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# THE LOG BOOK

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PUBLISHED MONTHLY BY THE DES MOINES STILL COLLEGE OF OSTEOPATHY & SURGERY

Volume 27

JANUARY, 1949

Number 1

## A New Osteopathic Sanatorium

River Oaks Manor, located about twenty miles from Des Moines at Colfax, Iowa, has been organized for the treatment of alcoholism exclusively. It was dedicated on Sunday, January 16, with a big open house to the public.

The Manor will have an eventual capacity of 100 beds. So far as is known this is the only treatment center of its kind in the osteopathic profession.

"Wet wards" will be established at the Manor and a four day "drying out period" will be used, after which the patient will go through the various departments of the Diagnostic Service at the Still Osteopathic Hospital where recommendations for treatment and care of the patient will be made.

While Alcoholics Anonymous will not have an official connection with the new treatment center, they will hold meetings and lend their aid in the treatment program during the thirty days that the patient is at the center.

The Manor is situated on 126 acres of wooded land adjacent to a beautiful river. Physiotherapy aids have been established.

**Dr. Frederic J. McAllister** will be Medical Director of the new institution, but will continue as Chief-of-Staff of Still Osteopathic Hospital and Associate Professor of Surgery at the college.

## Dr. Lustig Guest At Convocation

**Dr. Lustig**, who spoke before a college assembly Dec. 22, graduated in the year of 1925 and calls Grand Rapids, Michigan, his home. However, in recent years he has not been at home much of the time because of his services to his profession and to his government. He is a member of The American Association for the Advancement of Science and the Flint County Engineering Club. He is also a scientific consultant for the War Department of the United States government and every few weeks goes to Washington to confer with our governmental scientists. He is president of the National Society of Electro Biologists.

In 1947 Dr. Lustig won the Distinguished Service Award in the osteopathic profession. He is proud for the world to know that he is an osteopathic physician. We are proud of him. It was a great pleasure to have Dr. Lustig with us.

## Announcement of a Scholarship at Still

A friend of Des Moines Still College of Osteopathy and Surgery, on December 29, 1948, announced a scholarship to be granted to a student enrolled in the study of osteopathic medicine at D.M.S.C.O.S. The conditions of the grant are as follows:

1. The grant shall be \$500.00 per year, commencing with the fall term of 1949 and continuing during the life of the grantor and for twenty years thereafter, subject to being discontinued upon one year's notice.
2. No student shall receive more than one year's assistance which shall consist of \$500.00.
3. The grant for each year shall be sent by the grantor to the College 30 days before the beginning of the fall term each year.
4. In the event no student is eligible for the grant any particular year, the grant shall accumulate and be used the following year.

The grant for any particular year shall be given to a student who best meets the following qualifications:

1. The applicant must be a student who is in dire need and who is not able to obtain any substantial assistance from any other source and who has no immediate relatives active in the medical profession.
2. The applicant must have attended the College at least one year, two full semesters, and have a fair chance of graduation.
3. The applicant must show evidence of good management and be able to explain satisfactorily why he started school without adequate funds available to complete his course.
4. The applicant must be a citizen of the United States or a British subject. Religion, sex, age, race, national origin, or fraternal affiliation shall have no bearing on the choice of the candidate.

The grant shall be administered by the Executive Committee of the college. The President is deeply appreciative of interests of friends of this institution and fully realizes that such acts of kindness will much to the furtherance of osteopathic medicine in the United States.

## Announcement of Examination in the Regular Corps for Medical Officers

*United States Public Health Service*

FEDERAL SECURITY AGENCY  
Public Health Service  
Washington, D. C.

A competitive examination for appointment of Medical Officers (osteopathic) in the Regular Corps of the United States Public Health Service will be held on May 3, 4, and 5, 1949.

The Regular Corps is a commissioned officer corps composed of members of various medical and scientific professions, appointed in appropriate professional categories such as medical, dental, nursing, engineering, pharmacy, etc. depending on training and experience.

Appointments will be made in the grades of Assistant Surgeon (1st Lt.), and Senior Assistant Surgeon (Captain). Appointments are permanent in nature and provide opportunities to qualified physicians for a lifetime career in clinical medicine, research, and public health.

**Requirements:** For appointment in the grade of Assistant Surgeon, the applicant must be a United States citizen, at least 21 years of age, and a graduate from a recognized school of osteopathy whose graduates are eligible for licensure to practice medicine or osteopathy in a majority of the States of the United States. Applicants for appointment in the grade of Senior Assistant Surgeon, in addition to the above requirements, must have a total of at least ten years of educational training and professional experience subsequent to high school. (All commissioned officers are appointed to the general service and are subject to change of station.) Qualifying applicants will receive written professional tests, an oral interview, and a physical examination.

The professional written examination for the grade of Assistant Surgeon will cover the following subjects: (1) anatomy, physiology, bio-chemistry (2) materia medica and therapeutics; (3) practice of medicine; (4) practice of surgery; (5) obstetrics and gynecology; (6) epidemiology and hygiene; (7) pathology and bacteriology. Senior Assistant Surgeons applicants will be examined on subjects 3, 4, 6, and 7 listed above.

Examinations will be held at points throughout the United States including Norfolk, New Orleans, San Francisco, Seattle, Chicago, Cleveland, Detroit, Boston, Memphis, Kirkwood (Missouri), Staten Island, Los Angeles,

Lexington (Kentucky), Fort Worth, Kansas City (Missouri), Denver, and Atlanta.

Entrance pay for an Assistant Surgeon with dependents is \$5,011 per annum; for Senior Assistant with dependents \$5,551. These figures include the \$1200 annual additional pay received by medical officers as well as subsistence and rental allowance. Provisions are made for promotion at regular intervals up to and including the grade of Senior Surgeon (Lt. Col.) and for selection for promotion to the grade of Medical Director (Col.) at \$9,751 per annum.

Extra benefits include a 5 per cent increase in base pay for every 3 years of service (time served in the past as a member of the armed forces is credited, disability retirement at three-fourths base pay, full medical care, retirement pension, 30 days annual leave, sick leave, and many of the usual privileges extended to members of the military forces.

Application forms and additional information may be obtained by writing to the:

Surgeon General  
United States Public Health Service  
Washington 25, D. C.  
Attention: Division of  
Commissioned Officers

Completed applications must be received by April 1, 1949.

## Seniors

**Henry J. Braunschweig**, interne at Des Moines General Hospital.  
**Thomas Dozier**, undecided about internship.

**Stanley Griffin**, opening his practice in Des Moines.

**Gerald Leuty**, opening his practice in Knoxville, Iowa.

**Victor Mallory**, to become house physician at River Oaks Manor, Colfax, Iowa.

**Robert L. Pettit**, interne at Wilden Hospital, Des Moines.

**Kenneth M. Roberts**, interne at New Mexico Osteopathic Hospital, at Albuquerque.

**Bryce Wilson**, interne at Wilden Osteopathic Hospital, Des Moines.

## Dean's Letter

Call it discernment, cold logic, careful judgment, or what you will, the young man who is now becoming interested in the healing arts is beginning to make careful study and comparison of the various schools of therapy before making his choice.

He seems not to be concerned about becoming a doctor in ten easy lessons, but shows by conversation and by letters that he is making a careful analysis of the entire field before taking the step which means years of arduous work and never-ending study.

Letters from such young people are coming in increasing numbers to the office of the Dean. One such letter is quoted herewith:

"Dear Sir:

In answer to your recent communication concerning my interest in the profession, my pre-osteopathic education, and the schools which I have attended.

This past semester I sat in on some medical courses given at the University Medical College by Dr. C. D. \_\_\_\_\_ and Dr. E. B. \_\_\_\_\_. These men have specialized in the field of physical medicine and in the course of discussion mentioned that if more medical doctors would use the manipulatory practice of the osteopathic physician they too would receive better results with stubborn cases that do not respond to ordinary medical treatment.

This viewpoint started me thinking of the extra advantage the osteopath has over the medical doctor—the manipulation concept.

I attempted to gather information concerning osteopathy and its place in the healing arts from the osteopathic physician himself.

I made the acquaintance of Dr. Thomas Ryan of Waterbury, Connecticut, and of Dr. Eugene Kraus of New York City. These men enlightened me considerably in presenting to me a clearer picture of the profession and its aims.

There seems to be a great deal of logic to the osteopathic approach of medicine. It is still a new field, a pioneering field, and in future years should be on an equal plane with the general medical profession as far as recognition and publicity is concerned.

I attended Syracuse University located in Syracuse, New York, and graduated with an A.B. degree in September of 1948 with a degree from the College of Liberal Arts.

If I can be of any more service to you, please do not hesitate to contact me.

Very truly yours,  
B. H. \_\_\_\_\_."

Little comment is necessary because the letter speaks for itself. The college graduate is as keenly and critically interested in osteopathic medicine as he is

in allopathic medicine.

His analysis leads him unerringly to the same conclusion to which more than 11,000 others have been led—that the tenets of Dr. Andrew Taylor Still are fundamentally sound—that scientific medical truth lies along the path which he has indicated.

Your school has committed itself to the exploration and development of the ever-widening, never-ending path of osteopathic medicine.

## McCall's Magazine Article Correct

In a letter of December 2nd, Dr. J. R. Forbes, Director of Public and Professional Welfare of the AOA, calls our attention to an article appearing on page four of the December issue of McCall's magazine. It is entitled "What Does 'Dr.' Mean," and is written by Jerene Claire Cline. Dr. Forbes states that this seems to be one of the best and most accurate articles which he has seen in any publication. Miss Cline took pains to acquaint herself with the true facts before she wrote it; consequently her references to osteopathy are entirely correct and very advantageous to our profession. Dr. Forbes has expressed the thanks of the profession to both Miss Cline and the editor of McCall's and suggests that it might be well for some of us to write our appreciation individually to them.

## Public Health Conference Scheduled

The second annual conference on Public Health, sponsored by the Bureau of Public Education on Health of the AOA is scheduled for the Knickerbocker Hotel in Chicago on February 5th and 6th.

## Know Your Faculty

(Fourth in a series of articles describing the background of D. M. S. C. O. S. faculty members.)

### ROBERT B. BACHMAN, D.O., F.A.C.O.O.

Head of the Department of Obstetrics and Gynecology at the Des Moines Still College of Osteopathy and Surgery and Still Osteopathic Hospital with the rank of full professor.

He received his D.O. degree from Des Moines Still College of Osteopathy in 1916 and was certified in obstetrics and gynecology in 1945. His preosteopathic work was at Des Moines College.

Dr. Bachman has been with the College as head of the Department of Obstetrics and part time instructor from July, 1917, to September 1, 1944. He resigned to move to Kirksville, Mo., to affiliate with the Kirksville College of Osteopathy and Surgery as head of the Department of Obstetrics and Gynecology and taught classes in obstetrics, gynecology and principles and practice of osteopathy. He resigned July 1, 1947, to return to Des Moines.

While affiliated with Des Moines Still College of Osteopathy, he served in several capacities. He taught classes in obstetrics, gynecology, osteopathic mechanics, pathology and pediatrics. He directed and supervised home deliveries from 1917 to 1933.

He is a member of the College corporate board and served as treasurer of the College for a number of years. In 1946, he completed twenty-one years of service as a trustee of the College and as a trustee, was chairman of the House and Grounds Committee until he left Des Moines in 1944.

When the Locust Street property was no longer adequate for a college building, he was appointed on a committee of three to secure a new building for the institution. The present college building was purchased and remodeled on his recommendation.

July 15, 1947, Doctor Bachman was appointed head of the Department of Obstetrics and Gynecology at D.M.S.C.O.S. with the rank of full professor. He teaches classes in obstetrics and gynecology and conducts the obstetrical laboratory. Eighteen years ago, Dr. Bachman established a laboratory for training students in obstetrics using life sized manikins, delivery room, and home furnishings for the conduct and management of labor, normal and operative. He has designed and constructed and kept in repair most of the models used in some of our colleges at the present time.

Doctor Bachman has many activities aside from his college work. In 1934, he helped organize the American College of Osteopathic Obstetricians of which he is a charter member. He was its first vice president, later served two years as its president. When the certification board was established, he was appointed chairman of the National Examining Board for the Certification of Osteopathic Obstetricians and held this position until he resigned in February, 1948.

His hobbies have changed as his son and daughter have grown up and married. The family orchestra has become extinct and no longer does he compete in Christmas decorations which were extensively carried out in years past receiving first awards on several occasions. Doctor and Mrs. Bachman are now enjoying themselves on their five acre country home and exercise their Arabian horses when the school bell rings the close of the day.

## DIAGNOSTIC CLINIC

### STILL COLLEGE OSTEOPATHIC HOSPITAL

#### Department of:

Anesthesiology  
Cardio-Respiratory  
Dermatology and Syphilology  
Ear, Eyes, Nose and Throat  
Gastro-Enterology  
Internal Medicine

Laboratory Diagnosis  
Obstetrics and Gynecology  
Orthopedics  
Pathology  
Pediatrics  
Podiatry

Proctology  
Psychiatry  
Structural Diagnosis  
Surgery  
Urology  
X-Ray

#### Diagnostic Clinic Examinations conducted by Staff Members Only

Complete reports with treatment suggestions furnished referring physicians. Fee includes all departments. For further information write or call:—

DR. F. J. McALLISTER, Chief-of-Staff

or

MR. DAVE C. CLARK, Hospital Administrator

STILL COLLEGE OSTEOPATHIC HOSPITAL  
725 Sixth Avenue Des Moines, Iowa

# The Log Book

The Official Publication of  
DES MOINES STILL COLLEGE  
OF OSTEOPATHY & SURGERY

Editor  
SIMON S. INDIANER

Associate Editor  
MORT LEVIN

Osteopathy Without Limitation

## The President Chats

Again we come to that period of the year when we stop to make an analysis of the past year and to formulate effective techniques to be employed during the new year. 1949 was ushered in at D.M.S.C.O.S. with much determination on the part of the students and the faculty to make it the best year in the history of the college.

Students returned from their Christmas vacation with a new outlook on life and an anxious desire to further their professional studies. Every student and every faculty member with one exception were back in school at eight o'clock on the morning of January 4th. That one exception was **Mr. Oscar J. VanRenterghem** who journeyed to Portland, Oregon to spend the vacation with his wife and on his return to Des Moines was caught in the heavy storms in Wyoming. His experiences aboard the train for nearly a week while snowbound were not only interesting but thrilling.

While classes were not in session, much work did go on at the college. The Clinical Pathology Laboratory was redecorated and greatly improved. This will add much to the efficiency of the laboratory which is under the direction of **Dr. E. R. Minnick**.

Work also progressed on the new research laboratory of the Anatomy Department and this laboratory will be completed before this LOG BOOK reaches its readers. It will provide for D.M.S.C.O.S., as fine a research laboratory in anatomy as any research worker could desire.

With the holiday vacation over, **All Hands** have turned to for a successful completion of the first semester with the last mid-year commencement being held on Wednesday night, January 26th, at 8:00 p.m., at St. John's Lutheran Church.

**Dr. H. Hale Pearson**, President-Elect of the American Osteopathic Association, of Erie Pennsylvania, will give the Commencement Address. His subject will be "Life Gets Tedious." It is needless to say that this institution feels highly honored that Dr. Pearson will take time from his busy schedule to come to Des Moines, visit the school and ad-

dress this fine group of seniors. The members of the class are as follows:

### Class of January 28th:

**Henry J. Braunschweig**, Des Moines, Iowa  
**Thomas Dozier**, Atlanta, Georgia  
**Stanley Griffin**, Elizabeth City, North Carolina  
**Gerald Leuty**, Knoxville, Iowa  
**Victor Mallory**, Lawrence, Kansas  
**Robert L. Pettit**, Des Moines, Iowa  
**Kenneth M. Roberts**, Greenfield, Iowa  
**Bryce Wilson**, Prescott, Iowa (With Distinction)

### Class of June 11th:

**Edward J. Brochu**, Grand Blanc, Michigan  
**Russell B. Bunn**, South Lyon, Michigan  
**Kermit Davidson**, Los Angeles, California  
**Howard P. L. Dolyak**, Youngstown, Ohio  
**Leon S. Jones**, Wilmington, North Carolina  
**Charles E. Starr**, Royal Oak, Michigan  
**Leslie Smith**, Houston, Texas

In the future commencements will be held only in the month of June. The college feels very proud of this class which is graduating this month. They are all young men with a splendid academic background before they entered the study of osteopathic medicine. A group of young men who are sincerely imbued with the spirit of administering to suffering humanity and a group of young physicians who will carry forth the true concept of osteopathy; that true concept as taught by its founder, **Dr. A. T. Still**.

The president wishes that all alumni could return to their old Alma Mater during 1949 to see the advances made, to sense the progress the institution has made and to become acquainted with the 230 students who are enrolled, coming from 35 states and 5 foreign countries; to visit the faculty; and to become a part of the spirit which prevails at this college. No former graduate could then ever have a doubt in his mind that osteopathy is not being taught in the colleges today. The only reaction which any person could have is that the future of osteopathy is greater today than it has ever been in the history of the profession.

All of us in Des Moines are proud of our student body; we are proud of our laboratories; we are proud of our equipment; and, we are more than anxious to share this enthusiasm with the members of the profession throughout the country.

We trust that 1949 will bring to each of you prosperity and happiness and we also trust that each of you will be prouder than you have ever been that you are an osteopathic physician.

# The Relationship of Research to Practice

By **PAUL E. KIMBERLY, D.O.**

Associated Professor of Osteopathic Medicine

(Second in series transcribed from a lecture to Still Hospital Staff)

These various things collectively over a five year period of time reaching in my asking several questions. When our embryologist, **Dr. Agersborg** came here, I approached him with a question which had occurred in our graduate teaching. That question had to do with the ossification centers in the cartilaginous base of the fetal skull. He

scratched his head and started reaching for books. The books were not too thorough on the subject so I dissected a specimen or two to determine the relationship of the cartilaginous structure to the ossification centers and found the answer.

A little bit later a second question which had been asked of other neurologists without satisfactory answer was put to our professor of histology and embryology, **Dr. Agersborg**. In placing the question before him, it was worded something like this: "Is there a histological continuity between the subarachnoid spaces and the perineural lymph channels." Well, he scratched his head again, looked up some more literature, had the students do some library research on the subject for class, and finally wrote to one of the foremost investigators regarding cerebrospinal fluid.

We never did find the answer. Thus we decided that more should be known about the relationship on those structures. The anatomy books intimate that the pia mater which is covering the brain continues out as the intermost sheath of a nerve trunk. They intimate that the arachnoid membrane which is housing the cerebrospinal fluid, also follows that nerve trunk as its second layer. If that be true, then the cerebrospinal fluid which is surrounding the central nervous system, is also the nerve lymph or the perineural fluid surrounding a nerve trunk. So we set out to determine whether or not there was continuity between those two spaces. The second question then: "If there is a continuity, how far does that channel extend and how far does the cerebrospinal fluid go out on that nerve trunk?" Next we want to know the relationship of the cerebrospinal fluid to the tissues, and finally the relationship of that fluid to the regional lymphatics.

The discussion of this problem eventually resulted that we might have this institution represented in one of the leading laboratories of the United States, the Marine Biological Laboratories at Woods Hole, Massachusetts. **Dr. Agersborg** had planned to go, and he requested that I accompany him as an assistant in this research project. I was able to do so thanks to the graciousness of this institution and the American Osteopathic Association. They pro-

vided the funds necessary to such a project. That project was outlined for a three year period with the idea that it was to be divided into three phases. The first phase would have to do with the submammalian group of vertebrates taking in the class of fishes as our lowest level, the class of amphibians, and the class of reptiles. We were going to skip birds and go directly into the mammalian phase with the dog, cat, guinea pig and rabbit as one group and the human as the third group.

At the present time, we are not ready to discuss in any detail our activities or findings at the Marine Biological laboratories. Indications are that a complete report of this project will be published in one of the international bulletins in the near future. Briefly, I would add, however, that our work points very strongly toward a successful conclusion and answer of our questions. Should this be true, there will be considerable evidence in this project to substantiate, not only the philosophy of **Dr. Andrew Taylor Still**, but many of the teachings of **Dr. William G. Sutherland** in his cranial concept.

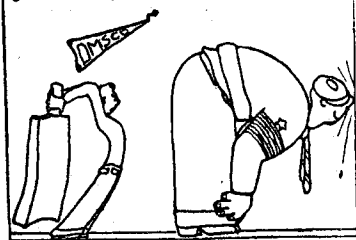
In regard to the latter, I would add just one further comment. Apparently the clinical observations, which have been noted over the last several years, are being substantiated in the laboratory. They appear to be true physiologically and not a figment of the imagination as many would have us believe.

In closing these remarks to you, it seems apropos to remind you of my early statements. As a rank beginner in the field of research, it has occurred to me that many problems can be handled adequately by the practicing physician. The first step demands keen observation, then critical evaluation by the physician of all presenting symptoms and signs of disease. In addition, the physician must maintain a constant questioning attitude. Why is the symptom present? Again in the patient's response to treatment—why? What did I do in my treatment which caused the change? What is the physiology behind these mechanisms?

A short period with such an attitude will drive any conscientious

(Continued on Page 4)

## FRATERNITY NOTES



ΑΟΓ

The Chapter was privileged to hear **Dr. Paul Kimberly**, Friday, January 14th. Dr. Kimberly's discussion proved interesting and instructive. In the near future **Dr. Chadwell** will conduct a work-night on "Osteopathic Technique."

Congratulations are extended to **Herman Fishman**, now a proud papa and to **Murray Goldstein** who returned from Christmas vacation a married man.

ΔΩ

On December 9, 1948, the Beta Chapter met at the home of **Dr. and Mrs. Cash** at 6:30 p.m. A delicious dinner was enjoyed by all with the regular business meeting following.

**Patricia Cottrille** was accepted as a pledge.

Next meeting is to be held at the home of **Dr. and Mrs. Paul Kimberly**.

ΦΣΓ

The Phi Sigma Gamma was privileged to have on December 20, 1948, **Judge Ralph L. Powers**, visiting professor of Medical Jurisprudence, as guest speaker on the topic, "Application of the Teaching of Medical Sciences to Questions of Law and Justice." The talk was informative and clearly indicated the significance of the physician's relation to his

patients and to society through the application of medical principles.

The New Year's party held at the fraternity house was a complete success mainly due to the planning and efforts of **Brother Hessey** and his committee. It is hoped that the Phi Sigma Gamma will once again be host, at future socials, to the students, their wives and guests whose attendance contributed to making the event a most enjoyable occasion.

On January 7th, all Phi Sigma Gamma pledges were invited to a smoker supper given at the fraternity house.

Congratulations are extended to **Brother Nick Scaccia** on his recent marriage.

ΙΤΣ

Friday night, Dec. 17, the Iota Tau Sigma fraternity held a business meeting at the office of **Drs. R. E. Sloan** and **Jean F. Le Rocque** at 3305 S.W. Ninth. A film was shown to demonstrate the effectiveness of penicillin in the treatment of infections. The movie also served as a subject for **Tom Willoughby's** subtle (?) type of humor. Both were very much enjoyed by the members present, the movie for its educational value and the remarks for —well—for their value.

A short business meeting was held afterward presided over by **Howard Dolyak**, president, in which plans were laid and a committee appointed for a senior farewell banquet to be held sometime during January. The fraternal brothers so honored will include **Bryce Wilson**, **Howard Dolyak**, **Kenneth Roberts**, and **Henry Braunschweig**.

An election was held to name the officers for the coming year with the following results: President, **B. B. Baker**; Vice-president, **John Savarese**; Secretary, **Tom Willoughby**; Treasurer, **Tom Wolfe**; Historian, **Mike Fisher**.

## ATLAS CLUB

The Atlas Club had its regular business meeting Monday evening, January 10, at the Y.M.C.A. At this meeting final approval was given on the new pledges, who were formally pledged Wednesday evening, January 12. A party in honor of these pledges is planned following final examinations.

We wish to welcome the following new pledges into the club: **R. L. Boysel**, **Pete Georgson**, **Ed Felmley**, **Max Don**, **Rex Conyers**, **Don Cunningham**, and **William Meaney**.

The next work night is planned for February 7. All students are cordially invited to attend this work night which will be held at the Y.M.C.A. at 8:30 p.m.

## Practice

(Continued from Page 3)

physician to the textbooks. Many times the answer is not there. Next he tries the current literature and the periodicals of years ago. He is doing library research. The next step is to outline a specific procedure which permits the accumulation of accurate data. Thus, the physician can try out his ideas. He may be surprised many times at the answers which come from such a procedure. This can be done on innumerable problems in conjunction with an active practice.

The early portion of this discussion was a review of just such a procedure which led us to a field often avoided and characterized by a lack of information. In the interests of your patients, your school and your profession, I beseech each of you to ever train your faculties to better observation and evaluation of the information constantly about you. Research and practice can be a mutually helpful combination. Let more of us avail ourselves of the opportunities which exist.

## Holiday Visitors

**Dr. E. M. Schaeffer**, Class of 1923, now of Battle Creek, Michigan.

**Dr. Charles H. Potter**, Class of 1924, and his family, now of Forest City, Iowa.

**Dr. Robert Fagen**, Class of 1938, now taking special post graduate work at the Los Angeles College of Osteopathic Physicians and Surgeons.

**Dr. Lennert Lorentson**, Class of 1947, now of Borger, Texas.

**Dr. Larry Boatman**, Class of 1933, and his family, now of Santa Fe, New Mexico.

**Dr. Henry Hale**, former Professor of Physiology, now living at Stillwater, Oklahoma.

## Dr. McAllister Writes On Alcoholism

Chicago, Ill., Dec. 20 — **Dr. Frederick J. McAllister**, Surgeon-in-Chief of the clinical hospital of the Des Moines Still College of Osteopathy and Surgery, Des Moines, Iowa, is the author of an article appearing in the January issue of the nationally circulated Osteopathic Magazine entitled "What Can Be Done About Alcoholism?" **Dr. McAllister** is also medical director of the River Oaks Manor Sanatorium, Colfax, Iowa, an institution for the treatment of alcoholism.

### Important Notice

The LOG BOOK Mailing List must include the ZONE NUMBERS, in its addresses. PLEASE send your ZONE NUMBER IN ON CHANGE OF ADDRESSES OR WHEN MAILING IN NEW NAMES FOR THE LOG BOOK.

# The Log Book

The Official Publication  
DES MOINES STILL COLLEGE  
OF OSTEOPATHY & SURGERY

722 Sixth Avenue  
DES MOINES 9, IOWA

Entered as  
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At Des Moines, Iowa.



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Volume 27

FEBRUARY, 1949

Number 2

## From the Washington News Letter

C. D. Swope announces in a Washington News Letter of January 11, 1949, that the most significant to us of the 1500 public bills introduced during the first week of the 81st Congress were five bills creating a science foundation, three bills for Federal aid for local health units, three bills for national health insurance, four bills for cancer conferences, four bills for research on multiple sclerosis, two bills establishing a Department of Health, Education and Security or Department of Welfare, a bill relating to maternity leave for government employees, and a bill for universal military training.

The Wagner-Murray-Dingell bills of the 81st Congress are S. 5 and H.R. 783. These bills are identical with the Wagner-Murray-Dingell bills of last Congress and were introduced by the same men.

In all three of the messages submitted thus far by the President to the 81st Congress, he has stressed the necessity of immediate legislation for national health insurance. In his message of Jan. 5th on the State of the Union, he said "Proper medical care is so expensive that it is out of the reach of the great majority of our citizens. . . . We must spare no effort to raise the general level of health in this country. . . . We must have without further delay a system of prepaid medical insurance which will enable every American to afford good medical care. . . . The governmental agency which now administers the programs of health, education and social security should be given full departmental status."

In his Economic Report to Congress on January 7, the President said "National health insurance is the only workable way to assure that all individuals have access to the medical care they need. I recommend the enactment of such a program this year. . . . We also need to augment the number of doctors, dentists, and nurses in order to overcome the present serious national shortage of medical personnel."

The President's budget message submitted on January 10th advocated three principal steps to strengthen and complete the system of social insurance, namely, increased coverage and benefits in old-age and survivors insurance and unemployment compensation, temporary disability insurance, and a national system of medical care insurance.

## V.A. Still Needs Doctors

One hundred full-time doctors are needed by Veterans Administration for duty in its tuberculosis hospitals.

Applicants should address their inquiries to the Chief Medical Director, Veterans Administration, Washington 25, D. C.

The openings are scattered throughout the nation among V. A. hospitals specializing in the treatment of tuberculous veterans and in V.A. general medical and surgical hospitals operating tuberculosis departments.

The salary scale for full-time doctors in V. A.'s Department of Medicine and Surgery ranges between \$4,479 and \$10,305 annually for jobs now open.

The salary scale for full-time doctors in V. A.'s Department of Medicine and Surgery ranges between \$4,479 and \$10,305 annually for jobs now open.

During the past year, 18,222 tuberculous veterans were admitted to V.A. hospitals for treatment. Discharges during the same period totaled 18,801.

## Faculty Notes

Dr. John B. Shumaker, Dean of D.M.S.C.O.S. will represent the college at the Osteopathic Progress Fund conference in Lansing, Michigan, on Saturday, March 5, 1949. The day will be devoted to instruction for the workers on the needs of the osteopathic college.

Dr. Edwin F. Peters, President of D.M.S.C.O.S. will attend the Osteopathic Progress Fund Conferences in Grand Rapids, Michigan, on March 10, 1949. He will then attend O.P.F. conferences in Battle Creek, Michigan, on March 11 and Detroit, Michigan, on March 13. Following the Detroit meeting, Dr. Peters will go to Boston, Massachusetts, where he will attend an educational conference.

## Progress

New equipment is constantly being added to the basic science laboratories. During the past month the new physiology research laboratory and the new research laboratory for histology and embryology have been completed. Needless to say, Dr. L. Grumbach and Dr. H. P. K. Agersborg are happy in their respective new homes of research.

## From Reason . . . To Osteopathy

By JOELLA SCHMIDT DE BARD

The following article was recently printed in **OSTEOPATHIC MAGAZINE** and received such favorable comment that permission was asked to reprint it here. Mrs. De Bard, a medical technician and free lance writer, is the wife of a student at D.M.S.C.O.S.

"Ideals are like stars; you will not succeed in touching them with your hands. But like the sea-faring man on the desert of waters, you choose them as your guides, and following them you will reach your destiny," said Carl Schurz.

Dr. Andrew Taylor Still might have said that, too, for he believed it. He believed it so strongly that he was able to found a new school of healing — osteopathy.

Dr. Still believed that God, in His Wisdom, had not only created the human body, but also that he had given to that body the means of repairing itself when something went wrong within it. That belief was an ideal he carried with him until the day he died and that belief made him go on studying until he had discovered the secret of the body's ability to manufacture its own drugs and to repair itself.

Dr. Still was born in 1828 near Jonesville, Virginia. When he was twenty-five years old, he began to study medicine by the preceptor method, that is, understudying, observing, and assisting his father who was both physician and a minister.

Young Andrew Taylor had no laboratories such as there are today. Very few men went to study in the medical schools which then existed. Most of them did as he did. They assisted established doctors and read the text books of the day.

When Dr. A. T. Still had begun his practice, after his years of study, he found the medicine of the day to be lacking a great deal of true knowledge. He became the victim of this ignorance when, in 1864, he lost three of his own children in an epidemic of spinal meningitis for which the best medical care available could offer no hope.

This experience made Dr. Still determined to find some means, somewhere, of helping others who might be faced with the possibility of losing loved ones, because too little was known about the human body. Accordingly, he began to study and, more important, he began to ask, "Why?"

Since he was a philosopher, he

never overlooked the minutest statement that would prove to be of any significance. His most amazing discovery—amazing because it had been overlooked due to its simplicity—was in the relationship between structure and function. Function, Dr. Still reasoned, could not be perfect if structure, through which it was expressed, was at fault.

He began his study of the bones and their associated joints. The spinal column was first considered since it encloses the spinal cord from which nerves extend to all parts of the body.

### Discovers Osteopathic Lesion

Dr. Still found that something could happen to the bones and joints to disturb their relationship to each other and to the nerves. The nerves passing near these disturbed joints, now called lesions, could be irritated, and malfunction at their termination could result.

Then more facts began to be brought to light by this learned and philosophical doctor. That the body possessed a natural immunity against infection was already known. Dr. Still began to study this phase of medical fact and to carry it further in his investigation.

He knew that infection lowered the resistance of the body and also altered the nerve supply to the vital organs of the body, causing poor circulation and nourishment to the various parts.

Natural elimination was interfered with and the body chemistry disturbed. The body then was unable to digest and assimilate the food and use it for nourishment to the fullest extent. All of these factors, Dr. Still knew, affected the mental and emotional phases of man's life.

(Continued on page 3)

## The President Chats

The Month of February was ushered in with much activity for the osteopathic profession. The closing days of January found **Dr. R. C. McCaughan**, Executive Secretary of the American Osteopathic Association, **Dr. R. McFarlane Tilley**, Chairman of the Bureau of Professional Education and Colleges of the American Osteopathic Association and the writer seated in the conference hall of the Mayflower Hotel, in Washington, D. C., attending the mid-year meeting of the American Council on Education. The above individuals were representatives of the American Osteopathic Association, whose Bureau of Professional Education and College was accepted as a constituent member of this great educational association last October.

More than sixty constituent members representing the various agencies, associations and organizations, professional and educational in nature, were represented by their delegates at this conference of the American Council on Education.

The conference was held on January 28th and 29th, with the theme centered around the demands being made upon higher education today. The keynote address was given by **Dr. George F. Zook**, president of the American Council on Education on the subject "Expanding Relationships of Education and Government." From the opening address to the closing one delivered by **Dr. R. I. Grigsby**, Acting United States Commissioner of Education, who spoke on the subject "Issues Involved in a Federal Scholarship Program," the delegates were afforded the pleasure of listening to outstanding speakers and educators on the serious problems facing higher education today. Education as never before, is faced with problems which are all important in the furtherance of democracy.

After departing from the Washington conference, the writer attended the conference of the Council of Osteopathic Education which was held at the Knickerbocker Hotel, on February 3rd and 4th. This conference was under the direction of **Dr. Robert B. Thomas**, past president of the American Osteopathic Association, who is this year's Chairman of the Council. The general theme of this conference was the intercorrelation of the preprofessional training, undergraduate education, graduate education and specialty training, with special emphasis being placed on the osteopathic concept in the various areas of osteopathic education.

Following the conference of the Council of Osteopathic Education, the writer attended the conference on Public Education on Health of the American Osteopathic Association which was likewise held at the Knickerbocker Hotel, on February 5th

and 6th. The conference on Public Education on Health was attended by representatives of each of the divisional societies. Its agenda was most comprehensive and its contribution to the furtherance of Public Education on Health most significant.

Today, the demands being made upon the various professions are becoming greater and greater. This is certainly true of the osteopathic profession. But the demands cannot be so great that the profession will not be able to meet them.

The osteopathic profession owes its very beginning and growth to the inspiration and drive of the fortunate few who were able to study under the founder of the osteopathic profession. Since the opening of the first school, our strength has greatly increased. Today our profession is stronger than it has ever been. But it is only through the relations existing with other organizations and the solving of mutual problems as presented at the above three conferences that the profession will be able to continue to grow and make its contribution to the health of the nation and its contribution to research.

The expectations of the public of the osteopathic profession are great and are increasing daily. It is imperative that every member of the osteopathic profession assume his responsibilities in making a still greater contribution to the educational and to the health advances of this nation.

## ORDER YOUR BOOKS FROM THE COLLEGE BOOKSTORE

Murphy—DIAGNOSIS AND TREATMENT OF ACUTE MEDICAL DISORDERS, 1946.....	\$ 6.50
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Alvarez—AN INTRODUCTION TO GASTRO-ENTEROLOGY, 1948 .....	12.50
Foot—IDENTIFICATION OF TUMORS, 1948.....	7.00
Wechsler—TEXTBOOK OF CLINICAL NEUROLOGY 1948 .....	8.50

*These prices plus two per cent State sales tax, and 15c for mailing and handling.*

## Pressure Group Programs Probable

According to a communication received from **Dr. C. D. Swope**, Chairman of the AOA Department of Public Relations, via Washington News Letter, it is quite probable that the United States Congress and various state legislatures will have health plans sponsored by numerous pressure groups before them for consideration.

Organized labor is busy outlining acceptable health insurance programs. President Truman will undoubtedly outline in his message to Congress his proposals for national health legislation. Various associations, such as the Association of State and Territorial Health Officers, the American Parents Committee and the National Citizens Council for Migrant Labor, have been meeting the past few weeks to outline their requests.

It is apparent that organized osteopathy will have to be on guard to prevent discrimination in these various plans which might deprive the public of osteopathic care.

## Barbiturates Lead In Poison Deaths

Barbiturates are the leading cause of death from accidental poisoning in the U. S. accounting for more than a quarter of the yearly toll of 1,500 lives, according to the Metropolitan Life Insurance Co.

Wood and denatured alcohol, which two decades ago was the most frequent cause of fatal accidental poisoning, ranks second, having taken 39 lives in 1946, as compared with 436 for the barbiturates.

—The Daily Mirror.

## Know Your Faculty

*(Fifth in a series of articles describing the background of D. M. S. C. O. S. faculty members.)*

**Doctor Kenneth M. Dirlam**, associate professor of internal medicine, graduated from Des Moines Still College of Osteopathy and Surgery in May, 1940. Due to his high academic achievements while a student at the college, he was granted a fellowship following graduation, in the Department of Obstetrics. During the year of his fellowship, Dr. Dirlam pursued post-graduate courses at the college.

He then served an internship at the Des Moines General Hospital which was followed with post-graduate work at the College of Osteopathic Physicians and Surgeons, Los Angeles, California. He has taken special work under **Dr. Frank R. Spencer** of Columbus, Ohio, in the field of internal medicine. For the following five years, Dr. Dirlam practiced in Massena, Iowa.

At the present time, Dr. Dirlam is assistant chief of staff and head of the out-patient department at Des Moines Still College hospital. In addition to the latter he is consultant in cardiology and internal medicine.

Dr. Dirlam devotes many of his leisure moments in the development of his hobbies—foremost of which are the care of his greenhouse, bees and registered palomino horses.

Dr. and Mrs. Dirlam, their two sons and daughter reside at Wooded Estate in the northwest part of Des Moines.

## Wills and Bequests

In recent months several friends of the colleges have named D.M.S.C.O.S in their will. This is a splendid manner for friends and graduates of the college to demonstrate their loyalty and abiding interest in the progress of osteopathic education.

This matter should be called to the attention of every person—because, no matter how small or how large the individual's estate may be, there should be a proportionate place in it for remembrance of our osteopathic college.

Des Moines Still College of Osteopathy and Surgery stands ready to provide proper legal counsel and advice without charge to any individual interested. This service, the college has rendered on several occasions in recent months.

Since all of the osteopathic colleges are not state institutions, they do not receive aid from tax money. Their future is entirely dependent on the generosity of graduates and friends.

## Important Notice

**The LOG BOOK Mailing List must include the ZONE NUMBERS, in its addresses. PLEASE send your ZONE NUMBER IN ON CHANGE OF ADDRESSES OR WHEN MAILING IN NEW NAMES FOR THE LOG BOOK.**

# The Log Book

The Official Publication of  
DES MOINES STILL COLLEGE  
OF OSTEOPATHY & SURGERY

Editor  
SIMON S. INDIANER

Associate Editor  
MORT LEVIN

## Osteopathy Without Limitation

### Dean's Letter

What are grade points?

Grade points represent a system of evaluation of scholarship. In many schools they are known as quality points.

Grade points are used to determine the general or average ability of a student to master several subjects simultaneously during a given period of study.

As an example let us say that a student, during the course of a semester, has earned the following grades:

Histology (5 semester hours)—C  
Anatomy (7 semester hours)—B  
Biochemistry (6 semester hours)—F

Physiology (5 semester hours)—A

A grade point value is assigned to each letter grade as follows:

Each hour of "A" receives 3 points  
Each hour of "B" receives 2 points  
Each hour of "C" receives 1 point  
Each hour of "D" receives 0 points  
Each hour of "F" receives —1 point

Referring again to the course of studies above, an additional column may now be added.

Course	Sem. Hrs.	Grade	Points
Histology	5	C	5
Anatomy	7	B	14
Biochemistry	6	F	—6
Physiology	5	A	15
Total	23		28

It is shown that the student has earned a total of 28 grade points (34 —6) for the full course of study of 23 semester hours. This is equivalent to 1.22 grade points per semester hour and may be called the g.p.s.h. ration.

Since one grade point is assigned for a semester hour at grade "C," it is obvious that the rating of the above student is better than "C" but not as good as "B". His general ability or scholarship is "C". ("C" represents average ability and "D" represents passing but below average.)

This is the rating system in use at D.M.S.C.O.S. If, at the close of the semester, a student has a grade point ratio of 1.0 or higher, he is doing average work and permitted to proceed providing he has failed no subjects.

Should the grade point ratio lie between 1.0 and 0.0, the student is placed on warning or on probation as the situation warrants. But if the ratio actually becomes O.O. dismissal for poor scholarship follows.

On the other hand a high grade point ratio may mean honors. When the value reaches 2.25, the student may be cited for outstanding ability and recognition by honor societies may occur.

The office of the Dean is pleased to congratulate the following members of the freshman class for scholastic achievement during the past semester.

Robert L. Kirk, Columbiana, Ohio	2.47
William Chu, Pieping, China	2.26
Robert Eggert, Virginia, Minnesota	2.26
Arden Findlay, Fergus, Ontario, Canada	2.26
Joel Kowan, Beverly Hills, California	2.20
Robert D. Leachman, Amarillo, Texas	2.16

### Give the Nose a Chance

One important organ of the body—the nose—seldom receives the kind of care and attention it deserves. True it is petted and coddled often to a point of ridiculousness by the fairer sex, but the nose has a far more important purpose than merely that of an ornament or of being useful to "smell with."

By way of the nose, the 3,000 gallons of air we inhale daily must enter the lungs. Health demands that this air be pure, moist, and of a temperature nearly that of the body. The nose filters, moistens, and warms the air we breathe. By filtering dust, germs, and injurious gases, moistening to prevent the drying out of tissues, and warming the air to

protect the lungs from extreme colds, the nose helps prevent infection which otherwise might take hold.

If there are no abnormalities of or no injuries to the nasal structure you may find that your nose is causing you trouble because of improper regulation of heat and humidity in your home. Dry, overheated air in passing through the nose dries the lining membrane, and if this is long continued, results in congestion. It favors frequent catching of colds, and the development of influenza, and other respiratory infections.

The whole matter of regulating the temperature and humidity of the air in which we live is one which does not receive enough attention today. Yet it is a highly important health measure, especially in winter. Everyone should pay heed if he would give his respiratory organs, especially the nose, the opportunity to function as they should.

### Osteopathy

(Continued from page 1)

With his philosophy, Dr. Still began to organize a science based upon what had already been proved and what he reasoned might also occur.

He worked out the causes and effects systematically and drew the conclusion which led to the development of manipulative therapy. These conclusions were that structural lesions at certain points along the spine caused disturbed function in certain organs of the body, leading to symptoms of pain, weakness, indigestion, or fever.

Tracing these symptoms to their source, Dr. Still found that they followed a pattern and that he could do something to correct the difficulty. Manipulation could be applied to correct faults responsible. When he discovered this therapy, osteopathy came

into being.

Although he discovered a new and different therapy, Dr. Still remained modest. He said, "I do not claim to be the author of this science of osteopathy. No human hand framed its law. I ask no greater honor than to have discovered it." "Osteopathy is a science. Its use is in the healing of the afflicted. It is the philosophy which embraces surgery, obstetrics and general practice."§

After years of experience and observations, Dr. Still finally announced his principles in 1874. The first of these principles was that faulty body mechanics disturb bodily functions. The second was that the normal body tends to make its own remedies against infections and that these remedies are taken from ingested food and drink which the body breaks down into simpler, more usable substances. The last principle was that the production and distribution of such remedies are aided by proper manipulative procedures to correct faulty body mechanics.

Although manipulation has always been the distinctive feature of osteopathic practice, osteopathy accepts, teaches, and uses other diagnostic preventive and therapeutic procedures which meet the needs of all human ailments. The human body is looked upon as a living machine by the osteopathic physician and surgeon.

This machine, when given excellent physical and mental environment, good food and water, pure air, and exercise functions properly as long as all the inter-related parts of it remain in proper adjustment or until age takes its inevitable toll. If anything happens to this adjustment, the physician seeks the source and corrects it, and normal health results.

(To be continued)

## DIAGNOSTIC CLINIC

STILL COLLEGE OSTEOPATHIC HOSPITAL

### Department of:

Anesthesiology  
Cardio-Respiratory  
Dermatology and Syphilology  
Ear, Eyes, Nose and Throat  
Gastro-Enterology  
Internal Medicine

Laboratory Diagnosis  
Obstetrics and Gynecology  
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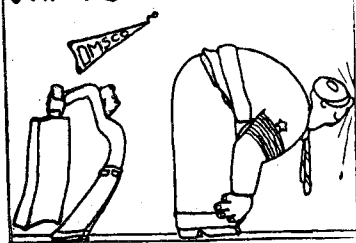
DR. F. J. McALLISTER, Chief-of-Staff

or

MR. DAVE C. CLARK, Hospital Administrator

STILL COLLEGE OSTEOPATHIC HOSPITAL  
725 Sixth Avenue Des Moines, Iowa

## FRATERNITY NOTES



The Beta Chapter held its last meeting February 10th at the home of **Dr. Dorothy Mullin**, 221 Prospect Street, West Des Moines. The speaker of the evening was **Father Weiss**, a teacher at Dowling High School.

Father Weiss presented a very interesting and informative discussion of medico-moral problems as related to Catholic patients.

Everyone had a profitable and enjoyable evening. Many thanks to **Mr. and Mrs. Robert W. Mullin** for their congenial hospitality.

On January 13th the Chapter was very graciously entertained at a dinner meeting by **Dr. and Mrs. Paul Kimberly**.

Following a very lovely dinner, Doctor Kimberly presented an intellectual and practical discussion of diagnosis in practice.

A work nite is being planned for the very near future at the home of **Dr. Mary Golden**, 2001 Beaver Road. Demonstrations of taping, bandaging, and technique will be presented.

**Mrs. Trudy Carpenter** has registered this semester, and we are certainly delighted to have her with us again after several years of absence.

The regular March meeting will be held at Mrs. Doty's Tea Room. A fascinating program is being planned. You will not want to miss this!



At the regular meeting held on February 7, the following members were elected as officers to serve during the winter and summer session:

President, **Jack Hessey**; Vice President, **Dale Dodson**; Secretary, **Harry Simmons**; Treasurer, **Edward Reuter**; Sgt.-at-Arms, **Paul Panakos**; Pledge Master, **Joseph Donkers**.

The Chapter extends congratulations to its new officers and pledges its utmost support.

With the commencing of a new semester, the fraternity is pleased to announce that the following brothers have advanced into the clinical service of the out-patient department to assume the duties of student doctors: **Drs. Harry Dennis, Marvin Gordon, Henry Hakes, William Hughes, Herbert Parisi, Nunzio Parisi and Edward Smith**.

The open house party held January 29 for the graduating fraternity brothers was a complete success. The semi-formal Valentine dance was likewise an eventful occasion. Many thanks and appreciation are extended to the many representatives of the inter-fraternity groups and guests who have, by their presence, made these socials most enjoyable.

In accordance with existing plans, Saturday evening open house socials will resume with the hope that the fraternity house will continue to be a source of entertainment for the student body, their wives and friends. The Phi Sigma Gamma fraternity, in its continued effort to augment its present facilities has made many improvements in the fraternity house.

The fraternity expresses its deepest appreciation for the keen interest which past-President **Edward Brochu** has taken during his three terms in office as president.

## Hospital Notes

In the early organization of the College Hospital there were many in the profession who felt that Des Moines was over-hospitalized osteopathically for a city of its size. Recent figures released from the business manager's office have shown that in the past six months the hospital has found it necessary to turn away patients because of a lack of bed space even though additional beds have been added to the wards and all available space utilized.

The out-patient department has been rearranged for doctors' offices six different times since the hospital opened and each time the administration thought that the space problem was somewhere near solved. At the present time it is necessary for specialty clinic offices to do double duty and utilize even the hallway space to take care of the patient load. Both the obstetrical and pediatric departments have found it necessary to rearrange their quarters three times in the past eight months.

In two instances staff men have had to move their offices into the college building but even this has not solved the problem, as the college building is equally cramped for space. All departments are crowded because of a lack of necessary office space and every staff physician is looking forward to the day when the new clinical building can be erected and he will not have to share his office with from one to four other doctors.

The diagnostic service continues to grow and has now had patients from every state in the United States as well as Canada and Mexico. It has been found necessary to house quite a few of the ambulatory patients going through the diagnostic routines at neighborhood hotels which, of

course, slows down examining schedules considerably. Doctors in the field are finding that this service is a highly desirable and worthwhile procedure.



Friday night of January 21 the ITS fraternity met at **Dr. D. E. Sloane's** office on S.W. Ninth st. for installation of officers. **Tom Willowby** reported on plans for the Senior Banquet to be held at the "Talk of the Town" on Ingersoll ave.

A very interesting movie on "Pediatric Anesthesia" was witnessed after which the meeting disbanded.

On Thursday night, January 27, the graduating seniors were honored by a banquet attended by the fraternity members and various alumni. In spite of the snow and cold weather a good attendance was noted. (Could it be because they paid in advance?) Appetites were whetted by the late arrival of **B. B. Baker** and **Mrs. B. B.'s** usual calm was disturbed (a mild understatement) by the taxi service. However, as an aftermath to the chicken dinner he gave several very nice introductions to visiting doctors and a presentation speech which heralded the gift of a tiny golden gavel to our retiring president, **Howard Dolyak**.

Alumni and wives present were **Dr. and Mrs. D. E. Sloane**, **Dr. and Mrs. James A. Barnett**, and **Dr. and Mrs. E. S. Isobaker**. The graduating seniors so honored by this banquet included **Doctors Bryce Wilson, Kenneth Roberts, Henry Braunschweig and Howard Dolyak**.

Plans are being made for the early initiation of pledges **Lloyd Hoxey** and **Mike Fisher** into the fraternity. Recommendations for new pledges are also being carefully considered.

Entered as  
Second-Class Matter  
At Des Moines, Iowa

## The Log Book

The Official Publication  
DES MOINES STILL COLLEGE  
OF OSTEOPATHY & SURGERY

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DES MOINES 9, IOWA

Entered as second class matter, February 3rd, 1923, at the post office at Des Moines, Iowa, under the act of August 24th, 1912.

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Volume 27

MARCH, 1949

Number 3

## Diamond Jubilee, Science of Osteopathy

### The President Chats

Every osteopathic physician should read very carefully the reports to the President by **Oscar R. Ewing**, Federal Security Administrator, entitled "The Nation's Health", under the date of September, 1948.

While all physicians will not

### Glands Are the Driving Force of the Human Body

"Your glands control your personality, your work proficiency, and your capabilities," writes **Dr. W. Powell Cottrille**, Jackson, Mich., in the current issue of the Journal of the American Osteopathic Association.

"The most complex gland from the standpoint of emotional reactions is the pituitary. Not only are there many different emotional patterns formed but the pituitary interrelationship with the entire endocrine chain is so extensive that reactions which originate in other.

"People who have an over-active pituitary gland whether the condition is anterior or posterior have basic schizoid (non-social) temperaments. The former type is inclined to be opinionated with more than average intellect as well as creative energy and good memory. The latter, also, has better than average intellect but it is controlled by feelings and these people are more inclined to periods of depression.

"In physical appearance the over-active anterior pituitary person is small in stature and given to weeping while the other type is usually tall and of slender build but quiet and unobtrusive," he declares.

The article is a comprehensive treatise of the affects glands have upon people. High points among the many details Dr. Cottrille cites, are:

"The thyroid centered individuals, the most easily recognized, are active, energetic and susceptible to shock and worry. They are short with generalized obese tendencies and when the condition is severe, patients will be lethargic and given to states of melancholia since this gland is the balance wheel of the body.

"The adrenal centered people have a great deal of energy and drive. As a rule they are short, heavily muscled, and have definite cycloid (happy-go-lucky) natures. They have the stamina to carry themselves through nearly all of life's experiences but lack judgment in knowing their limitations and consequently exhaust themselves.

So if you lack pep, are slow at catching on, and never finish what you start, blame your glands because they make or break you.

### Hospital Notes

When the College Hospital was first opened everyone concerned thought that there would always be plenty of room for whatever cases we had. Since early in November bed space has been at a premium and office space in the Out-Patient Department has developed into a tremendous problem.

Several different arrangements for more space have been worked out until all the nooks and crannies, even the hallways, are now jammed to capacity. The every-day patient load in all departments has gotten to a place where we hardly know what to do for more room for every department.

Recently, in the Pediatrics Department, we took the space occupied by a child-size bed and substituted an additional bed and partitioned it off crosswise to make more room for three little patients. Even an extra lavatory has been pressed into service as an extra room and the plumbing discontinued which, of course is not conducive to good nursing service, but a necessity under the circumstances.

A department or two in the Out-Patient section of the hospital was moved across the street to the College building, but the College is also completely filled which puts us with our backs to the wall and no way to stretch the wall.

Of course, the obvious answer is a clinical building on the site originally planned for just such an edifice. However, we are thankful for what we have and happy for that which we receive, and in view of the fact that our Diagnostic Service is daily receiving greater acceptance throughout the profession, that some day in the future our goal for a new building will be accomplished.

### Osteopathic Grants Under Hill-Burton Law

Hospital construction projects of the Kirksville College of Osteopathy and Surgery, Kirksville, Missouri, and the Osteopathic General Hospital, Cranston, Rhode Island, have obtained initial State and Federal approval.

Chicago, Ill.—The United States Post office will issue a Slogan Postmark on March 1 to be used on all letters entering St. Louis from that date through July 31. It will be inscribed, "Diamond Jubilee, Science of Osteopathy."

This special cancellation is being done in commemoration of the day, June 22, 1874, when Dr. Andrew Taylor Still, founder of osteopathy, announced the principles of his healing science to the world.

A special cachet envelope will be put out by the American Osteopathic association for this great occasion. It will have a white background, with 75th ANNIVERSARY, SCIENCE OF OSTEOPATHY, 1874-1949 in the upper left hand corner. A picture of Dr. Still, with his identification, will be below this three line inscription which will read, DIAMOND JUBILEE, ST. LOUIS, MISSOURI, JULY 11-15, 1949. It will be in this city on those dates that the Fifty-third Annual Convention of the American Osteopathic association will meet.

Maroon and blue will be the letter coloring of this inscription. Cancelled memorial envelopes will be available to all at 10 cents each. Orders should be addressed to:

DR. J. R. FORBES, Director,  
Division of  
Public and Professional Welfare  
212 East Ohio Street  
Chicago, Illinois

### Wrong Thinking Is the Cause of Many Ills

"Wrong thinking and uncontrolled emotions can cause such serious body disturbances as ulcers, high blood pressure, asthma, and diabetes," **Dr. Robert S. Roscoe**, Cleveland, Ohio, writes in the current issue of the Journal of the American Osteopathic Association, official scientific publication of that organization.

"With the advent of psychosomatic medicine many of these disorders have been banished by physicians who practice it and in some instances avoided before they started," he asserts.

The osteopathic physician states that therapy for an individual afflicted with a disease should not be confined just to the disease entity itself, "which after all is only a symptom complex of some simple or complicated disturbance within the patient."



Dr. Edwin F. Peters

agree with the content of this report, every physician should be informed of some of the pertinent information contained therein. Mr. Ewing, in this report, presents some very startling information. Some of the highlights of the report are as follows: "Every year 325,000 persons die whom we have the knowledge to save. This number is divided into five distinct categories; 120,000 persons dying of communicable diseases! 115,000 of cancer and heart disease; 40,000 from accidents; 30,000 infant and maternal deaths; and 20,000 in other classifications.

Every year the nation loses 4,300,000 man years of work through bad health and every year the nation loses \$27,000,000 in national wealth through sickness. Of more than 3,800 deaths that occur daily in the United States, nearly 900 or 23 percent are preventable. Yearly, 1,400,000 people die in the United States and according to the report we have today only 80 percent of the physicians we need. We have

(Continued on Page 2)

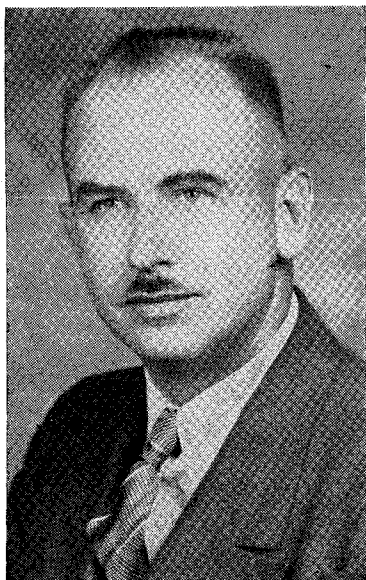


## Dean's Letter

### Basic Science

In many States, laws exist which require prospective doctors to qualify in the Basic Science (Anatomy, Chemistry, Physiology, Bacteriology, Pathology) before being admitted to practice.

The soundness of such laws should be unquestioned. The life and health of the people must necessarily be entrusted to those who presumably have been carefully trained for the purpose.



Dr. John B. Shumaker

No one can deny that a reasonable basic knowledge of anatomy, bacteriology, and the other sciences should be expected in a doctor. How else could he diagnose and treat without a working fundamental knowledge of the sciences?

Reasonable proficiency should be required and determined by examination by an impartial board of examiners appointed or established for the purpose. The personnel of such a board should be individuals who are well versed in their respective fields and who cannot discriminate between different forms of therapy.

The basic training of all doctors, regardless of their schools of therapy, should be the same if they are to be entrusted equally with life and health.

In addition, proficiency of an osteopathic, medical, or other student in the sciences should be established in the professional schools before he may be permitted to study clinical subjects and to graduate.

D.M.S.C.O.S. believes in this creed and requires its sophomores to demonstrate proficiency in the basic sciences before advancing them into the clinical years of study. Human life is too precious to entrust to the partially or imperfectly trained practitioner.

### MATRIMONY

An institution which cost a man his Bachelor's degree while his wife acquires a Masters.

## President Chats

(Continued from Page 1)

only 50 percent of the hospital beds we need.

Annually we are spending \$1,000,000,000 on all types of research but medical and the related sciences research gets only approximately 10 percent of this amount. Military and industrial research gets the balance. The report states that about 2 percent of our people are able to afford all the medical care that they need. That 50 percent of our families, those with incomes of \$3,000 or less, find it impossible to pay routine medical care. 30 percent of the American families, those with incomes between \$3,000 \$5,000, have to make a great sacrifice or go into debt to meet the cost of a severe or chronic illness.

The report further points out that today we have 190,000 physicians. In 1960 according to estimates, we will need 254,000 but we can only expect to have 227,000. Today we have 75,000 dentists and in 1960 for adequate care of the health of the people, we need 95,000. Today we have 318,000 nurses and in 1960 we will need 443,000. At the same time we will need 600,000 additional hospital beds.

The report further points out some interesting data regarding doctor - patient ratio, showing that New York State has the average of 1 doctor to approximately 500 persons; while the state of Mississippi has the average of 1 doctor to every 1,500 persons; that California has the average of 1 Dentist to 1,300 persons; South Carolina has an average of 1 dentist to every 5,000 persons; that Connecticut has the average of 1 nurse to 200 persons, while Arkansas has

an average of 1 nurse to 2,100 persons.

According to Mr. Ewing, one of the major problems of any nation is the health of its citizens. In order to properly meet the needs of medical health to our population, it is imperative that our schools graduate more doctors, but at the present time, with the extreme cost of medical education and the small amount of expenses paid by tuition of the student, the medical schools are faced with a serious problem.

The report reveals that the nation's medical schools' tuition pays less than 28 percent of the expenditures for the education of the student. Therefore more than 72 percent of the cost of medical education of each student enrolled in our medical schools of the country must be secured from outside sources. In order to properly provide adequate medical care, it is necessary that we have additional hospital beds and the average cost of construction of a hospital is more than \$10,000 per bed. It is revealing to note that more than 40 percent of all the counties of the United States have no acceptable hospital beds at all.

According to the report of the 48 states of the United States and the District of Columbia, we find only ten with a ratio of 1 doctor to less than 700 persons. They are as follows: District of Columbia, New York, Nevada, California, Illinois, Connecticut, Massachusetts, Colorado, Vermont and Maryland.

Now 14 states have an average of more than 1,000 persons to a doctor. They are: Montana, Idaho, South Dakota, North Dakota, West Virginia, New Mexico, Tennessee, North Carolina, Georgia, Kentucky, Alabama, South Carolina, Arkansas, and Mississippi. According to the yardstick ratio as presented in the report there should be at

least one doctor for every 667 persons.

Blue Cross Insurance Plan has helped greatly in providing adequate care for many of our people, and the ten first states with their ration of percent of population affiliated with the Blue Cross Insurance is revealed as follows: Rhode Island with 67.4 percent, Delaware with 40.4 percent, Massachusetts with 41.4 percent, District of Columbia with 40 percent, Colorado with 39.3 percent, Connecticut with 35.6 percent, Ohio with 35.3 percent, New York with 33 percent, Pennsylvania with 30.1 percent, Minnesota 29.4 percent. As of January 1, 1948, the State of Iowa had the percent of population of 15 percent members of Blue Cross while the average for the United States is 19.2 percent.

The Ewing report presents valuable information in all fields of medical care. It is a very interesting report and whether we individually agree or disagree with national health insurance, it is important for us to read the report and to know the thinking of those who are so vitally concerned with instituting a national health program.

## Gift

Dr. Elmer H. Frech of Lincoln, Nebraska, graduate of 1918, sent two cartons of books to the Library in February.

Help Make  
Des Moines the  
Mecca of  
Osteopathy

## DIAGNOSTIC CLINIC

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## STILL COLLEGE OSTEOPATHIC HOSPITAL

725 Sixth Avenue

Des Moines, Iowa

# The Log Book

The Official Publication of  
DES MOINES STILL COLLEGE  
OF OSTEOPATHY & SURGERY

Editor  
SIMON S. INDIANER

Associate Editor  
MORT LEVIN

*Osteopathy Without Limitation*

## Ode to Physiology

Our curriculum beloved, physiology—  
Where we dream of "B" and hope for "C"  
Amidst many terms and theories anew  
Expounded by men who appear in "Who's Who."

With graphs to the left and cycles to the right  
You study them till you lose your eye sight—  
Or, when you learn them, low and behold—  
You are so worn out, you are ready to fold—

With the passage of time you acquire new data  
To later ask patients "just what is the matter?"  
So, the sooner you know you HR and SVs—  
Your dream may come true, in spite of your "Cs".

—Allen Ingenito.

## New O. S. C. Club Formed

Students at D.M.S.C.O.S. have recently formed the Osteopathic Students Club which is open to anyone who has matriculated at this school and is at present enrolled. The organization comprises 35 students with membership rapidly growing. At the first meeting held on March 3rd an election of officers was held and results were:

President.....**Philip A. Di Salvo**  
Vice Pres.....**Edgar E. Kornhauser**  
Secretary.....**George A. Jackson**  
Treasurer.....**Pat Cotrelle**

The purpose of this club is to bring an organization within reach financially of all students and to foster tolerance, regardless of race, religion, or fraternal affiliation.

An ambitious program providing such social activities as dances, dinners with speakers, formation of a glee club, and work nights, is planned. Unanimous approval has been granted by the **Board of Trustees, Dr. Peters, Dr. Shumaker, and the faculty.** All students are invited to join this alert young organization.

## Washington News Letter

### Selective Service

At the request of the A.O.A. Department of Public Relations, Col. Richard H. Eanes, Medical Director of Selective Service, took part in the program of the A.O.A. Public Education on Health Conference in Chicago, Feb. 6th. Col. Eanes explained and answered questions from the floor on students and practitioner deferment procedures.

On January 31st, a three-man Presidential Appeal Board to handle appeals to the President from Local Boards was appointed, including Martin Coffey, chairman, building material business, Middletown, Ohio; Paul H. Griffith, formerly with Selective Service and former representative of the AOHA; and Paul C. Wolman, attorney, Baltimore, Md.

### Veterans Administration

Although the 13 branch offices of VA were cancelled on Jan. 31, the Branch Medical Directors will continue to exercise their authority for the time being.

Twenty-four State Osteopathic Societies have submitted agreements for hometown care to the VA. To date, 15 of these have been fully processed, signed by the VA and put into effect.

Seven doctors of osteopathy are now employed in the VA Department of Medicine and Surgery. A bill, HR 1512, to admit chiropractors is pending before the House Committee on Veteran's Affairs.

Veteran enrollments in colleges and universities under Federal training programs on November 30, 1948, dropped 15 percent below enrollments on November 30, 1947, according to VA.

### Displaced Persons

On January 31st Congressman Case of South Dakota introduced HR2018, to amend the Displaced Persons Act of 1948 to authorize the admission into the United States of five hundred displaced doctors and one thousand nurses, to provide for their employment in government hospitals including Indian hospitals, and for other purposes.

The bill includes the following definition: "(f) 'Eligible displaced doctor' means an eligible displaced person who is considered by the Displaced Medical Personnel Board to be qualified for the practice of medicine, surgery, osteopathy, or dentistry in a government hospital, medical relief station, or other like facility."

The bill also provides: "No license or certificate to practice in any State or any other formal qualification shall be required of any such person who, in the opinion of the Board, is otherwise qualified to engage in the practice of medicine, osteopathy, or dentistry, or to enter into employment as a nurse, hospital technician, hospital aide, or ward attendant."

## From Reason . . . To Osteopathy

By JOELLA SCHMIDT DE BARD

(Concluded from last month)

The basis of health is a well-ordered body, and a painstaking, careful, complete examination of that body is fundamental in osteopathic diagnosis. The osteopathic physician uses other methods of diagnosis such as x-ray, and chemical laboratory equipment.

X-ray pictures are particularly important since they enable the osteopathic physician more easily to study bone structures. Mechanical defects, unnoticed by the patient, may be the source of the ailment since many of these defects occur in a strategic region where important nerves, with wide distribution, emerge from the brain or the spinal cord.

The manipulative art is the technic which distinguishes the osteopathic physician from the medical doctor. The osteopathic physician spends years developing his sense of touch and his ability to observe even the slightest abnormalities in posture and movement.

By perfecting these senses to the highest degree the doctors can detect slight, early departures from the normal in body tissues, not only superficial, but deep. Skill and technic, acquired through careful schooling and clinical experience, enables him to readjust and normalize the body structure and remove one of the greatest obstacles to the restoration of health.

Despite the fact that manipulative treatment is the basis and the distinguishing feature in osteopathy, it is not all that system of therapy possesses. Osteopathy never was and cannot properly be called a drugless school of healing. A thorough course in pharmacology is part of the college curriculum of every osteopathic student.

While most osteopathic physicians are engaged in general practice, many specialize in fields such as surgery; obstetrics; orthopedics; internal medicine; eye, ear, nose, and throat; and mental and nervous diseases. The general practitioner must know how to diagnose various conditions in order to direct his treatments intelligently and to recognize those cases which should be referred to a specialist.

Thus his knowledge of surgical diagnosis and other phases of osteopathy must be broad and well-grounded. Both acute and chronic diseases are treated by the osteopathic physician, who realizes that while health depends primarily upon a smoothly functioning organism, the body must also have the proper exercise, diet, recreation, and rest and must not be harassed by tension or worry.

The physician himself must be in good health if he is to be able to withstand the pressure of long working hours and mental agility required. In diagnosis of any kind, the doctor must have a clear, calculating mentality,

ability to reason from cause to effect, and must think straight and logically. Personality plays a major role in the life of the physician too, because his work requires that he be able to meet people and to talk to them easily, to lead and influence them.

The sense of touch must be especially developed thoroughly in the osteopathic physician. Furthermore, the doctor must be sure of himself so that his patients will be able to place their trust in him.

Even before an individual may begin his osteopathic college work, he must already have satisfactorily completed high school and at least two years of pre-professional college work. Only then will one of the six osteopathic colleges in the country accept him.

The colleges are: Kirksville College of Osteopathy and Surgery, Kirksville, Missouri; Des Moines Still College of Osteopathy and Surgery, Des Moines, Iowa; Chicago College of Osteopathy, Chicago; College of Osteopathic Physicians and Surgeons, Los Angeles; Kansas City College of Osteopathy and Surgery, Kansas City, Missouri; and Philadelphia College of Osteopathy, Philadelphia.

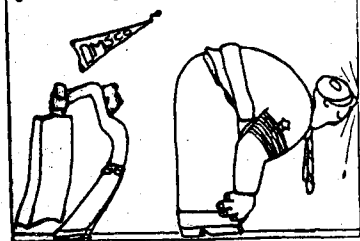
These schools act collectively through the American Association of Osteopathic Colleges to study common problems, transfer students, and correlate plans for curriculum and teaching methods. There is a clinic and hospital associated with each of these schools, and laboratories and visiting departments are operated so that students can get practical experience with bed-fast patients.

Osteopathy is a growing, progressive school of practice where new methods of diagnosis and treatment are ever being discovered and put into use when proved of value. Osteopathy is a profession which offers opportunity to its young doctors.

This great school of practice has developed rapidly since the time it was first started by Dr. A. T. Still. Perhaps one of the reasons for its advance is that, like Dr. Still, the osteopathic physicians who have come after him believe, too, in the great ideal of the perfect body, which no one cures of disease but rather which one merely assists in curing itself.

\*Still, A. T. *Autobiography*. Published by the Author, Kirksville, Mo. 197, p. 371.  
§Still, A. T.: *Osteopathic Research and Practice*. Published by the Author, Kirksville, Mo., 1910, p. 10.

# FRATERNITY NOTES



## ATLAS CLUB

Things have been buzzing with activity in the Atlas Club these days. Our report in the last edition of the Log was withheld pending bigger and better activities which are looming in the future. First a hearty vote of thanks on behalf of all the actives and pledges to the retiring Noble Skull **Robert Johnson**, and his fellow officers. Their able leadership last semester set high standards for the newly elected officers for the present semester. Election of officers resulted in the following students being sworn into their offices following a very close election: Noble Skull, **Arthur Jacobson**; Occipital, **James Lott**; Stylus, **Joe Baker**; Sacrum, **Ed Zarnosky**; Styloid, **Harry Wurst**; Receptaculum, **Irwin Groff**.

Following a short business meeting last Monday the club was honored by the presence of **Dr. M. D. Cramer** who presented to the members and guests an extremely interesting discussion and demonstration on the diagnosis and treatment of athletic injuries. Many thanks, Doctor, for a most enlightening evening. Please accept this invitation to return again in the very near future. Gloom descends once more at Still as 6 weeks exams are upon us. Cheer up fellows and keep your eye on May 7 as a very spectacular event is in the offering. Be sure and watch for future developments.

# ΦΣΓ

Under the guidance of the fraternity's new president, **Jack Hessey**, the social life of the P.S.G. house got off in splendid fashion. The facilities of the house were officially opened with the St. Valentine's Dance. Despite weather which interned many dog teams the house was packed with smiling visages and happy shuffling feet. Successive week-ends have found many returnees, for the house as before proves to be an extremely convenient and economical place to spend an evening.

Pledges **Joe Kowan**, **Glynn Raley**, **Michael Armaly**, **James T. Haffenden**, **John Seibert**, **Ben Stough**, **Harry Broun**, **Roy Honeywell**, **Roy Hedgepeth**, **William Johannsen**, **Boris Fiyalko**, **Lee Gomoll**, **Richard Cantrell**, **Edmond Foster** and **Charles Fortino** were prepared for the oncoming initiation. Relative to the initiation a not too subtle look of gleeful anticipation was noted on the faces of the active members. Following the initiation there will be a banquet. Strangely, the banquet will be buffet style for the benefit of the pledges.

Traditionally the pledges take charge of the house for the party. The only deviation from this pattern this year is the self admitted boast of the pledges to top all previous parties held by any group in the school. The party theme will be a hobo one, with no reflection on anyone. Everyone is invited to attend in their own interpretation of an appropriate costume. A prize will be given for the best (worst?) costume.

News involving those in the house concerns the new athletic activity. Directed by that tanned athlete, **Joel Kowan**, the boys are engaged in a strange competitive sport which finds **William Hughes** unquestioned champion. All other competitors have found them-

selves, much to their own embarrassment inadequate.

In acknowledgement to his acceptance as a pledge **Richard Cantrell's** wife presented him with a six and a half pound girl. Congratulations Dick!

## Square and Compass Club News

Friday night, February 25, the Square and Compass Club held their second election of officers. The following members were chosen for office: President, **Jack Hessey**; Vice-president, and President-elect, **Lowell Barnes**; Secretary-treasurer, **B. B. Baker**.

For almost a year the college clinic waiting room has been the site for the Square and Compass meetings. Some of our members observed that the number of magazines supplied to the clinic was inadequate for the number of patients who wanted to read them. This has led to the inauguration of "Project Magazine." Each member, who subscribes to a magazine, donates it to the clinic as soon as he is finished with it.

In answer to the many queries about the Square and Compass club: If you are a Mason, or are taking the degrees of Masonry, and are a student or a member of the faculty of the Des Moines Still College of Osteopathy and Surgery you are eligible to give us 50c and receive a membership card in return. There are no regular dues. The object of the Square and Compass Club is the object all Masons have plus the desire to improve ourselves in osteopathy.

On March 28 there will be a short meeting followed by a dinner at Mac's (college cafeteria). After the dinner the members will go across the street to Moin-gona Lodge No. 633 where we will labor in the third degree—**Brother Walter Mill** will be raised to the degree of Master Mason that night.

# ITΣ

A meeting was held at **Dr. D. E. Sloan's** office on Friday, Feb. 18, at 8:00 p.m. for the purpose of conferring upon pledges **Lloyd Hoxie** and **Mike Fisher** the first degree rite of the national fraternity. All the majestic pomp and ceremony associated with such a serious occasion was observed until it hurt. Various secrets associated with the first degree were divulged and material was given to the pledges to prepare for their second degree.

A time of good fellowship was enjoyed by all, both before and after the meeting. Needless to say, the pledges both proceeded to their respective abodes under their own power. **President B. B. Baker** is corresponding with the national fraternity in behalf of this initiation.

# AOF

L.O.G. has been privileged in the past few weeks to present two interesting speakers. **Dr. Chadwell**, of the hospital staff, spoke on "Manipulative Techniques as Related to Obstetrics." Our other speaker, **Mr. J. Brozgal**, a clinical psychologist, discussed psychological problems common to childhood. Both sessions were marked by good sized audiences. Several work nights are being planned for the future. L.O.G. is also planning a semi-formal dance for March 26 at the Parkview Community Club on Polk Blvd. We hope you'll all come.

## Important Notice

The LOG BOOK Mailing List must include the ZONE NUMBERS, in its addresses. PLEASE send your ZONE NUMBER IN ON CHANGE OF ADDRESSES OR WHEN MAILING IN NEW NAMES FOR THE LOG BOOK.

# The Log Book

The Official Publication  
DES MOINES STILL COLLEGE  
OF OSTEOPATHY & SURGERY

722 Sixth Avenue  
DES MOINES 9, IOWA

Entered as  
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Volume 27

APRIL, 1949

Number 4

# D. M. S. C. O. S. Research Program Advances

## Osteopathic Physician Tours With Candidate

Osteopathy was signally recognized in the recent presidential campaign when **Dr. O. C. Latimer** of New York City, accompanied **Gov. and Mrs. Tom Dewey** and staff as physician on two trans-continental trips. Dr. Latimer reports that the trips were enjoyable and profitable experiences despite the fact that it was extremely difficult to treat all sizes of people at any and all hours on a portable treating table and lounge sofas.

Working conditions on trains accounted for the many cases of postural fatigue, Dr. Latimer says. He reports that practically everybody developed upper dorsal lesions and strains, headaches and eye-strain. And although there were some low back conditions and indigestion, no one was really sick throughout the two trips.

Commenting upon the experience as a whole, Dr. Latimer says "Generally speaking, the trips were a wonderful personal, professional and political education."

## Approval

On March 16th, 1949, **Dr. R. McFarlane Tilley**, **Dr. Byron C. Laycock** and **President Edwin F. Peters** appeared before the Approving Authority for the Commonwealth of Massachusetts, requesting that Des Moines Still College of Osteopathy and Surgery be registered in that state. The following letter received from the Secretary informs the college of its registration.

Dr. Edwin F. Peters, President  
 Dear Dr. Peters:

On March 23, 1949, the Approving Authority established by Act of the General Court of Massachusetts in the year of 1936, Chapter 247, and following a hearing as a result of the university's request for approval, hereby notifies the Des Moines Still College of Osteopathy and Surgery that it is approved by the Approving Authority with the provision that this approval shall apply to students matriculating for the fall class of 1948.

Very truly yours,  
**GEORGE L. SCHADT, M.C.**  
 Secretary

## A. O. A. Health Conference

This conference was held Feb. 5 and 6, 1949, at the Knickerbocker Hotel, Chicago, Ill.

The following pertinent information was taken from the March, 1949, Bulletin of the Massachusetts Society—

"A discussion on Public Hospitals with **Dr. F. J. Grunigan** as moderator and also the operation of the Hill-Burton Act was explained. The problem of access by physicians into public hospitals was thoroughly discussed. There are three basic procedures to be followed. Any attempt by a physician to enter a public hospital should be done with cooperation of the State Society. At no time should an individual physician sue for admittance to a hospital. This type of individual action is the sort of thing that leads to unfortunate circumstances such as the difficulties in Kansas. The attitude is rapidly growing in judicial circles that hospitals are public utilities and will be treated as such.

A final item from the Kansas Osteopathic Case was discussed by **Dr. Phil R. Russell** and **Milton McKay**, attorney for the A.O.A. There was a complete report of this case by Mr. McKay, from start to finish. The point most strongly emphasized as a result of this case is the fact that all legal activities affecting the profession should be supervised and controlled by the Divisional Society or the American Osteopathic Association to prevent such unfortunate occurrences. The day of individual activity by one man or one group of men is obsolete."

## Cranial Booklet Available

**Dr. N. Routledge** of Chatham, Ontario, has published a cranial osteopathic booklet on the final lecture given by **Dr. Paul E. Kimberly** to the Cranial Group on October 23, 1948, at the Des Moines Still College of Osteopathy and Surgery. This booklet is now available. Price \$1.25. Orders may be sent direct to Dr. N. Routledge, 15 Ursulins Avenue, Chatham, Ontario.

Des Moines Still College of Osteopathy and Surgery has always been and will continue to be primarily a teaching institution. However, the college is extremely interested in fostering research in the various departments of the school.

During the past three years, considerable headway has been made in developing some very fine research laboratories and while the program of construction of adequate research laboratories is not complete, the school is extremely proud of the recently constructed research laboratories, namely Anatomy, Physiology, Cranial and Embryology and Histology.

A review of the research which has been completed or is at the present in process of investigation is as follows:

### Department of Physiology

At the present time, three problems are being investigated:

- (1) The ability of the peripheral nerve to sustain activity in the presence of certain chemical agents, principally, alkaloids.
- (2) The effect of carbon dioxide on neuromuscular transmission.
- (3) In a joint project between the departments of physiology and osteopathic principles and technique, a study is being made of the electrical activity of skeletal muscles in certain diseased states of human beings.

### Department of Anatomy

Contributions of the scientific literature from this department by Professor Carrie Gillaspay are as follows:

- (1) **Nissl Changes in the Alligator**, published in the Anatomical Record, Vol. 100, No. 4, April, 1948.
- (2) **Facial Nucleus of Albino Rat: Rattus Norvegicus**, published in the Anatomical Record, Vol. 99, p. 85, 1947.
- (3) A demonstration of nissl changes in the alligator before the American Anatomical Society whose meeting was held at the University of Wisconsin, in April, 1948.

In addition, two articles have been completed and are ready for publication:

- (1) **Experimental Study of the Cranial Motor Nuclei in Reptilia**, to be published in the Journal of Comparative Neurology.
- (2) **Changes in Inorganic Substances in Mammalian Nerve Cells due to Starvation**, to be published in the Journal of Cellular and Comparative Physiology.

### Section of Histology and Embryology (Microanatomy)

**Dr. H. P. K. Agersborg** is very active in research and the constant publication of papers. The report of this section is as follows:

- (1) Two papers were read at the Forty-fourth annual meeting of the American Society of Zoologists in Chicago, Illinois, on December 29, 30, 31, 1947.
- (a) **Gerontology and its application to Medicine and Sociology.**
- (b) **Human Health, Ragweed and Quack-Medicine.**

An abstract of both these papers appears in the Anatomical Record, Volume 99, No. 4, pp. 23. Before the same society at its forty-fifth annual meeting in Washington, D. C., September 11, 12, 13, 1948, he read a paper entitled **On the Nature of the Interdependency of the Organism**. An abstract of the paper appears in the Anatomical Record, Vol. 101, No. 4, pp. 41 and 42.

During the summer of 1948, in collaboration with **Dr. Paul E. Kimberly**, he conducted research at the Marine Biological Laboratory, Woods Hole, Massachusetts, on the subject **The Distribution of the Cerebrospinal Fluid in the Lower Vertebrates**. A synopsis of this work is published in the Biological Bulletin, Vol. 95, No. 2, p. 261. Further experimental studies on the role of the cerebrospinal fluid in vertebrates are being made by **Dr. Agersborg**. His new publication **What Is the Role of the Cerebrospinal Fluid in Man and Other Vertebrates** is being sent to press.

**Important aspects of biology in National and International Economy**, Anatomical Record, 94:8, also in the American Biology Teacher, 9:59-60.

**Principles of Cooperative Enterprise Written in Multicellular Organisms for Man to Follow**, Osteopathic Profession 14:20-21, 42.

**Protoplasmic Approach to Understanding the Individual as part of Social Whole**, Ibides, 15:24-26, 48-56.

## Dean's Letter

**"A mule can't kick while pulling."**

This bit of homespun philosophy applies to all people in groups and as individuals. No goal or purpose can be accomplished without complete coordination of all the parts that make up the unit.

The goal of osteopathic medicine is simple but laudable—to prove in every thought and act that its system of healing is the only sound system. It is the obligation of every physician who practices under the title Doctor of Osteopathy to devote all his thoughts and energies to the promotion of his chosen profession. Any who do otherwise are only kicking and are accomplishing nothing toward the good of the cause.

**"A mule can't kick while pulling."**

The forward movement has already begun. The long untiring efforts of thousands of osteopathic physicians over the years are now beginning to reap the golden harvest. The world is beginning to recognize the benefits to be derived from the osteopathic manipulative treatment and its adjuncts.

The time for kicking is past. Deceleration can be fatal in this critical time. The key to continued success lies in the continued support of the osteopathic schools. Each and every one of the eleven thousand osteopathic physicians in our country belongs in the educational harness and he must contribute his bit with uninterrupted effort to maintain a continuous flow of better trained physicians from our schools.

Our unknown philosopher puts these thoughts together so adequately in his complete rhyme:

**A mule can't pull while kicking,  
This fact I merely mention.  
And he can't kick while pulling,  
Which is my main contention.**

## Government Crack-Down

Following investigation by the FBI, Attorney General **Thomas E. Clark** filed a civil anti-trust suit against the Oregon State Medical Society and seventeen other defendants. Apparently, the government intends to crack down on pre-payment systems which allegedly attempt to stifle competition. Among the defendants are eight county societies and eight individuals (M.D.) all charged with violating the Sherman Act by conspiring to make it all but impossible for competitive medical care organizations (other than their own) to do business in California and Washington as well as Oregon.

—Buckeye O. P.

## Hospital Notes

The out-patient department of the hospital never ceases to be a department of amazement in human affairs. Patients from all walks of life are naturally in attendance. A large book on human relations could be compiled from the everyday stories of the some 350 patients per day that patronize that department and the regular college clinic.

When the hospital opened we had a minimum number of sections in the out-patient department with most of the doctors "doubling up" on various types of specialties.

Now that the department is a well developed operating unit it is comprised of the usual specialties and also includes two sections that are not so common; namely, the weight control clinic and podiatry.

The usual feminine query of, "What can I do to lose some weight, Doctor?" has developed a weight control section of quite some magnitude. Now the department receives letters almost daily from all parts of the United States from friends of patients wanting to know if it is possible for us to prescribe for them through the mail. Of course, the usual procedure is to refer them to their nearest osteopathic physician.

The podiatry section has now grown to require the attention of one doctor who is kept busy with foot and leg conditions of all descriptions. We debated quite some time as to the advisability of this section but now that it is growing by leaps and bounds we are most happy that so many patients have seen fit to attend these clinics.

We feel that both of these rather unusual sections are valuable from a teaching standpoint as well as offering a much needed service in the community.

## Osteopathic Legislation

A letter received from **Dr. James H. Cheney**, of Sioux Falls, South Dakota, explains the new South Dakota law for osteopathic physicians which will be of great interest to the profession as well as to the students now enrolled in the osteopathic colleges.

The new Board of Examiners will be known as the South Dakota law for Osteopathic Physicians which will be of great interest to the profession as well as to the students now enrolled in the osteopathic colleges.

The new Board of Examiners will be known as the South Dakota Medical and Osteopathic Examining Board and will be composed of four M.D.'s and one D.O. The requirements for licensure are as follows:

1. Basic Science certificate.
2. Graduation from a recognized osteopathic college.
3. One year of internship.
4. Examination in the usual fundamentals in osteopathic subjects. D.O.'s take in addition an examination in the usual fundamentals in osteopathic principles.
5. Reciprocity with all states and with the National Osteopathic Board when the legal requirements are at least equal and reciprocity is mutual.
6. Practice Rights: Osteopathic Medicine, Surgery and Obstetrics without limitation.

The new law goes into effect July 1st, 1949.

## Faculty Notes

**Dr. B. E. Poundstone** of the faculty of D.M.S.C.O.S. and **Dr. V. A. Englund** are attending the Annual Convention of the American Society of Osteopathic Proctologists which is being held in Cleveland, Ohio, April 11-13.

\* \* \*

**Dr. H. P. K. Agersborg**, Professor of Embryology and Histology at the college delivered a series of three scientific lectures in Houston, Texas, during the week commencing April 11th.

**Professor Carrie Gillaspay**, Chairman of the Department of Anatomy of the Des Moines Still College of Osteopathy and Surgery will present two research papers before the American Anatomical Association at the annual convention which will be held in Philadelphia, Pa., April 12-15.

The subjects of Professor Gillaspay's research papers are:

1. Effect of stimulating the motor cortex and the cingulum gyrus separately and simultaneously in anesthetized and non-anesthetized animals.
2. Renal agenesis demonstration by microscopic sections and photographs).

**Mr. Oscar J. Van Renterghem**, assistant in the anatomy department, was in charge of the extensive photographic work connected with the demonstrations on Renal agenesis. **Miss Phyllis Goddard**, the anatomical artist of the department, made numerous drawings of the demonstration.

**Help Your Profession Help You by Contributing Now to the Osteopathic Progress Fund.**

## DIAGNOSTIC CLINIC

STILL COLLEGE OSTEOPATHIC HOSPITAL

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Cardio-Respiratory  
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Ear, Eyes, Nose and Throat  
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Obstetrics and Gynecology  
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**STILL COLLEGE OSTEOPATHIC HOSPITAL**  
725 Sixth Avenue  
Des Moines, Iowa



# The Log Book

The Official Publication of  
DES MOINES STILL COLLEGE  
OF OSTEOPATHY & SURGERY

Editor  
SIMON S. INDIANER

Associate Editor  
MORT LEVIN

*Osteopathy Without Limitation*

## President Chats

Life to most of us is social. We have social objectives and we have occupations and professions that involve human relationships. Successful living therefore necessitates the ability to deal with people. In our striving for happiness and in our attempts to help others achieve it, we need to get people to respond favorably to us and to our suggestions.

As our relationship with other people grows in complexity, our proficiency in getting along with others and in stimulating them to activity becomes increasingly important. Today we feel a constant need of being versed in the science and art of dealing with people, inasmuch as we are constantly serving people, regardless of our walk of life.

Methods of dealing with people must be formulated in terms of human nature. Man has certain fundamental wants, certain fundamental motives or needs that initiate and sustain all of his activities. Although other factors stir man, passion is the gale.

The fundamental wants usually act together on different occasions in different combinations. Seldom can a given response be attributed to a single motive and seldom can its recurrence in the same mind or different individuals be attributed to the identical combination of motives. To understand the combined influence of human wants upon human behavior, we must know something about the part played by each.

One of the fundamental wants is the want of the feeling of personal worth. With this want is a significant factor underlying most of what man does. It finds expression in a multitude of ways and lies hidden in a variety of disguises. In addition to being pervasive, this want is forceful and persistent. It gives rise to some of the most intense activity and presses forever upon us. How hard man struggles to avoid a feeling of worthlessness, to achieve a feeling of importance. How persistently he demands that his worth be acknowledged. How high he places mankind in the order of existence and how much he prides himself when he feels that he is considered to be of especial significance among his fellow men.

The pages of history are full of illustrations of men in all

walks of life who have prided themselves in the service that they have been able to render their fellow men. The leaders of every profession and vocation through the pages of history have been imbued with the same spirit. It is not the man who accumulates an empire of wealth whose name will live. It is the individual who accumulates an empire of service whose name will live down through the years.

Some forty odd years ago, in the city of Chicago, two prominent personalities were commanding the respect of that great city. One was a wealthy man, maintaining the controlling interest of the Board of Trade and the wheat market. The other personality was an individual without riches but an individual with a spirit, a passion of service, fulfilling that fundamental want which is a service to mankind. Today the name of Patton is as dead as his body but the name of Jane Adams, founder of Hull House, will live forever for the humanity she served.

We could find many illustrations in every profession which exemplify the same type of philosophy, whether we be physicians, teachers, lawyers, businessmen, military men or whatever field of work we might engage in.

This year we are celebrating the diamond jubilee of osteopathy, a profession dedicated to a purpose based on the philosophy of service. Let us turn back pages of history and seek personalities whose philosophy were such that their contributions made possible the values that we are receiving today.

We may think of Hippocrates as the father of medicine and while his earthly remunerations were small, his writings which were symbolic of early Greek medical thought, has given to all members of the therapeutic science, an inspiration for their life's work.

In 1847 Semmerweiss met with fierce opposition when he dared to suggest that the dreaded child-birth fever was caused by the unclean hands of the obstetrician. Louis Pasteur, a chemist, had to face the wrath of noted investigators when he announced that spontaneous generation was a fallacy; that fermentation and putrefaction takes place in wine and food because of contamination by micro-organisms in the air.

Joseph Lister, a keen observer of Pasteur's work, applied the principles evolved by Pasteur to surgery. These men devoted their lives to service of their fellow men. They suffered ridicule but their names live on because they rendered a service to mankind.

Service is the rent we pay for the space we occupy and regardless of our chosen profession, it is imperative that we serve others.

The father of our school of thought, Dr. Andrew Taylor Still, was severely criticized and ridiculed when he announced to the world his theory of medicine.

The theory has proven itself sound scientifically because it is based upon the laws of nature. The truth always wins and truth plus service makes an unbeatable team.

As in all professions, so in our profession there are doctors and then there are doctors. There is a great difference in doctors and even though they have all had the same academic and professional preparation, some are continuously busy and others are seldom called. Some are good and others are better and a few are outstanding.

Those that are excellent or outstanding are the ones who have captured something of the spirit of the great teacher. They are the ones who are willing to sacrifice time and pleasure in order to add that additional something to their work. They are the ones who are not content with a single visit, who are not content with a general prescription of a "cure-all," but the ones who take personal interest in each case; the ones who do all that they can not only to heal the disease, but also to comfort the patient; the doctor, who when nurses cannot be had, will give bedside care himself until his patient is nursed back to health; the doctor who will not turn over all of the post-operative details to a nurse or to an assistant but the one who will come personally to the bedside and see to it that all is done for this man or woman.

The doctor should see in each patient, not only another appendectomy, or respiratory case, but should recognize a brother and hence one who should be given the greatest attention. I mean the doctor who does his work and then inquires whether he has treated a general or a G.I., whether he has treated a president or a janitor. That doctor is an excellent doctor, who sees behind a broken body, a soul that might be strong and well; who recognizes that a hand unable to hold a spoon may house a soul that likewise is in need of help; who realizes that eyes too weak to remain open, may have been fixed on eternity for years, and ears deafened to the sounds about the sick room may be waiting for his touch in order that they might too hear the voice of God.

In other words, that doctor is excellent who recognizes that beneath what he sees before him, there is a soul. A soul created by the Almighty; that soul made for the Almighty, therefore he has done everything that is best for the house of that soul.

The osteopathic physician today with his scientific professional training, his zeal for continued professional advancement and his thorough understanding of the problems of others and his faith and belief in Divine Guidance, will truly be a Physician Plus and he may forever feel that he has given his best for his fellowman. That he may feel that his efforts

have not been in vain, that for Thee he has served to the best of his ability. Nor must he forget, in serving others, the school that has served him in preparing him for his profession.

The osteopathic physician must maintain that abstract trait which will assure integrity at all times and it is impossible for him to maintain that service for others if he cheats himself.

## Square & Compass Club News

A dinner was held in the college restaurant Thursday night, March 31. The dinner served a dual purpose: (1) That of being a regular function of the club and, (2) bringing the members together for labor in the third degree. **Brother Walter Mill** was raised to the sublime degree of a Master Mason following the dinner.

It was gratifying to see the Square and Compass Club so much in evidence while **Brother Mill** was taking his work. It is the desire of the club that in the near future when a student, or anyone associated with the Des Moines Still College of Osteopathy and Surgery, takes his degrees we will be able to handle the ritual with little or no outside help.

After becoming a Master Mason, **Brother Mill** received a beautiful gold pin from **Brother Bruce Thayer** on behalf of the Square and Compass Club.

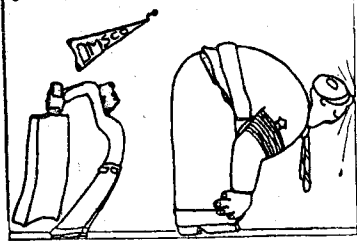
We wish to welcome **Brother Harry Elmetts** and **Brother Walter Mill** into the fold of the club. We are very happy to place your names on our membership list.

The "Operation Magazine" has been a success. We are now furnishing magazines impartially to both the College Clinic and the College Hospital. Keep them coming fellows!

## National Board Of Examiners

The National Board of Examiners for the Osteopathic Physicians and Surgeons announces that examinations in Parts I and II of the National Board of Examinations will be given in each of the osteopathic colleges on the first Thursday and Friday of each May and December. Application blanks may be obtained at the secretary's office, and the completed application blank together with a passport photo and a check for the part or parts wished to be taken must be in the secretary's office by the 15th of November or the 15th of April, preceding the examinations. The examinations in Part III will be given in specified locations at the discretion of the board and for the convenience of the applicant.—Journal of Osteopathy, February, 1949.

## FRATERNITY NOTES



AOF

The evening of Saturday, March 26, was marked by the L. O. G. semi-formal dance. A goodly crowd danced and was entertained by a floor show offering that included dancers, singers and a jazz piano rendition by Miss Rosemary Lehman, currently appearing at the Chesterfield night club.

Friday, April 1st, L. O. G. presented at an open meeting Mr. B. Fromack, a Sharpe & Dohme representative. Several meetings of a similar nature are planned for the near future. Also on the agenda of coming events is the annual L. O. G. picnic to be held on Mother's Day at Birdland Park. This affair has always proved enjoyable in the past. We hope this year's picnic will be just as successful. This can be assured with a good attendance. We hope you'll all come.

## Gift

Dr. J. R. Forbes, Director of the Division of Public and Professional Welfare of the American Osteopathic Association and a graduate of the class of '34, recently made a gift to the college library of Brennenman's Practice of Pediatrics. This contribution is deeply appreciated by the college.

## ITS

Dr. D. E. Sloan's modern clinic was the scene of the third and final rite administered to barbarians Lloyd Hoxie and Mike Fisher who were given their fraternity pins and initiated as full-fledged members of Iota Tau Sigma on Tuesday night, April 5.

This marks the end of the necessary induction ceremonies and ITS will immediately plunge into a vigorous program of work nights to some of which the wives and girl friends will be invited. It is a rather well known fact that ITS accentuates the importance of work nights and de-emphasizes purely social gatherings.

After the meeting Dr. Sloan showed us his clinical equipment which includes an X-Ray machine, electro cardiograph and blood laboratory to mention some of the most important. We are proud to salute Dr. D. E. Sloan with this appreciation of his interest and time and hospitality shown to Iota Tau Sigma fraternity.



The Beta Chapter of Delta Omega met at the home of Dr. Mary Golden at 2001 Beaver Ave., March 25, 1949. Dr. Mary's newly built home and office is certainly a beautiful and very practical structure. There are also many antique articles in the house which have a definite history behind them.

Dr. Beryl Freeman directed the group in a discussion and practice session in principles of technique. Many helpful methods were demonstrated including those for cervical, thoracic and rib lesions.

A delicious lunch was served by Dr. Mary and thoroughly enjoyed by all.

A dinner meeting is planned for April 11, 1949, at Doty's tea room. Dr. Della Caldwell will be the speaker.

## QSF

On the 27th of April the following named pledges were duly initiated into the fraternity: Roy Hedgepeth, Roy Honeywell, Charles Fortino, James Haffenden, John Seibert, Mike Armaly, Glynn Raley, Elden Gommell, Boris Fiyalko, Harry Brown, Joel Kowan, William Johansen, and Richard Cantrell. The formal initiation was followed by a banquet. Each new member was presented a fraternity pin.

Guest speakers were Dr. Laycock and Shumaker. Congratulations are extended to Paul Panakos and his committee for the splendid work done on the initiation. Many thanks are also extended to Mrs. P. Panakos, Mrs. J. Hessey, Mrs. D. Dodson, and Mrs. R. Harrison for helping to make the banquet successful.

A week before their initiation the pledges were given free reign of the fraternity house for one night. Since it was their only chance as pledges to do as they pleased they decided to give a "Hobo" dance. The dance which was held on April 19th turned out to be one of the gayest affairs of the term. Well over seventy couples attended and all were in costumes which in some cases quite unique. Mr. Jack Stucker and Mrs. Walt Hoffman walked off with first prize for the appropriateness of their costume. Many thanks are given to this group for running a wonderful affair. We hope they can do as well in helping us plan for our future affairs.

We would like to congratulate Dr. James Allender upon the completion this month of his internship at Wilden Hospital.

With the coming of spring new social activities are being planned with an enthusiasm which may be attributed to "spring" fever. An announcement of these affairs which we hope will be

better than ever will be made as soon as a definite date is decided upon. However, every Saturday night is open house at the PSG house and everyone, with or without a date is invited.

## ATLAS CLUB

Well it's spring again. Preparations are being made for our coming spring carnival at River-view, on May 23. Remember that date and be sure to keep it open for an evening of fun and frolic the likes of which our Alma Mater has never seen. We have been really fortunate in obtaining the internationally known band of Freddy Neagle from Chicago. Be sure to listen for his recordings within the near future and I'm sure you will agree that the ballroom music will be tops. Watch for future developments.

Congratulations are in order to the L. O. G. fraternity on their very successful dance. It was really refreshing and a pleasure to all. How about another in the near future?

I'm sure we have all noticed the wonderful social life that is blossoming on Still campus. Come on, gang, what about it, inter-fraternity and sorority cooperation is the formula for a bigger and better and happier college life. Keep it up, you're doing wonderfully.

We want to thank Mr. G. W. Knox, the representative of Vitamins, for the interesting work night on April 4.

—J. B. Stylus.

## Notice

If and when you change your address, please notify the LOG BOOK promptly.

## The Log Book

The Official Publication

DES MOINES STILL COLLEGE  
OF OSTEOPATHY & SURGERY

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# THE LOG BOOK

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Volume 27

MAY, 1949

Number 5

## SENIOR CONVOCATION ISSUE

### Dr. LeRoque Heads Jubilee Committee

**Dr. Jean F. LeRoque**, class 1940, has been appointed by the Board of Trustees of D.M.S.C.O.S., as special alumni chairman for the Alumni Banquet to be held at the Diamond Jubilee Convention at St. Louis, July 12 through 15, 1949.

Dr. LeRoque served as chairman of the most successful Golden Jubilee Homecoming for D.M.S.C.O.S. last October; and by virtue of his broad acquaintance among the graduates of the school he was selected to head this important banquet to be held on Wednesday evening, July 14. Special entertainment will be provided for the old grads.

Dr. LeRoque has been very active in association activities since his return from the service. He served as a captain in the United States Army in the European Theater and immediately upon his separation from the service, he spent a year in refresher work at the college and at present is located in general practice in the City of Des Moines. He is also affiliated with the college pathology department. To the good doctor, his alma mater comes first and even though he is a very busy practitioner, he finds time to devote two hours every day to the students at the college. In addition to his teaching activities he is the college sponsor of the Alpha Chapter of Pi Omicron Mu, the preprofessional osteopathic fraternity of Drake University and is one of the two advisors of the student council of the school. Dr. LeRoque's slogan is "A busy man is never so busy that he can not do one more good deed for osteopathy."

He is counting on seeing all of you at the Alumni Banquet, St. Louis, Missouri, July 14th.

### Army Appropriations Now Available

Army appropriations for medical treatment by Osteopathic Physicians for Army personnel on duty, furlough, or leave of absence, at places where Government medical and hospital facilities are not available, are now available for payment.

### New Faculty Members

**Dr. A. L. Wickens**, of Toronto, Canada, a graduate of the Kirksville College of Osteopathy and Surgery in 1940, has accepted an appointment to the faculty of D.M.S.C.O.S. in the department of pathology. Dr. Wickens, after his graduation from the Kirksville College, entered general practice in his home city of Toronto, Canada, for one year and a half. He then entered the Royal Canadian Air Force and was assigned to the Rockcliff Rehabilitation Hospital.

Upon his separation from the Canadian army, Dr. Wickens returned to his alma mater and spent three years in residency training in pathology under the supervision of Dr. G. C. Stukey, of the Kirksville faculty.

Dr. Wickens is married and has two children, a son, age 5, and a daughter, age 2. Dr. Wickens and family will move to Des Moines in the near future with the Doctor assuming his professional duties at the college on or before June 15th, this year. The College faculty and profession welcome this new staff member.

\* \* \*

**Dr. Robert O. Fagen**, of the class of 1938, has just returned to the college from his final year of intensive study in orthopedic surgery at the California College of Osteopathic Physicians and Surgeons. Dr. Fagen will conduct an Orthopedic Clinic at the college on Friday afternoon of each week and will teach the course of orthopedic surgery at the college. The administration and staff are proud to have Dr. Fagen return to our midst.

### Federal Aid to Medical Education

March 25, Congressman William McDonald Wheeler of Georgia introduced a bill, H.R. 3828, creating a Medical Education Board in the Federal Security Agency to grant 15-yr. loans at 1 percent to approved colleges and schools and to grant loans to students in approved colleges and schools. The bill defines the term "approved colleges and schools" to mean "colleges and schools of medicine, surgery, osteopathy, and dentistry which are approved by the Board."

On May 4th the graduating class and Psi Sigma Alpha scholarship award winner were honored at a convocation held at the Masonic auditorium. **Robert Eggert**, president of the student council, acted as master of ceremonies for the occasion. **Richard De Bard**, Still College sophomore, gave several delightful piano renditions to inaugurate the program.

Members of the senior class who were presented with their diplomas by **Dr. Peters** were:

**Howard P. Dolyak**, Youngstown, Ohio

**Russell B. Bunn**, S. Lyon, Michigan

**Charles E. Starr**, Royal Oak, Michigan

**Leon S. Jones**, Wilmington, North Carolina

**Edward Brochu**, Grand Blanc, Michigan

**Leslie Smith**, Houston, Texas

**Kermit Davidson**, Los Angeles, California

**Sidney Gelman**, president of Psi Sigma Alpha (National Osteopathic Scholastic Honor Society), outlined the scope and purpose of this society and explained the various awards. Members of the junior B class who had been nominated to membership in Psi Sigma Alpha were then announced. They are: **Murray Goldstein**, **Clinton Nutt** and **Jack Savarese**.

Psi Sigma Alpha then presented its three annual scholarship awards. The freshman award was presented to **Joseph A. Herman** who maintained a 2.40 average during his first two semesters to lead his class scholastically.

The sophomore award, presented to the student maintaining the highest scholastic average during both freshman and sophomore years was then presented. This year there were two sophomore awards—one to the present junior A class, the other to the junior B class. **James M. Dockum** received the sophomore award in behalf of the junior A class, having maintained a 2.36 average during his first two years. **Simon S. Indianer** (2.62 average) was ineligible to receive this honor, having won a scholarship award during his freshman year.

In the junior B class, **Murray Goldstein** (2.54 average) won the sophomore award. **Clinton Nutt** also had a 2.54 average but was ineligible to vie for this honor, having won a scholarship award during his freshman year.

The senior award—granted to the student who has maintained

the highest scholastic average during his entire stay in college was presented to **Howard P. Dolyak**, of the present graduating class.

In addition to the above cited awards, special certificates of merit were presented by **Dean Shumaker** to worthy members of the graduating class for exceptional service in general, obstetrical and special clinics.

This year Still College was fortunate indeed in having as convocational spokesman **John Rolles** of the present freshman class. Mr. Rolles is a British subject who journeyed to India as a missionary—but who later felt he could best serve the people of India as a Doctor of Osteopathy. His talk on the evolution of therapy in India proved both colorful and enlightening. Mr. Rolles' concept that osteopathy was founded by Andrew Taylor Still not only to advance the science of therapy, but also to advance the borders of therapy to include those unfortunates situated in remote portions of the globe, proved truly an inspiring message to all who heard him.

### Faculty Notes

**Dr. Edwin F. Peters**, president, D.M.S.C.O.S., attended the American Council on Education Conference held at the Mayflower Hotel, Washington, D. C., May 6 and 7.

**Dr. John B. Shumaker**, dean, D.M.S.C.O.S., attended the American Association of Collegiate Registrars held at Columbus, Ohio, April 25 to the 28.

**Dr. Byron Laycock**, director of Still College clinic, spoke at the Eastern Osteopathic Session, New York, N. Y., on April 2-3. The subject of his address was "Cervico-Dorsal Management, Low Back Diagnosis and Treatment." On May 17 he spoke at the Iowa State Convention on "Back Injections." On May 23-24 Dr. Laycock spoke at the Ohio Convention on "Management of the Cervical and Low Back Areas."

## Dean's Letter

While it is hazardous to make predictions concerning college enrollments, it is nevertheless quite in order to conjecture on the matter by making comments on a few of the many factors which determine what the enrollment of the colleges will be.

The outstanding and obvious factors at the present time are of course World War II veterans and the economic situation.

According to Bulletin No. 38 of the American Council on Education, over six million veterans had, at one time or another, entered training under Public Laws 16 and 346 as of last January 31. Of this total number there are approximately 3,500,000 who discontinued training and must still be regarded as potential trainees.

In addition there are some three million veterans who have definitely planned at this time to enter training for the first time.

The colleges and universities have not adjusted their facilities to the extent that they can accommodate greatly increased numbers of students. Enrollments will continue to be high at least until 1951 which is the last year that a veteran under P. L. 346 may enter training. The exact deadline is July 25, 1951.

Because of the high veteran enrollments the more recent non-veteran high school graduate has experienced at least moderate difficulty in being admitted to college.

In the next year or so an appreciable decline in veteran enrollment will occur. The decline has in fact already begun particularly in some tax supported institutions.

As this decline develops it is understandable that an increase in non-veteran enrollment will occur. As a result of this automatic balancing, general college enrollments can be expected to remain high.

The economic situation, if it develops adversely for the nation, is reasonably certain to bring veterans to college who otherwise would have been quite content with their economic lot.

The preprofessional schools who depend upon liberal arts colleges and universities for their supply of students can expect capacity enrollments for an even longer period of time. This favorable situation is due, of course, to the fact that the period of training of the preprofessional student varies from one to four or more years before professional training can start.

The Osteopathic Colleges are further favored with predictable high enrollments because of the fact that they feed trained men into a highly unsaturated profession and their only handicap to increased enrollments is limited facilities and personnel.

As veteran enrollment tapers off in another two years, it will be easily replaced by non-veteran

enrollment. Adverse national economic conditions will tend to maintain good enrollments. High enrollments in osteopathic schools should continue for at least three years after preprofessional decline begins. The unsaturated field of osteopathic medicine should further sustain high enrollment for a number of years.

There seems to be good reason to assume that the near future for college enrollments will continue to be bright.

## Anatomy Research

**Professor Carrie C. Gillaspy**, Chairman of the Department of Anatomy, of D.M.S.C.O.S., gave a research paper and a research demonstration at the American Association of Anatomists at the 62nd Annual Session at Temple University, Philadelphia, Pa., April 13, 14, 15th.

The following are copies of the abstracts carried in the Anatomical Record, V. 103, No. 3, March, 1949:

179. Responses elicited from the anterior limbic region of unanesthetized dogs by electric stimulation through fixed electrodes. **George Clark, Kao Liang Chow, Carrie C. Gillaspy and D. A. Klotz**, Department of Anatomy, The Chicago Medical School, Yerkes Laboratories of Primate Biology and the Des Moines Still College of Osteopathy and Surgery.

"Fixed electrodes were implanted aseptically in the anterior limbic region and on the motor cortex in a series of dogs. The effects of the combined stimulation of the two electrodes in the unanesthetized animals were compared with the effects of each separately. At thresholds levels only changes in respiration were evoked by activation of the electrode in the anterior limbic region but at slightly higher voltage convulsions could easily be induced. With combined stimulation nothing new occurred. The animal might, for example, lift one foot in response to stimulation of the motor point or stop breathing in response to stimulation of the motor point but did remain standing, etc. Under dial anesthesia suppression of the response to stimulation of the motor point could be demonstrated by the simultaneous stimulation of the anterior limbic region.

D-30. Unilateral renal agenesis. **Carrie C. Gillaspy**, Department of Anatomy, Des Moines Still College of Osteopathy and Surgery.

"Unilateral renal agenesis is a rare condition. Gutierrez ('33) has calculated the incidence as 1 in 1600. In the author's specimen of a white male, age 28 years, the right kidney measured approximately 13.1 cm in length, 6.2 cm in breadth, 7.5 cm in thickness, and weighed 275 gm. The superior two-thirds of the anomalous kidney lay against the posterior abdominal wall, the inferior one-third in the iliac fossa. The

position of the kidney against the crest of the ilium produced a groove on its posterior surface.

The pelvis of the ureter was large, and the average diameter of the ureter itself was large, and the average diameter of the ureter itself was 3.3 cm throughout its entirety. Both the abdominal and pelvic portions of the ureter followed a sigmoid course. The urethral opening into the bladder was at the midline. This a rare finding, a condition found once in 17,400 necropsies at Bellevue Hospital.

The left kidney and ureter were absent. The adrenal gland, however, was present and normally situated. A mass of tissue found in the usual renal site was proved, upon microscopic examination, to be conglomerate of lymphoid material.

Anomalies of this specimen, other than the unilateral renal agenesis, are club foot, accessory spleen, spina bifida occulta and quadriceps surae.

## Washington News Letter

To State Officers and Federal-State Coordinators.

Since 1907, Army appropriation laws have authorized payment for services rendered Army personnel by civilian physicians where no government facilities are available.

In June, 1922, the Comptroller General of the United States ruled (1 Comp. Gen. 730) that doctors of osteopathy were not civilian physicians rendering medical care and treatment within the meaning of the law.

The enclosed decision of March 18, 1949, by the Assistant Comptroller General of the United States kicks over that adverse precedent of 37 years standing against the osteopathic profession.

Enclosed also is excerpt from the Brief filed by the AOA Department of Public Relations on Nov. 17, 1948, which served as the basis for the above mentioned favorable ruling of March 18, 1949.

The Brief is interesting not only for its bearing on this ruling, but also because it contains citations and in most instances quotes from various Federal laws and rulings relating to osteopathy, including Army, Navy, Veterans Administration, Public Health Service, Bureau of Employees Compensation, Employees Health, D. C. Practice Act, Civil Aeronautics Administration, Civil Service Commission, and Railroad Retirement. We are often called upon by State Association officers for just such citations and quotes. It should be read and placed in your active files for handy reference.

Very truly yours,

C. D. SWOPE, D.O.  
Chairman

## A Fibrinolytic Enzyme In Menstruation & Late Pregnancy Toxemia

Experimental studies have shown that menstrual discharge lacks prothrombin and fibrinogen, which suggests that the blood has clotted and the clot dissolved. In order to find support for the idea that fibrinolytic action occurs in the uterus, research workers have attempted to demonstrate an endometrial proteolytic enzyme. On theoretical grounds, such an enzyme would be produced as a result of the withdrawal of hormonal support. It has also been shown that the euglobulin fraction of menstrual discharge is very toxic, and it has been suggested that the toxin is an altered protein produced by the action of the above-mentioned enzyme. If this is so, then possibly this toxic by-product is the final cause of vascular injury and the induction of menstruation.

Since the hormonal situation in toxemia of late pregnancy is analogous to that at the time of menstruation and the generalized vascular changes similar to the local one in the menstruating endometrium, two workers, **O. W. Smith and G. V. Smith**, of the Fearing Research Laboratory, Free Hospital for Women, Brookline, Massachusetts, have theorized that this disease might be due to a similar toxin. Their studies, recently reported in *SCIENCE*, brought out that toxins are absent from the circulating blood in endometrial "debris" and at the time of menstruation but that the fibrinolytic enzyme was found in the menstrual "serum". The enzyme was also found in venous blood during menstruation but not during the intermenstrum. The sera of women with abnormal uterine bleeding were fibrinolytic as were the sera of normal women 24 and 48 hours before the onset of flow. Normally, the circulating blood of pregnant women has no fibrinolytic activity, but in patients with late pregnancy toxemia, with eclampsia, or undergoing miscarriage the circulating blood contained the enzyme.

Sera from these same patients when they had been delivered and were well failed to show the presence of the enzyme. Although the enzyme and toxin are both concentrated in the euglobulin fraction of menstrual discharge, they are not identical. It is thought that pathological syndromes associated with cellular injury from any cause might be the effect of the release of toxic by-products of proteolysis from the action of this enzyme. Injured tissue may produce a proteolytic enzyme.

**A mule can't pull while kicking,  
This is fact I merely mention  
And he can't kick while pulling,  
Which is my chief contention.**

—Anon.

# The Log Book

The Official Publication of  
DES MOINES STILL COLLEGE  
OF OSTEOPATHY & SURGERY

Editor  
SIMON S. INDIANER

Associate Editor  
MORT LEVIN

*Osteopathy Without Limitation*

## The President Chats

Colleges and universities are approaching that season of the year commonly known as graduation week. D.M.S.C.O.S. is graduating seven fine young men. They are **Edward J. Brochu**, Grand Blanc, Michigan; **Russell B. Bunn**, S. Lyon, Michigan; **Kermit Davidson**, Los Angeles, California; **Howard P. Dolyak**, Youngstown, Ohio; **Leon S. Jones**, Wilmington, North Carolina; **Leslie Smith**, Houston, Texas, and **Charles E. Starr**, Royal Oak, Michigan.

The administration feels that these fine young doctors will not only be a credit to themselves but to the profession of which they have become a part, and it is with all sincerity that we wish them "God Speed" in their chosen field of work. We know that success will be theirs.

As one thinks of graduation week, one naturally thinks of degrees. The time honored degree of the osteopathic profession is abbreviated D.O. It is interesting for us to turn the pages of history and familiarize our thinking with the history of educational degrees.

In all probability we will never know the exact title of the first educational degree conferred nor the actual date when it was granted. Time has erased this from the educational records. However, we do know that in the early history of Rome, individuals who had achieved proficiency in certain fields of academic endeavor were termed as Masters. Therefore the natural assumption would be that the educational title of those days would be such as Master of Arts, Master of Laws, etc., dealing with the specialty of the individual.

**Curtis A. Bartholomew** in his book "Epithetology" states that there was a medical school at Athens in 524, B.C., which taught medical science for more than a half century prior to the birth of Hippocrates. The graduates of this medical college did receive some type of a degree. Salerno, which was functioning as a center for medicine and surgery as early as 848, A.D., probably conferred the degree of Master of Surgery and Master of Medicine on their graduates.

It is assumed that the first doctorate degree was that of Doctor of Law, known as Legis Doctor. This degree was the first

degree to be conferred at the University of Bologna and was included in the charter of that University by Frederic I in 1158, A.D. The University of Paris was founded as early as 1110 A.D., but we must recognize that the University of Bologna was the first legally chartered University as the University of Paris did not receive its charter until much later. The University of Bologna was the law center of the world while the University of Paris was the theology center.

Of the many privileges granted the University of Bologna by Frederic I in his charter of 1158, probably the most important was the authority to confer degrees upon the graduates of that university. The Baccalaureate Degree originated at the University of Paris during the first part of the 13th century.

The Master's degree became secondary to the Doctor's degree during the 15th Century and was conferred upon those students who had previously earned a Baccalaureate Degree but who continued their studies for a specified period of time thereafter.

Before the 15th century the Master's degree was associated with the crafts and guilds. The Master's guilds were composed of specialists. Membership in the guilds constituted a licensure and authority for each member to teach or practice his specialty.

It was about 1231, A.D., that a law was enacted to regulate the practice of surgery and pharmacy. This law prohibited the practice of either of those two skills by persons other than graduate masters of these sciences. The doctorate degree, from the time of its first academic issue at the University of Bologna was a teacher's license which represented the highest degree for a teacher of the sciences and pro-

fessions. During the years of 1158 and 1500, A.D., approximately 70 universities were established.

The degrees of Bachelor of Divinity, Doctor of Divinity, Bachelor of Metaphysics and Doctor of Metaphysics originated at the University of Paris in the middle of the 14th century. By 1450 the degrees of Bachelor of Arts, Master of Arts, and Doctor of Arts were well established in Europe and were conferred by the majority of the universities. The degree of Doctor of Sacred Theology and Bachelor of Scientific Medicine probably originated at Naples during the early part of the 13th century.

Higher education in America commenced immediately following the founding of Harvard College in the Colony of Massachusetts, October 28, 1636. Harvard, the first school in this country, was soon followed by William and Mary's College, Williamsburg, Virginia. Yale University was founded in 1701; the College of Philadelphia, now the University of Pennsylvania, in 1740; and Columbia University in 1754.

Yale College conferred an honorary Doctor of Medicine degree in 1723 and the College of William and Mary granted an honorary Master of Arts to Benjamin Franklin in 1756.

The degree Bachelor of Medicine was first conferred in the colonies at the College of Philadelphia, in 1768. Kings College conferred the first earned degree of Doctor of Medicine in the colonies in 1770.

From 1863 to 1899, many new American educational degrees were first conferred in this country.

In 1894 the Doctor of Osteopathy degree, (first issued as Diplomate in Osteopathy by the American School of Osteopathy, changed to Doctor of Osteopathy in 1900)

was first issued by the American School of Osteopathy, now known as the Kirksville College of Osteopathy and Surgery.

## Warning

The United States Food and Drug Administration has stopped the sale of certain salt substitutes which chemically are composed of lithium chloride. A number of deaths have been caused by the use of this substance.

The systems of poison have been described as drowsiness, weakness, anorexia, nausea, tremor of the arms and legs, blurred vision, and unconsciousness. The injection of sodium chloride is reported to be an antidote. All physicians are warned against further prescribing or administration of this product and all patients should be advised to discontinue its use at once since lithium chloride is an accumulative poison. Our profession has been flooded with literature on this product during the last few months.

It should also be mentioned that benzedrine which is used in inhalers for clogged-up noses has been declared a form of dope and a movement has been instituted in Congress to stop the sale of such inhalers except on the prescription of a physician. The wardens of a number of our state penitentiaries have reported that benzedrine inhalers have found their way into these institutions and are being used by the inmates as a form of dope. These inhalers should be prescribed with caution.

**Help Your Profession Help  
You by Contributing Now  
to the Osteopathic Progress  
Fund.**

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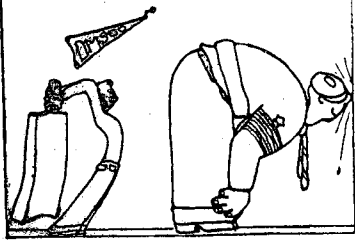
**STILL COLLEGE OSTEOPATHIC HOSPITAL**

725 Sixth Avenue

Des Moines, Iowa



## FRATERNITY NOTES



Members of Beta chapter met at Doty's tea room April 11, 1949, and enjoyed a very appetizing meal. **Dr. Della Caldwell** was the speaker for the evening. She gave us some very worth while information concerning lymphatics and the practice of technic and the clinical aspects of osteopathy.

**Pat Cottrille** has become a member of our group. Congratulations Pat, we are glad to welcome you into our sorority.

**Dr. Della Caldwell** has volunteered to conduct a work night for us in the near future. This will be interesting and informative to all.



On Sunday, May 8, L.O.G. held its annual Mothers' Day picnic at Birdland Park. In spite of the weatherman's efforts to rain out the proceedings, a baseball game was played. Following the game, hot dogs and pop were served at the shelter.

Another May event was the initiation banquet at Browns' restaurant for the newly initiated members: **Lou Abramson, Martin Fleicher, Hershel Martin and Gil Striks.**

Now externing are **Simon Indianer** at Wilden Hospital and **Mort Levin** at Des Moines General Hospital.

## O.W.C.C.

This term has been a very interesting and busy one for the O.W.C.C. The membership increased in number since the start of the September semester and our meetings have been bigger and better each time.

The officers for the term are **Jean Toews**, president; **Mary Ellen Dunbar**, vice president; **Josephine Gaudio**, secretary (rec.); **Dee Lott**, secretary (corr.); **Elizabeth Leachman**, treasurer; **Luise Hoxie**, historian and **Anita Katz**, reporter.

The main social event of the semester was the all school Spring Semi-Formal Dance which was held in the Grand Ballroom of the Hotel Savery on Friday evening, April 22. Music was furnished by Ralph Zarnow and his orchestra. It was a success in every respect. We feel that a good time was had by all and we are looking forward to more affairs such as this.

Meetings this term have been held at the school and thanks to the Ladies Auxiliary we were fortunate enough to be invited to the homes of some of their members for our meetings. The club wishes to sincerely thank them.

We would like to remind one and all of the annual O.W.C.C. Picnic to be held on Sunday, May 29. Watch the bulletin boards for more details.

## ATLAS CLUB

Once more twelve weeks quizzes end and we can take a short breather prior to the onset of finals. Don't get discouraged now for big doings are in the making. L.O.G. is warming up the diamonds in the ball parks for a repeat on the annual picnic. They tell me it is to be a bigger and better than even last

year. Speaking of big doings, Atlas has an idea on the fire that deserves the attention of the whole school. Just think an evening of fun and frolic at Riverview Park, the midway thrills, root beer, and popcorn. I bet it has been some time since we all really had a night of fun that is in the making for May 23. Freddy Nagle's band, the featured attraction of the evening, is still packing them in at Chicago. This is not only going to be Atlas night at Riverview but Still College Night at Riverview, which gives each and every member of our alma mater a chance to be gay and raise the roof. We are sparing no pains to make this Frolic the biggest and best in which the school has ever participated. So remember, let's all have fun—let's all play—at Riverview Park on the 23rd of May.

## ITS

ITS had no meetings during the past month because of the examinations during the twelve week period. However **William Moylan** and **Stanley Reuter** journeyed to Minnesota and passed the basic science examination on April 4 and 5.

The convocation on May 4 which honored the graduating seniors brought certificates of merit from the departments of gynecology and principles to **Dr. Howard Dolyak**, the past president of the ITS. Congratulations, Howard, upon the successful completion of your college career and the honors you have brought to yourself and your fraternity. We wish you the best of everything in your life ahead and we feel that you will bring much credit to your school and your profession.

## Hospital Notes

This is the season when two words "Hospital Inspection" throws terror into the hearts of people who administer our hospitals. This hospital, like all others, has recently had its inspection completed and while everything was not perfect, we feel that under the circumstances we came through quite nicely.

In days gone by most any kind of records were acceptable but modern hospital administration now demands most complete and painstaking reports in record form of all the pertinent data concerning a patient, and rightly so.

Because of the shortage of interns it is a real burden to keep the records properly and yet it is of prime importance that they be kept in just that condition. The intern shortage will very shortly be a thing of the past as a sufficient number of graduates are coming up within a very few months to automatically solve the problem and while all hospital authorities agree that interns should not be made clerks it is very necessary that they realize the importance of properly tabulated records for the protection of both the doctor and the patient. Properly kept records are becoming increasingly important as a part of the training program for young doctors. Especially is this true with the threat of some form of socialized medicine, which is coming increasingly near as a disturbing factor to private practice.

## Notice

If and when you change your address, please notify the LOG BOOK promptly.

# The Log Book

The Official Publication  
DES MOINES STILL COLLEGE  
OF OSTEOPATHY & SURGERY

722 Sixth Avenue  
DES MOINES 9, IOWA

Entered as  
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At Des Moines, Iowa.

Entered as second class matter, February 3rd, 1923, at the post office at Des Moines, Iowa, under the act of August 24th, 1912.

# THE LOG BOOK

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PUBLISHED MONTHLY BY THE DES MOINES STILL COLLEGE OF OSTEOPATHY & SURGERY

Volume 27

JULY, 1949

Number 6

## 75th Anniversary of Osteopathic Medicine

### Dept. of Bacteriology and Public Health

On Tuesday, May 24th, Dr. M. P. Moon spoke at the annual convention of the Ohio Osteopathic Association of Physicians and Surgeons held at Columbus, Ohio. Dr. Moon is Chairman of our Department of Bacteriology and Public Health. The titles of his two addresses were "Bacteriology and Osteopathy" and "Public Health and Osteopathy."

The Annual Meeting of the Iowa Public Health Association was held on June 2-3 in Des Moines, Iowa. A special committee was appointed for the organization of a midwest branch of the American Public Health Association. Members of this committee include:

Dr. L. C. Murray, Director of Public Health Education, Iowa State Board of Health, Chairman.

Dr. M. P. Moon, Chairman of Department of Bacteriology and Public Health, D. M. Still College of Osteopathy and Surgery.

Mrs. Helen Lovell, State Nutritionist, Iowa State Board of Health.

Ex officio—Dr. I. H. Barts, Director of State Hygienic Laboratory, University of Iowa. President, Iowa Public Health Assn.

### Dr. LeRoque Heads Alumni Activities

Dr. Jean F. LeRoque of this city was appointed by the Board of Trustees to have full charge of the Alumni Banquet at the National Convention to be held in St. Louis this July. Dr. LeRoque is making many elaborate plans for the D.M.S.C.O.S. Alumni Banquet and we trust that every graduate of the school will find it possible to attend this evening of entertainment.

Dr. LeRoque was also appointed chairman of Homecoming activities to be held on September 28th, 29th and 30th, and within the next month the program for Homecoming will be announced. We trust that all Alumni of the institution will find it possible to attend the national convention in St. Louis and the Homecoming Activities at the College next fall.

### A Doctor's Doctor

At the Iowa State Convention Banquet on May 16th, Mr. Frank Miles, the toastmaster, introduced Dr. J. W. Rinabarger of Keosauqua, Iowa, Class of 1911, as being the doctor in the state of Iowa with the unique record of having sent the most students from his home town into osteopathic colleges. A record such as Dr. Rinabarger has made in Van Buren County certainly bespeaks of the high esteem the good doctor is held by his fellow citizens.

The following doctors are the result of his untiring efforts: Dr. John Agnew, D.M.S.C.O.S. '33, Des Moines, Iowa; Dr. Austin Brill, DMSCOS '37, Salem, Iowa; Dr. Fred Campbell, DMSCOS '23, Des Moines, Iowa; Dr. Georgia Chalfont, DMSCOS '15, Oskaloosa, Iowa; Dr. Miller Derr, KCOS '41, Maitland, Missouri; Dr. Clifton Harlan, KCOS '38, Ava, Missouri; Dr. Dale House, Dubuque, Iowa; Dr. Hollis Jemison, DMSCOS '41, Kansas City, Missouri; Dr. Frank McIntosh, Keosauqua, Iowa; Dr. Jean A. McIntosh, DMSCOS '27, Tingley, Iowa; Dr. Harold Meyer, DMSCOS '31, Algona, Iowa; Dr. Sherman Meyer, DMSCOS '30, Glendale, California; Dr. W. J. Morrison, DMSCOS '36, West Bend, Iowa; Dr. Paul Park, DMSCOS '27, Des Moines, Iowa; Dr. Cecil Percival, KCOS '26, Hoxie, Kansas; Dr. Stanley Pettitt '31, Cleveland, Tennessee; Dr. Eugene Winslow, DMSCOS '34, Stockport, Iowa; Dr. Rachel Woods, DMSCOS '34, Des Moines, Iowa.

### The Skipper Returns

President Edwin F. Peters returned on June 7th from his annual Navy tour of duty. This year he was assigned to the aircraft carrier Midway along with some 60 other Reserve Officers of the Ninth Naval District and the Potomac River Naval Command. The Midway was one of 11 ships which comprised the task force No. 28 which went into war maneuvers and problems in the Caribbean.

### Visitors

Dr. Robert L. Daitech, class of 1946, now of Detroit, Michigan, and his small son were visitors at the College, May 28th.

The United States Post Office issued a slogan postmark on March 1, which is being used on all letters entering St. Louis, Missouri, from that date through July 31. It will be inscribed, "Diamond Jubilee, Science of Osteopathy."

This special cancellation is being done in commemoration of the day, June 22, 1874, when Dr. Andrew Taylor Still, founder of the school of osteopathic medicine, announced the principle of his healing science to the world.

About 1860, Andrew Taylor Still, a doctor of the old school of medicine, himself the son of a medical man, the brother of three physicians and nephew of four others became greatly dissatisfied with the medical methods and knowledge of his day.

Dr. Still then launched himself into an extensive program of research and experimentation. He emerged from his self imposed arduous research after many years with the announcement of the principle of osteopathic medicine.

Dr. Still had found that the normal living body is endowed by nature with the means of maintaining health and that whenever abnormalities interfere with perfect action of body parts, disease is caused or invited. This pioneer physician reasoned, explored and studied until he worked out the osteopathic concept, including methods of manipulation to correct abnormalities, which he called osteopathic lesions.

Denied recognition by his colleagues in the old school of medicine, Dr. Still founded a new school of medicine in 1892 at Kirksville, Missouri. This was the first college of osteopathic medicine. In securing a charter for the college, Dr. Still stated that its purpose was "to improve the system of medicine (general diseases), midwifery (obstetrics) and surgery," thus declaring at the very inception of osteopathic medicine that it was a complete school of medicine and surgery.

Dr. Still's life in many ways paralleled that of Lincoln, in birth, hardships of education, honesty, ideals and humanitarianism. Both vastly affected the era they were born into, both these men shocked the world they lived in with "radical idea." One promulgated the Emancipation Proclamation, today embodied in the four freedoms of the United Nations, the other founded a school of therapy, whose principles were later proven correct by such men as Metchnikoff, who demonstrated the body phagocytes; Ehrlich

with his side chain theory of immunity, and Cannon with his exposition on the homeostatic mechanisms of the body.

It is to this man, whose appearance on the world's scene marked the end of an outmoded era, and his principles of osteopathic medicine, that a grateful profession and world pays its homage.

On this auspicious occasion, the American Osteopathic Association, has issued a special cachet envelope. It has inscribed in the upper left hand corner: 75th ANNIVERSARY, SCIENCE OF OSTEOPATHY, 1874-1949. A picture of Dr. Still is below a three line inscription which reads, DIAMOND JUBILEE, ST. LOUIS, MISSOURI, JULY 11-15, 1949. It will be in St. Louis on these dates that the 53rd Annual Convention of the American Osteopathic Association will meet.—Harofeh.

### Dr. Forbes Addresses Sophomore Class

Dr. J. R. Forbes, Director of Public and Professional Welfare, honored the sophomore class, May 14th, by lecturing to them on the matter of public relations within the profession. So masterful was Dr. Forbes presentation and so interested were the students that the discussion led into the halls after the close of his address. The students held him asking questions and seeking further enlightenment. Dr. Forbes graduated from D.M.S.C.O.S. in the class of 1935.

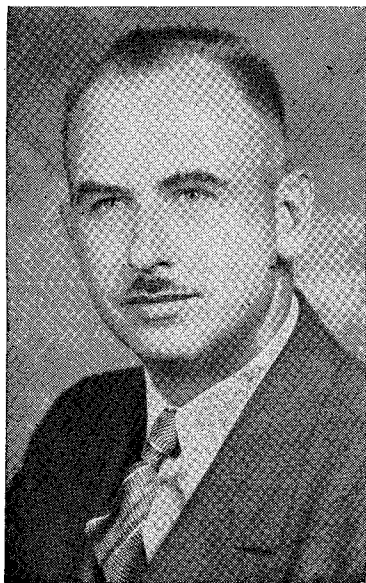
### Note

Eugene C. Herzog, Jr., who has just completed his freshman year at D.M.S.C.O.S., received his B.S. Degree from St. John's University, Collegeville, Minnesota, on June 5th, 1949. This was a combined curriculum degree with Des Moines Still College.

## Dean's Letter

## How Much and Why?

In 1948 there were 71 approved four year medical schools in the United States, with a total enrollment approximating 23,000 students. The osteopathic profession possesses six approved schools with enrollment approximating 1400.



Dr. John B. Shumaker

Average enrollment in the medical schools was about 325, while that for the osteopathic schools was about 230.

The annual tuition fee for medical students ranged from \$123 to \$800, the mean value being \$600-\$700.

It is obvious in general that the yearly cost of an osteopathic education (\$500 at D.M.S.) is favorable to the student of osteopathy who is as fully trained as the student of medicine. While this seems to be a high figure compared to past years, it is fully justified. **An even higher figure would be equally justified.**

Statistics show that no school of medicine made a profit last year. Just the opposite situation existed. It has been shown that the cost of teaching a student exceeds \$1,000 and actually is close to \$1,500 per year.

A professional school in the medical field differs from other schools in the fact that virtually all instruction is implemented by laboratory work, which involves much space and equipment. Both space and equipment are luxury items since the war, costing 2 or 3 times more than formerly.

The cost of instruction is extremely high. In order to bring highly trained reputable men into the school it is necessary to compensate them with incomes approaching those of private practice.

The situation is obviously untenable. Tuition is pitifully inadequate, yet the school is expected to maintain instruction par excellence. It is expected to

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advance in research and to use the latest methods of instruction; to pass inspections by many accrediting agencies; to qualify for state or federal aid.

How can all this be done? It is not difficult. A few cents a day from every graduate will prepare the school to stand inspection, to advance constantly, and to be prepared and worthy of federal aid at the proper time.

This is **how much** and **why**. The osteopathic schools are to be complimented on their continued advancement and they gratefully appreciate the all-too-few loyal contributors and supporters. **When** can the schools expect 100% or even 50% support from the profession?

## Alumni Banquet

Each year the National Convention of the A. O. A. affords an opportunity for old classmates to renew their friendships. There is no better time for this to occur than at the Alumni Banquet.

This year, as is the custom, one evening has been set aside for the various school alumni banquets. Your banquet is to be on Wednesday evening, July 13, at the Hotel Statler.

Plans have been under way for some time to make this an enjoyable evening for both the doctor and his wife. We have contacted the Rader Booking Agency in St. Louis and are all lined up for some fine dinner music and then some mystifying magic tricks by an excellent magician. We are also planning to hear from **Dr. Peters**, the College President, who will tell you what, when, where and how your school is now operating.

Dinner? One of the best in town and prepared by the hotel chefs. This is not going to be a **Lost** evening but one you will remember and it is our hope that all D.M.S.C.O.S. Alumni will be present. Be sure to obtain your ticket when you register for the convention.

Osteopathic  
Recognitions

American Council on Education.

U. S. Army—"To provide for the employment of internes who are graduates of reputable schools of osteopathy in the Medical Department."

U. S. Civil Aeronautics Administration.

U. S. Civil Service Commission.

The Code of the District of Columbia—"The degrees Doctor of Medicine and Doctor of Osteopathy shall be accorded the same rights and privileges under governmental regulations."

Emergency, Maternity and Infant Care.

U. S. Employees' Compensation Act—

Health Programs for Government Employees.

U. S. Employment Service.

U. S. Federal Works Agency.

U. S. Immigration and Naturalization Service.

U. S. Navy—Congressional authority for commission of osteopathic physicians in Medical Corps of the U. S. Navy by Presidential Appointment.

U. S. Office of Education.

U. S. Office of Price Administration.

U. S. Public Health Service.

Railroad Retirement Board.

Selective Service.

Surplus Property.

U. S. Treasury Department and Social Security Board.

U. S. Veterans Administration.

U. S. War Department.

Women's Bureau—U. S. Department of Labor.

## SCIENCE

"Osteopathy is a science that analyzes man and finds that he partakes of Divine intelligence. It acquaints itself with all his attributes."—Dr. Still's AUTO-BIOGRAPHY.

Federal Subsidy  
And the OPF

*(This article is quoted from the Washington News Letter of May 12, 1949.)*

"You've been reading in the newspapers that the Federal government is going to subsidize medical schools. Seven bills are pending before Congress for the purpose. Perhaps you think osteopathic schools are included in these bills. They are not. An eighth bill, that offers long-term loans does include osteopathic schools but is not introduced by a member of either the Senate or House health committees.

"Why shouldn't osteopathic schools be included? Senators will ask, why should they. Every dollar invested in medical schools would be for training physicians capable of unlimited practice in all the States. A physician, as popularly conceived, is one who can practice the healing art in all its branches. We would qualify under that definition in about half the States. In the other half we would not. Therefore, the senators will reason that in subsidizing osteopathic schools the government would only be getting a full return of 50% on its money.

"The only way we can overcome that handicap of diminishing returns on Federal investment is to demonstrate such a spirit of performance of self help as to command consideration under the adage that those that help themselves deserve help. That calls for an accelerated OPF.

"There is another important consideration. In order to lay a basis for this legislation the medical schools asked the Federal Security Agency (Public Health Service) to survey their economic needs. So did the dental schools. If we were to have any chance at all, we would have to ask for a similar survey. So we did. The medical school survey has been extended over several months and is about completed. Then comes the dental survey. After that, if we have our way, comes the osteopathic survey.

"Our schools have got to present such a condition to the Public Service that even if the government turns us down for subsidies, we will still be meeting minimums necessary to train full-fledged physicians. Otherwise, the Public Health Service and the Veterans Administration would undoubtedly reopen the question of whether our schools should any longer be approved as training institutions for Public Health Service and VA appointments."

**If every Osteopathic Physician would daily remember his Oath as a Physician, he will then let his light so shine that the world will know that he is an Osteopathic Physician, thus a PHYSICIAN PLUS.**

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MORT LEVIN

*Osteopathy Without Limitation*

## The President Chats

Another semester is closed and we have a few days of vacation before the starting of the summer session. During the year many interesting changes were made at the old Alma Mater.



Dr. Edwin F. Peters

The past year has truly been a successful year at D.M.S.C.O.S., with 236 students enrolled from 35 states and 5 foreign countries. The 1949 class which will enter next September is filled. All students in the new class will have at least three years of college and fifty percent of them will have their baccalaureate degree. Thus we can truly anticipate that the 1949-50 school year likewise will be a very successful year for this institution.

During the school year many improvements were made to the college building. A new Anatomy Research Laboratory has been constructed and completely furnished. This Research Laboratory is one of great importance to the osteopathic profession and Professor Gillaspay and her colleagues are engaged in numerous research problems which will be of value to the profession.

The Physiological Research Laboratory has been enlarged with the addition of new equipment and Dr. Grumbach and his assistants are engaged in research which will mean much to the osteopathic profession.

New fluorescent lights have been added throughout the building which meet the requirements of foot-candle power for efficient school work. At the writing of this column, the auditors are making their audit of the school books in preparation for the annual meeting of the Corporate Board which will be held June 30th.

One regret of the administration of D.M.S.C.O.S. is that the school's facilities are not adequate to accommodate the large number of applicants who are desirous of studying osteopathy and this is indeed a serious plight when more physicians are so badly needed.

In order to maintain educational standards, it is impossible to accept more students than we can adequately train. Along with the joys which are ours because of this successful school year, there is this element of regret. Regret that the profession has not sensed the need of contributing to the colleges so that the colleges can better train their students and so that the colleges can enlarge their plants and their facilities and accept more students who wish to study osteopathy. It is truly heart rending to have to tell a young man or a young lady who has spent three or four years in academic preparation with the desire to study osteopathy that it is impossible to accept them because there is no room.

We had hoped to have a new clinical building at the college by the close of this school year. That dream has not been realized and it will not be realized unless the contributions of O.P.F. increase greatly.

**Help Your Profession Help You by Contributing Now to the Osteopathic Progress Fund.**

## Posture

*One of a series of newspaper articles by Dr. Paul Kimberly intended for lay consideration.*

What is the posture of your child? Have you ever taken a good look at the back of your child while it is standing bare before you? In the first five years of your child's life you have dressed and undressed it around 500 times. You have looked at its bare body, but, did you ever really see it? Most people do not unless it has been called to their attention by an alert physician. This makes for a very deplorable condition.

Good health is an asset that many do not value until they lose it in some form of sickness. Why do many people take better care of their automobile than they do of themselves? For example: They lubricate the car at regular intervals yet, they do not take their most important machine, themselves and their families, to their physician and dentist for proper checkups. This form of prophylaxis is the greatest thing we have today in the field of health.

The health of an individual is based to a large degree upon the condition of the spine during the developing years of childhood.

Take a good look at that child of yours. Notice its posture when sitting and standing. Is the spine straight? Does it have round shoulders? Is one shoulder lower than the other? Does it stand on one foot more than the other? Also consider its habits. Do you worry because its appetite does not seem good? Is it constipated or subject to frequent headaches?

All of these things or any one of them may be the result of a spine which is not in proper alignment and consequently does not let the other parts of the body function properly.

## Hospital Notes

Two years ago June 7th our pharmacy at the hospital opened when the number one prescription was written, and since that time nearly 21,000 prescriptions have been filled by that department. We believe that is an enviable record in view of the fact that our pharmacy does not fill prescriptions by trade name but that students and doctors use the United States Pharmacopoeia and the National Formulary as the standards.

In keeping with the idea that a modern graduate is a "physician plus" this indicates that his medical training is not neglected as a part of the training program of this college. With the total number of hours of Pharmacology and Materia Medica taught, the modern D.O. has all that the M. D. has, plus osteopathy—in short, he is the most highly trained medical technologist in the world today.

In addition to the very complete drug supply, the pharmacy carries a line of post-operative belts and other accessories besides having a mail order department for doctors throughout the middle west. Many practicing physicians use the pharmacy as a source of supply so that the department can buy in quantities, thus saving individual physicians and the pharmacy considerable in drug costs because of quantity buying.

Three pharmacists are on duty at all times in that department and it continues to grow daily.

## New Clinic

Dr. H. D. Meyer, class of '31, and Dr. R. K. Richardson, class of '36, had the formal opening of their new Algona Osteopathic Clinic on May 22nd, at Algona, Iowa.

## DIAGNOSTIC CLINIC

### STILL COLLEGE OSTEOPATHIC HOSPITAL

#### Department of:

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Dermatology and Syphilology  
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Gastro-Enterology  
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STILL COLLEGE OSTEOPATHIC HOSPITAL

725 Sixth Avenue

Des Moines, Iowa

## "The D. O.—Family Doctor"

(This article is reprinted from the Division of Public and Professional Welfare, American Osteopathic Association)

Is the family doctor on his way out? Will increasing specialization drive from the American scene the man who used to deliver our babies and take care of everything from a skinned knee to pneumonia?

Maybe you don't have a family doctor. Lots of families don't, these days. He was the man who used to grab his little black bag and hurry out in the middle of the night because Johnny Jones had another appendicitis attack, or Mrs. Brown's baby had chosen an inconvenient time to be born.

The family doctor held a vital place in American family life. He was physician, friend and adviser. But in the past 50 years the trend in medicine, as in every thing else, has been toward specialization. It looks as though the family doctor, like the Indian, may become a "vanishing American."

However, more than 11,000 osteopathic physicians, of whom a large percentage are general practitioners or family doctors, say "we can't let this happen." Osteopathy, since its origin 75 years ago, always has placed great emphasis on the importance of general practice, and these doctors believe that the family doctor's knowledge of his patient's case and his personal interest in it makes him as essential today as in the past.

"The general practitioner is the foundation upon which any school of medicine must be built," declares Dr. Robert B. Thomas, immediate past president of the American Osteopathic Association and a general practitioner in Huntington, West Virginia. "If the day of the general practitioner is over, I fear for the future development of all schools of medicine.

"It is through his activities that people first recognize the need for physicians in a community. The general practitioner as the family physician develops the confidence of his patients for his school of healing. He assumes a full share of the responsibility for the development of a school of medicine.

"Family physicians might well be called the front line of a professional army dedicated to the elimination of disease and the control of physical disability."

Dr. Thomas predicts that in the near future the outstanding physician will be the well-trained general practitioner, who, by his education, observation and experience, can view the body in its entirety, as an organic unit in which each organ, system or tissue must perform its proper function if health is to prevail.

The idea of considering the body as a whole was one of the fundamental concepts of the science of osteopathy, as revealed 75 years ago by Dr. Andrew Taylor Still, a "country doctor" of the recognized school of medicine. Dr. Still believed that the body was the perfect machine, and that for health to exist, the human mechanism must be in good running order, with all its parts in good condition and in normal relationship.

Modern osteopathy is based upon Dr. Still's teachings, and the modern physician believes, as did the founder of osteopathy, that in order to treat a patient successfully he must know not only the disease but also the patient—his personality, his physical make-up, his past illnesses, his family problems.

Until the turn of the century the family doctor was the family confidante, the practical psychi-

atrast and counselor. Many family physicians knew more about their patient's lives than their families or closest friends. And this knowledge helped the doctors many times to trace dad's ulcers to worry over the mortgage, or daughter's vague illness to an unhappy love affair.

Then came the era of medical specialization. All doctors will readily admit that specialization is essential, in these days when scientific knowledge is so extensive and is changing so rapidly that no one person could possibly keep up with it. But they will also point out the dangers of over-specialization. Only about 15 per cent of all patients require a specialist's care—yet the estimate of the percentage of certified specialists among doctors today ranges from 30 to 55 per cent.

The American public's desire for the best in medical care leads many persons to seek out specialists when they really don't need them. The patient who used to go to Doc Smith with his vague aches and pains now decides he needs a specialist's care, and, depending on where his particular pain is, he may go to a cardiologist, a gastro-enterologist, a proctologist, a neurologist, a psychiatrist or a roentgenologist.

This procedure is a dangerous one and can cause the patient needless delay and expense. Chances are he cannot diagnose his case correctly and will select the wrong kind of specialist. So he will guess again. The patient who indulges in self-diagnosis may go from one specialist to another and end up convinced that he has been given the "run-around" by all doctors.

The logical thing to do would have been to go to his family doctor first. Then, if a specialist's care were necessary, the physician would have recommended the type of specialist whom his patient should see.

After years of emphasis on

specialization, the general practitioner is coming into his own once more. Medical schools, suddenly aware that many of their students look down on general practice, are trying to stimulate interest in it and even are establishing special branches of study in the field. Small towns and rural communities, hit the hardest by the current doctor shortage, are offering special inducements to young doctors to set up practices.

Meanwhile the osteopathic profession, always aware of the importance of general practice, is placing added emphasis in its colleges on this foundation of the osteopathic school of medicine.

From the time a student begins his training in an osteopathic college, he is taught the importance of the general practitioner and the need for experience in general practice, even if he wants to specialize later on. He is never allowed to forget that general practice is the basis of the healing arts professions.

Today, in this age of increased mechanization and specialization, the family doctor is regaining the position of importance which always had been his for many centuries. For neither machine nor specialist can ever replace one of the most essential factors in healing—the personal element. The family doctor alone, because of his knowledge of the patient and sympathy for him, can treat the patient as well as the disease.

### Important Notice

The LOG BOOK Mailing List must include the ZONE NUMBERS, in its addresses. PLEASE send your ZONE NUMBER IN ON CHANGE OF ADDRESSES OR WHEN MAILING IN NEW NAMES FOR THE LOG BOOK.

## The Log Book

The Official Publication  
DES MOINES STILL COLLEGE  
OF OSTEOPATHY & SURGERY

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Volume 27

AUGUST, 1949

Number 7

## Diamond Jubilee Convention Issue

### Osteopathic Physicians To Rule on Future Mental Cases

LANSING—Gov. Williams has signed a new mental health law which allows osteopathic physicians as well as medical doctors to recommend commitments to Michigan institutions.

Clark Adams, legal adviser to the Governor, said that changes made by the Legislature now open the door to mental determinations by osteopathic physicians.

"The Legislature removed the one qualification restricting decisions in mental cases to doctors who practice medicine," Adams said.

"The Supreme Court has held that osteopaths may properly be called osteopathic physicians. Consequently the new law will permit courts to designate osteopaths as well as doctors in mental cases."

Clark added that this expansion in the law would not apply to chiropractors who, he said, are not designated as physicians.

Williams and his advisers debated a long time before deciding to approve the new bill.

It was held finally that osteopathic physicians who take special courses in psychiatry, would be qualified to pass upon mental cases.

### No Fee Splitting

The House of Delegates of the Ohio Osteopathic Association of Physicians and Surgeons, in session May 22 to open the 1949 convention, adopted a resolution prohibiting fee-splitting on the part of association members and provided strong penalties for violations of the regulations.

The new policy provides that when association members refer a patient to an operating surgeon for a surgical procedure and such patient is attended in the hospital by the referring physician, the operating surgeon and the attending physician shall bill the referred patient with an itemized account for professional services rendered. Members who violate the act will be expelled from the association. — Buckeye Osteopathic Physician.

### New Faculty Member

Dr. Edwin F. Peters, President of the Des Moines Still College of Osteopathy and Surgery announces the appointment of Dr. C. M. MacFall as Visiting Professor of Microscopic Anatomy for 1949-50 school year.

Dr. MacFall is a native of Charlottesville, Virginia. He received his LL.B. and A.B. degrees from the University of Indiana and his Ph.D. degree from the University of Virginia.

Dr. MacFall is a member of the following professional organization: Phi Chi, American Association for the Advancement of Science, Virginia Academy of Science, American Association of Anatomists and American Parasitologists, American Men of Science.

The professional experience of Dr. MacFall is as follows:

Austin Fellow and Instructor of Physiology, Harvard Medical School, 1916-27; Assistant Professor Biology, California University at Los Angeles, 1927-28; Professor of Comparative Anatomy, University of Virginia, Charlottesville, Virginia, 1928-33; Professor and Head of Department of Anatomy, School of Medicine, South Dakota, 1933-37; Professor of Anatomy, School of Medicine, Creighton University, 1937-39; Professor and Head of the Department of Anatomy, George Washington University, 1939-46; Visiting Professor of Anatomy, New York Medical College, New York, N. Y., 1946-47.

### Death

News has arrived of the untimely death of Dr. L. R. Kesten, Des Moines Still College alumnus and co-founder of Flint General Hospital.

His professional associates and numerous friends here in Des Moines all mourn his parting. His has truly been a life devoted to service.

### Approval

The Des Moines Still College of Osteopathy and Surgery Clinical Hospital was approved for three residencies for the ensuing year. One residency in Obstetrics, one in General Surgery and one in Pediatrics.

The 53rd annual convention of the American Osteopathic Association was held in Kiel Auditorium in St. Louis, Missouri, July 11th to 15th, 1949. This Diamond Jubilee Convention was indeed a most successful affair. While the attendance was about the same as in previous years, the program far excelled all others. Headquarters for the convention were both the Jefferson and the Statler Hotels.

Dr. H. Dale Pearson, of Erie, Pennsylvania, was elected president of the American Osteopathic Association for the ensuing year.

D.M.S.C.O.S. Alumni Association held their annual banquet during the convention in the St. Louis Room of the Statler Hotel, on Wednesday evening, July 13th.

Dr. Jean LaRoque, of Des Moines, was elected president of the Association for the ensuing year; Dr. E. S. Honsinger, of Ames, Iowa, was elected secretary-treasurer.

The banquet this year was the largest attended for the past four years and the enthusiasm was high. The special entertainment for the banquet was exceptional. The banquet was under the direction of Dr. LeRoque who did a most magnificent job. During the banquet Mr. Miles, Public Relations Counselor for the Iowa Society of Osteopathic Physician and Surgeons, became enthused with the spirit of the old grads and wrote the following poem:

"Here's to dear old Still College,  
Home of good will and knowledge  
May it ever blaze the way  
To osteopathic education  
In our beloved U. S. A."

Dr. G. C. Redfield, of Rapid City, South Dakota, class of 1903, was the oldest graduate attending. Dr. Redfield made a short speech on the history of the school and the importance of the osteopathic physician developing a public relation program when in practice.

President Peters gave a review of the past year's activities of the college showing the great growth of the school, the fine enrollment of students and the bright prospects of the school for this next year.

D.M.S.C.O.S. was well represented at the convention. The following faculty members attended: President Edwin F. Peters, Dean John B. Shumaker, Doctors Byron Laycock, Paul Kimberly, Rachel Woods, Carrie Gilaspy, Leonard Grumbach and Jean LeRoque; also Dr. Mary E. Golden from the Board of Trustees.

All of us felt that the Diamond Jubilee Convention was a most successful convention, and we are all looking forward to the convention which will be held in Chicago next year.

### "The Osteopaths Vs. The A. M. A."

(Editorial Page of the St. Louis Post-Dispatch, July 17, 1949)

The osteopaths have stolen a march on the M.Ds. At the final session of its Kiel Auditorium convention, the American Osteopathic Association voted to support the principle of contributory health insurance under government supervision.

What the old guard of the American Medical Association denounces as "socialized medicine" seems to the osteopaths to be a desirable way of providing adequate medical care for all Americans. On this point, the osteopaths are right as right can be. And more and more people are recognizing the need for medical insurance.

That may cause some A.M.A. standpatter to suspect the osteopaths of catering to popular sentiment. If so, he ought not to scold them, but rather the A.M.A.'s high priced public relations experts who are helping it to maintain its own unpopular position.

### Dr. Wickens Accepts Position in Pathology

Dr. Arthur L. Wickens has accepted a position as head of the department of pathology in the Des Moines Still College of Osteopathy and Surgery. Dr. Wickens has just completed a residency in pathology at the Kirksville College of Osteopathy and Surgery. He was graduated from the college in 1940.

Dr. Wickens practiced in Toronto, Ontario, Canada, from 1940 to 1943. From 1943 to 1945, he served in the Canadian Armed Forces as Director of the Department of Physiotherapy of Repatriation Hospital, Ottawa, Canada. He came to the Kirksville College of Osteopathy and Surgery as an intern in 1946.

Dr. Wickens is married and has two children, Peter, 5, and Beckie Jo, 2.

## The Dean's Letter

### BETTER THAN BEST

A paradoxical title? Not necessarily. Since January, 1946, your college has prospered continuously.

Financially? No.

Very few schools, if any, can prosper financially. It would be like lifting oneself by one's bootstraps. Financial prosperity requires the cooperation of many individuals. It means the cooperation of students, faculty, administration, the board of trustees, the profession, and the many others who say a good word now and then without knowing the immense value of their casual remarks.

How, then, has the college prospered? There are many answers.

The student body is composed of keen, alert, intelligent young people whose ambitions are to become indoctrinated and well versed in the osteopathic concept; to serve human sickness to the best of their ability; to convince the world that osteopathy is the fundamental form of healing.

The faculty is stronger than it has ever been and it is expending every effort toward smooth cooperation and the formulation of an integrated curriculum.

The administration, guided by your president, devotes every working hour, and many more, to the consideration of plans for further improvements.

The Board of Trustees, composed of serious, successful, prominent lay and professional men, devotes time regularly to the affairs of the college.

The profession itself, and particularly the alumni, is keenly interested in the progress which the school is making. This interest is exhibited by the many gifts to the school and the selection and recommendation of prospective students to be trained as future osteopathic physicians.

The profession and its schools are recognized today by many public agencies. It feels that the world is beginning to see osteopathy in true perspective. And this is so.

The countless individuals who have been helped by osteopathy are salesmen, each and every one. There is no way to evaluate the degree of their cooperation.

The past year has been the best in the entire progressive history of the school, and indeed, of the profession. Having admitted the fact, what is there to look forward to?

On reflection, we instantly realize that in human relationships, no level which has been reached can be perfect.

Two years ago the freshman class was regarded by many as the best ever to be admitted. Last year, the freshman class was so regarded as well. Next year the freshman class should be even better.

As time passes, the best that has been accomplished becomes

excelled. That which is to come must be **Better Than The Best** which has been done.

Paradoxical? No.

## Washington News Letter

On June 10, 1949, our statement on HR. 3894 and Title I of the Thomas-Dingell bills, relating to Federal aid for medical education was presented before the House Committee on Interstate and Foreign Commerce by Dean Otterbein Dressler. The testimony establishes the need for expressed inclusion of osteopathic institutions.

On June 8, 1949, we submitted to the House Committee a preliminary statement on the Thomas-Dingell health insurance bill HR. 4312, in the course of which we said: "It is and has been the consistent policy of the American Osteopathic Association to offer active cooperation for the promotion and execution of any sound health plans instituted by government or private sources, whether the plans be supported by voluntary or compulsory prepayments, although preference has been expressed for a single national prepayment plan supported by taxation as affording the nearest to complete and comprehensive coverage."

—Chester D. Swope, D.O.

## "An Old Debt"

**Dr. E. S. Honsinger**, class of '23, of Ames, Iowa, has been one of the great financial contributors to the Des Moines Still College of Osteopathy and Surgery.

Recently, **Mrs. Honsinger** submitted to a major operation. After a most satisfactory recovery, Dr. Honsinger attempted to pay the surgeon who performed the operation for his professional services. Naturally, the surgeon would not make a charge or accept a fee for the professional services he had rendered.

Dr. Honsinger felt that he did owe a debt, for the operation performed on his wife, and inasmuch as the surgeon would not accept a surgical fee, Dr. Honsinger naturally thought of his alma mater.

The college received a check for \$250.00 with these words: "This money is not to be added to my regular contribution to the O.P.F. but to start a new fund which will be brought to the attention of all physicians, so when they receive professional services gratis for services rendered to members of their family, they will feel the debt they justly owe and send that amount to their alma mater."

The college is most appreciative and deeply indebted to Dr. Honsinger for his contribution and trusts that many other alumni of the school will follow the precedent already established, and it is the sincerest wish of the college family that Mrs. Honsinger will soon be enjoying good health.

## Corporate Board Holds Annual Meeting

The Corporate Board of the Des Moines Still College of Osteopathy and Surgery held the 1949 annual meeting in the Burgundy Room of the Des Moines Club, in the City of Des Moines, on Thursday evening, June 30th. The annual meeting started with a delectable dinner of five courses. Following dinner, **Mr. Gibson C. Holliday** presided at the formal session of the Corporate Board.

**Messrs. Gibson C. Holliday, William I. Sargent, William E. Ray, and Fred Swanson, Jr.**, were re-elected to the Board of Trustees for a term of three years. **Dr. Ralph W. Jack** was re-elected to the Board of Trustees as the representative of the Iowa Society of Osteopathic Physicians and Surgeons for the one year term.

The Corporate Board nominated **Drs. Byron Cash, E. S. Honsinger, G. A. Whetstone, Mossie Lovegrove and H. L. Gulden** as a slate to be presented to the National Alumni Association of the college. From this slate, the membership of the National Alumni Association will select its representative for the Board of Trustees.

**Mr. William I. Sargent**, chairman of the Finance Committee of the college, gave the financial report of the college. He reported that for the first time in the history of the college, the total assets exceeded one million dollars.

**President Peters** made his annual report on the STATE OF THE COLLEGE with definite recommendations for the ensuing year.

The membership of the Corporate Board and their business or professional life is as follows:

**Rev. W. Murray Allen**, Ames, Iowa, Pastor of First Congregational Church, Ames.

**Dr. Robert B. Bachman**, Des Moines.

**Dr. Lawrence W. Boatman**, Santa Fe, New Mexico.

**Mr. Glen D. Boylan**, president of the Athens Press, Iowa City, Iowa.

**Dr. Della B. Caldwell**, Des Moines.

**Dr. Byron L. Cash**, Des Moines.

**Mr. Homer Clark**, General Manager of Port Huron Machinery Company, Des Moines.

**Mr. Ted Flynn**, of the Flynn Insurance Agency, Des Moines.

**Dr. Mary E. Golden**, Des Moines.

**Dr. DeWitt V. Goode**, Carlisle.

**Dr. C. Ira Gordon**, Des Moines.

**Dr. Howard A. Graney**, Des Moines.

**Dr. Hazen L. Gulden**, Ames, Iowa.

**Mr. Gibson C. Holliday**, lawyer, Des Moines.

**Dr. E. S. Honsinger**, Ames, Iowa.

**Dr. Ralph W. Jack**, Ogden, Iowa.

**Mr. Arthur G. Kenworthy**,

Storey-Kenworthy Office Supply Company, Des Moines.

**Dr. Edwin F. Leininger**, Des Moines.

**Dr. Mossie B. Lovegrove**, Des Moines.

**Dr. Frederic J. McAllister**, Des Moines.

**Dr. Harry J. Marshall**, Des Moines.

**Mr. Raymond G. Miller**, vice president of Capital City Bank, Des Moines.

**Mr. Ray Mulder**, president of the Mulder Mortgage Company, Des Moines.

**Dr. O. Edwin Owen**, Des Moines.

**Dr. Paul L. Park**, Des Moines.

**Mr. William E. Ray**, president of the Grocers Wholesale Co-op, Inc., Des Moines.

**Mr. Don Reid**, secretary of Iowa Press Assn., Des Moines.

**Mr. William I. Sargent**, vice president of Sargent Feeds Company, Des Moines.

**Mr. Winfield Scott**, vice president of the Valley Bank and Trust Company, Des Moines.

**Dr. John P. Schwartz**, Des Moines.

**Mr. Fred Swanson, Jr.**, vice president of Globe Machinery Company, Des Moines.

**Dr. E. E. Steffen**, Des Moines.

**Mr. Marion Wallace**, vice president of Stoner-McCray System, Des Moines.

**Mr. Jack Wolfe**, president of Welch-Iowa Printing Company, Des Moines.

## One Treatment A Week?

If the average osteopathic physician were approached with the question, "Would your standard of living be impaired if you gave one treatment less per week?" he would unhesitatingly say no.

Why, then, not put that fee behind osteopathic progress? There can be no question that the average osteopathic physician would not suffer if his income were reduced by the amount of the fee of one treatment per week—yet, if he contributed that fee to the Osteopathic Progress Fund it would be of untold value in insuring the progress of osteopathic education.

The tuition each student pays barely scratches the surface of the cost of osteopathic education and research.

Remember that osteopathy can live only so long as it continues to grow. And what does it need to make it grow? From each of you — just one treatment a week!

—A Student.

*Osteopathy Without  
Limitation*

# The Log Book

The Official Publication of  
DES MOINES STILL COLLEGE  
OF OSTEOPATHY & SURGERY

Editor

SIMON S. INDIANER

Associate Editor

MORT LEVIN

Osteopathy Without Limitation

## The President Chats

**Mr. F. G. Kettlekamp**, Alumni Secretary, Washington University at St. Louis, Missouri in his article entitled "How to Make Alumni Fully Effective" in Vol. 6, No. 6, June 1949, of *College and University Business*, p. 7, states that "the traditions of their school are the most fondly remembered by most of the alumni." "... that the good alumnus is one who loves and appreciates his university; one who has been inculcated on the campus with the love of the institution and not of the alumni secretary."

Every institution of higher education has two types of alumni: 1) those who are proud of their school, and while they recognize the institution's many weaknesses are not critical, but are anxious to help make the alma mater a better institution and one that will continue to make its contribution to society; 2) those who are reaping the benefits of the years they spent in the halls of learning and are earning a livelihood as the result of their college experiences, but who are parasites in the Alumni Association. They never contribute to their college and when the name of the school is mentioned, they can only recall their unpleasant experiences. This second group of alumni are in the great minority, but still they are a headache to alumni organizations.

"Alumni Spirit" that spirit which prompts an alumnus to help his Alma Mater in many ways is one of the main pillars upon which American education has been built.

Each of the six osteopathic colleges of the United States has many alumni who belongs to the first group previously mentioned. Their contributions to O.P.F., their attendance at Homecoming Week, and their every act portrays them as true disciples of American education. If every graduate of our American colleges could realize the obligations which he owes to his college, if he could only remember those words spoken at the time of the conferring of his degree when his President said, "I now confer upon you the degree of ——— with all of the rights, privileges and responsibilities appertaining thereto" he would always be a good alumnus.

## Ten Simple Rules for Good Human Relations

The Office of Industrial Relations offers the following:

For three years, **Professor Wallace Brett Donham** of Harvard and associates from other universities did research for their pioneer course in Human Relations—the art of getting along with people. Here are ten simple rules for keeping out, or getting out, of trouble, distilled for all of us mortals from the rich mash of the professors' collective experiences:

1. Learn all about a problem before trying to solve it. Listen a lot. Talk a little.
2. See the total situation. Don't act on just a part of it.
3. Don't be deceived by logic. Most problems are full of emotion. Emotions aren't "logical."
4. Watch the meaning of words. Look behind words to get their full impact.
5. No moral judgments, please. Until you have diagnosed a problem don't leap to conclusions about what's right and what's wrong.
6. Imagine yourself in the other fellow's shoes. See how the problem looks from where he sits.
7. When a problem gets you down, get away from it. Put it in the back of your mind for a week. When you approach it again the solution may be obvious.
8. Ask yourself, "What are the forces acting upon the other fellow? Why does he behave as he does?"
9. Diagnosis must come before action. Use the doctor's approach. Don't prescribe until you're sure what is wrong.

10. Easy does it. Quick solutions are often the quick route to trouble. Take your time.

## Your Thoughts And Health

Did you ever stop to realize the effects your thoughts may have upon your health?

When we allow thoughts which are not normal and healthy to occupy our minds, we are sending out signals to all parts of the body to do things which they should not be doing. It is in this way that we continually damage our health. These may be signals causing overwork of a part or they may be stopping the normal function. For example, thoughts of anger and hate keep the adrenalin producing glands working overtime. This excess of adrenalin will produce, among many other things, a speeding up of the heart and a rise in blood pressure. To make the heart work too fast is adding strain to it which will make it wear out much too quickly. Thus, through these wrong thoughts, several years may be removed from your life.

The large group of thoughts which we know as worry is damaging the health of many everyday. The different phases which these thoughts cover will cause them to affect many different organs of the body.

If you would keep good health, remove the abnormal and unhealthy thoughts from your mind. In this way you will let the organs and glands of the body function as they should. We all know that they wear out soon enough with out us constantly overworking them by the unhealthy thoughts which we let enter our minds.

## Visitors

**Dr. H. W. Merrill**, class of '45, now of Tigard, Oregon, visited his alma mater over the weekend of July 1-3. After graduation, Dr. Merrill remained at the college as a teacher of Bacteriology and Registrar until the fall of 1946. At present Dr. Merrill is in charge of the pathology laboratory of the Portland Osteopathic Hospital. Come back and see us again, Dr. Merrill.

\* \* \*

**Dr. Charles W. Ball**, class of 1942, now chief surgeon at the Riverside Osteopathic Hospital and Clinic of Blackwell, Oklahoma, visited the old school the weekend of July 1-5. This is Dr. Ball's first visit back to the school since his graduation. We trust that Dr. Ball will come back often to see us.

\* \* \*

**Dr. Owen O. Taylor**, class of 1930, Grand Junction, Colorado, was a college visitor on June 24.

\* \* \*

**Dr. James R. Woodmansee**, class of 1944, now of Portland, Oregon, was a visitor at the school on July 7. Dr. Woodmansee was connected with our hospital as clinician before entering practice in Portland.

\* \* \*

**Dr. T. D. Crews**, class of 1936, Gonzales, Texas, was a visitor on July 7th.

To whom would you like to have the LOG BOOK sent?

A prospective student?

A school library?

Send us the name and address.

## DIAGNOSTIC CLINIC

STILL COLLEGE OSTEOPATHIC HOSPITAL

### Department of:

Anesthesiology  
Cardio-Respiratory  
Dermatology and Syphilology  
Ear, Eyes, Nose and Throat  
Gastro-Enterology  
Internal Medicine

Laboratory Diagnosis  
Obstetrics and Gynecology  
Orthopedics  
Pathology  
Pediatrics  
Podiatry

Proctology  
Psychiatry  
Structural Diagnosis  
Surgery  
Urology  
X-Ray

### Diagnostic Clinic Examinations conducted by Staff Members Only

Complete reports with treatment suggestions furnished referring physicians. Fee includes all departments. For further information write or call:—

**DR. F. J. McALLISTER**, Chief-of-Staff

or

**MR. DAVE C. CLARK**, Hospital Administrator

**STILL COLLEGE OSTEOPATHIC HOSPITAL**  
725 Sixth Avenue  
Des Moines, Iowa

## EXTERNSHIP

One of the most fascinating and valuable phases of the Des Moines Still College curriculum has been the externship, established as an integral part of the senior students' schedule.

Each man feels a debt of gratitude to the three fine osteopathic hospitals in Des Moines for their patient and diligent instruction in hospital procedures. The training gives completeness to the student training which instills in him self-confidence, familiarity with otherwise foreign, but routine care of hospitalized cases.

### Correlation

Daily contact with the variety of acute disorders culminating four years of diligent textbook, laboratory and clinical training vitalize the practice and modus operandi of the osteopathic physician. Repeated observation of symptoms, diagnostic methods and therapeutic measures as described in the textbooks, or with variations demanded by peculiarities of the case, make a lasting and indelible impression on the mind of a senior student. The externship provides a grand opportunity for correlation, comparison and correction of ideas gleaned from a study of the problems of a physician.

### Preparation

Increasingly larger numbers of Des Moines graduates accept internships upon receiving their D.O. degree. The externship they receive should raise this proportion even higher, for curricular hospital training makes clear the virtually unlimited advantages which can be derived from graduate study. Not only does it make a student more eager for interne's training, but also it prepares him for many of the tasks which will face him during internship and in practice. Although the schedule for externes is rigorous,

it is not a sacrifice on the part of the student. It is a real privilege.

### Student Schedule

Each senior student is required to spend a total of one complete semester externship duty, at one of our three osteopathic hospitals. These hospitals are Still College Osteopathic Hospital, Des Moines General Hospital and Wilden Osteopathic Hospital. An outline of the schedule observed at all three of these hospitals is as follows:

#### Surgery

Observation of all major and minor surgery. Instruction is given in the use of sutures, rubber dams and drains, ear, nose and throat instruments, cautery, antiseptics, sterile dressings and bandaging; indications and contraindications for skin clips.

#### Anesthesia

Demonstration of the technique of administering general and local anesthetics (drop and injection method), ethylene, nitrous oxide, cyclopropane, pentothol sodium, chloroform, and the administration of oxygen and carbon dioxide. The stages and signs of anesthesia are carefully demonstrated and the therapeutic use of oxygen for emergency work is pointed out.

#### Internal Medicine

Use of narcotics pre- and post-operatively. The methods of pre-operative medication. The indications, dosages, and counter-indications of demerol, morphine, scopolamine and atropine.

#### Postoperative Care

Management of tonsil and adenoid clinic patients. Demonstration of transportation of post-surgical cases. Daily osteopathic treatment of all surgical patients, with manipulative therapy whenever indicated.

#### X-ray

Technique of taking x-ray pictures and developing negatives. Instruction in roentgenological interpretations. The technique and principles of deep x-ray therapy in irradiating neoplastic growths.

#### Orthopedics

Demonstration of fracture splints and plaster equipment; bed frame traction apparatus; cast removing instruments and methods.

#### Urology

Use of cystoscopic and urological instruments, bougies and catheters.

#### Obstetrics

Pre-natal management of the gravid female and opportunity to observe or assist in the delivery of the child. Demonstration of the proper post-natal management of the mother.

#### Nursery

Bathing and infant feeding schedules.

#### Laboratory

Complete analysis of blood and urine sample daily. Study of stains and chemicals used in blood and urine analysis.

#### Demonstrations

- Wangensteen suction apparatus.
- Paevex boot apparatus.
- Electrocardiograph machine.
- Basal metabolism apparatus.
- Autoclave sterilization.
- Complete abdominal surgical preparation.

#### Out Patient

The management of minor surgical and medical problems and emergency treatment.

## Hospital Notes

Where are we going to put this department? How can we move that department to make room? How can we increase the efficiency of the diagnostic service without more room? Such are the questions arising in increasing regularity at the hospital.

The daily patient traffic is increasing to such an extent that the staff at the hospital is at a loss to know where to turn next. Room is at a premium to the extent that every nook and cranny is being utilized — even broom closets have professional equipment in them and hallways are utilized in every way possible, and unless somebody can discover a method of expanding rooms the staff is about ready to go berserk.

## Socialized Medicine

The adventure in socialized medicine has been the butt of jokes, like this one, currently making the rounds in London: A National Health Service patient went to see his doctor. He walked through the front door and found himself facing two more doors marked "Male" and "Female."

He went through the door for males and saw another corridor with two doors, one marked "Over 21" and the other "Under 21."

Through the "Over 21" door were yet two more, marked "Married" and "Single." Next choice of two doors was "Conservative" and "Socialist."

He went through the one marked "Conservative" and found himself in the street.

—The Right Hand.

**Help Your Profession Help You by Contributing Now to the Osteopathic Progress Fund.**

Entered as  
Second-Class Matter  
At Des Moines, Iowa.

## The Log Book

The Official Publication  
DES MOINES STILL COLLEGE  
OF OSTEOPATHY & SURGERY

722 Sixth Avenue  
DES MOINES 9, IOWA

Entered as second class matter, February 3rd, 1923, at the post office at Des Moines, Iowa, under the act of August 24th, 1912.

# THE LOG BOOK

Accepted for mailing at special rates of postage provided for in Section 1103, Act of Oct. 3rd, 1917, authorized Feb. 3rd, 1923.

PUBLISHED MONTHLY BY THE DES MOINES STILL COLLEGE OF OSTEOPATHY & SURGERY

Volume 27

AUGUST, 1949

Number 8

## The Report Of The President

**EDITOR'S NOTE:** *The following is an abstract of the President's Report to the Corporate Board of Des Moines Still College of Osteopathy and Surgery. This report was presented by Dr. Peters on Thursday evening, June 30th at the annual meeting of the Corporate Board which was held at the Des Moines Club.*

*All alumni and friends of D.M.S.C.O.S. will be pleased to learn of the advances made by the College in recent years, and no doubt, the sense of pride of all alumni will prompt more active participation in helping D.M.S.C.O.S. continue to grow and to achieve more prominence in the field of higher education.*

Nineteen Hundred and Forty-eight was the Golden Anniversary year of the Des Moines Still College of Osteopathy and Surgery. The school year opened,



**Dr. Edwin F. Peters**

on Monday, September 13th, with an enrollment of two hundred thirty-six students representing thirty-five states and five foreign countries. The caliber of the students enrolled, the educational background and the motivation of the student body was most heartening, not only to the administration but to the faculty and Board of Trustees as well.

While your president feels that your college has made great strides during the current school year, he is certainly cognizant of the many weaknesses which still exist. The Des Moines Still College of Osteopathy and Surgery is not unique in the fact that it has many weaknesses as all

types of educational institutions are today faced with these problems. It behooves the administration and the Board of Trustees to strive to overcome these weaknesses as soon as possible. We feel that we have many strengths at the institution at the present time. But the college cannot grow, cannot meet the demands placed upon it; cannot assume the responsibility which it should unless there are additional funds forthcoming. Funds for the immediate enlargement of the plant; funds for the increasing of competent faculty and staff personnel; and funds for additional equipment.

It is indeed a serious plight when hundreds of qualified young men and women are desirous of entering the osteopathic profession and are unable to enter our osteopathic colleges for the lack of physical facilities. Under present conditions, the Des Moines Still College of Osteopathy and Surgery can accept only seventy students a year in the entering class. This represents about one student in five who is qualified and who makes application for admission. The freshman class of seventy members, entering in the fall of 1949, will all have the minimum of three years of college premedical training and more than fifty percent will have a baccalaureate degree.

Nineteen hundred and forty-eight, the Golden Jubilee Year of Des Moines Still College of Osteopathy and Surgery has seen recognition brought to the school. On October 4th, 1948, our college, along with some of our sister colleges, received formal recognition by the State of New Jersey. On March 16, 1949, our college received formal recognition from the Commonwealth of Massachusetts. These recognitions, added to the states in which recognition has been received in the last

few years have made possible for the graduates of this college to write the examination for licensure in most every state in the United States.

As I stated in the President's Report of last year, the cost of medical education has become so high that people of moderate means can no longer afford to send their sons and daughters to professional schools. This is a serious problem facing all institutions of the healing arts. At the present time the federal government is considering some type of federal aid to medical schools. It is too early for any institution to count very much on what may happen in Washington.

**Dr. Otterbein Dressler**, dean of the Philadelphia College of Osteopathy, immediate past president of the American Association of Osteopathic College and member of the Healing Arts Educational Advisory Committee (a committee established in the fall of 1948 by the Director of Selective Service) made the following statement before the Health Subcommittee of the House Committee on Interstate and Foreign Commerce on June 10, 1949:

"The cost of training in osteopathic colleges for the fiscal year 1948 exceeded 3 and 1/2 million dollars, less than 25% of which was paid for by tuition and fees. There are less seniors this year than any other years because that class entered during the time when preprofessional students were not deferred by Selective Service. For a number of years the average number of degrees granted exceeded 400. The current class is less than 150.

"Like most of the medical schools, osteopathic colleges receive no assistance from public funds. Instead they are dependent on the generosity of alumni and charitable institutions, and these sources are becoming less and less sufficient. Deficit financing is a necessity. More and more time and effort by college administrative personnel that should be devoted to operational purposes must be spent in fund raising.

"In the meantime, costs have multiplied. Faculty members are serving at a sacrifice. Indeed, unless some such assistance as that proposed in this bill is made available our faculties will be depleted. We

are in desperate need of expanding our out-patient teaching departments, our laboratories and classrooms. Our equipment needs replacement. Much of it is obsolete."

The Osteopathic Progress Fund Campaign was inaugurated in 1946 by the American Osteopathic Association to provide funds for the six osteopathic colleges of the United States, namely: The Chicago College of Osteopathy, Chicago, Illinois; College of Osteopathic Physicians and Surgeons, Los Angeles, California; Des Moines Still College of Osteopathy and Surgery, Des Moines, Iowa; Kansas City College of Osteopathy and Surgery, Kansas City, Missouri; Kirksville College of Osteopathy and Surgery, Kirksville, Missouri; and the Philadelphia College of Osteopathy, Philadelphia, Pennsylvania.

It has progressed at a moderate pace. The amount of monies received by the Des Moines Still College of Osteopathy and Surgery from this concentrated drive has been most disappointing.

The lack of financial aid from the profession has prevented the college from expanding its physical plant so as to adequately meet the constant demands placed upon the school. This is not to be misconstrued that the administration and the Board of Trustees are not appreciative of the pledges and monies so far received, because they are; but there is much regret that so many of the physicians throughout the osteopathic profession have failed to realize that their annual contribution to the Osteopathic Progress Fund for the osteopathic colleges must be considered as an insurance premium they pay for the practice rights they enjoy.

During the past year, the Bureau of Professional Education and Colleges of the American Osteopathic Association, of which your president is a member, was accepted into membership as a constituent member in the American Council on Education. With **Dr. R. C. McCaughan**, the Executive Secretary of the American Osteopathic Association, **Dr. R. McFarlane Tilley**, Chairman of the Bureau of Professional Education and Colleges, your president was appointed as one of the three delegates to represent the osteopathic profession at the American Council on Education.



This delegation has attended two meetings of the Council in Washington, D. C. The first meeting was held during the last week of January, 1949, and the second in the first week of May, 1949. Recognition by the American Council on Education is further proof that osteopathic colleges are becoming recognized by the leading educators of our land as meriting full recognition as institutions of higher learning.

One of the most important reasons that the 1948-49 school year has been such a successful one can be attributed to the faithful service rendered by the Board of Trustees to our institution.

They have given freely of their time, not only for Board meetings but also in committee meetings to further the advancement of this institution. It is impossible for the president to express his appreciation and gratitude to the Board of Trustees for the services they have rendered. The faculty and the student body likewise feel a debt of gratitude to our Board of Trustees who have helped develop the program to the height that we have attained at this time. But if we are to continue to develop the type of institution which is desired in Des Moines, every member of the Board of Trustees and every member of the Corporate Board must continue to give freely of their time and service.

The Board of Trustees for the past year has operated under the following committees:

- 1) Executive and Endowment;
- 2) Finance; 3) Operating; 4) Maintenance.

The college has operated under the following ten faculty committees:

- 1) Executive; 2) Admissions and Credentials; 3) A. O. A. Loan; 4) Post-graduate Education; 5) Library; 6) Student Activity; 7) Visual Education; 8) Curriculum and Schedule; 9) Health and Housing; and, 10) Comprehensive and Correlation Examination.

Des Moines will be the convention city for the American College of Osteopathic Surgeons, the American College of Radiologists and the American Osteopathic Hospital Association meeting in October, 1950. There are many things which the college must do to help make this great convention a success, and there are many improvements and many additions we must make at the college before we can adequately handle the guests who will be ours in the city at that time.

## STUDENT BODY:

The student body of 236 students came from 35 states and 5 foreign countries. The states of Iowa, Michigan and New York in order named sent the largest number of students to our school. The average pre-professional training of the entire class in the fall of 1948 was 3½ years of education, the average age of the

TABLE 1

Table 1 shows the number of students attending Des Moines Still College of Osteopathy and Surgery for each of the past five years and the current year. This Table shows the growth of the student body since 1943.

Year	1943-44	1944-45	1945-46	1946-47	1947-48	1948-49
Freshman .....	17	11	13	65	100	98
Sophomore .....	13	15	11	14	61	83
Junior .....	18	14	13	22	15	40
Senior .....	20	15	17	15	23	15
Post Graduate .....	32	25	20	—	—	—
Total .....	100	80	74	116	199	236

TABLE 2

Table 2 shows the enrollment and progress for the various classes during the 1948-49 academic year.

## ENROLLMENT

Class	September, 1948	June, 1949
Freshman "B" .....	68	0
Freshman "A" .....	30	52
Sophomore "B" .....	65	28
Sophomore "A" .....	18	60
Junior "B" .....	40	17
Junior "A" .....	0	40
Senior "B" .....	7	0
Senior "A" .....	8	7
Total .....	236	204

NOTE: Graduates: January 1949—8; June 1949—7.  
 12 Freshmen dropped voluntarily.  
 4 Freshmen were dropped because of poor scholarship.  
 1 Sophomore was not permitted to continue because of failure to attend his classes.

entering students was 26 years and 31 of the entering class were married at the time of their enrollment in the college.

## FACULTY:

The past year has seen the following additions to the faculty of the college:

- Mary Doris Carpenter, A.B., M.S., Clinical Pathology.  
 Charles Frisbie, A.B., Laboratory Instructor in Physiology.  
 Stanley Griffin, B.A., D.O., Laboratory Instructor in Pharmacology.  
 Edward R. Minnick, B.S., D.O., Asst. Prof. in Osteopathic Medicine.  
 Stanislaus Sulkowski, D.O., Asst. Prof. in Pathology.  
 Oscar J. Van Renterghem, B.S., Laboratory Instructor in Anatomy.  
 William Walters, A.B., M.S., Instructor in Bacteriology.

The Des Moines Still College of Osteopathy and Surgery as of the present school year has a faculty of 24 full time teachers and 14 part time teachers. This does not include the 12 special teachers and demonstrators who are members of the college's official faculty.

The faculty has taken more interest in the college and student affairs this year than in previous years. The monthly faculty meetings have been well attended and very stimulating.

The educational advancements made by our faculty in the past year has been no less than astounding. Participation by various

faculty members in conferences and councils of learned societies indicates beyond any question of a doubt the respect held by various educational associations for the staff members of your college. Many of our faculty members have been called to be on the programs of the various state society meetings of the osteopathic profession. This again attests to the recognition given to us by the osteopathic profession.

## DEPARTMENTAL REVIEWS OF THE COLLEGE, PREPARED BY THE OFFICE OF THE DEAN ARE AS FOLLOWS:

### I ANATOMY

Carry Gillaspay, M.S., Chairman

Spectacular changes have occurred in this department which make it one to command attention. The dissection laboratory in gross anatomy has been redesigned in such a way that more space is available, and at the same time a fine research laboratory of ample size has been created.

A museum showcase with fluorescent lighting now houses and exhibits specimens in a most satisfactory fashion.

The courses in Histology and Embryology have been augmented by the addition of good teaching models.

Research for 1948-49 as reported by Professor Gillaspay is presented herewith:

Research papers read at the American Association of Anatomists, Temple University School of Medicine, April 13-15, 1949.

1. Responses elicited from the anterior limbic region of un-

anesthetized dogs by electric stimulation through fixed electrodes. George Clark, Kao Liang Chow, Carrie C. Gillaspay, and D. A. Kloty, Dept. of Anatomy, the Chicago Medical School, Yerkes Laboratories of Primate Biology, and the Des Moines Still College of Osteopathy and Surgery.

2. Demonstration: Unilateral renal agenesis. Carrie C. Gillaspay, Dept. of Anatomy, Des Moines Still College of Osteopathy and Surgery.

Published papers. Carrie C. Gillaspay, M.S.

1. Chromatolysis in the Reptile. *Anatomic Record*, V. 100, no. 4, page 135. 1948.
2. An experienced study of the cranial motor nuclei in the alligator. *Anatomical Record*, V. 100, no. 4, page 33, April, 1948.
3. Responses elicited from the anterior limbic region of un-anesthetized dogs by electric stimulation through fixed electrodes. George Clark, Kao Liang Chow, Carrie C. Gillaspay and D. A. Kloty. *Anatomical Record*, V. 103, no. 3, page 19. March, 1945.
4. Unilateral renal agenesis. *Anatomical Record* V. 103, no. 3, page 154. 1949.
5. Changes in Inorganic Substances in Mammalian Nerve Cells due to Starvation. In press, *Journal of Cellular and Comparative Physiology*.

The need for specimens is still great. In this connection it may be mentioned that the department is giving a course of instruction to the personnel of the Bureau of Vital Statistics of the Iowa Department of Health. The program will cover a period of approximately two years.

### II PHYSIOLOGY:

L. Grumbach, Ph.D., Chairman

For the past year the department has been augmented by the addition of Mr. C. H. Frisbie as laboratory instructor. Mr. Frisbie has been forced to resign at the close of the year because of his economic circumstances. Although no research has been completed and published, the department is actively engaged in research along two major lines:

2. Research on the activity of peripheral nerve of the frog.
1. Research on the osteopathic lesion (in conjunction with the Clinic and the department of Principles and Technique under Dr. Laycock).

Publication may reasonably be expected early in 1950.

The course in Physiology has been postponed in the curriculum to start in the second semester of the Freshman year in the belief that clearance in Embryology, Biochemistry, Neuroanatomy and part of Gross Anatomy will provide better assimilation of the subject on the part of the students.

The laboratory is inadequate in size to accommodate 70 students

# The Log Book

*The Official Publication of*  
DES MOINES STILL COLLEGE  
OF OSTEOPATHY & SURGERY

*Editor*  
SIMON S. INDIANER

*Associate Editor*  
MORT LEVIN

## Osteopathy Without Limitation

in two sections. When more space is available, consideration of this situation is important.

### III BIOCHEMISTRY

John B. Shumaker, Ph.D.,  
Chairman

During the past year little or no change has occurred. Mr. O. J. Van Renterghem took charge of the laboratory instruction in the fall semester, spending part of his time as well as instructor in anatomy. In the spring, he devoted full time to anatomy. He will not be available in the future. Instruction in laboratory presents a problem. The course is offered only in the fall. It is nearly impossible to find a part time instructor for this subject for only one semester.

The laboratory is initially well stocked, and very little new equipment is necessary at this time. Replacement of glassware is always necessary.

### IV PATHOLOGY

O. E. Owen, D.O., Chairman

Due to his recent illness it is highly improbable that Dr. Owen will be able to serve this department again in the near future.

Active instruction has been under the joint direction of Dr. LeRoque and Dr. Sulkowski. Both of these men are engaged in essentially full time practice and must be thanked and complimented on the comparative efficiency and interest which they have maintained.

Their replacement by Dr. Wickens, a graduate of the Kirksville College of Osteopathy and Surgery, should improve the situation considerably this coming year.

The department has progressed this past year:

1. Improved slides for teaching and a better assortment.
2. Expansion of museum.
3. Remodeling of the clinical laboratory and placement of a full time technologist therein. (Miss Carpenter.)

### V BACTERIOLOGY

M. P. Moon, Ph.D., Chairman

The laboratory definitely requires more space in order to simplify the sectioning of the class in all courses of study.

No research has been completed or published. Research in progress is "Comparative Bacteriological Studies on the Efficiency of Shampoo Products."

On the whole the department has functioned satisfactorily. Dr. Moon is becoming quite active in

city and state public health affairs.

### VI OSTEOPATHIC MEDICINE

K. M. Dirlam, D.O.,  
Acting Chairman

Because of the permanent nature of the illness of Dr. John Woods, this department has suffered greatly.

The courses of instruction have continued as usual with some slight alteration. At the present time Dr. Saul Siegel is teaching as a substitute. Much difficulty is experienced in finding men to teach in the clinical subjects. Teaching seems to mean too great a sacrifice of time and money for most of the qualified physicians.

The division of pediatrics has shown growth and professional improvement during the past year. Dr. Frank Souders, a graduate of the Kirksville College of Osteopathy and Surgery, has been added to the department. Under the supervision of Dr. Rachel Woods, the Pediatrics Free Clinic held each Wednesday afternoon has grown to the proportion that enlarged quarters must be provided in the very near future.

### VII SURGERY

Howard A. Graney, D.O.,  
Chairman

Dr. McAllister has met his assigned classes in surgery with a high degree of regularity. He has served in the college quite satisfactorily.

He has published one paper—"Special Treatment of Epilepsy," Journal, A.O.A., October 1948.

He reports research in progress entitled, "Epilepsy Case Reports," to be completed immediately.

The division of proctology under Dr. B. E. Poundstone, has become a very strong division of the institution. Dr. Poundstone's ability as a proctologist has commanded the respect of all who have been associated with him.

Dr. Robert Fagen has just re-

turned to the faculty from a year's advanced study in Orthopedics at the College of Osteopathic Physicians and Surgeons in

Los Angeles, California. Dr. Fagen's services will greatly strengthen the teaching and professional program of the college.

## LIBRARY:

### Hours:

8:00 a.m.—4:00 p.m., M., T., W., Th., F.  
8:00 a.m.—12:00 noon S.

### Periodical Files:

One objective of the library has been to have complete bound files of all medical periodicals for which we subscribe, from 1944 to date. The following is a report of the periodicals:

- 75 Medical periodicals by subscription.
- 9 Medical periodicals were added this year.
- 64 Medical periodicals are bound regularly.
- 39 Medical periodicals are complete from 1944 to date.
- 17 Medical periodicals are long files.
- 10 Medical periodicals are incomplete from 1944 to date.
- 15 Medical periodicals are short files.
- 41 Osteopathic periodicals.

### Book Stock:

Number of accessions May 1, 1948.....	3,223
Number of accessions May 1, 1949.....	3,617
Books cataloged .....	310
New Books added .....	181

### Daily Statistics:

Days open .....	235
Attendance .....	3,152
Average per day.....	14
Reserve Books (overnight).....	243
Reserve Books (2 hr. loan).....	549
Total Reserve Book Circulation.....	814
Total Circulation .....	2,245

### Expansion of the Classification for Osteopathy:

An important project this year has been the reclassification and expansion of the 6W Osteopathy in the Boston Medical Library Classification scheme, which necessitated the remarking of all Osteopathic books.

### Inter-Library Loan:

- 14 loans received.
- 20 letters written to locate material.
- 87 articles received.
- 5 professors have used the service in their research.

### Physical Improvement:

- 2 new sections of book shelves.
- 6 new Chiland fluorescent lights.
- Tiling of the floor.

## DIAGNOSTIC CLINIC

### STILL COLLEGE OSTEOPATHIC HOSPITAL

#### Department of:

Anesthesiology  
Cardio-Respiratory  
Dermatology and Syphilology  
Ear, Eyes, Nose and Throat  
Gastro-Enterology  
Internal Medicine

Laboratory Diagnosis  
Obstetrics and Gynecology  
Orthopedics  
Pathology  
Pediatrics  
Podiatry

Proctology  
Psychiatry  
Structural Diagnosis  
Surgery  
Urology  
X-Ray

#### Diagnostic Clinic Examinations conducted by Staff Members Only

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DR. F. J. McALLISTER, *Chief-of-Staff*

or

MR. DAVE C. CLARK, *Hospital Administrator*

STILL COLLEGE OSTEOPATHIC HOSPITAL

725 Sixth Avenue

Des Moines, Iowa

### VIII OBSTETRICS AND GYNECOLOGY

R. B. Bachman, D.O., Chairman

Dr. Bachman has discharged his teaching duties very satisfactorily with the single exception that some difficulty has been experienced in finding suitable time to teach O.B. laboratory. This difficulty may be ascribed to his heavy hospital load.

### IX OSTEOPATHIC PRINCIPLES AND TECHNIQUE

B. E. Laycock, D.O., Chairman

This department has been created from the department of Osteopathic Medicine and will operate officially from the close of the current year. A junior course in Cranial Osteopathy is included in the courses offered in this department.

Twenty new treating tables have been added to the department.

### X CLINICS

B. E. Laycock, D.O., Director

With the assistance of Dr. Minnick and Dr. Kimberly, this department has functioned more smoothly than usual.

Equipment has been augmented by the acquisition of a spinolator and two short wave diathermies.

Larger classes are now coming into the Clinic causing a great need for more treating rooms. Twelve to fifteen more rooms are needed to meet the needs of the incoming students to the clinic.

### THE PHYSICAL PLANT:

While expansion of the college in the form of increased space has not occurred, extensive changes and improvements have taken place within the college building. The important improvements are as follows:

1. Fluorescent lighting has replaced all old type lights throughout the building.
2. The Clinical Pathology laboratory has been remodeled and modernized.

oratory has been remodeled and modernized.

3. The coffee shop, on the first floor, has proved to be successful from the standpoint of patronage. Students and faculty alike have visited it daily.
4. Tiling of several rooms has been done. Completion of tiling the library and building of additional stacks has made the library most attractive.
5. The laboratory and office of Dr. Agersborg has been moved to the fifth floor to make space for the physiology research laboratory.
6. The anatomy laboratory has been completely remodeled to include a museum and research laboratory.
7. Twenty treating tables have been added to the technique laboratory.

### INTERNS:

The Intern Committee has experienced difficulty in obtaining interns and residents for the hospital. At the present time one intern is on duty. Some improvement is anticipated in the spring and summer of 1950 as nine applications are on file for internship at the present time.

Compensation has been raised from \$25.00 to \$50.00 in order to compete with other hospitals but no relief became apparent.

### CONCLUSION:

In general, the past school year has been a successful year. Especially is this true when a comparison with the past few years is made, but the past year falls far short of the ideal due to inadequate financial support.

Today, the basic science years are reasonably well stabilized. The instruction is excellent and it is the feeling of the administration that it is on a par with

other schools of the healing arts.

During the past year the Admission Committee, consisting of Dr. John B. Shumaker, Dr. M. P. Moon and Dr. Carl Nagy, has been most active. They have met regularly each week throughout the year and have not only carefully analyzed the several hundred applications received for the incoming class, but have interviewed practically every applicant which has been selected.

Last year, ten distinct recommendations were made in the President's Annual Report. Of the ten, four of the recommendations have not been given any consideration at all; the reason was the lack of adequate funds. They are, namely:

1. To construct a Clinical Building.
2. To provide adequate quarters for an osteopathic technique laboratory.
3. To develop a well organized

post-graduate program of education.

4. To establish a program of teacher retirement.

The remaining six recommendations have been given serious consideration and to a more or less degree, carried out. They are:

1. To provide immediately a program of financing the college.
2. To secure the services of additional faculty members for the various departments of the college.
3. To provide additional laboratories for research and instruction.
4. To enlarge the laboratories of the fourth and fifth floors of the college building.
5. To secure accommodations for student assemblies.
6. To make the Golden Anniversary Year Celebration most outstanding.

### RECOMMENDATIONS:

The following recommendations are herewith presented for the careful consideration of the Corporate Board:

1. That the physical plant of the college be enlarged before the opening of the fall term of school.
2. That a program of teacher retirement be put into effect in the immediate future.
3. That an adequate program of financing be established so additional competent faculty and staff members may be employed.
4. That a coal stoker be installed for the college before the opening of the fall term.

Respectively submitted,

*Edwin F. Peters*

Edwin F. Peters, Ph.D.  
President

June 30, 1949

## The Log Book

The Official Publication  
DES MOINES STILL COLLEGE  
OF OSTEOPATHY & SURGERY

722 Sixth Avenue  
DES MOINES 9, IOWA

Entered as  
Second-Class Matter  
At Des Moines, Iowa.

Entered as second class matter, February 3rd, 1923, at the post office at Des Moines, Iowa, under the act of August 24th, 1912.

# THE LOG BOOK

Accepted for mailing at special rates of postage provided for in Section 1103, Act of Oct. 3rd, 1917, authorized Feb. 3rd, 1923.

PUBLISHED MONTHLY BY THE DES MOINES STILL COLLEGE OF OSTEOPATHY & SURGERY

Volume 27

SEPTEMBER, 1949

Number 9

## D. M. S. C. O. S. Homecoming Issue

### Still College Buys Building for Clinic Use

Des Moines Still College of Osteopathy and Surgery, 722 Sixth ave., has purchased the Joseph apartment building, next door north of the college, and will convert it into an out-patient clinic building.

The Joseph, which is at the southwest corner of Sixth ave. and Center street, has three floors and basement, 66 by 115 feet, and contains 38 apartments in addition to two first-floor stores.

Dr. Edwin F. Peters, president of the college, said the apartment building will be remodeled and a new front will be added. He added that between 1,200 and 1,300 out-patients now are being treated at the college and hospital.

#### Laboratory

He said that by providing consultation and treatment rooms in the newly-acquired building for out-patients, it will enable the school to handle three or four times as many such patients.

At the same time, it will give the college some much needed additional space for a new osteopathic technique laboratory on the second floor of the school building, he said.

Dr. Peters said also that removal of the present osteopathic technique laboratory from an upper floor will give room for an anatomical library, an enlarged anatomy lecture room and a larger embryology and histology laboratory.

The doctor, who became president of the college Jan. 1, 1946, said that since that date the student body has increased from 74 to 236.

He added that the enrollment for the fall term which begins Sept. 7, will be 260 although the number of freshmen admitted to the college has had to be limited.

The school head said a reasonable time will be given the apartment tenants to find new quarters, and that the college will not be arbitrary about taking over the building, although it needs the space badly.

### Homecoming Program DES MOINES STILL COLLEGE OF OSTEOPATHY AND SURGERY

THEME: CURRENT PROBLEMS IN GENERAL PRACTICE

Wednesday, September 28th, 1949

- 8:00 A.M.—Registration
- 10:00 A.M.—WELCOME HOME  
Edwin F. Peters, Ph.D.  
President of D.M.S.C.O.S.
- 10:20 A.M.—THE PHYSICIAN RECOMMENDS A STUDENT TO HIS ALMA MATER  
John B. Shumaker, Ph.D.  
Dean of D.M.S.C.O.S.
- 11:00 A.M.—RECENT DEVELOPMENTS IN OBSTETRICS  
Robert B. Bachman, D.O., Class of 1916  
Chairman, Dept. of Obstetrics and Gynecology,  
D.M.S.C.O.S.
- NOON
- 2:00 P.M.—SURGICAL DIAGNOSIS  
John B. Schwartz, D.O., D.Sc., D. Hum., Class of 1919  
Professor Emeritus of Surgery, D.M.S.C.O.S.
- 3:00 P.M.—ANATOMICAL DEMONSTRATION  
Dissecting Technique  
Recent Researches

#### EVENING

7:00 P.M. INTER-FRATERNITY COUNCIL NIGHT

Thursday, September 29th, 1949

- 9:00 A.M.—DIAGNOSIS AND TREATMENT OF COMMON KIDNEY DISORDERS  
K. M. Dirlam, D.O., Class of 1940  
Acting Chairman, Dept. of Internal Medicine,  
D.M.S.C.O.S.
- 10:00 A.M.—PATHOLOGICAL DIAGNOSIS  
A. L. Wickens, D.O.  
Chairman, Dept. of Pathology, D.M.S.C.O.S.
- 11:00 A.M.—EPILEPSY  
Frederic J. McAllister, A.B., D.O., Class of 1934  
Chief-of Staff, Still Osteopathic Hospital

#### NOON

- 2:00 P.M.—OSTEOPATHY IN PUBLIC HEALTH  
M. P. Moon, Ph.D.  
Chairman, Dept. of Public Health, D.M.S.C.O.S.
- 3:00 P.M.—THE SHOULDER AREA  
Byron L. Laycock, D.O.  
Chairman, Dept. of Osteopathic Principles and  
Technique, D.M.S.C.O.S.

#### EVENING

6:30 P.M.—HOMECOMING BANQUET  
Hotel Fort Des Moines  
HOMECOMING DANCE

Friday, September 30th, 1949

- 9:00 A.M.—LEGAL RESPONSIBILITIES OF THE PHYSICIAN  
Ralph Powers, LL.B.  
Professor of Medical Jurisprudence, D.M.S.C.O.S.

(Continued on Page 2)

### Harold Russell Visits D.M.S.C. Hospital

National Amvets Commander Harold Russell of Watertown, Mass., who lost both hands in World War II, then became a motion picture star in "The Best Years of Our Lives," visited Des Moines Still College hospital on September 3.

Russell, a grand personality, was accompanied by his beautiful and gracious young wife.

"It was great," said he; "wonderful," said she, at the conclusion of the tour.

Hospital patients, doctors, nurses and other attendants were thoroughly thrilled.

Both Mr. and Mrs. Russell conversed with a number of the persons they met as they moved along in escort of President Edwin F. Peters and Administrator David Clark.

Russell's coming to Still was due to the thoughtfulness of President Peters and Mr. Clark, who are members of Amvets Post No. 2 of Des Moines.

### Third Annual Academy Prize Contest

The Academy of Applied Osteopathy will award cash prizes of \$100.00 for first prize, \$75.00 for second prize and \$50.00 for third prize for the three best papers of not more than 2500 words submitted by an Junior or Senior student of osteopathy on the following subject:

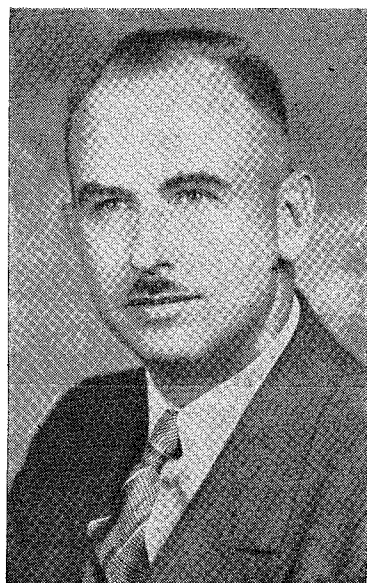
"The Role of the Osteopathic Lesion in Functional and Organic Gastro-Intestinal Pathology."

#### Rules of the Contest

1. Any Senior or Junior student in any recognized osteopathic college may enter the contest.
2. Papers must be not more than 2500 words, typewritten, double space and on one side of paper only.
3. Three judges will make the awards giving major consideration to clarity of statement and logical application of osteopathic principles.
4. Three copies must be submitted to the Chairman of the Publication Committee, Dr. Thomas L. Northup, Altamont Court Apts., Morristown, N. J., before March 1, 1950.

## Dean's Letter

The Admissions Committee of Des Moines Still College of Osteopathy and Surgery takes great pleasure in announcing the members of the Freshman Class.



**Dr. John B. Shumaker**

This group of young men and women show great professional promise. They have been recommended to us by many members of the profession, and they have been carefully selected and approved by the Committee.

### Freshman Students

**Dee Jay Archer**, Hollywood, California, B.A., Los Angeles State College.

**William Arvant**, Detroit, Michigan, B.S., Wayne University.

**Hugh F. Baker**, Otterville, Missouri, B.A., Central College.

**Richard Ballinger**, Toledo, Ohio, University of Toledo.

**Robert Belanger**, Flint, Michigan, University of Michigan.

**Regis A. Benton**, Kersey, Pennsylvania, Iowa Wesleyan College.

**Ralph G. Blackwell**, Bonne Terre, Missouri, A.B., Washington University.

**Robert J. Botz**, River Rouge, Mich., Detroit Institute of Technology.

**Phillip S. Cash**, Des Moines, Iowa, Iowa Wesleyan College.

**Joseph D. Chapman**, Moline, Illinois, B.S., Roosevelt College.

**Allyn W. Conway**, Norwalk, Ohio, B.A., Ohio State University.

**Richard T. Cronk**, Flushing, Michigan, Albion College.

**Milton J. Dakovich**, Des Moines, Iowa, B.A., University of Iowa.

**Stephen A. Evanoff**, Flint, Michigan, B.S., University of Michigan.

**Donald E. Fern**, Ottumwa, Iowa, Iowa Wesleyan College.

**Teddy Fredericks**, Buffalo Center, Iowa, University of Iowa.

**William Gonda**, Detroit, Michigan, University of California.

**Robert W. Greene**, Chili, Wisconsin, Central State Teacher's College.

**Kenneth Hall**, Bondurant, Iowa, Drake University.

**Jack Hatchitt**, Des Moines, Iowa, Drake University.

## Homecoming . . .

(Continued from Page 1)

10:00 A.M.—THE RELATIONSHIP OF THE REFERRING PHYSICIAN, THE INTERNIST AND THE SURGEON  
Frank Spencer, D.O., Class of 1926  
Chairman, Dept. of Internal Medicine  
Doctors Hospital, Columbus, Ohio

11:00 A.M.—THE NEUROLOGICAL EXAMINATION  
Paul E. Kimberly, D.O., Class of 1940  
Asso. Prof. of Osteopathic Medicine, D.M.S.C.O.S.

NOON

1:30 P.M.—CARDIAC EMERGENCIES  
Frank Spencer, D.O., Class of 1926  
Chairman, Dept. of Internal Medicine  
Doctors Hospital, Columbus, Ohio

2:30 P.M.—THE PHYSICIAN'S RESPONSIBILITIES TO HIS COMMUNITY  
Art Brayton, Chairman  
Convention Bureau, Chamber of Commerce  
Des Moines, Iowa

Chairman of Homecoming Activities  
**JEAN F. LeROQUE**, D.O.  
Class of 1940

**Robert Hayes**, Bedford, Pennsylvania, Youngstown College.

**Walter E. Herman**, Minneapolis, Minnesota, University of Minnesota.

**Joseph R. Kapp**, Youngstown, Ohio, A.B., Youngstown College.

**George Kemp**, Portland, Oregon, University of Oregon.

**Calvin T. Kinsman**, Miami, Florida, University of Miami.

**Ralph D. Lamber**, Skelton, West Virginia, Marshall College.

**Henry V. Larabee**, Royal Oak, Michigan, Highland Park Junior College.

**John J. Latini**, Philadelphia, Pennsylvania, B.A., Temple University.

**Ronald M. Lawrence**, East Elmhurst, New York, B.A., M.S., University of New York.

**Edward J. Levine**, Portland, Maine, University of Oklahoma.

**Gerald Loerke**, Ottumwa, Iowa, Coe College.

**Marshall E. Lowry**, Detroit, Michigan, B.A., Texas College of Mines and Arts.

**Milton Marmorstein**, Detroit, Michigan, Wayne University.

**James A. Martin**, Panama City, Florida, Tulane University.

**Beverly McCaleb**, Beaver, Ohio, B.S., Ohio State University.

**Loyal L. McCormick**, Laurens, Iowa, A.B., Drake University.

**William McLain**, Lansing, Michigan, Drake University.

**Michael J. McLoyd**, Detroit, Mich., Drake University.

**Robert Middleton**, Greenfield, Illinois, N.E. Missouri State Teacher's College.

**Arnold Miller**, Youngstown, Ohio, Youngstown College.

**Charles Miller**, Sharon, Pennsylvania, Kent State University.

**Thomas Moylan**, Detroit, Michigan, B.A., Assumption College, Canada.

**Jacob Nah**, Liberia, Africa, Fisk University.

**Gerald K. Nash**, Lakewood, New Jersey, A.B., Rutgers University.

**William J. Nichols**, Iowa City, Iowa, University of Iowa.

**Leonard C. Nystrom**, Chicago, Illinois, Roosevelt College.

**Albert R. Olson**, Minneapolis, Minnesota, University of South Dakota.

**Zane H. Petty**, Des Moines, Iowa, Drake University.

**Grazioso A. Pigneri**, Terravecchi, Italy, Drake University.

**Paul Ribbentrop**, Detroit, Michigan, B.S., Michigan State College.

**Donald Rossman**, Detroit, Michigan, B.S., Wayne University.

**William A. Ross**, Winnsboro, South Carolina, B.S., Benedict College.

**Sigmund Rostek**, Jersey City, New Jersey, Wayne University.

**Paul H. Rutter**, Wayne, Michigan, Michigan State Normal.

**Owen E. Sayers**, Des Moines, Iowa, Drake University.

**Arthur Simon**, Youngstown, Ohio, Youngstown College.

**Patricia Spurgeon**, Detroit, Michigan, B.S., Marygrove College.

**Robert K. Stahlman**, Clarion, Pennsylvania, University of Pittsburgh.

**Sara E. Sutton**, Des Moines, Iowa, Drake University.

**Kenneth Taylor**, Detroit, Michigan, Michigan State College.

**Raymond Taylor, Jr.**, Alliance, Ohio, A.B., Western Reserve University.

**Lewis Thorne**, Detroit, Michigan, B.S., Wayne University.

**Lee J. Walker**, Hillsdale, Michigan, Hillsdale College.

**Earl V. Walters**, Des Moines, Iowa, B.A., University of Iowa.

**Paul M. Warren**, Des Moines, Iowa, B.A., Wayne University.

**Charles F. Wilcher**, Charleston, West Virginia, University of Louisville.

**Victor R. Wise**, Des Moines, Iowa, Drake University.

**Stewart Woofenden**, Lake Worth, Florida, Drake University.

**Thomas J. Young**, Mayview, Missouri, B.S., Central Missouri State College.

## New Staff Appointments

**Dr. Stuart F. Harkness** of Harrisburg, Pennsylvania and a graduate of the Philadelphia College of Osteopathy, class of '38, joined the faculty of D.M.S.C.O.S. on September 1, 1949.

Dr. Harkness, a certified internist, will serve as chairman of the Department of Internal Medicine of the college. He has had graduate work at the Graduate College of the College of Osteopathic Physicians and Surgeons, Los Angeles, California, the Philadelphia College of Osteopathy and the New York Academy of Medicine.

Dr. and Mrs. Harkness and their three sons, Jack, age 11, Joe, age 9, and Jim, age 6, are residing at 422 Thirty-eighth Street Place.

The College family welcomes the Harkness' to Des Moines and to the faculty of the college.

\* \* \*

**Dr. Ronald Woods**, class of 1942, joined the faculty as a part-time teacher in the Department of Surgery. Dr. Woods following his graduation entered general practice in Shelby, Iowa. After a year in general practice he returned to his home city to serve an internship and a four years residency at the Des Moines General Hospital.

Dr. Woods is the oldest son of our much beloved **Dr. John Woods**. We all predict that Dr. Ronald will be a "chip off the old block" and thus a superior teacher as is Dr. John Woods.

## News Items

**President Truman's** brother who fell from a haymow during the past month was hospitalized at Lakeside Osteopathic Hospital at Kansas City, Mo., where he was visited by the President's physician, **Dr. Graham**.

\* \* \*

**Morris Fishbein** is no longer editor of the A.M.A. Journal. Dr. Fishbein has been the most outspoken of all medics against the osteopathic profession. We should not feel too hopeful as his successor may use the Fishbein strategy with revised tactics.

\* \* \*

At the present time 3 out of 4 applicants are of necessity turned down by our osteopathic schools.

## Death

**Melvin Edgar Sutphin**, a graduate of Des Moines Still College, Class of 1930, died as a result of coronary thrombosis on July 3, 1949.

Dr. Sutphin was born in Valley Junction, Iowa. After finishing college he practiced in Iowa until 1934, when he located in Dallas, Texas. With his practice he took an active part in Boy Scouts, high school football and college basketball.



# The Log Book

The Official Publication of  
DES MOINES STILL COLLEGE  
OF OSTEOPATHY & SURGERY

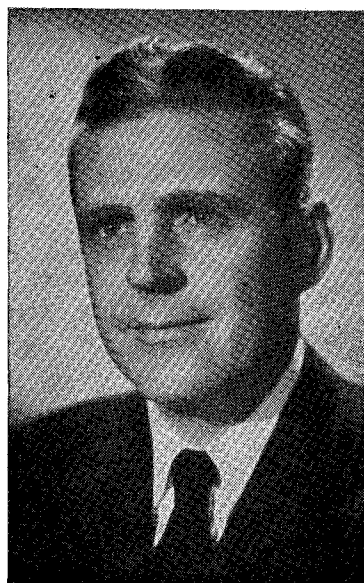
Editor  
SIMON S. INDIANER

Associate Editor  
MORT LEVIN

*Osteopathy Without Limitation*

## The President Chats

The forces of the college are actively engaged in the proper indoctrination of the entering class of 70 new students who are entering the profession of osteopathic medicine. The 68 men and 2 women are certainly a most intellectual looking group of students.



Dr. Edwin F. Peters

The freshmen arrived one day prior to registration which was devoted to orientation procedures. At 9:00 a.m., Tuesday, September 6th, the president welcomed the students, not only to the college, but into the osteopathic profession. He briefly traced the history of the osteopathic profession and acquainted the students with the various legal requirements of practice of the osteopathic physician.

Dr. Shumaker, our dean, then addressed the students on the rules and regulations of the college and the education procedures which would be followed during their professional course.

The Dean's address was followed by an hours instruction given by Dr. Leonard Grumbach, Chairman of the Department of Physiology on "Technique of How to Study."

The students were then privileged to hear Mr. F. A. Fuller, of the Veterans Administration, who

revealed the desire of the Veterans Administration to cooperate with the school and the various steps which must be employed while the student is on the G.I. program.

The afternoon was then devoted to the administration of the Ohio Psychological Test for Graduate Students.

Wednesday, Thursday and Friday were devoted to registration and Saturday morning the first all school convocation was held in the auditorium of the Consistory which is across the street from the college proper.

This week, D.M.S.C.O.S. is embarking upon its second "half-century" as a professional school; and with the enlarging of the present facilities and the progress in education which is characteristic of all the osteopathic colleges today, we feel certain that in the years to come osteopathic medicine will have a most important place in the field of higher education. All efforts of your Alma Mater are being directed in that particular channel. While it is pleasant for one to reflect on and recall the past it is essential that we meet the challenging demand of our profession and of society by developing an institution which will command the respect of all critics.

During the summer months the college building has been redecorated and fluorescent lights installed throughout and much new equipment has been added to the basic science laboratories and new faces have joined the ranks of the faculty, all of which will help to make Homecoming this year the largest and finest of any Homecoming so far. The administration and student body sincerely urge all old grads to return for Homecoming and become personally acquainted with your school of today.

## AOA Attitude Toward Health Insurance Plans

(Editor's note: This policy was adopted by the Board of Trustees and the House of Delegates of the AOA in July, 1949, meetings. It is suggested that you keep this on file. The following reprint is from the Oregon Osteopathy.)

### Preliminary Statement

Purchasable access of adequate health and medical services for the prevention of illness, the care and relief of sickness, and the promotion of a high level of physical, mental and social health should be available to every individual regardless of his economic status.

Despite community aid, it is recognized by most physicians, regardless of school of practice, that at present adequate medical service for most individuals has been available only to those who can buy it and to the extent that they can pay for it. The principle causes for this lack of available services are scarcity and maldistribution of medically-trained personnel and the cost of modern medical care.

Contributory to the scarcity of medical personnel is the rapid rise in the cost of medical education and the resulting inadequate increase in the number of practicing physicians. The maldistribution of medical personnel is accentuated by the diminished economic status existing in areas of low income level and the lack of adequate facilities in such areas.

During the past 15 years the payment of medical care by means of personal contact between the patient on one hand, (or someone for him), and the physician, nurse, hospital or lab-

oratory on the other has been gradually shifting in two divergent directions—one in which the government itself is paying out of general taxes for all or part of needed medical services (ex-President Hoover in his report estimates this at 24,000,000 individuals) and the other in which individuals themselves have been trying to cover the cost of the similar services by means of pre-paid insurance in so-called voluntary non-profit plans. (Only about 6,000,000 individuals have a complete coverage in this manner).

Neither of these methods has solved the problem. The government method has already created too much state medicine and the voluntary insurance method is finding itself unable, without government subsidies, to provide in most instances even limited health services to those individuals who need it most. Either method will eventually cause an endless drain on general tax resources of the country. In addition, as presently organized, voluntary nonprofit plans have been turned into devices whereby one school of medicine seeks to nullify existing state medical practice rights and create for itself a monopoly in the supplying of all medical services.

### Resolution

The American Osteopathic Association, through its House of Delegates assembled, approves the principle of contributory health insurance under governmental supervision with services available to all the people on a prepayment basis, and restates that

(Continued on Page 4)

## DIAGNOSTIC CLINIC

STILL COLLEGE OSTEOPATHIC HOSPITAL

### Department of:

Anesthesiology	Laboratory Diagnosis	Proctology
Cardio-Respiratory	Obstetrics and Gynecology	Psychiatry
Dermatology and Syphilology	Orthopedics	Structural Diagnosis
Ear, Eyes, Nose and Throat	Pathology	Surgery
Gastro-Enterology	Pediatrics	Urology
Internal Medicine	Podiatry	X-Ray

### Diagnostic Clinic Examinations conducted by Staff Members Only

Complete reports with treatment suggestions furnished referring physicians. Fee includes all departments. For further information write or call:—

DR. F. J. McALLISTER, *Chief-of-Staff*

or

MR. DAVE C. CLARK, *Hospital Administrator*

STILL COLLEGE OSTEOPATHIC HOSPITAL  
725 Sixth Avenue  
Des Moines, Iowa

## Health Insurance

(Continued from Page 3)

it will continue to cooperate and consult with all groups or agencies towards the end of determining the essential needs of such plans. Since such an extensive departure from the present economics of distribution of medical care will involve wide latitude in statutory enactment and can result in discrimination against existing patient-doctor relationship, the following fundamental pre-requisites are offered by the osteopathic profession as being essential requirement for any plan whether it be voluntary or compulsory:

### Fundamental Requirements

1. In order to spread the insurance costs and risks equitably among the citizenry, the over-all plan should be nationwide in scope with general administration for separate plans no lower than at state level.

2. Freedom of choice of licensed physician shall be accorded to every individual, both by specific declaration in statutory law and by edicts of every administrative and regulatory body set up to administer plans at every level of government. Nothing in the plan shall act to disturb the existing confidential relationship between the patient and his doctor.

3. Freedom to change physician or to refuse care shall be accorded every patient. Freedom to accept or to reject any patient shall be accorded every physician.

4. Participation in medical services shall be open to all licensed physicians without discrimination against the exponents of any school of medicine or against state medical practice rights.

5. The financial support provided to pay for the services shall be computed, among other factors, on the basis of present-day costs of training of medical-care personnel as well as for neces-

sary financial support to supplement the available resources of institutions training medical-care personnel and undertaking research.

6. Basic administrative policy shall be determined at all times only after consultation with an advisory committee composed of recipients of the service and of representatives from each participating profession.

7. Problems dealing with type and frequency of service necessary to the care of patients shall be decided by committees from each participating profession.

8. Funds should also be provided in the over-all plan for the construction of necessary additional hospitals and health centers wherever there is a deficiency, but the use of such facilities shall not be a pre-requisite to the eligibility to receive medical service itself.

### Visitors

**Dr. Wilmoth J. Mack**, D.M.S.C.O.S. '47, Radcliffe, Iowa, visited the college on September 6. Since Dr. Mack is the State Membership Chairman of the Iowa Society of Osteopathic Physicians and Surgeons he wishes to remind the Iowa doctors that their dues to that society are payable to the office of **Mr. Dwight James**.

**Dr. M. J. Hydemann**, Class of '31, Bismarck, South Dakota and **Dr. Gordon L. Elliott**, Class of '47, Toronto, Canada, also visited the college this summer.

### Recognition

The Still Osteopathic Hospital received its Certificate of License from the State Department of Health of the State of Iowa on September 7, 1949.

EDITOR'S NOTE: Congratulation for this recognition.

## National Alumni Association

**Dr. Beryl C. Freeman**, Secretary of the National Alumni Association of D.M.S.C.O.S. for the past year announced that **Dr. Byron L. Cash** of the class of '17, was elected in the Alumni Association's national election to be their representative on the Board of Trustees of the College.

Dr. Cash was the National Alumni Association representative on the Board last year.

### Death

**Mr. G. A. Kenderdine**, husband of the librarian of D.M.S.C.O.S., passed away on Sunday, September 4, 1949. Mr. Kenderdine had been ill several months suffering from kidney complications.

Mr. Kenderdine, former chief of the Iowa field division of the U. S. Internal Revenue Department was most active in the Moose and Eagles lodges, the I.O.O.F. and of all the Masonic bodies. He was a thirty-third degree Mason.

Services were Tuesday, September 6 at Dunn's Funeral Home.

The college family extends heartfelt sympathy to Mrs. Kenderdine in her hour of sorrow.

### Announcements

**Dr. S. W. Meyer**, Class of '30, announces the re-opening of his office in Phoenix, Arizona, after a year of postgraduate training in surgery.

**Dr. Selwyn F. Lewis**, General and Rectal Surgery, and **Dr. Paul W. Chadwell**, Obstetrics and Gynecology, announce the opening of San Clemente Osteopathic Clinic, Tucson, Arizona.

**Dr. George C. Boston**, Class '38, announces the opening of his office in Sarasota, Florida.

## Still Couple Wed

**Frances Sue King** and **Allen Michael Fisher** were married August 21 at 6:00 p.m. at Elliot's chapel of memories in Abilene, Texas. The single ring ceremony was performed by Rev. W. T. Hamor and attended by relatives and friends of the couple.

The bride was attended by her sister, **Mary Alice King** and cousin, **Shirley Gaskill** as maid of honor and bridesmaid, respectively. The groom's attendants were **Lee Maples**, best man and **Pat William's**, groom's man. **Scott J. King**, the bride's father, gave her hand in marriage to the groom.

The honeymoon, consisting of a motor tour of such points of interest as Carlsbad Caverns, N. M.; Colorado Springs, Colo.; Yellowstone Park, Wyo.; Mt. Rushmore, S. D. and Spirit Lake, Iowa, was very much enjoyed by the couple. Sue and Mike, as they are better known at Still College, arrived in Des Moines Sunday, Sept. 4, and will be at home at 4300 Grand ave.

### Gift

**Dr. Harold D. Meyer** and **R. K. Richardson** of the Algona Osteopathic Clinic, Algona, Iowa, this month contributed to our hospital a Zimmer Universal Overhead Fracture Frame, No. 200. Your generosity is greatly appreciated, Doctors.

### Important Notice

The LOG BOOK Mailing List must include the ZONE NUMBERS, in its addresses. PLEASE send your ZONE NUMBER IN ON CHANGE OF ADDRESSES OR WHEN MAILING IN NEW NAMES FOR THE LOG BOOK.

## The Log Book

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OF OSTEOPATHY & SURGERY

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Volume 27

NOVEMBER, 1949

Number 10

## Prominent Professor Joins College Staff

### Visiting Professor Addresses D.M.S.C.O.S.

**Dr. C. H. Morgan**, Director of Graduate Education and Professor of Anatomy at the Kansas City College of Osteopathy and Surgery spent Monday, November seventh as a visiting lecturer at D.M.S.C.O.S. During the day and evening, Dr. Morgan delivered four outstanding lectures. His first lecture was to the freshman class in the morning followed by a lecture to the juniors and seniors at the noon hour, the sophomores during the afternoon. He terminated his busy day by addressing a joint session of the college faculty and the hospital staff in the evening. His subject was "Nervousness, Indigestion and Pain." The faculty, hospital staff and students are all eagerly looking forward to Dr. Morgan's return to D.M.S.C.O.S.

### Dr. Harkness To Head Internists Program

**Dr. Stuart F. Harkness**, Associate Professor of Osteopathic Practice, will serve as program chairman for the Easter Study Conference of members of the American College of Osteopathic Internists to be held at the Hotel Warwick March 24, 25 and 26, 1950.

He also will serve as program chairman for the 10th annual conference of the American College of Osteopathic Internists to be held in Kansas City next October.

### The Art of Practice

**Dr. Raymond P. Perdue**, of Flint, Michigan, was elected president of the Michigan Osteopathic Hospital Association as well as vice president of the Michigan Association of Physicians and Surgeons, at the annual state convention at Grand Rapids, Michigan, October 30th to November 3rd. Dr. Perdue is a living example of the adage "If you want a job well done, give it to a busy man", as the Doctor is also president of the Flint Osteopathic Hospital and active in civic affairs of his home city of Flint. Dr. Perdue graduated from D.M.S.-C. O. S. in the class of 1935.

### 1949 Xmas Seal Campaign Serves Dual Purpose

This year the sale of osteopathic Christmas seals takes on a new significance. For the past eighteen years the proceeds from the sale of these stamps have gone to build up the Student Loan Fund. Today this fund is firmly established and serving a most important function in osteopathic education.

The need for more and greater research in osteopathy has long been recognized but sufficient funds have not been available to allow the expansion desired.

Last year the Board of Trustees took cognizance of this need and investigated ways and means of augmenting the funds available for research. As a result of the recommendations of the Board the House of Delegates at the St. Louis convention voted to enlarge the scope of the seal sale to include research. Consequently the new slogan is "Osteopathic Education and Research".

This gives a new impetus to the campaign and should result in all members and friends of the osteopathic profession greatly enlarging their personal purchases and bending efforts to sell seals to others as well.

Ten per cent of the proceeds of the sale will go into the Student Loan Fund while ninety per cent will go into the Research Fund. The greater the amount of money realized on the sale of the attractive seals the greater will both these funds benefit.

This year seals will be placed with philatelists and stamp brokers for special sale but it is urged that everyone make it a point to sell and distribute them as widely and in as great quantities as possible. By establishing a sound and progressive research program we will make it possible to merit governmental and private grants of funds for additional equipment and personnel.

### Congratulations, Doc!

**Dr. E. R. Minnick**, Assistant Professor of Osteopathic Medicine and Assistant Director of the College Clinics, recently took the written division of the National Board Practice Examination. Results—top honors in Neurology and the Theory and Practice of Medicine.

President Edwin F. Peters of Des Moines Still College of Osteopathy and Surgery announces the appointment to the faculty of Dr. E. V. Enzmann of Dedham, Massachusetts.

Dr. Enzmann received a B.A. degree from State Teachers College, Komotau Bohemia; an M.A. degree from University of Prague; the M.A. and Ph.D. degrees from Harvard University. Dr. Enzmann also spent three years as a special student in the Anatomy Department of Union Medical College, Peking, China.

After receiving the doctorate degree from Harvard University, Dr. Enzmann served as a teacher of embryology at Harvard and Radcliff. He then became associated for a period of four years in research with the Haskins Laboratories of New York City and has been the author or co-author of thirty-six research articles. In 1936, Dr. Enzmann read a research paper on "X-Ray Induced Modifications in Drosophila," before the Fourth International Congress of Crytology at Copenhagen, Denmark.

Prior to Dr. Enzmann's appointment to D.M.S.C.O.S., he was a member of the Expedition of the American Museum of National History of New York City to the tropics (Colombia, Panama, Venezuela).

Dr. Enzmann is married and has two children, a son who is a geologist in Colorado and a daughter who is a senior at Columbia University in New York City. Dr. Enzmann began his professional duties at D.M.S.C.-O.S. on Monday, October 24, 1949.

### 1950 A.O.A. Convention Goal Set at 2,000

The Chicago Convention Committee for the 1950 A. O. A. convention held its first meeting on October 28. Dr. George H. Carpenter is Honorary Chairman and Dr. Robert K. McCarty is General Chairman.

During the meeting appointments were made and confirmed for all committee chairmanships and plans were formulated for getting all pre-convention activities into high gear. It was voted to set an attendance goal of 2,000 D.O.'s for the convention and every effort will be made to realize this number of registrants. Should that goal be attained the total overall attendance at the 1950 event would be approximately 3,500 persons.

The convention will be held in the Stevens Hotel, Chicago, July 10-14. Dr. C. R. Nelson, Ottawa, Ill., is program chairman.

### Medical Education Bill Passes Senate

In a Washington News Letter of Sept. 28, 1949, **Dr. C. D. Swope**, Chairman of AOA Department of Public Relations, announces that the U. S. Senate on Sept. 23, 1949, passed the Medical Education Aid bill, S. 1453, with the amendment providing for assistance to osteopathic colleges, along with aid to medical, dental and nursing schools.

This bill is now before the House Committee on Interstate and Foreign Commerce.

The AMA is quite concerned with this bill as it passed the Senate. They were all for aid to their own schools, but because the bill included osteopathic colleges, they editorialized against it if it still continued to grant aid to our colleges and recommended that it be defeated. It will be interesting to note if right or selfishness rules in this case.

Dr. Swope requested each Divisional Society Secretary to write appropriate letters to the respective congressional delegations advising of the need of such aid and our interest in the House passing the bill as passed in the Senate.

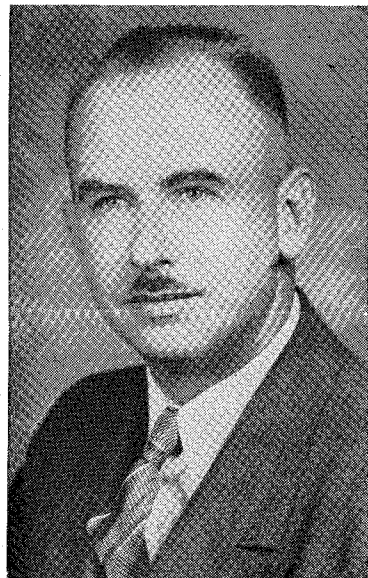
### Michigan Alumni Election

D.M.S.C.O.C. Alumni Association of the State of Michigan enjoyed a superb luncheon at the Pantlind Hotel on Tuesday, November 1st. Fifty-nine graduates of this college attended the luncheon so capably arranged by **Dr. Emma L. MacAdams**, of Grand Rapids. **President Peters** of the college gave a report on the progress of the school and throughout the luncheon music was furnished by a musical trio. **Dr. C. W. Millard**, Class of '39 Hillsdale, was the retiring president and **Dr. G. H. Wirt** Class of '40, Climax, was the retiring Sec'y-Treas. New officers elected for the ensuing year were **Dr. Harry P. Stimpson**, '37 Highland Park, president; **Dr. Russell M. Wright**, '29, Highland Park, vice president and **P. N. Monroe**, '39, Detroit, sec'y-treas.

## Dean's Letter

Progress is constantly being made by man in his search for the perfect panacea—that something which will cure man of all his ailments and ills.

That panacea, if we but knew it, lies in our minds, in our ability to think and to reason correctly



Dr. John B. Shumaker

from cause to effect, and then to remedy.

A background of extensive basic knowledge of man, and his physical and mental constitution, is requisite of all doctors. Such knowledge can only be gained by education and experience.

The grandfather often impresses the grandson, who wishes to follow in his footsteps as a doctor, with the remark, "All this formal education wasn't necessary when I went to college, and I managed to get along all right."

The grandson finds, however, that, to be a good doctor, he must go to preprofessional school for three or four years and then attend medical school for five years before he may call himself a doctor.

Young men frequently write to the Dean or other officer of a medical school to ask, "I have completed my required preprofessional subjects of chemistry, physics, biology and English and want to know what courses to take in my third and fourth years of college. Will you please advise me?"

The Dean may respond by saying, "We want you to take any courses which will make you a better doctor. Take all courses possible which will help you to understand people better. Only by knowing people and their multiple problems can you be a true success in assisting them in their trouble."

"In order to know people you must be able to think and to talk in their language. That language could be French, German, or Spanish. But it is more than that! It is the language of religion, of social customs, of economic circumstances, of the baby

## ORDER YOUR BOOKS FROM THE COLLEGE BOOKSTORE

1. Bauman, DIAGNOSIS OF PANCREATIC DISEASE, 1949 .....\$ 5.00
2. Hess and Lundeen, THE PREMATURE INFANT, 1949 ..... 6.00
3. Birnberg, FEMALE SEX ENDOCRINOLOGY, 1949.. 4.00
4. Rehberger, LIPPINCOTT'S QUICK REFERENCE, 1949 ..... 20.00
5. Farris and Griffith, THE RAT IN LABORATORY INVESTIGATION, 1949 ..... 15.00
6. Means, THE THYROID AND ITS DISEASES, 1948.. 12.00
7. GOULD MEDICAL DICTIONARY, 1949..... 8.50
8. Swinney and Kirwin, UROLOGY FOR NURSES, 1948 ..... 6.00
9. Conn, CURRENT THERAPY, 1949..... 10.00
10. Grulee and Eley, THE CHILD IN HEALTH AND DISEASE, 1948 ..... 12.00

*These prices plus two per cent State sales tax, and 15c for mailing and handling.*

who cannot express himself, of ordinary, remarkable, everyday life."

"It is suggested, therefore, that you consult your advisor whom your college has appointed to help you plan your pre-osteopathic course. He has been trained to help you. Ask his advice about the selection of such courses as comparative religions, history of religion, music appreciation, modern language, social science, logic and ethics and a host of others which will be directly in line with the requirements for your baccalaureate degree."

"He will probably recommend that you continue in a lesser degree in the sciences by taking genetics, comparative anatomy, electronics, quantitative analysis, and other special courses required for a major toward graduation."

Many of these studies were not within the scope of grandfather's collegiate experience, and consequently he found it necessary to learn them through long experience with the world. **His wisdom is profound** and requires a life time to acquire.

The underlying facts and knowledge upon which wisdom is based can and must be learned in college.

Extensive pre-professional study in non-science fields is fully as important as the science and professional studies. Successful blending of these two fields make the doctor a better servant to humanity and bring him closer to the secret of the perfect panacea.

### Important Notice

**The LOG BOOK Mailing List must include the ZONE NUMBERS, in its addresses. PLEASE send your ZONE NUMBER IN ON CHANGE OF ADDRESSES OR WHEN MAILING IN NEW NAMES FOR THE LOG BOOK.**

## Hospital Notes

Long traveled distances to attend the hospital diagnostic service are always complimentary to the personnel concerned with this service, but this past month we had the prize.

**Dr. Halvdan Harold** of Dublin, Ireland, came from his native land where he is actively engaged in the practice of osteopathy, to have a hernia and hydrocele repaired surgically.

Dr. Harold is a graduate of D.M.S.C.O.S., class of '13, was born in Norway, educated in the United States and practices his profession in Ireland.

Now the diagnostic service can truthfully say that it has become international. However, we previously have examined patients from Canada and Mexico, but getting across the pond was a new experience for the staff. Naturally, we feel flattered that our alumni have the confidence demonstrated by this recent visit from Dr. Harold. We hope that his confidence has not been misplaced.

It was a pleasure to have him with us and he swapped practice tales and methods with the staff, much to our mutual enjoyment. The staff now has an inside insight to the practice problems in Ireland. After hearing some of his experiences we are all most thankful that we practice in a country where our profession is honored and respected, and that as individuals we can have some choice as to the type of therapy we wish to employ.

While the Doctor was here he was very happy to see the many changes in the college and the hospital as he had not made a visit to his Alma Mater since his graduation many years before.

The department of surgery, particularly, thanks the Doctor for his demonstration of confidence in the department.

## NSLI Exams By D.O.s

According to a Washington News Letter under date of Sept. 20, **Dr. C. D. Swope**, Chairman of the AOA Department of Public Relations, advises that DOs are now allowed to make NSLI examinations. Many of you will recall having these examinations turned down by the VA in the past. His remarks follow:

"Doctors of Osteopathy who are listed in the AOA Directory are eligible to make physical examinations of applicants for National Service Life Insurance or reinstatement thereof.

"Veterans have been accustomed to receiving communications from the Veterans Administration with respect to examinations for National Service Life Insurance as follows:

"The Veterans Administration regrets to inform you the application is not acceptable because the physical examination in connection with the application was performed by a doctor of osteopathy."

"The 1946 law making osteopathic graduates eligible for medical service in the Department of Medicine and Surgery did not apply to the Insurance Medical Division of the Veterans Administration. Numerous examinations performed by osteopathic physicians for NSLI applicants have been rejected because of the Insurance Medical Division policy recorded in Code of Federal Regulations, Title 38, Sec. 8.64 as follows:

"Examination of applicants for insurance or reinstatement. Where physical or mental examination is required of an applicant for reinstatement of National Service Life Insurance, such examination may be made by a medical officer of the United States Army, Navy, or Public Health Service, or may be made free of charge to him by a full-time or part-time salaried physician of a regional office or hospital of the Veterans Administration. Such examination may also be made, at the applicant's own expense, by a physician duly licensed for the practice of medicine by a State, Territory of the United States or the District of Columbia. . ."

"On September 13, 1949, the VA Assistant Administrator for Insurance ruled:

"The Veterans Administration is agreeable to accepting physical examination reports completed by osteopathic physicians whose licenses include the practice of medicine and surgery. Such reports will be acceptable also when completed by osteopathic physicians who are graduates of recognized and approved colleges of osteopathy and who are listed in the current directory of the American Osteopathic Association even though their licenses may be limited to the practice of osteopathy in a particular state."

"We are very glad to announce this happy solution of another tiresome problem."

# The Log Book

The Official Publication of  
DES MOINES STILL COLLEGE  
OF OSTEOPATHY & SURGERY

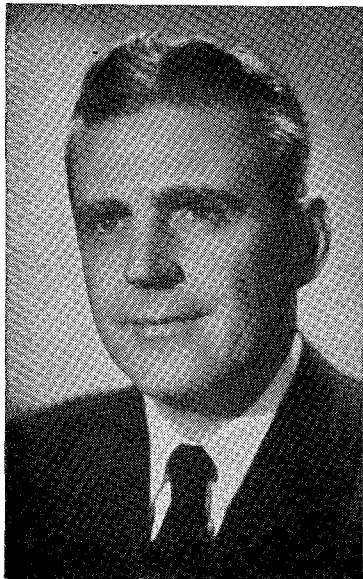
Editor  
SIMON S. INDIANER

Associate Editor  
MORT LEVIN

*Osteopathy Without Limitation*

## The President Chats

Every individual must achieve maturity. If not, he fails in his responsibility, not only to his family, but likewise to his friends and to society. The individual who fails to mature remains a parasite upon society.



Dr. Edwin F. Peters

Parents are desirous for their children to "grow-up" into well-balanced adults, but the passing of time alone will not make a well-rounded adult out of the child who may even be of superior intelligence. All modern techniques must be employed for achieving maturity for an individual.

Education begins at birth of the individual. The care of the body is one of the basic tools of education. As one looks around and notes so many poor physiques in adults and the loss of vitality in middle age, one becomes shocked and immediately realizes that the foundation of education for that individual has been neglected. Gazing further among those with whom we come in contact, one cannot but help observe the apparent lack of interest by so many adults in contributing to the organizations of the community which provides them with their livelihood as well as assures them their inherent rights. When an adult becomes an active participant in the welfare of his community, he then will enjoy a

rich life. Social adaptability and community responsibility are two of the prime requisites for adult maturity.

The educated man, whether he be engaged in business or a member of a learned profession, must acknowledge that "The Service He Gives To His Community Is Merely The Rent He Pays For the Space He Occupies."

Beyond the community lies the state and the nation, these three becoming a triad upon which the framework that binds together the family, is constructed.

Human behavior is a product of both heredity and environment. Environment is certainly more than physical objects because the institutions, the organizations, and the culture of the Community in which man lives, determines the direction of the development of the human behavior.

Frequently, adults who are formally educated are most immature because they have developed the attitude that society owes them a livelihood and in return they do not have an obligation to society. Every adult member of a community has not only a moral obligation but also a financial obligation to every institution of his community, whether he be directly affiliated with that institution or not.

MATURITY is directly correlated with public opinion and public opinion has a tremendous power.

Public opinion determines codes of behavior, formulates standards of morality and establishes rights and principles under which people must live. In our country, we have certain laws, conventions, mores, and attitudes which prevails because public opinion accepts them as right and just.

Public opinion has ruled that every member of a community must be afforded an opportunity

to assist those who are less fortunate. Thus we have numerous community drives of which the Community Chest is a most worthwhile example. The truly mature adult will realize his responsibilities and thus give of his time and earthly riches.

The osteopathic profession of Des Moines demonstrated its MATURITY last month by reaching the goal established for the profession of PHYSICIANS PLUS before the date set for the first report of the numerous teams. The Captain of Team No. 37, (The osteopathic profession of Des Moines, Iowa) is justly proud of the fine response given to the Community Chest Drive which made possible such a fine report.

Yes, the PHYSICIANS are mature adults, not only highly educated in their profession, but educated in their obligations to their community, their state, and their nation.

## Financial Problem Now Facing Colleges

At the very time when higher education is more important and more popular than ever before, and must accept even greater responsibilities, American colleges and universities are increasingly cramped by lack of funds. Some of the institutions, large and small, are finding their situation desperate. And that includes at least quite a number of institutions of very high repute.

Income has not kept up with increased costs and enlarged enrollments and broadened programs. Gifts and yields from endowments have fallen off, particularly handicapping the privately supported colleges. Legislatures, pressed by other accumulated post-war demands, have slighted the real needs of the state supported colleges and universities.

Except for the G.I. Bill and the

outpouring of billions from the Federal Treasury for veterans' education, the situation might have been infinitely worse. The Federal Government has been paying about full cost of instruction for the veterans.

The University of Wisconsin, for instance, has already collected from the Federal Government for the 9,000 veterans who were on that campus last year roughly three times as much as would have been paid to the university by an equal number of non-veteran Wisconsin students.

But this large source of income for the colleges and universities is rapidly drying up. It will be almost entirely lost within a couple of years. In view of the social importance of keeping higher education within the reach of all qualified young persons, regardless of economic status, there is widespread belief that tuition charges at many institutions are already too high for students of modest means.

The financial problem facing the colleges and universities is terribly serious and a solution becomes increasingly urgent.

—Milwaukee Journal.

## GIFT

Our sincere thanks go to Dr. H. V. Halladay of Tucson, Arizona, for an almost complete file of the Log Book from the second issue in February, 1923, to January, 1936. We lack only these few numbers of having a complete file of the Log Book from the beginning to date. Can some one supply the following numbers?

- V. 1 No. 1, February, 1923.
- V. 1 No. 22, January, 1924.
- V. 1 No. 23, January 15, 1924.
- V. 1 No. 24, February 1, 1924.
- V. 1 No. 29, April 1 or 2, 1924.
- V. 2 No. 1, July 1, 1924.
- V. 4 No. 21, May 15, 1927.

## DIAGNOSTIC CLINIC

STILL COLLEGE OSTEOPATHIC HOSPITAL

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Cardio-Respiratory  
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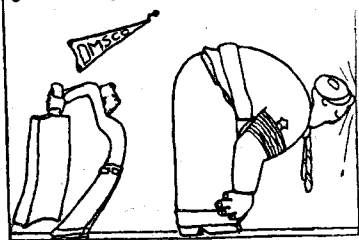
STILL COLLEGE OSTEOPATHIC HOSPITAL

725 Sixth Avenue

Des Moines, Iowa



## FRATERNITY NOTES



The Beta chapter of Delta Omega met at the home of **Dr. Stoddard** at 1441 56th street for a steak roast Oct. 23. The outdoor fireplace would have been an ideal place for the meeting, except that the thermometer registered a few degrees lower than was expected. In spite of the weather everyone enjoyed themselves very much, and the meal was delicious.

We were glad to have **Miss Pat Spurgeon** and **Miss Sally Sutton** with us, also **Dr. Sarah Jean Gibson**, who is now working in the outpatient clinic here at the clinic hospital.

The rest of the evening was spent in playing canasta, bridge, and various types of music along with apples, corn cobs and coffee.

## AOF

On Nov. 8, the LOG had the second in its series of guest speaker nights. This time a very interesting talk and a film were presented on "Protein Nutrition." The topic was very ably covered. The guests were invited to ask questions of **Mr. Rex Ingram** of the Squibb Pharmaceutical Co. who conducted the lecture.

Refreshments were served after the meeting.

The fraternity cordially invites the student body to attend these lectures of interest which are announced on the bulletin boards of the school in advance of the meetings.

## ITS

The ITS "smoker" was held Oct. 29th at 8:00 P. M. in the South Room of the Y. M. C. A. **Dr. Ralph McRae** was the speaker and gave a very interesting address on the subject of better understanding for both psychiatry and psychiatrists. Dr. and Mrs. McRae were both very welcome. We hope they will pay us a visit soon again.

A movie was shown concerning the subject of human reproduction. In this film models were used instead of human subjects. It was suggested that our next film be of the type that is used to teach medical students. Let's mark the date down on our calendar when it is announced.

B. B. Baker, I. T. S. president, is doing a fine job organizing these meetings. There were approximately 70 to 80 students, wives and girl friends present at this meeting. Coffee and donuts were served during the after meeting which was highlighted by friendliness and good cheer. Keep up the good work I. T. S. and continue to make everyone welcome to your work nights.

## ATLAS CLUB

On October 12th the Atlas club conducted a regular meeting followed by a work night. The club was host to **Dr. Weise**, a prominent clergyman of the city who gave a fine lecture on "The Last Rites." Much interesting and valuable information was obtained from the evening and the club was proud to present such a talented speaker.

The club presented its first dance on the evening of Oct. 22. Gay costumes were the order of the evening with the party taking place in the large A. I. B. club room. Dancing was the main entertainment, but with **Joe Baker** playing the part of a female mistress of ceremony (and a right pretty one at that we might add) and **Dud Champman** presenting some well appreciated Jolson songs, the evening

was one of pleasure for the large crowd which attended. Judging of the costumes took place in the late evening with winning honors going to **Mr. and Mrs. Ralph Braught**.

On Monday evening, Oct. 31, the club played host for the second time to the freshman class. This time it was a smoker given for all potential pledges. A swell group of prospective students turned out and we hope that we may have the honor of pledging most of them in the near future. **Dr. Leininger** was the speaker for the evening and presented "The History of the Atlas Club." Coffee and doughnuts were served.

All thought and effort will now be centered on the large annual Christmas dance which will be held in the Park View Club located on Kingman and Polk Boulevards. This dance which is always a social high light of the year has promise of being this time even bigger and better than before. The music will be furnished by **Keith Killinger** and his band who are tops in entertainment. So mark Dec. 10th on your calendar and buy your ticket today. These tickets can be obtained from any Atlas man you meet. Special invitation is extended to all Still College alumni and their friends. See you all at the dance.

## QΣΓ

Phi Sigma Gamma was host at a smoker held for all freshmen men on November 4th. The turnout was excellent and everyone enjoyed **Dr. Dirlam's** remarks.

The Halloween party, "Reversal of the Sexes," was a huge success, drawing upwards of seventy-five couples. Prizes donated by merchants and totaling \$100 were awarded for the best costumes. **Mesdames Peters, Shumaker** and **Minnick** were judges and did superbly well considering the difficulty of choosing a few among the well costumed crowd.

Our work nights have been

proving very beneficial. **Father Weiss**, a Catholic priest, spoke to our group on October 16, using for his subject, "The Duties of an Osteopathic Physician to a Catholic Patient." A lively discussion period followed in which everyone participated. Our meetings are the first and third Monday of each month and all alumni are cordially invited to be present.

## Osteopathic College Scholarships Announced

The Auxiliary to the American Osteopathic Association has announced that five scholarships of \$800.00 each will be made available for the entering classes of osteopathic colleges in the fall of 1950. The scholarships will be applied to the college tuition at the rate of \$400.00 per year for the first two years of the course. Students entering any of the six approved osteopathic colleges are eligible.

Scholarships will be awarded on the basis of financial need, good scholarship, strong motivation toward the osteopathic school of practice, and outstanding personality traits. Applications must be completed and sent to the Director of the Office of Education, American Osteopathic Association, prior to December 15, 1949.

Application forms may be obtained from **Mr. Lawrence W. Mills**, Director of the Office of Education and the applicant should indicate the college of his choice when he applies for a form.

**Dr. Roy G. Bubeck, Jr.**, class of 1944, moved his office from 712 Ashton Bldg., to 1239 Fulton East, Grand Rapids, Michigan. Dr. Bubeck is specializing in Obstetrics and Gynecology.

## The Log Book

The Official Publication  
DES MOINES STILL COLLEGE  
OF OSTEOPATHY & SURGERY

722 Sixth Avenue  
DES MOINES 9, IOWA

Entered as  
Second-Class Matter  
At Des Moines, Iowa.

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# THE LOG BOOK

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Volume 27

December, 1949

Number 12

## Phoenix D.O.s Sponsor Charity Clinic

Santa Claus came early to more than a hundred underprivileged Mexican children, members of families of the El Buen Samaritano, Spanish Episcopal Mission of the Golden Gate settlement, Phoenix, Arizona.

Santa (in this case, local osteopathic physicians) brought these children something they needed more desperately than the usual Christmas toys—medical care.

Rev. Francis A. Sullivan, pastor of the parish, surmised the need for physical care and recently enlisted the aid of osteopathic physicians to examine the children. The need was proved even greater than at first anticipated and the result was the establishment of a weekly free clinic, with 14 osteopathic doctors donating their time and services.

More than 300 children have been examined to date and complete records made of all physical findings and recommendations for treatment, which includes manipulative therapy, medication, immunization, tonsillectomy, etc. General surgery has included one herniotomy and one case of eye surgery.

Rooms in the mission have been made available for the Golden Gate Clinic. McDowell Osteopathic Hospital cooperates by providing its services at cost for surgery, etc. Maricopa County Osteopathic Auxiliary has made the clinic its charity project and plans to raise a considerable amount of money for that purpose. Other contributors include the Phoenix Chapter of the Benevolent and Protective Order of Elks, the Rameses Grotto, the Mission, and the Kindness Veterinary Hospital.

The committee responsible for establishing the Clinic was composed of doctors L. A. Nowlin and S. W. Meyer, Reverend Sullivan and Mr. Harry Mitten, member of the Settlement Board of Directors.

## O. W. C. C. Holds Christmas Party

The Osteopathic Women's College Club of Still College held its annual Christmas party on December 20th at the Phi Sigma Gama fraternity house. The program consisted of a short business meeting followed by songs, games and refreshments.

Entertainment was arranged by Gloria Wirt, program chairman.



## Season's Greetings

Perhaps more aware of the great stride of progress made by the Des Moines Still College of Osteopathy during 1949 than any other group, we wish to extend to all our readers a note of appreciation and gratitude for the splendid support which has come to the college from the profession.

We may look at the accomplishments of the past year with justifiable pride and a keen sense of responsibility to the profession for our future. The generosity of the profession has enabled us to accomplish in the field of education tasks which could previously only have been dreamed. We appreciate not only the financial assistance but the moral support and loyalty of our alumni as well. At the dawn of a new year we feel encouraged and resolve to continue to offer the best in osteopathic education. We resolve to co-operate with our loyal constituents in planning and executing our program of balanced expansion and academic excellence. We are resolved to devote our every energy toward recognition in the educational world for our accomplishments, and recognition by the public of our service to humanity.

We express for all our readers a hopeful wish for a Happy, Prosperous and Peaceful Year of 1950.

THE BOARD OF TRUSTEES

THE ADMINISTRATION STAFF

THE FACULTY

THE NURSING STAFF

THE EMPLOYEES

THE STUDENTS

## Study And Control of Rheumatic Diseases

At the National Convention in St. Louis this past summer final work was completed of the American Osteopathic Society for the study and control of rheumatic diseases. H. L. Samblanet, D. O., of Canton, Ohio, is President of this Society. The Secretary is C. R. Nelson, D. O., of Ottawa, Illinois. Since Dr. Nelson will be the Program Chairman of the 1950 A. O. A. Convention, E. C. Andrews, D. O., of Ottawa, will act in his place. The aim of the Society is to compile data, do research, study, discuss, and teach

the general osteopathic practitioner as much as possible about arthritic conditions from their hereditary influence to the use of Compound E. If you are interested in joining this organization kindly write E. C. Andrews, D. O., —W. Virginia Osteopathic Society

## Class of 1969

### Please Note

Dr. and Mrs. B. D. Howland of Decorah, Iowa, are the proud parents of a daughter, born Nov. 17, 1949. The young lady has been named Pamela Jean. Dr. Howland graduated from D.M.S. C.O.S. in 1937. Congratulations to the Howlands.

## Anatomy Department Receives Gift

Recently the college had the good fortune of being the recipient of a number of splendid anatomical specimens, donated through the generosity of Dr. H. V. Halladay, Tucson, Arizona. For many years, Dr. Halladay used the specimens for demonstration from coast to coast and in the Dominion of Canada.

The collection consists of a flexible spine specimen, a sacroiliac mounted on a special frame, and several specimens showing ossification of the anterior longitudinal ligament. It is interesting to note that the specimens have been in constant use since 1920, for demonstration purposes by Dr. Halladay. During that time a great many of the profession have heard Dr. Halladay lecture and have seen his demonstrations of the specimens now in the possession of the Anatomy department.

This is a highly valuable collection since it consists of a number of skulls. There are Indian skulls represented by the mound builder skull from Southern Ill., a Mesa Verde Indian skull probably from Mexico, an Indian skull from South Dakota, and one of special interest since it originated in the Southwestern United States probably 800 years ago. Two other skulls of interest are the microcephalic skull of an idiot and a Japanese skull from World War II.

It is with a deep sense of gratitude that the college and Anatomy department expresses its thanks to Dr. Halladay for this scientific and educational contribution.

## Osteopathic Physician Honored

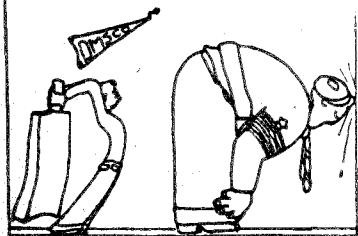
Dr. George H. Carpenter, 3200 Grant street, has been appointed honorary chairman for the 1950 convention of the American Osteopathic association in Chicago in July.

Dr. Carpenter, a graduate of Still College of Osteopathy in Des Moines and the Herring Medical college, had his office in Chicago from 1901 until his retirement in 1944. He was president of the board of the Chicago College of Osteopathy and the Chicago Osteopathic hospital for fourteen years.

He is a life member of the American Osteopathic association. His wife, Dr. Fannie E. Carpenter, died in 1946.

# Atlas Chapter Acquires New Home

## FRATERNITY NOTES



ΦΣΓ

We are most pleased to announce the following men have shown a preference and have been accepted by Phi Sigma Gama for pledgeship:

**Herbert Perryman, Robert Larson, Brian Doherty, Earl Gay, Harry Brown, Robert Eggert, Allyn Conway, Robert Botz, Victor Bovee, Harold Erwin, William Arvant, George Kemp, Robert Belanger, Joseph Sage, William Gonda.**

Among the activities planned for the pre-holiday period is a gala Christmas Party, Saturday evening, December 17, at 8:30 p.m. A gay New Year's Eve party will climax the 26th year of continuous activity of the Delta Chapter of Phi Sigma Gama at Still College.

The chapter house extends an invitation and sincere welcome to all students, professors and their wives to attend our Saturday evening social functions and education nights for the remainder of this and the coming new year.

The fraternity looks back upon a very successful year. Our parties have been extremely well attended by both members and non-members. The house has acquired a few badly needed labor-saving devices, a welcome item in any household. Our most cherished acquisition is a houseful of very cooperative and intellectual freshmen.

We are indeed blessed and look forward to an even more fruitful New Year for our fraternity and our college.

ITS

Friday, November 25th, witnessed an interesting meeting of the ITS at **Dr. D. E. Sloane's** office on S. W. 9th Street. **Dr. V. A. Englund** gave an illustrated talk on protology and the use of the protoscope.

The Squibb's representative then gave a film on the use of protein hydrolysates for post surgical care. He then served egg nogs (no, you're wrong) with his product in it to demonstrate its taste.

A meeting was held on Friday, December 9th, at Dr. Sloane's office for the purpose of electing officers. **Tom Willoughby** entertained during the odd moments. The results of the election are:

President: **Thomas Willoughby**  
Vice-president: **Thomas Wolf**



Atlas Chapter House

Secretary: **Lloyd Hoxie**  
Treasurer: **B. B. Baker**  
Reporter: **James Morse**

I  
Ideas were discussed concerning future meetings and plans laid for an active ITS for the next semester with a fine pledge list and with several new members being added to their number.

AOΓ

We had two enjoyable meetings since our last published news, both of which were well attended. The one before Thanksgiving ended in a very pleasant surprise—a tasty repast of sandwiches, pickles, potato chips, and cider. At the meeting of Dec. 13, the following new freshmen were sponsored by William Lurie, the pledgemaster—**Donald Rossman, Edward Levine, Arthur Simon, Gerald Nash, Martin Marmorschein, and Louis Goodman.**

Our members enjoyed both the Atlas and the PSG dances, which were very well planned. We are looking forward to the social functions of the New Year.

On this occasion we wish to extend the Season's Greetings to the faculty, the student body, and to those in the field.

ΔΩ

A meeting was held at school to elect the officers for the following year. These include:

President: **Elena Parisi**  
Vice-president: **Elena Parisi**  
Secretary and treasurer:  
**Patricia Cotrille**

Mrs. Shumaker entertained the group at a Christmas dinner at her home on Sunday evening, December 11, at 6:30 p.m. A very delicious meal was enjoyed by all and the remainder of the evening was spent in playing games. The grab bag was also an interesting feature. Thanks, Mrs. Shumaker for your efforts. They were certainly appreciated by all.

## ATLAS CLUB

At last the Atlas Club has achieved its greatest ambition.

A House! The address, 1961 Arlington Avenue.

Saturday, November 3rd was spent in taking possession of the new establishment and moving the club members into their new home.

**John Vorrhees** was elected House Chairman and has done a bang-up job with administration and management.

**Pete Jordsen** was elected secretary and treasurer and will handle all financial transactions.

The club will be host at a large house warming in the near future, but in the meantime all members and alumni are cordially invited to visit the home and inspect their new possession.

Special thanks are extended to the Alumni House Committee for their assistance in this transaction.

Congratulations are also in order at this time to **Paul Walters**, one of our oldest active members. Paul and his wife are proud parents of a new nine pound baby girl born at Still Hospital. Mother and baby are both home and doing well.

The club carried on its regular activity for the month by presenting two interesting work nights. **Don Gilman** is to be commended for his good work in arranging the material for their lectures.

The first of these was held on November 14th and the subject was Intra Tracheal Anesthesia. The demonstration was given by **Mr. Roccio**, Squibb Products representative.

On November 23, the club had the pleasure of having **Dr. Harkness** lecture on osteopathy manipulation. Much interesting material was presented the club, and we feel that Dr. Harkness is definitely a credit to our school and to the profession.

The Atlas Club is proud to present their new House, located at 1961 Arlington Avenue. A prominent home located in one of the finest residential districts of Des Moines, it has all the requirements of a modern fraternity house for Still College. Located on the corner of Sixth and Arlington, it gives access to the college in five minutes. Sitting high in a forest of trees on the bank of the Des Moines River, the house has an atmosphere of work, pleasure and professional standing all in one. Boating, ice skating and picnics can be held in its own back yard.

From the avenue is a wide paved drive which passes under a protective alcove housing a private entrance into the recreation room which is finished in modern permastone, equipped with dance floor, bar and lounge. This provides the club with a place for meetings, work nights and recreation.

The first floor is closed by a large screened porch making a comfortable place for study and relaxation during the hot summer nights. Within the spacious front door the large living room is adjoin by a modern kitchen and dining room which gives it all the comforts of home sweet home.

The second floor is accessible by two stairs and is important to the students since it contains two studies, one of which is equipped with a MacManis treating table. Surrounding the studies are four modern bedrooms, which accommodate two students each. A double bath supplies the students with adequate means for personal hygiene.

On the third floor is a large dormitory equipped with single beds and capable of accommodating fifteen students.

The club proudly welcomes inspection by all Atlas alumni and friends.

## Senior Election

Recently the senior class held an election of class officers. Those newly installed are:

President—**Russell Dunbar**.  
Vice President—**Frank Baker**.  
Secretary—**Trudy Carpenter**.  
Treasurer—**Clayton Page**.  
Historian—**Harry Fontenova**.  
Student Council Representative—**Joe La Manna**.

## Some Definitions

A **conference** is a group of men who individually can do nothing but as a group can meet and decide that nothing can be done.

A **professor** is a man whose job it is to tell students how to solve the problems of life which he himself has tried to avoid by being a professor.

A **specialist** is a man who concentrates more and more on less and less.

# The Log Book

The Official Publication of  
DES MOINES STILL COLLEGE  
OF OSTEOPATHY & SURGERY

Editor  
SIMON S. INDIANER

Associate Editor  
MORT LEVIN

Osteopathy Without Limitation

## The President Chats

All readers of the Log Book will recall that on September 1st, 1949, the Des Moines Still College of Osteopathy and Surgery purchased the Joseph Apartments, which is adjacent to the college on the north. This apartment building, three stories high, containing 38 apartments will tend itself beautifully as a clinical building for the rapidly growing college clinic.

On October 6th, the Widerberg Construction Company of this city, started revamping and remodeling the interior of the building and since that date, progress has moved most rapidly. It is the desire of the college administration to be able to move into this new clinical home on or about January 1st.

The first floor will be devoted entirely to clinicians of the college staff. The Director of the Clinic, **Dr. Laycock**, the Assistant Director of Clinic, **Dr. Minnick**, will have their offices in a central section of the first floor; other clinicians who will office in the clinical building thus providing greater teaching opportunities for the students in the clinic are **Dr. Fagen**, orthopedics; **Dr. Harkness**, Internist; **Dr. B. Juni**, E. E. N. T.; **Dr. Paul E. Kimberly**, Neurology and Cranial Osteopathy; **Dr. Ralph I. McRae**, Psychiatrist; and **Dr. Bachman** and his associates, Obstetrics and Gynecology.

With this fine group of clinicians, the students will receive constant supervision and instruction in the handling of the clinical patients. During the past year more than 1200 patients a week have visited the college clinic and it is the hope and anticipation that with the clinical facilities the number of weekly patients will double those of the past year.

Moving of the clinic from the second floor of the college where it has been housed for so many years to its new home, provides additional space for the growth of the college. At the present time, the osteopathic technique laboratory is housed on the fifth floor but will be moved from the fifth floor to the second floor now housing the college clinic.

The room used for osteopathic technique laboratory will be converted into an anatomical lecture room and anatomical reading room. This past week the embryology lecture room which was formerly on the fourth floor was moved to the fifth floor. We now have all of the anatomy laboratories on the fifth floor. This provides for greater efficiency in teaching and in a correlation of the various subjects in this department of anatomy.

During the past year new lighting was installed throughout the college building; class rooms were redecorated, the library was enlarged and the laboratories have been greatly improved with much new equipment.

Des Moines Still College is making many changes for the betterment of the college. The present remodeling and revamping program will continue throughout the ensuing year thus giving to the osteopathic profession a better college. Yes, a college that the entire profession will be justly proud.

## On Being A Still College Student

The student coming to D.M.S.C.O. from some other institution of higher learning is amazed at the spirit of co-operation and helpfulness manifested by faculty members. No student problem is too unimportant to receive the earnest consideration of the professor to whom it is presented. This puts personality into education and its advantages over the distant, aloof and abstract kind usually purveyed in colleges is inestimable. Classes are not so large that contact between professor and student is lost but, rather, the entire schedule is designed to enhance this contact. Still College students appreciate this fact and make the most of it.

The store of didactic and laboratory knowledge and clinical experience possessed by each graduating student of this college is limited only by his ambition and

initiative. The school presents to him unexcelled lecture work, completely equipped modern laboratories and unlimited opportunities for extensive clinic practice. The Still graduate enters the field with actual clinic and bedside experience which the graduates of many schools of healing must secure for themselves after starting practice. The aspiring scholar leaves Still with a well rounded, intensely practical education that has developed his ability and initiative to the highest degree.

The students are friendly, courteous and of good character. The various organizations function on terms of mutual co-operation and friendly rivalry. All are ever ready to aid the newcomer in every way and the new matriculant will at once find himself among a group of friends eager to make his days at Still pleasurable.

Still students are proud of their college and they invite all those contemplating the study of osteopathy to come and join them and enjoy the many advantages of attending this institution.

**I like the man who bubbles over with enthusiasm. Better be a geyser than a mud puddle—**  
(John G. Shedd.)

## Waldo General Hospital Celebrates 25 Years Of Service

On November 12 and 13, 1949, the staff and friends of the Waldo General Hospital, Seattle, Washington, celebrated the 25th anniversary of the founding of that institution.

Opened as a private hospital in 1924 by Dr. William C. Waldo, it was made a non-profit institution in 1937 and given to the osteopathic profession by its founder in 1942. The hospital is certified

for interne training.

The anniversary program on Saturday, Nov. 12, was headed by Dr. J. Willoughby Howe, Los Angeles, who conducted surgical clinics and demonstrations throughout the day. At the evening banquet Dr. M. R. Kist acted as toastmaster and the speaker was Dr. Stephen M. Pugh, past president of the American Osteopathic Association. Honored guest was Dr. Waldo, also a past president of the A.O.A., who spoke on "Twenty-five Years of Happiness".

Sunday, November 13, was devoted to open house at the hospital for the public and a tea served by the hospital auxiliary.

## Dean's Letter

This Christmas season and New Year brings us to the realization of the great strides which have been made by the Osteopathic profession in the post-war period.

Your school has grown from an enrollment of 40 students to a total of 273 at the present time. The first large graduating classes will enter the profession in a few more months. These young men and women will be highly trained for their service and will be true successes in the professional world.

They are being trained by an outstanding faculty who take personal interest in the students and great pride in their work.

The administration is truly gratified for the wonderful spirit of cooperation and industry which exists and we all look forward to the next year when new vistas of osteopathic education will loom over the horizon.

The faculty, students, and administration join together in extending their best wishes to their many alumni and friends, and in wishing the profession the best of success in the coming years.

## DIAGNOSTIC CLINIC

STILL COLLEGE OSTEOPATHIC HOSPITAL

### Department of:

Anesthesiology  
Cardio-Respiratory  
Dermatology and Syphilology  
Ear, Eyes, Nose and Throat  
Gastro-Enterology  
Internal Medicine

Laboratory Diagnosis  
Obstetrics and Gynecology  
Orthopedics  
Pathology  
Pediatrics  
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**DR. F. J. McALLISTER, Chief-of-Staff**

or

**MR. DAVE C. CLARK, Hospital Administrator**

**STILL COLLEGE OSTEOPATHIC HOSPITAL**  
725 Sixth Avenue  
Des Moines, Iowa

## Mental Health Is Your Business

**Ralph I. McRae, B.A., B.Sc., D.O.**  
Chairman of Division of  
Psychiatry

Buried deep in the country side, outside of small towns, are to be found your state mental institutions. Sometime in the course of a year, you will have occasion to send someone, or know of someone who will become an "In-mate" of one of these formidable institutions designed for "incarceration". It is not necessary to go into all the ugly details but some facts about a typical state mental institution—no better—and no worse than the average may refresh your memory.

It has a patient load of over fourteen hundred patients who are cared for by four physicians, one or two registered nurses, no psychologists, no particular psychiatric care except the insulin and electroshock which the patients often help administer to each other. The overall cost of maintenance is reduced to the astounding pittance of \$1.67 per patient a day (ordinary therapy hospital expense is \$8.00 per patient a day). A newly equipped occupational therapy room has been established. This has been made possible chiefly by the fact that the products of the shop can be sold—or work can be done to save money for the institution. It is, however, the one bright spot in the institution.

The furniture is as old (or older) than the institution. It is as rare a collection of early American antiques as one can imagine! The beds in the wards are packed solidly—head against the foot of the next with narrow aisles between rows, and, of course, the halls are not free of beds.

All this and more you know—or should know—for you are physicians and in you resides a peculiar obligation which you cannot avoid even if you desire;—the obligation to be a force in

the interest of the public health.

Now the doctors and nurses and general help in these institutions are for the most part sincere, and as you can guess tremendously overburdened people. They know so well what is wrong but they cannot help for they are in turn servants of the government, and are told how things have to be. It is shocking to realize that, with the enormous literature, growth and achievement of psychiatry in the past five decades, the great aggregate of acutely mentally ill are almost completely cut off from the rich armamentarium of this therapy, and are subject to an environment and further traumatic experiences which are unspeakable.

Major reforms or far reaching proportions simply must be imminent. Many know what is needed, but few are they who know they can help effectively.

### There is a Way

Nationwide—at the federal, state and county level there is a growing movement of the people aimed at achieving these reforms. The problem is fundamentally simple. These institutions belong to and are for the people. The state government can only do with what the apathy of the people provides. This movement of the people is known as the Mental Health Society. There is a chapter in your community or should be. If there is, become active in it. If there isn't, be among those who see that there is an active group in your community. The problem faced by the Mental Health Society is enlisting the aid of all civic minded individuals and groups to develop educational campaigns for all of the people.

Here is a movement in your own field—one through which you can achieve much in the interest of your community, your patients, and your profession. This is a peculiar challenge to the osteopathic profession, for here again is an area which, although dominated by allopathy, has been inadequately

managed. It is also a field in which osteopathy has done pioneering work on its own, with outstanding results in our institutions in Macon, Missouri, Los Angeles, California and elsewhere. It is our profession in this vital program.

The apathy of the uninformed, arising from fear, and a desire to look the other way is understandable, but the apathy of the informed or those of us who are in responsible positions of professional life cannot be justified. A well organized few can do much to clarify the problem for the many. The nature of the problem is such that real progress must start from the will of the people as a whole and through a representative organization which can act effectively at the political level. Be alert to your responsibility and your opportunity in this movement.

In succeeding articles the nature of reforms and goals of state mental health services will be reviewed.

## Hospital Notes

At this season of the year everyone makes wishes for Santa Claus to bring them certain things. For instance, we have a lady in the hospital with a broken jaw with her teeth all wired shut and the necessary broken ones removed, who says "All I want for Christmas is my two front teeth".

Most hospitals throughout the country are wishing that someone will give them a big crop of interns for Christmas, and although this is a college hospital, we join them in making the same wish.

No one wants to spend Christmas in the hospital but very few have any control over sickness at the holiday time. For instance, it is not at all uncommon for a student to be in the hospital recovering from an acute append-

ectomy over the holidays. Such a situation is inevitable and this year will undoubtedly be no exception.

All of the personnel here join in with the patients in wishing everyone throughout the land a MERRY CHRISTMAS AND A HAPPY NEW YEAR.

## Dr. Rogers Joins Riverside Staff

**Dr. Richard C. Rogers**, class of 1942, who has been practicing since his graduation from this institution in Hubbard, Iowa, has accepted an appointment to the Riverside Osteopathic Hospital, Blackwell, Oklahoma as pathologist. Dr. and Mrs. Rogers and their daughters will move from Hubbard to Blackwell, Oklahoma the first of the year.

Dr. Rogers has been very active in affairs of the profession since his graduation from the College. At the present time he is a Trustee of the Iowa Society of Osteopathic Physicians and Surgeons, Chairman of the Department of Public Affairs and is Chairman of the Department of Guidance for the State Society.

Mrs. Rogers is at present President of the Iowa Osteopathic Auxiliary and Secretary to the National Osteopathic Auxiliary.

The LOG BOOK wishes Dr. and Mrs. Rogers much happiness and success in their new location and congratulate the citizenry of Blackwell, Oklahoma in greeting such a fine family to their progressive community.

### Important Notice

The LOG BOOK Mailing List must include the ZONE NUMBERS, in its addresses. PLEASE send your ZONE NUMBER IN ON CHANGE OF ADDRESSES OR WHEN MAILING IN NEW NAMES FOR THE LOG BOOK.

## The Log Book

The Official Publication  
DES MOINES STILL COLLEGE  
OF OSTEOPATHY & SURGERY

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# THE LOG BOOK

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Volume 27

OCTOBER, 1949

Number 9

## HOMECOMING WEEK SUCCESSFUL

### Dean's Letter

#### Preprofessional Requirements For Admission

Not so many years ago a young man or woman found little difficulty in gaining admission to a school of osteopathy with little or no preprofessional training except the possession of a high school diploma. During this early period of educational development, the necessary prerequisites in chemistry, physics and biology were taken in the first year or so of the college program.

In recent years the curriculum of the professional school has become so extensive that the teaching of the more elementary sciences has been relegated to the preprofessional schools (universities and liberal arts colleges). This trend in professional education is not peculiar to the osteopathic profession but is a natural development experienced in the various fields of medicine, dentistry, pharmacy, veterinary medicine and all the healing arts.

The question naturally arises, "Why must a student spend so many years in training in order to become a doctor?" The question may be divided further into two sub-questions.

- (1) Why must a doctor be well informed in the basic fields of chemistry, physics, biology and related sciences?

His service to humanity demands that he do his utmost to save and protect his patients from infection and disease; to mend broken bones; to assist mothers in the birth of newborn.

In order to perform this service he must be resourceful and he must be able to apply his knowledge of the underlying sciences of his profession with the same intelligence as that of an engineer who may construct a great bridge or dam.

An intimate knowledge of the sciences which underly his profession is imperative.

- (2) Why must a doctor be reasonably well versed in apparently unrelated fields such as religion, social science, the fine arts, psychology, modern language and other subjects?

The doctor must be able to secure trust and confidence of his patient. He must be able to converse with his patient at any intellectual level. He must be familiar with the patient's out-

(Continued on page 4)

### New Faculty Members

**Dr. Francis C. Colien** of Oshkosh, Wisconsin, has been appointed Associate Professor of Public Health at D.M.S.C.O.S.

Dr. Colien received a B. S. degree in 1924 from State Teachers College, Oshkosh, Wisconsin; B.S. degree in 1928, University of Minnesota; M.S. degree in Public Health and Preventive Medicine in 1930, from University of Minnesota; and, Ph.D. degree in Bacteriology and Public Health in 1934, from the University of Minnesota.

Dr. Colien's professional career has been as follows:

Head of the Department of Bacteriology, Milwaukee Vocational School, Milwaukee, Wisconsin, 1928-35; Associate Professor and Head of the Department of Bacteriology, Public Health and Preventive Medicine, Medical School, Creighton University, Omaha, Nebr. 1935-47. During World War II years, Dr. Colien served at a Lt. Col., U. S. Army, Chief of Laboratory service, General Hospital (4,000 beds). While at Creighton University, he was Director of Sanitation, Omaha-Douglas County Milk Commission. Between the years of 1938-41, he was also Director of Laboratory of the Omaha City Health Department.

From 1947-49, Dr. Colien was Director of Laboratories, City Health Department, Akron, Ohio.

Dr. Colien is the author of a textbook on the "Principles of Microbiology," The C. V. Mosby Company, 1946, 2nd Edition, 530 pp. as well as the author of some twelve published articles in his particular field of specialty.

**Ralph I. McRae, A.B., D.O.**, has been appointed head of the Division of Psychiatry at the Des Moines Still College of Osteopathy and Surgery.

Dr. McRae received his pre-osteopathic education at Central College, Fayette, Mo., and then received his A.B. degree from the University of California. He graduated from the Kirksville College of Osteopathy and Surgery in 1938. After an internship, Dr. McRae entered practice in St. Louis, Mo. In 1947, Dr. McRae accepted a two year residency in psychiatry at the Meyer's Psychiatric Clinic, Los Angeles, California. Dr. McRae comes to D.M.S.C.O.S. from the Meyer's Psychiatric Clinic.

Dr. McRae is author of several scientific articles in professional and lay publications.

Nineteen hundred and forty-nine Homecoming is now history and already, **Dr. Jean F. LeRoque**, Chairman of the Homecoming Committee, is formulating his plans for the 1950 Homecoming activities.

Many of the doctors arrived in Des Moines several days before September 28th so that they could visit with their old friends before the formal opening of the Homecoming activities. The first such physician to arrive in Des Moines was **Dr. E. M. Schaeffer** of Battle Creek, Michigan. However the Doctor was so busy visiting that he did not take time to register until Wednesday, thus permitting **Dr. Paul Rutter** of Gold Hill, Oregon, to not only have the honor of being the first to register but also to be the grad coming from the greatest distance for Homecoming. **Dr. Ivy Hancock** of Independence, Kansas, class of 1903, was the oldest graduate in the number of years since graduating, to return.

The 112 Doctors registered came from seventeen states, namely:

Iowa 75; Michigan 7; Wisconsin 5; Ohio 4; Minnesota 4; Illinois 3; Texas 2; Kansas 2; Nebraska 2; Oregon 1; Pennsylvania 1; South Dakota 1; Indiana 1; Colorado 1; West Virginia 1; Oklahoma 1; Missouri 1.

The first day's program was high lighted by the lectures by **Dr. Robert Bachman** on "Recent Developments in Obstetrics" and **Dr. John P. Schwartz** lecture on "Surgical Diagnosis." Following these outstanding lectures which were so practical to the attending doctors, the Anatomy Department of the College presented a two hour demonstration in the modern methods of teaching anatomy. Fifteen students participated in this most unusual and excellent demonstration.

Wednesday night, the P. S. G. Fraternity home was open to all doctors. The various fraternities held their respective meetings in assigned rooms, thus giving the "frat" boys of today an opportunity to get acquainted with the boys of yesterday. At 10:30 p. m. all meetings adjourned for refreshments. While the husbands were enjoying an evening in the P. S. G. house, the visiting wives and lady physicians were being entertained in the Colonial Room of the Hotel Fort Des Moines by the Polk County Osteopathic Auxiliary. Bridge and Conasta filled their evening.

The second day of Homecoming was composed with five scholarly yet practical lectures. They were: "Diagnosis and Treatment of Common Kidney Disorders" by **K. M. Dirlam, D.O.**; "Pathological Diagnosis" by **A. L. Wickens, D.O.**; "Epilepsy"

by **Frederic J. McAllister, D.O.**; "Osteopathy in Public Health" by **M. P. Moon, Ph.D.**; "The Shoulder Area" by **Byron L. Laycock, D.O.** All of the above lecturers are members of the D.M.S.C.O.S. faculty.

Thursday night, mental enlightenment was laid aside, and "All Hands Turned To" for the Homecoming banquet and dance which was held in the grand ball room of the Hotel Fort Des Moines. Truly, the food was most delectable, the menu having been selected by **Dr. John Q. A. Mattern**, who prides himself as being a connoisseur of renown in the culinary arts. The freshman class provided a thirty minute floor show which certainly could not be classified as amateur and which was enjoyed by all. Following the banquet the remaining three and one-half hours of the evening was devoted to dancing to the music of the Morrow Melody Makers, a fifteen piece all-girl orchestra.

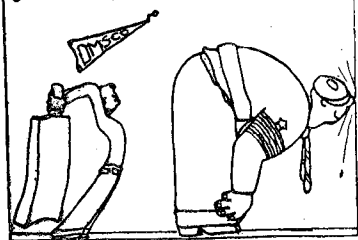
Friday, September 30th, was the final day of Homecoming. **Ralph Powers, LL.B.**, spoke about "Legal Responsibilities of the Physician"; **Frank Spencer, D.O.**, of Columbus, Ohio, gave two addresses, "The Relationship of the Referring Physician, the Internist and the Surgeon" and "Cardiac Emergencies"; and **Paul E. Kimberly, D.O.**, lectured on "The Neurological Examination."

The 1949 Homecoming activities were closed with a message that every physician should keep uppermost in his mind. This masterful address was "The Physician's Responsibilities to His Community" by **Mr. Art Brayton**, Chairman of the Convention Bureau of the Des Moines Chamber of Commerce. Yes, 1949 Homecoming was a SUCCESS. It will be a greater success next year if those who could not be with us this year can make it back to the Old School.

### Dr. Woods to Address Nebraska Convention

**Dr. Rachel Woods**, professor of Pediatrics, will represent D.M.S.C.O.S. at the Nebraska State Osteopathic Convention at Lincoln, October 7 and 8. The subject of her address on October 8 is "Practical Problems in Care of Children."

## FRATERNITY NOTES



## ATLAS CLUB

With a July election of officers the Atlas Club is off to what we believe will be one of its most successful semesters. With **Bud Yarrington** in the chair as Noble Skull and **Jerry Fellman** as Occipital the coming administration will be an active one. Other officers are **Ed Zarnoske** as Sacrum, **Bob Deford** as Stylus; **Al Beckham** as Styoid; **Fergro Mayer** as Pylorus; and **Bud Barnes** as Repectaculum.

On July 11 Noble Skull Yarrington accompanied by Occipital Fellman and **Jim Lott** motored to St. Louis where they attended the National Osteopathic Convention. This three-man committee, representing the Xiphoid Chapter at the convention was thoroughly impressed by the entire convention. The educational addresses were exceptionally well received and The Atlas Club was well represented in all the fields under study.

The annual Atlas banquet of the National Convention was well attended and most of the schools were represented either by an alumnus or student. The annual reports were given and the Des Moines chapter was one of the few not in the red.

The members of the committee would like to personally thank all those doctors who were so generous with their time and knowledge at the convention.

The social calendar for the year began on Sept. 9th when the club entertained the new freshman class at a stag party given in their honor at the party room in the A. I. B. building. Pledging was not the purpose of this affair—the aim being to welcome the new students and to show them that the student body of the college is interested in them as individuals and to help them in any way possible. An evening of good fellowship was enjoyed and the club is glad to welcome such a fine freshman class.

On the evening of Sept. 20th the club held a banquet in honor of the pledge class and later in the evening during an impressive ceremony these pledges were made active members of the club. Another group of pledges will be taken into the club as active members on the evening of Nov. 12th, and at the same time Atlas has the honor of presenting an honorary membership to **Dr. Minnick**.

During home-coming week we had the pleasure of meeting with fifteen honorary members who have graduated from Still College in the past. The evening was spent in discussions by different

doctors in the field and we were glad to be able to welcome so many faithful members back to our meeting.

One of the main social events of the year will be staged by our club on the evening of Sat., Oct. 20, when we hold our first dance of the season. Following this a gala Christmas dance will be in the offing for Dec. 10.

## ΦΣΓ

Phi Sigma Gamma's social program started Sept. 17, with the "Freshman Frolic," the chapter's way of welcoming the incoming Frosh. Nearly 100 couples turned out for the dance held at the chapter house which was gaily decorated for the occasion. **Robert Harrison** was chairman of the event. October 1st was the date of a "Bingo Party" where prizes and dancing shared the spotlight. The party was under the direction of **T. Roy Massin**.

Officers for the semester were selected at the first business meeting. They are: **Bob Wirt**, President; **Paul Panakos**, Vice-Pres.; **Harry Simmons**, Treasurer and House Manager; **William Smeltzer**, Secretary; **Charles Fortino**, Pledge Master and **Allan Shelp**, Sergeant-at-Arms. **Bill Belanger** is the new Social Chairman.

The chapter played host to P. S. G. alumni for an evening during homecoming at the college. P. S. G. alumni who attended homecoming are: **Drs. H. C. Toepfer**, Grantsville, W. Va.; **O. O. Wentling**, Erie, Penna.; **W. S. Huls**, Davenport, Iowa; **H. C. Plautz**, Mayville, Wisc.; **C. W. Ball**, Blackwell, Okla.; **E. D. Parry**, Merville, Iowa; **C. W. Millard**, Hillsdale, Mich.; **John Rodgers**, Oshkosh, Wisc.; **R. C. Rodgers**, Hubbard, Iowa; and **Drs. B. E. Poundstone**, **J. Le Roque**, **K. L. Dirlam**, **Mattern**, all from Des Moines.

## ITS

Friday night, September 23, ITS held a meeting at the Y. M. C. A. to which all the freshmen and their wives were invited. **Dr. R. F. Harkness** was the speaker and bade the freshmen welcome to Still College besides giving them some idea as to what they might expect in training.

Two movies were shown by the president, **B. B. Baker**, who turned projectionist in one easy lesson. They were "Men of Medicine" and a Squibb production in color entitled "Endotracheal Intubation" which was an illustration of the technique of anesthesia through an endo-tracheal tube. These were enjoyed by all together with the coffee and doughnuts which were served after the meeting.

Everyone visited with each other and got acquainted with the new freshmen and their wives during the period of refreshments.

Sept. 28th at the PSG house the interfraternity council held a reception for the alumni of the various fraternities. Some of the

old grads of the ITS present were **Drs. C. P. Christianson** of Tipton, Iowa, **C. B. Potter** of Forest City, Iowa, **E. S. Iosbaker** of Des Moines, Iowa, **L. D. Luka** of Des Moines, Iowa, **D. L. Sloane** of Des Moines, Iowa, and **Howard Dolyak** of Ames, Iowa.

## AOF

The first meeting of the L.O.G. for the current semester was held on Oct. 4th, at which time new officers were elected and installed:

President: **Edgar Kornhauser**.  
Vice-President: **Myron Magen**.  
Secretary: **Sidney Adler**.  
Treasurer: **Simon Indianer**.

The Fraternity is sponsoring an interesting lecture program which will be scheduled for every few weeks. We extend our cordial invitation to all students of the College to attend.

The first lecture on Oct. 11th, was delivered by **Dr. Harkness** whose topic was "Abnormal Vaginal Bleeding." The talk was very interesting and well appreciated by all those who attended.

Refreshments were served after the question and answer session.

## O. W. C. C. Holds First Meeting

The Osteopathic Women's College Club held its first meeting of the school year on Sept. 20th at the PSG fraternity house.

The new officers presided over the meeting: **Mary Ellen Dunbar**, Pres.; **Betty Hessey**, Vice Pres.; **Iva Dodson**, Secretary; **Juanita Foltz**, Treasurer; **Lilian Chambers**, Historian; **Frances Hawkins**, Corresponding Secretary; and **Joella Marie DeBard**, Reporter.

Approximately 90 members attended the meeting and nearly half of these were freshmen wives. After a short business meeting, **Dr. Peters** gave an inspiring talk to the group. The freshmen wives were introduced and tea was served. The next meeting is to be on Oct. 4th at the PSG house.

## Inter Fraternity Council

The Interfraternity Council held its first meeting of the semester on Tuesday, October 4th.

The first order of business was the formulation of pledging rules which will be made effective in the near future.

The following students took office for the new semester following the Interfraternity Council's election:

**Murray Goldstein** (LOG)—President.

**Elena Parisi** (DO)—Vice President.

**Harry Simmons** (PSG)—Secretary.

The Council looks forward to the close cooperation of all member organizations during the current semester.

## ΨΣΑ

Psi Sigma Alpha, the National Osteopathic Honorary Society, held its first meeting of the semester at the Still College Hospital Dining Room on Tuesday, September 25.

**Dr. Kimberly**, alumnus member of Psi Sigma Alpha, spoke to the society on the development of an annual year book. The "Skull" records the activities of the National Osteopathic Honorary Society throughout the country.

Officers elected for the coming year are:

President—**Simon S. Indianer**.  
Vice President—**Ertle T. Cato**.  
Secretary-Treasurer—**Wm. A. Moylan**.

Editor—**Clinton D. Nutt**.

On Friday, October 14, following the installation of officers, a banquet was held acknowledging the scholastic attainment of the following Junior B students:

**Richard DeBard**, **Lowell E. Barnes**, **Dale Dodson**, **William L. Elston**, **George E. Jackson**, **Edgar E. Kornhauser**, **Paul W. Panakos**, **Allan G. Schmidt**, **Charles L. Updegraff**, **Robert D. Wirt**, **Harry Wurst**, **Edward J. Zarnoski**.

**Dr. Kimberly** spoke to this group on the goal of Psi Sigma Alpha and the place of this honorary society in the scholastic and professional life of the osteopathic physician. This was followed by an address by **Mr. Joseph Brozgal**, of the Child Guidance Center, on the problem of juvenile delinquency. A general discussion followed the meeting.

## Square and Compass Club

The Square and Compass Club of DMSCOS met in regular session for its annual election of officers Tuesday night, October 4th in the College Clinic waiting room.

New officers elected for this year were:

President—**R. L. De Ford**.  
Vice President—**James Lott**.  
Secretary-Treasurer—**R. Glynn Raley**.

Plans were discussed for the coming year. **Ed Felmlee** was appointed chairman of the Membership Committee.

Any Master Mason who is in good standing as a student or faculty member is eligible for membership and is urged to be present at the next meeting which will be in the first week of November, exact time and place to be announced later.

## Gift

**Dr. C. C. Reid** of the Denver Polyclinic group, stopped at Des Moines this summer and gave a number of osteopathic books, which were rare and almost unobtainable, to our library. Still College is interested in building up as large a collection as possible of the early Osteopathic publications and appreciate help in securing them.

# The Log Book

The Official Publication of  
DES MOINES STILL COLLEGE  
OF OSTEOPATHY & SURGERY

Editor  
SIMON S. INDIANER

Associate Editor  
MORT LEVIN

*Osteopathy Without Limitation*

## The President Chats

### "OUR TOMORROWS"

We reflect and recall our YESTERDAYS, live a busy life TODAY and dream of TOMORROW. This year, throughout the length and breadth of the land, celebrations related to the Diamond Jubilee of Osteopathy have forced the eyes of our nation upon the osteopathic profession, its colleges and hospitals.

OUR YESTERDAYS were rich in achievements; OUR TODAY is one of prominence and recognition; OUR TOMORROWS must be devoted to the enlarging of our facilities and acquainting every person with the true merits of osteopathy.

Last week D.M.S.C.O.S. celebrated its annual Homecoming. Old graduates returned to their alma mater for the expressed purpose of reflecting upon their past school days, recalling fond memories and refreshing their minds in the various areas of academic gymnastics.

It was most gratifying to those of us here at the school to hear the words of praise and satisfaction expressed by all who attended Homecoming. These kind words of praise must not give us the feeling that our job is done, that we have the kind of a college to be satisfied with, but that we have only started in our program of professional expansion.

OUR TOMORROWS must see the immediate completion of the new Clinic Building. Then we must construct an orthopedic hospital, a psychiatric hospital, and establish a school of nursing. Yes, OUR TOMORROWS will be full of activity, if every person who so proudly signed his name with the degree of D.O., and considers himself a PHYSICIAN PLUS will support his profession and his Alma Mater with DOLLARS as well as WORDS.

This year's student body of 273 scholars who come from 32 states and 7 foreign countries are well imbued with the true concept and philosophy of osteopathic medicine. The pre-medical preparation of this fine student body exceeds three years of college study per student. This initial academic achievement prior to their professional course of four and one-half academic years and with at least one year of internship will give to the osteo-

pathic profession TOMORROW a fine group of young general practitioners. These young physicians will join like young graduates from our other osteopathic colleges. Upon their shoulders the responsibilities of the osteopathic profession will rest. We need not worry about TOMORROW, if we assume the full responsibility which is ours TODAY.

## College Welcomes Many Visitors

The college has had the privilege of having a large number of alumni and other doctors from the field in to visit the school and new hospital the past month. Space will not permit listing the names of these visitors. We do, however, wish to express our thanks and appreciation for the interest our profession has, and is showing, in "Still College".

If you, doctor, have not recently visited our school, we invite you to do so at your earliest convenience. We are proud of our institution and are confident you will feel the same pride and satisfaction when you see it. **Come and visit your school anytime.**

### Class of 1903

Dr. Ivy E. Hancock, class 1903, gave to the school during Homecoming week a picture of the graduating class of June 1903. This picture is greatly appreciated as the administration is most anxious to place in the halls of the college a picture of each class since the opening of the school. With the exception of the gift of Dr. Hancock, the school has no picture of classes prior to 1912. All gifts will be graciously received.

## Hospital Notes

Homecoming was a big success. Visiting doctors from all over the United States were apparently thrilled and happy with the hospital and spent a great deal of time visiting the surgical clinics and going through the various departments of their hospital.

Each year returning graduates continue to increase at Homecoming time, which is very encouraging as it indicates an increasing amount of interest in what is going on at the Sollege.

Many of the alumni brought Diagnostic Service patients with them when they came for Homecoming. One Nebraska doctor even came in with five patients from his extensive practice. Naturally, that makes the staff feel good that the alumni now view the College as the diagnostic center of the osteopathic profession. We are indeed proud that "our own" feel the way they do about the College and the diagnostic facilities offered here.

## Dr. Harkness to Address Internist Conference

Dr. Stuart F. Harkness, Chairman of the Department of Osteopathic Medicine, will attend the ninth annual conference of the American College of Osteopathic Internists to be held in Philadelphia, Pa., on October 15th to 18th, inclusive. He will appear on the program on October 15th at which time he will speak on "Comparative Therapeutics of Vitamin B12, Folic Acid, Liver Extract and Defatted Hog Stomach."

## CRANIAL

### —An Explanation

Many members of the osteopathic profession have wondered why the cranial courses have been discontinued at the Des Moines College. This brief article is an effort to answer that particular question. During the cranial meetings in October 1948, it was decided to hold an advance course at the Des Moines College annually. The tentative dates set at that time were for the fall of 1949. It was also decided that regional courses would be held which would include a regional course in the Middle West other than at the college. As the months rolled around and a close analysis of the situation was made, we found that the facilities of the school were being crowded by new students to the point that it was impossible to utilize this space for graduate training. Subsequently, space was acquired in a local hotel for the purpose of conducting these courses. In the meantime, the plans prepared for a basic regional course in the Middle West had fallen through. This increased the demand for such a course. The accommodations in Des Moines were not available for the required 30 day period to put on both the beginning and advance programs. It is for these reasons and the desire to lighten the faculty load by holding these two courses in the same location that the shift was made to St. Peter for this particular meeting. Any further questions that may be in the minds of interested parties will be answered by directing your request to any member of the administrative staff at the Des Moines College or to members of the cranial teaching staff.

## DIAGNOSTIC CLINIC

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## Restriction of Blood Supply to Sciatic Nerve

It has long been apparent that the clinical value of osteopathic therapeutics has preceded the supportive laboratory investigations necessary to confirm in detail the physiological postulates that have been offered in explanation of many remedial phenomena. Considering the relative numerical strength of osteopathic physicians in the healing arts, and moreover, considering the relatively slight contribution of physicians of any school of practice to the fund of science, this fact is not in itself deplorable. The field of osteopathic applicability is so wide that only the uninformed dare suggest that it is the duty of the osteopathic colleges or other small groups of investigators to delve into the explanations of all of the scientific problems that deserve solution.

It is comforting, therefore, to acknowledge the contributions of independent investigators whose interest is merely in ascertaining physiological and anatomical truth. Such is the work of Dubuissou on pH changes in muscle during contraction; of Maisson on effects of ischemia on the cervical sympathetic ganglia; of Kahn on tissue immunity, and of many other workers in the various fields, the sum of whose labors points toward medical progress.

### Sciatic Ischaemia

Such a paper has recently appeared in the *Journal of Anatomy* (Vol. 77, Part 3, p. 243) by W. E. Adams, who has been interested in the blood supply of nerves. Adams points out that Okada had observed that ligation of the inferior gluteal artery resulted in histological damage to nerve tissue of the sciatic. These observations could not be confirmed by Adams, and further-

more restriction of blood supply from all sources to the rabbit thigh showed only minor histological changes in two out of twelve cases.

Adams adds, however, that "manifest degeneration in a nerve signifies a gross disturbance both of structure and function; it is a change, moreover, which is irreversible. But the absence of degeneration does not necessarily signify that no change at all has occurred within the nerve since there always remains the possibility of physiological or reversible changes unassociated with any obvious disorder of the nerve fibres. Evidence from other sources . . . suggests that such physiological changes may occur as a result of ischaemia of nerve and that they may even give rise to objective signs comparable in many ways (but not in their progression) with those resulting from traumatic interruption of a nerve; in such cases the alterations in the functional capacity of the nerve fibres must apparently fall far short of those necessary to produce actual degeneration since the function both of the nerve and of the parts dependent upon it may be rapidly restored. . . ."

"Relevant also to this discussion is the excruciating pain which is a characteristic symptom of thromboangitis obliterans and which has been attributed to ischaemia of the nerves involved consequent on thrombosis of their vasa nervorum." Adams concludes his discussion with the statement that "my results suggest very strongly that remote interference with the regional sources of blood supply of a nerve has generally no pronounced effect on the nerve," but "they do not exclude the possibility of more serious involvement if the occlusion of a nutrient vessel should embrace all its intraneural ramifications, and in this way interrupt the longitudinal vascular pathway in addition. This aspect of the prob-

lem is now being investigated."

### Osteopathic Import

The practical implications of this study are obvious, particularly with respect to the segmental nerves. In many instances the very interference with the physiological behavior of the nerve may serve reflexly to cause a vasoconstriction of the vasa nervorum, thus providing a "physiological ligation". Such segmental interference with the blood supply of the dorsal root ganglia, could, indeed, induce a malfunction in the nerves emanating from the ganglion which would vary between temporary hyper- or hypo-function to true Wallerian degeneration. Since the cell bodies of the sympathetic or parasympathetic neurons are also the nutritive centers for their respective fibers, vasomotor impulses, restricting or increasing the blood supply to these ganglia, might also result in the appearance of typical sympathetic or parasympathetic symptoms.

We thus add to the possibilities of reflex creation and effects of spinal lesions, or other sources of irritation, the possibility of variability of response in any particular nerve trunk.

## A Welcome Visitor

Dr. J. R. Forbes of the A.O.A.'s central office in Chicago, was a welcome visitor to Still College recently. While here he very graciously presented us with a series of "Medichrome" slides. This particular group of more than 40 slides is on Hematology and will be used for classroom projection by the departments of Pathology and Osteopathic Medicine. This gift is to constitute the beginning of a library of similar slides on various subjects to be used for teaching purposes at the college.

## Dean's Letter

(Continued from page 1)

look on life, mode of living and habits.

The doctor often substitutes for the parent in giving advice to youth and serves as confidant to people of all ages. Because of his superior wisdom he is a highly respected member of his community. His suggestions, comments and advice on civic and national affairs are valued by the members of the community, whether or not they be personal acquaintances.

In short, his knowledge in non-science fields may be of the greatest importance to him in conducting a successful practice.

A doctor must have a well-balanced training in the liberal arts and sciences in order to perform the best service to his community. Such training can be reasonably well accomplished by attendance at an approved liberal arts college or university in three or four years.

Every young man or woman who contemplates a career as an osteopathic physician should be advised and encouraged by his counsellors to complete a three or four year balanced preprofessional program in an approved college or university.

### Important Notice

The LOG BOOK Mailing List must include the ZONE NUMBERS, in its addresses. PLEASE send your ZONE NUMBER IN ON CHANGE OF ADDRESSES OR WHEN MAILING IN NEW NAMES FOR THE LOG BOOK.

**Help Your Profession Help You by Contributing Now to the Osteopathic Progress Fund.**

## The Log Book

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