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THE LOG BOOK

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PUBLISHED MONTHLY BY THE DES MOINES STILL COLLEGE OF OSTEOPATHY & SURGERY

Volume 25

JANUARY, 1947

Number 1

Silver Anniversary Issue

The President Chats

This, the first issue of Volume 25 of the Log Book, indicates that the official publication of your Alma Mater is celebrating its Silver Anniversary. For any institution, organization or individual to serve, for a period of a quarter of a century, is a record that commands much respect. Your Log Book, as the Official Organ of this institution, has been serving its graduates for the past quarter of a century but in this Silver Anniversary Year, we trust the Log Book will serve a greater need than it has heretofore.

A Silver Anniversary is a joyful occasion. As a Silver Anniversary commands much recognition, I personally feel that the graduates of this great institution, likewise deserve much credit for the record that they have made during the period of this Log Book's history. A Silver Anniversary not only means joy, it also means contributions and gifts.

How appropriate it would be for each Alumnus of this institution to make a significant Silver Gift during the Silver Anniversary Year of the Log Book, to the College's Expansion Program.

Your Expansion Program is moving along nicely but not as rapidly as it should. There is only one reason. The lack of funds. We are in great need of a Clinical Building at this institution at the present time. We have the land for the erection of the Clinical Building and if all graduates and friends of this school, during this Silver Anniversary Year, will make their contribution to the school before the end of the year, we could have this Clinical Building which is imperative for the training of our students.

When I think of Osteopathic Physicians, I not only like to think of Physicians Plus, but of Physicians who are dynamic leaders in their respective communities. A dynamic leader is an individual with initiative; one who has certain plans and directs the activities and thinking of those with whom he associates. There are many types of dynamic leaders. It is conceivable that some may not possess the many qualities

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Class of January, 1912 Celebrates Anniversary

Exactly 35 years ago this month, ten men and two women received their diplomas from Des Moines Still College of Osteopathy. Of these twelve, several have passed on, while others are either actively engaged in practice or have retired.

Dr. M. E. Bachman, President of the Class of '12, who later served for many years on the faculty as Professor of Technique and Osteopathic Therapeutics, carried on a very large practice in the city of Des Moines for more than 25 years. His son, Dr. R. B. Bachman, who also served on the college faculty as head of the Department of Obstetrics and who is now affiliated with the K.C.O.S. and Hospital, in Kirksville, graduated from Still College in 1916. More recently, a daughter, Dr. Irene Bachman, now living in Santa Cruz, N. Mex., also graduated from the college. These two Doctors were for some time in practice with their father in Des Moines. Dr. M. E. Bachman has been referred to by his classmates and colleagues as one of the finest gentlemen and scholars to ever graduate from this institution. He passed away Nov. 25, 1939, following a short illness.

Dr. Josephine C. Armstrong, Vice-President of the graduating class, went to Omaha in June, 1912, to take over a practice for the summer. In September she went to Grand Island, Nebr., and returned to Omaha in Jan., 1914. She is now practicing in the Brandeis Theatre Bldg. in that city.

Dr. G. G. Elliott, Class Secretary, has been in practice in Toronto, Canada, for the past 35 years. In 1935 he was elected President of the Ontario Osteopathic Association. His son, Gordon L. Elliott, is now a Senior student at Still College and plans to enter practice with his father.

Dr. Loren Green, Class Treasurer, is now practicing in Sac City, Ia. His son, Dr. Marvin E. Green, graduate of '26, is affiliated with the Jamieson Clinic,

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College Faculty Members to Speak at Ohio Convention

The Annual Winter Refresher course of the Ohio Osteopathic Association which will be held Feb. 19 and 20 at the Deshler-Wallick Hotel in Columbus, Ohio, will feature three members of the Still College faculty as speakers, as announced by Dr. Frank Spencer, Program Chairman.

Dr. John B. Shumaker, Dean of Still College, will speak on Bio-Chemistry, covering in detail such basic topics as proteins and amino acids, mineral elements, water and vitamins.

Dr. R. L. McMurray, Chairman of the Department of Pharmacology and Materia Medica of the College, will present a program on prescription writing and practical pharmacology. Dr. McMurray, who is a native Ohioan, is a relatively newcomer to the Still College faculty. He is a graduate of the Ohio State University, College of Pharmacy, and received his M. Sc. and Ph. D. degrees from the University of Wisconsin.

Dr. Frederick J. McAllister, Chief of Staff of the Des Moines Still College Osteopathic Hospital, and Chairman of the Department of Surgery, will be the third member of the College faculty to speak at this Winter Refresher. His talk will deal with the fundamentals, principles and recent developments in endocrinology.

Bio-Chemistry, Pharmacology and Endocrinology are all highly important and relatively new fields of medicine which loom large in importance in the daily routine of a general practitioner and it is indeed fitting that the new daily discoveries in these respective fields be brought to the attention of the busy practicing physician.

Still College Alumni may feel justly proud in having our College so ably represented on the Ohio Osteopathic Association's Winter Refresher program.

Happiness is a perfume you cannot pour on others without getting a few drops yourself.—Emerson.

Twenty-five Years of Retrospect

By G. L. ELLIOTT

In this, the first issue of Volume 25 of the Log Book we might look back over its several hundred issues to see what changes have taken place during the past twenty-five years. After considerable delving through the dusty vault in search of the first issues of our publication, it is interesting to see what changes in form and make-up have actually occurred.

The Editorial page of the first issue of Vol. 1 carries this information: Dr. S. L. Taylor was titled Director General; M. D. Cramer, Business Manager; Dr. J. H. Styles, Publicity Director, and C. L. Ballinger, Editor. The faculty and students both contributed largely to the Log Book and we find E. T. Kirk, E. C. Herzog, E. M. Schaeffer, Olive Mathews, Dora Deitz and L. H. Kuchera writing in many of the earliest issues.

We see occasional reference in some of the early issues to "Angus." We wonder how many of the old-timers among our alumni readers remember him. And do any of you recall Coach Sutton and the Still College football team of 25 years ago: Bice, Myers, Swezey, McNish, Thomas, Walker, Nicholas, Brown, Cartwright, Murphy, Graham and Sheets?

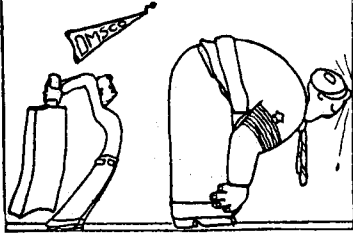
Former Editors

In the quarter century since the origin of the Log Book, numerous editors and directors have had a hand in guiding the copy to the press each month. The records show that following the first editor, C. L. Ballinger, are such names as Jack Hansel, Don Baylor, L. J. Grinnell, R. B. Kale, L. A. Utterback, R. K. Homan, J. R. Forbes and F. J. McAllister. During more recent years, we find Drs. Virg. Halladay, Arthur D. Becker, Hugh Clark, H. W. Merrill, and our present acting Editor, Dr. H. B. Hale.

10th Birthday Number

The tenth volume of the Log
(Continued on Page 4)

FRATERNITY NOTES



ITΣ

The Beta chapter of the Iota Tau Sigma fraternity held a regular meeting at the office of **Dr. Sloan** on December 19th. After a short preliminary business meeting the members of the chapter had the pleasure of giving the Second Degree to **Ken Roberts**. The members extend a welcome to Ken and anticipate administering to him the Third Degree soon.

Following the business meeting the members were instructed in the reading of chest x-rays by **Dr. Sloan**. This was a continuation of the x-ray study sessions instituted at the previous meeting. The members are all in accord in their enthusiasm over the instruction they are receiving in these sessions and are deeply appreciative of the time and effort which **Dr. Sloan** is extending in their behalf. Future lectures by **Dr. Sloan** are anticipated with the greatest of pleasure.

—J. S. K.

ΔΩ

On the evening of December 13 the Beta chapter of Delta Omega met at the home of **Dorothy Mullin** and had a very enjoyable work-night. It was an honor to have **Dr. Genevieve Stoddard** as guest. During the early part of the evening she told of many interesting assignments and experiences she had had while in the service. Later in the evening **Dr. Stoddard** also gave some very helpful facts and information concerning obstetrics in Des Moines.

The members and pledges of the Beta chapter are finding the work-night and regular meetings in the homes of active and honorary members and alumnae exceptionally worthwhile this semester. They are proud of the fine group of honorary members and alumnae who belong to this sorority and wish to give special mention here to **Dr. Beryl Freeman** who has been elected National President of Delta Omega.

The officers this semester have been doing a fine job of arranging programs for the meetings. These officers are:

- President—Dorothy Diener
- Vice-President—Dorothy Mullin
- Secretary-Treasurer — Sarah Gibson
- Sergeant-at-Arms — Dr. Lillie Dunlop
- Guard—Dr. Mary Golden

ATLAS CLUB

During the past few weeks the members of the fraternity have been spending many busy hours at the home of one of our members, **Dick Sherman**, 2413 Raymond Drive. Now that the paint has dried, the wood seasoned, and the floor settled, we are proud to announce that the new Atlas Club Recreation Room is now completed. In future all our meetings, practical work nights and informal social gatherings will be held here. Many thanks are due to Mr. and Mrs. H. W. Sherman for their generosity in relinquishing this room for our use, and also for their help in its construction and the decorating.

ATLAS CLUB

Winter-Spring Program

- Jan. 15 — Noon Midweek Luncheon
- Jan. 20 — Practical Work Night; Speaker **Dr. J. Woods**
- Jan. 29 — Noon Midweek Luncheon
- Feb. 1 — "General Open House"; Social Evening
- Feb. 3—Business Meeting; Election of Officers
- Feb. 12 — Noon Midweek Luncheon
- Feb. 17 — Senior Banquet, 6:30 p.m., Younkers Tea Room
- March 5 — Noon Midweek Luncheon
- March 10—Practical Work Night; Speaker, **Dr. Campbell**
- March 19—Noon Midweek Luncheon
- March 24 — Reg. Business Meeting
- April 2 — Noon Midweek Luncheon
- April 7—Practical Work Night; Speaker: **Dr. Leininger**
- April 16 — Noon Midweek Luncheon

* * *

Luncheons are held at Mrs. Doty's Tea Room, 1725 Sixth Ave., 12 noon. All meetings and work nights are held at the Recreation Room, 1413 Raymond Drive, at 7:30 p.m.

At the last regular business meeting, Jan. 7, the Chairman of the Program Committee made announcement of the schedule of meetings for the next three months. This outline will make ready reference for all alumni, members and pledges, as to dates of the Winter-Spring activities.

During the Christmas vacation two Atlas Alumni and their wives dropped in at the Hospital and College for a short visit and look around: **Dr. and Mrs. Tom Hewetson** of Columbus, Ohio, and **Dr. and Mrs. Claire Howe**, of Detroit, Michigan.

ΦΣΓ

Several members of Phi Sigma Gamma are greeting the New Year with a feeling of confidence and a definite sense of accomplishment. Brothers **E. A. Hughes** and **James Allender** both have the reports of their success in passing the first half of the Missouri State Board Examination, while **Gene Stano** and **Marvis Tate** are celebrating the outcome of the Minnesota Basic Science Board. The latter pair are both anticipating a successful practice in the home state of Michigan, and **Spence Hughes** and **Jim Allender** are pointing for Pennsylvania and West Virginia respectively.

The holiday vacation left the House at 3205 Grand Ave. almost deserted. Practically all of the members spent the time at their homes in many states including California, North Dakota, Minnesota, Texas, West Virginia, Connecticut, Pennsylvania, New York and Michigan. All have returned, and all reported terrible driving with much snow and ice both on the way and the return, even to fifty degrees below zero in North Dakota.

Those who remained were working in the clinic and took relief from the routine when on New Year's Eve they had a huge dinner at Johnny Critelli's followed by a party at the House. Fourteen couples successfully ushered in the New Year.

The Fraternity is pleased to welcome the wives of Brother Doctor **Bud Story** and Pledge Brothers **Harry Talbot**, **Paul** and **Russell Dunbar** who have recently joined their husbands after prolonged wait until housing became available in Des Moines.

The practice of Work Night is being resumed. It is planned that in the future one night each month will be set aside for the general welfare and enlightenment of the Student Body. A guest speaker will be present to discuss a topic of interest to the profession and more pertinently to the student's current activities.

Phi Sigma Gamma invites the student body to the Weekly Open House given each Saturday night at the Chapter House. Radio or Juke Box Music will always be available to the guests and we hope that as many as possible will stop in for these informal parties.

Visitor

Dr. L. V. Credit of Amarillo, Texas, an Alumnus of Des Moines Still College, visited the college on December 28th.

Born

To **Dr. and Mrs. Charles D. Schultz** of Madison, Wisconsin, a son, **Craig Charles**, on November 24, 1946.

ΛΟΓ

On December 6, 1946 a meeting was held by the Lambda Omicron Gamma Fraternity. A short talk on the history and future of Osteopathy was given by **Dr. Racher**. After the address informal discussion on fraternalism in relation to Osteopathy was undertaken by pledges and members. Nine freshmen and one junior student announced their desire to pledge. They are as follows: **Dr. Ivins** (Junior), **Theodore Asnis**, **Conrad Burns**, **Seymore Cohen**, **Herman Fishman**, **Sidney Gelman**, **Simon Indianer**, **Louis Katz**, **Morton Levin** and **Samuel Plotnik** (Freshmen).

Sol Leibel was unanimously elected president of the fraternity. Plans were then inaugurated to hold work meetings on alternate meeting nights. Meetings are to be bi-monthly.

The fraternity members and pledges were invited to be guests at the home of Mr. and Mrs. **Conrad Burns** for the next meeting scheduled for Sunday, January 12, 1947.

—Simon Indianer.

Dean's Letter

This issue of the Log Book is so crammed with interesting reading matter, that this letter must be necessarily brief. It is desirable to announce that the next semester is just around the corner, and that it will begin on March 3.

At the present writing there are 23 applications for admission as Freshmen for March 3, and it is predicted that the total number will reach thirty before the semester opens.

Perhaps fully as important and interesting is the fact that there are already twenty applications for admission into the September class which begins September 10th.

All alumni, who are interested in young people who may be eligible for the September class, are urged to discuss these matters with them, to help them arrange their affairs, and to explain the importance of applying for admission as far in advance as possible.

SCIENCE

"Osteopathy is a science that analyzes man and finds that he partakes of Divine intelligence. It acquaints itself with all his attributes." — **Dr. Still's AUTO-BIOGRAPHY**.

To whom would you like to have the LOGBOOK sent?

- A prospective student?
- A school library?

Send us the name and address.

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY & SURGERY

Acting Editor
H. B. HALE, M.S., Ph.D.
Reporters
GORDON ELLIOTT
RUSSELL BUNN

Osteopathy Without Limitation

American Osteopathic Society of Rheumatology

In order to correlate research findings of the osteopathic profession in the prevention, diagnosis and treatment of arthritis and other rheumatic conditions, physicians throughout the nation gathered recently in Chicago to plan the formation of the American Osteopathic Society of Rheumatology.

It has been long felt that through a closely-knit professional organization, new and more efficient methods of treating arthritis and rheumatic diseases can be more widely disseminated throughout the osteopathic profession, thereby benefitting every victim of these crippling condition.

Tentative officers of the society were elected at the meeting. They are: **Dr. E. C. Andrews**, of Ottawa, Illinois, chairman; **Dr. E. C. Goblirsch** of Little Falls, Minnesota, vice-chairman; **Dr. Jacobine Kruze** of Ottawa, Illinois, secretary-treasurer; and **Dr. N. L. Samblanet**, of Canton, Ohio, program chairman.

Trustees were also elected. They are: **Dr. G. A. Pockett** of Chicago, Illinois, and **Dr. C. E. Morrison** of St. Cloud, Minnesota, both named for one year. **Dr. E. F. Carlin**, of Hempstead, New York, and **Dr. C. O. Meyer** of Des Moines, Iowa, were chosen for two years.

The society's constitution and by-laws were discussed and approved, providing membership in the society for all osteopathic physicians who are members of the American Osteopathic Association or the state association affiliated with the AOA.

The need for such a society was discussed during the last AOA convention in New York, and its formation has been received with enthusiasm throughout the country.

Several interesting papers relating to diagnosis and treatment of rheumatoid arthritis were read at the two-day meeting.

Dr. G. A. Pockett of Chicago pointed out the use of "Vitamins as a Supplement and/or Therapy in Rheumatoid Arthritis."

"Osteopathic Manipulative Care of Rheumatoid Arthritis was discussed by **Dr. E. C. Goblirsch** of

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Hospital Notes

The Staff is very pleased with the reception the profession has given the new **Diagnostic Clinic**. Doctors from Oregon, Illinois, Wyoming, Colorado, Missouri and, of course, Iowa have been sending patients in for the diagnostic routines.

Clinic Procedure

You might be interested in knowing how the routine runs, so here is a typical case starting from registration: Mrs. A. T. sent in by Dr. J. F. F.; history taken and possible working diagnosis made; patient sent to laboratory for early routine lab work. History indicates gastro-intestinal series is necessary, so patient is taken to X-ray and routine is instituted; then first clinician takes over.

Next the patient goes to **Gynecology, E. E. N. & T., Proctology, Abdominal, Cranial and Structural, Heart and Lungs, Urology,**

Psychiatry, Foot and Leg, Dermatology, Endocrinology and then back to the original clinician for recheck for specialty laboratory work as indicated.

On the third day following admission the staff meets at 1 P.M. in the Chief-of-Staff's office, and a running resume and general evaluation of the case is held. Discussion as to diagnosis and suggested routine of therapy is then decided upon. After staff conference the patient is appraised of the results or else told that her doctor will give her the complete report on her case and take over from there. A complete case report from all departments along with the impressions and suggestions is then typed, and the referring physician is given the report and further advice. If the referring man wishes treatment, such as surgery, to be accomplished at the Hospital, he so instructs his patient, and treatment begins. Records are kept on file for future reference so that the doctor may refer the patient back at any

time for a recheck or for further treatment.

Value of Clinic

This department is meeting with a high degree of success and fills a long felt need in the profession throughout the entire country. Des Moines will become the diagnostic center of Osteopathy. Patients may either stay in the hospital at prevailing rates or may stay outside while going through the Clinic. Only staff men see the patients, and the regime is strictly private.

If you have questions, a letter to the **Chief-of-Staff** or the **Business Manager** of the Hospital will bring you all the information you desire. Please allow at least three days for your patient to go through the Diagnostic Clinic. At present we prefer that patients be admitted on Mondays and Thursdays, but those wishing to enter at other times will be accommodated. **Will you please drop us a letter, Doctor, and let us know when your patient expects to be in?**

DIAGNOSTIC CLINIC

STILL COLLEGE OSTEOPATHIC HOSPITAL

Department of:

Anesthesiology	Orthopedics
Cardio-Respiratory	Osteopathy
Dermatology and Syphilology	Pathology
Ear, Eyes, Nose and Throat	Pediatrics
Gastro-Enterology	Proctology
Internal Medicine	Psychiatry
Laboratory Diagnosis	Surgery
Obstetrics and Gynecology	Urology
	X-Ray

Diagnostic Clinic Examinations conducted by Staff Members Only

Complete reports with treatment suggestions furnished referring physicians. Fee includes all departments. For further information write or call:—

DR. F. J. McALLISTER, *Chief-of-Staff*

or

MR. DAVE C. CLARK, *Hospital Administrator*

STILL COLLEGE OSTEOPATHIC HOSPITAL

725 Sixth Avenue

Des Moines, Iowa

The President Chats

(Continued from Page 1)

which make him always popular and consequently he may need to execute his plan through someone else; he may be the valiant type rather than the persuasive type; regardless of the method employed, this individual is forceful. The group looks to him for guidance and throws upon him the responsibility for its welfare.

The Osteopathic Profession has been known for its dynamic leaders in the years past, and today we need more of that leadership. We need that leadership which will not only contribute to the welfare of the educational institutions, but we need that leadership which will also convey to the public the educational program of our colleges; and we need that leadership which will continue to build in the minds of the general public that **the Osteopathic School of Medicine is the dominant school of therapy.**

As we celebrate the Silver Anniversary of our **Log Book**, let us rededicate our ideals and our philosophy of life not only to service but to enlarging and expanding all of our educational institutions. **May this year, 1947, be the most significant of all years in the history of Osteopathic Medicine.**

Married

Mrs. Robert Hiller Graham and Dr. Willard Edwin Bankes announce their marriage on Saturday, the twenty-eighth of December, nineteen hundred and forty-six in Detroit.

"I have no desire to be a cat, which walks so lightly that it never creates a disturbance. I want to be myself, not 'them,' not 'you,' not 'Washington,' but just myself; well plowed and cultivated."

—AUTOBIOGRAPHY.

Class of 1912

(Continued from Page 1)

a 25-bed hospital in Sioux City, Ia.

Dr. L. North was Class Historian.

Dr. L. C. Billings, Class Poet, came from Ohio and is now deceased following several years of practice.

Dr. Nolen W. Hughes, Class Prophet, is in Fulton, Kentucky. During his college days Dr. Hughes shone in Obstetrics, and it is said that in writing the Tennessee State Board examinations he obtained 100 per cent in that subject.

Dr. E. G. Hornbeck, deceased.

Dr. T. T. Jones has been in general practice in Wayne, Nebr., for many years. During that time he has also been quite prominent in local municipal affairs.

Dr. J. C. Calhoun is practicing in Fort Lauderdale, Florida.

Dr. E. C. Dymond, now in Jackson, Minn., was always top student in the class.

Dr. L. U. Miller died in 1942 following many years of successful practice in Los Angeles, California.

When I was a boy, I used to visit at my uncle's farm. They had a big swill barrel near the pigpen, in which they poured milk, threw apples, and dumped bran or middlings (whatever that was), and then we would go out and pour the mixture into the trough. I used to look at the pigs with their big mouths and big teeth and the way they apparently laughed at me. It took me several years to learn why they were laughing. Then I realized they were getting all the vitamins and mineral salts, while the farmers were standing around with false teeth in their mouths.—Pennsylvania M. J.

American Osteopathic

(Continued from Page 3)

Little Falls, Minnesota.

Dr. George Rose of Chicago explained "Differential Diagnosis of Rheumatoid Arthritis."

Phases of "Home and/or Office Management of Rheumatoid Arthritis" was brought out in a paper by **Dr. H. L. Blambenet** of Canton, Ohio.

"X-ray Findings and Therapy in Rheumatoid Arthritis" was discussed by **Dr. J. H. Grant** of Chicago.

Dr. C. O. Meyer of Des Moines, Iowa, detailed "Laboratory Findings, Including Blood Colloids in Rheumatoid Arthritis."

"Institutional Management of Rheumatoid Arthritis" was the subject covered by **Dr. E. C. Andrews** of Ottawa in his paper.

Diagnosis of Rheumatoid Arthritis" was explained by **Dr. Douglas D. Waitley** of Evanston, Illinois.

An invitation to all members of the osteopathic profession who are interested in arthritis and other rheumatic conditions to join the society in its efforts to promote greater research in this field and to help arouse public interest in controlling these types of disease has been extended by the secretary of the society.

The rookie, asked by the medical officer, "How are your bowels?" replied that he had not been issued any. Trying again, the M. O. asked, "I mean are you constipated?" Again the rookie, "Naw, I enlisted." Finally in utter desperation, the medical officer said, "Are you crazy? Don't you know the King's English?" The rookie rang the bell, by replying, "Oh, is he?"—J. South Carolina M. A.

We find in life exactly what we put into it.—Emerson.

25 Years

(Continued from Page 1)

Book was ushered in with a 10th Anniversary Birthday Number. At that time the editor was **F. J. McAllister** and we wish to make acknowledgement for the use of some of this material from that issue. Dr. McAllister, after many years in Denver has returned to us to assume the responsibility of Chief-of-Staff of the new Still College Clinical Hospital.

In a front-page article of that birthday number, we read, "We have never attempted to offer to the profession a periodical filled with scientific articles. We have felt all through the years that the established monthly publications of the A.O.A. and others, amply fill that need. We have wanted you to know that Still College was alive and progressing; that your college was continuing to matriculate and graduate students who feel like you do, that those were the best four years you ever spent. Just as some of you will look back to the good old days, those who are now in school will be doing the same thing ten years hence. College days are always the good old days. The Log Book hopes that it has kept you in closer touch with the college and has tried to make you feel that the good old days are still with us." *That message is just as applicable today as it was fifteen years ago.*

Married

Dr. Robert L. Daitch, Detroit, Michigan, was married to Sara Malin of Des Moines on January 1st. Dr. Daitch, a recent graduate of this school, is completing his internship at Detroit Osteopathic Hospital.

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Volume 25

FEBRUARY, 1947

Number 2

GRADUATION ISSUE

Former Editor
Reminisces

The President Chats

Another Commencement Approaches

On Friday night, February 28th, at St. John's Lutheran Church, the Alumni Association of Des Moines Still College of Osteopathy and Surgery, will see another Class join their number. While the Class is small, the quality is extremely good. On that eventful evening, five seniors will receive the Degree of Doctor of Osteopathy. They are **Larry M. Belden**, of Des Moines, Iowa, **Keigo Hase**, of Lemoore, Calif., **Walter D. Peterson**, of Highland Park, Michigan, **Robert S. Sedar**, of Davenport, Iowa, and **Floyd E. Toland**, of Augusta, Illinois. The President is very confident that these five fine young men will be Physicians that the Osteopathic Profession will be truly proud of.

Where They'll Go

Dr. Belden will intern at the Widney Osteopathic Hospital in Albuquerque, New Mexico, as will Dr. Floyd E. Toland. Dr. Walter Peterson will intern at the Detroit Osteopathic Hospital, Detroit, Michigan. Dr. Robert S. Sedar will intern at the Rocky Mountain Osteopathic Hospital, Denver, Colo., and Dr. Hase is yet undetermined of his future plans. He is most hopeful of returning to his home State of California.

Speaker

The Commencement speaker for the exercises will be **Dr. Stanley B. Niles**, President of the Iowa Wesleyan College, Mt. Pleasant, Iowa. The subject of his address will be "The Case of a Convicted Thief." Dr. Niles is very prominent in national educational circles and has made an enviable reputation on his ability as a speaker. Dr. Niles will receive

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"The physician does not make the cure. He merely prepares and clears the way for Nature, who is the real healer."

—ISSAC JUDAEUS.

Log Book Editor
D.M.S.C.O. & S.
Des Moines, Iowa.

January 20, 1947

Dear Sir:

As a former editor of the Log Book, it is a pleasure to write you this letter and tell you that I am glad the publication has achieved its ripe age and mellow tone.

No former editor can read a product of his former labors without a little heart-tug and it is like having a youngster grow up to find that twenty-five years have been attained.

I wish to congratulate you on the fine publication you are putting out. I haven't missed an edition in many years and I hope to see the time when it will be enlarged and show a fifty year span of serving the profession. I know there are many loyal alumni that look forward to each monthly reminder of the scholastic days and find many names mentioned that bring home pleasant memories.

Here's a load of luck and I hope I live to see the 50th anniversary edition.

F. J. McALLISTER.

Faculty Members Will Lecture At Canadian Convention

The Forty-Sixth annual convention of the Ontario Osteopathic Association will be held at the Royal Connaught Hotel, Hamilton, Ontario, May 8, 9 and 10, 1947.

Edwin F. Peters, Ph.D., President, and **Byron E. Laycock, D.O.**, Professor of Osteopathic Technique, at Des Moines Still College of Osteopathy and Surgery, are the two faculty members who will be included on the technical program arranged for by **Dr. C. V. Hinsperger**, Windsor, Ont., chairman of the convention Program Committee.

Dr. Peters' three lectures will be entitled: **Personality Problems and Their Effects on Health**, "**The Psychoneuroses**," and "**Psycho-Therapeutics**."

Dr. Laycock will give four lectures, including "**Low Back Problems**," "**The Vegetative Nervous System**," "**Arthritis**," and a discussion of the "**Osteopathic Treatment of Acute Infections**."

Immediately following the Ontario Convention, Dr. Peters will speak at the Ohio State Osteopathic Convention on May 11, on the subjects, "**The Psy-**

Information Wanted!

Where Are the Members of the Class of 1907?

The article concerning the Class of January, 1912, brought forth a letter from **Dr. T. C. Lucas** of 1316 Washington St., Columbia, S. C., which we wish to pass on to our readers:

Dear Editor,

I was muchly interested in the write-up of the class of 1912, in the last issue of the Log Book. I would like to see a write-up of my old class, January, 1907. Just forty years ago I left Des Moines with my "sheep-skin" and haven't been back since, but I hope to visit the school some day. I would like to know the present location of my old classmates and whether they are still living or have passed on. These class write-ups are very interesting to the old students. I thoroughly enjoy reading the Log Book and never fail to read practically every line.

Yours fraternally

T. C. LUCAS, D.O.

ological Approach of the Doctor," and "**An Understanding of Peculiar People**."

Dr. H. V. Halladay, 746 East Sixth Street, Tucson, Arizona, was kind enough to write your editor to say that he remembered many of the former editors and could tell laughable "stories" about the early days of the LOG BOOK.

Excerpts from his letter may interest many others, so we are glad to include them here.

"The first issue was written largely by **Dr. John Styles**. It was started first to be published twice a month and filled largely with jokes and a full page display advertising the college. **C. L. Ballinger** edited 19 issues turning it over to **Jack Hansel** for the Nov. 15th issue. **Jack** kept the job until July 15, 1924, when he dropped out in favor of **Don Baylor**."

"In December, 1929, the trustees decided to make the Log Book a monthly instead of bi-monthly. The question came up as in other years relative to expanding it and including advertising, etc. We voted against it as the majority felt that it had developed without these features and should be kept in its same form. I have always felt that it was appreciated in its efforts not to compete with other osteopathic publications."

"It was interesting to work with the various editors. All were brilliant boys and I still cherish the friendship of the editors who worked with me for 16 years there in the college.

In June, 1935, I took over the whole responsibility under an assumed name, that of **E. Harwood**. According to my records **Don Baylor** is the only editor who has died. The others are in practice and doing well."

(Editor's Note: **Dr. Halladay** wrote the article quoted in the article on the LOG BOOK in the January issue).

"The Osteopathic physician removes the obstruction and lets Nature's remedy—arterial blood—be the doctor."

—ANDREW T. STILL.

Librarian Needs Help

Old Log Books and School Catalogs Wanted

Mrs. Kenderdine, Librarian, has made the discovery that the Still College Library does not have a complete file of the early issues of the Log Book or the College Catalog. If any Alumnus has copies, the Librarian and the School would appreciate greatly having them.

The following issues of the Log Book are missing:

- 1923, Vol. I, No. 1, Jan. 1; No. 4, March 15; No. 18, October 15; No. 20, December 15.
- 1924, January 1 and 15; February 1; April 1; July 1.
- 1925, July 1
- 1926, July 1; Nov. 1 and 15.
- 1927, May 15; June 15; July 1.
- 1928, August 1; September 15.
- 1929, January 1.
- 1933, October, November, December
- 1934, Entirely missing.
- 1935, January, February, March, April, May.
- 1937, January, February, March, April, May.
- 1938, January, February, March, April, May.

If you have any of the College Catalogs that are not listed here, we would appreciate having them.

- 1906-7, 1908-9, 1913-14, 1917-18, 1919-20, 1923-25, 1930-31, 1932-33, 1935-36, 1938-39, 1936, 1937, 1938, 1941-42, 1942-43, 1945-46, 1946-47.

Dean's Letter

March 3 will mark the beginning of a new semester. With its approach there are good indications that the new Freshman class will be filled with students of outstanding ability.

New Class

The total number of new Freshmen will stand between 25 and 30. These young men and women come to us from all parts of the country, and most of them come with the recommendation of Osteopathic Physicians. The distribution of states at the time of writing is as follows: California, 1; Florida, 1; Georgia, 1; Iowa, 7; Louisiana, 1; Maine, 2; Massachusetts, 1; Michigan, 3; Mississippi, 1; New York, 4; Wisconsin, 1; Ontario, Canada, 1.

Previous Training

The degree of pre-osteopathic education is variable, ranging from the minimum requirements to the Master's degree. The average age is 26 years, with a range from 21 to 32 years.

Approximately one-half the students are veterans of World War II, and approximately one-half of them are married.

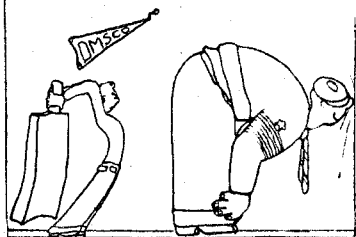
It is gratifying to all of us to know that we are bringing into our professional schools, young men and women who will become outstanding members of the Profession.

About People

Dr. Irving J. Ansfield, Osteopathic Physician and Surgeon, announces the opening of his office at 325 W. North Avenue, Milwaukee, Wisconsin.

Dr. O. F. Welch of 6143 Washington Avenue, Philadelphia, Pennsylvania, died January 13, 1947.

FRATERNITY NOTES



ITS

On January 21, 1947, the Beta Chapter of the Iota Tau Sigma held a "work night" meeting at the office of Dr. Woodmansee. The instruction theme of the evening was "Technique," and Dr. Woodmansee gave a discussion accompanied by demonstration of techniques which he uses in his practice. It was the pleasure of the fraternity to have several members of the Freshman class as its guests for the evening. Our sincere appreciation for the hospitality of his office and an excellent, instructive evening is extended to Dr. Woodmansee.

The next in the series of "work nights" will be in Dr. Sloan's office when the subject will be "Electrocardiography."

The fraternity wishes to extend congratulations to the Chapter President, W. J. Blackler, on his passing of the first half of the Missouri State Osteopathic Board and the first half of the National Osteopathic Board.



The Beta chapter of Delta Omega scheduled a meeting for the evening of February 14 at the home of Dr. Rachel Woods of 5011 Hickman Road.

The sorority is grateful that Dr. Clayton Meyer, a very able teacher of Still College, consented to be the guest speaker. He choose as his subject "Psychosomatic Changes in the Menopausal Period."



At the regular monthly meeting held February 3, 1947, the election of officers for the spring semester was held and is announced as follows: Marvis Tate, Archon; Frederick Martin, Sub-Archon; Edward Brochu, Treasurer; James Allender, Secretary; Russell Bunn, House Manager; Frank Baker, Pledge Master. Congratulations and best wishes are extended to the electees for a successful tenure of office.

Phi Sigma Gamma honored the graduating Seniors of the College at a semi-formal dance Saturday evening, February 8. Despite sub-zero weather ninety couples thoroughly enjoyed the warmth and revelry of the occasion. The house was lavishly decorated in the Valentine theme with seeming miles of crepe paper, serpentine confetti, many-colored balloons and huge valentines accentuated by the delicate lighting effects. The music of Chuck Thorp and his orchestra blended perfectly into the spirit of Cupid's anniversary and was complemented by the female guests in their colorful formal splendor. The fraternity was honored by the presence of Pres. and Mrs. Edwin F. Peters, Dean and Mrs. John B. Shumaker, Dr. and Mrs. Henry B. Hale, Dr. and Mrs. Robert L. McMurray, Dr. and Mrs. Jean F. LeRoque, of the Still College faculty. It was indeed a lovely evening for the first warming glow of the fire place until the cessation of music at one o'clock Sunday morning.

With the semester fast drawing to a close plans are being made to welcome the incoming students and at the same time trying frantically to correlate all of the pertinent facts that have been covered in the past five months study. As always the Freshmen have their problems. They wonder just why fate's fickle finger singled them out to have five final exams on the last day of the semester.

AOF

The last meeting of the fraternity was held at the home of Mr. and Mrs. Conrad Burns. Election of officers was continued with President Sol Liebel directing. Sidney Gelman was elected vice president and Simon Indianer, secretary and treasurer. A fraternal luncheon was planned for the evening of March 4.

Guests at the meeting were Mesdames Katz, Liebel and Ivins who assisted Mrs. Burns in preparing a buffet lunch which "highlighted" the evening's activity.

The next meeting of the L.O.G. is planned for March 4th at 7 o'clock.

—Simon Indianer.

ATLAS CLUB

This month brings to a close another semester and graduation for another class. We wish to congratulate Floyd Toland and the other members of the graduating class and wish them the best of luck in the future. The Atlas Club Senior Graduation Banquet was held Monday, February 17, at Younkers Tea Room. Toastmaster for the occasion was Dr. H. A. Graney, and guest speaker for the evening was Dr. Paul Park. Several Alumni were present to honor our graduating member and to meet our new pledges for the first time.

The newly completed recreational room, where all our meetings and social gatherings are held, has already proven to be a drawing card for many of us. Several informal get-togethers have been held here on weekends during the past few weeks and we are glad to see the interest and appreciation shown in this project both by members and non-members alike.

Owing to an increased schedule, examinations and a lot of necessary "etc.", some of our scheduled meetings and luncheons have out of necessity been postponed or cancelled. We regret this, but it is our hope that with the beginning of a new semester and the month of March we will be able to follow our proposed winter-spring program more closely.

—G. L. E.

O.M.C.C.

The February 4 meeting was held in the hospital dining room with Elsie Blackler and Gen Peterson serving as hostesses. Several new members were welcomed. The nomination committee presented the slate of new officers which was unanimously accepted. Those elected were: President, Gen Peterson; Vice-President, Nell McMurray; Secretary, Lucille Dunbar; Treasurer, Marilyn Mack; Historian, Darlene Roberts; and, Reporter, Betty Chapman.

The Senior Banquet, which the members and their husbands are invited to attend, is scheduled for February 18 at the Commodore Hotel and will honor Ann Belden and Rowena Sedar. The new officers will be installed during the program.

To whom would you like to have the LOGBOOK sent?

A prospective student?

A school library?

Send us the name and address.

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY & SURGERY

Acting Editor
H. B. HALE, M.S., Ph.D.

Reporters
GORDON ELLIOTT
RUSSELL BUNN

Osteopathy Without Limitation

Cranial Course to Be Attended by Members from Abroad

Evidence of the widespread interest in one of the profession's most recent and outstanding advancement—**Cranial Osteopathy**—may be realized from the fact that several students from abroad and from foreign countries have already enrolled in the Sixth Biennial post-graduate course in Cranial Osteopathy, to be held at the college March 31st to April 26th, 1947.

Dr. Martha Pattie, graduate of American School of Osteopathy '23, is already on the high seas on her voyage from Cape Town, South Africa, where she represents the Osteopathic profession as its only practicing physician.

Dr. J. J. Dunning of London, England, graduate of American School of Osteopathy '12, who is also planning to attend the Cranial course, is well known to many members of the profession both in this country and in England.

Dr. C. J. Heaslip of Hamilton, Canada, makes up the third of the "foreign" students who are making the trip to Des Moines for this course.

Cranial Convention

Coinciding with this course will be the First National Convention of the Osteopathic Cranial Association, to be held at the Hotel Kirkwood, in Des Moines, from Friday through Sunday, April 11th to 13th, 1947.

This convention is planned for post-graduate training and to complete the organizational program originally outlined for establishing this association on a sound footing. In this regard the officers have prepared a constitution and by-laws which will be presented for adoption.

Dr. Richard B. Gordon, program chairman, has announced that in addition to the highly educational and specialized program planned, several interesting speakers will be heard, including **Dr. W. G. Sutherland**, Honorary President of the O.C.A., and **Dr. Thomas F. Schooley** of Birmingham, Mich., who will discuss the movement of the neural axis during the respiratory cycle.

Registrations for the convention should be addressed to the Secretary Treasurer, **Dr. E. K. Little**, 3829 Troost St., Kansas City, Missouri.

Three Cranial Classes

The Sixth Biennial post-graduate course in Cranial Osteopathy will consist of three separate classes:

The **Basic Course** begins March 31st and will run for twelve consecutive days, including Sunday, April 6th, to be concluded April 11th at noon. This arrangement is to permit attendance at the Cranial Convention, April 11th to 13th.

An **Intermediate Course** is again being offered for those physicians who may have had previous training but have not attended the basic course, or those who feel insufficiently qualified to accept all of the work offered in the advanced course. This intermediate group meets from Sunday, April 6th, to Saturday, April 19th.

The **Advanced Course** is scheduled for two weeks, from April 14th to 26th. This group is being restricted to physicians who have previously had the basic or basic and intermediate courses. All three classes are designed to provide the physician in each category with the maximum amount of practical material and experience for his office use.

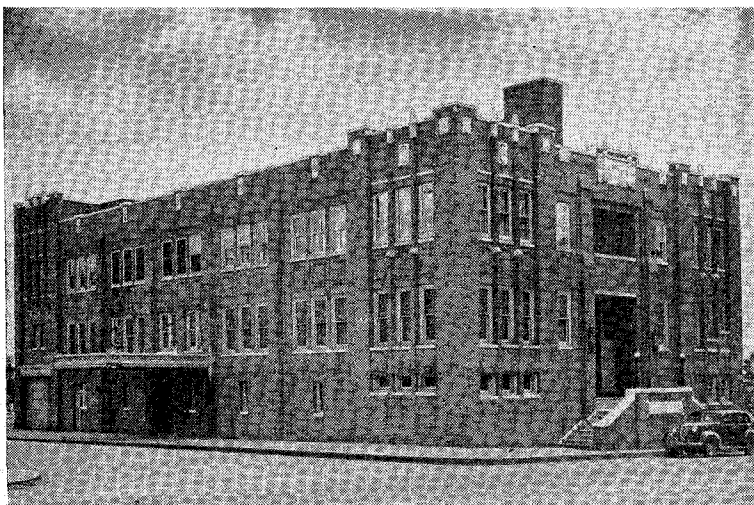
Applications for enrollment in any of these classes should be addressed to **Dr. J. B. Shumaker, Dean, Des Moines Still College of Osteopathy and Surgery, 722 Sixth Avenue, Des Moines, Iowa.**

Dr. Perdue Offers A Suggestion

Dr. Raymond Parker Perdue, of Flint, Michigan, President of the Des Moines Still College Alumni Association, for that state, has proposed a most unique plan for the DMSCOS graduates of that state to recontribute to the Osteopathic Progress Fund effort which will be of the greatest of value to this institution. His plan is very simple and is one that will not place a burden upon any individual. It is merely that each member of the Association or each graduate of this institution contribute fifty cents (\$.50) a day on a six day week basis a year. Dr. Perdue calculates that with the number of Still graduates who are practicing in the State of Michigan that it would be an easy matter for the Association to raise \$30,000.00 a year for the College.

The Administration of the College certainly endorses this plan as \$30,000.00 a year, would certainly be of material benefit to the expansion of the school. We congratulate Dr. Perdue on his originality and his interest in his Alma Mater and on the enthusiasm by which he goes about carrying out his proposed program.

HOSPITAL NOTES



Midst the sounds of a blow torch, the smell of hot asphalt, the pungent acrid odor of acetone, here and there a few cuss words, and the over-all smiling countenances the hospital is having its face lifted. In short, new tiling is being laid on floors throughout the hospital.

Improvements

The hallways, chart rooms, operating rooms, delivery and labor rooms, intern quarters, doctors lounge, and utility stations are being covered at the present as that is all finances will stand at this time. The various rooms will be tiled as fast as funds are available (**hint to loyal alumni**). Everyone is very happy about the appearance of the new tile including the maintenance department who say that it will be much easier to keep the floors shining and clean.

Diagnostic Service

The new Diagnostic Service is certainly bringing in patients from far and wide. Referring doctors have been loud in their

praise of the reports mailed to them on their patients and already one doctor has had 12 patients through the Diagnostic Service. Geographical distance seems to make no difference as patients are being referred from as far west as California and east from Boston. This is the only Diagnostic Service in this part of the country in which complete psychiatric service is available.

Endocrine consultations is another unique feature of this Diagnostic Service and already several cases have been presented of a highly interesting nature.

Staff Meetings

The monthly staff meetings have been highly successful and the professional papers presented have drawn capacity crowds. Local staff men are lecturing weekly to the intern groups in addition to the regular motion picture education through the college, thus making a well-rounded training series for all concerned.

All in all, everybody is happy at the hospital.

New York Official Inspects College

Dr. Frederic A. Woll, of New York City, official representative of the American Osteopathic Association, arrived at Des Moines Still College of Osteopathy and Surgery, on February 11th, expecting to remain here until February 20th, for the express purpose of making a complete survey of this institution, its faculty, teaching procedures and provide a total evaluation of the college's program for professional education. The Administration welcomes the visit of Dr. Woll. All of our profession will look with interest to the report which will be forthcoming in the Log Book as soon as completed by this distinguished educator.

Drs. Peters and Golden Attend Conference

Dr. E. F. Peters, President of Des Moines Still College of Osteopathy and Surgery, and **Dr. Mary Golden**, a Member of the Board of Trustees of the College, attended the midyear Osteopathic Divisional Officers Conference in Chicago, February 2, 3 and 4. This Conference was held at the Stevens Hotel and was primarily concerned with the Osteopathic Progress Fund from a national scope. Some 150 officers and representatives of The Divisional Societies met for this worthwhile conference.

The general consensus of opinion was that the Osteopathic Progress Fund would go over the top during the year of 1947.

The President Chats

(Continued from Page 1)

the Honorary Degree of Doctor of Laws at this Commencement time.

Dr. John B. Schwartz, who for so many years gave of his time, money and effort to the advancement of Des Moines Still College of Osteopathy and Surgery, and who has served upon many important committees in the American Osteopathic Association and was one of the charter members of the American College of Osteopathic Surgeons, will receive the Honorary Degree of Doctor of Science.

You Are Invited

Commencement week is always a week of enjoyment; a week of reunion; and commencement week, this year, in the dead of winter, at your Alma Mater will be no exception. We trust that many former students will be able to return for the exercises of the college and to wish these young Doctors "God Speed" in their professional life.

I asked an old friend and fellow GP what decided him to take up medicine. He smiled ruefully before replying. "Well, it's rather funny, and in a way rather pathetic," he said. "As you know I was always pretty idle as a boy—I didn't like work much. So I thought I'd choose a job where I could take a holiday whenever I felt like it. And I picked on this!" —Lancet.

A favorite accoucheur of a century ago was a man "midwife" from the Santa Monica area who wore skirts so as not to embarrass or frighten his "labour cases."

—M. Woman's F.

SKILL

"To be an osteopath you must study and know the exact construction of the human body, the exact location of every bone, nerve, fiber, muscle, and organ,

the origin, the course and flow of all the fluids of the body, the relation of each to the other, and the functions it is to perform in perpetuating life and health.

In addition you must have the skill and ability to enable you to detect the exact location of any and all obstructions to the regular movements of this grand

machinery of life. Not only must you be able to locate the obstruction, but you have have the skill to remove it." — Dr. Still's AUTOBIOGRAPHY.

DIAGNOSTIC CLINIC

STILL COLLEGE OSTEOPATHIC HOSPITAL

Department of:

Anesthesiology	Orthopedics
Cardio-Respiratory	Osteopathy
Dermatology and Syphilology	Pathology
Ear, Eyes, Nose and Throat	Pediatrics
Gastro-Enterology	Proctology
Internal Medicine	Psychiatry
Laboratory Diagnosis	Surgery
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Diagnostic Clinic Examinations conducted by Staff Members Only

Complete reports with treatment suggestions furnished referring physicians. Fee includes all departments. For further information write or call:—

DR. F. J. McALLISTER, *Chief-of-Staff*

or

MR. DAVE C. CLARK, *Hospital Administrator*

STILL COLLEGE OSTEOPATHIC HOSPITAL

725 Sixth Avenue

Des Moines, Iowa

The Log Book

The Official Publication

DES MOINES STILL COLLEGE
OF OSTEOPATHY & SURGERY

722 Sixth Avenue
DES MOINES 9, IOWA

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THE LOG BOOK

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Volume 25

MARCH, 1947

Number 3

FORMER PRESIDENT DIES

The President Chats

A Good Year

The past year has seen many changes at the Des Moines Still College of Osteopathy and Surgery. The past year has been a very busy one, with the completion and dedication of the Clinical Hospital; the changes which are constantly being made in the college building, such as the building of the new Biochemistry Lab, enlarging of the library, the adding of additional blackboards to the classrooms, as well as the addition of new faculty members, enlarging the services to the community in which this institution is located, and increasing our student body.

Changes must continue, advancement must be made. No month, no year, shall we remain satisfied with our accomplishment. The O.P.F. Campaign was launched — it is by no means completed.

Greater Needs

This institution is in need of enlarged facilities. This institution is in dire need of a Clinical Building to handle the Out-Patient Clinic, which is increasing weekly and daily. Our student body is likewise increasing. A new class entered on March 10th, and while the midyear class, due to facilities at the institution, cannot be as large as we would like for a midyear class to be, it is a class composed of young men who are academically well prepared for the profession they are about to enter.

Looking Ahead

Prospects for the September Class are the most encouraging in many years; in fact, daily registrations are coming in for the September Class. All indications are that this class will be a capacity class; however, the Administrators of this institution are gravely concerned with the facilities of the institution for handling these large classes that

(Continued on Page 4)

New Faculty Members Appointed

New faculty appointments include **Dr. J. R. Forbes**, who formerly operated his own hospital in Swea City, Iowa. Dr. Forbes is teaching in the Department of Obstetrics and teaching one class in Dermatology. Dr. Forbes graduated from this institution in 1935, and is Vice President of the Iowa Society of Osteopathic Physicians and Surgeons.

Another addition to the Department of Obstetrics and Gynecology is **Dr. Genevieve Stoddard**, who graduated from this institution in 1931, practiced in Des Moines from 1931 to 1935, then practiced from 1936 to 1938 in China with her father, who was a medical doctor. Dr. Stoddard served in the WAC's during the war for a period of four years. Upon her separation from the service, she reentered this institution as a post-graduate student and assistant in the Department of Obstetric and Gynecology, handling the supervisory work of home deliveries. Dr. Stoddard has assumed her duties in a manner that assures success.

Dr. V. A. Englund has been added to the teaching staff in the Department of Surgery, and is

teaching Proctology. His work is practical in nature and will be most valuable to the clinical student.

Dr. F. J. McAllister, who is the Chief-of-Staff and Surgeon at the hospital is teaching the courses in Surgery at the college this semester.

Dr. John M. Woods, who is Director of Clinic and Chairman of the Department of Osteopathic Medicine, is handling temporarily the courses in Anatomy until the appointment of a new head for the Department can be announced.

Mr. E. C. Stano has been added as a teaching assistant in the Department of Anatomy, and **Dr. Wm. F. Tesky** has been added to the Department of Pharmacology.

Another innovation in our teaching of the clinical student is the ward walks under the direction of **Dr. Emanuel Racher**, who is the Professor of Differential and Physical Diagnosis, in the Department of Practice of Osteopathic Medicine. The daily ward walks at the hospital will prove most valuable to the students.

Openings Still Available For Cranial Courses

As mentioned in detail in previous issues of the Log Book, the Cranial courses offered by the Cranial Department of the Des Moines Still College of Osteopathy and Surgery will be divided into three groups. **The Basic course, March 31 to April 12; the Intermediate course, April 7 to 19, and the Advanced course, April 14 to 26.** A few openings are still available for registration in the Intermediate and Advanced groups, and all applications for enrollment should be addressed to **Dr. J. B. Shumaker, Dean, Des Moines Still College of Osteopathy and Surgery, 722 Sixth Avenue, Des Moines, Iowa.**

Cranial Convention Is Cancelled

Dr. Paul E. Kimberly, President of the Osteopathic Cranial Association, announces the necessity of cancelling the National Cranial Convention planned for April, 1947, in Des Moines. It is with regret that this step has proven necessary. Dr. Kimberly points out, however, that the Osteopathic Cranial Association is eagerly anticipating a bang-up meeting in conjunction with the American Osteopathic Association Convention and the meetings of the Academy of Applied Osteopathy in Chicago in July, 1947.

Dr. Reginald H. Singleton died February 13 at the Cleveland Osteopathic Hospital, at the age of seventy.

Death Takes

Dr. Arthur D. Becker

Arthur D. Becker, D.O., died at 10:30 Sunday morning, March 16th, at his home in Gulf Port, Florida.

Dr. Becker served as President of D.M.S.C.O.S. for seven years. He resigned from this position in May, 1942, and was succeeded by Dr. J. P. Schwartz. During Dr. Becker's tenure of office, the bonded debt of the College was reduced more than \$94,000, and \$10,000 was spent for modern laboratory equipment. The faculty was increased and scholastic standards raised.

Dr. Becker was graduated from the S. S. Still College of Osteopathy in 1903. While practicing in Minnesota, he was twice president of the Minnesota State Osteopathic Association and was a member of the board of examiners of that state for nine years. He had been a member of the National Board of Osteopathic Examiners since its origin.

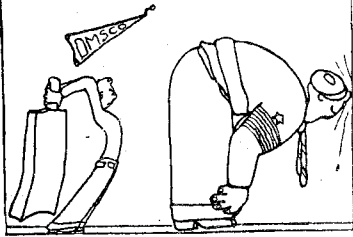
The Kirksville College of Osteopathy and Surgery awarded Dr. Becker the honorary degree of Doctor of Science in Osteopathy. Dr. Becker served as their vice-president for thirteen years. He was given a distinguished service certificate by the Board of Trustees of the American Osteopathic Association at the 45th Annual Convention at Atlantic City in June, 1941.

Dr. Becker served as National President of the A.O.A. in 1931-32 and was a trustee of that organization for fifteen years.

Dr. Becker is to be buried at Austin, Minnesota.

Dr. Byron E. Laycock will speak at a district meeting which will be held at the Blackhawk Hotel in Davenport, Iowa, Sunday, March 23.

FRATERNITY NOTES



AOF

On the evening of March the 5th, 1947, in the guest room of the Community Center at 8th and Forest, formal initiation of the members of the Lambda Omicron Gamma was held. **Sol Leibel** presided in the administration of the rites—and the significance of the words "Lambda Omicron Gamma" to we who wish to embrace Osteopathy as our life's work was elaborated upon. **Dr. E. Rachel** concluded the ceremony with an address on "The Obligations of a Professional Fraternity to its Alma Mater." It was a short but impressive ceremony and we who were welcomed from pledges unto brothers in the circle of fraternal affairs were deeply moved by the solemnity of the occasion.

The meeting was then adjourned to the Tally Ho Club "when brother broke bread with brother." The next meeting is scheduled for 3:00 p.m. Sunday, March 16.

—Simon Indianer.



Beta chapter met at the house of **Dr. Ruth Paul** on Friday evening, March 14th. Our guest speaker was the versatile **Dr. John Woods**. His subject was Osteopathic Principles and Technique with demonstrations on willing victims. Needless to say his talk was very helpful and thoroughly enjoyed. Following a question period, our hostess served delicious refreshments. **Thanks, Dr. Paul, for your hospitality and for the pleasant evening.**

At the business meeting the present officers were re-elected for the ensuing term.

Our pledges have had a bit of bad luck. **Myrtle Miller** is recuperating from an appendectomy and **Jo DiMarco** is recovering from the flu. We hope to welcome both girls back to school in the very near future.



As the February LOGBOOK went to press the members of Phi Sigma Gamma were making extensive plans for the Senior Banquet. The banquet was held February 16th in the very pleasant atmosphere of the Tropical Room at Johnnie Critelli's place on Harding Road. **Dr. Robert S. Sedar**, Past Archon,

was the guest of Honor and at the request of **Archon W. T. Huls** gave a brief resume of his happy associations while in attendance at the College and as a member of Phi Sigma Gamma.

Highlighting the occasion was the announcement by **Frederick A. Woll, Ph.D.**, President of the Board of Optometry Examiners of the State of New York, who has been inspecting Still College for the New York State Board of Regents, that his report included the recommendation that the College be accepted for approval by that body, and that copies of the report were being sent to the A.O.A. and California State Department of Education in time for the Legislatures of these States to confirm the recommendation during the present session.

We were honored with the presence of **President and Mrs. E. F. Peters**, **Dean and Mrs. J. B. Shumaker**, **Dr. and Mrs. H. B. Hale**, **Dr. and Mrs. R. L. McMurray**, of Still College and **Dr. and Mrs. O. Edwin Owen**, Grand Archon of Phi Sigma Gamma who complimented the graduating Seniors and the members of the Chapter on the splendid efforts in holding the Fraternity together during the war years and maintaining the house under the most trying circumstances. He was most encouraged at the rapidity of the Chapter's growth and the turnout at the banquet demonstrated that Phi Sigma Gamma was to be a potent factor in the Osteopathic Profession. Like all Senior banquets, this brought out more clearly the close bond of the fraternity and solidarity of brotherhood and the sincerity of the members in the profession of their choosing.

With the closing of the semester the Chapter installed a telo-phono record playing system in the house. Three amplifiers, one in the basement, one in the dining room and another in the living room furnish recorded music from a downtown studio on a twenty-four hour basis. This installation lends great impetus to the regular Saturday night parties.

Dr. John Edgerton has been paying hurried visits to the Chapter house, as a brief escape from his duties as Resident Physician at Wilden Hospital. John has been very busy since accepting this appointment last October, and we are always glad to see him coming as we profit by his quick, colorful descriptions of hospital life.

Several of the members made a trip to Denver and inspected the Rocky Mountain Clinic and visited with **Brother John Snyder** who is serving an internship and also saw that **Brother Robert Sedar** and his recently acquired bride were satisfactorily established in their new home. Bob is starting his internship at Rocky Mountain Clinic.

With the new semester safely launched, the attacks of in-

fluenza decreasing in number, Phi Sigma Gamma, is preparing plans for initiating the largest Pledge class in recent history. It is estimated that twenty new men will become active members during the month. We welcome the new Brothers and extend to them the best wishes for a pleasant and successful college career and many prosperous years of practice.

O.W.C.C.

Mrs. Martin DuPan was guest speaker at the February 25th meeting held at the College Hospital. She described her native country, Switzerland, and told of her impression of the United States.

Club members were guests of the Osteopathic Wives Auxiliary at a meeting held at Wilden Hospital on March 11, at which time plans were discussed for a benefit dance sponsored jointly by the two groups, which will take place May 1.

Mrs. Clayton O. Meyer will entertain the O.W.C.C. on the evening of March 18 at her home.

ATLAS CLUB

The members of Xyphoid Chapter of the Atlas Club wish to express a word of welcome to each member of the new Freshman class and to offer a very cordial invitation to attend our Atlas "smoker" which will be held in the near future. Plans are already underway for this informal get-together of Frosh, members, and alumni. Be sure to watch the bulletin board for announcement of date, place, time, etc.

At the last regular business meeting of the fraternity, the following officers were elected for this new semester: **Lenny Lorentson**, (re-elected) Noble Skull; **George Moylan**, Occipital; **Gordon Elliott**, Pylorus; **Art Jacobson**, Stylus; **Ted Cato**, Sacrum; and **Dick Pascoe**, Styloid.

On March 10, **Dr. Fred Campbell** spoke to the members at another of our practical work nights. **Dr. Campbell's** demonstration consisted of the administration of ventral technique, and manipulative therapy in acute respiratory infections. We are always glad to welcome back our many alumni members for luncheons, smokers, and practical work nights, and we feel that we can gain much from their interesting talks and demonstrations from time to time. Thank you, **Dr. Campbell**.

Dr. E. Leininger is the next scheduled speaker for our work night of April 7. All interested students are invited.

Dr. David S. Adelman, of Massillon, Ohio, passed away at the age of 43, January 12, in Aultman Hospital in Canton.

National Osteopathic Interfraternity Council

At the meeting of the American Osteopathic Association in Milwaukee in 1933, **Dr. James A. Cozart** and **Dr. H. V. Halladay** were so deeply impressed by the confusion of the registration of the various fraternities and sororities that they decided something must be done about it. An attempt was made hurriedly to correlate this work at one desk and the result was so satisfactory that plans were made for a permanent organization the following year at the convention meeting at Wichita, Kansas. A formal call was issued at this convention and officers elected and a temporary schedule was laid out for the Council.

Since the formation of the Council in 1934 the work of the organization has increased and added activities assumed each year until its influence is felt by the listed official and recognized fraternities and sororities in the osteopathic profession.

Dr. Cozart served for several years as presiding officer and has been instrumental in moulding the policy of the organization from its first inception. Dr. Halladay has been kept in the office of the Executive Secretary since the beginning and has been largely responsible for the continued interest and growth of the Council.

The Council can be credited with the concentration of the registration of all the organizations at a common desk at conventions, the maintenance of an information office for the benefit of all allied organizations, the institution of a system of deferred pledging at all recognized colleges of osteopathy, increasing the percentage of fraternity membership in the American Osteopathic Association and the raising of the standards of all associated fraternities and sororities.

That the Council is efficient and has proved its worth is shown by the added responsibilities that seem necessary each year.

—Baird's Manual of American College Fraternities.

Dr. Furby to Enter Practice

Dr. John F. Furby, who has been a post-graduate student and an assistant instructor in the Department of Surgery since his discharge from the Army January 26th, 1946, has completed his post-graduate work at the institution and resigned his teaching duties as of March 1, 1947. **Dr. Furby's** new location has not been announced, but the Administration of the College wishes **Dr. Furby** success in his new location.

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY & SURGERY

Acting Editor

H. B. HALE, M.S., Ph.D.

Reporters

GORDON ELLIOTT

RUSSELL BUNN

Osteopathy Without Limitation

Dean's Letter

With the opening of the new semester new faces have appeared in the College. Aside from changes in the instructing staff, five seniors have graduated and have been replaced by a new Freshman class of eighteen students. In addition three new students have appeared in the upper classes.

Data on New Class

Of the eighteen, one student is a woman. About one third of them are married, and over two thirds of them are war veterans.

The average age of this incoming group is twenty-five years. They come from many states and they have attended twenty-nine different colleges and universities in obtaining their preosteopathic education. The average years of college attendance per student is three years, and four students come to us with college degrees.

College Standards

The young men and women who are attending Still are being exposed to an education which cannot be excelled in the field of Osteopathic Medicine. The basic science courses are presented by men who are well qualified. The upper division is equally well presented.

Two outstanding features of the school are the Clinic, the system of which has been radically revised under Dr. John Woods and Dr. E. Racher to facilitate teaching—and the clinical clerkships of the senior year which provide hospital experience in the Des Moines General, Wilden, and Still Clinic Hospitals.

Every effort is being devoted to the promotion of better teaching and better teaching facilities.

The rapid progress which Still is making requires constant effort and long hours on the part of all, but the results are worth the effort. Every Alumnus of Still College is cordially requested to return for a visit.

All of us who represent your Faculty will be most happy to show you the old school in a new environment.

New Lab Soon To Be Ready

The new Biochemistry Laboratory is nearing completion. The furniture arrived last Friday, March 7th, for the Laboratory and as soon as it is completely installed, the new Biochemistry Laboratory will be in full operation. This is another great improvement for the Des Moines Still College of Osteopathy and Surgery.

The Laboratory is located on the first floor and is a modern laboratory in every respect. Needless to say, Dr. Shumaker and his assistants are more than pleased with the facilities as they will exist for the teaching of Biochemistry.

Dr. Keig Resigns

Dr. Eugene R. Keig, who came to this college last September, to assume the Chairmanship of the Department of Obstetrics and

Gynecology, resigned his position effective March 1st, this year. Dr. Keig, during his short stay at this institution, has made a very significant contribution to the Obstetrical Department, and it is with regret that the Board of Trustees accepted Dr. Keig's resignation. We sincerely wish Dr. Keig happiness and success in his professional ventures. Dr. Keig is returning to his former home in Mason, West Virginia.

Arthritis

Arthritis is not a disease of the joints.

So states Dr. E. C. Andrews, director of the Ottawa Arthritis Sanatorium and Diagnostic Clinic of Ottawa, Illinois, in an article in the March issue of "Arthritis News."

The arthritis specialist, who is also tentative president of the planned American Osteopathic Society of Rheumatology, stresses that contrary to popular thought, a new concept treats

arthritis as a disease of the entire body, of which inflammation and pain of the joints are only symptoms.

"Progressive arthritis treatment, which has been followed with outstanding success, normalizes glandular and dietary deficiencies and corrects circulatory and gastro-intestinal disfunctions," explains Dr. Andrews.

"Too many physicians are still looking for a 'foci of infection' in an attempt to successfully treat arthritis," he stated. "There is no such infectious cause of arthritis."

The cause of arthritis, the specialist points out, lies in imbalances within the functional systems of the body, and successful treatment has come about only through correcting these imbalances.

The AOSR, a national society of physicians treating arthritis, is campaigning to acquaint the American public with the real facts behind arthritis, which today binds almost 7,000,000 persons in the United States.

DIAGNOSTIC CLINIC

STILL COLLEGE OSTEOPATHIC HOSPITAL

Department of:

Anesthesiology	Orthopedics
Cardio-Respiratory	Osteopathy
Dermatology and Syphilology	Pathology
Ear, Eyes, Nose and Throat	Pediatrics
Gastro-Enterology	Proctology
Internal Medicine	Psychiatry
Laboratory Diagnosis	Surgery
Obstetrics and Gynecology	Urology
	X-Ray

Diagnostic Clinic Examinations conducted by Staff Members Only

Complete reports with treatment suggestions furnished referring physicians. Fee includes all departments. For further information write or call:—

DR. F. J. McALLISTER, *Chief-of-Staff*

or

MR. DAVE C. CLARK, *Hospital Administrator*

STILL COLLEGE OSTEOPATHIC HOSPITAL

725 Sixth Avenue

Des Moines, Iowa

The President Chats

(Continued from Page 1)

are now entering when they reach their clinical years. We must provide adequate facilities for the services these students must render in their clinical years.

Thus it is imperative that we have a new Clinical Building on the ground adjacent to the hospital, directly in front of the College Building.

While it is impossible for the President to call upon each graduate of this institution personally and ask him to contribute to the O.P.F. Campaign, he does wish that each graduate of this institution would feel the need for their financial support, as well as their moral support in the Expansion of Des Moines Still College of Osteopathy and Surgery.

We beseech you to make your contribution, make it significant in amount, so that in the very near future, this school will be able to announce the ground breaking for the Clinical Building. The plans for the new building have been drawn by the architect; it will be a three story structure, providing adequate facilities for a thorough and complete Out-Patient teaching service.

Alumni Support

This institution must never cease growing; this institution must never cease improving its methods, its techniques and its facilities, and while we realize that the members of the profession are vitally interested in the Osteopathic Colleges, we also are aware of the fact that interest p'us money is most important at this time.

We trust that every member of this college's Alumni Association will make a most significant pledge either directly to the College or to the American Osteopathic Association Progress Fund Campaign. By united effort, we will be able to achieve our goal, but with a lackadaisical attitude on the part of the pro-

Electrocardiography Course Scheduled

Arrangements have been made by the Administration of this institution for **Dr. Frank R. Spencer**, of Columbus, Ohio, to return to Des Moines Still College of Osteopathy and Surgery, next September to offer Electrocardiography.

Dr. Spencer offered the course here last October to a capacity class of fifteen students and the course met with such great success, so many requests have been made for repetition of the course, that this course has been scheduled at this time for the first two weeks in September.

The course will start on Labor Day, Monday, September 1st, and extend through Saturday, September 13th. Doctors who are interested in this special course should communicate with the Dean of the college regarding their place in the September Class. We feel certain that the class will be filled weeks before the opening date of the course.

Anatomist Leaves

Dr. J. Szepsenwol, who came to this institution last March, for a year's teaching appointment in the Department of Anatomy has returned to the east, after a very successful year in the Department of Anatomy at the college. During the past twelve years that **Dr. Szepsenwol** has been in this country, he has made an enviable reputation in the teaching of Anatomy and in Anatomical Research.

profession, we will never be able to reach the educational goal that the profession want their schools to attain.

The President urges every graduate of this school to place Des Moines on their itinerary of their vacation so that they might see the progress being made at the Des Moines Still College of Osteopathy and Surgery.

Dr. Kimberly Attends Special Cranial Course

Dr. P. E. Kimberly, Chairman of the Department of Cranial Osteopathy of Des Moines Still College of Osteopathy and Surgery, recently attended the Cranial Course given by the Cranial Research Department of the Philadelphia College of Osteopathy, in Philadelphia, Feb. 24 to Mar. 1. This course, which was limited to advanced students only, proved very successful, and much excellent material was presented in relation to the administration of Cranial Technique to both adults and children.

On Saturday, Feb. 22, prior to the Philadelphia Cranial course, **Dr. Kimberly** attended the Moorestown Study Group Meeting, at the home of **Drs. Howard** and **Rebecca Lippincott**, in Moorestown, N. J.

Some Definitions

A conference is a group of men who individually can do nothing, but as a group can meet and decide that nothing can be done.

A statistician is a man who draws a mathematically precise line from an unwarranted assumption to a foregone conclusion.

A professor is a man whose job it is to tell students how to solve the problems of life which he himself has tried to avoid by being a professor.

A consultant is a man who knows less about your business than you do and gets paid more for telling you how to run it than you could possibly make of it even if you ran it right instead of the way he told you.

A specialist is a man who concentrates more and more on less and less.

College Receives Gift

The Des Moines Still College of Osteopathy and Surgery is the recipient of a very beautiful plaque made by **Mr. Emil Hamilton, Sr.**, of Detroit, Michigan father of **Emil Hamilton, Jr.**, a Freshman student, at this institution. **Mr. Hamilton, Sr.**, is affiliated with the Chrysler Corporation.

This beautiful walnut plaque carries the following inscription: "Des Moines Still College of Osteopathy and Surgery Founded 1898." This plaque will hang in the lobby of the College Building, and thoroughly acquaint all who enter the portals of this college with the history of the school.

To **Mr. Hamilton, Sr.**, we say "thank you" for your interest in the Des Moines Still College by your generous gift.

Health Committee Appointed in D. M.

President **Gerald A. Jewett**, of the Des Moines Chamber of Commerce, has appointed a new committee of the Des Moines Chamber of Commerce. That committee is the Health Committee. There are sixteen lay and professional member on the Health Committee for the year 1947, of which **Mr. Glen D. Boylan**, of the Meredith Publishing Company, is Chairman; **Dr. E. F. Peters**, President of Des Moines Still College of Osteopathy and Surgery and **Dr. Howard A. Graney**, Surgeon of Des Moines General Hospital are the two members representing the Osteopathic Profession. In addition to the two representatives of the Osteopathic Profession there are five members of the Allopathic Medical Profession and nine laymen.

The Log Book

The Official Publication
DES MOINES STILL COLLEGE
OF OSTEOPATHY & SURGERY

722 Sixth Avenue
DES MOINES 9, IOWA

STILL COLLEGE LIBRARY

Entered as
Second-Class Matter
At Des Moines, Iowa.

Entered as second class matter, February 3rd, 1923, at the post office at Des Moines, Iowa, under the act of August 24th, 1912.

THE LOG BOOK

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Volume 25

APRIL, 1947

Number 4

PROMINENT PROFESSOR JOINS FACULTY

Death Takes

J. A. O. A. Editor

Dr. Ray G. Hulburt, aged 61, editor and director of statistics and information of the American Osteopathic Association, passed away at his home, 915 Pleasant St., Oak Park, Ill., on April 15 after a four months' illness.

Dr. Hulburt was born September 3, 1885, at Plainview, Nebraska, attended high school at Taylor, Nebraska, and the School of Agriculture at Lincoln, Nebraska. Previous to taking up the study of osteopathy, he worked for the "Clarion," Taylor, Nebraska; "Democrat," West Point, Nebraska, and since 1915 on "The Journal of Osteopathy," Kirksville, Mo. He graduated from the American School of Osteopathy, Kirksville, Mo., in 1920, and soon after became editor of "The Journal of Osteopathy," Kirksville, Mo., which position he held for four years.

In 1924 he joined the staff of the American Osteopathic Association, first as Director of Publicity, then as Director of Statistics and Information. In 1931 he became editor of the publications of the American Osteopathic Association which included THE JOURNAL OF THE AMERICAN OSTEOPATHIC ASSOCIATION, the scientific publication, THE FORUM OF OSTEOPATHY, OSTEOPATHIC MAGAZINE, OSTEOPATHIC HEALTH.

He was the author of many booklets and vocational guidance literature on osteopathy. Notable among his writings was a series of articles on the "Trend Toward Osteopathy." Also he contributed material on osteopathy to many nationally known dictionaries and encyclopedias.

He was a member of the Atlas Club. In 1931 he was awarded the Certificate of Honor by Sigma Sigma Phi, osteopathic honorary fraternity. He was a member of the American Osteopathic Association, the Illinois, Chicago, and West Suburban osteopathic associations. In 1938 he organized and was the first president of the Association of Osteopathic Publications.

Still College Alumni Banquet

The big Still College Alumni Get-Together will be at the Stevens Hotel in Chicago, 7:00 P.M., July 23.

The graduates of each year will be represented and report to roll call. Old friendships will be renewed. Those who have carried on through the years earnestly desire to meet the youngsters who are coming up to quickly assume leadership responsibilities.

This is not a money making meeting but an interesting report of the things that have been accomplished in the College, in the Hospital and the profession at large. The President of the College, Dr. Edwin F. Peters, the President of the Board of Trustees, Gibson Holiday, and the President of the Alumni Association, Dr. Russel Wright, will grace the gathering.

This will be a big night! Make hotel reservations for the convention now!

Library Enlarged

Revamping of the Still College library is just another step in the advancement of this institution. The need for expansion has been evident for several years, but the increase in the literature now being received, the growing student body, and the longer curriculum dictated the necessary change.

Approximately fifty per cent more floor space has been added by removing the wall between the original library and the student lounge. A larger room on the same floor has been converted into a much better lounge. In the new plan the stacks, periodicals and pamphlets are in the main reading room, while the original stack room is being converted into a research study room.

To facilitate the problem of finding material, the entire list of volumes has been re-catalogued. Earlier issues of Osteopathic Journals have been bound and cross-indexed in a master catalogue. The index to journals on Medicine, Physiology, Pharmacology, Surgery and other branches are placed in the stacks according to the decimal system outlined in the master file of the "Index Americus."

In the stock room awaiting binding is a complete series of the American Medical Journal dating back to 1915. The material contained in these papers will prove invaluable to the student body. Bundles of duplicate books and magazines with index inventories have been prepared and are to be offered as exchange items to the other Colleges.

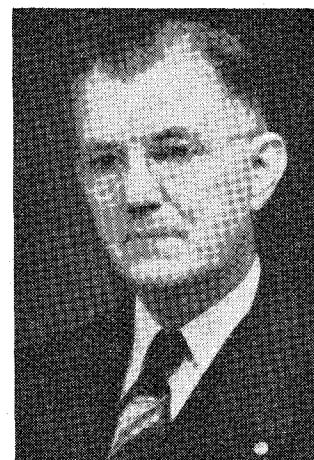
About fifty current periodicals are on the tables in the reading room. Twenty-two hundred volumes of material pertinent to the reference work of the college curriculum have already been placed in the stacks of the new reading room.

Here is a place where well-wishing alumni or friends may make a valuable yet simple and inexpensive contribution. The library needs up-to-date reference books. The gift of only a single new book will be welcome. As new books are announced by publishers, it would be easy for any physician to see such a notice and if the book interests him, buy it, read it, and send it on to the college. Or he might buy two copies, one for himself and for the library. Or, if he prefers, he might send a check to the President of the College indicating that it is to be used to buy a certain book. Or he might want to send a check marked for use by the library and not specify any particular book.

To give impetus to this idea, (Continued on Page 3)

President Edwin F. Peters announces the appointment of **Dr. H. P. K. Agersborg** as Associate Professor of Embryology and Histology.

Dr. Agersborg was born in Norway. He received his B.S. and M.S. degrees at the University of Washington and the Akademisk



Dr. H. P. K. Agersborg

Borgerskab from the University of Oslo. Dr. Agersborg then received his M.A. degree from Columbia University and his Ph.D. degree from the University of Illinois.

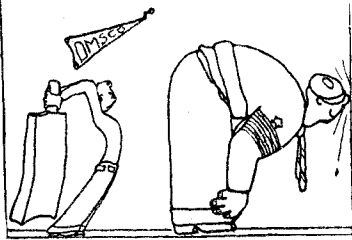
Dr. Agersborg has held teaching positions in the College of the City of New York, Columbia University, University of Illinois and James Millikin University.

He is a Fellow in the American Association for the Advancement of Science, Member of the American Scandinavian Foundation, American Society of Zoologists, American Microscopic Society, the Society of the Sigma Xi, and the American Society of Mammalogists. He is the author of several books and many scientific treatises.

Dr. Agersborg is married and has two sons, James Albert, who is stationed with the U. S. Army in Japan and H. P. K., Jr., who is a student at Harvard University. Mrs. Agersborg is remaining at their home in Centuria, Illinois, for the time being.

Dr. Agersborg assumed his duties at the college on Monday, March 24th.

FRATERNITY NOTES



ΑΩΓ

On March the 31st, the L.O.G. met at the Center on Ninth and Forest. **Dr. William Rodgers** was guest speaker. The title of his address was "Cystoscopic Examination in Modern Osteopathic Urology." Although most of the audience were Freshmen students, the sparkling wit and inimitable manner of the speaker brought the subject matter well within the range of his listeners.

On Sunday, April 13, **Dr. H. P. K. Agersborg**, celebrated Embryologist, Histologist, Naturalist, and new addition to Still College's expanding teaching staff, spoke to the L.O.G. The title of his discourse was "Listen to the Voice of Nature." Dr. Agersborg's natural, homey philosophy and profound faith in the growth and expansion of Osteopathic principles in the modern healing art proved a source of true inspiration to his listeners. Dr. Agersborg related many of his experiences while Chief Biologist in the State Park Division of the Park Service in charge of Wildlife in all the CCC Parks all over America. Dr. Agersborg also read from his book "Nature Lore" (in 5 volumes). The staunch belief of this man of letters that Osteopathy fills the gap between allopathic medicine and a fuller understanding of advancing curative methods, eloquently brought out the "Physician Plus" goal of modern osteopathic teachings.

Plans are in the making for a future outdoor dance and picnic, and the program committee is working overtime to make the L.O.G. summer program "bigger than ever."

—Simon Indianer.

ΔΩ

The Beta Chapter of Delta Omega Sorority met for dinner at Mrs. Doty's Tea Room, 1725 Sixth Avenue, at 7:00 p.m., April 10th.

Miss Josephine DiMarco and Miss Myrtle L. Miller, Freshman-A students, had successfully completed their pledgeships and were welcomed by the presentation of corsages of yellow roses. They were then placed at the position of honor, next to **Dr. Stoddard**, who provided a lively brand of entertainment throughout the dinner.

Following dinner, a quiet initiation ceremony was conducted for the new members. Miss DiMarco was then chosen to be correspond-

ing secretary and Miss Miller, recording secretary.

It was a pleasure to welcome **Miss Adeline McCormick** as our new pledge. The sorority wishes to thank **Mrs. Graney** for her gift. Guests for the occasion were **Dr. Golden**, **Mrs. Graney** and **Mrs. Kimberly**.

ITZ

Beta Chapter met at the home of **Dr. Byron L. Cash** on Friday evening, April 11. For our monthly practical session **Dr. Cash** gave a comprehensive lecture on The Diagnostic Value of X-ray in Bone Cancer. Many salient points were brought out concerning this subject, which we know will be of value in our future practices. A brief discussion followed after which delicious refreshments were served.

Our pledge committee has been busy at work this month. We are pleased to announce the pledging of the following underclassmen:

Henry Braunschweig, **John Chapman**, **Howard Dolyak**, and **Stan Reuter**. Our entire organization extends the right hand of fellowship to you.

ATLAS CLUB

The past month has been a busy one for the members of the fraternity. With six weeks exams and state boards everyone was kept busy with his nose in the books. The following members took the Minnesota and Iowa Basic Science Exams: **Richard Sherman**, **Richard Pascoe** and **Tom Levi**. The rest of us were pulling for them, and we hope they came out on top.

Saturday night, April 12th, we had quite a large gathering at the club to celebrate the end of exams. As guests we had **Jim Allender** and his wife, **Joe Baker** and **Dan Kegel** and their girlfriends.

The regular midweek luncheon of the Atlas Club was held on Wednesday, April 16, at Mrs. Doty's Tea Room. Distinguished guests included **Dr. W. G. Sutherland**, Honorary President of the Osteopathic Cranial Association, and several Atlas alumni, **Dr. L. Boatman**, Santa Fe, New Mexico, **Dr. H. I. Magoun**, Denver, Colorado, **Dr. W. F. Strachan**, Chicago, and **Dr. P. M. Wherrit**, Mr. Shasta, California. **Dr. Paul E. Kimberly**, Head of the Cranial Department of the College, spoke at the luncheon giving a brief outline of the history of the development of Cranial Osteopathy under the guidance of **Dr. Sutherland**. He also made mention of the part Still College is playing in the presentation of this phase of Osteopathy to the members of the profession.

—A. J.

ΦΣΓ

Under the direction of **Archon Marvis A. Tate** the Delta Chapter of Phi Sigma Gamma staged the formal initiation for twenty-one new members during the early afternoon of Sunday, March 30th. Members of the active chapter were most honored with the presence of **Grand Archon O. Edwin Owen** and **Brother John B. Shumaker**, Dean of Still College.

We are proud to announce the following students as the new members of Phi Sigma Gamma:

- John E. Ankeny, Jr., Spencer, West Virginia
- Jean L. Bertolette, Sacramento, California
- Victor L. Brown, Howell, Michigan
- James Dockum, Hampton, Iowa
- Russell E. Dunbar, Gauley Bridge, West Virginia
- George Evans, Premier, West Virginia
- John B. Farnham, Des Moines, Iowa
- Henry S. Finck, Glen Ullen, North Dakota
- Harry L. Fontenova, Plains, Pennsylvania
- Ralph A. Gaudio, Beaver Falls, Pennsylvania
- William Karl Graham, Corpus Christi, Texas
- Robert Kirkland, Erie, Pennsylvania
- Eugene M. Lewis, Des Moines, Iowa
- Joseph L. LaManna, West New York, New Jersey
- Charles Limanni, Lawrence, Massachusetts
- Robert L. McMurray, Toronto, Ohio
- Julius Niesiobedzki, New Britain, Connecticut
- Clayton P. Page, Minneapolis, Minnesota
- John Sanson, Hopewell, New Jersey
- Harry F. Talbot Jr., Huntington Park, California
- Steven Yackso, Detroit, Michigan

Activities around the Chapter house were slowed down temporarily while the student body enjoyed a four-day Holiday commemorating Easter. Many of the members living within driving distance visited their homes. Those returning from the flooded regions of the middle west were happy to be back in Des Moines with no greater inconvenience than miles of extra driving in

avoiding the swollen streams and clogged highways.

The regular monthly meeting was held Monday, April 14th, with the Executive Board, consisting of **Grand Archon O. Edwin Owen**, **Dean John B. Shumaker** and **Dr. Jean LeRoque** in attendance. At this time the plans for the future, the responsibilities of the fraternity, in college, social and professional activities, as well as the member's obligation to the organization were discussed. Plans were made and committees were appointed to conduct the social program for the spring semester. The enthusiasm of the members and the fraternal activities were exemplified with the attendance, thirty-five active and alumni members were present.

Don't Forget!

STILL COLLEGE ALUMNI
BANQUET

STEVENS HOTEL
Chicago

JULY 23, 7:00 P.M.

Dr. H. W. Merrill
Moves to Oregon

Dr. H. W. Merrill, who was formerly a member of the teaching staff of the college, stopped in recently to give us the news that he was leaving his practice in Tipton, Iowa, to take up a practice in Portland, Oregon. In his new location he will also serve as pathologist for the Portland Osteopathic Hospital.



Phi Sigma Gamma Chapter House

The Log Book

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OF OSTEOPATHY & SURGERY

Acting Editor
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RUSSELL BUNN

Osteopathy Without Limitation

Cranial Banquet Held At Hotel Kirkwood

In connection with the Sixth Biennial post-graduate course in Cranial Osteopathy, held March 31 to April 26, a banquet was held at the Hotel Kirkwood, on Thursday, April 10, for the members of the basic and intermediate groups.

Approximately sixty members were in attendance. Toastmaster for the evening was **Dr. Larry Boatman** of Santa Fe, New Mexico. Honored guests included **Dr. William Sutherland**, founder of the Cranial concept and Honorary President of the Osteopathic Cranial Association, **Mrs. Sutherland**, and **Dr. Martha Pattie** of Cape Town, South Africa.

Dr. Della B. Caldwell of Des Moines was guest speaker of the evening and her talk paid great tribute to the parts played by two great women in Osteopathy—"Mother Still," and Mrs. W. G. Sutherland.

Dr. Edwin F. Peters, President of the College, and **Dr. P. E. Kimberly**, President of the Osteopathic Cranial Association, each addressed the gathering briefly.

Prior to the evening's adjournment, the Cranial Faculty was introduced and the various members were announced in their respective state groups. A total of 18 state were represented; two Canadians were in attendance, and one overseas member, Dr. Martha Pattie from South Africa.

Dr. Laycock Attends Child Health Conference

Dr. Byron E. Laycock appeared on the program of The Child Health Conference held at the municipal auditorium in Kansas City April 14 to 18. His topics were "Arthritis in Children," "Chorea," and "A General Survey of Infectious Diseases in Children." In addition, Dr. Laycock took part in the round-table discussion and made special examinations. This conference is an annual one conducted by Osteopathic Physicians.

Dr. Golden to Speak at Wisconsin Convention

Dr. Mary E. Golden will be on the morning and afternoon programs at the Wisconsin State



Dr. Mary E. Golden

Convention to be held at Green Bay on May 2.

She will speak on "Problems in Pediatrics." In addition, she is to address the Women's Auxiliary at their luncheon on the same date.

Dr. Golden is Professor Emeritus of Pediatrics at DMSCOS and a member of the Board of Trustees.

Dr. Pattie Addresses Student Body

At a recent college assembly, **Dr. Martha Pattie** of Cape Town, South Africa, addressed the student body, telling of her interesting and varied experiences as an Osteopathic Physician in that part of the world.

Dr. Pattie graduated from the American School of Osteopathy in 1923 and has been in practice in South Africa for many years. Since her stay in the United States will be rather limited, we wish to bid her "bon voyage" and every success on her return to practice overseas.

Library Enlarged (Continued from Page 1)

Dr. J. R. Forbes and **Dr. H. P. K. Agersborg** of the faculty have made contributions. **Dr. Forbes** presented the library with **Riemann's TREATMENT IN GENERAL MEDICINE** in 7 volumes and **THE 1946 YEARBOOK OF GENERAL THERAPEUTICS**. **Dr. Agersborg** gave the library a complete set of his book, **NATURE LORE**. The fact that this set is a first edition makes it especially valuable. Volume 2 is the last available copy, even to the author.

Dr. Donald V. Hampton, first vice president of the American Osteopathic Association, has recently contributed two boxes of books. Such contributions are greatly appreciated.

ELECTROCARDIOGRAPHY

Short Course for Osteopathic Physicians

SEPTEMBER 1 - 13, 1947

at

DES MOINES STILL COLLEGE OF OSTEOPATHY & SURGERY
Des Moines 9, Iowa

DR. FRANK SPENCER, *Director*

Fee: \$200.00, of which \$100.00 must accompany application.

Write

DEAN JOHN B. SHUMAKER, Ph.D.

for application blank

DIAGNOSTIC CLINIC

STILL COLLEGE OSTEOPATHIC HOSPITAL

Department of:

Anesthesiology	Laboratory Diagnosis	Proctology
Cardio-Respiratory	Obstetrics and Gynecology	Psychiatry
Dermatology and Syphilology	Orthopedics	Surgery
Ear, Eyes, Nose and Throat	Osteopathy	Urology
Gastro-Enterology	Pathology	X-Ray
Internal Medicine	Pediatrics	

Diagnostic Clinic Examinations conducted by Staff Members Only

Complete reports with treatment suggestions furnished referring physicians. Fee includes all departments. For further information write or call:—

DR. F. J. McALLISTER, *Chief-of-Staff*

or

MR. DAVE C. CLARK, *Hospital Administrator*

STILL COLLEGE OSTEOPATHIC HOSPITAL

725 Sixth Avenue

Des Moines, Iowa

The President Chats

Today we hear much about psychiatric disorder, mental hygiene, emotional problems and maladjustments. The American Public is becoming more aware and more sensitive of the great need for a balanced emotional life, if they intend to achieve the desired success in their chosen profession or vocation.

In order to have a healthy mind, every individual must have achieved a satisfactory philosophy of life. The healthy mind must adopt wholesome attitudes toward life's problems. Not only must a healthy mind manifest an interest in living but it must secure satisfaction from the process of living. Healthy living is joyous living.

A social order such as we have today is complicated with multitudinous problems. Every problem is a challenge to a victorious solution. The sign of the well-adjusted mind is that it recognizes its own difficulties quickly and fearlessly; it is constantly attempting to make satisfactory adjustments to every-day problems; the facts of life are met squarely, and they are met without resorting to compromises.

Calmness with which one faces the complexities of life and the straightforward manner in which all problems are faced develop an attitude that has a health preservative and a curative value. The willingness and the ability to make successful adjustments to life's problem may be summed up in the statement that "sane conduct is the decisive test of a sane mind."

The ability for one to act wisely and constructively in facing life's problems is the essence, not

only of mental soundness, but also of leadership.

Des Moines Still College of Osteopathy and Surgery realizes the importance of not only training its students to be true physicians but to have a sound philosophy of life, which will result in a healthy mind. A healthy mind thus directs these students not only in the problems that they are facing today but in the problems that they will face tomorrow when in active practice.

If the students fail to adjust to the problems that they face during their academic days, they will inherently formulate patterns which will be carried over to the years to come. Failure to adjust usually manifests itself in a feeling of dissatisfaction, in emotional disturbances and mental maladjustments, in frustrations, in excessive daydreaming, fears and worries, and very frequently in the development of an inferiority feeling with various defense mechanisms.

We also note that the individual who fails to adjust, is an individual who is anti-social. This individual, whether in school or in practice, will attempt to evade the issues of life and attempt to deceive, not only himself, but those with whom he comes in contact, regarding the internal conflicts that he is experiencing. These internal conflicts constitute an important cause for mental disruptions.

Mental virility results from facing openly and courageously the vicissitudes of life. Every student in our schools today should formulate a philosophy of life, a wholesome attitude towards life's vital problems, with basic ideals, ambitions and beliefs. If this formulation of a Philosophy of Life can be a part of our program of training doctors, we need not fear about the end results that will be theirs after they leave the walls of this institution to pur-

sue the greatest of all professions.

This institution has its Expansion Program, but not only must we think of bricks and stones and larger facilities when we think of our College of Tomorrow. We must realize that the greatest asset of any institution is the character and philosophy behind this institution.

Dean's Letter

All who have had the opportunity to experience the planning of a hospital and its operations in the early stages, will fully understand the many problems involved. The selection of staff members and other personnel, the purchase of equipment and supplies, and many other details, are of paramount importance.

Your Still College Clinic hospital has successfully weathered this stage of its life, and has been functioning more smoothly during each month since its opening on September 15, 1946.

One of its few remaining problems, which is a problem common to most Osteopathic hospitals, is the maintenance of an adequate staff of interns. The Still College teaching hospital system (Clinic, Des Moines General, Wilden) has vacancies at the present time.

Each of these hospitals has an excellent staff and good facilities. We encourage any Doctor of Osteopathy who may qualify to write for particulars and to apply for internship. The internship committee serves all hospitals of the system.

Correspondence should be directed to John B. Shumaker, Chairman of Internship Committee, in care of the College.

OLD CLASSMATES

Arrange to Meet at the A.O.A. Convention

Be There for the STILL COLLEGE PARTY

STEVENS HOTEL
Chicago

JULY 23, 7:00 P.M.

Memorial Fund Received

The Lakewood Osteopathic Clinical Group, Lakewood, Ohio, recently sent fifteen dollars as a memorial fund to the late Dr. Reginald H. Singleton. Dr. Singleton graduated from DMSCOS in 1902. The following resolution accompanied the gift:

RESOLUTION

On February 13, 1947, Dr. Reginald H. Singleton passed from this life. He practiced Osteopathy in Cleveland for forty-four years.

In many respects Dr. Singleton represented the dignity, the best in ethics and a high level of devotion to his beloved profession.

Therefore, be it Resolved that We, Osteopathic Physicians, take courage and renew our pledge to be loyal to each other, to be devoted to the highest ideals of our profession so well cherished by those who have pioneered for Osteopathy in our State and Nation.

Entered as
Second-Class Matter
At Des Moines, Iowa.

The Log Book

The Official Publication
DES MOINES STILL COLLEGE
OF OSTEOPATHY & SURGERY

722 Sixth Avenue
DES MOINES 9, IOWA

Entered as second class matter, February 3rd, 1923, at the post office at Des Moines, Iowa, under the act of August 24th, 1912.

THE LOG BOOK

Accepted for mailing at special rates of postage provided for in Section 1103, Act of Oct. 3rd, 1917, authorized Feb. 3rd, 1923.

PUBLISHED MONTHLY BY THE DES MOINES STILL COLLEGE OF OSTEOPATHY & SURGERY

Volume 25

MAY, 1947

Number 5

BENEFIT DANCE VERY SUCCESSFUL

Attune with a festive spirit and atingle with excitement and eagerness for the success of their new undertaking, the **Des Moines Ladies' Osteopathic Auxiliary**, assisted by the **Still College Students' Wives' Group**, sponsored the first annual Benefit Dance for Still College Clinical Hospital, Thursday night, May 1st, at Hyperion Club.

Lively Program

The diversity of activities struck a high note in the evening's entertainment program and did much to spell success for the Auxiliary's efforts. The delightful dance music was furnished by Herbie Craig's Orchestra. Many lent their ears to the Fortune Teller occupying a cozy corner near the ballroom. . . . The Cake Walk "took the cake" for riotous fun. . . . The "Chuck-a-Luck" and "Wheel of Chance" games did much to entice the profession and guests into numerous monetary chances for "sweet charity." . . . The 25c chances sold on the beautiful Cory Coffee Maker, raffled off toward the end of the evening, was a welcome asset to the financial report.

The Committee

Mrs. Verne J. Wilson, chairman of the Ways and Means Committee, deftly took charge of the affair, with the able assistance of Mrs. E. F. Leininger, Mrs. E. O. Sargent and Mrs. R. Woods. Mrs. Gen Peterson, served on the committee as a representative of the Student Wives' Group.

Money Given to Hospital

The dance netted a total of \$636.61. Proceeds of this benefit are to be used to provide new floors in the Utility, Chart, Labor, Delivery, Sterilization and Surgery Rooms and the Doctors' Lounge.

Through the untiring efforts of the Ways and Means Committee of the Auxiliary, a donation of \$490.00 was presented to the Clinical Hospital earlier this season for the purpose of flooring the second and third floor corridors of the Hospital.

Looking Ahead

The success of the Benefit has given the Auxiliary added impetus to carry on to higher attainments

The Ancient Romans Liked Banquets!

So Do Modern Americans!

(Human Nature Hasn't Changed in 2000 Years)

That is why the Still College Alumni Committee feel confident that you'll have a good time at the Alumni Banquet.

STEVENS HOTEL
CHICAGO

7:00 P.M. :: July 23

The President Chats

THIS IS YOUR PROFESSION. Your Profession—the Osteopathic Profession—is today challenged with more problems than it has faced for a great number of years. The challenge of the Osteopathic Profession today, is not one of practice rights, nor one of recognition, but is one of education.

Education Today

The profile of Osteopathic education has changed materially in recent years. Medical education is as old as medicine itself; however, it has only been in recent years that a conscientious effort has been made on the part of the medical educators to thoroughly acquaint the public with the demands made by the schools upon their students, and it has even been more recent that those engaged in medical education have sensed the need for the the developing of the student not only as a practitioner but to so train him that he will be able to assume his respective place in society and make a contribution to his community.

Who Pays

Inasmuch as no student in the Osteopathic Colleges today pays the entire cost of his schooling, in fact he pays only a very small per cent of the cost of his education, the balance of that cost of education must come from some agency of society.

This society may be the Osteopathic Profession; it may be interested layman; or it may be some philanthropic organization; however, it remains that society is contributing to the education of our students. Therefore, it is imperative that these students in our Osteopathic Colleges feel that they should assume some of the responsibility which inherently is theirs in rendering a service back to society after the completion of their professional training.

The Doctor's Place

An article which appeared in the Journal of the American Association of Collegiate Registrars, April, 1947, Volume No. 22, Number 3, under the heading of

(Continued on Page 4)

Dr. Laycock Will Speak at South Dakota Convention

Dr. Byron E. Laycock, popular professor from Still College, will attend the South Dakota Osteopathic Convention to be held May 25 to 28 at Huron, South Dakota. Dr. Laycock has appeared on a number of convention programs during the past several months. At this meeting he will speak on "Arthritis," "Osteopathic Principles," "Osteopathic Technique," and "Osteopathic Diagnosis."

College Visitor

H. C. Friend, D.O., of 1912 Brady, Davenport, Iowa, spent Saturday, May 10th, at the college. Dr. Friend is a member of the Class of January, 1933.

At the present time Dr. Friend is anxiously looking for an X-Ray man who is interested in osteopathic interpretation of low-back problems. The equipment which will be used is entirely new and includes a 200 milli unit with rotating anode and motor-driven tilt. There are also facilities for complete fluoroscopy.

in their effort to lend financial assistance to this worthy institution. Imbued with this insatiable desire, already the members are gazing toward 1948, when Still College celebrates its 50th Anniversary. It is their wish that co-operation toward success of future events pertinent to the College's Golden Anniversary Celebration will eclipse all past activities.

Gifts Made To D.M.S.C.O.S.

Dr. Edwin F. Peters, President, recently received notification from Paynter and Snow, Lawyers, of Cleveland, Ohio, that in the Last Will and Testament of Dr. Reginald H. Singleton who died on February 13, 1947, there was a request that the Des Moines Still College be given a sum of \$2,000. This is certainly a significant gift.

Also, President Peters received a check for \$96.25 which represents the contributions made by members of the Cleveland Academy of Osteopathic Medicine in memory of Dr. Reginald H. Singleton.

Osteopathic Physicians Wanted in S. Dakota

James H. Cheney, D.O., has written the LOG BOOK editor to pass the word along that Osteopathic Physicians are wanted in South Dakota. Many small towns are without physicians. The scope and practice of osteopathically trained physicians is usually well known and favorably received in that state. Practice rights are unlimited except for major surgery. A very good economic status exist in South Dakota, and the state organization is very active.

Anyone wishing information should write J. H. Cheney, D.O., Secretary, State Board of Osteopathic Examiners, 207 Paulton Building, Sioux Falls, South Dakota.

THERAPEUTIC VALUE

of

PROTEINS and AMINO ACIDS

An Address to

THE IOWA SOCIETY of
OSTEOPATHIC PHYSICIANS & SURGEONS

JOHN B. SHUMAKER, PH.D.

Still College

May 12, 1947

In recent years proteins have emerged from the strictly nutritional field and have begun to take their place as therapeutic agents. In the form of hydrolysates they are rapidly becoming as indispensable in hospital routine and in treatment as glucose.

Although proteins have been known for many, many years to be as necessary in the diet as carbohydrates and fats,—and although they have been recognized as body builders because of their nitrogen content, little had been accomplished in the way of their use in sickness until the period between World War I and II.

The sensitive, yet stable structure of protein molecules, as well as their high molecular weight and the difficulties of separation and purification have made a close scientific study and full evaluation of this potentialities in health and sickness very difficult.

New Concept

The old definition of protein has given way to a comparatively simple one. They are now said to be colloidal compounds of the various amino acids. Proteins are essential because they replace worn tissue and provide for growth. They have enormous molecular weights, varying from 35,000 to 910,000, and form non-dialyzable or colloidal solutions.

Daily Requirements

The daily requirements for normal healthy individuals vary with age, sex and activity of the individual and the type of protein in the diet.

The average adult requires from 60 to 150 grams of protein per day. The National Research Council specifies a daily intake of 66 grams as being adequate providing there is adequate intake of carbohydrates, vitamins and minerals.

The U. S. Army and Air Force allowed 130 grams or more as being necessary. In pregnancy and lactation a reasonably high intake of 90-125 grams is recommended. Old people need about 70 grams.

On the other hand, if the proteins are carefully selected, as little as 18-40 grams will prove

to be adequate. Once the structure of the various molecules is understood the reason for this wide variation in intake becomes clear. Hydrolysis of proteins reveals the fact that they are composed of hundreds of amino acid units jointed together principally by a peptide linkage.

Indispensable Amino Acids

Proteins from food sources yield about 24 different amino acid molecules of which 9 are regarded as indispensable. As the indispensable or essential amino acid is one which must be in the diet because the body cannot synthesize it in sufficient quantity to meet its daily requirements.

The essential amino acids are: arginine, histidine, lysine, tryptophane, phenylalanine, cystine, threonine, leucine, isoleucine, valine, (methionine).

These proteins which yield all the essential amino acids in reasonable quantity have high biological value (proteins of kidney, liver, milk, yeast). Proteins of meat in general, eggs, and fish are good.

Single grains are of low biological value because they are usually low in one or two amino acids. (Wheat is deficient in tryptophane.) A mixture of grains on the other hand, may have a high value. The essential quality of methionine is questionable inasmuch as there is evidence that it can be formed from choline or from lecithin in the liver.

Role of the Liver

The liver is the site of transamination. Evidence is available which shows that in the liver one amino acid may be converted into another through the process of transamination, or transfer of an amino group from one acid to another.

This fact reveals important implications that the relationship between plasma protein and that of muscle and the various organs is dynamic; that there is a transmutation of proteins within the body. If the plasma protein becomes lower than normal this dynamic equilibrium is disturbed, resulting in general protein depletion.

Nitrogen Balance

The average daily nitrogen loss for an adult is 4-5 grams, which

is equivalent to a loss of 25-35 grams of protein. To maintain a nitrogen balance the protein intake must then be at least equal to the loss. If the protein is of low biological value the intake must be much greater, and if any one of the essential amino acids is not present the body cannot grow nor long survive.

In many cases of disease and other abnormal conditions actual protein loss may be excessive. Some of these conditions are as follows:

1. Severe hemorrhage giving rise to temporary type proteinemia where plasma protein may fall below the normal of 5-7 mg. per cent.
2. Plasma loss due to burns, tissue trauma, extensive inflammation and exudations, peritonitis, etc.
3. Excessive destruction of protein. This toxic loss which is accelerated by disease, may equal $\frac{1}{2}$ - 1 oz. protein daily (1-2 lb. muscle) (hyperparathyroidism, high fevers, toxemias, infections).
4. Surgical losses may be so rapid and so great as to make parenteral feeding imperative.

Inadequate protein intake, on the other hand, may cause deficiency. Causes for low intake may be as follows:

1. Financial circumstances may not permit sufficient protein in the diet.
2. Idiosyncrasy, allergy, or predilection for certain kinds of protein may be responsible.
3. Gastro intestinal difficulties such as peptic ulcer, anorexia, partial or complete obstruction, ascites, diarrhea, etc. may lead to insufficient digestion and poor absorption.

Therapeutic Approach

Whenever there is negative nitrogen balance it becomes necessary to correct it by supplying sufficient proteins within a period of time which must be determined by the exigencies of the situation. Blood plasma may be administered parenterally. Protein feeding by mouth may, in many instances, be totally inadequate.

The development of commercial preparations, which are known as hydrolysates, has made it possible to administer mixtures of amino acids, either orally or parenterally, with great rapidity.

Provided there is no extensive liver damage, these amino acid mixtures are rapidly synthesized in the liver into polypeptides and plasma proteins for general protein feeding of all tissues of the body.

Nitrogen balance may be obtained generally within a day or two with the administration of 4 to 8 ounces of pure protein hydrolysate. Balance may be maintained thereafter except in unusual cases with an ounce or so per day.

Hydrolysates which are on the market are produced from vari-

ous substances such as: milk protein, liver, yeast, and sometimes grains although the last source is of low biological value.

Precautions

Preparations having a high salt content are apt to be deficient in tryptophane and because of the salt, they may not be properly tolerated. Some preparations contain liberal quantities of lactose, dextrose, or other carbohydrate. Such substances are included for the purpose of supplying calories which would be supplied otherwise by the amino acids, and at their expense. The inclusion of some fat is sound, but there may be attendant rancidity problems.

Choline, vitamins, and minerals may be present, and they all have their purpose. Calcium, particularly has a place, since hypoproteinemia cause hypocalcemia. When unhydrolyzed protein is present, it may occasionally produce allergic reactions. Preparation which contain amino acids and polypeptides only and no unhydrolyzed protein, are non-allergens.

Conditions Requiring Protein

According to B. A. Dormer, Chief tuberculosis officer for the Union of South Africa, the following conditions require protein feeding in excess of normal requirements:

1. Wasting disease, such as tuberculosis.
2. Anaemias, especially those associated with low protein in the diet.
3. Burns in which a great deal of protein is lost in the serous exudate; wound and fractures.
4. Following operation where the patient often is unable to take in or digest ordinary protein food.
5. Hunger oedema or starvation oedema (dropsy) due to lack of protein in the diet.
6. Malignant oedema (infantile pellagra), Kwasiokor, etc.
7. Tropical ulcer and other indolent forms of ulcer, including those due to varicose veins.
8. In convalescence from and during the acute state of acute infectious diseases.
9. In pregnancy.
10. In cachectic or wasting states; i.e., inability to deal with ordinary food in cases of cancer. In marked malnourishment in children.
11. Gastric and duodenal ulceration. Low protein diets will cause stomach ulcers in experimental animals. Co Tui had good results with high protein and high caloric diet in these cases.
12. Nephrosis and similar conditions of kidney disease in which there is a large loss of protein.
13. Tube feeding in cases of laryngeal tuberculosis, esophageal stricture, or other conditions requiring this form of therapy.

(Continued on Page 4)

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY & SURGERY

Acting Editor
H. B. HALE, M.S., Ph.D.
Reporters
GORDON ELLIOTT
RUSSELL BUNN

Osteopathy Without Limitation
Dean's Letter

During the week of April 20th I had the pleasure of attending the national convention of the National Association of Collegiate Registrars which was held in Denver.

Many points of interest were brought out during the sessions, but the keynote of the entire convention was the problem of Veteran Education.

Virtually every college and university must find the answers to the questions: (1) **How are we going to provide an adequate teaching staff?** (2) **How are we going to provide laboratory, classroom and laboratory facilities?**

Without doubt the Federal Government will be required to assist in these matters inasmuch as it has provided the funds to the veterans for the purpose of their education.

Your Board of Trustees and administration have anticipated these problems and have been most fortunate in the selection of outstanding faculty members. The most recent addition to your Faculty is H. P. K. Agersborg, Ph.D., who bears a national and international reputation in the field of histology.

As time passes, other announcements of the selection of outstanding men for your faculty will appear in the LOG BOOK.

The Clinic Hospital and the modern laboratories of the College speak for themselves. During the recent convention of the Iowa Society of Osteopathic Physicians and Surgeons in Des Moines we were happy to receive the expressions of pleasure and satisfaction of the many visitors who came to renew friendships and to see the college and its faculty members.

It is estimated conservatively that colleges throughout the country will be forced to carry enrollment two to three times in excess of the normal for a period of eight to ten years. Your college is only interested in providing an Osteopathic education which shall be second to none, and its administration hopes with all its heart that it will not be compelled to sacrifice superior teaching to accommodate the great numbers of young men and women who will seek admission.

College Represented at Ontario Convention

Two of the speakers at the Ontario (Canada) Osteopathic Convention held in Hamilton from May 8 to 10 were from this college. **Dr. Edwin F. Peters**, President, and **Dr. Byron E. Laycock**, Chairman of the Department of Osteopathic Principles and Technique, appeared on the technical program.

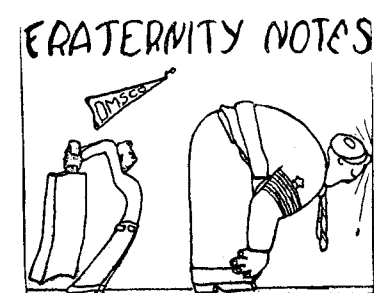
Dr. Peters spoke on "Personality Problems and Their Effects on Health," "The Psycho-neuroses," and "Psycho-Therapeutics." Dr. Laycock's lectures dealt with "Arthritis," "Osteopathic Treatment of Acute Infectious Diseases," "The Vegetative Nervous System," and "Osteopathic Principles."

High School Class Tours College

The Biology class of the Urbandale High School made a tour of the College and Hospital on Friday, May 2. The class was shown through the laboratories of the college and given brief talks by certain staff members. This class was brought to the school by Miss Wilcox, their instructor. Other classes from High Schools have visited us from time to time, some of them coming from outside of Des Moines. We are pleased to have such visitors.

Speakers at Illinois Convention

Three members of the College Faculty, **Drs. B. E. Laycock, John Woods** and **P. E. Kimberly** appeared on the program of the Illinois State Convention held at the Marquette Hotel, Peoria, Illinois, on May 4. This group conducted a three-hour symposium on the topic, **The Osteopathic Interpretation and Management of Common Symptom-Complexes.**



Our meeting for this month was held at Mrs. Doty's Tea Room on Thursday evening, May 8.

It was a grand treat to have with us as special guest, **Martha Pattie, D.O.** Dr. Pattie is very enthusiastic about travel as well as a big booster and ardent pioneer for Osteopathy. She told us

of many interesting experiences. We think Dr. Pattie a great personality and hope with her that she will continue to find her work in Cape Town, South Africa, thrilling and fruitful.

The attendance at this meeting was good, but we are certain that those who were not present missed a very enjoyable evening.

O.W.C.C.

Mrs. Jean Toews was hostess at the May 6th meeting at her home, 1329 Clark Street. Assistant hostesses were **Mrs. Lucile Dunbar** and **Mrs. Mary Ellen Dunbar.**

A picnic will be given at McHenry Park on Sunday, May 25, beginning at two o'clock. All members and their families are invited to attend.

ATLAS CLUB

Dr. J. R. Forbes was the speaker at our last practical work night, April 28th. He gave a very interesting talk supplemented with pictures on skin diseases and a lergies. Our next work night, May 19th, will have **Dr. P. E. Kimberly** speaking on the tie-up between anatomy and technique, which will be of interest to all the new Freshman.

Convention

Many interesting things were learned by those attending the Iowa Osteopathic Convention, May 12 and 13. Those attending the banquet, floor show, and dance, enjoyed it.

Smoker

Thanks to the following Alumni and guests who made our Freshman Smoker a success: **Drs. Jones, Negey, McAllister, Forbes, Campbell, Racher** and **Strachan.**

New Pledges

We are glad to welcome into our fraternity as pledges the following Freshman A Students, **Robert W. Johnson** and **Wilbur W. Kielbaugh.**

ITS

A short business meeting was held during the noon hour, Tuesday, April 22, to discuss future plans for meetings.

The evening of Friday, May 2nd, was the time of a work session which was held at the home of **Ken Roberts.** Many practical self-developed forms of technique were shown by clinical members present. The Roberts' large living room provided ample space for three portable treating tables. There is still room for another, so if anyone has a portable table for sale, please call 6-7150. A most delicious lunch was served by **Mrs. Roberts** and our host. While refreshments were being served, this conscientious group was entertained by **Norbert Heichelbech's** discussion on

"Chapman's Reflexes." The meeting was adjourned at an early hour.



Spaghetti Dinner

The members of Phi Sigma Gamma are very grateful to **Mrs. Josephine Gaudio** for so capably assisting her husband, **Brother Ralph Gaudio** in planning and preparing a Spaghetti and Meatball dinner served at the Chapter house Saturday evening, March 26. Along with the Gaudios, **Mrs. Mary Ellen Dunbar, Mrs. Marilyn Mack** and **Mrs. Jean Elliott** combined their efforts in staging this culinary extravaganza attended by one hundred and twenty-five persons. After the dinner was served the rugs were rolled back. Guests started dancing to juke box music and the piano, bass viol and guitar renditions of **Brothers Marv Tate, Stan Finck** and **Homer Elliott** until the evening broke up at one A.M.

Smoker Held

With the new semester well under way Interfraternity Council Smokers, as always, seem to come at just times when the Freshmen are having Exams the following day. Ours was no exception. But, in spite of the written lessons our Smoker was well attended by the new students at Still College.

Archon Marvis Tate opened the program by welcoming the new students and introduced the **Grand Archon of Phi Sigma Gamma, Dr. O. Edwin Owen**, Pathologist at Wilden Hospital, who gave a very interesting discourse on "Osteopathy and Its Place in Modern Therapeutics."

In summing up his remarks, Dr. Owen described some of the fundamentals of Osteopathic Technique and turned the meeting over to **Brother John Edgerton, Wilbur Huls, Bill Mack** and **Dr. Emmanuel Racher** demonstrated many of the basic manipulations and explained the underlying principles concerning each technique. The demonstration was greatly facilitated by the use of several portable tables, loaned by the Brothers and set up for the occasion. Following the demonstration a luncheon was served and many remained for a session of bridge before leaving for home.

Semi-Formal Dance

About seventy couples turned out for the annual Spring Semi-Formal held at the Chapter house on the evening of May 10th. The house was decorated in the theme of spring and much credit is due **Brothers Bill Mack** and **Joe LaManna** for the artistry displayed in arranging the background for such a lovely party. The music was arranged by **Brother Homer Elliott** who secured the services of "Herbie" Craig and his orchestra for the evening's dancing.

The President Chats

(Continued from Page 1)

Medical Education Past and Present, pages 302 to 310, I quote from page 309, which is as follows:

"Remember that the good doctor is, or should be, a community leader in ethical, humanistic, social and political matters as well as taking care of the physical ills. Once a student enters medical school he has no time whatsoever for cultural training and experiences. Medical schools rely, therefore, on the liberal arts colleges to expose these students to as much as possible in the way of those non-laboratory courses usually considered cultural. Repeatedly, in my hearing, medical administrators have urged such a practice; that is, don't let the pre-medical student take more science courses than are actually required; force him, if necessary, to take his electives in the fields that he will never again study after he leaves the liberal arts college."

Our Philosophy

The Des Moines Still College feels that the above quotation is in keeping with the philosophy of this institution. That every graduate of this school will be a community leader. That he will be ethical, humanistic, social and thoroughly competent to take care of the physical ills of his patients. This school also believes that it is imperative that every Osteopathic Physician be culturally as well as professionally trained.

Osteopathic education today is expensive. It is lengthy, but the education found in the Osteopathic Schools today is such as to fully prepare the Osteopathic Physician of tomorrow with the true appreciation of his responsibility, not only to his Profession, but to society as well.

Proteins

(Continued from Page 2)

14. In gastro enteritis of Native infants. It is considered that on occasion this type of gastro enteritis may be deficiency disease due to the bad type of diet the child is receiving.
15. Hepatitis or other inflammatory conditions of the liver, infectious or otherwise.
16. Diabetes.
17. Hyperthyroidism or overaction of the thyroid gland.
18. Anorexia nervosa.
19. Hypoglycaemic syndromes or conditions in which abnormally low blood sugar is encountered.

20. Allergic states such as asthma, colitis, eczema, etc., which are usually due to protein foods, especially, egg, milk, meat, fish, wheat, etc. If we can take cases of allergy due to ingestion of foodstuffs of protein type and put them on amino acid mixtures, we can then eliminate all the protein foods which may cause the symptoms.

Conclusions

The maintenance of nitrogen balance at all times, whether in health or disease is obviously of paramount importance. The body cannot function normally if any of its various tissues are not

normal. The maintenance of adequate protein intake and of nitrogen balance will insure ample nitrogen nutrition for the cells.

Protein, in its newer form, the hydrolysates, promises to take a prominent place in the field of therapy.

Tennessee Basic Science examinations will be held in Memphis and in Nashville on June 13th and 14th, 1947. Tennessee Board of Osteopathic Examiners will hold their next examinations in Nashville in July. Address any inquiry to M. E. Coy, D.O., Secretary of the Board.

DIAGNOSTIC CLINIC

STILL COLLEGE OSTEOPATHIC HOSPITAL

Department of:

- | | | |
|-----------------------------|---------------------------|----------------------|
| Anesthesiology | Laboratory Diagnosis | Psychiatry |
| Cardio-Respiratory | Obstetrics and Gynecology | Structural Diagnosis |
| Dermatology and Syphilology | Orthopedics | Surgery |
| Ear, Eyes, Nose and Throat | Pathology | Urology |
| Gastro-Enterology | Pediatrics | X-Ray |
| Internal Medicine | Proctology | |

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or

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STILL COLLEGE OSTEOPATHIC HOSPITAL

725 Sixth Avenue

Des Moines, Iowa

The Log Book

The Official Publication
DES MOINES STILL COLLEGE
OF OSTEOPATHY & SURGERY

722 Sixth Avenue
DES MOINES 9, IOWA

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Second-Class Matter
At Des Moines, Iowa.

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Volume 25

JUNE, 1947

Number 6

The President Chats

This month the President is happy to announce the election, to the Board of Trustees, **Mr. Glen D. Boylan**, of this city, who is filling the vacancy left by **Mr. N. Harold West**, who recently resigned to make his home in Chicago, Illinois. Mr. Boylan resides at 2510 Kenway Drive.

Mr. Boylan is Vice President, Director of Manufacturing and a member of the Board of Directors of the Meredith Publishing Company, of this city. The Meredith Publishing Company is one of the largest publishing companies in the United States.

Mr. Boylan received his Bachelor of Science Degree in Mechanical Engineering from Iowa State College at Ames, Iowa, and then pursued his graduate training at the University of Arizona.

Mr. Boylan is listed in Who's Who in Engineering. He is Chairman of the Executive Committee of the Central Iowa Section of Mechanical Engineers; Chairman of the Health Committee of the Des Moines Chamber of Commerce; member of Pi Tau Sigma, the national honorary fraternity of Mechanical Engineers; member of the Board of Directors of the Polk County Tuberculosis Association; member of the Prairie Club; member of the Board of Sessions of Westminister Presbyterian Church and a member of Wakonda Country Club.

Mr. Boyland has resided in Des Moines for the past twenty-one years.

Mrs. Boylan is a member of the American Association of University Women and active in various women's organizations of this city.

They have two sons, Bob, who graduated from Roosevelt High School on June 5, of this year, and will enter Drake next fall and Glen, Jr., who graduated from Iowa State this month, and will enter Yale Law School next fall.

The Administration and friends of Des Moines Still College of Osteopathy and Surgery feel it a distinct honor to have Mr. Boylan accept membership on the Board of Trustees of this institution.

Library Receives Gift

The College Library has received copies of the "Digest of Treatment" for the last five years from **Dr. Larry Boatman** of Santa Fe, New Mexico.

College Now Approved by California and New York

President Edwin F. Peters is pleased and proud to announce that the states of New York and California, after a very critical inspection, have given official recognition to this college. Letters announcing this are shown below.

May 19, 1947

Mr. Edwin F. Peters, President
Des Moines Still College of Osteopathy
722 Sixth Avenue
Des Moines 9, Iowa

Dear Sir:

At the meeting of the Board of Osteopathic Examiners on May 13, 1947, action was taken approving the Des Moines Still College of Osteopathy, and the graduates of that college as of May 13, 1947, and thereafter when complying with all the provisions of the California law, be admitted to the written examination for the Physician's and Surgeon's certificate.

Very truly yours

GLEN D. CAYLER, D.O. (Signed)
Secretary
Board of Osteopathic Examiners
State of California

* * * *

THE UNIVERSITY OF THE STATE OF NEW YORK
The State Education Department
Albany

June 6, 1947

Dr. Edwin F. Peters, President
Des Moines Still College of Osteopathy
Des Moines, Iowa

Dear Dr. Peters:

We hereby notify you that this Department has on this day registered the four-year curriculum in Osteopathy offered by the Des Moines Still College of Osteopathy.

This registration will stand until further notice. Present plans of the Department contemplate a review of the registration of schools of osteopathy every five years.

Very truly yours

IRWIN A. CONROE (Signed)
Assistant Commissioner for Professional
Education

Dr. Bachman Rejoins Staff

Dr. Robert B. Bachman who for the last three years has been head of the Department of Obstetrics and Gynecology at the Kirksville College of Osteopathy and Surgery, is returning to his home school soon after July first to assume the Chairmanship of the Department of Obstetrics and Gynecology with the rank of full Professor.

Graduated Here

Dr. Bachman was graduated from Des Moines Still College in 1916. He has lectured extensively all over the United States at conventions both state and national; also for refresher and graduate work throughout the country.

In Many Activities

Dr. Bachman has written many articles on Obstetrics and Gynecology. Since Graduation from this institution, Dr. Bachman has taught on a part-time basis, devoting the rest of his time to private practice in the City of Des Moines. He has served as Treasurer of the Des Moines Still College for a number of years. He was very active in civic life in the city of Des Moines and was a member of the Central Christian Church and the Des Moines Rotary Club.

To Build Home

Dr. and Mrs. Bachman have purchased a five acre tract of land on Stanton Avenue in this city and plan to build a home there in the very near future.

Authority on Obstetrics

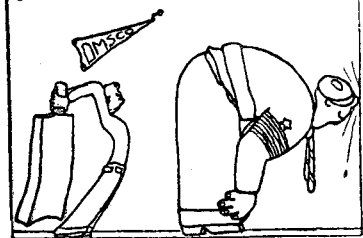
Dr. Bachman at the present is Chairman of the National Examining Board for the Certification Osteopathic Obstetricians of the country.

Originated Training Method

Dr. Bachman was the originator in Osteopathic Colleges for the establishing of a laboratory for training students in Obstetrics in life sized manikins some 18 years ago. He has designed and constructed most of the models used in our colleges at the present time.

(Continued on Page 4)

FRATERNITY NOTES



Dorothy Mullin, our vice-president, very graciously entertained the Beta Chapter at her home on June 12th. This was our last meeting for the year. Our next meeting will be held in September.

ATLAS CLUB

At our meeting of June 2 we elected officers for next semester they are:

Noble Skull, William Robbins; Occipital, Ted Cato; Stylus, M. E. Georgopolous; Pylorus, Arthur Jacobson; Styloid, Richard Pascoe; Sacrum, Paul Walters.

On June 9 we had initiation of the following pledges: **Robert W. Johnson, Wilbur Kiehlbaugh, Joseph Baker, Daniel Kegel.**

We want to thank them on their choice of fraternities and to welcome them into the Atlas Club.

The following members are graduating July 3, **Gordon L. Elliott, L. L. Lorentson, and Erskine H. Burton.** The Senior Banquet will be held June 23 at Younker's Tea Room at 7:00 p.m. in honor of the graduating Seniors. We want to take this time to thank them for all the good they have done the club, and to wish them the best of luck after they graduate.

On June 14 we had a picnic at McRae Park. Those present were members, alumni and guests. A good time was had by all.

Dr. Paul Kimberly spoke at our last practical work night of this semester on "The Tie-in Between Anatomy and Technique," on June 16. It was a very interesting speech and a lot of useful things were learned. We want to thank Dr. Kimberly and the rest of the Doctors who made our practical work nights a success during the past semester.



With the aid of a perfect day plus an excellent turnout in guests and members, the L.O.G. picnic has become a happy memory in all our minds. Although every member contributed toward the success of the affair, special thanks are in order for **Conrad Burns, Sidney Gelman and Sam Plotnik**, who headed the amusement committee and saw that ample food and fun was had by all, and to **Mrs. Burns** and

Mrs. Katz who proved charming hostess. **Dean Shumaker, Dr. Ivins** and **Dr. Racher** headed the faculty members of Still College who attended. Other guests, too numerous to mention, poured in from our brother osteopathic organizations, keynoting a spirit of interfraternal cooperation and good will which has knitted the osteopathic profession and its members so closely together.

So, with a sunny day and ample athletes, a ball game was inaugurated between the "Bagle Brigade" and the "Spaghetti Spitballs." **Joe LaManna's** mighty bat cut the air into shreds, but fleetfooted **Myrtle Miller** was there to snag the catch. **Dean Shumaker** gently tapped the first pitched ball of underhand **Speedster Gelman**, the ball striking **Dr. Ivins** on his occipitofrontalis driving two runs in and **Dr. Ivins** out. There being no umpire to settle any dispute, the game was declared a draw, each side leaving, confident that they were the rightful winner.

On Wednesday, June 18, the LOG has planned a supper honoring its graduating and incoming members. To **Sol Liebel**, President of the L.O.G., we extend best wishes on his oncoming graduation, and sincere thanks for keeping the L.O.G. active during the war years.

S. Indianer.



Phi Sigma Gamma members were the guests of the Lambda Omicron Gamma fraternity at a picnic held at Birdland Park May 11th. After an afternoon of softball, the hosts served a bounteous, and delicious picnic lunch at the shelter-house followed by an evening's dancing to recorded music. We wish to thank the members of the LOG for a very pleasant outing.

The Memorial Day weekend was uneventful due to the inclement weather. Most of the brothers were catching up on their homework in preparation for the final six weeks of the semester. Their best intentions were interrupted Saturday night when **Brothers Marv Tate, H. S. Finck, Homer Elliott**, assisted by two guest artists on the electric guitar and tenor sax broke loose with the greatest jam session ever held at 3205 Grand Ave. It turned out to be an animated "Dawn Patrol." About thirty couples lustily applauded the efforts of the musicians.

At the regular monthly meeting held June 2nd Archon **Fred Martin** presided over the business meeting which included the election of officers for the coming semester. The electees are: Archon, **Russell B. Bunn**; Sub-Archon, **W. Frank Baker**; Proniorious, **John E. Ankeny, Jr.**; Chrusophulax, **Victor L. Brown**; Exastase, **Joseph L. LaManna**; Phulax, **Charles Limanni**; Appointed House Manager, **James A. Dockum**. Plans were made and

committees appointed for the Senior Banquet to be held June 22nd honoring our graduating class.



On the evening of Friday, May 9, Beta Chapter motored to Ames, Ia., to be the guests of **Brother Bert Adams**. Before the time of the meeting an enjoyable drive was taken through the beautiful campus of Iowa State College. A practical work night was enjoyed by all. **Dr. Adams** was graciously liberal in pointing out many fine points on the personal care of future patients. **Dr. Adams' office** is very unique in that he has designed most of his own working equipment. Many variations of technique including cranial were shown. The evening was topped by a most refreshing lunch. We wish to thank you, **Dr. Adams**, for your hospitality and the practical ideas for our future practices.

On the evening of Friday, May 16, Iota Tau Sigma held its Freshman Smoker. It was indeed a pleasure to be the host to such a fine group of young men. A combination work night ensued and we were fortunate to have as demonstrators, members of our local alumni, **Dr. Sloan, Woodmensee and Barnett**. **Dr. Sloan**, our Chapter Deputy, gave a brief message. A most enjoyable lunch was served followed by a lively hour of chit-chat.

Brothers Braunschweig, Roberts and Wilson recently took the Minnesota Basic Science. Good luck!

Dr. H. W. Merrill, osteopathic physician and surgeon, announces the opening of his office at 68 Pfaffle Road, Tigard, Oregon, May 23, 1947. General practice will include surgery and obstetrics.

Back Issues of Log Book Still Needed

We received such a good response to our request for back numbers of the LOG BOOK that we were able to send a file 1936-1946 to the bindery. Some numbers of the earlier volumes are missing and we would be grateful to receive any of these you may have. We still need:

- 1923—V. 1, No. 1—Jan. 1; No. 4—Mar. 15; No. 18—Oct. 15; No. 20—Dec. 15.
- 1924—Jan. 15, Feb. 1, April 1, July 1.
- 1925—July 1.
- 1926—July 1, Nov. 1 and 15.
- 1927—May 15, June 15, July 1.
- 1928—Aug. 1.
- 1929—Jan. 1.
- 1933—Oct., Nov., Dec.
- 1934—All of the year is missing except Dec. 15.
- 1935—Feb., Mar., May.

Australia, Unsolicited, Backs the Building Fund Campaign

The Committee on Central Office home announced that the Australia Osteopathic Association, at a recent meeting, voted to back the \$200,000 building fund drive, now at the \$143,000 figure.

Membership of this group, unsolicited, agreed to contribute in this effort to erect a lasting memorial to **Dr. Andrew Taylor Still**, osteopathy's beloved Founder.

Osteopathic physicians in Australia are thousands of miles from the site of the newly planned permanent home for Central office; most of these D.O.'s, in all probability, will have little opportunity to visit (we hope they will somehow) the completed structure. Yet they realize and want to help answer this need!

Dr. Jack Re-elected To Board

Dr. Ralph W. Jack, of Ogden, Iowa, was re-elected to the Board of Trustees for the fiscal year of 1947-48 as representative of the Iowa Society of Osteopathic Physicians and Surgeons, at the Annual Corporate meeting.

Dr. Jack served on the Board as the Iowa Society's representative during the past year and has the unique distinction of having been neither tardy nor absent from a single meeting. **Dr. Jack's** service to the Board of Trustees is invaluable.

American Chemical Society Held Meeting

On the evening of Wednesday, May 21st, the formal meeting of the Ames Section of the American Chemical Society was held in the College auditorium. The speaker for the occasion was **Dr. Harvey Diehl**, Professor of Analytical Chemistry at Iowa State College. The subject of his address was "Studies on Oxygen-Carrying Cobalt Compounds." A very interesting session was held. Preceding the meeting, a dinner was enjoyed at Younkers Tea Room and following the session an inspection tour of the College and its laboratories was made. A most pleasant and instructive session was enjoyed by all.

To whom would you like to have the LOGBOOK sent?

A prospective student?

A school library?

Send us the name and address.

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY & SURGERY

Acting Editor

H. B. HALE, M.S., Ph.D.

Reporters

GORDON ELLIOTT

RUSSELL BUNN

Osteopathy Without Limitation

College Foundation

The Des Moines Still College Osteopathic Foundation held its annual corporation meeting following a dinner at the Hotel Kirkwood Monday, June 3.

The report of the treasurer was quite gratifying in that the net worth of the foundation has increased tremendously during this past year. The major problem facing the group at the present time is the several thousands of dollars which have been pledged by members of the osteopathic profession and have not been paid. The number of members of the Board of Trustees was set at 7 for the coming year. Dr. Edwin F. Peters as President of the Des Moines Still College of Osteopathy & Surgery is automatically a member of this board. Old members re-elected were Nels Hanson, Drs. Rachael Woods and Ruth Paul. New members elected to the board are James W. Hall, Attorney, and Drs. Fred D. Campbell and Paul E. Kimberly. A meeting of the newly elected board of trustees followed the corporate meeting for the purpose of electing officers.

Mr. Nels Hanson was re-elected treasurer and Dr. Ruth Paul, re-elected Secretary. Dr. Paul E. Kimberly was elected President of the board for the coming year.

Don't Forget!

STILL COLLEGE ALUMNI BANQUET

STEVENS HOTEL

Chicago

7:00 P.M.

::

JULY 23

Iowa Cranial Association Meets

The second annual meeting of the Iowa Study Group of cranial technicians was held at Clear Lake, Iowa, for four days, June 19 to 22 inclusive.

This group of osteopathic physicians who have studied cranial osteopathy under Dr. William G. Sutherland have been meeting and studying together over a three year period. New members have been added to their ranks constantly during this time.

The annual meeting at Clear Lake is a combination of business and pleasure (when weather permits). The program during the recent sessions covered the phases of neurology which are amenable to cranial technique, including a discussion of obstetrical mechanisms as well as many different aspects of cranial manipulation. In addition to the above program, which was presented by members of the group, Dr. H. B. Hale, Chairman of the Department of Physiology at the Des Moines Still College of Osteopathy and Surgery, presented a paper on endocrines, the discussion revolving around the pituitary and its effect on the other glands of this system.

At the business meeting, it was decided to continue meetings on

a monthly basis and to hold these meetings in Waterloo and Ft. Dodge on an alternating schedule. There were 17 doctors registered at this meeting from all parts of Iowa. They are: Drs. J. J. Henderson, Clear Lake; Martin L. Biddison, Nevada; Bert R. Adams, Ames; Nellie Kramer, Pella; Faye C. Kimberly, Paul E. Kimberly, Anna L. Slocum, Mary Golden, Carl Seastrand all of Des Moines; Alice Paulsen, Le Mars; T. L. Mann, Estherville; Augusta Tueckes, Davenport, John Fox, Cedar Rapids; Leo C. Harrison, Cherokee; Hubert A. Achen, Dubuque; LeRoy A. Doyle, Osage and Kingsley R. Rogers, Clear Lake.

Chronic Undulant Fever Is A Menace To the Public Health

"Approximately 10 per cent of this country's population is afflicted with chronic undulant fever. In fact, reported cases of the disease increased 14,000 per cent between 1925 and 1940."

So writes Dr. Lowell M. Hardy, osteopathic physician of Portland, Me., in the current issue of the Journal of the American Osteopathic Association, the official publication of that organization.

He declares that these figures should be sufficient for this country to realize undulant fever is a public health problem, but states so far little or nothing has been done to curb the disease.

Dr. Hardy states, "Undulant fever may be encountered wherever animal reservoirs of infection exist." He elaborates this point further by saying goats, cattle, swine and rabbits are particular sources of Brucella, the bacteria which causes undulant fever. There is the possibility of Brucella being present also in sheep, horses, dogs, mules, poultry, and wild deer.

"The organism has been found alive in soil three months after it has been infected by fecal discharges and putrified tissues, after two months in roquefort cheese, four months in refrigerated butter, and ten days in refrigerated milk," he points out.

Dr. Hardy then asserts, "The most important consideration in this disease is, that it is preventable."

Dean's Letter

A Program for Postgraduate Students

Beginning on September 10, 1947, an entirely revised one year course of postgraduate study will be offered. The content of the course will appeal to all practicing physicians, and will be well worth the nine months which must be devoted to it.

Upon completion of the course, the graduate student will be informed on the latest development in Osteopathic Technique, Medicine and Surgery.

Course Content

The year (36 weeks) is divided into six six-week periods during which consideration will be given to twelve different subjects which are presented in the following order:

1. Anatomy, 6 hours per week
Obstetrics, 3 hours per week
2. Pathology, 6 hours per week
Applied Anatomy, 3 hours per week
3. Diagnosis, 6 hours per week
Radiology, 3 hours per week
4. Spinal Technique, 6 hours per week
Practice, 3 hours per week
5. Cranial Technique, 6 hours per week
Surgery, 3 hours per week
6. Neuropsychiatry, 6 hours per week

Urology, 3 hours per week Laboratory

In conjunction with, and in support of the didactic schedule, laboratory will be conducted in the form of clinics, during four afternoons of every week. The laboratory will be three hours in duration, and the assignment and nature of the laboratory work will be determined by the Director of the Clinics.

Science With Practice

By combining an advanced didactic schedule with actual daily practice, the greatest possible opportunity is offered the graduate student for improving his methods of practice, and of receiving instruction in the latest advances in the practice of Osteopathic Medicine.

Credit

It is recommended that all graduate students register for the course in the Fall. Attendance requirements are identical with under-graduate requirements. For the full year, 36 semester hours credits will be granted.

Total clock hours for the year are 864.

Applicants and others may write the office of the Dean for additional information.

ELECTROCARDIOGRAPHY

Short Course for Osteopathic Physicians

SEPTEMBER 1 - 13, 1947

at

DES MOINES STILL COLLEGE OF OSTEOPATHY & SURGERY
Des Moines 9, Iowa

DR. FRANK SPENCER, *Director*

Fee: \$200.00, of which \$100.00 must accompany application.

Write

DEAN JOHN B. SHUMAKER, Ph.D.

for application blank

Osteopathic Growth

Dr. R. McFarlane Tilley, chairman, Bureau of Professional Education and College, A.O.A., wrote in the February issue of "Contact," official publication of the Osteopathic Society of the City of New York as follows:

The problem of integrating and correlating osteopathic concepts, philosophies, principles and techniques into the teaching program of our colleges and the activities of our hospitals and clinics continues to grow in importance.

As we consider and explore plans for the proposed Osteopathic Hospital and Clinic of New York, Inc., we realize that if this institution is to fulfill its destiny and to build upon the solid foundations which have been laid in the New York Osteopathic Clinic, that we must project the most definite plans to make certain that our expanded clinic and new hospital have a really osteopathic identity. This means more than words and phrases.

If we are to build osteopathic institutions on solid foundations of education and public service, it seems obvious that these institutions, colleges, clinics and hospitals should clearly reflect the teaching and application of osteopathic concepts as they pertain to the cause of the disease, to diagnosis and to therapy. These principles should constitute the cornerstone upon which our institutions shall be erected and perpetuated.

In a recent person communication R. C. McCaughan, D.O., says "Osteopathy is not only therapeutic manipulation but is diagnostic manipulation as well, but over and above that, osteopathy is a whole concept of the genesis of the underlying biological pathology. Indeed, I do not know why we should fail to say that it is a concept of physiology. I

think whatever there is of osteopathy, including its philosophy and its physical manifestation, belongs in every department in any hospital or clinic."

It does not seem unreasonable for us to state that we believe that every department of our institutions should establish the osteopathic concept as the strongest activating force of the department. Although other and adjunctive theories and therapies and diagnostic procedures should be taught and studied and used as indicated, it is the development of the osteopathic concept that will set our institutions apart as those of special and particular service in the field of education and public health.

It may be of some interests to know that the Board of Trustees of the American Osteopathic Association upon hearing a similar statement of objectives, recommended that the Special Committee on Education Standards draw up a statement on this matter which shall be added to the published "Educational Standards for Osteopathic Colleges."

Dr. Roy G. Bubeck, Jr., Osteopathic Physician and Surgeon, wishes to announce the opening of an office at 712 Aston Building 74 Ionia Ave., N.W., Grand Rapids 2, Michigan on June 21, 1947. Practice will be limited to obstetrics, gynecology and Caudal Analgesia.

Dr. Bachman

(Continued from Page 1)

A Warm Welcome

Dr. and Mrs. Bachman have many friends in the city of Des Moines and who welcome their return to the city. The Alumni of this college will be pleased to note that Dr. Bachman will soon be back at the college and will devote his full time to the College and the Hospital. The addition of Dr. Bachman to the college faculty is further evidence of the increasing of the teaching staff of this institution.

DIAGNOSTIC CLINIC

STILL COLLEGE OSTEOPATHIC HOSPITAL

Department of:

- | | | |
|-----------------------------|---------------------------|----------------------|
| Anesthesiology | Laboratory Diagnosis | Psychiatry |
| Cardio-Respiratory | Obstetrics and Gynecology | Structural Diagnosis |
| Dermatology and Syphilology | Orthopedics | Surgery |
| Ear, Eyes, Nose and Throat | Pathology | Urology |
| Gastro-Enterology | Pediatrics | X-Ray |
| Internal Medicine | Proctology | |

Diagnostic Clinic Examinations conducted by Staff Members Only

Complete reports with treatment suggestions furnished referring physicians. Fee includes all departments. For further information write or call:—

DR. F. J. McALLISTER, Chief-of-Staff

or

MR. DAVE C. CLARK, Hospital Administrator

STILL COLLEGE OSTEOPATHIC HOSPITAL
725 Sixth Avenue Des Moines, Iowa

The Log Book

The Official Publication
DES MOINES STILL COLLEGE
OF OSTEOPATHY & SURGERY

722 Sixth Avenue
DES MOINES 9, IOWA

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At Des Moines, Iowa.

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Volume 25

JULY, 1947

Number 7

College Honors Noted Sculptor

Mr. Beaver Edwards, sculptor, was awarded the Honorary degree, Doctor of Science at the Commencement Exercises held July 3rd. This recognition is for the work he has done in prosthetics. Mr. Edwards has perfected a fleshlike plastic hand and arm for amputees with adjustable fingers and life-like nails. He has accomplished extensive restoration of facial disfigurements involving the mouth, jaws, throat, cheeks, ears, nasal and orbital areas. He has over a thousand case histories of prosthetic restorations of patients from every state in the Union except two, and some from Canada, Alaska, Mexico and Hawaii.

Mr. Edwards was born in Detroit, Michigan, December 18th, 1899. He attended Cass Technical High School, Detroit School of Fine Arts and Chicago Art Institute and spent three summers in Europe for study and travel and three years intensive study of facial and cranial anatomy through dissection.

His sculptured works include The Robert E. Lee Wilson Memorial in aluminum at University of Oklahoma, Turtle Fountain in bronze and stone, the Inglis Estate, Ann Arbor, Michigan, The Detroit News Safety Trophy in bronze for the Detroit News, The D. M. Ferry & Company Fifty Year Club Bronze Medal, Portrait of Nancy Brown in bronze for the Peace Tower, Belle Isle, Michigan, Interiors of the Downtown, Hollywood, Great Lakes and other theaters, Interior of the Jefferson Avenue Presbyterian and other churches, interiors and exteriors of many of Detroit's principal buildings, models for the interior of Severance Hall, home of the Cleveland Symphony Orchestra, models for the exterior of the Sun Life Building of Montreal, Can., thirty-six figures for the Chrysler Motor Car Company display at Treasure Island, San Francisco World's Fair, eleven miniature motor cars for the Ford Motor Car Company's display at The Rotunda, Dearborn, Michigan, Shepher Boy in bronze for the garden of Mrs. Louis Arthur Peters, Grosse Pointe, Michigan, and the design and master-model for the U. S. Navy anti-aircraft gunners helmet for the late war.

He has been awarded The
(Continued on Page 4)

Introducing Fifteen New Osteopaths

At the recent Graduation exercises of Des Moines Still College of Osteopathy and Surgery, fifteen students received their diplomas conferring upon them the degree of Doctor of Osteopathy. The following paragraphs give a thumb-nail sketch of each of these graduates, and where possible, some indication of their plans for the immediate future is mentioned.

CLASS OF JULY 3, 1947

ERSKINE BURTON, a Canadian from Vancouver, B. C., started his studies at Still 'way back in 1937. Some time later, the war caused an interruption and after five years' service in the Royal Canadian Air Force, he returned to Des Moines just one year ago. He is a member of the Atlas Club, Osteopathic social fraternity. He plans to intern at Waldo General Hospital, Seattle, Wash.

A. ROY COLBY, an Ohioan, who holds a B.S. degree from the University of Cincinnati, spent several years in service,—5 years in the Navy, one year in the Army and a year and a half in the Fleet Marines. He is a member of Phi Sigma Gamma, Osteopathic social fraternity.

HOMER F. ELLIOT, President of the graduating class, comes from Ames, Iowa. He began his Osteopathic studies in May, 1944, following his pre-med training at Iowa State College. Homer is a past-president of the P.S.G. fraternity. He plans to take intern training at Corpus Christi Hospital, Corpus Christi, Texas.

GORDON L. ELLIOTT, another Canadian, took his pre-med training in his home town at the University of Toronto, prior to entering Still in 1939. His service record in the Royal Canadian Air Force dates from 1942 to 1946, at which time he returned to Des Moines. He is a past president of the Atlas Club and a past-president of Beta chapter of Sigma Sigma Phi, honorary osteopathic service fraternity. During the next school year he will be taking some post-graduate work and an assistantship in the Department of Cranial Osteopathy at the college and hospital.

KENNETH A. ELLIOTT, from Columbus, Ohio, took his pre-med
(Continued on Page 2)

The Role of the Family Physician in the New World

By DR. JOHN P. WOOD

*President
American Osteopathic Association*

Address given at the Graduation Exercises Des Moines Still College of Osteopathy and Surgery, Des Moines, Iowa, July 2, 1947

To the Officers, Trustees, Faculty and Graduating Students of Des Moines Still College of Osteopathy and Surgery, distinguished guests, Greetings!

As President of the American Osteopathic Association, it is my privilege to address those of you who tonight will be awarded the hard earned Degree "Doctor of Osteopathy," and who henceforth, throughout your lives, will bear that title, assuming therewith the sacred trust to perpetuate the finest traditions of the osteopathic school of medicine and to contribute in full measure towards its advancement in service to humanity.

You graduate in an era of confusion and unrest, a time of great uncertainties. While we have waged long and bitter war for peace, we have not won the peace. There is distrust between nation; there is battle between labor and management; there is economic insecurity; we are experiencing an unprecedented wave of parental and juvenile delinquency. Because men and women see escape from reality, alcoholism has become our number one national health problem. The men, women and children living under these conditions are the individuals who will be your patients. They will bring to you their physical, domestic, spiritual and financial problems. You are the **Doctor**. They will seek you out as healer and Father Confessor.

Let us not cherish illusion—the New World is in need of a revival of the best precepts of the Old World—a simple, abiding faith in God, obedience of the Ten Commandments — practice of the Golden Rule. Never in our history has their been a greater challenge nor a comparable opportunity for the conscientious young man and woman physician to render a humanitarian service.

Each of you is an individualist. Each of you comes from a dif-

ferent environment. You think and react in different ways. You have individual aspirations. The approach to your new duties will differ. Yet, "as a man thinketh, in his heart so is he"—there is no one formula which will apply to all, but there are some **basic principles** which do apply to all, just as there are certain basic rules for health. I have chosen as my subject, "The Role of the Family Physician in the New World."

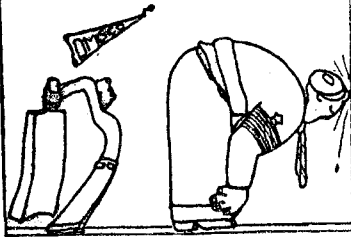
Perhaps your greatest need, as young graduates, is to seek and find a way of life, rather than a way of making a living—to seek and find way of giving and serving, rather than ways of getting. If you give and serve, you will receive multiple returns, inevitably.

While the new world is highly complex, human emotions have not changed. The cycle still revolves around the age-old miracle of birth, marriage and death—with joy and heartaches, sickness, reverses, mistakes and victories all along the way. The physician is the one to whom the family looks in times of emergency. He becomes part and parcel of the family's life and welfare. He delivers the new baby, sees the young mother safely through the greatest experience of her lifetime; he guards the child's health; he is called when sudden accident occurs and life is in the balance; listens to and helps smooth out family problems. There must be nothing impersonal about the physician's interest in his patient's welfare. Henceforth, throughout the years, your words will be quoted—"the doctor said."

Because of the supreme confidence reposed in him, it behooves the physician to keep abreast of new developments in the field of scientific research and problem of public health—and how to meet them, through continuous post-graduate studies. He

(Continued on Page 3)

FRATERNITY NOTES



ITS

A picnic was held Sunday afternoon, June 8th at Union Park. Needless to say, we had the usual supply of flies and ants, but due to the splendid organization by our picnic chairman, **Ken and Mrs. Roberts**, everyone's wants were taken care of. We were pleased to have as our guests, **Vic Mallory** and **Jim Burton**. Round table discussion were started by both groups and a good time was enjoyed by all.

Our Senior Banquet was held on the evening of Friday, June 13, at Mrs. Doty's Tea Room to honor our graduating member, **Norbert Heichelbech**. We had as our guests **Dr. and Mrs. Peters** and **Dr. Diener**. **Dr. Woodmansee** was our genial toastmaster. We had a splendid turnout of our alumni and their wives. Those present were: **Drs. and Mesdames Cash, Sloan, Woodmansee, Englund** and their guest **Mrs. Buttell** from California. **Dr. Peters** honored us with an after dinner message. **Brother Bill Blackler** gave a very interesting synopsis of the brining up of our graduating member — '00 proof, **Louville Hesselbaum**. **Dr. Heichelbech** came back with a pretty snappy rebuttal himself, — "who wears shoes in Iowa when it rains anyway!!"

A meeting was held Friday evening, June 27, to initiate to the First Degree, pledges **Braunschweig, Crapman, Doylak** and **Reuter**. We met at our most cooperative Chapter Deputy's (**Dr. Sloan**) office.

We are also pleased to announce the pledging of **Victor Mallory**.

Congratulations to **Brother Roberts, Schwab** and **Wilson** upon pledging by Psi Sigma Alpha, The National Osteopathic Honorary Fraternity.

Congratulation also go to **Ken Roberts** upon passing his Minnesota Basic Science Exams.

ΔΩ

Delta Omega—Beta Chapter will not hold meetings for the remainder of the summer. Next meeting will be held in September after the fall term commences. **Myrtle Miller, Josephine DiMarco** and our pledge **Adeline McCormick** are on vacation. We are anticipating welcoming back **Gertrude "Trudy" Hoffman Carpenter** in the fall semester.

We wish to extend congratula-

tion to **Dorothy Diener** on her graduation. After serving a series of externships she will have completed her course and be a fully qualified osteopath.

ΦΣΓ

Members of Phi Sigma Gamma are having little difficulty settling down to the summer's schedule in spite of the excitement of final examinations, graduation, Fourth of July holiday and the impending one-week recess for the A.O.A. Convention to be held in Chicago.

As this is the first semester where there is a definite segregation of the students on the accelerated program, which continues through the summer without pause, and the regular four and one half year students who were given a vacation and will be back to start the fall semester September 10th, it was with much pleasure we found that ten members were living in the house during the ten week interim.

Highlighting the past month's activities was the traditional Senior Banquet held Sunday, July 22 at Tony's Venetian Room honoring the prospective graduates. **Archon Fred A. Martin** was in charge of the ceremony and introduced **Dr. Emily Braunschweig** for a brief address and the members of the class. This was followed by a few remarks from **Dr. John C. Edgerton** and **Past Archon Marvis A. Tate**. The meeting was then turned over to **Archon-elect Russell B. Bunn** who adjourned the banquet program.

We of Phi Sigma Gamma congratulate our newest alumni, **Doctors Archie R. Colby, Homer Freeman Elliott, Kenneth Alvin Elliott, Wilber T. Huls, Frederick A. Martin** and **Gustaf P. Peterson** and the seniors, **Wilmouth J. Mack** and **Robert L. McMurray**, who were awarded graduation certificates and will receive their diplomas at the end of their externships in November. We are confident that the brothers will enter the field and will distinguish themselves in their various locations and will be a definite credit to our great profession.

Dr. Burton M. Gotshall, Osteopathic Physician and Surgeon, announces the opening of his office at 3825 East Broadway, Tucson, Arizona. General Practice will include Proctology, Respiratory Diseases and Nose and Throat.

Dr. and Mrs. Hal W. Beals of Brooklyn, Michigan, were visitors at the college recently. Dr. Beals graduated from D.M.S.C. '43.

Osteopathy Without Limitation

New Osteopaths

(Continued from Page 1)

work at Ohio State University, prior to beginning at Still in 1939. During the war years he found himself in Uncle Sam's Navy for a period of almost five years, returning to school in August, 1945. **Ken** is a member of the P.S.G. fraternity and has always been very active in student affairs, having served for several semesters on the Student Council of the college. He plans to take his intern training at Still College Osteopathic Hospital.

NORBERT A. HEICHELBECH, from Kentucky, holds a B.S. degree, having attended the University of Louisville and the Louisville College of Pharmacy. **Heichelbech** has the distinction of having had the highest grades in the class over the entire four-year course. He is a member of Iota Tau Sigma, Osteopathic social fraternity; a past-president of Gamma chapter of Psi Sigma Alpha, honorary osteopathic scholastic fraternity; and a past-president of the Interfraternity Council of the college. He plans to intern at Doctors Hospital, Columbus, Ohio.

WILBER T. HULS, from Davenport, Iowa, took his pre-medical training at the State University of Iowa in Iowa City, prior to beginning his Osteopathic work at Still College in Jan. 1944. He is a past-president of the P.S.G. fraternity and plans to intern at Still College Osteopathic Hospital. Congratulations are in order for his recent marriage to **Florence Boyd**, former superintendent of nurses at the Still College Osteopathic Hospital.

SOLOMON LEIBEL, from Campbell, Ohio, obtained his B.S. degree at Duquesne University in Pittsburg prior to entering Still in 1944. He is a past-president of Lambda Omicron Gamma fraternity. He plans to intern at Cleveland Osteopathic Hospital, Cleveland, Ohio.

LENNERT L. LORENTSON, from Thief River Falls, Minn., took his pre-med work at St. Olaf College at Northfield, Minn., before entering Still in 1944. He is a past-president of the Atlas Club, and a member of Psi Sigma Alpha, honorary scholastic fraternity. He plans to intern at Amarillo Osteopathic Hospital-Clinic, Amarillo, Teaxs.

FREDERICK A. MARTIN, from Murray, Iowa, took his preliminary medical training at Drake University in Des Moines. He entered Still in 1944 and is the youngest member of the graduating class. He has been an active member of Phi Sigma Gamma fraternity.

GUSTAF P. PETERSON, from Meadowlands, Minn., received his A.B. degree from Gustavus Adolphus College at St. Peter, Minn. He entered Still College in 1941, and later served several years in the U. S. Army. He is

a member of both the P.S.G. social fraternity, and Psi Sigma Alpha, honorary scholastic fraternity. He plans to intern at Des Moines General Hospital, in this city.

CLASS OF NOV. 1947

The class of November 21, 1947, also took part in the formal graduation exercises along with the class of July 3, 1947. The November class includes:

DOROTHY M. DEINER, from Palmyra, N. J., previously attended Temple University in Philadelphia, the University of Pennsylvania, and received her B.S. degree in music from Ithica College, Ithica, N. Y. She enrolled at Still College in 1944 and since that time has been active in Delta Omega, national osteopathic sorority.

WILMOUTH J. MACK, of Des Moines, took his pre-med work at Drake University in this city, before entering Still College, in 1944. He is a member of Phi Sigma Gamma and has been quite active in student affairs during the past few years.

ROBERT L. McMURRAY, a native Ohioan, is a graduate of Ohio State University College of Pharmacy and received his M.Sc. and Ph.D. degrees from the University of Wisconsin, Madison, Wis. **Dr. McMurray** is a P.S.G. member and has served on the college faculty as Chairman of the Department of Pharmacology and Materia Medica.

GEORGE T. MOYLAN, JR., from Detroit, Mich., prior to enrolling at Still College in 1944 took preliminary work at Wayne University and Detroit Institute of Technology. He is a member of the Atlas Club, Osteopathic social fraternity.

SECOND GENERATIO D.O.'s

No less than three members of the July '47 class of graduates are sons of Osteopaths. This second generation group includes, **Dr. Fred Martin**, son of **Dr. Martin**, of Murray, Iowa (DMS '29); **Dr. Wilbur Huls**, son of **Dr. W. J. Huls** of Davenport, Ia. (KCOS '27), and **Dr. Gordon Elliott**, son of **Dr. G. G. Elliott** (DMS '12) of Toronto, Canada.

Hospital Notes

According to the annual report of the College Hospital, there was a total of 484 deliveries in the Obstetric Department, 580 surgical cases and 688 medical cases admitted in the 264 days of operation. It is interesting to note that the surgical and maternity death rate is 0 since the Hospital opened and the overall death rate is .085, a fact in which the Hospital staff takes a great deal of pride.

The Diagnostic service continues to be well patronized by the doctors in the field in some 31 states at the present time and the daily staff meetings to discuss these diagnostic problems are indeed enlightening and worthwhile for the staff members.

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY & SURGERY

Acting Editor
H. B. HALE, M.S., Ph.D.
Reporters
GORDON ELLIOTT
RUSSELL BUNN

Osteopathy Without Limitation

Family Physician

(Continued from Page 1)

should participate activity in civic affairs and in movements for the betterment of the community in which he lives. He should cooperate with the local and state public health authorities and join with them in their various programs of preventive medicine. It is equally important to be able to keep people well as it is to have the knowledge and skill to restore them to health after disease has taken its toll.

The world is full of mediocre people—of people who "get by"—I charge you to be the best interne in the hospital of your choice—the best resident—the best physician in your community. It is easier to make the necessary sacrifice and do the work essential to success than to pay the penalty for mediocrity.

The personal and professional conduct of the individual physician is the yardstick by which the whole osteopathic profession is judged in the local community. The Role of the Family Physician in the New World becomes more significant through teamwork among the physicians. It is incumbent upon you to make an active part in the affairs of your local, state and national organizations and of your College Alumni, all of which are concentrating their energies toward advancement of health services through the profession, of interpreting a nation-wide program of preventive medicine to the people through public education; of elevating standards of our osteopathic educational institutions, hospitals and clinics—and enlisting favorable public opinion and understanding.

The osteopathic school of medicine is an independent and complete school of medical practice founded more than fifty years ago to improve on the medical practices of that time. In the intervening years, it has made tremendous strides. But I caution you to remember that the advancement osteopathy has made as an independent school of practice has been due solely to the fact that our physicians had something more to offer our suffering fellow men—something distinctive in the therapeutic field. Only by maintaining the philosophy and improving the

technic of the fundamental underlying osteopathic manipulative therapy, will osteopathy continue to live and thrive unhampered by the constrictive therapeutic dogma of old school medicine.

Our educational institutions have been built and maintained largely through the voluntary financial co-operation of alumni and friends. The maintenance of private or non-State tax-supported, I would point out that in any State-supported college or university, the teachings and principles of personal conduct and personal ideas and religious ideals is always limited. These institutions are not allowed to advance any opinion or personal attitude toward which there can be any organized objection.

Teaching is the product of the influence of the teacher's personality on the student's personality—and where the classes are very large, no matter how great the man may be, the student gets very little of such impact. If the faculty of a small college is strong (as is the faculty of Des Moines Still College)—the student undoubtedly gets many times as much contact with strong teachers as in an institution of great size.

The change which has come over the education of our American youth includes a very important change in the material they are taught. Formerly, college education was made up of the classics, the humanities and the arts. Now, there has come an enormous unfolding of the sciences. We are all aware of the new quality of physics and chemistry and electricity—but we are not all aware of the developments of astral physics and of the biological sciences, and out of the biological sciences very largely has come the total advance of medical science. A man and his student can study philosophy, but for biology there must be a man and student and laboratory. These are the developments in which the small college is likely to suffer—and the small colleges of American can be divided into two groups. The first is a group of those which are growing by virtue of steadily improving equipment. The second is a group of those which are dying for lack of equipment. Our osteopathic colleges must continue to improve their physical plants and equipment or be willing to die. The purpose of your college is to give to America leaders in the field of the osteopathic healing art—and only through American leaders can hope be given to the world that wars will be no more and that the people of the world can work towards security and happiness for which they have been striving throughout the centuries. Our osteopathic educational institutions have a brilliant future only if the support is forthcoming to do the things that are necessary to keep abreast

with the constant change that is taking place.

It should be an inspiration to all present here tonight to meet and join in honoring the internationally famed plastic sculptor, Beaver Edwards, who has contributed so magnificently to the advance of science through development of prostheses for amputees and deformed persons. The osteopathic profession of Michigan and other states has provided many of the Edwards' plastic hands to veteran amputees as its contribution to the welfare of the disabled veteran.

In conclusion, Ladies and Gentlemen—professional colleagues—I commend to you young graduates that in assuming your role of the Family Physicians in the New World, you do so in humility. You would certainly not be wrong if you were to adopt the tenet expressed by Sir William Osler in 1905, when he stated, "I have three personal ideals. One, to do the days work well and not to bother about tomorrow—The second ideal has been to act the Golden Rule, as far as in me lay, toward my professional brethren and toward the patients committed to my care. And the third has been to cultivate such a measure of equanimity as would enable me to bear success with humility, the affection of my friends without pride, and to be ready when the day or sorrow and grief came to meet it with the courage befitting a man." Would that we had more men like Sir William Osler, and also the late Dr. George Washington Carver, who born in negro slavery, devoted his lifetime to the betterment of mankind, became the greatest living scientist of his day, lived at peace with God and man and asked nothing of life but to serve his Divine Master—died with the honor, love and respect of the world's great and of thousands of lowly poor, whose lives he enriched by his contributions. It is my hope that the Role of the Family Physician in the New

World will be marked by a revival of the simple Christian virtues.

"He has achieved success who has lived well, laughed often and loved much; who has enjoyed the trust of pure women, the respect of intelligent men and the love of little children; who has filled his niche and accomplished his task; who has left the world better than he found it, whether by an improved poppy, a perfect poem, or a rescued soul; who has never lacked appreciation of earth's beauty or failed to express it; who has always looked for the best in others and given them the best he had; whose life was an inspiration; whose memory a benediction."

Fall Semester

for

ALL Students

(Undergraduate and post-graduate)

Registration: Wednesday, September 10th

Health Examination: September 11th and 12th

Class Begin 8:00 A. M. Monday, September 15th.

Address all Inquiries to:

John B.
SHUMAKER, Ph.D.
Dean
Des Moines Still
College of Osteopathy
& Surgery
Des Moines, Iowa

ELECTROCARDIOGRAPHY

Short Course for Osteopathic Physicians

SEPTEMBER 1 - 13, 1947

at

DES MOINES STILL COLLEGE OF OSTEOPATHY & SURGERY
Des Moines 9, Iowa

DR. FRANK SPENCER, *Director*

Fee: \$200.00, of which \$100.00 must accompany application.

Write

DEAN JOHN B. SHUMAKER, Ph.D.

for application blank

Dean's Letter

With graduation on July 3rd, vacation for all Freshman has begun. When they return as Sophomores in the fall the second year of our normal program will have begun.

In the meantime the accelerated program is continuing for upper classmen who have already started the new semester. This accelerated program will continue until the present Sophomores have graduated. It offers a good opportunity for former students to reenter school and to complete their studies if their standing was satisfactory at the time they left school. The next semester of the accelerated program will begin on December 1, 1947.

Attendant with the opening of the fall semester on September 10th, the new Post Graduate Course will begin. The class will be limited in number for the coming year to ten students. A description of the course has been presented in the June issue of the Log Book.

Prospects for Fall are excellent. Your College is launched upon the greatest period of its entire history. Visit us in Des Moines whenever the opportunity presents itself.

**Prominent Specialists
Lecture**

Dr. W. Curtis Brigham of Los Angeles, California, recently spent several days visiting the college and lecturing on Digestive Tract Surgery, at the hospital.

It has been the custom to invite prominent specialists from the field to appear on staff demonstrations and lecture work for the students and staff men and it is our hope that we will have many more representatives of the American College of Osteo-

pathic Surgeons in for demonstrative work in the near future.

Dr. Philip Witt, of Denver Colorado, has made several visits to the Hospital in the last few months as a visiting lecturer in Urology and some very interesting G.U. problems have been presented for clinic consideration and operation procedures. Both staff doctors and students have been enjoying his visits and looking forward to regular attendance on his visits in the future.

Dr. Robert C. Bennington, D.M.S.C. '42, of Worthington, Ohio, recently paid our school a visit.

Noted Sculptor

(Continued from Page 1)

American Legion Gold Medal, The Scarab Club Gold Medal, The Michigan Horticultural Gold Medal Design Award, and the U. S. Navy "E" button.

He has lectured before the Medical Staff, Division of Oral Surgery, Walter Reed Hospital, Washington, the Medical Staff, Division of Oral Surgery, University Hospital, Ann Arbor, the Medical Staff of Percy Jones General Hospital, Battle Creek, National Convention of Osteopathic Physicians and Surgeons, Army and Navy research counsel Henry Ford Hospital, Detroit,

Michigan, and many other medical and rehabilitation groups.

In addition, he has produced numerous portraits and has executed many medical drawings for hospitals from personal observation of surgical procedure. The Military Surgeon Magazine, 1943, contains an article by Mr. Edwards entitled "An Artist's Approach to Restorative Prosthetics." Articles concerning his work have been published in Life Magazine, The Military Surgeon Magazine, The Saturday Evening Post, Time Magazine, Modern Plastics, Who's Who in America, and the Biographical Encyclopedia of The World.

DIAGNOSTIC CLINIC

STILL COLLEGE OSTEOPATHIC HOSPITAL

Department of:

- | | | |
|-----------------------------|---------------------------|----------------------|
| Anesthesiology | Laboratory Diagnosis | Psychiatry |
| Cardio-Respiratory | Obstetrics and Gynecology | Structural Diagnosis |
| Dermatology and Syphilology | Orthopedics | Surgery |
| Ear, Eyes, Nose and Throat | Pathology | Urology |
| Gastro-Enterology | Pediatrics | X-Ray |
| Internal Medicine | Proctology | |

Diagnostic Clinic Examinations conducted by Staff Members Only

Complete reports with treatment suggestions furnished referring physicians. Fee includes all departments. For further information write or call:—

DR. F. J. McALLISTER, Chief-of-Staff

or

MR. DAVE C. CLARK, Hospital Administrator

STILL COLLEGE OSTEOPATHIC HOSPITAL
725 Sixth Avenue
Des Moines, Iowa

The Log Book

The Official Publication

**DES MOINES STILL COLLEGE
OF OSTEOPATHY & SURGERY**

722 Sixth Avenue
DES MOINES 9, IOWA

Entered as
Second-Class Matter
At Des Moines, Iowa.

Entered as second class matter, February 3rd, 1923, at the post office at Des Moines, Iowa, under the act of August 24th, 1912.

THE LOG BOOK

Accepted for mailing at special rates of postage provided for in Section 1103, Act of Oct. 3rd, 1917, authorized Feb. 3rd, 1923.

PUBLISHED MONTHLY BY THE DES MOINES STILL COLLEGE OF OSTEOPATHY & SURGERY

Volume 25

AUGUST, 1947

Number 8

The President Chats

The President of your school wishes that every graduate of this institution could have attended the Alumni Banquet at the American Osteopathic Convention held at the Stevens Hotel, in Chicago, Wednesday night, July 23rd.

More than 110 graduates and friends of Des Moines Still College, assembled in the South Ballroom for an evening of delicious food, good entertainment and reminiscences of old times at Des Moines Still.

During the evening, colored moving pictures of the new College Hospital were shown as well as colored slide pictures of the College. This was the first showing of the moving pictures of the new Hospital and all present acclaimed the pictures as marvelous. Later this fall, movies of the College will be made.

Dr. Larry Boatman, of Santa Fe, New Mexico, served as toastmaster for the Banquet. Mr. Gibson C. Holliday, attorney in Des Moines, and Chairman of the Board of Trustees of the College, was the main speaker.

It is the hope of your president that the Alumni Banquet, next year, during the American Osteopathic Association Convention, can have at least 350 in attendance, as these annual banquets are most enjoyable occasions.

New Officers

The National Alumni Association Officers elected for the ensuing year are as follows: **Dr. J. P. Gurka**, of Lawrence, Massachusetts, president; and the five regional vice-presidents are: **Dr. Dr. Paul S. Gephart**, Waterville, Maine, **Dr. John Schott**, Columbus, Ohio, **Dr. R. W. Murphy**, Daytona Beach, Florida; **Dr. W. D. Blackwood**, Comanche, Texas, and **Dr. Howard Kale**, Seattle, Washington. **Dr. Beryl Freeman**, of Des Moines, Iowa, was elected secretary and treasurer.

Dr. Gurka, the new president, succeeds **Dr. Russell Wright**, of Detroit, Michigan. **Dr. Gurka** graduated from Still College in 1939. At the Chicago Convention, he was also elected president of the American Osteopathic War Veterans Association. **Dr. Gurka** served as a major in the Infantry during World War II, and made for himself an enviable record as an officer.

Convention Notes

Additional side lights of the convention which should be of (Continued on Page 4)

Des Moines Still College of Osteopathy and Surgery

HOMECOMING WEEK-END

October 3 and 4, 1947

— The 3 R's —

Relive Your Student Days — Refresh Your Mind Professionally..
Renew Old Acquaintances and Memories

DAILY SCHEDULE

Friday, October 3, 1947

- 8:00 A.M. Registration, (No Attendance Fee for Any Part of the Program).
9:00 Welcome of Alumni
The Family Physician's Place in Psychiatry
Edwin F. Peters, Ph.D., President of D. M. S. C. O. S.
10:00 Protein Metabolism.....John B. Shumaker, Ph.D.
Dean of D. M. S. C. O. S.
11:00 Recent Discoveries in Physiology. Henry B. Hale, Ph.D.
Associate Professor of Physiology
12:00 Lunch Period
1:00 P.M. Anatomical Studies.....John M. Woods, D.O.
Acting Chr. of Dept. of Anatomy
2:00 Histology, Its Importance in Practice
H. P. K. Agersborg, Ph.D., Prof. of Histology and Embryology
3:00 Highlights in Pathology.....O. Edwin Owen, D.O.
Professor of Pathology
7:00 P.M. Fraternities Smokers

Saturday, October 4, 1947

- 8:00 A.M. Differential Diagnosis.....Emanuel Racher, D.O.
Assistant Prof. of Osteopathic Medicine
9:00 The Practice of Osteopathic Medicine
John M. Woods, D.O., Chr. of the Dept. of Osteopathic Medicine
10:00 Prescription Writing "Rx".....William Teskey, M.D.
Instructor of Pharmacology
11:00 Practical Obstetrics.....Robert B. Bachman, D.O.
Professor of Obstetrics and Gynecology
12:00 Lunch Period
1:00 P.M. Surgical Diagnosis.....Howard A. Graney, D.O.
Professor of Surgery
2:00 Endocrine Surgery.....Frederic J. McAllister, D.O.
Associate Professor of Surgery
3:00 Spinal Technique.....Byron E. Laycock, D.O.
Assoc. Prof. of Osteopathic Principles and Techniques
4:00 Cranial Osteopathy.....Paul E. Kimberly, D.O.
Associate Professor of Osteopathic Medicine
7:00 Homecoming Banquet and Dance — \$5.00 per plate.

NOTE: Make your reservation now with Dr. John B. Shumaker, Dean of Des Moines Still College of Osteopathy and Surgery, 720-22 Sixth Ave., Des Moines 9, Iowa.

"THE FIFTIETH YEAR"

THE FIFTIETH ANNIVERSARY of the founding of our college will attract attention not only locally, but nationally as well.

Next year, 1948, will be the Golden Jubilee Year of the Des Moines Still College of Osteopathy and Surgery. It was in the fall of 1898 that the S. S. Still College of Osteopathy opened its doors to the first class. Since that date, classes have graduated and gone to all corners of the globe to practice the greatest of all professions. Plans have already been started to celebrate the Golden Jubilee Year in a style befitting this institution. These plans include active participation by the Alumni.

The Alumni cooperation will be necessary to make our Golden Jubilee Year the outstanding year it must be. With the present entering classes filled to capacity and with the Expansion Program of the College under way as it is, the coming year will be the greatest year in the life of our college. What would be a more fitting climax for our Fiftieth Anniversary, than to have the necessary funds for the erection of the New Out-Patient Clinical Building.

Your support to the Osteopathic Progress Fund will make this dream come true.

Dean's Letter

As this issue of the Log Book goes to press, the many friends and alumni of Still will be gratified to know that Still College has just completed a highly successful year, and is about to enter upon another year which will be equally as important in its history.

Classes

At the present time the College is engaged in a dual program. The accelerated wartime program is being continued to its conclusion. Classes which began last September will follow a normal schedule, with graduation at the close of four calendar years. Last year's Freshmen are now closing their first and only summer vacation. The post-Sophomore and post-Junior summers will be devoted to an eight weeks summer session.

September Freshman

New Freshman will number approximately seventy. They come to us from all parts of the United States and Canada. More than half of these young men and women are married and most of them are war veterans. The class is a carefully selected group, all of whom bring splendid recommendations from Osteopathic Physicians with whom they are well acquainted. Their preosteopathic scholastic records are better than average. In ability they will rival any Freshman class which has ever entered Still.

Enrollment

The total enrollment for the coming year is estimated to be 175 to 200.

Cranial Osteopathy

Beginning September 29th, and extending through October another offering in Cranial Osteopathy will be presented to Osteopathic Physicians under the able direction of **Dr. Paul E. Kimberly**, **Dr. William G. Sutherland** and associates.

This highly attractive and intensified post-graduate short course is proving to be the best which is offered in the field of Osteopathy. The course is offered in three levels,—**Basic, Intermediate and Advanced.**

The classes are filling rapidly, but applications are still being accepted.

Graduate College

This issue of the Log Book presents in detail the content of the curriculum to be presented in the first year of the graduate college.

Cranial Course To Be Revamped

The seventh biannual course in Cranial Osteopathy is being offered starting September 29. The usual arrangement of classes has been reversed so that the Advanced course begins on September 29 for two weeks. The Intermediate group start their training October 6 for two weeks and the Basic course will extend from October 11 to 25.

The training in the Advanced course has been altered over that of previous sessions. This group will begin their training where the Basic and Intermediate courses terminate. This is particularly true for the week of Anatomy. Considerable work has been added in this division pertaining to the function and diseases of the central nervous system. This has proven of particular interest to our cranial technicians since so many of their problems are neurological manifestations. To reiterate that which has been written before, the Intermediate course is designed for those physicians who have had previous training in cranial osteopathy. The Basic course is the one designed for the true beginner in cranial manipulation.

The tuition for these courses is a total of \$200.00, of which \$100.00 is payable with the application and the balance payable upon admittance. All applications for entrance should be mailed to Dr. John B. Shumaker, Dean of Des Moines Still College of Osteopathy and Surgery.

Dr. Thielking To Move

Dr. Edmund L. Thielking, Osteopathic physician and surgeon, who has been practicing in Tucumcari, New Mexico, since the completion of his internship at the Donovan Osteopathic Hospital, Raton, New Mexico, has purchased a one-third interest in the **Roswell Osteopathic Clinic and Hospital, Roswell, New Mexico**, and will be associated with **Dr. J. Paul Reynolds**.

Dr. Thielking and Mrs. Thielking will move to Roswell, New Mexico, around the 10th of September. Dr. Thielking's many friends wish him much success in his new location.

Dr. Ezra M. Davis, Osteopathic Physician and Surgeon announces the change of office location from **520 Empire Building, to the St. Phillips Hospital, 324 S. Pearl St., Denver Colorado.**
Specializing in General Surgery.

NOTICE

Please notify the LOG BOOK promptly when your address changes. This is most essential in order that our mailing list be kept up-to-date.

Dr. Dirlam Joins Staff Dr. Jones to Head Dept. of Proctology

President Edwin F. Peters, of Des Moines Still College of Osteopathy and Surgery, announces the appointment of **Dr. Kenneth Morton Dirlam**, as Associate Professor of Internal Medicine.

Dr. Dirlam graduated from Des Moines Still College of Osteopathy and Surgery, in May, 1940. Due to his high academic



Dr. Kenneth M. Dirlam

achievements while a student at the college, he was granted a fellowship following graduation, in the Department of Obstetrics. During the year of his fellowship, Dr. Dirlam pursued post-graduate courses at the college.

He then served an internship at the Des Moines General Hospital, which has been followed with post-graduate work at the College of Osteopathic Physicians and Surgeons, Los Angeles, California, and has taken special work under **Dr. Frank R. Spencer**, of Columbus, Ohio, in the field of Internal Medicine. For the past five years, Dr. Dirlam has been in practice in Massena, Iowa.

Mrs. Dirlam and their two children will join the Doctor in a new home in Des Moines, the first of September.

Fall Semester

for

ALL Students

(Undergraduate and post-graduate)

Registration: Wednesday, September 10th

Health Examination: September 11th and 12th

Class Begin 8:00 A. M. Monday, September 15th.

Des Moines Still College of Osteopathy & Surgery

Des Moines, Iowa

Bernard W. Jones, D.O., formerly of Spirit Lake, Iowa, was recently appointed as head of the Department of Proctology in the Des Moines Still College of Osteopathy and Surgery. Dr. Jones completed graduate work at the college last summer and has been Resident Physician at the College Hospital since the time of its opening.

Dr. Kimberly to Lecture in Detroit

The study group of **Cranial Osteopathy in Southern Michigan** will hold its next meeting at the Book Cadillac Hotel in Detroit, on Saturday and Sunday, September 13 and 14, 1947.

The program will consist of lectures and demonstrations in cranial anatomy, including the anatomy of the central nervous system by **Dr. Paul E. Kimberly** of Des Moines Still College of Osteopathy and Surgery; and cranial mechanics including the mechanics of the central nervous system by **Dr. Thomas F. Schooley** of Birmingham, Michigan.

Word of Dr. Stamps' Death Received

Mrs. J. S. Stamps of Seymour, Iowa, has recently written to say that her husband, Dr. J. S. Stamps, member of the class of 1902 died at the age of 80 on December 13, 1946. Due to an injury received in an accident, Mrs. Stamps had not been able to write, and this news is late for that reason. Dr. Stamps was a classmate of Dr. R. H. Singleton who died earlier this year. She mentions that Dr. Walter Gutheridge of Spokane, Washington, also of that same class, has retired from practice.

Mrs. Stamps kindly enclosed two pages of the January number of the **Cosmopolitan Osteopath**, a publication of the College in 1902. One of the interesting items told of a Senior celebration in which the remains of a much-used and somewhat abused "Potter" was cremated to celebrate the ending of their work in anatomy. Dr. J. S. Stamps delivered a funeral oration which was a very clever paraphrase on Anthony's oration over the body of Caesar. Following the oration he read a poem he had written for the occasion. We reprint the poem here:

A SENIOR'S DREAM

Last night I lay a dreaming
In my sway-backed lodger's bed,
Of anatomy all finished,
And of school days quickly sped;
My face was wreathed in smiling,
I hugged myself in glee,

To think that my anatomy
No more could trouble me.

Just then a ghostly glimmer,
Seemed to show within my room,
But its weird, spectral glowing,
Only magnified the gloom;
As I crouched and cringed in terror,
In the fossa of my bed,
'Old Bones' from out his corner,
'Gan to s'lowly turn his head.

His ghastly, bony features
Wore a horrid fiendish grin,
His long arm was lifted,
And a finger long and thin
Was poised and pointed at me.
While his maxillary bones,
Seemed to move in clonic spasms,
With his chuckles and his groans!

And then he left the corner,
Where so long he'd meekly hung;
The ghastly apparition,
Seemed to paralyze my tongue!
And beads of perspiration
Stood upon my classic brow,
As "Old Bones" began to chuckle
"Oh! You're up against it now!"

"For two long years you've pulled me
And you've hauled me all about,
You've turned my poor old empty head,
Completely wrong side out!
You've abused me and despised me,
And sometimes you almost swore,
Because I had so many holes,
In my little caput floor!"

"Now you dare to say you know me?
Have made my secrets all your own?
Just describe the petrous portion,
Of my little temporal bone!"
And then he leered and chuckled,
With another fiendish smile,
And said "I guess my geezer,
That'll hold you for awhile.
"But if you need another,
And come back for something more

You bet I've got it for you,
And will give it to you sore!
My gray and fresh young rooster,
I don't wish you any harm,
But please name for me the muscles
Once found in this forearm!

"And then if that don't fix you,
And give your pride a fall;
If still you think that you are 'it',
And know it nearly all;
Here is one to throw you,
Into swift and sure decline,
Just name for me the muscles
Once found along my spine!"

I lay and writhed in torment,
Each hair stood up on end;
I finally gasped in terror,
'If you'll let me off, my friend,
If you'll cease to look upon me,
With that awful ghastly frown,
I'll just admit that I'm not 'it'
'Go away back and sit down!"

—J. S. Stamps.

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY & SURGERY

Acting Editor

H. B. HALE, M.S., Ph.D.

Reporters

GORDON ELLIOTT

RUSSELL BUNN

Osteopathy Without Limitation

A Real Reunion

One of the interesting incidents at the Alumni banquet held at the Stevens Hotel in Chicago, Illinois, during the American Osteopathic Association convention was the reunion of many old classmates. Particularly was it most gratifying to the two doctors, G. C. Redfield of Rapid City, South Dakota, and J. S. Schweiger of Jackson, Mississippi, who were seated next to each other at a table but did not recognize each other as old classmates. Dr. Redfield first spoke to the doctor on his left and said, "Redfield is my name of the class of '03. What is your name?" The gentleman to Dr. Redfield's left said, "Dr. Schweiger is my name, class of '03." Thus two former classmates graduating in 1903 from the College who have not seen each other for a period of 44 years were reunited at the same banquet table at the A.O.A. convention.

After returning to his home in Rapid City, South Dakota, Dr. Redfield sent the College the picture of the class of 1903 in the Dissecting Laboratory. This picture is being reproduced in this issue of the LOG BOOK thinking that it might be of interest to the graduates of this great college. Reading from left to right we find the following members of the class of 1903: Dr. Woods; Dr. Schweiger; Dr. Spencer, the teacher; Dr. Arnold; Dr. Wilcox; Dr. Whalley; Dr. Redfield, Dr. Arnold and Dr. Waters. (Picture at right.)

Alumni banquets are great occasions for old friends to meet, for old acquaintances to be renewed and for the exchange of experiences. Certainly the banquet in Chicago was no exception when these two fine doctors should find themselves seated next to each other after a separation of 44 years.

We feel that the D.M.S.C.O.S. banquets in the future will grow in size and many similar experiences to the one of July 23rd in Chicago will be re-enacted frequently in the years to come.

To Remind You!

**HOME COMING
WEEKEND**

October 3-4

POSTGRADUATE TRAINING

Beginning on September 10, 1947, an entirely revised one year course of post-graduate study will be offered. The content of the course will appeal to all practicing physicians, and will be well worth the nine months which must be devoted to it.

Upon completion of the course, the graduate student will be informed on the latest development in Osteopathic Technique, Medicine and Surgery.

Course Content

The year (36 weeks) is divided into six-week periods during which consideration will be given to twelve different subjects which are presented in the following order:

1. **Anatomy**, 6 hours per week
Obstetrics, 3 hours per week
2. **Pathology**, 6 hours per week
Applied Anatomy, 3 hours per week
3. **Diagnosis**, 6 hours per week,
Radiology, 3 hours per week
4. **Spinal Technique**, 6 hours per week
Practice, 3 hours per week
5. **Cranial Technique**, 6 hours per week
Surgery, 3 hours per week
6. **Neuropsychiatry**, 6 hours per week
Urology, 3 hours per week

Laboratory

In conjunction with, and in support of the didactic schedule, laboratory will

be conducted in the form of clinics, during four afternoons of every week. The laboratory will be three hours in duration, and the assignment and nature of the laboratory work will be determined by the Director of the Clinics.

Science With Practice

By combining an advanced didactic schedule with actual daily practice, the greatest possible opportunity is offered the graduate student for improving his methods of practice, and of receiving instruction in the latest advances in the practice of Osteopathic Medicine.

Credit

It is recommended that all graduate students register for the course in the Fall. Attendance requirements are identical with under-graduate requirements. For the full year, 36 semester hours credits will be granted.

Total clock hours for the year are 864.

Applicants and others may write to:

JOHN B. SHUMAKER, Ph.D.

Dean

Des Moines Still College

of

Osteopathy & Surgery

722 Sixth Avenue

Des Moines 9, Iowa



Class of 1903 in Dissecting Laboratory

The President Chats

(Continued from Page 1)

particular interest to the graduates of Des Moines Still College of Osteopathy and Surgery are that **Dr. Mary E. Golden**, Professor Emeritus in Pediatrics, was reappointed as Chairman of the National Committee on Research. Dr. Golden is also a Trustee of the American Osteopathic Association.

Dr. Rachel Woods, Associate Professor of Pediatrics, was made grand president of the Delta Omega Sorority.

President Edwin F. Peters was appointed again to the Bureau of Professional Education and Colleges and also made a member of the Committee on Educational Standards.

Dr. Paul E. Kimberly, Professor of Cranial Osteopathy, **Dr. John M. Woods**, Chairman of the Department of Osteopathic Medicine and **Dr. Byron E. Laycock**, Professor of Osteopathic Technique, presented a very worthwhile symposium at the convention, on the Osteopathic Treatment, Diagnosis and Management of Infectious Diseases.

Des Moines Still College was well represented at the National Convention and we trust that next year more of our graduates will be able to participate in this great National Convention.

Many of the old graduates of the college have visited the old institution the last few days. The Administration of your school is always happy for old graduates to come back to the home school and see what your school is doing. Come and see the improvements that are being made. We want you to see your school grow.

New Society

Shows Growth

Dr. H. L. Samblanet of Canton, Ohio, was elected president of the renamed American Osteopathic Society for the Study and Control of Rheumatic Disease,

succeeding **Dr. E. C. Andrews** of Ottawa, Ill., at the annual convention of the osteopathic organization in Chicago on July 20.

Other officers elected were: **Dr. E. F. Carlin** of Hempstead, N. Y., vice-president; and **Dr. Jacobine Kruze** of Ottawa, Ill., secretary-treasurer. Trustees elected were: **Dr. Wallace Pearson** of Kirksville, Mo.; **Dr. J. B. Rapp**, of Philadelphia, Pa., and **Dr. J. J. Lalli**, of Jackson Heights, N. Y.

"The society has experienced steady growth since its founding last November," stated Dr. Andrews in handing over the gavel to Dr. Samblanet. "Every physician interested in the diagnosis and treatment of arthritis and kindred rheumatic diseases is invited to join the organization and

to help achieve our goal of fruitful, cooperative research and study."

Eight papers discussing phases of rheumatic disease diagnosis and treatment were read at the meeting. Those speaking were **Dr. C. O. Meyer** of Des Moines, Iowa; **Dr. J. A. Porias** of Newark, N. J.; **Dr. T. J. Meyers** of Pasadena, Cal.; **Dr. R. A. Schaub** of Pasadena; **Dr. Rapp**, **Dr. Carlin**, **Dr. Lalli** and **Dr. Pearson**.

Hospital Notes

Shades of Hades—the good Iowa heat is hardly felt by the hospital patients as there are so many new things about the place that everyone is happy.

New tile flooring in most of the rooms is gradually being completed. The new Pharmacy is slick with two full time pharmacist's mates at the helm amid beautiful glass fronting. Staff men in the city are sending their patients to the hospital drug store for the filling of their prescriptions much to the joy of everyone concerned.

Diagnostic Service still continues to grow, and nearly every state in the Union has been represented. The service has speeded up with the new staff additions, and staff conferences that are held daily are run on schedule to the dot.

When you are in the neighborhood—come up and see us!

DIAGNOSTIC CLINIC

STILL COLLEGE OSTEOPATHIC HOSPITAL

Department of:

- | | | |
|-----------------------------|---------------------------|----------------------|
| Anesthesiology | Laboratory Diagnosis | Psychiatry |
| Cardio-Respiratory | Obstetrics and Gynecology | Structural Diagnosis |
| Dermatology and Syphilology | Orthopedics | Surgery |
| Ear, Eyes, Nose and Throat | Pathology | Urology |
| Gastro-Enterology | Pediatrics | X-Ray |
| Internal Medicine | Proctology | |

Diagnostic Clinic Examinations conducted by Staff Members Only

Complete reports with treatment suggestions furnished referring physicians. Fee includes all departments. For further information write or call:—

DR. F. J. McALLISTER, *Chief-of-Staff*

or

MR. DAVE C. CLARK, *Hospital Administrator*

STILL COLLEGE OSTEOPATHIC HOSPITAL

725 Sixth Avenue

Des Moines, Iowa

The Log Book

The Official Publication

DES MOINES STILL COLLEGE OF OSTEOPATHY & SURGERY

722 Sixth Avenue

DES MOINES 9, IOWA

Entered as
Second-Class Matter
At Des Moines, Iowa.

Entered as second class matter, February 3rd, 1923, at the post office at Des Moines, Iowa, under the act of August 24th, 1912.

LOG BOOK

Accepted for mailing at special rates of postage provided for in Section 1103, Act of Oct. 3rd, 1917, authorized Feb. 3rd, 1923.

PUBLISHED MONTHLY BY THE DES MOINES STILL COLLEGE OF OSTEOPATHY & SURGERY

Volume 25

SEPTEMBER, 1947

Number 9

The President Chats

Throughout the school year, college administrators look forward to the opening of the next term of school. This past year has certainly been no exception for the administrative officers of your college.

The Dean has been devoting a great amount of his time to the problems of the entering Freshmen and the President has devoted a considerable portion of his time to renovating the school and making it possible for the students to achieve the maximum from the facilities we have.

The Anatomy Laboratory has been completely redecorated. Much new equipment has been added to the various departments during the past few months, and the rebuilding of the various departments must be a continuous undertaking.

At the present time, the clinic, on the second floor of the college building, is being completely redecorated, which will add much to the beauty of an already efficient clinic and will give the patient a feeling of true professional reception. The walls of the school will receive new paint, and various class rooms will be painted pastel colors.

While the summer months are usually considered as vacation months, such has not been the case at Des Moines Still College this past summer. The students have been working faithfully all summer. The teachers have been on the job without exception throughout the hot days, and the heat of Iowa has not lessened the activity at the school.

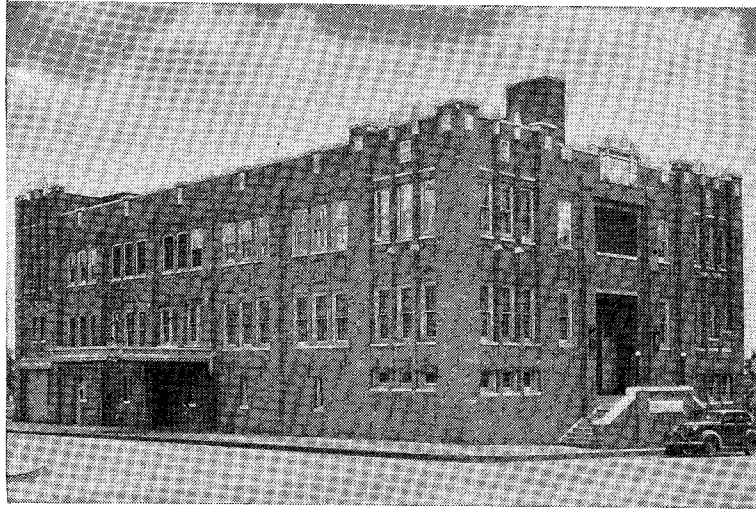
The President is looking forward to the first weekend in October when many of the old graduates return for homecoming weekend. The reliving of their old school days will be of interest and value to all of them who are able to partake of this part of the homecoming.

We trust that all graduates will be able to come back to visit the school in the very near future as we are anxious for all to see what has been accomplished at the old school.

Dr. Jackson Joins Staff

Dr. Llyod T. Jackson, who graduated from this institution in 1940, and who has been practicing in South Dakota for the past seven years, has returned to his Alma Mater as a member of the Clinical Staff. Dr. Jackson will be with the college on a full-time basis.

ONE YEAR OLD!



On September 9, 1946, the first patient arrived at the Des Moines Still College Osteopathic Hospital. On September 9th, this year, the hospital had its first birthday party arranged by the Chief Chef, Paul Smith, and around the birthday table were seated all of the doctors who were affiliated with the hospital a year ago, on that memorable

day when the first patient arrived, really before the hospital was hardly ready to take care of patients.

Chef Smith baked a beautiful and most delicious cake for the occasion, and annually, September 9th, will be a day of feasting and enjoyment by the staff members of Still College Osteopathic Hospital.

Dean's Letter

Read your LOG BOOK! By means of it you can relive your student days. There may be news about a professor of whom you were particularly fond. An old class mate may have visited the College again—or a Junior may have been born of parents whom you knew in the old days.

Your fraternity is still functioning and there will be news about it and its members.

Did you know that Still has become one of the outstanding schools of Osteopathy? Every issue of your LOG BOOK contains little bits of news on this matter.

Students come to us now with better preosteopathic training than those in the past. Last year more than seventy young men and women began their Osteopathic careers at Still. At present writing over sixty-five Freshmen have just registered for their first year. These young people come from all parts of the United States and from Canada, and interesting information concerning them will be available in the next issue.

Watch for your LOG BOOK in the next two or three weeks. If you do not receive it, write the Dean and ask to be on the mailing list. The College wants you to know what we are doing in Des Moines.

HOMECOMING—OCTOBER 3 and 4! Make reservations with the Dean.

Child Health

Conference to Be
Held in K. C.

The Sixteenth Annual Child's Health Conference and Clinic will be held in the Arena of the Municipal Auditorium in Kansas City, Missouri, on May 10, 11 and 12.

The Conference and Clinic is being co-sponsored by the Kansas City College of Osteopathy and Surgery and the Jackson County Osteopathic Association.

Dr. J. Myron Auld, Jr., has been elected General Chairman of the Conference. Those interested should note the date and arrange their schedules. Further particulars of the Conference will appear in subsequent editions of the LOG BOOK.

Meet Me

at

The Still College
HOMECOMING

OCTOBER 3 AND 4, 1947

Make Your Reservation

for the

BANQUET and DANCE

at

HOTEL SAVERY
7 P.M., OCTOBER 4

\$5.00 Per Plate

PAUL L. PARK, D.O.
Homecoming Chairman

Dr. Agersborg to Attend International Research Congress

Dr. H. P. K. Agersborg, Professor of Embryology and Histology, and Director of Research of Des Moines Still College of Osteopathy and Surgery, will attend the Fourth International Research Congress which will be held in St. Louis, Missouri, September 2nd to the 7th.

This Congress is attracting the outstanding scientists of some 25 foreign countries, who have already made their advanced registration. It is most significant that a member of our faculty be privileged to renew old acquaintances among his friends of the various foreign countries and to attend this International Meeting of Scientists.

New Anatomist Announced

Dr. Carrie Gillaspay, of the University of Chicago, has accepted a position with the Des Moines Still College of Osteopathy and Surgery as Assistant Professor in the Department of Anatomy.

Dr. Gillaspay is no stranger to the State of Iowa, having received her A.B. Degree from Iowa State Teachers College, of Cedar Falls, Iowa, in 1928. Following graduation, she did three years of study at the University of Iowa specializing in Gross Anatomy.

Upon completion of her work at Iowa, Dr. Gillaspay entered the University of Minnesota Medical School as a special student in Gross and Neuro Anatomy, during which time she taught Neurology.

She then entered the Washington University, St. Louis, Missouri, for some special work in Gross Anatomy under Dr. E. V. Gowdry. Dr. Gillaspay then taught at the University of Oklahoma for two years in the Department of Anatomy where she took her Master of Science Degree.

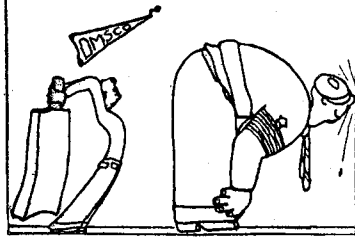
Upon completion of this work she taught at the University of Kansas and for the past three years has been at the University of Chicago, completing her work for her Doctor of Philosophy Degree in Anatomy. Her thesis subject was "The Seventh Cranial Nerve."

We welcome Dr. Gillaspay to the faculty of this institution.

NOTICE

Please notify the LOG BOOK promptly when your address changes. This is most essential in order that our mailing list be kept up-to-date.

FRATERNITY NOTES



Dr. Rachel Woods, 5011 Hickman Road, has invited the Beta Chapter of Delta Omega Sorority to meet at her home Thursday evening, September 25th.

All members are cordially invited to attend this first meeting of the year.



With the Still College Homecoming bringing in Alumni from all sections of the country, Phi Sigma Gamma will hold open house and a smoker on the evening of Friday, October 3rd. We hope that all PSG's who are in Des Moines will visit the Chapter House and renew old acquaintances.

An air of excitement and anticipation hung over 3205 Grand as the Upper Classmen who have been attending the summer session greeted the old members and incoming students who registered for the fall term. With eighteen new students and eleven of the "old guard" living in the house, Phi Sigma Gamma is looking forward to a chapter of pre-war stature. To complete the true picture, Mrs. May Kelley is again our cook after a five year interlude from her duties in the old house at 2104 Grand. The cuisine is better than ever, and we owe much to Mrs. Kelley's superior talents.

The first special meeting of the year was held at the chapter house on the evening of September 11th. Committees were appointed to handle the activities for the semester, and the preliminary initiation was held for twelve new members.

We are especially grateful to the students' wives who planned and staged the "Welcome Party" for the new students and their wives at our house on Friday evening, September 12th. Over one hundred students and wives attended the reception in addition to members of the Still College faculty and their wives. We congratulate the girls for capably staging such a lovely evening.

To augment the numbers of PSG wives already present in Still College, Brothers Lauren Herman, Robert Kirkland, H. S. Finck and Harry Fontenova joined the benedicts during the summer. Phi Sigma Gamma extends a special welcome and congratulations to the brothers and their new wives.

ITS

The regular monthly work night was held at Wilden Osteopathic Hospital on Friday evening, August 8th. We wish to extend our appreciation to Doctor James Barnett for conducting our group through the hospital. A very informative and enjoyable evening was enjoyed by all.

On Sunday afternoon, August 17th, a picnic was held at Union Park. Arrangements for this event were planned by Brothers Braunschweig and Chapman. An inexhaustible supply of ice cold watermelon was the main feature of the affair. A most enjoyable time was had by all.

On Friday evening, August 29th, a business meeting was held at the Y.M.C.A. Various bits of business were discussed and acted upon. Brother Blackler discussed the activities of the past National Convention.

We wish to call attention to the Homecoming Celebration scheduled for October 3rd and 4th. If you plan to be in Des Moines be sure to attend the ITS SMOKER to be held on October 3rd in the American Room of the AIB Building. An interesting program is being planned including food and refreshments; the refreshments should prove to be the most interesting.

AOF

On September 12th the LOG reconvened after two months of "short wave ergosterol treatment." The meeting opened with election of officers. Sidney Gelman was elected president; Conrad Burns, vice-president; Lou Katz, secretary and treasurer; and Herman Fishman, student council representative. Plans were made for alumni homecoming on October 3rd and 4th.

Following the official business informal discussion of our summer "inactivities" ensued. Vacation days carried our fraternity brothers throughout the several states — with Sidney Gelman crossing the Canadian border to witness their national exposition (and, may I add, showing excellent "horse sense" while over there). Sam Plotnik left the friendly mansions of Philadelphia to play the gentle angler in the waters of New Hampshire — putting into excellent use Dr. Wood's advice on reel and rod. Herman Fishman trekked to Delaware — and rumors are flying that a little nurse may add a MRS. degree to her collection ere summer returns again. Mort Levin and Simon Indianer returned to Michigan to enjoy the cool splendor of their Michigan summer (100 degrees in the shade). Lou Katz and wife Anita visited their folks in New York for two weeks. And that closes — oops — we almost forgot Mr. and Mrs. Conrad Burns who selected the garden spot of America for their vacation — Yes, home in Des Moines!

—Simon Indianer.

ATLAS CLUB

On behalf of the Atlas Club we wish to extend a Fraternal welcome to the incoming Freshmen as they commence their chosen careers. Since most of the boys have been on vacation it will take a little time to get the club functioning again but we wish to extend a very hearty invitation to all new students to take full advantage of our club facilities in any way they wish.

We also wish to take this opportunity to welcome the new members of the staff and bid them all the best of luck and a successful stay with us.

Dr. Hale Resigns

Dr. Henry B. Hale, Professor of Physiology, of this institution for the past three years tendered his resignation on the third of last month, to accept a teaching position at the Oklahoma A. & M. College.

Dr. Hale served as Chairman of the Department of Physiology, Director of the Comprehensive and Qualifying Examinations, Editor of the Log Book and as a Student Advisor.

The Faculty, the student body, and the members of the profession who became acquainted with Dr. Hale, wish him much success in his new field of professional pursuit.

Dr. Byron L. Cash Elected Trustee

Dr. Byron L. Cash, graduate of Des Moines Still College of Osteopathy and Surgery, Class of May, 1917, was elected to the Board of Trustees of Des Moines Still College of Osteopathy and Surgery by the National Alumni Association, for one year.

Dr. Cash has been especially active in the affairs of the College as well as the affairs of the Osteopathic Profession since his graduation. He is a Certified Radiologist and the progress of this college has been one of his greatest interests.

The Board of Trustees welcomes Dr. Cash to their midst.

Help Your Profession Help You by Contributing Now to the Osteopathic Progress Fund.

What's Dick doing now?"
 "Well, Dick, he's a-doctorin'."
 "And John?"
 "He's horse tradin'."
 And Williams?"
 "He's a-savin' of souls."
 "And Tom?"
 "Well, Tom, he's sorter politician' around."
 "And you?"
 Well, I'm sorter farmin' an' a-feedin' Dick, John, William an' Tom."—Exchange.

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY & SURGERY

Editor This Issue
WILLIAM A. MOYLAN

Osteopathy Without Limitation

States Sacroiliac Disorder Responds To Manipulation

"Inability to flex and extend the lower back fully or turn easily and painlessly when lying down is characteristic of sacroiliac disorders." **Dr. Carter H. Downing**, osteopathic physician of San Francisco, Calif., writes in the current issue of the Journal of the American Osteopathic Association.

He says further that "Whereas sacroiliac strain causes great pain and disability in adults, it rarely assumes acute proportions in children; rather, it is evidenced in dull backache or leg ache and the symptoms vaguely dismissed as "growing pains."

Dr. Downing states that the sacroiliac joints (which connect the triangular end piece of the spine to the flaring pelvic bones on either side) are subject to any number of mechanical malrelations as a result of occupational strain, accidents, poor posture, developmental anomalies, and disease. Mechanical causes far exceed any other in the production of sciatica (severe pain down the leg) also.

Dr. Downing points out that "X-ray findings are generally disappointing in sacroiliac disorders. It is impossible to make accurate deductions on minute and complex structural shifts because the x-ray lacks necessary isometric qualification. Final analysis of these physiologic disorders rests on clinical examination."

"Athletes are frequently victims of sacroiliac disorders," Dr. Downing says. "The finding of restricted motion in a sacroiliac joint disturbs muscle mechanics of the thigh and often results in knee instability—the so-called 'trick knee' of athletes—pulled muscles, and tendon injuries."

He concludes by stating that the majority of patients with low-back pain, muscle difficulties, and sciatica will obtain relief only after they have received manipulative treatment to correct mechanically the involvement of the sacroiliac joints.

Entering Freshman Writes

EDITOR'S NOTE: This is a reprint of an article entitled "Law Change Would Alleviate Doctor Shortage" which appeared in the August 27, 1947, edition of The Canova, South Dakota, Herald, written by Richard Wirzbach of Sioux Falls, S. D. Mr. Wirzbach is an entering freshman in Des Moines Still College of Osteopathy and Surgery this semester. The President and the Dean feel he is to be congratulated on this splendid article which clearly shows he is thoroughly familiar with the profession he is about to enter.

One of the most urgent problems confronting South Dakota at this time is lack of medical care. Our shortage of physicians and hospitals has been attributed to a number of factors, but no satisfactory solution for immediate or even future relief is in sight. The South Dakota State Health Committee reported last year that there are only five counties which come within the minimum of having a physician for each 1500 persons or less. At least 160 additional physicians are needed.

Under existing statutes, osteopathic physicians in South Dakota are limited in their practice by regulations passed by the State Legislature in 1907. The provisions of this law permit the osteopaths full practice rights

with the exception of major surgery.

If this law is changed and the discrimination removed, a big step would be taken toward alleviating the acute doctor shortage in the state. In 1937 there were seventy-five osteopathic physicians practicing in South Dakota. During the next ten years eighteen new ones were licensed and located here. But at present, ten years later, only fifty-seven remain. There was a net loss of thirty-six. Of these thirty-six, twenty moved to states that allow them full practice rights. During this decade, while South Dakota osteopaths decreased 38% in number, the net gain in the number of osteopaths over the entire United States was 23%. Obviously the loss here is not due to economic reasons. South Dakota has flourished along with the rest of the nation in the last ten years. The cause of the decrease is quite apparent as evidenced by the situation in other states. In New Mexico, whose population is 100,000 less than South Dakota, there are 102 osteopathic physicians and nine osteopathic hospitals. New Mexico shows no legislative discrimination between doctors holding the M. D. degree or the D. O. degree.

Osteopathy is a complete school of medicine and surgery. All procedures of medical science such as surgery, obstetrics, the use of drugs and other diagnostic and therapeutic procedures are embraced in its scope. The American Osteopathic Association is the accrediting agency for schools of osteopathy and surgery, and together with the American College of Osteopathic Surgeons, inspects

osteopathic hospitals approved for the teaching of interns. There are six approved schools and over three hundred exclusive osteopathic hospitals in the United States. Requirements for admission to these schools is a minimum of two years pre-medical study in a college of liberal arts, with subject requirement similar to that prescribed by medical schools granting the M. D. degree. The professional course leading to the degree, Doctor of Osteopathy, is a minimum of four years. Three of the approved schools have increased their curricula to 4½ years. 17.5% of the professional course in these schools is devoted to surgery, yet osteopathic physicians in South Dakota are not allowed to practice surgery. Thirty-three states permit Doctors of Osteopathy unlimited practice; as a result osteopathic hospitals flourish in those states and D. O.'s can practice in full the science they spent years learning.

To obtain licensure in South Dakota an osteopathic physician must first pass the Basic Science examination. He must be a graduate of one of the six approved schools of osteopathy and surgery. Finally, he is examined by the State Board of Osteopathic Examiners, which is comprised of three practicing D. O.'s appointed by the governor.

In addition to the majority of states which show no discrimination between Doctors of Osteopathy and physicians of any other school, D. O.'s are fully recognized by the government. They are eligible for appointment as medical officers in the Army,

(Continued on Page 4)

DIAGNOSTIC CLINIC

STILL COLLEGE OSTEOPATHIC HOSPITAL

Department of:

Anesthesiology	Laboratory Diagnosis	Psychiatry
Cardio-Respiratory	Obstetrics and Gynecology	Structural Diagnosis
Dermatology and Syphilology	Orthopedics	Surgery
Ear, Eyes, Nose and Throat	Pathology	Urology
Gastro-Enterology	Pediatrics	X-Ray
Internal Medicine	Proctology	

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or

MR. DAVE C. CLARK, *Hospital Administrator*

STILL COLLEGE OSTEOPATHIC HOSPITAL
725 Sixth Avenue Des Moines, Iowa

To Remind You!

HOME COMING
WEEKEND

October 3-4

Changes of Addresses

Word has been received that Dr. Ray E. McFarland has moved his office to Suite 306 in the Central Building of Wichita, Kansas. For twelve years, he has been engaged in special work in pediatrics, endocrinology and allergy, officing at the Southwestern Osteopathic Hospital in Wichita. Dr. McFarland plans to be with us for Homecoming and we look forward to seeing him then.

* * *

Drs. T. C. and A. E. Peace recently opened the Redfield Osteopathic Clinic at Redfield, Iowa. Visitors day was held Sunday, August 31. Congratulations on your new venture!

* * *

Dr. H. J. Johnson has moved from Waverly, Kansas, to Burlington, Kansas. His office is at 411 Neosho Street in Burlington.

Help Your Profession Help You by Contributing Now to the Osteopathic Progress Fund.

Entering Freshman Writes

(Continued from Page 3)

Navy, Veteran's Administration, and United States Public Health Service. They also may hold office as city and county health officers.

If the suggested revision is made by the State Legislature there will undoubtedly be an increase in the number of D. O.'s practicing in South Dakota, and a resultant increase in hospital facilities; and we will have gone a long way toward solving this most urgent problem.

Dr. Minnick Co-Author On Alloxan Study

Edward Minnick, M.D., laboratory assistant in Clinical Pathology and student at DMSO recently assisted in compiling a report published in the *Annals of Internal Medicine*, June, 1947, covering "Alloxan in the Treatment of a Case of Islet Cell Carcinoma of the Pancreas with Liver Metastases." The paper was written by Lewis B. Flinn, M.D., F.A.C.P., Dr. Minnick, and Douglas M. Gray, M.D., Wilmington, Delaware.

Their study points out that organic hyperinsulinism has been recognized with increasing frequency in the last few years, and that it is most commonly due to adenomata of the islands of Langerhans. More and more case reports appear of successful surgical removal of these tumors with consequent alleviation of symptoms. They state that at times there seems to be a general hypersecretion of insulin by the islet cells without discernible tumor in which resection of varying amount of pancreatic tissue has been found effective, but that carcinoma of islet cells occurs much less frequently in which case the tumor is often slow to grow and slow to metastasize. They also state that in a few instances metastatic islet cell carcinoma in the liver has been found in which the metastatic tumor cells apparently produce and release insulin. Five such cases were reported in the literature up to 1941, and a few more have since been reported.

Various studies of alloxan treatment in such cases on rabbits and dogs are listed. However, they state that evidence is very meagre as to the effect of alloxan on the islet cells and convoluted tubules in man. They report one case study by Brunschwig who administered the chemical in proportionally much larger doses than had been used

in animals to several patients with carcinoma. This patient had an insulin-producing islet cell carcinoma. This case was repeatedly but temporarily improved clinically by the drug. For short periods hypoglycemic attacks were much less severe and much less frequent and the patient gained weight. However, in no case, even when the dose had been increased to 1 gm. per kilogram body weight, was there later any evidence of significant damage to the islet cells or epithelial cells of the convoluted tubules on histological examination.

A patient with an insulin producing islet cell carcinoma with liver metastases came under the care of Drs. Flinn, Minnick, and Gay in August, 1945. They felt that in spite of the none to encouraging reports in the literature it seemed worthwhile to administer alloxan to this patient because the prognosis was hopeless otherwise, and because temporary relief of symptoms might occur. They reported in detail the results of the administration of alloxan to this patient.

A complete copy of this report cannot be given herewith, however, for the benefit of those interested we list the summary of their report:

- "1. A case of an insulin producing islet cell carcinoma of the pancreas with liver metastases is reported with autopsy findings.
- "2. The patient was given

Important Notice

The LOG BOOK Mailing List must include the ZONE NUMBERS, in its addresses. PLEASE send your ZONE NUMBER IN ON CHANGE OF ADDRESSES OR WHEN MAILING IN NEW NAMES FOR THE LOG BOOK.

Nervous Tension Is Said to Be Prime Cause of Stammering

An editorial in the current issue of *Osteopathic Magazine* states that, "Stammering is a major speech problem that should be corrected as soon as it appears."

The editorial goes on to say that most authorities believe there is nervous tension in most cases of stammering. "Many times there is a sociological factor, such as a difficulty at home which might cause a feeling of inferiority."

"Only occasionally is stammering due to malformation of the speech organs. In such instances osteopathic physicians have found cases in which there was tilting of the horseshoe-shaped bone at the base of the tongue. When the doctor straightened the bone, the patient could talk normally again because tension had been relieved."

The osteopathic approach for the cure of stammering includes correction of faculty body mechanics, normalization of nerve and blood supply to the neck and head and relaxation of the muscles of the spinal region, the editorial states.

alloxan intravenously for nine consecutive days with a total dosage of 1.16 gm. per kilogram of body weight.

"3. No clinical effect was observed attributable to the alloxan.

"4. Histological examination at autopsy revealed slight evidence of tumor cell damage in the liver metastases as compared with biopsy findings taken before alloxan therapy was begun. Some shrinking of islet cells not involved in the tumor was found. The changes noted, however, were not nearly so marked as those reported in laboratory animals and their significance therefore is not clear."

The Log Book

The Official Publication
DES MOINES STILL COLLEGE
OF OSTEOPATHY & SURGERY

722 Sixth Avenue
DES MOINES 9, IOWA

Entered as
Second-Class Matter
At Des Moines, Iowa.

Entered as second class matter, February 3rd, 1923, at the post office at Des Moines, Iowa, under the act of August 24th, 1912.

THE LOG BOOK

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Volume 25

OCTOBER, 1947

Number 10

SYMPOSIA OF OSTEOPATHY AND SURGERY

Dean's Letter

The appeal of Osteopathy as a profession to young men and women is apparent in the registration statistics of your college.

At the present time 175 students are enrolled at Still. On September 10th, 70 Freshmen began their scholastic careers. These young people come to us from 21 states and Ontario, Canada.

War veterans constitute 80% of the Freshman class. This figure shows the interest displayed in Osteopathy as a profession by American soldiers. There are 38 married students among these Freshmen many of whom have families.

The average age of the Freshmen is 25 years. All of them have at least two years of training in college, the average being three years.

The student body of your school is represented by students from coast to coast. The greatest number comes from Iowa with Michigan a close second followed by Ohio, New York, and others.

Your Alma Mater is the choice of many young people. It has a fine faculty and splendid laboratories. Alumni are always welcome. It is our earnest desire that you return soon and often for a visit.

Dr. Laycock Speaks To Kansas State Osteo. Convention

Dr. Byron E. Laycock, Chairman of the Department of Osteopathic Principles and Technique, appeared as speaker on the program of the Kansas State Osteopathic Convention at Topeka, Kansas.

Dr. Laycock attended the convention from October the 4th to the 8th. He spoke to the convention October the 7th and 8th on "Osteopathic Lesion Pathology and Psycho-Somatic Medicine."

If every Osteopathic Physician would daily remember his Oath as a Physician, he will then let his light so shine that the world will know that he an Osteopathic Physician, thus a PHYSICIAN PLUS.

The following Symposia of the Des Moines Still College of Osteopathy and Surgery are offered the first semester, 1947-1947, every Friday, 5 to 6 P.M. Physicians, Members of the faculty, students and guests are cordially invited to attend.

SCHEDULE FOR LECTURES

October 24th

THE AGING OF CONNECTIVE TISSUE

—Dr. O. E. Owen
Dr. J. LeRoque
Dr. Alice Riley

October 31st

THE AGING OF THE CARDIOVASCULAR SYSTEM. THE AGING OF THE RESPIRATORY SYSTEM. THE AGING OF THE CARBOHYDRATE MECHANISM

—Dr. John Woods
Dr. J. R. Woodmansee
Dr. E. R. Minnick

November 7th

EARLY DIAGNOSIS OF CORONARY OCCLUSION

—Dr. Kenneth Dirlam
Dr. E. M. Racher

November 14th

EXPERIMENTAL STUDIES: NUCLEAR LOCALIZATION, BY THE NISSL METHOD, OF THE ORIGIN OF CELLS FOR THE BRANCHES OF THE FACIAL NERVE

—Prof. Carrie Gillaspay

November 21st

CRANIAL TECHNIQUE

—Dr. Paul Kimberly
Dr. G. Elliott

November 25 (Tuesday)

PSYCHOBIOLOGY: FACTORS OF HUMAN ADJUSTMENTS. THE NEUROSIS

—Dr. E. F. Peters, President
Dr. Clayton Meyers

December 5th

ELECTRICAL METHODS IN THE STUDY OF NERVOUS ACTIVITY

—Dr. Leonard Grumbach

December 12th

OSTEOPATHIC PRINCIPLES AND OSTEOPATHIC TECHNIQUE

—Dr. Byron Laycock

December 19th

PUBLIC HEALTH PROBLEMS

—Dr. M. P. Moon

January 9th, 1948

THE ACUTE ABDOMEN; THE pH OF THE COLON

—Dr. Howard Graney
Dr. F. J. McAllister
Dr. Carl Nagy

(Continued on Page 4)

Homecoming Week-end Draws Guests From Many States

Another Homecoming is history for the Des Moines Still College of Osteopathy and Surgery. While the Homecoming this year was not as large as we had hoped it would be, it was indeed a significant one.

Fifty-six doctors representing 11 states attended the refresher courses which were held on October 3rd and 4th. Classes started in the morning and terminated late in the evening.

Two hundred and seven Alumni and friends attended the dinner-dance held Saturday night at the Savery Hotel. The evening was a great success with an eleven piece all girl orchestra providing dance music.

It is now time to start thinking about Homecoming the first weekend in October, 1948, which will be the Golden Jubilee Year of this College. Make your plans today to be with us for the 1948 Homecoming! The following Registry is printed for the interest of the Alumni:

DES MOINES, IOWA

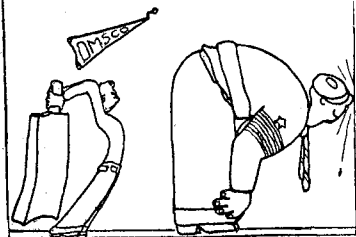
Dr. C. O. Meyer, '33
Dr. L. P. Fagan, '35
Dr. Rachel H. Woods, '34
Dr. Faye Kimberly, '29
Dr. J. F. LeRoque, '40
Dr. Earl O. Sargent, '38
Dr. Jack R. Lilly, '42
Dr. C. E. Seastrand, '24
Dr. J. R. Woodmansee, '44
Dr. H. A. Barquist, '35
Dr. Paul E. Kimberly, '40
Dr. O. Edwin Owen, '37
Dr. Robert O. Fagen, '38
Dr. B. W. Jones, '27
Dr. L. T. Jackson, '40
Dr. D. E. Sloan, '40

IOWA

Dr. H. D. Meyer, Algona, '31
Dr. Edgar W. Kapfer, Creston, '29
Dr. E. W. McWilliams, Columbus Junction, '14
Dr. D. H. Grau, Muscatine, '32
Dr. J. L. Craig, Cresco, '23
Dr. Nellie D. Kramer, Pella, '23
Dr. H. H. Kramer, Pella, '28
Dr. Fred A. Martin, Murray, '29
Dr. R. E. Brooker, Grinnell, '16
Dr. S. Sam Kuramoto, Webster City, '44
Dr. R. W. Jack, Ogden, '44
Dr. H. F. Heideman, Coggon, '38
Dr. M. J. Sluss, Lenox, '29
Dr. D. R. Steninger, Davenport, '30

(Continued on Page 4)

FRATERNITY NOTES



W.M.C.A.

The Osteopathic Women's College Club held their first social meeting of the fall season to welcome the new freshmen wives and their husbands at the PSG fraternity house, Friday evening, September 12th. A short business meeting was held after which refreshments were served. The rest of the evening was spent in getting acquainted with the newcomers.

At a recent meeting the following officers were elected for the coming semester: **Nell McMurray**, President; **Ardith Johnson**, Vice-president; **Marie Page**, Secretary; **Eleanor Hughes**, Treasurer; **Ruby Jean Talbot**, Historian, and **Jeannette Cato**, Reporter.

—Jeannette Cato, Reporter.

ATLAS CLUB

The Atlas Club wishes to welcome the Freshmen. We hope for your success.

A picnic was held September 27. Many of the new Freshmen turned out with their wives and girl friends. A good time was had by all.

The alumni smoker held on October 3rd was a success despite the rain. Refreshments were served and many played cards.

Atlas Club wishes to announce a housing fund managed by a housing committee made up of Student and Alumni representatives in an attempt to obtain an Atlas House. Our goal at present is to lease a house for a short time with the option of a purchase. All the Atlas alumni will be contacted soon so that they may aid the club in this project. We wish to announce the first contribution made by **R. St. Amont** of River Rouge, Michigan. Thank you Doctor!

Those alumni and student Atlas men attending the Homecoming dinner-dance wish to thank the administration and dance committee for their hospitality and for a good time.

Atlas Club will attempt to revitalize the interfraternity council after the 14th of October. It is hoped that this council will function to the best advantage for all the fraternities.

Pledging of new Freshmen will take place after the first 6 week period. Atlas Club members are meanwhile becoming acquainted with many prospective pledges.



The first meeting of the year was held at the home of **Dr. Rachel Woods**. A business meeting was held followed by the election of officers. The electees are: President, **Dorothy Mullin**; Vice-president; **Trudy Hoffman**; Secretary, **Jo DiMarco**; Treasurer, **Sarah Jean Gibson**, Corresponding Secretary, **Myrtle Miller**; Sargent-at-Arms, **Dr. Genevieve Stoddard**; Guard, **Dr. Ruth Paul**.

Plans were made to have work night inviting various doctors as guest speakers. Dr. Rachel Woods gave us a resume of the activities of the Grand Chapter during the National convention at Chicago.

On the evening of Friday, October 3rd, Delta Omega held open house at the hospital dining room for the Alumni who returned for the Still College Homecoming. Included as guests were members of the cranial class. Refreshments were served. We thank **Paul Smith**, the hospital chef, for preparing and helping to serve our "Coffee." Delta Omega wishes to thank the alumni members and guests for making it such a wonderful party.

The next meeting of Delta Omega will be at a Banquet held at Mrs. Doty's Tea Room at 6:30 p.m., October 17th. Initiation will be held for **Adeline McCormick** who is now a Freshman A. **Elena Parisi** has been invited to attend the dinner. Last but not least, our guest of honor will be **Dr. Dorothy Diener**. This will be Dr. Diener's last meeting with us. We wish to take this opportunity to extend to her luck, happiness, and success. REMEMBER US DOROTHY!



Homecoming weekend provided L.O.G. as well as our brother fraternities with the opportunity for a gala social weekend. The Friday night smoker was held at the home of **Mr. and Mrs. Conrad Burns**. We wish to thank **Connie and Ann** for their hospitality. To keep the ladies entertained the "smokerette" was held at "the Katzs."

The banquet at the Savery on Saturday night was one of the finest social affairs the school has ever sponsored. We're all looking forward to more of such activity.

L.O.G. wishes to congratulate **Dr. Racher** on his recent marriage to **Miss Alice Bro**. Best of everything—always!

Plans are now being drawn up for the initiation and dinner for our two new members — **Dr. Leonard Ivins** and **Murry Goldstein**.

Note: Keep up the good work, **Sam**, we may make you "house mother" some day!

—A. and L. Katz.

Osteopathy Without Limitation



On Friday evening, September 26th, the Freshmen living in the house were hosts to the remainder of the Freshman Class at a coffee and doughnut party at the Chapter house. About fifty of the plebes turned out for the general get-together, song fest and indulging in the time honored art of dunking sinkers. **Dr. John B. Shumaker** dropped in for a few minutes and spoke to the group regarding the value and necessity of fraternities in the college; **Dick DeBard** played the piano, giving out with everything from Brahms to boogey music supported by the voices of all in attendance. Highlighting the evening was the presentation of the newly elected officers of the Freshmen Class: Class representative, **Jack Wood**, Des Moines, Ia.; President, **Paul Panakos**, Lansing, Mich.; Vice-President, **Richard DeBard**, Dayton, Ohio; Secretary, **William Smeltzer**, Wayne, Mich.; Treasurer, **Norm Boumengen**; Class Historian, **Eleanor Parisi**, Yarmouth, Maine. Phi Sigma Gamma joins the Freshmen class in wishing the officers the best of luck and and greatest cooperation in the discharge of their duties.

Delta Chapter of Phi Sigma Gamma is exceedingly proud of having as one of its alumni **Dr. O. Edwin Owen**, chairman of the Department of Pathology at Still College and a member of the Staff at Wilden Hospital. In the fraternal realm, Dr. Owen was singularly honored, by being elected Grand Archon for the second successive year at the National Convention of Phi Sigma Gamma, held in Chicago last July.

At the regular monthly meeting held Monday, October 6th, Chairman **Ralph Gaudio** of the program committee outlined the plans for the semi-formal Halloween Dance to be held November 1st at the Chapter house. A six piece band is to be engaged by **Brother Joe Lamanna**. Brothers **Stan Fink** and **Harry Talbot** are combining their talents for the seasonal theme of decorations. Details are being handled by the members of the committee, and we hope that all of Still College, Students, Alumnae and Guests will turn out for this gala occasion.

The main event for the month of October revolves around Phi Sigma Gamma being hosts to the Women's College Club who are staging a Carnival at the Chapter house on Saturday evening, October 18th. The girls have made elaborate plans for the event, and we trust that the affair will be patronized by everyone connected with the College.



Our monthly work meeting was held Friday evening, September 19th, at the Y.M.C.A. Our alumni speaker of the evening was **Doc-**

tor **Byron Cash**. His topic was "Anomalies." His collection of X-Rays has been collected over a long period of time and was most interesting to the group assembled. Doctor Cash gave a short case history of every film demonstrated on the view box.

On Friday evening, September 26, we held initiation for two different degrees at **Doctor Sloan's** office at 3305 S.W. Ninth. To the third degree were initiated **Henry Braunschweig** and **Howard Dolyak**; to the first degree **William Moylan** and **Julian Savarese**. The entire organization welcomes you to the fold.

Hospital Notes

Some interesting statistics are compiled in relation to the first year of operation of the hospital. At the Homecoming ceremonies it was announced that the hospital had admitted over 2500 patients for care since the opening a year ago.

The ratio between medical and surgical cases is a little unusual in view of the fact that most hospitals today carry a higher percentage of surgical entries, but the report shows a well balanced margin in favor of medical cases. Such a ratio makes Still College Hospital attractive as a training center for future physicians.

The Obstetrical department continues to be popular in the community. While the percentage of twins seems to be below that of usual years, the consistency of the daily averages of births is high.

The mortality rate as of June 1st was .085, and that same ratio has continued to maintain itself. The surgical death rate is better than 200% below the national average—an enviable record!

* * *

Training facilities at the hospital have increased to the point where residencies in all of the specialties are opening up rapidly. Volume of specialty work has increased to such an extent that interesting statistics should be available by the end of the second year of operation.

Old grads were welcomed, and all agreed that the hospital was indeed more than they had anticipated. To express their pleasure with the hospital, many of the alumni made new pledges to the endowment fund or else increased those previously made (UNSOLICITED).

Dr. Teskey: "What do we call the removal of the appendix?"

Chapman: "Appendectomy."

Dr. Teskey: "Right. Now what do we call the removal of the tonsils?"

Dockum: "Tonsilectomy."

Dr. Teskey: "Right again. Now what do we call the removal of a growth on the cranium?"

Plotnik: "A haircut."

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY & SURGERY

Acting Editor
SIMON S. INDIANER
Assistant
MORT LEVIN

Osteopathy Without Limitation

Our Policy

Upon assumption of the editorship of the LOG BOOK the present editor is forced to ask (and answer) "Why the LOG BOOK?" Many readers have also asked this question but have answered more subtly—simply by refraining from comment. It is our purpose:

1. To report school plans and progress to alumni.
2. To supply an intellectual link between the school and the practicing physician.
3. To present scientifically informative material by the faculty, graduate students and undergraduate students.
4. To review significant literature as space permits.
5. To discuss problems of interest to the Osteopathic Profession.

You, as readers, by critical comment will express the degree to which these plans are being fulfilled. It is your journal and you will receive whatever you desire. Why not jot down your reaction to special articles or to the LOG BOOK as a whole? That is the only way we have of knowing how you feel and what you would like in the future.

Alumnus Appointed To V.A. Hospital

Dr. Frederick W. Benz, a graduate of Des Moines Still College, January Class, 1932, who has recently been in practice at Quasqueton, Iowa, has accepted an appointment to the Veteran's Administration Hospital of this city. Dr. Benz will assume his new duties on October 20th.

During World War II, Dr. Benz served in the United States Navy as a Chief Pharmacist Mate, making for himself an enviable record in the South Pacific.

Dr. Benz is the first Osteopathic Physician appointed to the Medical Staff of the Veterans Hospital, and Des Moines Still College is proud that one of her graduates could meet the rigid requirements for this important appointment.

While a pre-osteopathic student at Grinnell and a student at this college, Dr. Benz was well known for his athletic ability throughout this section of Iowa.

We wish Dr. Benz the greatest success and happiness in his important appointment.

OSTEOPATHY GOES ON THE AIR

During the week of October 5th Dean John B. Shumaker appeared on the Fall circuit of the Iowa State Society of Osteopathic Physicians and Surgeons speaking on the subjects of "Amino Acids" and "Modern Osteopathic Education."

This circuit is held annually by the Iowa Society, a meeting being held on consecutive days in each of the six districts of the state. This year the meetings were held in Ottumwa, Cedar Rapids, Mason City, Milford, Jefferson and Red Oak. Dr. J. R. Forbes (DMS '35), of Council Bluffs, president of the Iowa Society, and Mr. Frank Miles, Des Moines, public relations counselor of the society also appeared on the program.

Through the efforts of the newly created department of public relations of the Iowa organization, radio time was secured from four of the state's most powerful stations for osteopathic broadcasts. This represents a new attainment in osteopathic public service broadcasts in Iowa, and it is planned to enlarge the scope of radio presentations in the future.

On Monday, Oct. 6, Dr. Forbes and Mr. Miles presented a program on station WMT, Cedar Rapids, entitled "Periodic Health Examinations — A Program for Better Health." The script was written by Dr. Forbes from material supplied by the American Osteopathic Association's department of Professional and Public Welfare.

On Tuesday, Oct. 7, Dr. Forbes, Mr. Miles and Mrs. K. M. Dirlam, Des Moines, president of the Women's Auxiliary of the Iowa

society, appeared before the microphone of station KGLO, Mason City, broadcasting a program on "Child Health and Welfare." This script was prepared by the radio division of the A.O.A.

Wednesday, Oct. 8, found Dr. Forbes and Mr. Miles presenting the script, "Periodic Health Examinations," on station KICD, Spencer. This broadcast was arranged for the Spencer station while the 5th district meeting was being held in nearby Milford.

The highlight of this series of radio broadcasts was the appearance of Dr. Forbes and Mr. Miles at station KFNF, Shenandoah, Iowa. The facilities of this station were made available to the osteopathic profession while the 2nd district meeting was being held at Red Oak. The subject of this broadcast was "The Progress of the Osteopathic Profession" and the program time was 25 minutes. Mr. Miles assumed the role of lay interviewer and asked Dr. Forbes questions concerning the founding of osteopathy, Dr. Still's concept of the osteopathic lesion and the relationship of structural integrity to health and disease, osteopathic education from 1892 to the present, advantages and opportunities in osteopathic education, and many others. This broadcast was highly commended and well received, and gave the profession an opportunity to present osteopathy to the listening audience of KFNF.

Electrical transcriptions have been made of each of these broadcasts and the society is establishing a radio bureau which will make them available to all sta-

tions for broadcast when it is inconvenient to appear in person.

These broadcasts and the transcriptions are not limited to Iowa. They can be duplicated in any state. Anyone interested in this program can write Dr. Forbes or Mr. Miles and secure full details. Furthermore the society will be pleased to loan these transcriptions to anyone who wishes them. We are sure that a great opportunity exists for a most worthwhile public relations service to the profession through the medium of such radio broadcasts. We earnestly trust that all states will inaugurate a similar program.

Flint Osteopathic Hospital Holds Dedication Oct. 1

On October 1st, 1947, the Flint Osteopathic Hospital, Flint, Michigan, celebrated their first anniversary with a dedicatory service in the afternoon. During which time the Mayor of the City of Flint, the Secretary of the Federal Association of the Church of Christ, and Father DeRose, of the Holy Redeemer Parish spoke.

Dr. R. Raymond Perdue, president of the Flint Osteopathic Hospital Board officiated at the dedicatory service and then served as Master of Ceremonies at the dinner-dance which was held at 7 p.m. at the Hotel Durant. More than 300 Doctors, their wives, and friends attended the banquet. Dr. Edwin F. Peters was the principal speaker of the evening.

The Flint Hospital is one of the most complete and best equipped of the osteopathic hospitals. While the institution is only one year old, it has made an envious record the past year.

DIAGNOSTIC CLINIC

STILL COLLEGE OSTEOPATHIC HOSPITAL

Department of:

Anesthesiology
Cardio-Respiratory
Dermatology and Syphilology
Ear, Eyes, Nose and Throat
Gastro-Enterology
Internal Medicine

Laboratory Diagnosis
Obstetrics and Gynecology
Orthopedics
Pathology
Pediatrics
Proctology

Psychiatry
Structural Diagnosis
Surgery
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Diagnostic Clinic Examinations conducted by Staff Members Only

Complete reports with treatment suggestions furnished referring physicians. Fee includes all departments. For further information write or call:—

DR. F. J. McALLISTER, *Chief-of-Staff*

or

MR. DAVE C. CLARK, *Hospital Administrator*

STILL COLLEGE OSTEOPATHIC HOSPITAL
725 Sixth Avenue
Des Moines, Iowa

New Staff Members

The following new appointments have been made to the faculty of Des Moines Still College of Osteopathy and Surgery:

Dr. Leonard Grumbach of the faculty of New York University, Division of Physiology has accepted the position as Chairman of the Department of Physiology at this institution.

Dr. Grumbach received his Bachelors, Masters, and Doctor of Philosophy Degrees from Cornell University. Upon completion of his doctorate requirements, he accepted a position on the faculty of New York University, Division of Physiology. In 1942, Dr. Grumbach entered the Division of Physiological Medicine of the Army Air Corps. He later transferred to the Infantry and was wounded at Okinawa.

After separation from the service, he returned to his teaching position with the faculty of New York University where he served until accepting a position at this college.

Dr. Grumbach's research studies have been centered in muscle and nerve physiology. He will continue his research program at this institution.

Dr. Grumbach is married and has three children.

Dr. M. P. Moon, of Louisville, Kentucky, joins the faculty on October 13. He will be Chairman of the Department of Bacteriology and Public Health.

Dr. Moon received his Doctor of Philosophy Degree from Cornell University. He also attended the School of Public Health at Yale University.

He served in World War I in the Sanitation Corps.

After the war, he served as a Professor of the Department of Bacteriology and Public Health at the Medical School, University of Missouri. He spent 17 years at the Missouri institution.

During World War II Dr. Moon served as a Major in the United

States Army in the Sanitation Corps.

Mrs. Eula Rae Laverty is our new Laboratory Assistant in the Department of Bacteriology and Public Health. She has a B.S. Degree from the University of Tennessee besides a year of graduate study at the Medical School of the University of Southern California.

Mrs. Laverty has had several years of experience in laboratory work and has also done considerable work in the field of Pathology and will serve as an assistant in our Pathology Laboratory as well.

The Administration, Students, and Alumni welcome these new staff members.

Gifts to the Library

Our request for gifts of books has been gratifying. Because we now have so many volumes, we are confronted by a lack of room. Therefore, we are asking that before you send the books to us, you first send a list, which we may check thereby avoiding duplication in our library.

Dr. Mary E. Golden has given our library a 21 volume set of Clinical Pediatrics Monographs which is greatly appreciated.

Dr. F. M. GeMeiner of Nampa, Idaho, recently gave the library eight cartons of books and magazines.

Dr. Clayton O. Meyers, of Des Moines, Iowa, has made a gift of a number of volumes of books and rare magazines to the College Library.

Birth

Dr. and Mrs. A. S. Barnes of Ester Park, Colorado, are the proud parents of a baby boy born September 21st. Dr. Barnes graduated from Des Moines Still College in the Class of 1939.

(Continued from Page 1)

January 16th

ANAL FISSURE, THEIR CAUSE AND TREATMENT

—Dr. Bernard Jones
Dr. Victor England
Dr. Saul Siegel

January 23rd

RECOGNITION AND MANAGEMENT OF PROSTATIC DISEASE

—Dr. E. F. Leininger
Dr. Kenneth Riggle

January 30th

RETINOSCOPY; MALIGNANCY OF THE NOSE; EMERGENCY THROAT PROBLEMS

—Dr. Verne Wilson
Dr. John Edgerton
Dr. Harry Marshall

*Through arrangement with the panel chairman, any member of each panel of each symposium may use the entire time of each meeting, leaving, however, about fifteen minutes for general discussion.

(Continued from Page 1)

- Dr. J. R. McNeerney**, West Des Moines, '37
- Dr. G. J. Howland**, Decorah, '26
- Dr. C. R. Ayers**, Grant, '38
- Dr. B. D. Howland**, Decorah, '37
- Dr. Geo. C. Keays**, Ankeny, '41
- Dr. T. A. Kapler**, Greenfield, '26
- Dr. Phil McQuirk**, Carroll, '14-'20
- Dr. B. M. Hudson**, Charles City, '21
- Dr. K. George Shimoda**, Marshalltown, '43

OHIO

- Dr. H. J. Long**, Toledo, '16
- Dr. W. S. Peirce**, Lima, '01
- Dr. Grace P. Plude**, Lakewood, '16

MICHIGAN

- Dr. E. M. Schaeffer**, Battle Creek, '23
- Dr. L. P. St. Amant**, River Rouge, '31
- Dr. J. P. Engemann**, Belding, '31

COLORADO

- Dr. Jennie Ione Clark**, Denver, '15
- Dr. John R. Shafer**, Denver, '43
- Dr. H. K. Morgan**, Denver, '37

NEBRASKA

- Dr. W. M. Divoll**, Blair, '14
- Dr. E. A. Purtzer**, Scottsbluff, '31

MINNESOTA

- Dr. John H. Voss**, Albert Lea, '26

ARIZONA

- Dr. E. E. Johnson**, Tucson, '40

WISCONSIN

- Dr. H. Bahling**, Milwaukee, '41

ILLINOIS

- Dr. Pauline Claussen Brown**, Belvidere, '12

KANSAS

- Dr. B. A. Storey**, Iola, '37

SOUTH DAKOTA

- Dr. M. W. Myers**, Hudson, '29

Important Notice

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The Log Book

The Official Publication

DES MOINES STILL COLLEGE
OF OSTEOPATHY & SURGERY

722 Sixth Avenue
DES MOINES 9, IOWA

Entered as
Second-Class Matter
At Des Moines, Iowa.

Entered as second class matter, February 3rd, 1923, at the post office at Des Moines, Iowa, under the act of August 24th, 1912.

THE LOG BOOK

Accepted for mailing at special rates of postage provided for in Section 1103, Act of Oct. 3rd, 1917, authorized Feb. 3rd, 1923.

PUBLISHED MONTHLY BY THE DES MOINES STILL COLLEGE OF OSTEOPATHY & SURGERY

Volume 25

NOVEMBER, 1947

NUMBER 11

CRANIAL COURSES AGAIN SUCCESSFUL



Pictured above are the faculty and 31 members of the Advanced and Intermediate groups of the Post-graduate course in Cranial Osteopathy held last month at the College. Dr. William G. Sutherland, who heads the Cranial teaching group, is shown holding an occipital bone (front row, center), and at the extreme left is Dr. Edwin F. Peters, President of D.M.S.C.O.S. The carved stonework above the group is the new hospital name-plate recently erected over the entrance to the Out-Patient Clinic and X-Ray Department of the institution.

DMSCOS to Celebrate Golden Jubilee

1948 is the Golden Jubilee Year of the Des Moines Still College of Osteopathy and Surgery, Dr. H. V. Halladay, the highly esteemed Professor of Anatomy of this institution for many years, writes: "Dear Dr. Peters:

In the back of my head is a glimmer of an idea about this 50th anniversary next year. It seems to center around the organization of the Alumni into a "Give gold for the Golden Anniversary." Suppose the few of us here in Arizona decide to look thru our old jewelry and find some articles that we will never use. These could be sent to the college as our "gold" contribution. It seems to me that this could be worked throughout the 48 states, Alaska, and any other

place where an appeal could be made on that basis. Let me have your reaction to this idea. Those of us here will be glad to start the ball rolling even though we are few in number."

The president feels that Dr. Halladay's splendid suggestion is one of merit and sincerely trusts that every Alumnus of this institution will support his plan to help make the much needed Out Patient Clinical Building a reality.

Dr. Woods Speaks to Canadian Osteo. Assoc.

On October 24, Dr. John M. Woods, of the teaching and clinical faculty of the college, spoke to the Canadian Osteopathic Association, Niagra Falls. The topic of his address was "Problems in Diagnosis".

Dr. Parisi Guest Lecturer at Des Moines Still

Dr. Fiore A. Parisi of Yarmouth, Maine, D.M.S.C.O.S. '22, for the past two weeks, commencing on Monday, November the third, has given a series of lectures in Pathology to the students of this institution. Dr. Parisi is an outstanding authority in the field of Pathology having devoted his professional life to this specialty. For fifteen years, Dr. Parisi has served his profession as a Pathologist at the Osteopathic Hospital at Yarmouth, Maine, as well as having been a visiting lecturer throughout New England in his chosen field.

His lectures at the college have

(Continued on Page 4)

The Seventh Biannual Post-graduate Course in Cranial Osteopathy was held September 29 to October 25, 1947. A total of 59 physicians representing 23 states and two provinces of Canada were enrolled for this postgraduate program. According to all reports, each returned to his practice with renewed enthusiasm and a vaster comprehension of this relatively new osteopathic cranial concept.

The original founder of cranial manipulative therapy, Dr. William G. Sutherland, as in previous cranial programs at Still College, headed the well-qualified faculty of doctors who so ably presented the abundance of scientific data and practical applications of technic to the members of the postgraduate student body. Dr. Sutherland's inspiring lectures are not soon forgotten; they indeed offer much food for thought.

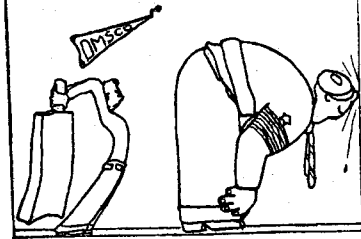
Heading the list of lecturers for these courses was Dr. Paul E. Kimberly, Chairman of the Department of Cranial Osteopathy at Des Moines Still College of Osteopathy and Surgery and for many years Chairman of the Department of Anatomy. Dr. Kimberly's lectures are always a source of much amazement and wide-eyed astonishment because of his ability to extricate more and more detail and structural significance from such obvious anatomical regions as the nose, the hard palate and even the ears. Other lecturers in anatomy and technic included Dr. Rebecca Conrow Lippincott, Moorestown, N. J.; Dr. Raleigh S. McVicar, The Dalles, Ore.; Dr. Kenneth E. Little, Kansas City, Mo.; and Dr. William A. Newland of Seattle, Wash. The remainder of the Cranial faculty included Drs. Chester L. Handy, Thomas F. Schooley, and Harold I. Magoun, demonstrators of technic.

The three courses offered — Basic, Intermediate and Advanced — each presented a somewhat different aspect of the various problems facing the physician who may be only beginning to use this new osteopathic tool, or who may possess varying degrees of adeptness in the therapeutic application of this concept.

In addition to lectures and demonstrations of technic and manipulative practice, numerous clinical cases were presented before the several groups, each with

(Continued on Page 3)

FRATERNITY NOTES



O.W.C.C.

The Osteopathic Women's College Club held a bazaar on Saturday evening, October 18th, at the Phi Sigma Gamma Fraternity house. During the course of the evening, a cake walk, white elephant sale, and an auction of cakes, pies, candy, etc. was held. A good turnout was appreciated. Entertainment was plentiful during the evening, thanks to Messrs. Brochu and Ankeny. Plans are in the offering to make the bazaar an annual event.

ΦΣΓ

At the regular monthly meeting held October 22nd, the following were elected to serve through the winter semester of the accelerated program: **Edward J. Brochu**, Archon; **Eugene M. Lewis**, Sub-Archon; **Ralph A. Gaudio**, Pronatarius; **Wm. Karl Graham**, Crusophulax; **John B. Farnham**, Phulax; **Victor L. Brown**, Exastase. The entire chapter congratulates the new officials and pledges its support for a successful tenure of office.

The belated celebration in the nature of the Halowe'en Semi-Formal Dance held Saturday night, November 1st, was one of the outstanding social events of the semester. Dancing to the music of Frankie Marketti's orchestra, more than one hundred couples maneuvered through the confetti and enjoyed the revelry.

The deferred rushing program as established and operated by the Still College Interfraternity Council came to a climax Monday, November 3rd, when the following new students declared their preferences and were accepted by Phi Sigma Gamma:

James L. Beal, **William Borkosky**, **Norman A. Bomengen**, **Richard P. Carpenter**, **Charles E. Chambers**, **Richard DeBard**, **Phillip A. DiSalvo**, **Dale N. Dodson**, **William L. Elston**, **Robert T. Harrison**, **Sanford S. Herr**, **V. Jack Hessey**, **Robert J. Hindman**, **Walter R. Hoffman**, **Gordon K. Howland**, **Llyod B. Hoxia**, **John P. Hutchins**, **Allan A. Ingenito**, **James G. Lott**, **Charles G. Martin**, **T. Roy Massin**, **Dr. Edward Minnick**, **Paul W. Panakos**, **Thomas C. Reed**, **Edward C. Reuter**, **Erle Reynolds**, **Allen G. Schmidt**, **William E. Smeltzer**, **Paul E. Terrell**, **Dr. William F. Tesky**, **Carroll G. Thompson**, **Robert D. Wirt**, and **Leonard N. Wood**.

We of the active Chapter of Phi Sigma Gamma, are honored by their choice and welcome the new pledge brothers into this fraternity. We are sure that our relationship will always be a happy one.



The Beta Chapter of Delta Omega held its monthly meeting at Mrs. Doty's Tea Room. The guests present were **Dr. Barnes**, Dean of Women of the Chicago School of Osteopathy, and **Elena Parisi**, Freshman A student. After dinner the initiation of **Adeline McCormick** took place. We wish to congratulate her and welcome her as an active member. Plans were made to have the next active meeting at the home of **Mrs. Cash**.

On the evening of November 6, the coeds were invited to a spaghetti dinner at the home of **Dr. and Mrs. Peters**. The dinner was held in honor of **Dr. Dorothy Diener** who is going to Philadelphia School of Osteopathy where she will study therapeutics and medicine.

It was unanimously agreed among the coeds that Mrs. Peters recipe of spaghetti "a la Greenwich Village" was really out of this world. We also agreed that Mrs. Peters truly appreciates good music. **Thank you for a lovely evening Mrs. Peters!**

ITΣ

On the evening of October 3rd the Iota Tau Sigma fraternity celebrated the Des Moines Still College Homecoming by holding a Smoker in the American Room of the American Institute of Business Hall. The meeting afforded the visiting Alumni an opportunity to renew old acquaintances and further their professional training. It was interesting to note that at the Smoker the Doctors were swapping experiences to the benefit of all present. Perhaps one of the highlights of the evening was the meeting of **Dr. Long** from Toledo, Ohio, and **Dr. Englund** from Des Moines, Iowa, for the first time since their graduation. While in school together these Doctors were teamed in a piano playing-singing combination which afforded much entertainment to the clubs in and around Des Moines as well as being a source of remuneration to the two students. To demonstrate that their accomplishments were not a lost art these two old classmates entertained, much to the enjoyment of everyone. **Drs. Sloan, Luka**, and **Woodmansee** from Des Moines were present, and each participated in a short talk to the students. **Dr. Breese** of Lakewood, Ohio, spoke at length of the advantages to the Osteopathic Physician of the present law in Ohio. **Dr. Craig** of Cresco, Iowa, found time to drop in for a short chat.

The evening was terminated with a lunch and general singing session.

On the evening of October 10th, the second degree was given to **Brothers Chapman, Moylan, Reuter** and **Savarese** at the office of **Dr. Sloan**, the Supreme Deputy

of the Chapter. Alumni at that meeting were **Drs. Sloan, Englund, Hatchitt**, and **Luka**, all from Des Moines. A special guest for the evening was **Dr. Logan** from Dallas, Texas. It was a pleasure to have Brother Logan with us on that occasion as he now holds the office of First Vice President of the National Iota Tau Sigma Fraternity.

Brother Logan entertained **Brothers Chapman, Moylan, Reuter, Savarese, Roberts, Wilson** and **Blackler** as his guests at a dinner on October 16th, and at that time acquainted these men with the excellent and enviable situation which the Osteopathic Physicians have attained in his home state of Texas.

It was the pleasure of the Fraternity to confer the Third Degree on **Brothers Moylan, Savarese, Chapman** and **Reuter** at the home of **Dr. Sloan** on October 24th. Alumni guests at that meeting were **Drs. Englund** and **Luka**.

—K. S.

ATLAS CLUB

At the Senior Basquet held November 7th, at Mrs. Doty's Tea Room our graduating senior **Dr. George Moylan** was awarded his fraternity key and past-president's mallet, symbolic of having held the office of Noble Skull in the organization.

The new officers, elected at the regular business meeting on November 3rd, were presented to the fraternity members and the alumni present. Those assuming office at the banquet were **Dick Pascoe**, Noble Skull; **Bill Robbins**, Occipital; **Wilbur Kiehlbaugh**, Sacrum; **Bob Johnson**, Pylorus; and **Dan Kegel**, Stylus.

The following men were accepted into the fraternity as new pledges recently: **John Moores, Ken Frye, Jack Woods, Eric Johnston, Irwin Groff, Horace Purtzer, Ed Zarnoski, John Hodges, Mike Angnos, Bud Barnes, Jim Connelly, Jack Rennoe, Harry Wurst, Sturgis Johnson, Bill Beckett**, and **Jim McKeaver**. The active members of the Atlas Club wish at this time to welcome these new men and congratulate them on their acceptance into the fraternity.

Dr. Fred Campbell acted as toastmaster at the Senior banquet. Among the alumni members present were **Drs. H. A. Barquist, H. A. Graney, F. J. McAllister, Paul Parks, B. W. Jones, P. E. Kimberly, Carl Nagy, Larry Abbott** and **Gordon L. Elliott**.

On Monday, November 10th, **Dr. Parisi** was the speaker at our last regular practical work-night. **Dr. Parisi** spoke on Medical Education in the United States from its inception up to the present time, with particular emphasis on the Osteopathic phase. The evening was enjoyed by all who attended.

The Atlas Club wishes to ex-

tend an open invitation to all interested persons to attend a grand party to be held on Saturday evening, November 11th, in the American Room of the American Institute of Business, at Tenth and Grand Aves. **"Remember men,—the boom drops at eight!"**

AOΓ

The hob goblins extended their visit this year to attend the L.O.G. Halowe'en party haunted at the Burns house. The ghosts were 13 L.O.G.'s and their witches—an appropriate number indeed! Real old fashion games kept the session going 'til the wee hours of the morning. Still can't figure out whether **Dr. Racher** or **Dr. Ivins** successfully kept their ears dry during the apple bobbing.

Friday night, November 14, marked the initiation of our two new brothers, **Leonard Ivins** and **Murry Goldstein**. Initiation was held at the J.C.C. and was followed by dinner at the Tallyho in honor of our new brothers and six pledges: **Sid Adler, Herbert Ginsberg, Bernard Goodman, Ed Kornhauser, Myron Magen**, and **Harvey Silvert**.

L.O.G. takes this opportunity to congratulate all the freshmen on their choice of fraternities. With the great number of new members we feel certain that the Interfraternity council will become a more effective force in our school.

—A. & L. K.

Hospital Notes

The hospital is very happy to announce the organization of the Department of Pathology so that a direct-by-mail Pathology Diagnostic Service is now available to all members of the profession. This fills a long felt need for various smaller institutions that do not employ a full-time pathologist. Arrangements are now possible by which individual physicians, clinics, and small hospitals may have a complete Pathology Diagnostic Service available on a case basis so that all specimens removed in surgery may have a Registered Pathologist's report to back up a surgeon in whatever community he may be practising. Mailing containers are now available so that regardless of distance, specimens may be mailed to the Pathology Department of the hospital and a complete report may be returned to the referring physician in a matter of hours. A full time residency in Pathology has been created which cooperates with the professional training program for that specialty so that more pathologists can be trained and certified.

Due to the overcrowded condi-

(Continued on Page 4)

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY & SURGERY

Acting Editor
SIMON S. INDIANER
Assistant
MORT LEVIN

Osteopathy Without Limitation

Osteopathy

Medicine has suffered fatalities
By treating "symptoms" instead
of disease.

That is, until Old Andrew Still
Found a way to cure the ill.

He felt the body as a whole
Where every part does play a
role,
Possessed the power to cure its
ills
Without engulfing "sugary pills."

The Vertebral column and sacral
mass,
Where to and fro the nerves do
pass,
May be perverted by a lesion
(—which allopaths called "utter
treason")

And thru this disturbed articular
motion
Comes a maintained functional
commotion,
Thus, by applying proper mani-
pulation
We may restore the disordered
articulation.

And so in the Era of Osteopathy
No suppressing of symptoms—
but true recovery!

—S. S. I.

The President Chats

Understanding Others

Every organized profession owes to a major degree its professional advancement and growth to the members of society who are not affiliated with that particular organized group. The Osteopathic Profession is no different than any other organized profession. If interested laymen did not make a contribution to the efforts of organized osteopathy, our glorious profession would not have achieved the recognition that it has today.

It is imperative that people of all walks of life develop a higher degree of UNDERSTANDING. An understanding not only of themselves but of the problems of others. Many are the reasons for the lack of understanding, yet it is surprising how few people have a true understanding of the needs of others in the various fields of professional pursuit.

Understanding must be accompanied by tolerance, happiness, and a willingness to work. The day has passed in American life

when we can simply live and work unto ourselves. We must necessarily associate ourselves closely with people of all walks of life; people of every profession and vocation. We must understand them as well as be understood by them.

A few years ago the Des Moines Still College saw the need for enlargement and advancement. Two of our local doctors had a dream. A dream of a new hospital for the teaching of our students. But this dream could not have been realized without the aid of an outsider who had an understanding of our problem. He was willing to give many hours of his valuable time towards the realization of this dream.

Mr. Nelse Hansen, of the City of Des Moines, realized the prob- and of the Des Moines Still College of the Osteopathic Profession lege. Mr. Hansen assumed a thankless task; he assumed an undertaking that required great understanding. Understanding of why pledges were not paid at the date of maturity; understanding of the problems of the purchasing and the securing of materials for the completion of the hospital; an understanding of frailties and the weaknesses of those with whom he was working. Over a period of more than four years, Mr. Hansen has averaged better than four hours a day of his time, given freely without recompense or remuneration, so that an organized profession might move ahead. Mr. Hansen truly had an approach to the understanding of the difficulties of others, and through his efforts this institution today has a hospital. His efforts cannot be described in words; his efforts can only be considered as a monument to a noble character.

At the Homecoming Banquet at the Hotel Savery, on October 4th, 1947, Mr. Gibson Holliday, Chairman of the Board of Trustees, presented to Mr. Hansen a beautiful gold Hamilton wrist watch. The value of said gift is meaningless as compared with the services rendered by Mr. Hansen. However, the spirit of the presentation showed in part the appreciation of the whole profession for the services rendered to organized osteopathy. The watch bore the inscription "To Nelse from D.M.S.C.O.S., October 4th, 1947," and while we appreciate beyond words the services which were rendered, we are more deeply appreciative of the spirit of understanding that Mr. Hansen had for organized osteopathy. It was through that spirit that our hospital was made possible. We salute personalities like Mr. Nelse Hansen, and may we all develop more qualities like Mr. Hansen.

**Help Your Profession Help
You by Contributing Now
to the Osteopathic Progress
Fund.**

Alumni Honored by Flint Hospital Staff

Dr. H. H. Kesten and Dr. L. R. Kesten, graduates of DMSCOS, were honored by the Staff of Flint General Hospital and friends at Dor-Lou estate, Flint, Mich.

The occasion was to celebrate their election as senior members of the American College of Osteopathic Surgeons at the recent convention in Los Angeles.

Osteopathic Pharmacy

Dr. Wm. F. Tesky, of the Department of Pharmacology, lectured at the October 3rd session of the Symposia of the Des Moines Still College of Osteopathy and Surgery. The title of his address was "Drug Standards in Osteopathic Pharmacy." The various Standards of the American pharmaceutical organizations were carefully outlined in Dr. Tesky's address as well as the requirements for membership in the U.S.P. Convention.

To quote from Dr. Tesky's address: "The term Pharmacy has been considered by some to be antagonistic to Osteopathic principles. In the modern concept of Osteopathy, pharmacy constitutes an integral step in Osteopathic Treatment, being coordinated with Osteopathic Manipulative Treatment,—presenting a new field of 'Modern Osteopathic Pharmacy'."

Dr. Edward Minnick, laboratory instructor in Clinical Pathology and student at DMSCO assisted Dr. Tesky at the Symposia. Dr. Minnick spoke primarily on the fallacious use of antibiotics.

Cranial Courses

(Continued from Page 1)

the history, examination findings, x-ray studies and reports, diagnosis, and treatment as outlined. Several of these clinical studies were given neurological examinations, and both the procedure and the results were discussed. Included in the cases presented were such conditions as progressive muscular dystrophy, platybasia, Parkinson's disease, multiple sclerosis, and other neurological and structural disorders.

The Des Des Moines Still College of Osteopathy and Surgery is indeed proud to be able to offer to the profession such an excellent and well-received postgraduate program as these courses in Cranial Osteopathy. Much of the credit is due to the ever-present guiding influence of the originator of this concept,—a benefactor whom we are proud to have on our faculty—Dr. W. G. Sutherland.

Already plans are underway for another banner postgraduate course in Cranial Osteopathy next Spring. Consult the Log Book for future announcements.

Dean's Letter

Now that the Fall semester is well advanced it seems appropriate to present some general enrollment figures to you, that you may keep abreast with the progress of your College.

At the opening of the semester, 71 new Freshmen were enrolled, of whom 69 remain in school today. This fine group of young men and (one) women has been carefully selected for their generally outstanding ability as students and for the sincerity of their desire to become Osteopathic physicians. They constitute 40% of the total enrollment of the college.

Veterans

Nearly 80% of the Freshman class are war veterans, who show a seriousness of purpose in pursuing this course of professional study. Many are married and have families.

States

The Freshman come to us from 21 states and Canada. The greatest number (18) come from Iowa, followed closely by Michigan with 14, Ohio with 7, and New York with . Canada sends us 2 new students.

Preosteopathic Education

The average student in the class has spent more than three years in college. Seven students possess A.B. degrees, and three students have B.S. degrees. One Freshman has the degree, M.A. They come to use as representatives of 47 pre-osteopathic schools, all of which are recognized and reputable colleges, and distributed throughout 21 states of the union and Canada.

It is a notable fact that many colleges now have pre-osteopathic counselors as well as pre-medic counselors who assist students in planning their studies preparatory to the study of osteopathy.

Members of the profession may feel gratified in knowing that the schools from which they received their D.O. degrees are functioning on a high instructional level and are continuously producing highly trained young people to augment the professional ranks.

Dr. C. Gillaspay Visits Chicago

Dr. Carrie Gillaspay, Professor in the Department of Anatomy, secured new models, slides and equipment for our expanding Anatomy Department on her recent trip to Chicago.

While in Chicago she visited the Anatomy laboratory of the Chicago School of Osteopathy, Loyola Medical School, and the Chicago School of Medicine. She has secured a new movie showing some recent advances in anatomical research. The film will soon be shown to her classes.

Parisi

(Continued from Page 1)

been a most comprehensive series. Dr. Parisi is a graduate of Colgate University in 1921. He then attended the Medical School at Harvard University from 1921 to 1924, and graduated from the United States Medical Field Service School at Carlisle, Pennsylvania, in 1930. Upon completion of the work at the United States Field School, he entered the Des Moines Still College of Osteopathy and Surgery, graduating in 1933.

He is a veteran of World War I and World War II, and at the present time is a retired Major in the Army Medical Corp.

Dr. Parisi is a former Professor of Pathology at this institution and is the father of eight fine children. Three, namely, Elena, Herbert, and Nunzio are in this school at the present time, and according to the good doctor the remaining five of his children will enter this institution as soon as they have completed their pre-medical work.

It is always a pleasure for this institution to have our old graduates return for a period of time to visit the school and to render a service to the institution by helping instruct our students. Dr. Parisi has given very generously of his time during the two weeks he has been on the campus and is in constant demand for consultation regarding the problems constantly arising in the field of pathology.

We anxiously await the return of Dr. Parisi to this institution next year for another of his splendid series of lectures.

Hospital Notes

(Continued from Page 2)

tions in the Out-Patient Department, the department of Cranial Osteopathy has been moved into the College building across the street. This now gives us better service for the patients under

cranial treatment as well as making four more treatment rooms available for the department of Internal Osteopathic Medicine.

By the time this reaches you there will have been a new department opened under the head of a specialist. It will be known as the department of Foot and Leg Conditions. This will cover all conditions of the feet as well as the more common peripheral vascular diseases. This adds one more department to the ever-expanding Diagnostic Service of the hospital which, by the way, is growing by leaps and bounds. Physicians having diagnostic problems are asked to communicate with the hospital before sending in patients for this Diagnostic Service.

Cranial Study Groups Meet

In Waterloo

On November 6th, the Iowa Cranial Association held its regular monthly meeting at the Hotel President in Waterloo, Ia. About 25 osteopathic physicians were present to enter into the discussions and practical applications of technic following the program speaker, **Dr. J. J. Henderson** of Clear Lake, Ia. Dr. Henderson discussed the pathology of sinusitis. **Drs. B. A. Adams** and **P. E. Kimberly** demonstrated the technic applied to the facial skeleton.

In Fort Dodge

The next regular meeting of

the Iowa Cranial Association will be held on December 11th at the Warden Hotel in Fort Dodge, Ia. The speaker for that meeting will be **Dr. Gordon L. Elliott** of the Cranial Department of D.M.S.C. O.S. His subject will deal with the problem of Cerebral Palsy and its Treatment.

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DIAGNOSTIC CLINIC

STILL COLLEGE OSTEOPATHIC HOSPITAL

Department of:

- | | | |
|-----------------------------|---------------------------|----------------------|
| Anesthesiology | Laboratory Diagnosis | Psychiatry |
| Cardio-Respiratory | Obstetrics and Gynecology | Structural Diagnosis |
| Dermatology and Syphilology | Orthopedics | Surgery |
| Ear, Eyes, Nose and Throat | Pathology | Urology |
| Gastro-Enterology | Pediatrics | X-Ray |
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or

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STILL COLLEGE OSTEOPATHIC HOSPITAL

725 Sixth Avenue

Des Moines, Iowa

The Log Book

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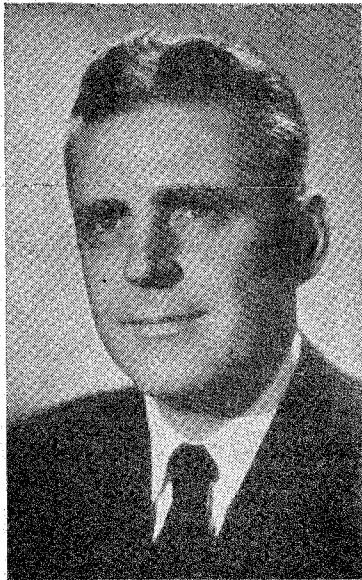
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Volume 25

DECEMBER, 1947

Number 12

The President Chats



Edwin F. Peters, Ph.D.

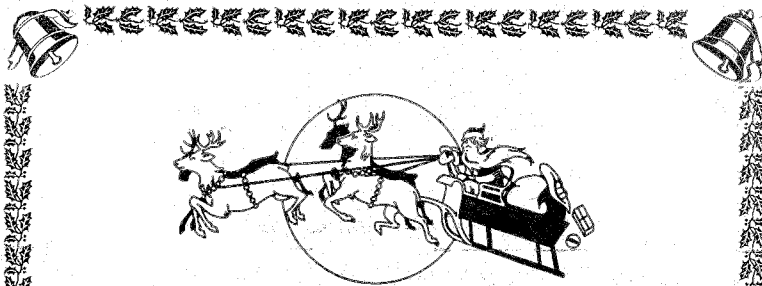
Happy, Happy Christmas is that season of the year that carries us back to the delusions of our childhood days, recalls to the adult the pleasures of his youth, and transplants the person who is amongst strangers back to his own fireside and pleasant home.

As we approach that most glorious of all seasons of the year with its whirl of social activities and personal pleasures, let us not abstain from sharing our rich endowments with those who have not been so fortunate.

1947 has been a good year for your old Alma Mater. New laboratories have been constructed, much new scientific equipment has been purchased, the personnel of the college has been greatly increased, and 175 students from 29 states and the Dominion of Canada are now crowding the walls of your school. 1947 has been a significant year for Osteopathy. As the year draws to an end, let us all be grateful for the past year and determine that 1948 will be still a greater year of your college.

May this Christmas season bring joy and happiness to all and the new year be one of peace and success.

Help Make
Des Moines the
Mecca of
Osteopathy



Season's Greetings

Perhaps more aware of the great strides of progress made by the Des Moines Still College of Osteopathy during 1947 than any other group, we wish to extend to all our readers a note of appreciation and gratitude for the splendid support which has come to the college from the profession.

We may look at the accomplishments of the past year with justifiable pride and a keen sense of responsibility to the profession for our future. The generosity of the profession has enabled us to accomplish in the field of education tasks which could previously only have been dreamed. We appreciate not only the financial assistance but the moral support and loyalty of our alumni as well. At the dawn of a new year we feel encouraged and resolve to continue to offer the best in osteopathic education. We resolve to co-operate with our loyal constituents in planning and executing our program of balanced expansion and academic excellence. We are resolved to devote our every energy toward recognition in the educational world for our accomplishments, and recognition by the public of our service to humanity.

We express for all our readers a hopeful wish for a Happy, Prosperous and Peaceful Year of 1948.

THE BOARD OF TRUSTEES
THE ADMINISTRATION STAFF
THE FACULTY
THE NURSING STAFF
THE EMPLOYEES
THE STUDENTS

Dr. Peters Guest Lecturer at Tucson Convention

A state meeting of the **Arizona Osteopathic Society** was held at Tucson, Arizona. Of the five nationally known speakers at the Convention, **Dr. Peters** was selected to represent the colleges.

Drs. Winslow, Fredericks, and Halladay met Dr. Peters' plane upon its arrival. Dr. Peters brought with him a new movie of the college and hospital. That evening at the home of Dr. H. V. Halladay these motion pictures were shown.

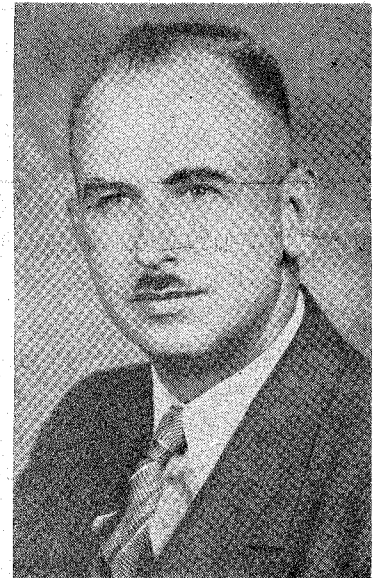
Saturday afternoon Dr. Peters

gave a broadcast; spoke at the banquet Saturday night, gave a talk on the colleges at a breakfast; and then spoke on Psychiatry Sunday morning.

Dr. H. V. Halladay, former Professor of Anatomy, DMSCOS, was kind enough to write the school in response to Dr. Peters' visit. An excerpt from his letter which is of deep interest to all of us may be included here:

"On June 8, 1948, Still College will be fifty years young. Between now and that date, Still College Alumni should clear the college of all indebtedness, and make it possible for Dr. Peters and his able faculty and board to complete many of the plans he has for Osteopathy and Still College."

Dean's Letter



John B. Shumaker, Ph.D.

With this issue of the Log Book we extend to you the best wishes of the season and a happy and prosperous New Year.

Countless people in the world will not be looking forward to appreciable relief from their distress, suffering, and starvation. To many, the war is still vivid in memory, and stark reality of their condition is only too apparent.

We are indeed fortunate in being Americans, and in so being, we must never forget the principles upon which our democracy is based. Let us ever remember to give assistance within the limits of our ability to someone who may be less fortunate.

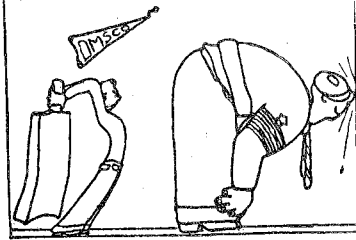
This is the spirit of Christmas. May it be extended to apply during every day of the year.

Still College Represented at Ames Meetings

On Wednesday, November 12, **Dr. J. B. Shumaker** attended a meeting of the Ames Section of the American Chemical Society at Iowa State College, Ames, Iowa.

On Friday, November 14, **Dr. M. P. Moon** and **Dr. J. B. Shumaker** attended an organizational meeting of a new section of the Institute of Food Technologists to be formed at Iowa State College, Ames, Iowa.

FRATERNITY NOTES



ΦΣΓ

The graduation of the Senior Class, November 14th saw our newest alumnus, **Dr. Wilmot Mack**, started on his professional career with an internship at the Still College Hospital. We all miss Brother Mack at the house and know that his enthusiasm and interest will be an asset to the interne staff at the Hospital.

The policy of Senior "A" students serving as full time internes at the Hospitals in the City has again been effected. **Brothers James Allender and Marvis Tate** have been assigned to the Wilden Osteopathic Hospital, while **Brothers George Evans, Karl Graham, and E. A. Hughes** are serving in the Still College Hospital. All are enthusiastic about the training schedule and are of the opinion that Still College students are getting the highest type of instruction possible.

Phi Sigma Gamma was honored with a visit November 29th, by one of our past presidents, **Dr. Vernon (Mickey) Clausing** and his wife **Cleo**. **Brother Clausing** graduated in June, 1945, and accepted an internship at the Madison Street Osteopathic Hospital, Seattle, Washington. On completion of this service, he and his brother, **Herbert Clausing**, opened a Clinic in Renton, Washington and have enjoyed great success. **Brother Clausing** brought word of another of our past presidents, **Brother Merl B. Morey**, who completed his internship at Madison Street Hospital last October, and immediately moved into a suite of offices in a suburb of Seattle. **Brother Morey** is extremely popular and already has a good practice built up.

ITS

We are proud of the fact that we were able to have two work sessions this month. On the evening of Friday, November 7th, a work night was held at the Y. M. C. A. We were pleased to have as our speaker, one of our local alumni, **Doctor Victor Englund**, who spoke on "Proctology and the Essentials of a General Practice." **Doctor Sloan**, our chapter Deputy, was also in attendance. After the lecture by **Doctor Englund** and a short technique session, the meeting was adjourned.

Our second work night was held on the evening of Friday, November 21st at the clinic waiting room in the College building. We were fortunate to have as our guest speaker, **Doctor Julian Strass**, who is now in charge of the Foot Clinic at the Hospital. **Dr. Strass** has his de-

gree in Podiatry and is licensed to practice in New York and California. **Dr. Strass** brought up many practical points in his informal talk that will help us take care of foot and leg complaints that come to our attention in general practice. We welcome **Dr. Strass** who is planning on enrolling as a freshman in Osteopathy this coming semester. A short business meeting followed.

We are pleased to announce the pledging of the following nine students: **B. B. Baker; R. L. DeFord; B. F. Doherty; L. B. Hoxie; J. A. Laverty; Fergus Mayer; C. J. Skrocki; T. M. Willoughby; T. R. Wolf.**

We wish to compliment you on your wise choice and welcome you to our fraternal fold.

Last month we failed to tell you that **Brother Woodmansee** finally made up his mind, picked up his shotgun and decided to brave the enchanting playground of the Pacific Northwest (to be specific, Portland, Oregon). We wish you success, **Brother Jim.**

AOΓ

The regular semi-monthly meeting of the Calavana Chapter of L.O.G. was held Monday, November 24, at the College.

It has been decided to present a series of speakers. Of special interest will be the emphasis placed on cranial study in these lectures. First of this series will be held on Monday, December 15, at 7 P. M. at the college. The speaker will be **Dr. Leonard G. Grumbach**, head of the Department of Physiology, who will talk on the subject of Nervous Physiology.

We wish to congratulate **Brother Simon Indianer** for winning the freshman scholarship award, which is given yearly to the individual maintaining the highest scholastic average in his class.

The Freshman B. class deserve a vote of thanks from all, for the wonderful work they did for the school as the results of the proceeds from their Thanksgiving Turkey Raffle.

Brother Herman Fishman celebrated Thanksgiving holiday by becoming engaged to **Miss Selma Levine** of Denver, Colorado. Wedding and Christmas bells will ring in unison for them.

A. & L. K.

ΔΩ

The Beta Chapter of Delta Omega held its monthly meeting at the home of **Dr. and Mrs. Cash.**

Dorothy Mullin, President of Delta Omega, was elected Secretary-Treasurer of the Interfraternity Council which has just recently reconvened. After the business meeting **Dr. Cash** gave a talk on x-ray therapy which was very interesting and enlightening. Refreshments were served by **Mrs. Cash**, and **Dr. Stoddard** entertained the group with fine selections of piano moods, from classical to "The St. Louis Blues". The chapter wishes to thank **Dr.**

and **Mrs. Cash** for their generous hospitality.

Mrs. Graney has invited the sorority to a Christmas party which is to be held at her home. This will be the last meeting before Christmas vacation.

Most of the active members plan to go home for the Christmas vacation with intentions of getting caught up either on sleep or study—they hope!

Delta Omega wishes to extend Christmas and New Year Greetings to the faculty, student body, alumni, and friends.

Hospital Notes

Something new has been added to the Diagnostic Service at the hospital. The new Podiatry Department is now established and functioning smoothly. Announcement of personnel for the department will be found elsewhere in this issue.

A new record was established recently when on a Monday seventeen operations and three O.B.'s were performed in one day at the hospital. From an operative standpoint this is the best day that the hospital has had since its opening. The daily census continues to climb. Twice since the opening it has been necessary to turn down patients because the hospital has been full.

Some of the rooms in the nurses' quarters of the hospital have been converted to patient rooms. This increases the hospital capacity by six beds.

The Out-Patient Department on the first floor continues to be crowded even though the Cranial Department has been moved to the college building. The Department of Internal Osteopathic Medicine now occupying those quarters.

MERRY CHRISTMAS AND HAPPY NEW YEAR FROM THE HOSPITAL.

Interfraternity Council Reorganized

The Interfraternity Council was reorganized November 20, at the request of the Atlas Club.

The object of the reorganization of the Interfraternity Council is to maintain closer friendly relationships among the fraternities and the sorority; to set up a competitive sports program and, as it has done in the past, to regulate rushing of pledges, along with any other problems that may arise among the organizations.

The Interfraternity Council is composed of a representative from each of the active fraternities, the sorority, and a faculty advisor. The fraternity and sorority representatives are:

Paul P. Walter—Atlas Club; **Dorothy Mullin**—Delta Omega; **Bryce Wilson**—Iota Tau Sigma; **Herman Fishman**—Lambda Omicron Gamma; **Ken Roberts**—Psi Sigma Alpha; **Paul G. Dunbar**—Psi Sigma Gamma.

The main order of business at the Interfraternity meeting was the election of officers.

President—**Paul P. Walter**; Vice Pres.—**Ken Roberts**; Sec.-Treas.—**Dorothy Mullin.**

The next meeting will be held Dec. 18.

Books for Physicians

The College Book Store is offering a new service to the busy physician, that of filling the doctors' needs. Each month the Log Book will carry a list of worthwhile books which should prove of interest to many doctors. **Mrs. Lucile Williams**, manager of the College Book Store is desirous of rendering service in securing books and supplies for the Physician.

ORDER YOUR BOOKS FROM THE COLLEGE BOOKSTORE

Billings: HANDBOOK OF ELEMENTARY PSYCHO-BIOLOGY & PSYCHIATRY, 1945.....	\$ 2.50
Cope: EARLY DIAGNOSIS OF THE ACUTE ABDOMEN, 1947	4:50
Dooley & Holmes: PRACTITIONER & INTERNS HANDBOOK, 1944	3.00
Main: SYNOPSIS OF PHYSIOLOGY, 1946	5.50
Eggleston: ESSENTIALS OF PRESCRIPTION WRITING, 1947	2.00
Millard & King: HUMAN ANATOMY & PHYSIOLOGY, 1946	3.00
Solomon & Yakovlev: MANUAL OF MILITARY NEURO-PSYCHIATRY, 1945	6.00
Mueller-Deham: INTERNAL MEDICINE IN OLD AGE, 1942	5.00
Lowsley & Kirwin: CLINICAL UROLOGY, Vol 1 and 2 (set), 1944	10.00
Cabot & Adams: PHYSICAL DIAGNOSIS, 1943.....	5.00
Manson-Bahr: SYNOPSIS OF TROPICAL MEDICINE, 1943	2.50
Grants: ATLAS OF ANATOMY, 1947	10.00

Add 15c for Handling and Postage

The Log Book

The Official Publication of
DES MOINES STILL COLLEGE
OF OSTEOPATHY & SURGERY

Acting Editor
SIMON S. INDIANER
Assistant
MORT LEVIN

Osteopathy Without Limitation

Alumnus Elected to National Board

Dr. J. Clark Hovis, who graduated from Des Moines Still College of Osteopathy and Surgery in 1928, has been honored by election to the National Board of Governors of the American College of Osteopathic Surgeons at the recent conclave held in Los Angeles, California.

Dr. Hovis has practiced in Highland Park for 18 years. He is a member of the Highland Park Civil Service Commission, and the Detroit Osteopathic Hospital surgical staff.

Dr. Hovis is a past president of the North End Lions Club, and also of the Wayne County Association of Physicians and Surgeons of Osteopathic Medicine, Inc. He is at present the association's National Hospital Inspector. Dr. Hovis is also a member of Zion Lodge No. 1, Masonic Order, and an honorary member of Sigma Sigma Phi.

Dr. Hovis, who resides at 36 Eason avenue, is married and has two children, Patricia, 16, and James, 11. He is a graduate of Highland Park high school, Junior College and the Des Moines Still College of Osteopathy.

Local Study Group Formed

The newly organized Des Moines Cranial Study Group held the first of a series of weekly evening meetings at the College on Wed., Nov. 19. The second meeting was held on Nov. 26, and a third on December 3.

This group is composed of **Drs. John H. Fox, Beryl Freeman, Mary Golden, C. Ira Gordon, Faye Kimberly, C. E. Seastrand, Anna Slocum**, and in addition, four members of the faculty of D. M. S. C. O. S.: **Drs. Rachel H. Woods, Byron E. Laycock, Paul E. Kimberly and Gordon L. Elliott.**

The Des Moines Cranial Study Group was instigated and organized primarily by the members of the College faculty because they felt the need for just such a group to work out together the many problems which arise daily with regard to this phase of osteopathy.

On December 11, all the members traveled to Fort Dodge to take part in the regular monthly meeting of the Iowa Cranial Association.

Turkey Raffle A Success

The Freshman "B" class created their own Thanksgiving atmosphere recently with a turkey raffle and party. The ten cent tickets were sold to students, faculty, and friends. The drive was well under way three weeks before the holiday with freshmen students dispensing ducats with an amazing display of salesmanship. **Drs. Peters and Shumaker** started the drive off with an initial purchase. Four big tom turkeys weighing an aggregate of 86 pounds "on the hoof" were given away—three of them to lucky ticket holders, and the fourth to the best salesman in the class.

Members of the hard working committees were: Ticket sales: **Bud Barnes**, chairman; **Jack Hesse**, **Sid Adler**, **Sturgis Johnston**, and **Phil Di Salvo**; Advertising: **Bruce Thayer**, chairman; **Mike Angnos**, **Bill Harmon**, **Charlie Updegraf**; Social: **Elena Parisi**, chairwoman; **Bob Henderson**, **Bob Hindman**, **Chuck Chambers**, **Gerhardt Fitz**, and **Bill Becket**. Financial: **Norm Bomengen** and **Dick De Bard**; Turkey catcher: **Ed Reuter**.

The drive was climaxed on November 22 with a Thanksgiving party at the Y. W. C. A. **Bruce Thayer** of the Freshman class provided one of the highlights of the evening by rendering twenty minutes of song for the group. **Dick DeBard** accompanied Bruce on the piano. The raffle took the spotlight at 11:30 with eight year old **Corine Thayer** drawing the stubs and **Paul Panakos** acting as M. C. The winners were **Mr. John Lund**, 609 6th Ave.; **Martha E. Galbraetter**, 305 Hillside; **Mr. Frank Klein** of 2308 S. W. 9th St.; **James McKeever** of the freshman class received a turkey for selling twenty-one books containing 630 tickets.

Adding up the profits found the class quite a few dollars richer. This was quickly taken care of, however, by three lecture rooms being provided with much needed fluorescent lighting over the blackboards. The remaining profits ear-marked for future functions and improvements.

Postgraduate Cranial Course Announced

Dr. John B. Shumaker, Dean, and the other members of the committee on postgraduate education at Des Moines Still College of Osteopathy and Surgery announce the dates for the eighth biannual postgraduate course in cranial osteopathy. Two courses will be given; the basic course from April 5 to 17 and the advanced course from April 26 to May 8, 1948.

The College is proud to offer the profession such excellent and well-received programs as these courses in cranial osteopathy have proven to be. Those of the profession who have had any contact with these courses realize the

caliber of the instruction presented.

As in our previous courses in this subject, the faculty group is headed by the founder of the cranial concept, **Dr. William G. Sutherland**. A competent group of cranial lecturers and assistants will assist Dr. Sutherland, including **Drs. Paul E. Kimberly, Rebecca C. Lippincott, Harold A. Lippincott, Harold I. Magoun, Thomas F. Schooley**, and others. It is the aim of the cranial faculty to have at least one instructor for every four physicians taking the course. Consequently a maximum of individualized instruction will be given in the practice sessions.

The major change in the program next spring will be the elimination of the intermediate course. The basic group, April 5-17 incl., is open to any physician who has the desire and initiative to further his knowledge and scope of manipulative therapy. The Advanced group, April 26-May 8 incl., is limited to those who have had previous cranial training (basic, intermediate or advanced) at this institution.

A trial innovation was instituted at the October 1947 session which included the presentation of numerous clinical cases before several groups for the purpose of observing methods of examination, treatment, neurological procedures, etc. This was well received by all in attendance, and by request will be repeated at the advanced course next spring.

By special arrangement, advance appointments may be made through this institution for cranial examinations by **Dr. W. G. Sutherland** and the various other members of the cranial faculty, during the week of April 19-24. This is a new service which is being provided for those physicians who have patients presenting definite problems in diagnosis and treatment. Detailed reports, including x-ray and examination findings will be furnished to all referring physicians.

For further information regarding this unique diagnostic service, and for applications for the April-May cranial course, please write the Dean, **Dr. John B. Shumaker**, Des Moines Still College of Osteopathy and Surgery, 722 Sixth Ave., Des Moines 9.

Faculty Members In Attendance at Osteopathic Functions

President Edwin F. Peters and **Dean John B. Shumaker** spent December 12-15, in Chicago attending the American Association of Osteopathic Colleges.

Dr. Kenneth M. Dirlam, Assistant Chief of Staff of the College Hospital, was a visiting lecturer at the refresher course held at the Chicago College of Osteopathy last month.

Dr. Robert B. Bachman appeared on the program for the Divisional Society of Osteopathic Physicians and Surgeons for the states of Oklahoma and Tennessee during the month of October.

Amino Acids In Pregnancy

On September 19, 1947, the College Symposia heard a talk presented by **Dr. E. A. Hughes**. The material for this address was derived from a paper on amino acids in pregnancy by **Dr. E. A. Hughes** and **Dr. Genevieve Stoddard**.

The subject material for this paper was taken from a case of eclamptic toxemia of pregnancy admitted to DMSCO Hospital in June of 1947. The patient's eclampsism was treated with routine conservative measures. She went into labor spontaneously and within the next 12 hours was delivered of a stillborn infant. The mother, who was in an extremely critical condition for the next 48 hours, was treated with parental blood transfusions and plasma. Her condition improved slowly during the next 7 days. The 8th day, however, she suffered a severe relapse with peripheral vascular failure, and demise seemed but a question of time.

All standard methods of therapy suggested or advocated by present day authorities had already been attempted without success or with transient benefit at best. Hence, **amino acid therapy*** was suggested. The rationale entails knowledge of certain basic factors:

1. Close relationship between protein metabolism and the specific toxemias of pregnancy.

2. Pregnancy and parturition, even when normal, place heavy strains on a woman.

a. These strains are many times increased by the development of complications and abnormalities.

b. The prognosis is dependent often upon the patient's nutritional status.

The patient was therefore administered oral amino acids as a last resort. Within 12 hours her response was rapid and dramatic with a complete change noted in all respects. One could hardly believe this to be the same patient. Amino acids therapy was continued throughout her hospital stay. She was discharged 5 days later with no apparent ill effects from her unfortunate experience.

Rather than completing an advance in application of modern therapeutics, this has merely served as a stimulation for the unfolding of much broader experimental, clinical, and therapeutic realms of basic protein anabolism and catabolism. Actually there are at present several other projects of similar nature under active investigation by our staff.

*"Department of Biochemistry and Obstetrics," DMSCO.

OSTEOPATHY WITHOUT
LIMITATION

**New Clinic Opened
By Bayard Doctors**

Bayard's Hickey - McWilliams Osteopathic Clinic is now open in its new location on the west side of Main street. The building has been completely modernized and arranged in 10 rooms for complete diagnosis service.

Included are a reception room, two private offices, two physiotherapy rooms, an X-ray room, laboratory, emergency and examination rooms. The clinic installation is one of the finest in this section of the state and compares well with much larger cities.

In addition to being scientifically efficient, the clinic also is one of the beauty spots of Bayard's Main street. From its modern ivory-colored glazed tile front to the shining new furnace room at the back, this building is an eye-appealing combination of polished blond woodwork, pastel walls, tile floors and shining chrome gadgets.

Services offered by the clinic include complete X-ray and fluoroscopic examinations; Beck-Lee electrocardiograph for diagnosis of heart cases; basal metabolism machine for detection of goitre; diathermy machines for case treatment and extensive laboratory for all types of chemical tests.

Dr. Hickey has served the Bayard-Bagley community for the past 11 years while Dr. McWilliams was in Guthrie Center for the past two years. Both will continue general practice and clinical service will be afternoons by appointment.

**Kimberly Addresses
Ohio Osteo. Physicians**

Dr. Paul E. Kimberly was a member of the speakers' panel for the Ohio refresher course for Osteopathic Physicians and Surgeons held in Toledo, Ohio, during the month of October.

**Anatomy Department
Receives Rare Gift**

Dr. Frederic A. Woll, 679 East 224th Street, New York City, sent to the Des Moines Still College of Osteopathy and Surgery a famous and priceless book, Toldt's "Anatomischer Atlas," published in 1907 in Berlin. While the book is written in German, the illustrations are invaluable and will mean much to the student of this institution. Our deep appreciation to Dr. Woll for his generous gift.

TID BIT

Dr. John Wood has been accredited with offering science a new and interesting theory. The theory states that when a person grows old the hair grows inward. If there is any "grey matter" present in the cranial vault the hair becomes grey; if there is no grey matter present—then the hair falls out!

**Help Your Profession Help
You by Contributing Now
to the Osteopathic Progress
Fund.**

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If every Osteopathic Physician would daily remember his Oath as a Physician, he will then let his light so shine that the world will know that he an Osteopathic Physician, thus a PHYSICIAN PLUS.

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The Official Publication
DES MOINES STILL COLLEGE
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