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# THE LOG BOOK

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Volume 15

January 15, 1938

Number 1

## "That Day Has Arrived"

In some of our classes we are often threatened with the caption above. One class in particular is now confronted with "that day" more forceful than any other. The Seniors are about to pass the portals and mingle with the crowd.

The program spread over the next few days is one that is repeated each semester but one that is ever different. With the regret that we will lose these graduates comes the joy that our work has been well done and that they are prepared to go out and carry on for our science and the college. The class is small but we predict that they will be heard from in the field. They are experienced osteopathic physicians now. The class as a whole has put in a great deal of time in the clinical departments of the college. They have had to do the work usually allotted to a larger group and they are finishing with a clean record.

We must call your attention to the result of our questionair again. Note that the majority of these graduates will remain in Iowa. We know that you need more Osteopaths in your community but we cannot force this class into your state. Iowa students usually seek locations in Iowa. Michigan students usually return to Michigan. If you want more osteopathic physicians in your state send us some to educate and when you send them show them the advantages to be gained by returning to their home state to practice.

Clifford Barry, Dean Hume, Robert Fagen, Joseph Dykstra and Evelyn Ketman will take the Iowa board and expect to practice in Iowa. J. B. Miller will take the Iowa and W. Virginia Boards and is undecided as to where he will practice. Earl Reves and Ed Zyzlewski will take the Michigan Board and expect to remain in that state. We extend our good wishes to these students and we expect to hear from them in the field.

Friday, January 14 will be given over to this Class during the assembly hour. The class has prepared a program and the college will at this time make the several honor awards.

Semester exams will be given January 19-20. This class has already been singled by the five of the Qualifying Exams and is fully prepared to go thru any other offered.

The evening of January 20 will be devoted to the Senior Banquet. This is being held at Younkers Tea Room and is given

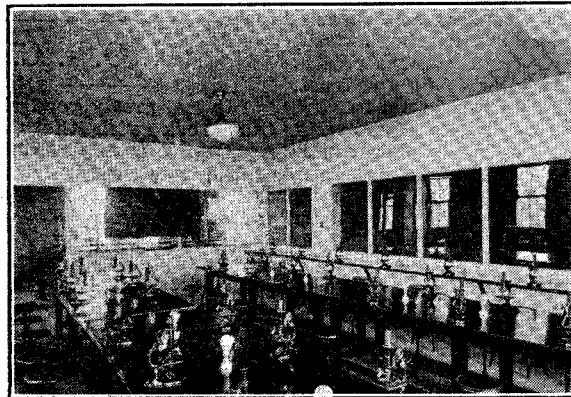
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## Our Department of Diagnosis

When a patient places his case in the hands of a physician he is expressing a confidence in that physician's ability to do a number of things. The patient feels that the doctor is capable of finding the cause of the trouble as well as recognizing the effects. He also feels that the physician is capable of administering the proper treatment based on the clinical findings in the case. Students attending the Des Moines Still College of Osteopathy are trained to use the many methods of diagnosis. They personally make the tests necessary to determine the pathology. Their contact with the patient begins with his or her registration for examination, and treatment is continued until the case is dismissed. Patients can be confident when they consult a graduate of our college.

This department of Diagnosis is under the direction of Dr. Arthur D. Becker, who teaches Differential Diagnosis and operates the Electro-cardiograph, expertly reading its zig-zags into an accurate diagnosis.

Dr. G. E. Fisher directs the Laboratory Diagnosis, didactic and demonstrative, checking the student's work in blood, urine, gastric and fecal examination. This routine check-up is not made with the idea of proving some organ diseased, but rather finding that the organ is functioning normally or within certain safe degrees of efficiency.



Dr. L. L. Facto teaches Physical Diagnosis and makes it his special duty to check the anatomical alterations or physical signs. Palpation, percussion, auscultation and the use of instruments to determine the blood pressure and reflexes are all a part of the regular routine. Add to this the careful examination of the vertebral and other joints for lesions and other osteopathic factors, and we have advanced far on the way toward an accurate diagnosis.

Bacteriologic and Serologic examinations are made under the able direction of Dr. Max Bergau. The testimony of these methods removes the uncertainty of circumstantial evidence and are important items in the complete picture.

Dr. Byron Cash of the X-Ray department is often called upon to make and read pictures that are absolutely essential in many cases. A suspected case of Osteomalacia and many other bone diseases that may be concealed from the other methods of diagnosis are revealed thru the X-Ray.

Our group of specialists are not called upon unless the case is definitely classed in one of the several specialty departments. The physician in charge of this department then makes the final decision and directs the treatment given by the student physician.

Slipshod methods of diagnosis often result in the wrong treatment being applied to the patient, with the results naturally very unsatisfactory. The osteopathic profession has always prided itself on its careful and thoughtful methods of diagnosis, for they know that a clear understanding of the case means an intelligent

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## A New Class

Our last reminder.

Some of you will receive this issue of the Log Book before the graduation of the Seniors and the enrollment of the new class. We wonder if the full import of this registration day is appreciated by the majority of you. When the registration for this class closes the Des Moines Still College of Osteopathy cannot register another student unless he or she comes to us with one full year of college work in addition to graduation from an accredited High School. This class entering January 24 is the last class to enter under the present preliminary regulation. This new class coming to us is the last of a series running thru many years. It should be a large class and it should make history for osteopathy for getting in just under the wire it will have to show a clean pair of heels to all those that follow.

Registration so far is very encouraging. We feel quite sure we will have a fine new group that will rival any class in the college and we also feel that they will uphold the honor of their line even tho they are the "last".

## The Christmas Assembly

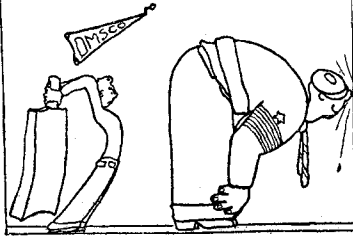
School closed for the holidays with a real bang. Sigma Sigma Phi came across with one of the best programs that we have ever witnessed and the only complaint was that it was all too brief. Look over this array of entertainment and you know exactly in what humor the gang left for home.

(1) The orchestra under the baton of the old maestro followed thru perfectly on "Roses in December" without a preceptible hitch. Even the fadeout at the end sounded as if it had been rehearsed.

(2) A Movie of the White Sands near Alamogordo, N. Mex. This is a film furnished by the Department of the Interior and is well done. In connection with this picture Dr. Halladay provided a sample of the White Sands and had on display some of the cacti and other desert vegetation. The sand and local color were furnished by Mr. Tom Charles who is the custodian of this National Monument and we all thank him for his kindness in contributing to our Christmas. Dr. Halladay explained that this was N. Mexico snow which in that climate has to be warm and dry.

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**FRATERNITY NOTES**



**ATLAS CLUB**

H. A. J.

With the return of the members from their homes during the Christmas holidays being a pleasant memory, the climax of the semester is drawing to a close.

The fraternity senior banquet is to be held on the evening of January 21, and although we have no graduating members in this class we are all looking forward to a gala event.

The election of officers held on January 6th, finds the following men in office for the ensuing term. Noble Skull, Brenton Schiffer, Occipital, Jon Hagy, Receptaculum, Howard Johnston, Sacrum, Wilson Simmons, Stylus, Dale Widmer, and Styloid, Marcus Gerlach.

Many new kits are adorning the limelight now as our proud Juniors prepare for their advancement into the clinic, and O. B. We can picture Brothers Iverson, and Munroe discussing their astonishing results on their first case.

Thoughtful words to remember: "Make one severe in judging himself, and humane in judging others." Dewey.

**ΦΣΓ**

The vacationing members and pledges arrived back safely in spite of the size of the guards on the Rocket. All said that they had an enjoyable Christmas and have finally attempted to settle down to school routine again.

Brothers Edwin Zyzewski and J. B. Miller will be graduated this month with the degree, Doctor of Osteopathy, and their loss will be deeply felt at the Phi Sigma Gamma house. Both men have taken an active part in school and fraternity life during their four years here, and have held offices in the fraternity. We congratulate them, and wish them every success in the field.

In the way of a legal notice the long suspected marriage of Brother Jack Miller was announced upon his arrival back from vacation. It was a "Civil" ceremony taking place in the early part of July with Uncle J. B. officiating as best man (we always thought the groom was the best man). The bride, Mary Hunton, is a resident of Hamilton, Ohio. The fraternity is looking forward to meeting Mrs. Miller at the beginning of the new semester.

The new officers for the oncoming semester as recently elected are:  
President, Gorden Fischer

Vice President, Arley Edgerton  
Secretary, John Hardy  
Treasurer, Joe Robertson  
Assistant Treasurer, Paul Calvird  
Pledgmaster, Alfred Ferris  
Srg. at Arms, Ed. Reese

Dr. and Mrs. Saul Klein very graciously entertained the fraternity at their home on Thursday, January 6. A delicious chicken dinner was served followed by a very interesting and informative discussion of the life of Dr. Andrew Taylor Still by Dr. Becker.

The remainder of the evening was spent in playing bridge and bingo. Numerous prizes were awarded and a very good time was had by all. J. H.

**ΨΣΑ**

At the last regular meeting of the P. S. A. Fraternity, the following officers were elected:  
President, Jerry O'Berski, re-elected

Vice President, Charles Houghan  
Treasurer, Neil R. Kitchen  
Secretary, Paul Kimberly  
Chaplain, Arthur Haight  
Corresponding Secretary, J. P. Gurka

We are happy to announce the pledging of Elmer Hanson.

On Tuesday, January 12, the Fraternity Banquet for our graduating brother, Robert Fagan, was held at the East Des Moines Club. Dr. Becker was the principle speaker of the evening. Among the notables who attended were some of the alumni brothers of the fraternity, pledges, and last, but not least, our wives and lady friends.

Psi Sigma Alpha Fraternity extends its heartiest congratulations and best wishes to our brother, Robert Fagan, for many years of active practice as an Osteopathic Physician.

J. P. G.

**ΙΤΣ**

The Iota Tau Sigma Christmas Stag which was held Thursday night before the final dismissal of school Friday was very novel and unique in its character this year, and it brought back to each of the brothers the profound respect they have for friendship and fraternity.

The progressive idea was used, going from one brothers residence to the next, and enjoying many different kinds of hospitality from the warmth of the Northland (Minnesota's Jeranson) to the genuine hospitality of the old South (North Carolina's Daniels).

It was far into the night before the strains of Sweet Adeline and Auld Lange Syne rang down on what was for us the last get together of a successful and happy 1937.

The brothers scattered far and fast after the Christmas Assembly but they have all returned safely and are busy preparing for those final exams due within a short time.

The following officers have been elected for the next semes-

ter: William Daniels, president; Ed Jeransen, vice president; Howard Sporck, secretary, and Tony Sloane, treasurer. The new officers are as full of pep and enthusiasm as the Christmas turkey was full of dressing and great things are in store for the Chapter the coming semester.

The suggestions and visits from our Alumni and friends are rather slow in reaching our ears—let us hear from you.

A. S. B.

**ΣΣΦ**

The first meeting following the holidays was held Monday January 3 in the office of the Taylor Clinic. The election of new officers was held and those chosen for the ensuing term are:

President, Armin Frank.  
Vice President, Ed. Theilking.  
Secretary, Howard McCollom.  
Treasurer, Leo Sanchez.

A banquet for the graduating members, J. B. Miller and Ed. Zyzewski and the pledges was held January 14 at Younkers Tea Room. The guest speakers were Drs. Halladay, Marshall and Devine. A program full of interest to the student body is being planned for next semester. A Spring Dance and the bowling tournament are included in this program. For these affairs we solicit your support and convey our best wishes for the coming semester.

D. S.

**N. O. I. C.**

We feel pretty good right now. Our work with the Council is right up to date. This first week of the new year we mailed our usual letter No. 1 to the local representatives. We expect to hear from these men and women within the limits of this first set of plans.

With the efficient help of our secretary we finished the ten-page "Message to the President" of your fraternity or sorority. This is something we have had in mind for some time and hope that it serves a very useful purpose.

Next month we hope to be able to report progress in building up the program for the membership of the Council at Cincinnati. So far everything is moving along in a most satisfactory manner. We now rest on our oars awaiting the reports that will be in before the first of April.

—H. V. Halladay,  
Executive Chairman.

**THE SOPHOMORE CLASS—**

following the usual custom initiated some time ago secured and decorated a beautiful Christmas tree for the waiting room. The many children and the grown-ups too appreciated this evidence of the Spirit of the Season. We assure the Sophs that the tree filled a real need and added much in beauty and pleasure during the two weeks of its existence.

**Assembly January 7**

Mixing the near and the far, Dr. Halladay spliced his November New York trip to a December Caesarian operation taken at the hospital and furnished several minutes of enjoyable movies for the program. The New York trip started with the Rock Island Rocket, transferred to the United Air Lines and toured around the city for a few feet. The major shots of importance were those of Mrs. Eleanor Roosevelt taken at Chicago where she changed planes returning from a western trip. The Caesarian operation was recently performed at the Des Moines General Hospital on a patient of Dr. Dennis' by Dr. Howard Graney. The various stages and delivery were shown including the closing of the wound.

Dr. Arthur D. Becker filled in the few remaining minutes of the hour with some good advice and timely announcements including the reminder that this is the Fortieth Anniversary of the Des Moines Still College of Osteopathy. We hope that means more to you than just a combination of words.

Music by the college orchestra opened and closed the program.

**To Kansas**

Dr. R. B. Bachman was guest speaker at the Southwestern Osteopathic Sanitarium Clinic Day held at the hospital December 2. Two talks in the afternoon took most of the time and were technical. The subjects were, "Borderline Disturbances of the Female Organs" and "Snags During Labor." During the brief rest period Dr. Bachman reports that he enjoyed a trip over the city with Drs. Wallace and McFarland. Dr. Tedrick of the hospital staff gave a talk on "X-Ray and Radium" which was complimented very highly by the attending physicians.

The evening program consisted first of a banquet attended by nearly one hundred and at which Dr. Wallace presided. Following the meal Dr. McFarland presented Dr. Bachman who addressed the mixed group on the subject of "Evaluating Prenatal Findings." According to the comments heard following the meeting the talk was both informative and interesting.

The attendance at these meetings planned by the hospital is sufficient evidence of their popularity.

**West Virginia**

The next meeting of the West Virginia Board of Osteopathy will be held February 14 and 15, 1938, in the offices of Dr. Harwood James, New Lilly Bldg., Beckley, W. Va. Application blanks may be secured by writing the Secretary, Dr. Guy M. Morris, 542 Empire Bank Bldg., Clarksburg, W. Va.

Applications should be filed not later than February 1, 1938.

# The Log Book

The Official Publication of  
DES MOINES STILL COLLEGE  
OF OSTEOPATHY

President.....Arthur D. Becker

Faculty Adviser...H. V. Halladay

Editor.....E. Harwood

Osteopathy Without Limitation

## Milestones

Admittedly, we are rather profoundly impressed by the fact that 1938 marks the fortieth anniversary of our institution. It is our plan and purpose to make 1938 a banner year in the history of Des Moines Still College of Osteopathy.

Birthdays serve a useful purpose in that they tend to crystallize one's thinking. It is a time of checking up and of taking stock. It is an occasion for looking back through the years to note trends and progress, and of looking forward to the establishment of new aims, new ideals and new goals.

We are happy and proud in the fact that we have made definite and steady progress in the program of improvement which we set up for ourselves two and a half years ago. It was a rather ambitious program and we have given unwavering and unstinted effort in making it effectual. The many improvements in facilities and equipment, the accomplishments in organization, the raising of scholastic standards, the many evidences of superior morale in the student body are only a few of the steps upward and forward that we have made.

We are beginning to plan and prepare for our week of post-graduate review and clinic to be held about the first of June as an outstanding birthday party. We plan to make the post-graduate week this year as largely clinical as possible with case presentations and case study the predominant note.

The Fall Class of 1938 will be known as the Anniversary Class. Its progress will be a matter of especial interest. It will be the first class enrolled under the new and advanced entrance requirement. We anticipate that many of our friends and alumnae will want to be personally represented by having a student in that class. Begin planning now for your candidate for the 40th Anniversary Class.

We feel that we are well squared away for new visions and higher levels of educational achievement. We are pleased with our birthday outlook. We would be glad to have your cooperation and good will. Our ambition is to make Des Moines Still College of Osteopathy more than ever THE COLLEGE OF CLINICAL OPPORTUNITY.

Arthur D. Becker, D. O.

## The Becker Trip

Dr. and Mrs. Arthur D. Becker visited friends in Chattanooga, Tennessee, Jacksonville, Florida, Eustice, Florida, and Baton Rouge, Louisiana, during the holiday vacation. They traveled by automobile and report a fine trip in every way—good roads, beautiful weather, and a pleasant and restful vacation.

## Board and Faculty

The last two meetings of this group have been held on December 14 and January 7. With the close of the semester near at hand it is to be expected that the standing of the student body was given first consideration. Our college seems to be no exception when it comes to some few members of the student body being on the so-called "D" list. The percentage is not very high but we do have enough of them to cause a little worry to some of the professors.

Graduation plans and the matters of business pertaining to the opening of a new semester were discussed mainly at the January meeting.

## Odd McIntyre Again

Odd quite often prints something very pointed. We quote below from one of his recent Sunday columns:

In the waiting room of a prominent Madison ave. physician hangs this enlarged photostat of a recent statement of Dr. Robert Hutchinson, head of a large English hospital, and appearing in the London Lancet:

"So few in fact are the diseases we can really cure that one is tempted to believe that if all the doctors went on strike for a year the effect on the death rate would be inappreciable. That is not to say, of course, that doctors are of no use, but only that they are of use in a different way from what the public imagines. In most cases of illness the doctor is really a mental poultice; he is a course of comfort, confidence and consolation to the patient and his friends; but if he is honest with himself he will admit that the number of patients who would have died but for his attendance is lamentably small."

## Polk County

The Polk County Osteopathic Association will hold their monthly dinner meeting January 10, at 6:45 p. m. at the Des Moines General Hospital. The special program for the evening will consist of an interesting illustration discussion on the importance of the endocrines in sterility by Dr. Ray E. McFarland of Wichita, Kansas. Dr. McFarland is staff pediatrician and endocrinologist of Southwestern Osteopathic Hospital of Wichita.

J. Lawrence Beck, D. O.

## Our Department of Diagnosis

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application of therapeutic methods used where they will induce the greatest benefit.

The intimate contact between the patient and the student physician at Still College is parallel to a field practice. The quantity and variety of cases offers the student every opportunity to use the many methods of diagnosis, doing the work himself and not having to depend on books or long distance observation for his information. The interpretation of the effects of pathology as shown by the diagnostic regime leads to the real cause of the pathology, and with this traced and definitely located, the physician does not work blindly, but with a confidence and assurance based on absolute clinical evidence.

## Training Tells

"To watch Johnny, 17 months old, roller skating through the corridors of Manhattan's Babies hospital, dressed only in a diaper and shoes, is that institution's favorite daily diversion. Johnny has been roller-skating since last April, which was before his first birthday. He now boldly coasts down inclines, steers around corners.

"Skating is not Johnny's sole athletic accomplishment. At seven and one-half months he began to practice swimming. Now he can dive and swim under water. Other abilities: climbing up a steeply inclined plank, climbing from a 5-ft. pedestal.

"Johnny's trainer from the instant he was born, when she began taking a long series of moving pictures of his every activity, has been Dr. Myrtle B. McGraw, the pretty, energetic assistant director of Babies Hospital's Normal Child Development clinic, affiliated with the Neurological institute.

"Dr. Frederick Tilney, Neurological institute chief, thinks that civilized parents coddle their infants too long, that a child should be taught initiative and self-confidence from his earliest weeks.

"Dr. McGraw began to teach Johnny exercises on his twentieth day. She showed him how to sit up, walk, creep. For a while he did not learn very well, but when he reached the creeping stage he began to pick up his athletic tricks rapidly.

"To demonstrate the validity of this thesis, Dr. McGraw let Johnny's twin develop like a traditional baby. Twin Jimmy cannot skate, refuses to climb down from any stand even two feet high. When in any predicament, he shows his sense of insecurity by turning to older people for help."—Des Moines Tribune.

## DR. GLENN FISHER—

of the faculty suffered considerable mental agony and his car suffered physically when a driver shot thru a stop sign and ruined the front of his machine recently. Fortunately no one was injured and Glen reports that the offending driver's insurance will take care of the damage.

We have just heard of the Scotch gangster who takes his victims for a walk.

## "That Day Has Arrived"

(Continued from Page 1)

each semester to the graduating class by the Board of Trustees of the college.

Friday evening, January 21 will mark the final college ceremony for this class. Graduation will be held in the college auditorium and Dr. Weertz of the St. John's Lutheran Church will give the address.

Early the following week we will find these students concentrating deeply over the Iowa State Board Exams. Go back to the title, class. You did not think that day would arrive when you first heard that statement years ago, but here it is and again we wish you every success.

## Cincinnati

The year has started. It is time for you to make a start also. Your program committee is at work. Your other committees are organized and the preliminary plans having been made, our 1938 Convention is on its way.

Cincinnati has much to offer you in the way of educational features, entertainment and its central location. We know you will enjoy the historic sites, the fine buildings and the beautiful parks. We do not attend a convention solely for the purpose of being filled with highly seasoned technical nourishment. We go to enjoy the trip to and from and at the city itself and we expect to find many interesting things in Cincinnati aside from the fine program and entertainment being planned. We want to see you there and we want to do our part to make this another big year for Osteopathy.

Begin planning now for Cincinnati July 11-15.

## DR. FREEDA LOTZ-KELLOGG

—of Denver issued invitations to the opening of her new Osteopathic Health Institute January 1. Denver is rapidly developing from an Osteopathic standpoint. We congratulate Dr. Lotz-Kellogg and wish her continued success.

## DR. J. W. HALLADAY—

of Afton, Okla., stopped in Des Moines for a day during the Christmas season visiting with Dr. H. V. Halladay and friends.

## J. O. A. Bulletin

At this beginning of the New Year instead of giving the conventional greetings I merely wish to say "Amen" to the New Year's resolutions on the front of the current A. O. A. Journal. May we all do our bit to fulfill those objectives.

The annual state meeting will be held at the Hotel Savery in Des Moines, May 3 and 4. The program chairman, Dr. Laura Miller of Adel, is building a very instructive and practical program for those days.

Tentative plans for a circuit of the various districts about March 1, are being considered. Questionnaires have been sent to the district officers to ascertain their desires in this matter. Any suggestions from members of the various districts will be appreciated.

The following applications for state membership have been received:

Dr. Dale S. House, Dubuque, Iowa.

Dr. E. S. Leininger, Des Moines, Iowa.

## O. W. N. A.

### A Healthy Afterglow to a Great Convention

It is very interesting to note the reaction in a professional group following a National Convention. Those of the Osteopathic profession in the State of Illinois should be very proud of the reaction in their own group.

Perhaps a direct result of their most excellent National Convention was the contribution of two splendid Auxiliaries to the organization of the National Osteopathic womanhood. This is one of the finest tributes the workers in Illinois can receive.

As Executive of the Osteopathic Women's National Association I desire in this public way to congratulate these Illinois women for their splendid professional spirit and welcome the Chicago Osteopathic Hospital Auxiliary and the West Suburban Auxiliary into the National group.

In one sense of the word Illinois stands for Osteopathic leadership in the profession and it is most fitting that the womanhood of Chicago should take their position in organized leadership.

Mary E. Golden, D. O.

### DR. ROBERT BACHMAN—

will not be out-done by his children. During the Christmas vacation he dug out his skates and after twenty years was able to cut some of the old fancy figures. When we saw him he was leaving an impression on the ice that was not his thumb print.

## Open House

At the instigation of the Student Committee and with the help of several members of the faculty the college acted as host to a large crowd of students and others in the city associated with our several educational institutions. The day was January 10 and the hours 3:30 to 5:30 p. m. and the numbers attending proved their interest in the college and the published program.

On the first floor Dr. Fisher had the chemical laboratories working in full swing and the anatomy laboratory with Paul Kimberly in charge carried on with the usual days work.

The office force on the second floor was ready with information and literature and the many patients and bank of treatment rooms proved of interest also. Several watched the process of taking blood samples and one young lady nearly fainted during this demonstration.

The third floor offered little except the plan of the several class rooms which late in the afternoon were for the most part vacant.

The library on the fourth floor was open and in two of the laboratories interesting experiments were progressing. The demonstration of the heart beat using live turtles and the demonstration of nerves in the crayfish proved exception attractions under the direction of Dr. O. E. Owen.

A series of slides were shown in the projection room on the fifth floor and in the bacteriological laboratory scopes were set up by Dr. Bergau showing the spirochaeta Pallida and other organisms.

Following the trip thru the building the visitors were invited to the auditorium where they saw and heard the new slide talkie film, "For All Our Sakes" thru courtesy of the Iowa State Board of Health. Mr. Shultz of the Health Board officiated and it was a real pleasure to note the interest expressed on the faces of the crowd as the story of this disease was graphically shown.

The college wishes to express its appreciation to the Student Committee and Dr. James Sharon of the Board of Health for their part in making our Open House a success.

Preceding and following the showing of the film Dr. Arthur D. Becker welcomed the visitors and invited them to call at the office for information and literature relative to the college.

The success of the program has already been sufficiently impressive to have started talk of another before the end of school. In order to take care of those in the city who wish to visit the college some day must be set aside for this purpose. It is not wise to let visitors in at any time during the day. Classes are dis-

turbed and the visitor is often left with the wrong impression of what we are trying to accomplish in the way of the education of the osteopathic physician. We are certain that the time and program in this case secured the results we wished.

## The Christmas Assembly

(Continued from Page 1)

(3) Carl Ellis and gang furnished some novelty music that took up too little time. Bill Jacobs of Younkers Tea Room orchestra, Chuck Pray of WHO, Hubert Ellis of Harold Morgans, Larry Brant of WHO and Carl put on several numbers that needed more encores. The boys had to hurry away to other appointments or we would still be listening.

(4) The Seniors offered for their part of the program a dancer from East High. Miss Corey proved her ability and Miss Banyard was an able accompanist. An encore was demanded.

(5) The Juniors put Don Leigh on with a rope trick that had Benny Devine fooled so it must have been hard to solve.

(6) The Sophomores provided Miss Sheila Taylor doing some difficult numbers on the Xylophone among which was the Bumble Bee. She was accompanied by Miss Fagan.

(7) The Freshmen under the guidance of Johnson put on a pantomime that brought out a lot of laughs.

(8) Dr. Halladay, plugging for the Southwest, then presented each member of the faculty with a cactus and a sample of the White Sand, the Sigma Sigma Phi pledges helping with the distribution of presents.

(9) A number by the orchestra featuring Mac on the piano and that is something to remember too.

(10) Dr. Becker took the floor and following the announcement of an Open House January 10, complimented the program and expressed the good wishes of the college family to all present. His added admonition to drive carefully was timely and we hope will be heeded by every student driving home.

(11) The closing number consisted of Jingle Bells and Auld Lang Syne by the audience and orchestra.

Dr. Bennie Devine, of the city, acted as Emcee and never failed to have the right answer when it was needed. The college is to be congratulated upon having in its midst and among its alumni talent that can plan and put over a fine Christmas program like the one this year. It is good to be alive but it is better to be alive and belong to the Still College Gang.

DR. AND MRS. P. J. GEPHART—  
—of Waterville, Me., announce the arrival of Paul, Jr., December 11. Weight 7.

## They Say—

I make it a practice to do a certain amount of reading each month. Not only am I interested in what is new in my specialty but I like to keep up with other lines also and you whoever and wherever you are should be doing the same.

Mock and Brown have a fine article in the January issue of the Journal of Surgery, Gynecology and Obstetrics, titled "The Conservative Treatment of Gall Bladder Disease." The conclusions are especially notable. We quote.

"(1) We believe that the present conceptions of the medical management of Gall-bladder disease using low fat, low cholesterol diets in conjunction with saline purgatives have no sound physiological basis.

"(2) On the basis of our studies of 120 patients with chronic gall-bladder disease, we have found that the hourly feedings of milk and cream to induce contraction and emptying of the gall-bladder, ketocholanic acids to stimulate flow of hepatic bile and antispasmodic medication to diminish the irritability of the gastro-intestinal tract, effectively relieves symptoms and reduces the incidence of colic in the majority of cases."

J. P. Schwartz, D. O.

I have recently read of vital attributes in the blood serum that are affected by lesions. These lesions exert an influence on the specific manufacture of Relaxin in the ovaries that causes relaxation of the ligaments of the symphysis pubes and the sacro-iliac during the latter part of pregnancy. The greatest relaxation has been demonstrated in guinea pigs. Here a separation of the symphysis pubes of more than one inch has been obtained.

Also in Pulmonary Monilliasis due to Monilia the symptoms vary from those of mild respiratory infection to severe forms resembling tuberculosis. It is evidence that the organisms are important causes of pulmonary disease. Dr. Max Bergau.

The first article in the January 22 issue of Liberty is amusing, instructive and of an expository nature. I still wonder why this roving patient did not drop into the office of one of our osteopathic physicians there in New York. His probable trouble is a lesion, but he would not have had the fun of finding out about the ten M. D.'s that he writes about. I hope by this time that he found a doctor who in turn has found the cause and removed it rather than treated the effect.

E. Harwood.

DR. AND MRS. FRED DUNLAP—  
—of Pleasanton, Kans., announce the arrival of Carol Lynn, November 12.

Entered as second class matter, February 3rd, 1923, at the post office at Des Moines, Iowa, under the act of August 24th, 1912.

# THE LOG BOOK

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PUBLISHED MONTHLY BY THE DES MOINES STILL COLLEGE OF OSTEOPATHY

Volume 15

February 15, 1938

Number 2

## The New Class

At the time of writing the final registration date for the incoming class has not arrived. We are happy to report that as it stands the number is more than double the registration at the same time last year. Early returns indicate that Iowa will lead in number of new students but that Michigan and Ohio come in with their usual generous contribution. We see one from Wyoming and another from New York so the East and West meet. A more complete classification will be given next issue.

So far the class has been busy with the usual smokers and other entertaining features planned to acquaint them with the organizations of the student body.

This increase in student personnel is augmented by the return of several old timers who had dropped out for a time. We welcome both the new members to our student body and the ones who have staged a real comeback.

## Board and Faculty

The usual monthly meeting of the board and faculty was held February 4. Preliminary to the general faculty meeting the board met and took under consideration several items having to do with the increase in efficiency of the college and plans for the 40th Anniversary Review and Post-graduate Week to be held early in June.

At the faculty meeting Dr. Gordon gave an informal paper on Arthritis bringing out some personal observations that are not found in the text books. This enigma of pathology has never been completely solved and much detrimental treatment is being used as was plainly pointed out by Dr. Gordon.

Dr. Becker in closing the meeting complimented the faculty on the fine work of the past semester and urged the group to "keep bearing down. We are running a college of osteopathy and not a playground. The profession expects us to graduate trained osteopathic physicians and we will do it," he said.

### DR. ERNEST POWELL—

of St. Paul, Minn., was featured on the front page January 28 all dressed up as King Boreas, ruler of the 1938 St. Paul Winter Carnival. This is certainly a high honor for one of our profession.

## Our Department of Physiology

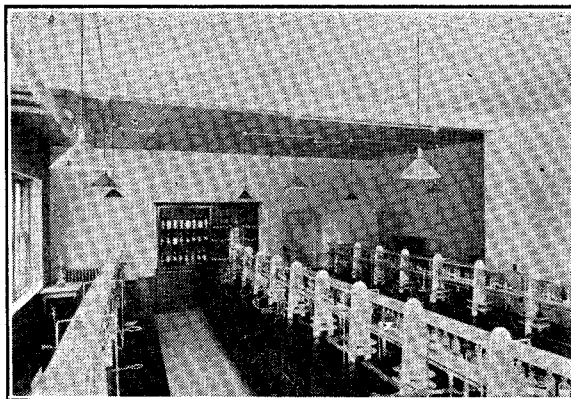
The study of any therapeutic method must take into consideration a number of basic sciences the thoro understanding of which is necessary in the development of a physician. Physiology is one of these and, since it deals with the normal functions of the body, must be studied in all the detail that is possible. There are many things going on within the body that are not well understood by even our most learned scientists and altho the science of physiology is many years old there is constant research in progress and the teachers in this department must keep in constant touch with the latest ideas and must be able to present this new material to the students to aid in solving the mysteries of disease.

Dr. O. E. Owen is responsible for the first two semesters of this work under the heading of General Physiology. This course, extending over the entire year, includes the study of the cell, its metabolic processes, the digestive, endocrine, muscle, circulatory and respiratory physiology. Laboratory periods each week cover the didactic course and enable the student to see and apply the principles discussed in the lectures.

Dr. L. L. Facto spends an entire semester with the subject of Nervous Physiology. This is a course consisting of a great deal of detail in the exposition of the nervous system. Those who know Dr. Facto appreciate the fact that he leaves no stone unturned in this study and its application to the principles of Osteopathy. From a standpoint of diagnosis, prognosis and treatment the nervous system must certainly be the starting point. It is a well known fact that our profession boasts of a clearer understanding and a greater appreciation of this system and it then becomes necessary for us to enter into this study realizing its importance in our therapy.

The Physiology Laboratory at the college has recently been enlarged and the equipment augmented with the latest instruments for the complete demonstration of physiological processes. Material for this work in the form of frogs, turtles, etc., is supplied in ample quantity for the completion of all experiments and each student is given the opportunity to see these reactions repeated until fully understood. The course includes the preparation of a note book that must be completed satisfactorily.

## Our Department of Chemistry



Chemistry is another of the basis sciences that is an integral part of the training of any physician. It may seem strange that physicians being trained for osteopathic practice should be required to follow thru the progressive subjects under this heading. It must be remembered that the modern physician must not only understand but must be able to make many diagnostic tests in the determination of the disease. The physician, by means of his

(Continued on Page 3)

## Senior Affairs

The three important ceremonies in honor of the graduating Seniors were carried out as usual but with the unusual features that always make one class differ from any other.

Class Day, held January 14 opened with music by the college band. Then President Reves took the dias. In his talk he pointed out the many advantages of the college and in the name of the class promised to uphold the principles of osteopathy and to work for a larger enrollment at the college. Reves then introduced Fagen.

Bob Fagen, the historian of the class, reviewed the class from its initial start four years ago naming the original membership and adding and subtracting as the semesters progressed. In this case most of the originals were graduating.

Reves, again appearing, this time in the role of a prophet, made the rounds with predictions for the class. If the degree of success predicted comes true we will all be proud of having known the group.

Zyzelewski then offered the Will which was filled with the customary legal phrases deftly hiding the real value of the bequests. It was evident that the class desired to leave with their lower classmates only those things that might cause them some embarrassment as they went on their way. We hope the intent, which seemed to be directed to their best friends, does not cause them any loss of sleep.

Reves, again with the reins, called Dr. Becker to the front and presented him with a beautiful knife as a remembrance of the good will of the class. Dr. Becker responded with appropriate remarks.

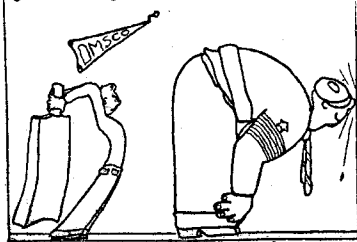
Taking advantage of his position on the stage, Dr. Becker made the awards to the class. The college awards for extra time in the departments were to Clifford Barry for his additional time in the Clinic and to Ed Zyzelewski and to J. B. Miller for their aid in the Anatomy laboratory. The Sigma Sigma Phi awards were made to Robert Fagen for his service to the college and to J. B. Miller for superior work in osteopathy.

Class Day for the January, 1938 Class closed with music by the band.

On the evening of January 20 the class with their friends and relatives and members of the faculty met at Younkers for the Class Banquet.

(Continued on Page 4)

FRATERNITY NOTES



N. O. I. C.

This past month letters have been sent from this office to each of the local representatives of the ten organizations making up the Council. It is early to make any prediction but from the reports already in I would say that we have a fine bunch of workers this year and I am sure that there will be no delay in getting all arrangements made in plenty of time. Each frat or sorority is planning a banquet and program for a part of their reunion and of course the regular business meeting held at some convenient time and place during convention week. Tuesday night is the official night for the social organizations.

The Atlas Club is probably making more extensive plans than any other fraternity due to this year being it's 40th birthday. Dr. Charles Ross is in charge locally and the officers of the Club, Dr. Emanuel Jacobson and Dr. C. R. Starks, have the plans well in hand. Dr. Ross reports contacts have already been made and the banquet and reunion will be held in the Gibson Hotel Roof Garden. This hotel is one block from the Netherland Plaza and is semi-official since the Scientific Exhibit and some other features of the convention will be housed there. The program is not complete at this time but will be highly entertaining thruout.

Dr. Walter Bailey of the Sigma Sigma Phi, reports that the annual meeting will be held Monday evening, July 11 at the Netherland Plaza. This will not interfere with any of the other meetings planned for that night and will be over in plenty of time for any official entertainment on the program.

Dr. E. E. Ruby, in charge for the Alpha Tau Sigma, writes that he is getting things lined up and the boys will have a good feed and entertainment that no one should miss.

Dr. John W. Hayes, acting for Psi Sigma Alpha, reports progress but plans are not complete at the present.

Dr. P. K. Jones of These Psi has reserved the Cincinnati Club for the fraternity's Reunion on the night of July 12. The program will be completed shortly.

By the first of next month the majority of these fraternities and sororities will have their banquets located and other arrangements nearer to completion. The Council realizing that these local representatives are busy has given them until the first of April to make a complete report

but all are working in the meantime.

The committee at Cincinnati that will take charge of the banquet tickets this year has organized and is making plans for this part of the registration. Dr. Corrodi of the Allied Societies, is on the job with information and other items of value to facilitate his part of the convention program.

The Council will have its luncheon Monday noon at the official hotel. The exact room has not been selected and individual notice will be sent to the membership of the Council when this has been decided.

With this early start and with everyone concerned at work the Council feels that there will be a smooth working machine ready to serve the fraternities and sororities when the full membership of each struggles to register beginning probably the 9th of July.

H. V. Halladay, Executive Chairman.

Local Council

The membership of the Inter-Fraternity Council this semester is composed of Jerry O'Berski (Psi Sigma Alpha), president, Beryl Freeman (Delta Omega), secretary - treasurer, Armand Frank (Sigma Sigma Phi), P. N. Munroe (Atlas), Bill Daniels (Iota Tau Sigma), and Gordon Fischer (Phi Sigma Gamma).

Smokers for the new Freshmen were held on Tuesday evening, February 1, by the Atlas Club, on Wednesday evening, February 2, by the Phi Sigma Gamma, at their respective houses, and on Thursday evening, February 3, by Iota Tau Sigma at Boyce's Up-Town. Results of pledging are not available for this issue.

Dr. Halladay was host to the members of the Council at 6 o'clock dinner at his home on Kingman Boulevard on Friday, February 11, after which bids were extended to the prospective pledges. —B. F.

ATLAS CLUB

D. L. W.

With exams finished, we start the new semester with the same vows of keeping notebooks up to date and keeping each days assignments taken care of as prescribed by the various instructors so this semester promises to be one which will go down in history.

The senior banquet held at Boyce's Uptown was well attended and everything moved smoothly under the capable direction of Toastmaster Dr. H. V. Halladay. High lights of the banquet included the presentation of a plaque to the retiring Noble Skull, H. E. Leslie, by the present Noble Skull, A. B. Schiffer. Another outstanding feature was the financial report by Pylorus, Costello. Bill deserves our utmost thanks and appreciation. Interesting talks were given by alumni present.

This semester we welcome

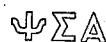
back to the house Brother Ford from Kewanee, Ill., who is back in school after a year absence.

The smoker held Tuesday night, February 1, was well attended by the new men who have just enrolled in school. Other guests included members of the faculty and alumni who gave short talks. The Atlas Club wishes to extend its best wishes for the success of the incoming freshmen. We are glad that you have chosen Des Moines as your school for studying Osteopathy and if at any time we can help you in making new adjustments we will feel that our fraternity is serving the purpose for which it is intended.

The pledges report that they are deriving much benefit from the little "pep" meetings following our regular meetings. It is a pleasure to note them doing their house work with a song in their heart and a smile on their face. It is too bad we will soon be losing them as pledges via the route of initiation.

Noble "skum" Howe rounded up his pledges January 29 and entertained the actives with a party.

The Xiphoid chapter is expecting and looking forward to a visit from the Axis chapter of Kirksville in the near future.



The Phi Sigma Alpha Fraternity held its last meeting at the Phi Sigma Gamma house. The meeting was opened by the President, Jerry O'Berski and full attendance was attained despite the sub-zero weather.

Following the business meeting Brother Cory and Brother Haight presented to the group their scientific papers. Brother Corey spoke on the advantages and disadvantages of the use of Sulfanilamide, while Brother Haight's oration dealt with Hypertrophic Arthritis. Both papers were very interesting and many doubtful points were cleared up in the discussion following.

We are happy to announce the locating of Dr. Joseph A. Guerrero in Providence, R. I., where he is doing quite well for himself.

Let's hear what our Alumni is doing!

The next Banquet will be at Red's Place located in the Roosevelt Theatre Building, February 15th.

—J. P. G.



The past month has been a most busy one for the brothers of Beta Chapter and if this activity is a criterion of what 1938 will be for us then Beta is set for a banner year.

Saturday night, January 29, 1938, Dr. Cash opened his home to us for the installation of the new officers for the coming semester. After the ceremony a most delicious Dutch lunch with all the trimmings was served and the evening was finished with

bridge, bingo and "tall" story telling. Everyone present helped himself to an osteopathic treatment judging the volume and length of some of the laughs.

Thursday, February 3, 1938 at Boyce's Uptown Cafe a dinner and smoker was held for the new coming freshmen. All the brothers and pledges were present along with a goodly representation of the new men.

Dr. Leininger of the Obstetrics Department was a guest and gave us a few words in response to our Toastmaster Daniels. The treat of the evening was the splendid address given by our guest, Dr. Steffen on the subject "Visceral Thinking." He gave us a compact history of mans fight within himself of mind over body, and our living in a world of make-believe to escape the world of reality about us. He issued us a personal challenge that would be well worth while for us to try and achieve.

Plans are under way for spring initiation and we hope to make further announcements soon.

—A. S. B.

The Band

It seems that we have neglected to mention the personal of our band this year. No kidding, when they are all present we have a perfect organization and they can make real music. The Senior members are occasionally absent due to important cases but these are not constant. Dr. Halladay, conductor of osteopathic bands for many years, shakes the baton over the bunch vigorously and sometimes almost peevishly.

Piano, McGill; Violins, Simpson, Kelsey and Morey; Banjo, Jeranson; Saxophones, Young, Templeton and O'Berski; Trumpets, LaRoque and Johnson; Trombones, Russell and Calvird; Bass, Hutson and Drums, Gerlach.

To Chicago

Dr. Arthur D. Becker, president of the college, attended the all-day regional conference on social security legislation held in Chicago on Saturday, February 5. Eight states were represented in this conference which included Minnesota, Wisconsin, Michigan, Iowa, Illinois, Indiana, Ohio and Kentucky. Dr. R. C. McCaughan, executive secretary of the A. O. A., was in charge and indicated some well defined trends and potentials. This was one of several such regional conferences held in the last few weeks.

DR. MARY E. GOLDEN—

of Des Moines filled three important speaking dates during January. On the 11th she talked to the Washington Grade school and on the 25th to the P. T. A. of Washington Irving Junior High on the subject of "Hobbies." On January 26 she addressed the Junior Chamber of Commerce Women on the subject of "Syphills."

# The Log Book

The Official Publication of  
DES MOINES STILL COLLEGE  
OF OSTEOPATHY

President.....Arthur D. Becker

Faculty Adviser....H. V. Halladay

Editor.....E. Harwood

Osteopathy Without Limitation

## Organize

At no time in the history of the osteopathic profession was the need of organization more apparent than now. An organization that is close knit, an organization that is alert and responsive, an organization that is moving forward to meet the responsibilities confronting it.

Not only is organization necessary to protect the interests of its members but organization is necessary to enlarge the opportunities for service to an awakened public. By organization we not only may move promptly, but more effectively and together, with the advantage of weight, numbers and prestige.

There perhaps was a time in which rugged individualism had a large part to play in the general scheme of things. Today the play of events has moved upon a larger stage. Today we pool our interests; we do things in concert; we accomplish by being united in our attack. There is less and less place for the unattached.

The tempo of modern business and professional life has speeded up in an unbelievable way. A careful study of the trend of events in the field of socialized professional service to the indigent, the unfortunate and to those of limited resources, brings the realization not only of a great field of humanitarian service but it also reveals a field in which osteopathy has much to offer, a service not supplied by any other group.

If the osteopathic profession is to take the important place in this rapidly developing and unfolding plan that it should take and that it can take, it is going to do so because it is organized and able to move effectively and in concert. Never has the need been more apparent. Never has the opportunity presented so much challenge. Never has organized osteopathy had a clearer view of a noble and ennobling field of useful public service. Let's put our osteopathic organizations, national, state, district, and local into the 100% class to the end that our effectiveness will approach the 100% type.

—Arthur D. Becker, D. O.

## It's Too Bad

I sat in my parked car the other day watching five young men who were sitting on the back porch of a beer joint near the college. They were occupied with the extremely important business of displaying their talents in smoking. None were well dressed, in fact, they were rather unkempt in appearance but they were certainly adept at the art of manipulating smoke. One seemed to have all the tricks, and gloried in his prowess. A drag from the cigaret, a deep quaff of air and smoke (in Des Moines a little coal smoke too) and then the pyrotechnics. He could blow smoke rings that looked like small auto tires or, as we sometimes see in the ads, a mile or so of them coming down the highway getting smaller in the distance. He could blow smoke out of both nostrils and his mouth at the same time and had a little trick of touching his lips together in the midline and then blowing thru both mouth and nose so that four-count 'em—streams of smoke spurted forth much like the fabled dragons of old.

Another could do the extremely difficult trick of reversing the cigaret in his mouth and blowing a veritable bonfire of smoke and sparks from his lips and, still one more trick I watched was letting the smoke slowly ooze from the mouth to be taken immediately up thru the nares and disappear, later to come to the surface via the oral opening.

I do not know why I should moralize on this remarkable display of talent. I am a smoker myself but I do not work at it or at least I do not think I do. Perhaps I am wrong but it seems to me that if a young man or woman can take the time to study out these tricks and do them so well that the same ability applied to something really useful would produce some rather startling results. If one can concentrate on anything useful for even a little while each day he or she can within a reasonable time do that thing much better than someone who is blowing smoke rings. Even several years in the future I cannot picture these young fellows filling any responsible positions. Having seen their expertness at smoking I can only think of them as virtuosos in a field that is pretty well crowded and one that does not pay much in the way of dividends. It is too bad that we cannot rate these young men by this talent for they would stand high.

I must loaf in the halls of the college some day and make a few observations about smoking. Statistics are popular and I shall find out if the most graceful smokers are the ones with the highest scholastic rating or are the more awkward and self-conscious smokers the best students. I expect that I shall find that there is a happy medium or perhaps a little leaning to the acede-

## OUR DEPARTMENT OF CHEMISTRY

(Continued from Page 1)

chemical diagnostic laboratory, steps into the role of a detective and by the use of known formulae eliminates or proves the presence of known pathological processes producing abnormal changes in the body fluids and other tissues.

Dr. G. E. Fisher is at the head of this department and is ably assisted by Dr. C. I. Gordon. The course begins with the study of Inorganic Chemistry. This is followed by the more complicated subject of Organic Chemistry and to complete the course and make it apply to the functions of the body the third division is taught under the title of Physiological Chemistry. Two hundred seventy hours are spent in didactic and demonstrative class work with two hundred six hours of experimental work in the laboratory. As the subject progresses from the more simple reactions to the complicated ones of Physiological Chemistry the laboratory keeps pace with demonstrations that enable the student to see what chemical changes and reactions really mean.

Body Chemistry is another subject that is not completely understood by our best trained chemists and new ideas and better and more accurate methods of diagnosis are constantly being perfected. Those associated with this department must keep pace with the recognized modern methods in this division of our study. New equipment, finer graduation and more detail in differential methods keep prodding the teacher in this department. Chemical engineers have found a fertile field in applying their intricate knowledge to body functions and we as physicians take advantage of this knowledge in a practical way in tracing the causes and effects of disease. Our plans to combat these hidden destructive factors can be made on a more certain basis if we are familiar with our modern diagnostic methods.

mic side for if a person proves his intellectual ability he may smoke either way and it will never be noticed. Smoking is a very minor thing when we associate it with those who use their ability along constructive lines other than making smoke rings. I know I shall be remembered as a smoker but I hope that the other things I plan to do will be primarily in the thots of my friends when my name is mentioned. —E. H.

## Assemblies

The first assembly of the new semester is planned for a display of the faculty. With the usual hurry and with so many things to be done one or two occasionally fail to make this appointment. However, the showing was sufficient to impress the new students and visitors with the fact that we do have a faculty and that they can appear in a role other than that of a teacher.

Following the music by the college band, Dr. Arthur D. Becker took charge and introduced the faculty members present on the platform. The main theme naturally was the sincere welcome to new students and those returning to the college. Dr. Park, a new member of the faculty, made his first appearance and promised cooperation even with classes not under his tutorage. Dr. Park is a graduate of the college and has been practicing in the city for several years. We are indeed glad to welcome him to the faculty group and have every confidence in his ability to hold the interest of his classes.

Dr. Bergau, Neil Kitchen and Paul Kimberly, assistants to the faculty were also introduced and Dr. Fisher called upon his several laboratory aides to stand and receive recognition. The assembly closed with music. Friday, February 4 was given

## Freshman B. Awards

Dr. Halladay gives the Freshman B. Class the 00 in more ways than one. At the end of the study of Osteology they are given an examination direct from the skeleton. At this time they have to answer over 100 questions fired at them in quick order, the object of the question being pointed to on the specimen. Any member of the class making over 95 in this test is awarded a key, the significance of which is that he belongs to that select group known as the Osteopathic Osteologists. The following fourteen members of the class won these awards and may be seen with keys displayed on expanded chests.

Berger, Dietrich, Fowler, Gattien, Gross, Henkle, Hewettson, Howe, Koenig, McNichols, Mills, Stern, Stull and Yagoobian. There is one disadvantage. These boys have set for themselves a mark that they must keep even at the expense of midnight lectricity and broken dates. We extend our congratulations and sympathy.

over to the introduction of the new class. It is not necessary for us to describe this scene to those of you who have been a part of it. The usual cheers and boos were heard at the announcement of certain states and this completely drowned at the finale when the class as a whole was given a fine cheer of welcome by the entire student body.

Sigma Sigma Phi will have the planning of the assemblies as usual and have already laid out the schedule complete. The responsibility for these weekly meetings during the Spring semester rests largely on the several organizations and with plenty of warning we may expect some interesting and instructive programs thruout the entire period.

**They Say—**

The obstetrical department for several months has been cooperating with the State Board of Health in checking Syphilis and has some interesting data to report. The routine examination includes both Wasserman and Kline tests. Cases that show a positive give a history of one or more spontaneous abortions, the cause of which was not known until these tests were made. Syphilis is, of course, not the only cause for abortion but it certainly is one of the underlying factors and if present should be known in order that the physician may anticipate the possible effect. —Dr. E. S. Leininger.

I recently read this by Dr. Henry C. Sherman in Chemistry of Foods and Nutrition, 4th edition, page 238. I think it is of great interest to those who are making a study of special diets in cases. "The importance of the right concentration of the inorganic salts and ions in the tissues and fluids of the body is very great. Any considerable departure from the normal concentration is incompatible with life." —Dr. C. I. Gordon.

Right now is an opportune time for the profession to keep to the front with information that will be welcome to many lay organizations. We should place ourselves in a position to accept and deliver the needed information in regard to the social diseases and I find that many clubs especially Mother's Clubs and P. T. A. are asking for a better knowledge of the Marihuana weed. This will have to be handled along with other narcotics and we must be prepared not only to take care of addicts but to give the information to parents who realize the damage being done among youthful students. February 21 to 28 is National Education Week. Literature may be obtained by writing to the International Narcotic Educational Association, Inc., 905 S. Western Ave., Los Angeles. —Mary E. Golden, D. O.

**Leave of Absence**

Dr. John Woods, president of the Iowa State Osteopathic Association and member of the faculty of the college, has been granted a leave of absence from his duties at the college for the Spring semester. Dr. Woods has been suffering from Sciatica since the first of the year and feels that he needs the next few months for more rest and complete recovery. Dr. Paul Park has been added to the faculty to take over Dr. Woods' class in Osteopathic Therapeutics and his other classes have been distributed to other regular members of the staff.

We sincerely hope that Dr. Woods will be back in his old form at an early date and if not able to carry on at the college that he will pay us an occasional visit.

**Polk County**

The members of the Polk County Osteopathic Association were guests on January 14 of Dr. J. P. Schwartz at the Des Moines General Hospital. This is a meeting that the membership looks forward to each year and they were not disappointed in any part of the fine program.

Dinner was served at seven and when the group filed into the dining room they were met by their host who was serving. The fish and everything that went with it were prepared perfectly and the silence that followed the seating of those present evidenced their relish of the meal.

Dr. Ray McFarland of Wichita, Kansas, a former intern at the Des Moines General Hospital was the main speaker and talked on "Endocrinology in Sterility." Dr. McFarland's discourse was exceedingly interesting and instructive and plainly showed that he has spent much time in research and knows his subject in every detail.

A general discussion followed and the meeting closed after a short business session. The association is highly appreciative of the hospitality of Dr. Schwartz and the fine address by Dr. McFarland.

**Senior Affairs**

(Continued from Page 1)

Three of the eight members of the graduating class failed to appear but each had excellent excuses. Delayed trains bringing in relatives and illness prevented them from attending this affair.

Following a fine meal Dr. Becker took the floor and called upon Drs. Bachman, Halladay, Fisher and Mr. Reves who as president of the class spoke in their behalf. The feature to be remembered by those who attend these affairs each year was that the weather was mild. Our usual experience at a Senior banquet in January is that the temperature is below zero and a storm is hard at work. We hope the fine weather indicates easy sailing for the graduates.

Graduation was held at the college auditorium the evening of January 21 and the weather favored us again. The large group of friends, the excellent music by Mr. Cleveland and the fine address by Dr. Weertz made an ideal combination for the final ceremony that transferred this class from the ranks of the student body to the alumni. The faculty and class appeared in cap and gown and occupied the seats near the front of the auditorium. Although few in number this class goes out well prepared and will do honor unto themselves and our college. With the final words from our president, Dr. Arthur D. Becker the members of this class were declared osteopaths. Our good wishes go with them.

**Angina Pectoris With Special Reference To It's Mechanical Causes**

(Ed. Note—The above subject was given to the Senior students at the six recognized colleges of osteopathy last year. Each college paper was judged and one prize winning paper was selected from each institution. We have the privilege of presenting, beginning in this issue, the prize paper written by William L. Daniels of the May, 1938 class at the Des Moines Still College of Osteopathy.)

Osler (1) defines Angina Pectoris as, "A symptom complex characterized by paroxysmal pain, usually thoracic, associated with vascular changes." This definition is the best I can find, but it can be taken ambiguously in that it does not state where the vascular changes occur. I take it, that he means the vascular changes occur in the heart.

In order to discuss the subject properly I will give a resume of the nervous anatomy of the heart. I believe this will help clarify the material presented later.

The parasympathetics (2-3) arise from the Vagus. These are the inhibitory fibers and the vaso constrictors of the coronary arteries and the aorta. The vagus gives off three nerves to the heart; the superior, middle and inferior cardiac branches. These branches help form the cardiac plexus. The vagus, through the jugular ganglion, communicates with the accessory nerve, petrosal ganglion of the glossopharyngeal, with the facial nerve and with the sympathetics by means of an ascending filament from the superior cervical ganglion. Through the ganglion nodosum there is communication with the hypoglossal, the superior cervical ganglion of the sympathetic and the loop between the first and second cervical nerves.

The cardiac plexus is divided into two parts, the superficial and the deep. The superficial part is formed by the superior cardiac branch of the left sympathetic and the superior cervical cardiac branch of the left vagus. The superficial part of the cardiac plexus gives branches to the deep cardiac plexus and to the left anterior pulmonary plexus. The deep part of the cardiac plexus is formed by the cardiac nerves of the vagus, the cardiac nerves of the cervical ganglia, and the recurrent nerves. The only cardiac nerves which do not enter into the formation of the deep part of the cardiac plexus are the superior cardiac nerve of the left sympathetic, and the lower of the two superior cervical cardiac branches from the left vagus, which pass to the superficial part of the plexus. The posterior coronary plexus is formed from the deep part of the cardiac plexus.

The sympathetic nerves to the heart arise in the upper six thoracic segments of the cord and pass, as white rami communicants, to the cervical ganglia, and the stellate ganglion. The cardiac nerves from the cervical ganglia have been explained

above as to their part in the formation of the cardiac plexus.

The vagus has communications with the medulla oblongata, (4) according to Winton and Bayliss this is the Cardio-inhibitory center and evidently has influence on the vaso constrictors. Castilo (5) states, "The vaso motor control of the spinal medulla, particularly its cervical portion, is readily disturbed by lesions of the lower four cervical vertebrae. The diseases that may result from such a disturbance are many and diverse."

Quoting Cabot (6), "It is not expected that anatomical studies will ever throw much light on the clinical manifestations which we call Angina Pectoris. At the outset it seems so improbable that so elusive and transient a phenomenon, varying as it does with some of the most evanescent of vital changes, such as exertion, emotion and the effects of the nitrites could be explained. Anything so closely connected as Angina Pectoris is with temporary physiological phases of the body's activities can not so far as I can see be adequately explained by anatomical lesions which must be present before and after the attack, i. e. in the absence as in the presence of Angina itself. Hence, hypothesis such as vascular spasm or cardiac fatigue naturally suggest themselves. The difficulty with such theories is that it is hard to see how they can be either proved or disproved."

(Continued Next Issue)

**DR. AND MRS. J. P. SCHWARTZ—**

and Miss Virginia Campbell, all of Des Moines, toured to Florida late in January for a three weeks vacation. Dr. Schwartz reports a few disappointments on the trip mainly having to do with the weather. He stated that he had to come back to Des Moines to get warm. The Summer outfits taken for the enjoyment of usual Florida weather were "in the bag" and stayed there.

**DR. AND MRS. C. M. PARKINSON—**

of Highmore, S. Dak., announce the arrival of William Allen, January 24, weight seven and one-half pounds.

**DR. AND MRS. L. H. ROCKHILL—**

of Lodi, Calif., announce the arrival of Lawrence Hunter II, November 27, 1937. Weight six pounds.

**HOPPE—**

of London sends us a card from St. Moritz. We think he looks better on skis than in that silly hunting habit.

**LIBERTY—**

of January 29 issue carried something of interest to you in question No. 11. The answer was the longest in the list.



Entered as second class matter, February 3rd, 1923, at the post office at Des Moines, Iowa, under the act of August 24th, 1912.

# THE LOG BOOK

Accepted for mailing at special rates of postage provided for in Section 1103, Act of Oct. 3rd, 1917, authorized Feb. 3rd, 1923.

PUBLISHED MONTHLY BY THE DES MOINES STILL COLLEGE OF OSTEOPATHY

Volume 15

March 15, 1938

Number 3

## The Des Moines Still College of Osteopathy presents a full week of POST GRADUATE REVIEW and CLINIC

MAY 30th to JUNE 4th,  
Inclusive  
available to osteopathic  
physicians only.

SPECIAL GUEST SPEAKER

DR. L. D. ANDERSON, Boise, Idaho  
*Outstanding teacher and demonstrator  
in osteopathic technic.*



*This is to be HOME COMING  
WEEK in celebration of our  
FORTIETH ANNIVERSARY*

SPECIAL GUEST SPEAKER:

DR. H. E. CLYBOURNE, Columbus, Ohio  
*Specialist in diagnosis and treatment  
of foot disabilities*

**NO TUITION CHARGE**

Every offering of the entire course directed to the  
interests and problems of the general practitioner.

### The Faculty

- Dr. Arthur D. Becker,  
President and Cardiologist.
- Dr. J. P. Schwartz,  
Dean and Surgeon-in-chief.
- Dr. R. B. Bachman,  
Treasurer and Obstetrician.
- Dr. H. V. Halladay,  
Trustee and Anatomist.
- Dr. H. J. Marshall,  
Trustee and Oto-Laryngologist.
- Dr. G. E. Fisher,  
Trustee and Chemist.
- Dr. Mary E. Golden,  
Pediatrician.
- Dr. L. L. Facto,  
Clinician.

### Our Department of Pathology

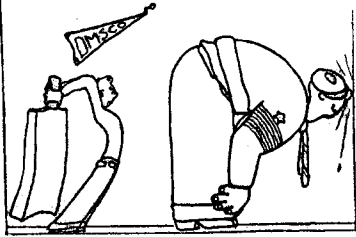
A complete understanding of Pathology is one of the basic factors in the therapeutic plan of any physician. He must be able to picture in his mind the abnormal processes that are taking place within the body. He must be able to devise a plan that will stop the progress of this lesion and return the injured tissue to its normal use again. He must have a knowledge of the serious effects not only at the seat of the primary pathology but also extending into the surrounding organs and by the blood or lymph streams into more remote parts of the body. The physician must be able to judge the seriousness of the condition and the possible permanent damage after healing takes place. This means that the study of Pathology reaches intimately into, not only the diagnosis of a disease but also influences the prognosis and is a basis for the treatment plan. It is with these important factors in mind that the college has arranged a complete course covering this subject, offering more hours in didactic and laboratory than is required or given in many other colleges. The study of Pathology is another that is a constantly changing picture. Our scientists appreciate the need for a better and clearer understanding of the abnormal processes that invade the body and they are diligently searching for causes and methods of cure. These new facts are incorporated with the course as soon as they have been announced. The osteopath must be alert to proven scientific data and we feel the responsibility of keeping

(Continued on Page 3)

### The Faculty

- Dr. C. I. Gordon,  
Bio-chemist.
- Dr. B. L. Cash,  
Roentgenologist.
- Dr. J. L. Schwartz,  
Proctologist.
- Dr. O. E. Owen,  
Pathologist.
- Dr. H. A. Graney,  
Assistant Surgeon.
- Dr. E. F. Leininger,  
Gynecologist.
- Dr. Max Bergau,  
Bacteriologist.
- FACULTY ASSISTANTS**  
Paul Kimberly.  
Neil Kitchen.

FRATERNITY NOTES



N. O. I. C.

This is a warning. Time is flying rapidly. Some of our members have not reported even the preliminary steps they have taken to insure space for their annual reunion and banquet at Cincinnati. This must be done by the first of April. Some of you may think this is getting up a little early but if you check on what some of the others have done you will find that the best places have probably been reserved now.

Reports indicate that there will be a large attendance at the meeting this year. Dr. Corrodi and others are hard at work keeping their records straight and making every effort to give you what you want. The regular plan for ticket sales and information will be carried out as has been done for the last several conventions. Make your plans now to be there and attend your fraternity or sorority meeting and make it a record.

FLASH—ACACIA

Day—July 12.  
Time—6:30 p. m.  
Place—Italian Room, Hotel Gibson.  
Price—\$2.00.

Dr. H. M. Williams is the first across the line with the information we need to complete our records for the fraternities and sororities at the coming Cincinnati convention. Who is next?

H. V. Halladay, Exc. Chm.

ITS

Beta chapter of Iota Tau Sigma takes pleasure in announcing the following new pledges, Robert Bennington, Mt. Vernon, Ohio; Thomas McWilliams, Columbus Junction, Iowa.

Two business meetings have been held at Hotel Chamberlain and initiation plans were outlined. The first degree has been conferred upon Pat Kelsey, Robert Lindquist, Scott Fisher and Charles Gray. The remaining degrees will be given to these men in the very near future.

Beta chapter is slowly but surely gaining strength and momentum and with the addition of these new men it becomes more fortified in the social activity of the college. The proposed plans and projects of the chapter are being carried out in a very worth while and satisfactory manner and each member is doing his share splendidly to help make this a banner year.

A. S. B.

ΨΣΑ

Another Milestone was added to the Red Ledger of the Fraternity when three new members, Messrs. S. Hanson, K. Blanding, and J. Lawrence, were initiated into the Fraternity, March 8, at the Atlas Club.

Following the ceremony Brothers Luby and O'Berski presented their special Lectures to the members. Brother Luby gave an interesting discussion on the diseases of the "Gall Bladder," while Brother O'Berski classified the causative factors of "Low Back Pain," a Subjective Symptom, we, as Physicians are always confronted with. Both speeches were very practical and of much interest.

At the last Banquet, the Fraternity had the pleasure to have as its Guest Speaker, Miss "Dolly" Burkholder, Surgical Nurse, of the Des Moines General Hospital.

Miss "Dolly" Burkholder spoke about the Duties of a Nurse in conjunction with the Hospital and Doctor and gave many practical angles which were of interest to all present.

The next Banquet will be at Boyce's Uptown with Dr. R. B. Bachman as the principal speaker for the evening.

J. P. G.

ATLAS CLUB

With Spring in the air, the young man's fancies not only turn to flowers, etc., but some interest is also shown in Bowling. We have a team composed of John Hagy, "Bud" Heideman, Erwin Iverson, Howard Johnston, Otto Drews, and P. N. Munroe. We were successful in winning our first game, and we hope our "luck" holds out.

Dr. and Mrs. Becker were the Honor Guests of the Club, at a dinner given Sunday, March 6th, at the Doty Tea Room.

Fifteen men turned out for the first Basket Ball practice of the season, which furnished plenty of Clinical experience, for those interested in the care of Athletes.

Morton Worster has been pledged to the Fraternity, and is beginning to digest his first taste of Fraternity life.

D. L. U.

ΔΩ

We are happy to announce the initiation of Miss Georgianna Harris, Mrs. Edward Leininger, and Mrs. C. I. Gordon into the Delta Omega Sorority; and the pledging of Maxine Seablum.

Honorary members were guests at a banquet held at Boyce's Uptown, February 3rd.

The monthly meeting was held at Georgianna Harris's March 9th. The speaker for the occasion was Mrs. Kilgore, who gave a most interesting book review of Van der Marck's Folly. Plans are being made for more meetings of this type in the future.

ΦΣΓ

Six new men have entered the dooms of pledgship: C. W. Ball of Blackwell, Oklahoma; Ray Hutson of Wymore, Nebraska; Jack Mills of Des Moines, Iowa; Joe Prior of Fort Myers, Florida; Don Soll of Des Moines, Iowa; and Harry Williamson of Tulsa, Oklahoma.

Seven former pledges withstood the tortuous course of initiation, February 19th, being the informal, and February 27th being the formal; and can be seen proudly showing their new pins from, shall we say, Manly chests? They are Harold Bahling hailing from the Beer Center of Milwaukee; John Edgerton (Arley's brother) of Boone, Iowa; Kenneth "Flash" Fowler of Kenard, Nebr.; Tom "Red" Koenig also of Milwaukee; Harry "Lefty" Plautz of Milwaukee; Harold "Tag" Taggart of Flint, Michigan and Jack "Little but Oh My!" Yagoobian of Detroit, Michigan.

On the evening of February 12th everyone enjoyed the stag party. It was a howling success.

Dr. Cash kindly consented to give us an X-Ray talk on our Monday evening work night, February 14th. It was a highly educational and needless to say, interesting.

Sunday, February 20th, Dr. and Mrs. Klein, were guests for dinner at the Fraternity House.

Dr. Kale, prominent Des Moines Osteopath gave a very interesting talk on "Matters Relating to Practice." This also was a part of our work night program.

Dr. Sawdey, dentist associated with Dr. Paul Park, spoke at the Phi Sigma Gamma Assembly, March 4th on the "Relationship of Dentistry to Osteopathy." X-Ray plates added greatly to Dr. Sawdey's enlightening talk.

Would our Alumni please send their address to the Secretary of this chapter at 2141 Grand Avenue.

REMEMBER:

"This Science doth no offers make, it must be sought and won."

From Dr. A. T. Still's Autobiography. Cliff Millard.

ΣΣΦ

On Tuesday, March 1 in the office of the Taylor clinic the following were initiated into Sigma Sigma Phi, Clyde Hyink, Sibley Barnes, Ervin Emory and Henry Goeken. We welcome and congratulate these men and are proud to announce them as new members of Beta Chapter.

The bowling tournament got off to a flying start Friday night with Phi Sigma Gamma carrying off high honors among the competing groups. Jack Miller had the high score of the evening, averaging 171 for three games. Even those who do not participate will enjoy watching the games and by their presence alone will add something toward the success of this activity.

They Say—

An article in Colliers February 26 titled "Cold Comfort" attracted my attention to the extent that I made a few notes on it. It seems to me that the osteopathic profession could read this with profit for Osteopathy has done much more than this report incorporates in the care and cure of the diseases referred to.

A sneezing ferret closed one of the most interesting circles of research of our day!

According to Dr. H. C. Stuart-Harris, researchers in Briton's National Institute for Medical Research found the solution to the biggest question on influenza. At the moment research on colds tells us that the virus gets in the nose and throat passages. It inflames tissues, occupies the blood's disease fighting forces and generally lowers body resistance. Then, the bacteria always present in the throat get to work.

Dr. Alphonse Raymond Dochez and his colleagues also reasoned that if a virus did get in the throat of bacteria vaccinated patients, it would cause only mild colds and that it would not cause severe ones because the body would be prepared to kill off the secondary invaders which always bring the common types of colds. Dr. Leverett D. Bristol health director for a telephone company ordered his doctors to keep an accurate record of men who had received injections of cold vaccines. His report on 20,000 cases was that 80 per cent of the injected men had exactly the same number of colds they had before vaccination. This makes it indeed very interesting for osteopathic physicians. It also is a fact that our known vaccines available today contain only the bacteria and not the virus. Therefore the next step is for these men to make a vaccine containing both the virus and the bacteria. Now if the antibodies or vital attributes of this cold virus is the secret to the circle why couldn't Osteopathy stimulate that antibody corresponding to that special cold virus? The truth of this is that your doctor using cold vaccines should promise you nothing and should tell you frankly that he does not know what benefit you can expect. Osteopathy is your better bet.

Dr. Max Bergau.

Missouri Approves

A letter from Dr. H. D. McClure, Secretary-Treasurer of the Missouri Association of Osteopathic Physicians and Surgeons, informs us that the week of Post Graduate Review and Clinic, sponsored by the Des Moines Still College of Osteopathy, has been placed upon the approved list by the Missouri Association of Osteopathic Physicians and Surgeons as qualification for renewal of license.

# The Log Book

The Official Publication of  
DES MOINES STILL COLLEGE  
OF OSTEOPATHY

President..... Arthur D. Becker

Faculty Adviser... H. V. Halladay

Editor..... E. Harwood

Osteopathy Without Limitation

## Advance

Des Moines Still College of Osteopathy is interested in having a part in any program that is moving forward. Things do not stand still for long. We either move forward, or we tend to slip backward. Stasis is often the beginning of degeneration processes. It is hardly necessary for me to remind readers of these pages that the minimum entrance requirement for the September, 1938 class is one full year of college work. This move is a progressive one and is a wholesome indicator of osteopathic educational progress.

We do not believe, however, in resting upon our oars. It is hardly safe nowadays to stop long enough to even indulge in a little self-congratulation. Instead we believe in using the gains made as platforms for future efforts along lines of improvement and advancement.

It is true that we have many reasons to feel happy and encouraged with the accomplishments thus far in our program of development. The good work and the loyal attitude of the student body is most pleasing. The fine cooperation of our entire faculty group is a matter for sincere appreciation. The many letters received from various individuals in our alumni group have been a source of real joy. It certainly warms the whole day when our enthusiastic friends in practice write in and say to us, "We are hearing good reports over here about the work that is being done there at the college, and I want to congratulate you."

We are particularly interested in the fact that many prospective students for next fall's class are already writing to us and some have already matriculated. We sense a surge of new interest. We think we appreciate fully the problems associated with the advance in entrance requirements.

We are planning to designate our September class the "Anniversary Class" in honor of the 40th Anniversary of Des Moines Still College of Osteopathy. We want our many loyal friends and well-wishers to have personal representatives in that class. The fact that we have grown this past year in total enrollment does not lure us into a false sense of complacency. Send us the names of qualified prospective students for the September class and let

## Your Order, Doctor

Last year at our Post Graduate and Review Week we had some special dissections on the abdominal wall and the foot. This year the department of Anatomy will again offer something in the way of special demonstrations on the cadaver. What would you like to see? Our judgement may not be the best in what we should have prepared ahead so we are asking those of you who will attend the course to write immediately and let us know what you would like to see displayed. Our Review week is for you. If it is possible we want to have those things ready that you would like to see. It takes time to do the kind of dissection that will clearly bring out the points of special interest to the many who will be here. We cannot cover the entire list that may be requested but with plenty of time to get ready, anything within reason may be prepared. We have a corps of trained dissectors ready to go to work on a subject and we anxiously await your orders.

Dr. H. V. Halladay,  
Professor of Anatomy.

DR. AND MRS. J. L. SCHWARTZ—

returned recently from a winter vacation trip to Guatemala. A visit to relatives was made the main excuse but from what we heard the relatives figured very little in the delightful events of the months trip. New Orleans, the boat trip across the Gulf, Guatemala harbor, the city, a trip into the inland, fishing, sightseeing, Indian rugs, baskets, pottery and everything that goes to make an ideal vacation trip into a new land were features that sped the time. A month is too little to even get a good start in such a fascinating land. The travelers returned with bags and trunks laden with beautiful souvenirs and both had acquired a coat of tan that was the envy of all. And for us stay-at-homers—WE guatacactus from Guatemala.

DR. EMANEUL JACOBSON—  
of Philadelphia sent us a card from Rio De Janeiro. We envy him this fine Winter vacation trip. Hope you arrived back home safely Jake.

## Dr. L. D. Anderson

We are fortunate in being able to add Dr. Anderson of Boise, Idaho, to our Post Graduate Faculty for this year. Among the various plans for this intensive week of Post Graduate Review and Clinic is that of making osteopathic diagnosis and osteopathic technic a major part of the course. Dr. Anderson has a well earned reputation as a teacher and demonstrator of these most important subjects.

us help you interest them in starting their osteopathic education. Arthur D. Becker, D. O.

## OUR DEPARTMENT OF PATHOLOGY

(Continued from Page 1)

our graduates informed on the latest developments that they may in turn serve their patients better.

For purposes of study the course is divided into three semesters of ninety hours each. The student begins with the study of General Pathology including the degenerations. Circulatory disturbances, inflammation and repair, tumors and the pathology of the osteopathic lesion follow under this general heading. Special pathology of the organs is given during the second semester. This, in connection with the several tracts of the body includes a study of the effect of the osteopathic lesion on structure and function.

The third semester covers a more exhaustive study of the vital organs and the ductless gland system together with a review of the entire course.

During the course and correlated with the various divisions, a complete laboratory schedule is maintained which takes the student thru the preparation and definition of the tissues. Adequate laboratory space is provided with modern equipment in the way of slides and microscopes and a special preparation laboratory for new material that is constantly coming in. An important feature of the laboratory is the museum. Here the student may study the many specimens prepared and mounted in glass jars and each with a case history explaining the change from the normal. The specimens in the museum together with the microscopic laboratory bring vividly to the student both the gross and microscopic phases of the abnormalities that the human body may suffer.

Drs. Owen and Gordon are responsible for the lecture and laboratory work in this subject and are constantly alert for the newer facts related to the Department of Pathology.

## Assemblies

For the past month, with the aid of the Sigma Sigma Phi, the assemblies have been run on schedule with the usual variety and interest. A movie from the collection of Dr. Halladay, taking us on a trip thru the East, proved of great historical value. Students who have not been to the many historical spots extending from Washington up into Maine enjoyed the opportunity via the picture route.

On February 18 the student body and visitors attending the Sixth District meeting witnessed a fine surgical film from the library of Davis and Geck.

The Atlas Club sponsored the program of February 25 and provided the assembly with outside talent of note. Mark Gerlach, taking the stand, announced the Drake Quartette, an exceptional musical organization with a great variety of numbers. Gene Henderson followed with a series of imitations that could not be mistaken. A feature of the program was a prize offered by the French Way Cleaners, this being won by Paul Kimberly. The Atlas Club is to be congratulated for securing such high grade entertainment for our program.

March 4 was given over to the Phi Sigma Gamma fraternity and the time again proved too short. Dr. Sawdey gave a most interesting talk on the importance of dental diagnosis and illustrated his many important points with slides plainly showing the variations of pathology in the alveolar processes and teeth. Two of the upper classes were privileged to hear him following the assembly hour.

Father Ford, our friend from Dowling High, was welcomed the 11th of March. His talk was again along very practical lines largely relative to the duty of

the physician attending a family of Catholic faith. Father Ford also spoke briefly on Sterilization and Mercy Killing.

The band in its usual form appears regularly and on special occasions is assisted by the Hepatic Trio consisting of Widmer, Bunge and Johnson.

## To Chicago

Dr. Arthur D. Becker, president of the college, attended a committee meeting of the Associated Colleges in Chicago on February 26th, having to do with the consideration of a curricular survey.

THE A. O. A.—

sent us a report of the publicity thruout the country following Dr. Halladay's Ohio trip. Over 200 inches were printed in 21 states extending across the country. About half of this space was in the state of Ohio and this proves the favor in which osteopathy is held in that section. On to Cincinnati.

DR. CHARLIE GAHAN—  
of Kirksville and well known thruout the profession died February 26. We do not have the details. Skipper was a friend to all and will be missed by many. Since his graduation he has been proprietor of the A. S. O. Book Store.

DR. J. P. SCHWARTZ—  
of the hospital and college, is billed to appear at the Oklahoma State Osteopathic Convention April 13 and 14.

Prof. in Ethics: "I will lecture today on liars. How many of you have read the twenty-fifth chapter?"

Nearly all raised their hands. Prof: "That's fine. You're the very group to whom I wish to speak. There is no twenty-fifth chapter."

## I. O. A. Bulletin

The regular February Circuit of Iowa District societies has just been completed. Dr. Earl Laughlin, Jr., Assistant Surgeon, Laughlin Hospital, Kirksville, Mo., was the guest speaker selected by officers of the various districts. His practical lectures on the "Acute Abdomen" and "Problems of the Prostate" were keenly appreciated by exceptionally large groups at Ottumwa, Cedar Rapids, Osage and Des Moines. Dr. Laughlin was interviewed on the air by an announcer of WMT, Cedar Rapids, on the subject of Osteopathic Surgery.

During the continued illness of Dr. John M. Woods, duties of the Presidents office have been placed in the hands of the vice-president, Dr. W. C. Chappell, Mason City. From his voluminous files of official correspondence copy accumulated since last June 1st, Dr. Chappell presented interesting items of "State Affairs" to the districts in meeting in Cedar Rapids, Osage, Des Moines and Council Bluffs. (Official notice from Fifth District advised of their desire not to cooperate with other districts and the State Society in this circuit).

Weather, roads and auto provided uninterrupted comfort as the undersigned piloted Drs. Laughlin and Chappell over the 1,200 mile circuit. Considerable of program time was given over to the Secretary for presenting "Osteopathy in a Changing World," and evening discussions on the "A.O.A. Regional Conference" held in Chicago on February 5. Valuable contributions from that same conference were presented by Dr. A. D. Becker in Des Moines and by the chairman of the Legislative Committee, Dr. S. H. Klein, in Des Moines and Council Bluffs.

The program in Des Moines was held in the auditorium of the college beginning with the regular Friday morning assembly to which the membership of the district was invited. Music by the college band and a surgical film thru the courtesy of Davis and Geck, were given under the direction of Dr. H. V. Halladay. Many of the members attended and were ready for the regular program which immediately followed.

### State Convention

The regular annual State convention will be held in Hotel Savery, May 3rd and 4th. Board of Trustees will hold their final meeting of the year in the Lounge of Hotel Savery at 7:30 p. m., May 2nd.

Committees have planned a convention you will want to attend. Among other well known speakers our program indicates we will be honored with official appearances of Dr. E. A. Ward, president of A.O.A., Dr. R. C. McCaughan, Executive Secretary of A.O.A. and State Senator, Dr. Chas. E. Still of Kirksville, Mo.

### Application for Membership

During February the following applications for membership in the Iowa Society of Osteopathic Physicians and Surgeons have been received.

Dr. Robert O. Fagen (Jan., '38) Des Moines.

Dr. Evelyn Ketman (Jan., '38) Des Moines.

Dr. Russell Godtel (Jan., '38) Clay Center, Nebr.

Dr. Joseph Dykstra (Jan., '38) Des Moines.

Dr. Clifford Barry (Jan., '38) Des Moines.

Dr. K. R. Rogers, Clear Lake.

Dr. Grace Kimberly, Menlo.

F. A. Gordon, D. O.,  
Secretary-Treasurer.

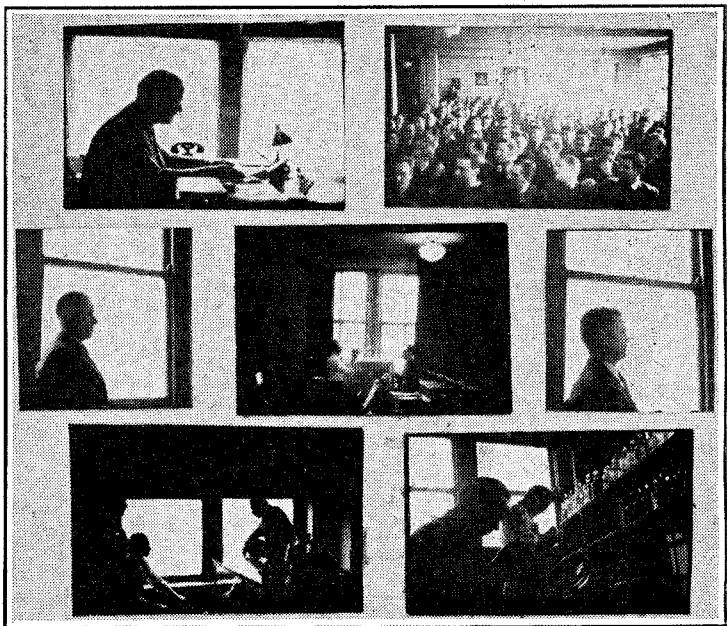
### State Tournaments

March 3, 4, 5 will be remembered by some of the Senior girls as exciting days. The finals in the Iowa State Girls Basket Ball Association were played at the Drake Field House and five of our girls took part, not in the capacity of players but physicians. Ruth Paul, Bernie Moeller, Louise Michael, Velma Gehman and Beryl Freeman were on hand during the tournament to administer any treatment necessary. The girls report very little to do in the way of first aid or serious injury, but they enjoyed the meet and the hospitality of Mrs. Johnson, the official hostess. Sixteen girls teams from all over the state of Iowa competed these three days and when the final shot was fired the team from West Bend stood out in front. Lenox had a great scoring trio but were kept at bay by some clever work by the West Bend girls. Centerville, coached by the brother of an osteopath, did not show the strength usually brought to the tournament. Well, next year is another year and we may see the red jackets come back.

March 10, 11, 12 see the boys of the Senior class go into the clinches with sixteen teams fighting the long road to state championship. This meet is on as we go to press but the following Seniors will be seen regularly at the Drake Field House ready to take osteopathic care of any member of the competing teams. Heideman, Houghan, Joseph, Shiffer, Griffith and Marston will officially take over this work beginning Thursday morning. A complete report will be given next issue.

### 650 Miles

Mrs. B. Gibson of Detroit, traveled a long ways to be certain of having the expert care offered by osteopathy in Des Moines. She is a friend of Marcus Gerlach of the Senior class. After a short labor of one hour and forty-five minutes was delivered at the Des Moines General Hospital, February 28. The baby, a girl, weighing eight pounds and 14 ounces and the mother are in excellent health and expect to return to Detroit soon.



From Our Candid Camera

## Angina Pectoris With Special Reference To It's Mechanical Causes

(Continued From Last Issue)

I agree with Cabot from a medical point of view, I believe he would have found the cause had he had the Osteopathic concept with which to work.

In Osler's Practice and Principles of Medicine there is the statement that there is no definite lesion which can be associated entirely or regarded as responsible. I intend to disregard in this paper such diseases of the heart itself which may bring on Anginal attacks. I intend to remain on the subject in relation to the mechanical causes.

Castlio says that lesions from the first cervical and downward through the sixth thoracic vertebrae may have influence on heart action.

Downing (7) states, "A parietal or costal neuralgia, when caused by lesion involvement of the upper six ribs, is not uncommonly the major factor in pseudo Angina Pectoris. Many cases of true angina are accompanied by lesions of the thoracic vertebrae and ribs, and in several cases where the clinical diagnosis has been confined by positive X-ray and electro-cardiographic findings, the author has found osteopathic corrective manipulation to give greater relief from pain, and quicker release from coronary vascular spasm, than could be seemingly accomplished by medication. Osteopathic procedure has a very definite place in the treatment of these conditions, both in the symptomatic sense and for the probable prolongation of life. Rib and vertebral lesions should never be overlooked in any of the so-called nervous affections of the heart, nor should they be under-emphasized as a trophic consideration, particularly in the case of myocardial impairment, since they directly or indirectly affect the nerve feed to the heart.

The nervous effects of a rib lesion are complicated through disturbed structural relations. It may involve both anterior and posterior primary divisions and their ramifications. The intercostal nerves are specifically involved. The gangliated cord passes in close proximity to the heads of the ribs and is markedly endangered. The rami communicantes, spinal ganglia, recurrent meningeal and other sympathetic filaments may be likewise affected. The nervous effects of the lesion may definitely entail innervation to vertebrae, muscles, ligaments, cord, meninges and viscera.

The intercostal blood vessels supply the immediate muscles and branch passes through the intervertebral canal to supply, in part, the cord. The lesion may lead to congestion of both spinal muscles and cord.

Sir James Mackenzie partly explains Angina thusly, "It requires no effort of imagination to recognize that when the heart's power becomes limited, the first sign of the limitation will appear at those periods when the heart is called upon to exercise its full powers. On effort, the muscles of the body require a greatly increased supply of blood, a blood purified of waste products. If the blood is not purified, then the organs of the body will not be able to exercise their function efficiently. The limitation is brought to the knowledge of the individual by a sensation of distress which occurs in the performance of some duty he was want to do in comfort."

From the above facts and statements I wish to advance the following deductions as the causes in many cases of Angina Pectoris.

(Continued Next Issue)

Entered as second class matter, February 3rd, 1923, at the post office at Des Moines, Iowa, under the act of August 24th, 1912.

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Volume 15

April 15, 1938

Number 4

## *Fortieth Anniversary*

### POST GRADUATE REVIEW and CLINIC WEEK

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*May 30 to June 4th inclusive*

*Classes begin at 8:00 a. m. each day*

No Tuition Charge

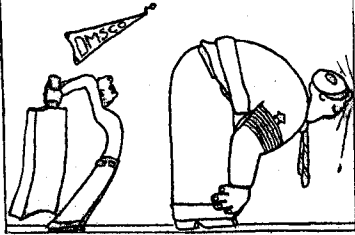
Certificate of Attendance

DES MOINES STILL COLLEGE OF OSTEOPATHY

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8 A. M.	Dr. A. D. Becker Heart Diagnosis	Dr. R. B. Bachman Obstetrics	Dr. R. B. Bachman Obstetrics	Dr. R. B. Bachman Obstetrics	Dr. E. F. Leininger Gynecology	Dr. E. F. Leininger Gynecology
9 A. M.	Dr. C. I. Gordon Physiotherapy	Dr. A. D. Becker Heart Diagnosis	Dr. A. D. Becker Heart Diagnosis	Dr. O. E. Owen Pathology	Dr. O. E. Owen Pathology	Dr. L. D. Anderson Osteopathic Technic
10 A. M.	Dr. M. E. Golden Pediatrics	Dr. J. L. Schwartz Proctology	Dr. J. L. Schwartz Proctology	Dr. J. L. Schwartz Proctology	Dr. J. L. Schwartz Proctology	Dr. L. D. Anderson Osteopathic Technic
11 A. M.	Dr. J. P. Schwartz Surgical Diagnosis	Dr. J. P. Schwartz Surgical Diagnosis	Dr. J. P. Schwartz Surgical Diagnosis	Dr. J. P. Schwartz Surgical Diagnosis	Dr. J. P. Schwartz Surgical Diagnosis	Dr. L. D. Anderson Osteopathic Technic
1:30 P. M.	Dr. H. J. Marshall Eye Diagnosis	Dr. H. J. Marshall Ear Diagnosis	Dr. L. L. Facto Neurology	Dr. L. L. Facto Clinics	Dr. L. L. Facto Diagnostic value of Backache	<i>Program subject to change as necessity might indicate</i>
2:30 P. M.	Dr. H. E. Clybourne Foot Technic	Dr. H. E. Clybourne Foot Technic	Dr. L. D. Anderson Osteopathic Technic	Dr. L. D. Anderson Osteopathic Technic	Dr. L. D. Anderson Osteopathic Technic	
3:30 P. M.	Dr. B. L. Cash X-Ray Diagnosis	Dr. B. L. Cash X-Ray Diagnosis	Dr. H. A. Graney Minor Surgery	Dr. G. E. Fisher Laboratory Diagnosis	Dr. P. L. Park Chest Diagnosis	
4:30 P. M.	Dr. H. V. Halladay Athletic Injuries	Dr. H. V. Halladay Athletic Injuries	Dr. H. V. Halladay Anatomy Demonstrations	Dr. H. A. Graney Minor Surgery	Dr. G. E. Fisher Laboratory Diagnosis	
7 P. M.	Round Table Art of Practice	Dr. C. I. Gordon Physiotherapy	Dr. L. D. Anderson Osteopathic Technic	Banquet	Dr. L. D. Anderson Osteopathic Technic	

*Register promptly at the office on arrival*

FRATERNITY NOTES



N. O. I. C.

On to Cincinnati. The committees are working perfectly and we are right up to the scratch at this date. Follow thru the list below and locate yourself now. More information will come later but not much more is needed. A few little errors that caused us some worry have been straightened out and here is the result hot from the office of Dr. Corrodi who is the last word in these arrangements.

Acacia Club—July 12, 7:00 p. m. Room F., Netherland Plaza.  
Alpha Tau Sigma—July 12, 7:00 p. m. Rooms A & B Gibson Mezzanine.

Atlas Club—July 12, 7:00 p. m. Roof Garden, Gibson Hotel.  
Axis Club—July 12, 7:00 p. m. Room E, 4th Floor Netherland Plaza.

Delta Omega—July 12, 7:00 p. m. Parlor H, Netherland Plaza.

Iota Tau Sigma—July 12, 7:00 p. m. Parlors A, B & C, Netherland Plaza.

Psi Sigma Alpha—July 12, 12 noon. Rooms A & B Mezzanine Hotel Gibson.

Phi Sigma Gamma—July 12, 7:00 p. m. Italian Room, Gibson Hotel.

Sigma Sigma Phi—July 11, 6:15 p. m. Rooms A & B Netherland Plaza.

Theta Psi—July 12, 7:30 p. m. White Villa Country Club across the river in Kentucky. Busses will call for members.

Special

Acacia members note change in room from announcement last month.

Psi Sigma Alpha members note your noon luncheon.

Sigma Sigma Phi members note your early time on Monday evening.

Theta Psi members will have more detail about the trip to your dinner and reunion in the next issue.

National Osteopathic Interfraternity Council membership will be notified by letter but your luncheon will be at the Netherland Plaza Room C, Monday noon, July 11.

There will be more information for you next month. Some of the prices have not been fixed but we have the dope on entertainment and whatever the price, you will be getting a fine meal and excellent entertainment. It looks to us like the organizations are being well provided for.

H. V. Halladay

LAMDAOMICRON GAMMA

April second marked the happy culmination of the efforts of

a fine group of Jewish boys in establishing in Des Moines a chapter of the L. O. G. national osteopathic fraternity. Formal installation of the Skull Chapter took place beginning at 6:30 p. m. at the Kirkwood Hotel and this was followed by a banquet. The group in Des Moines was honored by the presence of Dr. David J. Bachrach of New York City, one of the founders of L. O. G. in 1924, who made the trip especially to install the chapter and get the boys started right.

William Weiss, the newly elected president of the local chapter officiated at the banquet and called upon the guests for short talks. Responses were made by Dr. Arthur D. Becker, president of the college, Dr. D. J. Bachrach, installing officer, Dr. H. V. Halladay, executive chairman of the interfraternity council and Rabbi M. Levens.

The charter roll consists of William Weiss, president, Paul Feldman, Vice-President, Max Greenhouse, Secretary, Abe Hirschman, Treasurer, Martin Friedenburg, Sargent-At-Arms and David Adleman, Chaplain, as officers. Elected members are Paul Green, Samuel Gross, Leslie Joseph, Edward Kanter, Bernard Weiss, Alvin Yarrows and Gerald Zauder. Dr. Jack Berck of Des Moines was also initiated and will act as District Advisor.

ATLAS CLUB

Monday night, March 14, the club had dinner at the Davis Grill, after the dinner Dr. Eastman gave a very instructive lecture on "Focal Infections."

The Atlas Club wishes to extend its heartiest congratulations to Lambda Omicron Gamma which has just recently established a new chapter here in Des Moines. We feel that the establishing of this Chapter is an indication of the progress the school is making and we wish to take this means of extending to the LOG's our best wishes.

The pledges are breathing a little easier now that "Hell Week" is out of the way. With a little encouragement from the actives, the pledges did a very nice job cleaning the house from basement to garret so that a very practical and enjoyable week was spent by the club. The week was ended by a steak fry Saturday, 26 given in honor of the pledges. Formal Initiation will take place April 10.

The bowling season was closed last Friday. Our team won in an exciting finish from Phi Sigma Gamma and thereby won possession of the Sigma Sigma Psi Bowling trophy for the coming year.

Dr. Donald Evans and Kenny Bates of Detroit spent the week-end in Des Moines on business. We were glad to see Don back again. Don is interning at the Detroit Osteopathic Hospital.

A dinner was held by the club at the Doty Tea Room, April 3. Guests included Dr. H. V. Halla-

day, his son, Morrey and Mrs. Berger of Franklin, Ohio, who spent the week-end in Des Moines with her son, Robert.

ΦΣΓ

Phi Sigma Gamma wishes to congratulate Brothers Hardy and Bahling on being pledged to Psi Sigma Alpha and Jack Miller who was pledged to Sigma Sigma Phi.

We wish to thank our fraternity brother, Dr. C. L. Naylor of Ravenna, Ohio for his correspondence. Would other Alumni please send their addresses to the secretary at 2141 Grand Ave., Des Moines?

Further congratulations to the Atlas Club for their bowling ability.

Plans for our annual Spring dance have been nearly completed and the boys are beginning to get their "Dates." Robertson already has his.

Dr. E. R. Swank, prominent Des Moines dentist discussed factors concerning professional practice at our Monday evening Work Night, April 28th.

With easter vacation coming, plans for an exciting week-end are in progress. We wish everyone a Happy Easter.

R E M E M B E R: Diplomacy pays dividends.

Cliff. Millard

ITΣ

On March 30, 1938 at the home of Dr. Cash, the third and final degree of our initiation was conferred upon Pat Kelsey, Scott Fisher, Robert Lindquist and Charles Gray. These men are very welcome into the ranks of Iota Tau Sigma, and each has shown evidence of doing his share in the future activities of the Chapter.

Brother Daniels, our President, has submitted an essay in the student contest and is anxiously awaiting the results. His last years winner inspired him to do an even better job this year.

Our spring social program is crowded this year. The trip to Kirksville is almost a reality. When the Seniors make the trip to Macon, we expect to kill two birds with one stone and have that long postponed visit with our brother chapter. A spring dance and stag party will fill out our social program, and with only eight weeks of school you know the rush for time.

A.S.B.

ΣΣΦ

The Bowling Tournament sponsored by the fraternity has been completed and created considerable interest especially along toward the last. The final games were held at the Grand Bowling Alleys and brought out a large and appreciative crowd the center of interest being the contests between the Atlas and the Phi Sigma Gamma. Almost had to call in a C. P. A. to figure the final count but when it

had been checked and rechecked the Atlas Club stood out as the winner with a few pins to spare. The results were as follows for the entire tournament:

	Won	Lost
Atlas Club	14	1
Phi Sigma Gamma	12	3
Non-frats.	7	8
Iota Tau Sigma	5	10
Psi Sigma Alpha	3	12
Sigma Sigma Phi	3	12

The Atlas Club will be awarded the winner's trophy at an early date.

Watch for announcements of the baseball tournament and make your plans to take an active part.

ΨΣΑ

The last banquet of the Fraternity was held at the Uptown Boyce's Cafe with Dr. R. E. Bauchman, as the principle speaker of the evening. As his foundation stones Dr. Bauchman chose the letters S. S. S., Science, Syster, and Service, and built his entire speech around these key pillars.

The speech was most interesting to the Fraternity and especially to the senior brothers, who are soon to graduate.

Because of senior qualifying examinations the regular schedule Fraternity meeting has been postponed till April 12th at which time general election of officers will be held.

J. P. G.

ΔΩ

The monthly meeting of the Sorority was held at the apartment of Rebecca Richardson and Dorothy Hollen, Wednesday evening, April 6. Dr. Genevieve Stoddard spoke on "Gynecology and the Woman Physician." She gave a most interesting and practical talk, which was much enjoyed by those present.

The Sorority has renewed its subscription for five years to the American Journal of Gynecology and Obstetrics, cases of which will be found in the College library.

Dr. Evelyn Ketman, class of January, 1938, has opened her office with Dr. Joe Dykstra in the Shops Building.

Alumni are requested to send their addresses to Rebecca Richardson, Secretary.

B. F.

Local Council

Plans are progressing for the first Interfraternity Banquet which will be held at Wayside Inn, April 22. All graduating seniors who are members of any of the seven fraternities are honor guests. Reservations will be made by each fraternity through its Council representative. Details will be announced at a later date.

The Council welcomes Alvin Yarrows as a new member, representing the newly organized fraternity.

B. F.

# The Log Book

The Official Publication of  
DES MOINES STILL COLLEGE  
OF OSTEOPATHY

President.....Arthur D. Becker

Faculty Adviser....H. V. Halladay

Editor.....E. Harwood

Osteopathy Without Limitation

## "Brain Dusting"

Every year, about this season, the busy and competent housewife begins to get a far-away look in her eye and you either know, or soon find out, that house cleaning time is here again. Pretty much everything in the house gets turned over and re-evaluated. Some things get repaired and polished up and have their usefulness renewed. Many things get thrown out. They have either served a purpose and are to be discarded, or it has been determined that they did not measure up to expectations and are not worth keeping. It is to be expected that a number of new purchases will be necessary to maintain the dignity and liveableness of the home.

Dr. Wm. Osler was an enthusiastic advocate of what he was pleased to call "brain dusting." It refers to a mental house cleaning and refurbishing. It was his idea that it should come at more or less regular intervals. Mental furnishings need to be turned over and re-evaluated. New ideas and new discoveries must be incorporated. Certain things may need to be discarded. Some of the things that we know are not so. It is good to find that out. Or other things we frequently find we have had the wrong slant and we need to mill around with our colleagues and get such wrong slants set straight.

We are inviting you to join us in our Week of Graduate Review and Clinic. We will be glad to have you here. We believe if you come, you will be glad. Get in the habit of an annual "brain dusting."

Arthur D. Becker, D. O.

**DR. J. P. SCHWARTZ**—  
of Des Moines visited the Fenner Hospital at North Platt, Neb., and the Lamb and Rocky Mountain hospitals at Denver recently in the interests of the American College of Osteopathic Surgeons.

**DR. CHARLOTTE WEAVER**—  
of Okron, Ohio, recently was given a fine writeup in her home paper. The event was her announcement of some important findings relative to the Pituitary, made while engaged in her special type of research.

## FOR YOUR SAKE

You have just gone thru a hard Winter season of practice. There are three things that you must plan for the coming months. You are entitled to three periods of diversion. Two of these will be like the motor-man's holiday but you want them and need them. The other is your vacation.

The first thing on your Summer program is attendance at our Fortieth Anniversary Post Graduate and Clinic Week so mark down the dates now on your calendar, May 30th to June 4th and plan to be here.

The second is your trip to Cincinnati which will be with your family and will be partly a vacation and partly intensive scientific work. Mark down July 11th to 15th for this.

Third you will take some time off and get into the old clothes and hide from all of it for a few weeks later in the season and come back from this rest ready to tackle the busy season again.

Let's get back to our week with you for a moment. It is only one week but a fast one and full of instruction in every department. From the many letters of fine comment we received last year we have selected the subjects that have been the most popular. Look over the daily program on the front page and check off the ones you do not want to hear and we will bet there will be very few blanks on the page.

Have you looked at the calendar to see just how far in the future this week comes? Look again and note that it is only six weeks from the time that you

will probably get this Log Book, maybe less. Not too much time to forget it nor hardly enough to make all arrangements for your absence for the few days.

Be here on time. Classes begin at 8 a. m. Monday and that means just then for the program must run on schedule. Ample hotel space may be secured near at the Victoria or Brown and at reasonable rates. No tuition, so the cost will be very little more than you would be paying out at home and the change of environment and getting back to school again will do wonders for you.

You will be given a certificate of attendance when the weeks work is finished. There will be no charge for this. We are glad to extend this courtesy to you as well as the week of graduate work. We want you to know our faculty and facilities better and the most convincing method is to offer you direct contact and leave the matter in your hands. We have every confidence that you will want to return again.

Students are not entitled to register at this course. It is planned for the physician and is not a series of lectures that have been hashed over from the regular work. The courses are concentrated into a few short hours but this concentration is based on the premise that the detail has been heard before. And our faculty thruout the year is constantly on the alert for the newer facts in therapy so at this time we bring out the high spots of the past year in recent literature and experiences.

You cannot afford to miss this treat.

## I. S. O.

The International Osteopathic Society of Ophthalmology and Oto Laryngology will hold its annual convention at the Hotel Netherland-Plaza, Cincinnati, O., July 6 to 9 inclusive. July 6th will be devoted to Cadavaric surgery of the Head and Neck and Moving pictures of different operations of the Eye, Ear, Nose and Throat.

On July 7, 8 and 9 the I. S. O. will hold its convention in cooperation with and under the auspices of the American Osteopathic Society of Ophthalmology and Oto Laryngology. All members of the profession and students are invited as guests to witness the program and operations. This will be a splendid opportunity for a P. G. course in Eye, Ear, Nose and Throat.

The registration fee will be \$5.00 for guests.

H. J. Marshall, F. I. S. O.  
Program Chairman

**DR. AND MRS. D. V. GOODE**—  
of Runnels, Ia., announce the birth of a boy March 25. Following an old family custom of "D. G." initials the new arrival has been named Duane DeWitt.

## Assemblies

About the middle of each semester Dr. Becker is called upon to take over the assembly and bring us back to our feet again. These intimate talks taken from over thirty years of experience and close observation mean more than just a brief pause in the week. On March 18 we were privileged to hear these encouraging statements based on the theme of the endurance of osteopathic principles. Dr. Becker compared Osteopathy and other methods of therapy, bringing out the fact that the basic scientific claims of osteopathic practice have not changed in the more than fifty years of their application. "The practice of Osteopathy has expanded greatly on these same principles announced in 1874 by our founder, Dr. A. T. Still, but the original idea still prevails. The reason that it has not changed while other methods are constantly undergoing changes is that Osteopathy is founded on fact and not fancy," said Dr. Becker. Statements like the above strengthen all of us. We feel assured that our time is not wasted when we are in a work that is proving its value more each day.

On Tuesday, March 22 we were honored by having with us Dr. J. E. Rogers, former president of the A. O. A. and inspector of the colleges. After a strenuous period of inspection we felt it would rest the good doctor to take a little time off and talk to the student body. Dr. Rogers is a graduate of our college and we feel that when he comes to Des Moines he owes us that much real personal attention and we were happy to hear his thots on the major theme of "Conquest." The attention given this talk was evidence of the interest of the student body and we again thank Dr. Rogers for the inspiration he left with us.

A double feature on Friday March 25th made the assembly one of considerable note. The Sigma Sigma Phi had already planned the assembly but with the opportunity of seeing Dr. Bashor's special film we managed to split the time between the two features. Entertainment was provided by talent from the American Institute of Business in the form of a fine quartette and a young lady accordinist. These numbers were encored until the show had to be stopped instead of going on. We hope at some future date we can have this group of entertainers back and allow them more time. The film presented by Sigma Sigma Phi and Phi Sigma Gamma thru the kindness of Dr. Ernest Bashor was unique. The rare case discovered by him and his operation to correct the pathology was something to be seen only once in an age. The photography was excellent and being in natural colors made it much more impressive and realistic. A great debt of gratitude is owed to Dr. Bashor for recording this unusual case and giving us the privilege of practically being present at the operation.

April first proved somewhat of a fooler altho the Delta Omega had in all sincerity planned a speaker for the occasion. The speaker, a member of the legislative body of the state, found at the last minute that he had to meet with a committee and called to extend his regrets. With this short notice the band put on a rehearsal and we had a lot of fun anyway. Virg resurrected an old band march and with the piano and banjo faking, blasted it thru with gusto and to an applause that probably calls for an encore soon. "Whistle While You Work" and "Ten Little Girls" went over with assistance by the audience and the Hepatic Trio. Dr. Becker added to the joy of the occasion by announcing the Easter Vacation dates and also the date for the College Picnic. No one left the assembly in a bad humor. For all of the above the band was on the job and as usual adding to the hilarity with an occasional blue note.

**DR. AND MRS. DAVID McKEON**—  
of Battle Creek, Mich., are the proud parents of a fine baby girl born recently. She has been named Mary Ellen.

## I. O. A. Bulletin

### PROGRAM

#### Iowa State Osteopathic Society Convention

Hotel Savery, Des Moines  
May 3rd, 1938

- 9:30—Call to order by Program Chairman
- 9:30—Devotion, Dr. Lester P. Fagen
- 9:40—Address of Welcome, Mayor Dwight Lewis.
- 10:10—"Response" and President's Address, Dr. John Woods, Des Moines
- 10:40—X-ray Diagnosis of Diseases of the Urinary Tract, Dr. Byron Cash
- 11:30—Business Meeting
- 12:30—Luncheon (Go where you please)
- 1:30—Syphilis, State Technic to Physicians, Dr. Howard Graney
- 2:00—Osteopathic Progress, Dr. Edward Ward, National President, A.O.A.
- 3:00—How can we determine a State of Intoxication? Dr. Lauer Dept. of Psychology, Ames, Iowa
- 4:00—Dorsal Technic, Dr. D. W. Roberts
- 4:45—Sacro-iliac technic, Dr. Martin Biddison
- 6:30—Banquet, Dr. J. P. Schwartz, Toastmaster.

#### Iowa Osteopathic Women's Auxiliary

- 12:00—Luncheon, Younker's Tea Room
- May 4th, 1938**
- 7:00—O. W. N. A. Breakfast at Savery Hotel
  - 9:00—Address, Dr. Charley Still, Kirksville, Mo.
  - 10:00—Some Osteopathic Problems, Dr. R. C. McCaughan, Chicago, Ill.
  - 11:00—The Front Line Trench, Dr. Mary Golden, National President O. W. N. A.
  - 11:30—Business Meeting
  - 12:30—Pep Luncheon
  - 1:30—Surgical Problems, Dr. J. P. Schwartz, Des Moines, Iowa
  - 2:30—Utility and Success, Dr. Pearl Thompson, St. Louis, Mo.
  - 3:00—Address, Dr. Arthur D. Becker, President, Des Moines Still College
  - 4:00—Cervical and First Rib Technic, Dr. Martin Biddison, Nevada, Ia.
  - 4:45—Lumbar and Foot Technic, Dr. D. W. Roberts, Des Moines

#### Iowa Osteopathic Women's Auxiliary

- 9:00—Breakfast

Applications for Membership in The Iowa Society Osteopathic Physicians & Surgeons, Inc. Dr. Charles Wyman, 1444 Thompson Ave., Des Moines; Dr. U. S. Parish, Storm Lake; Dr. John Agnew, 1500 Washington Ave., Des Moines.

## Polk County

Polk County Osteopathic Association held its March meeting Friday the 11th at Hotel Chamberlain at 6:30 p. m.

Dr. Hannan of Perry was a guest of the evening.

The guest speaker of the evening was Dr. James Sharon, Director of Iowa for the control of Venereal disease. Dr. Sharon outlined the diagnosis and treatment of these diseases and asked for the cooperation of the association in the state campaign for their control and eventual eradication.

Polk County Association passed a resolution assuring Dr. Sharon of its support in this work.

It was announced that Dr. R. Tinley, Pediatrician of Philadelphia, Penn., would be guest at the April meeting.

J. L. Berck, D. O., Sec'y.

## Boys State Basket Ball

The recent State Basket Ball Tournament furnished a lot of work and considerable emergency experience for several of the Senior boys. Those who were assigned to this work carried out their part of the program perfectly and they are to be complimented on the fine service they gave in every respect. They were on the job and proved their efficiency by taking care of some injuries that if neglected would have proved serious and given the opposing teams the advantage.

Many cases of Charlie Horse were treated. This is the common injury and to be expected especially since this year the play is much faster and more exhausting. Floor burns, bad ankles, infected fingers, blisters and several knee and ankle sprains were frequent. Headache, minor infections and digestive disturbances were also on the list. One of the boys on the championship team developed Asthma and by judicious treatment he was able to play when most needed and aided materially in winning the state championship for his team. A fine piece of work and a very spectacular one was that of Pete Marston during the last minute of play when he went on the floor and worked out a bad cramp in the star player's leg enabling him to go on and continue the game. Our Seniors were complimented highly by the coaches and others at the meet and we are proud of their fine record this year.

This clinical experience is only a small part of the actual contact—with—cases plan in the education of our student body. The fact that these Seniors were able to act in the capacity of physicians proves the efficiency of our methods of instruction—didactic and practical. Our students learn by contact.

DR. AND MRS. R. M. TESSIAN—of Springfield, Minn., announce the arrival of a daughter, February 25. She has been named Patricia Ann.

## Board and Faculty

Between the dead-line dates of this and the previous issue of the Log Book we have had two meetings of the Board and Faculty.

At this season of the year or semester the business of the Board is to deal as kindly as possible and yet firmly with the graduating class. Plans for the Qualifying Exams and the erasure of the few delinquencies have been dealt with and the graduating class advised accordingly. Considerable time has been spent on making preparations for the Review and Post-Graduate Week which immediately follows the work of the semester and from indications will prove to be a busy one with a full attendance.

The faculty meeting held March 18th, was a complete success due to the kindness and hospitality of Dr. H. J. Marshall. Dr. and Mrs. Marshall opened their home to the entire group and succeeded in establishing good humor even at the expense of comfort by initiating the evening with a banquet that the home cooks heard about. The one fly in the ointment was not a fly at all but a cleverly disguised celluloid fish served to Dr. H. A. Graney. We picked this out of the confusion that ensued.

Graney—"Why the fish?"

Marshall—"It's Lent."

Graney—"Go back to the neighbors and borrow some food."

Dr. Graney finally had his way.

Preceding and following the dinner the Marshall youngsters, Katherine, Barbara and Harry, Jr., entertained with music and readings.

Dr. Halladay of the faculty responded to President Becker's call and offered for the edification of the assemblage an article by Dr. Horace C. Pitkin which appeared in the January, 1937 issue of the Journal of Bone and Joint Surgery. In this article Dr. Pitkin soundly berates the manipulative method of therapy and then goes ahead and recommends its use, even illustrating clearly some osteopathic technic that has been in use in our profession for many years. And yet we think the M.D.s have something on us. A round table of interesting ideas and viewpoints followed, several members of the faculty taking part being led by Dr. Becker. The meeting closed at a late hour with all reluctant to leave and with a unanimous vote of thanks to Dr. and Mrs. Marshall and family for an exceptional evening.

On April first the board and faculty met for their regular monthly meeting. Final arrangements were made for the Qualifying Exams to be given the Seniors and plans for the publication of a new catalog were discussed. Dr. Becker introduced Dr. B. L. Cash of the faculty and staff of the hospital who, with the aid of his view box and many

X-Ray films, brought out some exceedingly important points in diagnosis.

With the semester coming to a close and the time getting short Dr. Becker took advantage of the opportunity to remind the faculty that there are many things to be done yet before the close of another successful year at the college.

## Three Queens

Dr. F. M. Crawford (DMSCO '32) of Parma, Mo., enjoyed the unique experience of delivering triplets February 21 and 22. Two of the girls were born before midnight and the other after, which right now brings up the question of how the birthdays will be celebrated. Dr. Crawford reports the total weight 18½ pounds and adds the good news that the mother and babies are all in perfect condition. We hope Marion looked carefully in all the corners so as not to miss a couple more. We congratulate Dr. Crawford and hope he will be able to report a little increase each year.

## Student Activities

At a meeting of the committee held Friday, April 1, it was reported that arrangements had been completed for the spring dance and that written notice of same should be made in early April edition of THE LOG.

The dance will be held at the PLA-LAN ballroom—corner of 7th and Grand—on the night of Friday, April 22nd. Several door prizes will be awarded. The strains of melodies to be heard will be rendered by that "incomparable student osteoblast," Carl Ellis and his orchestra. Sufficient to state that you should not exclude yourself from this entertainment. Free to all students.

At the same meeting, plans for a school picnic were announced. Date set is Thursday, May 5th, which by authority will be declared an all day recess. Bar-B-Q chicken will be the primary attraction, with games of various sort forced to take a secondary focus in the circle of events. Location will be announced at a later date.

Dick Simpson, Pres. & Chm.  
Robert Johnson, Secy.

## Appointments

Put the following important dates where you can see them and take advantage of all that you can possibly mark on your calendar.

- Easter vacation—April 15, 16, 17, 18.
- College dance—April 22.
- College picnic—May 5.
- State Association at Des Moines—May 3, 4.
- Graduation—May 27.
- Review and Post Graduate Week—May 30 to June 4.
- A. O. A. Convention at Cincinnati—July 11 to 15.



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# THE LOG BOOK

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PUBLISHED MONTHLY BY THE DES MOINES STILL COLLEGE OF OSTEOPATHY

Volume 15

MAY 15, 1938

Number 5

## Our Seniors

We introduce to you the members of the graduating class of May, 1938. The classes at our college are not large. This means that each member of this class has had the advantage of a great deal of real personal contact with the teaching staff. They have had more patients than they could take care of and they have had actual experience with a great variety of diseases. We are proud to send them out into the field of practice for we know they are prepared to meet patients and take care of them the osteopathic way. At this time the grades are not all in for the semester has not quite ended but we predict that this class will show an average above par. One or two may not be called to the platform for their diplomas. If this happens the proverbial slip registered. May we present:

Garth Anderson who will take Iowa and New Mexico state boards and will locate in one of these states.

Clive Ayers will take the Iowa board.

George Boston will take Iowa and Oklahoma boards.

Eldon Corey will take the Michigan board.

William Daniels will take the Minnesota board.

Robert Dawe will take the Michigan board.

Armin Frank will take the Texas board and intern at the McAllister Hospital in Houston.

Marcus Gerlach will take Iowa and Michigan boards and expects to intern.

F. M. GeMeiner will take the Iowa board.

L. G. Heckathorn will take Minnesota and West Virginia boards.

Edward Hensel will take the Michigan board.

H. Heideman will take the Iowa board.

Arthur Haight will take the Michigan board and intern at the Detroit Osteopathic Hospital.

Charles Houghan will take the Iowa and Colorado boards and will intern at the Rocky Mountain Hospital.

Joseph Hull will take the Iowa board.

Robert Irwin will take the Minnesota board.

Neal Johnson will take the Michigan board.

Leslie Joseph will take the Michigan board.

Pat Kelsey will take the Iowa board.

Henry Leslie will take the Michigan board.

(Continued on Page Four)

## D. M. S. C. O. Post Graduate Review and Clinic Week



Begins at 8:00 a.m.

Monday, May 30

*We are expecting you.*

Our Faculty and

DR. H. E. CLYBOURNE — DR. L. D. ANDERSON

Guest Speakers

## Dinner and Dance

History was really made at Still College on April 22. For the first time in our memory seven organizations under the leadership of the Local Interfraternity Council drove five miles to the Wayside Inn and enjoyed, all too briefly, a fine chicken dinner at their own individual expense. One hundred sixty-one students sat down together at 6:30 and had an excellent dinner and thoroly enjoyed being together. Jerry O'berski, president of the local Council presided and called upon Drs. Becker, Halladay and Owen of the faculty. Responses were also made by Velma Gehman of Delta Omega, Bill Weiss of Lambda Omicron Gamma, Bill Daniels of Iota Tau Sigma, Armin Frank of Sigma Sigma Phi, Gordon Fisher of Phi Sigma Gamma, Brenton Schiffer of Atlas and Neil Kitchen of Psi Sigma Alpha. All expressed the wish that the Interfraternity Dinners be continued and at a time when the program could be extended some. All seemed to enjoy the affair too much to want to leave early which was necessary for another important function was planned for the remainder of the evening. We doubt if there is another college in the country where the organizations get together and sincerely enjoy it. Howard Sporeck, who was in charge of arrangements for the time, place and menu, is to be congratulated.

The same evening was delegated by the Student Committee as the night of the second All-student Dance. This was held at the Pla-lan Ball Room and with Carl Ellis' orchestra on the stage the quality of the music was assured. This affair was a fitting climax to the dinner of the same evening and the students in charge left nothing to be wished for in the entire program. At the intermission Lindquist brought out about 15 fine prizes and with Dick Simpson holding the hat, Dr. Halladay drew out numbers awarding these trophies to as many lucky students. Leo Sanchez nearly broke a leg hurrying forward for the grand prize, a table radio. The generosity of several of our Des Moines merchants will be remembered and the hard work of the committee is to be commended. We looked for that promised Big Apple dance by Richardson and Goeken but failed to see it. We will be looking forward to another affair of a like nature next semester. May we repeat, "We like it here at Still College."

## Drake Relays Again

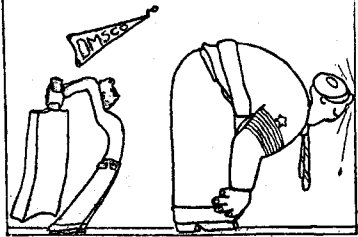
As in the past the Seniors were again called upon to help care for athletes at the annual Drake Relays. This is just another of the advantages of being associated with our college. This year the management provided a special room with equipment for the use of the boys and beginning Thursday afternoon they were kept busy most of the time. Gerlach, O'berski, Templeton, O'Shana, Haight, Luby and Hull were assigned to the colleges and Leigh, Heckathorn, Munroe, Ellis, Greenhouse and Feldman were working with the High Schools. Dr. Halladay took occasion to keep a watchful eye on the workers but spent most of his Relay time helping to organize the National Athletic Trainers Association.

Weather the first day was threatening but Saturday was a perfect day and nine Drake records went into the discard. This big athletic circus is something to be a part of. Several visitors were present from Kirksville.

## Toronto

For the past several weeks a good deal has been in the papers of Toronto relative to the standing of the osteopathic profession there and their work. We hope they succeed in recovering the title of "Doctor" and we hope they show thru their newly organized clinic that they are more capable than the medical men who are trying to give osteopathic treatment in the hospitals there. Some very terse statements may be found in the papers lately but it is easy to see that the osteopaths in Toronto have made an impression on the people of the city so effective that the M. D.'s have been compelled to imitate osteopathy in order to supply the demand for it. After all these years of conflict we believe that the Toronto group is going to reap its just rewards. Drs. Pocock, O'Connor, Johnson, Jaquith, Neilson, Carlos, DeJardine and Lade are to be congratulated.

FRATERNITY NOTES



N. O. I. C.

Every member of the National Osteopathic Interfraternity Council is set for the Cincinnati meeting. We are ready right now.

All reservations have been made. The menus have been selected. Entertainment has been contracted for. The business meetings have been timed to the program. The prices have been set. All you members in the field have to do now is to step up to the desk at the end of the line in Cincinnati and get your ticket and you will have the best reunion and dinner you ever attended. The Cincinnati committees have clicked perfectly and the local representatives have been on the job every minute until this was done. In my several years experience with this group of organizations this work has never been done with so little effort and with such willing cooperation. This bunch has me on the spot this time for I have nothing to fuss about and that is something. My skin is black and blue where I have been pinching myself to see if I am really awake or not.

My sincere thanks to all of you and we know it can be done because you have done it.

H. V. Halladay.

ΦΣΓ

The close relationship between the organizations of Still College, as was shown at the Interfraternity council banquet, was received with a great amount of enthusiasm for more gatherings of that kind. The Interfraternity council should be congratulated for connecting the organizations in such a manner. Our fraternity is very much interested in its success. We look forward to the next meeting of this group.

At the present time we are planning and preparing for our annual spring dance. It will be held at the fraternity house on May 14. The faculty will be invited.

It seems that as soon as the leaves began to bud those peculiar homesick faces were seen on the majority of the men around the house, but I'll wager that after two weeks of home life they will be yearning to get back to Des Moines to study.

It's papa Jack now, and in assuming the airs of a new father, Jack Miller is passing out the proverbial cigars. We extend our congratulations to Mr. and Mrs. Jack Miller and welcome the six pound Anita May. Will she be a future Delta Omega?

At the last meeting of the fraternity the election and installation of the new officers had taken place.

Those elected were:

- Archon—J. Robertson.
- Sub-Archon—A. Ferris.
- Secretary—H. Plautz.
- Exastase—G. Pease.
- Phulux—K. Fowler.
- Treasurer—N. Woodruff.

These men go into office next semester. May they have the best of success.

Our organization wishes you a happy vacation, may we see you all again next semester.

H. C. P.

ΛΟΓ

Lambda Omicron Gamma takes this opportunity to congratulate the Council on the successful outcome of the first Interfraternity banquet, held at the Wayside Inn, in honor of graduating Fraternity and Sorority members.

Dr. Halladay deserves much credit for in his official capacity as Chairman of the National Osteopathic Interfraternity Council, he has done much to promote unity and harmony among the various organizations.

Lambda Omicron Gamma extends its sincere thanks to: The Des Moines Still College Interfraternity council for their pledge of cooperation; the Atlas club for their fine Fraternal congratulations; Drs. Lou and Hi Keston, P. S. G. and Still College Alumni, of Flint, Michigan Hospital, for their encouraging well wishes; the Astra chapter of L. O. G.'s located at the California Osteopathic College for their Fraternal greetings.

Edw. S. Kantor was elected to a Vice Presidency of the Grand Council of L. O. G. at the National Convention, held the 24th of April at Philadelphia.

There is a baseball game scheduled for this coming Sunday, L. O. G.'s vs. A. E. P. of Drake University.

Monday night, May 9, following the election of officers for the coming term, there will be a stag dinner in honor of Graduating President, Wm Weiss.

M. N. Greenhouse

ΙΤΣ

Beta Chapter is bringing to a close one of the most successful periods in the last few years. We deply regret the loss of three of the brothers by graduation, namely: William Daniels, George Boston and Patrick (Kelly) Kelsey. We feel confident these men will attain a high place in the profession.

At our last regular meeting the following officers were elected for the coming semester: A. S. Barnes, president; Scott Fischer, vice-president; Charles Gray, secretary and Robert Lindquist, treasurer.

Tony Sloan was chosen as our official delegate to the National Convention and Robert Lindquist alternate. From advance information all our brothers at the

convention will have the opportunity of meeting both these men in Cincinnati this summer.

The Senior trip to Macon, Missouri was most educational and enjoyable, and our visit with Alpha Chapter in Kirksville was very enlightening—giving us an inside view of some of the activities of our brothers. It was an experience well worth remembering.

See you in Cincinnati next July. A. S. B.

ATLAS CLUB

The Atlas Club was very happy to entertain brothers from the Axis Chapter of Kirksville; April the twenty-ninth and thirtieth. Both chapters will have many interesting experiences to remember. We also wish to extend our congratulations to Brother Haight who has been recently appointed as interne to the Detroit Osteopathic Hospital.

Plans are under way for the closing weeks of school. The date for the Senior banquet has been set for May the twentieth; to be held at the Des Moines Club. Several out of town alumni are planning to attend. Another red letter day in the club calendar, is the annual spring picnic, to be held May 15th.

Atlas Lesions

We wonder when Iverson will start for Pittsburgh—When Hagy will move to Knoxville—What Kewanee has for Beamer and Ford, that Des Moines hasn't—Where Hewetson and Clapper-ton go to study. What's that hammering and sawing in the basement? Can you explain Bunge?

We wonder why the "LUGS" are held in such high esteem, even among their rivals from down the stream.

D. L. W.

ΣΣΦ

The chapter held election of officers Tuesday, May 10th following the initiation ceremonies for the pledges of this last semester. The new members are Mathews, Beamer, Scott Fisher, Sheets, Toriello, Isobaker, Hutson, Calvert, Woodruff and Long. Dr. Ed. Leininger was made an honorary member at the same time. We wish to congratulate these new men and feel that we are very fortunate to have them in our group.

The newly elected officers are president, Sanchez, vice president, Sporck, secretary, Barnes, treasurer, Emory, corresponding secretary, Goeken, sargent-at-arms, Hutson, trustees, Costello and Hyink, and faculty advisor, Dr. Paul Park. These men were installed and took office immediately.

Drs. Al Dennis and McNerney were present for the ceremonies and each spoke briefly.

A banquet honoring the graduating members will be held Tuesday, May 17 at Younker Tea Room. D. S.

ΨΣΑ

With the closing of another year so goes another class, Psi Sigma Alpha regrets to see them leave but wishes them all the success in the world as they pass down lifes highway.

On Monday night of May 16th at 6:30 o'clock a banquet will be held in their honor at Younkers Tea Room. Dr. A. D. Becker will be the principle speaker. The following will receive life membership, Garth Anderson, Kenneth Corey, Arthur Haight, Harold Heideman, Charles Houghan, Robert Luby, Elmer O'Berski, Stephan Russell, Earl Sargent, Donald Wicke and Clive Ayers.

At the last meeting the following men were initiated: Messrs. Arther Borchardt, Eldon Blackwood, Kenneth Dirlan, Alfred Ferris, Robert McKay, Glenn Walker and Harry Wing. We welcome these new men and hope they will carry on in the future as the men who have gone before.

The following men were elected to head the fraternity for the coming year, Neil Kitchen, president; Paul Kimberly, vice president; Elmer Hanson, treasurer; Jerry Hooper, secretary, and Joseph Robertson, corresponding secretary. J. C. R.

ΔΩ

The honorary members of Beta chapter were hostesses at a luncheon given at Younker's Tea Room on Tuesday, April 26 honoring Dr. Ruth Tinley, head of the Department of Pediatrics at the Philadelphia College of Osteopathy. The girls of the College were guests. Dr. Tinley spoke of the splendid work carried on in her clinic and of the contributions made to it by their local Jr. O. W. N. A. and Auxiliaries.

Members and pledge again enjoyed the gracious hospitality of Anna Slocum in her home where they met Wednesday evening, May 11 for "pot luck" supper. Those famous cinnamon rolls of Anna's were the chief items of interest in the menu. Remembrances were given to the graduating members, Anna Slocum, Ruth Paul, and Bernice Moeller. We extend to these our sincere best wishes for success. B. F.

West Virginia

The next meeting of the West Virginia Board of Osteopathy will be held in Clarksburg, June 13 and 14, 1938.

Applications to be considered at this meeting should be filed not later than June 1, 1938.

Application blanks may be secured by writing the secretary, Dr. Guy E. Morris, 542 Empire Bank Building, Clarksburg, W. Va.

DR. H. J. MARSHALL— of the faculty will meet with the Minnesota State Convention May 7.

# The Log Book

The Official Publication of  
DES MOINES STILL COLLEGE  
OF OSTEOPATHY

President.....Arthur D. Becker

Faculty Adviser...H. V. Halladay

Editor.....E. Harwood

Osteopathy Without Limitation

## The Primacy of Osteopathic Concepts

The major premise in osteopathic principles, in osteopathic thinking, and in osteopathic treatment is that disturbance in function and impairment in functional capacity and resources, is predicated upon a loss of structural integrity. That premise is the key note in physiological harmony.

The principle behind many types of nonosteopathic treatment is that of modifying the symptoms, blowing away the smoke, covering up the effects or of benumbing the sensorium to the point where the patient is no longer aware of the disability. In other words, too much of this type of treatment has for its objective the blotting out of the evidence.

The well trained and properly qualified osteopathic physician pins his faith on the principle that the logical procedure in cases of disturbed function is to discover the cause (find the lesion) and to remove the cause (normalize lesion pathology).

The pathology associated with the area of osteopathic lesion not only impairs tissue function, but even more important, it actually lessens the capacity of tissues, neurologically in segmental relation, to function. The functional resources of such tissues are actually depleted.

In the interesting type of spinal lesions, designated as the viscerogenic or reflex spinal lesions, occurring as a result of visceral irritation or inflammation, there is a good illustration of the effect of lesion pathology in the role of impairing functional resources. These reflex lesions occur and act as maintaining causes of the tissue pathology that produced them. Correction or normalization of such reflex lesions sets free the recuperative powers of the involved tissues and restores normal functioning capacity and full functional resources.

There are many measures used in treatment that will modify function. Normalization of lesion pathology not only will modify function but it enhances the capacity of tissue to function. Normalization of lesion pathology makes available to the patient his own utmost inherent resources.

In osteopathic practice we give primacy to osteopathic principles.  
Arthur D. Becker, D. O.

## Assemblies

The Iota Tau Sigma fraternity sponsored the assembly April 8 providing Sargent Jasper of the State Patrol. This is the second visit of Mr. Jasper to the college and his talks on safety are always interesting and instructive. His movie showing actual hazards and methods of elimination was especially interesting. It was of special importance preceding the Easter Vacation when so many accidents occur due to speed and carelessness.

The Easter Vacation beginning Thursday noon, April 14 eliminated an assembly that week but the day was enjoyed by many who took advantage of the four days closure of the college to drive to many scattered points. No serious accidents were reported and all were back at work Tuesday, April 19.

Sigma Sigma Phi, following the custom of securing ministers for part of our assemblies, presented Rev. Gruhn of the Lutheran church on Friday, April 22. He urged the students to look to the horizon working beyond the confines of their own small sphere. Success depends on knowledge broadened from the individual to the scope of the universe. We hope to hear from Rev. Gruhn again for he is an able speaker and adept thinker.

Dr. Ruth Tinley was guest speaker at the Polk County meeting held April 25 and remained in the city to favor the college with a talk the morning of the 26th. Dr. Arthur D. Becker called a special assembly and we

were privileged to hear Dr. Tinley on a subject close to her heart; that of Pediatrics. Being a very capable speaker she convinced the group that there is a distinct place in Osteopathy for her specialty. Dr. Mary Golden, president of the O. W. N. A. introduced Dr. Tinley.

Rabbi Levens met the assembly the morning of April 29 at the invitation of the newly organized Lambda Omicron Gamma fraternity. His fine talk and easy manner made him a favorite at once and we will anxiously await an encore from him. Included in his talk were interpretations of the Jewish faith especially in the matter of euthanasia.

May 6 we were again entertained and instructed by a fine surgical film from the library of Davis and Geck. This picture showed plainly the Jackson operation for Goiter under local anesthesia. Each step, beginning with the administration of the anesthetic and ending with the skin-clip method of closure of the wound, was clearly illustrated.

The orchestra as usual opened and closed the assembly. With only two more of these Friday meetings this year and with several of the orchestra graduating it looks like the year is about to close with a bang that will scatter our musicians into other fields of endeavor. Next Fall we will be looking for some saxophones, a drummer and a couple of violinists. Keep us in mind, brothers.

## The Picnic

Another All-school affair was planned and carried out Thursday, May 5, in the form of a picnic. The Student Committee figured on a fine bright sunny day but they had not consulted the erratic Spring that is upon us and at the last minute had to change their plans from Grandview Park to one of the buildings at the State Fair Grounds. Your busy editor did not arrive until nearly everyone was seated and inhaling food but it seemed to be a jovial and comfy gang and it was not quiet enough to hear even a coupling pin drop. If students have nothing but old clothes they must have raided the neighbors attic for the costumes they exhibited. Nearly everything in the way of fancy picnic outfits was on display. Sumptuous lunches were provided consisting of chicken, a salad, beans, bread and butter and a soft drink. The garbage can was not needed.

Previous to the serving of the lunch the gang enjoyed soft ball, golf and horse shoe pitching and continued with these games and others as soon as they could pry themselves off of the benches in the dining room. Reports are not available as to who won the contests but the next day we did see who lost in the contest with Old Mother Nature. Plenty were limping and sitting down easy and black-slapping was taboo. We think this was another example of how our students can get together and really enjoy themselves. Several members of the faculty attended and Dr. Facto reverted to a previous era and participated in a game of ball.

## South Dakota

The Osteopathic Board will hold the next examination at Huron June 15 and 16. Write to the secretary, Dr. C. Rebekka Strom at Sioux Falls for information.

## Calendar

Class Day—May 20.  
Senior Banquet—May 26.  
Graduation—May 27.  
Post Graduate and Review Week—May 30 to June 4.  
A. O. A Convention at Cincinnati—July 11 to 15.  
A NEW CLASS MATRICULATES SEPTEMBER 6.

MRS. Z. A. INNES—former member of the faculty is now the proprietor of a book service at 6352 N Maplewood in Chicago.

DR. AND MRS. W. C. RANKIN—of Cadiz, Ohio announce the arrival of Robert Riddle recently.

WE WILL SEE YOU AT  
DES MOINES—May 30 to June 4  
CINCINNATI—July 11 to 15.

## Trainers Association

The rapid growth of interest and volume in athletic contests of all kinds over the entire country has resulted in the development of a group of workers that have decided to declare themselves. There is no doubt but that trainers associated with athletic groups have a very definite place and function. They have changed in the last several years from the lately remembered individual with the striped sweater and derby hat rushing out on the field with a bucket and a sponge to a responsible, thinking, serious worker who must do things with injured athletes to get them back into condition for the next contest. The trainer works under the direction of the official physician for the college or team and makes a contact that is even more intimate than the coach.

With Bill Frey of Iowa State University at the helm the visiting trainers got together and started what they hope will be an association that will do much to not only straighten out the kinks in injured athletes but will systematize their own work eliminating the rabbits foot and getting down to real scientific thinking and doing. Dr. Halladay and Dr. Kramer of Des Moines are charter members of the association.

## Our President

Dr. Arthur D. Becker, has had a rather full speaking schedule. On April 27th he spoke at the Children's Health Conference at Kansas City, on May 4th at the Iowa State Convention in Des Moines, on May 9th and 10th at the West Virginia State Convention at Huntington, and on May 18th will speak at the Illinois State Convention at Rockford.

## Bell Hop Relays

Ellis and Luebbers were official attending physicians at the Fort Des Moines and Kirkwood hotels previous to the annual Bell-Hop Relays. Neither of these teams won so we have no record of these offices since that day. Carl and Gene both say that the race was fixed by the importation of an expert relay team for the winners at the last minute. Better luck next year.

DR. H. V. HALLADAY—

recently stepped out of character and in the same week exhibited a picture in the Leica Exhibit at the Ft. Des Moines Hotel and also gave a talk on Cacti to the Highland Park Garden Club. We understand he got to the point on the cactus affair but the picture business was a fade-out.

I. S. O. P. S.

Iowa osteopathic physicians met in convention at the Savery Hotel, Des Moines, May 3 and 4. We have no official report of this convention but we have heard some comment, on the meeting and read an item or two in the Des Moines papers. The program as published and as carried out was good. It offered variety and there were some notable speakers from out-state as well as members of the faculty of the college and state members who are all well qualified and known as authorities. The comment made by Dr. R. C. McCaughan should incite those who did not attend to do something besides sit at home and offer nothing. These are the ones who do most of the kicking. We cannot pay the profession of this state a very high compliment on their unity when so few attend the state meeting.

Dr. W. C. Chappell of Mason City was elected president. Dr. Rolla Hook of Logan was named vice president. Dr. F. A. Gordon of Marshalltown was re-elected secretary-treasurer and Dr. S. H. Klein of Des Moines was renamed to the legislative committee for a five year term. We wish these officers a more constructive year than the one past and we pledge our cooperation in the publication of the news and official announcements of the association, hoping that an editor will be selected who will collect news and other items and forward the copy to us on time.

The following applications for membership in the society have been received at the office of the secretary:

A. W. Clow	Washington
G. E. DuBois	McCallsburg
C. W. Peterson	Joice
Willis L. Crews	Redfield
Noel G. Carter	Brighton
J. G. Garton	Chariton
C. Ira Gordon	Des Moines
H. L. Gordon	Brighton
Loren Green	Sac City
Frances Nerby	Iowa City
C. R. Reynolds	Fairfield
M. J. Sluss	Lexox
N. D. Weir	Woodbine

The following members of the association have made their pledge or contribution to the committee on Public Professional Welfare.

H. L. Gulden	Ames
R. P. Westall	Boone
E. E. Chappell	Clear Lake
B. O. Burton	Council Bluffs
Grace B. Nazarene	Dallas Center
Drs. Jordan and Jordan	Davenport
Theo. M. Tueckes	Davenport
Arthur D. Becker	Des Moines
Della B. Caldwell	Des Moines
Mary E. Golden	Des Moines
James A. Humphrey	Des Moines
Saul H. Klein	Des Moines
John P. Schwartz	Des Moines
Carl E. Seastrand	Des Moines
John M. and Rachel H. Woods	Des Moines
Carolyn Barker	Fort Dodge
H. D. Wright	Hampton

J. W. Rinabarger	Keosauqua
F. A. Gordon	Marshalltown
W. C. Chappell	Mason City
Helene K. Groff	Mason City
Harold H. Jennings	Mason City
O. M. Reeve	Mason City
R. W. Shultz	Mason City
Fred A. Martin	Murry
M. Biddison	Nevada
G. H. Millenbaugh	New Hampton
E. S. Honsinger	Wellman
G. A. Wheststine	Wil'n Junction
Sherman Opp	Creston
D. G. Grau	Muscatine
Guy C. Trimble	Montezuma
James R. Schaffer	Mason City
Lillian Peterson	Des Moines
F. D. Campbell	Des Moines
B. M. Hudson	Charles City
L. H. Carlton	Brooklyn
R. E. Brooker	Grinnell
D. F. Johnson	Grinnell
T. A. Kapfer	Greenfield
W. L. Tindall	Woden
W. S. Edmund	Red Oak
Matie Kitson	Osage
Lester P. Fagen	Des Moines
Raymond B. Kale	Des Moines
Bertha Messerschmidt	Des Moines
Emil Braunschweig	Des Moines
H. J. Marshall	Des Moines
D. E. Hannan	Perry

The membership of the association and all those in the state are aware of the great need for this money and your support is necessary in order to carry on at the Central Office with this extremely important phase of work. The association thanks those who have sent in their pledge and hopes that those who have not contributed will do so at a very early date. Iowa must assume its rightful place in this plan to extend the influence of our science.

Polk County

Polk County Osteopathic Association held its April meeting Monday the 25th at 6:30 p. m. at Hotel Chamberlain. The guest speaker of the evening was Dr. Ruth Tinley, Pediatrician of the Philadelphia College and Hospital.

Dr. Tinley ably discussed the Osteopathic approach to kidney pathology in Children.

Dr. Mary Golden of the Polk County P. P. W. announced that Iowa had reached half of its quota of its share of the fund for the national P. P. W. committee.

It was announced that the state convention would be held at Hotel Savery in Des Moines May 3 and 4.

The President announced that the May meeting would be the last meeting of the fiscal year and would include election of officers. It was urged that the professional Polk County attend this meeting.

J. L. Berck, D. O.

JACK MILLER— of the Sophmore Class passed out cigars last week. The reason—a daughter, Anita May, born April 30.

Our Seniors

(Continued from Page One)

Robert Luby will take the Ohio and West Virginia boards. Bernie Moeller will take the Iowa board. Jerry O'Berski will take the Michigan board and intern at the Detroit Osteopathic Hospital. Paul O'Shana will take the Iowa board. Ruth Paul will take the Iowa board. Steven Russell will take the Minnesota and Maine boards. Earl Sargent will take the Iowa board. Brenton Schiffer will take the Michigan board. Anna Slocum will take the Iowa board. E. O. Sundberg will locate in Ontario. Richard Simpson will take the Iowa and Kansas boards, and intern at the Southwestern Osteopathic Hospital.

R. V. Templeton will take the Iowa board. E. L. Theilking will take the Iowa board. William Weis will take the Michigan board. Don Wicke will take the Ohio board and intern in London, England. The next few days will see the final ceremonies that untie this class from its Alma Mater. They will finally go thru with the frat and sorority banquets, Class Day, the Senior Banquet and at last, Graduation. We are losing some excellent students. You in the field will be gaining some real helpers. They will work with you and will help to put Osteopathy on a higher plane. They are able and they will be glad to give expert osteopathic service to all who may call them. We congratulate this class and extend to them our sincere wishes for their success.

Angina Pectoris With Special Reference To It's Mechanical Causes

(Continued From March Issue)

The lesions of the upper thoracic vertebrae and of the cervical vertebrae may by means of the connections with the vagus have a stimulatory affect on it in such a way as to produce a vaso-constriction in the coronaries. While this may not be of such a nature as to be serious during normal activity of the heart, it will cause distress due to insufficient blood supply for increased activity of the heart due to exertion or emotional disturbance.

Rib lesions or these same vertebrae lesions may inhibit the vaso dilators leaving the action of the vaso-constrictors more or less unopposed. The distress may occur as stated above upon exertion or emotional disturbance.

Abnormal reflexes passing to the heart via the Vagus may be brought about by reflex disturbances thru the medulla. These disturbances can be brought about by interference with the reflex arc at the spinal foramina, or due to congestion of the cord (substantiated by Downing's statements), or by interference with vaso motor control to the medulla (substantiated by Castlio's statement).

This vaso-constriction, while not noticeable, in normal activity of the heart may during the period of cardiac exertion produce an anoxemia or toxicity. This anoxemia or toxicity produces pain which is usually reflected thru the thorax, one or both arms and to the base of the scalp thru the great occipital. It may also be reflected thru the facial nerve and to the face and teeth.

The heart may cease action due to toxicity and shock, bringing about death.

This theory of improper nutri-

tion is advanced by Mackenzie and I believe this is the cause of the paroxysmal pain.

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2. Grays Anatomy.
3. Howells Physiology.
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5. Castlio, "Principles of Osteopathy."
6. Cabot, "Facts about the Heart."
7. Downing, "Osteopathic Principles in Disease."
8. Sir James MacKenzie, "Angina Pectoris."

DR. O. E. OWEN— of the faculty and national president of Psi Sigma Alpha made a tour of the chapters April 9 and 10. He reports a fine trip and enjoyed meeting the boys in Kirksville and Kansas City. Robertson, Kitchen and Ferris accompanied Dr. Owen. A short stop was made at Columbia to visit the University of Missouri department of Zoology where Dr. Owen studied.

DR. AND MRS. LOWELL MORGAN— of Alton, Ill., announce the arrival of Mary Martha, April 13.

DOCTORS— A. D. Becker, J. P. Schwartz, Byron L. Cash, Howard Graney and Mary E. Golden took an active part in the program of the recent state meeting held at the Savery in Des Moines.

DR. FRED HECKER— is now located in the Berlin Building, in Milwaukee.

Entered as second class matter, February 3rd, 1923, at the post office at Des Moines, Iowa, under the act of August 24th, 1912.

# THE LOG BOOK

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Volume 15

JUNE 15, 1938

Number 6

## D. M. S. C. O. Corporate Board Meets

The official annual meeting of the Corporate Board of the college was held June 7 at the college building at eight p. m. The absence of our president, Dr. Becker, placed Dean J. P. Schwartz in the chair. Dr. Becker at this writing is confined to his home but expects to be out in a few days.

Roll call established a quorum and the business of the board continued. The annual report attested to by a public accountant proved that the year had been an improvement over the previous one. The financial report showed a profit which, as in the past, altho small, means that the college is being managed in a most efficient manner. Every member of the faculty is on the payroll. The usual overhead and laboratory expense must be met and new equipment and repairs must be provided for in the budget. The officers and trustees of the college are to be congratulated for their excellent services of the past year.

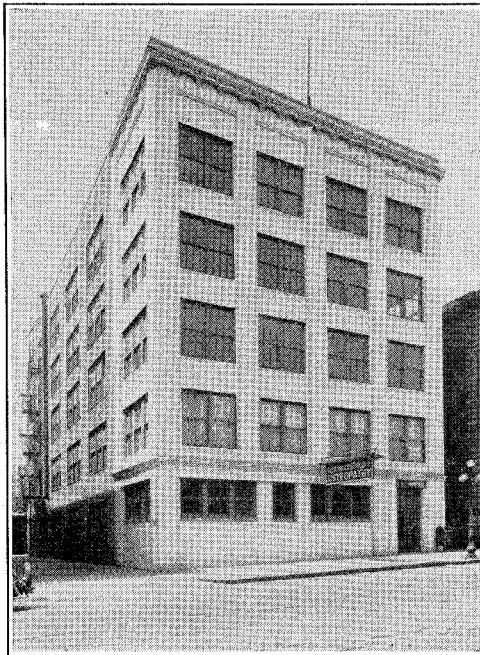
With this report in mind President Becker's group of trustees was reelected by unanimous vote as a tribute to their past record. The one change in the official family was made at the request of Dr. R. B. Bachman who asked to be released from the responsibility of the office of treasurer. Dr. H. J. Marshall was elected to fill this office for the ensuing year, Dr. Bachman making the nomination.

Dr. Howard Graney was elected to the Corporate Board.

Several members present expressed their gratification at the progress the college has made and promised a renewed effort to help increase the student body.

A short meeting of the Trustees was called immediately following the adjournment of the board to provide for the election of the Dean. The coming convention at Cincinnati and Summer student activities were discussed. With the election of the Dean the officers and trustees for the year follow:

## D. M. S. C. O.



President—Arthur D. Becker  
Secretary—Katherine M. Robinson  
Treasurer—Harry J. Marshall  
Dean—J. P. Schwartz  
Trustees—R. B. Bachman  
H. V. Halladay  
G. E. Fisher

We congratulate these seven who will conduct the affairs of the college for another year. We pledge them our support and we know that our confidence is well placed.

The management of a college of therapy without an adequate endowment fund is a difficult task. The confidence and support of the profession is the only factor that will keep most of our colleges of osteopathy open. These officials have certainly fulfilled their obligations.

## New Catalog

The presses have started on the new catalog and copies will be available about the first of July. You will find this edition more attractive than any previous issue and you will be surprised at the several fine illustrations taken especially for it.

The committee in charge of publication has carefully checked the statements relative to the additional requirements that go into effect beginning with the next class so that there can be no doubt as to the preliminary educational needs of any prospective student.

If you wish your name put on the list for a new catalog write and one will be sent immediately.

## D. M. S. C. O. At Cincinnati

### THE BOOTH—

As in previous years the college will have a booth somewhere among the exhibitors. Be sure to stop and register and get your information about the Breakfast and other items of interest relative to the college. The new catalog will be there for you. This is our official office during the convention and we will be expecting you.

### THE BREAKFAST—

Under the leadership of Dr. Arthur D. Becker, president of the college and Dr. H. E. Clybourne, president of the Alumni, the usual Des Moines Still College Breakfast will be held Wednesday morning in rooms A-B-C-D at the Gibson. Plan to be there for some matters of importance to the Alumni will be discussed.

### THE EXHIBIT—

Take a few minutes time and spend it with the exhibits offered by the colleges. You will see ours along with the others. This is of special importance to those of you who may have visitors interested in osteopathy.

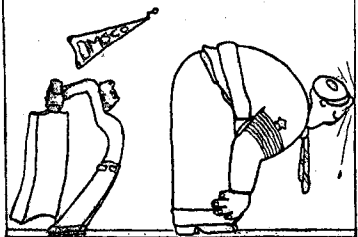
### OUR FACULTY—

Many of the faculty will be at the convention on the program and in offices of considerable importance. Dr. Mary E. Golden is president of the O. W. N. A. and not only presides but is on the program several times. Dr. Arthur D. Becker will be extremely busy with his duties as a trustee of the association, working with the associated colleges and with several talks on the program. Dr. H. J. Marshall is V. Pres. of the I. S. O. and program chairman. Dr. H. V. Halladay is General Chairman of Fraternity and Sorority activities and is on the program as a speaker. Dr. J. P. Schwartz speaks on the Surgery program. Dr. L. L. Facto will appear twice on the program. Dr. O. E. Owen also speaks twice. Dr. Paul Park and several others will attend and all will be glad to greet you. Look for them.

D. M. S. C. O. will be at the convention.

CINCINNATI --- JULY - 11 - 15

**FRATERNITY NOTES**



**N. O. I. C.**

As announced in the last issue of the Log Book the plans for the several reunions and banquets have been completed. The bunch in Cincinnati and vicinity has worked well and they are ready for you with your reservation, a fine meal planned for you and entertainment that will complete your evening with your organization.

The sale of Banquet and Reunion tickets is in charge of Dr. Corrodi and his last communication states that he is ready. As in the past the fraternity and sorority registration will be along with the official A. O. A. and Local so you do not need to hesitate and hunt for a ticket to your official banquet. We urge you to register with your fraternity or sorority before Monday noon for it is extremely difficult to try to accommodate extra diners who wait until the last hour to make reservations. You will get much better service and food if you plan this at the time provided for your reservation. Tickets will go on sale at the same time that you register with the official committee. The same plan for the ticket will be used again this year. This carries all of the information you need but we list the time and days again so you may know when that last minute arrives. Also take into consideration your affiliation with one of the honorary fraternities. The Sigma Sigma Phi meets Monday evening, July 11. Psi Sigma Alpha meets at noon Tuesday, July 12. Attend these. They do not interfere with your social fraternity for all others meet Tuesday evening, July 12. This information in full is available at the official fraternity and sorority registration desk which is a part of your registration line. We are ready for you right now.

H. V. Halladay, Exc. Chm.

**Our Local Organizations**

We regret that space this month prohibits the publication of news about our local fraternities and sorority. We know that these organizations all enjoyed a fine and progressive year. They are not active during the Summer months but will be back early and ready for you and your new students a week before the beginning of the college year. If space permits items will be carried in the next issue.

**Review Week**

Another successful Post Graduate and Review Week has passed into history. The trustees feel that it was successful for the attendance increased about twenty percent over last year and the class very definitely expressed its appreciation for the week. Over 100 attended being from fourteen states and Canada. Two physicians graduating in 1901 came the greatest distance in time and Dr. Ruby Huling traveled the greatest distance in miles being from Hagerstown, Md. Dr. Mabel Skeels of Albuquerque, N. M., was a close second.

The class organized early under the leadership of Dr. F. H. Deeks of Winnepeg, Manitoba and at the end of the work presented the college with a gift to the library of \$100.00 which is highly appreciated by the trustees.

Drs. Clybourne and Anderson proved to be the main features of the week with their foot and general technic. The regular members of the faculty were highly complimented also by the class many of whom expressed the desire to return next year for another review.

Dr. Ray G. Hulburt of the Central Office dropped in for a day and brought the glad tidings of the signing of the Burke-Drew Bill by the President of the United States. This bill had previously passed both the House and Senate by a unanimous vote and certainly is an important milestone in the recognition of Osteopathy.

The banquet Thursday evening was held at the Wayside Inn which is ideal for such an occasion. Its setting, eight miles from the city at a beautiful country home, adds to the enjoyment of the famous chicken dinners served there. About one hundred rolled up their sleeves, pinned back their ears and stacked the bones high on their plates.

The music, consisting of a trio, was sponsored by Dean J. P. Schwartz and added to the pleasure of the evening. Dr. Schwartz acting in the capacity of toastmaster called upon Dr. Arthur D. Becker, president of the college, Dr. F. H. Deeks, president of the class, Dr. Ray Hulburt of the A. O. A. office, Dr. L. D. Anderson of Boise, Idaho, and Dr. A. F. Waugh, secretary of the class.

Each of these responded and Dr. Waugh read the class resolutions.

The trustees of the college are very glad of the opportunity to offer each year a Post Graduate and Review week. We believe that a concentrated week of study without the formality of a conventional setting really brings us together. These courses are rapidly becoming a necessity in some states where attendance is required in order to maintain the license to practice. It will be the policy of the college here to continue this review week and

each year we will try to increase its usefulness and interest. We were sorry that unexpected cases prevented many from attending. We thank those who were able to be here, making a sacrifice in time and money that we hope was compensated for by the work given. The following resolutions are printed as requested and will be filed with our records of this "Fortieth Anniversary" Post Graduate and Review Class.

"WHEREAS, the Post Graduate Class of Des Moines Still College of Osteopathy, of 1938, has appreciated the opportunities for study for the period of the Course of Instruction, May 30th to June 4th inclusive, and

"BE IT RESOLVED: That we tender the management of Des Moines Still College of Osteopathy our most sincere thanks.

"AND WHEREAS, the membership of this class has been privileged to receive instruction, without cost, from the faculty of the Des Moines Still College of Osteopathy and from Dr. H. E. Clybourne, of Columbus, Ohio, and Dr. L. D. Anderson, of Boise, Idaho, for their able lectures on foot and osteopathic technic respectively.

"THEREFORE, BE IT RESOLVED: That we extend to this group of instructors our wholehearted appreciation.

"AND WHEREAS, we believe that this Post Graduate Review, as conducted by Des Moines Still College of Osteopathy, is of great benefit to the Osteopathic profession and that more graduates should avail themselves of these privileges.

"THEREFORE, BE IT RESOLVED: That we give unqualified endorsement to the College for maintaining this annual School of Post Graduate Review.

"AND WHEREAS, the members of this Class of 1938 feel deeply obligated to Dr. Arthur D. Becker, President, and Dr. J. P. Schwartz, Dean of Des Moines Still College of Osteopathy, we extend our sincere appreciation.

"BE IT FURTHER RESOLVED, that a copy of these resolutions be sent to The Log Book and the Journal of the A. O. A., and also that a copy be filed in the book of the Post Graduate Class."

(Signed)  
A. F. Waugh  
Clarence A. Nordell

**Sacro-Iliac**

Dr. Walter Shay writes us that the International Society of Sacro-Iliac Technicians are planning another big program to be held at the Sinton Hotel, July 9 and 10 at Cincinnati.

**The Drew Bill**

The profession as a whole has been watching closely the progress being made in Washington to pass the Drew Bill amending the Federal Employees Compensation Law. This bill passed the House and Senate by unanimous vote and was laid on the President's desk for his signature. This was signed by President Roosevelt June 1 and we have the following for release from Dr. Hulburt of the Central Office.

June 1, 1938

To the Editors of Osteopathic Publications:

President Roosevelt has signed the bill, which passed both the House of Representatives and the Senate under unanimous consent rules, amending the United States Employees' Compensation Act, so that paragraph 5 of Section 40 reads as follows:

"The term 'physician' includes surgeons and osteopathic practitioners, within the scope of their practice as defined by State law.

"The term 'medical, surgical, and hospital services and supplies' includes services and supplies by osteopathic practitioners and hospitals, within the scope of their practice as defined by State law."

The effect of this is to make available to Federal employees coming within the provisions of the United States Employees' Compensation Act the services of osteopathic practitioners in the manner and to the extent that such services are authorized by law to be rendered within the respective states. It does not compel the United States Employees' Compensation Commission to pay every osteopathic physician who may be called by any government workman. The body of the act remains as it was. Compensation is not paid for all sickness and injury, but only for the treatment of injury incurred in the line of duty. The United States Employees' Compensation Commission picks its doctors, but it is expected that it will no longer maintain the rule which it made more than 20 years ago barring osteopathic physicians from receiving pay under its provisions.

Fraternally,  
Ray G. Hulburt, D. O.

**I. S. O.**

An extensive program beginning July 6 with a breakfast at the Netherland Plaza has been planned for the I. S. O. group. The three days following will be merged with the O. & O. L. and will consist largely of clinics. Eye, Ear, Nose and Throat specialists should make their reservations early and be on time for these pre-convention sessions.

# The Log Book

The Official Publication of  
DES MOINES STILL COLLEGE  
OF OSTEOPATHY

President.....Arthur D. Becker

Faculty Adviser....H. V. Halladay

Editor.....E. Harwood

Osteopathy Without Limitation

## Review

Another college year has rolled across the stage and has become history. I must confess to a feeling of satisfaction in the fact that it was a good year, a year of growth, a year of development and a year of progress. Such a year gives confidence, new determination and new vision. It furnishes a solid platform for future plans and continued growth.

I wish to acknowledge and to express appreciation to the large number in the osteopathic profession who have contributed so generously of time, energy and constructive effort to our progress during the past year. Without that kind of cooperation and tangible interest, we feel that our own efforts would have been measurably discounted. I can not escape the conviction that the continued success of the osteopathic colleges is the intimate concern of the entire profession.

Our student enrollment during the past year was the largest for several years. The character and measure of scholastic attainment was definitely superior. Quite as usual, our clinic constantly overtaxed our ability to care for it in any thing like an adequate manner. We need to increase our student man power if we are to capitalize the full value of this great clinical teaching opportunity.

It was inspiring to wind up the years work with the most successful week of Post Graduate Review and Clinic in the history of the college. One hundred twenty osteopathic physicians from fourteen states and Canada were registered. Expressions of appreciation and comments of approval were heard on all sides. The program was well balanced and osteopathic technic was given its proper prominent place in the general scheme. The visiting physicians were most enthusiastic in urging the continuance of this Post Graduate Course.

At the risk of appearing facetious I am seriously tempted to quote an expression from a popular radio program. "We are happy about the whole thing."

Arthur D. Becker, D. O.

## Senior Days

Three days at the close of each semester belong to the graduating class. Class Day this year on May 20, Senior Banquet, May 26 and Graduation, May 27 were planned and carried out according to schedule.

The program designated as Class Day for the graduates was largely under the direction of Mark Gerlach as Emcee but the talent was well distributed thruout the entire class. Following the introductory music with Mark as Ringmaster, Dick Simpson, president of the class delivered his touching oration on the regrets, the joys and the ambitions of the May class of 1938. Anna Slocum followed with the history, Bill Daniels then offered the Prophecy and Schiffer closed with the final document, The Will which being in legal form and sworn, attested and sealed, provided eternal distribution of the so-called assets of the class. Each of these from the president on thru the program were loudly cheered for both wit and wisdom.

Not to be outdone by previous classes the group next offered a highly entertaining travesty on the present day fashions stressing the headgear of the female more than any other article of apparel. Needless to add that while ridiculous, many of the creations were not so different from what may be seen almost any day down town. The real high light of the morning was the Dissection Harmony. Stage set with the usual tables and cadavers and the scene was carried out to perfection. Several members of the faculty were depicted and being well done it was not difficult for the audience to guess who.

Dick Simpson followed this act with a presentation to Dr. Becker in the name of the class, of a fine scale to be used in the clinic. With frequent interpolations of hot music under the direction of Mark the class closed its contribution which was exceptionally well done and highly appreciated by those present.

Dr. Arthur D. Becker, president of the college then took the floor and presented the class with its honor certificates as follows:

Obstetrics—Anderson, Boston, Heideman, Joseph, Kelsey, O'Berski, Paul, Russell, Simpson, Slocum and Theilking.

General Clinic—Ayers, Boston, Frank, Houghan, Joseph, Kelsey, Luby, Moeller, O'Berski, Paul, Russell, Simpson, Slocum and Theilking.

Anatomy—Joseph, Russell, Weiss, Daniels and Slocum.

Band—Templeton, Gerlach, Kelsey, Russell, O'Berski and Simpson.

The Sigma Sigma Phi awards were made by Leo Sanchez, president of the fraternity to O'Berski and Kelsey, and Anderson and Kelsey were announced as interns at the Des Moines General Hospital.

Freshman keys in Anatomy were awarded by Dr. Halladay to the following who qualified by making a grade of over 95. Bennington, Ferguson, Ford, Geraghty, Hutson, Kanter, Robb, Cronin, McWilliams, Zauder, Adleman, Worster and Prior.

The morning passed quickly. The program was interesting and clicked from the beginning to the end. We regretted to see the Seniors march out to a final number conducted by Mark who said it was his finale in band work.

## Banquet

Younkers Tea Room was alive with graduates the night of May 26 for one of the local High Schools had selected the same evening for their same ceremony. However, in due time we untangled the two crowds and settled down to the business of taking care of the turkey dinner provided by the trustees of the college. Dr. Arthur D. Becker was in charge and following the meal, which was enjoyed by all, called upon Dr. J. P. Schwartz, Dean of the college who talked on the opportunities offered this particular class. Dr. Schwartz was followed by Drs. Halladay, Marshall and Fisher who each contributed advice and encouragement to the graduates.

The Psi Sigma Alpha award to the valedictorian was earned by Ruth Paul with the highest average for the full four years and William Daniels again won the Essay Award provided thru the A. O. A. by an unknown donor.

The food was good, the table decorations were beautiful, the talks were short and to the point and everyone went home with the feeling that another Senior affair had been completed in proper style.

## Graduation

The new Lutheran church near the college makes an ideal auditorium for the staging of our graduation. With plenty of room for preliminary preparation and an exceptional floor plan for the grand march of the faculty and graduates no place could be better adapted for such a ceremony.

Dr. E. A. Ward, president of the American Osteopathic Association, gave a fine address basing his talk on Security, Recognition, Response and Experience.

Dr. J. P. Schwartz, Dean of the college presented the class to President Arthur D. Becker, who awarded the degrees and the class marched to the reception rooms to greet their friends.

Appropriate music was furnished by Mr. H. M. Cleveland, accompanied by Mrs. Arthur Neumann.

The church was crowded to capacity and with so many relatives and friends to express their good wishes the hour was late when the last member left. It was a fitting final program to the series and thruout the several days the group was convinced of the sincerity of those who helped and sent them out with congratulations.

## Prexy Injured

Dr. Arthur D. Becker accompanied by Mrs. Becker and Dr. Ray Hulburt started Friday p. m., June 3 on a triangular tour, the last six miles of which will be long remembered. Returning from Kansas City where he picked up Dr. Alan Becker of Wichita, the trip was made with ease and security until about six miles south of Des Moines, Mrs. Becker decided to relinquish the wheel to Dr. Becker. The machine was parked on the shoulders and Dr. Becker got out to walk around the rear of the car to get in on the drivers side. A drunk, returning home and driving south, drove entirely across the road and carromed off of the front left fender and bumper of Dr. Becker's parked car which being in neutral at the time was projected backward knocking Dr. Becker to the ground and pinning him under the rear bumper and fender so that help from a passing car was needed to extricate him. A call for state police was put in and they, upon arrival, took the situation in hand arresting the drunken driver and releasing Dr. Becker from any responsibility for the accident. X-Ray examination showed no broken bones but our president is badly bruised and is suffering from some very severe sprains of the spine and extremities. He was most fortunate in escaping from the impact of the car with as few injuries as he has. We will see him out in a few days but it will take several weeks to complete his recovery. Mrs. Becker and Alan suffered only from shock and a rather bad shaking.

The trip was made primarily to meet with the graduating class at the Kirksville college who requested that Dr. Becker give their commencement address. Dr. George Laughlin, president of the Kirksville college took this occasion to honor Dr. Becker with a diploma awarding him the honorary degree "Doctor of Science in Osteopathy" and in doing so reviewed for those assembled the enviable record of service of Dr. Becker to the profession since his graduation from the Des Moines Still College of Osteopathy in 1903. After the program Saturday in Kirksville, Dr. and Mrs. Becker drove to Kansas City to meet their son, Dr. Alan Becker who had planned a few days at home.

DR. HAROLD K. MORGAN—  
of Denver and Miss Catharine Burtch were married May 28. Dr. Morgan has finished his internship in Denver and will locate soon at Monte Vista, Colo.

DR. AND MRS. E. F. PEARSONS  
—of Rutland, Vt., announce the arrival of Judith Annette April 14.

**I. S. O. P. S.**

This is the first official release of Society news to the Log Book by this administration. The fact that our State meeting falls almost on the dead-line date for news release to the Log Book made it practically impossible for the present administration to prepare a release for the month of May.

Let me say that our future use of these columns will indicate our appreciation of the School's offer of the Log Book to our Society for getting news to our State and National members.

We regret very much that during the last half of the past administration we have been obliged to carry on without the able direction of President Woods. Dr. Woods, due to illness, has been unable to perform his regular duties since the first of the year. He has our sympathy and sincere wishes for a speedy recovery.

This is also a fitting place to mention the many fine qualities that characterize our A. O. A. president and official secretary and their excellent contributions to our Society. Their devotion to their duties is an inspiration to us all.

The growing confidence by the Iowa practitioners in the present officers of the administration is demonstrated in the constantly increasing membership. At our last meeting thirteen made application for membership which expanded our rolls to a total of 233, which is the largest membership ever attained by the Society. This, we feel, is very encouraging to what our membership was some four years ago when it had dwindled to a mere seventy members. This shows that the past administration has not been idle but that it has been most aggressive and has been able to turn over to the present administration a Society with a healthy cooperative membership equal to any peak membership of all time. The fact that our committeemen of the different departments showed more devotion to their duties in the different departments than for many past years was demonstrated by the necessity of the extra heavy business sessions which took twice the ordinary time for the reading of many fine reports and the increased business entailed by this activity.

The devotion of our Secretary and Treasurer to his duties should be an inspiration to us all to do better work. We were delighted at the unsolicited reactions of the Central Office on their receipt of the copy of the Agenda prepared by our secretary for the deliberation of our Trustees. Dr. McCaughan stated that it was the most complete preparation for any State Convention they had ever received.

I must say here, that I am most happy that we have Dr. Gordon's services as secretary for another year. I find his help in selecting committeemen has been most valuable and when that task of appointing all committeemen has been completed and when the appointments are all approved and accepted, we should have a set-up that will do a real constructive work.

W. C. Chappell, Pres.

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Resolutions were passed at the State Convention of the Iowa Society of Osteopathic Physicians and Surgeons, asking the profession to organize County Societies in all of the counties of the state in which Osteopathic Physicians are practicing. It was suggested that if there were an insufficient number to organize in any one county; two counties might organize together. Will each secretary please report the names of your officers to Dr. J. I. Royer of Woodward, Ia., if you did not do so at the convention. By doing your share in this organization work you can be of a greater service to Osteopathy and will be better able to secure the cooperation of your county medical administration.

J. I. Royer, D. O.  
Pres. Sixth District Soc.

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The following doctors have made application for state membership: C. F. Gowans, Marion; George C. Boston, Des Moines; F. M. GeMeiner, Des Moines; Ruth Moore Paul, Des Moines; Earl O. Sargent, Des Moines; E. L. Thielking, Des Moines; H. F. Heideman, Des Moines; J. P. Hull, Des Moines; W. P. Kelsey, Des Moines.

**Polk County**

The Polk County Osteopathic Association held the closing meeting of the season Friday evening, May thirteenth at Hotel Chamberlain. Following the dinner, Dr. R. B. Bachman spoke on the subject, "Evaluation of Pre-Natal Findings", in which he emphasized certain phases of obstetrics which are often overlooked but which are of paramount importance to the well-being of both mother and child.

In the business meeting which followed, officers for the coming year were elected:

- President—Dr. T. Bruce Farmer
- Vice-President—Dr. Vern J. Wilson
- Secretary—Dr. O. Edwin Owen
- Treasurer—Dr. C. O. Meyer

The Polk County Association closed the year with a membership of forty-three, the largest membership in its history.

The organization is looking forward to a progressive year's work, with the first meeting scheduled during September.

O. Edwin Owen, D. O.  
Secretary

**O. W. N. A.**

The National meeting of O. W. N. A. will celebrate eighteen years of growth.

Sunday, July 10th, will be given over to the Business Meeting, thus releasing time for the A. O. A. Convention throughout the balance of the week. Meeting called to order at 10 a. m. in the Wedding Chapel of the Netherland Plaza Hotel. Informal luncheon Sunday noon where those who so desire may renew old friendships and perhaps make new contacts.

The outstanding meeting will be the Tuesday Luncheon held in the Ballroom of the Hotel Gibson at 12:15 p. m., sharp. Mary Hough will preside and Dean Harriet Elliott of the Woman's College of the University of North Carolina will be the speaker. Dr. Elliott is an outstanding woman, both educationally and in her relationship to the Maternal Child Welfare Division of the National Social Security program. All Osteopathic womanhood should attend the luncheon and any men who are interested are cordially invited.

The Afternoon Section meeting is held Tuesday at four o'clock, and Mary Lou Logan of Texas has planned a fascinating two hour professional program.

All committee reports for National should be sent in at once.

Mary E. Golden, D. O.  
President, O. W. N. A.

**Interns**

The graduating class stands high in the matter of internships. At the present writing fourteen members of the May, 1938 class have been appointed interns in eleven osteopathic institutions. This is a tribute to the high scholastic standing of these students and also to the institution that can educate young physicians who are in demand for these coveted positions. The following will report for these duties beginning the first of June or later in the Summer: Anderson, Ayers, Boston, Frank, Haight, Houghton, Kelsey, Leslie, O'Berski, Schiffer, Templeton, Thielking, Simpson and Wicke.

**On to Cincinnati**

Do you realize that in three weeks you will be on your way to our annual national convention. We will be there to greet you and we want to see every member of the profession there to make it another big osteopathic meeting. With the encouragement of the passing of the Drew Bill the profession should turn out in full force to show the country that we really do mean business and that we support our own associations as

well as give a service that is in demand by the public. You will need the week of study and recreation and you will return to your practice feeling bigger and better both mentally and physically.

Cincinnati has been planning well for the past year. They are ready with the program and entertainment. Unofficially there is enough of interest in and around Cincinnati to keep you there for a much longer time for they have many interesting places that are worth a visit. On the side—would you be interested in seeing the Giants and the Reds play? They are both in the upper bracket and it looks like we will sneak away for a game. The Zoo, Coney Island, the Art Museum, Taft Museum, Rookwood Pottery plant and many other attractions should not be missed. O yes!!! if you get there by July 6 the All-star game between the National and American leagues will be your big thrill. Summer opera begins the first of July. You may prefer an evening with the stars from New York and Chicago.

The college will be represented on the program, in a booth and at a breakfast. Official announcements of these plans will be found in another column. Make YOUR plans accordingly.

**A State Convention**

During the last week in May, We (Mrs. Facto, the boys, Louie and Lonnie, and their little dog "Penny") made a trip to Little Rock, Arkansas, to attend the Osteopathic State Convention held at the Albert Pike Hotel on May 27 and 28.

Altho the number of Osteopathic Physicians in the State is small, in comparison to Iowa, the attendance at the Convention was nearly one hundred percent. I am sure that I have never talked to a group who seemed to appreciate more the lectures and the technique demonstrations.

On Friday evening they held their banquet with Dr. Chapin acting as toastmaster. After the banquet they held their business meeting. It seems to me that the holding of the business session at night is a good thing for sometimes a meeting of this nature takes more time than planned and if held at night does not interfere with the regular program.

They are anxious to have more Osteopathic Physicians come to Arkansas. There are a number of good towns without Osteopathic Physicians and some of the larger places have room for many more.

We had a nice time and enjoyed very much that friendliness of the people which is so characteristic of the South.

Dr. Facto



Entered as second class matter, February 3rd, 1923, at the post office at Des Moines, Iowa, under the act of August 24th, 1912.

# THE LOG BOOK

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PUBLISHED MONTHLY BY THE DES MOINES STILL COLLEGE OF OSTEOPATHY

Volume 15

July 15, 1938

Number 7

## Dr. Ella Still Dies

The many friends and former students of Dr. Ella will be shocked to learn of her death. For the past several months she has been failing rapidly due to her advanced age and organic disease. During the past seven years, since the death of Dr. S. S. Still, she has made her home with her daughter, Mrs. Guy Brunk, in Des Moines and until her health failed, occasionally made a visit to the college that she and Dr. S. S. founded forty years ago.

Dr. Ella D. Still was born in Holton, Me., in 1856. She moved to Kansas as a small child and there met and married Dr. S. S. Still in 1877. For a time they made their home in Maryville, Mo., associated with the Teachers College in that city. Later both entered the American School of Osteopathy and graduated together in 1895. Drs. S. S. and Ella then came to Des Moines and together with others interested in osteopathic education founded our present college.

During her many years of close association with the profession Dr. Ella carved for herself a notable name. As a teacher in her specialty, that of Gynecology, she had no peer. Those who have had the privilege of sitting in her classes will remember her quietly bearing and dignity and yet her keen wit and ability to handle the occasional embarrassing situation. Beginning in 1898 her teaching and practice continued until 1924 when she and Dr. S. S. retired from any active participation in college affairs.

Death came to her June 21 at the home of her daughter and she was laid to rest beside Dr. S. S. in Woodland Cemetery, Des Moines, the following day. As a touching evidence of her interest in the college and her love and respect for the profession she requested that her pallbearers be selected from the student body of our institution.

The Rev. Paul E. Becker, pastor of the University Church of Christ conducted the services. His sermon appropriately eulogized Dr. Ella's long life of service not only in her profession but also as a citizen of the community in which she resided. Immediate relatives attending the services were her daughter, Mrs. Brunk and two grandsons, Summerfield Brunk of Manila, P. I. and Guy George Brunk of Des Moines. Mrs. George A. Still, daughter-in-law, of Kirksville

(Continued on Page 4)

## CINCINNATI CONVENTION

### Dallas Next

The Lone Star State won a decisive battle over its rivals in the race for the next convention by mustering not only its own 100% army, but also by strategy of every form. Armadillos, bales of cotton, banners, flags and a troupe of entertainers made the entire convention at Cincinnati aware of the city in the southern empire that finally roped and tied the profession for the next official meeting. Well, we were for Dallas, and we make you the threat that we will be there early and stay late, for we have already sampled the brand of hospitality that Texas furnishes, in the form of several state conventions, and we know that they have everything we will need to put on a convention that will be something to shoot at, and not with a gun, either. We think this is a fine tribute to the men and women of Texas and neighboring states who have for many years worked so well in official capacities. The eyes have turned and for the next twelve months will be on Texas.

Arthur Allen of Minneapolis will, as was expected, lead the procession for the next year. This is another tribute to the talents and fine work of many years. Art has been in the harness for a long time and we know this next year of osteopathic progress is in good hands. Frank Jones of Macon, Ga., is our President-elect. This is another gesture in recognition for service. Gleason of Kansas, and Hoselton of South Carolina, and Mary Golden of Iowa were placed in the v-p chairs in the order named, and have proved their worth already.

Georgia Smith of Los Angeles will assume the chair vacated by Mary Golden as leader of the O. W. N. A., and we are sure this was a good selection.

Larrimore continues at the head of the I. S. O., and having had experience in the past assures this group of able leadership.

Our own president, Dr. Arthur D. Becker, was elected president of the Associated Colleges. Dr. Becker enters this office with a new era facing the colleges. The added preliminary requirement in education will have an effect on registration and the future of some of our institutions will depend largely on how this requirement affects enrollment. There will be problems to be solved and

we can trust our president to work out the solution.

The program for next year's convention is in the able hands of Collin Brook of St. Louis, who will have associated with him Charles Soden of Philadelphia. The local Dallas assistant has not been named, but we know the next program will be something to look forward to.

Dr. Halladay was again entrusted with the job of keeping the fraternities and sororities in order. The work of this office has increased so that Dr. L. J. Grinnell, of Palestine, Texas, was elected to the office of president of the Council to assume some of the responsibility.

The culmination of a romance beginning at our college was a bit of news early one morning late in the week. Dr. Howard Kale of Seattle and Marybeth Ziegler of Cincinnati purchased a marriage license on Wednesday, July 13. They will practice in Seattle. Congratulations and good wishes are extended to them. Both were popular students while in college. Marybeth has been interning at Denver until recently, and Howard finished his internship at Seattle several months ago.

The Still College breakfast was a success, there being about 40 present. Cy Clybourne, president of the Alumni Association, presided and called upon Drs. Becker and Rogers for short talks. Mrs. Becker also responded to a call, telling the group about the standing of the college as she observed it from her viewpoint. A committee headed by Dr. Halladay was instructed to institute ways and means of establishing a permanent endowment fund. Following introductions it was decided to change the hour of the Alumni meeting, and in the future it will probably be held at the same time of other meetings of a like nature as a dinner probably Thursday of the week.

We like to roam around and look at things and hear what others think about the convention. In a brief cross section such as this we can touch on only the high lights. It was another convention, and like those that have passed, has its points, some of which were of the kind that get under your skin.

We still think of a convention in a mechanical sort of a way. We spend a good part of our time thinking mechanically and when we plan anything the me-

chanics of the situation seems to be uppermost in our mind. Mechanically this convention could have been better.

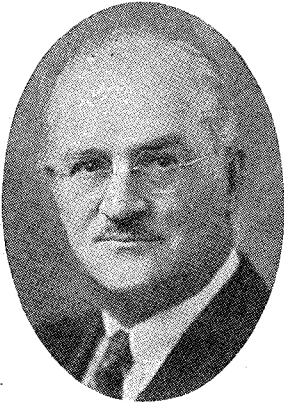
Registration, which is the first event in the life of a convention visitor, was well taken care of. Convenient and with plenty of room. The information desk was handy. Then the trouble started.

The meetings and exhibitors were spread over three floors of the Netherland Plaza, and part of the official convention overflowed into the Gibson, billed as one block away. As for us, we got lost any number of times trying to find our way around, and we will never believe that the South Exhibit Room was South. Never at any time was it in that direction, but at different times it assumed the position of the other three major points of the compass. The Press Room switched floors and directions on us three times and yet Ray Hulbert said he was not aware of it. We have paid ten cents many a time at a carnival to be admitted into a Mystic Maze. This maze was well worth a dollar. We think it provided more fun for those who were trying to find something than any feature we have had at conventions for a good while. The exhibitors seemed to be enjoying it, too, for visitors frequently found themselves back at the starting point not having seen but half of the exhibits. If—the cooling system had not broken down the day before the start of the convention I am sure that we would be less critical of this plan for we would have been able to hurry about without perspiring so freely. We were not so well pleased with the plan of the convention but to counteract that let us state that the Cincinnati group was there on the job in good humor and working every minute of the day to do the things necessary for the care and expedition of our needs. Aside from the discomfort there was no other major complaint.

The weather was a little warm. Fortunately the call girl at the desk of our hotel warned us each morning about the temperature and we were prepared for the heat, but not the humidity. We like our heat, but we like it dry. Thursday p. m. we were greeted with one of the "unusual" downpours which came at a most inconvenient time, as it was accompanied by severe lightning

(Continued on Page 4)

**Arthur D. Becker,**  
B. S., D. O., D. Sc. O.



It seems unnecessary to call your attention to our president. Dr. Becker assumed this responsibility three years ago feeling that in this institution he had the opportunity to put over a program of real osteopathic teaching. He has done this and with the evidence of results is inspired to continue this much needed plan. His record since his graduation from this college over thirty years ago is an enviable one. His osteopathic experience has been gained in practice and in the close association with college work and the central office of our profession. Every honor that can be bestowed by our profession has been earned by Dr. Becker.

As evidence of his popularity and respect within the profession, he has traveled several thousand miles this last year meeting state and district conventions in every direction of the compass. As president of this college Dr. Becker inspires the teaching of unadulterated osteopathy. He has often said, "It is our business to teach osteopathy first, last and all the time. If our students are to be successful they must have something that will get results. Osteopathy will do that better than any other type of therapy". Under his guidance your students will be graduated osteopathic physicians.

**J. P. Schwartz,**  
D. O., F. A. C. S.

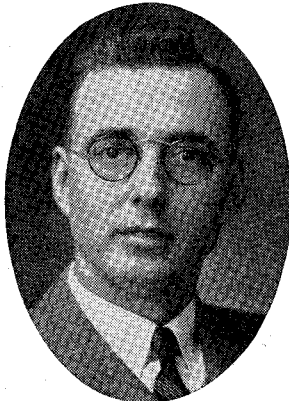
Our Dean is an extremely busy man. He not only assumes the responsibility of his office at the college but he also is president of the board of the Des Moines General Hospital and Surgeon-in-chief. His integrity and excellence in his specialty have made demands upon his time that have necessitated more frequent rest periods. It is a twenty-four-hour a day job being the head of a busy hospital. Add the position of Dean of the college with its cares and there is little time for rest or recreation. Dr. Schwartz is a human dynamo and does carry on at high speed but he is efficient and extremely

careful of the details and no one in the profession stands higher in the estimation of his associates. He is also in great demand as a speaker at conventions but his many duties to the two institutions he serves prevents the acceptance of all invitations.



Dr. Schwartz has been associated with the college for nearly twenty years first as an instructor and later as a member of the official family. His home in the city is always open to his co-workers and his Summer cottage at Lake Okoboji is an ideal haven for a week-end rest.

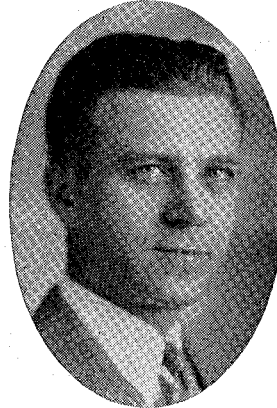
**R. B. Bachman, D. O.**



Our college boasts of experienced and authoritative instructors. One of these is in the person of Dr. Bachman who for twenty-two years has headed the department of Obstetrics. This is an extremely busy phase of the work at our college for the department takes care of approximately four hundred cases each year in the clinic. It is no easy task to plan a practical lecture course, supervise the conduct of the many cases in the clinic and attend to the numerous calls of a practice. Dr. Bachman has been able to carry out this routine for many years being aided by expertly trained assistants taken from our own student body. Thru this department each student must pass and conform to certain established rules. This being done, the credit is awarded but only after the college is satisfied that the student has a thoro understanding of

this important subject. Dr. Bachman has made osteopathic obstetrics mean something not only in Des Moines but thru his students in many other cities and communities. The number of maternal and infant deaths has been far below the average due to the careful attention to the condition of the patient and the osteopathic treatment administered to each case to insure normalization if possible.

**H. J. Marshall,**  
D. O., F. I. S. O.



Another member of our faculty in charge of a department is Dr. Harry J. Marshall. To list his activities would take too much space for since his early association with osteopathy he has assumed many responsibilities. These have mainly been offices having to do with his specialty of Ear Nose and Throat but he has served on the state board of examiners and is now a member of the board of trustees and treasurer of the college.

In addition to his lectures and clinical supervision of cases at the college Dr. Marshall is a busy member of the staff of the Des Moines General Hospital and one of the licensed surgeons. The minor surgical clinic at the hospital has grown almost beyond the capacity of the institution due to the efficiency of this work in the hands of experts like Dr. Marshall and others of the staff. Such experience as this is invaluable in planning a practical course of lectures and demonstrations for students. New methods must be tried. The better ones accepted and constant attention given to the results before authoritative instruction can be given. Dr. Marshall is methodical and conservative and as such is a valuable member of the staff of both institutions.

**H. V. Halladay,**  
F. A., D. O.

In the very beginning of osteopathy Dr. A. T. Still stressed the importance of a thoro knowledge of Anatomy. His conception of the subject was different in interpretation from that in the mind of the average physician.



In Dr. Halladay, head of our department of Anatomy, we have that keen appreciation of the osteopathic viewpoint and at the same time the ability to impress the detail and scope of the subject upon the students mind. His experience was gained in the laboratory where his research on the spine proved many of the theories of osteopathy and put osteopathic technic on a true scientific basis. For the past twenty five years he has been a regular speaker at the national convention and many state conventions. His interest in Orthopedics and trauma has resulted in him being known thruout the country as an authority on athletic injuries not only within the profession but among coaches and trainers of many of our best known teams. Dr. Halladay has also gained distinction as a writer having compiled his research into book form and is a frequent contributor to the scientific publications of the profession. As Executive Chairman of the National Osteopathic Interfraternity Council he has done much to raise the standing of our osteopathic organizations and bring them into a harmonious working group. He is also a member of the board of trustees of the college.

### Joplin Hospital

A new osteopathic hospital is open in Joplin, Mo., with Dr. W. E. Heinlen at the head. Dr. Heinlen who has been operating a hospital at Verona, Mo., saw the opportunity for a like institution at Joplin and being encouraged by the group of osteopaths in the city sold his Verona institution to Dr. F. A. Watson of this city and after completing the remodeling of a two story and basement building opened his new hospital June 5. It is completely equipped for diagnosis and surgery and provides a registered nursing service.

Drs. Heinlen and Watson are graduates of our college and have had considerable experience in surgery beginning with internships at the Des Moines General Hospital. We extend to them our congratulations and best wishes for their success.

# The Log Book

The Official Publication of  
DES MOINES STILL COLLEGE  
OF OSTEOPATHY

President.....Arthur D. Becker

Faculty Adviser...H. V. Halladay

Editor.....E. Harwood

Osteopathy Without Limitation

## Cincinnati

The forty-second consecutive annual convention of the American Osteopathic Association has passed into history. The Convention Committee of Cincinnati proved to the world that they know the many intricacies of the task of playing host.

The national osteopathic convention is not a three-ring show, but it could more accurately be described as a forty-ring one. I think there never was evident more sincere and active interest in the many sessions of the general program and of the various sectional and group meetings.

Dr. R. McFarlane Tilley, the program chairman, set an all-time high in convention programs. One wonders how long it may be possible for each year to see continued growth in excellence.

My very warm personal friend Dr. Frank Jones of Macon, Georgia, was elected president-elect. Our sincere congratulations to him, and our pledge of hearty cooperation.

Des Moines was honored in the election of Dr. Mary Golden as third vice-president of the A. O. A., a most fitting tribute to Dr. Golden in recognition of her splendid work as president of the O. W. N. A. for the past two years.

Many matters of policy requiring most careful consideration came up for evaluation and decision and were handled in a fearless and competent manner. Many forward steps of momentous importance were the result of the work of your house of delegates and your board of trustees.

Our very efficient and able trustee from Iowa, Dr. F. A. Gordon, was reelected for a three-year term by the highest vote given to any trustee, a true estimate of the high regard of his coworkers in the House of Delegates.

I am firmly convinced that the 42nd convention of the A. O. A. will be known as one of the greatest milestones in our history of osteopathic progress and development.

Arthur D. Becker, D.O.

## For Osteopathy

Each member of our profession is working for the advancement of our science. The majority of us follow from year to year a sort of a routine. If we are in practice the greater part of the year is regulated by our clientele. We do take time off for recreation and during the Summer plan for attendance at the national convention and a few weeks vacation. Where in that schedule is the routine time set for working for new students for our colleges? Those of us who are intimately associated with the colleges depend on you in the field for more than fifty percent of the enrollment. This new influx of students is not for our individual benefit as might be interpreted but for the perpetuation of our science, we being the instruments of your pleasure in the education of those sent.

It should make you happy. It should add considerable to your pride to feel that you have been influential in starting some young man or woman on the right track. And the word track brings up another phase of our routine.

It is the business and pleasure of the faculty of our college to work strenuously for nine months in the year with these students that you send to us. We have had what we call a most satisfactory year. There has been less complaint than at any previous time. The clinic has been larger than we could handle many times. The students left here more than a month ago 100 percent for the college and many letters received since the vacation period started indicate that they are ready to return to work now. It takes close attention to the work and much personal energy to put over a schedule following a track that will inspire students to want to return before the vacation is over. We call that real education.

The question with you should be where to send your students so that they will be happy and inspired to actually work in the science of osteopathy. This question is not hard to answer. We wish you could contact any one or more of our students and get the facts from them.

September sixth we will be registering our returned students and with them we want to matriculate one representative from your vicinity. This class entering will be notable for two reasons. We begin this Fall with the one year college preliminary requirement. This will be the first class, that every member of which, must meet higher educational standards than have been required before. This class begins the fifth decade in the

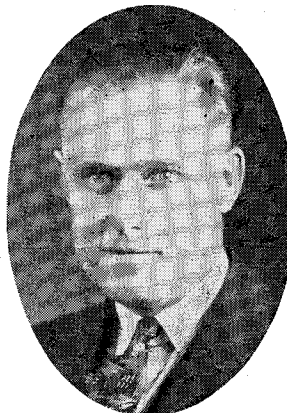
record of this college. You in the field are just as anxious as we are to make this decade the most progressive one. We will be ready, as a faculty and board of trustees, to put every ounce of our strength both mentally and physically into the education of this and all the other classes in the college. We hope you have been putting your strength into influencing one or more to enter our science. We must increase our members. The public is demanding osteopathy more and more and the supply to meet this demand comes largely thru your influence in your own community.

Our officers are at your service to help. The new catalog is available. Our faculty of which we are very proud is ready for another years work. The future of osteopathy and the future of some fine boy or girl in your community depends on you and we know you will not fail. Osteopathy is not a gamble. It is a sure bet and some young person is going to be eternally grateful to you for putting them on the right track.

This is a part of our routine. The college year, the convention and a vacation then back to the beginning. In between, it is our business to remind you of these things and it is your business to make student recruiting a part of your routine too.

E. Harwood.

G. E. Fisher,  
A. B., B. S., D. O.

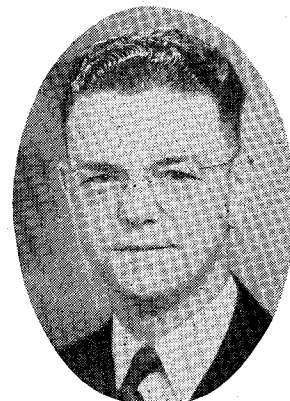


Chemistry is a difficult but important subject. To meet the requirements of a teacher for the subject one must have a thorough knowledge of the subject and from this detail sort out the essentials that every student must know. Dr. Fisher has that job. Beginning with the less complicated subject of Inorganic Chemistry he takes the student thru successive courses until he has finished with Supplementary Therapeutics which includes the study of Pharmacology. The basis for much of the laboratory

diagnosis is the chemical reaction and unless this is understood and can be read by the student his record is useless. The instantaneous changes occurring in chemical tests make the reactions difficult to conceive and it requires much patience as well as many patients in order to clear the understanding and appreciate the value of the readings.

In order to show and prove the application of this course Dr. Fisher is an important link in the chain of clinical advisors. The many tests made on patients come under his supervision from the taking to the reading. The student is thus able to see the practical use of a knowledge of the subject. Dr. Fisher is also a member of the board of trustees of the college.

L. L. Facto, D. O.



In the curricular plan of an osteopathic college there must be some one person responsible for the conduct of the Clinic. Our college stresses the contact advantage of quantity and variety and it is in this department that Dr. Facto brings together the student physician and the patient. His practical and clinical experience in England and during his years of service with the college have given him an exceptional insight into diagnosis of the cause. His deep interest in the subject of Neurology enables him to quickly visualize the treatment plan and having been an exceptional student in Anatomy he appreciates the osteopathic concept.

In addition to his work in the Clinic Dr. Facto teaches the subjects of Technic, Physical Diagnosis and Nervous Physiology all of which are key subjects in the training of a student of osteopathy. His analytical and practical mind is richly stored with facts that make him an able speaker at many professional meetings thruout the year.

DR. M. H. BEATTIE—  
of Kirksville, Mo., who has been confined to his bed for several years with Spondylitis died June 25.

MATRICULATES SEPTEMBER SIXTH

I. S. O. P. S.

(N. B.—Dr. Chappell is on the job. This month we are publishing your committees for the year. Clip this and file it where you can refer to it, for you will need it some time during the coming season. If your name is mentioned here, remember that a confidence has been placed in your ability, and the state society expects you to fulfill an obligation.—E. H.)

The following are the appointees to the different Standing Committees of The Iowa Society of Osteopathic Physicians and Surgeons, Inc. All the appointees have had the approval of the Trustees and Executive Committee of the Society to serve during the fiscal year which will begin May 1, 1938 and end May 1, 1939.

PROFESSIONAL AFFAIRS

Committees	Chairmen	Address
Department Head	Dr. J. W. Rinabarger	Keosauqua, Iowa
Membership	Dr. J. J. Henderson	Toledo, Iowa
Convention Program	Dr. Rolla Hook	Logan, Iowa
	Dr. W. D. Andrews	Algona, Iowa
Ethics and Censorship	Dr. L. P. Fagan	Des Moines, Iowa
Vocational Guidance	Dr. M. G. Tincher	Fort Madison, Iowa
Education and Development	Dr. W. S. Edmund	Red Oak, Iowa
Convention Arrangements	Dr. C. I. Gordon	Des Moines, Iowa

PUBLIC AFFAIRS

Department Head	Dr. D. E. Hannan	Perry, Iowa
Veterans' Affairs	Dr. H. D. Wright	Hampton, Iowa
Industrial and Institutional	Dr. P. O. French	Cedar Rapids, Iowa
Public Education	Dr. M. Biddison	Nevada, Iowa
Publicity	Dr. N. A. Cunningham	Colfax, Iowa
Convention Exhibits	Dr. C. L. Wheeler	Centerville, Iowa

SPECIAL COMMITTEES

Constitution and By-Laws	Dr. Bert H. Rice	Cedar Rapids, Iowa
Economics	Dr. J. A. Hirschman	Cherokee, Iowa
Maternal and Child Welfare	Dr. E. F. Leininger	Des Moines, Iowa
Clinics	Dr. Lydia T. Jordan	Davenport, Iowa

The following are the appointments of Unit Contact Men for The Iowa Society of Osteopathic Physicians and Surgeons, Inc., for the following fiscal year, 1938-1939.

UNIT DISTRICT CONTACT COMMITTEE MEN

I District	(1) Dr. Thomas F. Lange	Cedar Rapids, Iowa
	(2) Dr. Lydia T. Jordan	Davenport, Iowa
II District	(1) Dr. A. C. Brown	Council Bluffs, Iowa
	(2) Dr. Oscar E. Campbell	Clarinda, Iowa
	(3) Dr. T. A. Kapfer	Greenfield, Iowa
III District	(1) Dr. Preston L. Etter	Washington, Iowa
	(2) Dr. Charles L. Wheeler	Centerville, Iowa
	(3) Dr. Gerald W. Loerke	Ottumwa, Iowa
IV District	(1) Dr. L. E. Gordon	Iowa Falls, Iowa
	(2) Dr. Joseph W. Peterson	Waterloo, Iowa
	(3) Dr. W. L. Tindall	Woden, Iowa
	(4) Dr. J. L. Craig	Cresco, Iowa
V District	(1) Dr. J. A. Hirschman	Cherokee, Iowa
	(2) Dr. Bernard W. Jones	Spirit Lake, Iowa
VI District	(1) Dr. Nellie Kramer	Pella, Iowa
	(2) Dr. H. L. Gulden	Ames, Iowa
	(3) Dr. F. D. Campbell	Des Moines, Iowa

Signed: W. C. CHAPPELL, D. O.,  
President.

The following applications for membership have been received in the office of the Secretary:

- M. R. Runions, Correctionville
- M. R. Anderson, Adair
- Anna Slocum ('38), Des Moines
- Paul O'Shana ('39), Des Moines
- George R. Simpson ('38), Des Moines
- F. A. Gordon, Secretary.

DR. ROBERT O. FAGEN—  
of Hawarden, Ia., will, in the future, be associated with his father, Dr. L. P. Fagen of Des Moines.

DR. and MRS. H. D. MEYER—  
of Luverne, Ia., announce the arrival of Douglas Clifford, July 3.

Cincinnati

(Continued from Page One) which cut our broadcast off the air for a time, and a little later ruined our p. m. at the ball park where the Giants and Reds were playing to a double capacity crowd. That p. m. will be long remembered.

The program was excellent. It was well planned and the talks and other features were worth any inconvenience the crowd may have suffered. Our programs are getting beyond us in many ways. They are certainly too big.

The entertainment was satisfactory. Not spectacular, but the kind that should please the majority, and that is a hard thing to do in this fast-moving age. Too many have diverse ideas about what they want to do, and probably the best plan is to turn

them loose except for the regulation features which are a set part of every convention. The Ball Monday night was a split affair, two ball rooms being provided, and although in the same hotel, a lot of time was wasted going from one to the other trying to find which place was the cooler. Both bands were fine, and the floor show very good. Tuesday night the frats and sororities held sway and the reports we get indicate that all had a fine time. The Atlas Club put on the most elaborate program, it being the 40th anniversary of the founding of the club. Wednesday night a fine banquet was served and Ruth Best proved her ability as mistress of ceremonies and put on as excellent a series of acts as we have seen in many years. A number of sightseeing trips to points of interest and the shopping district attracted the attention of most of the visitors who were wives or friends of the profession.

A new group was formed, being made up of the editors of our osteopathic publications. Dr. Hulbert will head this group and Dr. Duffell will act as secretary for the year. Some important matters are to be taken up very soon with this association and this comes at a time when extremely close cooperation should exist between the Central Office and each of our publications, regardless of its size or distribution.

Our booth this year was in a better location, but still a pretty hot place for our secretary to enjoy greatly. The cooling system would have helped a lot. Many of our alumni stopped and visited and the new catalog attracted considerable attention.

The Scientific Exhibit, although in the Hotel Gibson, attracted many and was well arranged and displayed. It presented a beautiful view from the mezzanine and was seen by more than entered through the regular channel.

The convention was a success. Many things were accomplished and history was really made. We are glad it is over and yet the time goes too fast. But we have another year ahead and it is up to all of us to start right now for Dallas and another big osteopathic meeting.

Dr. Ella Still Dies

(Continued from Page 1)

also was present. The following students of the college acted as pallbearers: R. W. Long, William Costello, Robert Lindquist, Joseph Gurka, Chase Mathews, John Hagy, Howard Sporck and Paul Kimberly.

Forty years ago at this time Dr. Ella and Dr. S. S. were planning our college. These leaders of ours have passed on but through the years the college has continued under their name and with the same simple but essential basic policy of teaching osteopathy as it was taught to them by Dr. A. T. Still. Another

date that seems almost a coincidence is that Dr. Ella was buried on the sixty fourth anniversary to the day of the very beginning of osteopathy. Dr. A. T. Still states that at 10:30 in the morning of June 22, 1874 he finally saw the great light of a new therapy. Another member of the Still family has passed on to greater rewards but not before she saw the fruit of her work in the parade of osteopathic physicians that she helped to educate and carry the truth of osteopathy to all nations.

The sincere sympathy of the officials and every alumnus and student of the college is extended to those who remain. We know they mourn her passing but death must come to all of us. May we live so that when our time comes there will be those left who may, as this family can, look back with pride in their association with one who served well.

Mary E. Golden, D. O.



Men are not the only successful members of our profession. Dr. Golden, head of the department of Pediatrics, not only is an instructor in the college and conducts a large practice but for the past two years has been president of the Osteopathic Women's National Association. Her activities since her graduation from our college prove that there is a distinct place in the profession for women. Not only is she busy with the usual affairs of organized osteopathy from district to national groups but she finds time to associate herself with many local clubs. It is not unusual for her to appear several times each month speaking before civic or educational gatherings on the subject of health or like topics.

Dr. Golden's specialty of Pediatrics is one that can win many friends and develop an extensive practice for she stresses the osteopathic viewpoint beginning with the child and her success in this field can be repeated by anyone who will devote their talents and time as Dr. Golden does.

DR. and MRS. F. C. GREEN  
of Waynoka, Okla., announce the arrival of Frederic C. Green, Jr., July 9.

Entered as second class matter, February 3rd, 1923, at the post office at Des Moines, Iowa, under the act of August 24th, 1912.

# THE LOG BOOK

Accepted for mailing at special rates of postage provided for in Section 1103, Act of Oct. 3rd, 1917, authorized Feb. 3rd, 1923.

PUBLISHED MONTHLY BY THE DES MOINES STILL COLLEGE OF OSTEOPATHY

Volume 15

August 15, 1938

Number 8

## OUR FORTIETH ANNIVERSARY CLASS MATRICULATES SEPTEMBER SIXTH

### Prexy Returns

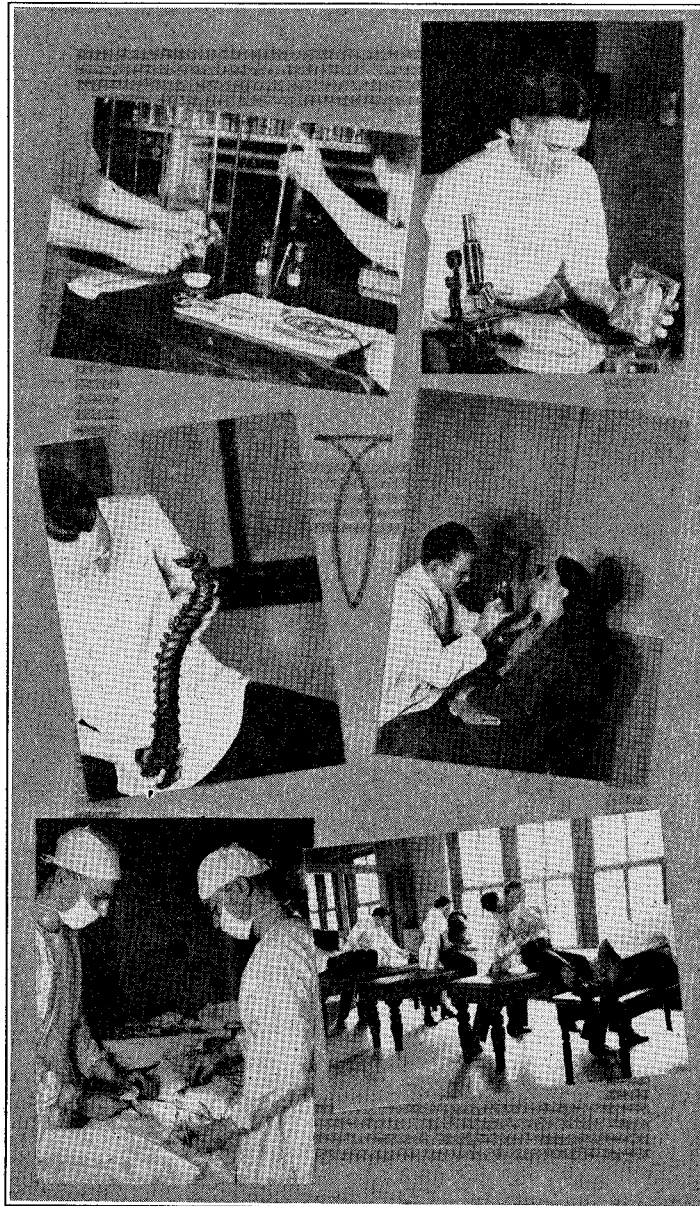
Following the strenuous work at the convention Dr. Arthur D. Becker our president, took a much needed rest for a couple of weeks. Most of the time was spent in the vicinity of Pontiac, Mich. where his son, Rollin, is in practice. From the way he looks we think he must have been out in the open a good deal and probably fooled a couple of innocent fish into thinking he was generous with food. He says he is back to normal now; his accident and the convention neither one leaving any bad scars, and he is ready to belt on the armor and get to work. We are all happy to see him looking and feeling so well.

### So Long

Teachers and officials of osteopathic colleges are not thru when the bell rings the last of May. During the month of June and most of July the vacation consists of working only 12 hours a day instead of eighteen as is usual during the college year. But in August when the responsibilities of the convention are over lets follow some of our faculty and see if they take the proverbial "Motorman's Holiday".

Dr. H. V. Halladay plans to take most of the month of August skidding around over the Southwest. He has a speaking date with the Kiwanis Club of Albuquerque, N. Mex. the 10th of August thru the courtesy of Dr. L. M. Pearsall of that city and from there will disappear into the Indian country looking for bones and cacti. He hopes to visit the osteopathic hospitals at Denver and Raton but will avoid any other professional contacts if possible.

Dr. O. E. Owen will make an extended trip to California with relatives, visiting at Salt Lake City on the way out and making stops at the Grand Canyon and Carlsbad Cavern on the return. Ed must get into a cave each Summer or the year is wasted. We hope he will be able to squeeze into the Big Room at Carlsbad which is almost the same as the Grand Canyon with a roof over it.



### Curricular Activities

Dr. J. P. Schwartz will spend his available time at his cottage at Lake Okoboji and it is an ideal place to relax and absorb the full benefit of the sun and water.

Dr. Harry Marshall will save his vacation time until later in the year and will escape from

Iowa ice for a southern tour about Christmas time. He will drive with his family.

Dr. Mary Golden expects to take a couple of weeks off as usual finding new and interesting scenic spots. Her trip will include a visit with her sister in Washington, D. C.

### We're Getting Ready

We took a little walk the other day, as is our habit now and then, to check over things and find out about the Fall work. Letters from students who were here last year indicate that they are about ready to return, even tho they have several weeks yet to go before the required registration day. The faculty is getting over the strenuous work of the annual convention, and those who have not left for the Summer vacation trip will be taking time out during the month of August. Our personnel, faculty and students, will be ready.

We have noticed considerable activity on the various floors of the college building from time to time. The walls are now cleaned or painted again, and with a little work to be done on the desk-arm chairs the rooms will be ready to ring forth with the lectures as of old. The laboratories also have been given considerable attention, some new equipment being unpacked and everything checked so that time will not have to be taken out waiting for material to arrive or supplies to be sorted. The place looks spic and span except the waiting room and the series of adjoining treatment rooms.

We don't mean to imply that these have been neglected in the Summer clean-up. Not at all. We wish you could have been here during the past ten weeks. The same old story that we have been printing for years. Too many patients and too few students to take care of them. Too many OB cases and too many other outside cases. Some of the boys during one especially busy week had no sleep for two nights and yet they carried on. More of you students must stay here during the Summer to take care of the many who need treatment. Those who could wait and were not in acute danger have been asked to wait until the classes return. The second floor has been in continuous use. Help!! Help!!

As to the prospect for a big Fall class. Who can tell? The correspondence looks as if we would all be happy, even with the one year added preliminary (Continued on Page Three)

**N. O. I. C.**

The meeting held at the Netherland Plaza July 11 closed the most successful year in the life of the National Osteopathic Interfraternity Council. The order of business was closely followed, and with all organizations except one represented. A constitution was adopted, and the Lambda Omicron Gamma fraternity was voted in. Other minor items of business were disposed of and officers were elected. This organization, which has lived only from year to year, seems to have made a place for itself so that it will now become a permanent part of our fraternity plan.

The work of the office of Executive Chairman has been divided so that part of the responsibility will be taken over by the newly elected president, Dr. L. J. Grinnell of Palestine, Texas. The undersigned continues for another year in the office of Executive Secretary, and those of you who will act in the official capacity of representatives will soon be on the mailing list and will receive your instructions.

Not all have notified us of their new officers. The following have done so, and as this list is completed we will add to it the major officials for the coming year.

**Atlas Club—**

Grand Noble Skull, Floyd Peckham of Chicago; Grand Occipital, J. Robert Forbes of Ft. Dodge, Iowa; Grand Sacrum, Ralph Rice of Los Angeles, California; Grand Stylus, C. Robert Starks of Denver, Colorado.

**Axis Club—**

Grand President, Grace Simmons of Milan, Mo.; 1st Vice-President, Mary Lou Logan of Dallas; 2nd Vice-President, Louise Gourley of Trenton, N. J.; Secretary, Constance Idtse of Minneapolis; Treasurer, Eva Magoon of Providence.

**Sigma Sigma Phi—**

Grand President, Thomas Thorburn of New York City; Secretary-Treasurer, Walter Bailey of St. Louis.

**Lambda Omicron Gamma—**

Grand President, Sydney M. Kanev of New York City; Corresponding Secretary, Jacob P. Rapp of Philadelphia.

**Psi Sigma Alpha—**

Grand President, O. E. Owen of Des Moines; first vice-president J. C. Eschliman of Youngstown, O.; second vice-president G. N. Gillum of Kansas City; secretary-treasurer J. W. Hayes of E. Liverpool, O.

Many of our organizations have more officers than we list above. The ones named are those with whom either you or we may have occasion to contact. Seven of our membership have not sent in their new officers. Mail me this list before September first—please.

H. V. Halladay, Exc. Sec.

**Our Organizations**

Our own college is keenly aware of the fact that to learn how to work with the other fellow you must learn organization plans and activities while in school. For this reason the college authorities encourage our fraternities and sororities that are accomplishing something. We believe that each of those listed below is doing their best to put over a program of advancement. It is the business of the college to look into the workings of each of the organizations on the campus and all have been commended for their spirit of cooperation and offers of help when difficult knots are to be untied.

We are proud to list the following recognized organizations:

**Local Osteopathic Interfraternity Council**

**Atlas Club**  
Wm. Costello—  
president.

**Delta Omega**  
Velma Gehman—  
president.

**Iota Tau Sigma**  
A. S. Barnes—  
president.

**Lambda Omicron Gamma**  
Al Yarrows—  
president.

**Phi Sigma Gamma**  
J. Robertson—  
president.

**Psi Sigma Alpha**  
Neil Kitchen—  
president.

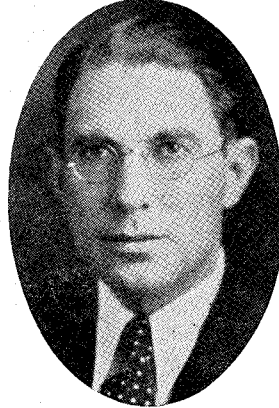
**Sigma Sigma Phi**  
Leo Sanchez—  
president.

The Local Council is made up of representatives of each of the fraternities and sororities and regulates the activities of its membership. Although the Psi Sigma Alpha and Sigma Sigma Phi are honorary fraternities, they take part in the deliberations and when applicable submit to rules and regulations with the same cooperation as the social members.

These chapters of national groups are all in good standing with the grand chapter of their national organization and each made an excellent record during the past year's work. At the present writing the fraternities and sorority are dormant, but watch this list of workers about the first of September. They will be back early and stay late waiting for the new classmen, in order to do everything to make the new students feel at home. The rushing season does not begin until later. These boys and girls know how they felt when they came into a strange community and they are ready to help you, as a new student, find a room and get located without confusion.

You can't join all of them, but we recommend that you join the one you like best.

**O. E. Owen,  
B. S., M. A., D. O.**



The subjects of Pathology and the Basic Sciences need a teacher well grounded in all sciences yet with a full appreciation of the osteopathic application. Dr. Owen fills this requirement for his pre-osteopathic college and university training and teaching of science gave him a background essential in the successful interpretation of these subjects. To be able to actually see the story told by a microscope is only half of the duty of an instructor. He must also be able to separate these findings into units that may be understood by the novice so that the field is not a confusion of stains but an interesting story of the minute findings that mark the beginning of disease within the body.

Dr. Owen takes pardonable pride not only in the excellence of his class and laboratory courses but also in the accumulation of a fine museum of Pathology which is of great value in demonstrating the gross changes that are found in diseased tissues. The endocrin system and hereditary tendencies have also attracted his attention and he is called upon frequently to explain these little known influences on the growth, development and repair of the body. To associate the osteopathic lesion with these conditions takes the mind of a true scientist and we can depend on the interpretations offered by Dr. Owen.

**Byron L. Cash, D. O.**

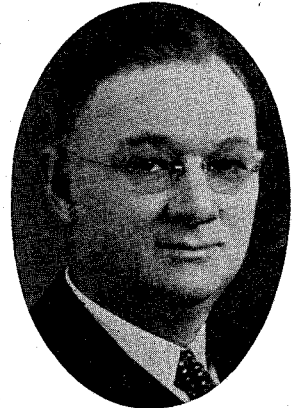


The operation of an X-Ray machine and the interpretation of X-Ray findings is not a job for a novice. In Dr. Cash we have a man of vast experience over a

period of years and covering not only the usual type of X-Radiance in the hospital, but also in Army laboratory routine. Having taken special courses in Chicago and at the University of Michigan, Dr. Cash is qualified to judge and grade the work of others and is familiar with the newest equipment in X-Radiance and Physio-Therapy.

His laboratory at the hospital is available to the student body for teaching purposes and his advice and laboratory readings are in demand throughout the state. Dr. Cash has appeared on numerous convention programs and takes an active interest in the professional groups of the state. His lectures at the college are supplemented by many films taken from his extensive library to show the multitude of conditions that may be demonstrated by the X-Ray picture.

**J. L. Schwartz, D. O.**



The subject of Proctology is one that needs close attention to detail. The many cases in practice and the several types of treatment used make it a subject that is constantly changing. As a specialty, Proctology is comparatively new, and the education of a student in the finer points of diagnosis and the application of the proper type of treatment should be in the hands of an experienced physician. Dr. Schwartz is an experienced physician, having been a member of the staff of the Des Moines General Hospital for nearly twenty years. During that time he has attended several special courses in his specialty and with the great number of cases that come under his observation he is well able to plan a series of lectures and demonstrations on the subject.

**Henry E. Sampson,  
A. B., B. Ph., Ju. D.**

Mr. Sampson, a true friend of Osteopathy and a recognized legal authority in all malpractice defense matters, makes an ideal instructor in the subject of Medical Jurisprudence. He is keenly interested in the profession and its practitioners. Although he carries on an extensive law practice in Des Moines, he always finds time to meet osteopathic groups for an evening of study and the consideration of special legal problems affecting the profession.

# The Log Book

The Official Publication of  
DES MOINES STILL COLLEGE  
OF OSTEOPATHY

President.....Arthur D. Becker

Faculty Adviser....H. V. Halladay

Editor.....E. Harwood

Osteopathy Without Limitation

## Vacations

In this busy world of modern living we have pushed ourselves into a degree of activity which is fundamentally based upon speed and then more speed. There is no criticism intended for such a situation. It is the new tempo. Conditions change, and it is necessary to change with them or we find ourselves out of step and left behind.

The more leisurely gait of yesterday was well suited to the needs of yesterday. Radical differences have developed. Transportation has changed from the horse drawn stage coach to the modern motor car and the airplane. News is sent around the world in a few seconds by radio as compared with former methods of dissemination by the pony express and sailing ships. Mass production by intricate machines has replaced much of handwrought methods.

In this connection, it is well for the reader to remember the interesting and important fact that while the pace has changed and the speed of life and living has been immeasurably stepped up, the human body has changed very little, if any. High speeds cost more in wear and tear, in nervous energy and demand more in physical resources. It is imperative that plans be contrived to enable us to properly and effectively adapt ourselves to this big problem of living which so constantly and so immediately confronts every individual, the doctor as well as those included in his clientele.

The title at the beginning of this brief discussion is a suggestion of at least one good way by which we may expect to solve the problem. To get entirely away from one's work for even a few days, with entire change of scenes, faces and environment is a wholesome restorative. To get away even for an hour or two occasionally through the week has real possibilities of value especially when combined with not over strenuous exercise and interest compelling play. To secure daily at least a few minutes of actual solitude and quiet when we can completely relax and can still ourselves within as well as without is to find new sources of power and poise.

Take thought of the reserves, physical, mental and spiritual if you would get the most out of life and living.

Arthur D. Becker, D. O.

## The Log Book

I had the pleasure of attending the Editors' Luncheon Sunday, July 10, at Cincinnati. It was at the call of the A. O. A. and under the direction of Dr. Ray Hulburt and proved of such importance that its business had to be continued at two breakfasts following, on Monday and Tuesday. As a representative of the Log Book it was a pleasure to sit at this table and to hear about some of the mistakes we are making in our publications. The Log Book was not listed among those in error, for it is not made up in the usual form of a journal or bulletin nor makes any effort to influence the profession in the matter of its policies.

The Log Book does not carry advertising. It is therefore not obligated to any firm nor to pleasing any group in order to keep a certain amount of revenue coming in. The college pays for its publication and mails it to you gratis.

The Log Book rarely carries any technical article. If it does it is written by a member of the faculty and not in competition with any of the publications that make this their major feature.

The Log Book is our news letter to you each month telling you what is going on at the college and when space is available, items about our alumni.

The Log Book is very happy to print each month the official news and bulletins of the Iowa

Society of Osteopathic Physicians and Surgeons. This part of the Log Book is sent to us from the president and secretary of the state association, and the names signed are responsible for the accuracy of the statements.

The Log Book then occupies a unique place among our publications. It is sent to all of you who want it. We do not discriminate, for regardless of where you graduated we want you to know that this college is alive and doing things. We do not want to take up but a few minutes of your time. This is our way of saying "Good Morning" to you once a month.

We could publish a Log Book several times the size of the present one and filled with advertisements and so-called technical articles. We think that the profession has enough of these. In questioning many of you who receive the Log Book, we have been told that you read every word of it. This is not true of any other osteopathic publication that we know of.

Dr. Becker and I will continue to try to eliminate the typographical errors and will watch for statements that might be misconstrued, but we have no intention of entering a field that is well covered by the A.O.A., state associations, and other college and private publications. We hope you will continue to read "every word of the Log Book."

H.V.H.

## Conventions

Since I have been home for a couple of weeks following the convention I have had time to think the thing over. It is getting close to twenty-five conventions for me, and I have had the pleasure of seeing them grow into rather a large affair. In 1929 I had the pleasure of helping to put on an A. O. A. convention here in Des Moines, and I think I know what it means to plan one of these affairs. I have seen the official family of our association change in personnel and distribution of function. We now elect our president a year ahead, which is a good thing, for he has that time to prepare for the job. This makes for better presidents.

The one thing that has not changed is the method of selecting our next convention city, and I think there is something to the idea of doing it in the same way we do our president. I can see some disadvantages, too, but no system is perfect. The thing that I am sure all of us would like to eliminate is the chance that the convention will go to some place that is not really prepared to handle it, and to handle it means more than a group of capable and willing workers.

The qualifications that should be met by a possible convention

city could easily be worked out, and the Chamber of Commerce of every city of any size in the country could furnish their local specifications. These cities could easily be classed as to the desirability of holding a meeting there, based upon the primary qualifications and the item of rotation into different sections of the country so that the benefit of our meeting will be distributed over a larger area.

I would like to see the A. O. A. convention come to Des Moines again in 1944, or about every 15 years. I think we had a fine convention here. I still hear compliments on the way it was handled and the facilities. I think that there are 14 other good places to have our A. O. A. convention, and I also think that we have not always picked one of these 14 good places. I was glad to see the convention go to Dallas and I would like to see it go to San Francisco in 1940.

I want it to go to St. Louis some time soon, for we have some fine osteopathic supporters there, and St. Louis has the facilities. I want it to go back to Denver some time. I wish Salt Lake City had the quantity needed to put on a convention. I would like to see a big osteopathic banner displayed at Five Corners in Atlanta, Ga., some year. I would like to see the Twin Cities get together and entertain us some time. It seems

to me that Providence should be a good place to hold the meeting. I like the location of Pittsburgh. I would enjoy going to Miami, even in the summer. We cannot make the weather, but we can jump around and see the country and put up with whatever is served in the way of weather. Weather does not make a convention. H. V. H.

## We're Getting Ready

(Continued from Page One)

requirement. The encouraging letters from new students and others returning after a lapse in attending, indicate that our total enrollment will show a slight increase. A change such as we are making this year, and again putting the bars higher in two more years, will mean some loss of numbers unless our friends in the field have been working a little extra for osteopathy. We hope you have a representative in our Fall class.

We are ready. The building is scoured, equipment is in place, the registrar is ready and the faculty will be there with a smile, the edges of which may be a little tanned from the August vacation.

## I. S. O. and O. & O. L.

Those of us who attended the I. S. O. and O. and O. L. convention were fortunate so far as the weather was concerned. None of us suffered from the heat, and we had no rain.

The hotel gave us splendid service, room arrangements for our clinics, lectures, movies and cadavaric work, all of which was ideal. The hotel help was at our command, the food was good, and in fact we have nothing but praise for the Netherland Plaza and the local arrangements committee. We had abundant clinical material and were kept busy examining and operating. I would say it was an excellent meeting. Dr. L. S. Larimore of Kansas City was elected president of I. S. O., Dr. Jerome Walters Secretary-Treasurer, and the undersigned will fill the office of Vice-President.

H. J. Marshall, D.O., F.I.S.O.

## Birthday Cake

Dr. Halladay attended the Editors' Luncheon at Cincinnati on Sunday, July 10, and thereby got himself a red face that was not due to Ultra-Violet rays but to one Hulbert Ray. It seems that in accepting this invitation to lunch Virg made the mistake of telling that it was his birthday, and Dr. Hulburt was responsible for an extremely large cake, properly inscribed, that was brought to the table in the midst of the business of the assemblage. Virg had to make the first cut, which looked as if it had been done with a corrugated knife. The entire luncheon party for a moment was turned into a birthday party. We add our congratulations.

I. S. O. P. S.

Society News and Activities

The recent enactment of the "Drew Bill" does not make it an active law until passed upon or put into action by a Commission at Washington. For that reason we consider it inadvisable for our members to enter into discussion about it at this time with federal employees who happen to be our patients or with friends who have charge of federal employees.

We all appreciate the importance of this piece of legislation and are confident that the Commission will give it the proper interpretation. However, it is deemed best for us to give it as little publicity as possible until the different state and county units are advised of this new law by the Commission at Washington.

These different units will then be ordered to post notices of same for the enlightenment of all federal employees concerning their privileges in regard to their selection of the physician or hospital in case of sickness or accident. Until this is done please be advised that no service letter will be contemplated by our State society.

Changes and New Standing Committees

The growing demand for greater and better State organization activities made it necessary to change titles of some standing committees and the creation of several new ones.

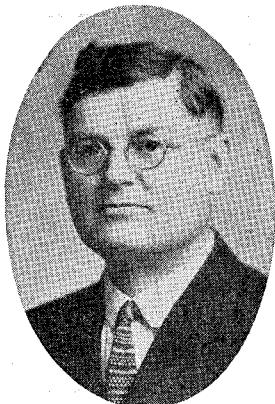
In order for our State Society to participate in the services of the Public and Professional Welfare Committee of the National Organization it was necessary to create two new sub-committees. One on Radio is headed by Dr. Thomas Lange, of Cedar Rapids, the other known as Editorial Contact is combined with the committee on Public Education and will be under the chairmanship of Dr. Biddison of Nevada. "More power to Dr. Biddison".

A new committee on Maternal and Child Welfare was created for the purpose of compiling statistics of our activities along this line and to secure information from Federal and State sources for our members. This committee will also cooperate with Federal and State Commission. Dr. E. F. Leininger of Des Moines was appointed chairman of this standing committee.

The committee on Child Conference is a substitute created for the purpose of planning ways and means for establishing city or district clinical conferences. Dr. Lydia Jordon, of Davenport was appointed chairman of this committee. The activities of this committee have already stirred considerable interest.

Vocational Guidance is the new title which replaces Student Recruiting. This committee is under the chairmanship of Dr. M. G. Tincher of Fort Madison. W. C. Chappell, D. O., President

C. Ira Gordon, B. A., D. O.



The department of Pathology is an important one to any school of therapy. Dr. Gordon assumes the major part of the didactic teaching of this subject and closely correlates his lecture work with the laboratory course. He was an experienced teacher in high school sciences before entering the college to secure his degree in osteopathy, and has continued his study of the sciences, applying their facts and principles to the science of osteopathy.

In addition to his lecture courses at the college, Dr. Gordon maintains an office in the city and takes part in the local and state association activities. He has held important offices in both local and state associations, and is frequently called upon to address lay groups.

Howard A. Graney, D. O.



When a surgeon selects an assistant it is done with the utmost care and consideration. Dr. Graney is first assistant to Dr. J. P. Schwartz of the Des Moines General Hospital, and as such has a responsibility that requires complete understanding and a trained and steady hand. Two years as an intern and three years as an assistant has brought Dr. Graney up in surgical work, and his lectures and demonstrations are praised highly by the student body. Dr. Graney has proved an able assistant in the department of surgery.

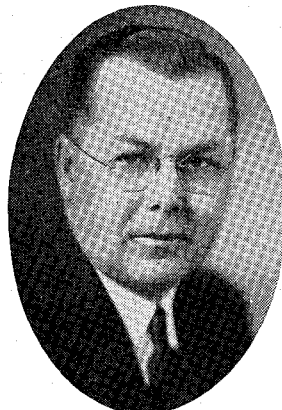
MRS. K. M. ROBINSON— is making a trip to Duluth and points north, her objective being beyond Winnepeg in Canada.

Paul L. Park, D. O.

Dr. Park graduated from the Des Moines Still College of Osteopathy in 1927. He immediately opened offices in Des Moines and has been conducting a successful general practice since. His interest in association work has resulted in his election to many offices in the several divisions of the state association. He has also appeared several times on the program of the association and as a delegate from the state.

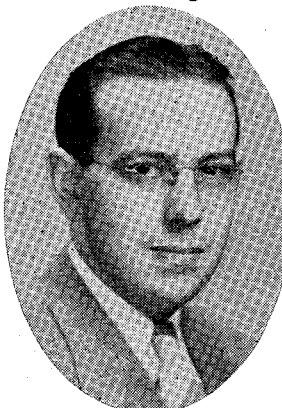
Dr. Park's experience in the field of general practice has given him an insight into the application of osteopathic care and treatment of a great variety of cases. This personal contact adds the necessary concept to the presentation of his subject of Osteopathic Therapeutics.

John M. Woods, D. O.



Graduated from the Des Moines Still College of Osteopathy in 1923. Recognizing his talent, Dr. Woods was made a member of the faculty immediately after his graduation and has since been continued as a regular member of the staff. His activities aside from his lecture work at the college have been his general practice and as an executive in the local and state osteopathic groups. He is in demand as a speaker and meets with many of the profession each year. He is a member of the clinical staff of the college and majors in osteopathic therapeutics.

Edw. F. Leininger, D. O.



Following his graduation from the college in 1935, Dr. Leininger served an extended intern-

ship at the Des Moines General Hospital. His studies and interest in the diagnosis and treatment of gynecological cases attracted the attention of the trustees and he was secured for the teaching staff of the college.

Dr. Leininger superintends in the department of Obstetrics and is available at all times for advice to the students in the care of patients in this department. He is a member of the state and national associations and is frequently called upon to discuss the subjects of his specialty.

Student Assistants

It is not the policy of the college to employ student or undergraduate assistants unless special talent is shown in some department. These men, who will graduate shortly, have not only proved themselves exceptional students in the department in which they assist, but they have also maintained standards throughout the course in all subjects above the average. Our college is constantly alert to the need of additional teaching talent and is able to point with pride to these young instructors growing up with a stable osteopathic background and authoritative osteopathic precedents to follow.

A. S. BARNES

Mr. Barnes came to the Des Moines Still College of Osteopathy well prepared in the sciences. Having received his degree at Simpson College, he taught science for two years. He has been assisting in the department of Bacteriology since his registration and has done exceptionally fine work.

PAUL E. KIMBERLY

Being one of the second generation of the many who study osteopathy, Mr. Kimberly entered the college with very definite ideas about his osteopathic education. Early in his work he demonstrated his interest in the department of Anatomy, and since his second year has been assisting.

NEIL R. KITCHEN

Following his graduation from the Pharmacy College of Wayne University, Mr. Kitchen filled a position with one of the larger drug firms in Detroit. His investigative mind proved to his own satisfaction that Osteopathy offered much more as a system of therapy and he came to Des Moines to study. Since his second year he has been assisting in the department of Bio-Chemistry.

DR. FREDERICK E. HECKER— and Miss Joy Brown were married in Milwaukee, Wisc., on July 16. Congratulations and best wishes, Freddie.

DR. B. A. WAYLAND— recently of Decatur, Ill., is now located in Cedar Rapids, Iowa.



Entered as second class matter, February 3rd, 1923, at the post office at Des Moines, Iowa, under the act of August 24th, 1912.

# THE LOG BOOK

Accepted for mailing at special rates of postage provided for in Section 1103, Act of Oct. 3rd, 1917, authorized Feb. 3rd, 1923.

PUBLISHED MONTHLY BY THE DES MOINES STILL COLLEGE OF OSTEOPATHY

Volume 15

September 15, 1938

Number 9

## The Student Situation

The profession and all those on our list of prospective students were advised a year or more ago of the additional one year college requirement beginning this Fall. We as members of the board of trustees of the college could look forward to the class of May, 1942 which would enter this month and know that it would be less in size than the one entering a year ago. This one year of college meant fewer students. We sometimes have our doubts about the advisability of cutting our numbers and, though we can "point with pride" we should perhaps also "view with alarm," this change. With half the number entering this year as compared with the past we know this class must be augmented by some means if we are to carry on the extensive clinical service now given and increasing at the college. When this class assumes the duties of Seniors they will be too few in numbers to take care of even one of the several clinical departments.

The osteopathic profession needs something to excite it to the point of intense activity. As a whole we are too complacent. We are too well satisfied with ourselves and our position. We do not realize that the young men and women of our country are floating in a currentless pool the waters of which are saturated with government dole or they are using the water wings of family influence and support.

You are constantly making contacts with many of these young men and women who have the preliminary qualifications and they could be inspired if you could and would do some old fashioned crusading. Our profession is much too small. We need quantity as well as quality. Written information is never as effective as that inspired by personal enthusiasm in direct contacts.

This year you in the field, upon whom we depend largely for new material, MUST see the light. You MUST keep the future of osteopathy uppermost in your mind and the only way to assure a future for our science is to increase its standing army. We think our college furnishes ideal training quarters for osteopathic recruits. We hope that we merit your support. The thing that MUST be done is to secure more students. Increased membership in the A. O. A.

## OBSTETRICS

A recent case of Eclampsia in the Obstetrical Clinic sent us back into the records of this department. We were just a little surprised to find that it had been twenty-one years since such a case had been registered in the clinic and we were not a little surprised at the other items of interest as we compiled a few figures. It is well worth your time to go over some of them. Since the OB records of the college ante-date the Iowa official registration of births we have occasional calls to establish the birth date of individuals who were born as long as forty years ago, the record being still a part of our permanent files in this department. Rather than go back over the entire forty years we will take the last twenty one years and give you some totals to think about. For this period we list some items and will then append a remark or two.

### Four Thousand Six Hundred Seventy-four Cases.

This is not for the forty years operation of the clinic but for the past twenty-one years or an average of over 220 cases per year. We think this is an item for you in the field to think about. If your students are ambitious to learn obstetrics at the bedside, the opportunity is here. The demands in this department are exact and each student must make a minimum number of actual contacts both in pre- and post-care and must make the required number of actual deliveries under the supervision of the superintendent in the department. With this quantity the variations are to be noted.

### Sex.

The records show 51% male and 49% female. This item is of no consequence except to show the very nearly equal division that Nature seems to take care of.

### Fetal Position.

4227 cases were Anterior Occiput. Of the remaining approximately 10% 144 were breech, 55 were Posterior Occiput, 5 were Face and 58 required versions. 165 cases required the use of forceps and 10 via the Caesarian method of delivery. By comparison it would tend to

means added strength to everything osteopathic—its colleges, hospitals, sanitarium and all groups down to each individual in practice.

THINK!!!

prove that osteopathic care has a marked influence on the normalcy of the birth process. The few cases that vary from the normal process are recorded with reasons. The exceptionally small pelvis, the very large infant and other factors that are well known as producing the more common variations are noted in the records. The student is taught to watch carefully for these in the examination of the patient and in frequent check-ups during the progress of the pregnancy.

### Maternal Deaths.

During this period of 21 years only 8 maternal deaths occurred. We are proud of this record and attribute it to the osteopathic treatment and careful checking of the patient thru the entire period of her registration in the clinic. With a clinic such as ours it is often difficult to conduct the case in the same way as would be done in a modern hospital. Remember that these cases are deliveries made in homes and as some of our students will attest, these homes are many times without adequate water, heat, light and other needs. Many of these cases approach the primitive and we are fortunate to have such a low maternal death record.

### Fetal Deaths.

The records show 133 total which of course takes into consideration those born dead as well as the ones occurring during the delivery and immediately afterward. This is also low and shows that the proper treatment during a pregnancy not only is of aid in raising the resistance of the mother but also strengthens the infant.

### Lacerations

The figures on lacerations will vary with the obstetrician or his methods, the size and tone of the mother's pelvic structures and the size of the infant. Taking everything into consideration in the general run of clinic cases this is a very low figure. It is the good plan of "watchful waiting" that so often saves the mother from serious tears. Those who claim "no lacerations" are either not counting the minor tears or are perhaps selecting their cases for report.

### Deformities.

Only 20 cases of deformities have occurred in the past 21 years. These include many that

## A New Laboratory

A very decided advancement has been made in the diagnostic clinic this year. The gradual increased interest and demand for more extensive and accurate laboratory diagnosis made necessary the bringing together of the several smaller laboratories for this purpose into one diagnostic laboratory fitted completely for every purpose. This new and important unit is located on the first floor of the building and adjacent to the chemistry laboratory. It has been designed with every need anticipated and is equipped with every item necessary for the many diagnostic tests that are of proven value.

Blood chemistry and counting—complete urinalysis—gastric, fecal and sputum examination—Wasserman and others are all provided for in this complete laboratory. A special study is to be made of the toxemias of pregnancy and the effect of osteopathic treatment is to be recorded by the corps of workers in this department. Statistics will be available for this special study taken from the general clinic, the patient being tested at stated intervals and charting the results.

The furnishings consisting of specially designed desks, cabinets, shelving, electrical, gas and water connections have been arranged with the idea of efficiency and speed in mind. We predict the constant use of this new addition to our teaching complement. It appeals to the eye and its usefulness is an inspiration to the student of intricate diagnostic methods.

Pete Marston of the Senior class will be the assistant in charge of this laboratory and each student will be rotated thru a definite scheduled working period not only making tests on his own list of patients but also cross checking with others. We expect an interesting and instructive report from this service before the end of the year.

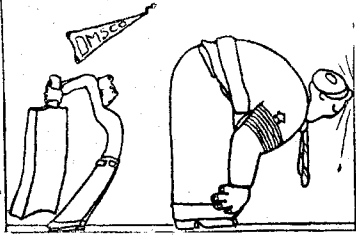
can be corrected later as club feet and cleft palate.

### Abortions.

The total includes 78 abortions during the considered time period. This is low for many of these cases are from the lower strata of life and in a class where attempted induction is often found. Unfavorable environment, accidental injury, excessive physical labor, other ill-

(Continued on Page Four)

FRATERNITY NOTES



ITΣ

The brothers of Iota Tau Sigma have returned to school with renewed vigor and much enthusiasm, and the coming school year is destined to be the best the Chapter has had for several years.

We regret the loss, by graduation, of such outstanding men as William Daniels, George Boston and Pat Kelsey, but most of the old gang is here and already tugging at the leash intent on giving their best to Osteopathy, Still College and Beta Chapter.

Brothers Tony Sloan and Robert Lindquist report a wonderful time at the National Convention and have related to us the benefits derived therefrom. Ed Jeranson fished all summer in Eveleth, Minnesota; Howard Sporcck spent a valuable summer in the Clinic; A. S. (Sib) Barnes heeded the call of the cool western vacation land, and spent three comfortable months in Cooke, Montana, the western terminus of a new three million dollar highway to Yellowstone National Park; Eldon Blackwood visited in Oklahoma and Texas; Scott Fisher slayed all the girls of the home town, Estherville, Iowa with his bronzed physique in the role of life guard; Gray spent the summer in Mt. Vernon, Ohio; Pledge Toriello gave the residents of Struthers, Ohio most of his summer; Bennington was in Mt. Vernon, Ohio and Isobaker spent most of the summer in Des Moines—and didn't lose any weight.

The plans for the years work and play are outlined. The various committees have been at work on their respective duties all summer, and from the very start the Chapter activities have assumed the air of mid-semester smoothness. We are going places this year.

Attention Alumni!! Drop us a line—or better yet come and see us. A day or two with us and incidentally a visit at the College will be good for what ails you. A. S.

ATLAS CLUB

The Atlas Club is now in full swing and looking forward to a most successful school year. All of our old members are back this year except one and new prospects are promising.

Quite a bit of work has been and is still being done on the improvement of the house. The bath rooms have all been done over and new linoleum has been

purchased for them. The house as a whole is in excellent condition.

We wish to sincerely welcome all old and new men back to Still College. We know the old men like it and we are sure that the new ones will.

Things to find out:  
Why has Engleman's car been named the "Mayflower"?

Why is Costello staying home at nights?

Why are the Sophs muttering strange things to themselves?

What is the peculiar noise heard at 7:00 a. m. in the dorm? Is it man or mouse?

R. D. B.



Delta Omega Sorority announces the following newly elected officers:

Rebecca Richardson—President.

Dorothy Hollen—Vice President.

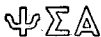
Beryl Freeman—Treasurer.

Georgiana Harris—Recording Secretary.

Lillie McClure—Corresponding Secretary.

Beryl Freeman was re-elected representative to the Interfraternity Council. Georgiana Harris was appointed as delegate to the meeting of the national chapter at the Cincinnati Convention and will give her report on this meeting to the Beta Chapter.

We wish to take this opportunity to welcome the new Freshman Class and are especially happy to welcome a new girl into Still College.



As the school bell chimes the sun tanned prospective osteopaths once again gather in the class rooms after a very inspiring summer vacation. Most of us are rested, but some of us still have that old tired look and feeling. Maybe we worked too hard this summer or was there any work? We note the boys who stayed here this summer are the tired ones. It is rumored around that Dr. Facto and Dr. Leininger kept them busy both nite and day. However, they feel the wiser for the summers work and was much better than staying at home with nothing to do.

Psi Sigma Alpha welcomes all new men and freshmen and are also glad to see so many of the old faces back. We especially welcome Dr. Woods who has been absent because of illness. Of course we miss the ones who graduated but are glad to know they are on the road to success.

Drs. Jerry O'Berski and Arthur Haight are interns in the Detroit Osteopathic Hospital and are reported doing fine work. Dr. Donald Wicke has journeyed to England to continue his studies. Dr. Robert Luby after passing the Ohio board will set up practice in Columbus with a prominent eye, ear, nose and throat specialist. Dr. Earl Sargent and William Heideman are

remaining in the state. Sargent in the Roosevelt Center of Des Moines and Heideman in the northern part of the state.

Our president, Neal Kitchen, announces the first regular business meeting of the year at the Phi Sigma Gamma House, Tuesday evening of the 27th of September. At this meeting Dr. O. E. Owen, national president of Psi Sigma Alpha, will give a review of the national meeting at Cincinnati this past July.

Psi Sigma Alpha is again prepared to take an active part in the school activities this year as last and a complete outline of the events for the coming year will be published later . . .

J. C. R.



The returning members of Sigma Sigma Phi wish to take this opportunity to extend their greetings to the members of the freshman class and also to the new members of the various other classes of the college. Graduation last spring took quite a number of outstanding men from the chapter but under the able direction of President Leo Sanchez this year will undoubtedly be one of creditable achievement and advancement for Sigma Sigma Phi. Regular meetings will start in the near future and many things to benefit and improve Osteopathy, the college and each member will be thrasher out on the floor of our chapter hall.

A. S. B.



As the members and pledges were coming into Des Moines from all corners of the United States they encountered their newly decorated and painted fraternity house. Many arrangements have been made to make the house a better place in which to live.

We have a new member who has been transferred from the Chicago chapter, H. Bowden. Also two guests, H. Wirt and C. Hall who are enjoying their stay at the house.

The first social event of the year the P. S. G.'s, will sponsor is the annual smoker which was held Sept. 13. An active social life is being planned for this semester.

Don Leigh is now breaking the buttons on his vest and displaying the fact that he is the proud Daddy of a healthy baby girl. We extend our congratulations to Mr. and Mrs. Leigh.

Due to the fact that outside reading is essential in our profession the members of the fraternity have started a library. This library consists of 100 volumes containing material on varied subjects. H. Taggart, G. Munger and J. Robertson have been elected to the offices of Pledge-master, House manager, and Kitchen manager. These, and the regular officers expect a prosperous and eventful year.

N. O. I. C.

This month means the beginning of the service to the fraternities and sororities thru the offices of the National Osteopathic Interfraternity Council. Presidents and other officials of our national organizations keep a sharp lookout for the official letters and fire your answers back.

H. V. Halladay, Exec. Sec.

Assembly  
September 9

As we go to press we find the report of our first assembly well worth crowding into an already full edition. This first get-together is always given over to the introduction of the faculty and those of you who have been present in the past know that it is a difficult job to find them especially at this time.

Dr. Halladay assumed the usual role of Emsee and introduced those present, saving our president, Dr. Arthur D. Becker for the last. All responded and the cheers indicated the pleasure of the student body in seeing Dr. John Woods back in place with us again.

The entire faculty expressed its pleasure at being back at work again and extended to the old and new students a hearty welcome. Dr. Becker appearing at the last was able to cover the errors made by his predecessors and gave us an inspirational thot from one of the current lay publications.

These weekly meetings of the entire student body are planned largely by the Student Council and with the band organized before another week and the regular scheduled programs out of the way we predict another year of interesting and instructive assemblies.

Athletics

The opening of the college in the Fall along with the public schools of Des Moines means some quick work in the Athletic Clinic. With four high schools and Dowling College asking for help and our own student body just registered brings about a situation that must be met or our prestige falls. On Monday, September 12 with school organized less than a week we have 14 Seniors at work caring for the five teams. With the squads running from 70 to over 100 it means that in about three weeks time this group will be moved out and another take their places. This college not only offers each student graduating this personal experience in the care of athletes but also gives, preparatory to this clinic, a complete course of lectures specifically on the subject of athletic injuries in all sports.

# The Log Book

The Official Publication of  
DES MOINES STILL COLLEGE  
OF OSTEOPATHY

President.....Arthur D. Becker

Faculty Adviser....H. V. Halladay

Editor.....E. Harwood

Osteopathy Without Limitation

## Osteopathic Therapeutics

It has been suggested to me by numbers of my friends that I attempt the preparation of a series of brief articles dealing with the subject of osteopathic therapeutics. By the term "osteopathic therapeutics" I wish to refer to those measures used in the treatment of disease which are peculiar to osteopathy.

I think it may be well to differentiate here in a few words between osteopathy as a science and osteopathy as a school of practice. Osteopathy, as a school of practice, has incorporated many things which were not discovered by Dr. Still, nor developed by the osteopathic profession. These measures have been incorporated into the osteopathic school of practice because they were found useful and desirable. They were incorporated because they enlarged the field of useful practice and because they were considered to be not inconsistent with the osteopathic school of thought. Thus surgery, various modalities of physio-therapy, diet, hygiene, public health and sanitation, the use of various medications, narcotics, anesthetics, antiseptics and biologics, have all been incorporated into the osteopathic school of practice.

Osteopathy as a science refers to those distinctive contributions in the field of diagnosis and treatment of disease discovered and developed by Dr. Andrew T. Still. Taking these fundamental and original concepts of Dr. Still as a basis, the osteopathic profession has further developed and elaborated these original discoveries. It is upon these outstanding and distinctive contributions of Dr. Still and his followers that the osteopathic school of practice is dependent for its identity. The osteopathic school of practice is separate and distinct, and has as excuse for its existence the fact that it places chief emphasis upon osteopathy as a science applied in therapeutics. The osteopathic school of practice today is the outgrowth of the discoveries and teachings of Dr. Andrew T. Still. His discoveries were arresting and revolutionary; his thinking was logical and profound; his conclusions were distinctive and challenging.

The growth of the osteopathic school of practice has been deliberate, steady and continuous. There has been a noticeable absence of fanfare, or of

commercial exploitation. It has improved from within. It has repeatedly extended its curriculum. It has continuously raised its scholastic standards. It has increased its prerequisites for entrance.

In this series of thumb nail sketches I propose to discuss for the most part the contributions the science of osteopathy has made to therapeutics. It seems to me that there is one fundamental, distinctive difference between the therapeutics of osteopathy as a science and most other therapeutic measures. Most measures have, as the result of treatment, the objective of combating symptoms. Osteopathic principles as applied in practice have as their basic purpose the removal of the cause of disease and disease processes. If the foregoing statement is true, and I believe it is largely true, it would seem that the difference is fundamentally very great.

It becomes a matter of increasing interest to take cognizance of the wide scope of possible application in practice of the basic osteopathic principles. I shall attempt from time to time to present osteopathic measures of value in diagnosis and treatment in various conditions of disease commonly met in practice. A. D. B., D.O.

## Transfers

Approximately twenty students have come to us this year with advanced standing having transferred from other colleges of osteopathy and medical schools. We take this as a distinct compliment to our institution. In the past we have had each semester, a few added to our student body but this year the number has increased to the point where it has attracted more than a passing remark. Many of these transfers are entering with the lower classes. In the past the advantages of the clinic at our college has interested the majority but these twenty are scattered thruout the whole four years which leads us to believe that every department of our institution is proving its ability in attracting the attention of students of osteopathy.

We sincerely welcome this addition to our family and hope that they will soon feel that they are as intimate a part of the student body as if they had registered originally with the Freshman B. Class. Those entering with the graduating class are already at work in the clinical department and are finding their time very much limited.

**DR. BILL HAMMOND**—recent intern at the Des Moines General flew to New York late in August with Mr. Phillips of the oil company of that name, as his private osteopathic physician.

**DR. AND MRS. B. A. STORY**—of Ledyard, Ia., announce the arrival of Harold Arnold on August 12, weight 6 pounds.

## Faculty Changes

One of the several responsibilities of the trustees of the college is to maintain a faculty in keeping with the high standards of teaching required by all concerned with the progress of osteopathy. The few changes in the faculty this year are called to your attention for the reason that we take pride in the efficiency and ability of our faculty group that can carry on year after year with so few changes in personnel.

### DR. JOHN M. WOODS

Dr. Woods, after taking an enforced leave of absence due to illness is back with us. This year he is devoting his entire time to the college and will follow his regular teaching schedule in the mornings with clinical examinations, consultations and conferences in the afternoon. He needs no introduction to the profession for he has appeared on many national and state programs and has been a member of our faculty for the past sixteen years. We are all glad to welcome Dr. Woods and sincerely hope his returned good health is permanent.

### DR. R. B. BACHMAN

At his own request Dr. Robert Bachman is taking a year's leave of absence from duties at the college in the teaching capacity. Dr. Bachman will remain a member of the board of trustees but feels that he needs a rest from the strenuous lecture work he has so faithfully carried on for nearly twenty years. We hope at the end of the year that he will, by degrees, get back with us as a member of the teaching staff.

### DR. E. F. LEININGER

For the past several months Dr. Leininger has been filling the position vacated by Dr. Bachman and with complete satisfaction. Dr. Leininger is a graduate of our college and has had two years experience in the hos-

pital qualifying for his surgical license. For the past year he has been teaching Gynecology and gradually taking over the responsibilities of the Obstetrical department. The trustees feel that they are fortunate in having Dr. Leininger ready for this important division of our curriculum.

### DR. GLENN E. FISHER

Dr. Fisher, who has been a member of the faculty for the past five years, decided to go into practice in Oklahoma. His teaching and work with the laboratory diagnosis division of the clinic has been an important link in our strong educational chain. For the past four years he has been a member of the board of trustees of the college and has been of great help in solving the many problems that have been before this managing group. Dr. Fisher leaves the college with the good wishes of the entire student body and faculty and we hope he will find time to return to Iowa and visit us. He will always be welcome.

### J. B. SHUMAKER, A. B., M. S., Ph. G.

To find a successor to Dr. Fisher in the department of Chemistry was not so much finding one but eliminating all but one. The board had knowledge of Professor Shumaker's talent and experience teaching Chemistry in the past for he was a member of the faculty for two years beginning in the Fall of 1929. The years have necessitated many additions and expansions of our knowledge of Chemistry and we feel very fortunate in having Professor Shumaker back with us in this department. His detailed knowledge of the subject has established his high standing in educational circles. He is a graduate of Cornell and Iowa University and has had extensive teaching experience in several colleges including the Des Moines College of Pharmacy.

### DR. W. O. HOPKINS—

of London is constantly hopping around the continent. The last card was from Monaco but mentions the Lido and several other places.

### DR. ORVILLE ROSE—

of Des Moines, while on vacation recently suffered an automobile accident that nearly cost his life. Dr. Rose is reclining at the Des Moines General Hospital in a full length body cast and it will be some time before the broken vertebrae can bear weight again. Drop him a card.

### DR. M. E. BACHMAN—

father of Dr. Robert Bachman and one of our old timers, has been confined to his home for several weeks. This past week has shown a little gain in his strength.

### DRS. BAUER & SAMBLANET—

of Canton, Ohio have recently purchased a building in Canton, transformed it into modern offices and renamed it the Osteopathic Physicians Building. This gives these progressive doctors more and better space and is of more convenience to their patients since they are out of the highly congested business district. We hope for their continued success.

### DR. WILLIAMINA CUMMINGS

of El Dorado, Kans., died recently after 33 years practice in El Dorado. Newspaper clippings indicate the high esteem in which she was held in church, lodge and in other civic work. Following her graduation from our college in 1905 she started in practice in El Dorado as soon as she secured her office location.

I. S. O. P. S.

**Contract Medicine**

Press releases indicate that numerous Cooperative and similar group purchasing agencies in Iowa should receive friendly consideration in "arrangements for medical care on an insurance basis" as an answer to impending Federal Reform in Medical Practice. Medical care is considered by the Federal Farm Administration as a worthy need, subject to its grants. Will the next General Assembly of Iowa enact the qualifying legislation to bring such grants to Iowans? Will officers, directors and members of such groups in your county require that such contracts provide for Osteopathic Services? Certainly any plan for "adequate medical care" must include Osteopathic services. What sort of a contract clause would be satisfactory to the members of your County Osteopathic Society? Such contracts are being made in Minnesota, Wisconsin, Missouri, Kansas, Oklahoma and Texas.

**Burke-Drew Law**

Official print of W. P. No. 32, which is the ruling by United States Employees Compensation Commission to the State Administrator, has been received. At the request of the Administrator a conference is scheduled for your officers to assist in setting up the application of this Federal Osteopathic Law in Iowa. Complete details, growing out of that conference, will go forward, at an early date, to all A. O. A. members in Iowa holding State membership. In fact, quite the same plan of Service Letters as developed last year, is being planned in this connection for A. O. A. members in Iowa who hold state membership.

**P. & P. W. Projects.**

Under the supervision of Dr. M. Biddison, Chm. of Public Education, the Editors Contact program is taking form. Anyone selected to serve Dr. Biddison's committee may well consider it a privilege to carefully study and follow the detailed instruction supplied through this committee by the A.O.A. Counselor, Mr. Caylor.

Dr. Thos. F. Lange, Cedar Rapids, Chm. of Radio, is hopeful that Iowa will this year swing into the stride with which our neighboring states of Kansas, Oklahoma, Wisconsin and Illinois are broadcasting. President Chappell began the program for this month over WMT on September 1st. An indefinite weekly series for each Wednesday evening at 7:30 p. m. over KFJB-1200 Kcys., Marshalltown, begins:

Sept. 7 **"The Public Health"**

Dr. W. C. Chappell,  
Mason City  
Dr. Thomas F. Lange,  
Cedar Rapids

Sept. 14 **"Back to School"**

Dr. N. A. Cunningham,  
Colfax  
Dr. Charles Wheeler,  
Centerville

Sept. 21 **"Hay Fever"**

Dr. J. J. Henderson,  
Toledo  
Dr. M. Biddison,  
Nevada

Sept. 28 **"Syphilis"**

Dr. B. D. Elliott, Oskaloosa  
Dr. J. W. Rinabarger,  
Keosauqua.

You can best express your appreciation to Dr. Lange and the P. & P. W. Committee, by sending to the A. O. A. Central Office, your 1938-39 contribution in support of the P. & P. W. Budget for this work.

**Applications for Membership**

Grace Urban, Iowa City.  
Leo Sturmer, Shenandoah.

**Locations and Removals.**

E. S. Honsinger, from Colorado to Abbott Hospital, Oskaloosa.

Victor Pohl, from Dayton, Ohio, to St. Anthony, Iowa.

Glenn E. Fisher, from Des Moines Still College to Bartlesville, Okla.

C. A. Reeves, from Muscatine to Texas, with Baker Cancer Hospital.

Khatchig Yazarian at Clutier.

**Visitors At State Office.**

Dr. W. C. Chappell, Mason City.  
Dr. D. D. Waitley, Evanston, Ill.  
Dr. Fred Shain, Chicago, Ill.  
Dr. S. H. Klein, Des Moines.  
Dr. M. Biddison, Nevada.  
Dr. J. J. Henderson, Toledo.  
Dr. Victor Pohl, St. Anthony.  
Dr. Robert O'Shana, Des Moines.  
Dr. D. R. Steninger, Wellman.  
Dr. N. A. Cunningham, Colfax.  
Dr. Khatchig Yazarian, Clutier.  
F. A. G.

**ATTENTION!**

Will all present County Osteopathic Society Secretaries please send now the complete panel of your officers, to office of **State Secretary in Marshalltown!**

Some District Societies have requested the State Office to contact their organized County Societies directly as this **COOPERATIVE** movement develops.

**ROTARY**

Will every member of Rotary Club report the name of his luncheon club to the Secretary-Treasurer of the Vocational Guidance Group of Rotary International,

DR. E. R. PROCTOR, O.D.  
27 E. MONROE STREET  
CHICAGO, ILLINOIS.

DR. L. M. MONGER—  
of the Monger-Paul Osteopathic Clinic of Detroit was elected president of the Alumni group of the Denver Polyclinic. Since Myron graduated in 1930 we have watched his rise and extend congratulations.

**Obstetrics**

(Continued from Page One)

ness and many other legitimate causes are recorded in this list.

**Twins.**

47 cases or about 1%. Just enough to keep us on the lookout for twins and wish for one of the rarer cases of multiple births. One of our Senior girls came into the office last week with a fine month-old baby on each arm, a pair that she had delivered the latter part of the vacation.

**A Case Report.**

We had our recorder of statistics reach at random into the records and give us the story of one of these cases. It shows the care given the patient all thru the pregnancy, the detail of our records and the thot and time necessary to carry one patient thru. This shows you that our students have actual contact with the patient from the registration in the clinic until the case is discharged. The fact that these mothers come back to the clinic for care in additional pregnancies and bring friends is sufficient proof of the efficiency of our teaching.

Mrs. P. W. Age 18, primipara. Routine examination showed an exceptionally good physical condition. Her last period was given at about 8 months previous to the date of examination and considering the size and shape of the abdomen and palpable parts the date of delivery was set at about one month following. Consideration was given to the fact that in a young mother the first period of pregnancy is variable and may be terminated a couple of weeks previous or following an estimated date and still be considered normal. All laboratory findings were negative. The external pelvic measurements were normal. She was seen twice a week and registered no complaint at any time. Her due time came and passed with no evidence of labor starting and we naturally thot that an error had been made on the date of her last period. Four weeks after the estimated date, pains started. They were intense and regular and at two minute intervals and about one minute in duration. After several hours of this type of labor an examination revealed a tough unyielding cervix with approximately 2 cm. dilation. The patient was allowed to labor another eight hours in which time she had gained another cm. dilation. She was becoming exhausted and was given 1/4 Morphine with 1/150 Atropine hypodermic and allowed to rest for six hours. Following the rest period she went into labor again for about eight hours which was followed by another period of rest the dilation increasing to 5cm. The position of the infant was determined as L.O.P. and the patient was allowed two periods of rest and labor. Dilation being nearly complete she was prepared for delivery and

the dilation increased manually. The membranes were then ruptured and an attempt made to apply the forceps. This failed as the head was extremely large and had undergone so much moulding that it was impossible to rotate. An internal version was done with difficulty due to the size of the child.

The contractile ring of Bandal made it almost impossible to turn the child but after this had been accomplished and realizing the size of the infant a deep lateral episiotomy was performed which afterward proved inadequate. An eleven pound baby was delivered resulting in a tear thru the sphincter ani and into the canal. Repair was made and the mother and infant followed thru in the usual "uneventful recovery" manner. This patient has been seen once a month since the delivery and is in excellent condition.

Watchful waiting in this case undoubtedly saved both the mother and the infant. Many of these cases are hurried too much or the case is rushed to the hospital for a Caesarian. An eleven pound infant is a big job any time but may be serious for an eighteen year old primipara.

**Polk County**

The Polk County Osteopathic Association met for the first dinner meeting of the year at the Hotel Chamberlain on Friday evening, September 9th. Attendance was unusually good for the first meeting, with almost 30 Des Moines physicians present.

Miss Ethel Vest who is chairman of the Iowa Division of the Federal Compensation Commission was the speaker of the evening. Her subject was, "Paying Federal Compensation." She explained in a simple and straight forward manner the way in which Osteopathic Physicians are privileged to take part in the treatment of federal employees since the enactment of the "Drew Bill" in the last session of Congress. The names of Osteopathic Physicians are being placed in alphabetical order with those of the Medical Physicians and will be called on cases in rotation in each county of the state. Within the next few weeks each physician will receive complete, written instructions for the filling in of the necessary papers in regard to each case and the method of procedure. Miss Vest expressed her desire to cooperate with all physicians and asked that all would feel perfectly free to call upon her services when ever necessary.

The next meeting will be on the second Friday night in October. A series of very interesting programs have been planned for the year. It is the desire of the Executive Committee that each Osteopathic Physician in Des Moines and Polk County join with us in the year's activities.

O. E. Owen, Sec.

Entered as second class matter, February 3rd, 1923, at the post office at Des Moines, Iowa, under the act of August 24th, 1912.

# THE LOG BOOK

Accepted for mailing at special rates of postage provided for in Section 1103, Act of Oct. 3rd, 1917, authorized Feb. 3rd, 1923.

PUBLISHED MONTHLY BY THE DES MOINES STILL COLLEGE OF OSTEOPATHY

Volume 15

October 15, 1938

Number 10

## Foreign Service

We have just received a most interesting letter from Dr. Anna M. Smock who for the time being is located in Alexandria, Egypt. Dr. Smock started a round-the-world trip about two years ago and likes it so well in Egypt that she has spent the past year there. We do not have her permission to quote from her letter but so much of it is of interest to the profession that we will run the risk of suit.

"Have been in Egypt for a year and like it very much. Have a nice little practice and am assured that there will be no objections to my remaining if I wish to. It is impossible to get a permit to practice as the art of Osteopathy is unheard of and of course being a lady I am more or less let alone. I am called a bonesetter and let it go at that. My patients are from twenty-seven nationalities and so my secretary has to speak several languages. With the little French and Spanish I know I can get along with many of them without an interpreter.

"Have demonstrated Osteopathy in many hospitals and lectured before medical associations. Some are willing to accept it and some are very much enthused. Others cannot believe it is good for anything except bony lesions. Have demonstrated in three of the largest hospitals in Greece and have been invited to return and get a permit from the government to open a school there but the country is extremely poor and I have declined the offer. Have had many interesting experiences and am more convinced than ever of the virtues of good old ten fingered osteopathy. Of course it is extremely difficult to introduce anything new in these old countries. Many times a patient will call and say 'I am sorry I cannot have a treatment today. I have a headache—or I am not well—or I have a crisis.' They call nearly everything either a crisis or a chill on the stomach.

"Last Winter I had 3 pneumonia cases one of which was pronounced dead by her medical physician. After many hours of good hard osteopathy and a pack I performed the miracle of saving the dead. If at any time your students are skeptical about their chosen profession reassure them that it is a science that will take them safely to the four corners of the world and never fail them if properly applied. Impress upon them the importance

(Continued on Page Four)

## OSTEOPATHY

One of our graduates of 1902 who has practiced on the West coast for quite a few years dropped in the other day to visit for a few minutes. This doctor deplored the fact that the spectacular days of osteopathy seemed to be over; that we were not curing the incurables and that we have gotten into a position where we were no longer the major topic of dinner arguments, pro and con. That may be true in some places but it is not true at Still College. The rare day occasionally comes along when nothing exciting happens in a therapeutic way but with the quantity and variety of patients coming to the college for treatment and the many cases taken care of outside, the matter of curing the incurable is so common that it is not as exciting as it might be made. However, when a student starts in the clinic and cures an incurable his or her first case of this kind is discussed. We asked Dr. Facto, head of the Clinic to select a recent case to prove our point. He cited several during the Summer months and late Spring. The one reported below is perhaps not the most spectacular but it is extremely interesting from several viewpoints. This case history is a part of our permanent files. The student who treated this case is still in college but will graduate in May '39 and Dr. Facto can be found at the college building almost any time during the day.

### Curing the Incurable

Mr. G. B. of Des Moines. Occupation, clerk. Age 53. Entered the clinic March 31, 1938. He complained of regurgitation of food and mucous about 15 to 30 minutes after each meal. He said that he had not been able to lie down and sleep in bed for fully a year because of the collection of mucous in his esophagus which caused him to choke and made breathing difficult. Because of this he has been sitting up in a specially constructed chair to sleep for the past year. He has been on a special diet and has not eaten any meat, with the exception of crisp bacon, for the past twenty months.

He also complained of his left arm and shoulder, which had been injured eighteen months before, on falling from a box car. Since that injury he has not been able to lift his left arm above his shoulder. Because of this injury he was forced to

give up his work with the railroad. The medical staff of the railroad informed him that he would no longer be able to use his left arm and offered him a very generous settlement. He signed a release and accepted the offer of his employers.

He has had medical and chiropractic treatment at different time in the past eighteen months for both the shoulder and arm and the regurgitation without relief in either case. He said that he came to the college clinic as a last resort.

His past history showed several infectious diseases from which he made an uneventful recovery. The family history was negative.

The physical examination showed a blood pressure of 124/82 with a pulse rate of 80, the rhythm and volume being good. Other physical findings were negative with the exception of a marked tenderness over the epigastrium on palpation and atrophy of the Deltoid on the left. His weight was 120 pounds.

The osteopathic examination disclosed lesions at the 3-4 C. Occipito-Atlantal, 5-6-10-11-12 Thoracic. There was a slight left scoliosis.

Laboratory findings showed a positive indican upon examination of the urine. The blood count was 4,900,000 red cells and 8100 white with a hemoglobin of 75%.

The diagnosis was made by considering the many possibilities. Pathology of the heart was eliminated by negative findings upon inspection, palpation, percussion and auscultation. Malignancy of the esophagus and stomach was eliminated by the time factors and the absence of any great loss of weight or any marked anemia. Diverticula was ruled out because of the short duration and rather sudden onset. Stenosis of the esophagus, crossed off because there was no history of having taken any corrosive poison or other irritant which would tend to cause scar tissue with constriction. Spasm of the esophagus was eliminated as there was no history of a foreign body having lodged in the esophagus and no marked nervousness on the part of the patient. Absence of pain, blood and pus ruled out acute esophagitis. Sarcoma of the mediastinal lymph glands was eliminated

(Continued on Page Four)

## Dr. A. B. Taylor Dies

Dr. A. B. Taylor, former member of the faculty of the college and brother of Dr. S. L. Taylor, died October 6 in St. Louis, Mo. For the past several years he has been practicing in Des Moines but recently had not been feeling well and went to a veteran's hospital in St. Louis for more complete diagnosis and treatment. While there he contracted pneumonia and died. Contrary to a report in the local newspaper he was a graduate osteopath and together with Drs. S. L. and G. C. Taylor founded Des Moines first tonsil clinic under the name of the Taylor Clinic.

Sincere sympathy is extended to his wife and his brother, Dr. S. L. Taylor who is ill in California.

## Year Book

The trustees have approved a year book plan for the Fortieth Anniversary of the founding of our college. We are sure that this will be enthusiastically received by the student body and also that many of the alumni will wish copies. Next month we hope to have more complete information on the plan for the book and the staff will be announced.

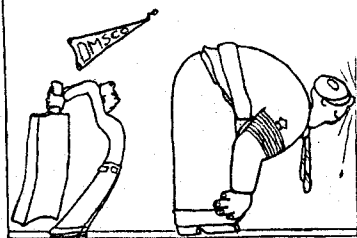
## Reception

The trustees of the college have set the date October 28 for the Freshman Reception. This is not meant for the Freshman B. Class only but is intended to honor all students who are attending our college for the first time this Fall. The entire student body will be present and will dance and play cards as guests of the trustees.

## Student Council

The first feature of the entertainment plan devised by the local Student Council will be a picnic to be held October 13. At the time of going to press we do not have the exact place but it will probably be held at the Fair Grounds as of last year. A fine feed and the usual games and contests are being arranged. With the whole student body loose that day it is certain that they will enjoy the entire program. We hope the weather continues as it has been for the past week or ten days. Additional programs will be announced when the dates and other arrangements have been completed.

FRATERNITY NOTES



ATLAS CLUB

The month of September was quite an active one for the Atlas Club. The final touches were put on the house and a large number of activities were promoted.

The smoker for the new men was held Friday, Sept. 16 with Dr. Parks as speaker. Everyone seemed to have a pretty good time. The committee in charge of the affair is to be congratulated.

On Monday, Sept. 19, Dr. John Woods, of our faculty, spoke at our first Practical Work meeting on "The Problems of a Doctor Entering Practice." A large turn out was on hand to enjoy the talk.

Our first open house was held Sept. 17 and our annual Barn Dance, Oct. 1. Both affairs were a tremendous success. The Barn Dance was held in the Sanctuary and was a costume affair. The Sanctuary was decorated with corn stalks and other rustic settings. We never knew there were so many old clothes around the place till this party came off. The dance closed at a late hour with comparatively few casualties.

We are happy to announce that the following men have pledged Atlas Club during the past two weeks: Robert White of Lancaster, Ohio; Lyle Ackerson of Stillwater, Minn.; Paul Taylor of Detroit, Mich.; Robert Hanson of Austin, Minn.; Herman Gagner of Comfrey, Minn.; Lionel Gatien of Detroit, Mich.; Paul Rutter of Cleveland, Ohio. The annual pledge dance will be held Saturday evening, Oct. 15 in honor of the new pledges.

Friends of Brother P. N. Munroe will be glad to learn that he has almost completely recovered from his recent siege of Bronchial Pneumonia. Brother Munroe was confined in the Des Moines General Hospital for some time but is now convalescing at his residence.

Among those who visited the house during the past month were Doctors Harry Stimson, W. C. Andreen of Detroit and Dr. Henry Ketman of Omaha.

The coming weeks hold much in store for the fellows. Six weeks exams are just around the corner and don't forget the teachers convention.

R. D. B. Stylus

ITS

The Iota Tau Sigma held its annual smoker at the Des Moines Club this year. The new students were introduced to the members and pledges of the Iota Tau Sig-

ma, and most of the evening cards and Chinese checkers were played. Dr. Becker, Dr. Halladay, and Dr. Cash were the speakers of the evening.

The Iota Tau Sigma is proud to announce at this time its new pledges. Bill Ferguson, Tom Geraghty, Harlan Hofer, Milton Mauthe, Chris Henkle and Phil Reames.

This year two members of the Iota Tau Sigma were elected to different offices. Howard Sporck being elected president of the Senior class and Scott Fisher president of the Junior class. We are quite proud of this fact.

ΦΣΓ

Our fraternity was fortunate in getting a fine group of pledges. They have been approved by the critical eye of the fraternity, and are indeed ideal fraternity material. They are: C. Hall, J. N. Fox, "Spec" Jemison, R. Woods, and H. Wirt.

The fall dance, which is an annual affair, will be held at the fraternity house, Oct. 29. Final plans and arrangements are now being made, an eventful evening is expected.

Since N. Woodruff has come back to town with his new streamlined model we have had a great deal of trouble keeping track of him.

At the last fraternity meeting the Interfraternity Council plans were discussed and were met with a great deal of approval. The fraternity wants it to be known that they will give wholehearted support to the council.

ΨΣΑ

The Psi Sigma Alpha, National Honorary Fraternity, held their initial meeting of the school year at the Phi Sigma Gamma House, Tuesday evening, September 27th.

Fraternity business was conducted and plans for the Fraternity Activities during the coming year were made.

Pledging will take place during October.

Dinner meetings are being planned and will be held regularly throughout the school year. The first dinner meeting of the ensuing year will be held at Boyce's Uptown October 11th. Dr. O. Edwin Owen, president of the National Grand Council of Psi Sigma Alpha, will be the speaker at the meeting.

The following named officers were elected last spring to serve for the present school year:

President.....Neil R. Kitchen  
Vice President.....Paul Kimberly  
Secretary.....Gerald Hooper  
Treasurer.....Elmer Hanson

Committees appointed:

Membership: Paul Kimberly, Glenn A. Walker, Kenneth Blanding. Program: Robert McKay, Alfred Ferris, Arthur Borchardt. Social: Harry Wing, Kenneth Dirham, Joe Robertson. Sick committee: Joe Gurka, Geoffrey Lurance, Ernest Light. Criticism: Elmer Hanson, Eldon Blackwood, Lowell Augenstein. Reporter: Glenn A. Walker.

Corresponding secretary: Joe Robertson.

ΣΣΦ

The activity of Sigma Sigma Phi, which started with such promise, was dealt a severe blow when our able president, Leo Sanchez, was stricken with an illness that may keep him from fraternity activity for same time.

Regular meetings have been held and plans are being carried out but a little of the old "zip" is lacking. It is hard to realize the loss of a leader, and the necessity of a changing and reorganization of administrative officers. This process is rapidly taking place and we hope to be well on the way in a few weeks. Each and every member extends his deepest sympathy to Brother Sanchez.

We have hopes of the return of some of the beautiful Indian summer weather for at least time to allow for the stag the fraternity has planned. There is nothing better for the tired, busy student than a romp in the woods at this most beautiful Autumnal season of the year. Walnut Woods, or Sycamore—here we come.

A. S. B.

ΔΩ

The first business meeting of the year was held September 27th at school. Much enthusiasm was manifested as our new president, Rebecca Richardson discussed plans for the coming year. The sorority plans to cooperate with the college in securing new students. The school records are to be checked for prospective women students and through correspondence place before them the advantages of enrollment at Still College.

Dr. Mary Golden on September 17th entertained the women students at dinner at her home and the evening was spent playing games. We all look forward with pleasure to an evening with Dr. Golden, for as well as a good time we feel she gives us some of her own inspiration and enthusiasm for osteopathy.

ΑΟΓ

Calvaria chapter of Lambda Omicron Gamma National Fraternity wishes the faculty and student body of the Des Moines Still College a very successful New Year; this being the beginning of the year 5699 according to the Hebraic calendar.

If "Virge" is seeking band material we want to inform him that in our midst is the one and only Paul Green who has mastered all musical instruments; including the musical sweet potato. Each week finds P. Green lugging home a new instrument. Beginning with the potato, then a "Uke," and now an Accordion; we can expect a piano any day now. His roommates Feldman and "Rudy" bought earmuffs in self defense.

Those of you who believe that

Greenhouse carries a gun in his back pocket are absolutely mistaken. It is merely the handle from his car (?) door. Having lost the key to his car he carries the entire handle. What happens when you lose the handle Max? Cerebrum Al Yarrows, having spent most of the summer at Mayo's clinic in Rochester, Minn., gave an interesting talk on this organization at our last meeting.

The officers for the fall term are:

- Cerebrum.....Alvin Yarrows
- Cerebellum.....Martin Friedenberg
- Calamus Scriptorius.....
- .....M. H. Greenhouse
- Pons.....Edward Kanter
- Calvarium.....David Adelman
- Interfraternity Councilor.....
- .....Paul H. Feldman

Guest speakers at our smoker this semester were Rabbi Munroe Levens of Des Moines, and Dr. H. V. Halladay, National Chairman of the Osteopathic Interfraternity Council. Irving Ansfield, Milwaukee, Daniel Feinstein, Ohio, Arthur Friedman, Ohio and David Gateman, Ohio were pledged.

To the Beta chapter of Iota Tau Sigma we express our sincere appreciation for the thoughtful New Years Greeting. AND to Bob Lindquist "Gematin", (likewise).

Frater Bernie Weiss (he of the famous story of the "One Eyed Turk") is attending classes again after a weeks battle with old man Flu.

Paul and Max

Interfraternity Council

Dr. Halladay was host at 6:00 o'clock dinner Friday, September 23 at his home on Kingman Boulevard to the members of the Interfraternity Council. Dr. Halladay has made this a semi-annual event which we anticipate with pleasure each semester. The delicious food and good fellowship were thoroughly enjoyed by all present.

After dinner the pledge slips were opened and bids were extended to the prospective pledges by the four men's social fraternities.

Through the efforts of the Council, copies of the Osteopathic laws of all states will soon be on file in the library.

At a call meeting October 5, a calendar of events for all Fraternity functions was compiled.

B. F.

N. O. I. C.

The work of the National Osteopathic Interfraternity Council is being held up for the time being due to the failure of some of the officers of last year to make needed reports. We hope that these will be in shortly so we can make plans for the year. A number of important items are on the spike now. H. V. H.

# The Log Book

The Official Publication of  
DES MOINES STILL COLLEGE  
OF OSTEOPATHY

President.....Arthur D. Becker

Faculty Adviser....H. V. Halladay

Editor.....E. Harwood

Osteopathy Without Limitation

## Osteopathic Therapeutics

(No. 2 in Series)

"A loss in anatomical integrity serves as the cause of abnormal physiological response." The foregoing statement is just another way of saying that "Structure determines function," or that "Anatomical soundness is necessary for normal functional capacity and optimum functional resourcefulness." This fundamental principle, first recognized and stated by Dr. A. T. Still in 1874 and is distinctly osteopathic. At the time it was stated, it was a revolutionary pronouncement and like all really new ideas, it stirred up a storm of criticism and protest, but has since been accepted by the scientific world.

Dr. Still at that time also recognized and postulated another profound basic principle of healthful well-being when he said, "The human body is self-sufficient." He explained that man is endowed by nature with the vital forces and mechanisms necessary to maintain health and to recover from disease, provided that all parts of the human body are in normal relation and properly nourished. He visualized the physiological platform for natural immunity. By his philosophy and reasoning he explained both health and disease. Disease is a logical response in a disordered structure.

Among the multiplicity of factors which must of necessity enter into the modern osteopathic physician's therapeutic armamentarium, there is one that will always stand high in the list and that is an intimate, detailed and comprehensive knowledge of the autonomic nervous system; its origins; its distributions and its functions. An osteopathic physician must be able to think in terms of autonomic innervation. Autonomic innervation and function is his "cloud by day and pillar of fire by night" in the scientific prescription, accurate dosage, and skillful application of osteopathic therapeutics.

About twenty years ago Dr. H. S. Bunting, publisher of a periodical "The Osteopathic Physician," threw a national osteopathic convention into a furore, by saying, "The average osteopathic physician treats the hypothetical lesion." He went on to explain that for headache the average osteopathic physician treats the neck in a somewhat general fashion, likewise for

digestive disturbance he treats in the splanchnic area, for constipation he treats the lumbar spine. If Dr. Bunting wanted to get a rise out of the assembled physicians, it would be conservative to say that he certainly achieved his objective.

Personally, I think it the part of wisdom to revive that old controversy from time to time. Giving general treatments and treating the hypothetical lesion is an ever present trap for the unwary, for the lazy thinker, for the unlearned, and for that most dangerous of all, the doctor who is in a hurry. Every osteopathic physician should indulge in a brief but critical self-analysis every day as a means of keeping out of that particular and disastrous rut.

Obviously, the first step in the prescription of a suitable treatment in a given case is to determine the area or areas of lesion. One must go still further and determine which of several lesions is the major lesion. The major lesion may be differentiated from various minor lesions present by the feel of the soft tissues in relation, determining the tension, the resistance, the loss of motion and possibly the hyperesthesia. The major lesion may be recent or of long standing. It is usually well localized and in direct anatomical relation to the disturbance. It may be purely local or as a part of a spinal stress pattern. The major lesion may be discovered on first examination, or it may be determined after several treatments. It may be easily corrected, or it may require weeks or months of carefully contrived leverages, building each treatment upon the preceding ones. Modern osteopathic therapeutics consists of finding the lesion (diagnosis) and normalizing the lesion pathology (treatment). Healing and restoration are accomplished by natural processes after the disturbing factors have been removed. A. D. B., D. O.

## Surgeon Talks

The college was honored by a short visit from Dr. Harold Fenner of North Platt, Nebraska Thursday, October 6th. Dr. Fenner met with the entire student body in a special assembly and in the short time extended to him covered several important subjects of interest to the general practitioner and surgeon. He was returning from the meeting of the American College of Osteopathic Surgeons at Cleveland and we appreciate very much his taking time off on the return trip to spend part of a day at the college.

MRS. K. M. ROBINSON—

has started on the second lap of her vacation which was interrupted earlier in the season by the flu. She plans to drive to the Great Smokey Mountain National Park and possibly a few miles beyond.

## Assemblies

September 16

The second assembly of the new semester is given over to the introduction of new students, not only those of the incoming Freshman class but also any who have transferred from other colleges and who may have been out for one or more semesters. The usual plan of grouping the Freshmen on the platform and having them give their names and home towns was followed and it was found that Ohio headed the list in the rivalry between that state and Michigan. Michigan will have to look to her laurels in the next class.

Nearly twenty transfers were called upon and were welcomed with the same enthusiasm. Those from certain states were somewhat shocked to hear a few boos mixed with the cheers. Later they understood this unusual mark of affection.

We are happy to announce that with the enrollment final at this time that the total number in school this semester shows a slight increase over the same time last year. This is not due to the size of the Freshman class but to the number of transfers entering the Sophomore, Junior and Senior classes.

September 23

Paul Green of the L. O. G. secured another talkie for us for this assembly. The picture was interesting but would have been much better if the sound equipment had functioned. Thru some error in the connections the picture had to be run without the talkie part and much of the value of it was lost. We hope to have it back sometime and will be certain then that the projector is complete. We thank the L. O. G. and assure them that the sound track will be in working order the next time.

September 30

At the edge of the campus near Tenth and Grand we have an institution that occasionally furnishes us with a fine program. The American Institute of Business sent a quartette and two fine musicians, one playing the piano-accordion and the other the banjo. The excellence of the program demanded several encores. We thank Mr. Fenton of the A. I. B. not only for the talent he sent but also for the invitation to the A. I. B. dance held the same evening.

October 7

Dr. H. E. Clybourne of Columbus, Ohio has been doing some fine work in movie photography which was proved to the student body thru a film. This was sent to Dr. Becker for comment and to extend it to the future osteopaths, Dr. Becker offered it to the student body asking for criticism following its showing.

We were glad to see this for several reasons. It brings to the attention of the student body the fact that we have in our profession many who are doing real constructive work along lines that need to be investigated. It makes the student body of any

college a more intimate part of the profession. Those of us who are interested in students are better able to judge whether or not they are able to express an opinion, basing their judgement on what they have learned and what they need to learn yet. We should have more of these films showing the research that is being done by many individuals in our own profession.

## Surgical Meeting

The American College of Osteopathic Surgeons met this year October 3-5 at Cleveland, Ohio, the meeting being held at the Cleveland Osteopathic Hospital and Clinic. Dr. Byron Cash of our faculty attended and was one of the speakers on the program and reports a fine meeting. The program, which filled every available hour of each day was extended beyond the official dates to take care of the many seeking aid in the clinic. Dr. R. A. Sheppard and staff proved excellent hosts and the visitors were duly impressed with the appointments of the hospital and its facilities for taking complete care of every patient.

The program, arranged by Dr. E. G. Drew of Philadelphia, consisted of operative cases in the mornings with lectures and business meetings following. Monday evening the college was entertained by the county society. An excellent banquet was served and Dr. George Laughlin of Kirksville addressed the group. Tuesday evening the visiting ladies were entertained by the auxiliary, the college meeting as guests of the clinic with Dr. Clarence Kerr as Emcee. The dinner was followed by entertainment.

Officers elected for the ensuing year were: President, Dr. H. E. Lamb of Denver; Vice President, Dr. E. B. Jones of Los Angeles; Secretary-Treasurer, Dr. A. C. Johnson of Detroit.

Past President E. A. Ward and Dr. R. C. McCaughan of the central office attended and spoke to the group. The major theme of the meeting centered on the improvement of case records in the matter of more detail so that statistics will be available and authentic.

## Faculty Dates

Dr. Facto spent two days recently at the state meeting in Minnesota held this year at Fairbault.

Dr. Woods will meet with the Kansas State Osteopathic Society October 12-14, at Iola, Kans., and will appear twice on the program.

Dr. Arthur D. Becker makes a trip to Denver the latter part of the month to assist at the Lamb Clinic.

**I. S. O. P. S.**

**Applications for Membership**

Homer C. Friend, 902 Gaines Street, Davenport; W. J. Huls, 902 Gaines St., Davenport; G. I. Noe, Sheldon.

F. A. Gordon, D. O.

**Polk County**

The Polk County Osteopathic Association will hold the second regular meeting of the year on Friday evening, October fourteenth at the Hotel Kirkwood. The speaker of the evening will be Dr. H. E. Ransom, City Health Physician of Des Moines. He will discuss problems of "public" and "individual" health as they are being solved by the earnest cooperation of the practicing physicians of the city.

Since this writing goes to press before the next meeting, I am taking this opportunity of expressing the desire of the Executive Committee that each Osteopathic Physician in Des Moines and Polk County avail him or herself of the splendid programs which have been planned for the current year. The attendance at the first meeting vouch for the fact that the year's activities are off to a good start. If you were not at this meeting, just mark the second Friday night of each month as a standing engagement and plan to be there. If you are not there, you will be missed. You will receive a card and a phone call heralding each meeting. Last year marked the highest percentage in membership in the history of the organization. This year promises to be even higher. "Keen appetite and quick digestion wait on you and yours." (John Dryden).

O. E. Owen, D. O.  
Secretary

**Foreign Service**

(Continued From Page One)

of differential diagnosis for it surely puts one on the spot to be working before fifteen or twenty Europeans and physicians educated all over the world, unless you are fast on diagnosis. I started out to take osteopathy around the world and I find that it is taking me."

Her letter continues listing the many historic places she has seen and expects to visit before her return to the states. From the tone of her letter she expects to be in Egypt for some time and will then continue her trip around the world carrying the message of osteopathy with her. We congratulate her on her success and wish for her a happy continuation of her journey.

**DR. H. V. HALLADAY**—made the front page of the Register Sunday, October 9th. His home was prowled during the morning of the day previous and several valuable pieces of jewelry and some money taken by the thief.

**Osteopathy**

(Continued from Page One) as there was no marked progress of the symptoms. The liver was normal and no evidence was found of gall bladder disease.

After the removal of the above possibilities it was decided that because of the marked resistance of the passage of food and the regurgitation soon after eating that we were probably dealing with a cardio-spasm and the diagnosis was made as such.

After the first examination an X-Ray and fluoroscopic examination was made which showed a marked constriction of the cardiac end of the stomach.

Osteopathic treatments were given three times a week. After the first treatment the patient received relief in that the amount of mucous and food regurgitated had diminished. When the patient came in for his fourth treatment he was able to raise his left arm above the shoulder and could use this arm and shoulder as well as he had ever used his uninjured right arm. He remarked that it was a shame to have taken the money from the railroad. Two weeks after he had started treatment he had a slight upset. This he attributed to overeating. Two weeks later or one month after he had started osteopathic treatment he was able to lie down and sleep soundly in a bed for the first time in more than a year. His weight at this time was 125 pounds, a gain of five pounds in a month. The treatments were then reduced to two a week.

Two and one-half months after osteopathic treatment had been instituted the patient showed a loss of weight it having been reduced to 118 pounds but he laid this loss of weight to the fact that he was worrying over some competitive examinations he was to take for a new position. There was no evidence of any return of the regurgitation during this period and after taking and passing the examinations he again gained weight. Four months after his first treatment he called and said he felt good and could see no reason for further treatment.

This case was examined by Dr. L. L. Facto and treated by Chase Mathews of the Senior class.

This is only one of many that come to us and leave cured. We do not dare to advertise our clinic in the Des Moines papers for we would be swamped. We do not have the numbers in our classes to take care of all that come to us now, all interesting cases.

But—the thing that we started out to try to prove was that the day of miracles is not past. This man came as a last resort without much in the way of faith for he had been treated by the company's doctor, an M. D. and had had mechanical treatment at the hands of a chiropractor. He left our osteopathic clinic a very different man mentally and physically. We are trying to tell you

that Osteopathy is not the forgotten therapy in Des Moines. We get too many patients in the clinic who have had everything else that they could get from every other type of therapeutic plan. They come to us for osteopathy and they get it and it cures many of them.

Forty years ago this college was founded to teach Osteopathy. We are still following the precepts of the founder of our science and the founders of our college. Students here in Des Moines not only hear about osteopathy but they have the opportunity to see its efficiency proved every day. We do not need more patients in order to prove this but . . .

**WE NEED MORE STUDENTS IN ORDER TO CONTINUE THE PROOF OF OSTEOPATHY.**

**The Vacation**

This annual resume of one kind of a vacation is almost as important as any technical article we could offer. Dr. Becker hinted recently at something of the kind when he stated that time should be taken off each year for complete rest from the job itself. This kind of a vacation does not appeal to many for the majority favor going to one place and staying there until the time comes for the return. We do know that this continual moving about gives the vacationist new vistas and new contacts both of which are a stimulus. This vacation was planned to see more of the S. W., to see the daughter and to collect cacti. Incidentally some osteopathic contacts were made. We will take it from the start.

August 6—Drove from Des Moines to Ft. Morgan, Colo., 620 miles. Nothing of any great importance so far.

August 7—To Denver. Stopped to see Bob Starks and tried to get into the Reid Polyclinic. Both closed for the day (Sunday). Decided to go to Rocky Mountain National Park and circle around into Boulder. Dropped down to Colorado Springs for the night. Several fine circle drives in and about this region that everyone should do sometime. 380 miles.

August 8—Late start due to attention to the car. Drove south stopped several times for cacti and finally to the Donovan Osteopathic Hospital in late p. m. to see Ed Theilking our recent graduate and intern. Left to make Capulin Mountain, a recent volcano, and doubling back made Eagle Nest at night. This being up about 7500 feet forced the use of three blankets. Those of you who want cold weather in the Summer can have this spot.

August 9—Short stop at Taos. On to Espanola to visit Dr. Wise for a few minutes. Made Puye and Bandelier Ruins in the p. m. and on to Albuquerque for the night.

August 10—Talked to Kiwanis Club at noon on "What is Osteopathy." Went on the radio

with Jo Wynn on interview on athletic injuries in p. m. Dinner at night with about 25 members of the profession present and talk afterward. Thanks to Drs. Pearsoll and Wynn. We would call it a swell day. Saw a number of old friends and like Albuquerque better with each visit.

August 11—Brief stop at Mountainair to rob Dr. Hoerrmann of some cacti. On to Gran Quivera to see the ruins and from there over terrible roads to Carrizozo. Much better to Alamogordo and to see Tom Charles and the White Sands again. Numerous stops along the way to dig cacti.

August 12—Cut across to Artesia from Alamogordo through mountains and excellent cacti country. At the Cavern for the night. Spent two hours trying to find a certain type of button cactus and finally located several.

August 13—Slow trip with many stops via El Paso to Las Cruces. Visited Cactus Acres where they have twenty thousand specimens believe it or not.

August 14—To Beaver Head Lodge to see the daughter via Deming, Silver City, Luna and Alpine. Beautiful drive largely thru mountains. Arrived late but in time for eats.

August 15—Birthday of the daughter. Another surprise. The temperature on arising was 28. Altitude about 8500 feet and found the dew frozen. This is another Summer cool spot that anyone can have if they want it. Enjoyed the day and the dinner and party at night. Genuine mountain music by a guitar and fiddle furnished the tempo for a dance and the folks came for miles around. Words fail in trying to describe these occasions that are real fun and relaxation with some real folks. Until you see them in the flesh you think of them as fictional. Met some folks originally from Iowa but this is usual for Iowans are scattered all over the S. W.

August 16—Early start winding down thru mountains enjoying the hairpin turns and stopping occasionally for new cacti. In three and one-half hours dropped from 8500 feet to 1400 and went up from a temperature of 34 to 112. Try that sometime. It was good to get warm again. At Lordsburg shipped back some specimens and got ready to load the car again. Drove south and at Rodeo turned from the main road to drive Union Saddle to Chiracahua National Monument. What a drive! Old fashioned horse and wagon road over the mountains. Made it and camped at a ranch near the monument.

August 17—Slow drive thru wonderful cactus country to Nogales and up to Tucson. Went over the border for a short visit to the shops.

August 18—Spent in the vicinity of Tucson gathering cacti. Visited the San Xavier Mission and the Saguara Forest. Picked up a prospect for the college at the camp.

(To be Concluded)



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# THE LOG BOOK

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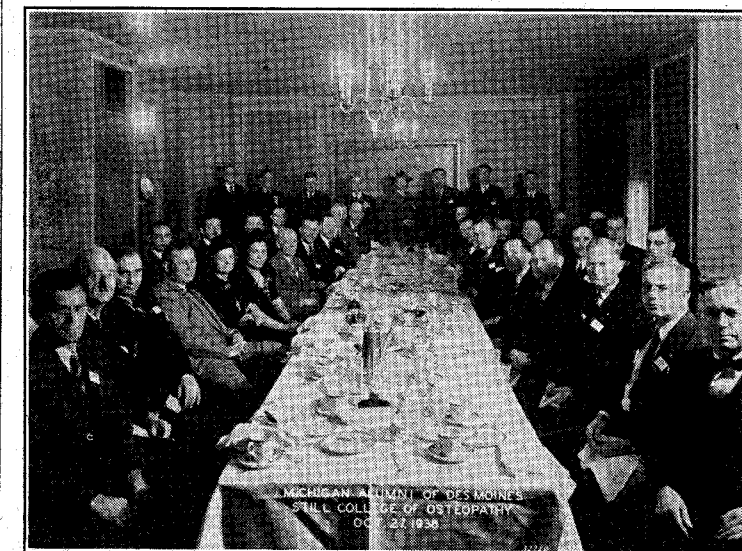
## Open Your Eyes

By E. Harwood

I have before me some printed pages of momentous import. Three of these have arrived within the last few days and all speak the same language. If you wish to think with me lay out the following: (1) The Log Book of September 38, page 1, "The Student Situation." (2) The Journal of the A. O. A. November, 1938, page 159, "The Colleges—1." (3) The Forum, November, 1938, page 205, "1938 College Enrollment." (4) The Journal of Osteopathy, November, 1938, page 13, "Greetings to All Kirksville Alumni" and on page 14 of the same issue "The Effect of New Educational Standards upon Enrollment in our Colleges." I also have at hand a number of letters relative to this same subject and this entire mass of printed expressions discusses the same subject. I am taking a by-line with this article of my own for altho these discussions in substance say the same thing they may be interpreted in many different ways. It is plainly evident that something has happened. If not, why these several comments at the same time. I think the Log Book beat some of the others to the draw for while cautiously written, it speaks plenty between the lines if the reader will read and think at the same time. These various articles were not written as echos but from observations made direct from the firing line. I do not have available any comment from Chicago or Kansas City but I know that the officials of each of these colleges have been doing some thinking also. I know this for the figures printed in the Forum are not congratulatory at either Chicago or Kansas City. At the risk of my own face I am going to comment on these and I hope you will bear with me. I will be brief, and in this way trying to hold your attention, may have to sacrifice clarity somewhat.

The college looked ahead two years ago initiating a more complete organization of its Alumni. A president was elected, other officers also, and the machinery for contacts was set in motion. Large bodies move slowly and we are just beginning to see the effects of the work of our Alumni in the recent enthusiastic meeting held during the state convention in Michigan. (See cut).

Perhaps the 50% cut in enrollment this Fall could have been reduced by an earlier start



Dinner at the Book Cadillac attended by 40 of our alumni during the recent Michigan State Meeting.

but these figures should not be compared with past enrollments. We still had one class to admit under the High School requirement after the registration of the Freshmen in September, 1937. This was not the last class under the old requirement. Our figures that will follow the closing of matriculation in January, 1939 will be more interesting. The Fall class last year we consider a normal class and not one plugged by the statement that it would be the last under a raised preliminary.

Our Log Book of September, 1938 gave you our response to the situation here and also over the country. We stressed the need for more students in our colleges and wanted you to see this from two angles. The one, in order to keep the colleges open and the other that we might add the needed strength to the profession from year to year.

In Iowa if we want more corn we plant more seed over a greater acreage. If I wanted to kill the corn crop I would destroy the seed and spray the fields with damaging forces that would prevent the growing grain from maturing. In Osteopathy we stand by and see the seed of our science neglected and we watch outside influences spray us with restrictions disguised as blessings, that slowly sap our strength and limit our development. We are too busy with our own little personal affairs to see into the future even as far as a short two or three year period.

Drs. McCaughan and Hulburt do not seem to be much alarmed by the student situation. They have another article which will follow the current one but if it takes the same path, and it probably will, we feel safe in making comment. I agree with them that this recession will be only temporary IF—. The "if" will be eliminated when the profession as a whole spends part of its time plugging for Osteopathy and not quite so much plugging for its own personal aspirations. I think the opportunities are greater now than at any other time for us to excite the interest of young men and women all over our country. Many are as yet undecided as to their future and I do not think with Drs. McCaughan and Hulburt that this will be remedied without any extra effort on our part. It will not unwind without help and the college authorities must be aided beginning now. Their article shows an indifference that does not look good from the college side of the fence. If taken seriously it throws a wet blanket on the efforts of the colleges to increase their enrollment, and it says to the Alumni who are working for the colleges that they are needlessly excited.

The second and third paragraphs of Dr. Pocock's message to the Alumni of Kirksville can well be accepted by every member of the profession and applied to his own college. His statement relative to endowments is so well written that altho the

(Continued on Page 3)

## Faculty Dinner

Dr. and Mrs. Arthur D. Becker opened their home Friday evening, November 4 to the faculty of the college. Heeding a call to dinner they were present at the proper time in spite of rain. The serving of nearly twenty members of the faculty was solved by tables scattered thru the dining room, living room and study, the service being under the supervision of Mrs. Becker. Empty plates testified as to the enjoyment of the meal.

Following the dinner Dr. Becker called the assembled members together for reports and other items of business. The activities of the Alumni in several states were reported and met with enthusiasm. Dr. Woods brought up a matter of importance in the curriculum and this was freely discussed and considered.

The evening passed quickly and at a late hour the guests expressed their pleasure and thanks for a truly delightful evening at the home of our president.

## Reception

With Halloween just around the corner the college made the annual Fall Reception one of the several events of this season. The Hoyt Sherman Place was the scene of the affair and with Sandene in charge of the music the dancing was enjoyed by a capacity crowd. The card room was used very little for the crowd seemed more in the mood for the more vigorous form of entertainment. With the evening more of the Summer type the punch bowl was a welcome feature.

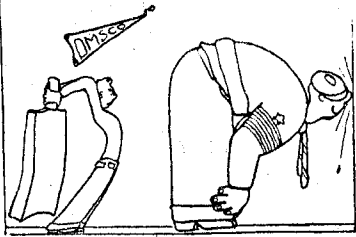
Following the intermission the Freshmen were called to the front and presented with skeletons. This being emblematic of the season and also of the division of Anatomy they were studying. The several students recently transferring were also favored with skull ash trays.

The officials of the college and the majority of the faculty were present, the reception line being headed by Drs. Arthur D. Becker, president, and J. P. Schwartz, Dean.

## The Picnic

An ideal day and plenty of room with good eats and a variety of entertainment marked the College Picnic a success. This was sponsored by the Student Council and held at the Fair Grounds.

FRATERNITY NOTES



ATLAS CLUB

Xiphoid of Atlas has had another busy month. Such festivities as the Pledge Dance and the Hay Ride have kept the members and the pledges quite active.

The Annual Pledge Dance was held Saturday evening, October 22 at the house. We were happy to have members of the faculty and representatives from the fraternities and sorority as our guests. Dick McGills orchestra furnished the music.

Another feature of October was an old fashioned Hay Ride. This affair took place Saturday night, October 29. A hay rack and a team of horses furnished the transportation. From the reports given after the party, it was one of the most successful ever held. Quite a few of the men got limbered up doing road work trying to catch the wagon. The critical and competent chaperone was none other than our own George Bunge. It has been said that the wagon and Bunge never stopped.

The highlight of our practical work was a talk by Miss Ava Johnson, the daughter of the former president of the college and a former member of the faculty. Miss Johnson, who has just returned from an extended stay in Europe, discussed professional problems and gave an interesting inside viewpoint on the current European situation.

The pledges have been quite busy with sandpaper and an electric wood-burner. Their little pieces of handicraft are quite novel and attractive.

There was a general sigh of relief around the house as the first six weeks exams passed and the grades came back but then, there is the next six weeks drawing near an end and those qualifying exams for the mid-year graduates.

Thoughts are now, however, straying toward Thanksgiving and Christmas vacations. It won't be long now.

ITS

The Iota Tau Sigma had its first picnic of the year October 24. This picnic being primarily a get-together for the pledges, however not many of the pledges were present. I really don't think they know what they missed out on.

One of our pledges, Ercell Iosbaker, is leaving Friday for Texas to take the first part of the state board. We think he will pass it, but we don't think he

will make it if he leaves in that green streamlined car of his. Of course if he leaves now he might make it for the June exams. Good Luck anyway "Ioss."

Eldon Blackwood passed the first part of the Texas state board last summer and several other members of the Iota Tau Sigma are planning on taking it this summer. What's the matter with you guys, can't you stand the cold weather?

ΦΣΓ

The four years we spent at school, and our life in the fraternity are to be the happiest days of our lives. We were reminded of this by an alumnus of this school and fraternity brother, Dr. J. Dunham. Brother Dunham came to visit us on his way to California, where he is to take a postgraduate course in eye, ear, nose and throat.

Although social fraternities are usually regarded as the name implies "social organizations," the members of Phi Sigma Gamma look at their fraternity as a study hall. This is the attitude that makes our members respect our fraternity.

On Sunday, Nov. 6, "Spec" Jemison and Don Soll were initiated into the fraternity. Pledgemaster H. Laird Taggart was in charge of the ceremony. May these new members derive the same benefits from the fraternity the former ones have.

Of those men connected with Phi Sigma Gamma, six were pledged to honorary fraternities. They were:

To Psi Sigma Alpha—J. M. Yagoobian, K. Fowler, Pledge H. Wirt, and Pledge R. Sowers.

To Sigma Sigma Phi—H. Laird Taggart and T. R. Koenig.

Thanksgiving brings to many lonesome parents and wives their homesick school-boys. To those lucky individuals who are going home for their Thanksgiving vacation we wish "happy landing." We all know that those who stay here will have a good time.

H. C. P.

ΣΣΦ

The members of the fraternity have taken on a new sprint with the news that President Sanchez is on the road to recovery and altho he will unlikely be with us this semester, this word is encouraging. Several projects have been proposed and plans for their enactment are going ahead rapidly. An all school dance early in December is one of importance to the college and all alumni in the immediate vicinity.

Several pledges have been added to the fraternity roster and a complete list will be released in the near future. Sigma Sigma Phi is busy and working in harmony with all the students and administration. We hope to pleasantly surprise our many friends with some of our proposed projects.

A. S. B.

AOF

We are all proud of our Cerebrum, Alvin Yarrows who won the golf tournament at our school picnic for the second time. Many of our golfers should be happy to know that Alvin receives his degree this Jan. His trophy room is now cluttered with his winnings, which include 6 golf balls and a surgical instrument (Hemostat).

Brother Feldman and Yarrows visited the Kansas City college and hospital last week on their trip west.

Gastro-Enterologists take notice—11:30 each nite finds brothers Gross, Weiss, and Friedenberg tossing coins to see who gets out to purchase the midnite lunch. Fraters Green and Feldman were placed on the staff of the Stillonian, the school's year book. Brother Green as business manager, and Feldman in charge of the photographic work. L. O. G. intends to cooperate with the staff of this publication and wishes it great success.

We were all honored by the presence of Dr. John Woods at our last meeting, who spoke on the subject of the "Common Cold." Dr. Jack L. Berck will speak on the subject of internships at our next gathering at the cranial vault.

P. H. F.

ΨΣΑ

Psi Sigma Alpha held their annual Pledge Banquet at the East Des Moines Club Tuesday evening, November 8th.

Dr. John Woods was the guest speaker who spoke on the subject, "Convalescence in Acute Disease," in his usual capable manner, which proved to be very interesting and inspiring to the listeners.

A number of alumni members were present at the meeting.

ΔΩ

The regular meeting of the sorority was held at Georgiana Harris' apartment October 19th. Maxine Seablom was taken into the fold and is now a full fledged "D. O."

Lavonne Overton was appointed Escort. Georgiana gave a report on the meeting of the National Sorority which was received with a great deal of interest.

Dr. Rachel Woods entertained the group Monday evening, November 8 with a picnic dinner in her new home. Between toasting weiners and marshmallows over the huge open fireplace and munching on apples, the girls decided they could subsist without further nourishment until the grocery money came from home. Those who had exercised control over their appetite served as clinics while Drs. John and Rachel demonstrated various methods of technic.

L. McC.

N. O. I. C.

The past month has recorded the exit of 42 letters from the office of the secretary. Each president has been notified of his duties in connection with this office and returns have been received from two. The time limit on this information is put at December first. Officers please note that your work will not be done by someone else. This office cannot function for you unless you cooperate. Our next month's notice will list those who are working and those who have fallen down on the job.

H. V. Halladay, Exc. Sec.

The Stillonian

40th Anniversary Year Book

It is indeed with pleasure that we the students, announce the forthcoming publication of a college year book.

Some years ago, as many of the practitioners in the field will recall, there was a published year book known as the "Stillonian." Due to various reasons the school authorities saw fit to discontinue this publication. Since then there have been many requests by students and graduates for a revival of the annual.

This year, due to the hard work and efforts of the staff and with the full approval of the board of trustees the Stillonian is to be published. It is indeed fitting that during this year, the 40th anniversary of the college, the Stillonian should put in print a more or less detailed record of the activities, personnel, student body and alumni of the college.

To the practitioner in the field, we feel that this will be an excellent opportunity to re-live their school days and renew acquaintance with the several departments of the college. Of course, we as members of the present student body realize that the Stillonian is the one best remembrance we could have of our school days.

Publication of the Stillonian will be in May, 1939. Subscriptions and contributions from the Alumni can be sent in any time up to February 1, 1939 in care of the college. May we hear from you?

The following members of the student body were elected to edit and publish the 40th Anniversary Stillonian:

- Editor—Jean LeRoque.
- Assistant Editor—Beryl Freeman.
- Assistant Editor—Sib Barnes.
- Business Manager—Paul Green.
- Circulation—Harry Wing.
- Photography—Paul Feldman.
- Art—Joseph Prior.
- Organizations—Ed. Callahan.
- Faculty, Hospital and Clinic—Max Greenhouse.
- Activities—Phil Sheets.
- Alumni—Henry Goeken.

# The Log Book

The Official Publication of  
DES MOINES STILL COLLEGE  
OF OSTEOPATHY

President.....Arthur D. Becker

Faculty Adviser...H. V. Halladay

Editor.....E. Harwood

Osteopathy Without Limitation

## Osteopathic Therapeutics

(No. 3 in Series)

I should like to repeat a statement made in last month's discussion, "DISEASE IS A LOGICAL RESPONSE IN A DISORDERED STRUCTURE." Osteopathic spinal lesions change the chemistry of tissues supplied by vaso motor nerves from corresponding segments of the spinal cord. The normal alkaline balance of the blood and the tissue fluids of the involved areas is lost with resulting edema and an increase of pressure both intra and extra cellular. This hydration change is coincident and coextensive with the vascular disturbance. Tissues so involved are impaired in functional response and in recuperative power. The natural immunity to infection in such tissues is lessened or actually destroyed and the door is opened to zymotic invasion. A "locus minoris resistentiae" has been established.

The story of pathological change goes further. When bacterial foci have developed and inflammatory or other irritative disease processes have supervened, these tissue pathologies in and by themselves set up reflex bombardment of cordal centers and, spilling over from the autonomic nervous system to the somatic nerve nuclei, produce reflex or viscerogenic spinal lesions. May I now present a statement for your closest attention and most careful consideration? **THESE VISCEROGENIC LESIONS ACT AS MAINTAINING CAUSES OF THE PATHOLOGY THAT PRODUCED THEM.** This is a most distinctive and important osteopathic discovery. No other therapy comprehends it. No other group of therapists can capitalize it or put it into practical use. It is applied nervous physiology dealing with known and accepted scientific facts. If one can see, comprehend and apply this knowledge, he is delving into the very foundation truths of osteopathic principles as applied in practice.

May I elaborate a bit further? The primary lesion produced the "place of lowered resistance." The disease process, when and if established, adds reflex lesion pathology to the corresponding spinal segments already involved and a vicious cycle is established. To break that cycle it now becomes necessary for a trained and skillful osteopathic physician to examine and recognize such a lesion area and to apply suit-

able leverages and manipulative measures calculated to secure normalization of structures involved. As a result, the chemistry of tissues innervated from the lesion area is corrected, the alkaline balance is restored, recuperative powers inherent in tissues are made available and functioning capacity returns to the normal.

I will now attempt to make some practical applications of these therapeutic principles to various tissues and organs in different disease conditions and in various parts of the body. I shall not be over careful in an attempt to be logical in the sequence of these applications but will rather briefly present instances as they occur to me at the time.

### The Region of the Head and Neck

One of the more distressing and many times serious ailments most common in infancy, childhood and among young adults is otitis media (ear ache). It may be simple or purulent and if purulent, with bulging of the tympanum, a paracentesis tympani should be promptly done. Otitis media is probably usually due to extension of inflammation and infection from the throat by way of the eustachian tube. Instillation of warm phenolized glycerine (8%) in the external ear canal frequently relieves pain and lessens swelling of the drum head. If the throat is inflamed it should be properly treated. Osteopathic lesions may be found in the upper thoracic area (1 to 4th dorsal and associated ribs) and in the upper cervical area (Occiput to 4C). They should be carefully corrected and treatment repeated every day until recovery is well established. Very severe cases may require two or three treatments daily. Carefully articulate the temporomandibular articulation at each treatment and see that the anterior cervical tissues are free, especially the supra hyoid muscles and fascias. Deeply but gently stretch the tissues under the angle of the jaw and lift the jaw free and forward. Application of heat to the involved ear is usually comforting. Rest in bed, if the involvement is great, is well indicated although perhaps not essential in many cases. Under this type of treatment the response is usually prompt. Many cases require only one treatment. It might be interesting to add to this brief discussion that in something over twenty years in which I was engaged in active general practice and in which time I saw, as a conservative estimate, about 150 cases of otitis media, simple and purulent not one of these cases became an operative mastoid case.

A. D. B., D. O.

### DR. MARY GOLDEN—

recently took her class to the University of Ames, Iowa to hear a talk by Dr. Nelson, the subject being "Nutrition." A visit to the laboratory and a demonstration was also a part of the mornings program.

## Open Your Eyes

(Continued From Page One)

that may be repeated it cannot be improved upon. I wonder if you realize that the colleges of this country that have made gradual improvement and growth have been able to do so thru their endowments and not by means of funds provided from the tuitions. If you doubt this look up the record of your favorite college and its financial plan.

Dr. George Laughlin in his second paragraph makes a severe statement that contains a great deal of truth. He is not looking at this next year nor the one following but he is looking ahead. His fifth paragraph brings out a fact that is also written into the article in the Log Book. The need for increasing our osteopathic strength is absolutely necessary. Our profession is not large enough and this increase must come thru added students in our colleges. Along that line I am surprised to find that Drs. McCaughan and Hulburt have not figured that in 1942 they will have 150 fewer students graduating from our colleges and hence 150 fewer applications for membership in the A. O. A.

When I turn to the Forum and look over the figures given for each college I am not encouraged even tho Philadelphia and Los Angeles each show an increase. The geographical location of these colleges is an advantage to each. The undergraduate student body at Philadelphia totals the same as last year. The increase as given in the total is thru a large Post Graduate enrollment and that due to the change in the law in New Jersey. This college with its excellent facilities should have even a greater enrollment than is shown. Los Angeles practically has a corner on osteopathic education in a densely inhabited part of our country. The west coast is college conscious. The two year pre-osteopathic requirement could be put over more easily in either of these cities for both are nationally known for their attention to higher education and leadership in that line.

There are thousands of young men and women in the colleges of the Central States. They appreciate the higher education but they do not make an issue of it as they do in the far east nor on the west coast. We have more students enrolled this year in the colleges of Iowa than any time during the nine years of the depression. It is absolutely true that we must change our tactics now and appeal to students in these colleges who are not acquainted with the advantages of osteopathy as a profession. It is quite evident that our two fine colleges of osteopathy at Philadelphia and Los Angeles seem to have the student situation solved and it is also quite evident that the four

colleges in the central part of the country have something to do besides waiting for this recession to pass.

Among the letters I have at hand is one quoting from an address made recently by a past president of the A. O. A. He is strong for strict preliminary qualifications. He is asking forcibly for quality at the expense of quantity in securing more students. We have raised the quality of our students by adding to the requirements. We have limited the quantity by this very move. What have we gained and what have we lost? This cannot be predicted as to the gain. It should give us a higher IQ as a whole in a few years. I will admit that we do need more intelligence in our profession but that is true of every line of business. Ours is no exception. The loss is the thing that we should see in type just as large as the quality figure. Will these fewer members of the osteopathic profession be able to accomplish more than the quantity we have at present. Will fewer osteopaths serve more patients and spread the truths of our science? Will a shrinking profession feel the greater pride, because of certain educational standards, than an expanding profession with the sense of increased service to greater numbers?

Dr. Becker, president of our college, recently said that twenty minutes a day of concentrated effort would move mountains. That is what every member of the osteopathic profession must do now. We have mountains to move and it means concentrated effort to produce results. Our colleges have been improving from within. They have had little need for outside restrictions to be placed upon them. They do need outside encouragement in the form of tangible students and funds. It is to be hoped that the Alumni of each of our colleges will come to the full realization of this opportunity for osteopathic progress and meet the immediate needs of our colleges in the perpetuation of our science.

## Dr. C. W. Starr Dies

We have a clipping from the Billings, Mont., paper stating that Dr. C. W. Starr died there October 18 of a heart attack.

### DR. ARTHUR E. ALLEN—

president of the A. O. A. responded to Dr. Facto's request for a word for the Log Book when Dr. Facto met with the Minnesota State Association in October. This is well worth putting where you can see it often.

"The Osteopathic machinery is running at medium speed. Shall we push back the throttle to low speed or push forward the throttle to high speed? The answer must come from those who have not yet become members of the A. O. A. for the year 1938-39."

**J. S. O. P. S.**

**Honored**

President Chappell will be the guest of Honor at a banquet, planned by District President Dr. B. M. Hudson, and the Study Groups in Fourth District, at Hotel Hanford in Mason City, November 17.

**"Safety Engineering"**

The October issue of Safety Engineering carries a well prepared article on "Problem of Low Back Injuries in Industry," written by Dr. Paul O. French, Chairman Industrial and Institutional Service Committee of this Society. Arrangements are being made for A. O. A. to make available reprints for doctors who wish to distribute them to Employers and Employees.

**Society Service**

Your State Society is organized for the purpose of serving its members and the Public Health. Some fifteen committees are charged with the study of problems and with submitting their conclusions to the individual member whose inquiry falls under their classification. These committeemen can add to your present information and thus save you and the profession embarrassment and expense.

In expressing his pleasure with the status of the profession under the Compensation Insurance law, a substantial member recently remarked how his attorney effected settlement on one of his claims which the Insurance Carrier disputed. This good doctor did not know that a special committee of the Society provides such service for members. For the most part the committee seldom requires the assistance of the Society attorney.

Problems are referred daily through this office, to the desks of the various chairmen. Problems which hold little interest for the individual doctor until he finds himself confronted.

Perhaps we think we know—

1. How to report and settle for unusual State and Federal Compensation cases.
2. How, when and what to present to your local press.
3. How to contact Radio.
4. When and how to secure a ruling by the Attorney General
5. How to establish Osteopathic care for patrons in a municipal hospital.
6. How to proceed with a problem of Ethics.
7. How to most effectively present Osteopathy to a prospective student.
8. What to do with a case of Drug addiction.
9. How to respond to a reprimand from the Board of Health.
10. When some credit agency, new light, or costly gadget is of proven merit.

Or perhaps the files of the Society and its special committees can help. Send us your experiences. Through service

we all grow. All inquiries directed to the Secretary will be referred to the proper committee for reply.

**Radio**

The Iowa Society of Osteopathic Physicians and Surgeons, Inc., in cooperation with the Public and Professional Welfare Committee of the American Osteopathic Association are continuing their educational broadcasts over Station KFJB, Marshalltown.

KFJB broadcasts on 1200 kilocycles and is operated by the Marshall Electric Company. Programs are broadcast at 7:30 P. M. each Wednesday.

The following programs will be broadcast during the month of November.

- NOV. 2—"BRONCHITIS"  
Dr. W. S. Edmund, Red Oak  
Dr. T. A. Kapfer, Greenfield
- NOV. 9—"INFLUENZA"  
Dr. W. L. Tindall, Woden  
Dr. G. H. Millenbaugh, New Hampton
- NOV. 16—"TUBERCULOSIS"  
Dr. Holcomb Jordan, Devenport  
Dr. D. H. Grau, Muscatine
- NOV. 23—"SORE THROAT"  
Dr. T. M. Tueckes, Davenport  
Dr. Lydia T. Jordan, Davenport
- NOV. 30—"ANEMIA"  
Dr. L. P. Fagen, Des Moines  
Dr. R. B. Kale, Des Moines

**Applications For Membership**

Since October first, the following Osteopathic Physicians licensed to practice in Iowa, have made application for membership.

- T. E. Hart, Ida Grove  
S. C. Gartrell, Lake City  
J. H. Hansel, Ames  
E. J. Winslow, Stockport  
H. J. Howland, Decorah  
A. M. McPhail, Bloomfield  
Lester D. E. Barry, Belle Plaine
- Respectfully submitted,  
F. A. Gordon, D. O.  
Secretary-Treasurer.

**DR. E. A. WARD—**

Past-president of the A. O. A. was featured recently by photo and story in the Des Moines Register. According to Dr. Ward, Jitterbugs are true vertebrates and subject to the same serious effects of trauma as a star tackle on a college eleven. Dr. Ward's observations were proved by showing the swelling of the ankles that were not designed for such strenuous exercise.

**EAST HI—**

of Des Moines has invited the college to send a representative to their annual P. T. A. meeting. This is to be held November 15 and gives the college the opportunity to contact parents and Senior High School students who are interested in Osteopathy.

**Alumni News**

The college is greatly pleased over some recent news from our Alumni Association. A committee appointed at the Still College Breakfast in Cincinnati during the convention has been at work and Michigan is the first state to report complete organization plans. During the recent state convention in Michigan the Alumni of our college got together at a luncheon planned by Dr. L. Verna Simmons of Grand Rapids. About forty attended and a motion was made during the meeting that each year at the state meeting a similar luncheon shall be held.

Dr. John E. Rogers of Oshkosh, Wisc., was the principle speaker and convinced the group that the student and endowment situation in our colleges is not flattering. Several were called upon to express an opinion of what might be done to remedy the situation and as a result Dr. Robert Morgan of Cadillac was elected president of the Michigan D. M. S. C. O. Alumni Association. Dr. Charles Auseon was elected secretary and treasurer and Drs. Russell Wright and Paul Leonard were elected councilors. A definite plan of action was decided upon and a resolution was offered requesting the annual breakfast to be changed to a dinner held at the same time of other college alumni meetings.

At the same time Iowa was getting under way with a similar organization. Dr. Fred Campbell called a group together in Des Moines and officers were elected and a program planned. Dr. Paul Park was elected president, Dr. Ruth Paul, secretary-treasurer, Dr. Bruce Farmer, vice-president and Drs. Rachel Woods and Carl Seastrand, councilors. The first objective of this nucleus will be to enroll the alumni of the state and form a working organization.

Dr. Clybourne of Columbus, Ohio reports that a meeting will be held in Columbus Sunday November 20th the objective of which will be the beginning of a state organization similar to those in Michigan and Iowa.

It is needless to add that the trustees of the college very deeply appreciate these efforts by the Alumni and assure them that they will cooperate in every way possible.

**Born**

Ronald Dwayne, to Dr. and Mrs. L. W. Peterson of Highland Park, Mich., October 8th.

Nancy Dee to Dr. and Mrs. E. F. Leininger of Des Moines, October 15th.

Charles Frederick, to Dr. and Mrs. J. C. Bartram of Tanner, W. Va., November 1st.

Carol Elaine, to Dr. and Mrs. H. A. Graney of Des Moines, November 4th.

**Dallas Next Summer**

This issue of the Log Book does not permit of sufficient space to tell you of all the good things we know about the coming convention in Dallas. In the next issue we hope to be able to expand on the plans to date with detail of several of the fine features that have already been booked. The program has an excellent start and the Dallas gang is organized and cooperating perfectly. The Sparks are erecting a clinical building which will be ready before the convention date and many of your past wishes will be gratified. Dallas cannot promise 100% perfection but they will not miss that mark very much.

**The Vacation**

August 19—Drove north to see Frank Pinkley at Casa Grand National Monument and enjoyed a short visit. To the Arboretum via Florence. On to Globe and turned north to see Tonto and Roosevelt Dam. Back to Globe and over a magnificent highway thru the mountains to Show Low for the night.

August 20—To Zuni via St. Johns. Visited the pueblo with Claud as a guide and stopped to chat with Wallace the trader for a few minutes. On to Gallup, Cortez and to Mesa Verde for the night. Enjoyed the lecture and Indian dances as in years past and met many old friends.

August 21—Drove to several points of interest on the Mesa and left late in the p. m. for Durango. Stopped on the way by Dr. Childress, an old friend who is a member of the Colorado legislature but practices Osteopathy on the side. Spent the night with Jim English at his camp and gossiped about the west.

August 22—Early start to make Raton in mid p. m. Fine trip across the new Wolf Creek Pass. Gathered a few more cacti and at Raton at 2:10. Met Dr. Donovan and some patients and went thru the new hospital. We certainly recommend it to you for it is a complete institution and one that the profession should be proud of. A report just received indicates that the whole town turned out at the opening. Left soon to continue the trip home and stopped over night at Lamar.

August 23—Lamar to Augusta, Kans., to see the Quests. Made a short stop at the hospital in Wichita near Augusta. (or is it the other way).

August 24—Augusta, Kans. to Des Moines, Ia. and the trip is over.

5139 miles—a swell time—never felt better—have some excellent pictures, a good coat of real tan and about 150 new cacti. Next year will do the Texas cacti region in much the same way. H. V. H.

Entered as second class matter, February 3rd, 1923, at the post office at Des Moines, Iowa, under the act of August 24th, 1912.

# THE LOG BOOK

Accepted for mailing at special rates of postage provided for in Section 1103, Act of Oct. 3rd, 1917, authorized Feb. 3rd, 1923.

PUBLISHED MONTHLY BY THE DES MOINES STILL COLLEGE OF OSTEOPATHY

Volume 16

December 15, 1938

Number 12

## Memorial Program

It is an established custom at our college to take the first Friday of December for an assembly honoring the departed members of the Still family who have been our founders and leaders in the past. Dr. John M. Woods was selected as the speaker for the occasion and reviewed the outstanding factors in the lives of Dr. A. T. Still, Dr. George Still, Dr. S. S. Still and Dr. Ella D. Still in a most inspiring manner. The recent death of Dr. Ella brought one more member of the family to the memorial roll of those who have contributed so much of their own energy and integrity to Osteopathy.

Following the assembly the Sigma Sigma Phi fraternity met in a body at the graves of Dr. S. S. and Dr. Ella and, as in past years, placed a memorial wreath.

Our founders and leaders will never be forgotten but it is well to hesitate once a year in the rush of our many duties and pay honor to those who have left us with the responsibility of carrying on for our science.

## At the Widney Hospital

A most interesting letter was received recently from Dr. Clifford Barry who is interning at the Widney Clinic and Hospital in Lexington, Nebraska. We wish we had the space to quote his letter in full and cite several of the interesting cases he has been in contact with. He is getting a real work-out and is highly appreciative of the opportunity offered by this new and completely equipped institution.

### MEMORIAL

•  
**A. T. STILL**

Founder of Osteopathy  
1828-1917

•  
**GEORGE A. STILL**

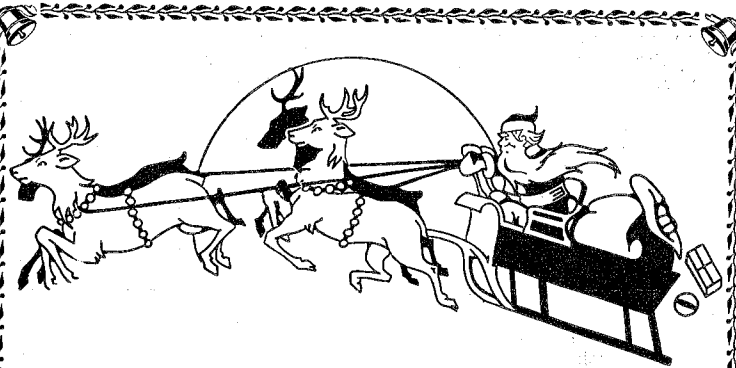
Osteopathic Surgeon  
1882-1922

•  
**S. S. STILL**

Founder of Still College  
1851-1931

•  
**ELLA D. STILL**

Co-Founder of Still College  
1856-1938



The Des Moines Still College family extends the Season's Greetings and wishes for you and those whose happiness is yours, a full measure of Christmas Joy and Success for the New Year.

*Osteopathically Yours,*

Arthur D. Becker

Robert B. Bachman

A. S. Barnes

Byron L. Cash

Lonnie L. Facto

Mary E. Golden

C. Ira Gordon

Howard A. Graney

Virg Halladay

Paul E. Kimberley

Neal R. Kitchen

Edward F. Leininger

Harry J. Marshall

O. Edwin Owen

Katherine M. Robinson

H. E. Sampson

Joseph L. Schwartz

John P. Schwartz

J. B. Shumaker

John M. Woods

## CALENDAR

CHRISTMAS VACATION .....	December 16 to January 3
GRADUATION .....	January 20
REGISTRATION .....	January 21
ROLL CALL .....	January 23
EASTER RECESS .....	April 7
GRADUATION .....	May 26

## Open Your Eyes—II

By E. Harwood

Last month when the galley proof of the first of this series came thru there was no doubt in the minds of the readers as to the truth of any of the statements made or to their timely appearance. There was some discussion as to the advisability of being a little blunt and outspoken about individuals. Perhaps it is not good taste to mention names but when names are signed to an article it certainly is within the right of another writer to refer to the author even if he may comment in an controversial vein. We have not had any indication yet that either friendly or diplomatic relations have been severed with any of the personalities mentioned in last month's article so we continue.

As of last month we have collected the several publications sent us and have carefully looked them over. We note that Chicago thru its Beacon is silent on the question of students and the effect of reduced numbers on the future of the college. We still do not have anything from Kansas City but we note that Kirksville is continuing the plea for more support.

The major change in editorial comment comes from our own Journal of the A. O. A. We are happy to admit that we guessed a little wrong last month. We thot from the tone of the first article that the writers would continue along the road that they

(Continued on Page 3)

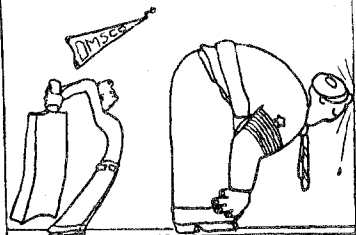
## A Kind Word

On the night of November 27 when the Taylor Brothers, (Evangelists) held their last meeting in the Shrine Auditorium, Charlie Taylor spoke as follows, "I want to especially thank Dr. Bachman, and if he isn't here will some one kindly pass it on to him, for those fine manipulative treatments that helped me to feel so good. Oh Boy! It takes the Osteopath to give them."

There was a grand ring of applause from 4,300 in the audience which seemed to certainly indicate their approval of Osteopathy. It would have been a great thrill for any osteopathic physician to have been present and heard this response.

—Dale R. Figg.

FRATERNITY NOTES



N. O. I. C.

The first of December has come and gone and as promised I am listing below the responses from the various members of the Council. This office can not go ahead with the work that must be done unless the membership completes work assigned by a certain date. This delay means delay at the other end of the time limit. Dallas is waiting for orders and this office waits for information that should have been in by the first of the month.

Honor Roll

The following organizations have appointed their representative and have paid the small annual fee.

- Alpha Tau Sigma.
- Atlas Club.
- Lambda Omicron Gamma.
- Axis Club.

Half Honor Roll

- Delta Omega (no local representative).
- Phi Sigma Gamma (fee not paid).
- Theta Psi (fee not paid).

Dishonor Roll

The following have not replied to any letters, have not appointed a local representative and have not paid their fee.

- Acacia Club.
- Iota Tau Sigma.
- Psi Sigma Alpha
- Sigma Sigma Phi.

A note received from Dr. Hurlburt of the Central Office lists the newspaper notices given the Council at the time of the Cincinnati Convention. Thirty seven clippings were collected this year against sixteen for the year previous.

—H. V. Halladay, Exc. Sec.

ATLAS CLUB

November, being a month of Vacations, finds us with a lack of a great deal of specific activities. Quite a few of the members and pledges made tracks for home during the Armistice and Thanksgiving vacations. This left very little time for social functions. Open house was held as usual on alternate Fridays and Saturdays. We have not, as yet, found out the various details of the trips home. Everyone arrived back safe and sound though.

On Monday evening, November 21, Dr. R. B. Bachman of Des Moines spoke at our practical work meeting. Dr. Bachman is one of the foremost obstetricians in the state and gave an excellent talk.

Mrs. Bess Bowling of Lancaster, Ohio (Sister of Pledge

White), Dr. Henry Ketman, Dr. Robert Forbes, and Dr. Brenton Schiffer were among those who visited the House during the past month.

We wish to again urge the members of Atlas in the field to send names of any prospective students to either the Fraternity or the school. The formation of Ohio, Michigan and Iowa clubs has been an added force in the recruitment of new students.

The members and pledges of the Xiphoid Chapter of The Atlas Club wish to take this opportunity to wish each and every reader of the Log Book a very Merry Christmas.

May you have the best of health, happiness, and prosperity in the coming new year.

—RDB, Stylius

ΑΟΓ

The Alpha Epsilon Phi Fraternity of Drake University was entertained by L. O. G. on November 21, at the A.E.P. Frat. house just off the Drake campus. The subject was Osteopathy. Frater Paul H. Feldman was Master of Ceremonies. Principal speakers were, Dr. H. V. Halladay, and Dr. J. L. Berck. A film on the principles of Osteopathy, O. B., and Surgery was shown. The affair was a great success and L. O. G. will conduct a similar program for the A. Z. A. of Des Moines after the first of the year.

New officers of the L. O. G. for the spring term are: Cerebrum—P. H. Feldman. Cerebellum—Martin Friedenbergs. Pons—Edward Kanter. Calmus Scriptorius — Samuel Gross.

Neuroglia—Bernard Weiss. Calvarium—Paul Green.

Bernard Weiss is making great progress in his new profession, that of haunting houses, "five rooms and bath \$1.98." As long as his red blood count remains below four million he will do fine.

L. O. G. wants to take this opportunity to wish its fellow fraternities the best wishes of the Christmas season.

ΦΣΓ

Phi Sigma Gamma is really going in for that Christmas atmosphere. A Christmas tree was purchased and all the decorations that go with it including mistletoe, the latter being one of "Arkansas" Yagobian's ideas. J. C. Robertson is the artist in whom will be intrusted the decorating of the house. A Christmas party has been suggested which will be an informal gathering of members and pledges—hoping to instill that Christmas spirit.

Our last Monday "work night" included a talk given by Miss Ava Johnson on her travels through Europe. She also gave her viewpoint on the situation in Germany. It was a picturesque scene to see the boys gathered around the fireplace listening to the very interesting talk.

To an inquiry as to the nicknames of some of the members in the house we found there was a "Tony" Ferris, "Poopyboy-Bowden, Lairy Taggart, Bunney Millard, Folsom Hardy, "Lover" Plautz, "Coach" Munger, "Daddy" LeRoque, Pug Edgerton, "Rocket" Woodruff, Snacks Reese, "Wirtsey Dear," and "Dupey" Hall. Resemblance to any person living or dead, in this manuscript, is entirely coincidental.

We, the members and pledges of Phi Sigma Gamma, take this opportunity to wish the faculty and students of Still College a very Merry Christmas and a Happy and Prosperous New Year.

—H. C. P.

ΨΣΑ

Psi Sigma Alpha held their regular business meeting Tuesday, November 28th. The usual business was transacted. It was voted unanimously that every member of Psi Sigma Alpha would subscribe for the "Stillonian." The Senior Banquet will be held January 10th. Alpha and Beta Chapters of Kirksville and Kansas City respectively are invited to attend the banquet.

Election and installation of officers for the second semester occurred at the December 13th meeting which was held at the Atlas Club House. Initiation ceremony for pledges took place at the same meeting.

The following men were initiated:

Lloyd Jackson, F. Robert Renier, George Wirt, Harold Bahling, Wesley Glantz, John Hardy, and Hollis Jamison.

ΣΣΦ

The Sigma Sigma Phi Clinic Benefit Dance to be held Monday night, December 12, at the Tromar Ballroom has held the interest of all the members and pledges the last few weeks. Ticket sales have been quite brisk and a success of the affair is almost assured. Bennett Greten and his swing band is to furnish the music. It is predicted the Tuesday following will be a busy day for local osteopaths—to help untangle the jitterbugs and lam-beth walkers.

Our strong group of pledges have been showing unusual promise and the various other projects of the fraternity for the coming months, are bound to meet with all the expectations put forth by their various sponsors.

Christmas has crept upon us almost unobserved; only the stewing and fretting of our graduating seniors as they struggle with qualifying exams heralds its approach.

The actives and pledges of Sigma Sigma Phi want to take this opportunity to wish the faculty, student body, alumni and their many friends the most hearty Seasons Greetings.

—A.S.B.

ΙΤΣ

At our last regular meeting which was held at Dalstroms funeral home, Dr. Cash gave a very interesting talk on his vacation in California. While in California he saw many of the older members of the Iota Tau Sigma, and was invited to many of their meetings. Because of his relations Dr. Cash experienced a much more interesting vacation. Toward the end of the meeting we presented Dr. Cash with a gift because of his interest and the many other things he has done for our fraternity.

Xmas vacation starts Friday and ends January 3rd. While you are home try and make a few contacts with prospective students. Every member and pledge should know at least one prospective student. Don't forget fellows that vacation ends January 3rd.

We the members and pledges of the Iota Tau Sigma wish to extend our sympathy in behalf of the death of Brother Jeran-sons father.

ΔΩ

On Wednesday, December 15, a potluck dinner will be held at Lavonne Overton's home and each sorority member will have as her guest a clinic child. A Christmas tree is being purchased for the party and will be used also in the clinic. A practical gift as well as a toy will be presented to each child guest.

The last meeting was held at Maxine Seablom's home and Miss Margarette Maen talked about her experiences as an instructor and librarian in the Women's Reformatory at Rockwell City, Iowa. Among other things she discussed the prevalence and control of venereal diseases at the institution.

Louise Michael is now wearing a pledge and will soon be initiated into full membership.

The Deltas extend a very Merry Christmas to all members of the profession and especially to our Alumni. —L. M.

Notice to All  
Detroit and Michigan  
Osteopathic Students

The Annual Student Dance sponsored by the Detroit Osteopathic Womens Club held in honor of all Detroit and Michigan students attending osteopathic colleges will be held Tuesday evening, December 27th, in the Grand Ball Room at Hotel Statler in Detroit, at 9 p. m.

Del Delbridge and his band will be on hand to provide the music and all students attending osteopathic colleges whose homes are in Detroit or Michigan are invited. Students tickets should be obtained either from Mrs. Robert K. Homan, president of the Detroit Osteopathic Womens Club or Mrs. Lloyd Woofenden, chairman of the Dance Committee on or before December 27th.

—Robert K. Homan, D. O.

# The Log Book

The Official Publication of  
DES MOINES STILL COLLEGE  
OF OSTEOPATHY

President ..... Arthur D. Becker

Faculty Adviser... H. V. Halladay

Editor.....E. Harwood

Osteopathy Without Limitation

## Osteopathic Therapeutics

(No. 4 in series)

Region of head and neck continued:

### Conjunctivitis

There are a number of conjunctival infections which produce acute inflammation. Associated symptoms are pain, swelling, photophobia, copious discharge discoloration and impaired function. The most common infection producing conjunctivitis is the Koch-Weeks bacillus. Infections by the pneumococcus or the gonococcus are more rare and also more serious. In order to define our problem for this brief discussion, we will consider the type of conjunctivitis caused by the Koch-Weeks bacillus, acute contagious conjunctivitis (pink eye). This disease or condition is frequently found among school children and may occur as localized epidemics.

There are several factors in the treatment of "pink eye" that are important adjunctive measures. The following may be mentioned; irrigation of the conjunctival sac with a warm non-irritating, mildly antiseptic solution; installation of a mild antiseptic in the form of 'drops' and the introduction of sterile white vaseline to favor drainage and to prevent the eyelids becoming glued together during sleep. The eyes should be protected from light either by the use of dark glasses or a bandage. The patient should be instructed not to use the eyes for reading or other close work. Depending upon the severity of the involvement, many or all of these measures are important and serve to facilitate recovery.

The advantages secured by osteopathic treatment consist chiefly in the discovery and correction of osteopathic lesions in the upper cervical area and in the upper dorsal area of the spine. Vaso motor control of eye circulation both intrinsic and extrinsic is by way of the superior cervical ganglion. The pre-ganglionic innervation is from the upper dorsal segments of the cord first to third, more specifically, second dorsal. Osteopathic treatment means much more than just loosening up in these indicated areas. It rather consists of the most discriminating diagnosis of lesions in these

areas and careful but insistent leverages to secure normal mobility of involved articulations. Articular fixations must be thoroughly overcome.

The osteopathic treatment not only secures vaso motor tonicity but favorably influences the trophism of the involved tissues. Healing power, recuperative power is inherent in tissues. Nothing can be put in tissues or on tissues that will heal tissues. Healing comes from within. It is a natural process or power resident in the cell. Osteopathic normalization by correcting circulatory imbalance makes available to the tissues the resources of which they stand possessed. Venous and lymphatic drainage are favored by freeing up the tempero-mandibular articulations and bringing the jaw well forward and by careful relaxation of the anterior cervical tissues as in the cases of otitis media discussed in the November article. Mild and moderately severe cases require daily treatment. Severe involvements require rest in bed and two or more treatments daily.

The osteopathic principles involved in a discussion such as in the foregoing case apply for any inflammatory condition involving the eyes whether acute or chronic. In chronic conjunctivitis, in corneal ulcer, in rheumatic iritis and other similar involvements, it is of first importance that the blood supply be normalized by correction and maintenance in correction of any disturbing lesions. It is of greatest importance that trophism be unimpaired.

Many cases of disturbed vision due to muscular imbalance may be helped or entirely relieved by osteopathic corrective treatment. Certain nutritional involvements such as senile cataract can be improved or progress may be delayed by normalizing the blood supply by means of lesion correction. Cases of eye disease occurring as part and parcel of leucic infection such as syphilitic iritis, syphilitic corneal ulcer or syphilitic retinitis should receive anti-syphilitic medication in addition to the osteopathic measures.

—A. D. B., D. O.

### TO OUR ALUMNI

The trustees of the college extend thanks and deep appreciation with the Seasons Greetings for your splendid spirit of cooperation.

### Married

Dr. Alice P. Bauer of the class of 1919 and until recently practicing in Delaware, Ohio, was married November 27 to Mr. H. J. Wildermuth of Columbus, Ohio. Dr. Bauer's home will be in Columbus in the future and we hope that she will affiliate herself with the profession there. Our best wishes and the Season's Greetings.

## Polk County Osteopathic Association

The November meeting of the Polk County Osteopathic Association was held at the Hotel Kirkwood with thirty-five members in attendance. The main event of the evening was the presentation of a paper on "Pneumonia" by Dr. O. E. Rose, followed by a "round-table" discussion led by Dr. Fred Campbell. Practically every member present took part in the discussion if which ideas were exchanged in regard to the care and management of pneumonia cases from the Osteopathic standpoint. The arrangements of the program was so well received by the group that it was voted that a similar plan be followed in meetings later in the year.

The December meeting was held at the Still College Building, with the College acting as host to the association, in the form of a splendid dinner. Following a brief business meeting, Dr. H. V. Halladay presented a very splendid lecture on the subject: "The anatomy of the foot and leg in relation to foot technique." The presentation was illustrated by a series of lantern slides which were photographic reproductions from unusual cuts in various books, photographs, and x-ray plates. Dr. Halladay explained a number of anatomical features of the foot and leg which must be taken into consideration when applying Osteopathic manipulative measures to the foot. Following the lecture, Dr. Becker invited the group to inspect the new Clinical Pathology Laboratory which was in full operation. Special demonstrations of blood diseases were set up, along with the presentation of the procedures for blood-sugar, ureanitrogen in the blood and blood sedimentation.

It is the desire of the Polk County Association to express their sincere appreciation to the College for the very splendid dinner, as well as for the lecture by Dr. Halladay and the Clinical Pathology demonstration.

—O. E. Owen, D. O., Sec.

### DR. H. V. HALLADAY—

has had a busy month outside of his regular duties at the college. On November 15 he attended an invitation meeting of the P. T. A. of East High where fifteen other colleges were represented contacting the students and their parents. The evening of November 21 he spoke at a combined meeting of the Lambda Omicron Gamma of our college and the Alpha Epsilon Phi of Drake. November 27 he drove to Cedar Rapids with Dr. Bruce Farmer to assist in the organization of that district for the Iowa State Alumni association and December 6 entertained about thirty members of the Auxiliary at his home.

## A Studious Still Student Studies Strenuously

A young FREEMAN, who was a TAYLOR by trade, but also a good FOWLER, picked up his gun and went into the BLACKHOUSE behind the GREENHOUSE, thinking that he might see a CROW that he could WING, or maybe pick a POSEY for his little daughter LILLY. As he was a good WALKER and had gotten by the GATEMAN at the BARNES, he walked LONG, and soon came to a LEIGH near the MILLS, where the grass was GREEN. Though he was a HARDY IRISH man, he noticed that he had a PAYNE in the SOLL of his foot, and not knowing WATT else to do, he decided he WOOD rest awhile. Being like REESE, he soon went to sleep under a FIGG tree. When he awoke it was GRAY dawn, and the GOLDEN morning LIGHT was just appearing through the WOODS. As he arose and picked up his gun to start home, he saw, at a GLANTZ, a FOX jump from behind some bushes, so he SCHOTT it. He walked on with the animal over his shoulder, and soon knew he was nearing home, as he heard his YOUNG son, MICHEAL, BAHLING. Upon entering the house, he walked through the HALL to the KITCHEN where his STERN wife was canning PEASE. He DREW his KEAYS from a drawer, went outside, started his FORD, and drove down the road. He soon returned with some CASH and now knew HOWE he could buy some Osteopathic Student Loan Fund SEALS. That night he sleepily crawled into his WHITE SHEETS knowing that he had done a good turn.

—J. J.

## Open Your Eyes—II

(Continued From Page One)

had started upon. Their article this month is entitled "Colleges-II" and yet only about one-tenth of the article is about the college. I am happy to see that the theme has been shifted to the profession where it belongs.

This matter of preparation for the decreased attendance at the colleges is more a concern of the profession than it is of the colleges. The faculties of our colleges will continue to live if every college closes its doors tomorrow but the profession begins to die just as soon as this thing actually starts. The individuals making up our profession will continue thru their allotted time but Osteopathy will die with this generation unless the profession takes part of its time to do as the old timers did. They were so enthused that each sent one or two students a year back to their choice of colleges. It is this attitude that must be revived if Osteopathy is to grow and keep pace with the demand.

# NEXT CLASS ENTERS JANUARY 21

## Athlete Care

The history of the osteopathic care of athletes goes back many years. The correlation of this interest has spanned only a short period. Those interested especially in this work were called together in Philadelphia in 1930 and the section of the A. O. A. formed at that time has grown and demanded more information. In studying this subject it is first noted that literature is scarce and what is available is largely contradictory. The trial and error system seems to be the only logical method of arriving at conclusions since little has been done in the way of authentic records or any attempt to bring known pathological conditions and known therapeutic methods together.

The situation at our college is quite different from many other institutions that are making a study of traumatic injuries. For the past fourteen years Dr. Halladay has been in charge of this division of the clinic and during that time has had the opportunity of seeing hundreds of cases of all types and acquired during the several forms of sport organized in our high schools. Each Fall the Seniors are distributed to the four high schools and Dowling College. The Drake Freshman team, under the supervision of Dr. Cramer, uses one or more of the Senior class and others are busy working with commercial teams in the city. Following football, basketball begins and this care and observation of injuries continues until in the Spring mixed with some cases where wrestling and swimming result in injury. Following the basketball season the schools concentrate on track work and prepare for the big event, the Drake Relays. With this out of the way we still have time to do a little in baseball before the close of the semester. Every member of the class is given the opportunity to put in as much time as he wishes in direct contact with these teams. This is not a theoretical course and it is not a contact course altogether. During the Junior year a lecture course of six weeks is given, the entire time being taken up with the discussion of all types of traumatic injuries with the stress being placed on these met with most often in each sport. The Senior at our college goes out on the field prepared to administer the best treatment for the condition he finds. He goes out with everything that the M. D. has plus one thing that he does not possess and that is Osteopathy. The majority of our medical friends who attempt to take care of athletes are woefully at a loss to know what to do for they have nothing in the pill bag that will do much for traumatic injuries. We know thru past experience and many others also know, that the osteopath does have something that will hasten the repair and limit the effects of trauma.

The season just closing is but

another example of what has passed in the history of this department. Twenty-six members of the Senior class have taken care of over five hundred boys playing football in Des Moines. No fatalities have occurred. Very few serious injuries have been recorded. Under the head of serious we list those that may keep the boy out of football for the season. We have had some fractures but none of the skull. We have had some dislocations but none that resulted in any deformity. We have had some third degree muscle injuries but these will heal if properly cared for and given time. The usual run of osteopathic lesions has been noted and the usual effect of treatment to correct these has been recorded. To us this is routine. We have seen it many times in the past and hope to see it for a long time in the future. It has ceased to be spectacular but when we stop to give it a thought it is still a modern miracle. We asked one of the members of the Senior class to give us his reactions to this training. His article follows without any editing. His picture working at Roosevelt High is added. This report could have been written almost any year during the past fourteen and will be repeated any year in the future. Osteopathy is doing this all over the country but it is being demonstrated for your students' benefit at Still College on a larger scale than many of you believe.



When Dr. "Virg." Halladay addressed the Senior Class during the first Monday morning of this semester of school and announced he had the care of athletes for the present season pretty well taken care of, BUT did need a few more students to properly handle all the football players he had lined up, a few of us wondered just how extensive and how far reaching the Osteopathic care of athletes in this community had been carried forward. And after his further announcement that he had unfilled places for between 15 and 20 Senior students, the thoughts were—how many men is he providing care for?—what is the attitude of the players, individually and collectively, and of their coaches toward Osteopathic care during the training season, and what is the response of the individual injury, etc., to such care.

The result was that Harvey Bridenstine, Ed. Jerenson and the writer were instructed to report that afternoon to Mr. Gus Rump, Head Coach at Theodore

Roosevelt High School on the west side of Des Moines.

The reception given us by Gus immediately answered our unasked question concerning his attitude toward Osteopathic care. Was somewhat in the following order, in "machine gun" rhythm—"We are certainly glad you have arrived because we need you. Boys (addressing the football squad), here are the fellows you need and I want every one of you checked over as soon as possible, etc., etc."

Likewise the reception extended us by the players was most gratifying.

On checking over the roll we found we had 151 High School "huskies" to look after.

The first two or three days our efforts consisted of getting an idea of each individual player's physical problem and recording it for future reference.

During this preliminary check up two cases were quite outstanding:

One, a young man 17 years old, weight about 145 pounds, whose record showed he is an all around athlete, showed indications of an indirect inguinal hernia, which if not taken care of would become more pronounced and eventually incapacitate him from further athletic activities. He was referred to his family doctor, an Osteopathic Physician, for attention.

The other, 17 years of age, weight about 150 pounds, who had track talent as well as football ambitions, had a few days previously ruptured a blood vessel in the anterior portion of the right thigh. Apparently, the ruptured vessel was a small branch of the femoral artery near the apex of Scarpa's Triangle just before the artery passed under the Sartorius muscle into Hunter's Canal. The thigh was very painful and discolored and was further complicated by a lesion in the right Sacral-Iliac articulation, the sacrum being displaced anteriorly.

Upon Dr. Halladay's advice, the Sacral-Iliac lesion was corrected and absorption of the hemorrhaged blood was hastened by 3 and 1 hot and cold applications 30 minutes twice each day, and an Ace bandage applied. Within 3 or 4 days after treatment started the player returned to practice and has continued since having played in at least two scheduled games.

Every day, thereafter, we would have the usual run of "Charley Horses," a great many of which were in the Quadriceps Femoris group of muscles and occasionally in the Tensor Fascia Lata muscle. In the great majority of the cases in which these muscles were involved it was noted the Sacral-Iliac articulation was also in lesion, and in many instances the tension of the muscles was reduced immediately following correction.

In addition to these "mine run" conditions we have had in-

numerable involvements to deal with, such as Scalp lacerations, ground burns, cracked ribs, loosened teeth, smashed nose, dislocated shoulder, fractured arm (which brings to mind the case of Bobby Hill).

Bobby is just 16 and a game little rascal, although not large in stature. First afternoon he was on the practice field he fell on his left hand. He reported that his thumb hurt, but upon questioning there was no indication he was severely injured either in the thumb or elsewhere.

The following day he reported his thumb felt fine but that he had a pain in his left elbow. Examination showed the elbow very swollen and painful but he could still move the elbow as far as the swelling would allow.

He was sent to his family physician, who in turn had the arm X-Rayed. The X-Ray picture showed a green stick fracture on lateral side of left humerus at about the level of the supracondylar process.

We could go on and cite dozens of interesting cases that have occurred during the past several weeks, each case distinctive and an experience in itself.

This is only one example of the abundance of clinical material available at Des Moines Still College of Osteopathy at all times.

Irving H. Walters.

## Dallas

Dallas is not waiting until after Christmas. It is too bad that only a selected few will receive the first fine issue of the Texas Osteopathic Round-Up. Do not be disappointed for you are on the mailing list and later you will have one of these pre-convention publications delivered with your mail. There is no question as to where the next convention is to be held and no doubt as to who is there on the job right now with all the preparatory steps planned. There is no drawl nor manana in any part of this news booklet. We will be in Dallas before the doors are opened and we are asking for the necessary reservations now for we expect a fine meeting and a display of that famous Southern Hospitality. We are already smiling in anticipation of the trip and if there are any who will hold up this show they are outside the confines of the Southern Empire. Officials and Aides take note.

I goin a go, an you better be there too. Yes sir. Thank yuh.

## Born

To Dr. and Mrs. E. H. Lodish of Detroit, September 29, 1938, a son, Edward Michael.

To Dr. and Mrs. M. L. Sanfelippo of Milwaukee, November 1, 1938, a son, Peter Ignatius.



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