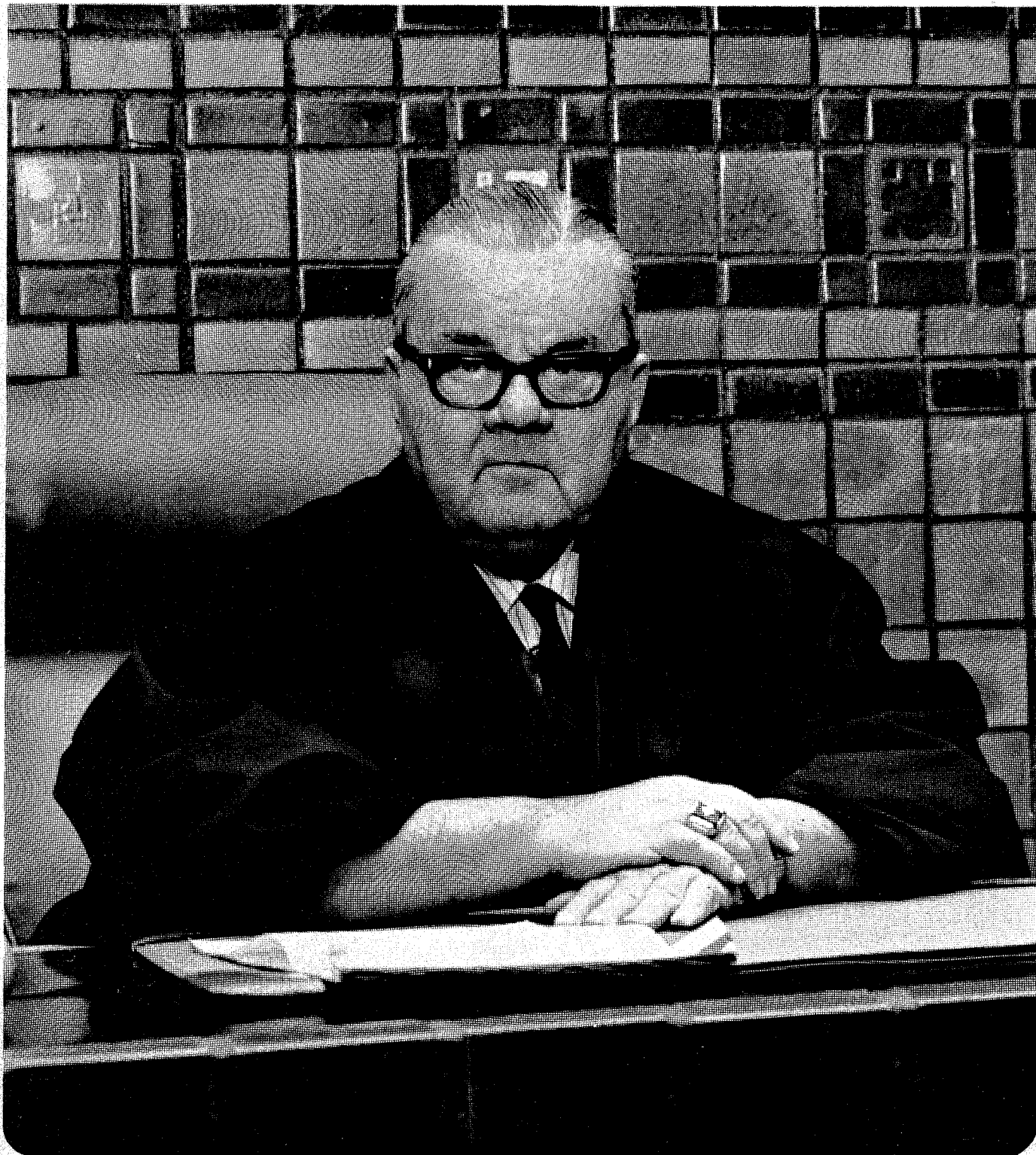


the log book

College of Osteopathic Medicine and Surgery
VOLUME 47 • SPRING 1969 • NUMBER 1



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THE LOG BOOK is published quarterly by the College of Osteopathic Medicine and Surgery. Second class postage is paid at Des Moines, Iowa. Address all mail, change of address, or Form 3579 to 722 Sixth Avenue, Des Moines, Iowa 50309.

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Table of Contents

Finally	3
Senior Week	10
Featured Speakers	12
On Capitol Hill	13
New Program	14
Students' Wives	15
Communication	16
Faculty Facts	19
Alumni	20

ON THE COVER

The Honorable Ray Harrison, Judge, Des Moines Municipal Court, delivered the keynote speech during the 1969 Commencement exercises.

FINALLY...

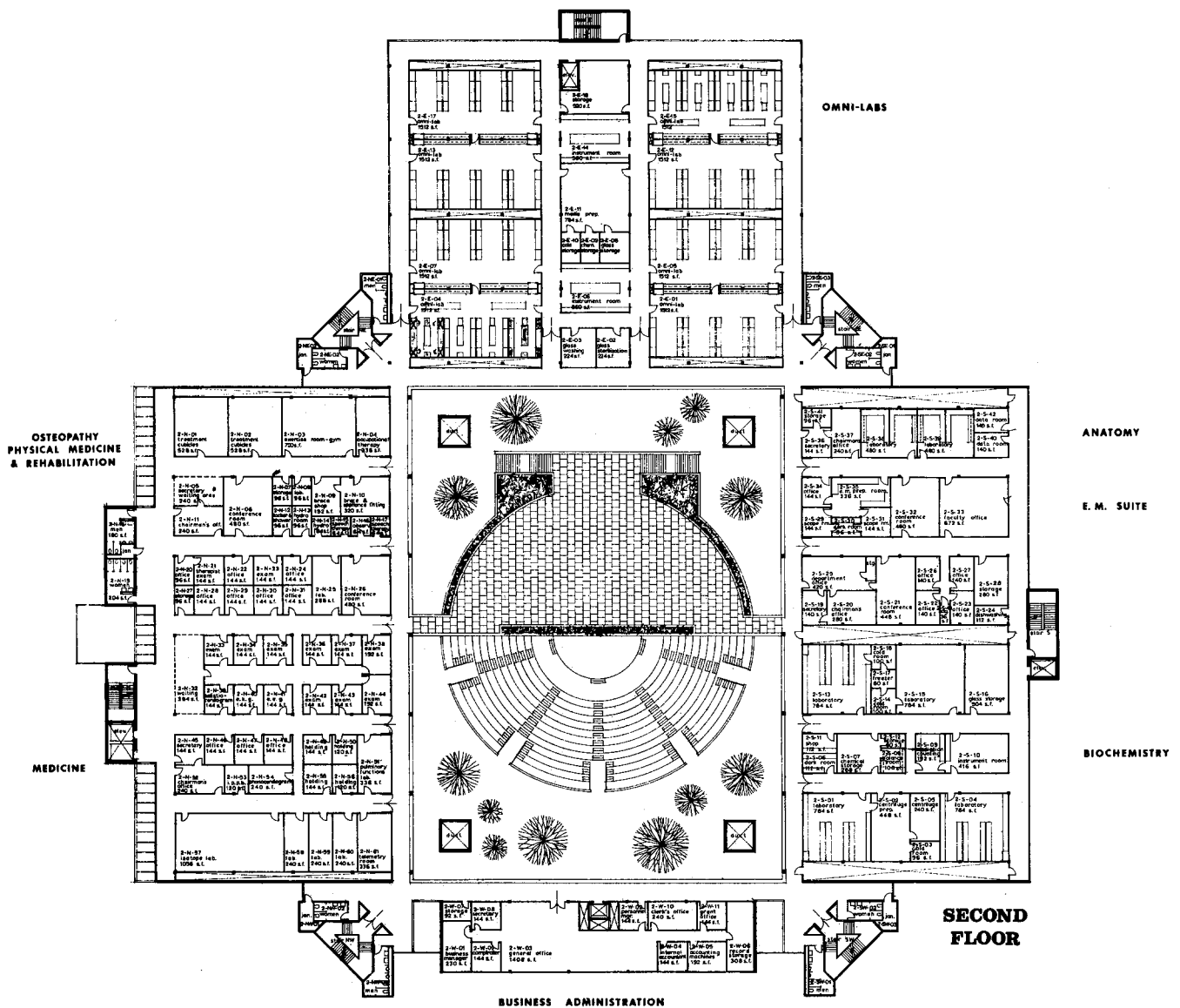
When most of us were very little, we learned a nursery rhyme that went . . . "London Bridge is falling down, falling down . . ." We generally repeated the words, but thought little of their meaning. Today, the buildings that house the complex called College of Osteopathic Medicine and Surgery are in a state not unlike the London Bridge. Recognizing this fact isn't difficult; acquiring new facilities is.

Some of you may have read about our new idea for an urban medical complex in this publication or heard about it at a state convention. Just as osteopathic medicine is an ever-changing, ever-growing profession, so must our new facilities grow and change with the times.

Basically, the building is a three story monolithic structure which contains a central interior garden court from which four wings radiate outward.

The interior garden court contains a large circular structure half of which is an open auditorium (644 capacity). Three enclosed adjacent lecture rooms (143 capacity each) complete the circle (see figure A). The ceiling of the court stretches to the third floor, thus providing the building with an internal environment.

The wings which radiate outward from the court neatly segregate the clinical sciences, the students and related services, the basic sciences, and the administration.



NORTH WING

The entire North Wing houses clinical departments and an out-patient diagnostic and treatment center. The area allocated to each clinical department includes both the departmental space and the patient care area appropriate to each department.

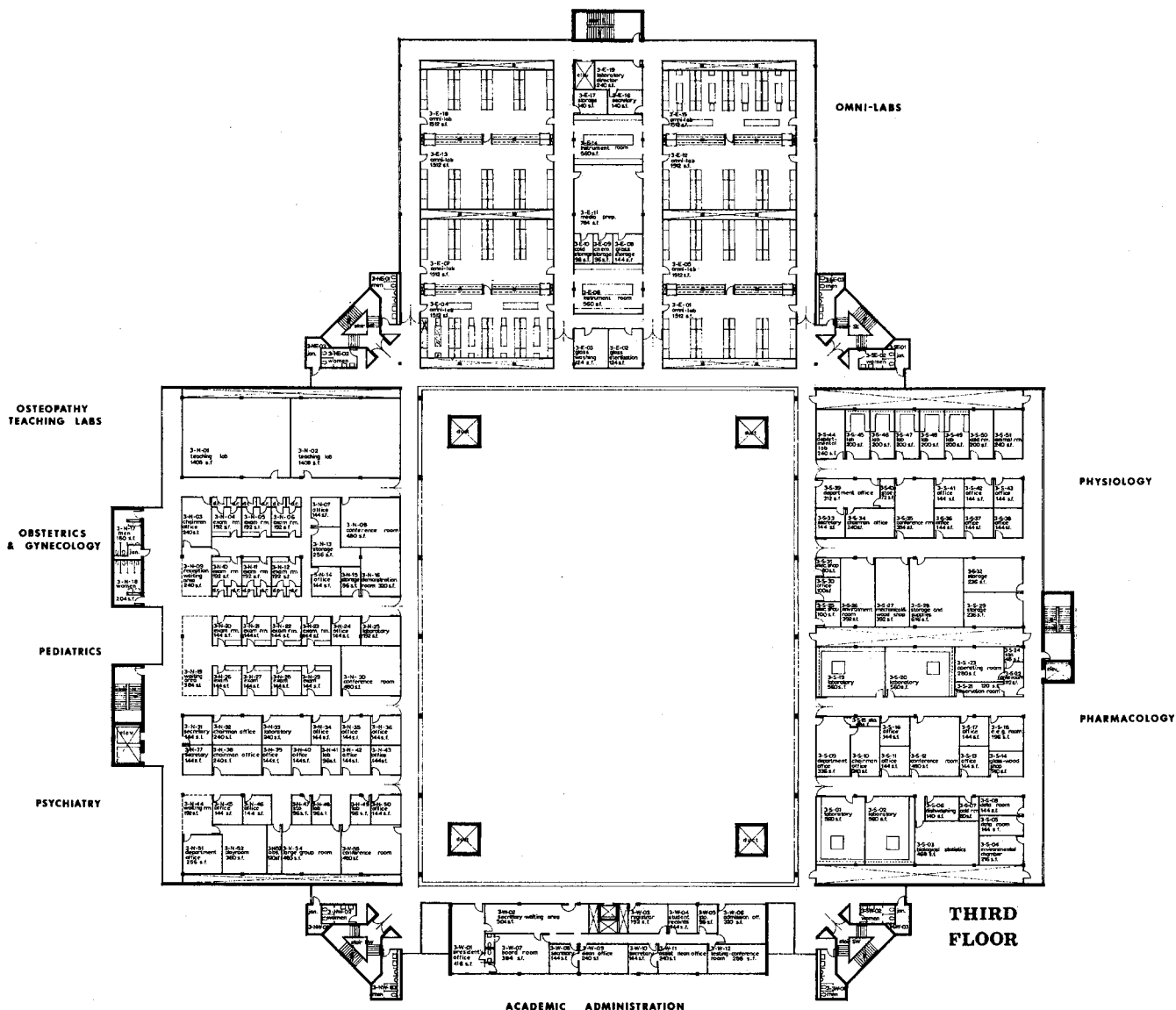
The basement contains bulk storage areas, medical records storage, and the Department of Biomedical Communications.

The departments of Surgery and Radiology, an emergency room, general clinic and reception area, pharmacy,

and laboratory make up the first floor.

The general clinic will be used by all patients for first visits and for follow-up treatment by those who will be managed by the Family Care Clinic. Patients referred to the various specialty areas will return to the appropriate specialty area for future care.

The second floor contains the departments of Internal Medicine and Osteopathic Practice and related areas; the third floor, the departments of Psychiatry, Pediatrics, and Obstetrics-Gynecology.

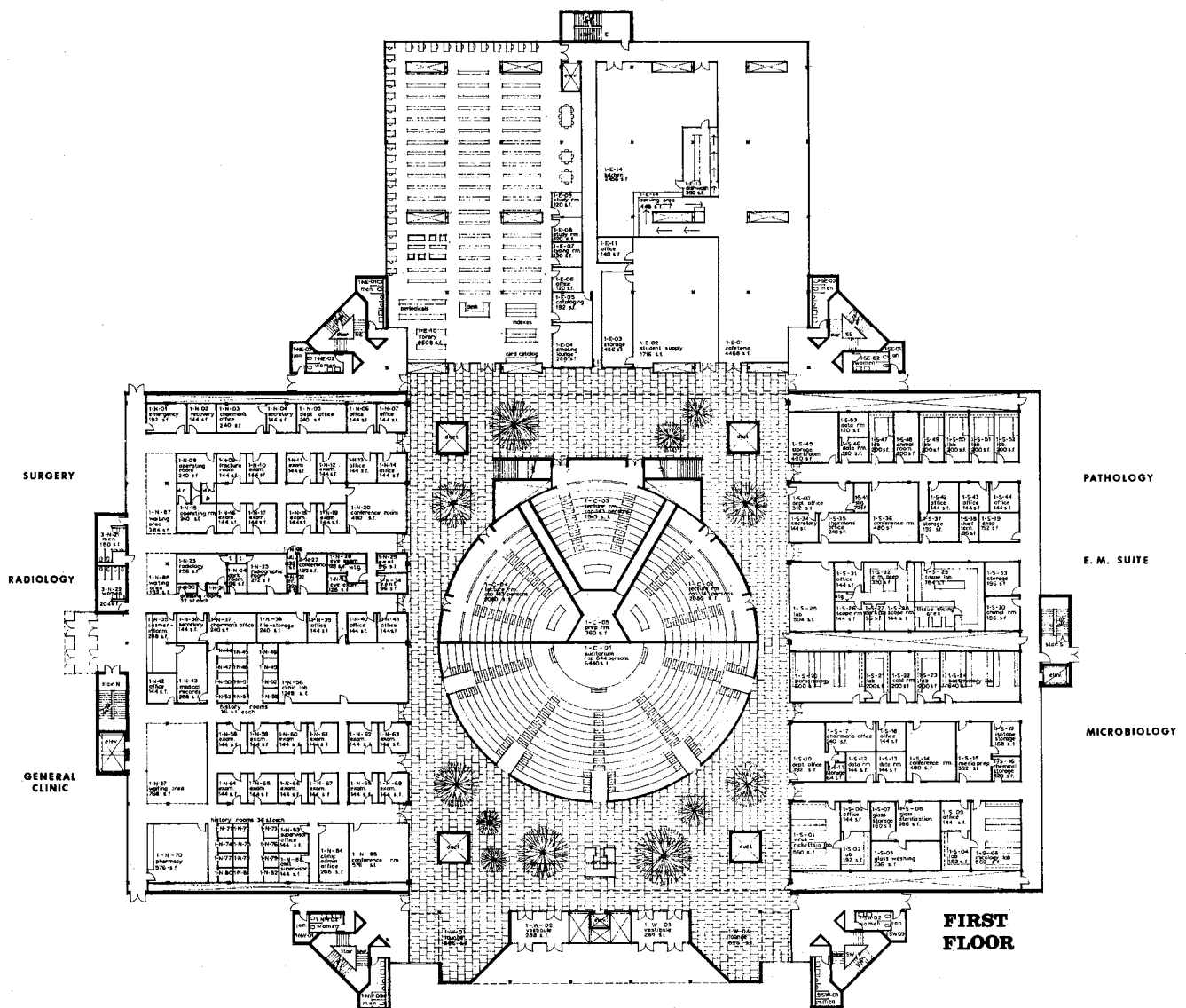


EAST WING

The East Wing contains student laboratories and general use facilities. Central receiving, maintenance, cadaver storage, and a crematorium are housed in the basement. The first floor holds the college library, cafeteria, and a student supply center all of which are easily accessible from any of the other wings.

The second floor is devoted entirely to multi-disciplinary laboratories (Omni-Labs) for the first year class. Within each student laboratory are four cubicles; each accommodates four students. Within each cubicle, every student has his own desk, microscope locker, bookcase, lab coat locker, and

stand-up lab for Biochemistry and Physiology. Each group of four students will have one work sink with disposal unit, one closed circuit television monitor; one four channel polygraph, and, for the first year class, one cadaver in an hermetically sealed stainless steel vault. The vault, when closed, also provides a clean flat surface upon which the group will perform animal experiments. The second year class will have a comparable lab with the exception of a flat work table rather than the vault. Omni-Labs for the second year class will be located on the third floor.



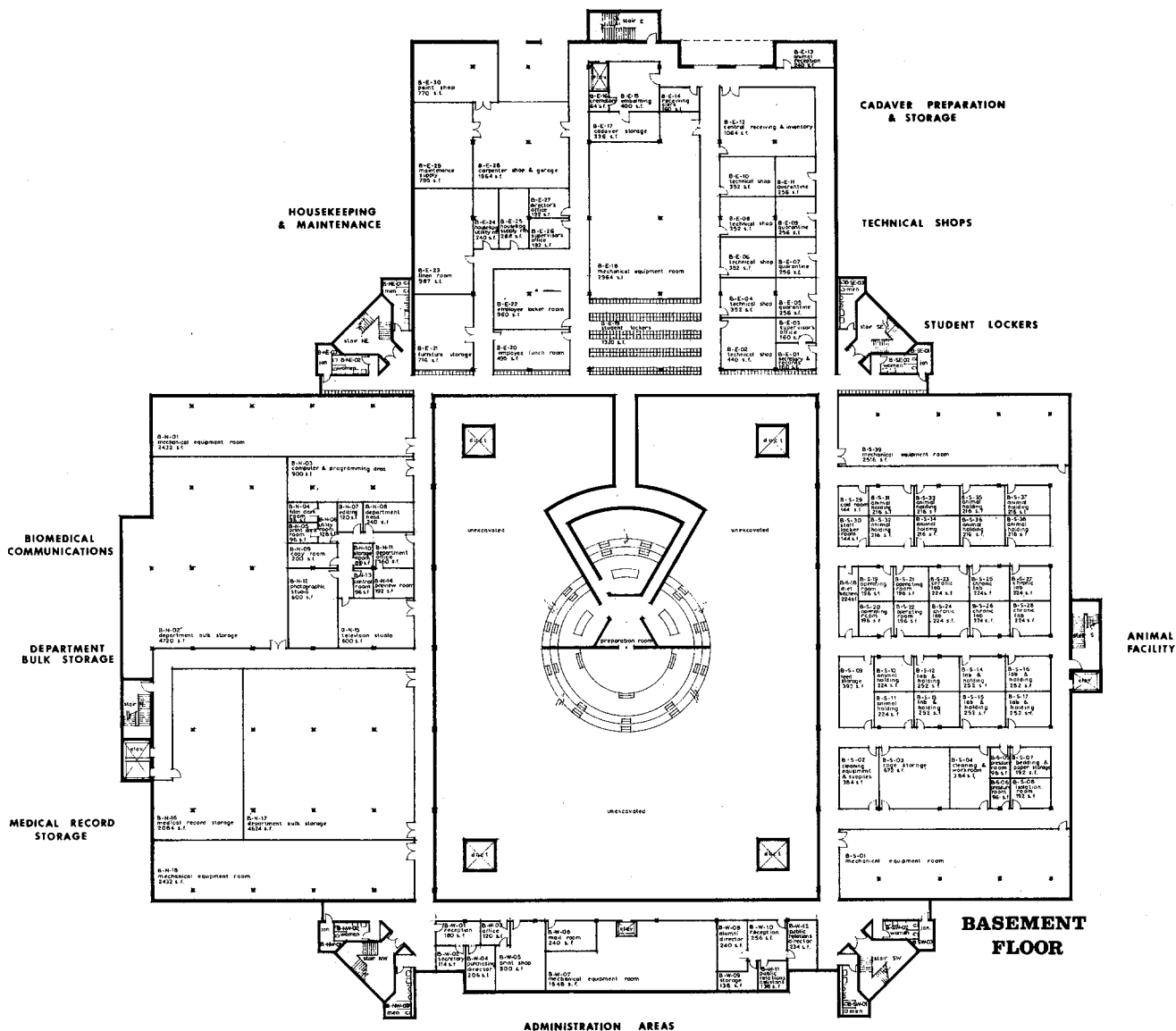
SOUTH WING

The entire south wing contains basic science departments.

The College animal facility is located in the basement.

The first floor contains the departments of Microbiology and Pathology; the second floor, the departments of

Anatomy and Biochemistry; the third floor, the departments of Physiology and Pharmacology. Each department contains faculty offices, a conference room, secretarial area, and areas for use pertinent to each department.



WEST WING

The administrative offices make up the west wing.

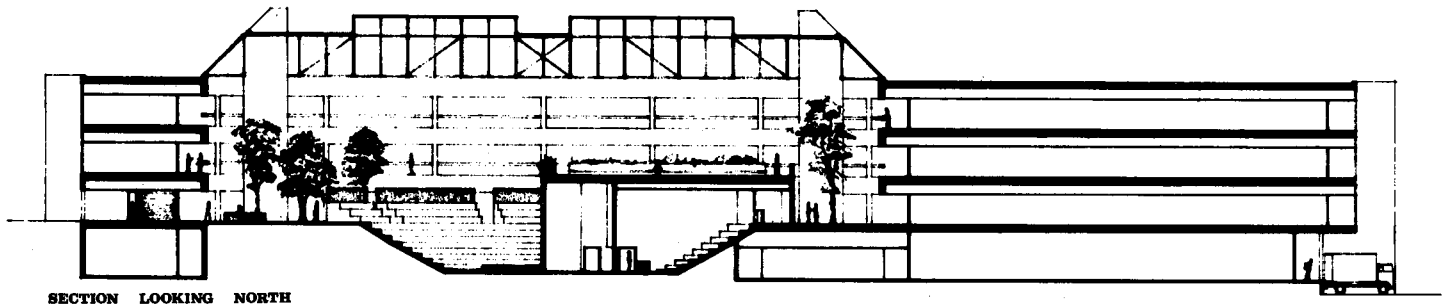
The alumni office, public relations, purchasing and property, and the college print shop will locate in the basement.

The first floor is an open access to the central courtyard.

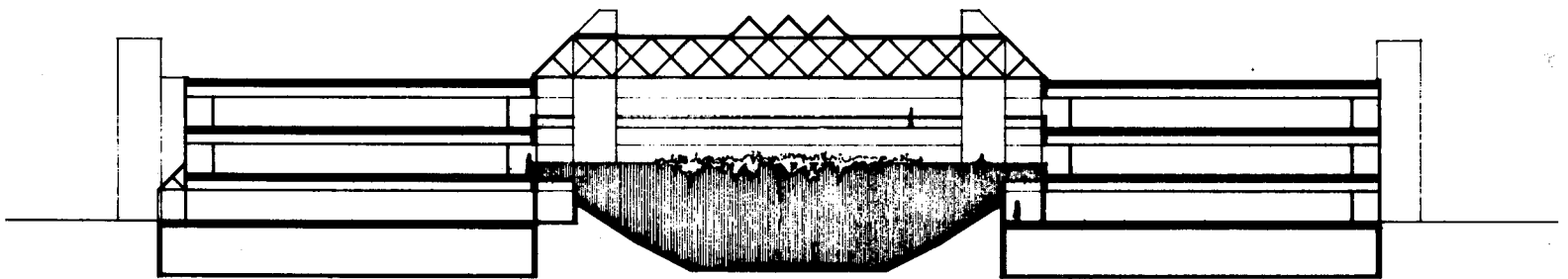
The second floor is devoted to business administration; the third floor provides for academic administration.

Utilities are distributed by means of fully accessible, vertical walk-through corridors against which laboratory walls are juxtaposed.

So far, slight variation on the four walls, a roof, and nothing more theme can be noted. The building does not vary until one goes deeper into structural design.



SECTION LOOKING NORTH



SECTION LOOKING EAST

FLEXIBLE DESIGN

When the concept was first proposed and all through the planning stages, the idea of flexibility was constantly stressed. Consequently, this building is flexible.

How?

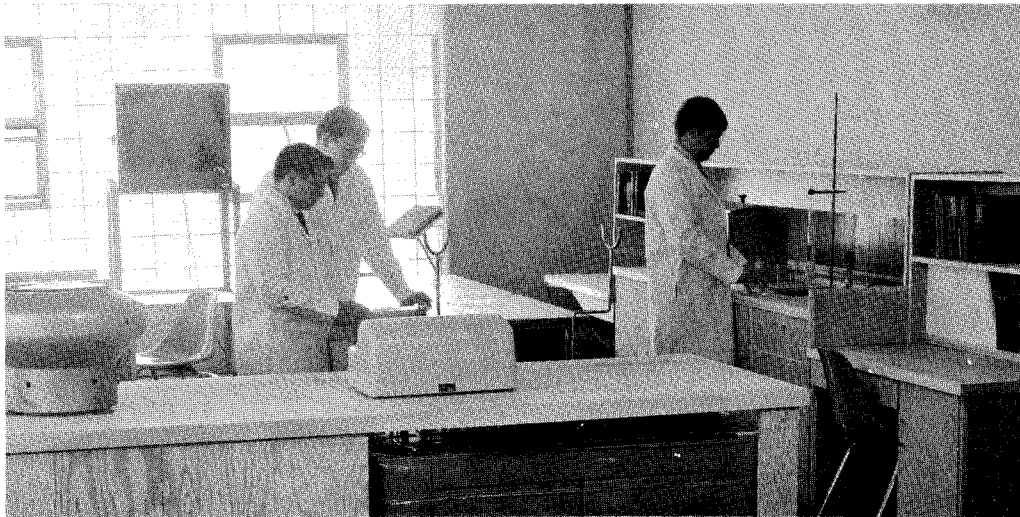
All interior walls in the South Wing (basic sciences) and the North Wing (general clinic) will be constructed of movable partitions, using a six-foot module. Room-by-room flexibility is thus provided. The vertical utility chases and main corridors in these wings run centrifugally from the courtyard to the outer walls. These outer walls are both non-weight bearing "skins". Expansion of either wing can be accomplished by removing the "skin", extending the floors and chases, and replacing the "skins".

The Omni-Labs (East Wing) are designed to provide completely integrated student laboratory and study areas,

thus allowing flexibility of curriculum. The main corridors of this wing run centrifugally with the utility chases parallel to the exterior "skin". Future expansion may be accomplished by removing the "skin", extending the floors about 30 feet, thus allowing for about 32 more student places **per floor**. Utilities would be furnished by the existing most easterly utility chases.

Lecture rooms can be enlarged or additional lecture rooms created by modification of the relatively modest auditorium.

Integration of a teaching hospital into this building can be accomplished in the future by removing all partitions in the North Wing (general clinic), constructing the appropriate structural shell as an extension of that wing, and redesigning the resulting composite space as a teaching hospital.



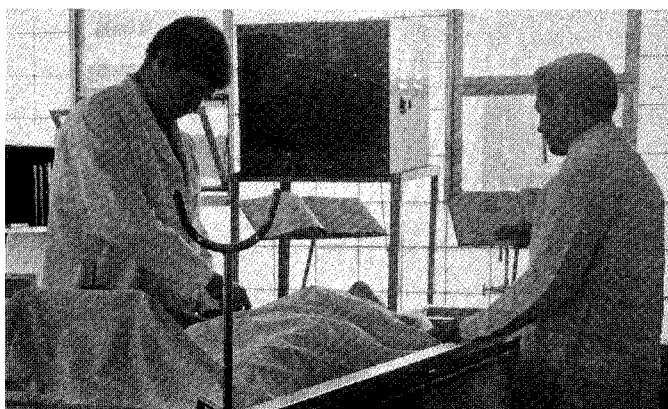
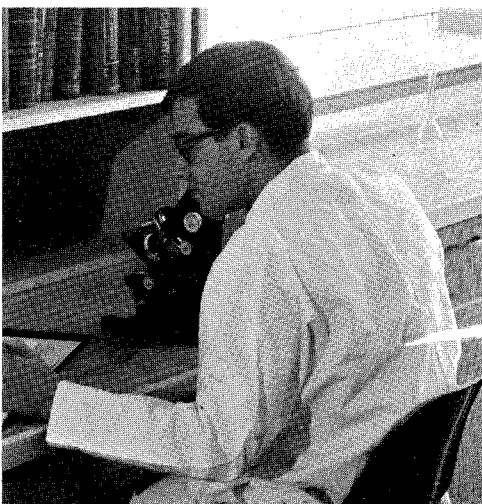
On April 2, 1969, the college was informed by the Bureau of Health Professions Assistance of the Department of Health, Education, and Welfare that the National Advisory Council on Education for Health Professions, had approved our request for Federal construction funds in the amount of approximately \$8.5 million. This Advisory Council is charged by law with the evaluation of all applications for Federal construction funds submitted by schools of the various health professions.

These Federal funds are Matching Funds and will not be released until C.O.M.S. has raised the rest of the money needed for this project. Since the total cost of the project is \$16

million and a group of alumni have already pledged about \$250,000, we still have \$7,250,000 to go.

We have retained the firm of Ward, Dreshman and Reinhardt, Inc., to assist us in conducting an intensive nationwide fund raising campaign.

Now is the time for alumni and friends of the College to pledge their best efforts and abilities for our development program. COMS needs your emotional, professional and financial support!



SENIOR WEEK

Henry Doyle Haynes and Kenneth Charles Burns are both experts. Experts at taking serious, romantic songs and teasing and twanging them into barely recognizable musical parodies. These two men, better known to a vast and fast-growing public as Homer and Jethro, were the guest stars at the C.O.M.S. Pacemaker Ball. The Ball, held June 3rd from 9:00 p.m. to 1:00 a.m. in the Val Air Ballroom, West Des Moines, also featured the Don Hoy Orchestra.

Homer and Jethro were born, reared, and educated in and around Knoxville, Tennessee. They teamed up as a hill-billy singing team while in school, playing school auditoriums, churches, and benefit shows.

They began their long and active career with the Renfro Valley Barn Dance in Renfro Valley, Kentucky, where they started their present style of parodying currently popular song hits. They stayed on with the Renfro Valley Barn Dance for almost three years.

Both boys served four years in the Army during World War II, Jethro in the Pacific and Homer in the European sector. Following their Army experience, they became associated with WLW in Cincinnati, where they appeared with the "Midwestern Hayride". While on the staff at WLW, they started their recording career with the King Recording Company and began making personal appearances. The boys formed their own act and went on tour with a tent show.

Under the management of Spike Jones, they again toured the country, playing such spots as the Roosevelt Hotel, New Orleans; the Forrest Park Hotel, St. Louis; Olympia Theatre, Miami; and the Chicago Theatre. While in Chicago, the boys were invited to become regular members of the WLS National Barn Dance, where they remained for eight years. In those years, they were regular guests on Don McNeil's Breakfast Club, made TV guest spots on various national and local Chicago TV shows and had a multitude of appearances before conventions, state and county fairs, the

Thunderbird and Show Boat in Las Vegas, and other top clubs in the United States.

Homer and Jethro have been rated in trade papers as the top country and western comedy singing team for the past six years. Stories on their career have appeared in TIME and PAGEANT magazines, as well as the leading country and western magazines in the country.

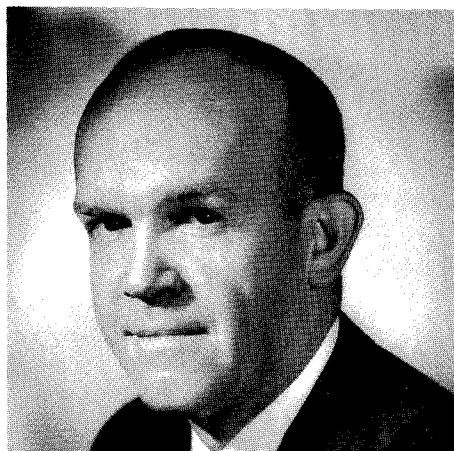
Neither of them has had any formal musical training, but Homer is considered one of the finest guitarists in the business, and Jethro rates high as a mandolin player. The boys live music, often sitting in on jam sessions.

Homer and Jethro have been with RCA Victor for a number of years. They admit that in the past, RCA has been unaccountably worried about their sales. But the boy's Tennessee-style logic is too much for RCA's citified executives. "Like when we were in New York last for a recordin' session," says Jethro, "One of the execs came down to ask if we had any ideas that would help the sales of our records. I told him sure thing. Put Perry Como's name on the label."

Alumni and friends and families of graduates were invited to attend the Pacemaker Ball. During the festivities, the Pacemaker Queen was selected from candidates and crowned.



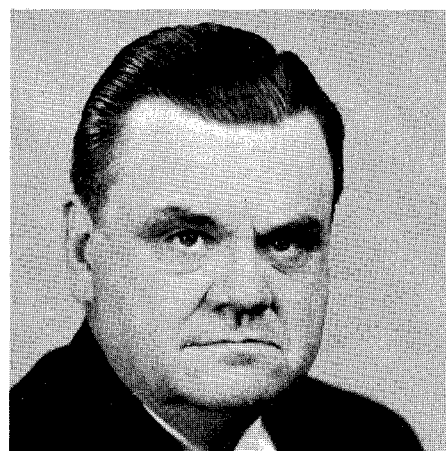
Homer and Jethro



FEATURED SPEAKER FOR SENIOR BANQUET

J. Scott Heatherington, D.O., President-elect of the A.O.A., was the featured speaker at the annual Senior Farewell Banquet during Senior Week activities at the College.

Dr. Heatherington, a general practitioner from Gladstone, Oregon, is a 1944 graduate of C.O.M.S. and a member of its Board of Trustees. He has served as a member of the Board of Trustees of the A.O.A. since 1959. He is a former chairman of the AOA constitution and by-laws committee, distinguished service awards committee, council on development, department of public affairs, department of business affairs and department of professional affairs. He was twice president of the Oregon Osteopathic Association and served for 12 years as a trustee of the O.O.A. He is a former chief of staff of the Portland Osteopathic Hospital.



FEATURED SPEAKER FOR COMMENCEMENT

The keynote speaker for the seventieth annual C.O.M.S. commencement exercises was the Honorable Ray Harrison, Judge of the Municipal Court, Des Moines.

Judge Harrison earned his doctor of jurisprudence in 1925 from Drake University. That same year, he was the recipient of the David I. McCahill scholarship which enabled him to take a year of post graduate work at Yale.

In 1949, Judge Harrison won the Community Award; in 1956, he was appointed to the bench. Four years later, in 1960, he was named the International Man of the Year by the Sertoma Club.

Judge Harrison has long been known for his work with individuals suffering from alcoholism. The officials of the detoxification center noted this fact in renaming the center in his honor. "We feel this is the least we can do for a man who has knocked himself out to help alcoholics and to assist others in becoming familiar with the dangers of the disease".

The gold-leafed dome of the Iowa State Capitol building dominates the Eastern skyline of Des Moines. Beneath the dome, pertinent, and sometimes not so pertinent, legislation is debated and passed into law.

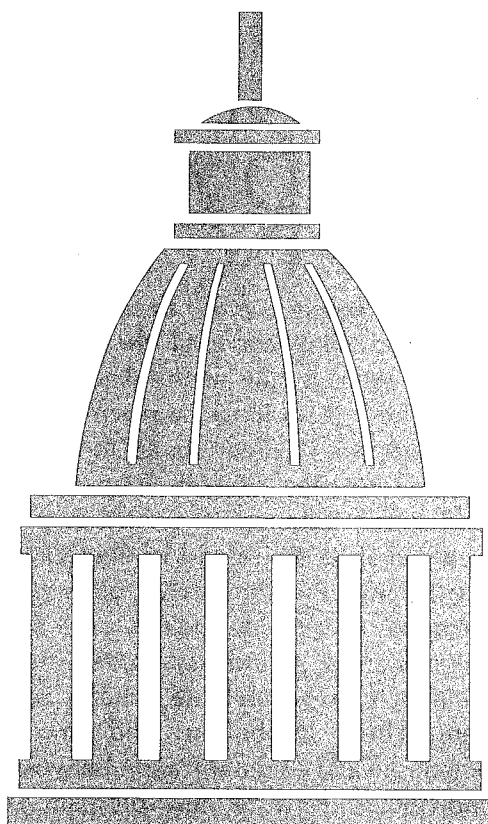
To C.O.M.S., some of the legislation passed by the 63rd General Assembly was particularly important.

Two years ago, at the last General Assembly, a law was passed in a precedent-breaking action which provided \$200,000 for medical tuition loans. Last year, sixty-one of our students were recipients of these loans. This year, there was a suggestion to revise the loan qualifications and provide a flat rate, rather than base the loan on tuition. This suggestion was defeated. Instead, additional monies were allocated, bringing the amount available for loans to \$300,000.

Other legislation directly affecting programs of concern to the College were two bills dealing with alcoholism. Our Harrison Treatment and Rehabilitation Center, an alcoholism detoxification center, has been plagued by an extremely rocky financial road. Two bills that were passed this year should alleviate this difficulty.

One of the bills redefines the duties of the state Commission on Alcoholism and establishes a method for securing larger, firmer fiscal support for such local operations as our Center.

The other bill provides for the appropriation of \$500,000 for the next biennium to the Commission on Alcoholism for the support of local alcoholism centers to be matched by county funds.



ON CAPITOL HILL

Like the Grand Canyon, legislation such as this doesn't just "happen"; it is the result of long hours and hard work. We need your support.

Next year, another election will be held in June to elect legislators for the 1971 General Assembly. Your legislator will be asking for your support in June; ask for his next January.

A NEW PROGRAM

Jail is no longer a place to incarcerate hardened criminals until the necktie party begins. By the same token, medical school is no longer a place where students are "jailed" until they are studied into practicing physicians. More and more, community service is developed as an active part of the COMS curriculum. Programs have been developed to provide health care for poverty areas; to find ways to treat and, ultimately, to rehabilitate patients suffering from alcoholism; and to re-establish valid communication between individuals. Now, a new program is under development to extend community service into providing medical care for county jail inmates.

Since December, fourth year students serving their clinic service quarter in the downtown College Clinic have been accompanying an osteopathic physician to the jail for morning sick call. The D.O., Robert J. Connair, was one of the originators of the program which was designed to replace prisoners' almost daily trips to the county hospital for medical care. He and Polk County Sheriff Wilbur Hildreth worked out the details of the program, then presented it to the Board of Supervisors for approval.

The new program serves a two-fold purpose.

First, since even prisoners in county

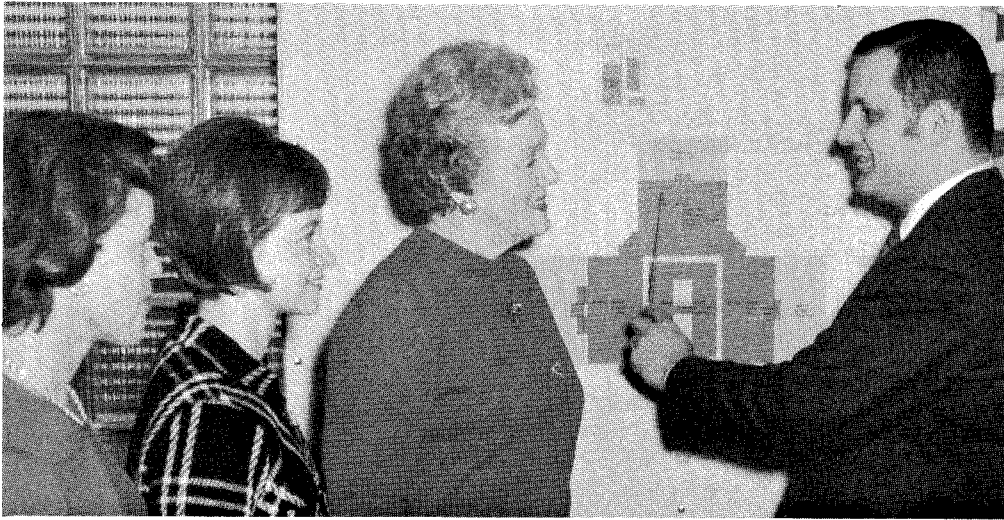
jails are still prone to human frailties, the ride out to the county hospital for medical attention was more of a treat than a threat. Then, too, the escape from tedium was, in one or two instances, also an escape from detention. In addition, the cost to the county for medical attention was steadily rising.

Secondly, as Dr. Connair reported, "Our senior students can see more patients and they are challenged by the need for accurate diagnosis without the use of sophisticated medical equipment and elaborate clinical tests. The cases run the gamut of cardiac problems, epilepsy and so forth, through minor surgery." They have also done some psychiatric counseling.

The program has been operating on a five-day-a-week basis; however, there is a physician on call twenty-four-hours a day, seven days a week. A total of 866 patients were seen during the five month operation at a modest cost to the county.

Sheriff Hildreth, in commenting on the viewpoint of the county, reported, "The need for a service of this type has been apparent for some time. The benefits to the inmates and the economic benefits to the county make this a very impressive program".

Dr. Connair, Assistant Professor of Osteopathic Principles & Practice and Director of the Division of Physical Medicine and Rehabilitation, recently completed a fellowship in Physical Medicine and Rehabilitation at the College and is now eligible for certification.



from left, Mrs. Irwin Groff, counselor for the wives' club, Mrs. Tedd McKinney, president, Mrs. Nigh, and Dr. Vigorito.

Clyde had his Bonnie, Romeo had his Juliet, and most student doctors have their wives.

Wives traditionally keep the lid on catastrophes while their husbands labor toward the sometimes elusive goal of D.O. However, most wives are not content to merely keep the home fires burning, they get involved. Wives of students at COMS get involved with Students' Wives Club.

Annually, the members of Wives Club carry through with a variety of service projects aimed at earning both money and a bit of community respect.

The Wives' projects range from a bake sale, rummage sale, annual formal dance, through such services as a basket of food at Thanksgiving for a family from one of the clinics and a big Christmas party for children of clinic families.

Each year, the Past-President of the Auxiliary to the American Osteopathic Association tours the five osteopathic colleges serving as Counselor to the

STUDENTS' WIVES CLUB

Students' Wives Club at each school. This year, Mrs. Ruth Harms Nigh, wife of Dr. E. G. Nigh, of McPherson, Kansas, serves in this capacity.

Mrs. Nigh is a charter member of the Auxiliary to the Kansas State Osteopathic Association and has held every Auxiliary office at the state and district level. Before becoming AAOA President, she served as first and second vice-president, recording secretary, scholarship program, and public relations chairman.

During Mrs. Nigh's recent visit, she was given a tour of the present College facilities. Thomas Vigorito, D.O., President, discussed COMS plans for an urban medical complex, detailing his conversation with architect's schematics.

Later that day, Mrs. Nigh was the featured speaker at the monthly meeting of the wives club.

COMMUNICATION...

A RETURN TO THE BEGINNING

When man first learned to communicate, he probably used grunts and monosyllables to convey his thoughts. How strange to have evolved, through the mechanization of our society, to a stage where again grunts and monosyllables are used for communication. An awareness of this problem is slowly taking form.

The trend toward improving communication began in the late 1940's when a psychologist named Kurt Lewin conducted an indepth study of prejudice among social groups at the University of Michigan. Lewin made the discovery that "feedback", a term denoting the regenerating response to an initial reaction, could also apply to people. Using "feedback" as a learning tool, Lewin found that he could study individual and group behavior as well as the effects of that behavior on others.

While Lewin went on to bring his ideas to the National Training Laboratory Institute of Applied Behavioral Sciences in Washington, D. C., others who were working independently of each other on very similar concepts were arriving at very similar conclusions.

One such man was Dr. Henry Nelson Wieman. Taking "feedback" one step further to the concept of "creative interchange", Wieman brought still a new dimension to this movement. Wieman maintained that if the proper

climate were reached between two people, it would then be possible to establish real communication through the true understanding of oneself and his impact on the other.

Thus, it is Dr. Wieman's approach to communication that makes the Des Moines Center for Creative Interchange as individual as fingerprints.

The Center is located in a renovated section of the College, which is also lending administrative support to its formation. To understand the real significance behind the Center, one must look first to the man who formulated the concepts of Creative Interchange, Henry Nelson Wieman, Ph.D.

In the first edition of "Interchange", the monthly newsletter published by the Center, Dr. Wieman discusses conflict and creativity and in doing so, he states his philosophy on the subject:

"Perhaps the most serious problem of our time is how to deal with conflict, to make it creative and not destructive. We live in the age of conflict due to rapid social change, breaking down the regulative control of tradition; due to ever closer interdependence of people with conflicting interests; due to a technology making conflict more destructive than ever before; due to television awakening people to possibilities of improvement by conflict.

"Throughout history conflict has been the chief way to improvement, politically, economically, educationally,

artistically, widening the consciousness of values for the individual and giving fuller content of value to the prevailing culture. Also, conflict has been the chief destroyer of value, reducing the range of consciousness of value for the individual and impoverishing the content of value for the prevailing culture.

"Conflict brings parties together with very diverse values. This makes it possible for each to undergo a change whereby each acquires from the other new values not otherwise possible. This occurs by a kind of interchange between the conflicting parties. When the ruling commitment of life is given to this kind of interchange conflict can be made creative and not destructive.

"Our age will bring forth a culture with fuller content of value than ever before or else drive to destruction more devastating than ever before. This is so because of the magnitude of conflict in our time. The Center for Creative Interchange seeks to lead our society to concentrate resources on the kind of interchange leading from disaster to that fuller content of value made possible by this age of conflict."

The Center's Director, Charles Palmgren, Associate Professor of Psychology and Special Assistant to the President, affirms Dr. Wieman's concepts and potentiates his ideas together with his own. Demonstrating how closely allied these men are in their commitment to the concept of Creative Interchange, they are currently compiling material for a book which should be ready for publication later this year. Working on this project with Dr. Wieman and Professor Palmgren is Erle Fitz, D.O. Dr. Fitz is a member of the National

Board of Advisors to the Center and Chairman of the Department of Psychiatry.

Professor Palmgren is aided in the administration of the Center by Assistant Directors, Margaret Voorhees and Mary Lou Cook. Mary Lou edits the monthly publication, "Interchange".

Through "Interchange", members of the Center are kept informed of ideas and activities that are both current and forth-coming. Its premier edition was published in February. The style and content of the newsletter reflect the creative and artistic potential found in the Center. Each month's issue features comments by Dr. Wieman.

Since the Center's inception, Professor Palmgren and his associates have been using the techniques of lecture classes, sensitivity training, psychodrama, body dynamics, dance, graphics, non-verbal communication as well as that exercises known as "T-groups".

Standing for "training" and not "therapy", the T-group is usually thought of as a form of sensitivity training. At the Center, the Wieman concept of creativity is injected into



the T-group, thus transforming it into Creative Interchange.

Trying to tell it like it is, members of these Creative Interchanges attempt to break down the subtle barriers which have been preventing people from having meaningful exchanges of communication for too long. In doing so, participants hope to peel away the veneers they have formed as a result of years of coping with the intense strains society has placed upon us.

Also working and teaching with Charles Palmgren at the Center for Creative Interchange are Bob Scott, Sherry Levine and Dr. Fitz.

Mr. Scott is the Director of the Harrison Treatment and Rehabilitation Center and teaches classes in Psycho-cybernetics at the Center.

Classes on self-awareness through creative dance, body exercise and creative expression are offered by Sherry Levine. Here, again, is still another avenue of communication.

Dr. Fitz contributes in yet another way by offering classes which delve more deeply into the philosophies of Henry Nelson Wieman.

Hoping to improve interpersonal relations in management and to increase productivity in their own organization, a Des Moines architectural firm has awarded the Center its first industrial contract. It seems inevitable that other fields will soon be discovering what positive changes Creative Interchange can bring about.

During the past year, the Center acquired the part-time services of Willene Tarry as staff member, special

consultant, and trainer. Like Dr. Wieman and Professor Palmgren, Miss Tarry's academic background is in religion. Her work will involve class and private counseling in addition to working with sensitivity labs. She and Professor Palmgren will develop sensitivity training programs for churches, business, and industrial groups.

Del R. Poling, who is Assistant Director at the Pastoral Counseling Institute, Inc., has also been invited to serve as trainer.

Since its inception, considerable interest has been shown in the Center and its Director. Professor Palmgren has been interviewed frequently on local television shows and is often asked to speak at public functions.

Professor Palmgren, rather than viewing the role of Director as strictly leadership, sees his obligations as "more a process of creating an innovative environment in which our members, staff, Assistant Directors, local and national boards engage in Creative Interchange".

In experiencing life with its endless ramifications, if the individual chooses to profit and learn from his conflicts as well as from his conquests, he is employing Dr. Wieman's concepts. Rather than allowing alienation and retaliation to result from everyday confrontations, Creative Interchange means recognition and utilization of these same conditions. Further, it means knowing, understanding and accepting.

In a day when so many people are asking "What can I do to make the world a better place?", Creative Interchange and its Center in Des Moines can hold the answer for many.

FACULTY FACTS

Teresamma Pinakatt, Ph.D., Associate Professor of Physiology, was the featured speaker at the monthly meeting of the Fourth District of the Iowa Society of Osteopathic Physicians and Surgeons held in Tripoli, May 4th.

Two members of the faculty were notified of grant awards from the College's General Research Support Program. Duncan Thomson, Ph.D., Assistant Professor of Physiology, received almost \$2000 to study the "Bone Up-Take Rate of Radioactive Calcium in Rats".

Mohinder S. Jarial, Ph.D., Assistant Professor of Anatomy, received over \$5000 to finance research for "Utilization of the Electron Microscope to Determine How Cerebral Spinal Fluid is Manufactured".

The General Research Support Program is funded by the National Institutes of Health.

James A. Orcutt, Ph.D., Professor of Pharmacology and Chairman of the department, has been named to the Roster of Authorities in Toxicology by the National Library of Medicine. This roster is part of the Toxicology Information Program, created in 1967 upon the recommendation by the President's Science Advisory Committee.

Official representatives of the National Library of Medicine will serve as intermediaries between sources of inquiry and the Roster of Authorities, to provide counsel or interpretative information in specialized sub-topics in Toxicology.

On April 24th, Erle W. Fitz, D.O., Professor of Psychiatry and Chairman of the department, spoke to the Department of Philosophy at the University of Southern Illinois concerning "Philosophy as Ground for Psychotherapy". Dr. Fitz was also the sole psychiatrist to attend the annual meeting of the Western Division of the American Philosophical Association held in Cleveland, Ohio, early this month.

Byron E. Laycock, D.O., Professor of Osteopathic Principles and Practice and Chairman of the department, was a featured speaker at the 70th annual convention of the Michigan Association of Osteopathic Physicians and Surgeons held May 5-7th. Dr. Laycock discussed the "Manipulative Aspects of Pediatrics".

R. Keith Simpson, D.O., Assistant Professor of Medicine and Medical Director of the Harrison Treatment and Rehabilitation Center, was appointed a member of the National Board of Directors of the National Council on Alcoholism during its recent meeting in Fort Worth.

Dr. Simpson was appointed as Chairman of the American Osteopathic Association's Task Force on Alcoholism during its annual meeting last fall. He was also instrumental in initiating both the program and the facility known as the Harrison Treatment and Rehabilitation Center, the first detoxification-rehabilitative center of its kind.

ALUMNI

1912

Earl C. Dymond, D.O., of Jackson, Minnesota, retired August, 1967, after a congestive heart attack. Dr. Dymond was professor of Obstetrics at the College from 1913 to 1916.

1922

Raymond L. Martin, D.O., of Montpelier, Vermont, has a General Practice and is on the staff of the Central Vermont Medical Center.

1925

Charles W. Carruthers, D.O., recently received recognition for his long years of public service to the Canadian blind during the laying of the cornerstone for the A. V. Weir National Training and Vocational Guidance Center in Toronto. Dr. Carruthers, 83, was one of the seven founders of the Canadian National Institute for the Blind which built the Weir Guidance Center. In 1967, he was awarded the Canada Medal for his service.

1926

William R. Marlow, D.O., of Elgin, Illinois, has now semi-retired after a series of health problems.

1927

Ralph T. Van Ness, D.O., of Columbus, Ohio, who had a specialty practice in Proctology, retired April 1, 1968. He was the Director of Manipulative Therapy at Doctors Hospital.

1930

Alice Paulson, D.O. of La Mars, Iowa, recently returned from California and Arizona where she spent her winter. While in California, she attended the California State Osteopathic Association convention in Sacramento. She also was one of the teachers at the Osteopathic Cranial Seminar held recently in Kirksville.

Sherman W. Meyer, D.O., of Parker, Arizona, has been active in a project to build two new hospitals for that area. He has a brother, H. D. Meyer, D.O., of Nevada, Iowa, who is a 1931 graduate of C.O.M.S.

1933

R. W. Jack, D.O., of Wichita, Kansas, is a Veterans' Administration Medical Inspector of nursing homes for the Kansas Medical Consultant Vocational Rehabilitation and Educational Department. He was, at one time, a trustee of C.O.M.S., a member of the old Corporate Board, Past-President of the Iowa Alumni Association and the Boone County Geriatric Society, a member of the Legal and Legislative Committee (I.S.O.P.S.) for 20 years (fourteen as chairman), co-chairman of the Osteopathic-Medical Liaison Committee for seven years, past-president of the 6th District of I.S.O.P.S., and the A.C.G.P. He also was named General Practitioner of the Year in 1961. In addition, he was a district governor of the Lions' Club of Iowa, (1951-52). Prior to moving to Kansas, he was a member of the Boone County Hospital staff for 25 years.

1935

J. R. Forbes, D.O., F.A.C.G.P., Phoenix, Arizona, currently serves as President

of the American College of General Practitioners in Osteopathic Medicine and Surgery and was just named Physician of the Year by that organization. He is a Past President of the I.S.O.P.S. and a former director of the department of Professional and Public Welfare in the A.O.A.

1937

Captain Harold E. Dresser, D.O., Chief Urologist of Tucson General Hospital is one of 25 reserve public health service officers called to duty on a limited basis to work on health mobilization projects. He and other reserve medical officers will implement the comprehensive community medical preparedness plans, including planning effective use of hospital reserve disaster inventory unit supplies, coordinating community support of the emergency health system and training professional health personnel. An evaluation and comparison will be made after 12 months.

Dr. Dresser served as surgeon general for the reserve officers association for 67-68 term.

1940

E. E. Blackwood, D.O., of Oklahoma City, Oklahoma is a staff member of the Hillcrest Hospital.

Paul E. Kimberly, D.O., of St. Petersburg, Florida, is a member of the staff of Suncrest Osteopathic Hospital, Largo, Florida. Dr. Kimberly was on the faculty of C.O.M.S. from 1939 to 1952.

1943

T. C. Peace, D.O., of Redfield, Iowa, finished 48th in a field of 50 during the Junior National Amateur Athletic Union Marathon held in Redfield. Dr.

Peace was the only man over 50 who entered and completed the grueling 26 mile event.

John Robert Shafer, D.O., of Lakewood, Colorado, is a certified proctologist. He is past-president of both the American Osteopathic College of Proctology and the Western States Osteopathic Society of Proctology. He is also past chief of staff of Rocky Mountain Osteopathic Hospital and is currently a member of the A.O.A. Committee of Post-doctoral training.

Ralph W. Westfall, D.O., of Boone, Iowa, is a member of DOCARE. He is also associated with the Iowa Partners of the Alliance for Progress and has spent the last two summers in Yucatan assisting in broadening the scope of small mission clinics and hospitals in the Yucatan jungles.

He has also served as a member of the Board of Trustees of the Erickson Public Library for the past 15 years. He is also past president of the Boone Lions' Club and a courtesy staff member of the Boone County Hospital.

1950

Julius S. Nesbitt, D.O., South Bend, Indiana, is a staff member of the South Bend Osteopathic Hospital. In 1968, he was the recipient of the "Boss of the Year" award given by the Osteopathic Assistants Organization.

1951

Robert J. Hindman, D.O., of Plymouth, Michigan, is Assistant County Medical Examiner for Wayne County. He is a Commander, 927 Tac Hospital (A. F. residency) Selfridge Air Force Base,

Michigan and is presently attending school of aerospace medicine at Brooks AFB, Texas.

1952

Edward Felmlee, D.O., will be featured on the program of the 65th annual O.O.A. convention. He will discuss "Nomenclature for Orthopedics".

1953

Gerard K. Nash, D.O., of Amarillo, was recently selected as a medical examiner for the Preferred Risk Insurance Companies, the largest total abstainers insurance companies in the country.

1955

Lyle R. Bailey, D.O., of Chandler, Arizona, is chairman of the Medical Audit and Records Committee at Mesa General Hospital and Past chairman of the Department of General Practice of that same hospital.

1957

A. J. Stepanski, D.O., was chief of staff of Pontiac Osteopathic Hospital in 1968. Dr. Stepanski has a general practice in Drayton Plains, Michigan.

1959

Raymond A. Conn, D.O., of Nevada, Missouri, is currently completing the first year of a psychiatry residency.

1960

Allan R. Crosby, D.O., of Wauwatosa, Wisconsin, attended the 40th Annual Aerospace Medical Association meeting just concluded in San Francisco. Dr. Crosby, a major in the Wisconsin Civil Air Patrol (CAP) Wing, partici-

pated in a series of programs featuring the latest developments in the medical aspects of aviation and space travel.

Dawin Sprague, D.O., of Johnstown, Colorado, is President of the Colorado Society of General Practitioners, and a member of the Board of Directors of the Memorial Hospital in Greeley.

1961

Sidney Grobman, D.O., of Pedricktown, New Jersey, is a member of the Board of Directors of the New Jersey Association of Osteopathic Physicians and Surgeons; chairman of the Post Graduate Education and Convention (1968-69); chairman, Board of Directors of Osteopathic Education Fund; chairman of Osteopathic Progress Fund; chairman, Scholarship Fund Committee; past-president of the Tri-County Osteopathic Association; and a member of the Board of Directors of the New Jersey Heart Association, Salem County Chapter.

Hector Luis Rivera, D.O., of Tampa, Florida, is a member of the Insurance Review Committee of the F.O.M.A.; member of the Board of Trustees of the F.O.M.A.; chairman of the committee on physical fitness and sport medicine of F.O.M.A. That committee recently held an athletic injuries seminar for school physicians and athletic coaches and trainers which featured the physicians for the Detroit Lions.

1962

Herbert Kaufman, D.O., of Pontiac, Michigan, was certified by the American Osteopathic Board of Radiology in the summer of 1968.

Herbert L. Miller, D.O., of Madison Heights, Michigan, is chairman of the department of pediatrics at Martin Place Hospitals. He was recently certified in Pediatrics by the American Osteopathic Board of Pediatrics.

1963

David J. O'Mara, D.O., of Mesquite, Texas, is chief of staff of Mesquite General Hospital, Precinct Chairman of his town and chairman of public relations for the Chamber of Commerce.

1965

Robert M. Dworkin, D.O., of Stratford, New Jersey, is completing a residency in radiology. He will begin a Stuart Fellowship in Oncology and Chemotherapy and Radiation Therapy at Temple University Hospital in September, 1969.

John Eloian, D.O., of Tampa, Florida, has been selected as Chief of Staff at Good Samaritan Hospital, in Tampa, for 1969.

1966

Paul Benien, Jr. D.O., of Fort Bliss Army Hospital, El Paso, Texas, returned last October from a year in Viet Nam. Captain Benien is the recipient of the Bronze Star, the Air Medal, Vietnam Combat Medal, the National Defense Medal and the Vietnamese Campaign Ribbon, these last two may be won only by men who have served with infantry units.

He is also a member of the First Team—1st Cavalry Division, the first division to receive the presidential unit citation in Vietnam.

Robert Bell, D.O., Naval Air Station Dispensary in Key West, was recently

appointed chief of orthopedics and assistant chief of dependent care.

Paul Gold, D.O., medical officer with the Army's 1st Squadron, 11th Armored Cavalry Regiment in Vietnam last summer has been awarded the Silver Star for gallantry in action 28 June 1968.

The citation says, in part, "Captain Gold, totally disregarding his own safety leaped from his helicopter and ran across a minefield through intense hostile fire toward two disabled vehicles. Completely ignoring shouted warnings concerning the presence of mines, he administered first aid to the wounded crewmen and then fearlessly went from one injured soldier to the next, rendering emergency medical treatment . . ."

Captain Gold has returned stateside to Fort Sheridan, Illinois. He recently presented testimony on the qualifications of D.O.'s for full practice rights before a legislative committee of the North Dakota House of Representatives.

Daniel H. Trachtenberg, D.O., of Philadelphia, recently served a year in Vietnam, 6 months at the 71st Medical Evaluation Hospital and 6 months with the Fourth Infantry Division. He is presently stationed at Watson Army Hospital in Fort Dix.

1967

Captain Irving Gold, D.O., formerly of Detroit, was Battalion Surgeon in Vietnam. He is now with H.H.C. 311 11th Infantry Brigade, 23rd Infantry Division (AMERICAL) A.P.O. S.F. 96217

1968

Steve Stern, D.O., now completing his internship at Osteopathic General Hospital in North Miami, was one of the first osteopathic residents to enter the armed forces under the Osteopathic Residency Deferment Program.

the log book

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**Fred Hutchinson
Hutchinson Chevrolet
Pisgah, Iowa 51564**

Arapahoe, Nebraska: Present physician retiring, facilities and equipment available. Located in farming area, population of 1100 residents. "Clean city with businesses that provide for the necessities of life."

New legislation enables doctors taking Board Examinations to practice osteopathy . . . boards to be given June 12-13th.

**Ernest H. Heidt
Superintendent of Schools
Arapahoe, Nebraska 68922**

Osteopathic Seal Campaign Closes

Fourth in a field of five doesn't win, place, or show. C.O.M.S. was fourth in the college ratings of the annual osteopathic seal campaign with 62% of its goal achieved.

Yearly, the five osteopathic colleges are given a quota to fulfill based upon the numbers of students enrolled. A plaque is then awarded the school which earns the largest percentage of its goal.

When the final totals were made, the colleges arranged themselves this way.

PCOM	133%
KCOS	64%
KC	63%
COMS	62%
CCO	52%

To all those alumni and friends of the College that contributed to our seal campaign, we extend our sincere appreciation.

Sixty-two percent isn't very good, but there is always next year.

LIBRARY

COLLEGE OF OSTEOPATHIC
MEDICINE & SURGERY

the log book

College of Osteopathic Medicine and Surgery
VOLUME 47 • SUMMER 1969 • NUMBER 2



the log book

College of Osteopathic Medicine and Surgery
VOLUME 47 • SUMMER 1969 • NUMBER 2

THE LOG BOOK is published quarterly by the College of Osteopathic Medicine and Surgery. Second class postage is paid at Des Moines, Iowa. Address all mail, change of address, or Form 3579 to 722 Sixth Avenue, Des Moines, Iowa 50309.

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Graphics The Graphic Corporation

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Table of Contents

Senior Class Farewell.....	3
O.E.O. Neighborhood Health Centers.....	4
Honor Outstanding Students.....	6
Commencement '69.....	8
1969 Graduating Class.....	10
Faculty Facts.....	12
N.A.A.....	14
Alumni.....	17
In Memoriam.....	19
Orientation.....	19
Crisis of Spirit.....	20
Special Improvement Grant.....	21
Student Council Contribution.....	22
Placement.....	23

ON THE COVER

Commencement 1969

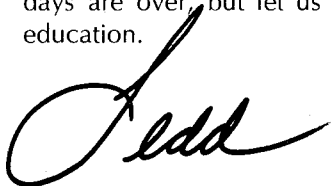
SENIOR CLASS FAREWELL

It seems like a very short time since we first crossed the threshold at COMS and became medical students. We were no longer young, but we were inexperienced and "green" in this awesome field of medicine.

Gradually a metamorphosis took place. The neophyte student, burdened by cumbersome texts and impossible terminology began to show signs of judgement and reason. As patients became real and not recorded cases to be studied, the "student" in "student doctor" became less apparent. The second half of the phrase, "doctor", took more and more emphasis and meaning. We all looked forward to the day when doctor would permanently replace mister.

To those who four years ago had faith in our ability and encouraged us, to our wives and families who encouraged and endured us, our sincere thanks.

With this commencement, our student days are over, but let us hope, not so our education.

A handwritten signature in black ink, appearing to read 'Tedd', with a large, stylized initial 'M' that loops around the first part of the name.

M. Tedd McKinney
President
Class of 1969

PAST,
PRESENT, PROGRESS
O.E.O.
NEIGHBORHOOD
HEALTH
CENTERS

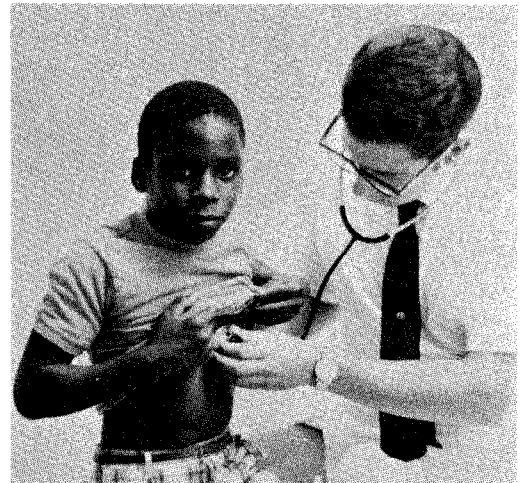
The little black bag which has long symbolized medicine is rapidly changing into a Pandora's box. The few who take advantage of Medicare and Medicaid payments have tarnished the image of the entire profession. Other doubts are raised by students, patients, and government officials. In general, the so-called aloofness of medicine is being challenged as more and more people voice the opinion that health care is a right, not a privilege.

This idea has extended to the neglected and sometimes ignored, poverty areas. A possible solution to the problem of meeting the demand for adequate health care is suggested in the neighborhood health centers.

Walter J. McNerney, President, Blue Cross Association, noted in a recent speech to the Economic Club of Detroit,

"The concept of the neighborhood health center deserves special note. Some depressed areas have practically no quality facilities or services, others have badly fragmented facilities and services that are hard to use, particularly for a mother with small children at home, even if she knows about them."

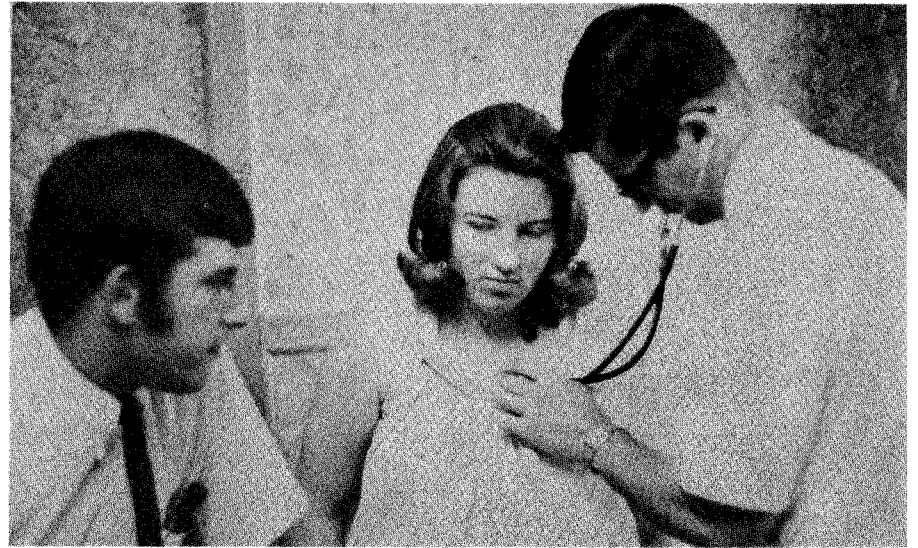
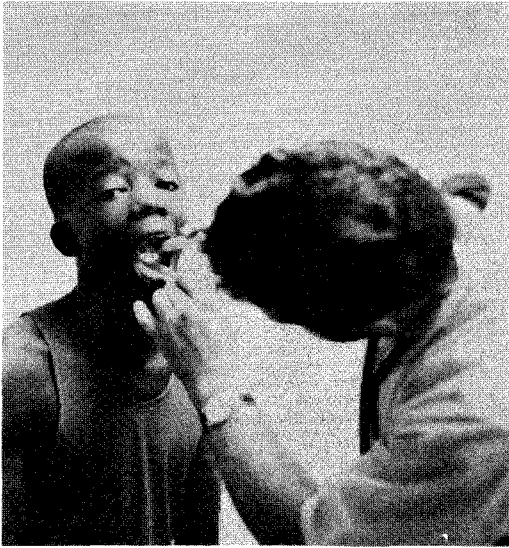
In November, 1966, administrators at COMS, realizing the need for a program of this type in Des Moines, established an original pilot health facility in the Southeast Bottoms. The program proved successful. So successful that an application was made to the government for funding through the Office of Economic Opportunity. Funds were approved, but with the stipulation that the health care program be transplanted to another location.



The original area residents, who had developed the gross outlines of the program, demanded no change be made in the program location. A series of meetings and confrontations between both area residents and officials resulted in compromise. The compromise resulted in two part time neighborhood health centers.

Today, both clinics operate 20 hours per week. They are each staffed by a supervising physician, two fourth year students, one third year student, and area residents in non-professional capacities.

The Southeast Bottoms Neighborhood Health Center, which is in the Northwest



corner of an area that is traditionally and geographically deprived, is headed by Glenn E. Bigsby, D.O., Assistant Professor of Osteopathic Principles and Practice. It is located in the South East Side Project, Inc., building. In addition to housing the health center, the building serves as a central point for activities which attempt to help area residents improve and develop neighborhood conditions.

Pat Collier, L.P.N., originally from that area, also serves as receptionist-medical records secretary.

The patient load has been gradually increasing as word of mouth "advertising" filters deeper into the area. Since January 1, a 20% increase or about one new patient per day has been noted.

The Northwest (Delaware) Neighborhood Health Center is housed in part of the Delaware Job Opportunity Center, which has a separate program for job training and education. Genevieve Stoddard, D.O., Assistant Professor of Obstetrics-Gynecology, supervises.

Like its counterpart, the Delaware Neighborhood Health Center must rely on word of mouth advertising. Dr. Stoddard and members of her staff initiated the "advertising" campaign by attending various club and group meetings in the area. The informal speeches rapidly resulted in more patients. The patient load is still increasing.

The combined patient load of both Health Centers is approximately 100 patients per week.

Since one of the most obvious problems in any deprived area is transportation, a rented bus and a part time driver recruited from one of the neighborhoods fills this need. He transports patients to and from the centers, delivers lab samples, takes patients for x-rays and consultations and returns patients home. When the need has arisen, the bus has been utilized as an ambulance.

Approximately 50% of the drugs used are donated by pharmaceutical companies.

The operation of the health centers appears to be mutually beneficial to both the areas being served and the college. The provision of health care is an obvious benefit to the area residents; the benefit to the college is not so obvious.

The student doctors learn to treat patients without elaborate clinical equipment. They learn to substitute and improvise. As one of the supervising physicians noted, "Our student doctors, when they complete this service, are very able to maintain a good general practice."

In a day when the public is crying out for more general practitioners, what could be better?

HONOR OUTSTANDING STUDENTS

Frequently, during the four year preparation necessary to educate, manipulate, and sometimes, flagellate, young men into osteopathic physicians, a few students show more ability or interest than the average. An attempt to single these individuals out and honor them is made with the Awards Convocation.

This year, the following awards were presented.

Mosby Book Awards

Thomas Aiello
James Bates
James Blessman
Paul Considine
Michael DeCosmo

Chemical Rubber Company Award

First year biochemistry student is given a scroll recognizing superior academic achievement in science plus a late edition of the Chemistry and Physics Handbook.

Harrison Pratt

Psi Sigma Alpha

National Osteopathic Scholarship honor society. Three awards.

Highest scholastic average for first year.

Thomas Aiello

Highest scholastic average for two years.

John Mayes

Highest scholastic average for four years.

Joseph Braun

Scientific Paper Writing Contest

The top COMS paper entered in the Marion Laboratories Scientific Paper Writing Contest was written by Wade Brantley, then a third year student. The paper was titled "Joint Mobilization and Muscle Strengthening Exercises".

The two runners-up were Michael Lyszak and Carl Toben for their papers, "The Osteopathic Management of Congenital Muscular Torticollis" and "Pes Planus—Prophylaxis and Treatment", respectively.

The American College of Osteopathic Pediatricians sponsored a contest for the first time this year. The subject was Pediatric Urology; the COMS winners were Mario Maiese and Saul Rose.

Departmental Awards

Anatomy

Jim LaRose
Tedd McKinney
Harry Johnston
Gary Falkenberg

Biochemistry

Robert Condra
Stephen Finkelstein
Steven R. Shapiro
Murray Goldberg

Osteopathic Principles & Practice

Saul Rose

Pharmacology

Paul Epstein

Harrison Treatment and Rehabilitation Center

Patrick J. Reno
Preceptorship
Gerald Shapiro
Psychiatry
Michael Wright

Undergraduate Academy of Applied Osteopathy

Daniel Yamshon

Russell C. McCaughan Memorial Scholarship

William Artherholt

Irvin S. Merlin Memorial

Leslie Kareus

Charles Reed Memorial Award

Paul Epstein

Graduation with Distinction

James LaRose

This is the highest recognition given by the College to a graduating senior. The award is based on scholastic average, clinical aptitude and services, personality, and scientific and literary initiative.

The Awards Convocation was held Wednesday, June 4th, during Senior Week.



COMMENCEMENT

'69

Our campus is not exactly a plush, tree-dotted park. A walk around the perimeter of our facilities is more likely to get one mugged than enhance a romantic mood.

However, external appearances are frequently misleading. The 82 young men that earned their Doctor of Osteopathy degrees this June can testify to that fact. So can the wives and families that patiently waited and encouraged the 82 young men.

This year, Commencement exercises were held June 5th in Veterans' Memorial Auditorium. Featured as the keynote speaker was the Honorable Ray Harrison, Judge of the Municipal Court.

Judge Harrison urged the graduates to strive to be good doctors.

"A good doctor, in my judgment, is comfortable among the hopeless. He throws a bridge of hope across the gulf of despair. He attends to the lepers of life".

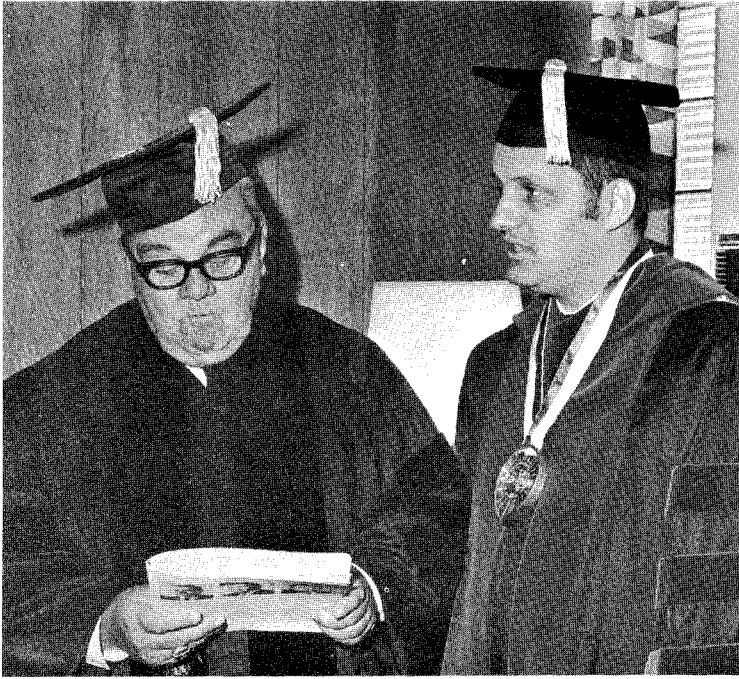
Judge Harrison prescribed six "pills of happiness" to the new physicians. The "pills" were quoted from an article by Dr. Murray Banks, a noted psychiatrist, entitled, "How to Rub Shoulders with Happiness".

- "1. Stop lying to yourself.
2. Murder your worries.
3. Give your old age a kick.
4. Live your life a day at a time.
5. Create an image in your mind of what you would like to be, and be it.
6. Treat yourself with a light touch."

Following the keynote address, Judge Harrison and J. Scott Heatherington, D.O., then President-elect of the AOA, were given honorary Doctor of Humane Letters degrees from the college. Dr. Heatherington was the featured speaker at the annual senior farewell banquet.

In July, Judge Harrison was in Washington, D.C., to testify before a U.S. Senate sub-committee studying alcoholism at the invitation of Senator Harold Hughes (Dem., Ia.), chairman of the sub-committee. Senator Hughes is the former governor of Iowa.





1969 GRADUATING CLASS

Luis Barroso Havana, Cuba	Osteopathic General Hospital of North Miami Beach	John Patrick Henn Des Moines, Iowa	Saginaw Osteopathic
Brian James Beck Farmington, Michigan	Flint General Hospital	John Kenneth Honeywell Laverne, Oklahoma	Oklahoma Osteopathic
Phillip Beyer Delhi, Iowa	Oklahoma Osteopathic Hospital	Hugh Howard Warren, Ohio	Des Moines General
Joseph Braun Oradell, New Jersey	Detroit Osteopathic	John Harvey Hufford Des Moines, Iowa	Rocky Mountain Osteopathic
Larry J. Breitenstein Azle, Texas	Fort Worth Osteopathic	Harry D. Johnston Mercersburg, Pa.	Memorial Osteopathic Hospital, York
Edward Burke Archbald, Pa.	Garden City—Ridgewood	Leslie G. Kareus Detroit, Michigan	Rocky Mountain Osteopathic
Salvatore Cerniglia Bayonne, New Jersey	Cherry Hill Osteopathic	Allen Jack Kline New York	Cherry Hill Osteopathic
Robert Condra Norristown, Pa.	Osteopathic General Hospital of North Miami Beach	Anthony Charles Korvas Stanton, Pa.	Interboro General
Lowell Dertinger De Kalb, Illinois	Standing Memorial Osteopathic	John Kozura III Minersville, Pa.	Memorial Osteopathic, York
Peter Dodenhoff Grosse Pointe, Michigan	Mount Clemens	Dennis Walter Kropp Philadelphia	Parkview Hospital, Philadelphia
Gertrude Doughten Thornburg, Iowa	Des Moines General Hospital	Ian Landis New York	Interboro General
Jefferson Emery Coeur d'Alene, Idaho	Rocky Mountain Osteopathic	James Michael LaRose* Detroit, Michigan	Oklahoma Osteopathic
Daniel Enneking Meridan, Iowa	Detroit Osteopathic	Robert Perry Lorey Des Moines, Iowa	Portland Osteopathic
Paul Epstein Chester, Pa.	Cherry Hill Osteopathic	Max Theodore McKinney II Wayne, Michigan	Zieger Osteopathic
Stewart Epstein Detroit, Michigan	Flint General	Mario Louis Maiese Camden, New Jersey	Flint Osteopathic
William Robert Esser Racine, Wisconsin	Normandy Osteopathic	Barry Mendelson Dayton, Ohio	Grandview Hospital
Gary Arden Falkenberg Taylor, Michigan	Garden City—Ridgewood	Gerald David Miller Edwardsport, Indiana	Des Moines General Hospital
Stephen Finkelstein Hicksville, New York	Interboro General Hospital	Henry J. Monetti New York	Interboro General
Richard J. Foster Geneva, Illinois	Garden City—Ridgewood		
Angelo J. Freda Brooklyn, New York	Memorial Osteopathic Hospital, York		
Daniel Ross Gandy Willows, California	Des Moines General		
Murray Edward Goldberg Wallingford, Pa.	Flint General Hospital		

Members of the 1969 graduating class, their home towns and their internship hospitals are:

Leon H. Morris Abington, Pa.	Detroit Osteopathic	Stanley Schikowitz New York	Martin Place Hospital
Anthony Vincent Mosca Davidsville, Pa.	Community General Osteopathic, Harrisburg	Donovan Schmidt Forest City, Iowa.	Flint Osteopathic
Lawrence Emil Nathan, Jr. Detroit, Michigan	Detroit Osteopathic	Richard Allen Schwartz Fairview Park, Ohio	Garden City—Ridgewood
Irwin Nemeth Oak Park, Michigan	Interboro General	Richard Lee Shaffer Wichita, Kansas	Davenport Osteopathic
Duane Donald Olson Denver, Colorado	Eastway General Hospital	Lawrence Shefter East Meadow, New York	Metropolitan Hospital, Philadelphia
Nirmalendu Kumar Pandeya Motihari, Rihar, India	Doctors Hospital, Columbus	Robert Smith Lovington, New Mexico	Dallas Osteopathic
Anthony Pavone Harpers Wood, Michigan	Detroit Osteopathic	Stephen Norman Snyder Chester, Pa.	Cherry Hill
Edward Vance Pierce Los Angeles, California	Phoenix General Hospital	In Suok Suo Seoul, Korea	Portland Osteopathic
Larry Plosker Cleveland Heights, Ohio	Green Cross General	Joseph R. N. Thomas, Jr. Oakland, Iowa	Strandring Memorial Osteopathic
William L. Reinwasser Philadelphia, Pa.	Richmond Heights General	Peter Jerome Tomko Royal Oak, Michigan	Garden City—Ridgewood
Patrick J. Reno Wayne, Michigan	Garden City—Ridgewood	Raffi Toroyan Detroit, Michigan	Flint Osteopathic
Robert Riggs Cleveland, Ohio	Brentwood Hospital	George Angelo Vasilion Canton, Ohio	Doctors Hospital, Columbus
George Edward Ristow Albion, Michigan	Garden City—Ridgewood	Charles George Vonder Embse Lima, Ohio	Doctors Hospital, Columbus
Roger John Rohr Sturgeon Bay, Wisconsin	Flint Osteopathic	Richard O. Wagner, Jr. Sandusky, Ohio	Garden City—Ridgewood
Saul Rose Brooklyn, New York	Detroit Osteopathic	Gerald Lawrence Wathier Geneseo, Illinois	Saginaw Osteopathic
Charles William Rudd Houston, Texas	Oklahoma Osteopathic	John Anthony Weibel Chariton, Iowa	Des Moines General
Sigmond Stephen Rutkowski Philadelphia, Pa.	Delaware Valley Hospital	Allen J. Weinstein Philadelphia, Pa.	Detroit Osteopathic
Gary Stephen Safier Philadelphia, Pa.	Parkview Hospital, Philadelphia	George Alexander Wirstiuk Detroit, Michigan	Pontiac Osteopathic
Gerald Safier Philadelphia, Pa.	Osteopathic General	David John Wiseley Dearborn, Michigan	Saginaw Osteopathic
John Schepman Falls City, Nebraska	Eastway General	Michael Flynn Wright Atlanta, Georgia	Flint Osteopathic
		Daniel Yamshon Oak Park, Michigan	Zieger Osteopathic
*Graduation with Distinction			

FACULTY FACTS

Norman Rose, D.O., has been appointed a full time faculty member as Assistant Professor of Surgery and Acting Chairman of the department.

A 1963 graduate of COMS, Dr. Rose attended Marietta College in Marietta, Ohio, before his enrollment. While at COMS, he was a member of Sigma Phi, national honorary service fraternity, and P.S.G.

Dr. Rose interned at Des Moines General and completed a General Surgical Residency there.

He is replacing Dr. Roger Senty, who is on a 12-month leave of absence in Aarhus, Denmark, where he is doing post-graduate work in Urology and related fields.

David R. Celander, Ph.D., Professor of Biochemistry and Chairman of the department, has been notified of a grant award in the amount of \$19,073 from the Public Health Services, National Heart Institute, National Institutes of Health.

Dr. Celander's current research program concerns blood clot dissolving enzymes and blood coagulation.

He has been doing research supported by the Public Health Service for the past 17 years.

Samuel Brint, D.O., F.A.C.O.O.G., replaced Elizabeth Burrows, D.O., as Professor of Obstetrics-Gynecology and Chairman of the department. Dr. Brint, formerly chairman of the department of OB-GYN at Metropolitan Hospital in Philadelphia, is a 1942 graduate of the Philadelphia College of Osteopathic Medicine. He is certified in Obstetrics-Gynecology Surgery and is a diplomat and member of the American Board of Osteopathic Obstetricians and Gynecologists. He is the author of numerous articles on Obstetrics-Gynecology.

Dr. Burrows is now Director of Medical Education at Des Moines General Hospital. She joined the COMS faculty in 1958 as Assistant Professor of OB-GYN. A 1941 graduate of the California College of Osteopathic Physicians and Surgeons, she received certification as a specialist in OB-GYN in 1951 and in OB-GYN Surgery in 1963 from the certifying board of the American College of Osteopathic Obstetricians and Gynecologists.

Prior to coming to COMS, she was in private practice in Oakland, California where she was also chairman of the Department of Obstetrics-Gynecology. In addition to being chairman of the OB-GYN department here, she was Director of the College Clinics.

George T. Taylor, Ph.D., joined the faculty this summer as Assistant Professor of Anatomy. He was formerly an Instructor in Zoology with Atlantic Christian College in Wilson, N.C.

He earned his A.B. in biology in 1957 from Gilford College, his M.A. in Zoology in 1964 from the University of North Carolina, and his Ph.D. from the University of Massachusetts in 1969. He has also worked with the University of Michigan Biological Station and with Duke University Marine Laboratory.

Dr. Taylor is a member of the American Society of Zoologists, Marine Biological Association of the United Kingdom, and the American Ornithologists Union.

Mearl A. Kilmore, Ph.D., Assistant Professor of Pharmacology, was notified earlier this month by the Bureau of Research of the AOA of a grant award of \$9,500 for his research in "Hemodynamics of Essential Hypertension as Affected by Abdominal Reflexes".

Earlier this summer, Ayerst Laboratories donated half of the cost of an M-4001 module to assist Dr. Kilmore in his research of D-Propranolol and AY-21, 011, two new drugs he is researching to determine public consumption.

Dr. Kilmore has had almost 30 papers published in the fields of respiratory physiology, humidification of the respiratory tract during anesthesia, and evaluation of new drugs in anesthesia.

Thomas Vigorito, D.O., President, was elected Vice Chairman of the Iowa Regional Advisory Group, the governing body of the Iowa Regional Medical Program. The Advisory Group is headed by George J. Hegstrom, M.D., of Ames, Iowa. The Medical Program, which is federally funded, is designed to improve health care in Iowa in the areas of cancer, stroke, and related diseases.

Donald F. M. Bunce II, Ph.D., Professor of Physiology and Chairman of the department, is on a six-month sabbatical leave in London. Dr. Bunce will be doing research at the Mathilda and Terence Kennedy Institute of Rheumatology at the invitation of its Director, D. L. Gardener, Ph.D.

Dr. Gardener was a visiting Professor at the College in 1965.

The Kennedy Institute has been doing research which involves pathophysiology of the fine circulation as seen using the double hemostat which Dr. Bunce invented. The double hemostat enables the removal of arteries and veins, filled with blood, from living animals. With this device, one can study vessel structure as they exist during life.

The husband and wife team of Narayana Rao and Lalitha Kosuri joined the faculty September 1, 1969.

Narayana Rao, Assistant Professor of Pharmacology, earned his B.V.Sc. degree from Osmania University in Hyderabad, India; his M.S. degree from Kansas State University; and his Ph.D. this September from the University of Wisconsin.

He is a member of Gamma Alpha, the American Association for the Advancement of Science, and the American Veterinary Medicine Association.

Lalitha, Assistant Professor of Pathology, had both her premedical and her medical training at Andhra University, India. She interned at Guntur General Hospital in Guntur, India, and had two years of resident training in anatomical pathology, cytology, and cytogenetics.

Maduloori Wilson Williams, Ph.D. Assistant Professor of Pathology, also joined the faculty in September.

He earned an M.B. and B.S. degree (similar to M.D. degree) and interned at General Hospital in Madras, India. He did a residency in Clinical Pathology in both Madras Medical College and King Institute of Preventive Medicine. He then did work in Immunology and Bacteriology in both India and the United Kingdom.

In 1953, Dr. Williams returned to the United Kingdom and was awarded his Ph.D. from the University of London. He returned to India and eventually was named the Director of the Institute of Preventive Medicine.

He has worked with Sir Alexander Fleming, Maaloe Prevot, Robert Cruickshank, and others during his training.

Stanley D. Miroyiannis, Ph.D., Professor of Anatomy and Chairman of the department, and Henry J. Ketman, D.O., Professor of Radiology and Chairman of the department, by request of the Administration, represented the College at the Iowa Conference of the American Association of University Professors held at Ames, Iowa, May 17th.

N.A.A.

REORGANIZATION AND RENEWAL

The most important part of any building design is the foundation. A strong foundation insures both the permanency and the stability of the building. Since the College is embarking on a building program; now is the time to strengthen and renew our foundation: The National Alumni Association.

David A. Dancer, Director of Alumni Relations, is attempting to do just that. The cement he wants to use to reinforce our "foundation" is communication.

Mr. Dancer advocates three steps to accomplish this end.

1. More communication between the divisional or state chapters and the national association and between the divisional chapters themselves.
2. The establishment of an active state chapter with a program of activities that would be of interest to the chapter members.
3. Representation by the states at the national convention and participation in the business of the convention, i.e., the House of Delegates.

The 1969 meeting of the National Alumni Association will be held October 7th at 12:00 noon in the Trianon Ballroom of the New York Hilton Hotel. The House of Delegates will meet after the Alumni Luncheon.

Each state, as indicated by the National Alumni Association Constitution and By-Laws, is allocated "one delegate, and one additional delegate for each ten (or major fraction thereof) of the number of active members of the Association located within the territory represented by the divisional chapter". Active membership is limited to those who pay dues to the Association annually. The House of Delegates is the legislative body of the National Alumni Association.

Officers of each Divisional Chapter of the Association have been informed of the number of delegates they are entitled to and provided with a blank to certify their chapter's delegates to the Secretary-Treasurer of the Association. If the officials have not received their certificates, the blank printed at the left of this article may be substituted.

Certification of Delegates

Return to:

R. Keith Simpson, D.O.
Secretary-Treasurer of C.O.M.S. Alumni Association
722 Sixth Ave.,
Des Moines, Iowa 50309

This will certify _____

as a delegate from _____ to the House of
Delegates of the C.O.M.S. Alumni Association.

Alternate delegates are _____

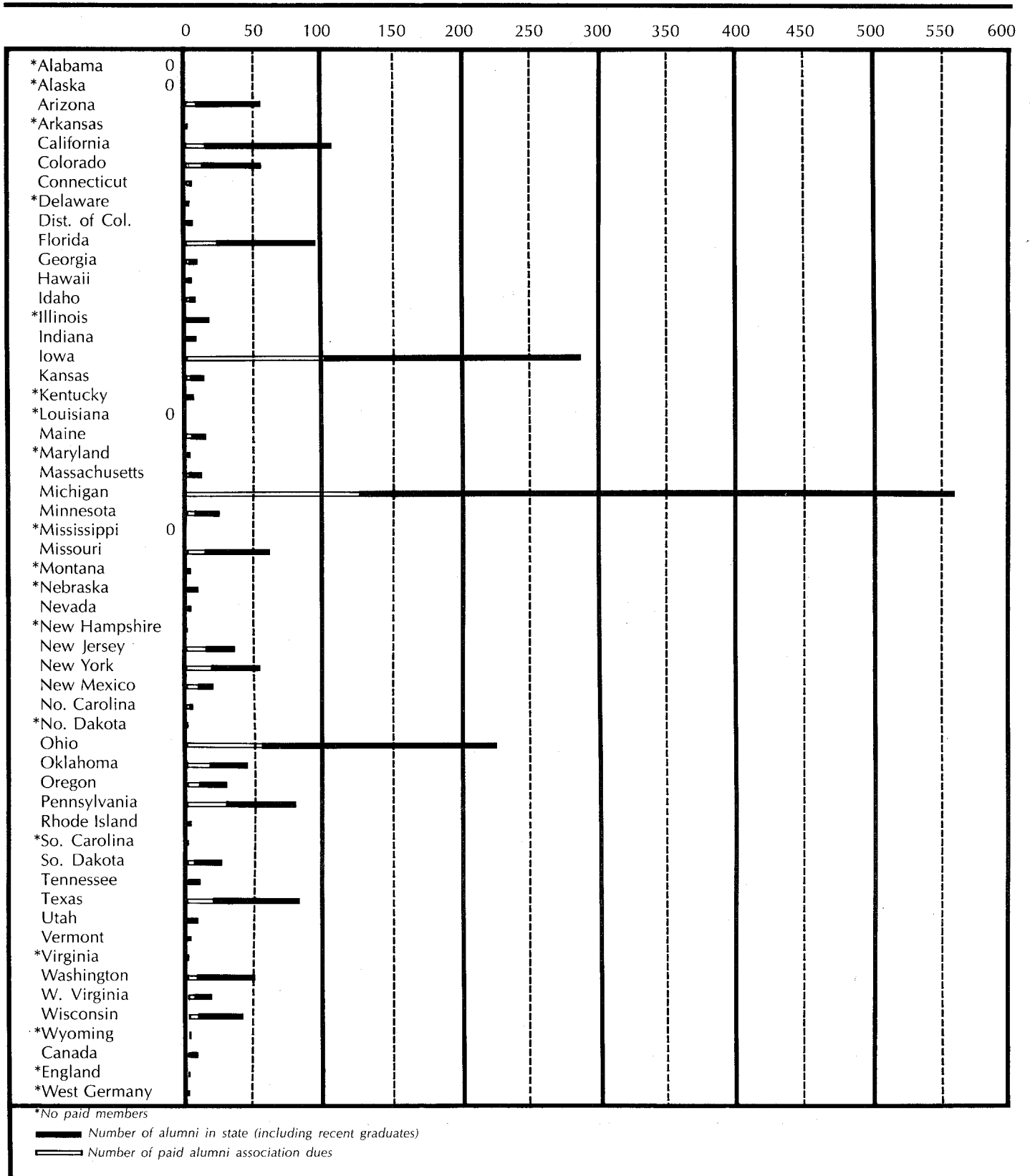
Secretary

AUTHORIZED DELEGATES

Alabama	0
Alaska	0
Arizona	2
Arkansas	0
California	3
Colorado	2
Connecticut	1
Delaware	0
District of Columbia	1
Florida	4
Georgia	1
Hawaii	1
Idaho	1
Illinois	0
Indiana	1
Iowa	11
Kansas	1
Kentucky	0
Louisiana	0
Maine	1
Maryland	0
Massachusetts	1
Michigan	14
Minnesota	2
Mississippi	0
Missouri	2
Montana	0
Nebraska	0

Nevada	1
New Hampshire	0
New Jersey	3
New Mexico	2
New York	3
No. Carolina	1
No. Dakota	0
Ohio	7
Oklahoma	2
Oregon	2
Pennsylvania	4
Rhode Island	1
So. Carolina	0
So. Dakota	2
Tennessee	1
Texas	3
Utah	1
Vermont	1
Virginia	0
Washington	2
W. Virginia	1
Wisconsin	2
Wyoming	0
Canada	1
England	0
West Germany	0
Total	89

This Graph shows the total number of alumni per state and the total number of Active Members of the N.A.A. Both numbers include the 1969 Intern Class.



1930

Alice Paulsen, D.O., Le Mars, Iowa, was the subject of a special feature article in the Le Mars Sentinel, June 30th. Dr. Paulsen is the only osteopathic physician in that town. She is quoted as saying, "During these years of practice in Le Mars, I have enjoyed a very successful practice in this fast growing and prosperous community".

1935

L. L. Theberge, D.O., of Rapid City, South Dakota, is a trustee of the South Dakota Society of Osteopathic Physicians and Surgeons.

1937

Myron N. Bos, D.O., of Albia, Iowa, served as an alternate in the House of Delegates of the AOA during its annual business meeting in Chicago in late July.

Harold E. Dresser, D.O., USPHSR, was honored recently by the Department of the Navy for time and service in the Naval Reserve program. His commendation reads in part: "The need for our reservists to be constantly at a high peak of efficiency is as necessary today as any time in our country's history. Your outstanding performance has contributed significantly to improving the readiness of our Naval Reserve. In your case, the adage, 'to be a Reservist is to be twice a good citizen' is doubly true."

Dr. Dresser has been appointed the Military Medical Representative by the Reserve Officers Association of the United States to the 22nd Congress of the Commissioned International Officers of the Reserves of NATO countries to be held in Breda, Holland.

Earl Jurgenson, D.O., Meservey, Iowa, was honored at a community reception August 24th. Dr. Jurgenson has been in practice since 1937.

He is a 4th District Trustee of the I.S.O.P.S., a member of the Meservey Lions Club, the Meservey Booster Club, Pleasant Valley Golf Club, the Order of Masons, and the BPOE Lodge of Mason City.

ALUMNI

1938

W. P. Kelsey, D.O., of Newell, Iowa, was featured in an article about Professional Men and Women in the Newell Mirror. He is a member of the town council and chairman of the board of the Good Samaritan Center.

1940

Lloyd T. Jackson, D.O., of Ramona, South Dakota, is the President of that state society.

Paul E. Kimberly, D.O., St. Petersburg, Florida, presented an address titled "Divisional Societies and the Osteopathic Concept" during the recent S.D.S. meeting.

1942

Laverne P. Mills, D.O., of Platte, South Dakota, is a trustee of the South Dakota state society.

1943

K. George Shimoda, D.O., of Marshalltown, Iowa, was elected to a four year term on the Iowa Commission on Alcoholism by Governor Robert Ray.

1947

Wilmouth J. Mack, D.O., of Garner, Iowa, was a participant in the Philmont Scout Ranch and Explorer Base Training Program, University of the Great Outdoors.

The course, taught at the Philmont Training Center in the foothills of the Sangre de Cristo Mountains, is one of 25 courses that were offered to more than 1000 volunteer Scout Leaders this summer.

Dr. Mack is in the activities conference, which is part of a national training program organized by the National Council, Boy Scouts of America.

1948

Both Sarah Jean Lee, D.O., and Frank Tepner, D.O., (1961) were featured in an article in the Humboldt, Iowa, "Republican". The article concerned the work physicians in rural areas were doing and the need for more doctors to share the work load.

1949

Thomas C. Dozier, D.O., of Warren, Ohio, was elected Lieutenant Governor of Education of Toastmasters International District 10 at a convention held in Akron. This is the second highest office in that district which has 54 clubs and over 900 members in northern Ohio.

Dr. Dozier was elected to the Board of Directors of the Warren Kawanis Club for a three year term this summer.

He is a member of the surgical department of Warren General Hospital, Warren, Ohio.

1956

Thomas F. Hardin, Jr., D.O., of Orange Park, Florida, was elected chief of staff by Clay Memorial Hospital.

Charles R. Smith, hospital administrator, said, "Our medical staff, composed entirely of medical doctors except for Dr. Hardin, unanimously approved the recommendation of the nominating committee that Dr. Hardin have the honor and responsibility of chief of staff this year (1969) as reward for his many years of conscientious duty and devotion to the hospital and his patients in the community".

1960

R. F. Coatney, D.O., is moving his practice from Earling, Iowa, to Anita. Dr. Coatney will be replacing the late Dr. Alfred Driscoll.

Dr. Coatney has been in practice in Earling for six years.

1963

Oscar E. Gutierrez, D.O. is the principal backer for the construction of a 150-bed private hospital in San Antonio, Texas. The staff will include Oscar D. Gutierrez, D.O., (1967) and Rex Ollom, D.O., (1963), among others.

Officials from that area feel that the proposed hospital will be meeting a serious local need, indicated by a recent study that shows the San Antonio area lacks almost 1000 hospital beds.

1965

Richard H. Sherman, D.O., of Columbus, Ohio, was a participant in the program of the Ohio Osteopathic Association. He discussed "Use of Progestin-Estrogen in the Immediate post-partum period".

1967

Captain Irving Gold, D.O., was wounded during a mortar attack on May 12 in Vietnam. He is recuperating at Valley Forge General Hospital, the Army hospital in Phoenixville, Pa., and expects to remain at the hospital for a period of six to eight months. Friends may write to him at the hospital, or letters can be sent to his new permanent address: 210 Harvard, Southfield, Michigan 48075.

1968

John S. Sinnott, D.O., opened offices in Ida Grove, Iowa in late July. Dr. Sinnott recently completed his internship at Rocky Mountain Osteopathic Hospital.

Alan B. Vasher, D.O., who recently completed his internship at Riverside Osteopathic Hospital, Trenton, Michigan, began a general practice in Lansing, Iowa, in mid-July.

The Alumni Office has available for distribution:

Divisional Chapter Manual

History of bills of interest to COMS and to osteopathic physicians introduced during the 1969 regular session of the 63rd General Assembly of Iowa.

IN MEMORIUM

The College wishes to extend deepest sympathy to the family and friends of the following:

- 1922—Earl D. Jayne, D.O., Painesville, Ohio
- 1925—Mabel Runyan, D.O., Billings, Montana
- 1926—Estelle A. Wise, D.O., Cherokee, Iowa
- 1928—F. J. Wilson, D.O., Maderia Beach, Florida
- 1938—Stephen D. Russell, D.O., Portland, Maine
- 1942—Glen Munger, D.O., Benton Harbor, Michigan
- 1950—Joseph Daley, D.O., New York, New York
- 1952—Joseph Sage, D.O., Greeley, Colorado
- 1961—Moneta D. White, D.O., Scottsdale, Arizona
- 1961—George Wilson, D.O., Carlisle, Iowa
- 1964—Alfred W. Driscoll, D.O., Anita, Iowa
- 1967—Leon Kauderer, D.O., Wilmington, Delaware

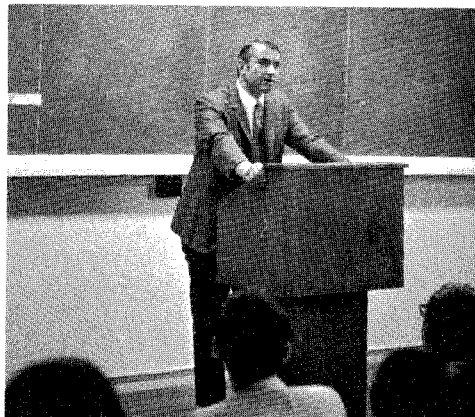
ORIENTATION

Orientation for over 100 incoming students at COMS was held August 28-29. Members of the administration greeted students and discussed the college's philosophy, objectives and goals.

Irwin G. Groff, D.O., President, Polk County Society of Osteopathic Physicians and Surgeons, and Jack H. Hannum, D.O., of Le Claire, President, Iowa Society of Osteopathic Physicians and Surgeons, extended the welcome of the local and state osteopathic societies. Various student representatives gave personal insight into college activities.

Of the 101 matriculants, 24 are from Pennsylvania, 15 are from Michigan, 14 are from New York. Iowa ranks fourth with 10 residents in the class of 1973.

This is one of the largest first year classes C.O.M.S. has had. Over 590 applications were received for the 101 places.



R. Keith Simpson, D.O., Secretary-Treasurer of the National Alumni Association, welcomed the new students on behalf of the NAA.



A CRISIS OF THE SPIRIT

On July 22, 1969, J. Scott Heatherington, D.O., became the seventy-third President of the American Osteopathic Association. Dr. Heatherington is well known in the profession and has the potential for becoming one of the great presidents of the AOA.

In his inaugural address he spoke of many things he hoped to bring to his year of leadership. The address, published in the September issue of THE JOURNAL OF THE AOA, should be read thoughtfully by every member of the profession. It is an important address because he is talking pointedly to each of us.

Dr. Heatherington rightly points out that the osteopathic profession, above all else, is concerned with the humanity of people as well as the scientific care of their health and diseases.

In speaking of the health crisis, he states unequivocally that "There is also a crisis of the spirit, a crisis of forgotten ideals." He emphasizes that the spirit in which a physician renders his service is often as important as the service itself. He rightly notes that the public is becoming restless over what it believes to be a tendency to dehumanize man in the rush of scientific advancement.

The attitudes of service are important. Physicians should not be mere dispensers of scientific medicine but compassionate and understanding people, seeking to serve **all** the needs of their patients.

As Dr. Heatherington has become the heir of leadership in the AOA, we become joint heirs in further developing humanism in medical practice. With him we can demonstrate to the American people that the osteopathic profession is, as President Heatherington states, "the new leader they seek."


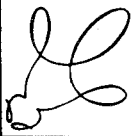


STUDY SPECIAL IMPROVEMENT GRANT

Alexander Adler, Information Officer, Division of Physician Manpower, Bureau of Health Professionals Education and Manpower Training, National Institutes of Health, Bethesda, Maryland, visited the College in late July. Mr. Adler is doing a study on the uses of the Special Improvement Grant in certain selected medical schools across the nation. The results of his study will be distributed to government officials, congressmen, and others interested in improving the

present physician manpower training and educational facilities.

COMS was the recipient of a Special Improvement Grant continuation for \$299,868 earlier this year. The Special Improvement Grants are intended to aid schools in developing curricula, improving teaching methods, and, in general, increasing their educational quality. The funds awarded to COMS will be used for the acquisition of additional faculty personnel.



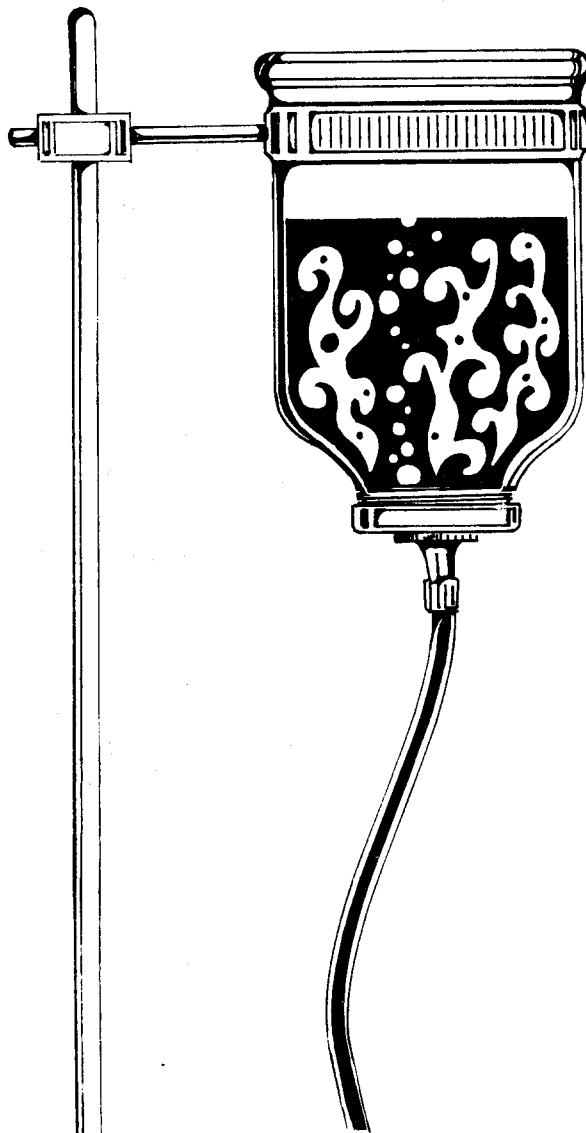
STUDENT COUNCIL CONTRIBUTION

Last December 27th, the family of James and Mildred Kindhart was struck by a tragedy that will remain with them the rest of their lives. A fire destroyed their home, fatally burned their youngest child, and severely injured Mildred Kindhart. After five and a half months in the hospital, Mrs. Kindhart is finally home again.

The family was forced to separate and is just now beginning to emerge from shock. The intensive treatment Mrs. Kindhart has had and will continue to require is straining the family budget to the breaking point.

Members of the COMS Student Council heard about the plight of the Kindhart family by way of a television interview donated by a local station to gain financial support for the family. The Council members unanimously voted to donate 34 pints of blood to replace that used by Mrs. Kindhart.

It is only a small part of the total debt owed by the family, but for James Kindhart, it is a beginning.



PLACEMENT SERVICE

Some of us can still remember the good doctor with his horse and carriage, braving snow and storm to bring help to the sick. There is quite a contrast to the antiseptic white office, the impersonal poking and testing, the curt diagnosis common today.

The modern mode of medical practice may have been the result of increasing population and decreasing numbers of physicians. Regardless of its cause, it has its place, but not in rural communities. Our "Placement Service" is an attempt to match physicians who want rural practices with the communities that need them.

Wheatland, Iowa: Small town, Northwest of Davenport. No physician at present. Almost mid-way between Cedar Rapids and Clinton.

Mr. Robert Stankee
Wheatland, Iowa

Eads, Colorado: 3000 population. Modern, well-equipped 18 bed hospital with 9 bed nursing home attached. Physician will serve the entire county.

Willard E. Holthus
Administrator
Weisbrod Memorial County Hospital
Box 817
Eads, Colorado 81036

Ravenwood, West Virginia: 12,000 to 15,000 population. New Kaiser Aluminum Plant presently on \$40 million expansion program near.

Three hospitals nearby. Was team physician for local high school.

L. M. Monroe, D.O.
504 Walnut Street
Ravenwood, West Virginia 26164

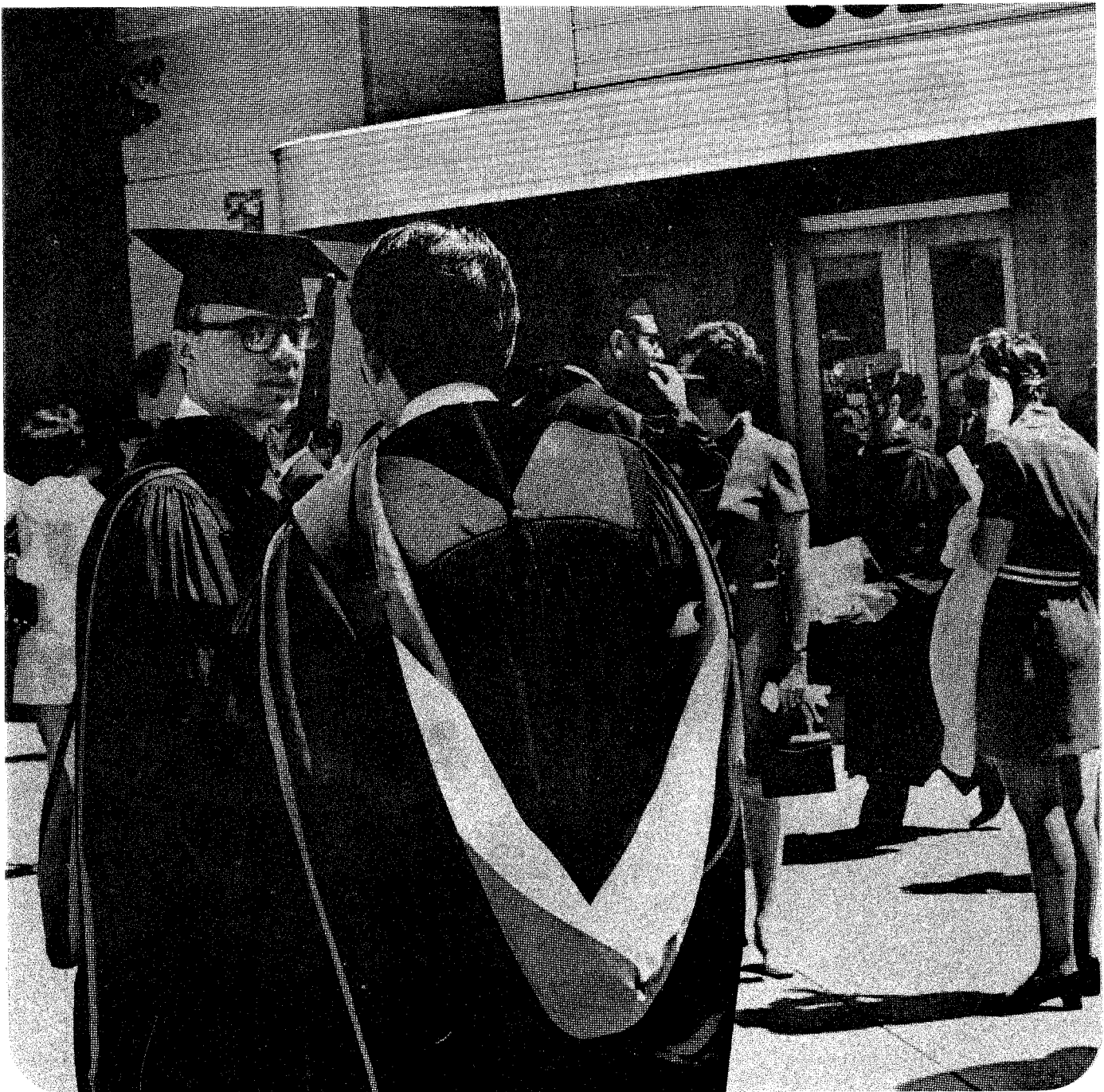
Belle Plaine, Iowa: 3000 population. Building available, 6 examination rooms, x-ray, air conditioning. Most office equipment still in building. Hospital 15 miles away. 35 miles to Cedar Rapids.

E. K. Clear or Jay Lynch
Belle Plaine, Iowa 52208

the log book

722 Sixth Avenue
Des Moines, Iowa 50309

Second class postage paid
at Des Moines, Iowa



1961-1967

The Log Book - Link Page

[Previous](#) [Volume 46: May 1968 - January 1969](#)

[Next](#) [Volume 48: 1970](#)

[Return to Electronic Index Page](#)