. Arthur D. Becker called the meeting to order and following the usual routine asked for the auditor's report. This is too exhaustive to give in detail, but we make this comment: It was much more satisfactory than the year previous.

Dr. Becker then took the floor and made an informal report on the activities of the college for the year. This included mention of added equipment, high morale of students and all associated, anticipation of a large fall class, increase in contributions to the Building and Equipment Fund, the success of the Review Week, interest in recruiting new students through present student contacts, the Alumni Association and a very flattering outlook for the coming year. Dr. Becker's report was received with applause.

The election of officers proved the appreciation of the board for the work of the officers during the past year. The entire list of past officials was elected by unanimous vote, these being as follows:

Dr. Arthur D. Becker, President.

Mrs. K. M. Robinson, Secretary.

Dr. R. B. Bachman, Treasurer.
Drs. J. P. Schwartz, H. V. Halladay, R. B. Bachman, G. E.

Fisher and H. J. Marshall, trustees. Dr. Schwartz was again elected Dean of the College at a short meeting of the trustees following the adjournment of the Corporate Board.

Dr. C. I. Gordon of the faculty was elected a member of the Corporate Board.

Dr. T. B. Larrabee of Webster City, Iowa, made a short speech before the close of the meeting, commending highly the officers of the college and making it very plain that he thought that more members of the profession should sit in on these meetings. Dr. Larrabee said he did not realize what it meant to conduct the business of a college throughout a year and in the future he would be more interested in the affairs of the school. We hope to get a short article from him in the near future as he informally told us some very interesting stories of the early days of the college.

"I Think"

(Continued from page 1)

the rules. You found a hotel accommodating every feature of your convention. It was a little city within itself for you did not have to leave the Stevens for any need. I think the arrangements for this meeting were as near perfect as we have ever experienced.

Some of you spent no time at all on this. You attended and I hope you enjoyed it. Others spent many weary hours getting ready for you. Take your program and sit down for half an hour and look over the array of names in it and try if you can, to figure the hours spent by these men and women for months before this meeting. Hours spent bringing the loose ends together and weaving a nearly perfect international meeting of our profession. There is a great deal of satisfaction in looking back over the week and knowing that we had a small part in this machine and that we added a little to the perfection of the arrangements.

We look forward to this week, we run at top speed for the several days and we look back and we are glad that we spent a few hours getting ready. We had some things in mind that were to be done. They were done and we came home feeling that our plans had been carried through to the satisfaction of nearly one hundred per cent.—H. V. Halladay, D. O.

I believe, without a doubt, the forty-first national convention held in Chicago, of 1937, was the most practical and successful convention ever held. Much praise should be given to the doctors in charge and to the chairmen of the divisional sections for their splendid programs. A deep satisfaction should be felt by all by having the privilege of meeting and hearing the outstanding specialists in the different fields of Osteopathic practice.—Glenn E. Fisher, D. O.

First, let me say that a National convention always means a great deal to me in the way of newer knowledge and a re-awakened inspiration in Osteopathy.

Many things impressed me at the convention but the one that impressed me most was the Diagnostic Clinic. I believe that pictures of the different departments of the Diagnostic Clinic placed in the Osteopathic Magazine, and other similar Osteopathic publications, would be very helpful in raising the standing of Osteopathy in the minds of the public. Certainly a patient would admit that in going through the Diagnostic Clinic that the examination was just as thorough and complete as any examination could be. This is necessary if Osteopathy is to take its rightful place in the therapeutic world.

The many different X-ray pictures in the Scientific Exhibit show and tell us many things about abnormalities in development and lesioned conditions as they effect posture, and are a source of invaluable information to those physicians who are not doing any X-ray work. The new diagnostic instrument the Posto-check is of value in giving us the distribution of the weight of the body as it is carried on the feet and legs in standing or in walking.

If I were to offer a word of criticism, it would be that there are too many sectional divisions that make up the program. The fact that all sections are in session at about the same time makes it impossible to attend all of the sections that one desires.

Leaving the convention program out of the picture, the most interesting things to me, while in Chicago, were the baseball games and an afternoon at the Arlington races.—Lonnie L. Facto, Chairman of Technique Section.

Dr. Glenn E. Fisher

Dr. Fisher is a more recent graduate of the college, having secured his degree in 1933. His talent as an interpreter of the difficult problems in chemistry assured his position on the faculty of the college after acting as assistant in the department during his osteopathic training. He is also a member of the board of trustees.

His interest in local osteopathic problems resulted in his election to the position of secretary of the group and he extends his interest into social and civic circles also.

His frequent appearance at state and district meetings and as a speaker on the program of the national association mark him as a recognized authority in his subject.

Dr. Fisher and family enjoy the outdoors and take motor trips as often as opportunity offers.

I. O. A. Bulletin

PRESIDENT'S LETTER

This is written near the end of the A. O. A. Convention at Chicago. Many any of our Iowa doctors are in attendance, and it has been a pleasure to see them, as well as to meet old and new friends from other places. I feel very proud of our profession as I view the scientific exhibit, listen to the various speakers, and help represent our state in the House of Delegates. We have come a long way for such a young organization, and are still going strong.

Your state delegates have just finished five days of almost continuous session, and have represented the Iowa Society to the best of their ability. Many problems came up and, while we might not always agree with the majority, we feel that the physicians of our state can, with profit, team up with the A. O. A. program for the coming year. Next year, at Cincinnati drop in on the House of Delegates and listen to the proceedings; A. O. A. members are welcome visitors at these sessions.

The program of the Public and Professional Welfare committee of the A. O. A. is, in my opinion, the most aggressive and worthwhile thing we have initiated for a long time. Through the committees activities the profession pushes forward along many lines; while we may be disappointed in some we are bound to get results in the majority. If you have not sent your contribution to Dr. W. C. Chappell of Mason City or to headquarters, do so now.

I wish every osteopath could have attended the Memorial services for Dr. A. T. Still. As a general thing I do not care very much for things of that kind, but, as I looked over the doctors present, and thought of how many lives the "Old Doctor" had affected it made me humbly wish that each of us might continue to spread the marvelous work which he began. As a multitude of small waves augment the on-rushing tide, so may our efforts help the development of the profession Dr. Still founded.

In non-surgical cases of continuous vomiting have you ever tried giving the patient, especially an infant or small child, water in teaspoon doses every fifteen minutes? This amount usually does not provoke vomiting, is quickly absorbed, and within a few hours may be increased. This is especially valuable where a diarrhea prevents the use of proctoclysis, and the small veins or lack of hospital facilities make it impossible to give water otherwise.

We are beginning to make plans for the fall district meetings. I plan to write the district presidents in the near future and exchange ideas with them. Meanwhile, if any of you have suggestions to offer, send

opathy. This year it seemed to them in, as we desire to make these meetings as worth while as possible.

This has been more A. O. A. than state news. However, we have learned many things, the majority of which can be applied to state activities as soon as we can digest and adapt them to this purpose.

Yes, the fishing and ultra violet rays were both good in northern Minnesota last week. But was my face red!—J. M. Woods, D. O.

APPLICATIONS FOR MEMBERSHIP

The following have recently made application for membership in the Iowa Society of Osteopathic Physicians and Surgeons, and have now been granted license to practice by the Iowa Board of Examiners.

- Gene Beghtol, 631 S. Third St., DeKalb, Ill.
- Harlan H. Bobenhouse, 832 4th St., Des Moines.
- Robert J. Cook, 1234 W. 9th St., Des Moines.
- C. W. Hammond, Des Moines General Hospital, Des Moines.
- B. D. Howland, Story City, Ia.
- W. Wallace Jolly, 443 N. 5th St., Ottumwa, Ia.
- G. E. Jurgeson, Truman, Minnesota.
- H. J. Ketman, 1611 Arlington Ave., Des Moines.
- D. C. Littlefield, 1169 W. Ninth St., Des Moines.
- Joseph R. McNeerney, D. M. Gen. Hospital, Des Moines.
- Ivan E. Penquite, Knoxville.
- J. W. Peterson, 1410 Peck St., Muskegan, Mich.
- J. C. Bishop, Rock Rapids.

Flash!!

Your secretary just called the Log Book and gave us this item. Read it over carefully. It means something to you.

"Under the new arrangement, the State Commissioner of Health has ruled that fees for routine serology tests will not be required for specimens examined on and after July 1, 1937."

Vacation Plans

With the week of Review Work following the regular college year and the national convention at Chicago so near, the majority of the faculty have not made definite vacation plans. Those who have something certain in mind have arranged their schedule for the remaining weeks of the period following the national meeting.

Dr. Arthur D. Becker expects to tour the north and east with his family.

Dr. Bachman and family will spend some time at their summer home in Minnesota.

Dr. Facto and family will tour into Missouri and visit the Ozark region.

Dr. and Mrs. Fisher will drive somewhere out west.

Dr. Golden expects to tour through Wisconsin and Minnesota, breaking some new paths.

Dr. Halladay will visit Mesa Verde, the Grand Canyon and on south into Arizona, returning via Carlsbad.

Dr. and Mrs. Marshall will hunt big game late in the fall.

Dr. Owen, being fond of exploring caves, will find a new one.

Mrs. Robinson expects to drive to Canada and see the quints.

Dr. J. P. Schwartz will spend some time at his summer home at Lake Okoboji.

Dr. Gordon and family will tour west into Montana and visit the Yellowstone region.

If you want to see any of these members of the faculty get in touch with them immediately and maybe they could be stopped for a minute or two, but remember that they all drive fast and are on vacation.

Successful

(Continued from page 1)

The fraternity and sorority registration topped the same list of 1936 by about 25% and this is hard to figure. Probably the concentrated effort throughout the year induced more of the members of the various frats and sororities to attend their reunions rather than take that night off and do something else. Ten fraternity and sorority banquets were going in full swing Tuesday night and we have heard a lot of nice things said about them.

We talked to two or three of the old times among the exhibitors. This is an integral part of the convention and with 378 of them in Chicago it meant a lot of work getting ready for them and getting them set up when the hour arrived. As far as we could see they were very happy over the crowd and its interest in their exhibits. One exhibitor mentioned a couple of past conventions as being a little better from the actual business standpoint but after being reminded that they were before 1929 he admitted that this was perhaps a record breaker.

The business manager of the A. O. A., Dr. Clark, has been heard to remark that this part of the show was getting too big to be held in a hotel. There must be a benefit gained through this contact that cannot be obtained any other way. We are glad to see the offerings of the many firms we deal with throughout the year and we hope this phase of the convention continues to grow also.

We talked to our secretary at the Still College booth who has been faithfully talking and registering for the past four days. She tells us that there is a 100% increase in registration over the N. Y. meeting. This may be due to the ease with which the booth may be found but we think the geographical location has more to do with it.

We key-holed the Scientific Exhibit on the lower level and find that nearly everyone at the convention has registered at the entrance. It is certainly evident that the profession

as a whole is interested in knowing what there is to be seen that applies to the teaching, and the proving of osteus that our college exhibits struck out for themselves and did not follow the typical type of medical exhibit. If we have anything that shows how and why Osteopathy is different from medicine it should be a part of this scientific exhibit.

The program itself was well planned. It is getting to be too bulky we think and someone will have to take the initiative and start trimming it down instead of trying each year to make it cover more ground. We do think that the plan of the hotel made it possible to see many more things and attend many more meetings than the plans we have had in some conventions. Information was available and almost everything was convenient so that more of this program could be covered if so desired. We still think that too much is going on at any one time.

The weather man has been kind. We have not had rain or snow. We have had some warm days and some might call them hot. The hotel has been fairly comfortable most of the time but with large crowds filling the halls a lot of heat is generated. Their cooling system would probably take care of the ordinary usage of the hotel but we think it was not quite up to the needs of this meeting. Freedom from our coat was necessary part of the time.

No convention is perfection in itself. If there has been any complaint that seems to be general it was about the entertainment provided. It was our only opportunity to visit the famous Field Museum and Shedd Aquarium and the afternoon did not have enough hours in its for these two fine educational exhibits.

Dr. Mary E. Golden

Dr. Golden, a teacher in the college, president of the Osteopathic Women's National Association and a busy member of the state association also. Along with her extensive practice she finds time to fly about the country attending to her duties as an official and not only talk to professional groups but also to Parent-Teacher meetings and others among the laity.

She graduated from the Des Moines Still College of Osteopathy in 1912 and has since that time taken many review and post graduate courses. She never misses a national meeting and is a speaker often at state associations. Locally she belongs to several professional clubs among the women and is active in the Chamber of Commerce.

Dr. Golden's recreation consists of her interest in her kennels and touring, her vacation being planned usually to follow the national meeting and consists largely of exploring the less frequented beauty spots of the country.

Entered as second class matter, February 3rd, 1923 at the post office at Des Moines, Iowa, under the act of August 24th, 1912.

THE LOG BOOK

Accepted for mailing at special rates of postage provided for in Section 1103, Act of Oct. 3rd, 1917, authorized Feb. 3rd, 1923.

PUBLISHED MONTHLY BY THE DES MOINES STILL COLLEGE OF OSTEOPATHY

Volume 14

AUGUST 15, 1937

Number 8

We Wandered

About this time of year we take a walk and look around. We ask a few questions and then observe things in general. This is the time of year when all of us seem to be pretty busy. Vacations are about over and we are counting the days until the gang will return. We are getting ready for this gang and will be glad to see them but we are busy and not parked, waiting for the seventh of September.

On the first floor of the college building the chemistry lab was being renovated. Bottles that had been tinted with the summer dust were being polished and arranged and back in the dissection room more cleaning was in progress. One body was on the cooling board and the tank was ready for the fall stock in trade.

The office on the second floor was too busy. We counted 24 patients in the waiting room and numerous student doctors and examining physicians were attending to their wants. The new P. A. System installed late in the spring term was in use almost constantly.

Charlie was at work on the third floor getting the walls cleaned and the chairs back in place in preparation for their winter coat of smoke and as for the chairs, they are neatly arranged for only short periods of time.

On the fourth floor work was being done in the labs. Cleaning and checking to know that supplies and slides are ready.

The labs on the fifth floor have been checked and it was a lonesome, desolate place. We took one glance into the darkened projection room and hurried down.

A short drive and we are at the Des Moines General Hospital. Dr. J. P. Schwartz, surgeon-in-chief, was at the scrubbing basin getting ready for a major operation. Dr. Graney, his assistant, was looking over the tools that Dolly had so neatly arranged. Dr. J. L. Schwartz was in another room getting ready to take out tonsils. Dr. Dennis, his assistant, was nearby. Dr. H. J. Marshall was sticking a wicked looking hypo in a girl's tonsillar region. Dr. McNerney was holding her head—or was it her hand?

Dr. Bos was checking over some kind of a report. Dr. Hammond arrived with a suspicious looking test tube. Dr. Bachman was in the nursery looking over last week's crop of new American citizens and Dr. Cash was hidden in the developing room, having finished a series of X-Rays of the chest. We walked down the three

(Continued on page 4)

SCHEDULE OF CLASSES, 1937-1938

* * *

FRESHMAN B.

BIOLOGY	O. E. OWEN
BACTERIOLOGY	To be announced
ANATOMY	H. V. HALLADAY
CHEMISTRY, INORGANIC	G. E. FISHER
HISTORY OF OSTEOPATHY	H. V. HALLADAY

FRESHMAN A.

EMBRYOLOGY	O. E. OWEN
HISTOLOGY	To be announced
CHEMISTRY, ORGANIC	G. E. FISHER
PHYSIOLOGY	O. E. OWEN
ANATOMY	H. V. HALLADAY
HISTORY OF OSTEOPATHY	H. V. HALLADAY

SOPHOMORE B.

ANATOMY	H. V. HALLADAY
CHEMISTRY, PHYS. AND TOX.	I. C. GORDON
PATHOLOGY I	O. E. OWEN
PHYSIOLOGY	O. E. OWEN
OSTEOPATHIC PRINCIPLES	A. D. BECKER

SOPHOMORE A.

NERVOUS PHYSIOLOGY	L. L. FACTO
OSTEOPATHIC MECHANICS	H. V. HALLADAY
ANATOMY	J. M. WOODS
PATHOLOGY II	I. C. GORDON
PEDIATRICS	M. E. GOLDEN

JUNIOR B.

LABORATORY DIAGNOSIS	G. E. FISHER
PHYSICAL DIAGNOSIS	L. L. FACTO
SPECIAL PATHOLOGY	I. C. GORDON
TECHNIC	L. L. FACTO
DIETETICS AND HYGIENE	To be announced

JUNIOR A.

OBSTETRICS I	R. B. BACHMAN
GYNECOLOGY	E. F. LEININGER
COMMUNICABLE DISEASES	L. L. FACTO
OSTEOPATHIC THERAPEUTICS	J. M. WOODS
SUPPLEMENTARY THERAPEUTICS	G. E. FISHER
CLINIC—MONDAY, WEDNESDAY, FRIDAY.	

SENIOR B.

NERVOUS DISEASES	A. D. BECKER
OBSTETRICS II	R. B. BACHMAN
OSTEOPATHIC THERAPEUTICS	J. M. WOODS
SURGERY	J. P. SCHWARTZ
EYE, EAR, NOSE AND THROAT	H. J. MARSHALL
X-RAY AND PHYSIO-THERAPY—TUES. AND THURS.	B. L. CASH
CLINIC—MONDAY, WEDNESDAY, FRIDAY.	

SENIOR A.

APPLIED ANATOMY	J. M. WOODS
DIFFERENTIAL DIAGNOSIS	A. D. BECKER
PROCTOLOGY AND UROLOGY	J. P. SCHWARTZ
SURGERY	J. P. SCHWARTZ
EYE, EAR, NOSE AND THROAT	H. J. MARSHALL

MEDICAL JURISPRUDENCE	H. E. SAMPSON
CLINIC—MONDAY, WEDNESDAY, FRIDAY.	

* * *

Laboratories under the direction of the head of each department are conducted in the afternoons in the following subjects: Histology, Biology, Chemistry, Bacteriology, Embryology, Physiology, Pathology, Anatomy, Gynecology, and Clinical Diagnosis.

1937-1938 Calendar

REGISTRATION..... SEPTEMBER 7

Roll Call	September 8
Armistice Recess	November 11
Thanksgiving Recess	November 25-26-27
Christmas Vacation	December 17 to January 3
Graduation	January 21
Registration	January 22
Roll Call	January 24
Easter Recess	(Date to be announced)
Graduation	May 27

O. W. N. A.

The O. W. N. A. Business Meeting at the National Convention was very well attended. The Tuesday noon luncheon presided over by our beloved Fannie Carpenter proved an inspiration to everyone present. Efficient Marie Baur presented Amy Cochran for two hours of fascinating technique.

The O. W. N. A. membership returned home with the determination that osteopathic womanhood would not be excelled by any other professional group of women either in devotion to purpose or percent of members with dual affiliations.

The outlook for the new year is bright. Many new members have come into the organization and many auxiliaries have realized the tremendous effect of group effort. The Osteopathic Women's National Association will accomplish outstanding results whereas the individual woman or club must be limited in contacts.

Let every professional woman and each osteopathic group of women join in a determined effort to make 1937-38 a great year for osteopathic influence through united cooperation.

MARY E. GOLDEN, D. O.,
President, O. W. N. A.

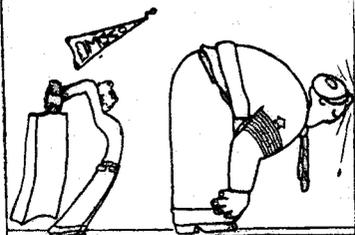
"I Think."

The Chicago Osteopathic profession and the Chicago Osteopathic Hospital are to be congratulated on the splendid convention that was held there recently. The officers and members of the International Society of Ophthalmology and Oto Laryngology and the American Society of Ophthalmology and Oto Laryngology were very well pleased with the general arrangements at the hotel for examination of patients, the lecture and conference rooms and for the large number of clinic patients. The hospital gave us splendid cadaveric material to do our work on, splendid rooms for us to work in and the hospital was very generous with their nurses and interns assisting us. The weather man was kind and gave us cool weather during the I. S. O. and O. & O. L. conventions.

The new officers of the I. S. O. and O. & O. L. are making great plans for the convention in Cincinnati and any one interested in Eye, Ear, Nose and Throat work will be greatly compensated by attending the convention next year.

H. J. MARSHALL, D. O.,
Vice President I. S. O.

FRATERNITY NOTES



Local

The five fraternities and the one sorority active in Des Moines are really alive. We checked these organizations at the close of the college year and found them all to be in good condition financially and all having had a good year. Now these young men and women are preparing to return to school and are also making plans to receive the membership of the new class. Des Moines is proud to list this group, with their officers. They are all in good standing with their respective national chapters. We had the pleasure of working with the grand officers of these fraternities and sororities at the convention this summer in Chicago and the future will see a greater improvement in many ways in all of our represented groups.



President—Velma Gehman.
Vice President—Evelyn Kettman.
Secretary—Rebecca Richardson.
Recording Secretary—Burnie Moeller.
Treasurer—Beryl Freeman.
Escort—Dorothy Hollen.



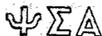
President—H. Sporck.
Vice President—S. Barnes.
Secretary—E. Blackwood.
Treasurer—K. Wooliscroft.



President—J. B. Miller.
Vice President—A. Franke.
Secretary—H. Leslie.
Treasurer—E. Zyzewski.

ATLAS CLUB

Noble Skull—Henry Leslie.
Occipital—Marcus Gerlach.
Sacrum—George Bunge.
Stylus—Howard Johnson.
Pylorus—William Costello.
Receptaculum—Jon Hagy.
Styloid—John Engleman.



President—Jerry O'Berski.
Vice President—Don Wicke.
Secretary—Chas. Houghan.
Treasurer—Harold Heideman.
Chaplain—Robt. Luby.



President—E. Zyzewski.
Vice President—J. B. Miller.
Secretary—Albert Ferris.
Treasurer—Joe Robertson.
Pledge Master—Clifford Milard.
Sergeant at Arms—Glaser Pease.

Grand Officers

Those of you who were unable to attend your fraternity or sorority reunion in Chicago this summer will be glad to know who your Grand Officers are so that you can keep in touch with the affairs of your organization. If you are lost from the fold and not on the roll of your frat or sorority please advise the secretary. One more urge. We want 100% A. O. A. membership among our Council members. Your neglect may place your organization at the bottom of the list.—H. V. H.

- Acacia Club—
Pres. H. M. Williams, Lebanon, Ohio.
Sec'y-Treas. A. W. Noyes, Clayton, Mo.
- Atlas Club—
Pres. E. Jacobson, Philadelphia, Pa.
Sec'y-Treas. C. R. Starks, Denver, Colo.
- Alpha Tau Sigma—
Pres. F. A. Gordon, Marshalltown, Ia.
Sec'y-Treas. B. F. Voorhees, Findley, Ohio.
- Psi Sigma Alpha—
Pres. O. E. Owen, Des Moines, Iowa.
Sec'y-Treas. J. W. Hayes, E. Liverpool, Ohio.
- Phi Sigma Gamma—
Pres. E. G. Bashor, Los Angeles, Cal.
Sec'y L. J. Grinnell, Providence, R. I.
- Sigma Sigma Phi—
Pres. J. E. Rogers, Oshkosh, Wis.
Sec'y-Treas. W. E. Bailey, St. Louis, Mo.
- Theta Psi—
Pres. F. J. Meyer, Clayton, Mo.
Sec'y C. H. Britton, E. Lansing, Mich.
- Delta Omega—
Pres. Helen C. Hampton, Cleveland, Ohio.
Vice Pres. Nora Prather, Louisville, Ky.
Sec'y Alma C. Webb, Akron, Ohio.
Treas. Edith W. Pollock, Quincy, Ill.

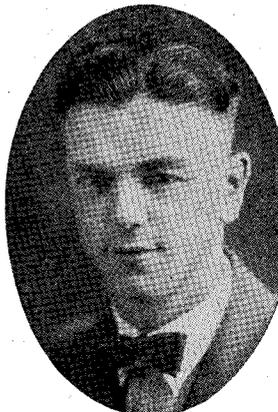
Dr. H. A. Graney

Graduated from the Des Moines Still College of Osteopathy in 1933. In addition to the regular course at the college Dr. Graney has finished his post graduate work and served an internship at the Des Moines General Hospital. For the past year he has been specializing in surgery and acting as assistant to Dr. J. P. Schwartz. His work at the hospital and occasional lectures at the college have proved his worth as a recent addition to the faculty.

Henry E. Sampson, A. B., B. Ph., Ju. D.

Mr. Sampson, being a true friend of Osteopathy, makes an ideal instructor for the subject of Medical Jurisprudence. He is keenly interested in the profession and although he carries on an extensive law practice, always finds time to meet with the osteopathic group for an evening of recreation or study.

Dr. L. L. Facto



Dr. Facto graduated from Des Moines Still College in 1926 and immediately went to London, England, for a year's clinical work. Since then he has attended special post graduate courses with Blanchard and others. This wide range of clinical observance has especially fitted him for the position of superintendent of clinics at the college.

He is an able speaker and an authority on nervous disorders, his appearance on many programs being evidence of his popularity along this line.

Being interested in athletics since a small boy, he and his family enjoy the seasonable sports and take advantage of vacation days by making auto trips into various parts of the country.

Dr. Byron L. Cash



Graduated from the Des Moines Still College of Osteopathy in 1917. Has served his internship at the Des Moines General Hospital. During the war was assigned to laboratory work with the Army and since has taken post graduate work in Chicago and at the University of Michigan.

As Roentgenologist and chief laboratory technologist at the Des Moines General Hospital, Dr. Cash is thoroughly conversant with the X-Ray and all forms of Physio- and Physical Therapy. These subjects are presented by him during the Senior year at the college.

Dr. Cash and his family enjoy touring and an occasional week end at the lakes.

Dr. John M. Woods



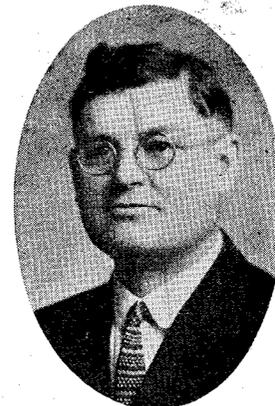
For the past 14 years Dr. Woods has been a popular member of the faculty of the college. He is an able teacher in several subjects, having recently devoted more time to the teaching of the practice of osteopathy. He has always been active in all association work, having recently been reelected to the presidency of the state association. For the past several years he has been associated closely with the Internists Section of the national association.

Dr. Woods graduated from the Des Moines Still College of Osteopathy in 1923 and has since that time been a member of the faculty and also conducted a busy practice of the general type, all of which makes him especially well fitted to lecture on the subject of Osteopathy.

Dr. Rachel Woods, his wife, is also a graduate of the college and has added to the family prestige by her office as secretary of the Osteopathic Women's National Association.

As a family they enjoy motor- ing and a trip to the lakes in Minnesota.

Dr. C. I. Gordon



Graduated from the Des Moines Still College of Osteopathy in 1931. Dr. Gordon is active in association work, being a member of the local, state and national associations. He has filled all of the offices of the local group, being recently elevated to the presidency. He is also deeply interested in club and young people's work, speaking before them frequently.

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE OF
OSTEOPATHY

President ARTHUR D. BECKER

Faculty Adviser . . . H. V. HALLADAY

Editor E. HARWOOD

Osteopathy Without Limitation

Appreciation

We have many reasons to feel that the first great objective in our program of advancement has been accomplished. The work and effort and planning of the past two years have been crowned with success. We can now look forward to new effort with the calm assurance that we have an organized and effective alumni group marching with us in our determination to accomplish bigger and still more constructive things for Des Moines Still College of Osteopathy and, through this institution's development, for the great science of osteopathy.

Work loses its concomitant fatigue and exhaustion when the bright rewards of success become clearly evident. Vision is made increasingly clear when fruition lights the way. We find ourselves definitely around the corner and squared away for new steps in progress and development.

Our many friends and well wishers in the profession and in our own student group have crystallized their good will into tangible assets by referring qualified prospective students and by subscription to our Building, Equipment and Extension Fund. We may, at this time, look forward with confidence and assurance to the future of Des Moines Still College of Osteopathy as an integral and important factor in the steady and continuous forward march of osteopathy as a science and as a profession.

Are you ambitious to be with us and to take your full fair share in our development? We would be glad to have you as a co-worker in our plans. We are taking new steps, setting new standards, visualizing new opportunities. We will need your enthusiastic backing if we realize our highest objectives. We are well on the way to great accomplishment and we want you with us to further guarantee unqualified success.

The American Osteopathic Association at its annual convention in Chicago set the entrance requirements for all osteopathic educational institutions at the same mark that we publicized nearly one year ago as the platform of our college, viz, one year of college work as a prerequisite for entrance for the September Class of 1938 and two years of college work as entrance requirement for the September

Class of 1940. This 1937 September Class is the last fall class to be enrolled previous to the step-up in entrance requirements, and the January 1938 Class will be the last class to be so enrolled. Be sure your prospective students understand this. We would be glad to have you refer students to the Des Moines Still College of Osteopathy, THE COLLEGE OF CLINICAL OPPORTUNITIES.

ARTHUR D. BECKER, D. O.

Alumni !!!

There is one thing that we left out of the report of our wandering around at Chicago. This was touched on when we made mention of the college breakfast and Dr. Becker this month mentions it. This is not enough.

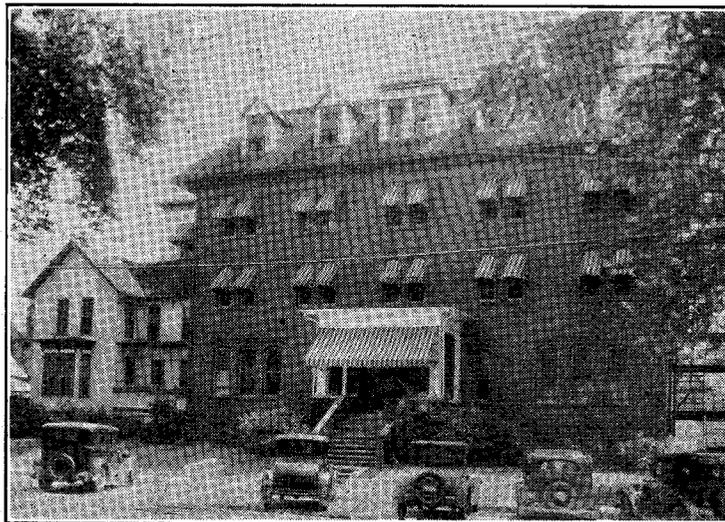
Last year those of you who can be found were made conscious of a definite effort on the part of Drs. Clybourne and Homan to awaken you to your responsibilities to your Alma Mater. These same busy doctors have again assumed the offices they so efficiently filled last year. Dr. Clybourne is president of your Alumni Association and Dr. Homan is secretary. You will hear from them occasionally and we hope you will respond when they write you.

The great colleges of our country have been improved and maintained largely by the appreciative efforts of their graduates. In the beginning they were all small schools. Their growth and increase in usefulness has been made possible by concentrated efforts thru a strong alumni association which had faith in the future of the institution. Money is not everything. Your support can be shown by sending a student each year and that is not asking too much of you. You already know the need for more osteopathic physicians thruout the world. You know several young men and women who are qualified but have not been approached in just the right way. If so, they would be enthusiastic supporters of our science and would be glad of a chance to enter a college of osteopathy where osteopathic training is stressed. You have plenty of raw material within your own territory. We have the plant that will turn that raw material into practiced osteopathic physicians.

We had the pleasure of talking to an alumnus of our college this summer who is more than a thousand miles from Des Moines. He said, "The more contacts I make the more I realize that Still College gave me more than I thought I was getting. I know how much I know and I know how much more I know than some others I have met."

In our line of duty we often have to do things that we would rather not do. This is a duty that certainly needs little urging. We know you are proud of D. M. S. C. O. Augment that pride with the tangible evidence

Des Moines General Hospital



Dr. O. E. Owen



Having assisted and taught the subjects of Biology and Embryology at the University of Missouri and Berea College previous to his enrollment at Des Moines Still College of Osteopathy, assured Doctor Owen of a fellowship in these subjects. His attention to detail and talent in teaching led to his assignment to the subjects as a regular member of the faculty for the past two years. His study has also been extended to special work at the University of Michigan. Doctor Owen graduated from the Des Moines Still College of Osteopathy in January, 1937. Beginning this year he will extend his teaching into the department of Physiology.

of a new student from your eligible list.

Write to Drs. Clybourne and Homan and tell them you want to help make D. M. S. C. O. bigger and better.

We heard many nice things said about these two leaders of our alumni group when we were in Chicago. We heard many fine compliments on the college. We know you are awake to the opportunities and we are ready for that big class you are helping to send to us this fall.—E. H.

Dr. Jos. L. Schwartz



Graduated from the American School of Osteopathy in 1919, following which he finished one year of post graduate study at the Des Moines Still College of Osteopathy. Dr. Schwartz is a member of the staff of the Des Moines General Hospital and the Taylor Clinic. Although busy with his specialty, he takes the time necessary to teach and take part in many college and local meetings. He is a member of the local, state and national societies.

THE SOUTH DAKOTA STATE BOARD—

will hold its next examination August 23 and 24. Write immediately for further information. A lot of good towns are waiting for Osteopathy in this state. Dr. C. Rebekka Strom of Sioux Falls will take care of your application.

DR. MARY GOLDEN—

was honored Sunday morning, August 1, at a breakfast given by the Business and Professional Women's Club of Des Moines, celebrating her reelection as president of the O. W. N. A. About one hundred representative business and professional women of Des Moines and vicinity were present. Guests included the women osteopathic physicians of the city and nearby towns.

A New Class Matriculates September 7th

J. O. A. Bulletin

President's Letter

Not much news this past month; everyone must be resting up from the national convention, gone on a vacation or hunting a cool spot at home.

The Osteopathic Health Clinic is planning a big week at the Iowa State Fair August 27 to September 3. A new policy of examining children over five years of age as well as adults has been adopted this year. This change should make the work of the examining doctors even more interesting and instructive than it has been in the past.

You should have seen the local publicity Dr. Rex Martin of Onawa received last year from his work on the Health Clinic staff. Anyone, especially in the smaller communities, could do almost (you can't get ahead of Rex) as well if they made the effort.

I believe the new Public and Professional Welfare Committee is going to do a lot for Osteopathy. Our state committee on Public Education, headed by Dr. J. J. Henderson of Toledo, is also doing some excellent work. By the way, do not forget to send in your contribution to the P. & W. fund to Dr. W. C. Chappell of Mason City if you have not already done so.

It might not be a bad idea to carefully check the hemoglobin and make an occasional blood count on patients who have been taking large amounts of sulphanimide. There seems to be a tendency for the public, due to unwise newspaper publicity, to self-prescribe this new drug, with possible bad results.

If you know any good recruits for the osteopathic colleges do not forget to give them that extra urging to start this fall. It is still a grand profession and has plenty of room for the right kind of men and women.

JOHN M. WOODS.

Of all the economic changes which have presented serious problems within the past ten years, none has more greatly affected the physician and surgeon than the wave of claims and suits alleging malpractice. This wave has now approached the proportions of a flood.

So unprecedented are the proportions of this hazard that insurance companies, which have been for years writing this classification of business, have in a large percentage abandoned the undertaking of insurance protection against this hazard.

Fortunately, leaders in the osteopathic profession became aware of the trend of conditions as early as 1932 and since that time an active committee of the American Osteopathic Association has devoted countless hours of time to the subject of protecting the malpractice insurance future of the profession.

It was recognized that due to

the relatively small amount of malpractice insurance premiums nationally paid by the osteopathic profession, that the only hope of survival would come through concentration of those premiums through one source. At the A. O. A. Convention in 1934 The Nettleship Company, which had been specializing in osteopathic malpractice insurance since 1924, was selected as the profession's exclusive broker.

Every effort was made to have the profession served through an American insurance company, but for various reasons all efforts in that direction, after a period of two or three years, showed unquestionable evidence of failure. Restrictions against the profession became so serious that it became apparent that only a source of insurance which would be entirely outside of opportunities for medical control could be permanently satisfactory.

Following months of negotiation, a special policy was arranged, with Lloyd's of London. This policy could be made available only to members of the A. O. A. and its affiliated state societies. This program, which has now been in effect for almost two years, is proving eminently satisfactory. Claims service has been very much improved by the use of specialized attorneys in every state in the union. Freedom of the proposition from influence by any medical director has had eminently beneficial results.

The number of osteopaths insured under the association's program has doubled within a two-year period. The forethought exercised by Dr. Garfield and his committee, and the support given to the program by leaders of the profession in every state in the union, has established a bulwark of defense backed by the world's largest insurance organization. Without it the osteopathic profession individually and collectively would find itself in a seriously embarrassed situation.

Those practitioners who have not taken advantage of their association membership to obtain protection against malpractice claims and suits, are hazarding not only the investment represented by their practice and the benefits offered by their future, but are also prejudicing osteopathy as a whole. A successful suit brought against any individual D. O. is damaging to the profession at large.

Dr. E. F. Leininger

This year sees the addition of another graduate of the college to our regular faculty. Dr. Leininger, having served his internship and proved his ability in the management of the Gynecological Clinic and laboratory, now assumes the didactic work. This change will concentrate this department under one physician and will bring the lectures and laboratory into closer relationship.

Resume

Some of you like to go fishing. I do not. I like to get in the wagon and hit the trail for the S. W., meet old friends and see what is being done with our national parks and monuments. I would much rather fish and hunt with a camera and a spade than the usual outfit. Here was my fishing trip.

Mesa Verde National Park—getting to be too modern—roads too good—no thrill to drive the Knife Edge. Glad to see Mr. Nusbaum, the Frankes, Ted, Lynn, Don, Mr. Wall and the others. Sorry to find Jim out of the horse-rangler game and sedentary in a tourist camp at Durango. Time changes the old trail too much.

Chaco Canyon—my first venture into a territory that is harder to get to than the map indicates. Beautiful masonry and well paid for a tough trip over terrible roads. Pueblo Bonita should be protected more.

Painted Desert and Petrified Forest both looked good. Too bad that we can't steal all the petrified wood we want. You should see the fine pictographs at the forest.

Sunset Mountain and the Ice Caves as interesting as before.

The Canyon—The Grand Canyon of course. No words are adequate to describe it. Certainly did enjoy seeing Herb and Harry again.

Prescott, Ariz. — One of the most friendly cities you will find. Beautiful rock formations coming in from the north. Fine forest on the south. Drop over to the ice company and meet a fine gentleman who also runs the bottling works. You will be convinced that they make the best ice in the country and you will see how clean the beverage business is there.

The Desert—110 in the car but what a thrill to drive it again and in anticipation of seeing Frank Pinkley at the Ruins. (Casa Grande near Coolidge, Ariz.) Our visit was cut short by a message to meet the daughter and her husband in Tucson. But we came back later to see Frank.

Delightful surprise seeing the kids and had two days with them and friends in Tucson.

Down to Nogales, Sonora, to enjoy some real Mexican food prepared by the best cook in Mexico, Eljia. Tacos, enchalados, tortillos, frijoles. Tacos con pollos, si. No cesos. Esta tiempo tiene demasiado calor. Mucho tiempo ha pasado ha sido aqui. Hasta la vista.

The Cavern—of course I mean Carlsbad and you must see it. Like the Canyon it is impossible to describe it. Try to think of one room 700 feet below the surface that is 4,000 feet long, 600 feet wide and 300 feet high and it takes two hours to walk around it, Mr. Ripley.

Drive into the White Sands near Alamogordo. Twenty-five miles long and 8 miles wide. A pile of white sand that keeps coming up out of the earth. Tom Charles will be glad to tell you all about it.

(Continued from page 1)

flights and glanced into several rooms. Some had to accommodate two patients, due to the rush of early August business. In the waiting room we counted 14, some nervous and others calmly awaiting their turn.

We ventured into the superintendent's office for a chat with Mrs. Sara Schwartz, and we quote:

"The summer months have been very active at the hospital, running to capacity most of the time. The Minor Surgical clinics are far in advance of previous years and the students who have remained in Des Moines for summer work are assisting with these clinics each day. They have also had the opportunity to see a great many major operations. Drs. McMerney, Hammond and Bos, our interns, are kept too busy, but are reaping a great deal of experience. There will be an abundance of clinical material available for the Senior Class during the fall and winter."

Back to the college and a short talk with the secretary.

"We certainly need a vacation. One hundred thirty-one new cases came into the clinic during July and the summer group handled 37 OB cases, numerous out-clinic calls, the baseball team and worked at the hospital. We could have used three times as many students in the clinic this summer. Those who stayed have been exceptionally willing and have cooperated wonderfully."

Dr. Becker, smiling from the other side of his desk, said: "We are getting ready for a big class this fall. Figures do not lie. It is going to be a record breaker and we are all happy over the prospects. Several who have dropped out will be back. We expect every student who did not finish last year to be here on the dot, ready for a full year of hard work beginning September seventh."

We met Virg Halladay in the hall. "I hope we get a few good musicians in the new class." And that's all.

—E. H.

Drive up the Rio Grande from Las Cruces to Albuquerque and you will find a fertile valley all the way. Elephant Butte Dam is not spectacular but is worth a side trip.

Larry Boatman at Santa Fe had me billed to speak before the 20-30 Club and that was enjoyed.

Back to the Springs and Denver and a talk to the group at Dr. C. C. Reid's Poly Clinic. What a fine home he now has for his post course and what a large group this year. It was a real pleasure to talk to them for a few minutes. Osteopaths were there from coast to coast.

Home again. What did I bring back? A good coat of tan, five beautiful arrow heads and some cactus to look at this winter when the snow and ice covers our streets and when I am doing my deepest wishing that it were vacation time again.

VIRG.

Entered as second class matter, February 3rd, 1923 at the post office at Des Moines, Iowa, under the act of August 24th, 1912

THE LOG BOOK

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Volume 14

September 15, 1937

Number 8

We Wandered Again

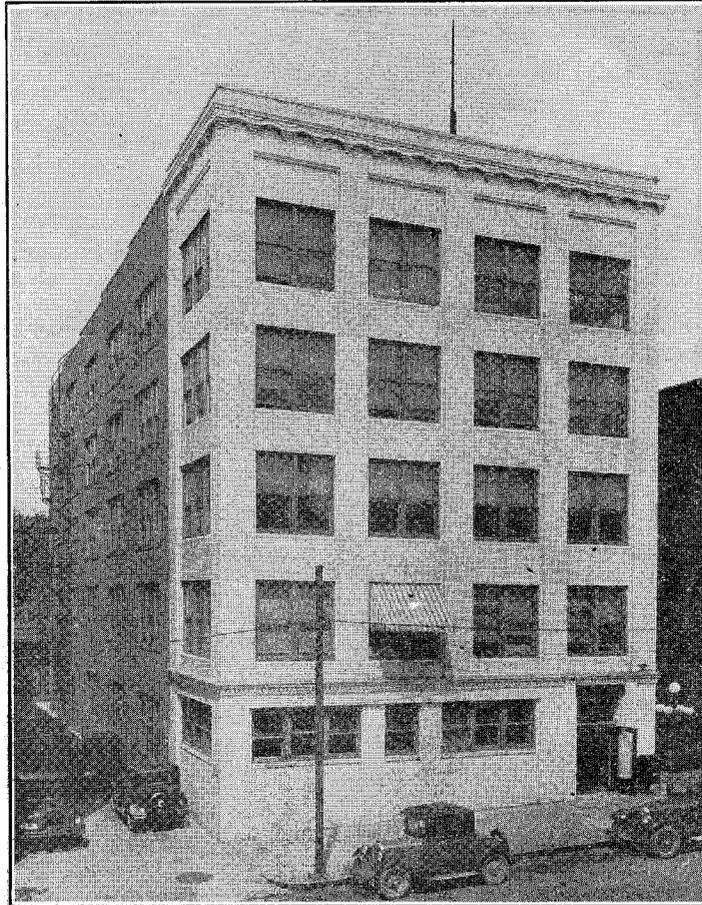
Last month we took a walk around the college building and over to the hospital and it proved so interesting to us that we thought we would look the ground over again this week. The stage was then being set for the fall rush of students, new and old. These students are now here at work, and when we say "at work" we mean it, for five minutes after the bell rang Wednesday, September 8th, every teacher was in his place and not a student was seen loafing in the halls. We have never seen the bunch come back ready for work like they did this year, hence the observation trip.

At the last minute, due to the increased registration in the new class, the trustees decided to enlarge several of our labs. The Bacteriology lab on the fifth floor has been doubled in size. A new Pathology lab has been built on the fourth floor occupying the unused large floor space adjacent to the Biology lab. The Biology and Physiology labs on the fourth floor have been enlarged 50 per cent. With this new rearrangement and increase in size of the labs, we are using every square inch of the five floors of the college building. New equipment is ready to go into these enlarged laboratories and we are prepared to take care of the anticipated increase in students during the next several years.

Every room on the third floor was occupied by a class. Standing in the hall we could hear the voices of several of the faculty expounding the virtues of their pet subject. Some of the doors were open and the seats were filled with the old and the new and all attentive—glad to be back after three months of vacation. It sounded like the teachers were also glad to be on the job again, for they had that peppy ring to the voice. Maybe it has been the cool weather. So far we have not enjoyed the usual heat of the first two weeks of the fall term.

We visited the office to see how percentages were running in the new class. Of course we got the usual rebuff that the registration was not complete but the day we checked it was satisfactory, for there was an increase over last year at the same time. We did sneak a few figures that may interest you. Michigan leads, Ohio is running a close second, Iowa is third (note that, you fellows in Iowa). Minnesota, Wisconsin, Illinois, Maine, Nebraska, Wyoming, North and South Dakota were all represented also, and the class is not completed. Next month we will give you some

(Continued on page 4)



OUR DEPARTMENT OF OSTEOPATHY

It will be impossible in the small space we have for this article, to adequately cover this department of our college. We feel that we want you to think with us in the problems that arise in the management of our college and with this in mind we are going to review a department each month and ask you for comment. We want constructive criticism that will enable us to graduate better representatives of your profession.

In our college the man largely responsible for the osteopathic technic and clinical training of the student is Dr. L. L. Facto. He does not assume full responsibility for the complete osteopathic training of the student but he is the major contacting physician between the student and the patient. Each member of the faculty takes part in the training of the completed physician and each department stresses the osteopathic concept above every other therapeutic measure. Dr. Facto teaches Nervous Physiology, Communicable Diseases, Physical Diagnosis and Technic and is in charge of the Clinic. This is a full time job and an important one in the development of our future osteopaths.

Dr. A. D. Becker is the able leader in training the students in the Principles of Osteopathy. The entire profession knows that with this subject in the hands of Dr. Becker students at D. M. S. C. O. will have a true osteopathic foundation and appreciation of the basic facts of our science. Dr. Becker also brings into the subjects of Nervous Diseases and Differential Diagnosis the many osteopathic truths that he knows from years of contacts.

Dr. H. V. Halladay pounds osteopathic Anatomy into his students as you well know. His work with the spine and along other practical therapeutic lines is well known. His course in Mechanics which precedes the lectures and demonstrations of Technic is purely

(Continued on page 3.)

State Fair Clinic

The sixth annual Osteopathic Health Clinic, held at the State Fair, showed a very significant trend, a trend that should make every doctor stop and think.

Persons who took the examination during the first two or three years, through curiosity or to kill time, have "Gone with the Wind." The clientele now is seriously seeking knowledge and help in their health problems. Many times they tell of seeking help both osteopathic and medical without results or any satisfaction. Some friend told them about how thorough our examinations are and they came to find out what we could do for them. I talked with practically everyone as they left, and everyone was well pleased with the examination, because they had gotten some facts about their condition and advice that appealed to their reason and common sense.

This clinic is being recognized by Iowa people as a fact finding body. It is educating them to the fact that osteopathy searches for the cause of their physical ills, as no other system does. They are learning that osteopathy is not just rubbing or a series of motions without any definite thought in the operator's mind. They are learning that osteopathy is not only reasonable, but that it has a real scientific foundation, and that it understands and is applicable to all physical conditions or types of cases.

As I said before, this is a fact finding clinic. We have held straight to this course from the beginning and shall continue to do so. The wisdom of this is demonstrated by this trend of the serious minded, truth seeking, sick individuals coming to the clinic in greater numbers each year. This trend is of much more importance to the future standing of osteopathy in Iowa than the number examined would be.

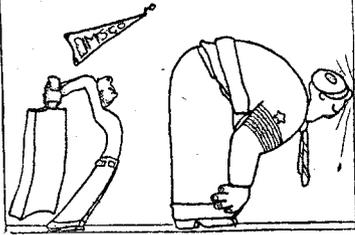
A few days spent at this clinic, observing the work taking patients through their entire examination, or conversing with those previously examined, will be an education well worth while, and will convince any unprejudiced mind that constructive work, worthy of the staunchest support, is being done.

—Della B. Caldwell.

Nota Bene

All secretaries or other official representatives of all qualified organizations of the A. O. A. are hereby requested to send their requests for space, and other requirements for facilities at the 1938 A. O. A. Cincinnati Convention to the Chairman of Facilities, Dr. Walter H. Siehl, 602 Traction Bldg., Cincinnati, Ohio.

FRATERNITY NOTES



ΦΣΓ

Vacation time being over, the members of Phi Sigma Gamma take this opportunity to greet the faculty and new students; and wish to all a successful year.

We hope that Dr. Callison will have success in his new work.

The fraternity house has been undergoing repair inside and out; new furniture and rugs have been added.

We are sure that everyone studied and really got the fundamental stuff. Sun-tanned torsos speak of many hours under Old Sol, but soft hands show it was not at labor. Thus time was spent.

When questioned as to their summer's accomplishments, sly winks and sheepish grins spoke louder than words.

How were the Indians Arley? Cliff might tell us all about the Black Hills, but it must have been lonesome driving around alone—or were you?

We wish to congratulate two of our members, Jerry O'berski, who was recently elected president of Psi Sigma Alpha; and J. B. Miller, president of Sigma Sigma Phi.

We wish to remind the freshmen that their first thoughts this year should be of study—Study and make this a successful year for all. Remember: "one's brain is his only friend."—A. T. Still.

ΙΤΣ

Iota Tau Sigma extends its greetings to the faculty and the new freshman class. We are happy to play a part in the progress and attainments of Des Moines Still College for the coming year.

Dr. Vic Pohl has finished his internship at Des Moines General Hospital and plans to open an office in Ohio. Dr. Bob Gerow is starting his second year of internship in the Detroit Osteopathic Hospital as senior interne. Harold Dresser is opening a practice in Belle Plaine, Iowa. Gene Beghtol is in DeKalb, Illinois, but expects to practice in eastern Iowa soon. Francis Yukle is in Boston, Massachusetts. Tony Sloan has returned to school after several years' absence. Howard Sprock spent a profitable summer as an insurance executive in Pittsburgh, Pennsylvania.

Ed Jeranson spent most of the summer fishing in and near Eveleth, Minnesota. William Daniels, our eminent heart specialist, helped in the Clinic and visited the home folks way down south in Elizabeth City, N. C. George Boston made the Chicago Convention, Des Moines Clinic and Dav-

enport, Iowa. Sib Barnes spent the summer in the wilds of Cooke City, Montana, and Yellowstone Park. Eldon Blackwood alternated between Newton, Iowa, and his brother's osteopathic practice in Hartshorne, Oklahoma.

Kenneth Wooliscroft, God's gift to the women, spent the summer in Cannonsburg, Pennsylvania. Pledge Howard McCollum did his bit for Swift & Company in Chicago, Illinois, and Pat Kelsey did time in the Des Moines Clinic. Scott Fisher guarded the lives of the citizens of Eagle Grove, Iowa.

Dr. Cash, our faculty adviser, is out on vacation, but expects to return soon. —A. S. B.

ATLAS CLUB

H. A. J.

With the summer months behind us, we find that the members have all returned and we look forward to a very successful year.

The house has had a thorough cleaning, with new paint being applied in very good fashion.

We are pleased to have at present as our house guests, the following freshmen: Robert Berger, Franklin, Ohio; James S. Clapper, Detroit, Michigan; Robert O. Drews, Lansing, Michigan; Thomas Hewetson, Lancaster, Ohio; Clarence G. Howe, Highland Park, Michigan; Ozzie Neilson, Highland Park, Michigan; Robert Woods, Highland Park, Michigan.

It seems that Michigan is giving Ohio something to think about this semester.

We cordially invite all the freshmen to attend our smoker, which we are having in their honor, on October 5th, at the Atlas Club. A full evening of entertaining enjoyment is anticipated.

The Atlas Club extends an invitation to all new students of the college to visit our house at any time.

Mystery: Man bites dog, maybe it's dog bites man. Brother John Hagy may know who does what to who, and who pays.

"Flash": Brother Iverson is thinking of giving up osteopathy to work out the intricate details of Ford Mechanics.

ΨΣΑ

Again, we are back after happy vacations, starting a new school year. All indications are that this will be an unusual year.

We take great pleasure in welcoming all the new freshmen into osteopathy and all the other students who have been out of school for various reasons.

Our recent graduates are found in the following places: Ivan Penquite has started a practice in Knoxville, Iowa; Joe Peterson is in practice at Hampton, Iowa; Alan Becker begins an internship September 15th, at the Southwestern Osteopathic Hospital in Wichita, Kansas; Harold Morgan has an internship at the Rocky Mountain Hospital in Denver, Colorado; Jack Eddy and Robert Campbell are interning in the Detroit Osteopathic Hospital; Joe

Guerrera is an interne at the City Hospital in Lawrence, Massachusetts.

We are glad to welcome the following pledges into Psi Sigma Alpha: Augie Augenstein, Joe Gurka, Joe Robinson, Ernest Light, Paul Kimberly, and Niel Kitchen.

Psi Sigma Alpha plans an extensive osteopathic educational program for this year and we look ahead with much enthusiasm.

—C. R. A.

ΣΣΦ

The members of the Sigma Sigma Phi wish to extend their greetings to the new and returning students and wish them success and extend congratulations on their choice of osteopathy as their life's work.

We are looking forward to an enjoyable and active semester in aiding and sponsoring school activities, and feel with the cooperation of the student body our goal will be attained.

News from our recently graduated members shows that the state board examinations are not such a great obstacle in beginning the practice of osteopathy, when the proper effort is put forth.

It is our sincere wish to be of service to the college and make this one of the most successful semesters.

The fraternity has plans for an all school dance in the near future, which will enable the new and old students and faculty to become more closely acquainted.

—P. K.

Des Moines Interfraternity Council

Last year the several organizations of the college took a decidedly forward step in the formation of a local group affiliated with the National Osteopathic Interfraternity Council. This council consists of a representative from each of the recognized fraternities and sororities united for the major purpose of bettering the status of each of the organizations. This group met Thursday evening, September 9th, at the home of Dr. Halladay and voted unanimously on several issues that will be carried out for the good of all of our social and honorary organizations. The membership this term, with officers, is as follows:

- Sporck President Iota Tau Sigma.
- Freeman, Secretary - Treasurer, Delta Omega.
- Munroe, Atlas Club.
- O'berski, Psi Sigma Alpha.
- Miller, Sigma Sigma Phi.
- Zyzelewski, Phi Sigma Gamma.

N. O. I. C.

(National Osteopathic Interfraternity Council)

Early this month letters were sent to each of the newly elected presiding officers of our group. Plans will start in the immediate future for the reunion and banquet that each of these organiza-

tions sponsors at the annual convention of the profession. Other measures that will tend to increase the standing and usefulness of our fraternities and sororities have been adopted and will be put into effect.

Due to delays in the mail we were unable to complete the list of grand officers for the entire group last month. We add below the two remaining organizations who were not represented in the list given.

Iota Tau Sigma—
President, W. V. Goodfellow, Los Angeles.

Secretary, F. J. Trenery, Los Angeles.

Axis Club—
President, Georgiana B. Smith, Los Angeles.

Vice President, Julia Kline, Jacksonville, Florida.

Secretary, Elizabeth Mochrie, Sioux City, Iowa.

Treasurer, Eva Magoon, Providence, R. I.

—H. V. Halladay, Ex. Chm.

Assembly September 10th

A precedent established years ago rules the first assembly of the year. The faculty is put on display on the platform and each made to speak for a few minutes. Little do you realize how difficult it is to get a member of the faculty up there on the stage but this effort is not half the power needed to get that person to stop once he is started on his oratorical marathon. Ordinarily any member of the faculty can hear the bell ring five minutes before the button is punched in the office, but on an occasion of this kind try to stop him and then see how far he gets.

Believe it or not, alumni, 12 of the faculty were on the dais at the call of the prexy and each had his say. It was a fine assembly and though Facto and Halladay tried their best to kill the fourth period they left it gasping but with enough strength to carry on for a part of its time.

Welcomes and greetings were profuse. Assistants were announced. Some new stories were told and we all left for the fourth period feeling that not only had the class work started off with plenty of vim but also the first assembly was a record breaker.

Yippee—Kylehilo

At a meeting of the Cherokee Indian Osteopathic Club held in the Hotel Elliott, Sturgis, Michigan, July 10, 1937, the following were initiated into membership and given the Indian bone degree: Dr. Canada Wendell, Peoria, Ill. (Squatting Bull); Dr. George W. Goode, Boston, Mass. (White Pigeon); Dr. Walter G. Shay, Sturgis, Michigan (Moses Yellow Horse); Dr. Helen G. Sheehan, Boston, Mass. (Squaw Turtle Dove); Dr. Joseph C. Basso, West Somerville, Mass. (Chief Firewater). Dr. F. P. Millard of Toronto, Canada, was given the honorary degree of Big Chief Yellow Jacket.

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE OF
OSTEOPATHY

PresidentARTHUR D. BECKER

Faculty Adviser . . . H. V. HALLADAY

EditorE. HARWOOD

Osteopathy Without Limitation

Pioneer Spirit

To many thousands of intelligent people, osteopathy as a science and as a system of practice is still frontier ground. In fact, I think the great mass of people could well be divided in the following groups: Those who know nothing about it (far too many), those who are more or less interested but are misinformed (a large group confusing osteopathy with other systems which to them appear similar), those who know about it and use it but have limited knowledge of the broad scope of its possible application (many of your own patients in this group), those that are out and out antagonistic (usually consisting of those who are in collateral fields of practice), those who know about it, use it and keep informed regarding its development, its success and its possibilities (a large and growing group but still too limited).

Most of my readers could add to these five groups, but they are sufficient for our present purpose. The fact remains that osteopathy is still new ground in the therapeutic world. It is a little over 63 years since Dr. Still enunciated the basic principles upon which osteopathic practice is built. People, even intelligent people, are deliberate in accepting new ideas and they find it difficult to think new thoughts. This is not strange, it has always been so. History furnishes many examples in widely divergent fields.

The tendency to conform is a powerful leverage against progress. To be a pioneer, a trail blazer, a leader in a new field, requires strength, stamina and courage beyond average. It requires that special brand of courage that enables one to maintain continued effort toward an ideal, over an extended period of time. It requires farsighted vision to keep a selected goal in sight. It takes the long view. It is vastly easier and more simple to drop into the ruts and grooves already well established.

Osteopathy is the application of the known and accepted facts of anatomy, physiology, biochemistry and pathology. It is sane, safe, sensible and superior. It is not a far flung theory. It proves out in application. I do not care how attractive a theory may be, unless you can apply it and unless you find that it works. Osteopathy works. More than 60 years of successful history have proved that the tenets of osteopathic practice are sound and scientific.

Can we stick to our convictions in the face of determined opposition? Can we think straight in the confusion of many distracting unproven theories? Can we meet misunderstanding with patience and careful explanations? Can we hew to the line when easier methods are at hand? Do we as individuals know enough about fundamental osteopathic principles to serve our place in the great march of osteopathic progress? Can the osteopathic colleges sift the wheat from the chaff to the end that students will be able to properly evaluate osteopathic reasoning and osteopathic thinking?

We still need pioneer spirit in osteopathic education, in our osteopathic physicians, in our osteopathic publicity.

—Arthur D. Becker, D. O.

Cheerio

The one member of the faculty that claims that the Southwest is God's country was squelched by Drs. Facto and Fisher and Mrs. Robinson. They took time off during the month of August and drove north into Canada. Do you want to hear stories of long, tall, broad, fat or otherwise fish? Do you want to hear about beautiful lakes, trees, streams, falls? Do you want to hear about blueberry pie and other good things to eat? Do you want to hear about cool days and nights, fine roads and quaint people? The Lake o' the Woods — Ahhhh! Kanorah — Ahhhhhh! Etc.—Ahhhh! We are almost convinced.

The odd fact is this. Dr. Facto left on a Monday, with his family; Dr. Fisher and wife left the middle of the week, and Mrs. Robinson and friends left Saturday. They traveled almost identical routes and still agree that it is THE place to take a vacation.

Now comes another angle. Dr. Gordon and family returned just in time for the beginning of the college year. He and his family toured the Northwest, Montana, Yellowstone and all points in between there and here. He has some tales to tell that are just as full of enthusiasm as the others.

We are glad that everyone came back from THE TRIP with a smile. It is going to be a better year for all of us that took this time off and came back from the best vacation ever.

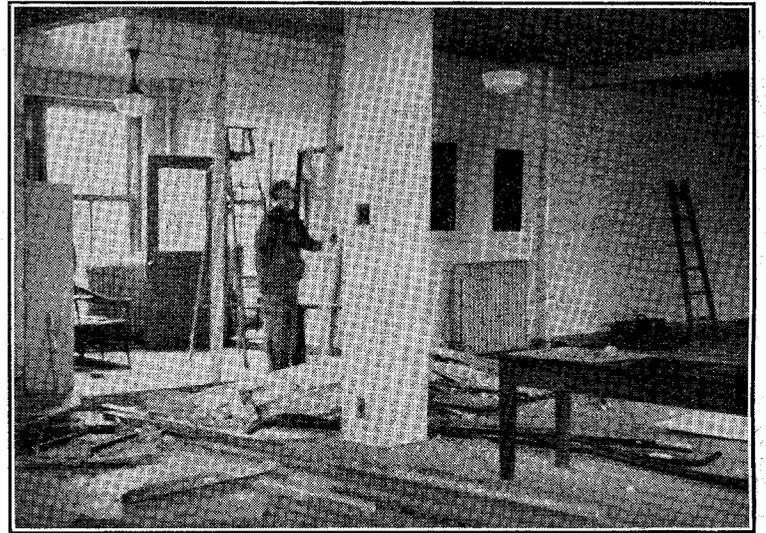
Convention Dates

Dr. Arthur D. Becker will meet with the Montana State Association at Livingston, September 20-22, and with the Pennsylvania Association at Erie, October 8-9.

Dr. L. L. Facto is booked to appear at the Nebraska state meeting at Lincoln, September 21, and with the state group at Fond du Lac, Wisconsin, October 9.

Dr. Mary Golden addresses the Missouri State Osteopathic Association at Joplin, October 6-8.

Dr. H. V. Halladay will travel to New York City to meet with the New York State Association October 2-3.



Labs Being Enlarged on Fourth Floor

Osteopathic. Dr. Halladay also teaches Orthopedics, a specialty practice that could not exist without the basic principles of Osteopathy. Orthopedic patients in medical institutions are given more osteopathy than any other type of therapy.

Dr. J. M. Woods teaches Osteopathic Therapeutics. His contribution to the osteopathic training of the student is extremely important, for here is where Diagnosis, Prognosis and Treatment must meet. We feel that we have an obligation to discharge in the training of a student. We must provide in Osteopathic Practice an improvement on other methods of therapy. Dr. Woods is capable of carrying out this duty and also that of putting the finishing touches on the students' appreciation of Applied Osteopathic Anatomy, which is given in the senior year.

Drs. Gordon and Owen teach Pathology. Here is a subject that is most interesting from our standpoint. We do not claim that pathology is different when studied in a medical school but we do claim that with the osteopathic concept Pathology is something more than we find in the usual text book. The student's mental picture of a diseased process and its resolution is important in the management of each case. The rapidity of repair, the earlier return to normal and other pathological pictures convince the student of the value of Osteopathy.

The matter of making an accurate diagnosis and checking on it to determine the results of Osteopathic treatment by laboratory methods is in the hands of our Chemist and Laboratory Diagnostician, Dr. G. E. Fisher. Laboratory methods of diagnosis rapidly change but the old is not discarded until the new has been proven to be better. Dr. Fisher keeps up to the minute on these subjects that have such an important bearing on the plan for the treatment administered. He also assumes the responsibility for the interpretation of Supplementary Therapeutics. Here the student learns the fallacies as well as the values, if any, of the major drugs used in therapy.

Osteopathy is an integral part of the teaching of every member of the faculty. Surgery, Obstetrics, Gynecology, Pediatrics, Eye, Ear, Nose and Throat and other practical subjects are taught with the stressing of osteopathic principles that are necessary for a successful practice.

THE OSTEOPATHIC COLLEGE OF CLINICAL OPPORTUNITIES

THE W. VA. BULLETIN—arrived not long ago and we were glad to see so many of our old graduates mentioned. Dr. Harry E. McNeish is president of the society. Remember Newton, Graham, Smith, Jones, Sparks, Cud-dan and King? Certainly.

DR. C. C. TEALL—We were sorry to hear of C. C. Teall's death. Our first contact was 22 years ago when he was inspecting our colleges and we have been friends and coworkers since. Just before the convention this year he wrote to us about a little matter that was attended to at

Chicago and we are glad that it was done and he knew of it before his death. His occasional letter was always constructive. We will miss "C. C."

MISS AVA JOHNSON— a former member of the faculty, left the last of August for an extended trip to Europe to complete some work she initiated last year for the Bulgarian government. Dr. Zoe Munger of Cedar Rapids, Iowa, accompanied Miss Johnson but expected to return to her practice about the first of November.

J. O. A. Bulletin

August 31, 1937.

Dr. John M. Woods, President,
Iowa Society Osteopathic
Physicians and Surgeons,
Des Moines, Iowa.

My Dear Dr. Woods:

Your request of August 30th for an article dealing with the legal status of osteopathy in Iowa has been received. Space will permit of but a brief resume of this important subject.

Your correspondent feels that the membership of the Iowa Society have been pretty well advised from time to time as to their rights and privileges while such information was pertinent and not after it became history. The non-members however are pretty much in the dark with reference to the wholesale changes which have taken place as to privileges during the past few years. Numerous letters are received daily from this latter group requesting information relative to the legal status of osteopathy in Iowa and for interpretations of the law as it pertains to the problems in their respective communities. Agreement by all committees of the State Society make it mandatory that such requests from non-members be confined to the waste basket, because we feel, and I think rightly so, that it would be eminently unfair to the membership who underwrite the expenses of the society, furnishing stationery, postage, telephone and telegraph expense, legal counsel and retainer fees, to use such funds in furnishing such information to the lethargic non-paying members of the profession in Iowa. Each committee is furnished a corrected list monthly of paid-up members and all information has been and will be supplied promptly to such membership.

One of the many letters received recently advises that such non-member had been denied participation in the Iowa Emergency Relief set-up and had been so denied for the past two years. Equitable arrangements at considerable expense to the Society were made with the Relief Administration two years ago and such information was transmitted to the membership at that time. This non-member had saved ten dollars in dues to his society and lost hundreds of dollars in indigent fees from the Relief Committee, because he did not receive proper information.

Letter from a non-member in this morning's mail brings the information that the insurance carrier for an Iowa industrial plant had refused his services in caring for an injured workman in such plant. Had he been a paid-up member of the State Society, he would have known last May that the last Iowa Legislature enacted a new Workmen's Compensation Act which states specifically that the employer upon notice or knowledge of injury shall furnish reasonable medical, osteopathic, etc., services to such injured workman, and we are advised that the Iowa Industrial Commissioner has ruled that

injured workmen have the final choice in the selection of such physician. Considerable expense was involved in protecting osteopathy in this enactment.

Section 8671, Chapter 398, Code of Iowa, provides as follows: "The commissioner of insurance shall decline to approve any such form of policy or contract of insurance unless the same shall, in all respects, conform to the laws of this state applicable thereto, and unless the issuance of same is based upon a satisfactory medical examination of the applicant by a physician duly authorized to practice medicine or by an osteopathic physician duly authorized to practice osteopathy in the state of Iowa or the state where examined and no policy or contract of insurance shall be issued by any insurance company to any individual in this state until such examination shall have been approved by the medical examiner or medical board of the company." (This pertains to life insurance examinations.) It would seem proper that when applying for life insurance for ourselves or members of our families that the above provision in the Iowa statute be considered.

I feel that for less than three cents per day, no one practicing osteopathy in the state of Iowa can afford to be without up to the minute advice on privileges in practice as furnished by the society to paid-up members through its very efficient committees, all of whom are laboring unceasingly for the welfare of the profession and very often without even thanks from their colleagues.

A movement now in process of fulfillment promises to be the greatest achievement ever attempted for the members of our Society in the state of Iowa. Only paid-up members will be in a position to reap the benefit of this program. It is therefore up to each and every member of the profession eligible for such membership to join the various osteopathic associations, county, district, state and national.

Your check for \$10.00 made payable to Dr. F. A. Gordon, Secretary, 208 Masonic Temple, Marshalltown, Iowa, constitutes application for membership. If you wish, the same Dr. Gordon can handle your application for A. O. A. membership.

Trusting that you have all returned from your respective vacations in excellent condition and that you will receive your share of the bountiful crops with which Iowa has been blessed this year, I am,

Cordially yours,
—D. E. Hannan, D. O.,
Chairman,
Public Affairs Committee,
Perry, Iowa.

Notice

The fall circuit of district meetings is being planned for October 6th and 7th. Three out-of-state speakers will each meet two districts on consecutive days, the exact date for each district to be determined as soon as all districts are heard from. Until that information is obtained we cannot give the exact location of the meetings

but your secretary will notify you later.

Keep these dates open, as good programs are being planned. Also get in touch with some prospective student and bring him to these meetings.

—J. M. W.

Applications

Ross C. Bodwell, Waterloo
J. L. Craig, Cresco
J. H. Conaway, Muscatine
B. H. Devine, Des Moines
O. L. Johnson, Marshalltown
M. R. Hunt, Greene
T. F. Lange, Cedar Rapids
M. O. Martin, Colfax
G. W. Loerke, Ft. Madison
W. K. Lowrey, Ft. Madison
T. C. Mann, Estherville
L. B. Mosley, Ft. Madison
O. E. Owen, Des Moines
D. W. Roberts, Des Moines
B. A. Storey, Ledyard
H. L. Urban, Iowa City
J. R. Wolesscheck, Des Moines
N. A. Cunningham, Colfax
M. G. Tincher, Ft. Madison
Emil Braunschweig, Des Moines
G. W. Schwartzbaugh, Des Moines

Polk County

The Polk County Osteopathic Association held its first fall meeting Friday, September 10th, at Hotel Chamberlain, at 6:30 p. m. The meeting being in the form of a banquet.

Progressive plans for the year were presented and discussed. The local association will attempt to do its share in keeping osteopathy before the public eye. The local public and professional affairs committee will cooperate with the national organization.

Interesting programs are planned for the monthly meetings. We are going to try to do things in such a way that every osteopathic physician will be anxious to become a member of this group.

Everything osteopathic is moving forward; osteopathic education, legislation, publicity, hospitals, and the Polk County Group will do their share to keep them moving in that direction.

The following committees have been appointed by the president, Dr. Harry Barquist:

Program: Bruce Farmer, Chairman.

Entertainment: James Humphrey, Chairman.

Publicity: Benjamin Devine, Chairman.

Membership: Benjamin Devine and James Shaffer, Co-chairmen.

Ethics: John Woods, Chairman.

Public Relations: Arthur D. Becker, Chairman.

Chaplain: Lester P. Fagan.

Legislative: Saul Klein, Chairman.

Student Recruiting: Harry Marshall, Chairman.

The present officers of the group are: President, Harry Barquist; vice president, Bruce Farmer; treasurer, Carl Seastrand; secretary, Jack Berck.

DR. H. V. HALLADAY—judged an amateur contest at Murray, Iowa, early in August. Dr. Fred Martin was instrumental in getting osteopathy represented in the judges' stand.

(Continued from page 1)

added figures but we can say now that we are delighted to have this fine looking bunch of fellows from Maine to Wyoming here in Des Moines to take advantage of our facilities. We could handle a larger class but we are happy to have an increase over the group of last year at the same time.

On the first floor we peeked into the Chem. lab and it was radiant with shining bottles filled with reagents and the several solutions used in that lab. A voice echoed from the pit and we were not mistaken in guessing that it was Dr. Bachman lecturing on OB. We glanced into the dissection lab and another body was in the process of being prepared for that work. We felt repaid for the time we took from other duties but it did not look real after all.

Some of us can remember not so many years ago when it was about the first of November before we all got settled down to work. Times have changed. Here it is only the first week of a new term and all the wheels are turning in perfect rhythm. There must be a reason for it.

We wonder if osteopathy—the study and practice of it—is not demanding closer attention and more concentration than ever before. It seems to us that we have acquired a little more dignity—we are a little more studious—we are more in earnest—we are looking ahead and we realize that a day lost can never be made up. The thousands of scientific facts that are poured into the heads of students cannot be dumped all at one time. The four years we use to absorb these facts are too crowded even in the best planned schedule. Every minute counts and we all know it.

Surgical

At the National Convention this year, the surgical section was resumed, after a period of seven years in which no section was held. The attendance and interest in this section well justified its resumption. Three meetings were held at which a two-hour symposium were given at each meeting. The symposiums were "Appendicitis," by Dr. Harry Collins and staff; "Fractures of the Femur," by Dr. Howard Lamb and staff; and "Head Injuries," by Dr. O. O. Bashline and staff. It was the consensus of opinion of the surgical group that this section should be held yearly at the national convention.

The annual meeting of the American College of Osteopathic Surgeons will be held in Kirksville, Missouri, October 4th, 5th and 6th, with Drs. George and E. L. Laughlin, Jr., as hosts. A very complete program is being arranged and the operative surgical clinics will be a major part of the meeting as heretofore. The present interest shown by the members points toward a large attendance.

Entered as second class matter, February 3rd, 1923 at the post office at Des Moines, Iowa, under the act of August 24th, 1912

THE LOG BOOK

Accepted for mailing at special rates of postage provided for in Section 1103, Act of Oct. 3rd, 1917, authorized Feb. 3rd, 1923.

PUBLISHED MONTHLY BY THE DES MOINES STILL COLLEGE OF OSTEOPATHY

Volume 14

OCTOBER 15, 1937

Number 10

The Outlook

We are all quite happy over the outlook at the beginning of the school year. We are not satisfied. We do feel that we can handle more students to advantage. We have the equipment, the faculty and a clinic that taxes our time constantly, but we are adding each semester to our total enrollment and we know that Osteopathy is not slipping in the matter of new recruits.

Our new class exceeds in size the one entering at the same time last year. It more than replaces the graduating group and consists of as fine a group of young men as you will ever find. We regret that there is not one member of the fair sex enrolled in this new class. We need in Osteopathy and here in Des Moines more young women to meet the growing demand for women osteopaths.

We are delighted to have a number of our old students return after an absence of one or more semesters. We know that they are still deeply interested in finishing the course in Osteopathy and some of them are making great sacrifices to continue.

We are proud to have with us several transfers from other colleges of Osteopathy. These students are already fitting into the theme of our college and have expressed their delight at having made the change.

This is a good place to add this item: Next January we matriculate (Continued on page 4.)

Dr. P. T. Wilson

The college enjoyed a visit the 15th of September from Dr. Perin T. Wilson of Cambridge, Mass. Dr. Wilson appeared before the student body and gave them a talk that can be classified only as "highly inspirational." His main topic was, "Pneumonia," which he illustrated with a series of slides bringing out the benefits derived from our methods of treatment. He also took time to bring into his address many other major principles of Osteopathy as applied to the care of the general type of patient.

A luncheon given in his honor by the local osteopathic group was attended by the majority of the profession in the city. Dr. Wilson at this time briefly reviewed some of the difficulties we meet with in practice.

During the afternoon he made a trip to the hospital and visited the clinic at the college, examining several of the patients.

We will always consider it a great privilege to entertain a physician of the calibre of Dr. Wilson and we hope he will find the time to again stop and spend a day with us.

OUR DEPARTMENT OF ANATOMY

In 1892 Dr. A. T. Still opened the first college of Osteopathy. Anatomy was the first subject to be taught. Dr. Still had been for many years a deep student of this subject and knew from his own experience that the greater the appreciation of Anatomy, the better the physician would be in diagnosis, prognosis and technic. Conscious of this, the trustees of our college have made every effort to not only keep up with, but ahead of the legal demands in this department. We feel that Anatomy is still the major basis for a complete understanding of our science and every effort is made to teach the subject in conformity with the principles of Osteopathy.

Dr. H. V. Halladay, the department head, is too well known throughout the profession to need an introduction. He has been teaching this subject for twenty-two years. His reorganization of laboratory methods increased the interest in and enabled the student to gain more knowledge from the laboratory work. His research on the spine stands out as a unique piece of work and his interpretations are constantly in demand. Dr. Halladay is a consistent speaker at conventions of the profession, his subject usually being one intimately connected with the subject of Anatomy.

Dr. John M. Woods assumes part of the responsibility in the department also. Since his graduation in 1923, Dr. Woods has been a member of the faculty of the college and has taught at least one division of the Anatomy each semester. The presentation of the subject of Applied Anatomy is a difficult one in that the teacher must draw largely on his own personal experience as well as a detailed anatomical knowledge. Dr. Woods is also active in general practice and this fits him especially well for the teaching of Osteopathic Applied Anatomy.

The general subject of Anatomy includes two other named subjects that are a necessary part of the anatomical training of every student. These are Embryology and Histology.

Dr. O. E. Owen very capably takes the classes through these two subjects and adds to the regulation text the explanations necessary for application to the science of Osteopathy. Embryology deals with the structure of the body from a developmental standpoint and many of the diseases and pathologies we are called upon to treat must be traced back to development before we can have a proper understanding of the methods of treatment and the response. Histology takes each tissue of the body and places it under the microscope so we can have a clearer understanding of the physiological processes and by comparison understand the pathological changes.

Histology and Embryology are taught in the Freshman year. Anatomy beginning in the Freshman year extends through the Sophomore year and is again taught during the Senior year at which time the more practical osteopathic facts are interpolated. This didactic part of the course extends through seven semesters or for a total of six hundred and thirty hours.

Each of these subjects is more clearly demonstrated to the student through laboratory methods. A total of three hundred and ninety-four hours is spent by each student in this department, covering the examination of slides and specimens and the dissection of the entire human body. Dry bone and specially prepared anatomical specimens are frequently used by the professors for demonstration and each laboratory requires the careful preparation of a manual from each student.

An exhibit of anatomical alterations has recently been added to the museum. These specimens were a part of the offering of the college at the recent convention in Chicago and depicted clearly the effect of osteopathic lesions.

Football

With the World Series out of the way and football about to cross the half-way mark, we can look back and see just what is going on in our own locality. Still College is playing its usual role in the care of approximately 500 boys playing this game. North, East, Roosevelt and Lincoln High schools with Dowling High (Catholic), the Drake freshman team and the Comets, a commercial team in the city—all are being cared for by seniors of Still College.

This means that last semester these students were given a special course in the training and care of athletes. They were ready at the call this fall to go out and take their places in the gym and on the bench with osteopathic prophylactic and therapeutic plans anticipating the traumatic injuries that these boys meet in football. With this sport put away at Thanksgiving the seniors will be called to care for basketball, swimming and wrestling and in the spring the track teams and baseball to finish the school year.

At the present writing the following seniors are hard at work every afternoon: Miller, Zyzelewski, Hume, Fagen, Johnson, Houghan, Irwin, Hull, Leubers, Sargent, Wicke, Leslie, Haight, Gerlach, Heideman, O'berski and Griffith. Having finished this part of their clinical training at the college this group will be called in shortly and a new list sent out so that before the end of the season every member of the class will have had the opportunity to learn by direct contact what must be done in the prevention and care of athletic injuries.

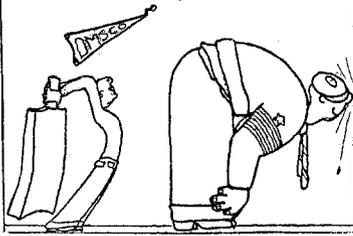
I. O. W. A.

Mrs. Burl Elliott, President of the Iowa Osteopathic Women's Auxiliary announces the list of committee chairmen for the year as follows: Ways and Means—Mrs. Paul Park, Des Moines; Public Health—Mrs. Chas. Potter, Forest City; Social—Mrs. J. P. Schwartz, Des Moines; Program—Mrs. J. R. Shaffer, Des Moines; Publicity—Mrs. Ferres A. Gordon, Marshalltown.

Membership Chairmen — 1st District, Mrs. Paul French, Cedar Rapids; 2nd District, Mrs. Rolla Hook, Logan; 3rd District, Mrs. C. C. Jackson, Keokuk; 4th District, Mrs. W. L. Tindall, Woden; 5th District, Mrs. Marvin Green, Storm Lake; 6th District, Mrs. Raymond Kale, Des Moines.

Mrs. C. C. Jackson, Keokuk, has invited all women in her district to Ottumwa, October 6th, to organize a District Auxiliary.

FRATERNITY NOTES



ATLAS CLUB

H. A. J.

With one month behind us the students are already impressed with the higher scholastic standards as set up by the Des Moines Still College of Osteopathy.

We are pleased to have as additional house guests the following new students at school: Richard McGill, Shenandoah, Iowa; Chase Matthews, Cincinnati, Ohio; Herbert Ridings, Cincinnati, Ohio.

During the past month there has been activity to the highest degree, the high spot being the smoker in honor of the new students at school. The surgical film appealed to all, especially, "O. B." Ridings, who has decided to specialize in obstetrics "without" surgery.

The house is the proud possessor of a new picture which was unveiled the evening of the smoker and which displays the faculty members who are life time members of the Atlas Club.

Our house guest for this month was Dr. Fedson of Ames, Iowa.

After cleaning and renovating our barn we were able to have a very successful "hard time" party.

Our deepest sympathy is with brother Henry Leslie, whose father passed away October 7th.

ITΣ

Vacation memories are a thing of the dim and distant past. The grim reality of books, laboratories and midnight oil have made their imprint upon us.

Regular meeting dates have been set; a program has been formulated, and the budget for the year launched and approved. Iota Tau Sigma is well on the way to a profitable, successful year.

Brother Howard Sprock was elected president of the Inter-Fraternity Council at their initial meeting of the year.

The annual smoker was held for the freshmen and upper class guests at the Hotel Savery III, October 6, 1937 at 8:00 P. M. We were honored with the presence of Dr. Becker, Dr. Cash and Dr. Devine. Each gave very interesting talks along lines vitally important to Osteopathic students.

Pledging is only a week away and the final stretch is the one that tells the tale.

We would be happy to hear from our old alumni and friends at any time. Drop us a line.

—A. S. B.

ΦΣΓ

Yes, sir! It's the same old story—six weeks exams again. The time has come, fellow students, when we must again prove our ability to follow in the footsteps of our Dr. A. T. Still. Hit those exams, boys, and may the answers be up to par.

Thursday night was the "Smoker Supreme" at the P. S. G. house. Talks were given by Doctors Klein, Shaffer, Owen and Halladay. Each told something of value from their own field of experience. No one could guess why Don Leigh didn't get those needles stuck in his throat. We were indeed proud of the large attendance and wish to thank the new students for so ably helping us to make the evening a success.

Our house has been undergoing extensive remodeling and redecorating and the results are extremely pleasant to behold. So with kindest thoughts for all boys—be sure and get the fundamentals.—J. F. L.

ΨΣΑ

The members and pledges of Psi Sigma Alpha held their first banquet of the semester on Tuesday, September 28th, at O'Malley's Tearoom. Dr. Becker was the speaker for the evening. Everyone present reported an eventful time.

Kenneth Cory has returned from his summer vacation at last.

We are glad to welcome Gerry Hooper into our midst as a transfer from the Alpha Chapter of Kirksville.

Psi Sigma Alpha plans to hold its initiation at its next meeting, October 12th. The pledges to be initiated are as follows: Augie Augenstein, Joe Gurka, Joe Robinson, Ernest Light, Paul Kimberly and Neil Kitchen.—C. R. A.

ΣΣΦ

The Sigma Sigma Phi had a banquet at the Davis Grill on the evening of September 21st, for the actives and pledges, with Dr. H. V. Halladay as the guest and speaker, speaking on the origin of the Sigma Sigma Phi and the reasons for its being originated.

On September 28th the Sigma Sigma Phi held its initiation, and the following pledges became active members: W. F. Costello, L. B. Sanchez, H. A. Spork, H. I. McCollom, G. R. Fisher, F. M. Iverson, A. B. Schiffer. We were honored by having Dr. Bennie Devine present.

The Sigma Sigma Phi held its fall dance at the Rose Lorenz Studio, located in the Roosevelt Shopping Center, on the night of October 1st and gave away a door prize of five dollars; the winner was George Boston.

The members of Sigma Sigma Phi would like to take this opportunity to thank the student body attending our dance for their support and interest shown for outside activities.—P. K.

ΔΩ

The sorority had a picnic at Greenwood Park September 16th. The girls confessed to having a good time and to eating too much, as usual.

The Beta chapter of Delta Omega was represented at the National Convention of Delta Omega by Miss Rebecca Richardson last July in Chicago, where she was entertained at dinner by the National Chapter at the Medina Temple. She also attended a business meeting of the National Chapter at which meeting Dr. Mary Golden, as National President, presided.

—B. M.

N. O. I. C.

(National Osteopathic Interfraternity Council)

The Council has little to report this month. The letters to the several presidents went out last month with requests and directions. To date half of these have answered. All replies should be in. We will have to get a little rough with some of these fellows and try to get them up on their feet. If you are one who has not sent in the information asked for, better get busy and reply or you will get a personal letter that you will not like so well.

Surgical Meeting

The eleventh annual meeting of the American College of Osteopathic Surgeons was held at Kirksville, Missouri, October 3rd, 4th and 5th, with the largest attendance in history up to the present time. There was also the greatest number of applicants for membership that there has been heretofore.

Twenty-three major operations were performed in the surgical clinic the three mornings. A complete program of scientific papers were given each afternoon. Guest speakers, other than the members of the college, were Dr. Paul T. Lloyd of Philadelphia, Dr. Ray Hurlburt, Editor of the American Osteopathic Association Journal, Secretary of the National Association, Dr. McCaughan, also attended the meeting. Dr. Lloyd and Dr. Hurlburt were elected honorary members of the organization.

Social events included a barbecue at the Kirksville Country Club and a banquet at the Travelers Hotel at which the Kirksville Faculty and the hospital internes were guests.

Dr. O. O. Bashline was elected president for the coming year, Dr. Howard Lamb was elected vice president and Dr. A. C. Johnson was re-elected as secretary. Dr. J. P. Schwartz was elected as trustee.

One of the outstanding accomplishments of the convention was the passing of a resolution that the College publish a surgical supplement to the A. O. A. Journal four times a year.

Assemblies

September 17

Following the custom, the second assembly of the year is planned to introduce the new class. With a revamped orchestra that went over the top with its first appearance, Dr. Halladay opened the ceremony. He then called for the new class to march to the stage and when indicated each gave his name and home town. Those of you who have been through this assembly know what happens when certain states are mentioned. The old custom prevails and with no less gusto. Ohio had been augmented some, but Michigan held the lead. It is a fine looking gang of new students and at this writing all have settled down and are hard at work.

September 24

Still honoring the new class, the college provided a comedy film. Our Gang made an impression of a sort on New York and got themselves into all sorts of trouble. Students who have transferred from other schools and those who have returned after having been out for some time were introduced. Music was furnished, as usual, by the college band under the direction of Dr. Halladay.

October 1

Dr. Arthur D. Becker, president of the college, took advantage of the period this Friday and gave one of his heart-to-heart talks. In the planning of the work for the year there is much to be thought of and many things to be taken into consideration. Dr. Becker always brings out the partnership idea in his talks and stresses the importance of the individual. His talks are always events to be remembered.

October 8

Following another custom which is always welcome with the student body, the entertainment consisted of a fine film from the Eastman Teaching Films, entitled, "A Normal Breech Delivery." This, of course, was not so clearly understood by the newer members of the student body but it did give them an insight into the future. Music was furnished, as usual, by the college band.

Polk County

The Polk County Osteopathic Association held its regular dinner meeting October 11, at Younters Tea Room at 6:30 p. m. The gathering was in the form of an educational meeting. Special guests present were vocational guidance teachers of the various junior and senior high schools, colleges and universities of Des Moines.

Several guests and doctors from out of town were present at the affair.

Dr. Benny Devine presided as toastmaster of the evening. Dr. A. D. Becker, president of Des Moines Still College of Osteopathy was the principal speaker of the evening. Dr. Becker explained the scientific principles underlying osteopathy.

(Continued on page 4)

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE OF
OSTEOPATHY

PresidentARTHUR D. BECKER

Faculty AdviserH. V. HALLADAY

EditorE. HARWOOD

Osteopathy Without Limitation

Fortieth Anniversary

The class of January, 1938, will be the last class to be enrolled in which graduation from high school is adequate entrance requirement.

This entrance requirement is adequate in 36 states as a preliminary requirement for licensure for practice.

All the members of the recognized osteopathic colleges known as the Associated Colleges of Osteopathy unanimously accepted the new rule passed by the Trustees and the House of Delegates of the American Osteopathic Association at the Chicago convention this past summer, that beginning with the September class of 1938 they would require one year of college work as a minimum requirement for entrance and that beginning with the September class of 1940 they would require two years of college work as a minimum requirement for entrance. This is the exact program established by Des Moines Still College of Osteopathy just one year ago as the standard for this institution.

We are seriously concerned that young men and women who contemplate the study of osteopathy shall be adequately informed of this rule and of the time of its application. To repeat, the class of January, 1938, is the last possible opportunity to enroll under present entrance standards.

Never in the history of Des Moines Still College of Osteopathy have we been so well prepared to train students to become qualified osteopathic physicians and surgeons as we are at this time. Our strong faculty, made up of highly trained and experienced physicians, our greatly enlarged laboratories furnished with new and modern equipment, our large and comprehensive clinic of widely diversified clinical material, give us many advantages. Our hospital facilities in Des Moines General Hospital furnish every adequate opportunity to each student to receive the advantages of modern hospital training and to observe surgical cases of wide variety in major as well as in minor surgery.

In 1938 we will celebrate the 40th Anniversary of Des Moines Still College of Osteopathy. We plan to make this coming year the high peak of attainment as a crowning year of achievement in osteopathic education. We are planning a great homecoming for all graduates and friends of Des

Moines Still College of Osteopathy, and details of which will be published later.

We want the class of January, 1938, to start the celebration of that 40th Anniversary. Wouldn't you like to be represented in our great anniversary celebration by sending a student for that class? We solicit your cooperation as a co-worker. We will continue to endeavor to deserve your enthusiastic assistance. Take advantage of this opportunity to advance osteopathy and osteopathic education.—Arthur D. Becker, D. O.

Nebraska, Iowa and Wisconsin

There have been a number of osteopathic conventions held the past few weeks and it is only natural for a program chairman to call upon the colleges for some of the speakers.

It so happened that I was a guest speaker at the Nebraska State Convention held at Lincoln, on September 21st, and at the district meeting at Mason City, on October 6th. While the attendance was not so large at either of these conventions, some of the doctors drove many miles in order to be present and help to make the convention a success.

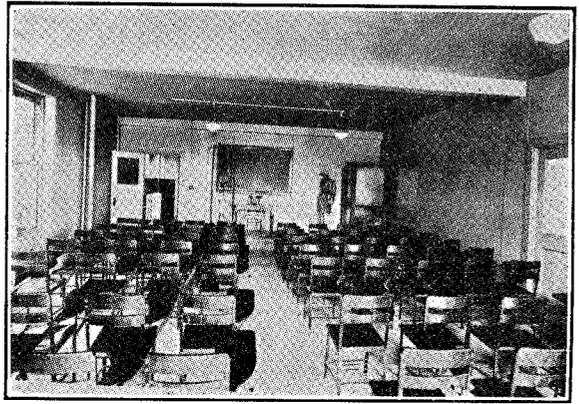
I just returned from a trip to Fond du Lac, Wisconsin, where on Saturday, October 9th, the State Association held their semi-annual convention. It seemed to me that the spirit of osteopathy was fine at this convention. The sixty or seventy who attended the meetings were very anxious to learn more about the influence of osteopathic lesions and other conditions in causing backache and their influence in producing irregularities of the heart beat. After the lecture on backache, which lasted for one and one-half hours, they asked me to take another half hour to answer questions concerning backache. This helped to clear up many things that before were a little hazy.

One of the outstanding things of the program was a fifteen-minute broadcast over the local radio station, by Dr. John Rogers, past president of the A. O. A., which gave osteopathy some good publicity. Drove down to Milwaukee, with Dr. Elton, secretary of the State Association, Sunday morning. Had lunch and a sight seeing tour of the city with Dr. San Filippo.

Dr. Brietzman, Dr. Elton, and others made my short stay in Fond du Lac a very pleasant one and I hope that they got something out of my discussions that will prove helpful to them in their practice.

Wednesday of this week will find me on my way to Dallas, Texas, to attend the Southwestern Internist Convention being held in that city on October 14th and 15th. While I am there will try and find time to attend the Exposition before returning home.—Lonnie L. Facto, D. O.

DR. H. V. HALLADAY—will drive to Grand Rapids the 27th to meet with the Michigan State Society the following day.



Our Lecture Rooms

Some of you do not have to go back very far in your college work to remember the old chairs, benches or opera seats that were offered for your comfort (?) during the lecture periods. Several years ago Still College made kindling of the old type of seats and replaced them with a complete seating equipment of steel chairs with desk arm and note book rack. But they do slip on the terrazzo floor.

Do any of you remember, several years ago, a student who came to the last period with his overcoat on? Remember the day he leaned back and dozed and the angle of the chair suddenly paralleled the floor? The floor and the chair sustained no injury but it jarred the sleep out of the student. Yes, these chairs are too comfortable.

Montana

On September 20th to 22d inclusive, Dr. Arthur D. Becker, president of Des Moines Still College of Osteopathy, attended the annual State Convention held by the State Osteopathic Association of Montana. The convention this year was held in Livingston, Montana, a beautiful city set amid encircling mountains. This was a three-day convention, and was well attended by the Osteopathic Physicians of the state, with visitors from Idaho and Wyoming as well. More than three-fourths of the Osteopathic Physicians in Montana were present.

Dr. Becker reports that this group of Osteopathic Physicians is a live bunch. Their interest in the technical program, their attendance at the various sessions of the convention, and their enthusiasm in their work were outstanding features of the meeting. Dr. Becker gave six technical lectures, dealing largely with the application of osteopathic principles in the treatment of various groups of diseases. He also discussed classification of heart diseases and cardiac arrhythmias. Dr. Becker was the principal speaker at the meeting of the Rotary Club, and also gave a public address in a meeting open to patients and friends of osteopathy on one of the evenings of the convention. He was particularly impressed by the very excellent presentations in osteopathic technique by Dr. L. D. Anderson of Boise, Idaho, as well as by technical papers of various members of the Montana Association.

DR. FOSTER D. CLARK—

of Torrington, Conn., writes that the following have been appointed to the Connecticut Board of Osteopathy: Dr. C. M. Van Duzer, Greenwich, president; Dr. Frank L. Teall, New Haven, treasurer; Dr. F. D. Clark, Torrington, secretary.

Pennsylvania

Dr. Arthur D. Becker, our president, attended the annual State Convention of the Pennsylvania Osteopathic Association, held at Erie, Pennsylvania, on October 8th and 9th, during which time he gave discussions on the technical program each day of the convention. He also put on a fifteen-minute broadcast the evening preceding the opening of the convention, on the subject of "Osteopathy and Its Relation to Public Health."

Dr. Becker reports a most interesting and worth-while program of diversified presentations, many of which were really outstanding in interest and value. It is to be regretted that the attendance at this meeting of the Pennsylvania State Osteopathic Association was not up to its usual good average. The officers of the association and the program chairman, as well as the local committee, had worked faithfully and well in preparing material for a fine meeting and, of course, it was disappointing not to have a large group present. There were numerous visitors from Ohio and some even from New York state.

The interest of those attending left nothing to be desired, and many expressions of appreciation were heard on all sides by those who were fortunate enough to be present.

Dr. Becker took advantage of the opportunity to spend most of the day on Sunday, October 10th, with Dr. McCaughan, at his home in Chicago, talking over matters of interest associated with A. O. A. activities.

DR. AND MRS. JOHN WOODS—

announce the arrival of Donald Edmund, September 27th. Mrs. Woods will be remembered as the former Dr. Rachel Hodges. Mother and babe are in excellent health and Dr. Woods seems to be in a very good humor, also. Congratulations.

I. O. A. Bulletin

The Executive Committee of the Iowa Society is indeed to be congratulated for the finding of the ways and means of carrying out the will of the members at the May Convention and are sending out copies of the Iowa Workmen's Compensation Law and Social Security Laws enacted at the last Iowa Legislature definitely stating osteopathic services are available. This is a fine piece of educational work.

As Chairman of the Iowa Industrial and Institutional Committee I am making the public request that every practicing osteopathic physician in the state, whether a member of the Iowa Society or not, keep a very complete record of every industrial compensation case treated and forward same to the Secretary of the Society or to the undersigned. Better still, make a typewritten copy of the insurance blank and send that in. Such service will benefit organized osteopathy the world over as all such cases received in Iowa will be forwarded to the A O A Bureau of Industrial and Institutional Service. It takes such a short time to send a report. Don't wait, thinking you must have ten or twenty reports to make a showing. If every osteopathic physician in Iowa would send in only two such reports, we would have close to a thousand reports. Send in every report as they all help.

—Paul O. French, D. O.
Chairman, Industrial and Institutional Committee,
410-11 C. R. Savings Bank,
Cedar Rapids, Iowa.

The fall meetings of the various districts were held October 6th and 7th. Reports from all of these meetings have not reached us in time for this issue but those we have heard from, report very profitable meetings. The following Iowa cities were hosts in their respective districts:

- First District—Cedar Rapids.
- Second District—Shenandoah.
- Third District—Ottumwa.
- Fourth District—Mason City.
- Fifth District—Cherokee.
- Sixth District—Perry.

In addition to the local programs prominent physicians from the surgical convention made part of the circuit under the auspices of the state association. Dr. Howard Lamb of Denver, Dr. Anton Kani of Omaha, Dr. Harold Fenner of North Platt and Dr. L. L. Facto of Des Moines were some of the men giving their time and effort on these programs. We greatly appreciate their generous aid.

At Shenandoah a symposium furnished by the P. & P. W. bureau of the A. O. A. was broadcast from KFNF with very gratifying results. We appreciate the efforts of the Central Office in furnishing copies and suggestions for this broadcast.

Dr. Howard Lamb gave a radio health talk in connection with the Cedar Rapids meeting which was very much worth while.

Applications for membership in the Iowa Society: Dr. Ellen Phenicie, 1126 Des Moines Bldg., Des Moines, Iowa; Dr. Orrilla Reeve, 419 First Natl. Bank Bldg., Mason City, Iowa; Dr. Elizabeth Mochrie, 414 Trimble Bldg., Sioux City, Iowa.

O. W. N. A.

The fall has opened up with splendid prospects for a year of earnest work and development in the interest of O. W. N. A. New Auxiliaries have been formed, affiliated with the national organization. Many physicians have for the first time entered their membership as active in this women's group whose slogan is, "Osteopathic Womanhood United for Osteopathy."

The four objectives of this organization are very pertinent and should receive the thoughtful consideration of everyone.

1. The promotion of the welfare of women and children.
2. To cooperate with other women's organizations.
3. The stimulation of state and local organization.
4. Securing of combined action by osteopathic women.

"Only in Union Is there Strength," and the contacts made by organized osteopathic womanhood are tremendous. Federated Club work—P. T. A.—Women's Clubs—may be reached effectively through united effort. This cannot be done by the parent organization—the A. O. A.

Missouri

Dr. Laura Miller of Adel accompanied the president of O. W. N. A. on a trip to the Missouri State Convention. It was an inspiration to see the keen interest and enthusiasm of the womanhood in the state which since the beginning has been the fountain head of osteopathy. Due to a new law the attendance was the greatest Missouri has ever known—this, along with the snappy, scientific program, sent all members home feeling they had been mightily repaid for the effort expended. How fine if all states compelled attendance at post graduate work or state conventions.

It was my privilege to appear on the technique section of the program, and to meet the membership at a luncheon radio talk.—Mary E. Golden, D. O.

POLK COUNTY
(Continued from Page 2)

Dr. Virgil Halladay of the Anatomy Department of the College gave an interesting discussion of osteopathy's important place in athletics.

Dr. Mary Golden, president of the Osteopathic Women's National Association, was the concluding speaker of the evening. Dr. Golden described the many opportunities to be derived by choosing osteopathy as a career.

The educational dinner meeting was attended by about sixty guests and doctors from Polk County.

Z-z-zip—N. Y.

Z-z-zip—D. M.

Friday—7:15 A. M. The new Rocket to Chicago. Drake football team—Dr. Kramer and others on board. 1:15 Chicago—mad dash across via 63rd to the airport—hasty lunch—Mrs. Roosevelt—Pictures with movie and candid camera—Depart at 2:15 with Mrs. Roosevelt as a co-passenger—soon up to 8,000 feet soaring over Indiana and Ohio—Dinner while flying over New Jersey. Land at 7:27, E. S. T. Car to Pennsylvania Hotel. Frontal sinus acting up due to sudden drop—To bed early—Saturday—O. K.—short shopping tour—back to the hotel—Ned Sinsabaugh, Vern Still, Herb Weber, Hen Hoyer, Don and Tom Thorburn, George Riley, William Strong and many others. Schwab of Chicago, Wallace of Wichita also on the program. Lunch—talk—sub to Hoboken—Train to S. Orange—Dinner with the Webers—Herb, Peg, Patsy and Diane—Rush back to meet Ned and do the town but too late—Do it alone—Times Square—Broadway and finally land at the Roxy—Out at 12:30 A. M.—Sunday—Up early—Talk at 9—Herb waiting—Dash thru the tube to the Jersey airport—Plane at 12:30—Chicago at 4:00 C. S. T.—Taxi via 63rd to Englewood—Rocket to Des Moines—Home at 11:15. All the same one quick picture show. 64 hours away from Des Moines, 41 of which were spent in the vicinity of New York. A perfect trip in every way. Same old Subway odors but many new bright lights on the Street of Signs. Enjoyed every minute of it.

Dr. A. W. Bailey, Schenectady, was elected President of the New York Osteopathic Society at the 39th Annual Convention. Other officers elected are: Dr. Helen M. Dunning, New York City, Vice President; Dr. Melvin B. Hasbrouck, Albany, Secretary; Dr. Geraldine Wilmot, New York City, Treasurer.

Next year's convention will be held at Binghamton.—H. V. H.

THE OUTLOOK

(Continued from page 1.)

late our last class under the preliminary High School requirement. This means that your students have this one opportunity only to enter this college without the one-year college requirement. Think this over. We know that you have one or more boys or girls in mind that should become a part of our profession. You must get in touch with them immediately and see that they have a complete understanding of this ruling passed this year by the A. O. A.

Beginning next September every matriculant must have one year of college work before he or she can enter our college.

The gate closes on High School graduates only, after January, 1938.

C. P. & P. W.

Sounds like the New Deal or the initials of a railroad but to you it should be the Committee on Public and Professional Welfare.

We do not want to be one who will bore you with frequent appeals. We do want to be one of the means of bringing to you the important information that this committee of yours is doing everything that we thought it would do and more. We want you to feel a little ashamed if you have not contributed and quite proud if you have.

So many questions come to our mind when we have the opportunity to sit and review the osteopathic situation. We have often wondered why osteopathy is not better known. This is only one of the problems that this committee is working on. You have the answer to this question if you do a little figuring. We think the answer is that for the past several years the concerted effort of the opposition has been to bring a forceful medical message to the people. They have used every means available to keep the dying spark of allopathic medicine alive. They have filled the air, our newspapers and our magazines with little stories of the greatness of the medical profession, using every care to leave out any reference to any practice other than their own. We have been snowed under by this shower of spoken and printed words.

Our committee is not aping this propaganda but it is effectively educating the public about osteopathy. The public is willing to learn. They listen and they read and they look at pictures and your Committee on Public and Professional Welfare is offering to the eyes and ears of the public, information about our profession. Their work in connection with the recent national meeting and since, proves that we need this service now.

In the same breath may we add that they need your support NOW.—E. H.

DR. J. E. JONES—

of Fairmont, Minn., died October 5th. Dr. Jones has been in poor health for some time and had recently disposed of his practice in the city, Dr. Stoike taking his place.

DR. LOYAL W. PETERSON—

of Highland Park, Mich., was married November 28, 1936. Why keep these things a secret so long?

DR. S. W. MEYER—

of Algona, Iowa, announces the birth of Sherman Wayne, Jr., September 4th, weight nine pounds.

Entered as second class matter, February 3rd, 1923, at the post office at Des Moines, Iowa, under the act of August 24th, 1912.

THE LOG BOOK

Accepted for mailing at special rates of postage provided for in Section 1103, Act of Oct. 3rd, 1917, authorized Feb. 3rd, 1923.

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Volume 14

November 15, 1937

Number 11

Activity Committee

Last year near the close of school the student body voted a small activity fee to be paid each semester. This money, collected by the office, has been turned over to the Student Committee, and we have here their report to date. Each class is represented on this committee, the membership being as follows: William Costello, Erwin Emory, Glantz, Johnson, Ketman, LaRoque, McKay and Simpson. At a recent meeting of the group, money was voted to provide the college orchestra with music and necessary equipment, the remainder of the sum to be expended to provide instruction and amusement on what is to be known as Osteopathic Activity Day. The following report is from the committee:

"Before the close of school last semester, the students voted in favor of an obligate fee to be used for school activities. A member of each class has been appointed as a member of the committee to decide upon the expenditure of this money for the present semester.

"We, the student committee, in conjunction with the faculty of the college, after considerable discussion have decided to set aside one day and evening of this semester, to be known as Osteopathic Activity Day at the College. This will be Friday, December 10, 1937.

"During the course of the day there will be a full program of interest to every physician in the field. In the morning a general assembly will be held, with a prominent speaker. In all classes on that day, there will be lectures given covering review points in subjects of interest to the practicing physician.

"In the afternoon there will be "Clinical Presentation Classes" with attention being given to special cases of interest. Opportunities to visit the various laboratories will also be available.

"And, for the crowning event of the day, a grand, semiformal dance will be given at the Hotel Fort Des Moines in the evening, consisting of dancing and cards. The entertainment will start at nine P. M. and continue until the wee hours. And have we engaged a good band? You can be sure of that—one of the best in the Middle West.

"We are inviting all osteopathic physicians within convenient distance to Des Moines to mark this date on their calendars and plan to attend.

(Continued on Page 2)

« Our Department of Obstetrics »

From its beginning nearly forty years ago, Still College has enjoyed an obstetrical clinic that has been the envy of many other institutions. For the past twenty years this department has been under the direction of Dr. R. B. Bachman, and in that time has grown so that it demands not only much of Dr. Bachman's time but most of the time of his able assistant, Dr. E. F. Leininger. Dr. Bachman has developed a routine in the examination and care of the patient and his records are complete in every detail. With over a case a day in the clinic, it means that not only must these two licensed physicians be ready at a moment's notice, but also several groups of students who are assigned to these cases must also be available at any hour of the day or night.

We asked Dr. Bachman to give us a resume of the work done by this clinic for the year ending September first, 1937. These figures are almost unbelievable. Try to imagine over a ton of babies. To be exact, 2831 pounds. Mothers' labor time was five months, two days, nineteen hours and twelve minutes, for this total tonnage. Now how much time did Drs. Bachman and Leininger and Still College Seniors labor? Dr. Bachman's report follows?

"The number of mothers delivered of their children in the Des Moines Still College Obstetrical Clinic from September 1, 1936, to September 1, 1937, was 384, with a total of 3,427 hours of labor. There were no maternal deaths. Three fetal deaths occurred during labor and the ten-day lying-in period, a gross fetal mortality of .78 of one per cent.

"There were 197 boys and 189 girls born, including two sets of twins, of 96 primipara and 288 multipara. The average duration of labor for the primipara was 15.3 hours and 6.8 hours for the multipara. The average age for the 384 mothers was 24.86 years. The average number of children per mother, including these births, was 3.2.

"The average period of pregnancy for registering in the clinic was six months. A total of 1,135 "pre-calls" were made, which is an average of 2.9 calls per patient; this does not include the visits the patients make to the college infirmary for osteopathic treatments. There were 3,363 after calls made by the students, which is an average of 8.8 calls per patient.

It may be of interest to note that services rendered to the patients in their homes, including the "pre-calls", child birth and after calls, at current prices in Des Moines as quoted by some osteopathic physicians, would be \$26,824. With the exception of a small clinical fee, when it can be paid by the patient, to cover the cost of material used, this service is free; permitting the patient to have routine care and treatment under the supervision of trained specialists, of which service many would have been deprived because of lack of funds.

"It is quite obvious, by the publishing of these facts, that the Obstetrical Department of Des Moines Still College of Osteopathy feels they have rendered a great service to humanity as evidenced by the average duration of labor, which is shorter than the time frequently quoted in text books, the low mortality rates, and the savings in doctor bills to people of poor or meager financial circumstances.

"This report would be incomplete if the benefits of this large Obstetrical Clinic to student training were not mentioned. It can readily be noted by the number of calls made on each patient that the opportunity for observing pregnancy and postpartum changes is not limited. Since four students are assigned to a patient in labor and each has his particular duty to perform during the course of that labor, experience is gained by personal contact. By sending more than one student on each case in labor during the past school year, we can report a student labor attendance of 2,385. Each student being required to perform a given duty, during the course of labor, makes him an assistant, and acting in that capacity there was an average opportunity of 31 cases per student. Each student, in addition, made an average of 9.2 deliveries under licensed supervision. These clinical opportunities,

(Continued on Page 3)

Texas

The annual meeting of the Southwestern Internests Association was held at the Hotel Adolphus, Dallas, Texas, on October 14 and 15, with 75 or 80 in attendance.

Dr. Sam Sparks, program chairman, had obtained as speakers for the convention, Dr. Sterrett, of Philadelphia, Penn., Dr. Bashline, of Grove City, Penn., and Dr. Facto, of Des Moines, Iowa.

Dr. Sterrett, lectured on the various phases of urology and some of his lecture work was supplemented with moving pictures. Dr. Bashline, Case History Taking and Abdominal Surgery, stressing the acute abdomen. Dr. Factor discussed backache, showed a film on the irregularities of the heart beat, and gave a lecture on the endocrine glands.

A banquet was held on Friday night, Dr. McNally, of Fort Worth, acting as toastmaster. Earlier in the evening a number of the Doctors were the guests of Dr. and Mrs. Scothorn at a party in their home. After the banquet many of them went to the show at the Casino out at the Pan American Exposition.

Drs. Marille and Sam Sparks, Dr. Louis Logan, and Dr. Scothorn, of Dallas, and Dr. McNally, of Fort Worth, deserve a great deal of credit for the success of the convention.

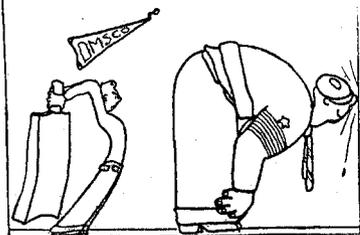
Michigan

Another fine out-of-town trip to a convention was started after lunch Wednesday October 27. The traffic problem between Joliet and for several miles east of Gary held up the parade but finally arrived in Grand Rapids early in the morning of Thursday. Billed for a luncheon-talk to coaches and with Howard Messmore in charge it went over with encores until after two. A talk on the program to finish the meeting and then a chance to rest some. Chicago next day visiting the A.O.A. offices and then out to the botanical gardens in Garfield Park and on to Ray Hulburt's for dinner. All enjoyed very much. Home Saturday afternoon late and back to the routine.

Michigan again put on another big state convention. We did not get to see it thru the three days for we were billed for the afternoon of the last day when the crowd had begun to scatter. Reports from those who were

(Continued on Page 4)

FRATERNITY NOTES



ΦΣΓ

Phi Sigma Gamma's house warming Sunday, October thirty-first which took part on the roof, damaged bed clothing and greatly overshadowed other events of the month. The house is under repair and temporary sleeping quarters have been set up in the recreation room. Phi Sigma Gamma wishes to thank its many friends for their kind offers of assistance. It is a pleasure to know we have so many friends on the campus in a time of need.

Dr. and Mrs. Gordon were guests at Sunday dinner, October seventeenth. Dr. Gordon's conversation on secondary education was very interesting as well as enlightening.

Jack Miller, of Dayton, Ohio, and John Hardy, of Seattle, Washington, were informally initiated into the fraternity on the night of Saturday, October twenty-third—it is rumored that the boys had a real taste of fraternalism. They were formally initiated Sunday, October twenty-fourth. Dr. Shafer and Dr. E. O. Owens were present for the initiation and stayed for the banquet given at the fraternity house. Dr. Shafer and Dr. Owen both gave short speeches. Dr. Shafer talked on the obstacles to fraternalism and the paths open to overcome them. Dr. Owens discussed responsibility of the new members to the organization.

It is a pleasure for Phi Sigma Gamma to announce the pledging of the following: Harold Behling of Milwaukee, Wisconsin, Jack Boucher of Kirksville, Mo., John Edgerton of Boone, Iowa, Ed Delbridge of Decatur, Illinois, Harry Plautz of Milwaukee, Wisconsin, Jack Yagobian of Highland Park, Mich., Kenneth Fowler of Kennard, Nebraska, Harry Kreuger of Muskogon, Mich., and Tom Kaenig of Milwaukee, Wisconsin. The Detroit members are a bit non-plussed at the percentage of Milwaukee pledges. It might be added that Jack Yagobian is also a bit non-plussed at the various ways his name is pronounced.

Members, pledges of Phi Sigma Gamma and their guests had an exceptionally good time at the Halloween party held at the chapter house, Saturday, October thirtieth. Dr. Bergau and Dr. Owens were among the guests.

In closing Phi Sigma Gamma wishes to impart a bit of useful information to all new pledges, regardless of their affiliations. In the words of Dr. Owens, who remarked at the recent initiation

banquet, "In dealing with the fraternity, it is well for the pledge to remember that the fraternity is always right, and the pledge is always wrong."

—J. H.

ATLAS CLUB

H. A. J.

The active members of the Atlas Club are proud to announce at this time the following men who have been pledged into the fraternity: Robert Berger, Franklin, Ohio; Arthur Brown, Albia, Iowa; James S. Clapper-ton, Detroit, Mich.; L. A. Detrick, Des Moines, Iowa; Robert A. Drews, Lansing, Mich.; Clarence G. Howe, Detroit, Mich.; Thomas A. Hewetson, Lancaster, Ohio; Chase E. Mathews, Cincinnati, Ohio; Ossian Neilson, Detroit, Mich.; Richard McGill, Shenandoah, Iowa; Herbert F. Ridings, Loveland, Ohio; Robert E. Smith, Des Moines, Iowa; James P. Watt, Springfield, Missouri; Robert M. Woods, Detroit, Mich. We are certain that our efforts to assist them in deriving the full amount of their future work will not be limited.

The annual pledge dance was held on the evening of October 23 at our home and was a huge success, with the assistance of a rhythmic orchestra and a few odd notes by the "Hepatic Trio."

The past month has seen many visitors whom we are always glad to welcome to our midst: Mr. and Mrs. Ridings and Miss Lorraine Scheletcy from Loveland, Ohio; Miss Helen Kern and Miss Jean Asmus of Detroit, Mich.; and Mrs. Chase Mathews of Cincinnati, Ohio, who is now residing here with her husband.

The fraternity would be glad to hear from our alumni at any time with any suggestions to better us as future Osteopathic Physicians.

We were fortunate in having Dr. John M. Woods, one of our faculty, out to the house on November 8th and feel that his instructive and demonstrative talk will assist us greatly in the future.

ΨΣΑ

Psi Sigma Alpha held its last banquet Tuesday, October 19th, at Mrs. Forbes' Tea Room. Dr. Bergau, the new Bacteriology instructor, was our guest.

Dr. Graney gave a very interesting and practical talk on "Acute Abdomen". We hope he can address the fraternity again in the near future.

The next meeting of Psi Sigma Alpha was held at the Atlas Club, November 9th. Clive Ayers and Garth Anderson gave their papers, which were beneficial and helpful from a practical and therapeutic standpoint.

ITΣ

Beta Chapter of Iota Tau Sigma is pleased to present the following new pledges: Robert Lindquist, Des Moines, Ia.; Ers-cell Iosbaker, Des Moines, Ia.; Dan Toriello, Struthers, Ohio;

Lloyd Jackson, Albert Lea, Minn.; Howard Wirt, Battle Creek, Michigan; Harold Grey, Mt. Vernon, Ohio. Brother Seales of the Chicago chapter is also actively engaged in our Chapter activities this fall.

The November educational meeting was held at Reds Bar-beque and was well attended. We were honored with the presence of Dr. Joseph Devine of Hugo, Oklahoma and Dr. Bennie Devine of Des Moines. After a fine dinner Dr. Joseph Devine gave a very interesting dissertation on the history and treatment of Syphilis. With all the current interest in this subject the address was worthwhile to all those present.

Friday, November 5 at the regular assembly, Beta chapter presented a copy of "Goldthwaites Body Mechanics" to the college library for the benefit of the present students and those that are to follow. The library is growing in its scope every day and we are happy to contribute our bit toward a useful enterprise.

—A. S. B.

N. O. I. C.

(National Osteopathic Inter-Fraternity Council)

Here it is the first of November and still some laggards among the honorable presidents of our frats. I am not ready to make a report to the A. O. A. nor to the Cincinnati Committee for the simple reason that a few, a very few, members of the Council have not responded with appointments as they should. This is being red-penciled to some of you and sent to others with an OK and Thanks for your co-operation. Look out for that personal letter that will soon be on its way.

—H. V. Halladay, Exc. Chm.

ΔΩ

(B. M.)

The candy sale preceding assembly on the 22nd of October proved very profitable and it was well patronized by the students and faculty. A notice will be posted early the next time so that every one can start saving up his pennies. We assure you that the supply of candy will not run out so soon this time, but we cannot assure you that it will not suffer discomfort during assembly.

The Delta Omega Beta sorority was entertained at an informal dinner by Mrs. Arthur D. Becker at her home in honor of Dr. Grace Hains of Berkeley, California. Dr. Mary Golden, a personal friend of Dr. Hains, was also a guest. The evening was spent in informal fireside discussion on the various phases of the life of the osteopathic woman physician in practice.

Anna Slocum is spending Armistice Day and the week-end in Chicago visiting friends.

Alumnus Dr. Mary Beth Zeigler of Cincinnati, Ohio, is in the Rocky Mountain Osteopathic Hos-

pital in Denver, Colorado, working as laboratory technician.

Wednesday evening, November 10th, a business meeting was held at the home of Velma Gehman. It was decided to have another candy sale next Friday, before and after Assembly.

ΣΣΦ

The Sigma Sigma Phi held its last meeting of the month on October 26th at Boyce's Uptown, where it was preceded by a banquet. We were very fortunate in having Dr. Gordon as a guest and speaker for the occasion. He chose for his subject "Electric Diathermy", giving us many helpful points to be considered in choosing a machine and how to use one intelligently.

At the Friday assembly on November 5th, the Sigma Sigma Phi was able to get Joe Lilly of the city, who has done a great amount of big game hunting in all parts of the world, to appear as a speaker. He gave us a very comical as well as descriptive and interesting talk about his trip into Alaska last year. The Sigma Sigma Phi also presented to the president of the school, Dr. A. D. Becker, waste baskets to be used in the clinic rooms for refuse, which we feel will greatly improve the appearance of the rooms. The eminent Howard Sporek was crowned a leader of the great order of the "Vigilantes". Lead on, Pancho!

P. K.

Activity Committee

(Continued from Page 1)

"Registration for visiting physicians will be at the College. The fee is \$2.50 for the entire day and evening. Come. Bring your wife, and renew those grand school fellowships."

Suggestions relative to expenditures of this fund for the interest or entertainment of the student body should be given to the representative of each class, who will present them to the committee.

Dick Simpson, Secy.

DR. HARVEY RAY FOOTE—D.M.S.C.O. '04, of London, England, died recently under rather unusual circumstances. He hurried to save his dogs life and immediately following its rescue collapsed and died of a heart attack. Dr. Foote was a pioneer osteopath in England and well known for his active part in trying to gain recognition for our science.

DR. GUSS SALLEY—of Manhattan, Kans. has an article on taping in the current issue of "The First Aider" published in Gardner, Kans. His article credits Dr. Halladay with the method used and is illustrated with eight pictures of this special foot and ankle taping. The same issue carries an article by Dr. Wilbur Bohm A.S.O. 21 discussing "Water on the Knee".

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY

President Arthur D. Becker

Faculty Adviser H. V. Halladay

Editor E. Harwood

Osteopathy Without Limitation

A Matter of Pride

I am proud to belong to an organization that has sufficient courage to double its dues when the need becomes evident.

I am proud to belong to an organization that has sufficient vision to recognize opportunities and obligations, and to plan to take advantage of those opportunities and to meet those obligations.

I am proud to belong to an organization that is not static, but rather one which is going somewhere with a big, compelling, constructive program.

To spend money foolishly is evidence of serious lack in judgment. To refuse to spend money wisely is equally lacking in judgment. "There is a scattering abroad that enricheth a man, and a withholding that tendeth to poverty."

Organized osteopathy has moved over into the ranks of big business. There was a time when modest dues were in keeping with the needs of our national organization. That time is past, in my best judgment, and in the judgment of those who have made a careful study of the needs and problems presenting. By raising our annual dues in the American Osteopathic Association we make possible osteopathic progress little realized but a few short years ago.

The dues at \$20.00 a year means a trifle over \$1.50 a month, which certainly does not seem excessive for any osteopathic physician in active practice. I plan to do as I suggested in Chicago, to pay one-half of my annual dues by the first of January, and the other half by the first of June. I believe that in so budgeting one's dues they would never realize that they were paying any more than formerly. I am proud to make any sacrifice necessary to support any organization to which I belong which has a program as worthy as the one presenting in the American Osteopathic Association. Our money naturally goes where our interest lies.

Arthur D. Becker, D. O.

DR. W. C. ANDREEN—
of Wyandotte, Mich., announces the birth of a daughter October 10. She has been named Kae Joann and weighed 7-5. We hope Betty and the babe are OK.

We're Thankful

Next week we are happy to pause for a day and look back over the past year. We have much to be thankful for and we have little to complain about. We are not going down—on the contrary, we are slowly going up.

To You

We are thankful that we have merited your support and that you sent us many fine young men for the recent class. We assure you that every member of the faculty and board of trustees appreciates the responsibility of educating this group.

We are thankful for the many cards and letters expressing the pleasure of receiving the Log Book. We know that more of you feel the same way but do not take the time to write and say so.

We are thankful for your many requests for our faculty to meet with you in state and district conventions. This proves to us that you have confidence in our ability and recognize us as authorities in our work. We appreciate this honor and we hope to continue to enjoy this intimate contact with you in the field.

To The A. O. A.

We are thankful for the fine spirit of cooperation shown by every member of the force at the Central Office. It is an inspiration to visit the new location and to see what is being done and what is planned and will be done in the future.

To Our Students

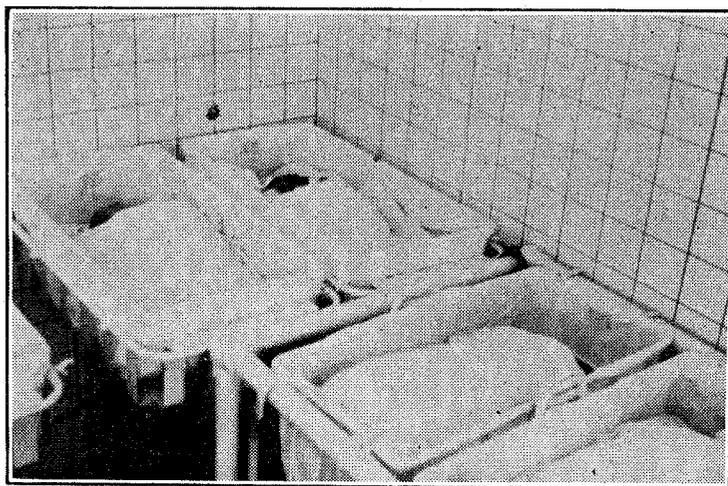
We are thankful for the wonderful morale that permeates the entire student body. As we look over the classes and as we see you in the halls and as we meet you at the frat or on the street we see a radiance of living and enjoying life and work that we have not seen in years past. There is something in the air that seems to be making us all happier. It must be that inner feeling that tells us that we are really doing things and going places.

To Our Faculty

We are thankful for the fine work you are giving. It is our pleasure occasionally to loaf down the halls and listen in on a lecture for a short time. We have not found slow, dragging periods with sleepy, nodding students. We have seen and heard the alertness of a wide-awake class being kept that way by the practical, sure-fire lecture work of our faculty.

To Our Board

We are thankful for the improvements you have made in the college this past year. We have expanded, and you are meeting this by keeping ahead of the student body. We appreciate that everything cannot be done at once and we are confident that those things yet to be done will be done.



A CORNER OF THE NURSERY

(Continued from Page 1)

as well as the obstetrical laboratory, train the graduate completely to fulfill his duties as a family physician when obstetrical cases present themselves."

There is only one idea we would like to add. This efficient department of the college is one of the several in which your student of Osteopathy has the opportunity to learn under the guidance of authorities and with the advantage of clinical contacts unexcelled.

YOU HAD BETTER—

take a few minutes and read some good osteopathic articles in the following medical journals. We just had time the other day to catch up on these references that the state librarian is so kind as to lay aside for us.

Southern Medical Journal, August, 1937.

Journal of Bone and Joint Surgery, April, 1937.

"MR. POCOCK" AGAIN—

is quoted in the Toronto Daily Star and Evening Telegram. These are both good articles but it gripes us to see Hubert titled "Mr."

SEND US—

items of interest that happen in your community that reflect the progress of Osteopathy. Others like to know what you are doing.

DID YOU HEAR—

Dr. Harry Hagen's remarks about Osteopathy during his spelling bee Sunday P. M., August 8? Thanks, Doctor, for "them kind words".

THE SACRO-ILIAC TECHNICIANS—

are getting their program planned in plenty of time. The society will meet at Hotel Sinton, Cincinnati on July 9 and 10. Dr. George Goode of Boston is president and Dr. Walter Shay of Sturgis, Mich. is program chairman.

DR. ROY G. TRIMBLE—

of Montezuma is in California taking a years work under Dr. T. J. Ruddy. Roy writes that Harry Taylor is also out there but will soon be in Denver with the Lamb Hospital.

At the Half-Way Mark

We have finished half of this first semester of the college year. The time has gone altogether to fast for most of us. There is always much to be done yet. Every class in the college has been hard at work. We all begin to feel just a little the strain of a deeply concentrated mental gymnastics. But we can take it and we will. We are not going to let down now with such a good record for the first half. We are not going to let the thots of Thanksgiving creep in when we have our mind on Chemistry. We are not letting our mind wander to the obligation of a date for that good picture show when we are studying Physical Diagnosis. We are not taking time off to plan for a big dance when we are settled with a Physiology on the desk. We are not planning to rid ourselves of five or six patients during the Xmas season for we know the other fellow cannot do as well by them as we. We are working harder than ever during these next several weeks in spite of the red figures indicating vacations.

Or are we?

DR. WALTER HOPKINS—

of London recently sent us a picture of himself taking part in a stag hunt. All we have to say is that if we dressed that way to hunt stags they would be different stags from what he means. Thanx Hoppe for the good picture and we hope you got a stag.

DR. H. V. HALLADAY—

will make the Ohio Lyceum Circuit Beginning December 6.

NEXT CLASS MATRICULATES SATURDAY, JANUARY 22

J. O. A. Bulletin

President's Letter

As Thanksgiving Day comes nearer and the farmers gather in their year's harvest I like to think of the spirit of Andrew Taylor Still watching the ripening of the therapeutic seed he planted years ago. Like many another husbandman, he would not be entirely satisfied with the year's harvest; blight, drought the incompetency of the toilers in his field have prevented the gathering of a perfect crop. Nevertheless, let us hope that as he gazes over the Osteopathic fields he will say, "Well done!" And let us say, like the good farmer always does, "We will do better next year."

Not much state news this month; we hope it is the silence of a hard-working profession rather than the silence of inactivity. Take enough time off now and then to drop a line to the Log Book and let us know how things are going with you and yours. That reminds me: that son who occupies the presidential highchair has gained two pounds and twelve ounces in his first six weeks of life, and can almost say: "Ribs raised, bones set."

John M. Woods

Applications for Membership

Dr. H. L. Cloyd..... Blakesburg
 Dr. Fritz Benz Quasqueton
 Dr. W. R. Loerke Ottumwa
 Dr. Verne J. Wilson Des Moines
 Dr. Wm. F. Moore Grafton

DR. C. P. CALLISON—

member of our faculty until September first, decided to return to the south. We have received from him a booster copy of the Corpus Christi paper in which we found his card. He now has offices in the Jones Building. We envy him that climate from now on.

DR. JOHN R. KIRK—

president emeritus of the Kirksville State Teachers College, died Sunday November 7. We know that many of the profession will remember this grand old man of education. His fame spread widely from the college he served as president for many years.

DR. HARRY A. BARQUIST—

and Miss Mildred Carlson of Des Moines were married Saturday November 6 at the First Lutheran Church. Dr. Bruce Farmer was best man. Both of these young men will be remembered as recent graduates of the college and now both are practicing in Des Moines. We extend to the bride and groom our very best wishes. Dr. Barquist is president of the Polk County Osteopathic Association. After November 15th Dr. and Mrs. Barquist will be at home at 650 Sixteenth St. Des Moines.

Assemblies

October 15

Entertainment at the Friday assemblies is always planned to take the student body away from study and into lands of recreation or into realms of that not closely related to our course of study. On this day we took a movie trip into New Mexico and Texas visiting the famous Carlsbad Cavern, the White Sands of Alamogordo, Santa Fe, Taos and into Texas to take a quick bus trip thru the exposition grounds. Commercial films augmented by the library of Dr. Halladay take us to all parts of the country and are thoroly enjoyed by the entire student body. The band as usual was present and is now so well organized that encores are demanded.

October 22

The United Airways new film showing a Mainliner trip from New York to San Francisco was the treat in movies for the day. Mr. Butler of the local office was present and added interesting items about air travel thruout the showing of the picture. A recent report in the local paper shows that the United Airways is in truth the safest way to travel. In over 20,000 trips covering the past ten years there have been only four accidents resulting in loss of life. Mr. Butler did not give us these figures but did tell about the low percentage of accidents and the picture showed very plainly the care and expert attention every detail is given before a flight is OK'd. You should see this picture.

October 29

Years ago a popular form of entertainment was the "Chalk Talk". Some of you old timers may remember Ross Crane who was one of the original chataqua chalk talkers. On this Friday the younger generation was given the privilege of seeing just what the old timers that was a pretty high class entertainment. Ash Davis proved that this type of amusement can be brought up to date and he certainly deserved the fine compliments we heard. We were indebted to Dr. Fagen for his appearance.

November 5

One of those days when everything went along right. The Emsee is sometimes a little nervous over the outcome of an occasional program. This moved along like the new Rocket. Sigma Sigma Phi has again stepped into the picture and has taken over the planning of the majority of the Friday programs. Howard Sporck brought Jo Lilly, our local big game hunter, to the assembly. Jo has hunted big game of all kinds all over the world and he gave us a picture of his last hunt which was up near the North pole and he was after whales. Got them too and had a wonderful time especially losing 28 pounds on the diet of the folks up there. Mr. Lilly has the ability to put into words a very vivid description of the many incidents of such a trip and we all vote for another story

of another big game hunt.

Barns called Dr. Becker to the platform and in the name of the Iota Tau Sigma presented the library with a copy of Goldthwaits Mechanics. Not to be outdone by the Iota Tau Sigma, Sporck took advantage of Dr. Becker's presence on the dais and presented him with enough new waste baskets to equip each treatment room with one and there stood Dr. Becker with a book in one hand and a waste basket in the other. Reeves jumped up with another presentation. For some deep dark secretive reason he made a flowery speech and gracefully offered Sporck a package. It proved to be one of those straw Mexican hats with colored balls of silk around the brim. Sporck donned it amid cheers and acknowledged it with thanks speaking perfect broken Pennsylvania Dutch. A number by the band closed the assembly.

Try to find another institution where we can work like heck, quit for a few minutes and enjoy a good talk and some good laughs and then back to class and serious that again. We like it here at Still College.

Cincinnati

The annual meeting of the osteopathic profession planned for next year under the direction of the Cincinnati osteopaths has been organized and has started to function. The dates have been set from July 11 to 15. The headquarters hotel will be the Netherland Plaza. Below we list the membership of the local group that you are most likely to want to get in touch with. This is not a complete listing of the profession that will help to make your next convention bigger and better. From this issue on until the convention we hope to give you last minute news of what this committee is doing, so watch for "Cincinnati".

General Chairman:

J. Collin Kratz, D. O.

Honorary General Chairman:

J. O. Watson, D. O.

Associate General Chairman:

Gertrud Helmecker, D. O.

Assistant General Chairman:

Charles A. Ross, D. O.

Assistant Program Chairman:

Stephen J. Thiel, D. O.

Secretary:

A. Clinton McKinstry, D. O.

Treasurer:

Carl W. Sweinfurth, D. O.

Facilities:

Walter H. Siehl, D. O., Chmn.

Halls and Furnishings:

Geo. H. Kersting, D. O.

Hotels and Reservations:

J. Collin Kratz, D. O.

Clinics:

Leon G. Hunter, D. O., Chmn.

Entertainment:

J. W. Mulford, D. O., Chmn.

Information and Transportation:

Robert C. Hill, D. O., Chmn.

Public Relations:

Tom V. Canfield, D. O., Chmn.

Finance:

Clara Wernicke, D. O., Chmn.

Allied Societies:

A. O. Corrodi, D. O., Chmn.

Michigan

(Continued from Page 1)

there were all very flattering and even with the competition of the state teachers meeting they got something in the papers. If I were to criticize it at all I think it would be the date should be selected when some other meeting will not crowd the state osteopathic association off of the front page. 450 osteopaths cannot compete with 4500 teachers.

The drive was perfect. On the way back the lake and trees could not have been more beautiful. I finally found some quinces after stopping at several stands and now we will have some quince preserves as a reminder of the trip. The weather thruout was perfect. Driving back I had to have the car windows open and it was like Summer except for the Fall colors everywhere.

Letters received since indicate that a return trip is to be at some future date. These meetings with coaches seem to be of mutual benefit and we are getting stronger for them all the time.

H.V.H.

News from Arkansas

Many of you who have graduated since 1926 will remember and you may have treated a colored boy by the name of Leonard. Some of you may remember him being brought to the college in a little wagon. Later he improved so that he could walk and has been one of our regular patients for the past ten or eleven years. During this time Leonard went thru high school graduating with honors and is now in school in Pine Bluff, Ark. During a recent vacation he was back in the waiting room looking for a treatment. We asked him about his work and to our surprise he is helping to take care of the football team. We will quote his letter in part.

"After taking excellent osteopathic treatments for approximately ten years I have acquired some of the technic of manipulation of muscles and have been using this on the athletes here in the Arkansas State College. The boys respond and we have had only one serious injury since I have been here, that being to a player's kidney. The experience has been very valuable to me and the boys are in the peak of condition and are headed for the South Western Championship."

All of which proves that Leonard was not wasting his time thinking about fried chicken or watermelon when some of you fellows were treating him here in the clinic.

DR. E. M. HUBBELL—

D.M.S.C.O. '28, died May 22. We had asked several the cause and just recently received this information from Mrs. Hubbell. Following an operation he developed pneumonia and an infection of the liver. He is survived by his wife and eight year old daughter.

Entered as second class matter, February 3rd, 1923, at the post office at Des Moines, Iowa, under the act of August 24th, 1912.

THE LOG BOOK

Accepted for mailing at special rates of postage provided for in Section 1103, Act of Oct. 3rd, 1917, authorized Feb. 3rd, 1923.

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Volume 14

December 15, 1937

Number 12

Activity Day

On Friday, December 10, the Osteopathic Activity Day was held at the College, and was a complete success in every respect. About twenty-five practicing physicians attended the morning lectures, and it was the consensus of opinion among these men that the information obtained, and the pleasant visit, were well worth their time.

The clinics in the afternoon were well attended, and much interest was shown in the examination of the patients. Dr. Becker presented a case of mitral stenosis following rheumatic fever, in a boy of seven. Also in his clinic there was presented a very interesting case of multiple sclerosis in a young man age 30. Both of these cases have been in the clinic for some time, and of very definite interest was the improvement they are making under osteopathic care and treatment. Dr. Facto's clinic was also of real interest and equally well attended.

Dr. Hannan of Perry was the guest speaker for the assembly. Rather than make a formal address, he chose to present to the group some measures he has found to be of definite value in general treatment and practice, which he said are not to be found in class rooms or textbooks, but in the field of actual experience. A great deal of interest was given him and we are very grateful for his help in making the morning of value to us all.

After and before the clinics our guests visited the improved and enlarged laboratories. Dr. Owen arranged the same display

(Continued on Page 4)

MEMORIAL

•
A. T. STILL
 Founder of Osteopathy
 August 6, 1828
 December 12, 1917

•
GEORGE A. STILL
 Osteopathic Surgeon
 March 12, 1882
 November 23, 1922

•
S. S. STILL
 Founder of Still College
 December 7, 1851
 November 20, 1931



The Des Moines Still College family extends the Season's Greetings and wishes for you and those whose happiness is yours, a full measure of Christmas Joy and Success for the New Year.

Osteopathically Yours,

Arthur D. Becker

Robert B. Bachman

Max Bergau

Byron L. Cash

Lonnie L. Facto

Glenn E. Fisher

Mary E. Golden

C. Ira Gordon

Virg Halladay

Edward F. Leininger

Harry J. Marshall

O. Edwin Owen

Katherine M. Robinson

Joseph L. Schwartz

John P. Schwartz

John M. Woods

H. E. Sampson

CALENDAR

CHRISTMAS VACATION.....	December 17 to January 3
GRADUATION	January 21
REGISTRATION	January 22
ROLL CALL	January 24
EASTER RECESS.....	(To Be Announced)
GRADUATION	May 27

Christmas Plans

What will they be doing Christmas is answered below as fully as we could get it from the wives, and they should know. It looks as if plans have been made, and with a white Christmas quite likely, Des Moines decorated, and the smiles already appearing, this should be one of the most joyous.

Dr. and Mrs. Arthur D. Becker—
 will drive to Florida to enjoy a Christmas without the danger of slipping on the ice of Des Moines. (Look in the trunk compartment and maybe you will find us too.)

Dr. and Mrs. R. B. Bachman
 have planned a family reunion at home.

Dr. and Mrs. B. L. Cash—
 will be at home with the four youngsters.

Dr. and Mrs. L. L. Facto
 will be at home, and expect relatives to join in the celebration.

Dr. and Mrs. Glenn E. Fisher—
 will drive to Oskaloosa and Gibson to visit with relatives.

Dr. and Mrs. Ira Gordon—
 will be at home entertaining their two boys, who are both in college out of town.

Dr. and Mrs. Howard Graney—
 will drive to Perry to visit with relatives.

Dr. Mary Golden—
 will celebrate with a family dinner at home.

Dr. H. V. Halladay—
 will entertain at home.

Dr. and Mrs. H. J. Marshall—
 will be at home. A big family dinner is planned.

Dr. O. E. Owen —
 expects to spend Christmas at Indianola.

Mrs. K. M. Robinson—
 will remain in Des Moines attending a family dinner.

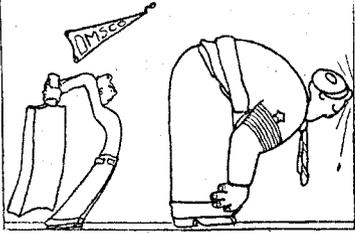
Dr. and Mrs. E. F. Leininger—
 will remain at home during the holiday season.

Dr. and Mrs. J. P. Schwartz—
 and **Dr. and Mrs. J. L. Schwartz** will enjoy a big family dinner at the home of J. P.

Dr. and Mrs. John M. Woods—
 expect to be at home Christmas, and during the vacation will visit with relatives out of town.

CINCINNATI
 Next July

FRATERNITY NOTES



ATLAS CLUB

The Xiphoid Chapter of the Atlas Club during the past month has seen activity at its peak, chiefly the Osteopathic Day held at the College. During the day, and including the evening spent at the Hotel Fort Des Moines, many of our Alumni were met once again. The fine support shown by them in attending both the affair and our Open House, following the dance, all helped in making the day one to be long remembered. A big hand to the committee, and here's to more similar affairs.

The House, at present, is in the midst of a fad, "ping-pong", and how the boys are battling for top honors. Between the sixteen actives and nine pledges in the House, it is a "battle royal". It appears that "Casanova" Costello is sitting high on the throne at present, in regards to top "ping-ponger".

The Club was happy to receive a visit from Dr. Ed Lodish of Detroit, who was at the club during the Thanksgiving vacation. We were glad to see the Doctors who visited the House, the evening of Activity Day.

Many shells were fired by Bros. Schiffer, Leslie and Beamer on their trip to Kewanee, and the stories of their heroic effort seemed to be missing. Better luck next time, boys.

Christmas being just around the corner, finds one and all in the spirit of the Day. The pledges have had their grips packed for days, anxiously awaiting the time of departure.

Oddities: Pledge Watt is sort of "that way" these days. Brother Hagy, returning from South Dakota with a new idea on love. Brother Widmer back at the old address again.

The Atlas Club extends most hearty greetings to its alumni, and to all its friends, for a very Merry Christmas, and a most Prosperous New Year.



The past month has been a very full one, and we have finally settled down to the normal routine of a very busy semester.

We were proud to have Dr. and Mrs. Becker as guests at Dinner Sunday, November 14.

The Semi-annual Pledge Dance was held at the chapter house on November 19. Members, pledges and invited guests had an enjoyable evening.

Dr. Owen and Dr. Bergau were guests at a pre-Thanksgiving dinner Sunday, November 21. There was some excitement when Dr. Owen's car apparently exploded.

We won't mention any names, but we will give the credit for cause to one or two of our more playful brothers.

Dr. Bergau can give the details.

We are glad to announce the pledging of the following members to the Honorary Fraternities:

Kenneth Blanding, Kenneth Dirlam and Fred Ferris to Psi Sigma Alpha.

Neil Woodruff and Paul Calvird to Sigma Sigma Phi.

Hell Week for the pledges started Friday, December 3. How about it, Pledges. It was Friday, wasn't it? From what we hear it was thoroughly enjoyed and appreciated. The actives are unusually kind-hearted and generous this year. Did we hear someone say something? Do you have your "black book" with you?

We were happy to have as dinner guests on Sunday, December 5, Drs. John and Rachel Woods, and Jack Woods. Some of the brothers tell us that Dr. Rachel plays a mean game of ping pong.

Dr. John Woods spent the evening at the chapter house on December 6. All gathered around the spacious fireplace and listened while the Doctor gave a very interesting discussion on "Being Something Besides a Doctor in your Community". The only drawback of the evening was the neatly rolled cabbage leaf that J. B. Miller insisted on using as a cigar. Or was it something worse?

Here's a bit of information to the Freshmen. If you want to know how important your seemingly unimportant subjects really are, ask a Sophomore. He will tell you whether or not his long-forgotten Freshman subjects are coming to light. Take it from us, you had better absorb the maximum amount possible from your lectures and labs. Starting with your Sophomore year you will have to know it and use it from then on out. If you don't learn it now, you will have to learn it then, sure, and you will find that there won't be enough hours in the day. A word to the wise is sufficient. We know. Alumni of Delta Chapter:

Please send your present address as soon as possible to the chapter house, 2141 Grand Avenue, c/o the secretary.

—KMD.



Beta Chapter wishes to take this opportunity through the medium of the "Log Book" to extend greetings to the faculty, student body, and the many alumni and friends of Still College.

The past few weeks have been filled with feverish activity for all of us—the spirit of the holiday season is descending with relentless speed. The members of Beta Chapter are co-operating to the man to help to make the Osteopathic Activity Day, Friday, December 10, a success.

A stag party just before the dismissal of school is being planned, and we are all looking forward to it with the greatest anticipation.

A good list of New Year's resolutions are in order, and each of us expects to make the coming year a year of unexcelled achievements.

—A. S. Barnes.



On November 10, the Sigma Sigma Phi held a Dutch lunch in the Log Cabin room of the Hotel Fort Des Moines, and had as visitors Dr. Mc Nerney and Dr. Devine.

We are pleased to announce that the following students have been pledged to the Sigma Sigma Phi honorary fraternity: Toriello, Goeken, Hyink, Emory, Scott Fisher, Wooliscroft, Barnes, Woodruff, and Calvert.

Following the memorial assembly for Dr. A. T. Still, Dr. Geo. Still, and Dr. S. S. Still, on Friday, December 3rd, the members of Sigma Sigma Phi placed a wreath on the grave of Dr. S. S. Still, in the Woodland cemetery; the founder of the Des Moines Still College of Osteopathy, in memory of his great acts and foresight in the interest of Osteopathy.

The Sigma Sigma Phi has planned a great day for Friday, December 17th, which will be in the form of a Christmas assembly. The program, under the leadership of the chairman, Howard Spork, is coming through in fine shape and will be enjoyed by all of those who witness the Colossal Production. —So—Don't fail to come and have some happy memories to take with you on your long journeys home for the Christmas Holidays. —P. K.

N. O. I. C.

We are in a much better mood than last month. We at long last have the completed list of local representatives for each of the ten frats and sororities that make up the Council. The last one was a hard one to get, but no list would be complete without his help. Those of you belonging to these organizations keep your Cincinnati representative in mind, and if there is anything special you want at the convention, he is the goat.

Alpha Tau Sigma—E. E. Ruby, Troy, Ohio.

Acacia Club—H. M. Williams, Lebanon, Ohio.

Atlas Club—Charles Ross, Cincinnati.

Axis Club—Elizabeth Leonard, Dayton, Ohio.

Delta Omega—Gertrud Helmick, Cincinnati.

Iota Tau Sigma—W. W. Custis, Dayton, Ohio.

Phi Sigma Gamma—J. C. Kratz, Cincinnati.

Psi Sigma Alpha—J. W. Hayes, East Liverpool, Ohio.

Sigma Sigma Phi—W. E. Bailey, St. Louis, Mo.

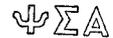
Theta Psi—K. P. Jones, Middleton, Ohio.

Now, since we are out of this trench before Christmas, it is a pleasure to wish all of you a very Merry Christmas and Happy New Year.

H. V. Halladay, Exc. Chm.

Local Council

The plans for deferring pledging laid down by the Inter-Fraternity Council at its September meeting were carried out as arranged, to the satisfaction of all fraternities. The Council appreciates the fine spirit of cooperation and fine sportsmanship shown by the members of all the organizations, and extends its heartiest Christmas wishes to fraternity members, pledges, faculty, and friends.



The last banquet of Psi Sigma Alpha was held November 23 at Boyce's Uptown, where we heard a very practical talk on "Infant Feeding" by Dr. Mary Golden.

The Christmas banquet for Psi Sigma Alpha was held Tuesday night, December 14, at Boyce's Uptown, the speaker for the evening being Dr. J. P. Schwartz. His paper on the "Duties and Qualifications of an Intern" was outstanding and beneficial.

Psi Sigma Alpha announces the following students as pledges: Wing, McKay, Blanding, Walker, Ferris, Lawrence, Jackson, Dirlam, Borchardt, and Blackwood.

We, the members of Psi Sigma Alpha, take this opportunity to extend our wishes and vacation greetings to the faculty, students and alumni of Des Moines Still College and to the Osteopathic physicians in the field of practice.

—C. R. A.



Delta Omega sends Christmas greetings and best wishes for a Happy and Prosperous New Year to alumni and friends.

Most of the active members will spend Christmas at home. Anna Slocum, Ruth Paul, Lavonne Overton, Beryl Freeman, Evelyn Ketman and Velma Gehman in Des Moines. Gertrude Ganfield and Burnanette Moeller will spend the holidays in Iowa City. Georgiana Harris, Dorothy Hollen and Louise Michael will be in Ohio, and Rebecca Richardson will go to Kansas.

Everyone has good intentions of getting caught up either in sleep or study, but probably will get neither done. We do hope everyone will be rested enough to get back to school January 3.

—B. M.

DR. J. P. O. GIVENS—

of Colorado Springs was fatally injured December 10, having been struck by an automobile. His remains will be taken to his old home at Gallatin, Mo., for burial. Dr. Givens was an uncle of Drs. H. V., Hershel, John and Fred Halladay, and had practiced in Colorado Springs since his graduation in 1910 until his retirement recently. His wife, Dr. Belle Givens, and two daughters, Pauline and Martha, survive.

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY

President..... Arthur D. Becker

Faculty Adviser... H. V. Halladay

Editor..... E. Harwood

Osteopathy Without Limitation

The Long View

A Merry Christmas and a Happy and Prosperous New Year

There may be those to whom this sentiment has become trite and lacking in originality. My careful and rather critical observation of people, however, leads me to believe that it expresses more genuinely good will and kindly wishes than almost any other statement in written or spoken language.

Before another issue of the Log Book is in the mail, the New Year will have been ushered in with merry jest, with joyous shout, with toast and sentiment, and with much serious thought. I firmly believe in the jest, the shout, the toast and the sentiment and I heartily approve of the serious thought.

Do you still make New Year's resolutions? I am free to confess that I do. I would deplore a New Year without a brief but thoughtful glance into the past year to note trends and errors. I would feel negligent if I did not take a serious look into the future and make a solemn vow to myself to do better work, to be more analytical in my thinking and reading and to take a more kindly interest in my associates, my neighbors and my casual acquaintances.

And then, too, at this time of the year I find it easy to crystallize my thinking on the somewhat longer view—something more than just from year to year. I believe in the five-year program and the ten-year program. Here in the Des Moines Still College of Osteopathy we are asking big things of ourselves. We are setting up a program of development and expansion which will require not only the long view, but will require work and effort and accomplishment that only the long view would make possible. We are happy in the evidence of real and measurable progress in our plans. Such encouragement serves as a torch to light the way to new heights and clearer vision.

Again, in all sincerity, may we extend to each of you our cordial wishes for A MERRY CHRISTMAS AND A HAPPY NEW YEAR.

Yo-ho, Ohio!

Home again, and from a trip that seems like another movie. Things moved so fast and so little time was wasted that our notes taken on the run look like primitive efforts at writing.

Left Des Moines via Buick Saturday morning, December 4, at 9:30 and arrived in Toledo, Ohio, at 11:30 that night. Spent a very enjoyable day with an aunt and two cousins at their home the day following. Monday met with the Toledo District at Hotel Secor, a luncheon at noon with coaches and osteopaths, and a dinner and lecture at night with the profession. Mike Ladd handled the meeting and got some good publicity in the papers. The crowd here was not very large and it looks to me as if there is plenty of room for more osteopaths in that part of Ohio. Better be giving it a thot, you fellows and girls who are graduating soon.

The drive to Cleveland was a little treacherous, but we made it in plenty of time. Took in a show in the p. m. as no noon meeting had been planned. In the evening, under the guidance of Dr. Purdum we met with about 60 osteopaths at the Hotel Cleveland. This of course brot back memories of the national held here not so long ago. Pretty cold wind came off the pond there at the foot of Main Street, and some snow with it. Met a lot of the old gang, and with so little space am sorry that we can't list all of them.

Wednesday morning visited the Cleveland Osteopathic Hospital first, and then on. This is certainly a complete unit, and the boys are busy. I hope they will have to enlarge it soon. They deserve a lot of credit for taking the venture and they are doing fine work, according to reports on down the line. Then—started to buck a blizzard down to Kent. Had to make a 10:30 date with Nick Ulrich and did it in spite of the severe snow storm. Nick had two high school talks billed and so had the pleasure of talking to about 500 kids before noon. At noon we went to the Robinhood Cafe and met with nearly forty coaches and osteopaths for a talk and demonstration of taping. Charlie Naylor then hurried us over to Ravenna for a talk before his high school and dragged us into his office immediately afterwards to help with a dislocation of the Acromio-clavicular due to an accident on skis. At the Ravenna high school we met about five hundred youngsters. Then back to Kent and on to Canton for the night meeting at the Belden Hotel. After a dinner we talked to about 60 members of the profession and met a young man who will be in the January class. This was the toughest day of the whole trip. Bad weather, cold, snow, slick roads, and five talks given in three towns. But we enjoyed every minute of it and

would go back and do it over again if the opportunity offered.

Thursday the weather cleared somewhat, and on to Columbus. Got settled at the Deshler and then to see Cy Clybourne and Bumstead. Had an afternoon conference at Dr. Charles LaRue's office and used one of the football boys as a patient. Got to see Licklider do a couple of tonsils, and we would say very well done. Anyway, he left the pillars, which is something, in our mind. Wonderful meeting at night at the University Club. More than one hundred there, consisting of about half osteopaths and the other half coaches, trainers, and school officials. After talking about two hours, the group was entertained by a movie of the recent Ohio-Purdue game, and many of the plays analyzed by the commentator.

Friday we drove down to Dayton for a noon luncheon with nearly 100 coaches and physicians and several school and college officials present. This meeting lasted until about three. Bradford and Taylor had arranged a broadcast with Si Burrick, so had to go over the stuff with him, and then at 6:15 went on the air. From reports, this went over O. K., too. At seven, met with the profession for a technical talk, and about seventy-five were present. This ended the week's work, so made plans for the homeward trip.

This started with a vim early Saturday morning, but at Muncie, Ind., we erred. We did not see the little low stop signs at every intersection of the highway thru town. And—we got held up six hours and about forty bucks while the City Garage was ironing the pleats out of the front end of the car.

I can't figure the high lights of the trip. Everywhere we went we were received with acclaim or something. Fine publicity all along the line. The meetings grew larger considering the profession, as we progressed. But here is a sort of a resume.

Talked to about 150 coaches and school officials and told them what osteopathy can do for them.

Talked to about 1000 high school students on health, and brought in the value of osteopathy.

Talked to over 250 osteopaths on a technical subject.

Met several fathers of our students present and former and met two young men who will be with us in January.

Shook hands with a lot of the old gang that I have had the pleasure of having in classes during the past 22 years, and that was certainly a thrill for me.

The compensating feature of the Muncie incident was that just around the corner we found Frank Summers, and he and his wife took good care of us during the waiting period, so the time went quickly, and was enjoyed after all.

H.V.H.

Assemblies

November 12

It was a little hard to come back to work the day after the 11th, which we take off to watch the parade. However, everyone was on hand and enjoyed another surgical film, thru the courtesy of Davis and Geck. The subject was the management of a normal breech presentation, and the technic was shown in detail, with the addition of animated drawings to make the subject matter clearer. We understand that Dr. Halladay has taken a movie of a Caesarian operation at the Des Moines General Hospital and we expect to see this as soon as it is edited.

November 17

The increased interest in photography made it necessary to have an expert meet the student body and explain about the use of the so-called candid camera. Mr. Vinol of the Eastman Kodak store in Des Moines brought in a number of different sized and priced cameras with him and explained the many variations found in size, price and utility. He stated that unfortunately the instruments he displayed were not samples to be given away, and we regretted it also, for any one of the several would have made a fine souvenir of the occasion. We hope to have Mr. Vinol back again so that he can take more time to go into the finer details of the art of photography.

Freshman Reception

October 12 was designated this year as the date for the Fall Reception welcoming the members of the new class. With Hoyt Sherman Place as the setting, and a fine crisp night (no rain or snow this time), the majority of the student body was there with their escorts or friends.

Dancing and cards were the major items of entertainment following the introductions as the students were met at the door by members of the Board and Faculty. The comfortable chairs in the reception room were occupied most of the time, conversation being in order.

The first dance following the intermission was held in honor of the new students, who were called to the band platform and given small paper 'mortar board' caps and a horn. The caps were to signify their start toward the wearing of the real article, and the horns were to blow in self-defense as they met upper classmen.

The time passed all too quickly, and all expressed their appreciation of a very enjoyable evening. The music was furnished by Mark Gerlach and his band, using four members of the student body. It was excellent, and Mark's comical interpretation of several numbers nearly stopped the dancing.

NEXT CLASS MATRICULATES SATURDAY, JANUARY 22

Faculty Entertained

Inspired by the acquisition of a new male member to the faculty of the college, Dr. J. P. Schwartz opened his heart and house, making use of Dr. Max Bergau as an alibi for getting the faculty together for a swellegant evening, so we hear. We did sneak out for a few minutes about ten, when the singing started, and took a couple of peeks thru the east window. Dr. Schwartz was at the piano leading the vocal efforts of Drs. Bachman, Facto, Owen, Fisher, and Marshall. We had not suspected that these dignified physicians were so talented, and we still do not believe it. Our ears told us so. Whatever happened at the meeting, the same story has been told by every member present, so it must be true, or as a whole they have a remarkable memory for written instructions. Here it is:

The invitation said Buffet Dinner at 7. At 6:45 the hungry bunch was ready, but they were sent to the basement to enjoy ping-pong and several pieces of athletic apparatus, and to park in the he-man den, complete even to a real fireplace. At the bell, there was a rush upstairs, where each was given a plate and was served from a table that must have been reinforced concrete. Turkey with trimmings, and everything in the way of cold fish, cheeses, pickles and other relishes. Then to the living room, where laps were provided in the form of luncheon tables for four. No use to elaborate on the food, for it was perfect. Coffee and dessert were served later, and so an excellent meal was disposed of, second helpings being in order.

Dr. Becker took the initiative and opened the meeting for some business to be transacted by the faculty, and then introduced Dr. Max Bergau of Hawaii. Dr. Bergau spoke briefly on the educational methods of Europe, contrasting them with the usual teaching plans of our own universities.

The remainder of the evening was taken with conversation and the musical efforts mentioned above, and at a late hour the guests departed with sincere thanks to Dr. J. P. for an evening that will not be forgotten, but will re-echo in our minds until the echo answers "encore".

DR. J. J. HERRIN—

of Purcell, Okla., sent us a clipping from the paper showing local high school teams with Dr. Herrin as official physician. John reports no serious injuries this season with him in charge. Another proof of the efficiency of Osteopathy.

DR. AND MRS. H. C. TOEPFER— of Grantsville, W. Va., announce the birth of H. Charles Toepfer, II, November 30, weight six pounds. Howdy, Howdy.

DR. J. F. BUMPUS, JR.— and Miss Margaret Lee Morris were married December 11 at Denver, Colorado. Congratulations.

Memorial Assembly

Sigma Sigma Phi made and carried out the plans as usual for the annual Memorial Assembly. This day is planned to give us the opportunity to hesitate for a few minutes and pay tribute to the three members of the Still family who have contributed so much to our own welfare.

Dr. Arthur D. Becker spoke briefly on the life and work of Dr. A. T. Still and reminded us that this year is the twentieth since his death. He stressed the scientific truths announced by Dr. A. T. Still before the medical profession had recognized them.

Dr. J. P. Schwartz eulogized the work of Dr. George Still, who died fifteen years ago. In his talk he not only told of his great skill as a surgeon, but emphasized his recognition of the value of osteopathy in the care of surgical cases.

Dr. Halladay talked of the life and work of Dr. S. S. Still, founder of our college, and well known for many years as one of our authorities on Anatomy.

Dr. Cuthbert Smith was a visitor at the college, and was called upon to talk for a few minutes. He referred mainly to the work of his famous father, Dr. William Smith, and displayed for the benefit of the student body the first osteopathic diploma issued. This was a treat indeed, for this valuable document is hand engrossed and signed by the Old Doctor only and issued to Dr. William Smith.

Following the assembly at the college, the Sigma Sigma Phi fraternity placed a wreath on the grave of Dr. S. S. Still, our founder, who is buried in Woodland Cemetery in Des Moines.

Activity Day

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the College had at the 1937 convention.

The dance at the Fort Des Moines was attended by well over 100 couples, all of whom very evidently enjoyed the evening to its or their fullest capacity.

The student committee wishes to extend its sincere appreciation to the faculty, student body, Polk County Association, and visiting physicians, for their cooperation in making this an instructive and entertaining day. Owing to the success and enthusiasm afforded this venture, it is highly probable that it will be made an annual affair. An earlier time in the year would be more desirable, because undoubtedly many men from all over the state would like to come if driving conditions would permit.

Out-of-town guests were: John H. Voss, Albert Lea, Minn.; C. H. Fedson, Ames, Ia.; Lester D. E. Barry, Belle Plaine, Ia.; D. E. Hannan, Perry, Ia.; S. C. Redfield, Rapid City, S. D.; M. Biddison, Nevada; C. S. Betts and Lida Betts, Huron, S. D.; J. R. Forbes, Fort Dodge; Mason C. Martin, Colfax; C. W. Wyman, Flint, Mich.

—Dick Simpson, Secy.

Max Bergau B. S., M. A., Ph. D.

After several years of study and research in the sciences and more time spent in clinical laboratory work, Dr. Max Bergau, of Honolulu, Hawaii, decided to study Osteopathy as the most scientific of the several well known types of therapy. He also decided to attend the Des Moines Still College of Osteopathy, feeling that it offered superior work and opportunities. We are glad indeed to have Dr. Bergau with us, and we are proud that another man of science has turned to Osteopathy believing that it offers the ultimate in therapy.

Dr. Bergau was born in Hawaii, and is, therefore, a native of the United States. His early years were spent there, but he came to the States later to attend Dayton University and the Junior College of Pasadena, majoring in science. He then went abroad and spent five years at the University of Freiburg, much of his work being done under the personal tutorage of Prof. Reichnow. Dr. Bergau's sixth year in Europe was spent in connection with the University of Berlin, thru which he did research work in the Tropical Hospital at Hamburg.

Following his graduation with the degree Ph. D., he returned to the Hawaiian Islands in charge of Biochemical laboratory work, and later did research work for the American Sugar Co. This position he resigned to make the trip to Des Moines to enter our college.

Dr. Bergau is assisting this year on the faculty, teaching the subjects of Bacteriology, Serology, and Public Health and Sanitation.

Polk County

Polk County Osteopathic Association held its monthly dinner meeting at Hotel Chamberlin Friday, November 12, at 6:30 P. M.

Mr. Emery and Mr. LaRoque, students of the college, were present. The guests described plans for an "All Still College Activity Day". The program to consist of Post-Graduate work at the College will be followed by dancing in the evening at Hotel Fort Des Moines. It was moved to have the president appoint a Booster Committee to assist in this undertaking.

The program of the evening consisted of a talk by Dr. B. L. Cash on "The Diagnosis of Gall Bladder Pathology by X-Ray".

The distribution of the "Osteopathic Magazine" was discussed by the group.

Following the meeting the members adjourned to Hoyt Sherman Place to participate in the Still College Freshman Reception.

J. Lawrence Berck, D. O.

DR. S. W. MEYER—

of Algona, Ia., and of the staff of Algona General Hospital, spoke before the Rotary Club of Algona recently on "The Anatomy of the Digestive Organs".

O. W. N. A.

A woman from Europe speaking in Des Moines this past week told of an experience at the Congress of Women which met in Paris this past year. She had taken enough money as she thought for her actual expenses, but exchange was such her means were more limited than she had anticipated. She found herself actually starving among strangers in a foreign land. Because of strained international relations no money could be sent her from home. Since that time her husband has been exiled and she and her two children are in this country with the door shut against return to the Fatherland. She was a thrifty, upright, law-abiding citizen. In the far East today women and children are suffering heart agony and unthinkable want because of the aggressive avarice of war-mad leaders.

In the heart of the American people this Christmas must come profound thanks that they are at peace and the necessities of life are supplied. The Science of Osteopathy has given the necessities and luxuries to a fine, aggressive professional group. It is to be hoped in this coming 1939 each member may receive a new vision and lend his personal, moral, and financial support to the professional organizations.

"Greetings for the Holidays, and a Prosperous, Happy New Year.

—Mary E. Golden,
President, O. W. U. A.

Auxiliary

Mrs. C. Ira Gordon opened her home Tuesday night for the annual Christmas party of two Des Moines osteopathic women's groups. She was assisted by Mrs. L. L. Facto from the auxiliary and Mrs. Robert Fagen and Mrs. Garth Anderson from the college group. The evening was given over to social activities. Each guest brought a gift for the baby clinic of the college.

The MARIETTA OSTEOPATHIC HOSPITAL—

of Marietta, Ohio, filled a complete section of the Marietta Daily Times issued December First. It marked the tenth birthday of the institution and is certainly a notable piece of educational literature. The group at this hospital and clinic are to be congratulated for the fine work they have done in the past and we hope the institution continues to grow and expand in its every service!

DR. JOHN H. STYLES—

of Oakland, Calif., died recently. Dr. Styles will be remembered by many students of Still College as an able instructor in Technic at the college about fifteen years ago. To him also goes the credit of originating the Log Book and of acting as its editor until his resignation from the faculty in May, 1923. For the last several years Dr. Styles has been associated with the Cantilever Shoe Co.

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